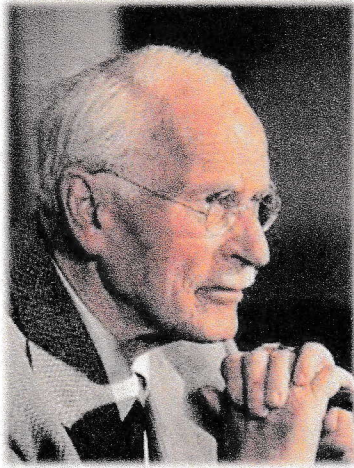


Connecticut JUNG

Connecticut Association
for Jungian Psychology (CAJP)

Programs
Fall 2023 - Spring 2024

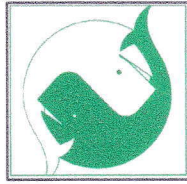


Why is Jung Important to us today?

Jung's psychology remains vital to the health of the individual, and thus to the world, because it is the only psychology that seeks the meaning of an individual's life in his or her relationship to the problem of the opposites - good and evil, light and dark, love and hate.

God is an experience of the problem and its meaning. The collective God-image may "die", but God does not. Jung's entire life and the psychology that grew out of that life was centered on the experience of this reality. In a world taken over by one-sidedness and extremes, we have become dependent on quick fixes and easy answers.

Jung brings us back to the notion that growth comes only through struggle, as we must face the dark sides of ourselves. We learn to value with a felt sense what is tangible and intangible, to trust our experiences, to trust our dreams, to trust the synchronicity of events-all offering us a glimpse at understanding something greater than ourselves. This may be contact with the numinous to help define the new god image of our time.



OUR MISSION

The Connecticut Association for Jungian Psychology (**CAJP**), is a creative learning community centered on the ideas of Carl Gustav Jung, which emphasizes the whole person as a path to self-knowledge, creativity and well-being. We endeavor to foster the understanding of the archetypal dimension and its impact on daily life. CAJP is dedicated to making the methods and insights of Jung more widely available to individuals and professional groups by offering lectures, workshops and seminars on specific topics within depth psychology.

ONLINE PROGRAMS All program offerings are currently online Zoom events.

REGISTRATION & PROGRAM CANCELLATION

Pre-Registration with Payment on website: www.jungct.org for all program offerings. We ask that you register at least one week prior to the program presentation date. Upon completed registration, you will receive the Zoom link for the event.

Pricing for Lecture series is \$35 per lecture. Pricing for Study Programs (multi day events) are listed on website and in brochure.

Note: Program(s) may be cancelled due to unforeseen circumstances. For news of any last-minute changes, you can refer to our website: www.jungct.org.

Limited Student scholarships are available for individual lectures. Contact info@jungct.org to make a scholarship request. Any request shall be reviewed in committee within 40 days of request. Determination will be communicated to applicant via email within 60 days of request.

JOIN US

We would love hearing from you! **CAJP** maintains an email list for program notices and ongoing announcements. If you would like to be added to this list, please send an email to: info@jungct.org.

Visit us at:

- **Website:** www.jungct.org
- **Email:** info@jungct.org
- **Phone #:** +1.860.431.2029
- **Facebook:** [@ca4jp](https://www.facebook.com/ca4jp)
- **Instagram:** [@cta4jp](https://www.instagram.com/cta4jp)
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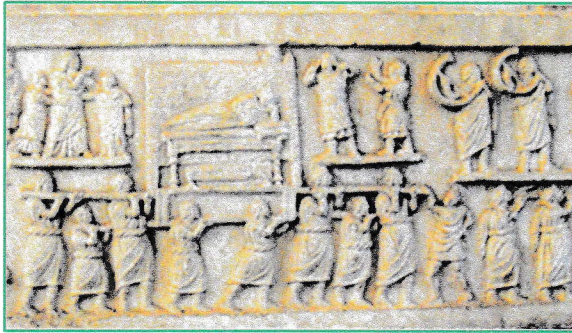
COMMUNITY

Please visit the Community page on our website, www.jungct.org, to discover more organizations dedicated to the study of Carl Gustav Jung's works and collective archetypes.

