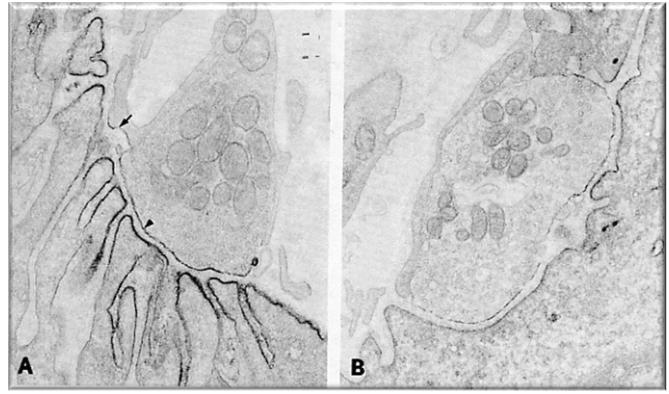
# Advances in Therapies for Myasthenia Gravis

ERICKA P. GREENE, MD HOUSTON METHODIST HOSPITAL Big breakthroughs happen when what is suddenly possible meets what is desperately needed

**Thomas Friedman** 

**Quote**Addicts.com –

### Myasthenia Gravis NMJ Alterations in MG



Normal

**Myasthenia Gravis** 

Immune Therapy First thymectomy performed in 1911 by Ernst Ferdinand Sauerbruch (1875–1951). Blalock reported improvement in myasthenic patients after thymectomy (1937)

Hemodialysis (1960), Lymphatic drainage(1973)

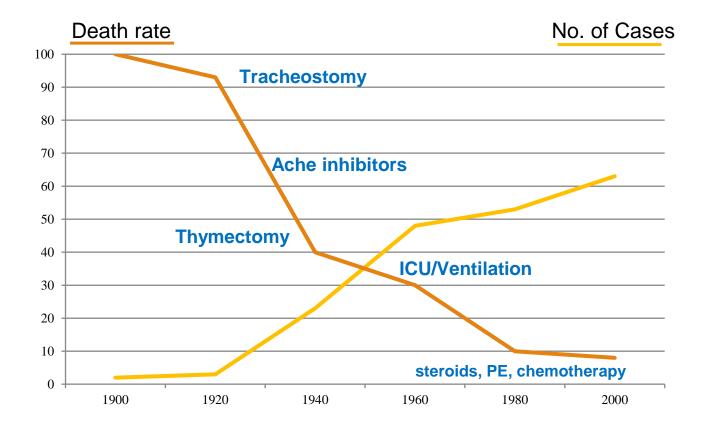
Advent of constant-care units and assisted respiration allowed safe trials of steroids in myasthenia gravis

Benefit of plasma exchange reported in 1979 by John Newsome-Davis

Currently there up to >10 commonly used treatments for Myasthenia Gravis

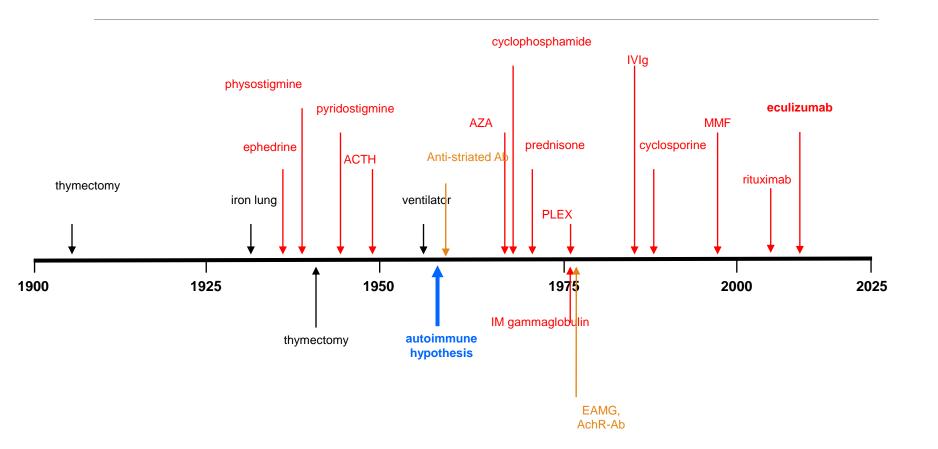
	Pyrid (Me			
	Prednisone		ioprine ıran)	
Mycophenolate mofetil/MMF (CellCept)	Cyclophosphamide (Cytoxan)	Tacrolimu	s (Prograf)	Cyclosporine (Sandimmune, Neoral)
Rituximab (Rituxan)	Eculizumab (Soliris)		zumab miris)	Efgartigimod (Vyvgart)
Plasma	oheresis IV Imm	une globulin	Thym	nectomy

# Natural History of Myasthenia Gravis



#### % percentage achieving remission has not significantly changed

# The Evolution of MG Therapy



# What is the Immune system

# If you can't explain it **simply**, you don't understand it well enough.

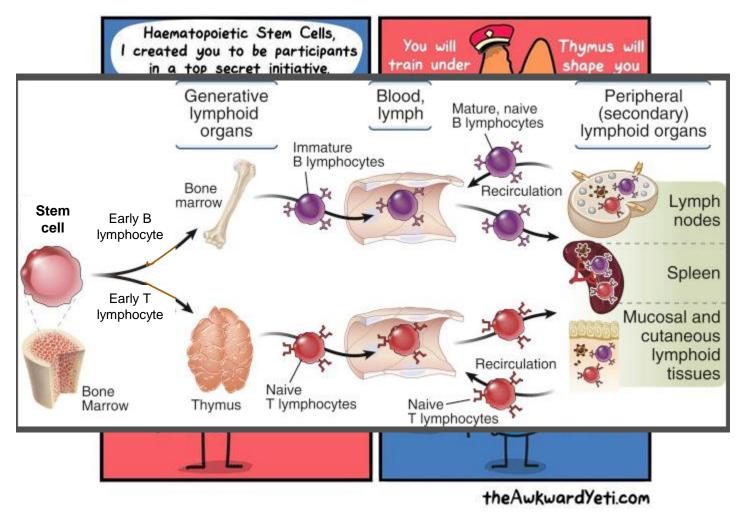
- Albert Einstein



Immunity System *The Military Analogy* 

"The Immune System is the equivalent of an army, air force, marines, navy along with a national guard seeking out and destroying enemy invaders. It is the primary and sometimes secondary defense against both invaders and insurgents."

