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HERBS OF COMMERCE

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AMERICAN HERBAL PRODUCTS ASSOCIATION

HERBS OF COMMERCE

American Herbal Products Association
Standards Committee
Timothy Moley, Chairman

Edited by Steven Foster

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INTRODUCTION

In an effort to reduce nomenclatural problems in the herb trade, the American Herbal Products Association (AHPA) has proposed a compilation of common names "standardized" to botanical names. The root of the concept is that a single common name in trade should apply to only one botanical name.

The naming of plants has always presented problems for professional botanists and lay people alike. Common plant names can be ambiguous. A single species may have dozens of common names applied to it in a language. On the other hand, based on the most current taxonomic treatment, only one Latin binomial (scientific name) can validly apply to a plant. Scientific names are precise and internationally recognized.

Herbs in commerce are described predominantly by common names. FDA regulations (21CFR101.3) state that the common or usual name shall be used for labeling food products.

According to FDA regulations [21CFR Ch.1, Sec. 102.5(a) (4-1-87 ed.)]:

"The common or usual name of a food, which may be a coined term, shall accurately identify or describe in as simple and direct terms as possible, the basic nature of the food or its characterizing properties or ingredients. The name shall be uniform and may not be confusingly similar to the name of any other food that is not reasonably encompassed with the same name. Each class or subclass of food shall be given its own common or usual name that states, in clear terms, what it is in a way that distinguishes it from different foods."

A bewildering number of common names, as well as out-dated scientific names are applied to herbs in commerce. AHPA initiated the current project to reduce such ambiguities and confusion.

Names serves as reference points — a vehicle for distinguishing one entity from another. Given the fact that common names have never served to clearly distinguish one plant from another, it is necessary that all herbs sold be properly identified, and that the identity be correlated to Latin binomials, and that a method of determining compliance with appropriate standards of identity be implemented. This is at least a two phase task — first establishing widespread use of a uniform common name with a uniform Latin name.

The second aspect, a separate issue, involves developing a system of compliance of properly identified raw materials according to appropriate standards, presumably those set forth in a botanical codex. Such a work may some day be developed through the concerted efforts of scientists, the industry, and regulators. Adopting the use of a uniform common or trade name corresponding to a single Latin binomial in

product labeling, will go a long way to solving potential confusion and perhaps misuse of botanicals on the part of manufacturers and consumers.

BACKGROUND:

The concept of producing a single standard common name to correspond with a single Latin binomial of plants in commerce is not a new idea. Long ago the American Pharmaceutical Association had a Nomenclature Committee that dealt with standardized names of crude drugs. In 1978, the Standards Committee of the former Herb Trade Association initiated a list of current botanical names for use by the herb industry. The list was circulated to members of that organization, but never appeared in a final published form. The World Health Organization has developed a working list of "international botanical names" (IBN) for medicinal plants, included in the "Initial List of Medicinal Plants Widely Used Throughout the World" (Penso 1980). The Therapeutic Goods Administration of Australia has produced a working list of "Botanical and Common Names for Herb Substances," in order to conform to the requirements of Australian law. In essence, it will serve the same purpose as the AHPA "Herbs of Commerce" publication.

The reason for the use of a single standardized common name with a single Latin name is simple, and clearly stated in the preamble of the first edition of *Standardized Plants Names*, a 1923 publication of the American Joint Committee on Horticultural Nomenclature:

"To make buying easy by bringing about so far as practicable, the consistent use of a single standardized scientific name, and a single standardized common name for every tree, shrub, and plant in American commerce."

The American Joint Committee on Horticultural Nomenclature was formed in 1915 by committees of the American Association of Nurseryman and the Ornamental Grower's Association. By the time the second and last edition of *Standardized Plants Names* was published in 1942, the concept had been expanded to include the "wide fields of economic and social activity covered by plants and plant products." Special sections covered fiber crops, forestry, fruit crops, gums, pharmaceuticals, herb garden plants, spices and condiments, range and wildlife plants, etc.

Many organizations and contributors participated in the effort. A list of "Standardized Drug Plant Names," for example, was provided for the work by the Nomenclature Committee of the American Pharmaceutical Association. "Herb Garden Plant Names" were prepared by the Herbarium Committee of the Herb Society of America.

Many of the standardized common names proposed in the pages of the second edition of *Standardized Plant Names* have been relegated to the obscurity. *Echinacea angustifolia* has not become known as "Blacksampson Echinacea." Luffa, as the work suggested it should, has not become known as "Suakwa Vegetablesponge." Perhaps the effort was too massive, too broad in scope, to be of lasting use, given the malleability of botanical nomenclature. Over 90,000 separate plants and plant products (not including cross-indexing) appeared in the 1942 edition of *Standardized Plant Names*.

Kartesz and Thieret (1991) have published new guidelines for use and application of common names for vascular plants. The publication includes suggested guidelines for spelling, hyphenation, capitalization, and other elements of style and conven-

tion for the use of common names. These guidelines have been considered, and in many cases, applied to the "Herbs in Commerce" list.

The current project was initiated in 1988 by the Standards Committee of the American Herbal Products Association which circulated a list of "herbs in commerce" prepared by the AHPA Standards Committee Chairman, Timothy Moley. It consisted of those herbs and spices found in the Code of Federal Regulations Title 21 parts 172.5100, 182.10 and 182.20. Comments, additions, and corrections were submitted by AHPA members and incorporated into the list. The list was reviewed by Dr. Arthur O. Tucker (Delaware State College). Dr. Tucker corrected many nomenclatural problems and added additional species (including botanical and common names). Author citations to the binomials and scientific plant family names were also added. The list was again circulated to AHPA members and others in the herb trade for further comments and additions. Those comments, corrections, and additions, along with more species, many more synonyms, and other details were added to the text by Steven Foster. That draft was given the working title "AHPA Herbs of Commerce —Working Draft Version 3," and was again circulated for comment, corrections and additions to AHPA members, and others in the herb industry, as well as the five-member Scientific Advisory Panel. This resulted in hundreds of changes, questions, corrections, and additions, which are incorporated into the current version.

REVIEW PANEL

The Review Panel members were selected for their expertise and impartiality. In its current form, the list will be circulated to the Review Panel as well as AHPA members, and other scientists or persons involved in the herb trade. Comments and proposed changes or additions will be collected by the AHPA Standards Committee, collated, then forwarded to the Review Panel which will decide on such changes. Once this final stage is accomplished, a procedure will advise on changes.

REVIEW PANEL MEMBERS:

Dr. Dennis Awang

Bureau of Drug Research, Natural Products Section, Health and Welfare
Canada.

Dr. Shiu Ying Hu

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OWNERSHIP OF RIGHTS PERTAINING TO THE LIST

All rights of ownership, reproduction, and publication shall be retained by AHPA.

AMENDMENTS OR CHANGES TO THE LIST

To keep this list current and accurate, AHPA has a procedure for selecting a Review Panel which will review and make amendments to the list of common names. These procedures are designed to achieve the goals stated above and to assure that standardization does not amount to restraint of trade.

1. Proposed changes to the AHPA list of standardized common names may be submitted by either AHPA members or Review Panel members by presenting the proposed changes in typewritten copy to the AHPA Standards Committee.
2. Proposals to change the list must state clearly why a change is requested and must be sponsored and signed by any three (3) members of AHPA (these need not be members of the Review Panel). A Review Panel member needs no sponsor to propose changes to the list.
3. After receiving proposals, the AHPA Standards Committee sends them on to the Review Panel.
4. On a published schedule, and at least once annually, the AHPA members are notified of proposed changes to the list and are provided with brief arguments (no more than 100 words each) describing the need for each proposed change. All changes submitted are listed in the notice.
5. Proposed changes are accepted or rejected according to the following process and on the following time line:
 - a. The AHPA Standards Committee notifies AHPA members and the Review Panel that proposals for changes to the list are being accepted. The notice states the calendar for the process. The time line of the comment period closes forty (40) days after the postmark of the notice.
 - b. Comments and suggested changes (typewritten only) are compiled by the AHPA Standards Committee and mailed to the Review Panel. The AHPA Standards Committee has fifteen (15) days to complete this step.
 - c. The Review Panel must produce a written decision on each item submitted, and return this decision to the AHPA Standards Committee. Decisions can be as short as one sentence, but should describe the reason why a proposed change was either accepted or rejected. The Review Panel has forty (40) days from the postmark of the AHPA Standards Committee mailing to complete this step.

- d. The AHPA Standards Committee mails the Review Panel's comments to the AHPA Board of Directors. The AHPA Standards Committee has fifteen (15) days to complete this step.
- e. The Board must ratify the Review Panel's decision in order to make the changes official. The Board may ask for clarification from the Review Panel. If the Board chooses not to ratify such a decision, the status of the name in question remains as it was prior to the proposed change. The Board has forty (40) days from the postmark of the AHPA Standards Committee mailing.
- f. All AHPA members are notified that another review has been completed of the Standardized Common Names List. An addendum with recent changes to the List is printed and mailed to all AHPA members and/or is published in appropriate publications; copies are sent to each member of the Review Panel. A copy of the Review Panel's decisions is available to AHPA members upon request. AHPA has thirty (30) days from the AHPA Board's ratification of the changes to complete this step.

FORMAT AND CONTENT OF THE PUBLICATION:

1. The International Code of Botanical Nomenclature (ICBN) shall apply to any issue regarding use of Latin binomials.
2. The list is composed of botanical names, botanical synonyms, a proposed standardized common name, common name synonyms, and in primary species listings, the scientific name of the plant family. The proposed standardized common name for each taxon is placed in bold-faced type in small capital letters. Primary species accounts consist of the Latin binomial, and author citation (author of the binomial), scientific plant family name, and common names. The primary proposed "standardized common name" follows in bold face type in small capital letters. Additional common synonyms are in plain type.

In the case of herb commodities solely or primarily imported from China, the standardized common name consists of two parts. 1). English name. 2). pin yin transliteration of the Chinese name as it appears in the 1985 edition of the *Pharmacopeia of the People's Republic of China* Vol. 1. As a matter of style, individual syllables are separated by a hyphen, rather than run together (as in the 1985 *Chinese Pharmacopeia*). The English name with the Chinese transliteration is included as bold face cross references in synonym indexing. It is suggested, however, that the English common name and transliteration in parentheses serve as the single "standardized common name" for the taxa involved.

3. The Review Panel will decide the correct botanical name for a plant and the standardized common trade name for that botanical name.
4. The standardized common trade name adopted by the Review Panel should be the only common name used for that plant in trade.

5. There can be only one standardized common trade name for a plant, and that name can apply to only one taxon. Exceptions are as follows:

- a. In isolated instances where a commodity is represented by more than one taxa in an official compendium, (in such cases members are encouraged to apply the correct Latin binomial to the properly identified species).
- b. In Cases where the herb has an established common name in the U.S., however, it is imported from a foreign country where a different common name is officially recognized, the foreign common name may be used in addition to the English common name. The procedure for this is to put the foreign common name, in parenthesis directly after the English name.

For example, a plant is exclusively imported from China as a Chinese herb, in which case the common trade name should combine both the English and transliterated Chinese elements, with the English common name followed by the Chinese name in parenthesis. *Astragalus membranaceus*, known as Astragalus in the U.S., but huang-qi in China, would be listed as: *Astragalus* (huang-qi).

The Review Panel should agree on which foreign language and transliteration to use, if there is more than one, and apply that consistently.

Foreign language characters may be used in addition to foreign names. AHPA will not include foreign language characters in the text. However, members are responsible for correct labeling.

- c. More than one common name will be included for a single taxon if that plant produces more than one commodity in commerce. (see rule 14, below).

6. All names, regardless of whether they are standardized or not, are listed in alphabetical order in the main body of the list. Alphabetizing of the list is arranged letter-by-letter, regardless of spaces, punctuation, or the addition of a multiplication sign between the genus name and specific epithet of hybrids.

7. Common names and botanical synonyms are referred to the correct botanical name with which they are associated.

8. The listing of the correct botanical name consists of the following:

- a. Latin binomial (with author citation)
- b. Scientific plant family name.
- c. "Standardized common name" (in bold face, small caps).

- d. Other common names.
9. Standardized common names will be listed first and set apart from other names by the use of bold type and small capital letters.
10. When necessary, an infraspecific taxon should be used.
11. The following criteria should be looked for when selecting the standardized common name, in most cases incumbent upon the most authoritative publishing history, such as:
 - a. Publication of the name in FDA regulations.
 - b. Publication in an official compendium such as:
 - i. United States Pharmacopeia.
 - ii. National Formulary.
 - iii. Food Chemical Codex.
 - c. Publication of the name in an authoritative document or book.
 - d. Widespread use and recognition of the name as a common name.
 - e. Botanical name used as a common name.
12. While certain guidelines will be enforced, it is recognized that there will be some exceptions.
13. When a common name that is published in current FDA regulations or official compendium is not chosen as the AHPA standardized common name, a written explanation should accompany that decision.
14. Plant parts shall be listed only when they are required for clarity. Two standardized common names will be included for a single taxon if that plant produces more than one commodity in commerce. For instance, in the case of *Myristica fragrans*, the correct standardized common name would be Nutmeg for the seeds, and Mace for the aril surrounding the seed.

INTENDED USE OF THE LIST, REGULATORY STATUS

1. Initially, the list will be made available to AHPA members and they will be encouraged, but not required, to use the names.
2. For the first year, members will be encouraged to review the list in detail and submit any proposed changes. A time table will be listed in a cover letter to AHPA members. The procedures for amendments or changes to the list do not apply until after the release of the first Review Panel version of the list.

3. Since the common or usual names appearing on this list will represent the consensus of appropriate experts and scientists in the field, AHPA urges its members to use the names on this list and if a member chooses not to use a name on the list, they must be prepared to justify the name used.
4. Since the required use of standardized common names is stipulated in the AHPA Code of Ethics, common names may be used or may be required to be used on:
 - a. Labels of herbal products.
 - b. Literature about herbal products.
 - c. Labels of raw materials.
 - d. Contracts, invoices, and other business documents.

CONCLUDING REMARKS

The current list includes approximately 550 primary species entries, and 1800 cross-referenced synonyms. The majority of species are used in food products. Some of the species included are used only as drug plants. Inclusion of a species in the list signifies only that a member of AHPA requested that the species be listed; it does not imply that the species is used for food, is safe for food use, or for any other use. It should be understood that this list is still evolving. Undoubtedly many additions will be made, and changes proposed. Completion and implementation of the list will be a major step forward for both users and sellers of herb products.

Submitted by:

Timothy Moley, AHPA Standards Committee Chairman.

Steven Foster, Editor.

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- Abies balsamea* (L.) Mill.
Pinaceae
CANADA BALSAM, balsam fir
- ABYSSIAN MYRRH**
see *Commiphora madagascariensis*
- Acanthopanax senticosus* (Rupr. et Maxim. ex Maxim.) Harms
= *Eleutherococcus senticosus*
- Achillea millefolium* L.
Asteraceae
YARROW, milfoil
- ACHYRANTHES**
see *Achyranthes bidentata*
- Achyranthes bidentata* Bl.
Amaranthaceae
ACHYRANTHES (NUI-XI)
- ACHYRANTHES (NUI-XI)**
see *Achyranthes bidentata*
- ACONITE TUBER, PREPARED (FU-ZI)**
see *Aconitum carmichaelii*
- Aconitum carmichaelii* Debx.
Ranunculaceae
PREPARED ACONITUM TUBER (FU-ZI)
- acorus
see *Acorus calamus*
- Acorus calamus* L.
Araceae
CALAMUS, acorus, sweetflag
- Acorus gramineus* Soland.
Araceae
GRASS-LEAVED CALAMUS (SHI-CHANG-PU), grassy-leaved sweetflag
- ADENOPHORA (NAN-SHA-SHEN)**
see *Adenophora stricta* & *A. tetraphylla*
- Adenophora stricta* Miq.
Campanulaceae
ADENOPHORA (NAN-SHA-SHEN)
- Adenophora tetraphylla* (Thunb.) Fisch.
Campanulaceae
ADENOPHORA (NAN-SHA-SHEN)
- Adiantum pedatum* L.
Adiantaceae
MAIDENHAIR FERN
- Aframomum melegueta* (Roscoe) K. Schumann
= *Amomum melegueta*
- AGAR**
see *Gelidiella acerosa* & *Gelidium* spp.
agarweed
see *Gelidiella acerosa* & *Gelidium* spp.
- AGASTACHE**
see *Agastache rugosa*
- Agastache rugosa* (Fisch. et Mey.) O. Ktze.
Lamiaceae
AGASTACHE
- Agathosma betulina*
= *Barosma betulina*
- AGONIADA**
see *Plumeria lancifolia*

Agrimonia eupatoria L.

Rosaceae

AGRIMONY

AGRIMONY

see *Agrimonia eupatoria*

Agropyron repens (L.) P. Beauv.

= *Elytrigia repens*

alant

see *Inula helenium*

Albizia julibrissin Durazz.

Fabaceae

SILK TREE (HE-HUAN-PI)

[bark], **SILK TREE (HE-HUAN-**

HUA) [flowers], mimosa tree

Albizzia julibrissin

= *Albizia julibrissin*

Alcea rosea L.

Malvaceae

HOLLYHOCK

Alchemilla vulgaris auct. non L.

= *Alchemilla xanthochlora*

Alchemilla xanthochlora Rothm.

Rosaceae

LADY'S-MANTLE

alder buckthorn

see *Rhamnus frangula*

ALETRIS

see *Aletris farinosa*

Aletris farinosa L.

Liliaceae

ALETRIS, true unicorn, star-

grass, star-grass root, true unicorn

star-grass

ALEXANDRIAN SENNA

see *Senna alexandrina*

ALFALFA

see *Medicago sativa*

ALISMA

see *Alisma orientale*

Alisma orientale (Sam.) Juzepczuk

Alismataceae

ALISMA (ZE-XIE), alisma

Alisma plantago-aquatica L. var.

orientale Sam.

= *Alisma orientale*

ALKANET

see *Alkanna tinctoria*

alkanet root

see *Alkanna tinctoria*

Alkanna tinctoria (L.) Tausch

Boraginaceae

ALKANET, alkanet root

all-heal

see *Prunella vulgaris*

Allium sativum L.

Liliaceae

GARLIC

Allium schoenoprasum L.

Liliaceae

CHIVES

ALLSPICE

see *Pimenta dioica*

ALMOND, BITTER

see *Prunus dulcis* var. *amara*

almond, Indian

see *Terminalia chebula*

ALMOND, TROPICAL

see *Terminalia chebula*

Aloe barbadensis Mill.

= *Aloe vera*

- aloe, Barbados
 see *Aloe vera*
- ALOE, CAPE**
 see *Aloe ferox*
- aloe, Curacao
 see *Aloe vera*
- Aloe ferox* Mill.
 Liliaceae
- CAPE ALOE**
- aloe, medicinal
 see *Aloe vera*
- ALOE VERA**
 see *Aloe vera*
- Aloe vera* (L.) N. L. Burm.
 Liliaceae
- ALOE VERA**, Barbados aloe,
 Curacao aloe, medicinal aloe, aloe
- Aloysia triphylla* (L'Hér.) Britton
 Verbenaceae
- LEMON VERBENA**, verbena
- Alpinia galanga* (L.) Willd.
 Zingiberaceae
- GREATER GALANGAL**, greater
 galangal root
- Alpinia officinarum* Hance
 Zingiberaceae
- LESSER GALANGAL**, Chinese
 ginger, Chinese galangal
- Althaea officinalis* L.
 Malvaceae
- MARSHMALLOW**, althaea
- Althaea rosea* (L.) Cav.
 = *Alcea rosea*
- alumroot
 see *Geranium maculatum*
- ALUMROOT**
 see *Heuchera micrantha*
- ambal
 see *Phyllanthus emblica*
- AMERICAN BUGLEWEED**
 see *Lycopus americanus*
- AMERICAN CHESTNUT**
 see *Castanea dentata*
- AMERICAN EDLER**
 see *Sambucus canadensis*
- AMERICAN GINSENG**
 see *Panax quinquefolius*
- AMERICAN LIVERLEAF**
 see *Hepatica nobilis* var. *acuta* &
Hepatica nobilis var. *obtusata*
- AMERICAN MISTLETOE**
 see *Phoradendron leucarpum*
- AMERICAN PENNYROYAL**
 see *Hedeoma pulegioides*
- amla
 see *Phyllanthus emblica*
- Amomum melegueta* Roscoe
 Zingiberaceae
- GRAINS-OF-PARADISE**
Amomum tsao-ko Crev. et. Lem.
 Zingiberaceae
- TSAO-KO (CAO-GUA)**
- Anaphalis margaritacea* (L.) Benth. &
 J. D. Hook.
 Asteraceae
- PEARLY EVERLASTING**, life-
 everlasting
- ANEMARRHENA**
 see *Anemarrhena asphodeloides*

Anemarrhena asphodeloides Bge.

Liliaceae

ANEMARRHENA (ZHI-MU)

Anemopsis californica (Nutt.) Hook.

& Arn.

Saururaceae

YERBA MANSA

Anethum graveolens L.

Apiaceae

DILL

ANGELICA

see *Angelica archangelica*

angelica, American

see *Angelica atropurpurea*

Angelica archangelica L.

Apiaceae

ANGELICA

Angelica atropurpurea L.

Apiaceae

PURPLE ANGELICA, American

angelica

Angelica dahurica (Fischer ex Hoffm.)

Franch. et Sav.

Apiaceae

FRAGRANT ANGELICA (BAI-

ZHI)

ANGELICA, FRAGRANT (BAI-

ZHI)

see *Angelica dahurica*

Angelica polymorpha Maxim.

= *Angelica sinensis*

Angelica pubescens Maxim.

Apiaceae

PUBESCENT ANGELICA (DU-

HUO)

ANGELICA, PUBESCENT

see *Angelica pubescens*

ANGELICA, PURPLE

see *Angelica atropurpurea*

Angelica sinensis (Oliv.) Diels

Apiaceae

DONG-QUAI, dong-gui, dang-

quai, dang-qui, tang-kuei

Aniba raseodora Ducke

Lauraceae

BRAZILIAN ROSEWOOD

ANISE

see *Pimpinella anisum*

ANISE, STAR

see *Illicium verum*

ANNATTO

see *Bixa orellana*

annual wormwood

see *Artemisia annua*

Anthemis nobilis L.

= *Chamaemelum nobile*

Anthriscus cerefolium (L.) Hoffm.

