HINEI MAH TOV (RECHT)

הנה מה טוב

הנה מה טוב ומה נעים שֶׁבֶת אַחִים גַּם יַחַד.

Hi-nei mah tov u-mah na-im She-vet a-khim gam ya-chad.

Behold how good and how pleasant it is for people to dwell together.

Jewish tradition provides a rhythm for the human adventure.

We move from harvest to harvest, and from sukkah to sukkah.

As these festive candles provide a harvest of light and warmth to all who behold them, so may we, throughout our life's journeys, give light and warmth to all who behold us. As generations of Israel have kindled light, so may we be among those who kindle light.

SHABBAT CANDLES

בַּרוּך אַתָּה יִיָ אֵלהֵינוּ מֵלֵךְ הָעוֹלָם, אֵשֵׁר קִדִּשְׁנוּ בָּמָצִוֹתַיו, וְצָוֵנוּ לְהַדְלִיק נֵר שֵׁל שַׁבַּת.

Ba-rukh a-tah Adonai, E-lo-hey-nu me-lekh ha-o-lahm, a-sheyr kid-sha-nu b'mitz-vo-tav v'tzee-va-nu l'had-leek neyr shel Sha-bat.

We praise You, Eternal God, Sovereign of the universe: You hallow us with Your mitzvot, and command us to kindle the lights of Shabbat.

LEKHA DODI (ARIAN)

הדלקת הנרות

<u>לכה דודי</u> לְכַה דוֹדִי לִקְרַאת כַּלְּה. פָּנֵי שַׁבַּת נִקַבִּלָה.

Le-kha do-di lik-rat ka-lah, p'ney sha-bat n'kab-lah.

שָׁמוֹר וְזַכוֹר בִּדְבּוּר אֵחָד, הִשָּׁמִיעֵנוּ אֵל הַמִּיחַד. יָיָ אֶחָד וּשִמוֹ אֵחָד. לְשֵׁם וּלְתִפָּאֵרֵת וְלְתִהְלַּה.

Sha-mor v'za-khor v'dee-bur e-khad, hish-mee-a-nu eyl hahm-yu-khad. Adonai e-khad oosh-mo e-khad. L'shem ool-tif-e-ret v'lit-hee-lah.

> לָקרָאת שַׁבַּת לְכוּ וְנֵלְכָה. כִּי הִיא מִקוֹר הַבְּרַכָה. מָרֹאשׁ מִקָּרָם נִסוּכָה. סוֹף מַצַשָּׁה בִּמַחֲשָּׁבָה תִּחְלַּה.

Lik-rat sha-bat l'khu v'nel-kha. Kee hee m'kor ha-bra-kha.

Mev-rosh mee-ke-dem n'su-kha. Sof ma-a-seh b'makh-sha-vah t'hee-lah.

ַהָתעוֹרָרִי הָתִעוֹרָרִי. כִּי בָא אוֹרֶךְ קְוּמִי אְוֹרִי.

עוּרִי עִוּרִי שִׁיר דַבָּרִי. כִּבוֹד יִיַ עַלַיִּךְ נִגְלַה.

Hit-o-r'ree hit-o-r'ree. Kee va o-rekh ku-mee o-ree.

Oo-ree oo-ree sheer da-bey-ree. K'vod Adonai a-la-yikh nig-lah.

יָמִין וּשְׂמֹאל תִּפְרְוֹצִי. וְאֶת־יְיָ תִּעְרִיצִי. עַל יַד אִישׁ בֶּן פַּרִצִי. וִנִשִּׁמִחָה וִנְגִילָה.

Ya-min oo-s'mol tif-ro-tzee v'et Adonai ta-a-ree-tzee Al yad ish ben par-tzee v'nis-m'kha v'na-gee-la.

בְּוֹאִי בְשָׁלוֹם עֲטֶרֶת בַּעְלָה. גַּם בְּשִׂמְחָה וּבְצְהְלָה. תּוֹךְ אֵמוּנֵי עַם סִגלַה. בִּוֹאִי כַלַּה, בִּוֹאִי כַלַּה.