# Immune Bootcamp



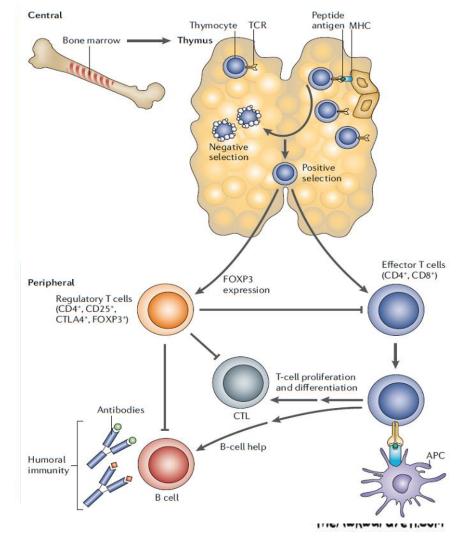
# Autoimmune Myasthenia Gravis

The *basic training* of those T cells (*T helper*, *T cytotoxic*, *T regulatory*) in the thymus is inadequate

T cells are released for duty without ability to detect self from non-self and to 'shut down' the attack

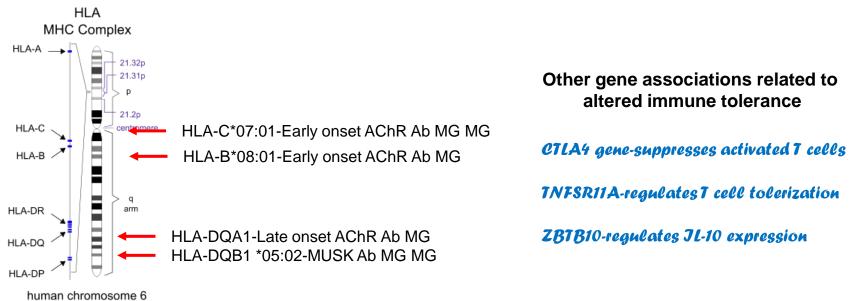
Those T cells determine that AchR, MUSK, LRP4 proteins necessary for nerve –muscle communication and muscle function are the 'enemy"

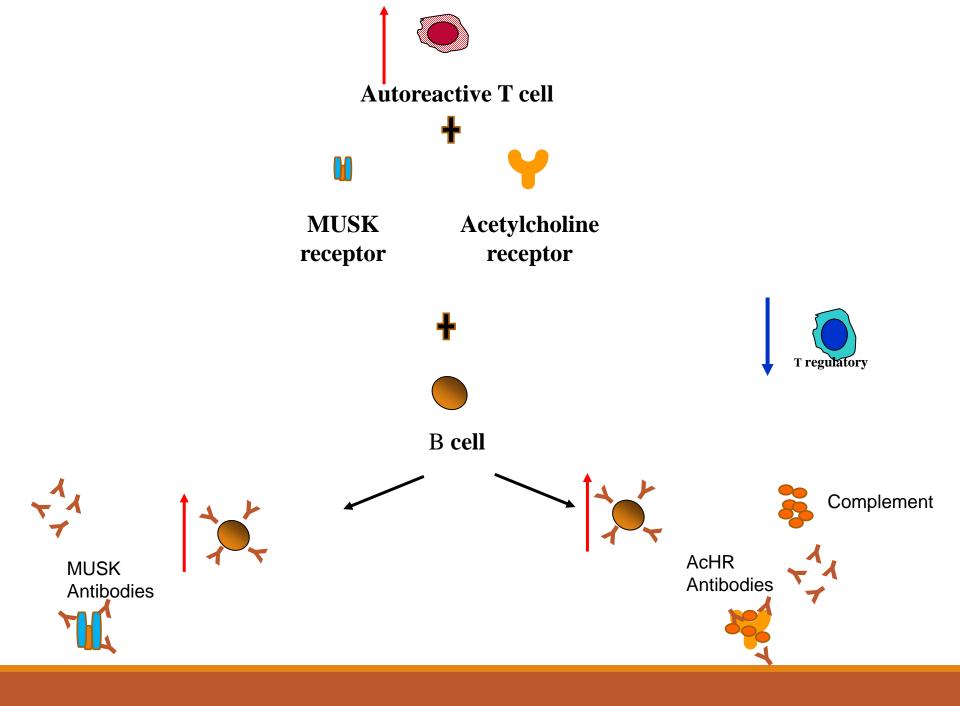
Genetic and environmental factors may determine why and when autoimmune disease occurs



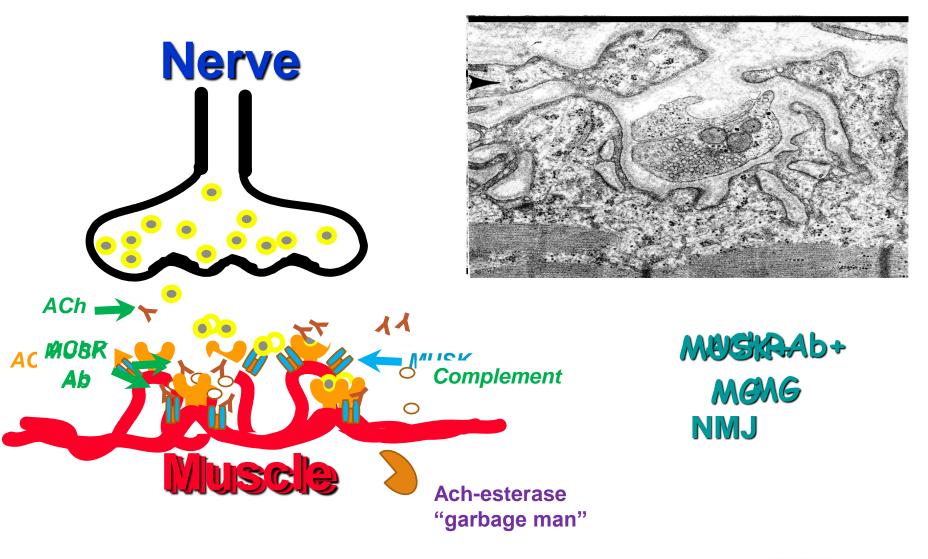
Antigen	Age of onset (years)	M:F	Weakness pattern	% ocular myasthenia	Thymus changes (predominant)
	<u>≤</u> 50	1:4.5	Any	10-15%	Follicular hyperplasia
AChR	40–60 (mainly)	1:1	Any	2-3%	AB, B thymoma
	>50	1.8:1	Any	20%	Atrophy with rare germinal centers
MuSK	Any	1:4	Bulbar (mainly)	Rare	_
Lrp4	Any	1:2	Mild generalized (mainly)	20%	Śa

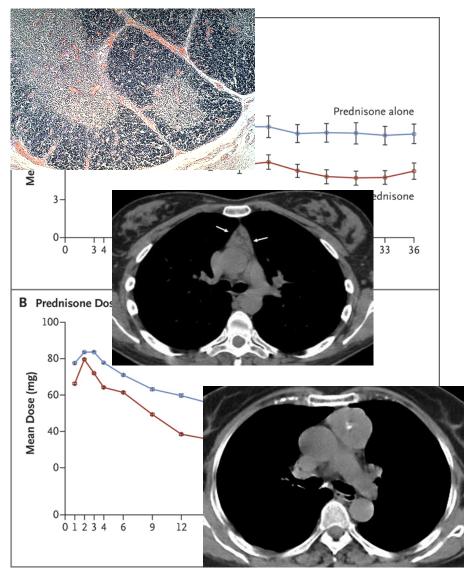
#### **Genomic-Wide Association Studies**