Apiaceae

CHERVIL

Apium graveolens L.

Apiaceae

CELERY

Apocynum androsaemifolium L.

Apocynaceae

SPREADING DOGBANE

Apocynum cannabinum L.

Apocynaceae

INDIAN-HEMP

APRICOT

see *Prunus armeniaca*

- APRICOT, JAPANESE (WU-MEI)**
 see *Prunus mume*
- Aralia californica* Wats.
 Araliaceae
- CALIFORNIA SPIKENARD**
- Aralia nudicaulis* L.
 Araliaceae
- SMALL SPIKENARD, wild**
 sarsaparilla
- Aralia racemosa* L.
 Araliaceae
- SPIKENARD, American spikenard**
 arborvitae, eastern
 see *Thuja occidentalis*
- ARBORVITAE, ORIENTAL (BAI-ZI-REN)**
 see *Platycladus orientalis*
- ARBUTUS, TRAILING-**
 see *Epigaea repens*
- Arctium lappa* L.
 Asteraceae
- BURDOCK**
- Arctostaphylos uva-ursi* (L.) Spreng.
 Ericaceae
- UVA-URSI, bearberry,**
 kinnickinick
- ARISAEMA, JAPANESE (TIAN-NAN-XING)**
 see *Arisaema japonicum*
- Arisaema japonicum* Blume
 Araceae
- JAPANESE ARISAEMA (TIAN-NAN-XING).**
- Arisaema triphyllum* (L.) Torr.
 Araceae
- JACK-IN-THE-PULPIT, Indian-**
 turnip
- Aristolochia contorta* Bge.
 Aristolochiaceae
- MA-DOU-LING (fruit), TIAN-XIAN-TENG (vine)**
- Aristolochia debilis* Sieb. et Zucc.
 Aristolochiaceae
- TIAN-XIAN-TENG (vine), MA-DOU-LING (fruit)**
- Aristolochia cymbifera* Mart. & Zucc.
 Aristolochiaceae
- MIL-HOMENS**
- Aristolochia serpentaria* L.
 Aristolochiaceae
- VIRGINIA SNAKEROOT**
- Armoracia lapathifolia* Gilib.
 = *Armoracia rusticana*
- Armoracia rusticana* P. Gaertn., B. Mey. & J. Scherbius
 Brassicaceae
- HORSERADISH**
- ARNICA**
 see *Arnica montana* & *A. latifolia*
- Arnica latifolia* Bong.
 Asteraceae
- ARNICA**
- Arnica montana* L.
 Asteraceae
- ARNICA**
- ARROWROOT**
 see *Maranta arundinacea*
- Artemisia abrotanum* L.
 Asteraceae
- SOUTHERNWOOD, lad's love**

- Artemisia absinthium* L.
Asteraceae
WORMWOOD
- Artemisia annua* L.
Asteraceae
SWEET ANNIE (QING-HAO),
annual wormwood
- Artemisia capillaris* Thunb.
Asteraceae
CAPILLARY ARTEMISIA (YIN-CHEN)
- Artemisia douglasiana* Bess.
Asteraceae
WESTERN MUGWORT
- Artemisia dracunculus* L. 'Sativa'
Asteraceae
FRENCH TARRAGON
- Artemisia lactiflora* Wall. ex DC.
Asteraceae
WHITE MUGWORT
- Artemisia vulgaris* L.
Asteraceae
MUGWORT
- ASAFETIDA**
see *Ferula assa-foetida* & *F. foetida*
- Asarum canadense* L.
Aristolochiaceae
CANADA SNAKEROOT, wild ginger
- Asclepias asperula* (Dcne.) Woodson
Asclepiadaceae
IMMORTAL
- Asclepias tuberosa* L.
Asclepiadaceae
- PLEURISY-ROOT, butterfly-weed**
- ash, northern prickly
see *Zanthoxylum americanum*
- ash, southern prickly
see *Zanthoxylum clava-herculis*
- ASHWAGANDHA**
see *Withania somnifera*
- ASH, WHITE**
see *Fraxinus americanus*
- ASIAN PSYLLIUM**
see *Plantago asiatica*
- ASIATIC DOGWOOD (SHAN-ZHU-YU)**
see *Cornus officinalis*
- ASPARAGUS**
see *Asparagus officinalis*
- Asparagus cochinchinensis* (Lour.) Merr.
Liliaceae
CHINESE ASPARAGUS (TIAN-DONG)
- Asparagus officinalis* L.
Liliaceae
ASPARAGUS
- Asperula odorata* L.
= *Galium odoratum*
- ASTRAGALUS**
see *Astragalus membranaceus* & *A. mongholicus*
- Astragalus hoantchy* Franch.
= *A. membranaceus*
- Astragalus membranaceus* Bunge
Fabaceae
ASTRAGALUS (HUANG-QI), membranous milk-vetch

- Astragalus mongholicus* Bunge
Fabaceae
ASTRAGALUS (HUANG-QI)
ATRACTYLODES (BAI-ZHU)
see *Atractylodes macrocephala*
Atractylodes lancea (Thunb.) DC
Asteraceae
**SOUTHERN TSANGSHU
(CANG-ZHU)**
Atractylodes macrocephala Koidz.
Asteraceae
ATRACTYLODES (BAI-ZHU)
Atropa belladonna L.
Solanaceae
BELLADONNA, deadly
nightshade
Aucklandia lappa
see *Saussurea lappa*
Avena fatua L.
Poaceae
WILD OAT, oatstraw
Avena sativa L.
Poaceae
OATS
bai-he
see *Lilium brownii*
BAI-HE (BROWN'S LILY)
see *Lilium brownii*
BAIKAL SKULLCAP
see *Scutellaria baicalensis*
bai-shao
see *Paeonia lactiflora* Pall.
BAI-SHAO (WHITE PEONY ROOT)
see *Paeonia lactiflora*
bai-wei
see *Cynanchum atratum*
- BAI-WEI (CYNANCHUM)**
see *Cynanchum atratum*
bai-zhi
see *Angelica dahurica*
BAI-ZHI (FRAGRANT ANGELICA)
see *Angelica dahurica*
bai-zhu
see *Atractylodes macrocephala*
BAI-ZHU (ATRACTYLODES)
see *Atractylodes macrocephala*
bai-zi-ren
see *Platycladus orientalis*
**BAI-ZI-REN (ORIENTAL
ARBORVITAE)**
see *Platycladus orientalis*
ba-ji-tian
see *Morinda officinalis*
BA-JI-TIAN (MORINDA)
see *Morinda officinalis*
BALLOON-FLOWER (JIE-GENG)
see *Platycodon grandiflorum*
Ballota nigra L.
Lamiaceae
BLACK HOREHOUND
balm
see *Melissa officinalis*
BALM, LEMON
see *Melissa officinalis*
BALM-OF-GILEAD
see *Populus balsamifera* L. var.
balsamifera & *P. x jackii*
balm-of-Gilead buds
see *Populus balsamifera* subsp.
balsamifera & *P. x jackii*
BALMONY
see *Chelone glabra*

BALSAM, CANADA

see *Abies balsamea*

balsam fir

see *Abies balsamea*

Balsamodendron mukul

= *Commiphora mukul*

BALSAM-OF-PERU

see *Myroxylon balsamum* var.

pereirae

ban-xia

see *Pinellia ternata*

BAN-XIA (PINELLIA)

see *Pinellia ternata*

Baptisia tinctoria (L.) R. Br. ex Ait. f.

Fabaceae

WILD INDIGO**BARBERRY**

see *Berberis vulgaris*

barberry, European

see *Berberis vulgaris*

barberry, Oregon

see *Mahonia aquifolium*, *M.*

nervosa, & *M. repens*

BARK, CRAMP

see *Viburnum opulus*

BARLEY

Hordium vulgare

Barosma betulina (Thunb.) Bartl. &

Wendl.

Rutaceae

SHORT BUCHU, short buchu-leaf

Barosma crenulata (L.) Hook.

Rutaceae

OVATE BUCHU, ovate buchu-leaf

Barosma serratifolia (Curtis) Willd.

Rutaceae

LONG BUCHU, long buchu-leaf

BASIL

see *Ocimum basilicum*

basil, sweet

see *Ocimum basilicum*

Bauhinia forficata Link

Fabaceae

PATA-DE-VACA**BAYBERRY**

see *Myrica pensylvanica* & *M.*

cerifera

BAYBERRY, SOUTHERN

see *Myrica cerifera*

BAYLEAF

see *Laurus nobilis*

bayonet, Spanish-

see *Yucca aloifolia*

bay, sweet

see *Laurus nobilis*

beach silvertop

see *Glehnia littoralis*

BEAKED HAZEL

see *Corylus cornuta*

bearberry

see *Arctostaphylos uva-ursi*

beard-moss

Usnea barbata

BEDSTRAW, LADY'S

see *Galium verum*

bedstraw, our-Lady's-

see *Galium verum*

bedstraw, yellow

see *Galium verum*

BEEBALM

see *Monarda clinopodia*, & *M. didyma*

beebalm, Oswego

see *Monarda didyma*

BEEBALM, SPOTTED

see *Monarda pectinata*

bei-sha-shen

see *Glehnia littoralis*

BEI-SHA-SHEN (GLEHNSIA ROOT)

see *Glehnia littoralis*

BELLADONNA

see *Atropa belladonna*

belladonna, Russian

see *Scopolia carniolica*

BELLERIC MYROBALAN

see *Terminalia bellerica*

bellflower

see *Codonopsis pilosula*

Benincasa hispida (Thunb.) Cogn.

Cucurbitaceae

WAX GOURD (DONG-GUA-PI)**BENZOIN**

see *Styrax benzoin*, *S.*

paralleloneurum, & *S. tonkinensis*

benzoin, Sumatra

see *Styrax benzoin*

Berberis aquifolium Pursh

= *Mahonia aquifolium*

Berberis vulgaris L.

Berberidaceae

BARBERRY, European barberry**BERGAMOT ORANGE**

see *Citrus bergamia*

BERGAMOT, WILD

see *Monarda fistulosa*

berry, tea

see *Gaultheria procumbens*

BETHROOT

see *Trillium erectum*

betony, wood

see *Stachys officinalis*

Betula alba L.

= *Betula pubescens*

Betula lenta L.

Betulaceae

SWEET BIRCH, black birch,

cherry birch,

Betula pendula Roth.

Betulaceae

EUROPEAN WHITE BIRCH

Betula pubescens Ehrh.

Betulaceae

BIRCH

Betula verrucosa Ehrh

= *Betula pendula*

BILBERRY

see *Vaccinium myrtillus*

Biota orientalis (L.) Endl.

= *Platyclusus orientalis*

BIRCH

see *Betula pubescens*

birch, black

see *Betula lenta*

birch, cherry

see *Betula lenta*

BIRCH, EUROPEAN WHITE

see *Betula pendula*

BIRCH, SWEET

see *Betula lenta*

- BIRD PEPPER**
 see *Capsicum annuum* var.
glabriusculum
- birth root
 see *Trillium erectum*
- BISTORT**
 see *Polygonum bistorta*
- BITTER ALMOND**
 see *Prunus dulcis* var. *amara*
- BITTER ORANGE**
 see *Citrus aurantium*
Bixa orellana L.
 Bixaceae
- ANNATTO**
- BLACKBERRY**
 see *Rubus fruticosus*
- BLACK COHOSH**
 see *Cimicifuga racemosa*
- BLACK CURRANT**
 see *Ribes nigrum*
- BLACKHAW**
 see *Viburnum prunifolium*
- BLACK HOREHOUND**
 see *Ballota nigra*
- BLACK MUSTARD**
 see *Brassica nigra*
- BLACK PEPPER**
 see *Piper nigrum*
- BLACK PSYLLIUM**
 see *Plantago arenaria*
- blackroot
 see *Leptandra virginica*
- black tea
 see *Camellia sinensis*
- BLACK WALNUT**
 see *Juglans nigra*
- BLADDERWRACK**
 see *Fucus vesiculosus*
- BLESSED THISTLE**
 see *Cnicus benedictus*
- BLONDE PSYLLIUM**
 see *Plantago ovata*
- BLOODROOT**
 see *Sanguinaria canadensis*
- BLUEBERRY**
 see *Vaccinium pallidum*, *V.*
angustifolium & *V. corymbosum*
- BLUE COHOSH**
 see *Caulophyllum thalictroides*
- BLUE FLAG**
 see *Iris versicolor* & *I. virginica*
- BLUE LOBELIA**
 see *Lobelia siphilitica*
- BLUE VERVAIN**
 see *Verbena hastata*
- BOGBEAN**
 see *Menyanthes trifoliata*
- BOLDO**
 see *Peumus boldus* Molina
- BONESET**
 see *Eupatorium perfoliatum*
- BORAGE**
 see *Borago officinalis*
Borago officinalis L.
 Boraginaceae
- BORAGE**
Boswellia carteri Birdwood
 Burseraceae
- FRANKINCENSE**, *olibanum*
- BOXWOOD**
 see *Buxus sempervirens*

- Brassica alba* Rabenh., non L.
= *Sinapis alba*
- Brassica juncea* (L.) Czerniak var.
timida Tsen et Lee
Brassicaceae
- SICHUAN PRESERVED
VEGETABLE (ZHA-CAI)**
- Brassica nigra* (L.) W. Koch
Brassicaceae
- BLACK MUSTARD, brown
mustard**
- Brazilian peppertree
see *Schinus terebinthifolia*
- BRAZILIAN ROSEWOOD**
see *Aniba rassaodora*
- bread, St. John's
see *Ceratonia siliqua*
- Brigham-tea
see *Ephedra nevadensis*
- BRITISH ELECCAMPANE FLOWERS
(XUAN-FU-HUA)**
see *Inula britannica*
- BROAD-LEAF DOCK**
see *Rumex obtusifolius*
- broom
see *Cytisus scoparius*
- BROOM, BUTCHER'S-**
see *Ruscus aculeatus*
- BROOM, DYER'S-**
see *Genista tinctoria*
- BROOMRAPE**
see *Cistanche salsa*
- BROOM, SCOTCH**
see *Cytisus scoparius*
- broom tops
see *Cytisus scoparius*
- BROWN'S LILY (BAI-HE)**
see *Lilium brownii*
- buchu-leaf, long
see *Barosma serratifolia*
- buchu-leaf, ovate
see *Barosma crenulata*
- buchu-leaf, short
see *Barosma betulina*
- BUCHU, LONG**
see *Barosma serratifolia*
- BUCHU, OVATE**
see *Barosma crenulata*
- BUCHU, SHORT**
see *Barosma betulina*
- buckthorn, alder
see *Rhamnus frangula*
- BUGBANE (SHENG-MA)**
see *Cimicifuga foetida*
- BUGLEWEED**
see *Lycopus virginicus*
- BUGLEWEED, AMERICAN**
see *Lycopus americanus*
- BUGLEWEED, EUROPEAN**
see *Lycopus europaeus*
- bu-gu-zhi
see *Cullen corylifolia*
- BU-GU-ZHI (SCURFY-PEA)**
see *Cullen corylifolia*
- Bupleurum chinense* DC.
Apiaceae
- CHINESE THOROUGHWAX
(CHAI-HU)**
- BURDOCK**
see *Arctium lappa*
- burningbush
see *Euonymus atropurpureus*

BUTCHER'S-BROOM

see *Ruscus aculeatus*

butterfly-weed

see *Asclepias tuberosa*

BUTTERNUT

see *Juglans cinerea*

button, bachelor's-

see *Centaurea cyanus*

Buxus sempervirens L.

Buxaceae

BOXWOOD

bu-za-ye

see *Microcos nervosa*

BU-ZA-YE (MICROCOS LEAVES)

see *Microcos nervosa*

CABBAGE, SKUNK-

see *Symplocarpus foetidus*

Cactus grandiflorus L.

= *Selenicereus grandiflorus*

CADE JUNIPER

see *Juniperus oxycedrus*

CALAMUS

see *Acorus calamus*

CALAMUS, GRASS-LEAVED

(SHI-CHANG-PU)

see *Acorus gramineus*

CALENDULA

see *Calendula officinalis*

Calendula officinalis L.

Asteraceae

CALENDULA, poet's-marigold,

pot-marigold, marigold

CALIFORNIA CHIA

see *Salvia columbariae*

CALIFORNIA POPPY

see *Eschscholzia californica*

CALIFORNIA SPIKENARD

see *Aralia californica*

calisaya-bark

see *Cinchona calisaya*

Calluna vulgaris (L.) Hull

Ericaceae

HEATHER

Camellia sinensis (L.) Kuntze

Theaceae

TEA, black tea, green tea, Chinese

tea

camomile

see chamomile

CAMPHOR

see *Cinnamomum camphora*

camphor, tree-

see *Cinnamomum camphora*

CANADA BALSAM

see *Abies balsamea*

CANADA FLEABANE

see *Conyza canadensis*

CANADA SNAKEROOT

see *Asarum Canadense*

CANAIGRE

see *Rumex hymenosepalus*

Cananga odorata (Lam.) J. D. Hook.

& T. Thompson

Annonaceae

YLANG YLANG

Canarium album (Lour.) Raeush.

Burseraceae

WHITE CHINESE-OLIVE

(QING-GUO)

candle, our-Lord's-

see *Yucca whipplei*

cang-zhu
 see *Atractylodes lancea*

**CANG-ZHU (SOUTHERN
 TSANGSHU)**
 see *Atractylodes lancea*

canker-root
 see *Coptis groenlandica*

cao-gua
 see *Amomum tsao-ko*

CAO-GUA (TSAO-KO)
 see *Amomum tsao-ko*

CAPE ALOE
 see *Aloe ferox*

CAPILLARY ARTEMISIA
 see *Artemisia capillaris*

**CAPILLARY ARTEMISIA (YIN-
 CHEN)**
 see *Artemisia capillaris*

Capsella bursa-pastoris (L.) Medik.
 Brassicaceae

SHEPHERD'S-PURSE

capsicum
 see *Capsicum annuum* var.
annuum

Capsicum annuum L. var. *annuum*
 Solanaceae

CAYENNE, chili pepper, red
 pepper, paprika, capsicum

Capsicum annuum L. var.
glabriusculum (Dunal) Heiser &
 Pickersgill
 Solanaceae

BIRD PEPPER

Capsicum frutescens L.
 Solanaceae

TABASCO PEPPER

CARAWAY
 see *Carum carvi*

CARDAMOM
 see *Elettaria cardamomum*

Carica papaya L.
 Caricaceae

PAPAYA

CAROB
 see *Ceratonia siliqua*

carrot
 see *Daucus carota*

CARROT, WILD
 see *Daucus carota*

Carthamus tinctorius L.
 Asteraceae

SAFFLOWER

Carum carvi L.
 Apiaceae

CARAWAY

CASCARA SAGRADA
 see *Rhamnus purshiana*

CASSIA
 see *Cinnamomum cassia*

Cassia acutifolia Delile
 = *Senna alexandrina*

Cassia angustifolia Vahl
 = *Senna alexandrina*

Cassia lanceolata Royle
 = *Senna alexandrina*

Cassia obtusifolia L.
 = *Senna obtusifolia*

Cassia senna L.
 = *Senna alexandrina*

Cassia tora L.
 = *Senna tora*

- cassis
 see *Ribes nigrum*
- Castanea dentata* (Marsh.) Borkh.
 Fagaceae
AMERICAN CHESTNUT
- Castanea sativa* Mill.
 Fagaceae
SPANISH-CHESTNUT
- CATAUBA**
 see *Erythroxylum catauba*
- Catharanthus roseus* (L.) G. Don
 Apocynaceae
MADAGASCAR PERIWINKLE
- catmint
 see *Nepeta cataria*
- CATNIP**
 see *Nepeta cataria*
- Caulophyllum thalictroides* Michx.
 Berberidaceae
BLUE COHOSH
- CAYENNE**
 see *Capsicum annuum* var.
annuum
- Ceanothus americanus* L.
 Rhamnaceae
NEW JERSEY -TEA, Jersey-tea,
 redroot
- CEDAR, EASTERN RED**
 see *Juniperus virginiana*
- cedar, northern white
 see *Thuja occidentalis*
- cedar, swamp-
 see *Thuja occidentalis*
- cedarwood
 see *Juniperus virginiana*
- CELANDINE**
 see *Chelidonium majus*
- celandine, greater
 see *Chelidonium majus*
- CELERY**
 see *Apium graveolens*
- Centaurea cyanus* L.
 Asteraceae
CORNFLOWER, bachelor's-
 button, cyani-flowers
- Centaurium erythraea* Raf.
 Gentianaceae
CENTAURY, common centaury,
 lesser centaury
- CENTAURY**
 see *Centaurium erythraea*
- centaury, common
 see *Centaurium erythraea*
- centaury, lesser-
 see *Centaurium erythraea*
- Centella asiatica* (L.) Urban
 Apiaceae
GOTU KOLA
- Cephaelis ipecacuanha* (Brot.) Tussac
 Rubiaceae
IPECAC
- Ceratonia siliqua* L.
 Fabaceae
CAROB, St. John's-bread
- Cereus grandiflorus* (L.) P. Mill.
 = *Selenicereus grandiflorus*
- Cetraria islandica* (L.) Achar.
 Parmeliaceae
ICELAND MOSS
- CEYLON CINNAMON**
 see *Cinnamomum verum*

- CHA-DE-BUGRE**
 see *Cordia salicifolia*
- Chaenomeles lagenaria* (Loisel.)
 Koidzumi
 see *Chaenomeles speciosa*
- Chaenomeles speciosa* (Sweet) Nakai
 Rosaceae
- FLOWERING QUINCE (MUGUA)**, Chinese quince, mu-gua
 chai-hu
 see *Bupleurum chinense*
- CHAI-HU (CHINESE THOROUGHWAX)**
 see *Bupleurum chinense*
- Chamaelirium luteum* (L.) A. Gray
 Liliaceae
- FALSE UNICORN ROOT, blazing-star, fairy-wand**
- Chamaemelum nobile* (L.) All.
 Asteraceae
- ENGLISH CHAMOMILE**, Roman chamomile
- Chamaenerion angustifolium*
 = *Epilobium angustifolium*
- Chamaesyce hirta*
 = *Euphorbia pilulifera*
- CHAMOMILE, ENGLISH**
 see *Chamaemelum nobile*
- CHAMOMILE, GERMAN**
 see *Matricaria recutita*
- chamomile, Hungarian
 see *Matricaria recutita*
- chamomile, Roman
 see *Chamaemelum nobile*
- chamomile, true
 see *Matricaria recutita*
- Chamomilla recutita* (L.) Rauschert
 = *Matricaria recutita*
- Chamomilla suaveolens* (Pursh) Rydb.
 Asteraceae
- PINEAPPLE-WEED**
- Changium smyrnoides* Wolff
 Apiaceae
- MING-DANG-SHEN**
- CHAPARRAL**
 see *Larrea tridentata*
- CHAPEAU DE COURO**
 see *Echinodorus macrophyllus*
- CHASTETREE**
 see *Vitex agnus-castus*
- chastetree berries
 see *Vitex agnus-castus*
- CHEKIANG FRITILLARY (ZHEBEI-MU)**
 see *Fritillaria thunbergii*
- Chelidonium majus* L.
 Papaveraceae
- CELANDINE**, greater celandine
- Chelone glabra* L.
 Scrophulariaceae
- BALMONY**
- CHEN-PI**
 see *Citrus reticulata*
- CHERRY BARK, WILD**
 see *Prunus serotina* & *P. virginiana*
- cherry, wild black
 see *Prunus serotina*
- CHERVIL**
 see *Anthriscus cerefolium*
- CHESTNUT, AMERICAN**
 see *Castanea dentata*

