







Text

- Important
- Formulas
- Numbers
- Doctor notes
- Notes and explanation

CNS PHYSIOLOGY

Lecture No.24

> "You Will Never Have This Day Again, So Make It Count ".

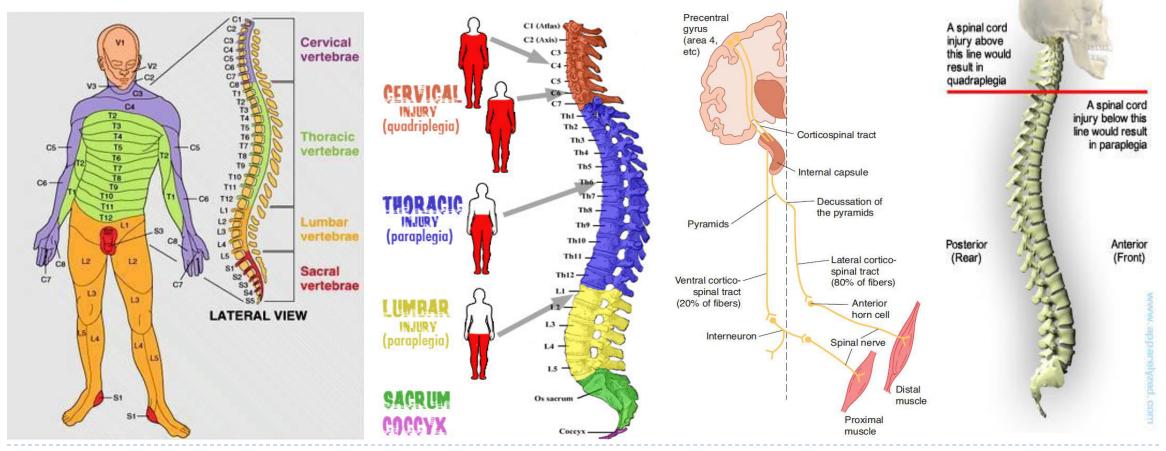
UPPER & LOWER MOTOR NEURON LESION

Objectives:

- 1. Appreciate what is meant by upper and lower motor neurons and their functional anatomy
- 2. Explain and differentiate between features of lesions of the upper and lower motor neurons
- 3. Describe effects of lesions in pyramidal tracts
- 4. Describe effects of lesions in the internal capsule
- 5. Explain the manifestations of complete spinal cord transection and hemisection
- 6. Explain features of Brown Sequard Syndrome
- 7. Correlate the site of lesion with pattern of loss of sensations
- 8. Describe facial, bulbar and pseudobulbar palsy

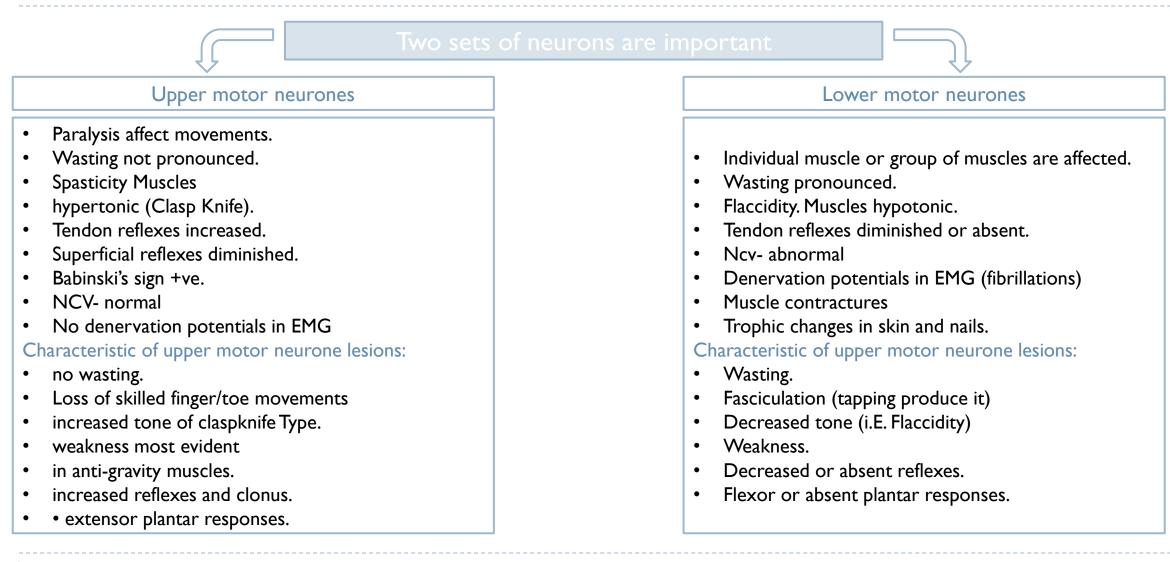
introduction

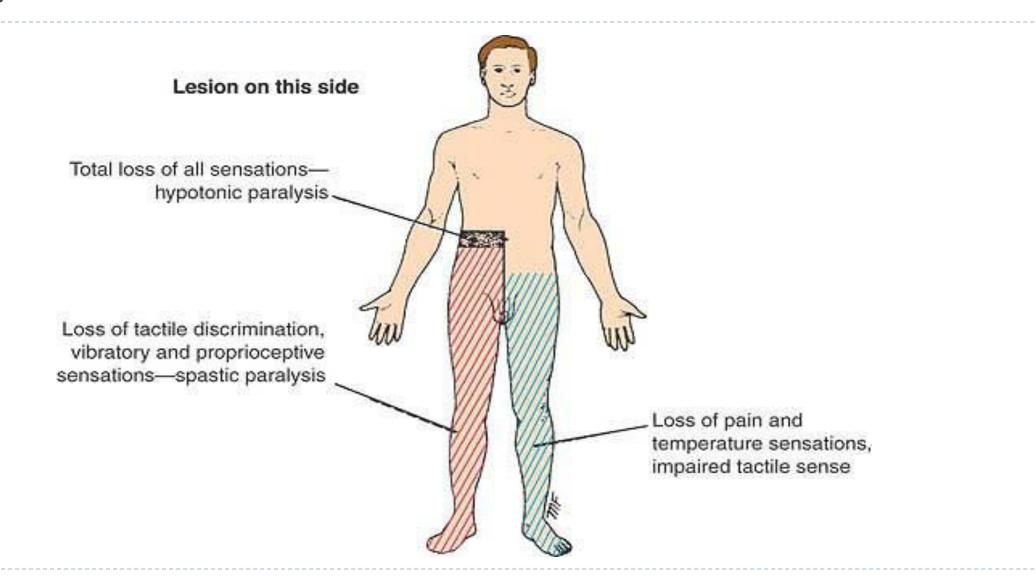
- ▶ 31 segments: embryological development \rightarrow growth of cord lags behind \rightarrow mature spinal cord ends at L1.
- Upper cervical cord lesions produce quadriplegia and weakness of the diaphragm.
- Lesions at C4-C5 produce quadriplegia.