Bo-ee v'sha-lom a-te-ret ba-lah. Gahm b'sim-kha oov-tzo-ho-lah. Tokh e-mu-ney ahm s'gu-lah. Bo-ee kha-lah, bo-ee kha-lah.

Beloved, come to meet the bride; beloved, come to greet Shabbat. "Keep" and "Remember" in a single word, the Unique God caused us to hear. The Eternal is One, God's name is One, for fame and glory and praise. Come with me to greet Shabbat, for she is a fountain of blessing! She flows from the first to the last - last to be created, the first in intention. Arouse yourself! Rise and shine, for your light has come! Awake, awake, break out in song! God's glory has dawned upon you! Enter in peace, O crown of your husband, in joy and gladness enter the midst of your treasured people! Come, O bride! Come, O bride!

Because you hear me, I am never alone. I lift the cup of my changes: your presence sweetens what was bitter. This sukkah is temporary but the promises I make to you endure. Wherever I go, you are with me. Every place becomes Jerusalem.

- Rabbi Rachel Barenblat

BAREKHU (ARONSON)

ברכו

בַּרְכוּ אֶת יִיָּ הַמְבֹּרְדְּ.

Bar-khu et Adonai hahm-vo-rakh.

בָּרוּךְ יִיָ הַמָּבֹרָךְ לְעוֹלָם וְעֶד.

Ba-rukh Adonai hahm-vo-rakh l'o-lahm va-ed.

Praise Adonai to whom our praise is due! Praise Adonai to whom our praise is due, now and forever!

ROLL INTO DARK (KATZ)

מעריב ערבים

Roll into dark, roll into light Night becomes day, day turns to night

בּוֹרֵא יוֹם וְלָיְלָה, גּוֹלֵל אוֹר מִפְּנֵי חְשֶׁךְ, וְחְשֶׁךְ מִפְּנֵי אוֹר.

Bo-ray yom va-lai-lah, go-layl or mip-nay kho-shekh v'kho-shekh mip-nay or.

You are Creator of day and night, rolling light away from darkness and darkness away from light.

וּמַעֲבִיר יוֹם וּמֵבִיא לְיָלָה, וּמַבְדִּיל בֵּין יוֹם וּבֵין לְיִלָה, יְיָ צְבָאוֹת שְׁמוֹ. אֵל חֵי וְקַיָּם, תָּמִיד יִמְלוֹך עָלֵינוּ לְעוֹלָם וָעֶד.

U-ma-a-veer yom u-may-vee lai-lah, u-mav-deel bayn yom u-vayn lai-lah, Adonai tz'va-ot sh'mo. Eyl khai v'ka-yam, ta-meed yim-lokh a-lay-nu l'o-lahm va-ed!

בָּרוּךְ אַתָּה יִיָּ, הַמַּצִרִיב צַרָבִים.

Ba-rukh a-ta Adonai, ha-ma-a-reev a-ra-veem.

You cause day to pass and bring on the night; separating day from night; You command the hosts of heaven! May the living and eternal God rule as always, to the end of time! We praise You, Eternal One, whose word makes evening fall.

SHEMA (SULZER)

יִּשְׁרָאֵל יִי אֱלֹהֵינוּ יִיָ אֶחֶך.

Sh'ma Yisrael, Adonai E-lo-hey-nu, Adonai E-khad.

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלְם וְעֶד.

Ba-rukh shem k'vod mal-khu-to l'o-lahm va-ed.

Hear, O Israel, Adonai is our God, Adonai is One! Blessed is God's glorious name forever and ever!

V'AHAVTA

<u>ואהבת</u> וְאָהַרְתָּ אֵת יְיָ אֶלֹהֶיְךּ בְּכָל לְבְרְךָּ וּבְכָל נַפְּשְׁךָּ וּבְכָל מְאֹדֶך: וְהָיֹּוּ הַדְּבָרִים הָאֵלֶּה אֲשֶׁר אָנֹכְי מְצַוְּךֶּ הַיֻּוֹם עַל לְבָבֶך: וְשִׁנַּוְתְּם לְבָנֶיךְ וְדִבּּרְתָּ בָּח בְּשִׁרְתִּךְ בְּבִיתֶּךְ וּבְלֶכְתְּךָ נִהָיוּ לְטִטֵפִת בֵּין עֵינֵיך: וּקִשַׁרִתִּם לְאָוֹת עַל יַדֵדְ וְהֵיִוּ לְטִטֵפִת בֵּין עֵינֵיךְ:

V'a-hav-ta et Adonai eh-lo-he-kha b'khol l'vav-kha oov-khol nahf-sh'kha oov-khol m'o-deh-kha. V'ha-yu ha-d'va-reem ha-ey-leh a-sheyr a-no-khee m'tzav-kha ha-yom al l'va-ve-kha. V'shee-nahn-tahm l'va-ne-kha v'dee-bar-ta bahm b'sheev-t'kha b'vay-teh-kha oov-lekh-t'kha va-deh-rekh oov-shokh-b'kha oov-ku-meh-kha. Ook-shar-tahm l'ot al ya-deh-kha v'ha-yu l'to-ta-fot beyn ay-neh-kha.

וּרְתַבְתָּם עַל מְזָזָוֹת בֵּיתָך וּבִשְׁעָרֶיך: לְמַעַן תִּזְכְּרוּ

וַעֲשִׂיתֵם אָת כַּל מִצְוֹתֵי וָהִיִיתֵם קִדֹשִׁים לָאלְהֵיכֵם: אָנִי יְיָ אֶלְהֵיכֶּם אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם לָהָיָוֹת לְּכֶם לֵאלֹהֻים אֲנֵי יִיָ אֱלְהִיכֵם:

Ookh-tahv-tahm al m'zu-zot bev-teh-kha oo-vish-a-re-kha. L'ma-an teez-k'ru va-a-see-tem et kol mitz-vo-tai vee-h'yee-tem k'do-sheem ley-lo-hey-khem. A-nee Adonai eh-lo-hey-khem a-sheyr ho-tzay-tee et-khem mey-eh-retz mitz-ra-yeem l'hee-yot la-khem lev-lo-heem. A-nee Adonai eh-lo-hev-khem.

You shall love Adonai your God with all your heart, with all your strength, and with all your being. Set these words which I command you this day upon your heart. Teach them faithfully to your children; speak of them in your home and on your way, when you lie down and when you rise up. Bind them as a sign upon your hand; let them be a symbol before your eyes; inscribe them on the doorposts of your house and on your gates. Be mindful of all My mitzvot and do them, so shall you consecrate yourselves to your God. I am Adonai your God who brought you out of the land of Egypt to be your God. I, Adonai, am your God.

We who serve offer praise. We who serve by building flimsy houses out of sticks and string. We who serve by whisking together honey and coffee, chesed and gevurah, to make offerings we bring in cupped hands. By seeking to sweeten what's bitter. By speaking our truths, naming what is. We who serve by hoping for better -by taking up hammer and nails to build the redeemed world we didn't inherit: offer praise.

- Rabbi Rachel Barenblat

MEE KHAMOKHA (ARIAN)

מִי כַמְּכָה בַּאֱלִים יִיַ? מִי כַּמְכָה נֵאִדָּר בַּקֹּדֵשׁ, נורא תהילת, עשה פלא?

Mee kha-mo-kha ba-ey-leem, Adonai? Mee ka-mo-kha, ne-dar ba-ko-desh, no-ra t'hee-lot, o-seh feh-leh?

Who is like You, O God, among the gods people worship? Who is like You, majestic in holiness, awesome in splendor, doing wonders?

> מַלְכוּתָדְּ רַאוּ בַנֵיךְ בּוֹקֵעַ יַם לְפִנֵי משָׁה וּמִריַם: "וֹת אֵלִיוּ" עָנוּ וָאָמָרוּ: "יִיָ יִמְלוֹךְ לְעוֹלָוֶם וְעֵרוּי

Mal-khoot-kha ra-u va-ne-kha, bo-key-a yam lif-ney Mo-sheh oo-Mir-yam. "Zeh ey-lee!" a-nu v'ahm-ru, "Adonai yim-lokh l'o-lahm va-ed!"