- CHESTNUT, SPANISH-**
see *Castanea sativa*
- CHIA**
see *Salvia hispanica*
- CHIA, CALIFORNIA**
see *Salvia columbariae*
- CHICKWEED**
see *Stellaria media*
- CHICORY**
see *Cichorium intybus*
- Chimaphila umbellata* (L.) W. Barton
subsp. *cisatlantica* (Blake) Hultén
Pyrolaceae
- PIPSISSEWA, prince's pine**
- CHINATREE (KU-LIAN-PI)**
see *Melia azedarach*
- CHINESE ASPARAGUS (TIAN-DONG)**
see *Asparagus cochinchinensis*
- CHINESE CLEMATIS (WEI-LING-XIAN)**
see *Clematis chinensis*
- Chinese cucumber
see *Trichosanthes kirilowii*
- CHINESE DODDER (TU-SI)**
see *Cuscuta chinensis*
- Chinese ephedra (ma-huang)
see *Ephedra equisetina* & *E. sinica*
- CHINESE GOLDTHREAD (HUANG-LIAN)**
see *Coptis chinensis*
- CHINESE HAWTHORN (SHAN-ZHA)**
see *Crataegus pinnatifida*
- CHINESE MOTHERWORT SEEDS (CHONG-WEI-ZI)**
see *Leonurus tartaricus*
- CHINESE MOTHERWORT (YI-MU-CAO)**
see *Leonurus artemisia* & *L. tartaricus*
- CHINESE-OLIVE, WHITE (QING-GUO)**
see *Canarium album*
- CHINESE RHUBARB (DA-HUANG)**
see *Rheum officinale*, *R. palmatum*, & *R. tanguticum*
- Chinese snakegourd
see *Trichosanthes kirilowii*
- Chinese tea
see *Camellia sinensis*
- CHINESE THOROUGHWAX (CHAI-HU)**
see *Bupleurum chinense*
- CHINESE YAM (SHAN-YAO)**
see *Dioscorea opposita*
- Chionanthus virginicus* L.
Oleaceae
- FRINGETREE**
- CHIVES**
see *Allium schoenoprasum*
- Choenomeles lagenaria* (Loisel.)
Koidzumi
= *Chaenomeles speciosa*
- Choenomeles speciosa* (Sweet) Nakai
= *Chaenomeles speciosa*
- chokecherry
see *Prunus virginiana*
- chong-wei-zi
see *Leonurus tarticus*

CHONG-WEI-ZI (CHINESE MOTHERWORT SEEDS)
 see *Leonurus tarticus*
 chrysanthemum, florist's
 see *Dendranthema x morifolium*
Chrysanthemum parthenium (L.)
 Berhn.
 = *Tanacetum parthenium*
Chrysanthemum vulgare (L.) Berhn.
 = *Tanacetum vulgare*
Chrysanthemum x morifolium Ramat.
 = *Dendranthema x morifolium*
 chuan-bei-mu
 see *Fritillaria cirrhosa*
CHUAN-BEI-MU (SICHUAN FRITILLARY)
 see *Fritillaria cirrhosa*
 Chuan-dang
 see *Codonopsis tangshen*
CHUAN-DANG (CODONOPSIS)
 see *Codonopsis tangshen*
 chuan-liang-zi
 see *Melia toosendan*
CHUAN-LIANG-ZI (SICHUAN-PAGODA-TREE)
 see *Melia toosendan*
 chuan-niu-xi
 see *Cyathula officinalis*
CHUAN-NIU-XI (CYATHULA)
 see *Cyathula officinalis*
 chuan-xiong
 see *Ligusticum chuanxiong*
CHUAN-XIONG (SICHUAN LOVAGE)
 see *Ligusticum chuanxiong*

Cibotium barometz (L.) J. Sm.
 Thyrsopteridaceae
SCYTHIAN LAMB (GOU-JI)
Cichorium intybus L.
 Asteraceae
CHICORY
CILANTRO
 see *Coriandrum sativum*
Cimicifuga foetida L.
 Ranunculaceae
BUGBANE (SHENG-MA)
Cimicifuga racemosa (L.) Nutt.
 Ranunculaceae
BLACK COHOSH, black snakeroot
 cinchona
 see *Cinchona* spp.
Cinchona calisaya Wedd.
 Rubiaceae
QUININE, calisaya-bark, yellow cinchona
Cinchona ledgeriana Moens & Trimen
 Rubiaceae
QUININE, yellow cinchona
Cinchona officinalis L.
 Rubiaceae
QUININE, red cinchona
Cinchona pubescens Vahl
 Rubiaceae
QUININE, cinchona, red cinchona
 cinchona, red
 see *Cinchona officinalis*
 cinchona, yellow
 see *Cinchona ledgeriana*

- Cinnamomum camphora* (L.) J. Presl
Lauraceae
CAMPHOR
- Cinnamomum cassia* J. Presl
Lauraceae
CINNAMON, cassia
- Cinnamomum verum* J. Presl.
Lauraceae
CEYLON CINNAMON
- Cinnamomum zeylanicum*
= *Cinnamomum verum*
- CINNAMON**
see *Cinnamomum cassia*
- CINNAMON, CEYLON**
see *Cinnamomum verum*
- CINQUEFOIL**
see *Potentilla erecta*
- cinquefoil leaf
see *Potentilla erecta*
- Cistanche salsa* (C. A. Mey.) Beck
Orobanchaceae
BROOMRAPE
- Citrus aurantifolia* (Christm.) Swingle
Rutaceae
LIME
- Citrus aurantium* L.
Rutaceae
BITTER ORANGE, sour orange,
Seville orange
- Citrus bergamia* Risso & Poit.
Rutaceae
BERGAMOT ORANGE
- Citrus limon* (L.) N. L. Burm.
Rutaceae
LEMON
- Citrus limonia* Osbeck
Rutaceae
MANDARIN LIME, lemandarin
- Citrus reticulata* Blanco
Rutaceae
TANGERINE, [fruit] **CHEN-PI**
[dried rind], mandarin
- clary
see *Salvia sclarea*
- CLARY SAGE**
see *Salvia sclarea*
- claw, devil's
see *Harpagophytum procumbens*
- CLEAVERS**
see *Galium aparine*
- clematis, Chinese
see *Clematis chinensis*
- Clematis chinensis* Osbeck
Ranunculaceae
CHINESE CLEMATIS (WEI-LING-XIAN)
- clove
see *Syzygium aromaticum*
- CLOVER, RED**
see *Trifolium pratense*
- CLUB, DEVIL'S**
see *Oplopanax horridus*
- Cnicus benedictus* L.
Asteraceae
BLESSED THISTLE, holy thistle
- CNIDIUM**
see *Cnidium monnieri*
- Cnidium monnieri* (L.) Cuss.
Apiaceae
CNIDIUM (SHE-CHUANG-ZI)

CODONOPSIS

see *Codonopsis pilosula* & *C. tangshen*

CODONOPSIS (CHUAN-DANG)

see *Codonopsis tangshen*

CODONOPSIS (DANG-SHEN),

see *Codonopsis pilosula*

Codonopsis pilosula (Franch.)

Nannfeldt

Campanulaceae

CODONOPSIS (DANG-SHEN),

bellflower

Codonopsis tangshen Oliver

Campanulaceae

CODONOPSIS (CHUAN-

DANG), bellflower

COHOSH, BLACK

see *Cimicifuga racemosa*

COHOSH, BLUE

see *Caulophyllum thalictroides*

COIN-LEAVED DESMODIUM

(GUANG-JING-QIAN-CAO)

see *Desmodium styracifolium*

Coix lacryma-jobi L.

Poaceae

JOB'S TEARS**COLA**

see *Cola acuminata* & *C. nitida*

Cola acuminata (P. Beauv.) Schott. &

Endl.

Sterculiaceae

COLA, kola

Cola nitida Schott. & Endl.

Sterculiaceae

COLA, kola

COLLINSONIA

see *Collinsonia canadensis*

Collinsonia canadensis L.

Lamiaceae

COLLINSONIA, stoneroot

COLTSFOOT

see *Tussilago farfara*

COMFREY

see *Symphytum officinale*

comfrey, common

see *Symphytum officinale*

COMFREY, RUSSIAN

see *Symphytum x uplandicum*

Commiphora abyssinica

= *Commiphora madagascariensis*

Commiphora madagascariensis Jacq.

Burseraceae

ABYSSIAN MYRRH

Commiphora molmol Engl. ex

Tschirch

Burseraceae

SOMALIAN MYRRH, gum

myrrh

Commiphora mukul (Hook. ex

Stocks) Engl.

Burseraceae

GUGGUL

Commiphora myrrha (Nees) Engl.

Burseraceae

MYRRH, gum myrrh, common

myrrh, hirabol myrrh

common centaury

see *Centaureum erythraea*

common echinacea

see *Echinacea purpurea*

- COMMON PERIWINKLE**
see *Vinca minor*
- COMMON PLANTAIN**
see *Plantago major*
- coneflower, narrow-leaved purple
see *Echinacea angustifolia*
- coneflower, pale purple
see *Echinacea pallida*
- Convallaria majalis* L.
Liliaceae
- LILY-OF-THE-VALLEY**, lily of
the valley leaves
- Conyza canadensis* (L.) Cronq.
Asteraceae
- CANADA-FLEABANE**
- Coptis chinensis* Franch.
Ranunculaceae
- CHINESE GOLDTHREAD**
(HUANG-LIAN)
- Coptis groenlandica* (Oed.) Fern.
Ranunculaceae
- GOLDTHREAD**, canker-root
- Cordia salicifolia* Cham.
Boraginaceae
- CHA-DE-BUGRE**
- CORDYCEPS**
see *Cordyceps sinensis*
- Cordyceps sinensis* (Berk.) Sacc.
Ascomycetes
- CORDYCEPS (DONG-CHONG-
ZIA-CAO)**
- CORIANDER**
see *Coriandrum sativum*
- Coriandrum sativum* L.
Apiaceae
- CORIANDER** [seed],
- CILANTRO** [leaf], culantro,
Chinese parsley,
- cork tree, Amur
see *Phellodendron amurense*
- cork tree, Chinese
see *Phellodendron chinense*
- CORN**
see *Zea mays*
- cornel, Japanese
see *Cornus officinalis*
- CORNFLOWER**
see *Centaurea cyanus*
- cornsilk
see *Zea mays*
- Cornus officinalis* Sieb. & Zucc.
Cornaceae
- ASIATIC DOGWOOD (SHAN-
ZHU-YU)**, Asiatic Cornel,
Japanese cornel, dogwood fruit
- corydalis tuber
see *Corydalis yanhusuo*
- Corydalis turtschaninovii* Bess. f.
yanhusuo Y.H. Chou et C.C. Hsü
= *Corydalis yanhusuo*
- CORYDALIS (YAN-HU-SUO)**
see *Corydalis yanhusuo*
- Corydalis yanhusuo* W.T. Wang.
Fumariaceae
- CORYDALIS (YAN-HU-SUO)**,
corydalis tuber
- Corylus avellana* L.
Betulaceae
- EUROPEAN HAZEL**, European
filbert

- Corylus cornuta* Marsh.
Betulaceae
BEAKED HAZEL, beaked filbert
- COTTON**
see *Gossypium hirsutum*
- COTTON, LEVANT**
see *Gossypium herbaceum*
- cotton root bark
see *Gossypium herbaceum* & *G. hirsutum*
- couch grass
see *Elytrigia repens*
- COWSLIP**
see *Primula veris*
- CRAMP BARK**
see *Viburnum opulus*
- CRANESBILL**
see *Geranium maculatum*
- Crataegus laevigata* (Poir.) DC.
Rosaceae
ENGLISH HAWTHORN
- Crataegus monogyna* Jacq.
Rosaceae
ONESEED HAWTHORN
- Crataegus oxyacantha* auct.
= *Crataegus laevigata*
- Crataegus pinnatifida* Bge.
Rosaceae
CHINESE HAWTHORN (SHAN-ZHA), pinnate hawthorn, shan-zha
- creosote bush
see *Larrea tridentata*
- cress, pará
see *Spilanthes acmella*
- cress, Paraguay
see *Spilanthes acmella*
- Crocus sativus* L.
Iridaceae
SAFFRON, Spanish Saffron, true saffron
- CUBEB**
see *Piper cubeba*
- cucumber, Chinese
see *Trichosanthes kirilowii*
- Cullen corylifolia* (L.) Medicus
Fabaceae
SCURFY-PEA (BU-GU-ZHI)
- CULVERS -ROOT**
see *Leptandra virginica*
- CUMIN**
see *Cuminum cyminum*
- Cuminum cyminum* L.
Apiaceae
CUMIN
- Cuphea balsamona* Cham. & Schlechtend.
Lythraceae
SETE SANGRIAS
- Curculigo orchioides* Gaertn.
Amaryllidaceae
GOLDEN EYE-GRASS (XIAN-MAO)
- curcuma
see *Curcuma aromatica*, *C. domestica*, & *C. longa*
- Curcuma aromatica* Salisbury
Zingiberaceae
TURMERIC, curcuma
- Curcuma domestica* Valet.
Zingiberaceae
TURMERIC, curcuma

- Curcuma longa* L.
Zingiberaceae
TURMERIC, curcuma
- Curcuma zedoaria* (Berg.) Roscoe
Zingiberaceae
ZEDOARY
- CURRENT, BLACK**
see *Ribes nigrum*
- cuscuta, Chinese
see *Cuscuta chinensis*
- Cuscuta chinensis* Lam.
Cuscutaceae
CHINESE DODDER (TU-SI),
Chinese cuscuta
- cuscuta, Japanese
see *Cuscuta japonica*
- Cuscuta japonica* Choisy
Cuscutaceae
JAPANESE DODDER (TU-SI),
Japanese cuscuta
- Cyamopsis tetragonolobus* (L.)
Taubert
Fabaceae
GUAR GUM, guar
- cyani flowers
see *Centaurea cyanus*
- CYATHULA**
see *Cyathula officinalis*
- Cyathula officinalis* Kuan.
Amaranthaceae
CYATHULA (CHUAN-NIU-XI)
- Cymbopogon citratus* (DC. ex Nees)
Stapf
Poaceae
LEMONGRASS, West Indian
lemongrass, fever grass
- CYNANCHUM**
see *Cynanchum atratum*
- Cynanchum atratum* Bge.
Asclepidaceae
CYNANCHUM (BAI-WEI)
- CYNOMORIUM**
see *Cynomorium songaricum*
- Cynomorium songaricum* Rupr.
Cynomoriaceae
CYNOMORIUM (SUO-YANG)
- cyperus
see *Cyperus rotundus*
- Cyperus rotundus* L.
Cyperaceae
NUT GRASS, cyperus
- Cytisus scoparius* (L.) Link
Fabaceae
SCOTCH BROOM, broom,
broom tops
- Daemonorops draco* Blume
Arecaceae
DRAGON'S BLOOD (XUE-JIE),
dragon's blood palm
- da-huang
see *Rheum officinale*, *R.*
palmatum, & *R. tanguticum*
- DA-HUANG (CHINESE RHUBARB)**
see *Rheum officinale*, *R.*
palmatum, & *R. tanguticum*
- DAMASK ROSE**
see *Rosa damascena*
- DAMIANA**
see *Turnera diffusa* var.
aphrodisiaca & *Turnera diffusa*
var. *diffusa*

- dan-shen
see *Salvia miltiorrhiza*
- DAN-SHEN (RED-ROOTED SAGE)**
see *Salvia miltiorrhiza*
- DANDELION**
see *Taraxacum officinale*
- dang-gui
Angelica sinensis
- dang-quai
see *Angelica sinensis*
- dang-qui
see *Angelica sinensis*
- dang-shen
see *Codonopsis pilosula*
- DANG-SHEN (CODONOPSIS)**
see *Codonopsis pilosula*
- Daucus carota* L.
Apiaceae
WILD CARROT, carrot, Queen
Ann's-lace
- da-zao
see *Ziziphus jujuba*
- DA-ZAO (JUJUBE)**
see *Ziziphus jujuba*
- dead nettle
see *Lamium album*
- deadly nightshade
see *Atropa belladonna*
- Dendranthema x morifolium* (Ramat.)
Tzelev
Asteraceae
MUM, florist's chrysanthemum,
chrysanthemum
- DENDROBIUM**
see *Dendrobium nobile*
- Dendrobium nobile* Lindl.
Orchidaceae
- DENDROBIUM (SHI-HU)**
- desert-tea
see *Ephedra nevadensis*
- DESMODIUM, COIN LEAVED**
(GUANG-JING-QIAN-CAO)
see *Desmodium styracifolium*
Desmodium styracifolium (Osbeck)
Merr.
Fabaceae
- COIN-LEAVED DESMODIUM**
(GUANG-JING-QIAN-CAO)
- DEVIL'S-CLAW**
see *Harpagophytum procumbens*
- DEVIL'S-CLUB**
see *Oplonanax horridus*
- di-gu-pi
see *Lycium chinense*
- DI-GU-PI (LYCIUM BARK)**
see *Lycium chinense*
- DIGITALIS**
see *Digitalis purpurea*
Digitalis purpurea L.
Scrophulariaceae
- DIGITALIS, foxglove**
- di-huang
see *Rehmannia glutinosa*
- DI-HUANG (REHMANNIA)**
see *Rehmannia glutinosa*
- DILL**
see *Anethum graveolens*
Dimocarpus longan Lour.
Sapindaceae
- LONGAN**

- Dioscorea batatas* Dcne.
= *Dioscorea opposita*
- Dioscorea opposita* Thunb.
Dioscoreaceae
CHINESE YAM (SHAN-YAO),
wild yam
- Dioscorea villosa* L.
Dioscoreaceae
WILD YAM
- Dipsacus asper* Wallich
Dipsacaceae
SICHUAN TEASEL (XU-DUAN)
- Dipsacus japonicus* Miq.
Dipsacaceae
JAPANESE TEASEL (XU-DUAN), nabe-na
- Dipteryx odorata* (Aubl.) Willd.
Fabaceae
TONKA, Dutch tonka bean, Dutch tonka
- Dipteryx oppositifolia* Willd.
Fabaceae
TONKA, English tonka bean, English tonka
- DOCK, BROAD-LEAF**
see *Rumex obtusifolius*
- dock, curled
see *Rumex crispus*
- dock, prairie
see *Parthenium integrifolium*
- DOCK, YELLOW**
see *Rumex crispus*
- DODDER, CHINESE**
see *Cuscuta chinensis*
- dodder, Japanese
see *Cuscuta japonica*
- DOGBANE, SPREADING**
see *Apocynum androsaemifolium*
- DOG ROSE**
see *Rosa canina*
- DOGWOOD, ASIATIC (SHAN-ZHU-YU)**
see *Cornus officinalis*
- dong-chong-zia-cao
see *Cordyceps sinensis*
- DONG-CHONG-ZIA-CAO (CORDYCEPS)**
see *Cordyceps sinensis*
- dong-gua-pi
see *Benincasa hispida*
- DONG-GUA-PI (WAX GOURD)**
see *Benincasa hispida*
- DONG-QUAI**
see *Angelica sinensis*
- Dracontium foetidum* L.
= *Symplocarpus foetidus*
- DRAGON'S BLOOD (XUE-JIE)**
see *Daemonorops draco*
- Drynaria fortunei* (Kze.) J. Sm.
Polypodiaceae
DRYNARIA (GU-SUI-BU)
- DRYNARIA (GU-SUI-BU)**
see *Drynaria fortunei*
- Dryopteris filix-mas* (L.) Schott
Aspleniaceae
MALE FERN
- du-huo
see *Angelica pubescens*
- DU-HUO (PUBESCENT ANGELICA)**
see *Angelica pubescens*

DULSE

see *Rhodymenia palmetta*

dung, devil's

see *Ferula assa-foetida*

Dutch tonka bean

see *Dipteryx odorata*

du-zhong

see *Eucommia ulmoides*

DU-ZHONG (EUCOMMIA)

see *Eucommia ulmoides*

DWARF LILYTURF ROOT (MAI-DONG)

see *Ophiopogon japonicus*

DYER'S-BROOM

see *Genista tinctoria*

DYER'S-WOAD

see *Isatis tinctoria*

EASTERN RED CEDAR

see *Juniperus virginiana*

East Indian sarsaparilla

see *Hemidesmus indicus*

echinacea

see *Echinacea angustifolia*, *E.*

pallida, & *E. purpurea*

ECHINACEA ANGUSTIFOLIA

see *Echinacea angustifolia*

Echinacea angustifolia DC.

Asteraceae

ECHINACEA ANGUSTIFOLIA,

narrow-leaved echinacea,

echinacea, Kansas snakeroot,

narrow-leaved purple coneflower,

echinacea, common

see *Echinacea purpurea*

echinacea, narrow-leaved

see *Echinacea angustifolia*

echinacea, pale-flowered

see *Echinacea pallida*

ECHINACEA PALLIDA

see *Echinacea pallida*

Echinacea pallida (Nutt.) Nutt.

Asteraceae

ECHINACEA PALLIDA, pale-

flowered echinacea, echinacea,

pale purple coneflower

ECHINACEA PURPUREA

see *Echinacea purpurea*

Echinacea purpurea (L.) Moench

Asteraceae

ECHINACEA PURPUREA,

common echinacea, echinacea,

purple coneflower

Echinocereus grandiflorus

= *Selenicereus grandiflorus*

Echinodorus macrophyllus M. Mich.