CAJP does not discriminate with regard to sex, gender, sexual orientation, age, race, religion, physical disability or national origin in any aspect of its programs.

CAJP is a tax exempt 501 (c) (3) non-profit organization. Your tax deductible donations are always appreciated. To learn more about the **CAJP** visit us at www.jungct.org. **Thank You!**

LECTURES



Pyre of Acilius Aviola

The End of All Tears: A Dynamic Interdisciplinary Analysis of Mourning and Complicated Grief

Saturday, September 23, 2023, 9:30am – 11:30 am (eastern)

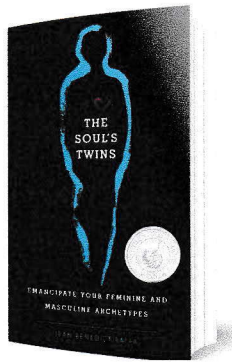
(a ZOOM Online Presentation)

Mourning is a normal, universal response to death with countless cultural elaborations worldwide. When we are unable to progress through normal mourning, complicated grief (CG) can be a result. Ways in which humans deal with the universal consequences of death are examined and compared to the typical modern setting found in first world nations. It is suggested that normal mourning is facilitated by various ritual acts and if these activities lack certain features (suggested by cross-cultural analysis of mourning rituals), an increased risk of CG may result. This appears to be a serious problem for modern Westernized nations in particular. Examination of rituals furthermore suggests ways clinicians may help patients cope with loss, via the use of symbol, narrative as healing elements, as Jung describes throughout his works.



Erik Goodwyn, MD, is an Attending Physician at Eastern State Hospital in Lexington, Ky, Clinical Faculty at University of Kentucky, Clinical Associate Professor at the Billings Clinic, part of the WWAMI University of Washington School of Medicine--Billings Montana affiliate, Department of Psychiatry, and Adjunct Professor for University of Louisville, Department of Psychiatry. He has authored numerous publications in the field of consciousness studies, Jungian psychology, neuroscience, mythology, philosophy, anthropology, and the psychology of religion. He is co-editor-in-chief of the International Journal of Jungian Studies, and he has published many books. He has delivered over sixty lectures, workshops, and essays in peer-reviewed journals on the above topics and has presented at conferences on these topics at sites in the US, Switzerland and Ireland.

To register, visit the CAJP website at: www.jungct.org



Remyth Your Story: Integrate Your Feminine and Masculine Archetypes **Saturday, November 11, 2023, 10am – 12 noon (eastern)** *(a ZOOM Online Presentation)*

Author Dr. Jean Benedict Raffa explores the interface between psychology, spirituality, and your life's myth in her newest Nautilus Award-winning book, *The Soul's Twins: Emancipate Your Feminine and Masculine Archetypes*.

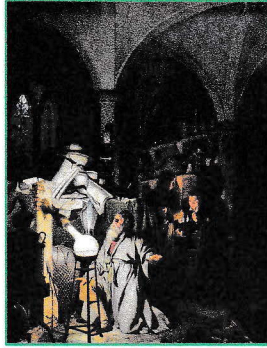
Our families and social groups condition us from childhood to have certain beliefs and attitudes about gender differences. Our lack of knowledge about eight powerful archetypes traditionally related to gender can have painful lifelong psychological and spiritual consequences. Emancipating these archetypes from gender stereotypes enables us to change our personal myth and frees us to develop loving relationships with ourselves and others.

This presentation will include a big dream from the author's childhood that shaped her life's myth, motivated her studies in Jungian psychology, and inspired her creation of the Partnership Profile. This is an informal self-assessment that helps users to separate gender stereotypes from their innate masculine and feminine archetypes. Participants will receive a pdf of the self-assessment and a handout about how to work with their results when they register for the presentation. Dr. Raffa will lead a Q & A discussion about the meaning of their results following a PowerPoint presentation.