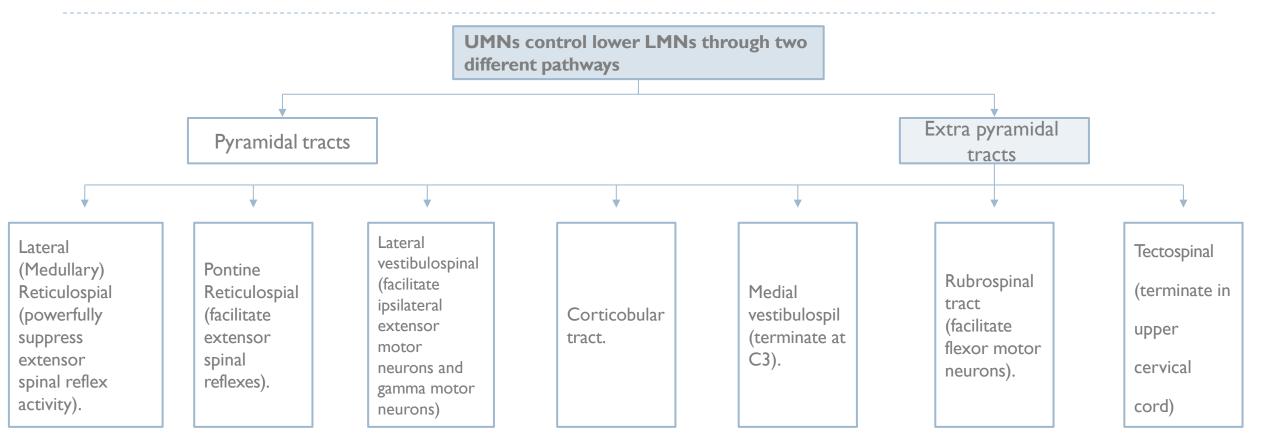
ONLY IN MALES' SLIDES

Comaprison between upper & lower motor neuron lesions

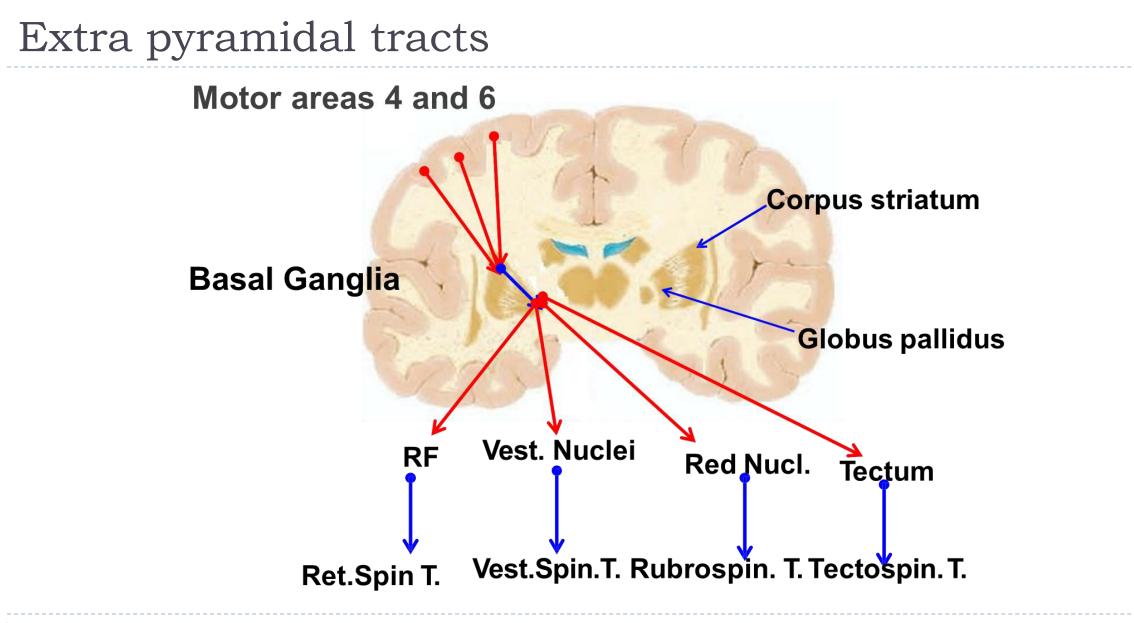




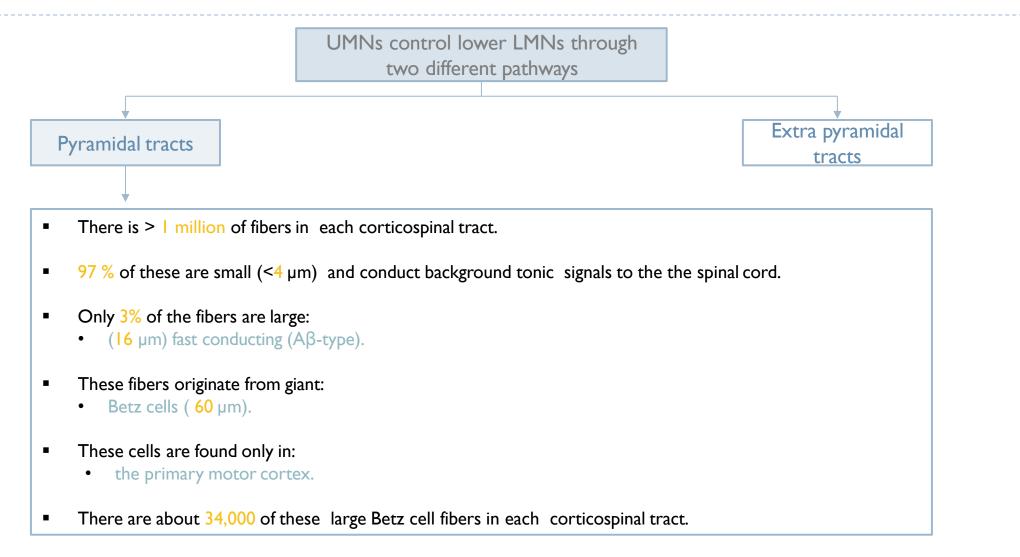
UMNs control lower LMNs through two different pathways



