



OUTING CARD

Aspevatnet and Blåvatnet



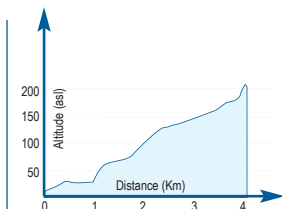
Aspevatnet and Blåvatnet 2/8 km R/T

Surrounded by majestic peaks lies Blåvatnet, locally known as Blåisvatn, due to its intense blue colour. The clear blue colour is due to the glacier melt from Lenangsbreen glacier. The area is not only beautiful, but also geologically interesting with moraines and gigantic boulders. The neighbouring lake Aspevatnet, situated closer to the road, is also a colourful attraction. Here you can rest at the shelter and sign your name in the trim book. Happy outing and enjoy the view of the Lyngsalpene!



P Parking on each side of the river Strupskardelva/Botnelva.

i Service road and path, merging into a rock field in flat terrain.



Easy



Medium



Challenging



Expert



Trail grading colours show difficulty levels. Black icon on white background is ungraded.




Aspevatnet and Blåvatnet



Trail description

SørLenangsbotn is one of the gates to Lyngsalpan landscape Conservation Area. Start at the parking and rest area east of Strupskardelva/Botnelva, and follow the service road ending by a few cabins. If you are heading for Blåvatn, take the path to the left just before the cabins. Further in, the path becomes rocky. The rocks become bigger towards the end and must be scrambled over. If you are heading for Aspevatnet, follow the service road to the cabins, pass the bridge and follow the path to the lake. From the north side of Aspevatnet you can continue to Blåvatnet (no marked path).

Nearby Outings

-  Lyngstuva 6 km RT
-  Barheia 6 km RT
-  Lenangsøyra by the lighthouse 6 km RT

Contact information

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