### Mediastinum

- Bulky septum between the pleural cavities & lungs
   Extends-
- Root of the neck to diaphragm
- From the sternum to vertebral column





# Divisions of mediastinum

- Divided by an imaginary horizontal plane from the sternal angle to the intervertebral disc between 4<sup>th</sup> & 5<sup>th</sup> vertebra in to
- superior mediastinum
- Inferior mediastinum Anterior Middle Posterior



### Superior mediastinum

 Posterior to the sternum & anterior to the bodies of first four thoracic vertebra





#### Contents of superior mediastinum

- Thymus
- Rt & Lt brachiocephalic veins
- Left superior intercostal vein
- Superior vena cava
- Arch of aorta & it's three branches
- Trachea
- Esophagus
- Phrenic nerves
- Vagus nerves
- Lt recurrent laryngeal nerve
- Thoracic duct
- Other small structures



Thymus

- Asymmetric bilobed gland
- Upper extent may reach as high as thyroid gland
- Involved in early development of immune system
- Large in children
- Atrophies after puberty



#### **Brachiocephalic veins**

- Located immediately posterior to thymus
- Formed at the jn. of IJ & subclavian veins.
- Begins post to clavicle
- Tributaries: vertebral, first post. Intercostal, int. thoracic, inf. Thyroid, thymic veins



#### Left superior intercostal vein

- Drains upper two or three intercostal veins, left bronchial veins & left pericardiophrenic veins
- Drains in to left brachiocephalic veins



#### Superior vena cava

- Vertically oriented
- Begins posterior to the lower edge of first costal cartilage
- terminates at the lower border of right third costal cartilage



# Arch of aorta & it's branches

- Begins when ascending aorta emerges from pericardial sac
- Terminates on left side of vertebral level between Th 4<sup>th</sup> - 5<sup>th</sup> Branches-Brachiocephalic trunk Left CCA Left Subclavian Thyroid ima



# Trachea

- Midline structure
- Present anterior to esophagus
- Swallowing, breathing, disease & specialized instrumentation causes shift of trachea
- divides just inferior to sternal angle (T3- T4) into Right & Left principal bronchus



#### Vagus nerve

#### **Right Vagus**

- lies between right brachiocephalic vein & trunk
- Descends posteriorly to the root of Right lung to reach esophagus
- Gives branches to esophagus, cardiac plexus & pulmonary plexus



# Left Vagus nerve

- Lies between Lt CCA & Lt subclavian artery
- Pass posterior to the root of lung to reach the esophagus
- Gives branches to esophagus, cardiac & pulmonary plexus
- Also gives Lt recurrent laryngeal nerve- arise at inferior margin of arch of aorta, winds around the aorta & reaches the groove between esophagus & trachea



#### Left recurrent laryngeal nerve

 arise at inferior margin of arch of aorta, winds around the aorta & reaches the groove between esophagus & trachea



#### Phrenic nerve • Right Phrenic –enters lateral to Right Vagus & beginning of Right brachiocephalic vein Esophagus continues inferiorly on Trachea the Right side of sup **Right vagus nerve** vena cava, on entering Azygos vein Bronchus middle mediastinum Esophagus descends along the Rt Esophageal plexus side of pericardial sac anterior to the Rt lung root

 leaves the thorax with inferior vena cava



# Left phrenic nerve

- enters similar to Right Phrenic nerve
- Lateral to Vagus & Lt brachiocephalic vein
- Descends on left lateral surface of arch of aorta
- Passes superficial to Lt vagus & superior intercostal vein



#### Left phrenic nerve

- In middle mediastinum lies on the Lt side of pericardial sac anterior to root of Lt lung
- Pierces the diaphragm near the apex of the heart



# Thoracic duct

- Major lymphatic vessel of the body
- Enters sup.
  mediastinum from below at the level of T4/5
- continues through the superior med. posterior to arch of aorta between the esophagus & Lt pleura



# Esophagus

- Starts at the C<sub>6th</sub> & terminates at cardiac opening of stomach (T<sub>12</sub>)
- Descends anterior to vertebral bodies in midline
- Crossed laterally by the azygos vein on the right side & arch of aorta on the left side