# Myasthenia Gravis

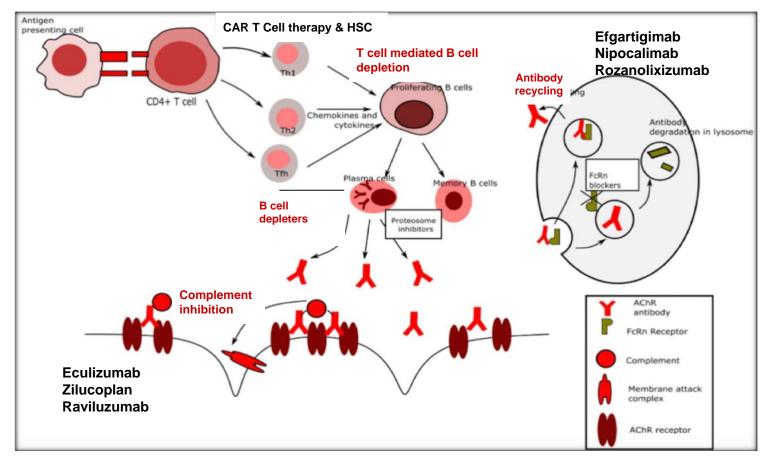


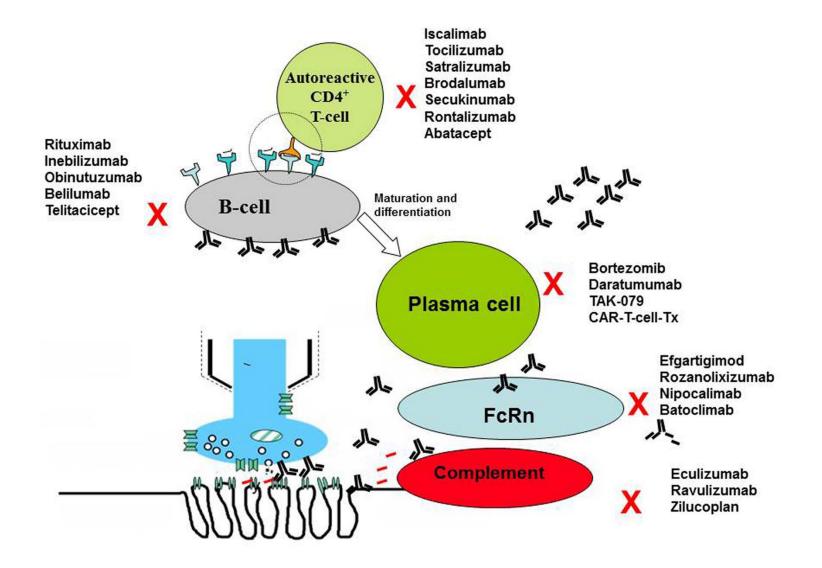


#### Treatment Thymectomy Trial

- Disability was less in Thymectomy + Prednisone group
- Average prednisone, dose at year 3 years was less in thymectomy group
- •Less crisis, hospitalizations, rescue therapy
- •Side effects similar in both groups
  - Prednisone naïve patients showed no difference with prednisone alone or with thymectomy.
  - No effect in males
  - Less effect in subjects > 40yrs (*p*=0.02)

# Myasthenia Gravis: Novel and Emerging therapies





# **Clinical Trials**

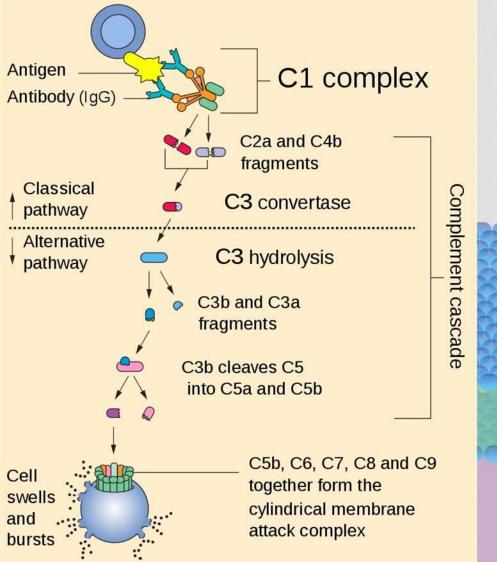
- 1. Abatacept (Orencia®, CTLA-4 FC Fusion Protein prevents T cell activation)
- 2. Rozanolixizumab (FCRN)
- 3. M281 (Nipocalimab FCRN)
- 4. RVT-1401 (FCRN)
- 5. Efgartidimod (FCRN)\*
- 6. Ravulizumab (Monoclonal C5 inhibitor)
- 7. Zilucoplan (C5 peptide inhibitor)

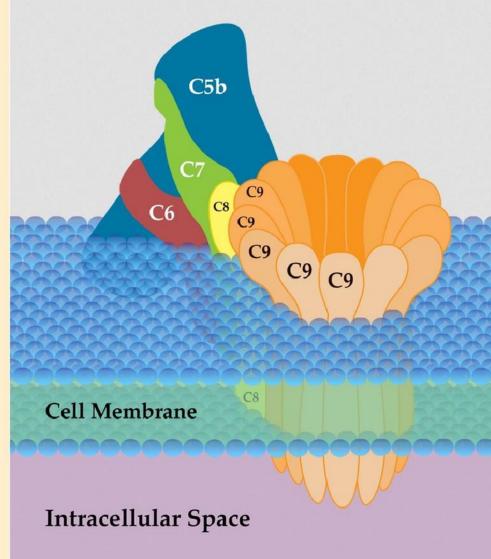
Stops recycling of Immunoglobulin (antibody)