After a lengthy and life-transforming spiritual descent, educator, Jungian scholar, and author **Jean Benedict Raffa, Ed.D.**, began an in-depth study of Jungian psychology, mythology, and her dreams. Her books, *The Soul's Twins*, *The Bridge to Wholeness*, *Dream Theatres of the Soul*, and the Wilbur Award-winning *Healing the Sacred Divide*, are outgrowths of this ongoing inner work. A former television producer and college professor, Dr. Raffa continues to give lectures and workshops.

To register, visit the CAJP website at: www.jungct.org



Hennig Brandt and the Discovery of Phosphorus

Introduction to Alchemy in Jungian Psychology

Saturday, November 18, 2023, 9:30am – 11:30am (eastern)

(a ZOOM Online Presentation)

What is Alchemy? Why was it important to Jung? And how is alchemy of use in understanding dreams today? This introductory class is for those who are newer to Jung's studies of the human psyche or who want to revisit the basics. The goal of this talk is to review foundational Jungian concepts of the psyche and to introduce basic principles of alchemy with use of imagery and dreams.

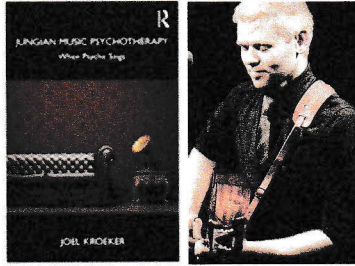
This introduction serves as preparatory material to the richness of Jung's writings and especially to Edward F. Edinger's *Anatomy of the Psyche: Alchemical Symbolism in Psychotherapy*.*

** (see CAJP Study Programs for more information on upcoming 2024 offering)*



Cynthia Swartz, MM, MD is a child, adolescent, and adult psychiatrist in private practice in Montpelier, Vermont. Prior to going to medical school she attended the Analyst Training Program at the C.G. Jung Institute-Boston, and has continued her independent study of Jungian psychology. She holds a Master's degree in Organ from Indiana University School of Music and currently studies violin and plays in local orchestras. She has a black Standard Poodle, Tess, who from time to time makes unscheduled appearances on video calls.

To register, visit the CAJP website at: www.jungct.org



When Psyche Sings: Jungian Music Psychotherapy

Saturday, January 13, 2024, 10am – 12 noon (eastern)
(a ZOOM Online Presentation)

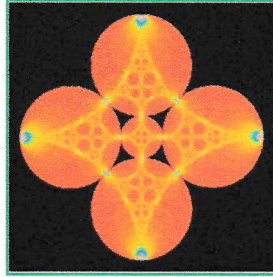
Music is everywhere in our lives, both waking and sleeping, inside and out. But much of our musical ecosystem remains unheard in a state of non-representation. Drawing on Jungian, post-Jungian and contemporary psychoanalytic perspectives, this four-week course will explore the place of the acoustic imaginal within our psychic ecology and our current fractured world of splitting and polarization. The perception of sound triggers psychic contents an music mediates between our internal and external experience of consciousness through its affective impact on our symbolic imagination. Like a sound engineer, who can stop Time toward differentiation and integration, we will deeply listen together to the soundscape metabolization process of our auditory digestive system toward the fundamental psychoanalytic goal of hearing what cannot yet be seen. By distilling music into its basic archetypal elements, an approach is illustrated for working with musical symbols within analysis, referred to as Archetypal Music Psychotherapy. Through locating the role that acoustic images, both imaginal and material, play in our affective and archetypal engagement with our world, we will explore the contribution that musical processes offer to the wholeness and teleology of the individuation process interpersonally, relationally, and collectively.

Suggested text: "Jungian Music Psychotherapy: When Psyche Sings (Routledge, 2019)"
Author: Joel Kroeker



Joel Kroeker, RCC-ACS, MMT, is a Swiss-trained Jungian psychoanalyst, clinical supervisor and author with a private practice based in Victoria, BC. Drawing on over 25 years of diverse experience Joel devotes part of his practice to training and supervising international practitioners in his original modality of Archetypal Music Psychotherapy across North and South America, China and parts of Europe. He currently serves as a journal reviews editor for the Journal of Analytical Psychology and divides his time outside of clinical hours between parenting, musicking, teaching and writing. His new book, "Jungian Music Psychotherapy: When Psyche Sings" is a finalist for the IAJS (International Association for Jungian Studies) book award and has also recently been released in Portuguese. His website is www.joelkroeker.com

