

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Female Perineum and External Genitalia

By :

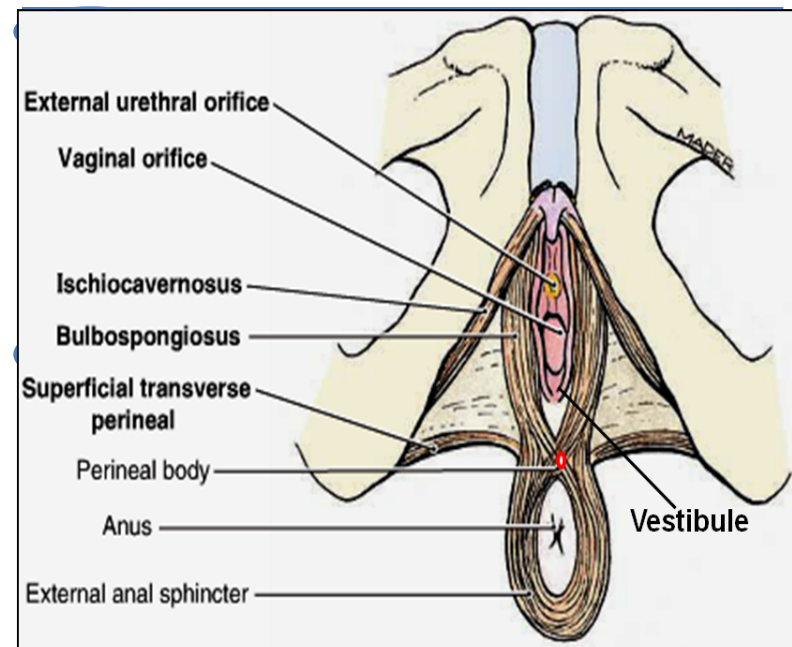
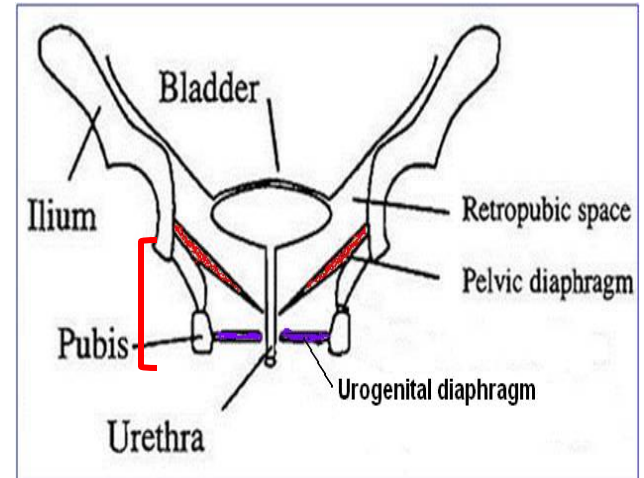
Associate Prof. Sanaa Alshaarawy &

OBJECTIVES

- ***At the end of the lecture, the student should be able to describe the:***
- ***Boundaries of the perineum.***
- ***Division of perineum into two triangles.***
- ***Boundaries & Contents of anal & urogenital triangles.***
- ***Lower part of Anal canal.***
- ***Boundaries & contents of Ischiorectal fossa.***
- ***Innervation, Blood supply and lymphatic drainage of perineum.***

Perineum

- Perineum is the **region of the body below the pelvic diaphragm** (The outlet of the pelvis)
- It is a **diamond shaped area between the thighs**
- **Boundaries:**
 - Anteriorly **Mons pubis**
 - Laterally **Medial surfaces of the thighs**
 - Posteriorly **Intergluteal folds**
- **Contents:**
 - Lower ends of **urethra, vagina & anal canal**
 - **External genitalia**
 - **Perineal body & Anococcygeal body**

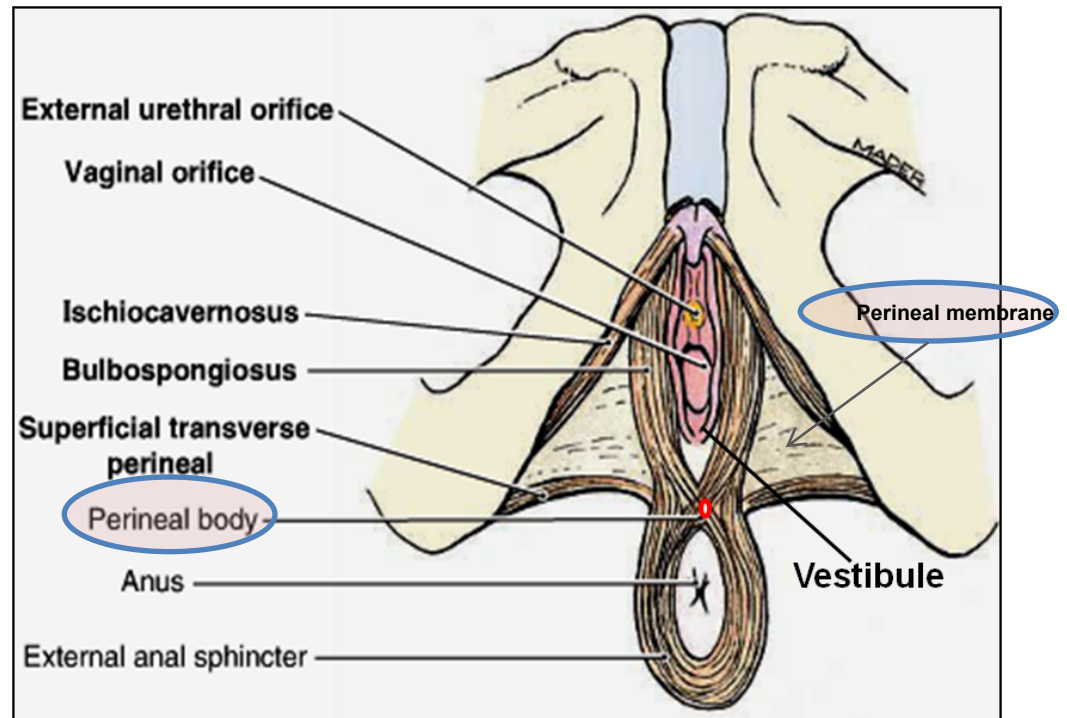


Perineal Body

- Perineal body is an irregular **fibromuscular mass** of variable size and consistency, **located at** midpoint of the line **between the ischial tuberosities**
- **Lies in** the **subcutaneous tissue**, **posterior to vaginal vestibule** and **anterior to the anal canal & anus**
- Forms the **central point of the perineum** & **blends** anteriorly **with the perineal membrane**