V'ne-e-mar: "Kee fa-dah Adonai et Ya-a-kov, oo-g'a-lo mee-yad kha-zahk mee-meh-nu." Ba-rukh a-ta Adonai, ga-al Yisrael.

Your children witnessed Your sovereign power, the sea splitting before Moses and Miriam. "This is my God!" they sang. "Adonai will reign forever and ever!" As You redeemed Israel and saved us from arms stronger than our own, so may You redeem all the oppressed and persecuted. Praised are You, Adonai, Redeemer of Israel.

There is a popular Sukkot song, which captures the holiday's essence in just one line: "V'samchtach b'hagechah v'hayitah ach sameach," or, "You shall rejoice in your festival ... and you shall have nothing but joy" (Deut 16:14-15). We learn from the Torah that we must be joyous during Sukkot.

As I began making plans for my Sukkah and all of the guests I would welcome into it, I thought about this song. I cannot help but wonder how we can be *commanded* to be joyful? I understand being commanded to take or not take particular actions, like building a sukkah, shaking a lulav and etrog, not murdering anyone and not committing adultery. But how can we be commanded to feel a certain way? In my experience, I sometimes feel like being joyful, and sometimes don't. If feelings were as simple as following a commandment, then surely there would be fewer broken hearts, fewer people suffering from depression, and fewer people who feel anything but joy!

Coming after Rosh Hashanah and Yom Kippur, this imperative to be joyous is even more jarring and perplexing. During the days leading up to and during Rosh Hashanah and Yom Kippur, we do the heavy work of recognizing what is broken in our lives, where we have fallen short and where we need some work. This inner work makes us incredibly vulnerable. We open ourselves to God and our communities. By the end of Yom Kippur, our knees are weak from fasting and our hearts ache from pouring out our souls. But it isn't good for anyone to be left in this low place. After all, how could we get out of bed and be productive members of society if Jewish tradition left us paralyzed with musings over all of our faults? Instead—on the heels of this extreme low—we are commanded to do the opposite and be joyous! It seems that by shooting us to this other extreme, the sadness and the joy are able to come together as the yin and yang, bringing balance to our holiday season.

We don't want Yom Kippur to leave us in a slump, struggling to pick ourselves up. Instead, we must embrace joy so that we may restore balance in the world, in our community, and within ourselves.

- Rabbi Roni Handler

בָּרוּךְ אַתָּה, אַתָּה יְיָ הַפּּוֹרֵשׁ סָכַּת שָׁלוֹם שָׁלוֹם עָלֵינוּ וְעַל כָּל עַמִּוֹ יִשֹּׁרְאֵל וְעַל יְרוּשׁלָיִם וְעַל כָּל עַמּוֹ וְעַל יְרוּשׁלָיִם שָׁלוֹם

Ba-rukh a-ta Adonai, a-ta Adonai, ha-po-reys su-kat sha-lom, sha-lom a-ley-nu v'al kol a-mo Yisrael v'al Y'ru-sha-la-yim, v'al kol a-mo, v'al Y'ru-sha-la-yim, sha-lom.

Praised are You, Adonai; You spread Your shelter of peace over us, over all peoples, and over Jerusalem.

AVOT V'IMAHOT

אבות ואמהות

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתִינוּ וְאִמּוֹתֵינוּ, אֱלֹהֵי אַבְּרְדְּם, אֱלֹהֵי יִצְקֹב. אֱלֹהֵי יַצְקֹב. אֱלֹהֵי יִצְקֹב. אֱלֹהֵי רָבְקָה, אֱלֹהֵי רְחֵל וֵאלֹהֵי לֵאָה. הָאֵל הַגְּדוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֶלְיוֹן, גּוֹמֵל חֲסְדִים טוֹבִים, וְקוֹנֵה הַכֹּל, וְזוֹכֵר חַסְדֵי אֲבוֹת וְאִמְּהוֹת, וֹמִבִי אְבִית וְאִלָּה לִבְנֵי בְנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהְבָה. מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמְגֹן. בְּרוּךְ אַתְּה יְיָ, מְגֹן אֲבְרָהְם וְעֶזְרַת שָׂרָה. אֲבְרָהְם וְעֶזְרַת שָׂרָה.