Alismataceae

CHAPEAU-DE-COURO

ECLIPTA

see *Eclipta prostrata*

Eclipta alba

= *Eclipta prostrata*

Eclipta prostrata (L.) L.

Asteraceae

ECLIPTA

ECUADORIAN SARSAPARILLA

see *Smilax febrifuga*

EDLER, AMERICAN

see *Sambucus canadensis*

elder-berry

see *Sambucus canadensis*

ELDER, EUROPEAN

see *Sambucus nigra*

- elder-flower
see *Sambucus canadensis* & *S. nigra*
- ELECAMPANE**
see *Inula helenium*
- ELECAMPANE, BRITISH**
see *Inula britannica*
- ELECAMPANE, JAPANESE**
Inula japonica
Elettaria cardamomum (L.) Maton
Zingiberaceae
- CARDAMOM**
- ELEUTHERO**
see *Eleutherococcus senticosus*
Eleutherococcus senticosus (Rupr. et Maxim.) Maxim.
Araliaceae
- ELEUTHERO, Siberian ginseng, Ussurian thorny pepperbush**
- ELM, SLIPPERY**
see *Ulmus rubra*
Elytrigia repens (L.) Nevski
Poaceae
- TRITICUM, couch grass, dog grass, dog grass root, twitch grass**
- EMBLIC**
see *Phyllanthus emblica*
Emblica officinalis Gaertn.
see *Phyllanthus emblica* L.
- ENGLISH CHAMOMILE**
see *Chamaemelum nobile*
- ENGLISH HAWTHORN**
see *Crataegus laevigata*
- ENGLISH LAVENDER**
see *Lavandula angustifolia*
- English tonka bean
see *Dipteryx oppositifolia*
- EPHEDRA**
see *Ephedra distachya*
- ephedra, Chinese
see *Ephedra sinica*, *E. equisetina* & *E. intermedia*.
- Ephedra distachya* L.
Ephedraceae
- EPHEDRA**
Ephedra equisetina Bunge
Ephedraceae
- EPHEDRA (MA-HUANG), Chinese jointfir, ma huang, ephedra, Chinese ephedra**
Ephedra gerardiana Wall. ex Stapf
Ephedraceae
- INDIAN JOINTFIR**
Ephedra intermedia Schrenk et C. A. Meyer
Ephedraceae
- EPHEDRA (MA-HUANG), ma-huang, Chinese ephedra**
- EPHEDRA (MA-HUANG)**
see *Ephedra sinica*, *E. equisetina* & *E. intermedia*.
- Ephedra nevadensis* S. Wats.
Ephedraceae
- MORMON TEA, Brigham-tea, desert tea**
Ephedra sinica Stapf
Ephedraceae
- EPHEDRA (MA-HUANG), Chinese jointfir, ma huang, ephedra, Chinese ephedra**

- Ephedra vulgaris* sensu Brandis
= *Ephedra gerardiana*
- Epigaea repens* L.
Ericaceae
TRAILING-ARBUTUS, gravel
root
- Epilobium angustifolium* L.
Onagraceae
FIREWEED, willowherb
- Epilobium parviflorum* Schreb.
Onagraceae
**SMALL-FLOWERED WILLOW-
HERB**
- EPIMEDIUM**
see *Epimedium grandiflorum* & *E.
macranthum*
- Epimedium grandiflorum* C. Morr.
Berberidaceae
EPIMEDIUM, barrenwort
- Epimedium macranthum* Morr. &
Dcne.
= *Epimedium grandiflorum*
- Equisetum arvense* L.
Equisetaceae
HORSETAIL, common horsetail,
field horsetail, shave grass,
shavetail grass
- Equisetum hyemale* L.
Equisetaceae
SCOURING RUSH, rough
horsetail
- Equisetum telmateia* Ehrh.
Equisetaceae
GIANT HORSETAIL, shave grass
- Erigeron canadensis* L.
= *Conyza canadensis*
- Eriobotrya japonica* (Thunb.) Lindley
Rosaceae
LOQUAT
- Eriodictyon californicum* (Hook. &
Arn.) Torr.
Hydrophyllaceae
YERBA SANTA
- Eriodictyon glutinosum* Benth.
= *Eriodictyon californicum*
- Eriodictyon tomentosum* Benth.
Hydrophyllaceae
WOOLLY YERBA SANTA
- Erythroxylum catauba* A. J. da Silva
ex Hamet
Erythroxylaceae
CATAUBA, golden trumpet
- Eschscholzia californica* Cham.
Papaveraceae
CALIFORNIA POPPY
- EUCALYPTUS**
see *Eucalyptus globulus*
- Eucalyptus globulus* Labill.
Myrtaceae
EUCALYPTUS, blue gum,
Tasmanian blue gum, southern
blue gum,
- EUCOMMIA**
see *Eucommia ulmoides*
- EUCOMMIA (DU-ZHONG)**
see *Eucommia ulmoides*
- Eucommia ulmoides* Oliver
Eucommiaceae
EUCOMMIA (DU-ZHONG),
hardy rubber tree, du zhong
- Eugenia aromatica* (L.) Baill.
= *Syzygium aromaticum*

- Eugenia caryophyllata* Thunb.
= *Syzygium aromaticum*
- Eugenia jambolana* Lam.
= *Syzygium cumini*
- Euodia rutaecarpa* J.D. Hook. ex
Benth.
Rutaceae
EVODIA (WU-ZHU-YU)
- Euonymus atropurpureus* Jacq.
Celastraceae
WAHOO, eastern burningbush
- Eupatorium perfoliatum* L.
Asteraceae
BONESET, thoroughwort
- Eupatorium purpureum* L.
Asteraceae
JOE-PYE, Joe-Pye-weed, queen-of-the-meadow, sweet Joe-Pye-weed, green-stemmed Joe-Pye-weed, gravel root
- EUPHORBIA**
see *Euphorbia pilulifera*
- Euphorbia hirta* L.
= *Euphorbia pilulifera*
- Euphorbia pilulifera* L.
Euphorbiaceae
EUPHORBIA, pill-bearing spurge
- Euphoria longan* (Lour.) Steud.
= *Dimocarpus longan*
- Euphrasia officinalis* L.
Scrophulariaceae
EYEBRIGHT
- Euphrasia rostkoviana* F. Hayne
see *Euphrasia officinalis*
- Euryale ferox* Salib.
Nymphaeaceae
EURYALE SEED (QIAN-SHI)
- EURYALE SEED**
see *Euryale ferox*
- European barberry
see *Berberis vulgaris*
- EUROPEAN ELDER**
see *Sambucus nigra*
- EUROPEAN GOLDENROD**
see *Solidago virgaurea*
- EUROPEAN HAZEL**
see *Corylus avellana*
- EUROPEAN MISTLETOE**
see *Viscum album*
- EUROPEAN PENNYROYAL**
see *Mentha pulegium*
- EUROPEAN PEONY**
see *Paeonia officinalis*
- EUROPEAN SANICLE**
see *Sanicula europaea*
- EUROPEAN VERVAIN**
see *Verbena officinalis*
- EUROPEAN WHITE BIRCH**
see *Betula pendula*
- EVENING PRIMROSE**
see *Oenothera biennis*
- EVERLASTING, PEARLY**
see *Anaphalis margaritacea*
- Evernia furfuracea* (L.) W. Mann
Usneaceae
TREE MOSS
- Evernia prunastri* (L.) Achar.
Usneaceae
OAKMOSS

- EVODIA**
 see *Euodia rutaecarpa*
- EVODIA (WU-ZHU-YU)**
 see *Euodia rutaecarpa*
- Evodia rutaecarpa* (Juss.) Benth.
 = *Euodia rutaecarpa*
- EYEBRIGHT**
 see *Euphrasia officinalis*
- EYE-GRASS, GOLDEN (XIAN-MAO)**
 see *Curculigo orchoides*
- false hellebore
 see *Veratrum viride*
- FALSE UNICORN ROOT**
 see *Chamaelirium luteum*
- FANG-FENG**
 see *Ledebouriella seseloides*
- fang-ji
 see *Stephania tetrandra*
- FANG-JI (STEPHANIA ROOT)**
 see *Stephania tetrandra*
- fen-ke
 see *Pueraria thomsonii*
- FEN-KE (MEALY KUDZU)**
 see *Pueraria thomsonii*
- FENNEL**
 see *Foeniculum vulgare*
- FENUGREEK**
 see *Trigonella foenum-graecum*
- fern, maidenhair
 see *Adiantum pedatum*
- FERN, MALE**
 see *Dryopteris filix-mas*
- Ferula assa-foetida* L.
 Apiaceae
ASAFETIDA, devil's dung
- Ferula foetida* (Bunge) Regel
 Apiaceae
ASAFETIDA
- FEVERFEW**
 see *Tanacetum parthenium*
- FIGWORT**
 see *Scrophularia marilandica* & *S. nodosa*
- filbert
 see *Corylus avellana* & *C. cornuta*
- filé
 see *Sassafras albidum*
- Filipendula ulmaria* (L.) Maxim.
 Rosaceae
MEADOWSWEET, queen-of-the-meadow
- fir, balsam
 see *Abies balsamea*
- fir needle, balsam
 see *Abies balsamea*
- FIREWEED**
 see *Epilobium angustifolium* L.
- five flavor fruit
 see *Schisandra chinensis*
- FLAG, BLUE**
 see *Iris versicolor* & *I. virginica*
- flag root, blue
 see *Iris versicolor* & *I. virginica*
- flag, sweet
 see *Acorus calamus*
- FLAX**
 see *Linum usitatissimum*
- FLEABANE, CANADA**
 see *Conyza canadensis*
- FLOWERING QUINCE (MU-GUA)**
 see *Chaenomeles speciosa*

Foeniculum vulgare Mill.

Apiaceae

FENNEL

FORSYTHIA

see *Forsythia suspensa*

FORSYTHIA (LIAN-QIAO)

see *Forsythia suspensa*

Forsythia suspensa (Thunb.) Vahl

Oleaceae

FORSYTHIA (LIAN-QIAO),

goldenbells

FO-TI

see *Polygonum multiflorum*

FO-TI (HE-SHOU-WU)

see *Polygonum multiflorum*

Fouquieria splendens Engelm.

Fouquieriaceae

OCOTILLO

foxglove

see *Digitalis purpurea*

Fragaria vesca L.

Rosaceae

STRAWBERRY, alpine

strawberry

Fragaria virginiana Duchesne

Rosaceae

STRAWBERRY, Virginian

strawberry

FRAGRANT ANGELICA (BAI-ZHI)

see *Angelica dahurica*

FRANGULA

see *Rhamnus frangula*

Frangula alnus Mill.

= *Rhamnus frangula*

Frangula purshiana (DC.) Cooper

= *Rhamnus purshiana*

FRANKINCENSE

see *Boswellia carteri*

Fraxinus americana L.

Oleaceae

WHITE ASH

French psyllium

see *Plantago arenaria*

FRENCH ROSE

see *Rosa gallica*

FRENCH TARRAGON

see *Artemisia dracunculus* L.

'Sativa'

FRINGETREE

see *Chionanthus virginicus*

Fritillaria cirrhosa D. Don.

Liliaceae

SICHUAN FRITILLARY

(CHUAN-BEI-MU)

Fritillaria thunbergii Miq.

Liliaceae

CHEKIANG FRITILLARY

(ZHE-BEI-MU)

FRITILLARY, CHEKIANG (ZHE-

BEI-MU)

see *Fritillaria thunbergii*

FRITILLARY, SICHUAN(CHUAN-

BEI-MU)

see *Fritillaria cirrhosa*

Fucus vesiculosus L.

Fucaceae

BLADDERWRACK, rockwrack

fu-ling

see *Wolfiporia cocos*

FU-LING (POLYPORUS)

see *Wolfiporia cocos*

- fu-zi
 see *Aconitum carmichaelii*
- FU-ZI (ACONITE TUBER, PREPARED)**
 see *Aconitum carmichaelii*
- GALANGAL, GREATER**
 see *Alpinia galanga* & *Kaempferia galanga*
- GALANGAL, LESSER**
 see *Alpinia officinarum*
- Galium aparine* L.
 Rubiaceae
CLEAVERS, goosegrass
- Galium odoratum* (L.) Scop.
 Rubiaceae
SWEET WOODRUFF, woodruff
- Galium verum* L.
 Rubiaceae
LADY'S BEDSTRAW, yellow bedstraw, our-Lady's-bedstraw
- GAMBIR**
 see *Uncaria gambir*
- Ganoderma lucidum* (Leyss. ex Fr.) P. Karst.
 Ganodermataceae
REISHI, ling chih, ling chih mushroom
- gan-zao
 see *Glycyrrhiza uralensis*
- GAN-ZAO (CHINESE LICORICE)**
 see *Glycyrrhiza uralensis*
- gao-ben
 see *Ligusticum sinense*
- GAO-BEN (LIGUSTICUM)**
 see *Ligusticum sinense*
- GARDENIA FRUITS**
 see *Gardenia jasminoides*
- GARDENIA FRUITS (ZHI-ZI)**
 see *Gardenia jasminoides*
Gardenia jasminoides Ellis
 Rubiaceae
GARDENIA FRUITS (ZHI-ZI)
- GARLIC**
 see *Allium sativum*
- GASTRODIA**
 see *Gastrodia elata*
- GASTRODIA (TIAN-MA)**
 see *Gastrodia elata*
- Gastrodia elata* Bl.
 Orchidaceae
GASTRODIA (TIAN-MA)
Gaultheria procumbens L.
 Ericaceae
WINTERGREEN, tea berry
- Gelidiella acerosa* (Forssk.) Feldm.
 Gelidiaceae
AGAR, agarweed
- Gelidium amansii* J. V. Lamour.
 Gelidiaceae
AGAR, agarweed
- Gelidium cartilagineum* (L.) Gaill.
 Gelidiaceae
AGAR, agarweed
- Gelidium crinale* (Turn.) J. V. Lamour.
 Gelidiaceae
AGAR, agarweed
- Gelidium divaricatum* G. Martens
 Gelidiaceae
AGAR, agarweed

Gelidium pacificum Okam.

Gelidiaceae

AGAR, agarweed

Gelidium vagum Okam.

Gelidiaceae

AGAR, agarweed

Genista tinctoria L.

Fabaceae

DYER'S-BROOM, dyer's-
greenwood

GENTIAN

see *Gentiana lutea*

Gentiana lutea L.

Gentianaceae

GENTIAN, yellow gentian

Gentiana macrophylla Bge.

Gentianaceae

LARGE-LEAF GENTIAN (QIN-
JIAO)

Gentiana scabra Bge.

Gentianaceae

SCABROUS GENTIAN (LONG-
DAN)

**GENTIAN, LARGE-LEAF (QIN-
JIAO)**

see *Gentiana macrophylla*

**GENTIAN, SCABROUS (LONG-
DAN)**

see *Gentiana scabra*

gentian, yellow

see *Gentiana lutea*

Geranium maculatum L.

Geraniaceae

CRANESBILL, wild geranium,
alumroot

GERANIUM, ROSE

see *Pelargonium graveolens*

geranium, wild

see *Geranium maculatum*

GERMAN CHAMOMILE

see *Matricaria recutita*

GERMANDER

see *Teucrium chamaedrys*

GIANT HORSETAIL

see *Equisetum telmateia*

GINGER

see *Zingiber officinale*

ginger, Chinese

see *Alpinia officinarum*

ginger, wild

see *Asarum canadense*

GINKGO

see *Ginkgo biloba*

Ginkgo biloba L.

Ginkgoaceae

GINKGO, maidenhair tree

ginseng

see *Panax ginseng*

ginseng

see *Panax quinquefolius*

GINSENG, AMERICAN

see *Panax quinquefolius*

ginseng, Chinese

see *Panax ginseng*

ginseng, Korean

see *Panax ginseng*

GINSENG, ORIENTAL

see *Panax ginseng*

ginseng, red

see *Panax ginseng*

- ginseng, sanchi
 see *Panax notoginseng*
- GINSENG, SAN-QI**
 see *Panax notoginseng*
- ginseng, Siberian
 see *Eleutherococcus senticosus*
- ginseng, tienchi
 see *Panax notoginseng*
- glehnia
 see *Glehnia littoralis*
- Glehnia littoralis* Fr. Schmidt ex Miq.
 Apiaceae
- GLEHНИЯ ROOT (BEI-SHA-SHEN)**, beach silvertop
- GLEHНИЯ ROOT (BEI-SHA-SHEN)**
 see *Glehnia littoralis*
- Glycyrrhiza glabra* L.
 Fabaceae
- LICORICE**
- Glycyrrhiza uralensis* Fisch. ex DC.
 Fabaceae
- CHINESE LICORICE (GAN-ZAO)**
- goldenbells
 see *Forsythia suspensa*
- GOLDEN EYE-GRASS (XIAN-MAO)**
 see *Curculigo orchioides*
- GOLDENROD, EUROPEAN**
 see *Solidago virgaurea*
- GOLDENSEAL**
 see *Hydrastis canadensis*
- GOLDTHREAD**
 see *Coptis groenlandica*
- GOLDTHREAD, CHINESE (HUANG-LIAN)**
 see *Coptis chinensis*
- goosegrass
 see *Galium aparine*
- go-qi-zi
 see *Lycium barbarum*
- GO-QI-ZI (LYCIUM BERRIES)**
 see *Lycium barbarum*
- Gossypium herbaceum* L.
 Malvaceae
- LEVANT COTTON**
- Gossypium hirsutum* L.
 Malvaceae
- COTTON**
- GOTU KOLA**
 see *Centella asiatica*
- gou-ji
 see *Cibotium barometz*
- GOU-JI (SCYTHIAN LAMB)**
 see *Cibotium barometz*
- grains-of-paradise
 see *Amomum melegueta*
- granadilla
 see *Passiflora laurifolia*
- granadilla, yellow
 see *Passiflora laurifolia*
- grapeholly, Oregon
 see *Mahonia aquifolium*, *M. nervosa*, & *M. repens*
- GRAPE, OREGON**
 see *Mahonia aquifolium*, *M. nervosa*, & *M. repens*
- grass, couch
 see *Elytrigia repens*

- grass, dog
 see *Elytrigia repens*
- grass, fever
 see *Cymbopogon citratus*
- GRASS-LEAVED CALAMUS (SHI-CHANG-PU)**
 see *Acorus gramineus*
- grass, nut
 see *Cyperus rotundus*
- grass, shave
 see *Equisetum arvense*
- grass, shavetail
 see *Equisetum arvense*
- grass, twitch
 see *Elytrigia repens*
- GRASS, WOOLLY (MAO-GEN)**
 see *Imperata cylindrica*
- grassy-leaved sweet-flag
 see *Acorus gramineus*
- gravel root
 see *Epigaea repens* & *Eupatorium purpureum*
- GREATER GALANGAL**
 see *Alpinia galanga* & *Kaempferia galanga*
- green tea
 see *Camellia sinensis*
- greenwood, dyer's-
 see *Genista tinctoria*
- grifolia
 see *Wolfiporia cocos*
- GRINDELIA**
 see *Grindelia robusta* & *G. squarrosa*
- Grindelia robusta* Nutt.
 Asteraceae
- GRINDELIA, gumweed**
Grindelia squarrosa (Pursh) Dunal
 Asteraceae
- GRINDELIA, gumweed**
- gua-lou
 see *Trichosanthes kirilowii*
- GUA-LOU (TRICHOSANTHES FRUIT)**
 see *Trichosanthes kirilowii*
- guang-jing-qian-cao
 see *Desmodium styracifolium*
- GUANG-JING-QIAN-CAO (COIN-LEAVED DESMODIUM)**
 see *Desmodium styracifolium*
- guar
 see *Cyamopsis tetragonolobus*
- GUARANA**
 see *Paullinia cupana*
- GUAR GUM**
 see *Cyamopsis tetragonolobus*
- GUGGUL**
 see *Commiphora mukul*
- gum, blue
 see *Eucalyptus globulus*
- gum myrrh
 see *Commiphora molmol* & *C. myrrha*
- gum, southern blue
 see *Eucalyptus globulus*
- gum, Tasmanian blue
 see *Eucalyptus globulus*
- gumweed
 see *Grindelia robusta*

- gu-sui-bu
 see *Drynaria fortunei*
- GU-SUI-BU (DRYNARIA)**
 see *Drynaria fortunei*
- Hamamelis virginiana* L.
 Hamamelidaceae
WITCH-HAZEL, witch-hazel leaf
- hardy rubber tree
 see *Eucommia ulmoides*
- Harpagophytum procumbens* DC. ex
 Meisn.
 Pedaliaceae
DEVIL'S CLAW
- HAWTHORN, CHINESE**
 see *Crataegus pinnatifida*
- HAWTHORN, ENGLISH**
 see *Crataegus laevigata*
- hawthorn, oneseed
 see *Crataegus monogyna*
- hawthorn, pinnate
 see *Crataegus pinnatifida*
- hazel, beaked
 see *Corylus cornuta*
- HAZEL, EUROPEAN**
 see *Corylus avellana*
- HEAL-ALL**
 see *Prunella vulgaris* L.
- healing-herb
 see *Symphytum officinale*
- HEARTSEASE**
 see *Viola tricolor*
- HEATHER**
 see *Calluna vulgaris*
- Hedeoma pulegioides* (L.) Pers.
 Lamiaceae
AMERICAN PENNYROYAL
- he-huan-hua
 see *Albizia julibrissin*.
- HE-HUAN-HUA (SILK TREE)**
 see *Albizia julibrissin*.
- he-huan-pi
 see *Albizia julibrissin*.
- HE-HUAN-PI (SILK TREE) (**
 see *Albizia julibrissin*.
- Helianthus annuus* L.
 Asteraceae
SUNFLOWER
- heliotrope, garden
 see *Valeriana officinalis*
- HELLEBORE, AMERICAN**
 see *Veratrum viride*
- hellebore, American white
 see *Veratrum viride*
- hellebore, false
 see *Veratrum viride*
- Helonias dioica* Pursh
 = *Chamaelirium luteum*
- HEMIDESMUS**
 see *Hemidesmus indicus*
- Hemidesmus indicus* (L.) Schult.
 Asclepiadaceae
- HEMIDESMUS, East Indian**
 Sarsaparilla
- HEMP, INDIAN-**
 see *Apocynum cannabinum*
- HENNA**
 see *Lawsonia inermis*
- Hepatica acutiloba* DC.
 = *Hepatica nobilis* var. *acuta*
- Hepatica americana* (DC.) Ker-Gawl.
 = *Hepatica nobilis* var. *obtusata*

Hepatica nobilis Garsault var. *acuta*

(Pursh) Steyermark

Ranunculaceae

AMERICAN LIVERLEAF,

liverwort herb

Hepatica nobilis Garsault var. *obtusata*

(Pursh) Steyermark

Ranunculaceae

AMERICAN LIVERLEAF,

liverwort herb

herb-of-grace

see *Ruta graveolens*

herb, Paraguayan sweet

see *Stevia rebaudiana*

Hercules'-club

see *Zanthoxylum clava-herculis*

he-shou-wu

see *Polygonum multiflorum*

HE-SHOU-WU (FO-TI)

see *Polygonum multiflorum*

Heuchera micrantha Douglas ex Lindl.