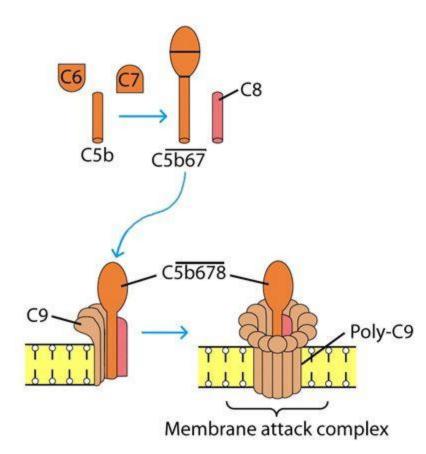
Complement inhibition

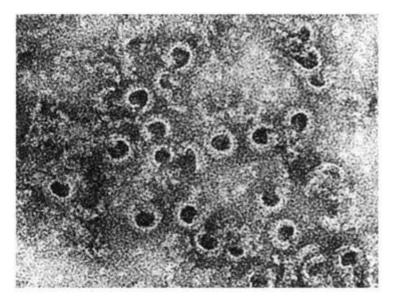
### Complement Cascade





#### C5b triggers formation of the Membrane Attack Complex

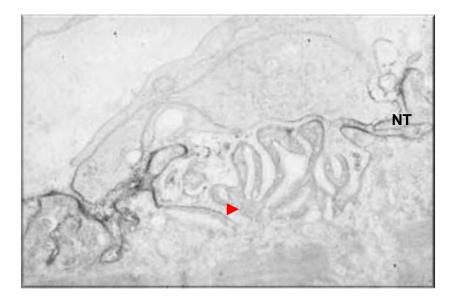




#### MAC is most effective against

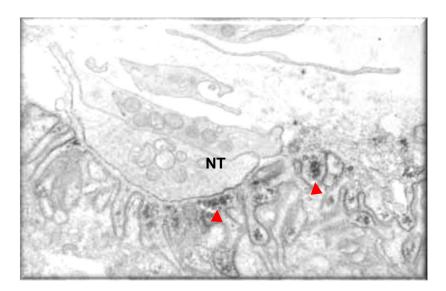
Gram-negative bacteria Nucleated cells Enveloped viruses

#### Myasthenia Gravis Nerve Terminal Ultrastructure



Terminal complement component (C9) binding to membrane debris IgG binding to Post Junctional Membrane

4



Engel, A. G., Lambert, E. H., Howard, F. M. Immune complexes (IgG and C3) at the motor end-plate in myasthenia gravis: ultrastructural and light microscopic localization and electrophysiologic correlations. *Mayo Clin. Proc.* 52, 267–280 (1977).

### REGAIN Study: Eculizumab in MG (Soliris)

#### **Primary Endpoint**

\*Change in Activities of Daily Living score at end of study (26 weeks)

#### **Selected Inclusion Criteria**

\*Patients with disease burden (MGFA II-IV)
\*Positive tests for anti-AChR antibodies
\*Failed prior therapy over ≥1 year with

•Taking 2 or more immune suppressive drugs or at least using plasma exchange or IVIG

>90% were taking at least 2 immune suppressive therapies Up to 50% hospitalized +20% had crisis and/or were ventilated All were still symptomatic despite therapy



# MG-Activities of Daily Function

Grade	0	1	2	3
Talking	Normal	Intermittent slurring or nasal speech	Constant slurring or nasal, but can be understood	Difficult to understand speech
Chewing	Normal	Fatigue with solid food	Fatigue with soft food	Gastric tube
Swallowing	Normal	Rare episode of choking	Frequent choking, necessitating changes in diet	Gastric tube
Breathing	Normal	Shortness of breath with exertion	Shortness of breath at rest	Ventilator dependence
Impairment of ability to brush teeth or comb hair	None	Extra effort, but no rest periods needed	Rest periods needed	Cannot do one of these functions
Impairment of ability to arise from a chair	None	Mild, sometimes uses arms	Moderate, always uses arms	Severe, requires assistance
Double vision	None	Occurs, but not daily	Daily, but not constant	Constant
Eyelid droop	None	Occurs, but not daily	Daily, but not constant	Constant
TOTAL MG-ADL SCORE				

(From Wolfe GI et al. Myasthenia gravis activities of daily living profile. Neurology 1999;52:1487.)

# MG – Quality of Life 15

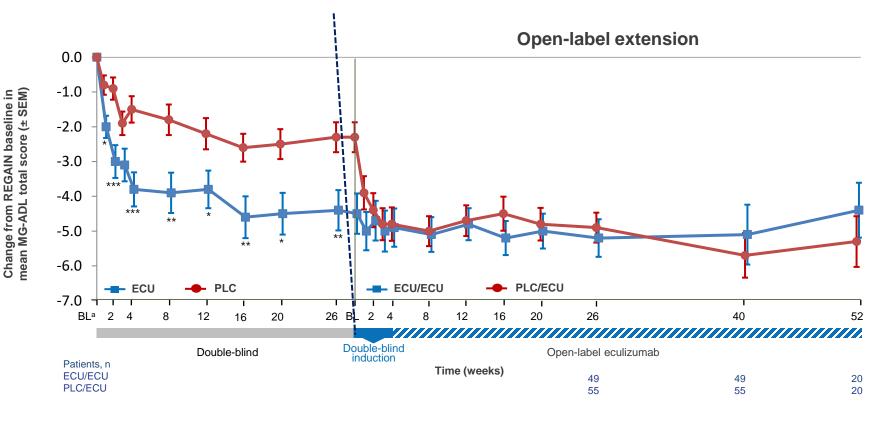
Statements	Not at all	Very much	All the time
I am frustrated by MG		,	
I have trouble using my eyes			
I have trouble eating because of MG			
I have limited my social activity because of my MG			
My MG limits my ability to enjoy hobbies and fun activities			
I have trouble meeting the needs of my family because of my MG			
I have to make plan around my MG			
My occupational skills and job status have been negatively affected by MG			
I have difficulty speaking due to MG			
I have trouble driving due to MG			
I am depressed about MG			
I have trouble walking due to MG			
I have trouble getting around public places because of my MG			
I feel overwhelmed by my MG			
l have trouble performing my personal grooming needs			

MG - Myasthenia gravis, MGFA - Myasthenia Gravis Foundation of America

# Quantitative MG Score (QMG)

Test Item Grade	0	1	2	3
Double vision on lateral gaze <b>right</b> or <b>left</b> (circle one)	61 sec	11–60 sec	1–10 sec	Spontaneous
Ptosis (upward gaze)	61 sec	11–60 sec	1–10 sec	Spontaneous
Facial muscles	Normal lid	Complete, weak, some resistance	Complete, without resistance	Incomplete
Swallowing 4 oz water (½ cup)	Normal	Minimal coughing or throat clearing	Severe coughing/choking or nasal regurgitation	Cannot swallow (test not attempted)
Speech following counting aloud from 1 to 50 (onset of dysarthria)	None at #50	Dysarthria at #30–49	Dysarthria at #10–29	Dysarthria at #9
Right arm outstretched (90° sitting)	240 sec	90–239 sec	10–89 sec	0–9 sec
Left arm outstretched (90° sitting)	240 sec	90–239 sec	10–89 sec	0–9 sec
Vital capacity (% predicted)	$\geq$ 80%	65–79%	50–64%	<50%
Right-hand grip (KgW) Male Female	≥45 ≥30	15–44 10–29	5–14 5–9	0-4 0-4
Left-hand grip (KgW) Male Female	≥35 ≥25	15–34 10–24	5–14 5–9	04 04
Head, lifted (45° supine)	120 sec	30–119 sec	1–29 sec	0 sec
Right leg outstretched (45° supine)	100 sec	31–99 sec	1–30 sec	0 sec
Left leg outstretched (45° supine)	100 sec	31–99 sec	1–30 sec	0 sec
TOTAL QMG SCORE				