Ba-rukh a-tah Adonai, eh-lo-hey-nu vey-lo-hey a-vo-tey-nu v'ee-mo-tey-nu: eh-lo-hey Av-ra-ham, eh-lo-hey Yitz-khak, vey-lo-hey Ya-a-kov. Eh-lo-hey Sa-rah, eh-lo-hey Riv-kah, eh-lo-hey Ra-khel vey-lo-hey Ley-ah. Ha-eyl ha-ga-dol ha-gee-bor v'ha-no-rah, eyl el-yon, go-meyl kha-sa-deem to-veem v'ko-ney ha-kol, v'zo-kher khas-dey ah-vot v'ee-ma-hot, u'mey-vee g'u-lah liv-ney v'ney-hem, l'ma-an sh'mo b'a-ha-vah. Me-lekh o-zeyr u-mo-shee-a u-ma-geyn. Ba-rukh a-tah Adonai, ma-geyn Av-ra-ham v'ez-rat Sa-rah.

Praised be our God, the God of our fathers and our mothers: God of Abraham, God of Isaac, and God of Jacob; God of Sarah, God of Rebekah, God of Leah and God of Rachel; great, mighty, and awesome God, God supreme. Ruler of all the living, Your ways are ways of love. You remember the faithfulness of our ancestors, and in love bring redemption to their children's children for the sake of Your name. You are our Sovereign and our Help, our Redeemer and our Shield. We praise You, Eternal One, Shield of Abraham, Protector of Sarah.

אַתָּה גִּבּוֹר לְעוֹלָם אֲדֹנָי, מְחַיֵּה הַכֹּל אֲתָה, רַב לְהוֹשֵׁיעַ.

A-tah gee-bor l'o-lam, Adonai, m'kha-yey ha-kol a-tah, rav l'ho-shee-ah.

מוֹרִיד הַטַּל.

Mo-reed ha-tahl.

מְכַלְכֵּל חַיִּים בְּחֶסֶד, מְחַיֵּה הַכּּל בְּרַחֲמִים רַבִּים, סוֹמֵך נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים, וּמְקַיֵּם אֲמוּנְתוֹ לִישֵׁנִי עָפָר. מִי כָמְוֹךְ בַּעַל גְּבוּרוֹת וּמִי דְוֹמֶה לְּךְ, מֶלֶךְ מֵמִית וּמְחַיֶּה וּמַצְמְיחַ יְשׁוּעָה. וְנָאֲמָן אַתְּה לְהַחְיוֹת הַכּּל. בָּרוּךְ אַתָּה יִיָּ, מְחַיֵּה הַכּּל.

M'khal-keyl kha-yeem b'khe-sed, m'kha-yey ha-kol b'ra-kha-meem ra-beem. So-meykh nof-leem, v'ro-feh kho-leem, u-ma-teer a-soo-reem, oom-ka-yeym eh-moo-na-to lee-shey-ney a-far. Mee kha-mo-kha ba-al g'voo-rot, u-mee do-meh lakh, me-lekh mey-meet oom-kha-yey u-matz-mee-akh y'shoo-ah? V'ne-eh-mahn a-tah l'ha-kha-yot ha-kol. Ba-rukh a-tah Adonai, m'kha-yay ha-kol.

Eternal is Your might, O God, and great is Your saving power. [Simhat Torah to Pesakh —You cause the wind to shift and rain to fall. Pesakh to Simhat Torah —You rain dew upon us..] In love You sustain the living; in Your great mercy, You sustain us all. You uphold the falling and heal the sick; free the captive and keep faith with Your children in death as in life. We praise You, Eternal One, the Source of life.

<u>KEDUSHAH</u>

אַתָּה קָדוֹשׁ וְשִׁמְךּ קָדוֹשׁ וּקְדוֹשִׁים בְּכְל יוֹם יָהַלְלְוּךָ, סֶּלָה. בָּרוּךְ אַתָּה יְיָ, הָאֵל הַקְּדוֹשׁ.

A-tah ka-dosh v'shim-kha ka-dosh, ook-do-sheem b'khol yom y'ha-l'lu-kha se-lah. Ba-rukh a-tah Adonai, he-eyl ha-ka-dosh.