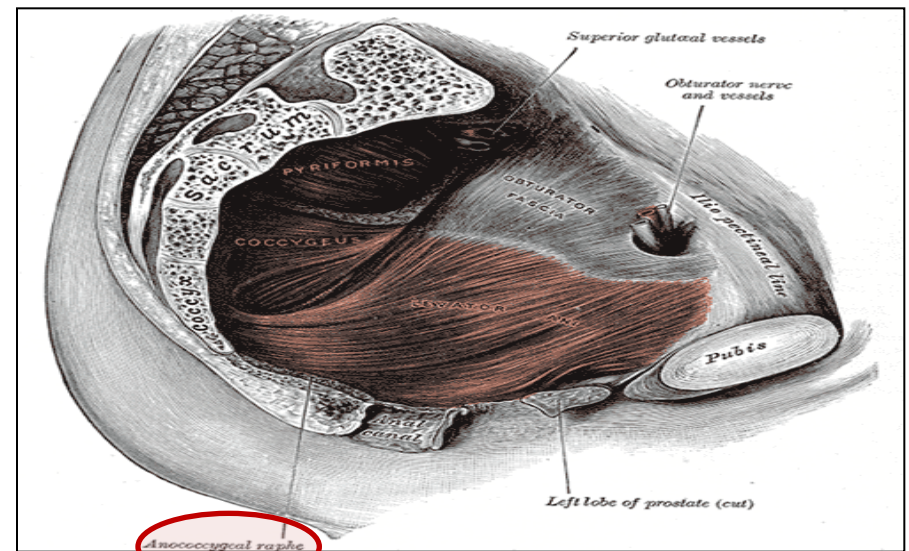
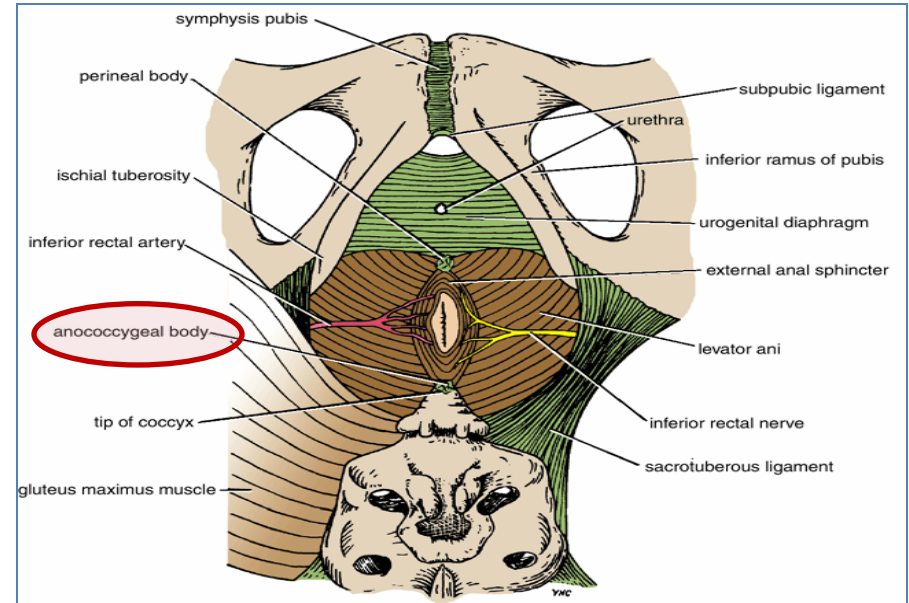
Function:

- Gives **attachment to perineal muscles**
- Plays an important role in **visceral support** especially **in female**



Anococcygeal Body

- The anococcygeal body is a complex **musculotendinous structure**
- **Situated** in the floor of **pelvis** between the **coccyx** and the **posterior wall of the anal canal**
- **Receives** **insertion** of fibers of **levator ani** muscle



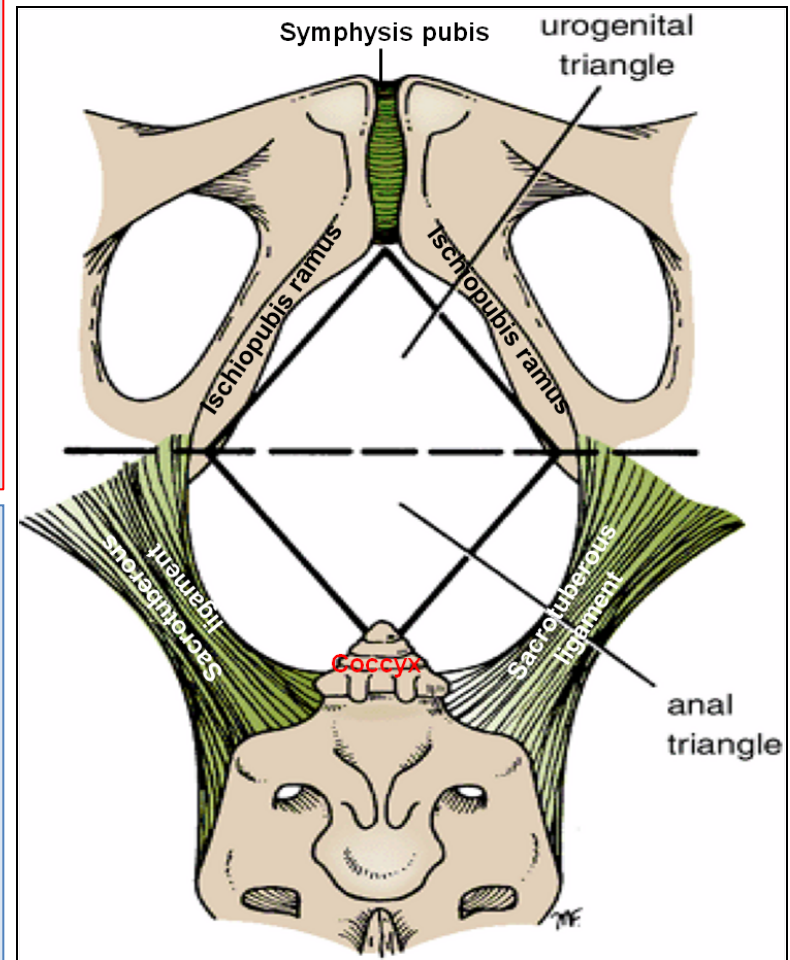
Boundaries & Division of Perineum

Boundaries:

- **Its bony boundaries are:**
 - **Anterior:** Symphysis pubis.
 - **Posterior:** Coccyx.
 - **Lateral:** Ischiopubic rami, ischial tuberosities & sacrotuberous ligaments.

Division:

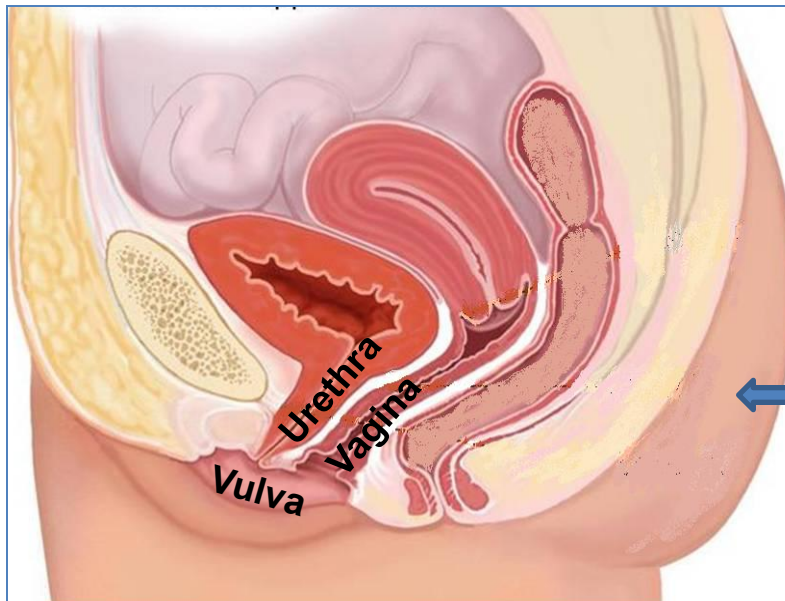
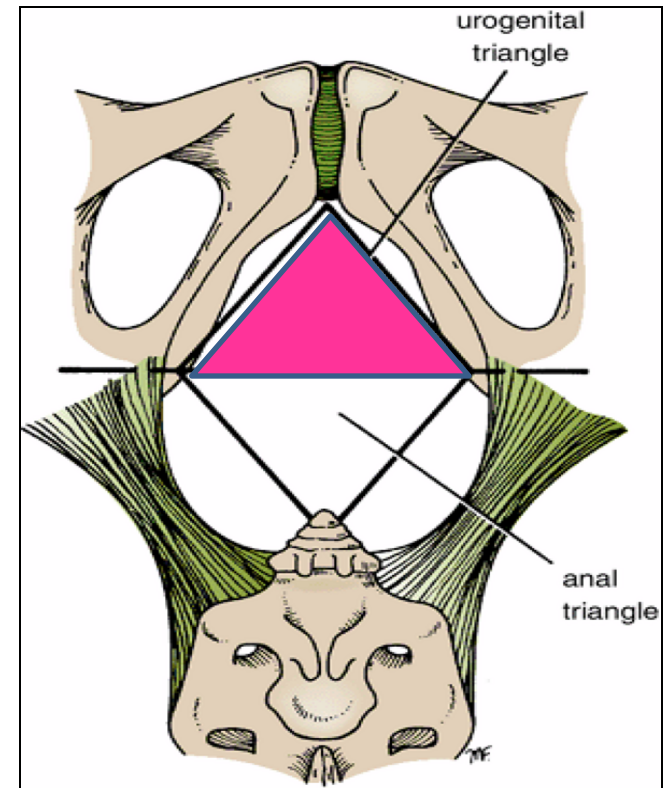
- By an imaginary line passing through **two ischial tuberosities**, it is divided into:
 - **Urogenital triangle** anteriorly.
 - **Anal triangle** posteriorly.