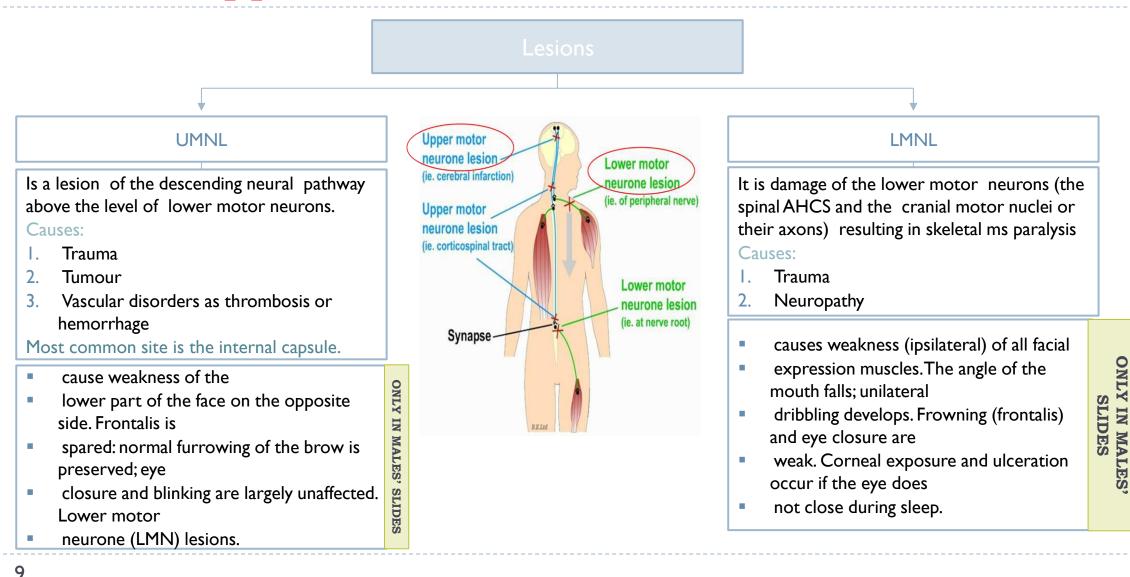
Origin of extrapyramidal tracts: From area (6) and area (4) \rightarrow descends to corpus striatumONLY IN FEMALES' SLIDES \rightarrow Globus pallidus \rightarrow from the globus pallidus fibers pass to:I- Reticular formation 2- Vestibular nuclei 3- Red nucleus 4-Tectum of mibrain \rightarrow these nuclei give the extrapyramidal tracts.



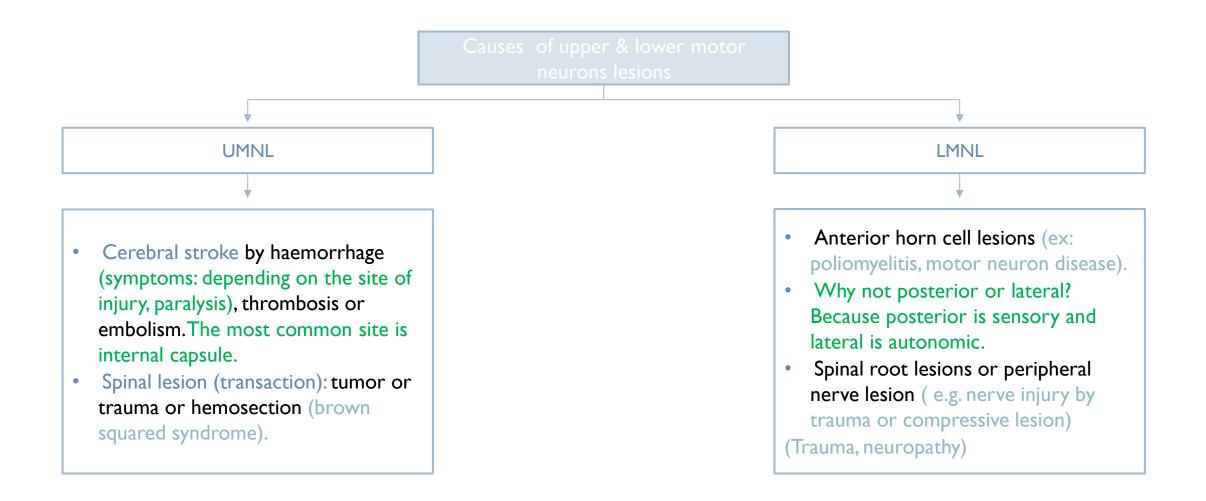
UMNs control lower LMNs through two different pathways



What are upper & lower motor neuron lesions?

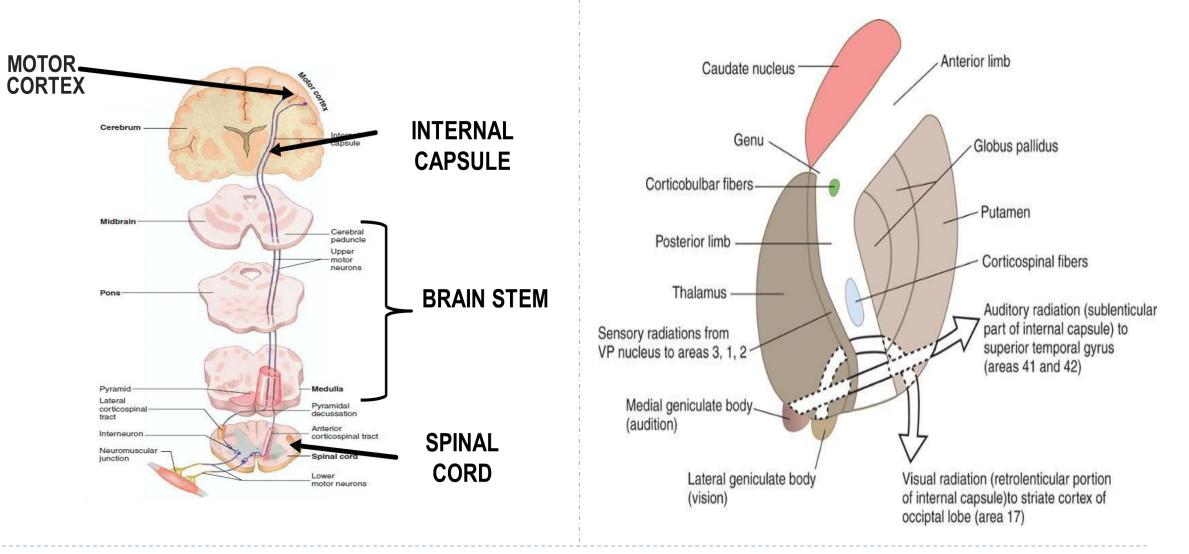


Causes of upper & lower motor neuron lesions



UMNL

Internal Capsule



Hallmarks of motor neuron lesions

As a doctor, you need to examine and diagnose the patient before he goes to the MRI or other investigations.

	UMNL	
Extent of paralysis	Widespread (affects movements)	Localized (individual muscle or group of muscles are affected)
Site of paralysis	Opposite side to lesion (because of the decussation of fibers, e.g. pyramidal decussation)	Same side of lesion
Tone of muscles	Increased tone(hypertonia) and spasticity clasp-knife spasticity	Decreased tone (hypotonia), flaccidity paralysis
Deep reflexes	Brisk (exaggerated) tendon jerks (tendon reflexes) the reflex when examining with a hammer: very strong	Diminished or absent
Superficial reflexes	Absent, diminished	Absent
Planter reflex	Extensor plantar reflex , positive babinski sign (dorsiflexion of the big toe and fanning out $$ of the other toes), or just an upgoing toe .	Flexor or absent
Muscle waisting	No marked muscle wasting , but <u>minor wasting may</u> occur due to (Di-use atrophy) Weakness most evident in antigravity muscles	Marked muscle wasting (atrophy)
Clonus	Clonus present (rhythmic oscillation on tendon stretch) لما نسوي له فليكشن يصير فيه تذبذبات	No clonus
Fasciculations (seen) - fibrillation potentials by EMG	No fasciculations No fibrillation potential (no denervation potentials in EMG)	Fasciculations may be seen (tapping produce it) & Fibrillation by EMG (denervation potentials)
NCV (nerve conduction velocity)	Normal	Abnormal
Other		Muscle contractures and trophic changes in skin and nails

UMNL & LMNL

	UMNL	LMNL	
Cause	Cerebrovascular strokes due to	1- Lesion of the lower motor	
	hemorrhage or thrombosis in	neurons as in poliomyelitis	
	the post limb of internal capsule	2. Damage of motor nerves	
	\Rightarrow damage of both pyramidal	e.g. DM or alcoholism	
	and extrapyramidal fibers		
Characters			
1- Paralysis	* On the opposite side of the	* On the same side of the	
	body (contralateral)	lesion	
	* Widespread affecting half of		
	the face, upper &lower limbs	* Localized to muscles	
	* Poor recovery	supplied by the affected	
		segment only	
		* Recovery may occur.	