You are holy, Your name is holy, and Your holy ones declare Your glory day by day. Blessed is Adonai, the Holy God.

TURN, TURN, TURN (WORDS FROM ECCLESIASTES, MUSIC BY SEEGER)

Chorus:

To everything turn, turn, turn There is a season turn, turn, turn And a time to every purpose under Heaven A time to be born, a time to die

A time of love, a time of hate

A time to plant, a time to reap

A time of war, a time of peace

A time to kill, a time to heal

A time you may embrace

A time to laugh, a time to weep

A time to refrain from embracing

A time to buid up, a time to break down
A time to dance, a time to mourn
A time to cast away stones
A time to gain, a time to lose
A time to rain, a time of sow
A time for love, a time for hate
A time to gather stones together
A time for peace, I swear it's not too late

A MEDITATION ON KOHELET

לַכּל זְמָן וְעֵת לְכָל־חֶפֶץ תַּחַת הַשָּׁמַיִם

To everything there is a season, and a time to every purpose under the heaven;

עת לָלֶדֶת וְעֵת לָמוּת

A time to be born and a time to die:

Death compliments birth, they form the bookends of life.

Resting between them is a life filled with an abundance of things

to see, to feel, to touch, to taste, to understand, to do . . .

עת לַטַעַת וְעֵת לַעֲקור נַטוּעַ:

There is a time to plant

envisioning a future

and a time to harvest

- seeing one's dreams fulfilled;

עת לַהֲרוֹג וְעֵת לִרְפּוֹא

There is a time to kill

- weeding a garden, breaking a fall, stopping aggression, completing a task, closing a chapter and a time to heal
- binding a wound, blotting a tear, forgiving a mistake, returning home.

עת לפרוץ ועת לבנות:

There is a time to break down the walls that confine us

- setting us free

and a time to build the bridges that connect us

- binding us together

עת לְבָכּוֹת וְעֵת ֹ לְשִׂחוֹק

There is time to weep and a time to laugh; and sometimes weeping and laughing arrive as one when memory brings joy and absence, sorrow.

עת ספוד ועת רקוד:

There is a time to mourn

- marching to the solemn beat of a funeral procession and a time to dance
- turning and spinning at a wedding

עת לַהַשָּׁלִידְ אֲבַנִים וְעֵת כִּנוֹס אֲבַנִים

There is time to cast away stones

- clearing a field for planting,

and a time to gather stones together

- building a house, or covering a grave.

עת לחבוק ועת לרחק מחבק:

There is a time to hold a loved one tightly never wanting to let go, and a time to release one's embrace and set one's dear one free;

עת לְבַקּשׁ וְעֵת לְאַבֵּד

There is a time to seek

 looking for answers, chasing a goal, pursing ambition, and a time to lose

- accepting failure, forgiving wrongs, moving on;

עת לשְמוֹר וְעֵת לְהַשְׁלִידְּי

There is a time to keep as we build our lives and fill our homes, and a time to cast away as we let go of that which holds us back;

עת לקרוע ועת לתפור

There is a time to rend

- tearing our garments in grief,

and a time to sew

- mending them again,

but the seam will always remain;

עת לַחֲשׁוֹת וְעֵת לִדַבְּר:

There is a time to keep silence

- listening to our hearts

and a time to speak

- sharing our thoughts with others

עת לאֱהב ועת לשְנא

There is a time to love

- bringing close those who enrich our lives

and a time to hate

- distancing ourselves from those who diminish us.

עת מִלְחָמָה וְעֵת שָׁלְוֹם:

There is a time of strife because no life is without struggle,

and a time of peace,

when all is done,

when all is complete,

when our days are full,

when the story is told,

when we are all together,

when the circle is whole.

הָבֶל הַבַּלִים אַמַר קהֶלֶת הָבֶל הַבַּלִים הַכֹּל הָבֵל:

Moment upon moment, everything is but for a moment – says Kohelet, the preacher,

So let us cherish this moment, each moment, and all the moments we share and shared.

