



Presented by
**Diana Vandenberg (Family Dispute
Resolution Practitioner) &
Donna Matthews (Case Manager)**

About Interrelate

Interrelate provides a range of quality services, relevant to community needs, that aim to empower people to live and relate more effectively. We are committed to responding to the vulnerabilities of families and children in their communities and to building stronger relationships. Our work is underpinned by the principles of:

- Supporting families to build respectful relationships
- Post separation and co-parenting services such as Family Dispute Resolution and Mediation
- Relationship Education Programs/ School Services
- Counselling
- Case Management – post separation and domestic violence support
- Case Management – Family Mental Health Support Service (children/young people 0-18 & their families)
- iRelate – Collaborative Family Law Service

We are committed to leading the way in providing responsive, cutting edge, transformative relationship services with and for our diverse communities, at every stage of life. This is our promise to everyone we work with.





Who is Eligible?

Who are we funded to support?

- Families and individuals experiencing relationship breakdown and separation

How do we provide the support?

- Education programs such as Parents not Partners, Building Connections, Aboriginal Building Connections, CONNECT, and Respectful Man
- Building Stronger Families program; providing additional support and case management, including referrals to specialised services

Vulnerable Groups

Interrelate supports specific vulnerable groups including:

- Separating parents, including those experiencing family violence and provide Family Dispute Resolution in relation to both parenting and financial/property matters
- Children and young people (0-18) experiencing mental health concerns
- First Nations children, young people & families

Interrelate have offices throughout NSW but are able to support parents in different geographical locations via phone or video.



Professional Delivery

- Our practitioners have tertiary qualifications relevant to their service delivery scope. Interrelate staff have a minimum tertiary qualification, in addition to specialist post -graduate training, e.g. A graduate certificate in Family Dispute Resolution
- Interrelate has a rigorous supervision framework to support our practitioners to provide quality support
- Interrelate is a Family Relationship Centre funded by the Attorney General's Department
- Specialist First Nations workers available



Respectful Man



Respectful Man is a 10-week online program designed to help you become the man you want to be, and the man your loved ones need you to be.

Delivered by Interrelate, Respectful Man supports you to take responsibility for, and change, unhealthy behaviours so that you can...

- become the very best version of yourself.
- develop healthier, more respectful relationships with those around you.
- step up to be the father, partner, son, uncle, grandfather, mate and man that your family, friends and society need you to be.

The Respectful Man Program is not an accredited Men's Behaviour Change Program.



Complaints Policy



If you are not happy with any part of Interrelate's service, you can talk to us, write a letter, email or phone us.

1. Talk to the person who is helping you from Interrelate

If you feel you cannot talk to this person or the person did not help you with the problem, you can talk to an Interrelate Manager or Interrelate's Chief Executive Officer (CEO).

2. Talk to one of our managers

Phone Interrelate (Central Coast) on 02 4343 8050 and ask to speak to the manager of your Interrelate worker.

If you are not happy with the service of an Interrelate Manager or the problem for you is still happening, you can talk to Interrelate's CEO.

3. Talk to Interrelate's Chief Executive Officer (CEO)

Interrelate CEO:

Phone: 02 8882 7808

Email: ceo@interrelate.org.au

Mail: PO Box 6307, Baulkham Hills NSW 1755

Referral Pathways



Who can refer?

- Anyone can self-refer to Interrelate
- Agencies can also refer families or individuals
- Intake and assessment process for certain services. Not all services are suitable for everyone

How can I refer?

Call 1300 473 528 or email interrelate@interrelate.org.au

Interrelate Gosford 4363 8000

Interrelate Tuggerah 4350 8091

Is there a wait list/ how long does it take for contact to be made?