	UMNL	LMNL
2- Muscle	* Hypertonia of the spastic	* Hypotonia or Atonia:
tone	type in the paralyzed muscle	Flaccid paralysis (loss of tone
	* Klasp knife type: resistance	in paralyzed muscles)
	to passive movement then	
	sudden release	
	* Cause: loss of inhibitory	* Cause: interruption of
	effect of the cortical	stretch reflex
	extrapyramidal area & $\uparrow\uparrow$	
	facilitatory impulses on the $\boldsymbol{\gamma}$	
	motor neurons \Rightarrow facilitation of	
	stretch reflex	
3- Deep	* Exaggerated deep reflexes	* Absent deep reflexes in
reflexes	on the affected side: (e.g.	muscles supplied by the
	knee & ankle jerks).	affected segments or motor
	* Clonus is present.	nerves
	* Cause: release of stretch	
	reflex from cerebral inhibition	

	UMNL	LMNL	
4-Superficial	* Lost on the affected side.	* Lost on the affected	
reflex	* Cause: loss of supra-spinal	segments only	
	facilitation		
	* Abdominal & ceremasteric		
	reflexes: absent		
	* The planter reflex \Rightarrow +ve		
	Babiniski's sign.		
5- Muscle	* Not significant	* Marked (disuse atrophy)	
wasting	* Cause: paralyzed muscles	* Cause: muscles cannot	
	are still innervated and can	contract neither reflexly nor	
	contract reflexly.	voluntary	
	* Spasticity saves muscle from		
	wasting.		
6-	Absent	Present	
Fasiculations		Visible spontaneous	
		contractions of bundles of	
		fibers in the affected ms	

Effect of a lesion in different parts of the motor system

Lesions of pyramidal tract cause paralysis of the UMNL type below the level of the lesion.

The side affec	ted and the extent of paralysis vary according to the site of the lesion	Right Left Effect of lesion
Side affected	Extent of paralysis	Contralateral Monoplegia
Area <mark>4</mark>	Restricted paralysis (ex: Contralateral monoplegia, paralysis of one limb Because area 4 is widespread and is rarely damaged completely)	CRUS COntralateral
Corona radiata	This leads to contralateral monoplegia or hemiplegia, depending on the extent of the lesion.	PONS
Internal capsule	This often leads to contralateral hemiplegia because almost all fibers are injure	MEDULLA
Brain stem	 Contralateral hemiplegia & ipsilateral paralysis of the cranial nerves as follows: Midbrain lesion: the III and IV Pons lesion: V,VII and VIII. Medulla lesion: IX, X, XI and XII 	ZEADONE DODE DODE DODE DODE DODE DODE DODE

Bilateral lesion in brain stem is rare and leads to quadriplegia and bilateral paralysis of the cranial nerves.

ONLY IN FEMALES' SLIDES

Effects of a unilateral lesion in posterior limb of internal capsule

- Such lesion is called cerebral stroke.
- It is usually caused by thrombosis or haemorrhage of lenticulo- striate artery (a branch of the middle cerebral artery).
- Patients pass into an acute then chronic stage.

I-Acute stage

lasts a few days up to 2-3 weeks. It is characterized by acute UMNL manifestations in the opposite side:

- Paralysis including the upper and lower limbs, the lower parts of the face and half of the tongue.
- Hemianaethesia (loss of all sensations, due to damage of the thalamocortical fibers).
- Hypotonia and areflexia & loss of the superficial reflexes.
- Babinski's sign may be present.

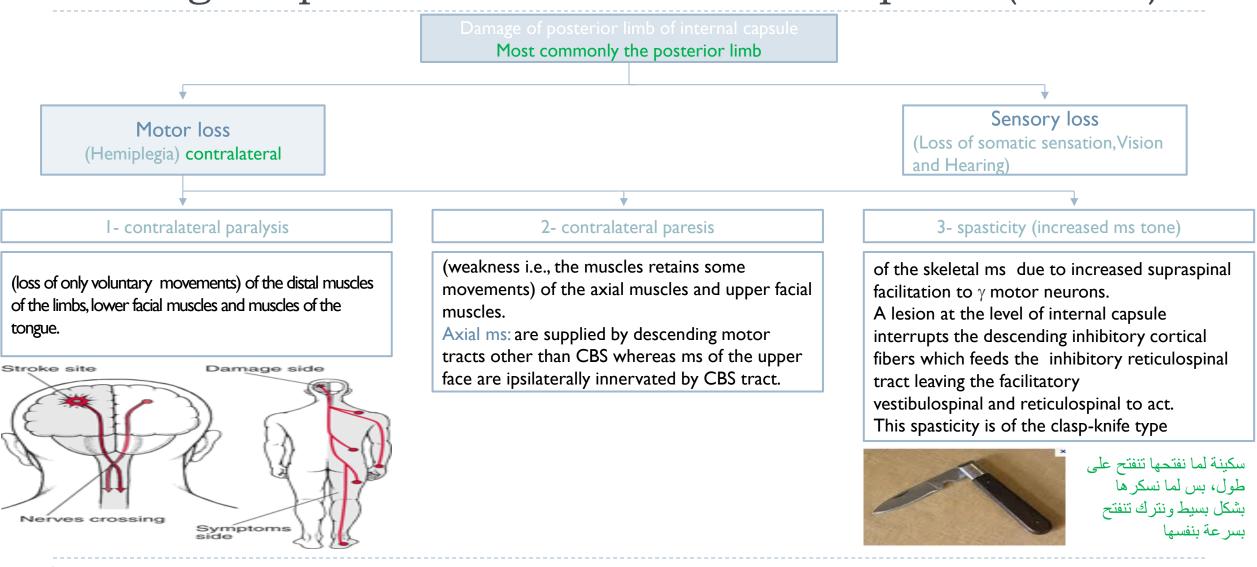
Manifestations of this stage are similar to those of LMNL, but the extent of paralysis is much more than that of LMNL.