Saxifragaceae

ALUMROOT

HIBISCUS

see *Hibiscus sabdariffa*

Hibiscus sabdariffa L.

Malvaceae

HIBISCUS, roselle

HIGH MALLOW

see *Malva sylvestris*

HIMALAYAN MAYAPPLE

see *Podophyllum hexandrum*

HOARY PLANTAIN

see *Plantago media*

holly, box

see *Ruscus aculeatus*

HOLLYHOCK

see *Alcea rosea*

HONDURAN SARSAPARILLA

see *Smilax regelii*

HONEYSUCKLE, JAPANESE

see *Lonicera japonica*

HOPS

see *Humulus lupulus*

Hordium vulgare L.

Poaceae

BARLEY

HOREHOUND

see *Marrubium vulgare*

HOREHOUND, BLACK

see *Ballota nigra*

horehound, water

see *Lycopus americanus* & *L.*

europaeus

horehound, white

see *Marrubium vulgare*

horseheal

see *Inula helenium*

HORSEMINT

see *Monarda punctata*

HORSERADISH

see *Armoracia rusticana*

HORSETAIL

see *Equisetum arvense*

horsetail, common

see *Equisetum arvense*

horsetail, field

see *Equisetum arvense*

HORSETAIL, GIANT

see *Equisetum telmateia*

horsetail, rough

see *Equisetum hyemale*

- ho-shou-wu
see *Polygonum multiflorum*
- hou-po
see *Magnolia officinalis*
- HOU-PO (MAGNOLIA BARK)**
see *Magnolia officinalis*
- huang-bai
see *Phellodendron amurense* & *P. chinense*
- HUANG-BAI (PHELLODENDRON BARK)**
see *Phellodendron amurense* & *P. chinense*
- huang-jing
see *Polygonatum sibiricum*
- HUANG-JING (SIBERIAN SOLOMON'S SEAL)**
see *Polygonatum sibiricum*
- huang-lian
see *Coptis chinensis*
- HUANG-LIAN (CHINESE GOLDTHREAD)**
see *Coptis chinensis*
- huang-qi
see *Astragalus membranaceus* & *Astragalus mongholicus*
- HUANG-QI (ASTRAGALUS)**
see *Astragalus membranaceus* & *Astragalus mongholicus*
- huang-qin
see *Scutellaria baicalensis*
- HUANG-QIN (BAIKAL SKULLCAP)**
see *Scutellaria baicalensis*
- huckleberry
see *Vaccinium myrtillus*
- Humulus lupulus* L.
Cannabidaceae
- HOPS**
- HYDRANGEA**
see *Hydrangea arborescens*
- Hydrangea arborescens* L.
Hydrangeaceae
- HYDRANGEA, wild hydrangea, seven barks**
- Hydrastis canadensis* L.
Ranunculaceae
- GOLDENSEAL, yellow puccoon**
- Hydrocotyle asiatica* L.
= *Centella asiatica*
- Hypericum perforatum* L.
Hypericaceae
- ST. JOHN'S WORT**
- HYSSOP**
see *Hyssopus officinalis*
- Hyssopus officinalis* L.
Lamiaceae
- HYSSOP**
- ICELAND MOSS**
see *Cetraria islandica*
- Ilex paraguariensis* St. Hil.
Aquifoliaceae
- MATÉ, yerba maté, Paraguay tea**
- Illicium verum* J. D. Hook.
Illiciaceae
- STAR ANISE**
- IMMORTAL**
see *Asclepias asperula*
- Imperata cylindrica* L.
Poaceae
- WOOLLY GRASS (MAO-GEN)**

INDIAN-HEMP

see *Apocynum cannabinum*

INDIAN-JOINTFIR

see *Ephedra gerardiana*

Indian-turnip

see *Arisaema triphyllum*

INDIAN VALERIAN

see *Valeriana wallichii*

INDIGO, WILD

see *Baptisia tinctoria*

Inula britannica L.

Asteraceae

BRITISH ELECCAMPANE**FLOWERS (XUAN-FU-HUA)***Inula helenium* L.

Asteraceae

ELECCAMPANE, scabwort, alant,
horseheal, yellow starwort

Inula japonica Thunb.

Asteraceae

JAPANESE ELECCAMPANE**FLOWERS (XUAN-FU-HUA)****IPECAC**

see *Cephaelis ipecacuanha*

ipe roxo

see *Tabebuia heptaphylla* & *T.*
impetiginosa

Ipomoea purga Hayne

Convolvulaceae

JALAP*Iris X germanica* L. 'Florentina'

Iridaceae

ORRIS*Iris X pallida* Lam. 'Dalmatica'

Iridaceae

ORRIS*Iris versicolor* L.

Iridaceae

BLUE FLAG*Iris virginica* L.

Iridaceae

BLUE FLAG*Isatis tinctoria* L.

Brassicaceae

DYER'S-WOAD, woad**JABORANDI**

= *Pilocarpus jaborandi*, *P.*

microphyllus, & *P. pennatifolius*

jaborandi, Maranhao

see *Pilocarpus microphyllus*

jaborandi, Paraguay

see *Pilocarpus pennatifolius*

jaborandi, Pernambuco

see *Pilocarpus jaborandi*

JACK-IN-THE-PULPIT

see *Arisaema triphyllum*

JALAP

see *Ipomoea purga*

JAMAICAN SARSAPARILLA

see *Smilax ornata*

JAPANESE APRICOT (WU-MEI)

see *Prunus mume*

JAPANESE ARISAEMA (TIAN-NAN-XING)

see *Arisaema japonicum*

JAPANESE ELECCAMPANE**FLOWERS (XUAN-FU-HUA)**

see *Inula japonica*

JAPANESE HONEYSUCKLE

see *Lonicera japonica*

JAPANESE TEASEL (XU-DUAN)

see *Dipsacus japonicus*

JASMINE

see *Jasminum grandiflorum*

jasmine, Catalonian

see *Jasminum grandiflorum*

jasmine, royal

see *Jasminum grandiflorum*

jasmine, Spanish-

see *Jasminum grandiflorum*

Jasminum grandiflorum L.

Oleaceae

JASMINE, Catalonian jasmine,

royal jasmine, Spanish-jasmine

JATAMANSI

see *Nardostachys jatamansi*

Jersey tea

see *Ceanothus americanus*

jie-geng

see *Platycodon grandiflorum*

JIE-GENG (BALLOON-FLOWER)

see *Platycodon grandiflorum*

jin-yin-hua

see *Lonicera japonica*

JOB'S TEARS

see *Coix lacryma-jobi*

JOE-PYE

see *Eupatorium purpureum*

Joe-Pye-weed

see *Eupatorium purpureum*

Joe-Pye-weed, green

see *Eupatorium purpureum*

Joe-Pye-weed, sweet

see *Eupatorium purpureum*

Johnny-jump-up

see *Viola tricolor*

jointfir, Chinese

see *Ephedra sinica* & *E. equisetina*

jointfir, Indian

see *Ephedra gerardiana*

Juglans cinerea L.

Juglandaceae

BUTTERNUT

Juglans nigra L.

Juglandaceae

BLACK WALNUT**JUJUBE**

see *Ziziphus jujuba*

jujube, Chinese

see *Ziziphus jujuba*

jujube dates

see *Ziziphus jujuba*

JUJUBE (DA-ZAO)

see *Ziziphus jujuba*

JUJUBE SEEDS

see *Ziziphus spinosa*

JUJUBE SEEDS (SUAN-ZAO-REN)

see *Ziziphus spinosa*

jumbul

see *Syzygium cumini*

JUNIPER

see *Juniperus communis*

juniper

see *Juniper monosperma*, *J.*

osteosperma, & *J. oxycedrus*

JUNIPER, CADE

see *Juniperus oxycedrus*

juniper, common

see *Juniperus communis*

JUNIPER, ONESEED

see *Juniperus monosperma*

juniper, prickly

see *Juniperus oxycedrus*

JUNIPER, UTAH

see *Juniperus osteosperma*

Juniperus communis L.

Cupressaceae

JUNIPER, common juniper

Juniperus monosperma (Engelm.)

Sarg.

Cupressaceae

ONESEED JUNIPER, juniper

Juniperus osteosperma (Torr.) Little

Cupressaceae

UTAH JUNIPER, juniper

Juniperus oxycedrus L.

Cupressaceae

CADE JUNIPER, prickly juniper,
juniper

Juniperus virginiana L.

Cupressaceae

EASTERN RED CEDAR,

cedarwood

Kaempferia galanga L.

Zingiberaceae

GREATER GALANGAL

KAVA KAVA

see *Piper methysticum*

KELP

see *Nereocystis luetkeana* [Many
other species are also used as
kelp.]

kinnickinick

see *Arctostaphylos uva-ursi*

knotweed, Chinese

see *Polygonum multiflorum*

kola nut

see *Cola acuminata* & *C. nitida*

Krameria argentea Mart. ex Spreng.

Krameriaceae

RHATANY, Brazilian rhatany,

Brazilian krameria

krameria, Brazilian

see *Krameria argentea*

krameria, Peruvian

see *Krameria triandra*

Krameria triandra Ruiz. & Pav.

Krameriaceae

RHATANY, Peruvian rhatany,

Peruvian krameria

KUDZU

see *Pueraria lobata*

KUDZU , MEALY (FEN-KE)

see *Pueraria thomsonii*

ku-lian-pi

see *Melia azedarach*

KU-LIAN-PI, (CHINATREE)

see *Melia azedarach*

ku-shen

see *Sophora flavescens*

KU-SHEN (SHRUBBY SOPHORA)

see *Sophora flavescens*

Lactuca quercina L.

Asteraceae

WILD LETTUCE, wild lettuce

Lactuca serriola L.

Asteraceae

WILD LETTUCE, wild lettuce

Lactuca virosa L.

Asteraceae

LACTUCARIUM

LACTUCARIUM

see *Lactuca virosa*

lad's love
 see *Artemisia abrotanum*

LADY'S BEDSTRAW
 see *Galium verum*

LADY'S-MANTLE
 see *Alchemilla xanthochlora*

Lamium album L.
 Lamiaceae

WHITE NETTLE, dead nettle

lapacho colorado
 see *Tabebuia heptaphylla*

lapacho morado
 see *Tabebuia heptaphylla*

LARGE-LEAF GENTIAN (QIN-JIAO)
 see *Gentiana macrophylla*

LARGE-LEAVED LINDEN
 see *Tilia platyphyllos*

Larrea divaricata auct. non Cav.
 = *Larrea tridentata*

Larrea mexicana Moric.
 = *Larrea tridentata*

Larrea tridentata (Sessé & Moc. ex DC.) Coville
 Zygophyllaceae

CHAPARRAL, cresote bush

laurel, Grecian
 see *Laurus nobilis*

Laurus nobilis L.
 Lauraceae

BAYLEAF, Grecian laurel, sweet bay,

LAVANDIN
 see *Lavandula x intermedia*

Lavandula angustifolia Mill.
 Lamiaceae

ENGLISH LAVENDER, common lavender, French lavender, (**Note:** English lavender from France is often traded as French Lavender).

Lavandula x intermedia Emeric ex Loisel.
 Lamiaceae

LAVANDIN
Lavandula latifolia Medic.
 Lamiaceae

spike, **SPIKE LAVENDER**
Lavandula stoechas L.
 Lamiaceae

SPANISH-LAVENDER
 lavender, common
 see *Lavandula angustifolia*

LAVENDER, ENGLISH
 see *Lavandula angustifolia*

lavender, French
 see *Lavandula angustifolia*

LAVENDER, SPANISH-
 see *Lavandula stoechas*

LAVENDER, SPIKE
 see *Lavandula latifolia*

Lawsonia alba Lam.
 = *Lawsonia inermis*

Lawsonia inermis L.
 Lythraceae

HENNA
Ledebouriella divaricata
 see *Ledebouriella seseloides*

Ledebouriella seseloides (Hoffm.) Wolf
 Apiaceae

FANG-FENG

- Lemondarin
see *Citrus limonia*
- LEMON**
see *Citrus limon*
- LEMON BALM**
see *Melissa officinalis*
- LEMONGRASS**
see *Cymbopogon citratus*
- lemongrass, West Indian
see *Cymbopogon citratus*
- LEMON THYME**
see *Thymus x citriodorus*
- LEMON VERBENA**
see *Aloysia triphylla*
- Lentinus edodes* (Berk.) Singer
Polyporaceae
SHIITAKE, shiitake mushroom
- Leonurus artemisia* (Lour.) S.Y. Hu
Lamiaceae
CHINESE MOTHERWORT (YI-MU-CAO)
- Leonurus cardiaca* L.
Lamiaceae
MOTHERWORT, common motherwort
- Leonurus heterophyllus* Sweet
= *Leonurus artemisia*
- Leonurus tarticus* L.
Lamiaceae
CHINESE MOTHERWORT SEED (CHONG-WEI-ZI), CHINESE MOTHERWORT (YI-MU-CAO)
- Leptandra virginica* (L.) Nutt.
Scrophulariaceae
CULVERS-ROOT, blackroot
- LESSER GALANGAL**
see *Alpinia officinarum*
- LETTUCE, WILD**
see *Lactuca quercina* & *L. serriola*
- LEVANT COTTON**
see *Gossypium herbaceum*
- Levisticum officinale* W. Koch
Apiaceae
LOVAGE
lian-qiao
see *Forsythia suspensa*
- LIAN-QIAO (FORSYTHIA)**
see *Forsythia suspensa*
- LICORICE**
see *Glycyrrhiza glabra*
- LICORICE, CHINESE**
see *Glycyrrhiza uralensis*
- life-everlasting
see *Anaphalis margaritacea*
- LIGUSTICUM**
see *Ligusticum sinense*
- Ligusticum chuanxiong* Hort.
Apiaceae
SICHUAN LOVAGE (CHUAN-XIONG)
- Ligusticum porteri* J. M. Coulter & J. N. Rose
Apiaceae
OSHA
- Ligusticum sinense* Lour.
Apiaceae
LIGUSTICUM (GAO-BEN)
- Ligusticum wallichii* auct. sin. non. Franch.
see *Ligusticum chuanxiong*

- ligustrum fruits
 see *Ligustrum lucidum*
- Ligustrum lucidum* W. T. Aiton
 Oleaceae
- LIGUSTRUM FRUITS (NU-ZHEN-ZI)**, glossy privet
- Lilium brownii* F. E. Br.
 Liliaceae
- BROWN'S LILY (BAI-HE)**
- LILY, BROWN'S**
 see *Lilium brownii*
- LILY-OF-THE-VALLEY**
 see *Convallaria majalis*
- LIME**
 see *Citrus aurantifolia*
- LIME, MANDARIN LIME**
 see *Citrus limonia*
- LINDEN**
 see *Tilia x europaea*
- linden, European
 see *Tilia x europaea*
- LINDEN, LARGE-LEAVED**
 see *Tilia platyphyllos*
- ling-chih
 see *Ganoderma lucidum*
- ling-chih mushroom
 see *Ganoderma lucidum*
- Linum usitatissimum* L.
 Linaceae
- FLAX**
- Lippia citriodora* Kunth
 = *Aloysia triphylla*
- Liriosma ovata* Miers.
 Olacaceae
- MUIRA PUAMA**, puama
- LIVERLEAF, AMERICAN**
 see *Hepatica nobilis* var. *acuta* &
 var. *obtusa*
- liverwort herb
 see *Hepatica nobilis* var. *acuta* &
H. nobilis var. *obtusa*
- LOBELIA, BLUE**
 see *Lobelia siphilitica*
- lobelia, great blue
 see *Lobelia siphilitica*
- Lobelia inflata* L.
 Campanulaceae
- LOBELIA**, Indian tobacco, puke
 weed
- Lobelia siphilitica* L.
 Campanulaceae
- BLUE LOBELIA**, great blue
 lobelia
- LOMATIUM**
 see *Lomatium dissectum*
- Lomatium dissectum* (Nutt.) Math. &
 Const.
 Apiaceae
- LOMATIUM**
- LONGAN**
 see *Dimocarpus longan*
- LONG BUCHU**
 see *Barosma serratifolia*
- long-dan
 see *Gentiana scabra*
- LONG-DAN (SCABROUS GENTIAN)**
 see *Gentiana scabra*
- Lonicera japonica* Thunb.
 Caprifoliaceae
- JAPANESE HONEYSUCKLE,**

- Japanese honeysuckle flowers (jin yin hua), Japanese honeysuckle stems (ren dong teng)
- LOQUAT**
see *Eriobotrya japonica*
- LOTUS**
see *Nelumbo nucifera*
- LOVAGE**
see *Levisticum officinale*
- LOVAGE, SICHUAN**
see *Ligusticum chuanxiong*
- LUNGWORT**
see *Pulmonaria officinalis*
- LUO-HAN-GUO**
see *Siraitia grosvenorii*
- Lycium barbarum* L.
Solanaceae
- LYCIUM BERRIES (GO-QI-ZI),**
barbary matrimony vine
- LYCIUM BARK**
see *Lycium chinense*
- LYCIUM BERRIES**
see *Lycium barbarum*
- Lycium chinense* Mill.
Solanaceae
- LYCIUM BARK (DI-GU-PI),**
Chinese matrimony vine
- Lycopus americanus* Muhl. ex W. Barton
Lamiaceae
- AMERICAN BUGLEWEED,**
water horehound
- Lycopus europaeus* L.
Lamiaceae
- EUROPEAN BUGLEWEED,**
water horehound
- Lycopus virginicus* L.
Lamiaceae
- BUGLEWEED**
- MACE**
see *Myristica fragrans*
- MADAGASCAR PERIWINKLE**
see *Catharanthus roseus*
- MA-DOU-LING (fruit)**
see *Aristolochia contorta* &
Aristolochia debilis
- MAGNOLIA BARK (HOU-PO)**
see *Magnolia officinalis*
- Magnolia liliflora* Desr.
Magnoliaceae
- RED MAGNOLIA (XIN-YI)**
Magnolia officinalis Rehd. et Wils.
Magnoliaceae
- MAGNOLIA BARK (HOU-PO)**
- MAGNOLIA, RED (XIN-YI)**
Magnolia liliflora
Magnolia virginiana L.
Magnoliaceae
- SWEETBAY**
Mahonia aquifolium (Pursh) Nutt.
Berberidaceae
- OREGON GRAPE, Oregon**
grapeholly, Oregon barberry
- Mahonia nervosa* (Pursh) Nutt.
Berberidaceae
- OREGON GRAPE, Oregon**
grapeholly, Oregon barberry
- Mahonia repens* (Lindl.) G. Don
Berberidaceae
- OREGON GRAPE, Oregon**
grapeholly, Oregon barberry

- ma-huang
 see *Ephedra sinica*, *E. equisetina*
 & *E. intermedia*.
- MA-HUANG, (EPHEDRA)**
 see *Ephedra sinica*, *E. equisetina*
 & *E. intermedia*.
- MAIDENHAIR FERN**
 see *Adiantum pedatum*
- mai-dong
 see *Ophiopogon japonicus*
- MAI-DONG (DWARF LILYTURF
 ROOT)**
 see *Ophiopogon japonicus*
- maize
 see *Zea mays*
- MALE FERN**
 see *Dryopteris filix-mas*
- MALLOW, HIGH**
 see *Malva sylvestris*
- malva
 see *Malva sylvestris*
Malva sylvestris L.
 Malvaceae
HIGH MALLOW, malva
- mandarin
 see *Citrus reticulata*
- Mandarin lime
 see *Citrus limonia*
- Mandragora officinarum* L.
 Solanaceae
MANDRAKE
- MANDRAKE**
 see *Mandragora officinarum*
- mandrake, American
 see *Podophyllum peltatum*
- MANTLE, LADY'S**
 see *Alchemilla xanthochlora*
- mao-gen
 see *Imperata cylindrica*
- MAO-GEN (WOOLLY GRASS)**
 see *Imperata cylindrica*
- Maranta arundinacea* L.
 Marantaceae
ARROWROOT
- marigold, poet's
 see *Calendula officinalis*
- marigold, pot
 see *Calendula officinalis*
- MARJORAM, SWEET**
 see *Origanum majorana*
- Marrubium vulgare* L.
 Lamiaceae
HOREHOUND, white horehound
- MARSHMALLOW**
 see *Althaea officinalis*
- MATÉ**
 see *Ilex paraguariensis*
Matricaria chamomilla L. pro parte
 = *Matricaria recutita*
Matricaria recutita L.
 Asteraceae
GERMAN CHAMOMILE,
 Hungarian chamomile, true
 chamomile
- matrimony vine, barbary
 see *Lycium barbarum*
- matrimony vine, Chinese
 see *Lycium chinense*
- MAYAPPLE**
 see *Podophyllum peltatum*

MAYAPPLE, HIMALAYAN

see *Podophyllum hexandrum*

maypop

see *Passiflora incarnata*

MEADOWSWEET

see *Filipendula ulmaria*

MEALY KUDZU (FEN-KE)

see *Pueraria thomsonii*

Medicago sativa L.

Fabaceae

ALFALFA

Melaleuca alterniflora (Maiden &

Betche) Cheel

Myrtaceae

TEA TREE

Melia azedarach L.

Meliaceae

CHINATREE (KU-LIAN-PI)

Melia toosendan Sieb. & Zucc.

Meliaceae

SICHUAN-PAGODA-TREE

(CHUAN-LIANG-ZI)

Melissa officinalis L.

Lamiaceae

LEMON BALM, balm

Mentha x piperita L.

Lamiaceae

PEPPERMINT

Mentha pulegium L.

Lamiaceae

EUROPEAN PENNYROYAL

Mentha spicata L.

Lamiaceae

SPEARMINT

Menyanthes trifoliata L.