- Rabbi Lewis John Eron

OSEH SHALOM (ARIAN)

עושה שלום

עֹשֶׂה שָׁלוֹם בִּמְרוֹמְיו, הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ, וְעַל כְּל יִשְׂרָאֵל וְעַל כְּל יוֹשְׁבֵי תֵבֵל וְאִמְרוּ: אָמֵן.

O-seh sha-lom bim-ro-mav, hu ya-a-seh sha-lom a-ley-nu v'al kol Yisrael v'al kol yosh-vei te-vel, v'eem-ru a-meyn.

May the One who makes peace in the heavens above cause peace to descend upon us, all Israel, and all who inhabit the earth. Amen.

MEE SHEBERAKH – PRAYER FOR WHOLENESS (FRIEDMAN)

<u>מי שברך</u>

מִי שֶׁבֵּרֶךְ אֲבוֹתֵינוּ, מִקוֹר הַבִּרְכָה לִאִמּוֹתֵינוּ.

Mee she-bey-rakh ah-vo-tey-nu, m'kor ha-b'ra-kha l'ee-mo-tey-nu.

May the Source of strength, who blessed the ones before us,

Help us find the courage to make our lives a blessing. And let us say: Amen.

מִי שֶׁבֵּרַךְ אִמּוֹתֵינוּ,מְקֹוֹר הַבְּרָכָה לַאֲבוֹתִינוּ.

Mee she-bey-rakh ee-mo-tey-nu, m'kor ha-b'ra-kha la-a-vo-tey-nu,

Bless those in need of healing with אָלֶבֶּה (r'fu-ah sh'ley-mah),

The renewal of body, the renewal of spirit. And let us say: Amen.

ALENU (DRESKIN/NICHOLS)

עלינו

It's up to us to call ourselves to task; to sing what's good and true To bring about redemption, it's what we were freed to do For what's the point of being here if we're not moved to change our ways? *Aleinu l'shabei'ach*, it's time to live our praise

We are carrying the stories of the ones who came before What stories will be told of us when we are here no more We commit ourselves to action, it brings meaning to our days *Aleinu l'shabei'ach*, it's time to live our praise.

It's up to us to hold the vision, we are an answer to a call It's up to us to live the words we speak, for the benefit of all It's up to us to bow down deeply, there's a broken world to raise *Aleinu l'shabei'ach*, it's time to live our praise.

<u>KADDISH</u>

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְּׁמֵה רַבָּא. בְּעָלְמָא דִּי בְרָא כִרְעוּתֵה, וְיַמְלִיךְ מַלכוּתֵה, בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכְל בֵּית יִשְּׂרָאֵל, בַּעֲגָלָא וּבִזְמַן קְרִיב וְאִמְרוּ: אָמֵן. יְהֵא שְׁמֵה רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא.

Yit-ga-dal v'yit-ka-dash sh'mey ra-ba b'al-ma dee v'ray kheer-u-tey, v'yahm-leekh mal-khu-tey b'kha-yey-khon oov-yo-mey-khon oov-kha-yey d'khol beyt Yisrael, ba-a-ga-la oo-viz-man ka-reev, v-eem-ru: A-men. Y'hey sh'mey ra-ba m'vo-rakh l'a-lam ool-al-mey al-ma-ya.

יִתְבָּרֵךְ וְיִשְׁתַּבַּח, וְיִתְפָּאַר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא, וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלֵּל שְׁמֵה דְּקְדְשָׁא, בְּרִיךְ הוּא. לְעֵלָא מִן כְּל בִּרְכָתָא וְשִׁירָתָא, תִּשְׁבְּחְתָא וְנֶחֲמָתָא, דַּאֲמִירָן בְּעָלְמָא, וְאִמְרוּ: אָמֵן.

Yit-ba-rakh v'yish-ta-bakh v'yit-pa-ar v'yit-ro-mahm v'yit-na-sey, v'yit-ha-dar v'yit-ah-leh v'yit-ha-lal sh'mey d'kood-sha, b'rikh hu. L'ey-la min kol bir-kha-ta v'shee-ra-ta, toosh-b'kha-ta v'ne-khe-ma-ta da-a-mee-rahn b'al-ma, v'eem-ru: A-men.