#### REGAIN and Extension Study-Eculizumab (Soliris) Percent change from baseline in MG-ADL total score



<sup>\*</sup> $p \le 0.05$ ; \*\* $p \le 0.01$ ; \*\*\* $p \le 0.001$ ; eculizumab compared to placebo. SEM, standard error of the mean; BL, baseline

### REGAIN and Extension Study-Eculizumab (Soliris)

Patients experiencing 'minimal manifestations of disease"

- Placebo 14% at 26 weeks but increased to 52% when placed on drug at 130 weeks
- Treatment group 25% at 26 weeks but increased to 60% when placed on drug at 130 weeks

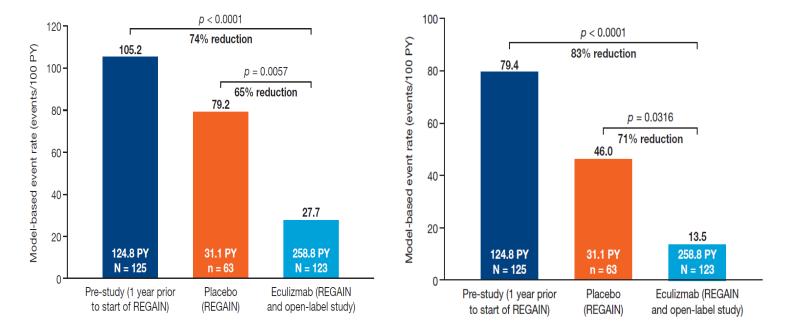
Exacerbations and Hospitalizations dropped from 70-100 rate calculation to 13-17 at 130 weeks

### REGAIN and Extension Study-Eculizumab (Soliris)

**Exacerbations and Hospitalization Rates** 







Jacob S, Guptill JT, Meisel A, Fujita KP, Patra, K, Howard JF Jr: Eculizumab reduces myasthenia gravis exacerbation rates. Presented at the 2018 Annual Meeting of the AANEM, Washington DC, 2018

### REGAIN and Extension Study-Eculizumab (Soliris)

Safety from Extension Study

- 10-15% experience general aches
- Two patients died during clinical program:
  - One died 89 days after discontinuation from the 301 study, due to complications of myasthenic crisis
  - One died of hepatic failure 25 days after last study dose in study 302
- No meningococcal infections reported thus far
- Treatment requires vaccination to prevent bacterial meningococcal

There are two different types of vaccines needed to help protect against the five vaccine-preventable serogroups of meningitis. Even if your teen or young adult has had a vaccine for serogroups A, C, W, and Y, a different vaccine is needed to help protect against serogroup B.<sup>6</sup>

#### MenACWY Vaccine







# Ravulizumab (Ultomiris®)



Phase II 1:1 DB:PC 26 week study in175 AchR+ Ag MG Patients



MG ADL and QMG improved above placebo (-3.1 vs. -1.4; P<0.001) and QMG (-2.8 vs. -0.8; P<0.001)



QMG improved > 5 points in a greater proportion of treated patients vs. placebo (30.0% vs. 11.3%; P=0.005).



No notable differences in adverse events were observed.



FDA approved April 2022

Day 1 : 2400–3000 mg Day 15 : 3000–3600 mg Q8wks : 3000–3600 mg

Vu, 2021 NEJM Evidence

# Zilucoplan- Another complement Inhibitor in AchR positive MG Patients

Main Study Period (12 weeks)



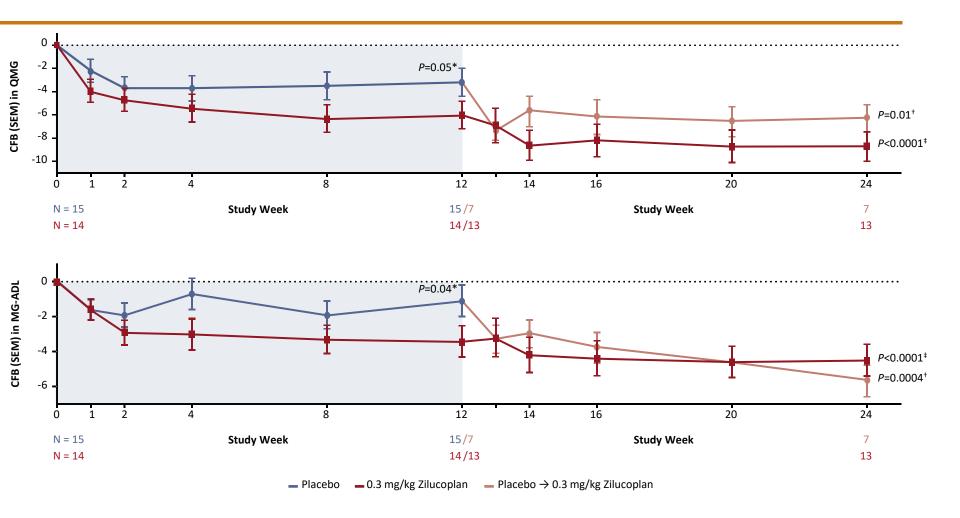
#### Endpoints:

Primary: Change in Doctor measured disability (QMG score after 12 weeks

#### **Enrollment**:

44 patients (vs. target of 36), 25 sites >80% on 2+ immunosuppressive treatments 50-70% on IVIG

#### Zilucoplan Phase 2 QMG and MG-ADL



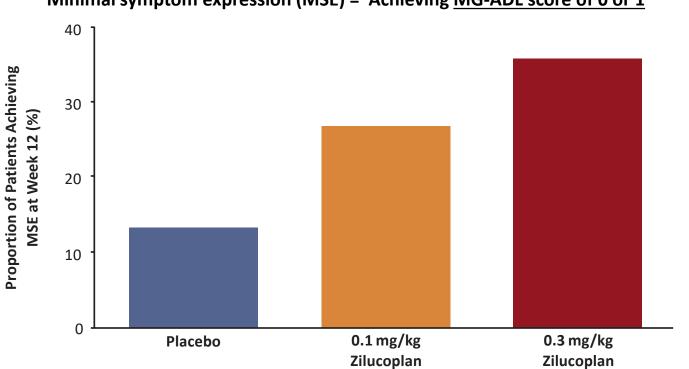
\*1-sided analysis of covariance for LS mean change from baseline for 0.3 mg/kg arm vs. placebo; placebo patients re-baselined to zero upon completion of 12-week main study.

<sup>+</sup>2-sided t test for LS mean change from week 12 to week 24 for placebo patients crossing over to 0.3 mg/kg (n=7).

<sup>‡</sup>2-sided t test for LS mean change from week 0 to week 24 for 0.3 mg/kg arm.

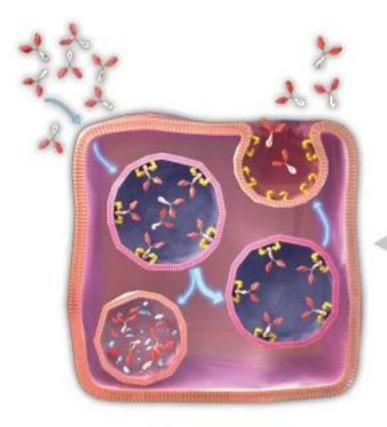
CFB, change from baseline; LS, least squares; MG-ADL, Myasthenia Gravis Activities of Daily Living; QMG, Quantitative Myasthenia Gravis; SEM, standard error of the mean.