Menyanthaceae

BOGBEAN

MEXICAN SARSAPARILLA

see *Smilax medica*

MEXICAN VALERIAN

see *Valeriana edulis* subsp. *procera*

MICROCOS LEAVES

see *Microcos nervosa*

Microcos nervosa (Lour.) S. Y. Hu

Tiliaceae

MICROCOS LEAVES (BU-ZA-

YE)

milfoil

see *Achillea millefolium*

MIL-HOMENS

see *Aristolochia cymbifera*

MILK THISTLE

see *Silybum marianum*

Mimosa tree

see *Albizia julibrissin*

MING-DANG-SHEN

see *Changium smyrnoides*

MISSOURI SNAKEROOT

see *Parthenium integrifolium*

MISTLETOE, AMERICAN

see *Phoradendron leucarpum*

MISTLETOE, EUROPEAN

see *Viscum album*

Mitchella repens L.

Rubiaceae

SQUAWVINE, partridge berry

Momordica grosvenorii Swingle

see: *Siraitia grosvenorii*

- Monarda clinopodia* L
Lamiaceae
BEEBALM, wild bergamot
- Monarda didyma* L.
Lamiaceae
OSWEGO TEA, Oswego
beebalm, beebalm
- Monarda fistulosa* L.
Lamiaceae
WILD BERGAMOT, beebalm
- Monarda pectinata* Nutt.
Lamiaceae
SPOTTED BEEBALM
- Monarda punctata* L.
Lamiaceae
HORSEMINT
- MORINDA**
see *Morinda officinalis*
- Morinda officinalis* How
Rubiaceae
MORINDA (BA-JI-TIAN)
- MORMON TEA**
see *Ephedra nevadensis*
- Morus alba* L.
Moraceae
WHITE MULBERRY
- MOSS, ICELAND**
see *Cetraria islandica*
- MOTHERWORT**
see *Leonurus cardiaca*
- MOTHERWORT, CHINESE (YI-MU-CAO)**
see *Leonurus artemisia* & *L. tarticus*
- motherwort, common
see *Leonurus cardiaca*
- mu-dan-pi
see *Paeonia suffruticosa*
- MU-DAN-PI (TREE PEONY BARK)**
see *Paeonia suffruticosa*
- mu-gua
see *Chaenomeles speciosa*
- MU-GUA (FLOWERING QUINCE)**
see *Chaenomeles speciosa*
- MUGWORT**
see *Artemisia vulgaris*
- MUGWORT, WESTERN**
see *Artemisia douglasiana*
- MUGWORT, WHITE**
see *Artemisia lactiflora*
- MUIRA PUAMA**
see *Liriosma ovata*, *Ptychopetalum olacoides*, & *P. uncinatum*
- MULBERRY, WHITE**
see *Morus alba*
- mullein
see *Verbascum thapsus*
- MUM**
see *Dendranthema X morifolium*
- MUSTARD, BLACK**
see *Brassica nigra*
- mustard, brown
see *Brassica nigra*
- MUSTARD, WHITE**
see *Sinapis alba*
- mustard, yellow
see *Sinapis alba*
- mu-xiang
see *Saussurea lappa*
- MU-XIANG (COSTUS)**
see *Saussurea lappa*

- Myrcia sphaerocarpa* DC.
Myrtaceae
PEDRA HUME CAA
- Myrica cerifera* L.
Myricaceae
SOUTHERN BAYBERRY,
bayberry, wax myrtle
- Myrica pensylvanica* Lois.
Myricaceae
BAYBERRY
- Myristica fragrans* Houtt.
Myristicaceae
NUTMEG [seed]
MACE [aril]
- MYROBALAN, BELLERIC**
see *Terminalia bellerica*
- Myroxylon balsamum* (L.) Harms var.
balsamum
Fabaceae
TOLU BALSAM, tolu, opobalsam
- Myroxylon balsamum* (L.) Harms var.
pereirae (Royle) Harms
Fabaceae
BALSAM-OF-PERU
- Myroxylon toluiferum* Humb., Bonpl.
& Kunth
= *Myroxylon balsamum* var.
balsamum
- MYRRH**
see *Commiphora myrrha*
- MYRRH, ABYSSINIAN**
see *Commiphora madagascariensis*
- myrrh, common
see *Commiphora myrrha*
- myrrh, gum
see *Commiphora molmol* & C.
myrrha
- myrrh, hirabol
see *Commiphora myrrha*
- MYRRH, SOMALIAN**
see *Commiphora molmol*
- myrtle, wax
see *Myrica cerifera*
- nabe-na
see *Dipsacus japonicus*
- nan-sha-shen
see *Adenophora tetraphylla* & A.
stricta
- NAN-SHA-SHEN (ADENOPHORA)**
see *Adenophora tetraphylla* & A.
stricta
- nard
see *Nardostachys jatamansi*
- Nardostachys jatamansi* (D. Don) DC.
Valerianaceae
JATAMANSI, nard
- narrow-leaved echinacea
see *Echinacea angustifolia*
- Nasturtium officinale* R. Br.
Brassicaceae
WATERCRESS
- Nelumbo nucifera* Gaertn.
Nymphaeaceae
- LOTUS**
- Nepeta cataria* L.
Lamiaceae
CATNIP, catmint
- Nephelium longana* (Lam.) Cam.
see *Dimocarpus longan*

- Nereocystis luetkeana* (Mert.) Postels
& Rupr.
Lessoniaceae
KELP [Many other species are also
used as kelp.]
- nettle
see *Urtica dioica*
- nettle, dead
see *Lamium album*
- NETTLE, STINGING
see *Urtica dioica*
- NETTLE, WHITE
see *Lamium album*
- NEW JERSEY TEA
see *Ceanothus americanus*
- NIGHT-BLOOMING CEREUS
see *Selenicereus grandiflorus*
- nightshade, deadly
see *Atropa belladonna*
- NORTHERN PRICKLY-ASH
see *Zanthoxylum americanum*
- NOTOPTERYGIUM
see *Notopterygium incisum*
- Notopterygium incisum* Ting ex H. T.
Chang
Apiaceae
- NOTOPTERYGIUM (QIANG-
HUO)
- nui-xi
see *Achyranthes bidentata*
- NUI-XI (ACHYRANTHES)
see *Achyranthes bidentata*
- NUTMEG
see *Myristica fragrans*
- nu-zhen-zi
see *Ligustrum lucidum*
- NU-ZHEN-ZI (LIGUSTRUM
FRUITS)
see *Ligustrum lucidum*
- oak bark, white
see *Quercus alba*
- OAKMOSS
see *Evernia prunastri*
- OAK, WHITE
see *Quercus alba*
- OAT, WILD
see *Avena fatua*
- OATS
see *Avena sativa*
- Ocimum basilicum* L.
Lamiaceae
BASIL, sweet basil
- OCOTILLO
see *Fouquieria splendens*
- Oenothera biennis* L.
Onagraceae
- EVENING PRIMROSE
- old man's beard
see *Usnea barbata*
- olibanum
see *Boswellia carteri*
- ONESEED HAWTHORN
see *Crataegus monogyna*
- ONESEED JUNIPER
see *Juniperus monosperma*
- Ophiopogon japonicus* (L. fil.) Ker-
Gawl.
Liliaceae
- DWARF-LILYTURF ROOT
(MAI-DONG)

- Oplopanax horridus* (Sm.) Miq.
Araliaceae
DEVIL'S CLUB
opobalsam
see *Myroxylon balsamum* var.
balsamum
- ORANGE, BERGAMOT**
see *Citrus bergamia*
- ORANGE, BITTER**
see *Citrus aurantium*
- orange, Seville
see *Citrus aurantium*
- orange, sour
see *Citrus aurantium*
- OREGANO**
see *Origanum vulgare* subsp.
hirtum
- OREGON GRAPE**
see *Mahonia aquifolium*, *M.*
nervosa, & *M. repens*
- ORIENTAL ARBORVITAE (BAI-ZI-
REN)**
see *Platycladus orientalis*
- ORIENTAL GINSENG**
see *Panax ginseng*
- Origanum majorana* L.
Lamiaceae
SWEET MARJORAM
Origanum vulgare L. subsp. *hirtum*
(Link) Ietswaart
Lamiaceae
OREGANO
- ORRIS**
see *Iris x germanica* 'Florentina'
and *Iris x pallida* Lam. 'Dalmatica'
- OSHA**
see *Ligusticum porteri*
- OSWEGO TEA**
see *Monarda didyma*
- OVATE BUCHU**
see *Barosma crenulata*
- PACIFIC VALERIAN**
see *Valeriana sitchensis*
- Paeonia albiflora* Pall.
= *Paeonia lactiflora*
- Paeonia lactiflora* Pall.
Paeoniaceae
**WHITE PEONY ROOT (BAI-
SHAO)**, common garden peony,
peony,
white peony
Paeonia officinalis L.
Paeoniaceae
EUROPEAN PEONY, piney,
peony
Paeonia suffruticosa Andr.
Paeoniaceae
**TREE PEONY BARK (MU-
DAN-PI)**, tree peony
pale-flowered echinacea
see *Echinacea pallida*
- palm, dragon's blood
see *Daemonorops draco*
- PALMETTO, SAW**
see *Serenoa repens*
- Panax ginseng* C. A. Mey.
Araliaceae
ORIENTAL GINSENG, Chinese
ginseng, Korean ginseng, ginseng
Panax notoginseng (Burk.) F.H. Chen
Araliaceae

- SAN-QI GINSENG**, tienchi,
tienchi ginseng, sanchi ginseng
Panax quinquefolium
= *Panax quinquefolius*
Panax quinquefolius L.
Araliaceae
AMERICAN GINSENG
Panax pseudo-ginseng Wallich
= *Panax notoginseng*
Panax schinseng Nees
= *Panax ginseng*
pansy, European wild
see *Viola tricolor*
Papaver somniferum L.
Papaveraceae
POPPYSEED, opium poppy
- PAPAYA**
see *Carica papaya*
- paprika
see *Capsicum annuum* var.
annuum
- Parietaria diffusa* Mert. & W. Koch
Urticaceae
PELLITORY-OF-THE-WALL
Parietaria officinalis L.
Urticaceae
PELLITORY-OF-THE-WALL
- PARSLEY**
see *Petroselinum crispum*
- parsley, Chinese
see *Coriandrum sativum*
- Parthenium integrifolium* L.
Asteraceae
MISSOURI SNAKEROOT,
prairie dock
- partridge berry
see *Mitchella repens*
- Passiflora incarnata* L.
Passifloraceae
PASSIONFLOWER, wild
passionflower, maypop
Passiflora laurifolia L.
Passifloraceae
YELLOW GRANADILLA
PASSIONFLOWER
see *Passiflora incarnata*
passionflower, wild
see *Passiflora incarnata*
- PATA DE VACA**
see *Bauhinia forficata*
- patchouly
see *Pogostemon cablin*
- PAU D'ARCO**
see *Tabebuia heptaphylla* & *T. impetiginosa*
- Paullinia cupana* Humb., Bonpl. & Kunth.
Sapindaceae
GUARANA
Pausinystalia yohimba Pierre ex Beille
Rubiaceae
YOHIMBE
- PEACH**
see *Prunus persica*
peach tree bark or leaves
see *Prunus persica*
- PEARLY EVERLASTING**
see *Anaphalis margaritacea*
- PEA, SCURFY (BU-GU-ZHI)**
see *Cullen corylifolia*

- pedra hume caa
 see *Myrcia sphaerocarpa*
- Pelargonium graveolens* L'Hér. ex
 Aiton
 Geraniaceae
- ROSE GERANIUM**
- PELLITORY-OF-THE-WALL**
 see *Parietaria diffusa* & *P. officinalis*
- PENNYROYAL, AMERICAN**
 see *Hedeoma pulegioides*
- PENNYROYAL, EUROPEAN**
 see *Mentha pulegium*
- peony
 see *Paeonia lactiflora*, *P. officinalis*, *P. suffruticosa*
- peony, common garden
 see *Paeonia lactiflora*
- PEONY, EUROPEAN**
 see *Paeonia officinalis*
- PEONY ROOT, WHITE (BAI-SHAO)**
 see *Paeonia lactiflora*
- PEONY, TREE**
 see *Paeonia suffruticosa*
- pepper
 see *Piper nigrum*
- PEPPER, BIRD**
 see *Capsicum annuum*. var. *glabriusculum*
- PEPPER, BLACK**
 see *Piper nigrum*
- pepperbush, Ussurian thorny
 see *Eleutherococcus senticosus*
- pepper, chili
 see *Capsicum annuum* var. *annuum*
- PEPPERCORNS, PINK**
 see *Schinus terebinthifolia*
- pepper, kava
 see *Piper methysticum*
- PEPPERMINT**
 see *Mentha x piperita*
- pepper, pink
 see *Schinus terebinthifolia*
- pepper, red
 see *Capsicum annuum* var. *annuum*
- PEPPER, SICHUAN**
 see *Zanthoxylum simulans*
- PEPPER, TABASCO**
 see *Capsicum frutescens*
- PEPPERTREE, BRAZILIAN**
 see *Schinus terebinthifolia*
- pepper, white
 see *Piper nigrum*
- periwinkle
 see *Vinca minor*
- PERIWINKLE, COMMON**
 see *Vinca minor*
- PERIWINKLE, MADAGASCAR**
 see *Catharanthus roseus*
- Petroselinum crispum* (Mill.) Nym. ex
 A. W. Hill
 Apiaceae
- PARSLEY**
Petroselinum sativum Hoffm.
 = *Petroselinum crispum*

- Peumus boldus* Molina
 Monimiaceae
BOLDO
 pfaffia
 see *Pfaffia paniculata*
Pfaffia paniculata (Mart.) Kuntze
 Amaranthaceae
PFAFFIA, suma
PHELLODENDRON BARK
 (HUANG-BAI)
 see *Phellodendron amurense* & *P. chinense*
Phellodendron amurense Rupr.
 Rutaceae
PHELLODENDRON BARK
 (HUANG-BAI), amur cork tree
Phellodendron chinense Schneid.
 Rutaceae
PHELLODENDRON BARK
 (HUANG-BAI), Chinese cork tree
Phoradendron flavescens Nutt. ex
 Engelm.
 = *Phoradendron leucarpum*
Phoradendron leucarpum (Raf.)
 Reveal & M.C. Johnston.
 Viscaceae
AMERICAN MISTLETOE
Phoradendron serotinum (Raf.) M. C.
 Johnston.
 = *Phoradendron leucarpum*
Phyllanthus emblica L.
 Euphorbiaceae
EMBLIC, ambal, amla
Phytolacca americana L.
 Phytolaccaceae
POKE
- Phytolacca decandra* L.
 = *Phytolacca americana*
Picrasma excelsa (Swartz) Planch.
 Simaroubaceae
QUASSIA, Jamaican quassia
 pill-bearing spurge
 see *Euphorbia pilulifera*
Pilocarpus jaborandi Holmes
 Rutaceae
JABORANDI, Pernambuco
 jaborandi
Pilocarpus microphyllus Stapf
 Rutaceae
JABORANDI, Maranhao jaborandi
Pilocarpus pennatifolius Lem.
 Rutaceae
JABORANDI, Paraguay jaborandi
Pimenta dioica (L.) Merr.
 Myrtaceae
ALLSPICE
Pimenta officinalis Lindl.
 = *Pimenta dioica*
Pimpinella anisum L.
 Apiaceae
ANISE
PINEAPPLE WEED
 see *Chamomilla suaveolens*
 pine bark, white
 see *Pinus strobus*
PINELLIA
 see *Pinellia ternata*
Pinellia ternata (Thunb.) Briet.
 Araceae
PINELLIA (BAN-XIA)

pine, prince's
see *Chimaphila umbellata* subsp.
cisatlantica

PINE, WHITE
see *Pinus strobus*

piney
see *Paeonia officinalis*

PINKROOT
see *Spigelia marilandica*

pinnate hawthorn
see *Crataegus pinnatifida*

Pinus strobus L.
Pinaceae

WHITE PINE
Piper cubeba L. fil.
Piperaceae

CUBEB
Piper methysticum G. Forster
Piperaceae

KAVA KAVA, kava pepper
Piper nigrum L.
Piperaceae

BLACK PEPPER - [with cortex]
pepper, black peppercorns

WHITE PEPPER - [decorticated]

GREEN PEPPERCORNS - [green
with cortex]

PIPSISSEWA
see *Chimaphila umbellata* subsp.
cisatlantica

Plantago arenaria Waldst. & Kit.
Plataginaceae

BLACK PSYLLIUM, French
psyllium, psyllium

Plantago asiatica L.
Plataginaceae

ASIAN PSYLLIUM, Asian
plantain, psyllium
Plantago lanceolata L.
Plataginaceae

ENGLISH PLANTAIN, plantain
Plantago major L.
Plataginaceae

COMMON PLANTAIN, plantain
Plantago media L.
Plataginaceae

HOARY PLANTAIN, plantain
Plantago ovata Forssk.
Plataginaceae

BLONDE PSYLLIUM
Plantago psyllium L.
= *Plantago arenaria*

plantain
see *Plantago lanceolata*, *P. major*
& *P. media*

PLANTAIN, ASIAN
see *Plantago asiatica*

PLANTAIN, COMMON
see *Plantago major*

PLANTAIN, ENGLISH
see *Plantago lanceolata*

PLANTAIN, HOARY
see *Plantago media*

plant, dagger
see *Yucca aloifolia*

Platycladus orientalis (L.) Franco
Cupressaceae

ORIENTAL ARBORVITAE
(**BAI-ZI-REN**)
Platycodon grandiflorum (Jacq.) A.
DC
Campanulaceae

- BALLOON-FLOWER (JIE-GENG)**
- PLEURISY-ROOT**
 see *Asclepias tuberosa*
Plumeria lancifolia Müll.
 Apocynaceae
- AGONIADA**
Podophyllum emodi Wallich ex Hook.
 f. & Thomson
 = *Podophyllum hexandrum*
Podophyllum hexandrum Royle.
 Berberidaceae
- HIMALAYAN MAYAPPLE**
Podophyllum peltatum L.
 Berberidaceae
- MAYAPPLE, American mandrake**
Pogostemon cablin (Blanco) Benth.
 Lamiaceae
- PATCHOULY**
- POKE**
 see *Phytolacca americana*
Polygala senega L.
 Polygalaceae
- SENECA SNAKEROOT, senega snakeroot**
Polygala sibirica L.
 Polygalaceae
- POLYGALA (YUAN-ZHI), Siberian polygala**
Polygala tenuifolia Willd.
 Polygalaceae
- POLYGALA (YUAN-ZHI)**
 polygala, Siberian
 see *Polygala sibirica*
- POLYGALA (YUAN-ZHI)**
 see *Polygala tenuifolia* & *P. sibirica*
Polygonatum biflorum (Walter) Elliott
 Liliaceae
- SOLOMON'S-SEAL**
Polygonatum commutatum
 = *Polygonatum biflorum*
Polygonatum odoratum (Mill.) Druce
 Liliaceae
- AROMATIC SOLOMON'S-SEAL (YU-ZHU), Solomon's seal**
Polygonatum officinale All.
 = *Polygonatum odoratum*
Polygonatum sibiricum Red.
 Liliaceae
- SIBERIAN SOLOMON'S-SEAL (HUANG-JING)**
Polygonum bistorta L.
 Polygonaceae
- BISTORT**
Polygonum multiflorum Thunb.
 Polygonaceae
- FO-TI (HE-SHOU-WU), Chinese knotweed, fo-ti, ho-shou-wu, he-shou-wu**
- POLYPORUS (FU-LING)**
 see *Wolfiporia cocos*
Polyporus japonicus Fr.
 see *Ganoderma lucidum*
Polyporus umbellatus Fr.
 see *Wolfiporia cocos*
- POMEGRANATE**
 see *Punica granatum*

poplar
see *Populus balsamifera* var.
balsamifera

POPPY, CALIFORNIA

see *Eschscholzia californica*

poppy, opium

see *Papaver somniferum*

POPPYSEED

see *Papaver somniferum*

Populus balsamifera L. var.

balsamifera

Salicaceae

BALM-OF-GILEAD, tacamahac,

poplar, balm-of-Gilead buds

Populus candicans Aiton

see *Populus balsamifera* var.

balsamifera

Populus x gileadensis Rouleau

see *Populus x jackii*

Populus x jackii Sarg.

Salicaceae

BALM-OF-GILEAD, balm-of-

Gilead buds

Poria cocos (Schwein.) Wolf

= *Wolfiporia cocos*

Portulaca oleracea L.

Portulacaceae

PURSLANE

Potentilla erecta (L.) Raeusch.

Rosaceae

CINQUEFOIL, tormentil

Potentilla tormentilla Stokes

= *Potentilla erecta*

prairie dock

see *Parthenium integrifolium*

PREPARED ACONITE TUBER

(FU-ZI)

see *Aconitum carmichaelii*

PRICKLY ASH, NORTHERN

see *Zanthoxylum americanum*

PRICKLY ASH, SOUTHERN

see *Zanthoxylum clava-herculis*

PRIMROSE, EVENING

see *Oenothera biennis*

Primula veris L.

Primulaceae

COWSLIP

PRINSEPIA SEED

see *Prinsepia uniflora*

Prinsepia uniflora Batalin

Rosaceae

PRINSEPIA SEED (RUI-REN)

privet, glossy

see *Ligustrum lucidum*

PROVENCE ROSE

see *Rosa centifolia*

Prunella vulgaris L.

Lamiaceae

HEAL-ALL, self-heal, all-heal,
heal-all

Prunus armeniaca L.

Rosaceae

APRICOT

Prunus dulcis (Mill.) D. A. Webb.

var. *amara* (DC.) H. E. Moore

Rosaceae

BITTER ALMOND

Prunus mume (Sieb.) Sieb. et Zucc.