יְהֵא שְׁלְמָא רַבָּא מִן שְׁמֵיָּא, וְחַיִּים עָלֵינוּ וְעַל כְּל יִשִּׂרָאֵל, וִאִמָרוּ: אָמֵן.

Y'hey sh'lah-mah ra-ba min sh'ma-yah v'kha-yeem a-ley-nu v'al kol Yisrael, v'eem-ru: A-men.

עֹשֶׂה שָׁלוֹם בִּמְרוֹמִיו, הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כְּל יִשְׂרָאֵל וְעֵל כָּל יוֹשְׁבֵי תֵבֵל וְאִמְרוּ: אָמֵן.

O-seh sha-lom bim-ro-mav, hu ya-a-seh sha-lom a-ley-nu v'al kol Yisrael v'al kol yosh-vei te-vel, v'eem-ru: A-men.

Let the glory of God be extolled, and God's great name be hallowed in the world whose creation God willed. May God rule in our own day, in our own lives, and in the life of all Israel, and let us say: Amen. Let God's great name be blessed forever and ever. Beyond all the praises, songs, and adorations that we can utter is the Holy One, the Blessed One, whom yet we glorify, honor, and exalt. And let us say: Amen. For us and for all Israel, may the blessing of peace and the promise of life come true, and let us say: Amen. May the One who causes peace to reign in the high heavens, cause peace to reign among us, all Israel, and all the world, and let us say: Amen.

קדוש ליל שבת

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלְם, בּוֹרֵא פְּרִי הַגַּפֵּן.

Ba-rukh a-ta, Adonai, e-lo-hey-nu me-lekh ha-o-lahm, bo-rey p'ree ha-ga-fen.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלֶם, אֲשֶׁר קּדְּשְׁנוּ בְּמִצְוֹתִיוּ וְרֶצָה בְנוּ, וְשֵׁבַּת קְּדְשׁוֹ בְּאַהֲבָה וּבְרָצוֹן הִנְחִילֵנוּ זִכָּרוֹן לְמַעֲשֵׂה בְרֵאשִׁית, כִּי הוּא יוֹם תִּחִלֵּה לִמִקרָאֵי קֹרֵשׁ, זֵכֵר לִיצִיאַת מִצְרֵיִם.

Ba-rukh a-ta, Adonai, e-lo-hey-nu me-lekh ha-o-lahm, a-sher kid-sha-nu b'mitz-vo-tav v'ra-tzah va-nu, v'Sha-bat kod-sho b'a-ha-vah oov-ra-tzon hin-khee-la-nu, zee-ka-ron l'ma-a-seh v'rey-sheet. Kee hu yom t'khee-lah l'meek-ra-ey ko-desh, ze-kheyr lee-tzee-at mitz-ra-yim.

Kee va-nu va-khar-ta v'o-tah-nu kee-dash-ta mee-kol ha-a-mim, v'Sha-bat kod-sh'kha b'a-ha-vah oov-rah-tzon hin-khal-ta-nu.

בַרוּך אַתַּה יִיַ, מִקַרֵשׁ הַשַּׁבַת.

Ba-rukh a-ta, Adonai, m'ka-deysh ha-Sha-bat.

We praise You, God, Ruler of the universe, Creator of the fruit of the vine. We praise You, Adonai, Ruler of the universe, for delighting in us and sanctifying us with Your mitzvot. Lovingly, You have given us Your holy Shabbat as an inheritance and a reminder of Creation and the Exodus from Egypt. It is first among our sacred days. You have chosen us from all people and have given us a sacred purpose in life. Lovingly, you have given us Your holy Shabbat as a sacred heritage. Praised are You, O God, who makes Shabbat holy.

<u>MOTZI</u>

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוֹ מֶלֶךְ הָעוֹלְם, הַמּוֹצִיא לֶחֶם מִן הָאָרֵץ.

Ba-rukh a-ta, Adonai E-lo-hey-nu, me-lekh ha-o-lahm, ha-mo-tzee le-khem min ha-a-retz.

Blessed are You, O God, who brings forth bread from the earth.

To everything turn, turn, turn
There is a season turn, turn, turn
And a time to every purpose under Heaven