FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Addres		2. Issuer Name and HUMANA ING			ng Symbol		5. Relationship of Reporting Person(s) to Issu (Check all applicable) Director 10% Own					
(Last) HUMANA INC.	(First)	(Mido		3. Date of Earliest Tr 08/07/2006	ransactior	n (Mo	nth/Day/Year	Х	below)	Officer (give title Oth below) Oth Senior VP & General Course		
500 WEST MAI	4	I. If Amendment, Da	ate of Orig	jinal	Filed (Month/I	· •	6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) LOUISVILLE	KY	02						3	Form filed by O Form filed by M Person			
(City)	(State)	(Zip)										
	Tab	le l	- Non-Derivati	ive Securities A	Acquire	d, C	isposed o	of, or E	Beneficiall	y Owned		
Date			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transact Code (In 8)		4. Securities Disposed Of 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership
					Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	(Instr. 4)
Humana Commo	n		08/07/2006		М		36,570	Α	\$15.5938	131,493	D	
Humana Common 08/07/20					S		25,400	D	\$58.7	106,093	D	

Humana Common	08/07/2006		F		11,078	D	\$58.745	95,015	D	
Humana Common								1,350	Ι	See Footnote ⁽¹⁾
Humana Common								19,641	Ι	See Footnote ⁽²⁾
Table II - Derivative Securities Acquired Disposed of or Beneficially Owned										

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (II 8)		of Der Sec Acq (A) Dis of (posed D) tr. 3, 4	6. Date Exer Expiration D (Month/Day/	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		of	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Options ⁽³⁾	\$15.5938	08/07/2006		М			36,570	(4)	(4)	Humana Common	36,570	\$15.5938	21,784	D	
Options ⁽³⁾	\$15.5938							(5)	01/15/2008	Humana Common	4,316		4,316	D	
Options ⁽³⁾	\$9.5938							(6)	09/09/2009	Humana Common	31,269		31,269	D	
Options ⁽⁹⁾	\$32.7							(11)	02/24/2012	Humana Common	75,000		75,000	D	
Options ⁽³⁾	\$12.995							(7)	03/13/2012	Humana Common	45,000		45,000	D	
Options ⁽³⁾	\$9.26							(8)	03/13/2013	Humana Common	33,333		33,333	D	
Options ⁽⁹⁾	\$21.275				Γ			(10)	02/24/2014	Humana Common	60,000		60,000	D	
Options ⁽⁹⁾	\$53.96							(12)	02/23/2013	Humana Common	47,655		47,655	D	

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (In 8)		of Der Sec Acc (A) Dis of (ivative urities juired or posed D) str. 3, 4	6. Date Exer Expiration I (Month/Day/	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code			Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Phantom Stock Units	(13)							(13)	(13)	Humana Common	12,145		12,145	Ι	See Footnote ⁽¹³⁾

Explanation of Responses:

1. Shares held on behalf of minor children.

2. Shares held for the benefit of reporting person as of July 31, 2006 under the Humana Retirement & Savings Plan including a routine disposition of shares to fund an administrative fee assessment under a Tax-Conditioned Plan. All transactions are exempt under Rule 16b-3(c).

3. Right to buy pursuant to the Company's 1996 Stock Incentive Plan for Employees.

4. Non-Qualified stock options granted to reporting person on 9/17/98, fully vested on 9/1/99 with 68,800 options expiring on 1/12/05, 36,680 options expiring on 1/9/2007 and 21,784 options expiring on 1/15/2008.

5. Incentive stock options granted to reporting person on 9/17/98 and fully vested on 9/1/99.

6. Incentive and Non-Qualified stock options granted to reporting person on 9/9/99 and fully vested on 9/9/02.

7. Incentive and Non-Qualified stock options granted to reporting person on 3/13/02, vesting in three increments each from 3/13/03 to 3/13/05.

Incentive and Non-Qualified stock options granted to reporting person on 3/13/03, NQ options vesting in three increments from 3/13/04 to 3/13/06, and ISO's vesting on 3/13/06.
Right to buy pursuant to the Company's 2003 Stock Incentive Plan.

10. Incentive and Non-Qualified stock options granted to reporting person on 2/24/04, NQ options vesting in three increments from 2/24/05 to 2/24/07, and ISO's vesting on 2/24/07.

11. Incentive and Non-Qualified stock options granted to reporting person on 2/24/05, NQ options vesting in three increments from 2/24/06 to 2/24/08, and ISO's vesting on 2/24/08.

12. Incentive and Non-Qualified stock options granted to reporting person on 2/23/06, NQ options vesting in three increments from 2/23/07 to 2/23/09, and ISO's vesting on 2/23/09.

13. Phantom Stock Units held for the benefit of reporting person as of July 31, 2006 based on the value of Humana common stock on a 1-for-1 basis, under the Humana Excess Plan. All transactions are exempt under Rule 16b-3(c and d).

Remarks:

Arthur P. Hipwell

08/08/2006

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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