Rosaceae

**JAPANESE APRICOT (WU-
MEI)**

- Prunus persica* (L.) Batsch
Rosaceae
PEACH
- Prunus serotina* Ehrh.
Rosaceae
WILD CHERRY, wild black
cherry
- Prunus spinosa* L.
Rosaceae
SLOE, sloe berries
- Psoralea corylifolia*
see *Cullen corylifolia*
- psyllium
see *Plantago ovata*
- psyllium, Asian
see *Plantago asiatica*
- PSYLLIUM, BLACK**
see *Plantago arenaria*
- PSYLLIUM, BLONDE**
see *Plantago ovata*
- psyllium, French
see *Plantago arenaria*
- psyllium seed
see *Plantago arenaria*
- psyllium seed husk
see *Plantago asiatica*
- Pterocarpus santalinus* L. fil.
Fabaceae
RED SANDALWOOD, red
saunders
- Ptychopetalum olacoides* Benth.
Olacaceae
MUIRA PUAMA
- Ptychopetalum uncinatum* Anselmino
Olacaceae
MUIRA PUAMA
- puama
see *Liriosma ovata*
- PUBESCENT ANGELICA (DU-HUO)**
see *Angelica pubescens*
- puccoon, red
see *Sanguinaria canadensis*
- puccoon, yellow
see *Hydrastis canadensis*
- Pueraria lobata* (Willd.) Ohwi
Fabaceae
KUDZU
- Pueraria thomsonii* Benth.
Fabaceae
MEALY KUDZU (FEN-KE)
- puke weed
see *Lobelia inflata*
- Pulmonaria officinalis* L.
Boraginaceae
LUNGWORT
- Punica granatum* L.
Punicaceae
POMEGRANATE
- PURPLE ANGELICA**
see *Angelica atropurpurea*
- purple coneflower
see *Echinacea* spp.
- PURSLANE**
see *Portulaca oleracea*
- qiang-huo
see *Notopterygium incisum*
- QIANG-HUO (NOTOPTERYGIUM)**
see *Notopterygium incisum*
- qian-shi
see *Euryale ferox*

QIAN-SHI (EURYALE SEED)
see *Euryale ferox*

qing-guo
see *Canarium album*

QING-GUO (WHITE CHINESE-OLIVE)
see *Canarium album*

qing-hao
see *Artemisia annua*

QING-HAO (SWEET ANNIE)
see *Artemisia annua*

qin-jiao
see *Gentiana macrophylla*

QIN-JIAO (LARGE-LEAF GENTIAN)
see *Gentiana macrophylla*

QUASSIA
see *Picrasma excelsa*

QUASSIA
see *Quassia amara*

Quassia amara L.
Simaroubaceae
QUASSIA, Surinam quassia

quassia, Surinam
see *Quassia amara*

Queen Ann's-lace
see *Daucus carota*

queen-of-the-meadow
see *Eupatorium purpureum*

queen-of-the-meadow
see *Filipendula ulmaria*

queen's-delight
see *Stillingia sylvatica*

queen's-root
see *Stillingia sylvatica*

Quercus alba L.
Fagaceae
WHITE OAK

QUILLAJA
see *Quillaja saponaria*

Quillaja saponaria Molina
Rosaceae
QUILLAJA, soap tree

quince, Chinese
see *Chaenomeles speciosa*

QUINCE, FLOWERING
see *Chaenomeles speciosa*

QUININE
see *Cinchona calisaya, C. ledgeriana, C. officinalis, & C. pubescens*

RASPBERRY
see *Rubus strigosus & R. idaeus*

raspberry, red
see *Rubus idaeus*

RED-CLOVER
see *Trifolium pratense*

RED MAGNOLIA (XIN-YI)
Magnolia liliflora

red root
see *Ceanothus americanus*

red root
see *Sanguinaria canadensis*

RED-ROOTED SAGE (DAN-SHEN)
see *Salvia miltiorrhiza*

RED SANDALWOOD
see *Pterocarpus santalinus*

REHMANNIA
see *Rehmannia glutinosa*

REHMANNIA (DI-HUANG)
see *Rehmannia glutinosa*

- Rehmannia glutinosa* Steud.
Gesneriaceae
REHMANNIA (DI-HUANG)
- REISHI**
see *Ganoderma lucidum*
- ren-dong-teng
see *Lonicera japonica*
- Rhamnus frangula* L.
Rhamnaceae
FRANGULA, alder buckthorn,
buckthorn bark
- Rhamnus purshiana* DC.
Rhamnaceae
CASCARA SAGRADA
- RHATANY**
see *Krameria argentea* & *K triandra*
- rhatany, Brazilian
see *Krameria argentea*
- rhatany, Peruvian
see *Krameria triandra*
- Rheum officinale* Baill.
Polygonaceae
CHINESE RHUBARB (DA-HUANG), turkey rhubarb
- Rheum palmatum* L.
Polygonaceae
CHINESE RHUBARB (DA-HUANG), turkey rhubarb
- Rheum tanguticum* Maxim. ex. Balf.
Polygonaceae
CHINESE RHUBARB (DA-HUANG), turkey rhubarb
- Rhodymenia palmetta* (J. F. Lamour.) Grev.
Rhodymeniaceae
DULSE
- rhubarb, Chinese
see *Rheum officinale*, *R. palmatum*, & *R. tanguticum*
- rhubarb
see *Rheum officinale*, *R. palmatum*, & *R. tanguticum*
- rhubarb, turkey
see *Rheum officinale*, *R. palmatum*, & *R. tanguticum*
- Rhus coriaria* L.
Anacardiaceae
SICILIAN SUMAC
- Rhus glabra* L.
Anacardiaceae
SUMAC, smooth sumac
- Ribes nigrum* L.
Grossulariaceae
BLACK CURRANT, cassis
- rockwrack
see *Fucus vesiculosus*
- Roman chamomile
see *Chamaemelum nobile*
- Rorippa nasturtium-aquaticum* (L.) Hayek
= *Nasturtium officinale*
- Rosa alba* L.
Rosaceae
WHITE ROSE
- Rosa canina* L.
Rosaceae
DOG ROSE
- Rosa centifolia* L.
Rosaceae
PROVENCE ROSE

- Rosa damascena* L.
Rosaceae
DAMASK ROSE
- Rosa gallica* L.
Rosaceae
FRENCH ROSE
- Rosa rugosa* L.
Rosaceae
RUGOSE ROSE
ROSE, DAMASK
see *Rosa damascena*
ROSE, DOG
see *Rosa canina*
ROSE, FRENCH
see *Rosa gallica*
ROSE-GERANIUM
see *Pelargonium graveolens*
rose, guelder
see *Viburnum opulus*
roselle
see *Hibiscus sabdariffa*
ROSEMARY
see *Rosmarinus officinalis*
ROSE, PROVENCE
see *Rosa centifolia*
ROSE, RUGOSE
see *Rosa rugosa*
ROSE, WHITE
see *Rosa alba*
ROSEWOOD, BRAZILIAN
see *Aniba rosaeodora*
Rosmarinus officinalis L.
Lamiaceae
ROSEMARY
- Rubus fruticosus* L.
Rosaceae
BLACKBERRY
- Rubus idaeus* L.
Rosaceae
RASPBERRY, red raspberry
- Rubus strigosus* Michx.
Rosaceae
RASPBERRY
- Rubus suavissimus* S. Lee
Rosaceae
SWEET TEA (TIAN-CHA)
- RUE**
see *Ruta graveolens*
- RUGOSE ROSE**
see *Rosa rugosa*
- rui-ren
see *Prinsepia uniflora*
- RUI-REN (PRINSEPIA SEED)**
see *Prinsepia uniflora*
- Rumex crispus* L.
Polygonaceae
YELLOWDOCK, curled dock,
curly dock
- Rumex hymenosepalus* Torr.
Polygonaceae
CANAIGRE
- Rumex obtusifolius* L.
Polygonaceae
BROAD-LEAF DOCK, yellow
dock
- Ruscus aculeatus* L.
Liliaceae
BUTCHER'S BROOM, box holly
Russian belladonna
see *Scopolia carniolica*

RUSSIAN COMFREY

see *Symphytum x uplandicum*

Ruta graveolens L.

Rutaceae

RUE, herb-of-grace

SAFFLOWER

see *Carthamus tinctorius*

SAFFRON

see *Crocus sativus*

saffron, Spanish

see *Crocus sativus*

saffron, true

see *Crocus sativus*

SAGE

see *Salvia officinalis*

SAGE, CLARY

see *Salvia sclarea*

sage, common

see *Salvia officinalis*

sage, Dalmatian

see *Salvia officinalis*

sage, garden

see *Salvia officinalis*

sage, muscatel

see *Salvia sclarea*

SAGE, RED-ROOTED

see *Salvia miltiorrhiza*

SAGE, WOOD

see *Teucrium scorodonia*

ST. JOHN'S WORT

see *Hypericum perforatum*

Salix alba L.

Salicaceae

WHITE WILLOW

Salvia columbariae Benth.

Lamiaceae

CALIFORNIA CHIA, chia

Salvia hispanica L.

Lamiaceae

CHIA

Salvia miltiorrhiza Bunge

Lamiaceae

RED-ROOTED SAGE (DAN-SHEN)

Salvia officinalis L.

Lamiaceae

SAGE, Dalmatian sage, garden
sage, common sage

salvia root

see *Salvia miltiorrhiza*

Salvia sclarea L.

Lamiaceae

CLARY SAGE, clary, muscatel
sage

Sambucus canadensis L.

Caprifoliaceae

AMERICAN ELDER, elder-
flower, elder-berry

Sambucus nigra L.

Caprifoliaceae

EUROPEAN ELDER, elder-
flower

sanchi

see *Panax notoginseng*

SANDALWOOD

see *Santalum album*

sandalwood, East Indian

see *Santalum album*

sandalwood, red

see *Pterocarpus santalinus*

- sandalwood, yellow
 see *Santalum album*
- Sanguinaria canadensis* L.
 Papaveraceae
BLOODROOT, red puccoon, red
 root
- Sanicula europaea* L.
 Apiaceae
EUROPEAN SANICLE
SANICLE, EUROPEAN
 see *Sanicula europaea*
- san-qi
 see *Panax notoginseng*
- SAN-QI GINSENG**
 see *Panax notoginseng*
- Santalum album* L.
 Santalaceae
SANDALWOOD, East Indian
 sandalwood, white saunders,
 yellow sandalwood, yellow
 saunders
- Saposhnikovia divaricata*
 see *Ledebouriella seseloides*
- Sarothamnus scoparius* (L.) Wimm.
 see *Cytisus scoparius*
- sarsaparilla
 see *Smilax febrifuga*, *S. glauca*, *S. medica*, *S. ornata*, *S. regelii*
- sarsaparilla, brown
 see *Smilax regelii*
- SARSAPARILLA, ECUADORAN**
 see *Smilax febrifuga*
- sarsaparilla, gray
 see *Smilax medica*
- SARSAPARILLA, HONDURAS**
 see *Smilax regelii*
- sarsaparilla, East Indian
 see *Hemidesmus indicus*
- SARSAPARILLA, JAMAICAN**
 see *Smilax ornata*
- SARSAPARILLA, MEXICAN**
 see *Smilax medica*
- sarsaparilla, Vera Cruz
 see *Smilax medica*
- sarsaparilla, wild
 see *Aralia nudicaulis*
- SASSAFRAS**
 see *Sassafras albidum*
- Sassafras albidum* (Nutt.) Nees
 Lauraceae
SASSAFRAS, filé [leaf only]
Sassafras officinale T. Nees & C. H.
 Ebermaier
 = *Sassafras albidum*
- Satureja hortensis* L.
 Lamiaceae
SUMMER SAVORY
Satureja montana L.
 Lamiaceae
WINTER SAVORY
- saunders, red
 see *Pterocarpus santalinus*
- saunders, white
 see *Santalum album*
- saunders, yellow
 see *Santalum album*
- Saussurea lappa* (Dcne.) C. B. Clarke
 Asteraceae
COSTUS (MU-XIANG)
- SAVORY, SUMMER**
 see *Satureja hortensis*

SAVORY, WINTER

see *Satureja montana*

SAWBRIER

see *Smilax glauca*

SAW PALMETTO

see *Serenoa repens*

SCABROUS GENTIAN, (LONG-DAN)

see *Gentiana scabra*

scabwort

see *Inula helenium*

Schinus terebinthifolia Raddi

Anacardiaceae

PINK PEPPERCORNS, Brazilian

peppertree, pink pepper,

SCHISANDRA

see *Schisandra chinensis*

schisandra berry

see *Schisandra chinensis*

Schisandra chinensis (Turcz.) Baill.

Schisandraceae

SCHISANDRA (WU-WEI-ZI),

magnolia-vine, five-flavor-fruit,

schisandra

berry, wei-zi

SCHISANDRA (WU-WEI-ZI)

see *Schisandra chinensis*

schizandra

see *Schisandra chinensis*

SCOPOLIA

see *Scopolia carniolica*

Scopolia carniolica Jacq.

Solanaceae

SCOPOLIA, Russian belladonna

SCOTCH BROOM

see *Cytisus scoparius*

SCOURING RUSH

see *Equisetum hyemale*

Scrophularia marilandica L.

Scrophulariaceae

FIGWORT

Scrophularia nodosa L.

Scrophulariaceae

FIGWORT, figwort herb

scullcap

see *Scutellaria lateriflora*

SCURFY-PEA (BU-GU-ZHI)

see *Cullen corylifolia*

Scutellaria baicalensis Georgi

Lamiaceae

BAIKAL SKULLCAP (HUANG-QIN)

QIN)

Scutellaria lateriflora L.

Lamiaceae

SKULLCAP, scullcap

SCYTHIAN LAMB

see *Cibotium barometz*

SCYTHIAN LAMB (GOU-JI)

see *Cibotium barometz*

Selenicereus grandiflorus (L.) Britton

& Rose

Cactaceae

NIGHT-BLOOMING CEREUS

self-heal

see *Prunella vulgaris*

SENECA SNAKEROOT

see *Polygala senega*

senega snakeroot

see *Polygala senega*

SENNA, ALEXANDRIAN

see *Senna alexandrina*

- Senna alexandrina* Mill.
 Fabaceae
ALEXANDRIAN SENNA, Indian
 senna, senna leaves
- senna, Indian
 see *Senna alexandrina*
- senna leaves
 see *Senna alexandrina*
- Senna obtusifolia* (L.) Irwin & Barneby
 Fabaceae
SICKLEPOD
- Senna tora* (L.) Roxb.
 Fabaceae
SICKLE-SENN
- Serenoa repens* (W. Bartram) Small
 Arecaceae
SAW PALMETTO
- Serenoa serrulata* (Michx.) G.
 Nichols.
 = *Serenoa repens*
- SESAME**
 see *Sesamum orientale*
- Sesamum indicum* L.
 see *Sesamum orientale*
- Sesamum orientale* L.
 Pedaliaceae
SESAME
- SETE SANGRIAS**
 see *Cuphea balsamona*
- seven barks
 see *Hydrangea arborescens*
- shan-yao
 seed *Dioscorea opposita*
- SHAN-YAO (CHINESE YAM)**
 see *Dioscorea opposita*
- shan-zha
 see *Crataegus pinnatifida*
- SHAN-ZHA (CHINESE HAWTHORN)**
 see *Crataegus pinnatifida*
- shan-zhu-yu
 see *Cornus officinalis*
- SHAN-ZHU-YU (ASIATIC DOGWOOD)**
 see *Cornus officinalis*
- shave grass
 see *Equisetum arvense* & *E. telmateia*
- she-chuang-zi
 see *Cnidium monnieri*
- SHE-CHUANG-ZI (CNIDIUM)**
 see *Cnidium monnieri*
- sheng-ma
 see *Cimicifuga foetida*
- SHENG-MA (BUGBANE)**
 see *Cimicifuga foetida*
- SHEPHERD'S PURSE**
 see *Capsella bursa-pastoris*
- Shi-chang-pu
 see *Acorus gramineus*
- SHI-CHANG-PU (GRASS-LEAVED CALAMUS)**
 see *Acorus gramineus*
- shi-hu
 see *Dendrobium nobile*
- SHI-HU (DENDROBIUM)**
 see *Dendrobium nobile*
- SHIITAKE**
 see *Lentinus edodes*
- SHORT BUCHU**
 see *Barosma betulina*

- SHRUBBY SOPHORA (KU-SHEN)**
 see *Sophora flavescens*
- Siberian ginseng
 see *Eleutherococcus senticosus*
- SIBERIAN SOLOMON'S SEAL
 (HUANG-JING)**
 see *Polygonatum sibiricum*
- SICHUAN FRITILLARY (CHUAN-
 BEI-MU)**
 see *Fritillaria cirrhosa*
- SICHUAN LOVAGE**
 see *Ligusticum chuanxiong*
- SICHUAN LOVAGE (CHUAN-
 XIONG)**
 see *Ligusticum chuanxiong*
- SICHUAN-PAGODA-TREE
 (CHUAN-LIANG-ZI)**
 see *Melia toosendan*
- SICHUAN PEPPER**
 see *Zanthoxylum simulans*
- SICHUAN PRESERVED
 VEGETABLE (ZHA-CAI)**
 see *Brassica juncea* var. *timida*
- SICHUAN TEASEL (XU-DUAN)**
 see *Dipsacus asper*
- SICILIAN SUMAC**
 see *Rhus coriaria*
- SICKLEPOD**
 see *Senna obtusifolia*
- SICKLE-SENNA**
 see *Senna tora*
- SILER**
 see *Siler divaricatum*
Siler divaricatum Benth. & J. D.
 Hook.
- Apiaceae
- SILER**
- SILK TREE (HE-HUAN-HUA)**
 see *Albizia julibrissin*.
- SILK TREE (HE-HUAN-PI)**
 see *Albizia julibrissin*.
- Silybum marianum* (L.) Gaertn.
 Asteraceae
- MILK THISTLE**
Sinapis alba L.
 Brassicaceae
- WHITE MUSTARD, yellow
 mustard**
Siraitia grosvenorii (Swingle) C. Jeff.
 Cucurbitaceae
- LUO-HAN-GUO**
- SKULLCAP**
 see *Scutellaria lateriflora*
- SKULLCAP, BAIKAL**
 see *Scutellaria baicalensis*
- SKUNK-CABBAGE**
 see *Symplocarpus foetidus*
- SLIPPERY ELM**
 see *Ulmus rubra*
- SLOE**
 see *Prunus spinosa*
- SMALL-FLOWERED-WILLOW-
 HERB**
 see *Epilobium parviflorum*
- SMALL SPIKENARD**
 see *Aralia nudicaulis*
Smilax aristolochiifolia auct.
 = *Smilax medica*
Smilax febrifuga Kunth
 Smilacaceae

- ECUADORIAN**
SARSAPARILLA, sarsaparilla
Smilax glauca Walter
Smilacaceae
- SAWBRIER**
Smilax medica Schlechtend. & Cham.
Smilacaceae
- MEXICAN SARSAPARILLA**,
Vera Cruz sarsaparilla, gray
sarsaparilla,
sarsaparilla
Smilax ornata Lem.
Smilacaceae
- JAMAICAN SARSAPARILLA**,
sarsaparilla
Smilax regelii Killip & Morton
Smilacaceae
- HONDURAN SARSAPARILLA**,
brown sarsaparilla, sarsaparilla
snakegourd, Chinese
see *Trichosanthes kirilowii*
- snakeroot, black
see *Cimicifuga racemosa*
- SNAKEROOT, CANADA**
see *Asarum canadense*
- snakeroot, Kansas
see *Echinacea angustifolia*
- SNAKEROOT, MISSOURI**
see *Parthenium integrifolium*
- SNAKEROOT, SENECA**
see *Polygala senega*
- Snakeroot, senega
see *Polygala senega*
- SNAKEROOT, VIRGINIA**
see *Aristolochia serpentaria*
- soap tree
see *Quillaja saponaria*
- soapweed
see *Yucca glauca*
- soapwell
see *Yucca glauca*
- Solidago virgaurea* L.
Asteraceae
- EUROPEAN GOLDENROD**
- SOLOMON'S-SEAL**
see *Polygonatum biflorum*
- Solomon's-seal
see *Polygonatum odoratum*
- SOLOMON'S-SEAL, AROMATIC**
see *Polygonatum odoratum*
- Solomon's-seal, Siberian
see *Polygonatum sibiricum*
- SOMALIAN MYRRH**
see *Commiphora molmol*
- Sophora flavescens* Ait.
Fabaceae
- SHRUBBY SOPHORA (KUSHEN)**
- SOPHORA, SHRUBBY**
see *Sophora flavescens*
- SOUTHERN PRICKLY-ASH**
see *Zanthoxylum clava-herculis*
- SOUTHERN TSANGSHU (CANG-ZHU)**
see *Atractylodes lancea*
- SOUTHERNWOOD**
see *Artemisia abrotanum*
- Spanish-bayonet
see *Yucca aloifolia*
- SPANISH-CHESTNUT**
see *Castanea sativa*

SPANISH-LAVENDER

see *Lavandula stoechas*

Spanish saffron

see *Crocus sativus*

Spartium scoparium L.

= *Cytisus scoparius*

SPEARMINT

see *Mentha spicata*

SPEEDWELL

see *Veronica officinalis*

Spigelia marilandica L.

Loganiaceae

PINKROOT

spike

see *Lavandula latifolia*

SPIKE LAVENDER

see *Lavandula latifolia*

SPIKENARD

see *Aralia racemosa*

spikenard, American

see *Aralia racemosa*

SPIKENARD, CALIFORNIA

see *Aralia californica*

SPIKENARD, SMALL

see *Aralia nudicaulis*

Spilanthes acmella L. ex J. A. Murray

Asteraceae

TOOTHACHE PLANT, pará

cress, Paraguay cress

Spilanthes oleracea L.

Asteraceae

TOOTHACHE PLANT, pará cress**SPREADING DOGBANE**

see *Apocynum androsaemifolium*

spurge, pill-bearing

see *Euphorbia pilulifera*

SQUAWVINE

see *Mitchella repens*

Stachys officinalis (L.) Tervis.

Lamiaceae

WOOD BETONY**STAR ANISE**

see *Illicium verum*

star, blazing

see *Chamaelirium luteum*

star-grass

see *Aletris farinosa*

star-grass, true unicorn

see *Aletris farinosa*

starwort, yellow

see *Inula helenium*

Stellaria media (L.) Vill.

Caryophyllaceae

CHICKWEED**STEPHANIA ROOT (FANG-JI)**

see *Stephania tetrandra*

Stephania tetrandra S. Moore

Menispermaceae

STEPHANIA ROOT (FANG-JI)**STEVIA**

see *Stevia rebaudiana*

Stevia rebaudiana (Bertoni) Hemsl.

Asteraceae

STEVIA, Paraguayan sweet herb,

sweetleaf

STILLINGIA

see *Stillingia sylvatica*

Stillingia sylvatica Garden ex L.

