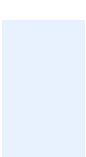




# DOFE EXPEDITION ROUTE CARD (use one per day)

Centre name/logo:



Team name:

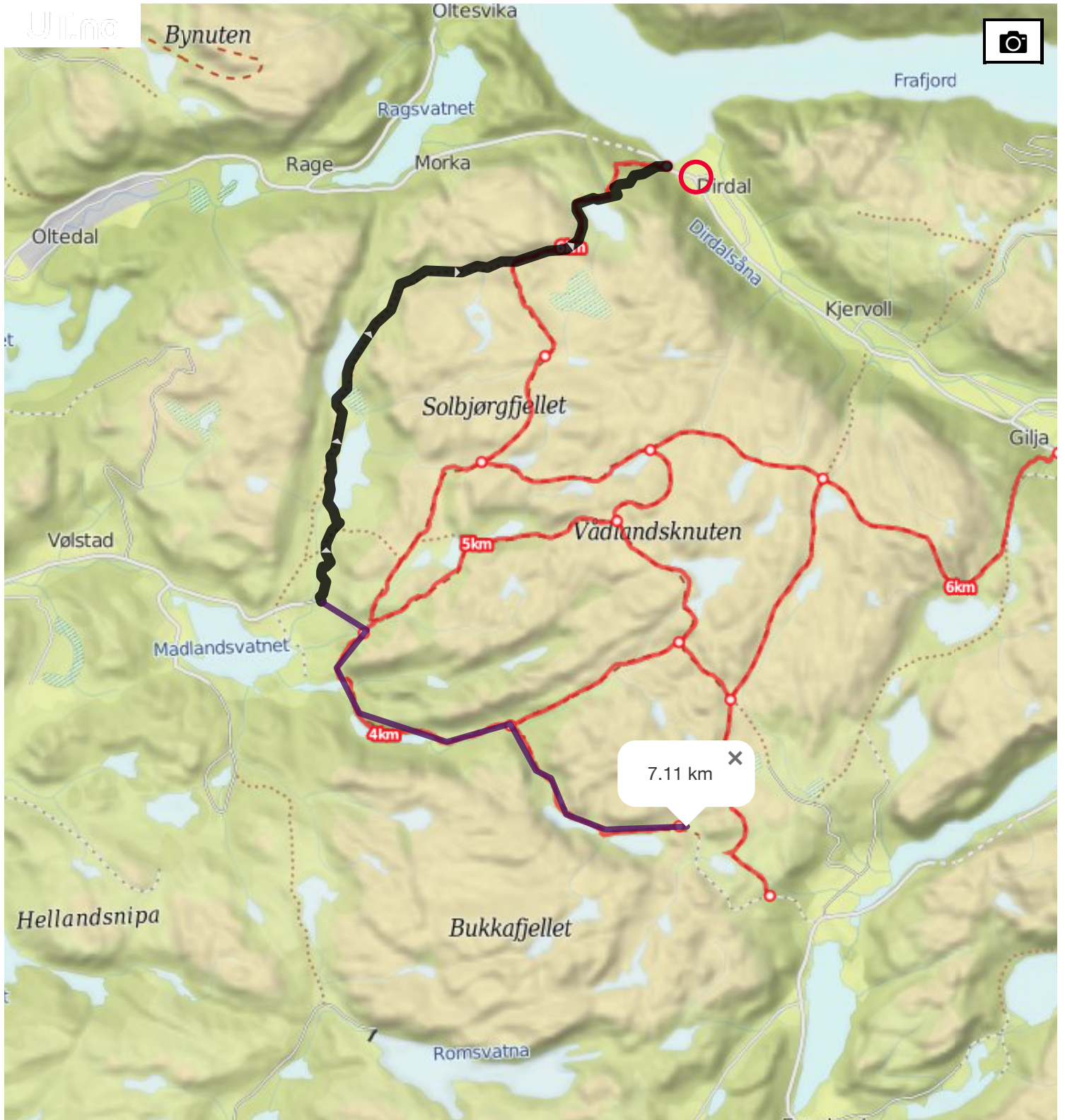
Day number: 1

Day of week & Date: Monday 20/04/2015

Aim of expedition: hiking with heavy backpacks, endurance training, orienteering

Setting out time:	12:00	Names of team members:	Jochen	Osvaldas	Moritz	Anne	Escape to:	
			Adele			5		
Start of leg: Grid Ref & place name	End of leg check point: Grid Ref & place name	Distance in km	Height climbed in m	Time allowed for travel	Time for aim, rests or meals	Total time for leg	Estimated time at end of leg	Brief details of route to be followed.
1 From: GR dirdal	To: GR madland	9	250	4	0,5	4,5	16:30	
2 From: GR madland	To: GR kvernatiørn øvre	7		3	0,5	3,5	20:00	
3 From: GR	To: GR							
4 From: GR	To: GR							
5 From: GR	To: GR							
6 From: GR	To: GR							
7 From: GR	To: GR							
8 From: GR	To: GR							
<b>Bronze: 6 hours, minimum 3 hours journeying. Silver: 7 hours, minimum 3.5 hours journeying. Gold: 8 hours, minimum 4 hours of journeying.</b>		<b>Totals:</b>	<b>16</b>	<b>7</b>	<b>1</b>	<b>8</b>	Finish time <b>20:00</b>	<b>Team Supervisor's name, location and Tel No:</b>