Urogenital Triangle

Boundaries :

- Anteriorly : **Symphysis pubis**
- Posteriorly : **Transverse line** passing through the 2 ischial tuberosities.
- Laterally : **Ischiopubic rami** & **ischial tuberosities**.

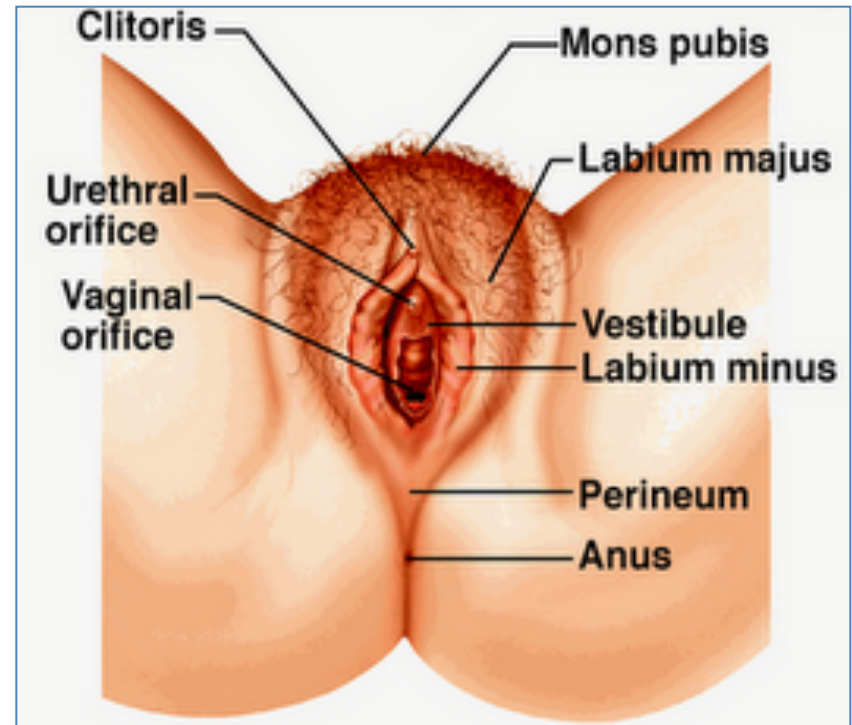


Contents :

- Lower parts of **urethra** & **vagina**.
- **External genitalia (vulva)**.

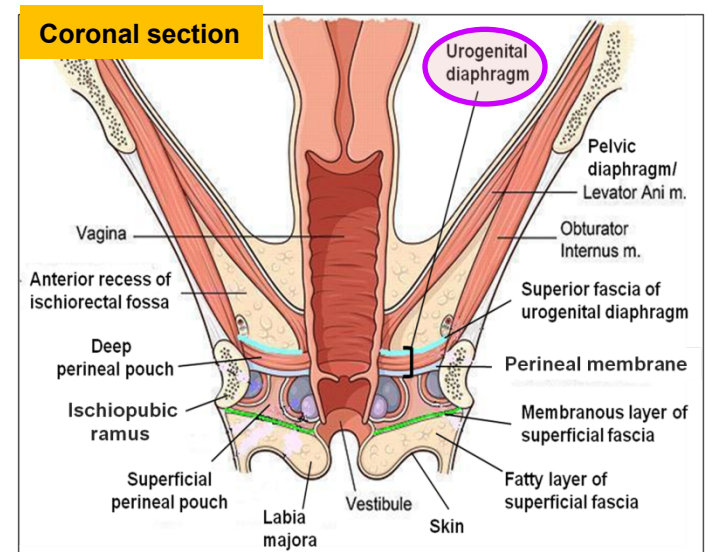
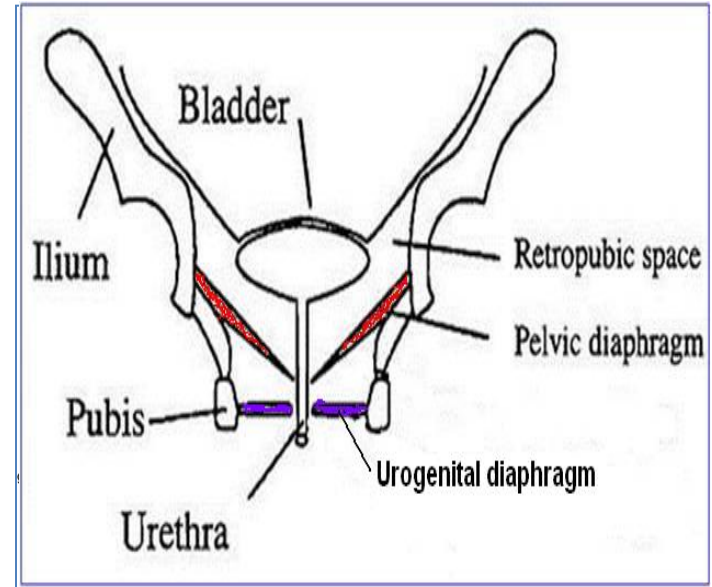
Female External Genitalia (Vulva)

- **Mons pubis** : a collection of fat overlying the pubes.
- **Labia majora.**
- **Labia minora.**
- **Clitoris.**
- **Vestibule of vagina:** The interval between the two labia minora.
- Vagina & urethra **open into the vestibule** through **urethral orifice** anteriorly and **vaginal orifice** posteriorly.