Euphorbiaceae

STILLINGIA, queen's-delight,

queen's root, yaw root

STINGING NETTLE

see *Urtica dioica*

stoneroot

see *Collinsonia canadensis*

STRAWBERRY

see *Fragaria vesca* & *F. virginiana*

strawberry, alpine

see *Fragaria vesca*

strawberry, Virginian

see *Fragaria virginiana*

Styrax benzoin Dryander

Styracaceae

BENZOIN, Sumatra benzoin

Styrax paralleloneurum Perkins

Styracaceae

BENZOIN

Styrax tonkinensis (Pierre) Craib. et

Hartw.

Styracaceae

BENZOIN

suan-zao-ren

see *Ziziphus spinosa*

SUAN-ZAO-REN (JUJUBE SEEDS)

see *Ziziphus spinosa*

suma

see *Pfaffia paniculata*

sumac

see *Rhus coriaria*

SUMAC

see *Rhus glabra*

SUMAC, SICILIAN

see *Rhus coriaria*

SUMMER SAVORY

see *Satureja hortensis*

SUNFLOWER

see *Helianthus annuus*

suo-yang

see *Cynomorium songaricum*

SUO-YANG (CYNOMORIUM)

see *Cynomorium songaricum*

Surinam quassia

see *Quassia amara*

SWEET ANNIE (QING-HAO)

see *Artemisia annua*

sweetbay

see *Magnolia virginiana*

SWEET BIRCH

see *Betula lenta*

sweetflag

see *Acorus calamus*

sweetflag, grassy-leaved

Acorus gramineus

sweetleaf

see *Stevia rebaudiana*

SWEET MARJORAM

see *Origanum majorana*

SWEET TEA (TIAN-CHA)

see *Rubus suavissimus*

SWEET VIOLET

see *Viola odorata*

SWEET WOODRUFF

see *Galium odoratum*

Symphytum officinale L.

Boraginaceae

COMFREY, common comfrey,

healing-herb

Symphytum x uplandicum Nyman

Boraginaceae

RUSSIAN COMFREY

Symplocarpus foetidus (L.) Salisb. ex

Nutt.

- Araceae
SKUNK CABBAGE
Syzygium aromaticum (L.) Merr. & L.
 M. Perry
 Myrtaceae
CLOVE
Syzygium cumini Skeels
 Myrtaceae
JAMBOLAN, jumbul
Syzygium jambolana DC.
 = *Syzygium cumini*
- TABASCO PEPPER**
 see *Capsicum frutescens*
Tabebuia avellaneda auct.
 = *Tabebuia impetiginosa*
Tabebuia heptaphylla (Vell.) Toledo
 Bignoniaceae
PAU D'ARCO, lapacho colorado,
 lapacho morado, ipe roxo, taheebo
Tabebuia impetiginosa (Mart. ex DC.)
 Standl.
 Bignoniaceae
PAU D'ARCO, ipe roxo, taheebo
 tacamahac
 see *Populus balsamifera* var.
balsamifera
 taheebo
 see *Tabebuia heptaphylla* & *T.*
impetiginosa
Tanacetum parthenium (L.) Schultz-
 Bip.
 Asteraceae
FEVERFEW
Tanacetum vulgare L.
 Asteraceae
TANSY
- TANGERINE**
 see *Citrus reticulata*
 tang-kuei
 see *Angelica sinensis*
 tang-shen
 see *Codonopsis pilosula*
- TANSY**
 see *Tanacetum vulgare*
Taraxacum officinale G. H. Weber ex
 Wigg.
 Asteraceae
DANDELION
- TARRAGON, FRENCH**
 see *Artemisia dracunculus* 'Sativa'
- TAYUYAZ**
 see *Trianosperma tayuya*
- TEA**
 see *Camellia sinensis*
 tea, black
 see *Camellia sinensis*
 tea, Chinese
 see *Camellia sinensis*
 tea, green
 see *Camellia sinensis*
 tea, Jersey
 see *Ceanothus americanus*
- TEA, MORMON**
 see *Ephedra nevadensis*
- TEA, NEW JERSEY**
 see *Ceanothus americanus*
 tea, Paraguay
 see *Ilex paraguariensis*
- TEASEL, JAPANESE**
 see *Dipsacus japonicus*
- TEASEL, SICHUAN**
 see *Dipsacus asper*

Terminalia bellerica (Gaertn.) Roxb.

Combretaceae

BELLERIC MYROBALAN

Terminalia chebula (Gaertn.) Retz..

Combretaceae

TROPICAL ALMOND, Indian
almond

Ternstroemia pringlei (Rose)

Theaceae

TILIA ESTRELLA

Teucrium chamaedrys L.

Lamiaceae

GERMANDER

Teucrium scorodonia L.

Lamiaceae

WOOD SAGE

THISTLE, BLESSED

see *Cnicus benedictus*

thistle, holy

see *Cnicus benedictus*

THISTLE, MILK

see *Silybum marianum*

THOROUGHWAX, CHINESE

see *Bupleurum chinense*

thoroughwort

see *Eupatorium perfoliatum*

THUJA

see *Thuja occidentalis*

Thuja occidentalis L.

Cupressaceae

THUJA, northern white cedar,
eastern white cedar, eastern
arborvitae, swamp cedar

Thuja orientalis L.

= *Platyclusus orientalis* (L.)

Franco

THYME

see *Thymus vulgaris*

thyme, common

see *Thymus vulgaris*

thyme, garden

see *Thymus vulgaris*

THYME, LEMON

see *Thymus x citriodorus*

Thymus x citriodorus (Pers.) Schreb.

Lamiaceae

LEMON THYME

Thymus vulgaris L.

Lamiaceae

THYME, garden thyme, common
thyme

tian-cha

see *Rubus suavissimus*

TIAN-CHA (SWEET TEA)

see *Rubus suavissimus*

tian-dong

see *Asparagus cochinchinensis*

TIAN-DONG, (CHINESE

ASPARGUS)

see *Asparagus cochinchinensis*

tian-hua-fen

see *Trichosanthes kirilowii*

TIAN-HUA-FEN

(TRICHOSANTHES ROOT)

see *Trichosanthes kirilowii*

tian-nan-xing

see *Arisaema japonicum*

TIAN-NAN-XING (JAPANESE

ARISAEMA)

see *Arisaema japonicum*

- TIAN-XIAN-TENG** (vine)
 see *Aristolochia contorta* & *A. debilis*
- tienchi
 see *Panax notoginseng*
- tienchi ginseng
 see *Panax notoginseng*
- TILIA ESTRELLA**
 see *Ternstroemia pringlei*
- Tilia x europaea* L.
 Tiliaceae
LINDEN, European linden
Tilia platyphyllos Scop.
 Tiliaceae
LARGE-LEAVED LINDEN, linden
- tobacco, Indian
 see *Lobelia inflata*
- tolu
 see *Myroxylon balsamum* var. *balsamum*
- TOLU BALSAM**
 see *Myroxylon balsamum* var. *balsamum*
- TONKA**
 see *Dipteryx odorata* & *Dipteryx oppositifolia*
- tonka bean, Dutch
 see *Dipteryx odorata*
- tonka bean, English
 see *Dipteryx oppositifolia*
- tonka, Dutch
 see *Dipteryx odorata*
- tonka, English
 see *Dipteryx oppositifolia*
- TOOTHACHE PLANT**
 see *Spilanthus acmella* & *S. oleracea*
- tormentil
 see *Potentilla erecta*
- TRAILING-ARBUTUS**
 see *Epigaea repens*
- tree, camphor
 see *Cinnamomum camphora*
- tree, Joshua
 see *Yucca brevifolia*
- tree, maidenhair
 see *Ginkgo biloba*
- TREE MOSS**
 see *Evernia furfuracea* & *Usnea barbata*
- TREE PEONY BARK (MU-DAN-PI)**
 see *Paeonia suffruticosa*
- TREE, SOAP**
 see *Quillaja saponaria*
- tree, tea
 see *Melaleuca alterniflora*
- tree, toothache
 see *Zanthoxylum americanum*
- Trianosperma tayuya* Mart.
 Cucurbitaceae
- TAYUYA**
- TRICHOSANTHES FRUIT**
 see *Trichosanthes kirilowii*
- Trichosanthes kirilowii* Maxim.
 Cucurbitaceae
- TRICHOSANTHES ROOT (TIAN-HUA-FEN), TRICHOSANTHES FRUIT (GUA-LOU)**, Chinese cucumber, Chinese snakegourd

TRICHOSANTHES ROOT

see *Trichosanthes kirilowii*

Trifolium pratense L.

Fabaceae

RED-CLOVER

Trigonella foenum-graecum L.

Fabaceae

FENUGREEK

Trillium erectum L.

Liliaceae

BETHROOT, birth root,

wakerobin

TRITICUM

see *Elytrigia repens*

TROPICAL ALMOND

see *Terminalia chebula*

TRUE DRAGON'S BLOOD

see *Daemonorops draco*

true saffron

see *Crocus sativus*

true unicorn

see *Aletris farinosa*

trumpet, golden

see *Erythroxylum catauba*

TSANGSHU, SOUTHERN (CANG-ZHU)

see *Atractylodes lancea*

TSAO-KO (CAO-GUA)

see *Amomum tsao-ko*

TURMERIC

see *Curcuma aromatica*, *C.*

domestica, & *C. longa*

Turnera diffusa Willd. ex Schult. var.

aphrodisiaca (Ward) Urban

Turneraceae

DAMIANA

Turnera diffusa Willd. ex Schult. var.

diffusa

Turneraceae

DAMIANA

turnip, Indian

see *Arisaema triphyllum*

tu-si

see *Cuscuta chinensis* & *Cuscuta*

japonica

TU-SI (CHINESE DODDER)

see *Cuscuta chinensis* & *Cuscuta*

japonica

Tussilago farfara L.

Asteraceae

COLTSFOOT

Ulmus fulva Michx.

= *Ulmus rubra*

Ulmus rubra Muhl.

Ulmaceae

SLIPPERY ELM

Uncaria gambir (Hunter) Roxb.

Rubiaceae

GAMBIR

UNICORN ROOT, FALSE

see *Chamaelirium luteum*

unicorn, true

see *Aletris farinosa*

Urtica dioica L.

Urticaceae

STINGING NETTLE, nettles

USNEA

see *Usnea barbata*

Usnea barbata (L.) Wigg. and other

Usnea species

Usneaceae

- USNEA, tree moss, usnea lichen,
old man's beard, beard-moss
- UTAH JUNIPER**
see *Juniperus osteosperma*
- UVA URSI**
see *Arctostaphylos uva-ursi*
Vaccinium angustifolium Aiton
Ericaceae
- BLUEBERRY**
Vaccinium corymbosum L.
Ericaceae
- BLUEBERRY**
Vaccinium myrtillus L.
Ericaceae
- BILBERRY**, huckleberry,
whortleberry
Vaccinium pallidum Aiton
Ericaceae
- BLUEBERRY**
- VALERIAN**
see *Valeriana officinalis*
Valeriana edulis Nutt. ex Torr. & A.
Gray subsp. *procera* (Kunth) F.
G. Meyer
Valerianaceae
- MEXICAN VALERIAN**
valerian, garden
see *Valeriana officinalis*
- VALERIAN, INDIAN**
see *Valeriana wallichii*
- VALERIAN, MEXICAN**
see *Valeriana edulis* subsp. *procera*
Valeriana officinalis L.
Valerianaceae
- VALERIAN**, garden heliotrope,
garden valerian,
- VALERIAN, PACIFIC**
see *Valeriana sitchensis*
Valeriana sitchensis Bong.
Valerianaceae
- PACIFIC VALERIAN**
Valeriana wallichii DC.
Valerianaceae
- INDIAN VALERIAN**
- VANILLA**
see *Vanilla planifolia*
vanilla, Bourbon
see *Vanilla planifolia*
vanilla, Madagascar
see *Vanilla planifolia*
vanilla, Mexican
see *Vanilla planifolia*
Vanilla planifolia Andr.
Orchidaceae
- VANILLA**, Bourbon vanilla,
Mexican vanilla, Madagascar
vanilla
- VANILLA, TAHITIAN**
see *Vanilla tahitensis*
Vanilla tahitensis J. W. Moore
Orchidaceae
- TAHITIAN VANILLA**,
Veratrum viride Aiton
Liliaceae
- AMERICAN HELLEBORE**,
American white hellebore, false
hellebore
Verbascum thapsus L.
Scrophulariaceae
- MULLEIN**
verbena
see *Aloysia triphylla*

- Verbena hastata* L.
Verbenaceae
BLUE VERVAIN
VERBENA, LEMON
see *Aloysia triphylla*
Verbena officinalis L.
Verbenaceae
EUROPEAN VERVAIN
Veronica officinalis L.
Scrophulariaceae
SPEEDWELL
Veronicastrum virginicum (L.) Farwell
= *Leptandra virginica*
VERVAIN, BLUE
see *Verbena hastata*
VERVAIN, EUROPEAN
see *Verbena officinalis*
vetch, membranous milk
see *Astragalus membranaceus*
VETIVER
see *Vetiveria zizanoides*
Vetiveria zizanoides (L.) Nash
Poaceae
VETIVER
Viburnum opulus L.
Caprifoliaceae
CRAMP BARK, guelder rose
Viburnum prunifolium L.
Caprifoliaceae
BLACKHAW
Vinca minor L.
Apocynaceae
COMMON PERIWINKLE,
periwinkle
Vinca rosea L.
= *Catharanthus roseus*
- vine, magnolia
see *Schisandra chinensis*
Viola odorata L.
Violaceae
SWEET VIOLET, violet
Viola papilionacea Pursh pro parte
= *Viola sororia*
Viola sororia Willd.
Violaceae
VIOLET
Viola tricolor L.
Violaceae
HEARTSEASE, European wild
pansy, Johnny-jump-up
violet
see *Viola odorata*
VIOLET
see *Viola sororia*
VIOLET, SWEET
see *Viola odorata*
VIRGINIA SNAKEROOT
see *Aristolochia serpentaria*
Viscum album L.
Viscaceae
EUROPEAN MISTLETOE
Vitex agnus-castus L.
Verbenaceae
CHASTETREE
WAHOO
see *Euonymus atropurpureus*
wakerobin
see *Trillium erectum*
WALNUT, BLACK
see *Juglans nigra*
wand, fairy
see *Chamaelirium luteum*

- WATERCRESS**
see *Nasturtium officinale*
- WAX GOURD (DONG-GUA-PI)**
see *Benincasa hispida*
- wei-ling-xian
see *Clematis chinensis*
- WEI-LING-XIAN (CHINESE CLEMATIS)**
see *Clematis chinensis*
- wei-zi
see *Schisandra chinensis*
- WESTERN MUGWORT**
see *Artemisia douglasiana*
- WHITE ASH**
see *Fraxinus americana*
- WHITE CHINESE-OLIVE (QING-GUO)**
see *Canarium album*
- WHITE, MUGWORT**
see *Artemisia lactiflora*
- WHITE MULBERRY**
see *Morus alba*
- WHITE MUSTARD**
see *Sinapis alba*
- WHITE NETTLE**
see *Lamium album*
- WHITE OAK**
see *Quercus alba*
- WHITE PEONY ROOT (BAI-SHAO)**
see *Paeonia lactiflora*
- WHITE PINE**
see *Pinus strobus*
- WHITE ROSE**
see *Rosa alba*
- white sandalwood
see *Santalum album*
- whortleberry
see *Vaccinium myrtillus*
- WILD BERGAMOT**
see *Monarda fistulosa*
- WILD CARROT**
see *Daucus carota*
- WILD CHERRY**
see *Prunus serotina*
- wild geranium
see *Geranium maculatum*
- wild ginger
see *Asarum canadense*
- wild hydrangea
see *Hydrangea arborescens*
- WILD INDIGO**
see *Baptisia tinctoria*
- WILD LETTUCE**
Lactuca quercina & *L. serriola*
- WILD OAT**
see *Avena fatua*
- wild sarsaparilla
see *Aralia nudicaulis*
- WILD YAM**
see *Dioscorea villosa*
- willowherb
see *Epilobium angustifolium* L.
- WILLOW-HERB, SMALL-FLOWERED**
see *Epilobium parviflorum*
- WILLOW, WHITE**
see *Salix alba*
- WINTERGREEN**
see *Gaultheria procumbens*
- WINTER SAVORY**
see *Satureja montana*

- WITCH-HAZEL**
 see *Hamamelis virginiana*
Withania somnifera Dunal.
 Solanaceae
- ASHWAGANDHA**
 woad
 see *Isatis tinctoria*
- WOAD, DYER'S-**
 see *Isatis tinctoria*
Wolfiporia cocos (Schwein.) Ryv. &
 Gilbn.
 Polyporaceae
- POLYPORUS (FU-LING),**
 grifolia
- woodruff
 see *Galium odoratum*
- WOODRUFF, SWEET**
 see *Galium odoratum*
- WOOD SAGE**
 see *Teucrium scorodonia*
- WOOLLY GRASS (MAO-GEN)**
 see *Imperata cylindrica*
- WOOLLY YERBA SANTA**
 see *Eriodictyon tomentosum*
- wormwood
 see *Artemisia absinthium*
- wormwood, annual
 see *Artemisia annua*
- WORT, ST. JOHN'S**
 see *Hypericum perforatum*
- wu-meì
 see *Prunus mume*
- WU-MEI, (JAPANESE APRICOT)**
 see *Prunus mume*
- wu-wei-zi
 see *Schisandra chinensis*
- WU-WEI-ZI (SCHISANDRA)**
 see *Schisandra chinensis*
- wu-zhu-yu
 see *Euodia rutaecarpa*
- WU-ZHU-YU (EVODIA)**
 see *Euodia rutaecarpa*
- xian-mao
 see *Curculigo orchoides*
- XIAN-MAO (GOLDEN EYE-GRASS)**
 see *Curculigo orchoides*
- xin-yi
 see *Magnolia liliflora*
- XIN-YI (RED MAGNOLIA)**
 see *Magnolia liliflora*
- xu-duan
 see *Dipsacus asper* & *D. japonicus*
- XU-DUAN (JAPANESE TEASEL)**
 see *Dipsacus japonicus*
- XU-DUAN (SICHUAN TEASEL)**
 see *Dipsacus asper*
- xuan-fu-hua
 see *Inula britannica* & *I. japonica*
- XUAN-FU-HUA (BRITISH ELECAMPANE FLOWERS)**
 see *Inula britannica*
- XUAN-FU-HUA (JAPANESE ELECAMPANE FLOWERS)**
 see *Inula japonica*
- xue-jie
 see *Daemonorops draco*
- XUE-JIE (TRUE DRAGON'S BLOOD)**
 see *Daemonorops draco*
- YAM, CHINESE**
 see *Dioscorea opposita*

- yam, wild
 see *Dioscorea opposita*
- YAM, WILD**
 see *Dioscorea villosa*
- yan-hu-suo
 see *Corydalis yanhusuo*
- YAN-HU-SUO (CORYDALIS)**
 see *Corydalis yanhusuo*
- YARROW**
 see *Achillea millefolium*
- yaw root
 see *Stillingia sylvatica*
- YELLOWDOCK**
 see *Rumex crispus*
- YELLOW GRANADILLA**
 see *Passiflora laurifolia*
- YERBA MANSA**
 see *Anemopsis californica*
- yerba maté
 see *Ilex paraguariensis*
- yellow mustard
 see *Sinapis alba*
- YERBA SANTA**
 see *Eriodictyon californicum* & *E. tomentosum*
- YERBA SANTA, WOOLLY**
 see *Eriodictyon tomentosum*
- yin-chen
 see *Artemisia capillaris*
- YIN-CHEN (CAPILLARY ARTEMISIA)**
 see *Artemisia capillaris*
- yi-mu-cao
 see *Leonurus artemisia* & *L. tarticus*
- YI-MU-CAO (CHINESE MOTHERWORT)**
 see *Leonurus artemisia* & *L. tarticus*
- YLANG YLANG**
 see *Cananga odorata*
- YOHIMBE**
 see *Pausinystalia yohimba*
- yuan-zhi
 see *Polygala tenuifolia* & *P. sibericum*
- YUAN-ZHI (POLYGALA)**
 see *Polygala tenuifolia* & *P. sibericum*
- YUCCA**
 see *Yucca aloifolia*, *Y. brevifolia*, *Y. glauca*, & *Y. whipplei*
- yucca, aloe
 see *Yucca aloifolia*
- Yucca aloifolia* L.
 Agavaceae
- YUCCA, yucca, Spanish-bayonet, dagger plant**
Yucca brevifolia Engelm. in Wats.
 Agavaceae
- YUCCA, Joshua tree**
Yucca glauca Nutt.
 Agavaceae
- YUCCA, soapweed, soapwell**
Yucca whipplei Torr. in Emory
 Agavaceae
- our Lord's candle
- yu-zhu
 see *Polygonatum odoratum*

YU-ZHU (AROMATIC

SOLOMON'S SEAL)

see *Polygonatum odoratum*

Zanthoxylum americanum Mill.

Rutaceae

NORTHERN PRICKLY-ASH,

toothache tree

Zanthoxylum clava-herculis L.

Rutaceae

SOUTHERN PRICKLY-ASH,

Hercules'-club

Zanthoxylum simulans Hance

Rutaceae

SICHUAN PEPPER

Zea mays L.

Poaceae

CORN, CORNSILK - stigmas,

maize

zedoary

see *Curcuma zedoaria*

ze-xie

see *Alisma orientale*

ZE-XIE (ALISMA)

see *Alisma orientale*

zha-cai

see *Brassica juncea* var. *timida*

ZHA-CAI (SICHUAN PRESERVED

VEGETABLE)

see *Brassica juncea* var. *timida*

zhe-bei-mu

see *Fritillaria thunbergii*

ZHE-BEI-MU (CHEKIANG

FRITILLARY)

see *Fritillaria thunbergii*

zhi-mu

see *Anemarrhena asphodeloides*

ZHI-MU (ANEMARRHENA)

see *Anemarrhena asphodeloides*

zhi-zi

see *Gardenia jasminoides*

ZHI-ZI (GARDENIA FRUITS)

see *Gardenia jasminoides*

zhu-ling

see *Wolfiporia cocos*

Zingiber officinale Roscoe

Zingiberaceae

GINGER

Ziziphus jujuba Mill.

Rhamnaceae

JUJUBE (DA-ZAO), Chinese

jujube, jujube dates

Ziziphus jujuba var. *spinosa* Hu

= *Ziziphus spinosa*

Ziziphus spinosa Hu

Rhamnaceae

JUJUBE SEEDS (SUAN-ZAO-REN)