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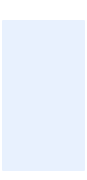




THE DUKES  
OF EDWARDS  
AWARD

## DOFE EXPEDITION ROUTE CARD (use one per day)

Centre name/logo:



**Team name:**

**Day number:** 2

**Day of week & Date:** Tuesday 21/04/2015

**Aim of expedition:** hiking with heavy backpacks, endurance training, orienteering

Setting out time:	09:00	Names of team members:	Jochen		Osvaldas		Moritz		Anne		
			Adele						5		
Start of leg: Grid Ref & place name	End of leg check point: Grid Ref & place name	Distance in km	Height climbed in m	Time allowed for travel	Time for aim, rests or meals	Total time for leg	Estimated time at end of leg	Brief details of route to be followed.		Escape to:	
1 From: GR Kvernatjørn Øvre	To: GR veen	3	-400	1	0	1	10:00				
2 From: GR veen	To: GR vinjakula	6	500	2,5	0,5	3	13:00			turn back	
3 From: GR vinjakula	To: GR veen	6	-500	2	0,2	2,2	15:12			stay at veen	
4 From: GR veen	To: GR fossankrå	4	400	2	0,3	2,3	17:30				
5 From: GR	To: GR										
6 From: GR	To: GR										
7 From: GR	To: GR										
8 From: GR	To: GR										
<b>Bronze: 6 hours, minimum 3 hours journeying. Silver: 7 hours, minimum 3.5 hours journeying. Gold: 8 hours, minimum 4 hours of journeying.</b>		<b>Totals:</b>	<b>19</b>		<b>7,5</b>	<b>1</b>	<b>8,5</b>	<b>Finish time</b> <b>17:30</b>	<b>Team Supervisor's name, location and Tel No:</b>		

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Ekvidistanse: 20m

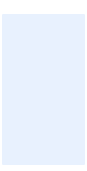




THE DUKES  
OF EDWARDS  
AWARD

## DOFE EXPEDITION ROUTE CARD (use one per day)

Centre name/logo:



**Team name:**

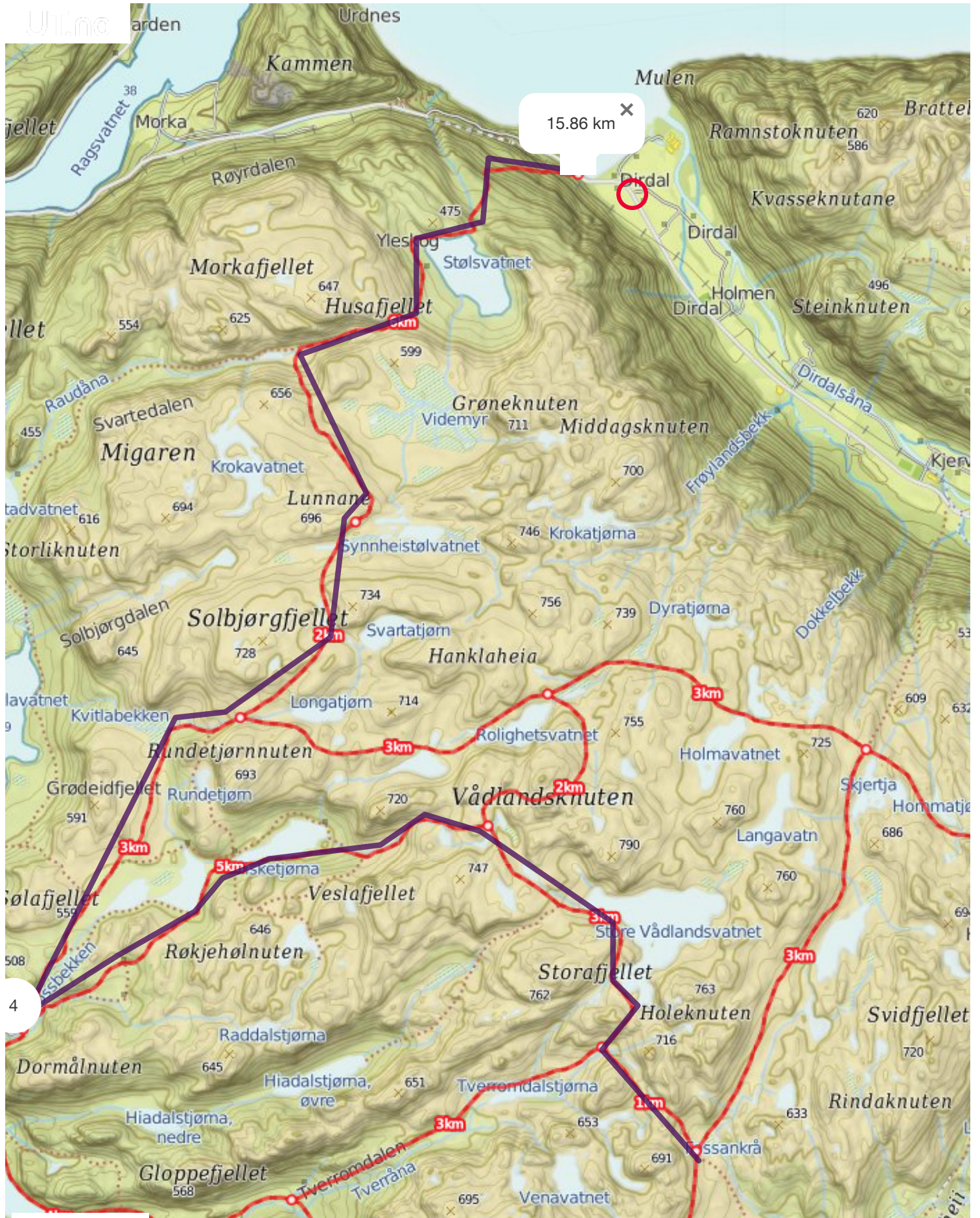
**Day number:** 3

**Day of week & Date:** Wednesday 22/04/2015

**Aim of expedition:** hiking with heavy backpacks, endurance training, orienteering

Setting out time:	09:00	Names of team members:	Jochen		Osvaldas		Moritz		Anne	
			Adele						5	
Start of leg:	End of leg	check point:	Distance in km	Height climbed in m	Time allowed for travel	Time for aim, rests or meals	Total time for leg	Estimated time at end of leg	Brief details of route to be followed.	Escape to:
1 From: GR fossankrå	To: GR Vadlandsknuten	Grid Ref & place name	4		1,5	0	1,5	10:30		
2 From: GR vadlandsknuten	To: GR Fossbekken	Grid Ref & place name	5		2,0	0,5	2,5	13:00		shorter way: rolighedsvatnet
3 From: GR Fossbekken	To: GR Rundtjørnuten	Grid Ref & place name	3		1	0	1	14:00		
4 From: GR rundtjørnuten	To: GR Lunname	Grid Ref & place name	2		0,5	0,2	0,7	14:40		
5 From: GR Lunname	To: GR Dirdal	Grid Ref & place name	6		2,5	0,3	2,7	17:20		
6 From: GR	To: GR	Grid Ref & place name								
7 From: GR	To: GR	Grid Ref & place name								
8 From: GR	To: GR	Grid Ref & place name								
<b>Bronze: 6 hours, minimum 3 hours journeying. Silver: 7 hours, minimum 3.5 hours journeying. Gold: 8 hours, minimum 4 hours of journeying.</b>			<b>Totals:</b>							
			20		7,5	1	8,5	Finish time 17:20	Team Supervisor's name, location and Tel No:	

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Ekvidistanse: 20m

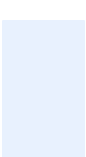
500 m

Leaflet | DNT, © Kartverket



# DOFE EXPEDITION ROUTE CARD (use one per day)

Centre name/logo:



Team name:

Day number: 3

Day of week & Date: Wednesday 22/04/2015

Aim of expedition: daypack, endurance training

Setting out time:	09:00	Names of team members:	Jochen		Osvaldas		Moritz		Anne		
			Adele						5		
Start of leg: Grid Ref & place name	End of leg check point: Grid Ref & place name	Distance in km	Height climbed in m	Time allowed for travel	Time for aim, rests or meals	Total time for leg	Estimated time at end of leg	Brief details of route to be followed.		Escape to:	
1 From: GR orre	To: GR hellestø	15,4	0	3,5	0,5	4	13:00			turn back	
2 From: GR hellestø	To: GR orre	15,4	0	4	0,5	4,5	17:30				
3 From: GR	To: GR										
4 From: GR	To: GR										
5 From: GR	To: GR										
6 From: GR	To: GR										
7 From: GR	To: GR										
8 From: GR	To: GR										
<b>Bronze: 6 hours, minimum 3 hours journeying. Silver: 7 hours, minimum 3.5 hours journeying. Gold: 8 hours, minimum 4 hours of journeying.</b>		<b>Totals:</b>	<b>31</b>	<b>0</b>	<b>7,5</b>	<b>1</b>	<b>8,5</b>	Finish time	<b>17:30</b>		<b>Team Supervisor's name, location and Tel No:</b>

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