Dependant on service – our client experience team endeavours to respond to client enquiries within 48 hours



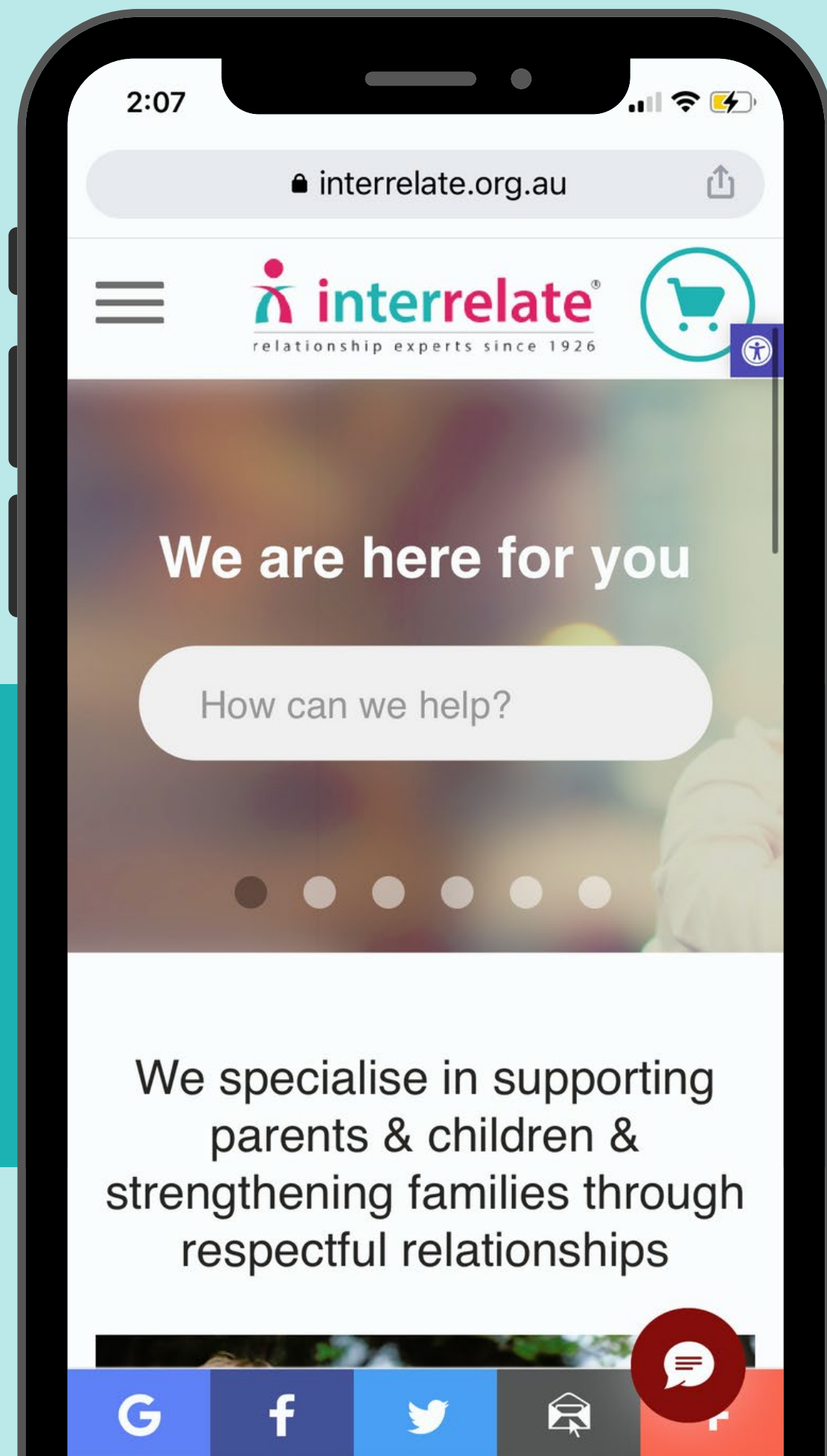
Collaboration

Services we work closely with include:

- Baptist Care Domestic Violence Services
- Central Coast Community Legal Centre
- Catholic Care
- DCJ
- DVCAS
- Headspace

Services we would like to work with more include:

- Housing
- Any and all! Interrelate values collaboration with all services



Get In Touch With Us

Individuals can contact Interrelate directly or be referred by a supporting group or agency

Call: 1300 473

528
interrelate@interrelate.org.au

This service is funded by the Australian Government Department of Social Services and is provided by



 facebook.com/interrelate

 [@InterrelateFC](https://twitter.com/InterrelateFC)

 [@Interrelate](https://instagram.com/Interrelate)