To register, visit the CAJP website at: www.jungct.org

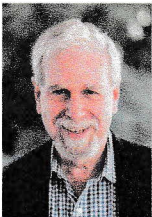


Reconsidering Individuation in the 21st Century: the Role of Synchronicity and Reenchantment

Saturday, February 3, 2024, 12:30pm – 3:30pm (eastern)

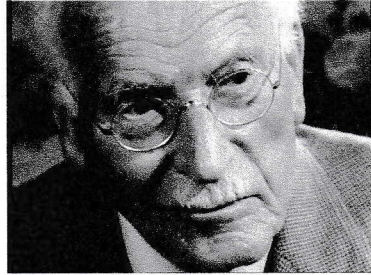
(a ZOOM Online Presentation)

Individuation is a key concept of Jungian Psychology; it is a process of becoming as full a person as is possible in our lifetime. We will look at the origins of the idea arising in the midst of Jung's confrontation with the unconscious. We will also explore the link between individuation and the notion of synchronicity. A contemporary reconsideration in light of the changes in our conceptions of nature and culture in the 21st Century will be examined from the perspective of complexity theory. The disruptions and uncertainties at societal and global scales of the last several years point to a shift or transformation in the archetypal patterns emerging in the collective unconscious, as well as manifesting in our individual lives. How can we best find our way through these times? An archetypal approach will be offered which provide a pathway to the reenchantment of our world through wonder.



Joseph Cambray, Ph.D. is the Past-President/CEO and Provost for Pacifica Graduate Institute; Past-President of the International Association for Analytical Psychology; served as the U.S. Editor for The Journal of Analytical Psychology and is on various editorial boards. He was a faculty member at Harvard Medical School in the Department of Psychiatry at Massachusetts General Hospital, Center for Psychoanalytic Studies. Dr. Cambray is a Jungian analyst now living in the Santa Barbara area of California. His numerous publications include the book based on his Fay Lectures: *Synchronicity: Nature and Psyche* in an *Interconnected Universe* and several edited volumes: one with Leslie Sawin *Research in Analytical Psychology - Volume 1: Applications from Scientific, Historical, and (Cross)-Cultural Research*, and an earlier one with Linda Carter, *Analytical Psychology: Contemporary Perspectives in Jungian Psychology*. He has published numerous papers in a range of international journals.

To register, visit the CAJP website at: www.jungct.org



Emily Dickinson and Carl Jung: Soul Mates – Part 2

Saturday, May 4, 2024, 9:30am – 11:30am (eastern)
(a ZOOM Online Presentation)

Both Dickinson and Jung were on a quest for self-discovery. Both wrote from their own experience of understandings that came to them from a deeper wisdom (a deeper knowing) or in Jungian language from the Self.

They knew how to listen and how to reflect on the messages, accepting the complexity of the human psyche. What came to them was 'gift' but giving a voice to their intuitions and imaginations in their writings required intelligence and focus.

Topics concerning soul, hope, possibility, mystery, and transformation will be discussed as Dickinson's poetry will be studied 'side by side' with writings of Jung and post-Jungians. This program follows the 2023 CAJP program on Dickinson and Jung.



Kaye Lindauer, MS, MLS, M.Div presently (and for the past 32 years) teaches classes at Chautauqua Institution on literature, poetry, Jungian psychology and philosophy as well as adult education classes for OASIS EVERYWHERE and for Road Scholar programs. Kaye taught graduate courses at Syracuse University for twenty-five years while speaking widely at conferences and coordinating retreats. Most recently presented The 13th Gathering of Women Retreat at Chautauqua. Kaye has studied at the Jung Institute and at ISAP in Zurich.