#### Zilucoplan Phase 2 Minimal Symptom Expression Achieved by Week 12

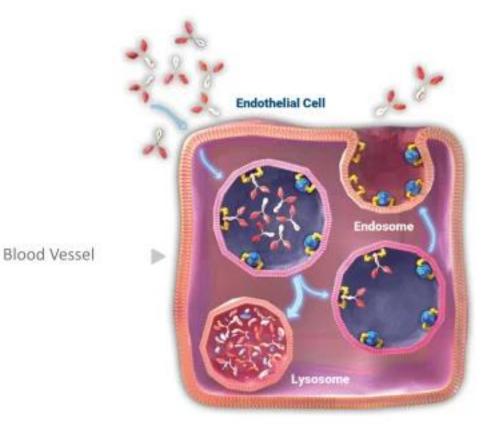


Minimal symptom expression (MSE) = Achieving MG-ADL score of 0 or 1

# MG antibody (IgG) Target FcrN (Neonatal Fc receptor)

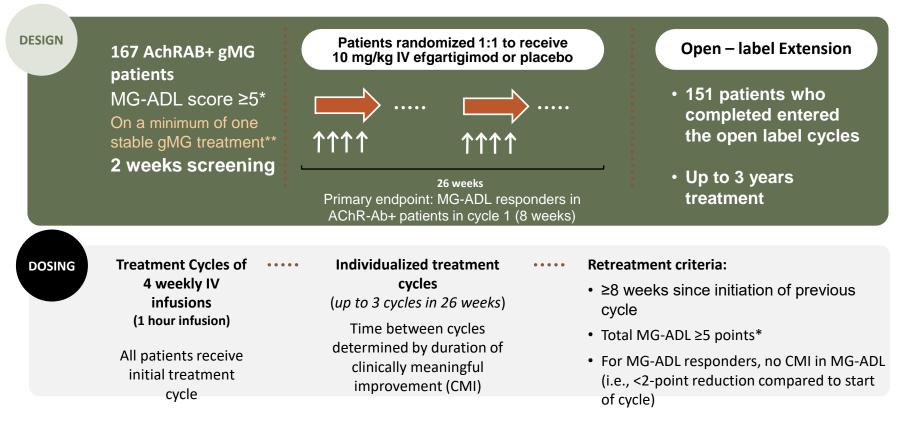






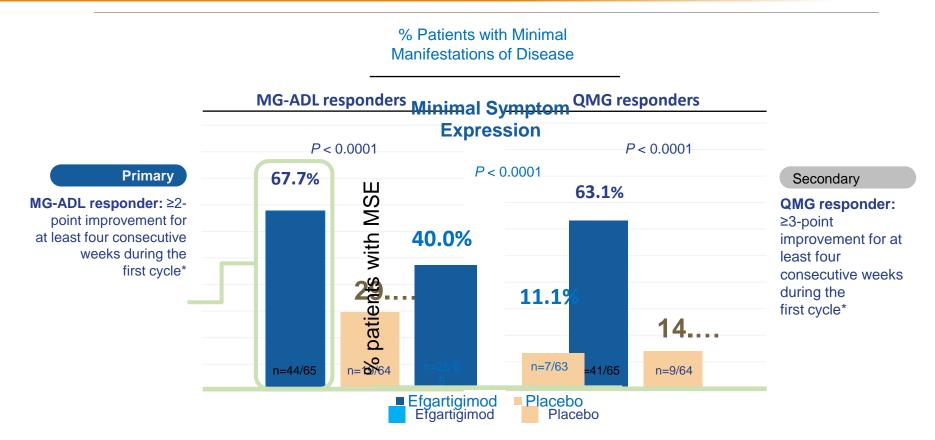


### Efgartigimod ADAPT Study Design



#### Included 20-25% who did not have AchR positive antibodies

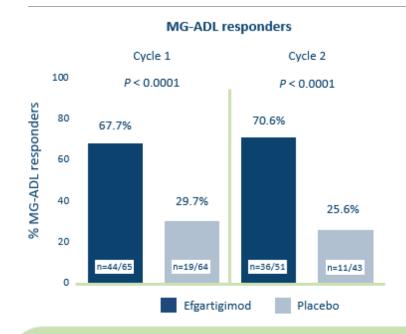
### **Significantly more** efgartigimod treated patients had clinically meaningful improvement in function and strength



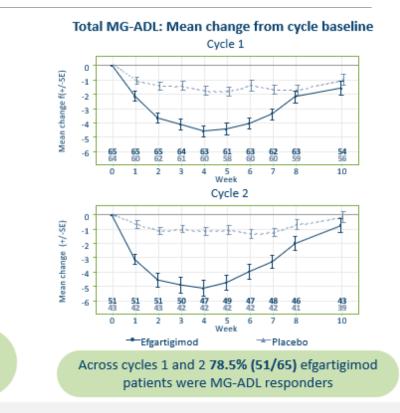
\* The first reduction had to occur no later than 1 week after the last infusion MG-ADL, Myasthenia Gravis Activities of Daily Living; QMG, Quantitative Myasthenia Gravis Score

Howard JF Jr etal: MGFA Scientific Session, October 3, 2020

### Efgartigimod (MG-ADL Late Responders) Durability of Response



36.8% (7/19) efgartigimod patients who were not MG-ADL responders in cycle 1 and were retreated achieved MG-ADL responder for the first time in cycle 2

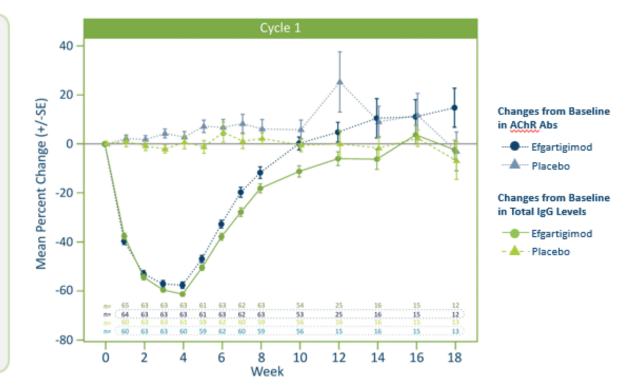


The number of patients in cycle 2 is smaller as some patients only required one treatment cycle during the study The numbers below trend lines indicate the number of patient measurements for each data set