2- Chronic (permanent or spastic) stage

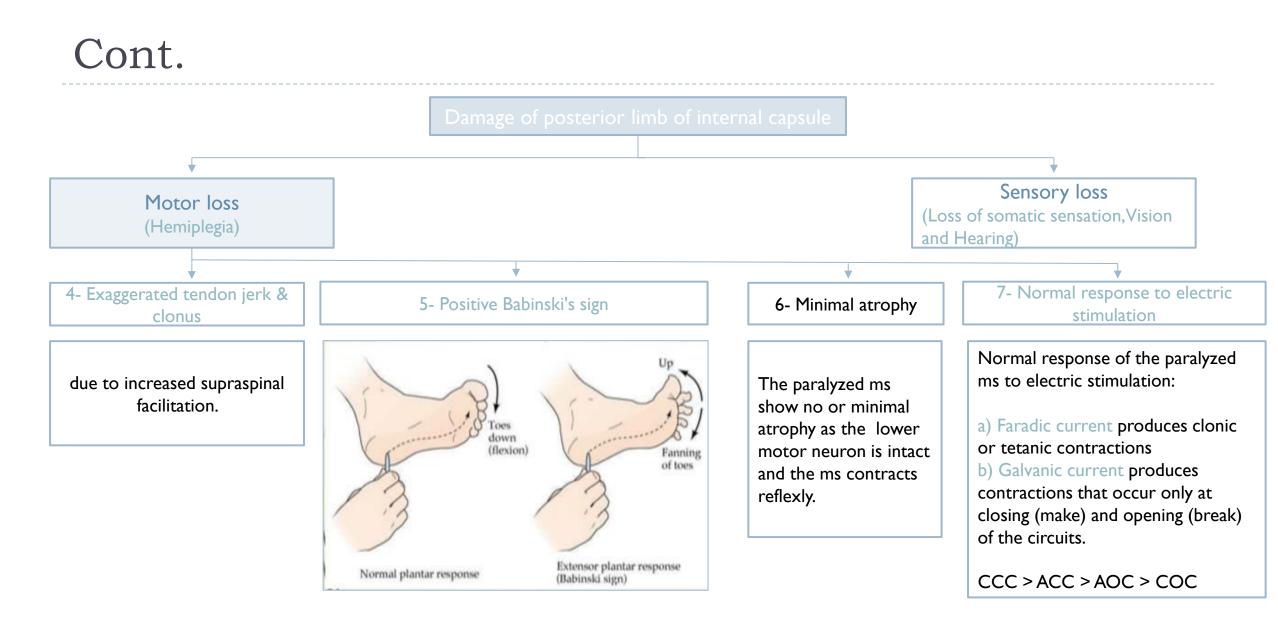
The main manifestations of this stage include:

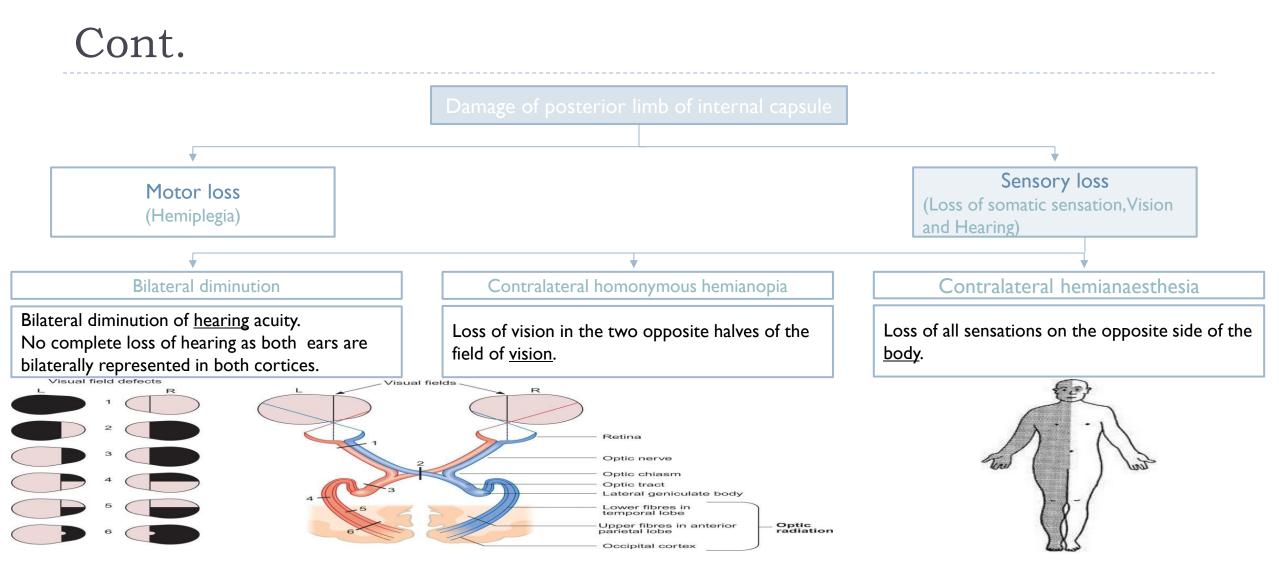
- Contralateral hemiplegia (paralysis of the opposite half of the body) of the UMNL type (partial recovery occurs after a variable period (possible walking), but the fine skilled movements are permanently lost).
- Permanent loss of fine sensations in the opposite side, but the crude sensations recover gradually.
- Contralateral homonymous hemianopia (loss of vision in the two corresponding haves of the visual fields opposite to side of lesion due to injury to optic radiation
- Injury of left optic radiation causes blindness of the right halves of visual field
- Diminished hearing power in both ears (by about 50 %), because of damage of auditory radiation.

Damage of posterior limb of internal capsule (UMNL)



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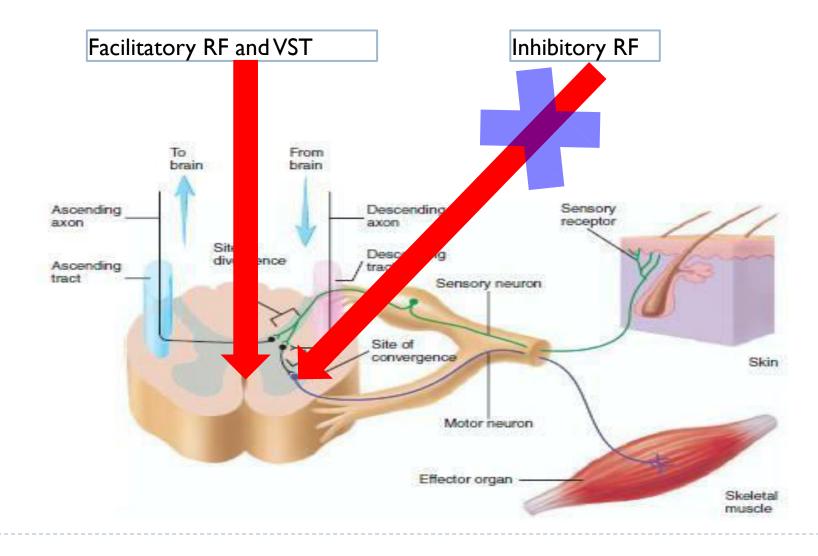