To register, visit the CAJP website at: www.jungct.org

STUDY PROGRAM



ΦΑΝΗΣ (Phanes)

The Birth of the New God: Jung's visions after the Red Book

(a ZOOM Online Presentation)

Jung titled his journey into the unconscious *Liber Novus*, *The New Book*. As he made a draft and amplification of the text from his notebooks, he made divisions: *Liber Primus* (book one), *Liber Secundus* (book two), and *Scrutinies* (book three). What we have in the publication of *The Red Book* are the first three sections. These cover the period between December 1913 and June 1916 in Jung's journals (*The Black Books*). He continued recounting his visionary experiences in these notebooks through 1932. Although these entries aren't so frequent as in those first years, they show how, through conversations with his soul and other personages, Jung expanded his understanding of God, good and evil, lessons from Biblical and Asian scriptures, and his pursuit of his own path. These entries lay the groundwork for the development of Jung's constructs: the *Anima*, the *Shadow*, the *Self*, the *transcendent function*, the *union of opposites*, and others. Many of the illustrations included in *The Red Book* were painted during this period, and the text from the later notebook entries expounds on their meaning, providing an added layer of amplification.

Liber Novus is Jung's account of an important part of his spiritual journey. As we examine this later material and meet familiar and new personages from Jung's visions, we have an opportunity to see what this adds to our own journey, as well as our understanding of Jung and his work.

Two Part Series – Fee \$80

Saturday, October 7, 2023 9:30am – 11:30 am (eastern)

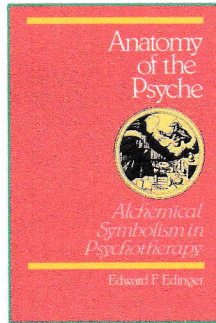
Saturday, January 20, 2024 9:30am – 11:30 am (eastern)



Norb Spencer, MS practices psychotherapy in West Hartford, CT. In addition to a passionate interest in depth psychology and yoga, he has trained in gestalt therapy, family therapy, trauma therapy, Transactional Analysis, and Family Constellations. He has been the facilitator for CAJP's '*A Study of C.G. Jung's Red Book*' seminar over the past 3 years.

To register, visit the CAJP website at: www.jungct.org

STUDY PROGRAM



Edinger's Anatomy of the Psyche

(a ZOOM Online Presentation)

Time for slow food! Edward Edinger's *Anatomy of the Psyche: Alchemical Symbolism in Psychotherapy* is an invaluable resource for understanding some facts of the psyche as revealed in modern dreams containing alchemical imagery. It provides an excellent steppingstone to Jung's profound understanding of the psyche as described in his alchemical studies. One is richly rewarded by taking the time to go slowly through this book and digest the images, along with their parallels in myths and religions, and reflect on their depictions of the psyche's natural process of transformation. This knowledge of alchemical imagery allows one to work with nature in supporting one's own growth and transformation as well as another's process of change in the psychotherapeutic relationship. In the first five sessions of this monthly seminar, we will aim to cover the first three of eight chapters, however, pacing will be determined by the material and the seminar will continue over ensuing semesters.

Five Part Series – Fee \$150

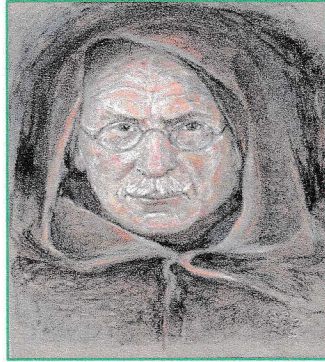
Jan 6, Feb 17, Mar 16, Apr 20, & May 18, 2024

Saturdays, 9:30am to 11:30am (eastern)



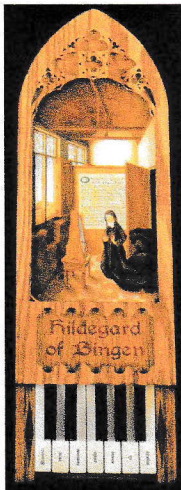
Cynthia Swartz, MM, MD is a child, adolescent, and adult psychiatrist in private practice in Montpelier, Vermont. Prior to going to medical school she attended the Analyst Training Program at the C.G. Jung Institute-Boston, and has continued her independent study of Jungian psychology. She holds a Master's degree in Organ from Indiana University School of Music and currently studies violin and plays in local orchestras. She has a black Standard Poodle, Tess, who from time to time makes unscheduled appearances on video calls.