Howard JF Jr etal: MGFA Scientific Session, October 3, 2020

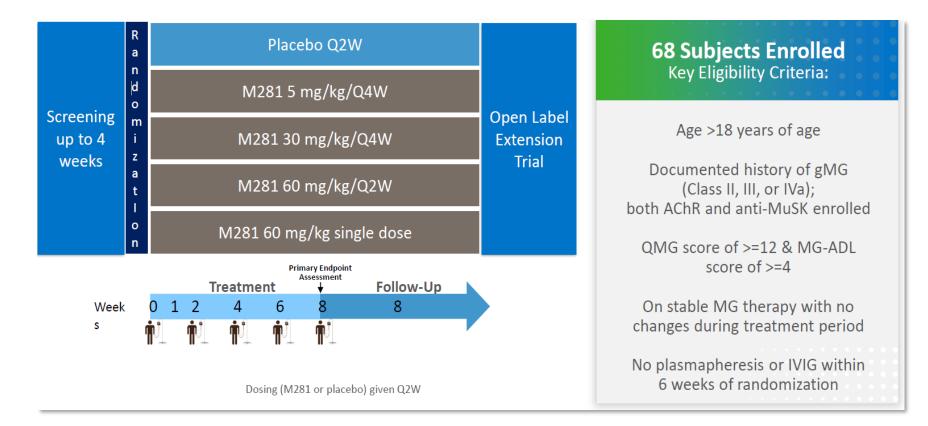
### Efgartigimod (MG-ADL Responders) AChR Ab & IgG Levels

- Maximum mean reduction at week 4: Total IgG 61.3%, AChR-Ab 57.6%
- Similar reduction across subtypes (IgG1, 2, 3, 4)
- Overall population experienced similar reductions (AChR-Ab+ and AChR-Ab negative)
- Albumin levels did not change

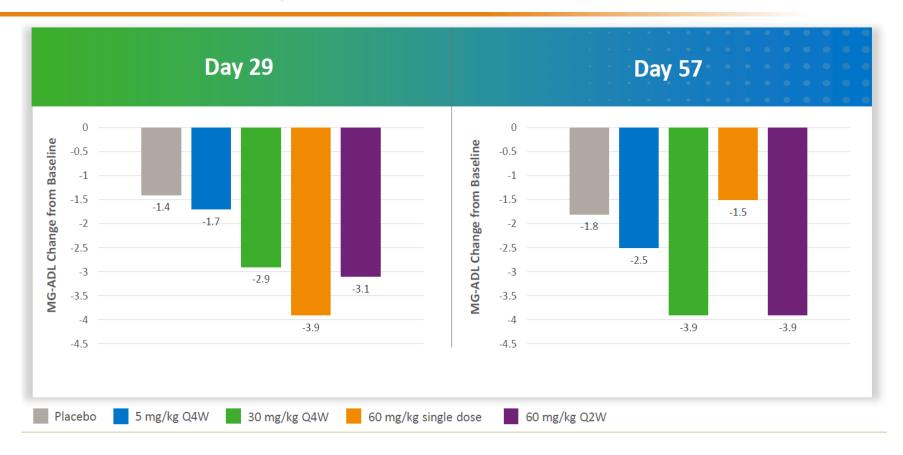


Howard JF Jr etal: MGFA Scientific Session, October 3, 2020

### MG Phase 2 Nipocalimab (FcRN target)

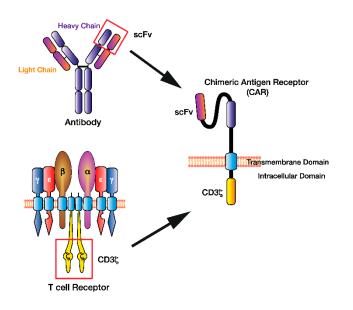


# Phase 2 Study of Nipocalimab for Treatment of Generalized Myasthenia Gravis



https://s24.q4cdn.com/902352448/files/doc\_presentations/2020/06/004-IA-slides-analystcall-final.pdf

*FcRn-inhibitor phase II study, in which batoclimab (RVT-1401) was evaluated in MG, have not been published so far.* (<u>https://clinicaltrials.gov/ct2</u>. NCT03863080)



# On the horizon...

Phase II trials on CD8 positive CAR-T-cell therapy directed against plasma cells) are underway in MG (Oh et al 2020; *Descartes clinicaltrials.gov*)

Subcutaneous immunoglobulins shown to be effective in mild to moderate exacerbations of myasthenia gravis. (Beecher et al, 2017)

# Emerging Therapies and Advances in MG

Recent advances included targeted immune therapy that has potentially changed clinical course symptomatic or refractory patients

Future advances will include identifying novel therapies for use in crises

Cost and 3<sup>rd</sup> party coverage is an ongoing challenge in terms of patient access

Role of flexible dosing for tailored patient specific therapy.

Duration of effect and impact of combination therapy

# Questions



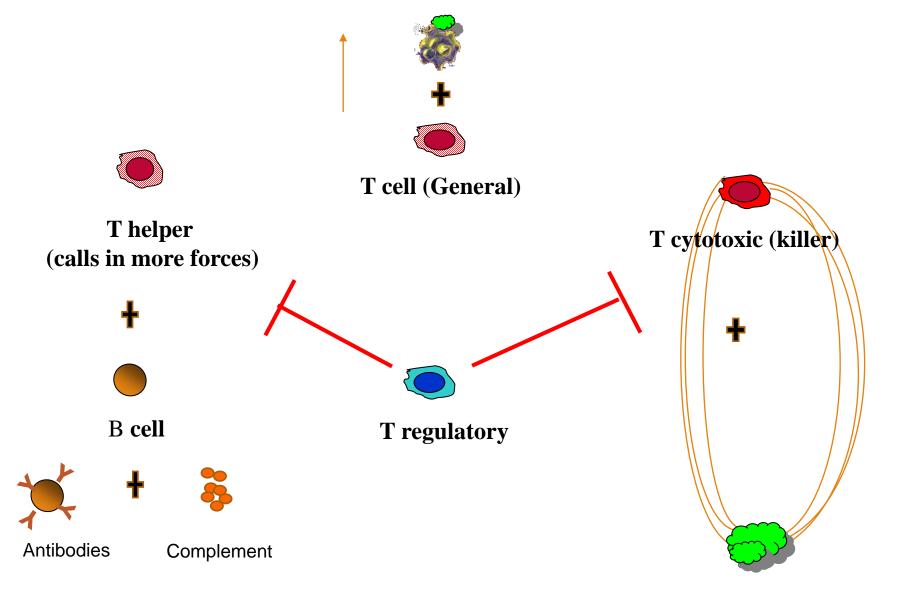
The Ag (bacteria, virus, cancer)