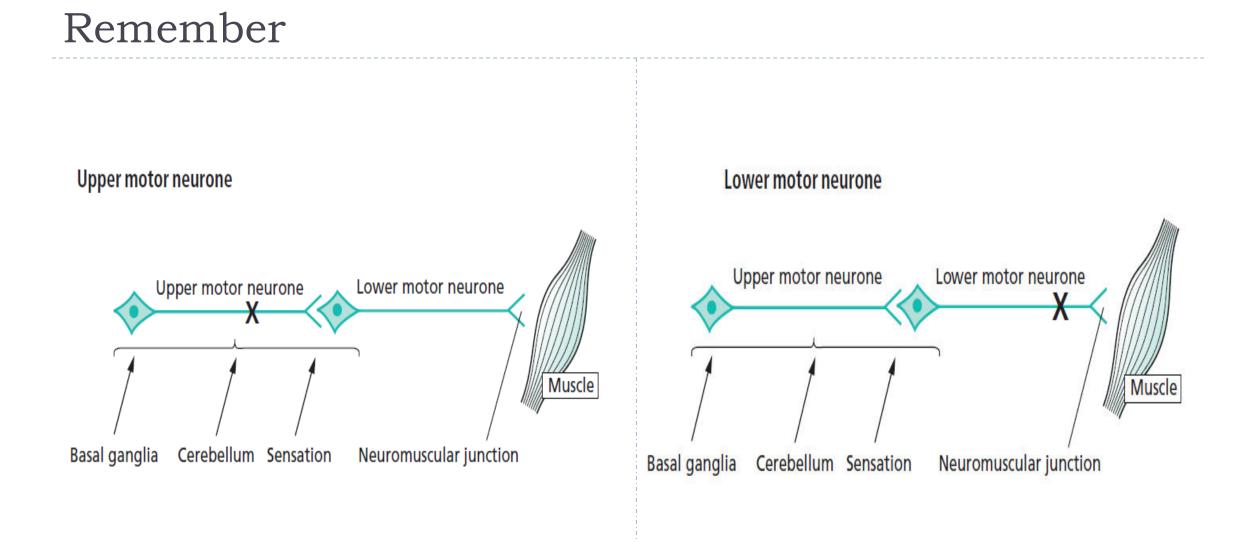


Important: Complex and overlapping function exist between Pyramidal and extra pyramidal systems for example while doing fine work like needle work (Pyramidal system) one has to subconsciously assume a particular posture of arms(extra pyramidal system) that enables to do your work

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Spasticity





Comparison

Contralateral monoparesis	A lesion situated peripherally in the cerebral hemisphere, i.e. involving part of the motor homunculus only, produces weakness of part of the contralateral side of the body, e.g. the contralateral leg. If the lesion also involves the adjacent sensory homunculus in the postcentral gyrus, there may be some sensory loss in the same part of the body.	
Contralateral hemiparesis	 Lesions situated deep in the cerebral hemisphere, in the region o the internal capsule, are much more likely to produce weakness of the whole of the contralateral side of the body, face, arm and leg Because of the funnelling of fibre pathways in the region of the internal capsule, such lesions commonly produce significan contralateral sensory loss(hemianaesthesia) and visual loss (homonymous hemianopia), in addition to the hemiparesis. 	

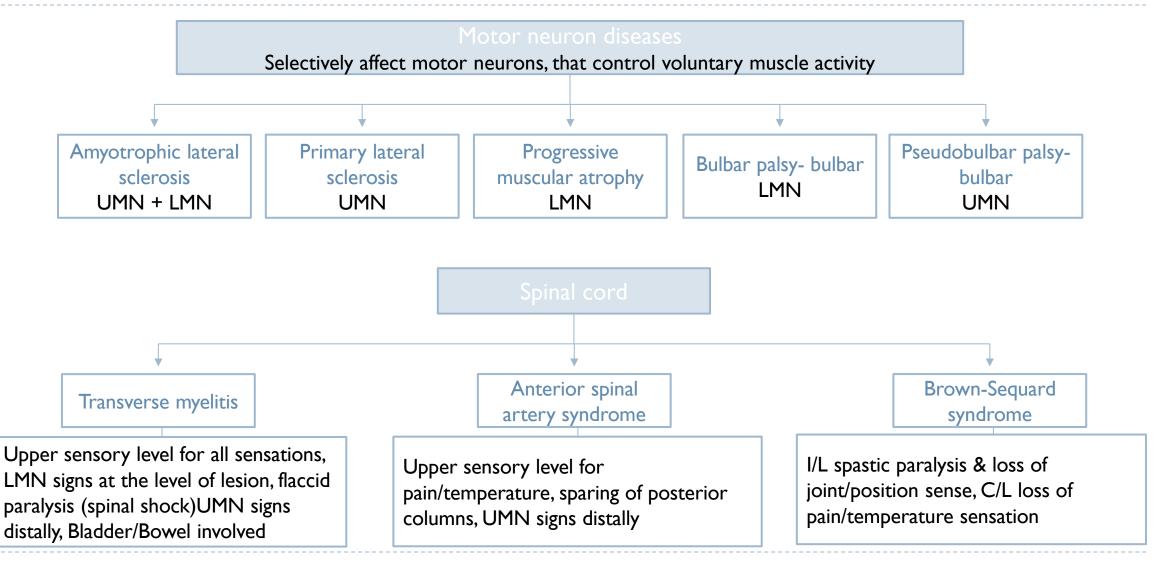
Ipsilateral hemiparesis A spinal cord lesion more u	A unilateral high cervical cord lesion will produce a hemiparesis similar to that which is caused by a contralateral cerebral hemisphere lesion, except that the face cannot be involved in the hemiparesis, vision will be normal, and the same dissociation of sensory loss (referred to above) may be found below the level of the lesion. sually causes upper motor neurone signs in both legs, often asymmet of the spinal cord equally	rically since the pathology rarely affects both sides
Paraparesis	Paraparesis, if the lesion is at or below the cervical portion of the spinal cord.	

lpsilateral monoparesis	A unilateral lesion in the spinal cord below the level of the neck produces upper motor neurone weakness in one leg. There maybe posterior column (position sense) sensory loss in the same leg, and spinothalamic (pain and temperature) sensory loss in the contralateral leg. This is known as dissociated sensory loss, and the whole picture is sometimes referred to as the Brown- Séquard syndrome.	
Tetraparesis or quadriparesis	Tetraparesis or quadriparesis, if the lesion is in the upper cervical cord or brainstem.	