To register, visit the CAJP website at: www.jungct.org

STUDY PROGRAM

Hildegard in Jung
Seven references to 12th century Hildegard
of Bingen in the Collected Works
of 20th century Carl G. Jung – Part 1

Saturday, March 2, 2024, 9:30am – 11:30 am (eastern)
(a ZOOM Online Seminar Series)



Seven references to twelfth-century German Benedictine Abbess Hildegard of Bingen's work exist in volumes 5, 9, 10, 11, 13, 14, and 18 of Jung's Collected Works. While his reliance upon her as an illustration of various points is not overwhelming by any means, the fact is he makes note of Hildegard in seven different volumes of his work spanning decades in the development of his thinking. She is not a passing fancy but a figure that functioned for years in the background processes of his imagination and theorizing. This presentation, illustrated with slides, offers a brief foray into Hildegard's life and times (1098-1179) and examines these references, taking seriously Jung's interest in a woman from another era upon whom he could rely on while pioneering the rich, colorful, and symbolic spiritual terrain of the unconscious...

To register, visit the CAJP website at: www.jungct.org



Hildegard, Jung and the Dark Side of God – Part 2

Saturday, April 6, 2024, 9:30am – 11:30am (eastern)

The reality of Divine darkness is complex and controversial material. This slide-narrative presentation explores the surprising synergy between twelfth century German Benedictine abbess, mystic, theologian and reformer Hildegard von Bingen (1098-1179) and 20 th century Swiss pioneer in depth psychology Carl Gustav Jung (1875-1961). Their lives and writings reveal the dynamics of how the human personality can successfully negotiate the forces that submerge consciousness and creativity. They shared a mutual desire to heal Christianity, possessed the interior capacities to encounter the numinous, believed in the role of psychic suffering in coming to spiritual consciousness, and shared a sense of the “missing fourth” dimension in the Trinity. These synergies are explored between Jung and Hildegard with an in-depth focus on the specific references in Jung to Hildegard’s experience of the numinous and her prescience with respect to the dark unconscious.

Two Part Series – Fee: \$125

March 2nd and April 6th, 2024

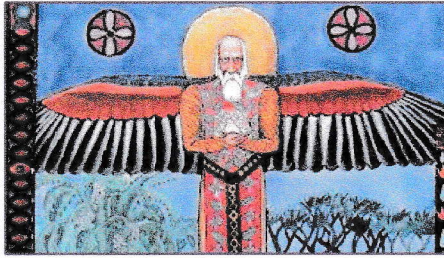
(a ZOOM Online Seminar Series)



Avis Clendenen (Ph.D. and D. Min., Chicago Theological Seminary) is Professor Emerita of Religious Studies at Saint Xavier University in Chicago. Her faculty career included teaching in the area of practical theology and the intersection of Christian spirituality and depth psychology. She is the author of *Experiencing Hildegard: Jungian Perspectives* (Chiron Publications, 2012 & 2009). The release of the revised edition coincided with Hildegard being officially named a Doctor of the Church by Pope Benedict on 7 October 2012. Avis is co-author with Sister Irene Dugan, r.c. of *Love Is All Around in Disguise: Meditations for Spiritual Seekers* (Chiron Publications, 2004); editor of *Spirituality in Depth: Essays in Honor of Sister Irene Dugan, r.c.* (Chiron Publications, 2002); and co-author with Troy W. Martin of *Forgiveness: Finding Freedom through Reconciliation* (Crossroad Publications, 2002). Her list of articles on the topic of Hildegard and Jung can be found under her full bio on the CAJP website: www.jungct.org

To register, visit the CAJP website at: www.jungct.org

COMMUNITY



*"Our age is seeking a new spring of life.
I found one and drank of it and the water tasted good." —C.G. Jung*

**Discover more organizations dedicated to the study of Carl Gustav Jung's works
and collective archetypes, applied to our present moment in time.**

NATIONAL

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INTERNATIONAL

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CAJP

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