APC-captures the Ag and presents it



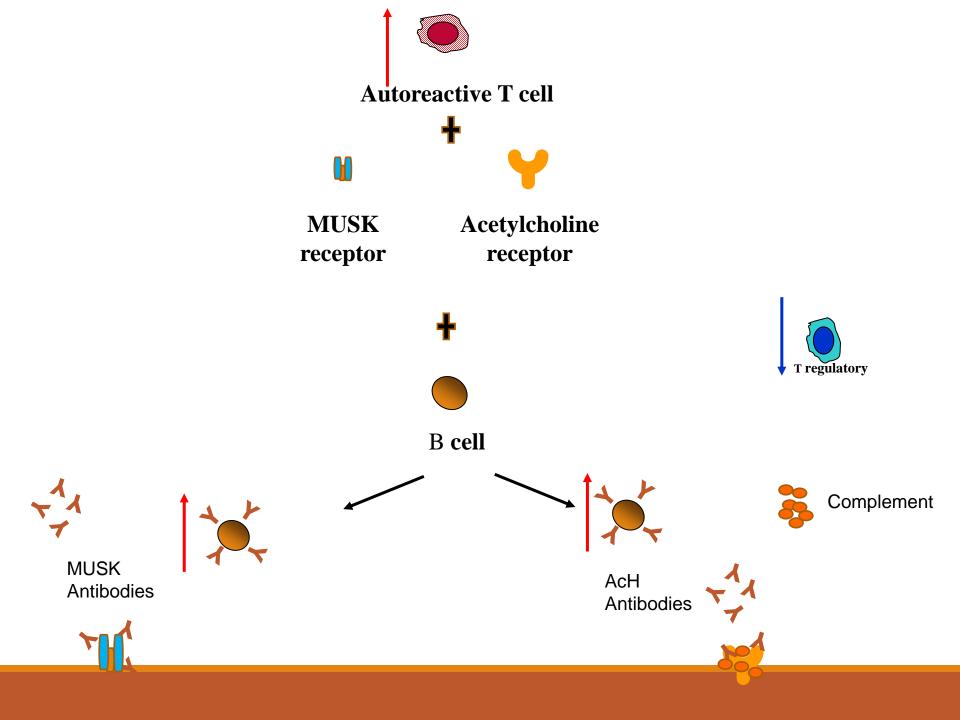
T cell (general)



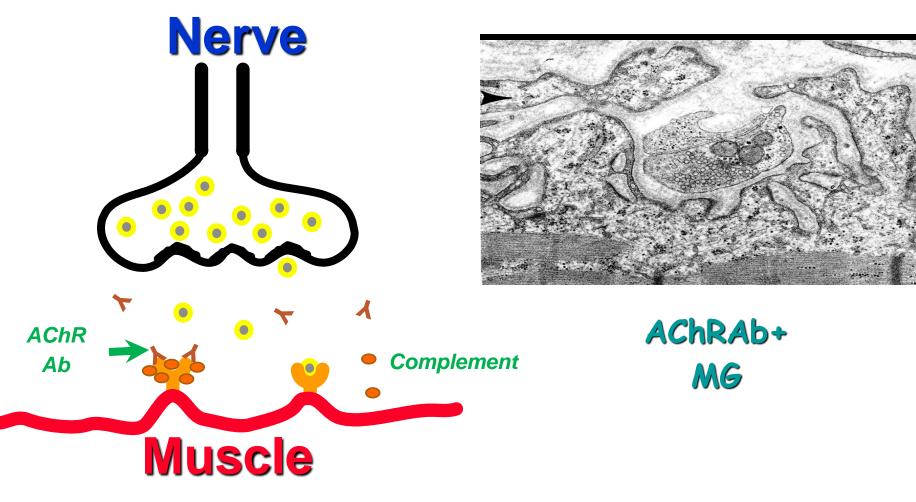




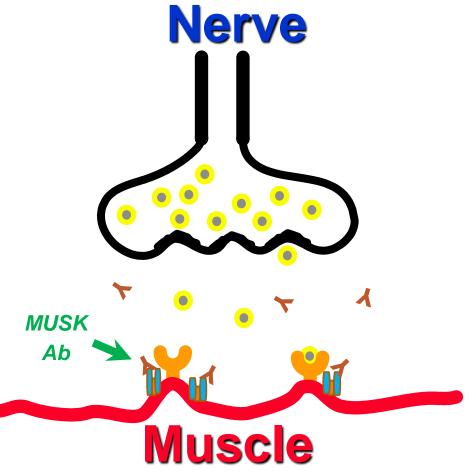
T cell, B cell develop memory in preparation for next infection or attack



# Myasthenia Gravis



# Myasthenia Gravis



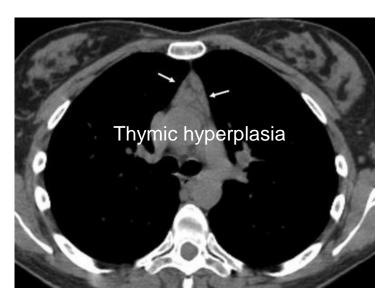


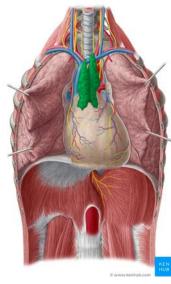
MUSK+

# Thymus pathology in MG

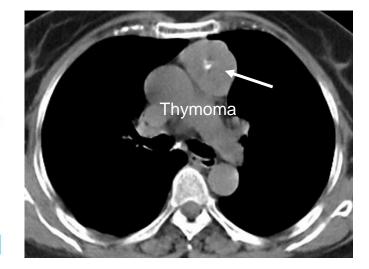


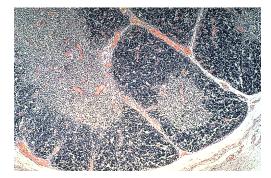
#### 85% activated thymus glands





**10% have thymoma, a benign tumor** (most common in males >60 yrs of age)





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VOL. 375 NO. 6

#### Randomized Trial of Thymectomy in Myasthenia Gravis

Treatment Thymectomy Trial

G.I. Wolfe, H.J. Kaminski, I.B. Aban, G. Minisman, H.-C. Kuo, A. Marx, P. Ströbel, C. Mazia, J. Oger, J.G. Cea, J.M. Heckmann, A. Evoli, W. Nix, E. Ciafaloni, G. Antonini, R. Witoonpanich, J.O. King, S.R. Beydoun, C.H. Chalk, A.C. Barboi, A.A. Amato, A.I. Shaibani, B. Katirji, B.R.F. Lecky, C. Buckley, A. Vincent, E. Dias-Tosta, H. Yoshikawa, M. Waddington-Cruz, M.T. Pulley, M.H. Rivner, A. Kostera-Pruszczyk, R.M. Pascuzzi, C.E. Jackson, G.S. Garcia Ramos, J.J.G.N. Verschuuren, J.M. Massey, J.T. Kissel, L.C. Werneck, M. Benatar, R.J. Barohn,

for the MGTX Study Groups

- •126 patients (2006 2012)
- Prednisone alone vs. Thymectomy + Prednisone
- Measuring disability and average prednisone dose

#### RESULTS

- Disability was less in Thymectomy + Prednisone group
- •Average prednisone, dose at year 3 years was less in thymectomy group
- Less crisis, hospitalizations, rescue therapy
- •Side effects similar in both groups