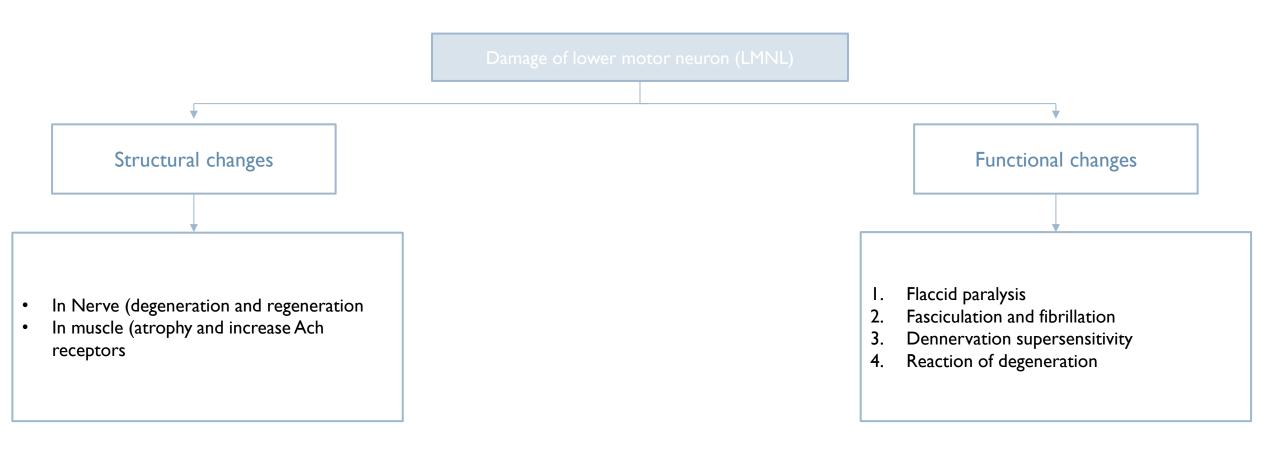
Generalized LMN weakness	Generalized LMN weakness may result from pathology affecting the LMNs throughout the spinal cord and brainstem, as in motor neuron disease or poliomyelitis. Generalized limb weakness (proximal and distal), trunk and bulbar weakness characterize this sort of LMN disorder.	
	Generalized LMN weakness may also result from widespread damage to the axons of the LMNs. This is the nature of peripheral neuropathy (also called polyneuropathy). The axons of the dorsal root sensory neurons are usually simultaneously involved. The LMN weakness and sensory loss tend to be most marked distally in the limbs.	

	LMN weakness may be confined to the distribution of one spinal	\frown
	root (above) or one individual peripheral nerve (below). In such	
	circumstances, the LMN signs are found only in the muscles	
LMN weakness of one	supplied by the particular nerve root or peripheral nerve in	
	question. Almost always there is sensory impairment in the area	
spinal root	supplied by the nerve or nerve root. Examples of such lesions	
	are an SI nerve root syndrome caused by a prolapsed	
	intervertebral disc, or a common peroneal nerve palsy caused	
	by pressure in the region of the neck of the fibula.	

Remember



Damage of lower motor neuron (LMNL)



Cont. Functional changes

Flaccid paralysis:

- Paralysis of denervated ms with loss of all types of movements, "voluntary, postural and reflex".
- All reflexes are lost including stretch reflex resulting in loss of ms tone and tendon jerk (flaccidity).
- > The extent of paralysis is usually limited to a small group of ms.

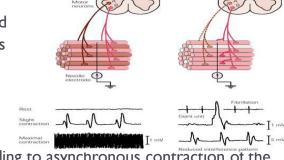
Fasiculations and fibrillations:

- Appears few days or weeks after denervation.
- Disappear when the motor nerve completely degenerates or successful re-innervation of the ms occurs.
- Fasiculations:
 - Synchronous visible contraction of the motor unit (all ms fibers)
 supplied by the injured axon.
 - Result from spontaneous generation of action potential (injury potentials) in distal segment of the injured axon.

Fibrillations:

As degeneration of the injured axon continues, the axon terminals are now separate from the main axon and hence, from each other.

Injury potentials are still



generated along the terminals leading to asynchronous contraction of the individual ms fibers attached to terminals.

 Invisible to the observer and detected only by EMG (Electromyogram).

Denervation supersensitivity:

- Denervated ms becomes supersensitive to acetylcholine.
- This is due to increase in the number of A.Ch. receptors which cover the entire surface of ms cell membrane.

Transection of spinal cord Complete Hemisection transection > The effects of complete transection of the spinal cord (e.g. tumor or trauma) vary according to the level of transection. In the upper cervical region immediate death follows, due to paralysis of all respiratory muscles Quadriplegia In lower cervical region below C5 A. Spinal shock (2-(paralysis in 4 limbs, A) 6 weeks In the thoracic Paraplegia B. Recovery of (paralysis in both Lower limbs, b) reflex activity region C. Paraplegia in Β extensors Voluntary movements and sensations are permanently lost.

Paraplegia Stages Paraplegia Stages A. Spinal shock (2-6 weeks) B. Recovery of reflex activity C. Paraplegia in extensors

- Ioss of sensations accompanied by motor paralysis with initial loss but gradual recovery of reflexes Immediately following transection there is:
- Paralysis of all muscles below the lesion.
- Loss of reflexes and loss of tone (flaccidity).
- Loss of all sensations (anaesthesia) and voluntary movements below the level of the lesion due to interruption of all sensory and motor tracts.
- Loss of muscle tone (flaccidity), and vasomotor tone (vasodilation) leading to fall in blood pressure.
- Bladder urinary retention with overflow due to paralysis of the wall of the urinary bladder.
- Cause of spinal shock:

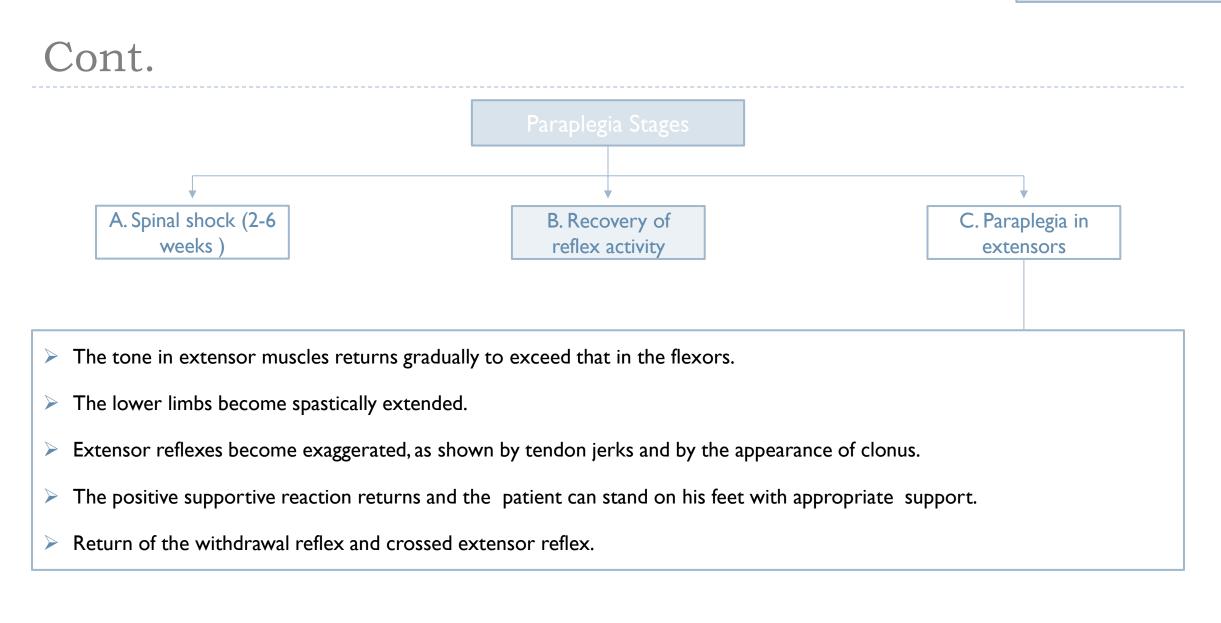
sudden withdrawal of supraspinal facilitation on the spinal alpha motor neurons i.e loss of continual tonic discharge transmitted along the excitatory pontine reticulospinal, vestibulospinal and corticospinal tracts.