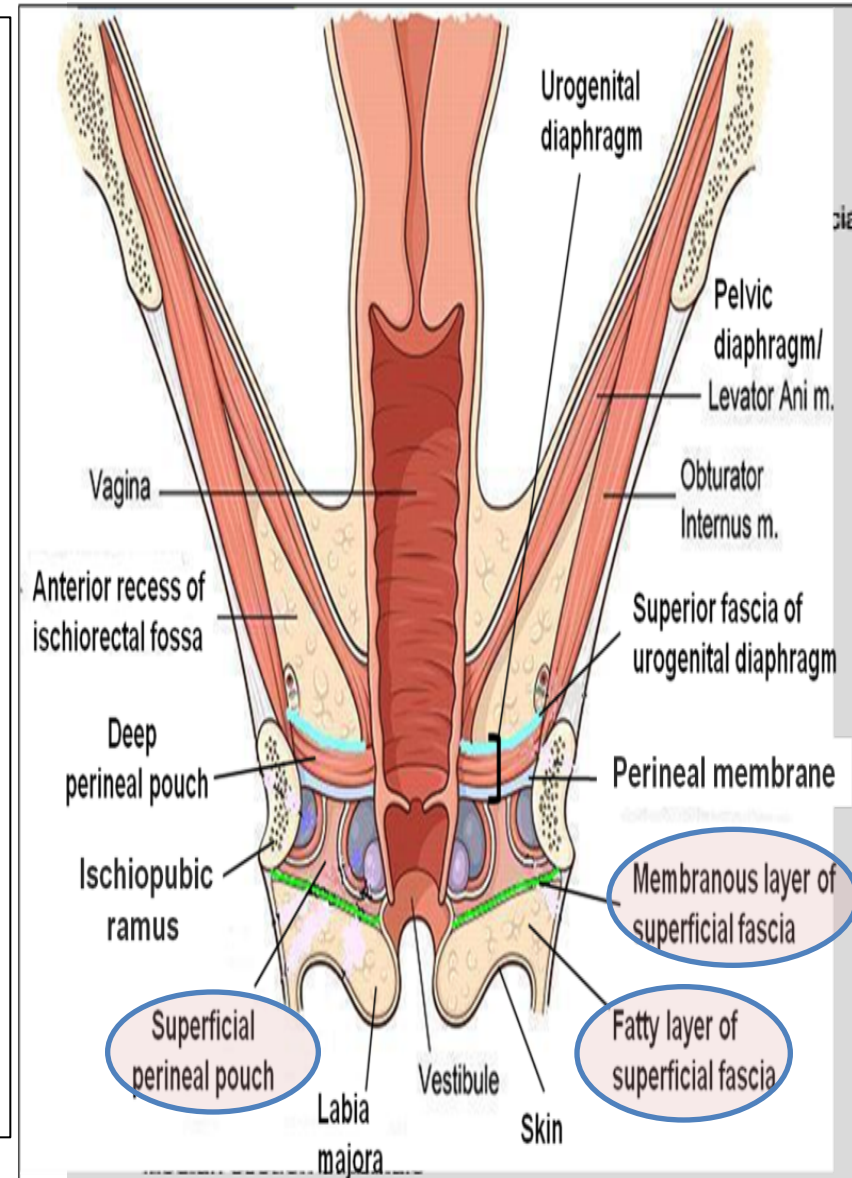
Urogenital Diaphragm

- A **triangular musculofascial diaphragm** located in the anterior part of the **perineum** (in the urogenital triangle).
- Fills in the gap **between** the **pubic arch**.
- Composed of: **Sphincter urethrae** and the **deep transverse perineal muscle** enclosed within the **superior** and **inferior layers** of **fascia of the urogenital diaphragm**
- The **inferior layer** of the fascia is formed by the **perineal membrane**



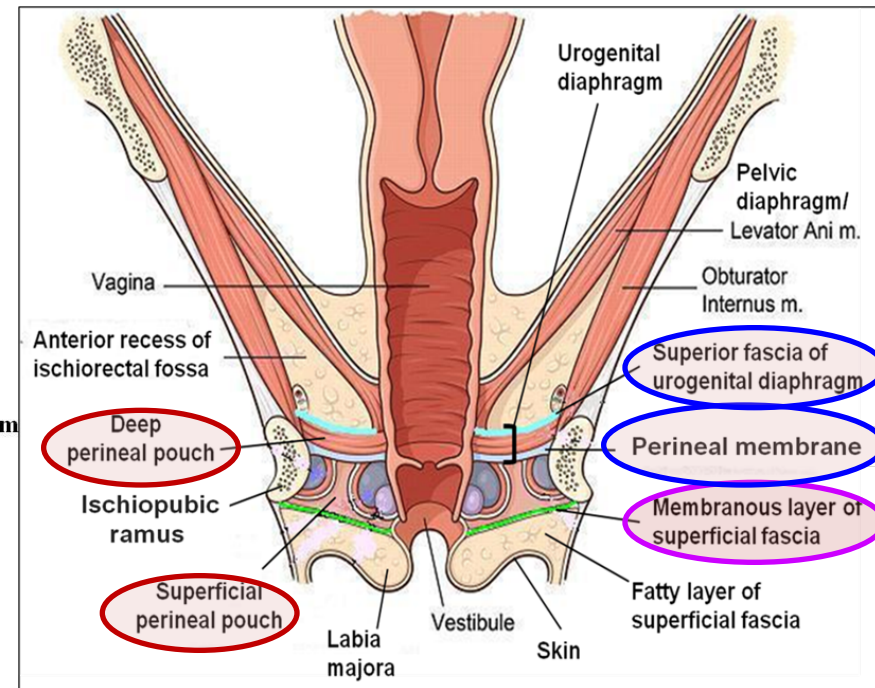
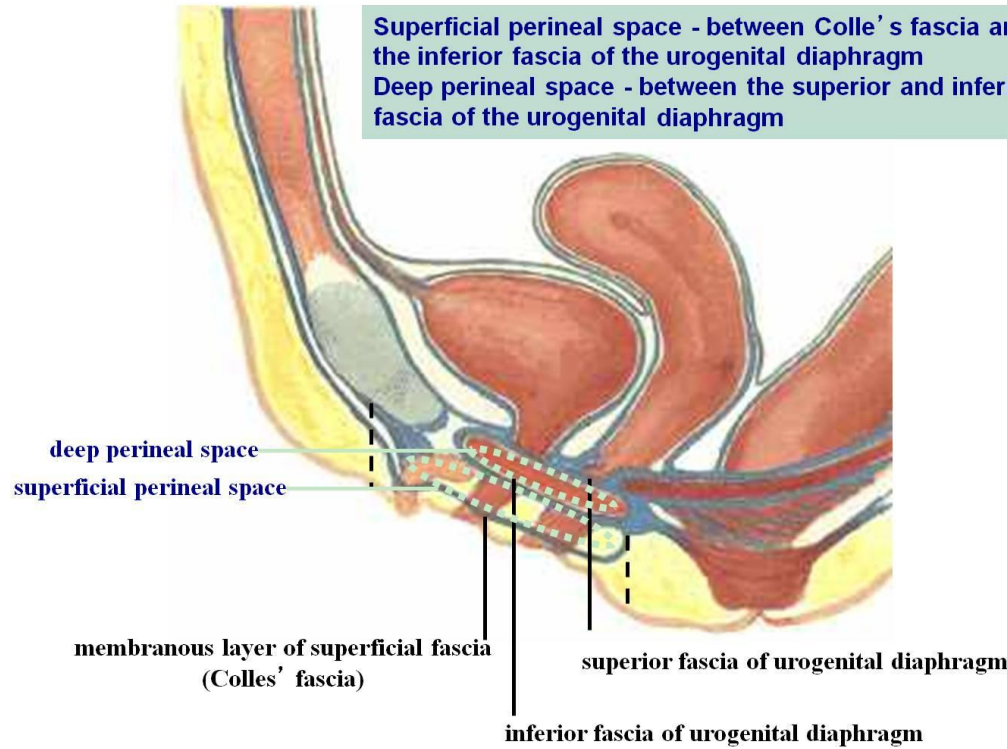
Fascia of Urogenital Triangle (Perineal Fascia)

- The **perineal fascia** is continuous anteriorly with the fascia of abdomen and consists of **superficial** and **deep** layers
- **Superficial perineal fascia:** consists of:
 - **Superficial fatty layer** (Camper's fascia) **makes up** the substance of **mons pubis & labia majora** and **extends** into the **anal region**
 - **Deep membranous layer (Colle's fascia):** Does **not extend** to **anal region**. Becomes **fused with** the posterior margin of the **perineal membrane**
- **Deep perineal fascia** invests the muscles in the **superficial perineal pouch**.



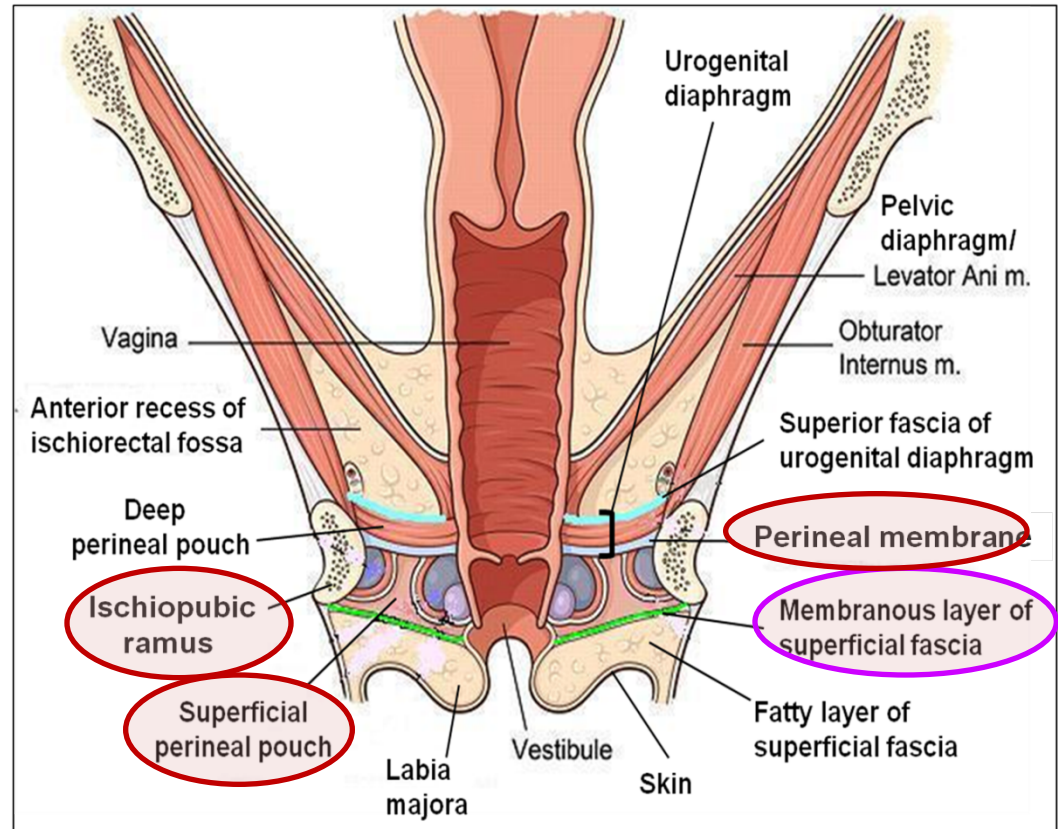
Perineal Pouches

Superficial perineal space - between Colle's fascia and the inferior fascia of the urogenital diaphragm
 Deep perineal space - between the superior and inferior fascia of the urogenital diaphragm



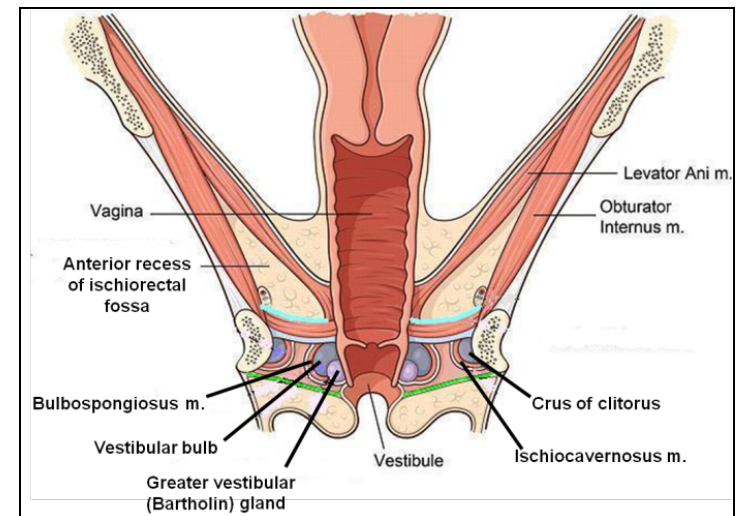
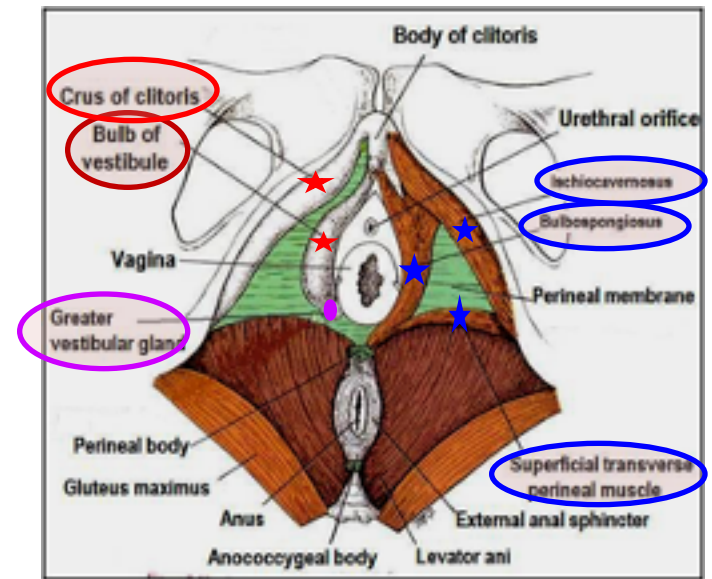
Superficial Perineal Pouch

- It is the **space between** the **deep membranous layer** of **superficial fascia** of perineum (**Colle's fascia**) and the **perineal membrane**.
- **BOUNDARIES:**
 - **Superiorly:** perineal membrane.
 - **Inferiorly:** membranous layer of superficial fascia.
 - **Laterally:** ischiopubic rami.



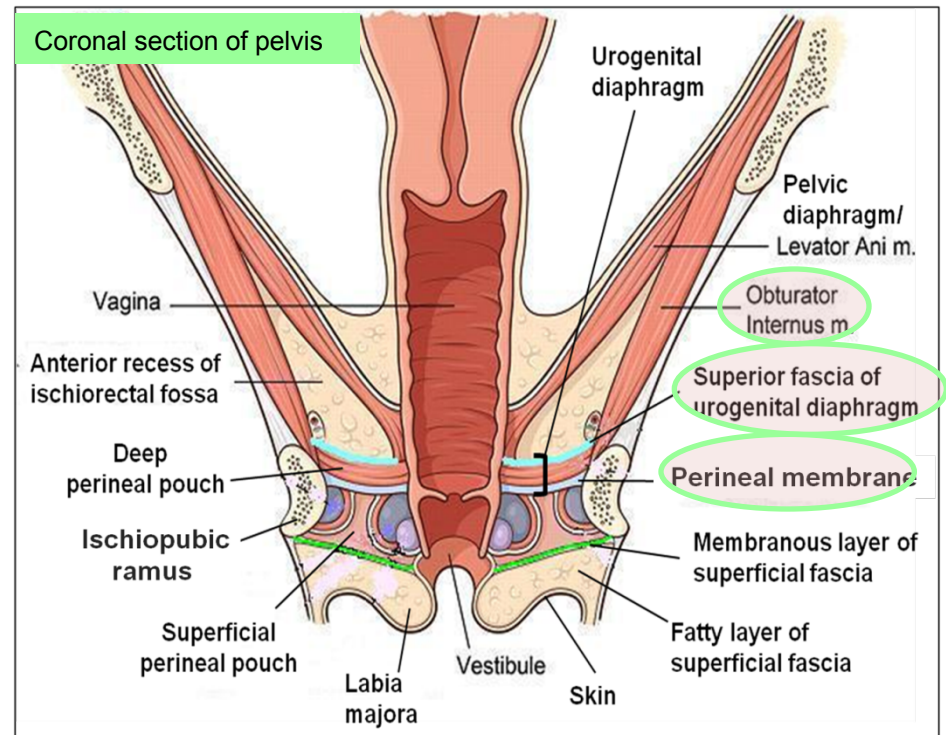
Contents of Superficial Perineal Pouch

- **Bulbs of vestibule:** on each side of vaginal orifice.
- **Crura of clitoris.**
- **Superficial perineal muscles:**
 - Bulbospongiosus muscle, surrounds orifice of vagina and **covers** vestibular bulb.
 - Ischiocavernosus muscle, **covers** crus of clitoris on each side.
 - Superficial transverse perineal muscles.
- **Greater vestibular glands:** on each side of vaginal orifice.
- **Perineal branch of pudendal nerve** supplying **muscles & skin.**



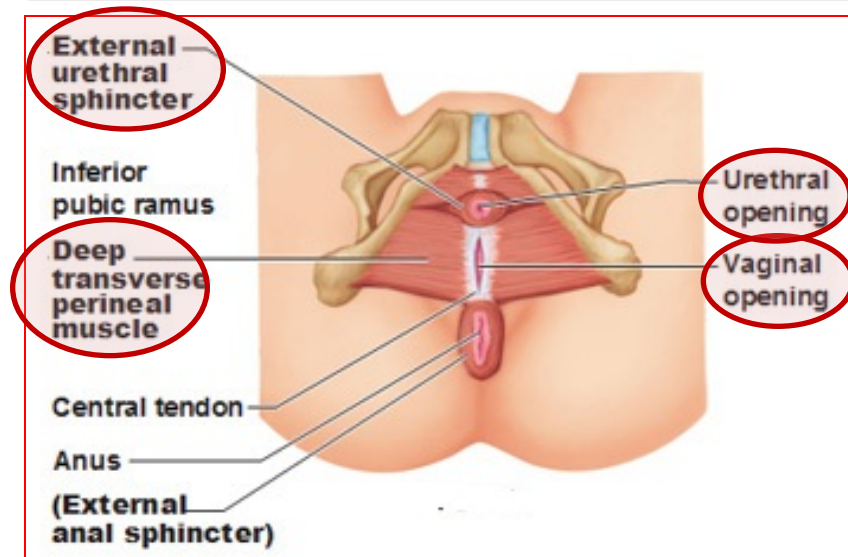
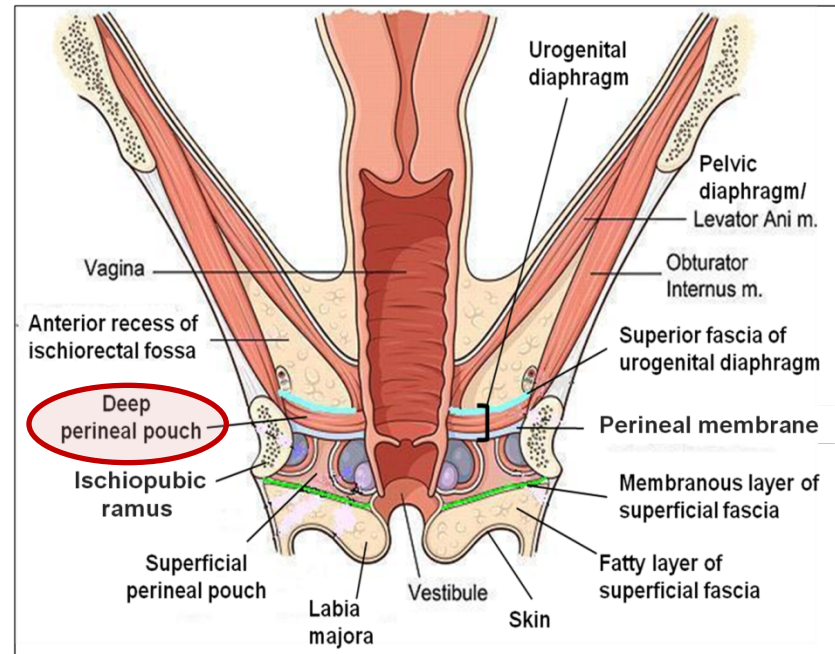
Deep Perineal Pouch

- It is a **completely closed space deep to the perineal membrane**
- **BOUNDARIES:**
 - **Superiorly:** Superior fascia of the **urogenital diaphragm**.
 - **Inferiorly:** Inferior fascia of the **urogenital diaphragm** (**Perineal membrane**)
 - **Laterally:** Inferior portion of **obturator internus fascia**.



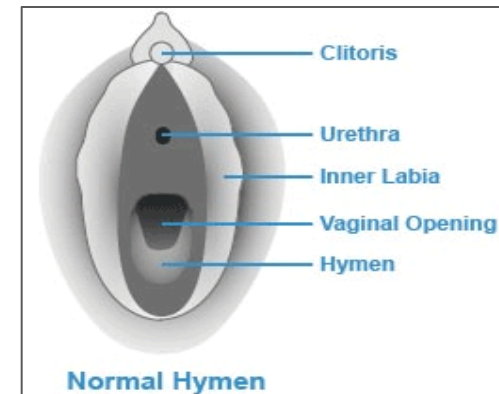
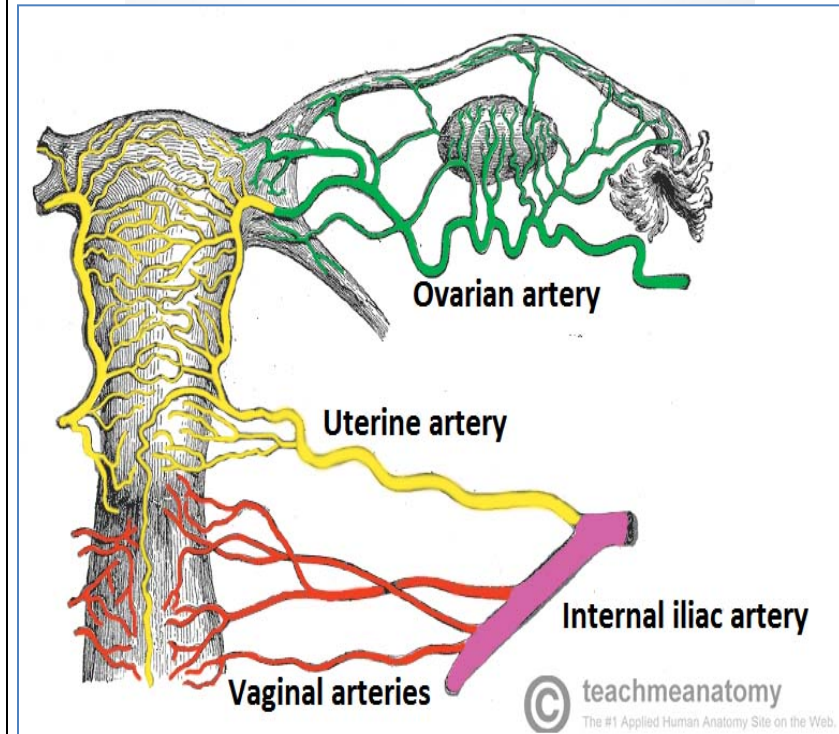
Contents of Deep Perineal Pouch

- Lower Part of **urethra**.
- Lower Part of **vagina**
- **Sphincter urethrae and Sphincter vaginae muscles**, which is pierced by urethra & vagina.
- **Deep transverse perineal muscles**
- **Internal pudendal vessels.**
- **Dorsal nerve of clitoris (branch of Pudendal N.).**



Vagina

- **The vagina** is a **muscular canal** that extends **from the uterus to the external orifice** of the **genital canal**
- It measures about 3 in. (8 cm) long.
- It serves as the **excretory duct** for the **menstrual flow** & forms part of the **birth canal**.
- **The vaginal orifice** in a **virgin** possesses a **thin mucosal fold**, called the **hymen** and is perforated at its center. **It lies posterior** to the urethral orifice.
- **Arteries:**
 - **Vaginal arteries** , from the **internal iliac artery**
 - **Vaginal branch** of the **uterine artery**
- **Veins:** drain into the **internal iliac veins**.



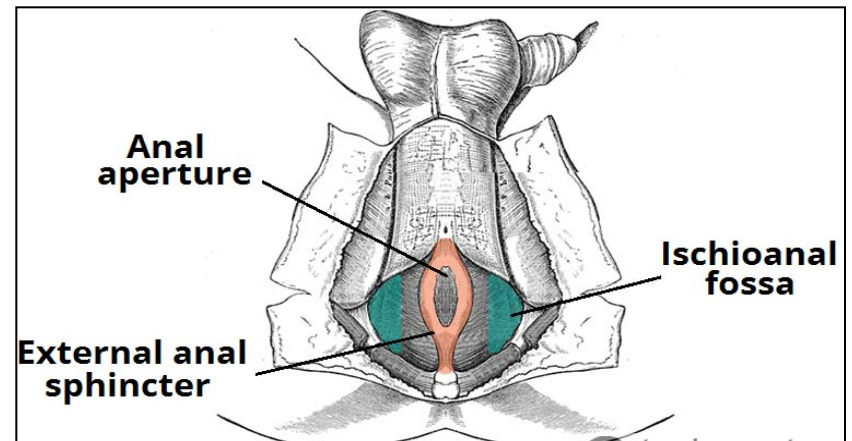
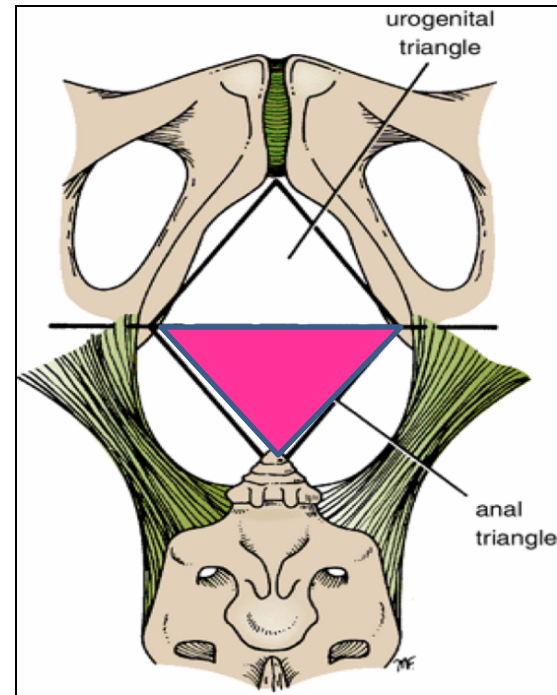
Anal Triangle

Boundaries:

- **Anteriorly:** Transverse line passing through the 2 ischial tuberosities.
- **Posteriorly :** **coccyx.**
- **Laterally :** **ischial tuberosity & sacrotuberous lig.**

Contents:

- **Lower part of Anal canal**
- **Ano-coccygeal body**
- **Ischioanal fossa** on each side



Anal Canal

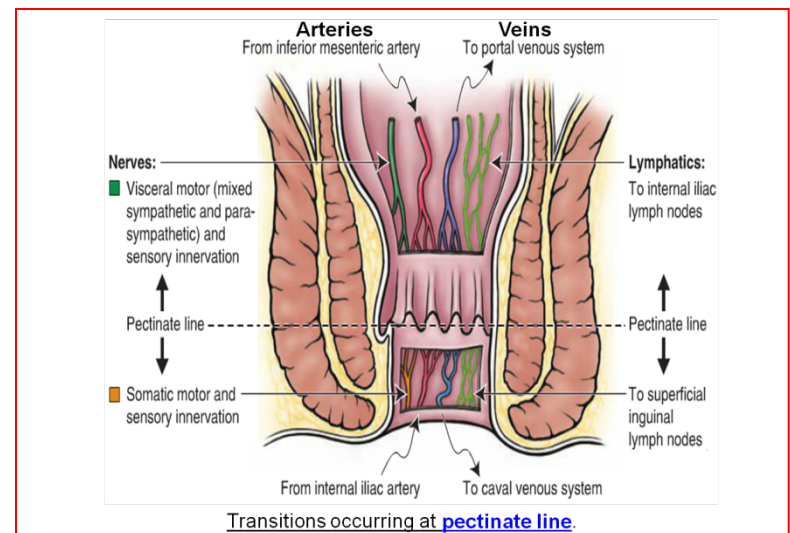
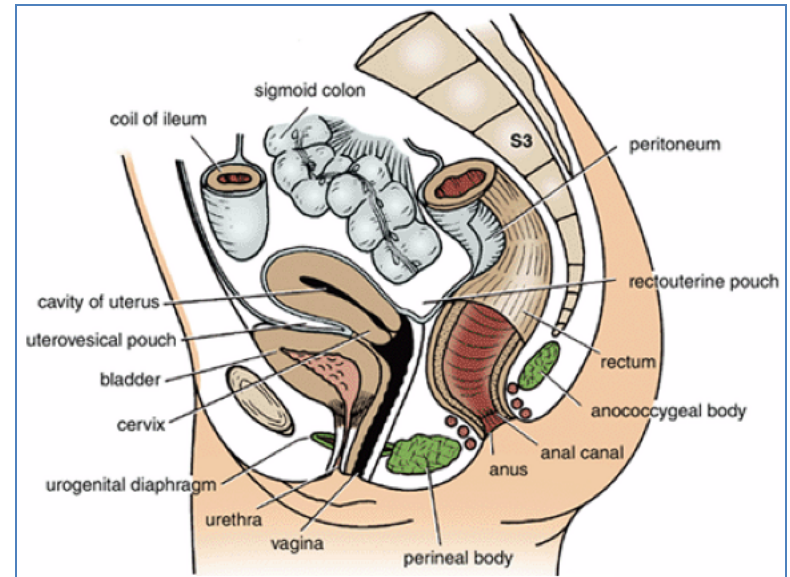
- It is about 1.5 in. long, descending from the **rectal ampulla** to the **anus**.

Relations (In female):

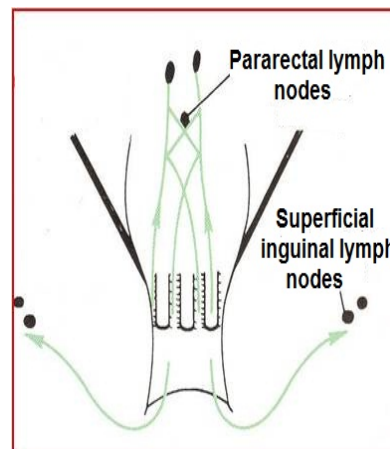
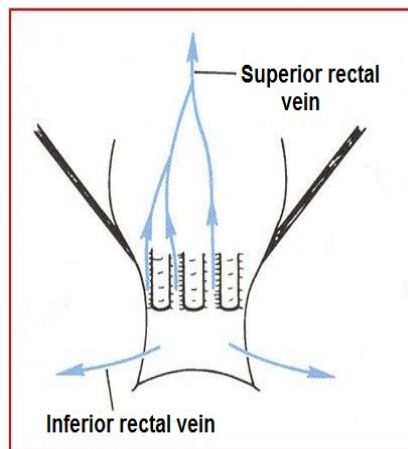
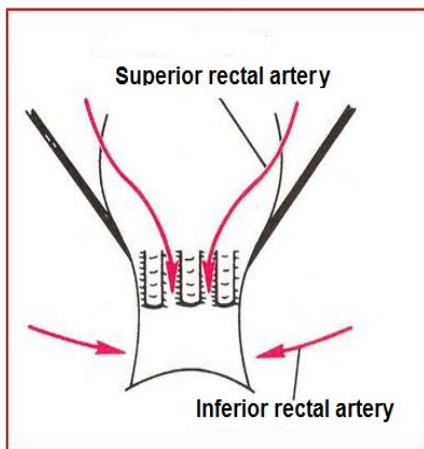
- **Anteriorly:** Perineal body, urogenital diaphragm & lower part of vagina
- **Posteriorly:** Anococcygeal body.
- **Laterally:** Ischiorectal fossae.

Division: Divided into:

- **Upper half:** derived from hindgut (**endoderm**)
 - **Lower half:** derived from the proctodeum (**ectoderm**)
- **The two parts have different blood supply, nerve supply and lymphatic drainage.**



Anal canal	Arterial supply	Venous drainage	Lymphatic drainage	Nerves
Upper half	Superior rectal artery (continuation of the inferior mesenteric artery)	Superior rectal vein drained into the inferior mesenteric vein (portal circulation).	Para-rectal nodes drained into inferior mesenteric & internal iliac lymph nodes	(sensitive to stretch) <u>Autonomic nerves</u> (Inferior Hypogastric Plexus) (sympathetic & parasympathetic).
Lower half	Inferior rectal a. (branch of internal pudendal artery)	Inferior rectal vein drained into the internal pudendal vein (Systemic circulation).	Superficial inguinal lymph nodes	(sensitive to pain) <u>Somatic nerves</u> - (Inferior rectal Ns. branches of pudendal N.) supplies external sphincter muscle of the anus and the skin of the anal region.



Ischiorectal Fossa

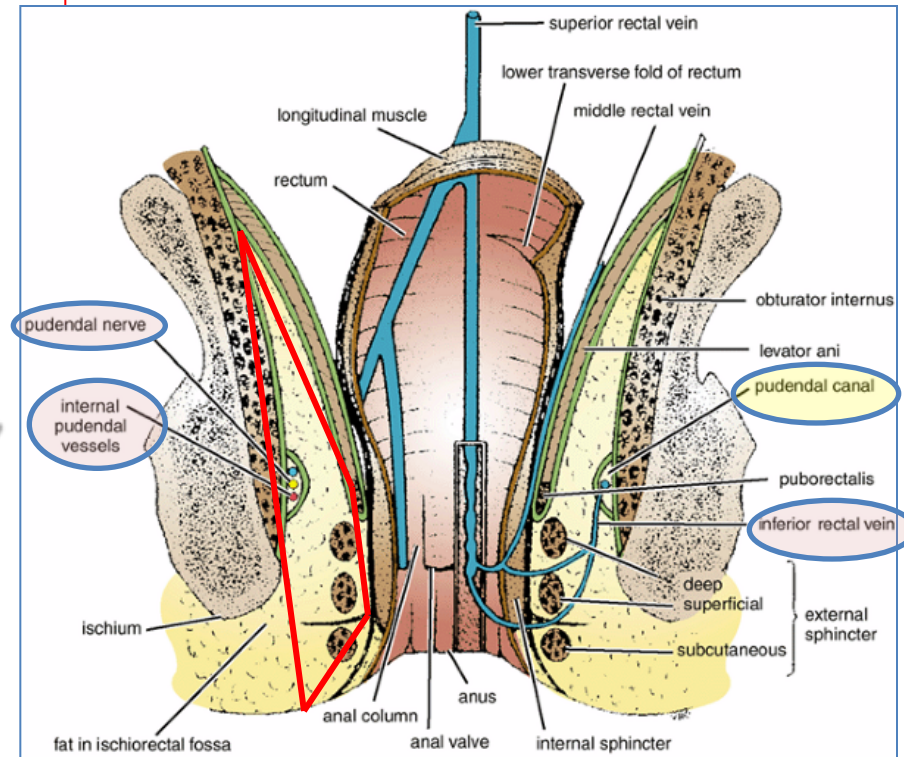
- A fascial lined wedge-shaped space on each side of the anal canal.

Boundaries:

- **Base:** Skin of the perineum.
- **Medial wall:** Levator ani & anal canal.
- **Lateral wall:** Obturator internus, covered with fascia.

Contents:

- Dense fat.
- **pudendal canal + its contents : Pudendal nerve & internal pudendal vessels.**
- **Inferior rectal nerve & vessels** crossing the fossa to reach anal canal.

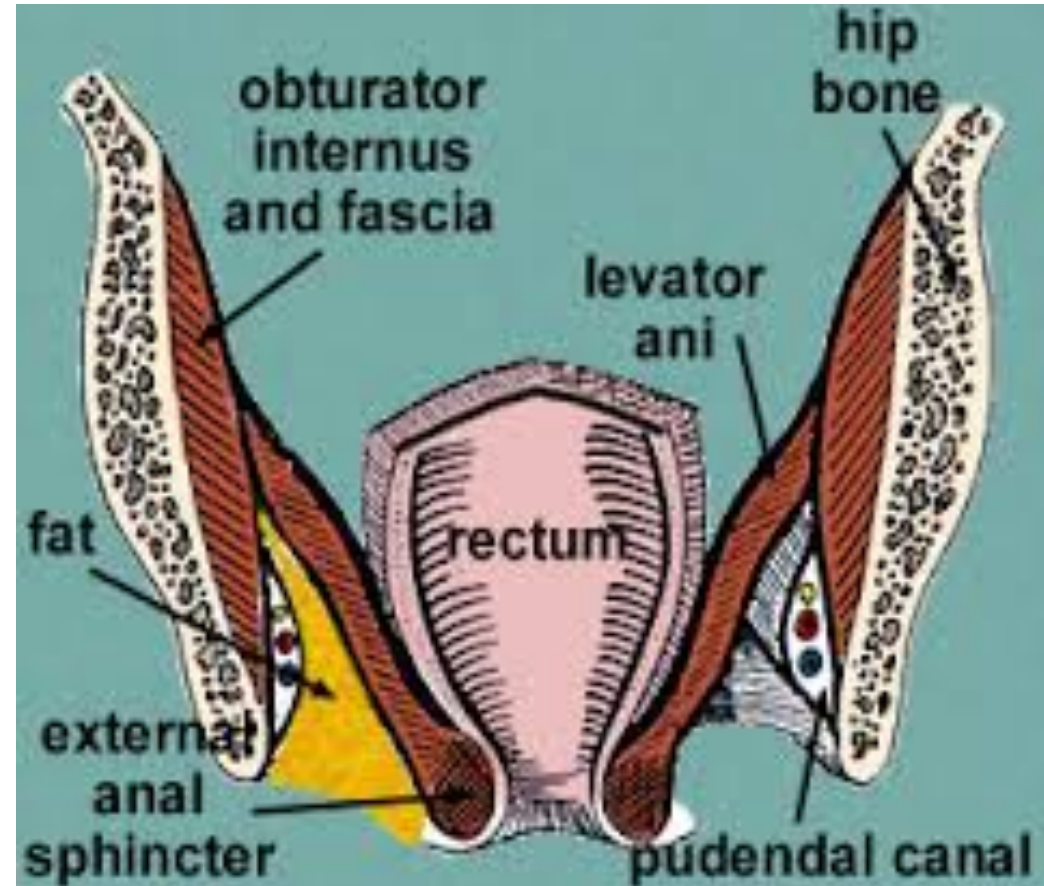


Pudendal Canal:

- A **fascial canal** formed by **obturator fascia**, located on the **lateral wall of the ischiorectal fossa**

Contents:

- **Pudendal nerve.**
- **Internal pudendal vessels.**



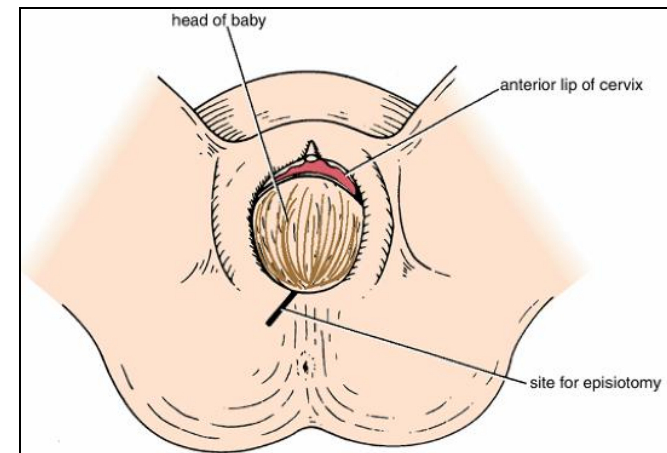
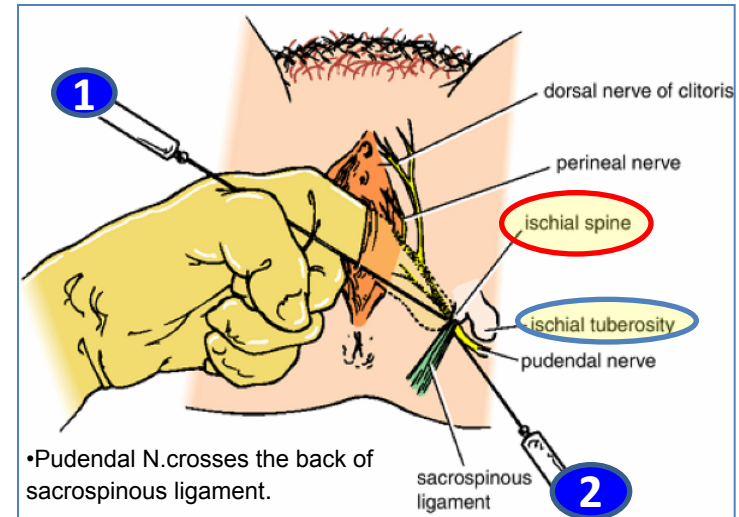
Pudendal Nerve Block

Pudendal nerve block is **used in providing analgesia** for the **second stage of labour** and to **provide anesthesia of the perineum** in order to create and repair an **episiotomy**. Can be done by **transvaginally or** through **perineal approach**.

1. Transvaginal method: The needle is passed **through the vaginal mucous membrane toward the ischial spine**. After the **needle is passed** through the **sacrospinous ligament**, the **anesthetic solution is injected around the pudendal nerve**

2. Perineal method: The **ischial tuberosity** is **palpated subcutaneously through the buttock**. The needle is inserted on the **medial side of the ischial tuberosity** to a depth of about 1 in. (2.5 cm) from the free surface of the tuberosity. **The anesthetic solution is injected around the pudendal nerve.**

An episiotomy is a surgically planned **incision on the perineum and the posterior vaginal wall during second stage of labor to prevent perineal tear.**



Thank You

&

Good Luck