Cont. Paraplegia Stages A. Spinal shock (2-6 weeks) B. Recovery of reflex activity C. Paraplegia in extensors

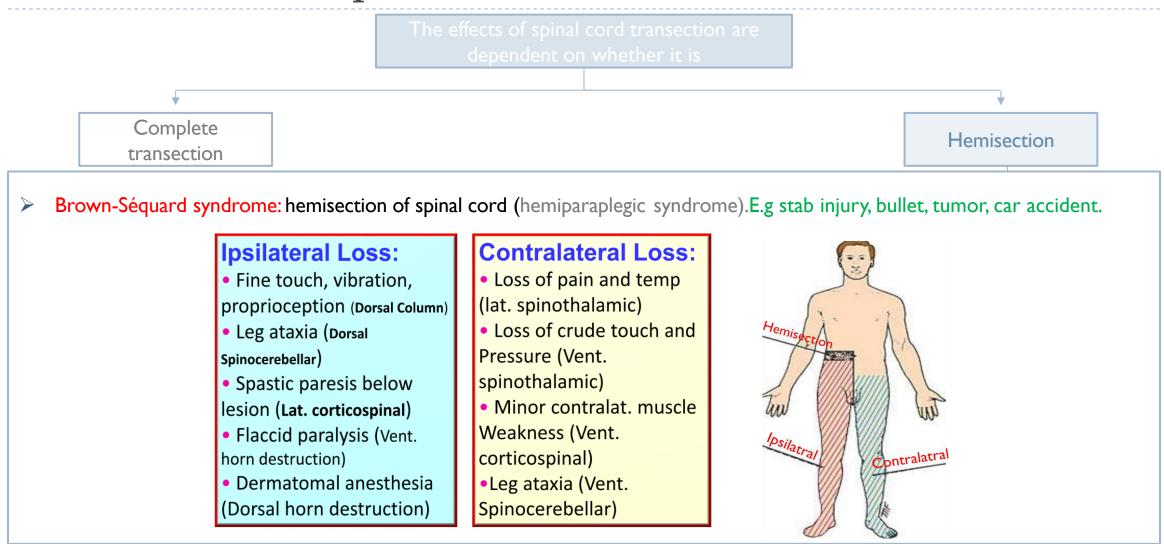
- As the spinal shock ends, spinal reflex activity returns.
- The partial recovery may be due:
- Increased excitability of the spinal cord neurons presumably to compensate for the loss of supraspinal facilitatory influences.
- Disinhibition of motor neurons as a result of absence of inhibitory impulses from higher motor centers.
- Hypersensitivity to excitatory neurotransmitters.

Features of this stage:

- Gradual rise of arterial blood pressure due to return of spinal vasomotor activity in the lateral horn cells.
- Exaggerated tendon reflexes and spasticity.
- Return of visceral reflexes (micturition & defecation).
- > Mass reflex: a minor painful stimulus to the skin of the lower limbs causes:
- o Withdrawal and evoke other autonomic reflexes (bladder and rectum emptying, sweating, blood pressure rise through spread of excitation (by irradiation)
- Voluntary movements and sensations are permanently lost
- Human patients with complete transection never recover fully because effective regeneration never occurs in the human's CNS.



Transection of spinal cord



- Ipsilateral lower motor neuron paralysis in the segment of the lesion and muscular atrophy. These signs are caused by damage to the neurons on the anterior gray column and possibly by damage to the nerve roots of the same segment.
- Ipsilateral spastic paralysis below the level of the lesion.
 - An ipsilateral Babinski sign is present, and depending on the segment of the cord damaged, an ipsilateral loss of the superficial abdominal reflexes and cremasteric reflex occurs.
 - All these signs are due to loss of the corticospinal tracts on the side of the lesion. Spastic paralysis is produced by interruption of the descending tracts other than the corticospinal tracts.
- Ipsilateral band of cutaneous anesthesia in the segment of the lesion. This results from the destruction of the posterior root and its entrance into the spinal cord at the level of the lesion.

- Ipsilateral loss of tactile discrimination and of vibratory and proprioceptive sensations below the level of the lesion. These signs are caused b destruction of the ascending tracts in the posterior white column on the same side of the lesion.
- Contralateral loss of pain and temperature sensations below the level of the lesion. This is due to destruction of the crossed lateral spinothalamic tracts on the same side of the lesion.
 - Because the tracts cross obliquely, the sensory loss occurs two or three segments below the lesion distally.
- Contralateral but not complete loss of tactile sensation below the level of the lesion. This condition is brought about by destruction of the crossed anterior spinothalamic tracts on the side of the lesion. Here, again, because the tracts cross obliquely, the sensory impairment occurs two or three segments below the level of the lesion distally. The contralateral loss of tactile sense is incomplete because discriminative touch traveling in the ascending tracts in the contralateral posterior white column remains intact.

Comparison between bulbar and pseudobulbar palsy

Bulbar palsy	Psedobulbar palsy
B/L LMN defect of IX-XII cranial nerves	B/L UMN defect of IX-XII cranial nerves
Dysphagia (liquid>solid), nasal regurgitation, slurred speech	Dysphagia, dysarthria, emotional lability
Nasal speech, wasted tongue with fasciculation, absent gag reflex	Slow indistinct speech, spastic tongue, brisk jaw jerk Frontal release signs

Cauda equina and conus medullaris lesions

Conus medullaris	cauda equina	
B/L saddle anaesthesia	asymmetric leg weakness and sensory loss	Cord
Prominent bowel, bladder symptoms, impotence	Relative sparing of bowelbladder function	Conus medularis
Bulbocavernous (S2-s4) and anal reflexes (s4-s5) are absent	Variable areflexia in lower extremities	Cauda equina
Muscle strength largely preserved	Low back and radicular pain	2/1S

Extramedullary and intramedullary syndromes

	Intramedullary lesion
 radicular pain is often prominent there is early sacral sensory loss (lateral spinothalamic tract) spastic weakness in the legs (corticospinal tract) due to the superficial location of leg fibers in the corticospinal tract Early UMN signs 	 Tend to produce poorly localized burning pain rather than radicular pain Spare sensation in the perineal and sacral areas ("sacral sparing"), reflecting the laminated configuration of the spinothalamic tract with sacral fibers outermost; corticospinal tract signs appear later. Late UMN signs

Thank you!

اعمل لترسم بسمة، اعمل لتمسح دمعة، اعمل و أنت تعلم أن الله لا يضيع أجر من أحسن عملا.

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References: Females' and Males' slides. Guyton and Hall Textbook of Medical Physiology (Thirteenth Edition.)		QUIZ

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References: