

# Leisure World News

## OF MARYLAND

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## Restaurant Food, Home Table

### Stein and Terrace Rooms Deliver Lunch



Restaurant manager Bobby Barton takes a sandwich to a customer's home on Aug. 29. He has made the acquaintance of many Leisure World residents in his years of working in the restaurants. Photo by Kimberly Y. Choi, Leisure World News

by Kimberly Y. Choi,  
Leisure World News

The car radio spurts the final notes of a song as soon as restaurant owner Bobby Barton starts the engine.

The fried fish sandwich, which he says is the most popular dish for delivery orders, is safely tucked inside a take-out container on the passenger seat. He knows just where he's headed since he delivered to this same customer last week, and he's off.

This summer, Perrie, LLC, Leisure World's restaurant contractor, began offering delivery service from the Stein and Terrace Rooms. It had been a frequent request from customers.

"We probably have had it asked [of] us like 30 times a year," Barton says.

It was not easy to begin because of the restaurant's small staff. The restaurant managers, Ed Richardson and Barton, decided to pilot the program during lunch hours, as during dinner they're busy operating the Clubhouse Grille in addition to the Stein and Terrace Rooms.

They are considering expanding the delivery service into weeknights in the future with the addition of staff members. Richardson expects evening service will be more popular. Already, many people who order in the latter part of delivery hours are buying dinner.

While the delivery service is a convenient way for all residents to satisfy their hunger, Barton says it's been especially popular with grandparents ordering food for themselves and young chil-

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## Comcast Xfinity Installations Begin

### Internet and Cable TV Provider Offers Deal on Digital Phone Service

by Stacy Smith, Leisure World News

Phase one has begun for Comcast Xfinity's internet and upgraded cable TV equipment installation; technicians are scheduled to be in residents' homes in Turnberry Courts, The Fairways North and The Fairways South through the end of next week.

Phase two of the installation process is set to begin the week of Sunday, Sept. 29, and a postcard will be mailed from Comcast Xfinity to homes scheduled for this phase (The Overlook, Mutual 19-B, Villa Cortese and Creekside) about two weeks prior to the start of installation. The postcard explains how to schedule the installation appointment.

The equipment installations are part of an eight-year bulk rate agreement Leisure World signed with Comcast Xfinity early last month that will provide high-speed internet and upgraded cable TV service to all homes in Leisure World.

Not sure when Comcast Xfinity is headed your way? See the installation schedule on page 7.

#### Digital Phone Service

As part of the agreement, Comcast Xfinity is offering Leisure World residents its Xfinity Voice Unlimited plan at

a promotional rate of \$24.99 per month for 24 months.

Xfinity voice is a digital phone service commonly known as VoIP, or Voice over Internet Protocol, that allows users to make telephone calls from their landline phones using their home's internet Wi-Fi connection.

Residents who switch their phone service to Comcast

Xfinity's Voice Unlimited plan could see at least a \$15 savings on their monthly phone bill during the 24-month promotion period or beyond, depending on the phone provider they currently

have, said Comcast project manager Marla Mitchell.

Once Comcast Xfinity installs Voice Unlimited on a resident's landline phone, the phone is still operated by a person as if it were analog – a hand-held, push-button phone remains a hand-held, push-button phone.

#### Installation and Fee

Comcast Xfinity's Voice Unlimited plan is opt-in; residents who do not want the service installed do not have to purchase it.

For residents who do want to opt in to the plan, a Comcast technician will install the plan's technology in a resident's home

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The medical center is opening a flu clinic. For details, **see page 3.**

# Take a Stroll Down Leisure World's Walking Paths

by Leisure World News

From watching the sun set over the golf course, to spotting a family of deer as they graze at dawn, Leisure World's walking paths offer residents scenic views of the community throughout the year.

Walkers and joggers can get in their daily dose of exercise, safe in the knowledge that a shady spot or bench for resting is right around the bend.

Grab your favorite pair of athletic shoes and take a stroll around one of these four walking paths.

## The Broadwalk:

- nearly one-mile loop in Montgomery Mutual
- bordered by Leisure World Boulevard and Gleneagles Drive
- walkers should park their cars in the main lot or on South Leisure World Boulevard, not in the courts



Scenic views of the walking paths in Mutual 10 and the Broadwalk in Montgomery Mutual. Photos by Leisure World News

## Mutual 9:

- roughly 0.6-mile of pathway that stretches between The Inter-Faith Chapel and Connecticut Avenue
- grazes the backyards of single-family homes
- slight inclines and plenty of shade; an excellent

choice for residents who want to comfortably enjoy the outdoors with minimal exertion

- walkers can park their cars along South Leisure World Boulevard, or use The Inter-Faith Chapel's parking lot if no events are scheduled at that time

## Mutual 10:

- roughly 0.9 loop located just south of Leisure World Boulevard and sandwiched between Connecticut Avenue and Kelmscott Drive
- cuts between single-family homes, personal gardens and manicured lawns

## The Greens I and II:

- nearly 0.9-mile course encircling the mutual's first three buildings
- offers scenic views of the golf course
- more than 15 benches along the pathways provide walkers plenty of respite

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## Leisure World News

OF MARYLAND

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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# Administration Building Plans Move Forward



At its next regular meeting on Tuesday, Sept. 24, the Leisure World Community Corporation (LWCC) board of directors is likely to act on the Community Planning Advisory Committee's recommendation on an architectural firm to build the new Administration Building.

Plans to build a new Administration Building, which also include a drop-off circle outside the Terrace Room restaurant at Clubhouse I and improvements to parking and walkways, have been in the works since about 2013.

Photo by Leisure World News

# Get Your Flu Shot at the Medical Center's Pharmacy

by Leisure World News

People age 65 and older who contract the flu are at risk for more serious complications, according to the Centers for Disease Control and Prevention. Getting a seasonal flu vaccine each year by the end of October is the best protection.

Beginning Tuesday, Sept. 24, a flu shot walk-in clinic will be available to all residents on Tuesdays from 9 a.m.-5 p.m. at the pharmacy in the MedStar Health medical center building. Bring a photo ID and insurance card.

Residents can also get a flu shot at the pharmacy on any other weekday between 9 a.m.-5 p.m. if they schedule an appointment with the pharmacy by calling (301-598-1005).

Patients who have an upcoming appointment with their primary care provider (Dr. Feldman, Dr. Ozanne-Johnson or Dr. Share) can receive a flu shot during their scheduled appointment.

Residents who are 65 years and older will receive the FLUAD vaccine, and residents who are younger than 65 will receive the FluLaval vaccine. FLUAD adds an additional ingredient to boost the immune response and increase the vaccine's effectiveness.

The pharmacy's flu clinic will replace the flu clinic that was typically provided once a year to residents in Clubhouse I by the MedStar Visiting Nurse Association.

The medical center is located at 3305 North Leisure World Boulevard, adjacent to the Physical Properties Building. Residents coming to the medical center for a flu shot should enter through the main entrance, located at the rear of the building and facing the garden plots.

# Oct. 5: Chapel Holds Blessing of the Animals

by Bonnie Bonner

On Saturday, Oct. 5, at 10 a.m., The Inter-Faith Chapel holds its annual Blessing of the Animals service. The service is a time to gather together with fellow animal lovers and celebrate the special relationships pet owners have with their beloved pets.

St. Francis of Assisi loved all creatures and wrote in his "Canticle of the Creatures," "All praise to you, Oh, Lord, for all these brother and sister creatures." The Chapel joins with St. Francis in offering praise for all creatures and all of creation.

Participants will gather in the Chapel's fellowship hall for a brief liturgy, songs and a blessing for health, good temperament and a fulfilled life. Dogs, cats and other pets, small and large, furry and non-furry, are all welcome, as well as their human friends!

The service includes a memorial blessing for those special companions that are no longer with us. Participants who are unable to bring a pet, for whatever reason, are invited to bring a picture or other item and share their pet's name with the group.



A furry friend participates in The Inter-Faith Chapel's Blessing of the Animals service in 2017. Photo by Leisure World News

A "certificate of blessing" will be provided to all participants, and there will be refreshments for human and animal friends alike. Dogs should be leashed, and other animals, as appropriate, should be in carriers.

Registration is required and can be done by calling the Chapel at (301-598-5312) by Wednesday, Oct. 2.

The Chapel hopes residents will join it for this special time as it celebrates "all things bright and beautiful, all creatures great and small."

# Golf Course Renovation Proposal Available for Viewing

by Leisure World News

A detailed outline of proposed renovation plans to improve drainage and playability at the golf course is located in the golf lounge, and golfers and other residents have until the end of October to look it over and leave any comments or suggestions.

The proposed plans are based on an infrastructure study of the golf course that was conducted by McDonald Design Group this year.

The Golf and Greens Advisory Committee is expected to review the plans at its regular November meeting and make its recommendation to the Leisure World Community Corporation board of directors.



Photo by Leisure World News

# Saving Water: Conservation Tips for Any Home



by Stacy Smith, Leisure World News

**W**ith the Washington Suburban Sanitary Commission's (WSSC) recent change to its rate structure leading to an increase in residents' water bills, adopting water conservation methods in the home can help adjust for the increase and save money.

Less water usage can mean more savings, and conserving water also helps conserve energy and preserve the environment.

## Repair Leaks

One of the most effective actions a homeowner can take to conserve water is to have leaks repaired. Even small leaks can waste significant amounts of water.

Leaks inside a toilet can

waste up to 200 gallons of water a day, according to the Maryland Department of the Environment's website, but the good news is that homeowners can easily detect toilet leaks by adding just a few drops of food coloring to the water in the toilet tank. If the colored water appears in the toilet bowl, the toilet is leaking.

The Physical Properties Department (PPD) at Leisure World offers service agreements that include plumbing services. For details, call PPD Monday through Friday from 8:30 a.m.-4:30 p.m. (closed everyday from noon-1 p.m.) at (301-598-1500).

Residents can also download and print a copy of the service agreement by signing in to ([residents.lwmc.com](http://residents.lwmc.com)) and clicking on Physical Properties Department

man who used to live there.

## An Attractive Service

The number of delivery orders the Stein and Terrace Rooms get per day ranges from zero to 20. One day, Barton happened to receive orders from three customers who live in unit 319 of three different mutuels.

"I thought about [using that number] to play some keno or something," he jokes.

He's noticed a good degree of interest in food delivery from the community. Homebound residents have asked for copies of the menu to be delivered to them so that they can begin using the service, and in-person diners sometimes pick up menus to give to their less-mobile neighbors.

The restaurant delivers for a \$4 surcharge within Leisure World from 11 a.m. to 3 p.m. on weekdays.

The menu may be found online by signing in to ([residents.lwmc.com](http://residents.lwmc.com)) and clicking on Restaurants under the Amenities & Services dropdown menu. Orders may be placed by calling (301-598-1330).

under the Amenities & Services dropdown menu.

And for more information about water leaks in the home and how to detect them, visit ([www.wsscwater.com/leaks](http://www.wsscwater.com/leaks)).

## Bathroom

Since the bathroom, where leaks are likely to occur, is also where most of a home's water is used, it's the place where the most can be saved as well, according to WSSC's website.

Residents may consider purchasing and installing low-flow aerators or shower-heads to conserve water, but here are some simple tips to follow now that are free of charge:

- Fill a sink with water instead of letting water run when washing, brushing teeth or shaving
- Use a glass of water for rinsing teeth
- Take showers instead of tub baths
- If your shower has a single-handle control or shut off valve, turn off the flow while soaping or shampooing
- Don't use the toilet as a garbage disposal or trash can

## Kitchen

Residents can economize in the kitchen by running their dishwasher only when it's full and avoiding using extra cycles. Here are some other ways residents can modify their kitchen routines:

- Use a garbage disposal sparingly (but never without using running water), or use a garbage can or compost heap instead
- Use a brush and bowl full of water to wash vegetables
- Thaw frozen food in a refrigerator rather than under running water
- Cook vegetables with a minimum amount of water and save cooking water for soup stock.

- Do not pre-rinse dishes before putting them in a dishwasher

## Laundry

On average, about 22 percent of indoor residential water is used to wash clothes, according to the Maryland Department of Environment's website, so even small changes to a person's routine can make a significant difference to the amount of water used in the home. Here are some ideas:

- Operate the washing machine only when it's fully loaded
- Use the proper water level or load size selection on the washing machine
- Presoak heavily soiled items. Always use a minimum amount of detergent

If buying a new washer, purchase one with conservation features. Choose a washer with a load size selector or variable water level control.

## Outside the Home

Watering lawns and gardens can double normal household water use during the hot, dry summer months. Consider adopting the following behaviors to conserve water year-round:

- Equip a hose with an automatic shut-off nozzle
- Use a broom, not a hose, to clean driveways, steps and sidewalks
- Water a garden during the coolest part of the day. Do not water on windy days
- Use mulch around shrubs and garden plants to reduce evaporation from the soil surface and cut down on weed growth
- Adjust irrigation system (sprinkler, etc.) settings as needed to reduce watering time duration and frequency

## Delivery

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dren, and with the homebound. Some of his delivery trips reveal to him former regulars of the restaurant haven't quite gone away.

## The Folks Who Order

Barton's minivan pulls into a parking lot. He brings the food up to a townhouse. The recipient greets Barton and thanks him for the food.

When he returns to his car, a passer-by on the block gives him a smile. "One of us is in the wrong place," she says. Barton responds in his friendly way and encourages her to come to the next live music event at the restaurants.

The charismatic Barton, who has worked at Leisure World since he was a 14-year-old busboy, has spent ample years accumulating attachments to clientele. He is full of stories and memories of the residents he's met. As he passes a townhouse on the way back to Clubhouse I, he fondly recalls nights in the Stein Room chatting with the

# All 'Walks' of Plant Life

## Horticultural Efforts Keep Landscape Lively

by Kimberly Y. Choi,  
Leisure World News

The sunshine is beating down, so the Landscape Advisory Committee (LAC)'s Green Team agrees to keep this late August walk on the short side. It's an important time of year for the LAC, since September ends planting season.

The Team's three members join Aaron Tenley from the Grounds Department and Joe Seamone, a horticulturalist from Leisure World's landscaping contractor McFall and Berry Inc., to inspect the vegetation around Leisure World and offer new ideas for plantings.

LAC's Green Team is one of the Committee's three color-named teams responsible, in coordination with the Grounds Department, for ensuring that a different part of Trust grounds is growing strong.

A walk with them is a reminder of Leisure World's self-governance ethos. Residents have a hand in not only the policies that govern the community, but also in the tangible landscape: the ferns growing from a tree stump at Daffodil Park, the planted medians of Leisure World Boulevard.

### Inspecting the Grounds

The Green Team, with Tenley and Seamone, assembles by the Administration Building on Aug. 20 and moves with an acute eye across the landscape under its charge.

They come to a camellia in front of Clubhouse I. A camellia is an evergreen shrub with a typically dense bouquet of flowers, but this one is brown and shriveled.

"That's why we walk," one of the members says. Member Carolyn Oakford jots in a notebook, and she and the others discuss what might have gone wrong.

"Maybe it wasn't watered enough?" a team member says.

"A camellia doesn't need that much water," another responds.

At Clubhouse I's outside

terrace, Oakford describes her idea for removing a shrub called a photinia at the end of the bed and installing instead an azalea uprooted from the opposite bed. The photinia was here from before the terrace was fully planted, and now she feels it looks out of place.

Seamone can see why she'd want to do away with the photinia but suggests replacing it with a new hydrangea. He says the azalea bed looks good with its current odd number of shrubs, and another hydrangea would match the hydrangea that is already in the photinia's bed.

Notes are made, and the LAC works with the experts to come to a consensus.

### Trees Standing Tall

The group proceeds into the welcoming shadows of oaks on the sidewalk of Rossmoor Boulevard. Tenley remarks on the respite from the heat.

Leafy branches are hanging down from the tree by the main gate. Seamone recommends removing the tree's lower limbs; its canopy is thick enough that it will still provide plenty of relieving shade. And a trimmed tree will also give people a clearer view into Leisure World as they enter, he says.

Trees are numerous at Leisure World, and the population is growing. Ten to 15 years ago, a tree count yielded that there were about 300 trees on Leisure World Boulevard alone. So far in 2019, the Grounds Department has planted more than 20 trees on Trust property and many more in mutuals.

Tenley is waiting for a proposal sent to Tree Montgomery, a Montgomery County program to increase tree cover, to be approved. If the proposal is successful, the County will provide Leisure World with 30 shade trees free of charge that can be planted by the main entrance and other Trust grounds.

Tree Montgomery allows Leisure World to save money on landscaping and increase its plantings. The Grounds Department has received trees from



The Landscape Advisory Committee's Aggie Eastham, left, and Carolyn Oakford, middle, talk about the white-flowering fothergilla plants in Daffodil Park with McFall and Berry Inc.'s Joe Seamone. Photo by Kimberly Y. Choi, Leisure World News

the program in previous years. If the proposal is successful, Leisure World is likely to receive the trees in spring of 2020.

### Planting for Resilience

The Green Team members agree on pruning the trees by the main gate. Now they discuss with Tenley and Seamone whether Rossmoor Boulevard's pin oaks should be replaced by willow oaks, as is the plan for the dying pin oaks near Villa Cortese. Tenley says willow oaks thrive next to roads better than pin oaks.

It is important to remove weak or dead trees because other than producing the impression of neglect, they are at risk of falling and causing injury, according to Tenley. While the Grounds Department doesn't necessarily plant a new tree wherever one dies, it adds more trees than it removes so there is a net increase.

Survivability is one of the factors the LAC and Grounds Department take into account when choosing plants. When trees die, they often consider alternatives that are more likely to survive and thrive.

Longer-lasting conifers such as white cedar are supplanting Leyland cypresses, which, according to Jones, have a short lifespan. Hollies have been a frequent choice, having recently been planted in Mutual 13 and Montgomery Mutual for example, because deer does not eat them.

Environmental problems are threatening tree health. Ash trees, most of which are part of the area's original flora, have

been lost to the emerald ash borer, described by the USDA as a non-native beetle that has destroyed large numbers of ash in the U.S. in the past two decades.

Sugar maples in The Fairways South and Mutual 13 are also dying. Jones suspects the maples, which are found at higher elevations in the wild, are sensitive to climate change. It has become necessary to select trees that tolerate warmer conditions.

"Back in the '50s, you couldn't grow crape myrtles around here," Jones says. "They froze out." The thriving crape myrtles that bloom in August around Clubhouse I and elsewhere are a hot pink reminder that temperatures are rising.

The ginkgo is another ideal choice for its adaptability and resistance to disease and pests, Jones says. The species has persisted for ages and is thought to be the oldest tree species alive.

"And they're beautiful; they turn golden yellow in the fall when the frost hits them," Jones says.

The LAC is considering ginkgoes for the future parking lot of the new Administration Building, according to LAC chair Dora Pugliese. Other trees on the tentative list include Chinese elm, basswood, red and paperbark maple, thornless honeylocust, zelkova and Japanese pagoda.

Landscaping work is never finished, Tenley says. Designing gardens, choosing plants and staying attentive to problems are an ongoing process to keep Leisure World beautiful.

# LEISURE WORLD

## HAS SO MANY WAYS TO KEEP UP WITH COMMUNITY NEWS AND EVENTS:



### Leisure World News

- Community News
- Calendar of Events
- Calendar of Meetings



### Resident Website ([residents.lwmc.com](http://residents.lwmc.com))

- Community News
- Community Calendar
- News Alerts



### Recorded Daily Events (301-598-1313)

### Mobile Access to ([residents.lwmc.com](http://residents.lwmc.com))

### Social Media

- Twitter | @LeisureWorldMd
- Facebook | Leisure World of Maryland



### TV Channels

- 972 - Daily Events and Announcements
- 974 - Weekly Events and Meeting Broadcasts

## Comcast Xfinity

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on the same day that their internet and upgraded cable TV equipment is installed; a separate installation appointment for Voice Unlimited is not needed.

Residents who want the service installed should tell the Comcast Xfinity representative when they call to schedule their equipment installation for internet and upgraded cable TV service after receiving their postcard from Comcast Xfinity in the mail.

Residents should not to cancel their current phone service until the Comcast Xfinity technician has set up the Voice Unlimited plan's technology in their home.

Residents who currently have the Voice Unlimited plan have until approximately mid-November to call Comcast Xfinity at (855-638-2855) to ask for the \$24.99 promotional rate.

After 24 months, the cost of the Voice Unlimited plan will increase to the retail rate. Residents can either choose to keep the plan or opt out of it.

Residents who do not want to purchase the Voice Unlimited plan can change their mind at any time during Comcast Xfinity's eight-year bulk rate agreement with Leisure World, but the promotional rate only applies for approximately two months,

after which time a resident can purchase the plan at retail rate.

### Features

The Voice Unlimited plan features three-way calling, call waiting, caller ID and more, and includes unlimited local and nationwide long distance calling, including calls to landline and mobile destinations in Puerto Rico, Canada, China, Hong Kong, India, Mexico, Singapore and South Korea, among others.

Keep in mind that power outages or routine maintenance will occasionally cause the internet to go down, at which time residents with the Voice Unlimited plan will be without landline phone service, typically for up to a few hours, according to Mitchell.

Information and updates about Comcast Xfinity's installation are provided as they become available via the community's communications platforms, which include Leisure World News, the robocall system, the resident website, ([residents.lwmc.com](http://residents.lwmc.com)) and closed-circuit TV channels 972 and 974.

For more details about Comcast Xfinity's services and installation at Leisure World, including a list of frequently asked questions about internet and cable installation, sign in to ([residents.lwmc.com](http://residents.lwmc.com)) and click on "Comcast" under the Services & Amenities dropdown menu.

### COMCAST XFINITY CORNER

Comcast has an update to frequently asked question number 7 that appeared on page 3 of the Sept. 6 edition of Leisure World News:

**Q:** I just moved to Leisure World and I need Comcast to install internet service now. What should I do?

**Updated A:** Call the Comcast bulk phone number at (855-638-2855) to schedule an internet service installation for the bulk rate service. Be sure to mention you are a new Leisure World resident.

### Pro-Install

Comcast Xfinity's agreement with Leisure World includes free pro-install by a Comcast technician, so residents are encouraged to schedule their equipment installation appointment with Comcast after they've received their postcard in the mail.



Allowing a Comcast technician to install your internet equipment and upgraded cable TV service ensures that you'll receive the internet and cable speeds you'll be paying for.

The Comcast technician will also provide residents with an overview of the services in their home and help them set up their SSID (name of Wi-Fi network) and password so that it matches their previous carrier, a service Mitchell says Comcast Xfinity doesn't normally provide to its customers.

# Comcast Xfinity Installation Schedule\*

Phase	Installation Start/Stop Date	Mutual	Postcard Mail Date
<b>Phase 1</b>	9/16 to 9/28	Turnberry Courts The Fairways South	The Fairways North 8/30
<b>Phase 2</b>	9/29 to 10/12	The Overlook Creekside	Mutual 19 B Villa Cortese 9/15
<b>Phase 3</b>	10/20 to 11/2	Vantage Point West Mutual 14 Mutual 19-A	Vantage Point East Mutual 10 10/6
<b>Phase 4</b>	11/3 to 11/16	Mutual 12 Mutual 13 Mutual 16 Mutual 9 Mutual 18 Mutual 5 Mutual 6-A	Mutual 11 Mutual 15 The Pines Regency Mutual 7 Mutual 8 Mutual 6-B 10/21
<b>Phase 5</b>	11/17 to 11/23	Montgomery Mutual	11/4
<b>Phase 6</b>	11/24 to 12/14-	The Greens	The Greens II 11/11
<b>Phase 7</b>	12/15 to 12/29	Remaining Customers	

\*Schedule subject to change

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**September 27, 28, 29**  
**October 4, 5, 6**



by Joseph Kesselring

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# GOVERNANCE & Information

## Sept. 23: Smart DriverTEK™ Vehicle Technology Workshop

Technology is changing the driving experience. The new Smart DriverTEK workshop, developed jointly by AARP Driver Safety and The Hartford, will keep you in the know about the latest high-tech safety features in your current or future car.

Learn all about blind spot warning systems, forward collision warnings, smart headlights and more. A free Smart DriverTEK workshop is offered on Monday, Sept. 23, from 10-11:30 a.m. in Clubhouse I.

The 90-minute workshop includes an overview of top

vehicle safety technologies, a step-by-step guide of how these technologies work and how they can make driving safer and more enjoyable.

Participants also receive a vehicle technology checklist, which offers guidance on what technologies one may need when shopping for a new car or what features may already be in a current car.

To attend this workshop, a ticket is required. Visit the Clubhouse I E&R office to obtain a ticket. Seating is limited. Please bring your Leisure World ID.

## Oct. 10: MVA Mobile Office Returns

by Leisure World News

Need to do business with Maryland's Motor Vehicle Administration? The MVA on Wheels returns to Leisure World on Thursday, Oct. 10.

The van will be located in the Clubhouse II parking lot, where the hours of operation are 10 a.m.-2 p.m.

Residents are encouraged to arrive early on Oct. 10 as wait times may be long.

Services offered include renewal of non-commercial driver's licenses, Maryland photo identification cards and vehicle registration. You also can obtain a duplicate driver's license, a certified copy of



Photo by Leisure World News

a driving record, disability placards, substitute stickers, return tags and duplicate registrations, as well as apply for a change of address.

If you need to register to vote and/or want to register as an organ donor, you can do that at the mobile office, too.

## Robocall Reminder



Management uses robocalls, along with the closed-circuit informational TV channels 972 and 974, to inform residents of any delays or cancellation of services due to weather conditions and other emergencies.

Robo calls are made only in emergency-type situations.

Dial 301-598-1313  
for recorded Daily Events

### 2019 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

**Executive Committee Meeting**  
The Oct. 18 meeting airs on Oct. 23, 24 and 25.

**Board of Directors Meeting**  
The Sept. 24 meeting airs on Sept. 30, Oct. 2 and Oct. 4.

## Group Email Addresses

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management - management@lwmc.com
- LWCC Board of Directors - board@lwmc.com
- LWCC Executive Committee - excomm@lwmc.com
- Administration - administration@lwmc.com
- Communications - communications@lwmc.com
- Education and Recreation - recreation@lwmc.com
- Physical Properties - physicalproperties@lwmc.com
- Security - security@lwmc.com

## GOOD TO KNOW: RIGHT-OF-WAY AT FOUR-WAY STOP SIGNS

by Leisure World News

Some intersections in and near Leisure World are marked with four-way stop signs. According to Federal Highway Administration guidelines, multiway stops may be considered for installation where the amount of traffic on all intersecting streets is similar. It is important that drivers pay attention to these signs and heed the rules to avoid collisions.

Remember that under Maryland law, drivers should yield the right-of-way to the driver who is at or arrives before them at an intersection.

If multiple vehicles arrive at the intersection at the same time, the driver on the right has the right-of-way.

Still, the Maryland Driver's Manual reminds motorists not to go forth unquestioningly when the rules grant them right-of-way. Drivers should be observant of the situation at hand and proceed safely.



Photo by Leisure World News



# Oct. 14: AARP Safe Driving Course

by Leisure World News

The E&R Department is sponsoring an AARP Safe Driving Course on Monday, Oct. 14, from 9:45 a.m.-3 p.m. in Clubhouse I, with a one-hour break for lunch.

You must pre-register for the course, which is for residents only. Please bring your Leisure World ID. A check payable to AARP, \$15 for AARP members and \$20 for non-members, is required at the time of registration. (Please note: AARP members must show a current membership card to receive the AARP discount.) Register beginning on Tuesday, Sept. 24, at 8:30 a.m. in the Clubhouse I E&R office. The number of participants is limited to 25, so plan to register early.

Participants should bring their driver's license and a pen or pencil to the course. If you have any questions, contact the E&R Office in Clubhouse I at (301-598-1300).

## Education and Recreation Department

# Oct. 18: AARP CarFit™ – Helping Drivers Find Their Safest Fit

by Leisure World News

By 2030, more than 70 million Americans will be 65 or older. With age comes natural changes to vision, information processing, flexibility and the speed of reflexes, which can affect a person's ability to drive safely.

In 2006, AAA, AARP and the American Occupational Therapy Association collaborated to develop CarFit, a community-based educational program that promotes continued safe driving and mobility among older drivers by focusing attention on safety, comfort and fit.

Through a quick, 20-minute checkup, CarFit starts a conversation about the actions drivers can take to be as safe and comfortable as possible in their own vehicle.

On Friday, Oct. 18, from 10 a.m.-2 p.m., AARP

CarFit will be available at Clubhouse II. The program is free, but registration is required and limited. Registration opens on Tuesday, Sept. 24, at 8:30 a.m. in the Clubhouse II E&R office.

Registrations will only be taken weekdays (Monday through Friday) from 8:30 a.m.-4 p.m., until all available timeslots are filled. Please bring your Leisure World ID.

During an event, drivers will be provided information, education and community-based resources in a quick and easy manner using a 12-point checklist to help the driver assess how they "fit" in their vehicle. Check out ([bit.ly/CarFitVideo](http://bit.ly/CarFitVideo)) to learn more about how CarFit can help drivers stay safe on the road.

For additional questions about the program or registration, call the Clubhouse II E&R office at (301-598-1340).



# Join a Committee

by Leisure World News

Residents who would like to request membership on a Leisure World advisory committee should contact their mutual's board of directors or visit their mutual's property manager or mutual assistant for a hard copy of the application.

To view or download a digital copy, sign in to ([residents.lwmc.com](http://residents.lwmc.com)) and click on the corresponding news alert at the top of the homepage.

Once filled out, return the application to your mutual assistant or property manager. The deadline to fill out and submit an application is Thursday, Oct. 31.

Once all applications have been received, a full list is provided to the Leisure World Community Corporation board of directors for approval.

# Paper Shredding Console in Clubhouses

Residents can confidentially dispose of their personal documents in secure, locked shredding consoles.

The console in Clubhouse I is located near the art studio, and the console in Clubhouse II is near the building's main entrance.

Residents are not required to remove the documents' paper clips, staples or binder clips. However, please do not bring items that go in your regular recycling, such as envelopes, newspapers and magazines.

The consoles are emptied twice a week and documents are shredded on-site.



A paper shredding console sits at the entrance in Clubhouse II. Photo by Leisure World News

# Reminder About Room Reservations

From the Education and Recreation Department

Clubhouses I and II have rooms available for Leisure World clubs, groups and organizations to reserve for a meeting, party or other event. Residents must stop by Clubhouse I or II to reserve a room.

The E&R staff works with residents to help them reserve their preferred room, however, reserved rooms may be subject to change. Several factors affect which room your club, group or organization's event may be held in, including the room's size and capacity, items needed for the event, such as microphones or a projector screen, and scheduling conflicts.

When arriving for a scheduled event, check the directory in the clubhouse lobby to see which room it's being held in.



# THOUGHTS & OPINIONS: *From Our Residents*

## A Few Things to Remember

- Relevance:** Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.
- Respect:** Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.
- Brevity:** Being concise will ensure that your opinion will have maximum impact.
- Accuracy:** Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.
- Ownership:** All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

*Opinions are strictly those of the writers. Thoughts and Opinions is maintained by the Communications Advisory Committee.*

## SUBMITTING AN ITEM TO THOUGHTS & OPINIONS

1. Submissions must be emailed to [aclwn@lwmc.com](mailto:aclwn@lwmc.com) or delivered to the LW News Office.
2. Receipt of submissions will be confirmed by email or telephone.
3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
4. LW News cannot guarantee when or if a submission will be published.
5. To view the full Leisure World News Guidelines, sign in to (residents. [lwmc.com](http://lwmc.com)) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.

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## I STAND WITH THE BOARD AND MY NEIGHBORS

In response to a letter in the Sept. 6 edition of Leisure World News, I am appalled by the actions of plaintiff homeowners who do not represent me as they doggedly seek to impose their will on all Leisure World residents.

The so-called class action suit has no standing in courts. Yet we (residents) are paying our fees to cover unnecessary litigation cost.

I request our Leisure World Community Corporation (LWCC) board of directors to provide residents of Leisure World of Maryland (a) the expense incurred to date and (b) estimates of

ongoing expenses related to these lawsuits.

I think other residents should be aware of the dollars expended that would otherwise be used to benefit Leisure World residents. Please publish these litigation cost factors in the Leisure World News.

Furthermore, I hope our LWCC board and attorneys will counter such lawsuits by requesting the "frivolous nine to three" be ordered by the court to reimburse the LWCC board for all expenses incurred due to plaintiff homeowners' so-called class action suit.

Attorney for the plaintiffs, I ask you to consider the wastefulness associated with frivolous lawsuits seeking to overrule the majority. Enough! Oh, enough!

— Jewel A. Lee

## GOOD TO KNOW: PLACING A CLASSIFIED ADVERTISEMENT



by Kathleen Brooks, Leisure World News

A classified ad may be the perfect way to get your message out to the community. Whether trying to sell something, offering a professional service or looking for some special item, placing a classified ad is quick, easy and economical.

Classified ads are text only, no graphics or borders. The Leisure World News offers a variety of classifications under which to place your ad, so you are sure to find the perfect spot for it.

Ads can be submitted via email to ([lwnewsads@lwmc.com](mailto:lwnewsads@lwmc.com)) at any time, or dropped off at the Leisure World News office in Clubhouse I, Monday through Friday, 9 a.m.-5 p.m.

Keep in mind the following:

Licensed healthcare providers (RN, LPN, CNA, GNA, Med Tech) must provide proof of certification by the Maryland Board of Nursing.

- Other licensed professionals are encouraged to include a Maryland business or professional license number or business affiliation in their ad.
- Estate, moving and/or garage sale ads must have prior approval of the mutual where the sale will be held, LWMC management office and the Security and Transportation office. The Estate/Moving/Garage Sale application form is available at the Security and Transportation office located in the Administration Building, or by calling (301-598-1355), Monday-Friday, 7 a.m.-3:30 p.m.

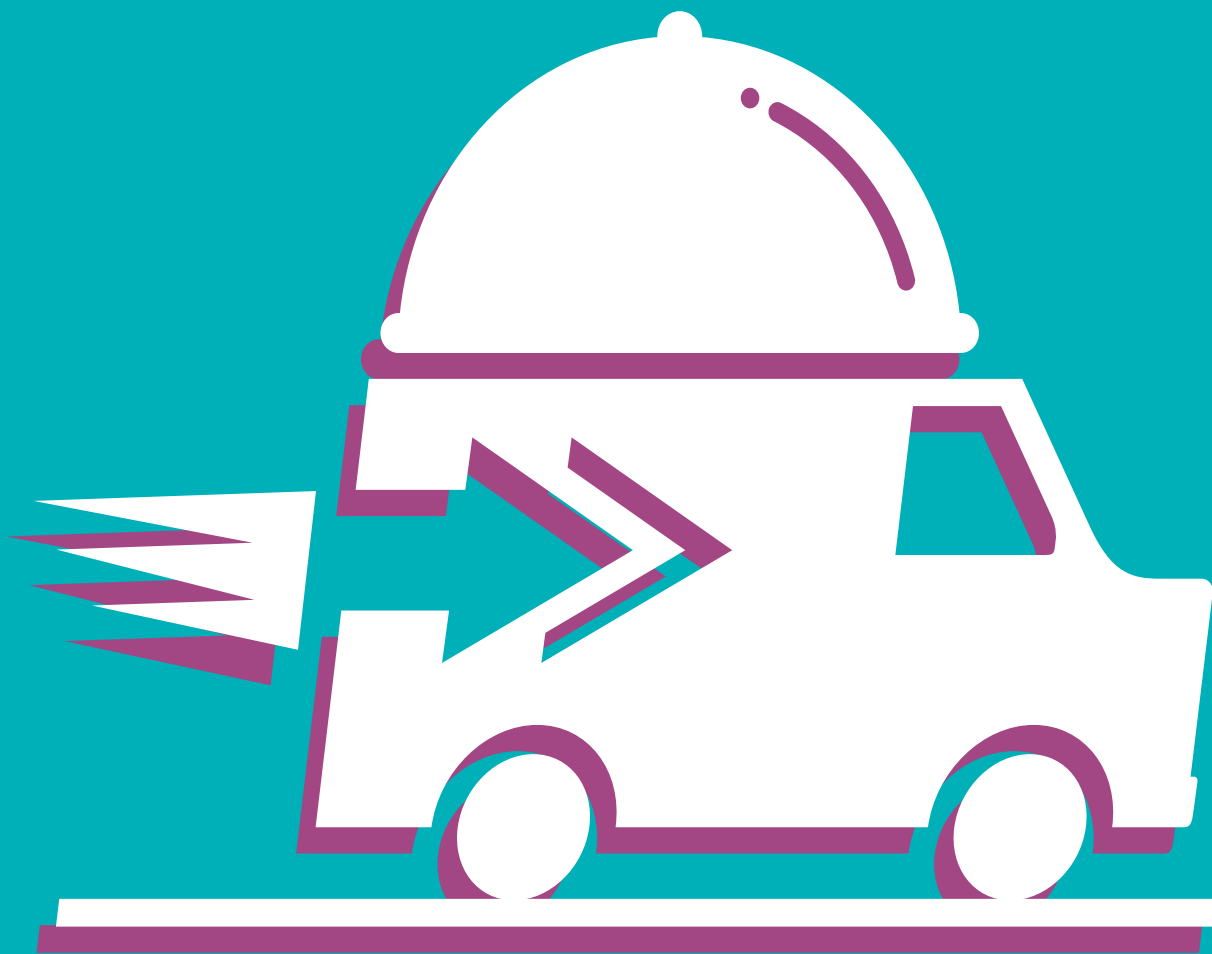
News staff will provide an exact cost for the ad(s) and payments can be made by credit card (Mastercard, Visa or Discover), business or personal check, or money order. Credit payments can be submitted over the phone at (301-598-1310), Monday through Friday, 9 a.m.-5 p.m. No cash accepted.

For questions about classified and display advertising, contact the Leisure World News office at ([lwnewsads@lwmc.com](mailto:lwnewsads@lwmc.com)) or (301-598-1310).

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# EVENTS & Entertainment

## ■ Hispanos de Leisure World

### Sept. 22: Claudia Gargiulo and the DC Latin Ensemble

On Sunday, Sept. 22, Hispanos de Leisure World present the return of Claudia Gargiulo and the DC Latin Ensemble at 3 p.m. in the Clubhouse II auditorium.

The Ensemble is a group of diverse musicians and dancers representing the flavors of tango and other Latin music and dances. Gargiulo is an Argentine-born mezzo-soprano trained in clas-

sical, jazz, tango and Latin music. The other talented performers



Claudia Gargiulo, courtesy photo

are Ramón Gonzalez (guitar), Bruno Lucini (drums), Alfonso Rondon (bass), Patricio Lizarraga, Maya Abapolnikova, Edgar Recinos and Ely Rodriguez (dancers).

Tickets are \$10 per person (checks only, payable to Hispanos de Leisure World), and are on sale at the Clubhouse I E&R office.

## ■ Ballroom Dance Club

### Sept. 28: The Retro Rockets Perform

by Joyce Hendrix

On Saturday, Sept. 28, The Retro Rockets, a favorite of the Club's baby boomers, will play for members and guests from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom.

Because the dances have been sold out twice in the last few months, the Club strongly suggests making reservations as early as possible for this dance. Contact Hal Freeman at (bobbinhal@aol.com) or (301-438-7513) no later than

Thursday, Sept. 26, to ensure a seat at your favorite table with friends. The Club can't guarantee entry to the dances without prior reservations.

The Club asks that dancers try to arrive on time so the people at the entry desk can enjoy the dance without missing too much of it. Doors open at 7:15 p.m., and the dancing begins at 7:30 p.m.

With this dance, the Club returns to its winter dress code of jackets and ties for the gentlemen and dressy outfits for the ladies. No hats or jeans, and no tuxes required.



## ■ Chinese Club

### Sept. 27: Lawyers Present Elements of Estate Planning

by Stella Shaw

On Friday, Sept. 27, the Chinese Club hosts attorneys David Pasti and Dawn Trainor-Fogleman to discuss the components of estate planning. The free program is from 10-11 a.m. in Clubhouse II, and all residents are welcome.

Pasti will focus his talk on basic estate planning, which includes wills, advanced directives and power of attorney. He will explain the differences between these documents and their purposes. Trainor-Fogleman will provide information, as time permits, on including revocable and irrevocable trusts in estate planning.

It's essential that individuals become acquainted with estate planning and its associated documents while they are able to make decisions and plan for their future. So do not miss this interesting and informational program.



From left, David Pasti and Dawn Trainor-Fogleman, courtesy photos

#### About the Speakers

Pasti has practiced law for 30 years, focusing on criminal and juvenile defense, personal injury, wills and estates and family law. He is a member of the Maryland State Bar Association, the Montgomery County Bar Association and the Christian Legal Society.

Trainor-Fogleman has practiced law for more than 25 years and has concentrated her practice on estate planning for more than 15 years. It was when her parents passed away within a short period of each other that she gained a greater understanding of this area of the law.

## ■ Education and Recreation Department

### Oct. 3: Batter's Up! Baseball in 1956

On Thursday, Oct. 3, at 2 p.m. in Clubhouse I, return to Washington, D.C., for the 1956 American League baseball season and the All-Star Game between the American and National Leagues that was played at Griffith Stadium on July 10.

Bill "Bat Boy" Turner and Ed "Boy in the Scoreboard" Baruch will share their up-close and personal experiences and memories of the 1956 Washington Senators' baseball season, including the 1956 All-Star Game.

The presentation includes rare film clips and secrets and insights into the dugout, bullpen, clubhouse and on-the-field experiences. Relive the excitement of the 1956 All-Star Game, which included Ted Williams, Mickey Mantle and Yogi Berra, among others, playing for the American League. Recall with Turner and Baruch the Life Magazine story as well.

Their story has been featured on WRC-TV, Good Day DC on WJLA, Washington Nationals MASN TV pre-game show, Let's Talk Live on News Channel 8 and on WETA TV. Join "Bat Boy" and the "Boy in the Scoreboard" for a nostalgic look at an exciting season of baseball in Washington, D.C.

Sponsored by the Education and Recreation Department, tickets for the program are \$6 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.



Bill "Bat Boy" Turner, left, and Ed "Boy in the Scoreboard" Baruch, courtesy photos

■ **Education and Recreation Department**

# Oct. 5: Find Your Treasure at the Flea Market

Join your friends and fellow residents on Saturday, Oct. 5, from 9:30 a.m.-2 p.m. in the Clubhouse I Crystal Ballroom and Maryland Room for the semi-annual Leisure World Flea Market.



Items on sale will include jewelry, handmade crafts and gifts, new and used books, contemporary and vintage clothing, glassware and china, toys and dolls, small appliances and housewares, bric-a-brac and collectibles and more.

Bring your friends and family and come join in the fun!

■ **Sock Hop Group**

# Oct. 5: Sock Hop Dance to Live Music

by Abigail B. Murton

The next sock hop dance – Sock Hop Live – is on Saturday, Oct. 5, from 7-10 p.m. in Clubhouse I. Groove Quest will rock the dance floor with live music.



The price of admission is \$10. A cash bar will be available, and dancers are welcome to bring their own snacks.

And then get ready for the next dance on Saturday, Oct. 26, when Take Two Entertainment provides great dance music from 7-10 p.m. in Clubhouse II. The price of admission is \$5. Participants can bring their own alcoholic beverages and snacks.

Come relive the fun of high school dances. For questions, contact Doug Brasse at (301-448-8708).

## Coming in 2019

The E&R Department is pleased to provide the following programs.

- |                    |   |
|--------------------|---|
| Oct. 3, 2 p.m.     | Bill “Bat Boy” Turner and Ed “Boy in the Scoreboard” Baruch on the 1956 Washington Senators Baseball Season |
| Oct. 5, 9:30 a.m.  | Fall Flea Market  |
| Oct. 10, 2 p.m.    | Rhythms of the Soul with Renee Anderson   |
| Oct. 18, 9:30 a.m. | Community Fair  |
| Oct. 19, 7 p.m.    | Four Seasons Dancers  |
| Oct. 31, 7:30 p.m. | Halloween Dance Party   |

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

### PLEASE, NO CASH

The E&R offices in Clubhouse I and II do not accept cash payment for programs or activities it sponsors. Payment can be made by check payable to LWMC. Or, if \$10 or more, payment can also be made with a credit card (MasterCard, Visa or Discover). When paying for programs or events sponsored by Leisure World clubs and organizations, payment can only be made by check, payable to that club or organization.



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■ Fireside Forum

# Oct. 6: Bob Levey Discusses 'Issues of Journalism Today'

by Jonas Weiss

Popular, award-winning journalist Bob Levey has covered the Washington, D.C., scene since the Johnson Administration. He will speak at the next Fireside Forum program on Sunday, Oct. 6, at 2:30 p.m. in the Clubhouse II auditorium.

Levey will discuss "Issues of Journalism Today" – Is there a more apt topic for our times?

Levey wrote a daily column for The Washington Post that examined all aspects of life in the nation's capital. It won major awards from the Society of Professional Journalists and the Washington Journalism Review. Earlier in his 36-year career, he covered presidential politics, Congress and sports.

Levey also co-authored "Washington Album: A Pictorial History of the Nation's Capital" with his wife, Jane Freundel Levey. He recently published a novel, "Larry Felder, Candidate," which he will have for sale after the program.

Jonas Weiss is the host for the speaker.



Bob Levey, courtesy photo



■ Education and Recreation Department

# Oct. 10: Experience 'Rhythms of the Soul'

Do you like to dance like no one is watching? Sing like no one is listening? Play hand instruments like a maestro? Then join in on the fun with other Leisure World friends for a creative, hands-on workshop led by Lady Renee Anderson on Thursday, Oct. 10, at 2 p.m. in the Clubhouse I Crystal Ballroom.



Lady Renee Anderson, photo by Kimberly Y. Choi

This workshop will offer African drumming, dancing, singing and the use of percussion instruments. No prior experience is required, just the willingness to explore your inner creativity! Participants should also bring a

scarf and dress comfortably for movement.

A Leisure World resident, Anderson is CEO/founder and artistic director for Imani Productions & Associates. Imani Productions is a collaborative project with more than 35 years of experience working with adults and youth in cultural education. This collaborative uses performing arts to

inspire positive self-esteem, spiritual motivation and multicultural education.

Sponsored by the E&R Department, tickets are \$5 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

■ Education and Recreation Department

# Oct. 18: Join a Club at the Community Fair

All residents are encouraged to set aside Friday, Oct. 18, from 9:30 a.m.-12:30 p.m. to attend the Community Fair in Clubhouse I. This annual fair is an opportunity to receive more information about the nearly 100 active groups,

clubs and organizations in Leisure World.

Always loved a particular sport or hobby, but never tried it out? Or maybe you're looking for a group of like-minded folks who share your interests. From arts and crafts and games, to volunteering and charity work, the Community Fair offers something for everyone.

Representatives from all Leisure World groups, clubs and organizations are encouraged to attend, introduce themselves to the community and share what their group is all about. Letters with entry forms are being mailed to all recognized groups, clubs and organizations. The deadline to return the entry form to the Clubhouse I E&R office is Wednesday, Oct. 16.

If your group, club or organization has not received one, or if you have any questions, contact the E&R Department at (301-598-1300).



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■ Education and Recreation Department

# Oct. 19: Four Seasons Dancers Celebrate World Cultures



The Four Seasons Dancers, courtesy photo

The E&R Department welcomes back The Four Seasons Dancers (FSD). The troupe performs on Saturday, Oct. 19, at 7 p.m. in the Clubhouse II auditorium.

FSD is bringing a dazzling new show that will take you on a dancing trip around the world. Travel from Spain to Italy, China to Russia, Austria to Romania, and beyond. No passport or suitcases needed; just get a ticket to the show and get ready to be whisked away!

The company will perform a passionate Spanish flamenco, a gliding Russian circle dance, a joyous Italian tarantella, a whirling gypsy dance, an elegant Austrian waltz, a mysterious Chinese fans dance and more. The show is a mosaic of genres, from classical ballet to folk dancing, and infectious melodies, from the Klezmer music to Latin beats.

Based in nearby Aspen Hill, FSD celebrates the world of dance and performs locally and nationally. The company's 15 dancers are women of different

ages and backgrounds who work in various professional roles and sectors by day and, in the evening, rehearse at the dance studio, mastering intricate dancing steps of the 40 plus dances of the FSD repertoire.

Elena Indrokova Jones is director of the company as well as its principal choreographer and costume designer. Trained at one of the premier academic ballet schools in Russia, Jones danced with several leading companies there. When she moved to the U.S. and settled in Montgomery County, she founded FSD with a mission of "promoting and communicating an understanding, appreciation and celebration of world cultures through dance."

To learn more about the FSD, visit ([www.fourseasons-dancers.com/](http://www.fourseasons-dancers.com/)).

Tickets for this event are \$10 per person and go on sale beginning Tuesday, Sept. 24, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World ID.

## Musical Performances at the Clubhouse Grille

The following bands will perform from 6-8 p.m. in the Clubhouse Grille restaurant. To make dinner reservations, call (301-598-1330). A \$5 cover charge applies.

Sept. 25	Swing'N On A Star with Michael Binder
Oct. 2	Jules Levine and The Classy Jazz Band
Oct. 9	Motown Classic with The Winstons Duo
Oct. 16	The Night and Day Band with Mike Suser and vocalist Charlene Cochrane
Oct. 23	Swing'N On A Star with Michael Binder



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# Oct. 20: Photo Slideshow Presents 'Baltimore, Beautiful and Historic'

by Fred Shapiro

The Rossmoor Camera Club begins this Club year's Sunday photo matinee series on Sunday, Oct. 20, at 3:30 p.m. in the Clubhouse II auditorium.

Featured presenter Stewart Lillard will present his slideshow depicting "Baltimore, Beautiful and Historic." The program is free and open to all residents and their guests.

Baltimore-on-the-Chesapeake was established in 1729, about the same time as Charleston, South Carolina. Lillard's journey through portions of the historic city by means of photography will explore the Tremont Hotel (now the Grant), Old St. Paul's Church and cemetery, Mount Vernon Place, the Visionary Art Museum and Mt. Royal's Artscape,



From left, A.M.E. Zion Church and U.S. Lightship Chesapeake, and an American flag whips in the wind. Photos by Stewart Lillard

Fells Point, the Inner Harbor and Fort McHenry.

His tour will include a visit to the U.S.' first cathedral, Basilica of the Assumption, and the first Washington Monument. The visual presentation is filled with fish on ice, storefronts and even aged European beer bottles.

Lillard has been a member of the Rossmoor Camera Club for 10 years, and currently serves as the Club's president. He

has presented photo matinees on Washington, D.C., and parts of Russia's Volga River, and last year he gave an impromptu survey of New York City when the scheduled speaker could not travel to Leisure World.

The Club will have slide presentations during the year 2019-2020 featuring the photographic experiences of its members as they traveled locally and around the world.

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■ Education and Recreation Department

# Oct. 31: Halloween Party and Dance

Join the fun at this year's Halloween celebration on Thursday, Oct. 31, in the Clubhouse I Crystal Ballroom. NightLife Band returns to provide the music.



NightLife Band, courtesy photo

Sponsored by the E&R department, the evening also features light refreshments and a cash bar. Attendees are encouraged to wear their finest Halloween costumes and participate in a contest that awards those with the best outfits.

Doors open at 6:30 p.m., and NightLife Band plays some of your favorite music from 7:30-10 p.m. Tickets are \$25 per person and go on sale beginning, Tuesday, Sept. 24, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World ID.

NightLife is a high-energy dance band that has been performing locally and internationally for the past 20 years. With a repertoire of music spanning from the '50s to today's Top 40, this band will surely have you on the dance floor all night!

■ Lions Club of Leisure World

# Nov. 9: '70s and '80s Dance Party

by Seprena Jackson and Maxine Hooker

On Saturday, Nov. 9, the dance branch of the Lions Club hosts a '70s and '80 Dance Party to celebrate and thank those who have served the country. The dance is from 7-10 p.m. in the Clubhouse I Crystal Ballroom.



The Washington, D.C., area's famous Crossfire Band and Show will entertain dancers with their rendition of '70s and '80s dance music. Dancers should wear '70s and '80s attire.

In addition to the fun music and period dress, there will be hors d'ourves included with purchase of a ticket, along with a silent

auction, raffle, door prizes and cash bar.

All proceeds from the dance will be donated to the Walter Reed Forest Glen Fisher House, located a few miles from Leisure World.

Fisher House Foundation was founded in 1990. The Foundation builds comfort homes where military service members and their families can stay at no cost while a loved one

is receiving treatment. The homes are located at major military and Veterans Affairs medical centers nationwide.

Tickets for the dance are \$25 per person, (checks only, payable to Lions Foundation) and will be available beginning on Tuesday, Sept. 24, at 8:30 a.m. in the Clubhouse I E&R office.



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■ **Baby Boomer Club**

# Sept. 20: ‘The Best of Enemies’

by Beth Leanza

On Friday, Sept. 20, the Baby Boomer Club shows the movie “The Best of Enemies” (2019, 2 hours 13 minutes, biography/drama/history, rated PG-13 for thematic material, racial epithets, some violence and suggestive reference) at



7 p.m. in the Clubhouse II auditorium. Set in Durham, North Carolina in 1971, the film tells the story of civil rights activist Ann Atwater and her face-off against Ku Klux Klan leader C.P. Ellis over school integration. Taraji P. Henson stars as Atwater and Sam Rockwell stars as Ellis.

The showing is open to all residents; tickets are not required. The film will be followed by a social hour, so residents who are interested in joining the Club are encouraged to attend.

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■ **Education and Recreation Department**

## Thursday Afternoon at the Movies

# Oct. 17: ‘Chappaquiddick’

The E&R Department is pleased to present “Thursday Afternoon at the Movies.” Films are shown at 1 p.m. in the Clubhouse II auditorium.

On Oct. 17, the presentation is “Chappaquiddick” (2017, 1 hour 46 minutes, drama/history/thriller, rated PG-13 for thematic material, disturbing images, some strong language and historical smoking).

Free tickets, limit two per person, are required and can be obtained beginning Tuesday, Sept. 24, at 8:30 a.m. in either clubhouse

E&R office. Please bring your Leisure World ID.

The film depicts Edward “Ted” Kennedy’s involvement in the car crash off a bridge on Chappaquiddick Island in Massachusetts on July 18, 1969. Mary Jo Kopechne, the 28-year-old campaign strategist who was also in the car, was killed, and Kennedy’s life and career were indelibly scarred.

Thursday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note: No one will be seated after 1 p.m.



■ **NA’AMAT RBZ Club**

# Nov. 6: ‘Heading Home: The Tale of Team Israel’

by Carole Mund

On Wednesday, Nov. 6, NA’AMAT shows the film “Heading Home: The Tale of Team Israel” (2018, 1 hour 27 minutes, documentary/comedy/drama, not rated) at 12:30 p.m. in the Clubhouse I Crystal Ballroom. All residents are welcome.

Both men and women will enjoy this film that traces the creation of a

team to represent Israel in the World Series of Baseball. Learn about the process of gathering

players with Jewish heritage from all over the world.

Following the movie there will be a brief discussion to share reactions and thoughts. Refreshments will be served. The cost is \$5 per person at the door. Be sure to mark your calendars to share in the pride of the team that represented Israel.



## 2019 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
Sept. 29, 2 p.m.	The Wife	SOLD OUT
Oct. 17, 1 p.m.	Chappaquiddick	Sept. 24
Oct. 27, 2 p.m.	At Eternity’s Gate	Oct. 8
Nov. 10, 2 p.m.	A Star Is Born	Oct. 22
Nov. 21, 1 p.m.	Can You Ever Forgive Me?	Nov. 5

Movies are subject to change.

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Sincerely,

*Susan Maas*



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# HEALTH & Fitness

## ■ Memory Café

### Sept. 26: Learn ‘How to Improve Your Balance and Prevent Falls’

by Nooshin Javan

At the next Memory Café on Thursday, Sept. 26, Terrie Daniels, senior fitness and wellness specialist at Brooke Grove Retirement Village, will present her seminar, “How to Improve Your Balance and Prevent Falls.”

The seminar is from 2-3:30 p.m. in Clubhouse I, and all residents are welcome. Daniels will teach attendees how to prevent falls and will provide specific exercises that people can do every day to improve their balance.

#### About Memory Café

The Memory Café meets on the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss.

Registration is required. For more information, call the manager at (240-428-1342) or the National Alzheimer’s Association at (1-800-272-3900) or (TTY: 1-866-403-3073), or visit ([www.alz.org](http://www.alz.org)).

### Oct. 2-4: Medical Center Holds E-Symposium

by Leisure World News

MedStar Health medical center holds an e-symposium from Wednesday, Oct. 2, through Friday, Oct. 4, to teach MedStar Health patients how to use MedStar’s online services and features:

**Oct. 2 – How to Conduct a MedStar e-Visit** – Learn how to receive 24/7 access to medical providers from a tablet, smartphone or computer and how to video chat with a provider.

- Session 1: 10-11 a.m.
- Session 2: 11:30 a.m.-12:30 p.m.

**Oct. 3 – Using the myMedStar Patient Portal** – Learn how to view and manage appointments, see test results, communicate with your health provider, renew prescriptions, access health records and more.

- Session 1: 9:30-10:30 a.m.
- Session 2: 11 a.m.-noon

**\*Oct. 4 – Retail CVS Pharmacy Overview** – Learn about the CVS application and services provided.

- Session 1: 11:30 a.m.-12:30 p.m.
- Session 2: 1-2 p.m.

A reservation is required for all sessions. To RSVP, email ([Pooja.J.Patel@Medstar.net](mailto:Pooja.J.Patel@Medstar.net)) or call (301-438-6290) and leave a message with your name, the name of the session(s) you’d like to attend, the session(s) time, number of attendees and the best phone number where you can be reached.

Each session will be limited to 30 attendees, so be sure to make a reservation early.

All sessions are held at MedStar Health medical center, located at 3305 North Leisure World Boulevard.

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## ■ Lions’ Vision Support Group

### Oct. 9: New Technology for the Visually Impaired

by Larry Cohen

The Lions’ Vision Support Group’s speaker on Wednesday, Oct. 9, is Jerry Price, assistive technology coordinator at the Maryland State Library for the Blind and Physically Handicapped.

His presentation will not only cover the services that the Library offers but interesting apps and developments in the low vision and blind community as well.

Topics covered during this presentation will include accessibility, independent living apps, technology that works and the differences between Android TalkBack and Apple’s VoiceOver, as well as a demonstration of a talking Samsung smart watch

and smart phone app and a preview of the Library’s assistive technology gifts for the holidays.

The Group has information about special sales on computers loaded with software for the visually impaired, such as Zoom-Text for low vision and JAWS for

those who can’t see the computer screen. These sales are time sensitive and must be ordered before Tuesday, Oct. 1.

Join the Group on Oct. 9 to learn more about these sales and how to live a better life with impaired vision.

Lions’ Vision Support Group meetings are on the second Wednesday of every month at 1 p.m. in Clubhouse I. For more information, contact Larry Cohen at (908-770-9111) or ([topops@aol.com](mailto:topops@aol.com)).



# Oct. 15: Author Speaks On Overcoming Adversity

by Bob Stromberg

No one searches for adversity; bad experiences are simply a part of life. Unfortunately, the chances that people will cope well when a terrible situation occurs are not guaranteed.

On Tuesday, Oct. 15, at 11 a.m. in Clubhouse I, Eileen Lenson, author of the book, "Overcoming Adversity: Conquering Life's Challenges" gives a free presentation about how to not only overcome adversity and survive, but to thrive.

Although the talk is free, residents are asked to sign up by stopping by the Clubhouse I E&R office or by calling (301-598-1300). Residents and their guests

are welcome to arrive early and enjoy complimentary refreshments prior to the presentation.

## About the Presentation

"The lack of a successful coping strategy at times of adversity is not our fault," Lenson said. "If we have not been provided with the tools and understanding for dealing successfully with traumatic events that threaten our safety, careers, emotions, health or relationships, we won't be prepared when painful events occur."

Whatever people are facing, it is easy to feel victimized by life circumstances. Her presentation will describe the tools anyone can turn to for coping, healing and evolving when feeling over-

whelmed and in despair.

Her presentation will conclude with free handouts with suggested exercises and keepsake reminders that will help attendees develop the resourcefulness to not only overcome adversity but to emerge stronger than before.

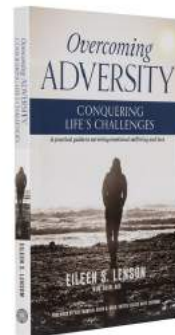
"Adversity is complex, but fortunately, people who find themselves in a painful place can learn how to seek healthy coping options and change their lives for the better," Lenson said.

## About the Speaker

Lenson's professional background includes treating



Eileen Lenson, courtesy



people in crisis for more than 30 years as a licensed psychotherapist and now a life and business coach. She helps people learn life skills to face challenges, build resilience and overcome adversity.

To learn more about her work, visit her website at ([www.LensonLifeCoaching.com](http://www.LensonLifeCoaching.com)).

## ■ Center for Lifelong Learning

# Oct. 24: Healthy Knees for Active Seniors

by Fred Shapiro

It is not unusual in Leisure World to meet friends and find out they are having problems with their knees. To provide information that will help seniors cope with such problems, the Center for Lifelong Learning (CLL) is sponsoring a presentation by Renee Moten, owner of Functional Fitness, on Thursday, Oct. 24, at 2 p.m. in Clubhouse I.



Renee Moten, courtesy photo

While the program is free, residents are asked to register beginning Tuesday, Sept. 24, at 8:30 a.m. by calling (301-598-1300) or stopping by the Clubhouse I E&R office.

Moten will discuss and demonstrate a precise step-by-step program that works to reduce knee pain by correcting muscular imbalance, reducing inflammation and re-establishing range of motion within the ankles and feet.

Ninety percent of chronic knee pain is due to patella tracking problems and stiffness in the ankles. Her program uses certain exercises

to realign the patella, reduce stiffness in the ankle joint and strengthen the stabilizing muscles around the knee. To this end, Moten will teach specialized stretches.

Residents will get to use a yoga strap while sitting down and learn how they can reduce the pain in their knees by following her step-by-step program. The program's benefits include pain reduction and decreased fluid in the knee, which results in easier stair climbing, standing up and sitting down.

## About the Presenter

Moten started her personal training business in 1998. She has completed more than 21,000 hours of one-on-one fitness training with baby boomers.

She always wanted to learn more about the world of health and wellness, resulting in attending more than 100 classes, workshop conferences and seminars seeking to stay on the cutting edge of the world of fitness.

She has been a certified personal trainer for 21 years,

as well as massage therapist and myoskeletal therapist

Residents who are concerned about their knees should attend this session to learn more about what they

can do to help themselves.

For more information about all CLL lectures and classes, visit ([www.cllmd.com](http://www.cllmd.com)).



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# FISH Offers Assistive Equipment

by Beth Leanza

FISH is a volunteer organization that accepts donations of assistive equipment and lends them to residents and employees of Leisure World.

Located in Clubhouse II, the FISH office has wheelchairs, tub stools (shower chairs), commodes and walkers. The office is open Monday through Friday from 10 a.m.- 4 p.m., except major holidays. The office phone number is (301-598-1345).

FISH has so many generous people who donate their equipment that the organization rarely has to ask borrowers to return items. Borrowing equipment from FISH is a great way to find out what you like and don't like about an item before deciding whether or not to purchase it.

Most FISH volunteers do not have any medical training, so the organization strongly suggests borrowers consult a doctor or therapist before using an item. FISH does its best to make sure the equipment is safe to use.

## Free Items

FISH also accepts other items that it gives away to residents and their guests such as incontinence supplies, accessories for walkers such as baskets, canes and elevated toilet seats. They are kept in the front area of the FISH office.

FISH no longer accepts any foot braces, oxygen tank tubes, diabetic equipment or CPAP machines. If donating items to FISH, do not leave them outside the FISH area in the basement on Clubhouse II.

## Want to Help?

FISH is always looking for new members, so if interested in volunteering, contact its president, Beth Leanza, at (301-598-4569). FISH suggests a training/orientation session with a current volunteer.

## Charitable Collections

Some organizations such as Kiwanis Club and Lions Club have collection boxes in the FISH office. Kiwanis helps Ronald McDonald House by

collecting can tabs, and the Lions collect eyeglasses and hearing aids.

Clubs that would like to start a collection, even for a short time, can contact FISH. Also, be sure to include contact information on the collection box.

## Lost and Found

FISH also houses found items that have been lost by residents.

If looking for an item after hours, call the E&R department at (301-598-1320).

## GOOD TO KNOW: SAFELY DISPOSE OF PRESCRIPTION MEDICATIONS



Residents can drop off their unused and expired prescription and over-the-counter medications, including pet medications, inside the green collection bin located in the MedStar Health medical center's waiting room.

The following items are not accepted:

- Schedule I controlled substances or illegal drugs
- thermometers
- inhalers
- aerosol cans
- hydrogen peroxide
- lotions
- liquids
- needles



Photo by Leisure World News

Any resident may drop off their prescription medications Monday through Friday, from 8:30 a.m.-5 p.m.; he or she does not need to be a MedStar Health patient.

— Leisure World News



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## Health & Fitness In Brief

**Al-Anon Meeting:** Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

**Alcoholics Anonymous (AA):** Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

**Alzheimer's Caregivers Support:** The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

**Bereavement Support Group:** If your spouse or long-term partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. CaringMatters sponsors group meetings. Registration and a phone conversation with Jim Rossi, director of adult bereavement at CaringMatters, is required before attending. If interested, please call Jim at (301-990-0854).

**Fitness Center:** One of the Fitness Center's personal trainers leads a free orientation tour of the Fitness Center on the second Tuesday of every month at 2 p.m. Learn how to use the equipment and facilities. Registration is not required.

**Free Blood Pressure Testing:** Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

**Living Better with Parkinson's:** The Living Better with Parkinson's support group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).

**Stroke Support Group:** You are not alone! The Leisure World Stroke Support Group invites stroke survivors and caregivers to its monthly meetings on the third Tuesday of the month from 1-3 p.m. in Clubhouse II. No registration is needed, and all are welcome. For more information, contact Amy Boltz at (248-652-0304).

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Clubhouse I



# CLUBS, GROUPS & Organizations

## ■ Vegetarian Society of Leisure World (VSLW)

### Sept. 25: Group Returns to Great Sage Restaurant

by Bob Fenichel

Because of the popularity of last month's visit to Great Sage restaurant, VSLW will return there on Wednesday, Sept. 25, for a late lunch at 2 p.m. Great Sage restaurant is located at 5809 Clarksville Square Drive in Clarksville.

The restaurant has an extensive vegan menu, so consider viewing it online ahead of time by visiting (<https://greatsage.com/menu/>). To attend, RSVP to Helen Gross by Sunday, Sept. 22, by emailing ([hgross75@verizon.net](mailto:hgross75@verizon.net)) or calling (301-438-2077).

#### October Meals

VSLW visits Lucy Ethiopian Restaurant on Wednesday, Oct. 2, in downtown Silver Spring. The restaurant is located at 8301 Georgia Avenue, and the Group will meet there at 1 p.m.

Group members can check

out the menu online at ([www.lucyrestaurantmd.com/menus/](http://www.lucyrestaurantmd.com/menus/)). The vegetarian sampler is always popular and comes in either small or large-sized (for two people) portions. RSVP to Iris Wolf by Monday Sept. 30, by emailing ([leonardbwolf@msn.com](mailto:leonardbwolf@msn.com)) or calling (301-598-0285).

On Thursday, Oct. 17, VSLW will again have a dinner prepared by the Vegetable Garden Restaurant in Clubhouse II. More details are forthcoming.

#### General Information

Additional information on VSLW activities is available at ([www.vslw.org](http://www.vslw.org)). Everybody is welcome at VSLW activities; residents don't have to be vegetarian to participate.

The mission statement of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet."

## ■ Garden and Environmental Club

### Oct. 14: Swap Your Plants, Seeds and Supplies



Guest speaker Mitsuko Otani integrates a weed from her friend's yard into a pleasing composition with flowers during the Ikebana program on Sept. 9. Photo by Kimberly Y. Choi, Leisure World News

by Jean DeSchraver

The Garden and Environmental Club sponsors a plant and seed swap for the whole community on Monday, Oct. 14, at 10 a.m. in Clubhouse I.

This event is an opportunity for all to share or expand their collections of plants, seeds, gardening supplies and gardening books.

The Club especially encourages new residents to come and replenish their supply of houseplants. One may take items without bringing anything to swap, or donate without taking anything home. Refreshments will be served.

For more information about the plant swap, contact Vivienne Burke at (301-460-4016) or ([vcburke@gmail.com](mailto:vcburke@gmail.com)).

#### Ikebana Program

The Sept. 9 demonstration of Ikebana, or Japanese flower arranging, drew about 60 people. Attendees watched the peaceful process by which the arrangement takes shape, accompanied by a musician setting the atmosphere on the koto, a Japanese stringed musical instrument.

#### About the Club

One does not need to be a gardener to join the Garden and Environmental Club. The Club's mission is to foster interest in and communicate to the public all aspects of horticulture and its implicit connection to the environment by sponsoring meetings and activities to benefit Leisure World.

For more information, contact membership chair Gwen Raphael at (301-598-7653) or ([graphael@verizon.net](mailto:graphael@verizon.net)).

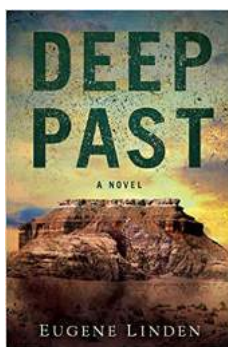
## ■ Rossmoor Library Guild

### New Titles Available at the Library

by Anthony Magri

The library in Clubhouse I is open Monday from 1-4 p.m., Tuesday through Friday from 10 a.m.-4 p.m. and Saturdays from 10 a.m.-1 p.m. The following are 12 new books recently added to the library's collection:

1. "Dark Tribute" by Iris Johansen
2. "Machines Like Me" by Ian McEwan
3. "Deep Past" by Eugene Linden
4. "As Time Goes By" by Mary Higgins Clark
5. "Someone Knows" by Lisa Scottoline
6. "Anna of Kleve" by Alison Weir
7. "Working" by Robert A. Caro
8. "Whiskers in The Dark: A Mrs. Murphy Mystery" by Rita M. Brown
9. "The Never Game" by Jeffery Deaver
10. "The Night Window" by Dean Koontz
11. "The Frozen Hours" by Jeff Shaara
12. "Sentence Is Death" by Anthony Horowitz



For more information about the library, contact Tony Magri at ([tonyitalian1951@comcast.net](mailto:tonyitalian1951@comcast.net)).

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# From Sunrise to Sunset

by Ann Bolt

Open Studio artists present 11 sunsets and sunrises for the September through October exhibit in Clubhouse I.

Sandy Greer gives the viewer a 3-D experience, while other sunrises and sunsets sparkle (Barbara McCool) and “wander” with watercolor on Yupo paper (Ann Bolt).

Across the hall in the general exhibit, acrylic, mixed media, charcoal, oil and watercolor and pastels yielded paintings of campfires, flowers, dogs, tea parties, an Italian street, bison and butterflies.

Artists sharing their talents in this exhibit include Maria Clark, Judy Kirkland, Myra Baum, Houston Hancock, Nancy Albrecht, Phyllis



From left, Steve Irish, master painter and ‘master assembler’; Butterfly Among the Pointillism by Myra Baum; and Sunrise at Lake George by Sandy Greer, photos by Ann Bolt

Lowinger, Patty Elton, Steve Irish, Judith Lessin, Betty Feniak, Patty Marx John Kyle, Nancy Bullough, Carol Edwards, Marvin Sirkis, Dee Williams, Jeanette Schuder, Alexandra Michaels, Vicky Batkin and Jeanette Shampain.

## Workshops and Meeting

Some exciting “knuckle-down-and-learn” workshops are being planned for the year. These workshops are for those artists who would like to switch from one medium to another or for those that have gathered courage to try their first art class.

A general Rossmoor Art Guild (RAG) meeting is scheduled for Tuesday, Nov. 12, with the time and location to-be-determined. The meeting will provide a little help on framing artwork.

Pending workshops include printing holiday cards, multi-media journaling and painting seascapes. If members have any other suggestions, please come forward and share your ideas.

## Guidelines for Exhibiting

Guidelines for exhibiting are posted in the foyer of the art studio in Clubhouse I. Two screws and adequate wire are required. Pick up and fill out the form, located in the studio foyer, with the artist’s name, title of the artwork and media used, and indicate whether the artwork was completed in a specific class (name of class) or in open studio.

The recent Open House started the new year with new ideas, teachers and members. RAG is always happy to see what members are working on and exhibiting, and the Guild thanks new member Steve Irish for his help in assembling the studio’s new chairs.

## ■ Center for Lifelong Learning (CLL)

# Oct. 21: Learn How to Declutter Your Home

by Fred Shapiro

As people age and take account of the volume of furniture, personal belongings and various collections they’ve acquired, they may ask themselves, “What do I do with all this stuff?”

To provide guidance on this topic, the Center for Lifelong Learning (CLL) in conjunction with Synergy Homecare present a program entitled, “Decluttering” on Monday, Oct. 21, at 2 p.m. in Clubhouse I.

The program is free, but residents should register to assure adequate seating beginning Tuesday, Sept. 24, at 8:30 a.m. by calling (301-598-1300) or stopping by the Clubhouse I E&R office.

The program’s presenters are Cindy Szparaga and Alexandra Fry, founders of Orchestrated Moves, LLC. They work together to brain-



From left, Cindy Szparaga and Alexandra Fry, courtesy photos

storm palatable solutions to clutter that won’t leave people feeling steamrolled.

Orchestrated Moves, LLC provides a host of services to ensure a smooth transition when coordinating the many different aspects involved in downsizing and decluttering.

Come to the program for a conversation about the tricks of the trade and learn how to organize your home without spending a fortune.

For information on all CLL lectures and classes, visit ([www.cllmd.com](http://www.cllmd.com)).



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# Club's Next Competition is 'Looking Up'

by Fred Shapiro

To compete in the Rossmoor Camera Club's October competition, one must only 'look up.' The competition is on Tuesday, Oct. 15, at 7 p.m. in Clubhouse II, and all residents are invited to attend as entries are critiqued and awarded.

As defined by the Club's officers, photos for the "Looking Up" competition must be taken from the ground with the camera aimed upward. Examples of photos that "look up" include a ceiling, skyscraper or plane, or looking up a tree at a bird in a nest. Make sure the majority of the picture is above eye level from an upward tilted camera.

Accordingly, members should check their photo files to see if they have taken any that already fit the bill. Take advantage of the scenes in Leisure World – nature, birds and squirrels, and the various high-rise buildings and surrounding areas.

Members may submit two photos in

each category – print and digital. Digital photos must be sent to (RossmoorLW@gmail.com) and received by Tuesday, Oct. 15. Prints must be brought to the meeting room before 6:45 p.m. on Tuesday, Oct. 29, the night of the competition.

If a digital already sent in by a member does not meet the definition for the competition, the member will be given an opportunity to replace the rejected photo. Prints that do not meet the competition's criteria will be removed from the competition that night. For questions about the competition, email (RossmoorLW@gmail.com).

## Membership

For residents interested in joining the Club and learning how to improve their photo-



From left, clouds over Leisure World and looking up in Costa Rica, photos by Fred Shapiro

graphs, there are two levels of membership.

Members who expect to compete in the monthly competitions pay dues of \$25 for the year. Residents who wish to join the Club to learn more about photography but are not interested in competing pay dues of \$15.

Mail checks for dues to Woody Shields at (Rossmoor Camera Club, 3200 N. Leisure World Blvd., Apt. 817, Silver Spring, MD 20906). For more information, visit ([www.rossmoorcameraclub.com](http://www.rossmoorcameraclub.com)).

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■ Fun and Fancy Theatre Group

# Thespians Gear Up for Fall Performances of '70, Girls, 70'

by Hannette Allen

**F**un and Fancy Theatre Group's monthly meetings and shows are always held on the first Wednesday of the month at 7:30 p.m. in the Clubhouse II auditorium.

Attendance for each performance is free for members who have paid their annual \$10 dues, and \$5 for guests. New members are always welcome. Dues for new and returning members can be paid before the performance at the door. Plan on arriving a little early.

### October Monthly Show

The October show is "Let Us Entertain You," performed by the Fun and Fancy outreach committee. Chaired by president Nancy Koski, it comprises more than 20 talented Fun and Fancy members (singers and dancers).

Their normal schedule is 14-16 performances each year at various assisted living residences and nursing homes, such as Brooke Grove Rehabilitation and Nursing Center, Olney Assisted Living and The Village at Rockville.

Their very busy schedule requires them to have a variety of music prepared at all times. They are very grateful to have the talented Carol Copeland as their accompanist. Come and enjoy!



Members of Fun and Fancy rehearse for "70, Girls, 70." Photo by Suzanne Walker

### November Musical

Rehearsals for the November musical "70, Girls, 70" began Sept. 9. Mark your calendar; performance dates are:

- Friday, Nov. 15, at 7:30 p.m. (includes opening night party)
- Saturday, Nov. 16, at 7:30 p.m.
- Sunday, Nov. 17 at 2 p.m.
- Friday, Nov. 22 at 7:30 p.m.
- Saturday, Nov. 23, at 7:30 p.m.
- Sunday, Nov. 24, at 2 p.m.

The Nov. 15 admission includes a special opening night party with the cast after the show. Tickets for that night only are \$15 (for both show and party). Tickets for all other performances are \$10. Ticket sales begin on Monday, Nov. 4 (public) and Saturday, Nov. 2 (cast).

Ticket sellers and ushers are needed for this show. To help with ticket sales, call

Joan Oakin at (301-598-2349) or Dorothy Hughes (301-598-7008). To help with ushering, call Elaine Apter at (301-438-8707) or Carol Smith (301-438-3087).

### Play/Poetry Readers

September begins a new year for the play readers groups. Fun and Fancy members who enjoy reading aloud and giving voices to the characters might consider joining the play readers groups. Those who enjoy meeting new people and having fun at the same time are very welcome to come and try it out.

In the poetry readers group, members bring their favorite poems to share with each other. Whether it's a poem from childhood or something you were forced to memorize in school, or a poem that moves you emotionally, the Group would love to have poetry-lovers join.

The only requirement to join

either group is that you have paid the \$10 annual dues to Fun and Fancy. These groups are a benefit that members receive with their membership.

Call Irene Lunenfeld Shaulis at (301-598-5966) for meeting dates and times or for further information.

### First Meeting and Show

Fun and Fancy's first meeting and show of the year on Sept. 4 was attended by a packed house. Pat McConnell's tuneful revue, "Color My World," featured many of Fun and Fancy's own singers, dancers and instrumentalists, as well as an incredibly talented stage, lighting and sound crew.

The music was a wonderfully varied assortment of rock, jazz, blues, folk, love songs, charming children's songs and anything else you can name, as long as the song mentioned a color in its title. Everyone had an enjoyable (and colorful) time!

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# Oct. 9: Theater Group Holds First Evening Meeting for Working Residents

by Maggi Lindley

Gilbert and Sullivan (G&S) Society held its first meeting of the new G&S year on Sept. 5.

G&S will institute evening meetings for those who still work but would like to belong to G&S. The first evening meeting is on Wednesday, Oct. 9, at 7 p.m. in Clubhouse II, and G&S invites anyone who would like to be a part of this organization to come and join at that time.

G&S will still hold its daytime meeting on the first Thursday of every month at 1:30 p.m. in Clubhouse II, at which time the Group would also welcome newcomers.

Residents do not have to be actors or singers to join the Group, although at show time G&S may call on its members to help with ticket sales,

usher or help backstage as the performance draws near. So, residents who want to be a member will be most welcome.

G&S is planning next year's performance, "The Mikado," a favorite G&S operetta that is always a crowd pleaser. Auditions will be in the spring, followed by rehearsals and then performances on Friday, Aug. 21, Saturday, Aug. 22, and Sunday, Aug. 23, 2020, with more details to come.

### Successful Show

The Gilbert and Sullivan Society was thrilled with the success of its recent rendering of Gayden Wren's fantastic show, "A Gilbert and Sullivan Christmas Carol." Under the direction of Beth Youse and with Elaine O'Leary at the piano and violinist Marsha Yogin, the cast performed an energetic and fun operetta.

G&S thanks these women along with its performers, crew and everyone else who helped to make the production a great success, and also thanks its audiences for bringing their warmth, enthusiasm and applause to every performance.

And a final thank you goes to Gayden Wren for permitting G&S of Leisure World to stage his clever and entertaining operetta. G&S looks forward to doing it again sometime in the future.

This coming holiday season, Wren will direct the 25th anniversary production of "A



Ebenezer Scrooge is visited by a ghost in the Gilbert and Sullivan Society's production of "A Gilbert and Sullivan Christmas Carol." Photo by Fred Shapiro

Gilbert and Sullivan Christmas Carol," and the G&S Society of Leisure World wishes him tremendous success with his show.

The G&S cast and crew party is on Friday, Sept. 27, at 6 p.m. in Clubhouse I. G&S looks forward to seeing as many of its members who can be there for the fun and fellowship.

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## ■ Ballroom Dance Club

# Club Looks Forward to Holiday Dances

by Joyce Hendrix

The Retro Rockets perform for dancers at the next dance on Saturday, Sept. 28. For details, see the Events and Entertainment section of this publication.

Are you interested in helping the Ballroom Dance Club? The Club needs a nominating committee by Tuesday, Oct. 1, to select officers to replace those retiring in December.

The Club is also looking for several people to help out at the front desk on a rotating basis at each dance to take new membership information, and is also looking for a decorating committee to take care of centerpieces for each dance.

Contact Hal Freeman at (bobbinhal@aol.com) or (301-438-7513), or president Joyce Hendrix at (301-598-3038)



to offer help. The Club has a lot of plans for future dances, but needs help to succeed and continue.

The Club is considering having a 30-minute dance lesson prior to the 7:30 p.m. dance if there is enough interest. Let Hal or Joyce know if you would like to come early for a dance lesson beginning in 2020.

### Next Dances

On Saturday, Oct. 26, the annual Halloween Dance with costumes optional will be held and will feature The Helmut Licht Trio, one of the Club's favorite musical groups. Prizes will be given for the best single and couples costumes.

The Saturday, Nov. 23, dance features the Tony Luciano Band.

Perrie, LLC, Leisure World's catering company, will sponsor two dinner dances in December: The Holly Ball on

Saturday, Dec. 7, featuring Swing'N On A Star and the New Year's Eve Dance featuring the Mike Surratt Trio.

Reservations for both dances should be made with Perrie, LLC by calling (301-598-1330), or by stopping by any of the Clubhouse I restaurants.

### Club Information

Residents who have not attended one of the Club's monthly dances are encouraged to do so. The dances are held on the fourth Saturday of each month, January through November, from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom, and all feature live music. Reservations are strongly suggested.

All types of ballroom dance music, including waltz, foxtrot, samba, rumba, tango, cha cha, merengue, quickstep, swing, hustle and polka, are played in strict ballroom tempo.

Put on your dancing shoes and come dance with us.

## ■ Garden Plot Group

# Renew Your Garden Plot for 2020

by Judy Elrod

Now that the summer is over, garden cleanup is ongoing. Preparation for fall and winter planting has begun for some gardeners, and the Group is preparing for 2020.

### Plot Renewal

Renewals and new applications for 2020 are now being accepted. Residents can pick up the 2020 garden rules and regulations and the application form at the Clubhouse I E&R office, or sign in to (residents.lwmc.com) and print a copy.

The completed application should be submitted to the Clubhouse I E&R office by Sunday, Dec. 1.

### Election of Officers

Nominations for the Group's executive committee will be accepted at the Tuesday, Oct. 8, meeting. The elections take place at the meeting on Tuesday, Nov. 12.

### Garden Maintenance

The Group is working with the Physical Properties Department to address concerns about the aging water system in the garden, improve the parking blocks, provide maintenance on the roadway throughout the garden and repair and replace the garden sheds.

### Get Involved

The Group's meetings are held on the second Tuesday of the month at 9:30 a.m. in Clubhouse I. Members are encouraged to attend as the Group prepares for 2020.

Elections will take place later in the fall. Volunteers for a proposed social committee are also being sought. Join us!



Flowers are still in bloom at the garden plots. Photo by Judy Elrod

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# Older Adults Unite with Youth for Climate Strike to Combat Global Crisis

by Valerie Williams

On Monday, Sept. 23, the UN Climate Summit will begin. Prior to the commencement of this summit, a worldwide "Climate Strike" will start.

Young people are the driving force behind this direct-action weeklong event.

Adults and elders, who are equally concerned about the climate crisis and the kind of world we will leave for future generations, are supporting these young activists.

To learn more about the Climate Strike, go to (350.org/get-involved) or (eldersclimateaction.org). For further information on the UN Summit itself, just search "UN Climate Action Summit" using your favorite search engine.

The issue of global climate change is so huge that it is easy to allow one's self to be overwhelmed and numbed by its challenges. However, we do know that individual and group action or inaction does impact the bigger picture. That

is why it is important for each of us to rethink our actions and measure their impact on the environment.

LW Green will continue to sponsor educational presentations and action-oriented campaigns within the community.

The Group hopes that more residents will join in these efforts to improve recycling, support the introduction of renewable energy use, increase the tree canopy and eliminate harmful pesticide and herbicide use.



## Healthy Green

On Wednesday, Sept. 25, Rabbi Nina Beth Cardin gives her the much-awaited presentation on the Maryland Healthy Green Amendment. She is eager to speak about this topic to residents. The meeting is at 2 p.m. in Clubhouse I. All residents and their guests are welcome to attend.

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## ■ League of Women Voters

# Sept. 23: Trending Topics Program Covers 2020 Census

by Maxine Lewack

The League of Women Voters' first Trending Topics presentation is on Monday, Sept. 23, at 6:45 p.m. at the Rockville Public Library, located at 21 Maryland Avenue in Rockville.

The subject of the presentation will be the upcoming census. Dr. Terri Wright, Meyer Foundation vice president for program and community, and Shawn Ellis from the Montgomery County Office of Community Partnerships, will be speaking.

Wright's certainty that every head must be counted comes from her work in the Washington, D.C., metropolitan region where she has seen how federal funds, allocated based on the census, can help support crucial local programs, guide business decisions as to locations and services and determine how legislative districts are drawn.

Ask Wright the two things good citizens must do, and she'll say, "Vote and be counted!"



Ellis, who is coordinator of the County's Complete Count Committee, will describe his work with the Regional Services Centers, business groups and non-profits to ensure that everyone knows about and participates in the 2020 census.

The presentation on Sept. 23 leads up to the League's October meeting, which will highlight the changes in the coming census, what it can and cannot do and other interesting information about it.

## National Census Day

National Census Day is Saturday, April 4, 2020 and marks the beginning of gathering data. The Census Act was established in 1790, the date of the first census. It was intended to capture a picture of the country at one point in time.



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## ■ Unitarian Universalists

# Sept. 24: Learn About: 'Human Trafficking Prevention in Montgomery County'

by Dave Edfors

On Tuesday, Sept. 24, the Unitarian Universalists presents a program by Dr. Wendy Stickle entitled "Human Trafficking Prevention in Montgomery County" at 2:30 p.m. in Clubhouse II. Human trafficking has existed for centuries; however, it is an emerging crime in Maryland.

Human trafficking is not something that only occurs in far away, underdeveloped regions of the world; it is occurring right in our own backyards. Within the past

month, a local massage parlor was shut down and the female owner arrested and charged with human trafficking and prostitution.

Increasing peoples' awareness of human trafficking is one of the most powerful tools we have to combat this issue in Montgomery County.

### About the Presenter

Stickle is the director of the University of Maryland Crimi-

nology and Criminal Justice program at the Universities at Shady Grove.

Her research interest in human trafficking began when she was asked to teach a 15-week course on the topic several years ago. Since that time, she has increased her advocacy efforts by acting as the academic advisor to the Montgomery



Dr. Wendy Stickle, courtesy photo

County Human Trafficking Prevention Committee.

She has designed and imple-

mented human trafficking education abroad with programs in Thailand and Italy and is the co-author of the first criminology-focused textbook on human trafficking, to be published this month.

Join the Unitarian Universalists on Sept. 24 for this thought-provoking and informative presentation. Light refreshments and conversation will follow the program.

Residents don't have to be members of the Unitarian Universalists to attend its meetings. All residents are welcome.

## ■ National Active and Retired Federal Employees (NARFE) Chapter 1143

# Sept. 27: Chapter Holds U.S. Immigration and Homeland Security Forum

by Joe Cook

Alan Bersin, the former Commissioner of U.S. Customs and Border Protection and Assistant Secretary, U.S. Department of Homeland Security under Presidents Clinton and Obama, speaks on Friday, Sept. 27, at 7 p.m. in the Clubhouse II auditorium.

While there is general agreement that there is a crisis at the Southwest border, there is wide disagreement on its causes and cure. Bersin has a unique background and depth of understanding of the problem – where we are, how we got here, what needs to be done and what is making it worse. All residents are welcome to attend this program.

Checkbook expert, is once again scheduled to summarize this year's changes in the federal employee's health



Alan Bersin, photo courtesy (commons.wikimedia.org)

benefits program on Monday, Nov. 18, from 1:30-3:30 p.m. in Clubhouse I. He will discuss the implications this year's changes may have on decisions that members may want to consider based on their particular circumstances. More information about this event is forthcoming.

### Join NARFE

Chapter 1143 wants more active and retired federal civilian and military employees to bring their experiences and insights to NARFE. Dues for Chapter 1143 are \$44 per year or \$38 from a federal annuity payment that's spread over 12 months. For more information, contact membership chair John Lass (johnlass@comcast.net) or (301-288-4210).

### Theatre Tickets

All residents and their guests are invited to join NARFE on Wednesday, Oct. 2, at 2 p.m. to see Olney Theatre's production of "Cabaret" – a musical set in Hitler's 1929 Berlin.

Tickets are \$45 apiece. To purchase a ticket, mail a check, payable to NARFE Chapter 1143, to Jewel Lee at (3528 Chiswick Ct., Silver Spring, MD 20906). Pick up tickets at 'will-call' before showtime.



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### Health Roundtable

Chapter 1143 will again sponsor a Federal Health Benefits Roundtable on Monday, Oct. 21, in Clubhouse I. Refreshments will be available at 1:30 p.m., and formal presentations begin at 2 p.m. The roundtable is open to all residents.

### Health Benefits

Walt Francis, Consumers'

# Oct. 31: Former Department of Justice Civil Rights Attorney Discusses the Possibility of Impeachment

by Fred Shapiro

When reading the news or watching television, much of the information presented has recently centered on the possible impeachment of the U.S. president.

Just what is involved and what is provided for in the Constitu-

tion on this topic is the subject of the Center for Lifelong Learning's (CLL) presentation by Howard Sribnick entitled "Impeachment" on Thursday, Oct. 31, at 2 p.m. in Clubhouse I.

The program is free, but residents are asked to register to assure adequate seating beginning Tuesday, Sept. 24, at 8:30 a.m. by calling (301-589-1300) or stopping by the Clubhouse I E&R office.

The presentation will review the provisions in the U.S. Constitution that set forth the procedures for impeaching and removing a sitting president as well as the requisite legal basis for such actions. The Emoluments Clause of the Constitution, the provisions in the U.S. Constitution

law limiting political contributions by foreign nationals and the historical interpretation of the term "treason, bribery and high crimes and misdemeanors" will be discussed.

Sribnick will also review how these provisions have been applied to past presidents and the role that partisan politics has played in the decision to initiate impeachment proceedings.

The presentation will conclude with a discussion of the Constitution's provisions regarding impeachment as they might relate to the current president, and will provide information on the likelihood of the House of Representatives voting to impeach and the Senate voting to remove.

He will also discuss the impact of a decision to initiate impeach-

ment proceedings on Congress' ability to pass needed legislation, American foreign relations and military commitments, and the 2020 Presidential election.

## About the Presenter

Sribnick served in the U.S. Department of Justice where he worked as a trial attorney in the Civil Rights Division, assistant director in the Civil Fraud Section of the Civil Rights Division and as counsel to the Inspector General.

He served as the Inspector General of the Federal Trade Commission before retiring from federal service in 2008. He has taught courses on the history of the U.S. Constitution and landmark cases of the U.S. Supreme Court.

For information on all CLL courses and lectures, visit ([www.cllmd.com](http://www.cllmd.com)).



Howard Sribnick, photo by Fred Shapiro

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To schedule your appointment, contact Toni Davis at 301-388-7209 or [tdavis@bgf.org](mailto:tdavis@bgf.org).



  
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■ **Democratic Club**

# Full Slate of Activities Planned for October

by Roger Blacklow

Rep. Jamie Raskin is set to visit Leisure World within the next two months to discuss what he sees as the continuing Constitutional crisis presented by the Trump Administration. He will answer questions about what is and is not happening in Congress.

He was unable to attend the Club's September meeting because of a conflict with the Democratic presidential debates. The new event will be announced as soon as it's finalized.

**Upcoming Events**

So many people have said that they want to participate in events surrounding the upcoming elections that the Democratic Club has scheduled the following:

- Oct. 2 – Maryland State Insurance Commissioner Al Redmer Jr. holds a seminar on "Long-Term Health Care Insurance" from 2-4 p.m. in Clubhouse I. State Del. Bonnie Cullison, who helped initiate this event, will also attend and answer questions about the role Annapolis is playing in this developing crisis.
- Oct. 10 – County Executive Marc Elrich will discuss

actions the County Council is taking that affect the community at 7 p.m. in Clubhouse I.

- Oct. 16 – Letter-writing party from 7-9 p.m. in Clubhouse I. Write notes to fellow democrats in battleground states urging them to register to vote for 2020. At a similar event on Sept. 4, more than 70 people turned out and more than 750 letters were sent.
- Oct. 22 – Toni Van Pelt, president of the National Organization for Women, will discuss turning Virginia Democrat on Nov. 5, 2019 as the final piece of a puzzle to pass the Equal Rights Amendment (ERA) – the last state needed to advance a Constitutional Amendment. The event is from 2:30-4 p.m. in the Clubhouse II auditorium. Come and show your support for the ERA and a better future.
- Oct. 24 – Voter registrar training from 2-4 p.m. in Clubhouse I. Learn how to register new voters in Maryland. The Club did so with great success in 2018.
- Oct. 30 – Letter-writing party from 2-4 p.m. in Clubhouse I (see Oct. 16's description)



■ **Republican Club**

# Oct. 15: Learn What Republicans are Doing to Help Seniors

by Fred Seelman

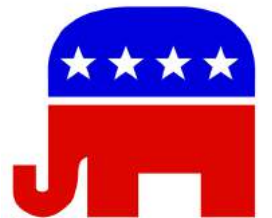
What are the Republicans doing to help seniors? Find out by coming to the Republican Club's next meeting on Tuesday, Oct. 15, at 7 p.m. in Clubhouse I.

The Club's speaker, who is yet to be determined, will report on what Republican officials and leaders are doing to improve the lives of seniors. More information about the meeting will be forthcoming.

At the Club's last meeting, attendees heard about the latest developments in the area of aging from Gov. Hogan's highest appointee in that area: Secretary of the Maryland Department of Aging Rona Kramer.

Send comments or questions about these or any other Club matters and/or offers to volunteer to Club president Fred Seelman at (fseelman@gmail.com) or first vice president Robert Kammer at (301-847-9820).

Join us for another quality event on Oct. 15.



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# Attend High Holy Day Services and a Break-the-Fast

by Jonas Weiss

Rosh Hashanah begins on the evening of Sunday, Sept. 29 and Yom Kippur starts on the evening of Monday, Oct. 8.

Conservative services for Rosh Hoshanah are held on Sunday, Sept. 29, at 7 p.m., Monday, Sept. 30, at 9 a.m. and Tuesday, Oct. 1, at 9 a.m. in Clubhouse II. Reform services for Rosh Hoshanah are on Sunday, Sept. 29, at 7 p.m. and Monday, Sept. 30, at 9:30 a.m.

Conservative services for Yom Kippur are held on Tuesday, Oct. 8, at 6:30 p.m. and Wednesday, Oct. 9, at 9 a.m. Reform services for Yom Kippur are held on Tuesday, Oct. 8, at 6:30 p.m. and Wednesday, Oct. 9, at 9:30 a.m.

A break-the-fast will be held after the Conservative service on Oct. 9.

Tickets for the High Holy Day services and the break-the-fast meal must be purchased from JRLW. A convenient form with details is in the JRLW Newsletter.

The cost to attend services is \$110 for members and \$146 for non-members. The break-the-fast meal costs \$15 for members and \$25 for non-members.

To receive tickets by mail, send a check (payable to JRLW) to treasurer Marsha Bernstein at (3210 N. Leisure World Blvd., Apt. 921, Silver Spring, MD 20906), and include a stamped,

self-addressed envelope with payment.

Also, bring breadcrumbs to celebrate Tashlich on Monday, Sept. 30, at 4 p.m. at The Overlook's pond.

## Religious Services

Rabbi Moshe Samber and volunteers hold abbreviated Sabbath services and discussions of Torah and Mishnah on Saturday, Sept. 21 and 28 and Oct. 5 at 9:15 a.m. in Clubhouse II.

## Israeli Cinema

Beginning Friday, Oct. 11, Dr. Ira Weiss presents a course on Israeli Cinema on Fridays from 10 a.m.-noon.

The course will examine the relationships between Jewish and Arab characters in Israeli feature films from 1986 to 2008. Each class includes a short introduction before the film showing and a class discussion afterward.

See Community Classes and Seminars in this edition for class dates and sign-up information.

## October Brunch

On Sunday, Oct. 20, JRLW will have a brunch featuring Darren Popkin, Montgomery County sheriff. The program is at 10 a.m. in the Clubhouse I Crystal Ballroom.

Popkin will discuss the role and responsibilities of the Sheriff's Office, as well as legislative matters such as the Maryland law that allows authorities to take guns from people who may pose a threat to themselves or others.

Reservations are required no later than Sunday, Oct. 13, with checks for \$14, payable to JRLW, sent to Jerry Gordon at (15311 Beaverbrook Ct., Apt. 3A, Silver Spring, MD 20906).

To reserve a table for 10, send all 10 checks together to Gordon.

## Havdalah

Save the date for a Havdalah Sabbath evening service with cantor/guitarist Wendy Gonzalez and a Malava Malka light meal on

Saturday, Nov. 2, at 6 p.m. in Clubhouse II. The cost will be \$14.

## Donations

For the Torah maintenance fund, mail checks payable to JRLW (\$25 minimum) to Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906).



Send donations for prayer books to Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906).

Donations for Kiddush (\$25 minimum), an Oneg (\$25 minimum), Yiskor or general tzedukah go to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).

## ■ Jewish Discussion Group

# Sept. 22: Rabbi Discusses 'Coping with Adversity'

by Jerome "Jerry" Cohen

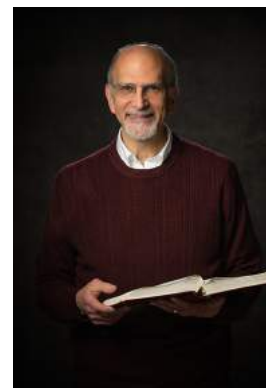
Special guest speaker Rabbi Gordon Fuller will discuss his book, "Coping with Adversity: Judaism's Response to Illness and Other Life Struggles," at the Jewish Discussion Group's (JDG) next meeting on Sunday, Sept. 22, at 10:30 a.m. in Clubhouse I.

What situations have you faced in your life or are currently facing that feel challenging? Come hear how Fuller's book uses values from Judaism's time-tested, 3,500-year history to help people deal with adversity in their lives. He brings the experience of a social worker, educator and pulpit rabbi to these sensitive issues.

"Combining the medical experience of a cardiologist with the Judaic knowledge of a rabbi, 'Coping with Adversity' draws on the practical wisdom of ancient Jewish

teachings and scripture to help people of all faiths. The advice, inspiration and comfort from the vast stores of Judaic heritage uplift the spirit and give encouragement to those facing illness,

mental anguish and uncertainty," according to (Amazon.com). After his talk, Fuller will sign copies of his book, which will be sold at the special price of \$10 per copy.



Rabbi Gordon Fuller, courtesy photo



## General Information

The Group will not hold discussion sessions in August and November. JDG invites people of all faiths to attend its free discussion group sessions held on the fourth Sunday of every month from 10:30 a.m.-noon in Clubhouse I.

For additional information or to have your email address added to the monthly notification list, contact group moderator Jerry Cohen at (240-970-5024) or (jcohen@jccbb.com).

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# Oct. 13: Voices of Vets Performs at Brunch

by Jerome "Jerry" Cohen

The Jewish War Veterans (JWV) Post 567 brunch is on Sunday, Oct. 13, at 10 a.m. in the Clubhouse I Crystal Ballroom and will feature the fabulous Voices of Vets Inc. led by professional vocalist Kassie Sandacz.

The brunch events are open and available to all residents; membership in JWV is not required.

This is Voices of Vets' second appearance in Leisure World. Their performance earlier this year received a standing ovation, and this performance is not to be missed. Post 567 invites all veterans to attend this event.

The non-profit mission of Voices of Vets is to honor veterans through live performances showcasing tunes from the '40s, '50s and '60s, as well as patriotic songs. Their goal is to visit every veteran home in the U.S. to show their appreciation for the great sacrifices the veterans made for our country.

The buffet brunch includes eggs, tuna fish, lox, bagels, salad, coffee, Danish and more. Make reservations early as a large turnout is expected. Tables of eight to 10 only may be reserved with payment for all tablemates. Include the names of all people attending with the reservation payment. Otherwise, open seating on a first-come, first-served basis will be in effect.

Mail reservations for \$14 (check only, payable to JWV 567), to Andrea Goldberg at (15107 Interlachen Dr., Apt. 106, Silver Spring, MD 20906). Checks must be received by Saturday, Oct. 5.

## Sept. 8 Brunch

The Sept. 8 brunch, featured Post 567 member Col. Harvey Kaplan, PhD, who presented a fabulous slideshow of his and his wife Naomi's recent tour of Normandy, France. A change of command and the installation of several new officers took place as well.

Post Commander Fred Shapiro stepped down and Jerome Cohen, the new Post Commander, presented him



At left, new JWV officers are sworn in at the Sept. 8 brunch. Photo by Steve Kline. At right, Kassie Sandacz, featured entertainment for the Sunday, Oct. 13 brunch, performs with Voices of Vets at a previous event. Photo by Fred Shapiro



with a gift from the Post for his leadership role in successfully rebuilding the Post's membership. The four new officers who were sworn in by Kaplan, Judge Advocate of the Post, were: Jerome A Cohen, commander; Edwin E Cohen, senior vice commander; Ted Hyman, adjutant; and Lillian Wolf, sergeant-of-arms.

## JWV Information

The members' business meeting is held the first Wednesday of each month from 11 a.m. - 12:30 p.m. in Clubhouse I. All regular and patron members and those who are considering joining are invited to attend.

A new and faster paced meeting format has been implemented and all participants

will be given an opportunity to offer their input and program suggestions.

For those who would like additional information, have questions about membership or would like to be added to Post 567's email notification and e-newsletter list, contact Jerry Cohen at (240-970-5024) or (jcohen@jcbb.com).

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# Oct. 16: Annual Fashion Show and Brunch

by Carole Mund

On Wednesday, Oct. 16, NA'AMAT RBZ Club holds its annual sell-out event – a fashion show featuring fashions by J. Jill of Montgomery Mall modeled by NA'AMAT Club members and brunch.

J. Jill clothes are stunning and are designed to fit for all shapes and sizes. The show is at 11:30 a.m. in the Clubhouse I

Crystal Ballroom and is open to members and non-members.

The cost for members and non-members alike is \$26, with \$5 toward donor credit for members. To attend, mail checks payable to NA'AMAT RBZ to Harriet Chaikin at (15101 Interlachen Dr., Apt. 216, Silver Spring, MD 20906). If you choose to sit together with friends, send the checks together in one envelope.

Contact Harriet at (240 560-7487) with any questions.

## Documentary

On Wednesday, Nov. 6, NA'AMAT shows the film "Heading Home: The Tale of Team Israel (2018, 1 hour 27 minutes, documentary/comedy/drama, not rated) at 12:30 p.m. in the Clubhouse I Crystal Ballroom. For details, see the Events and Entertainment section of this publication.

## Kugels and Games

On Tuesday, Dec. 3, NA'AMAT

hosts an annual card and mah-jongg party. Specially homemade kugels will be served with other refreshments. Games begin at 11:30 a.m. in the Clubhouse I Crystal Ballroom. Kugel bakers are needed, so contact Barbara Rothenberg at (301-438-8260) to assist in planning this event.

## Book Club Update

NA'AMAT RBZ has a book club that meets on the fourth Wednesday of each month to discuss literature chosen by club members. The book chosen for September is "Where the Crawdads Sing" by Delia Owens. Everyone is talking about this bestseller, so come and share your thoughts and reactions.

The book chosen for October is another bestseller: "Educated: a Memoir" by Tara Westover. Contact Barbara Tahler at (240-669-6961) for the meeting's time and place.

## New Year

The Jewish New Year begins

at sundown on Sunday, Sept. 27. NA'AMAT RBZ wishes all a happy, healthy and peaceful New Year. L'Shana Tova.

## Upcoming Events

- Oct. 30-31 – An overnight trip to Dover Downs, Delaware. Check the Club Trips section of this publication for more information.
- Nov. 13 – Eyre Tours has a trip scheduled to see "Annie" at Riverside Theatre. Mention NA'AMAT and the organization will receive a stipend, and you will receive donor credit.

For more information about NA'AMAT RBZ Club, contact co-presidents Linda Schoolnick at (301-681-1076) and Gladys Blank at (301-438-9666). For membership information, contact Harriet Chaikin at (240-560-7487).

For tribute cards, call Lenore Kalen at (301-922-4348). For information about NA'AMAT's book club, call Barbara Tahler at (240-669-6961).

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# Oct. 23: Ambassador Stuart Eizenstat Speaks on President Carter

by Barbara Eisen

On Wednesday, Oct. 23, Hadassah's Ruach Chapter will be joined by the Neshama Chapter to present Ambassador Stuart Eizenstat, who will speak on his book, "President Carter: The White House Years." The discussion is at 2 p.m. in the Clubhouse II auditorium.

Eizenstat has held a number of key senior positions in three U.S. presidential administrations. He currently serves as the White House Special Advisor for Holocaust Issues. His book presents an insider's view of the government at its highest levels and has received unanimous acclaim from across the political spectrum.

He will discuss the momentous Camp David Accords and offer views as a presidential insider about Israel and American politics. Books will be available to purchase.

This is a fundraising program. The cost is \$18 and the proceeds will benefit Hadassah's cancer research and treatment. To attend, send a check, payable to Hadassah, to Bobbi Gorban at (10402 Sandringham Ct., Potomac, MD 20854) by Tuesday, Oct. 15. Your check is your reservation.

Everyone is welcome. Bring spouses and friends to this infor-

mational afternoon program. For questions, contact Bobbi Gorban at (bprem@aol.com) or (301-838-4336). Refreshments will be served after the presentation.

### Reminder

Hadassah's Judaic Study Group will not meet in October because of the Jewish holidays.

### Cards and Gifts

Hadassah is now selling small, reasonably priced gift items at its meetings. These include scarves, ponchos, winter gloves and hats, and socks.

Buy something for yourself or for friends and relatives. All proceeds will go to Hadassah projects.

Elaine Schenberg and Jan Bloom sell Hadassah greeting cards. The prices are now \$3 each for one to three cards and \$2.50 each for four or more cards. Rosh Hashanah cards are now available at these same prices.

Cards are displayed and sold at every Hadassah meeting. Call Elaine at (301-598-0079) or Jan at (301-593-7720) to buy cards between meetings.

### Youth Project

Larelda Gruber, available at (301-598-5922), is chair of Youth Aliyah/Children at Risk. This

project helps disadvantaged children in Israel.

The goal is to create a circle of \$1,000, made by individual contributions of \$40. Send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

### General Information

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and the U.S.

If interested in knowing more about Hadassah, contact one of its membership vice presidents: Lois Fields at (301-585-9804) or (loisfields2@earthlink.net), or Natalie Rosen at (301-279-5640) or (bnrosen@comcast.net).



Ambassador Stuart Eizenstat, photo courtesy (commons.wikimedia.org)



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# Bylaws Review, Educational Assistance Project and Updated Events

by Patricia Means

At the first meeting of the 2019 LWAAAC session on Sept. 5, Laura Wiltz, chairperson of the bylaws committee, discussed the bylaws and said members will receive them for review and recommendations.

The committee will cull the recommendations and draft a revised document for members to review, and a final vote on the revisions will be made by January.

Ramona Brown, member of the community services committee, explained that the aim of the educational assistance project is to provide ongoing assistance to James Hubert Blake High School students to enhance their ability to complete high school and pursue education and training beyond high school.

To support the project,

financial contributions will be requested from LWAAAC and individuals.

## Healthful Thursdays

All sessions are on Thursdays except for session 6, which is held on Tuesday, Oct. 17. Each session is from 1-3 p.m. in Clubhouse I. The sessions are free, but sign-up is required. To sign up, visit or call the Clubhouse I E&R office at (301-598-1300).

- Sept. 26 – Session 3, ‘Heart Healthy Medications – A Review by a Pharmacist with One on One Appointments’
- Oct. 3 – Session 4, ‘Continuation of Session 3 with Pharmacist as Needed’ and ‘The Role of Stress on Heart Health’
- Oct. 10, 17 and 24 – Sessions 5, 6 and 7; topics for sessions will be forthcoming

## Upcoming Events

- Oct. 19 – “Jitney” at 2 p.m. at the Arena Stage in Washington, D.C. For information, call Juanita Sealy-Williams, program committee chairperson, at (301-822-4531).
- Oct. 26 – Open House, “Greet, Meet and Mingle with Current and Prospective Members,” from 3-7 p.m. in Clubhouse II. The event replaces the fall membership meeting and program.
- Nov. 20 – “To Kill a Mockingbird” at 2 p.m. at the Schubert Theater in New York City. This trip is sold out.
- Dec. 15 – LWAAAC’s 25th Anniversary Luncheon from 1-4 p.m. at the Manor Country Club.
- Jan. 20 – Martin Luther King Jr. Brunch at 11:45 a.m. in the Clubhouse I Crystal Ballroom.
- Feb. 9 – Black History Program, “Mahalia Jackson Tribute,” at 4:30 p.m. in the Clubhouse II auditorium.
- Fun Night – “Members Only Appreciation,” with date and time in April to be determined.
- April 15 – “Seven Guitars” at 12 p.m. at the Arena Stage in Washington, D.C. More information about the event will be announced in 2020.
- May 13 – “Toni Stone” at 12 p.m. at the Arena Stage in Washington, D.C. More information about the event is to be announced in 2020.
- June 13 – LWAAAC Annual Picnic from 4-7 p.m. on the Clubhouse I lanai.

amenities chairperson, at (301-598-3876).

## Membership

Membership in LWAAAC is open to all residents. The dues are \$20 per person (checks only, payable to LWAAAC) and cover the period of July 1, 2019 through Saturday, June 30, 2020.

Payment may be made at meetings, via the LWAAAC mail slot in the Clubhouse I E&R office, or mailed to (LWAAAC, PO Box 12316, Silver Spring, MD 20908).

A telephone number and an email address should be included with the payment. For more information, contact Alfonso Holston, membership chairperson, at (301-438-3537).

## Robocalls and Emails

Juanita Sealy-Williams announces LWAAAC messages via the robocall system. Members who are not receiving LWAAAC messages should contact Juanita Sealy-Williams at (301-822-4531).

As an adjunct to robocalls, notices, flyers and other documents are emailed to members. The Drumbeat is emailed in October, January, April and June of each year. LWAAAC uses (lwaaac2@gmail.com) to disseminate information.

Members’ email addresses are requested to reduce the cost of postage. Email addresses provided to LWAAAC are confidential and are used only for administrative purposes.

LWAAAC does not list or provide email addresses to the general membership or other entities.

Members who do not have access to email may request printed copies of LWAAAC information by placing a request in the LWAAAC mail slot in the Clubhouse I E&R office or by contacting Patricia Means at (301-598-0550).

## Amenities

Members should notify LWAAAC of illness, disability, death or other situations affecting a member or that person’s immediate family by contacting Louise Langley,



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## ■ LW LGBTQ Alliance

# Sept. 21: Monthly Meeting and Potluck

by Mike LaPoint

The LW LGBTQ Alliance's monthly meeting and potluck is on Saturday, Sept. 21, at noon in Clubhouse II. After the meal and socializing, Alliance members will review upcoming events and share highlights of their summer vacations.

### Active Aging

On Wednesday, Oct. 2, Montgomery County holds its "International Active Aging Week" kickoff at Brookside Gardens in Wheaton Regional Park. The Alliance will join other seniors from Montgomery County in the kickoff of the county's celebration of Maryland's official state exercise – walking.

The event will include presentations by doctors from "Walk with a Doc," Zumba demonstrations, Yo-Chi, a blend of mindfulness and strength training, and other active forms of exercise, all in

the beautiful surroundings of Brookside Gardens.

### Board Meeting

Following its summer break, the Alliance's board held its regularly scheduled monthly meeting on Aug. 27. In addition to reviewing summer activities and events, the board discussed a wide range of exciting ideas for the coming year.

The board also voted to sponsor Fireside Forum for its 2019/2020 season, in recognition of the Forum's continued presentation of interesting and diverse speakers and topics.

### General Information

To learn more about the Alliance or to add your name to its monthly newsletter email list, email (lwlgbt@gmail.com) or, better yet, attend the next monthly potluck meeting on Sept. 21. And check out the Alliance's Facebook page at "LW LGBTQ Alliance" to stay connected to current events of interest to the LGBTQ community.

## ■ Italian Social and Cultural Club

# Oct. 27: 'I Love Lucy' Encore

by Flo Merola

The Italian Social and Cultural Club will feature a special Café Cinema on Sunday, Oct. 27, at 5 p.m. in the Clubhouse I Crystal Ballroom.

The Club will present two commercial-free, hilarious, 30-minute episodes of the award-winning "I Love Lucy" TV series:

- "The Black Wig" first aired in April 1954. When Ricky forbids Lucy to get "one of those new Italian haircuts," she rebels and the battle of the sexes begins.
- "Visitor From Italy" first aired in October 1956. Lucy fills in for a pizza chef and ends up making pizza in the front window of a restaurant.

In keeping with the pizza episode, the Club will provide pizza and soft drinks instead of the usual desserts and coffee. Please note that this event starts at 5 p.m., later than usual.

The cost to attend this event is \$12 for members and \$15 for non-members.

Mail checks, payable to the Italian Social and Cultural Club, to Paul D'Angelo at (3310 North Leisure Blvd., Apt. 308, Silver Spring MD 20906). Checks must be received by Thursday, Oct. 24.

### Bocce

The last bocce play dates for this season are Friday, Oct. 4 and Oct. 11, at 10 a.m. at the bocce courts near Clubhouse I. After the Oct. 11 game, players will gather for lunch in the Terrace Room.

# Untangling Dementia

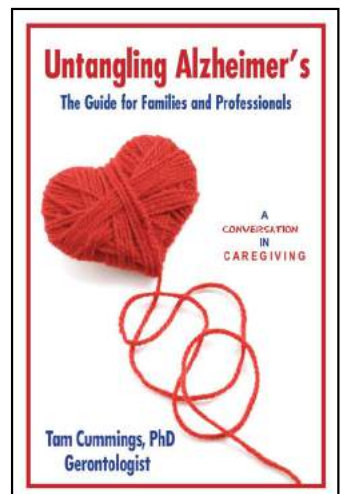
Free Dementia Education Seminar

**Wednesday, September 25, 2019**  
10:00 am - 11:30 am

Event to be held at: **Forcey Bible Church**  
Room #150  
2130 East Randolph Road  
Silver Spring, MD 20904

**RSVP by calling (301) 847-3051 or e-mailing**  
**SilverSpring@arden-courts.com**

**The first 10 people to RSVP for this event will receive a free signed copy of Dr. Cummings' book**



Featuring Guest Speaker  
**Tam Cummings, Ph.D., Gerontologist**  
Author, *Untangling Alzheimer's: The Guide for Families and Professionals*

Understanding Alzheimer's and dementia as well as why those living with these diseases act the way they do can help untangle the mysteries behind the disease and also help effectively manage challenging behaviors. During this seminar, Tam Cummings will discuss:

- The differences between Alzheimer's and other dementias
- The seven stages of Alzheimer's and dementia
- Common behavioral, emotional, and physical changes that take place as dementia progresses
- Helpful communication and caregiving techniques for each stage of the disease



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# Boomers Stay Active with Frequent Walks

by Beth Leanza

The Baby Boomer Club is a group of residents who like to socialize. They picnic together, watch movies and live musical shows – and walk! Residents do not have to be a member of the Club to join in any of the following walks.

Joyce Richardson leads walks on Fridays. During the warmer months, they meet up at 10:15 a.m. at a local trail. Most walk about three miles, but some walk halfway and return. To carpool to the trail, contact Joyce at (301-598-7098) or (777cheekie333@gmail.com) by Thursday night.

To get directions to the walk sites, visit the Baby Boomer Club's website at (<https://sites.google.com/site/bbclwmd/calendar>) and go to the calendar page, or use Google Maps.

- Sept. 27 – Rock Creek Park Trail (Rockville, MD) Meet in the circular parking lot at 10:15 a.m. Bring water and a lunch. Note: Time changes

beginning in October.

- Oct. 4 – Rachel Carson Conservation Park (Brookville, MD) Meet in the parking lot near the display map at 1:15 p.m. Bring water.

## Sunday Mornings Walks

Join a group of walkers that meet up on Sundays at 8:30 a.m. near Arden Court (across from Kelmscot Drive) to walk the entire Leisure World Boulevard circle. Contact Ted Michos at (Tedmichos@gmail.com) for more information.

## Weeknight Walks

For a shorter walk (about one mile), join a group to walk the Broadwalk in Montgomery Mutual. The walkers meet each weeknight at 5:15 p.m. in the Clubhouse I lobby. No one makes an announcement – look around and introduce yourself!

## American Volkssport Association

The American Volkssport Association (AVA) holds events and provides guides to local walks

of interest. More information about AVA walks is available on the Club's website at (<https://sites.google.com/site/bbclwmd>). Click on Walks, below the events calendar. You do not have to join AVA to participate.

## About the Club

Any resident who is fun-loving is welcome to join the Club. And good news for residents who are still working – the Club's events are held in the evenings and on weekends.

The Club likes to watch movies together once a month in Clubhouse II, and also enjoys going out to dinner followed by a movie at a local theater. Occasionally, Club members get together to play games.

## Movie

The Club will show the movie "The Best of Enemies" on Friday, Sept. 20, at 7 p.m. in the Clubhouse II auditorium, and the showing is open to all residents. For details, see the Events and Entertainment section of this publication.

## Ready to Join?

Just mail a check for \$5 per person, payable to Baby Boomer Club, to Susan Landesberg at (3505 Twin Branches Ct. 37-C, Silver Spring, MD 20906). Include an email address to received updates on Club events.

If you're not sure you want to join, then come meet up at a Club activity first. The Club's website is available at (<https://sites.google.com/site/bbclwmd>) and includes a calendar with activity information.

## Not Getting Emails?

Club members who have joined but are not receiving emails are asked to check their email's "spam" and "junk" folders. Also, adding the Baby Boomer Club's email address, (bbclw@googlegroups.com), to your contact list or address book will help to prevent the Club's emails from ending up in these folders.

Still not getting email? Contact Beth Leanza at (bethlea12020@gmail.com) or (301-598-4569).

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## ■ Women's Fun Bunch

# Oct. 27: Lunch, Prizes, Surprises and More

by Marlene Golden

The Women's Fun Bunch is planning a Halloween event for Sunday, Oct. 27, at 1 p.m. in Clubhouse I. The event will include lunch, prizes, fun surprises and entertainment.

Come in a costume, which can be as simple or extravagant as you would like, and bring your sense of humor, too. Check the flyer that was mailed to members for more details.

The cost to attend is \$25 per person (check only payable to Elinor Tattar). Mail a check to Elinor at (15300 Pine Orchard Dr., Apt. 3K, Silver Spring, MD 20906). Write the name of the event on the check's memo

line. The deadline to receive reservations is Friday, Oct. 18.

The Women's Fun Bunch is also planning its annual holiday party for the beginning of December. Details will be forthcoming.

The Group enjoyed its most recent trip to see jazz singer Veronica Swift at AMP by Strathmore. She and her trio were outstanding.

## About the Bunch

The Women's Fun Bunch is for widows living in Leisure World. Group members have a good time together and plan adventures. For more information on its event or to join the Group, call Marlene Golden at (301-438-7773) or Elinor Tattar at (301-438-9299.)





# Writers Take Each Other for a 'Ride'

by Denise Barker

Leisure World writers met on Sept. 5 and shared their poems, essays and stories.

Jane Hawes wrote of one of her first cars, a Karmann Ghia, which she backed into her sister's brand-new Peugeot and later drove through the garage door. She sold the beloved car when she could see the pavement through the holes in the floorboard.

Jerry Udell also told of his first car, a 1949 green Plymouth. He told of passing the driver's test because he knew the trick question at the end involving a sudden stop sign. He also told how his car "made history" by rolling into the lake during a bird watching trip.

Grace Cooper wrote a poem of time moving too swiftly when love is near. Denise

Barker offered a poem about sitting at the Motor Vehicle Administration for a long time.

Tom Anessi read from his new book, "Fallen Leaves." John Moens offered a short story about a man with a fatal diagnosis looking to end his life, and perhaps another life as well.

Woody Shields presented an essay about deer hunting, noting that a pickup truck allows for the dead deer to travel in a separate compartment, easing the odor problem. He also shared a short story about two hunters lost and adventuring through streams and off-road.

Radha Pillai wrote of her devotion to earth-friendly habits, including avoiding paper products and meat, recycling what she can and keeping her thermostat at about 65 degrees Fahrenheit.



## About the Group

The Writers of Leisure World meets on the first and third Thursday of each month in Clubhouse I. All residents are welcome to attend. The

Group hopes more residents will join to read their work. The Group enjoys all levels of writing, so bring your poetry and essays to the next meeting.

## ■ Comedy and Humor Club

# Club's Joke-tellers Give Comedic Relief

by Al Karr

The Comedy and Humor Club meets from 1:30-3 p.m. on the first three Tuesdays of the month. Here are some examples of the comic presentations at recent meetings:

- Rudy Volin – Teacher: Name two pronouns. Johnny: "Who? Me?"
- Ruth Becker – A woman goes to the post office to buy stamps for her Chanukah cards. "What

denomination?," the clerk asks. The woman sighs and replies, "Okay, six orthodox, 12 conservative and 32 reform."

- John Lass – An eagle was sitting in a tree, doing nothing. A rabbit asked if he also could just sit on the ground, and the eagle said "sure." So the rabbit just rested, and a fox jumped on the rabbit and ate it. The moral: to just sit and do nothing, you must be sitting very high.

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# Oct. 24: Meet New Club President at Special Game Night

by Elizabeth Brooks-Evans

The Going It Alone Club (GIAC) meets every Saturday (known as Saturday Afternoon Live - SAL!) beginning with armchair travel at 2 p.m. in Clubhouse II.

GIAC's goal is to enhance the

social and emotional well-being of its members with games, fellowship opportunities and exciting trips.

## Special Game Night

GIAC holds a special game night on Thursday, Oct. 24, from 4-6 p.m. in Clubhouse II for members only to have an opportunity to meet the Club's new president, Elaine Strass, and to enjoy fellowship, refreshments and a special game.

Participants in this event must be currently paid members. More information about this event will be forthcoming.

## Knitting Group

Elaine holds a knitting group from 2:30-4 p.m. during SAL in the Clubhouse II lobby. Whether you are an advanced knitter, a beginner

or somewhere in between, you are welcome to bring knitting materials to knit and chat with others. For more details, contact Elaine at (240-447-2166).

## Games

During SAL, games begin at 2:30 p.m. right after armchair travel. Bridge and Rubik's cube are played in the Clubhouse II lobby, and Mexican train dominoes are played in the game room, where an old-fashioned dominoes game is also available.

Members are also welcome to bring or suggest other favorite games. Anyone interested in more information about games should contact Sylvia Pachenker at (301-598-5325).

## Armchair Travel

On Saturday, Sept. 21 and 28, GIAC presents parts one and two of the "Discovering India" travel video.

## Trips

Exciting trips are being planned for 2020. More information will be made available; check the GIAC newsletter.

All residents, whether married or single, are welcome to participate in scheduled trips. For questions about trips, call Joe Parker at (301-598-3457) or Nancy Alderman at (301-598-5614).

## Membership


Residents who missed the opportunity to renew their \$8 membership dues during the annual meeting can still do so during SAL from 1:30-3 p.m.

Residents may also leave their dues in GIAC's mail slot at the Clubhouse I E&R office or mail them to Club president Elaine Strass at (15107 Interlachen Dr., Unit 218, Silver Spring, MD 20906). For more information about membership, contact Elaine at (240-447-2166).

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**Lunch Seminar:**  
**Wednesday, September 25, 2019**  
**12:00 PM**

**Leisure World**  
**The Chesapeake Room**  
3701 Rossmoor Boulevard  
Silver Spring, MD 20906  
RSVP to Cole Samuels at  
(202) 261-0718 or email at  
cole.samuels@opco.com

# October Brings a Vendor Sale and Fashion Show

by Carole Mund

**R**ossmoor Women's Club (RWC) holds a vendor sale on Monday, Oct. 7, from 10 a.m.-2:30 p.m. at Bedford Court.

Everyone is encouraged to shop for bargains; almost everything is \$6, and the few items that cost more than \$6 will be clearly marked. The merchandise varies from jewelry, hats and scarves, to children's toys, flashlights and tools.

Anyone who is interested in volunteering to assist should contact Doris Zussman at (301-598-1766).

## Fashion Show and Luncheon

On Thursday, Oct. 24, RWC holds its annual fashion show and luncheon in the Clubhouse I Crystal Ballroom.

Lunch begins at 12:30 p.m., and the fashion show starts at 1:15 p.m. The clothes featured will be from Chico's and will be

modeled by RWC members.

Preview Chico's newest fashions – everyone can find their perfect style. "Leopard print is chic and you'll see it everywhere this fall," said chairperson Noreen Potter. "Wear it wild or mild!"

Accessorize your outfit with everything from scarves to fabulous jewelry. And don't forget that statement jacket that goes with everything in your wardrobe.

The luncheon menu includes salad greens garnished with feta, pecans, cranberries and cucumbers, and drizzled with raspberry vinaigrette dressing. The main course provides a choice of salmon with lemon butter sauce; beef medallions with mushroom sauce; or stuffed chicken breast with feta and spinach.

Roasted potatoes and honey-glazed carrots will be served with your selection. Dessert is limoncello cake, and sodas, iced or hot tea and coffee are

provided. A cash bar will be available.

Make a reservation by sending a check for \$35, payable to RWC, to Carolyn Thompson at (15000 Pennfield Cir., Apt. 202, Silver Spring, MD 20906). Write your luncheon selection on the check's memo line. The deadline for making reservation is Friday, Oct. 18.

## Fundraising and Volunteering

The RWC's mission is to foster social interaction and promote volunteerism as well as support specific charitable organizations. Many of the activities incorporate fundraising to support charities in Leisure World as well as in communities in Montgomery County. Other activities incorporate volunteering on behalf of the Club.

The RWC has established annual college scholarships for high-achieving students with economic need at Blake

High School. Funds and volunteer support services have been donated to a variety of charities, including A Wider Circle and a local Head Start Program, as well as The Fisher House Foundation, which provides housing for families of wounded soldiers, and The Betty Ann Krahnke Center, which helps victims of domestic violence.

## Membership

Membership in the RWC is open to residents and non-residents and affords the opportunity to attend all meetings and trips.

The membership dues are \$40 per person (check only, payable to the Rossmoor Women's Club) and can be mailed to Aggie Eastham at (Rossmoor Women's Club, 3100 North Leisure World Blvd., #126, Silver Spring, Maryland 20906). For questions, contact Aggie at (aggie.eastham@verizon.net).

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# Clubs, Groups & Organizations In Brief

**Amateur Radio Club:** Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

**Book Club Network:** The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

**Clipper Workshop:** Members assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. Bring a bag lunch. (We will eat in the lunchroom.) Members meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. Donations of cotton fabrics, stuffing, thread and iron-on facing are appreciated. Contact Joan Mahoney at (240-833-2724) or Jane Brinser at (301-438-2599) for further information.

**Computer Learning Center:** Located in Clubhouse II, the Computer Learning Center is operated by The Leisure World Computer Center Inc., non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Windows systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit ([www.computerctr.org](http://www.computerctr.org)) or contact the E&R office in Clubhouse II at (301-598-1320).

**Knitting Corner:** Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is Sept. 27. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel's mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

**The Lapidary Shop:** Our well-equipped Lapidary Shop is available to all residents who join the Lapidary Club and take training on use of the shop's equipment. Shop steward Mark Parker oversees training and is usually in the shop on Monday afternoons after 2 p.m. To arrange for training, contact Mark at (240-723-5860), or drop by the shop in Clubhouse II on a Monday afternoon to talk to Mark and see the shop. For those who have received training, the shop is available whenever the Clubhouse II E&R office is open. Get trained and make cabochons. Get involved and make friends.

**Interfaith Committee for the Homeless and Working Poor:** The focus of this committee is to provide opportunities for Leisure World residents to work together to solve some of the problems experienced by homeless and working poor individuals and families in Montgomery County. This coalition is composed of representatives from the Inter-Faith Chapel, Jewish Residents of Leisure World, Our Lady of Grace Catholic Church, the Unitarian Universalists of Leisure World and the community at-large. If you would like information about participation in ongoing projects of this committee, contact Gwen Raphael at (301-598-7653) or (graphael@verizon.net).

**Model Railroad Club:** If you have ever had an interest in model trains, our three layouts in the basement of Clubhouse II offers just about anything you could ask for. Our largest layout, in HO, features scale miles of track, yards and industries, and supports the simulated operation of real railroads delivering passengers and goods from source to final destination. Visit us on Mondays and Wednesdays from 5:30-7 p.m. and Thursdays from 2-4 p.m. in the basement of Clubhouse II, or join us for our monthly business meeting on the second Thursday of the month at 4 p.m. in Clubhouse II. For more information, call Marilyn Chmielewski, president, at (301-438-3259).

**Musical Jammers:** We gather informally once a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no committees. We meet on the second and fourth Mondays of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

**New Yorkers and Friends Group:** Join fellow New Yorkers and Friends on the second Thursday of each month at 10:30 a.m. in

Clubhouse I. The Group offers opportunities to support outreach projects and to engage in a wide range of social activities. The Group's motto is "New Yorkers & Friends Can Make a Difference!" The Group welcomes anyone who has had affiliations with New York (both city or state), or who just likes New Yorkers. For more information, contact Connie at (301-438-2667).

**Nextdoor.com:** A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our 1,200 plus members. Go to ([www.nextdoor.com/join](http://www.nextdoor.com/join)) and enter the code QHMXCF.

**The Philadelphians:** For further information about the Philadelphians and their events, contact Steve Kane at (301-598-2330) or (kanens@verizon.net).

**The Pittsburghers:** If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email (Tania.Iwanowski@yahoo.com).

**Quilting Group:** Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is Sept. 26.

**Stitchers Group:** Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

**Short Story Group:** The Group reads from a collection of short stories and discusses them together. The Group is now reading from the anthology "The Short Story Prize: 15 Years of Great Fiction." On Wednesday, Oct. 2, Pat Leanza will lead a discussion of "The Zero Meter Driving Team" by Jim Shepard. On Wednesday, Oct. 16, Sumner Katz will lead a discussion of "Bullet in the Brain" by Tobias Wolff. The Short Story Group meets on the first and third Wednesdays of the month at 11 a.m. in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

**Stamp and Coin Club:** Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. A gift certificate is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

**Town Meeting Organization:** TMO is a movement of residents concerned about governance and management. We meet every month to organize, discuss and conduct resident town hall meetings. Topics such as the proposed administration building, community governance, management and its involvement in mutual elections, and funding a strategic plan will be addressed. TMO meets the third Friday of each month at 2 p.m. in the Clubhouse I. All residents are invited to attend and become active in the movement. For information email (admin@townmeetingorganization.com) or visit ([www.townmeetingorganization.com](http://www.townmeetingorganization.com)).

**Wood Shop Users Group:** The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

**Women in the Military:** Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women's Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

**Yahoo Group:** The Groups is an online forum and email list serve that provides informal, online communication between neighbors. It provides residents an opportunity to seek information, post announcements and share photos and files. This list serve is monitored daily to assure the stated Group rules are followed. To join, visit (<https://groups.yahoo.com/neo>).

# Leisure World Club Trips

The next deadline for trip submissions is **Monday, Sept. 23**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to [lwnews@lwmc.com](mailto:lwnews@lwmc.com).

**Please Note:** Member/Non-Member pricing is at the discretion of the individual clubs.

## Oct. 30-31 Dover Downs Hotel and Casino Dover, DE

Return to Dover Downs once again with **NA'AMAT RBZ Club** on this popular trip with its overnight stay in Dover, Delaware. The cost is \$120 per person, double occupancy; \$170 single occupancy. The package includes round-trip transportation, beautiful hotel accommodations and breakfast buffet, plus \$50 play money.

The bus leaves on Wednesday, Oct. 30, at 10:30 a.m. from Clubhouse II and returns on Thursday, Oct. 31, at approximately 2:30 p.m.

Send your check(s), payable to NA'AMAT, to Trudy Stone at (15101 Interlachen Dr., #801, Silver Spring, MD 20906). Be sure to indicate with whom you will be rooming. If you have any special needs, indicate what they are with your check. Questions? Call Trudy Stone at (301-438-0016).



### Attention, Travelers!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

## Nov. 11-13 Gaming and Sightseeing Atlantic City, NJ

Join the **Tennis Club** in a two-night/three-day trip (Monday-Wednesday) to Atlantic City, New Jersey. For only \$205 per person double occupancy (\$90 more for single occupancy), you will get transportation in a modern bus, two nights' lodging in the casino hotel, one dinner, two hot breakfasts and a casino bonus.

On your own in this tourist location, you can take in a show and enjoy Atlantic City's famous boardwalk.

Contact Sue Sandler at (240-242-3742) for more information and to make a reservation.

## Dec. 11 Holiday Lights and Decorations Washington, D.C.

Join the **Going It Alone Club** for a family-style Italian dinner at Carmine's Restaurant. Carmine's is renowned for its extra-large portions of antipastos and pastas, seafood and meat entrées, which are meant to be shared.

After dinner, enjoy a bus tour of downtown Washington, D.C., to see the city's holiday decorations, including the Capitol and White House Christmas trees, the holiday decorations on Embassy Row and much more.

The bus departs from Clubhouse II at 2 p.m. and returns at approximately 9 p.m.

The cost is \$70 for members and \$80 of non-members and includes dinner, tax, transportation and driver gratuities. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, Nov. 23, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

## Wills, Wealth Planning & Trusts



**Luann Battersby**  
Leisure World neighbor  
3510 Chiswick Ct

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## Villa Cortese

Status	Address	Price	Settled
Active	Pennfield Cir	\$469,000	
Under Contract	14801 Pennfield Cir #212	\$285,000	9/19/2019
Sold	*14809 Pennfield Cir #215*	\$275,000	9/11/2019
Sold	14801 Pennfield Cir #306	\$275,000	8/16/2019
Sold	14805 Pennfield Cir #409	\$385,000	8/12/2019
Sold	15000 Pennfield Cir #201	\$485,000	9/3/2019

### 14809 Pennfield Circle, #215



The Recent Activity in Villa Cortese is **HOT!**  
My listing on Pennfield **JUST SOLD!** If you're thinking about selling, call me for a free consultation!



**Weichert**  
Office: 301-681-0550

**Deborah Younkens**  
240-460-9557  
Email: [dyounkens@weichert.com](mailto:dyounkens@weichert.com)

# EYRE Leisure World Travel

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Reservations can be made Monday through Friday, 8:30 am-5 pm by calling 301-854-6600 #4  
For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

## DAY TRIPS

### EYRE TRAVEL SUMMER HOURS

Tuesdays & Thursdays, 8:30 am-2:00 pm

#### Museum Loop, DC

Thur., 10/3, 8:40 am-3:00 pm .....\$35.00 per person  
Choose to spend the day at the Holocaust Museum, Natural History Museum or the National Gallery of Art. Transportation only.

#### 9/11 Memorial & Museum, NY

Sat., 10/12, 7:00 am-11:45 pm .....\$120.00 per person  
\$10 Cracker Barrel gift card included.

#### International Horse Show, DC

Thu., 10/24, 5:10-11:00 pm .....\$85.00 per person  
More than 500 top horses and riders come to D.C. from all over the globe to win more than half a million dollars in prize money. Trip includes transportation and admission.

#### Skyline Drive, VA

Fri., 10/25, 8:00 am-4:35 pm .....\$99.00 per person  
It's time for leaf peeping! Includes lunch at Skyland Restaurant.

#### Notorious RBG

#### The Life and Times of Ruth Bader Ginsburg, National Museum of American Jewish History, Philadelphia, PA

Sat., 11/9, 7:45 am-6:40 pm .....\$85.00 per person  
This exhibition explores RBG's legacy as a student, lawyer, women's rights advocate and precedent-setting role on the Supreme Court. Lunch on own.

#### National African American Museum, DC

Mon., 11/11, 8:45 am-3:30 pm .....\$45.00 per person  
Timed entry tickets and transportation included.

#### "Annie," Riverside Center, Fredericksburg, VA

Wed., 11/13, 9:45 am-6:45 pm .....\$120.00 per person  
Transportation, plated lunch and admission to show included.

#### National Harbor, MD

Sat., 11/16, 9:00 am-4:40pm .....\$45.00 per person  
National Harbor has so much to offer! MGM, Tanger Outlets, ICE, Gaylord Hotel. Transportation only.

#### Edward Hopper at Virginia Museum of Fine Arts,

#### Richmond, VA

Mon., 11/18, 7:45 am-7:15 pm .....\$107.00 per person  
Admission, audio tour, lunch in the Marble Room and transportation included.

#### Hollywood Casino, Charles Town, WV

Wed., 11/20, 10:00 am-5:45 pm .....\$38.00 per person  
\$20 slot play-determined by Casino. Transportation only.

#### Mount Hope Holiday Dinner Theatre, Lancaster, PA

Sat., 11/23, 9:15 am-7:15 pm .....\$117.00 per person  
Christmas tales, caroling and dining blend together for the annual Mount Hope Holiday Dinner Theater. Trip includes transportation, show and meal.

#### Irving Berlin's "Holiday Inn," Dutch Apple Theatre

#### Lancaster, PA

Wed., 11/27 9:00 am-6:15 pm .....\$112.00 per person  
Trip includes transportation, admission to theatre and lunch.

#### Christmas at Longwood Gardens,

#### Kennett Township, PA

Fri., 11/29, 12:15 pm-10:30 pm .....\$82.00 per person  
Enjoy this winter wonderland display! Trip includes transportation and admission to the gardens.

#### "Joy to the World," American Music Theatre, PA

Sun., 12/1, 8:45 am-8:30 pm .....\$139.00 per person  
Trip includes lunch at Plain N' Fancy, admission to show and transportation.

#### Dining, Guiding & Lighting, DC

Wed., 12/4, 4:00 pm-10:30 pm .....\$112.00 per person  
Dinner at Mrs. K's Tollhouse prior to heading down to DC for a guided tour of the monuments.

#### "Miracle of Christmas," Sight & Sound Theatre

#### Lancaster, PA

Sat., 12/7, 9:45 am-9:15 pm .....\$159.00 per person  
Miracle of Christmas has become a family tradition, so this holiday, take the Eyre bus to the Sight & Sound Theatre in Lancaster, PA, and have a family style lunch at Hershey Farms before arriving at the theatre for "Showtime"!

#### Mount Vernon by Candlelight, VA

Sat., 12/7, 3:30 pm-10:15 pm .....\$135.00 per person  
Trip includes Candlelight Tour of Mount Vernon, dinner at the Mount Vernon Inn and motorcoach transportation. \*uneven terrain-outside and in the dark\*

#### Radio City Christmas Spectacular!, NYC

Fri., 12/13, 7:15 am-11:45 pm .....\$199.00 per person  
Trip includes transportation and admission to show.

#### Museum Loop, DC

Mon., 1/13, 8:40 am-3 pm .....\$35.00 per person  
Choose to spend the day at the Library of Congress, National Archives Museum or the National Museum of American History. Transportation only.

## MULTI-DAY TRIPS

#### The Wright Experience at Fallingwater, PA

Oct. 22-24

#### Greenbrier, WV

Dec. 8-10

#### Country Christmas at the Gaylord Hotel in Nashville, TN

Dec. 10-13

#### Essence of Panama

Feb. 13-22, 2020

#### Zoetry Montego Bay in Jamaica

Feb. 25-29, 2020

#### Treasure & Temples of Vietnam and Cambodia

March 21-April 8, 2020

#### Coastal Wilmington, NC

April 19-23, 2020

#### Ocean City Adventure, MD

June 7-10, 2020

#### Niagara Falls, Canada

June 21-24, 2020

#### Cape Cod, MA

July 19-23, 2020

## CRUISES

#### Royal Caribbean

Sept. 17-26, 2020

Nine-night Canada/New

England Cruise

#### Carnival Cruise

July 19-26, 2020

Seven-night eastern

Caribbean cruise

**We can book any cruise line anywhere you want to cruise.**

(All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol  provides an indication of how much walking may be involved.

Key:



Easy Walking



More Walking



A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 70 Years".

**INCLEMENT WEATHER POLICY:** Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

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2 BR, 2 FB, garage space, fresh paint, new SS appliances, 1195 sf.



PRICE REDUCED! \$469,000

### Villa Cortese New Building "Q"

Barely lived in, luxury 2 BR, den, 2 FB, green view, garage space included, 1574 sf.



LISTING SOLD! \$115,000

### Hampton

Renovated 2 BR, 1 FB, gated patio, co-op garden apt. 1200 sf.



LISTING SOLD! \$148,000

### Hampton Deluxe

Totally renovated 2 BR, 2 FB, CONDO garden apt. 1200 sf.



LISTING SOLD! \$164,500

### Berkley Townhouse

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LISTING SOLD! \$212,500

### Turnberry "C" Model

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LISTING SOLD! \$215,000

### Fairways South "GG" Model

Garage spc, 2 BR, 2 FB, lower flr, contemporary updates, 1195 sf.



LISTING SOLD! \$300,000

### Greens "K" Remodeled + Gar

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LISTING SOLD! \$350,000

### "Cabot" Model Patio Home

3 BR, 2 FB, kit & BA updates, fenced patio, 2 car gar. 1193 sf.



LISTING SOLD! \$468,000

### Elegant, Updated Patio Home

Turnkey, 2 BR, 2 FB, family room w/FP 2 patios, 2 car gar, 1470 sf.



LISTING SOLD! \$485,000

### Villa Cortese New Building "T"

3 BR, 2 FB, upgraded appliances & floors, Garage space, 1560 sf.



SOLD! \$719,000

### The Regency "Falconcrest"

4 BR, 3.5 BA, new carpet & paint, granite & SS appliances, 3322 sf.

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# SPORTS, GAMES & Scoreboards

## ■ Lawn Bowls Club

### Sept. 21: Lawn Bowlers Compete in Senior Olympics

On Saturday, Sept. 21, Leisure World lawn bowlers will compete against some of the best bowlers in the state and beyond in the Maryland Senior Olympics.

The games begin at 10:30 a.m. at the lawn bowling green adjacent to Clubhouse I. Team members will enter in the singles, doubles and triples competition.

Join in the fun and excitement by cheering on Leisure World's team.

— Paul Ganz



Lawn bowling team members determine the winner of a recent game using careful measurements. Photo by Ann Bolt

## ■ 10-Pin Bowling League

### Bowlers Place at Maryland Senior Olympics

by Rita Mastrococco

The league congratulates the following league members who participated in the Maryland Senior Olympics:

Beth Leanza, Pat Leanza, Bill Barrett (three medals), Bill Garrett (three medals), Chris Porter (one ribbon), Don Manoulian (one medal and one ribbon), Bill Thomas (two medals) and George Izumi (three medals).

The league is based on handicaps with averages for the bowlers ranging from 91 to 184. If you have not bowled in years, come out and join the fun.

The top league standings as of Sept. 6 are Half and Half in first place, Hooks N Curves in second place and Optimist in third place.

#### Top scores for the week of Sept. 6 are:

Scratch Game – Wild Things, 639 pins

Scratch Series – Wild Things, 1,872 pins

Handicap Game – Optimist, 915 pins

Handicap Series – Wild Things, 2,559 pins

High Average Men – Bill Thomas, 184 pins

Scratch Game Men – Bill Thomas, 214 pins

Scratch Series Men – Bill Thomas, 554 pins

High Average Women – Jessica Stephens, 166 pins

Scratch Game Women – Jessica Stephens, 194 pins

Scratch Series Women – Jessica Stephens, 498 pins

Residents do not need to be good bowlers to join. Come and join for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America located at 1101 Clopper Road in Gaithersburg. The cost for the three games of bowling, the use of bowling shoes and balls and unlimited cups of coffee is \$11.

If interested in joining, call Rita at (301-814-9196).



## ■ Golf Club

### August and September Golf Results

Compiled by Rita Molyneaux

#### Aug. 27, 2019

##### 9-Hole Ladies

##### Tee to Green Tournament

1. Mary Wells, 12
2. (tie) Mary Lee Amato and Adrienne Tobin, 13
4. (tie) Lois Falck and Priscilla McClain, 15
6. Nickie Lopes, 16
7. (tie) Ruth Cougnet, Kazue Waller and Marilyn Zeiberg, 17

#### Aug. 28, 2019

##### MISGA with Glade Valley and Musket Ridge

1. Peter Porrello, Steve Hanau, Gene King, Chris Zaucha, 110
2. Barry Falgout, Darrell Blevins, Earl Miller, Jeff Hild, 111\*
3. Semoon Chang, Barry Toth, Susan Kim, Charlie King, 111\*
4. Richard Falck, Kirk Isenbart, Ivy Holsey, 111\*
5. Jack Frensilli, David Royston, Jules Goldstein, John Spencer, 114

Closest to Pin #8 – Jules Goldstein, 4'2"

Closest to Pin #16 – Jack Frensilli, 18"

\*Ties broken by back nine score

#### Aug. 29, 2019

##### 18-Hole Ladies Scramble

1. Ivy Holsey, Kathy Frensilli, Mary Lee Amato, Mary Ko, 73

#### Sept. 3, 2019

##### Nine Hole Results

##### Mystery Hole #7

1. Lois Falck, 24
2. Ruth Cougnet, 26
3. Kay Heier, 27
4. Barbara Peters, 28

5. (tie) Mary Lee Amato, Rose Arnold and Marilyn Sebastian, 29

8. (tie) Brenda Curtis-Heiken, Kazue Waller, Adrienne Tobin, Clara Brincefield, 30

#### Sept. 4, 2019

##### Men's ABCD Scramble

1. Barry Falgout, Jules Goldstein, Bill Heyman, Richard Sturges, 56
2. Mark Parker, Semoon Chang, Sperry Storm, Bob Rauner, 59
3. Doug Brasse, Doug Cornish, 64\*

Closest to Pin #8 – Doug Allston, 20 1/2"

Closest to Pin #16 – Joe Boland, 9' 8"

\*Ties broken by back nine score

#### Sept. 5, 2019

##### MISGA at Norbeck

Twelve Leisure World players made the short trip for a 9 a.m. shotgun 2 best ball event with a field of more than 70 players. Of the 12 Leisure World players, four were women from the 18-Hole Ladies League who are also members of MISGA.

Two Leisure World players were in the money – David Harris was on the team that took fourth place with a score of 126. Sperry Storm was closest to the pin on the par 3 #16 hole.

The 12 Leisure World players are asked to post their scores. Players who need to post a score can contact Sperry Storm at (301-438-7443) or (sperrystorm80@gmail.com), or check with either chair of the Club's handicap committees: Jack Frensilli at (301-598-5575) or Christa Storm at (301-438-7443).

## ADVERTISEMENTS SUPPORT THE NEWSPAPER.

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■ Chess Club

# No Chess in the 2020 Olympics

by Bernie Ascher

Japan is preparing for the 2020 Olympics, which will start next July in Tokyo. Construction will cost about \$12.6 billion, well above the original estimate of under \$7 billion, according to budget figures reported in Reuters on Dec. 21, 2018.

Japan is adding space at Haneda and Narita airports, building trains to connect them, rebuilding the Olympic stadium to seat 60-80,000 and constructing other venues.

In July, at least 100 people gathered in the Japanese capital to protest the hosting of the Games. As reported by Reuters, protestors argue that the Olympics should be banned worldwide because it contributes to poverty and harms the environment.

Some protest because they believe the money could be spent elsewhere, such as for victims of the 2011 earthquake, tsunami and nuclear disaster, who are still struggling.

Japan's Board of Audits recently reported that the total cost may reach \$25 billion, but the estimate includes certain questionable items labeled as

Olympic costs, such as satellites to improve weather reporting.

Hundreds of thousands of tourists will be attracted to Japan to watch some 12,000 athletes from more than 200 countries compete for medals next year. Those who stay at home can watch the action on NBC, which has coverage of the 2020 games, extended to 2032 with a \$7.75 billion contract.

The International Olympic Committee (IOC) added five sports to the Tokyo agenda, but not chess. IOC added baseball (absent since the 2008 Olympics) along with four sports new to the Olympics: surfing, karate, skateboarding and climbing, bringing the total to 33 sports.

Earlier this year, as in prior years, the IOC rejected chess for the 2020 Olympics because of its lack of physical activity. The Fédération Internationale des Échecs (FIDE), the International Chess Federation, with members from 189 countries, immediately filed a request for inclusion of chess in the 2024 Olympics.

French members of FIDE believe chess has a better chance for the 2024 Olympics because it is the centennial of the 1924

Paris Olympics and the centennial of the International Chess Federation itself.

FIDE points out that there are 600 million chess players in the world and that several million people play online every day. Moreover, in line with the Olympic campaign to improve its appeal to youngsters, 68 percent of the members of the French Chess Federation are under 18 years old. For the 2024 Olympics, FIDE would highlight the faster forms of chess, such as Blitz (where each side is limited to five minutes to complete the game) and Rapid (where each side has a total of 15 minutes with moves every 10 seconds).

Tickets to the 2020 Olympics are now on sale through 40,000 shops in Japan (convenience stores, ticket agents) and online. Outside Japan, authorized ticket resellers will sell tickets in each country. Registration and a Tokyo 2020 ID are required to purchase tickets.

Prices vary from about \$18 to more than \$2,000. The most expensive tickets are for the opening and closing ceremonies (from \$220 to \$2,680), and for the 100-meter men's final (\$1,200), according to the Truly



Tokyo newsletter. Qualified groups can buy tickets at about \$18. Half the tickets will cost less than \$70.

Tickets are not necessary to play or watch chess games at Leisure World. In the game pictured on this page, it is White's turn to move. What is White's best move?

While studying the diagram, be reminded that the Chess Club meets on Mondays, Wednesdays and Fridays from 1-4 p.m. in Clubhouse I. For further information, call Bernie Ascher at (301-598-8577).

**SOLUTION:** White's Queen moves to g5. Checkmate! So, do not wait for a Tokyo ID. Do not wait for the 2020 Olympics. Do not wait for chess to become an Olympic sport. Play chess now!

■ Pickleball Club

## Pickleball Club Elects New Officers

by Dee Berkholtz

The 2019 annual pickleball meeting was held on Sept. 7 and the proposed new slate of officers was approved. The officers for the 2019-2020 year are Scott Keenum, president; Barbara Shavatt, vice president; and Steve Van Albert, treasurer.

The leadership team looks forward to announcing some exciting season-ending tournaments and clinics as well as informal social gatherings.

Drop by the courts adjacent to Clubhouse II and pick up information flyers about upcoming activities. For information about pickleball or how to join the Club, contact Steve Van Albert at (steve.vanalbert@gmail.com).

Be careful as pickleball is very 'addictive' and the Club's members are so much fun.



From left, Pickleball Club officers Scott Keenum, Barbara Shavatt and Steve Van Albert, photo by Jenise Bono

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## ■ Wednesday Night Chicago Bridge

Compiled by Abigail Murton

**Aug. 28, 2019**

1. Marcia and Monroe Elbrand, 3,660
2. Dottie Hurley and Dottie Donnelly, 3,620
3. Joyce and Dick Riseberg, 2,570

**Sept. 4, 2019**

No game played.

## ■ Thursday Afternoon Ladies Bridge

Compiled by JoAnn Gellman

**Aug. 29, 2019**

1. Henny Stern, 3,290
2. Marion Klein, 3,270
3. Vicky Shaz, 3,050

**Sept. 5, 2019**

1. Pat Patton, 4,209
2. Shirley Gilmore, 4,407
3. Henny Stern, 2,890

## ■ Friday Bridge

Compiled by Shirley Rosenhaft

**Aug. 23, 2019**

1. Jerry Weiss, 3,570
2. Janet Danziger, 2,860
3. Betty Hecht, 2,800
4. Bob Stromberg, 2,710

**Aug. 30, 2019**

1. Jerry Weiss, 4,150
2. Leonard Bosin, 3,830
3. Mort Faber, 3,270
4. Joyce Fischer, 3,200

## ■ Tuesday and Friday Duplicate Bridge

Compiled by Jerry Miller

Flight A includes all players. Flight B includes only ACBL member pairs, each less than 1,000 master points. Flight C includes only ACBL member pairs, each less than 500 master points.

**Tuesday, Aug. 27, 2019**

### North-South Flight A

1. Aaron Navarro – Stephan Billstein
2. Hanna Schepps – Marlys Moholt
3. Ann Ruth Volin – Roberta Jainchill
4. Allen Shaw – Patti Anschutz
5. Phyllis Sonen – Marilyn Rubinstein

### Flight B

1. Phyllis Sonen – Marilyn Rubinstein
2. Wendy Morrison – Vern Skinner

### Flight C

1. Wendy Morrison – Vern Skinner

### East-West Flight A

1. Saul Penn – Elaine Conway
2. Jerry Miller – Gerald Lerner
3. Susan Weiss – Bernice Felix
4. Leanna Gipson – Judy Tankersley
5. Norman Salenger – Shirley Light

### Flight B

1. Susan Weiss – Bernice Felix
2. Leanna Gipson – Judy Tankersley
3. Jim Anschutz – Robert Kerr

### Flight C

1. Leanna Gipson – Judy Tankersley
2. Joan Marie Thomas – Kathleen Hooley

**Friday, Aug. 30, 2019**

### North-South Flight A

1. Mark Lavine – Dora Levin
2. Wendy Morrison – Susan Weiss
3. Diane Keiper – Nadyne Cheary

### Flight B

1. Wendy Morrison – Susan Weiss

### East-West Flight A

1. Nancy Gordon – Bernice Felix
2. Abigail Murton – Doug Brasse
3. Murat Berk – Saul Penn

### Flight C

1. Abigail Murton – Doug Brasse
2. Marcia Fletcher – James Cowie

**Tuesday, Sept. 3, 2019**

### North-South Flight A

1. Robert Catlett – Hanna Schepps
2. Aaron Navarro – Gerald Lerner
3. Stephen Weiner – Larry Carswell
4. Allen Shaw – Patti Anschutz

### Flight B

1. Stephen Weiner – Larry Carswell
2. Marilyn Rubinstein – Stanley Rosen

### East-West Flight A

1. Saul Penn – Elaine Conway
2. Alfred Caponiti – Frederic Caponiti
3. (tie) Susan Weiss – Sue Swift  
(tie) Jerry Miller – Marlys Moholt

### Flight B

1. Susan Weiss – Sue Swift
2. Madhav Deshmukh – Beena Deshmukh

**Friday, Sept. 6, 2019**

### North-South Flight A

1. Elaine Conway – Clara Berryhill
2. Mark Lavine – Dora Levin
3. Aaron Navarro – Judith Perrier

### East-West Flight A

1. Leanna Gipson – Judy Tankersley
2. Doug Brasse – Bernice Felix
3. Judith Lindley – Wendy Flannery

*Newcomer's duplicate games are held monthly, usually Mondays, at 6:30 p.m. in Clubhouse I. Bridge players who are unfamiliar with duplicate will partner with experienced duplicate players. A brief lesson on one aspect of bridge will precede the card play. The October game date is to-be-determined. Email (jerroldmiller@yahoo.com) for more information.*

*Regular duplicate games awarding ACBL masterpoints are held Tuesday and Friday at 7 p.m. in Clubhouse I. Results and hand records are available on (thecommongame.com).*

*Players who need a partner for either the Tuesday or Friday game should call Shirley Light at (301-598-6611) at least 24 hours in advance.*

## GOOD TO KNOW: PLAY A ROUND FOR A ONE-TIME FEE



by Leisure World News

**F**eel like a round of golf?

The golf course isn't just available for Club members and long-time players. Any resident can play a round of golf for a single, one-time fee.

For about the cost to see a movie in theaters – \$15 – a resident can play nine holes of golf, and for \$22, he or she can play the entire 18-hole championship golf course.

Friends and family members who live outside of Leisure World can get in on the act, too. Daily greens fees for guests are \$18 for a round of 9-hole golf and \$25 for 18 holes.

Residents who'd rather practice their stroke at the driving range can also pay a single, one-time fee. A flat fee of \$5 buys a small bucket of golf balls, and \$7 covers a large bucket.

For more information, contact the Pro Shop at (301-598-1570).



A rainbow appears over the golf green after an afternoon shower on Sept. 11. Photo by Leisure World News

# Sports, Games & Scoreboards In Brief

**Bid Whist:** Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Multi-purpose Room. Questions: Call Jessie at (314-374-4501).

## Bridge:

• **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on ([thecommongame.com](http://thecommongame.com)). If in need of a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game. Questions? Call Aaron at (301-598-3870).

• **The Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).

• **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Women welcome. Call Alan Levine at (301-288-7349).

• **Thursday Ladies Bridge** welcomes more card players. If interested, call JoAnn Gellman at (301-351-2391).

**Chess:** Free chess lessons on Mondays for beginners or "rusty" players. Call Steve Harvith at (301-801-4693) or Lark Keller at (301-219-5955) for appointments. The Chess Club meets every Monday, Wednesday, and Friday from 1-4 p.m. in Clubhouse II. Membership is free.

**Cribbage:** We meet for 150 minutes of competitive fellowship on Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

**Duckpin Bowling:** Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Lisa Zarou at (301-814-0029) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

**Jigsaw Puzzle:** There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

**LW Golf Club:** Come join Golf Club members on Sept. 27 for a

Twilight Mixer. Tee time is 4:30 p.m. All LW residents who have a current golf handicap invited. It will be a fun golf mixer with snacks and drinks after. On Oct. 12, residents are invited to pay in a Par 3 Mixer for nine holes of golf fun golf. No golf handicap necessary. The entrance fee is \$15. Call golf shop at (301 598 1570) for details.

**Mah-jongg:** Learn how to play mah-jongg. Call (301-598-3438).

**Mind-Body Exercise Club:** Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activity Room to study and practice mind-body exercises under a leader. Interested Leisure World residents can join the club by paying a \$5 per person initiation fee. If you have any questions, call Judy Menkes at (301-847-9643).

**Pinochle Players:** Experienced Pinochle players wanted. We play Mondays from 6:30-8:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

## Poker:

• **Poker Game** openings are available at the Greens, Thursdays from 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

• **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

• **Play Poker** Mondays and Thursdays from 1 p.m.-4:30 p.m. in the Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

**Thursday Night Poker** meets every Thursday from 6-9 p.m. in Clubhouse II. We play hi/lo, with or without wild cards, dealer's choice. All are welcome. Leisure World residents preferred. Call Dave at (301-598-7064) for information or just come and join us.

**Scrabble:** Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

**Volleyball for Everyone.** If you are a LW resident who wants to enjoy the inviting warm water of the social pool, join your peers in social volleyball on Wednesdays, Fridays and Saturdays at 3 p.m. No skills needed, just come and have fun. Competitive volleyball games are played on Monday and Thursdays from 6-7:30 p.m. This game is for long-term, skilled players who want the intensity of competition and rarely miss the games. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. For more information, email Laurie Burdick at ([lgburdick@aol.com](mailto:lgburdick@aol.com)).

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# CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

**\*\*\*Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.**

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

## EDUCATION

**Israeli Cinema 1986-2008:** Led by Dr. Ira Weiss, participants will examine the relationships between Jewish and Arab characters in Israeli feature films. Preceded by a short introduction, each film screening will be followed by class discussion.

The tentative schedule of films includes "Nadia" (1986), "Cup Final" (1992), "The Syrian Bride" (2004), "The Band's Visit" (2007), "Strangers" (2008) and "Lemon Tree" (2008). All films include English subtitles.

Weiss is a frequent instructor at Leisure World on the topic of Israeli cinema.

This course is sponsored by the Jewish Residents of Leisure World and meets Fridays, Oct. 11-Nov. 15, 10 a.m.-noon. **Fee: \$30. Register at Clubhouse I.**

**The Right to Vote: A History, Colonial America to the Present, a CLL course:** Led by resident Paul Levy, through lecture and discussion, participants will examine four topics: 1) early voting rights in colonial America, focusing on Virginia and Massachusetts; 2) the crafting of the 15th Amendment (Black Suffrage) and how it came to be largely unenforced; 3) the passage and politics of the

19th Amendment (Women's Suffrage) and 4) the Supreme Court decision in Shelby v. Holder, and current apparent efforts to suppress voting by particular segments of the population.

Class meets Wednesdays, Oct. 16-Nov. 6, 10-11:15 a.m. **Fee: \$15. Register at Clubhouse I.**

**Haiti: The Revolution and the Civil War, a CLL course:** Led by returning lecturer Marvin Jones, this class will cover the Haitian Revolution, a successful antislavery and anti-colonial uprising by self-liberated slaves against French colonial rule. Jones will discuss how the end of French rule and the abolition of slavery led to successful defense of long-held European beliefs about alleged black inferiority. His lecture will cover the enslaved and abolitionists who, during the Civil War, were encouraged to bring freedom to people of color. He will show how Haiti set the tone for American leaders, who wrote and spoke of why Haiti was so important, and inspired many, including Frederick Douglass, to fight for freedom in America.

This two-session course meets Tuesday, Sept. 24-Wednesday, Sept. 25, 11 a.m.-noon. **Fee: \$15. Register at Clubhouse I.**

For more information about the Center for Lifelong Learning (CLL) and its instructors, visit ([www.cllmd.com](http://www.cllmd.com)).

## MUSIC EDUCATION

**NEW – Who are the Great Composers?:** Who is your favorite composer? Are you vigorous for Verdi? Manic for Mozart? Passionate for Puccini? Happy with Handel? Brooding with Brahms? Dr. Harry Dunstan, musicologist, historian, tenor and raconteur, brings you his own brilliant insights into the music and lives of the great genius composers of Western music.

With his usual synthesis of history, humanity, music and scholarship, he will help the great composers leap right off the page and into your listening ears! You'll discover what makes a great, as opposed to a good, composer; why their music is timeless; and how to make these great works your own.

Inspired by the New York Times best-selling book, "The Indispensable Composers" by Anthony Tommasini, Dunstan leads a spirited exploration of enduring musical genius and helps you form your own list of great composers.

Class meets Fridays, Sept. 27-Nov. 1, 11 a.m.-noon. **Fee: \$50. Register at Clubhouse I.**

## TECHNOLOGY

**NEW – Internet of Things: Understanding Basics of our Connections to Cell Phones and Smartphones:** If you are curious about cell phones, smartphones versus flip phones or data rate plans, what they do and why they have become so popular, this is the lecture for you. The instructors will compare the pros and cons of the two popular operating systems – Android and Apple iOS – and customize (vision, hearing and control center) your computer/phone setting just for you. Participants will learn about popular cell and smartphones on the market, plus buying guide tips and

things to consider.

Bring your mobile phone, pad/tablet or laptop to class.

For more information, contact Yolande Campbell at (202-689-4207) or email ([clcyodavid2018@gmail.com](mailto:clcyodavid2018@gmail.com)).

Class meets Friday, Oct. 11, 10 a.m.-noon. **Fee: \$15. Register at Clubhouse II.**

**Internet of Things: Connecting to the Internet:**

The internet, or web, is an information source, a way to connect with others, a place to play, learn and explore the world. The internet is also a world on its own, and you can access it in many different ways.

In this session, learn the difference between the two worlds and how to use your computer and mobile devices to connect to and browse the internet. Discover some of the places you can go online. Learn about the future of healthcare portal apps and working with your physicians through them. Learn about digitizing photographs with USB sticks and how they save time and frustration, and are a useful device on which to store images.

Bring your mobile phone, pad/tablet or laptop to class.

For more information, contact Yolande Campbell at (202-689-4207) or email ([clcyodavid2018@gmail.com](mailto:clcyodavid2018@gmail.com)).

Class meets Friday, Sept. 27, 10 a.m.-noon. **Fee: \$15. Register at Clubhouse II.**

## EXERCISE

**NEW – Gentle Pilates and Therapeutic Vinyoga for Individuals with Arthritis:** Everybody can benefit from Pilates moves and from correct breathing, and in this class you will get both. This is a simple therapeutic class that everyone can do and benefit from.

Pilates is linked to better balance in older adults with back pain. Pilates was inspired by Vinyoga. The class will begin with some simple stretching followed by a gentle Pilates workout that is chair- and

wall-assisted, and ending with a relaxing cool-down.

This class is structured to ensure progress at an individual speed as each person strengthens and tightens his or her arms and legs, while improving core muscles. But most of all it's fun and it will make you feel absolutely fabulous!

Participants should wear comfortable clothing, and bring a yoga mat, two 3" yoga blocks, a yoga strap (or an old scarf or old tie) and a bottle of water. Participants must be able to get up and down from the floor at least once during the class.

Class meets Mondays, Oct. 14-Dec. 2, 4-5 p.m.  
**Fee: \$150. Register at Clubhouse II.**

**NEW – Body and Brain Chair Yoga:** All yoga helps one to feel better physically, relieve stress and have more energy. So, what's different about Body and Brain Korean Yoga? It focuses on gentle fluid movements instead of holding poses, so it makes fewer demands on one's balance and strength. This makes it easier and more fun for many individuals to achieve the results they want. One can start to experience benefits from the very beginning.

Participants will also learn traditional Asian healing principles and movements and how to use the brain to improve the body. With practice, a participant can enhance the quality of his or her health and become a stronger and happier person.

As a special bonus, try a non-surgical facelift. At the end of class, the instructor will share the five components of facial yoga to get a smoother, lifted look by relaxing and stimulating the facial muscles.

Class meets Wednesdays, Oct. 23-Dec. 18, 6-7:10 p.m.  
**Fee: \$96. Register at Clubhouse I.**

**Ba Duan:** This is the world's oldest exercise for seniors and those who need to restore a normal, optimum state of health. Participants will learn to combine joint movement and breathing to improve balance and to augment core strength.

**Limited enrollment.** Class meets Mondays, Sept. 30-Dec. 2,

4-5 p.m. **Fee: \$20. Register at Clubhouse II.**

**Senior Sneakers:** Get up and go with a safe, heart-healthy cardio workout that is gentle on the joints. The workout includes easy-to-follow, low-impact moves and upper-body strength training. Have fun and move to the music through a variety of exercises designed to increase your cardio fitness level, strength, range of movement and activities for daily living. Bring your hand-held weights and work at your own pace.

Class meets Mondays (with Shirley), Sept. 23-Oct. 28, and Thursdays (with Sue), Sept. 26-Oct. 31, 9-9:45 a.m. You can take the class on Mondays or Thursdays, or sign up for both days. **Fee: \$38 for one day per week; \$63 for two days per week. Register at Clubhouse II.**

**Mild Exercise with Shirley:** All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesdays, Sept. 24-Oct. 29, and Wednesdays, Sept. 25-Oct. 30, 11-11:45 a.m. You can take the class on Tuesdays or Wednesdays, or sign up for both days. **Fee: \$38, one day per week; \$63 for two days per week. Register at Clubhouse II.**

**NEW – Gentle Yoga – Wednesdays and Saturdays with Marilyn:** Yoga is a holistic system that combines movement, posture, breath, and relaxation techniques to improve overall health and

well-being physically, mentally, and spiritually. A consistent yoga practice has been shown to increase mobility, strength and flexibility, and to provide skills to cultivate a peaceful mind in the face of life's stresses and challenges.

This class is designed for individuals with some ability to get up and down off the floor and can be adapted according to the need of the practitioner. Beginners and ongoing students are welcome. Bring a yoga mat or blanket to the first class.

Class meets Wednesdays, Oct. 9-Dec. 18 and/or Saturdays, Oct. 5-Dec. 11, 9-10:15 a.m. **Fee: \$93 for one day per week, \$160 for two days per week. Register at Clubhouse I.**

## WATER EXERCISE

**Water Exercise with Nancy:** Participants will gain strength, stamina and tone from this cardio class. Dumbbells are used, although they are not required, and are available for purchase from the instructor.

Class meets Tuesdays, Sept. 24-Oct. 29, and Thursdays, Sept. 26-Oct. 31, 11 a.m.-noon. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$38 for one day per week; \$63 for two days per week. Register at Clubhouse II.**

**Non-impact Fusion Water Exercise with Shirley or Sue:** This class is held in the round leisure pool (warm water). Dance, yoga poses and cardio movements are all fused together to give

students an awesome, fun class. Participants will improve their posture, balance, flexibility and muscle strength.

Class meets Tuesdays, Sept. 24-Oct. 29, and Thursdays, Sept. 26-Oct. 31, 1-2 p.m. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$38, one day per week; \$63 for two days per week. Register at Clubhouse II.**

**Aqua Fit with Shirley:** This unique class blends the best of both worlds using water aerobics and yoga. Water aerobics is done in the lap pool for 30 minutes, focusing on cardio and strength. The class then moves to the social warm water pool and finishes up with yoga stretches that focus on balance and posture.

Class meets Wednesdays, Sept. 25-Oct. 30, from 1-2 p.m. **Fee: \$38 for one day per week; \$63 when taken with one day of another water class. Register at Clubhouse II.**

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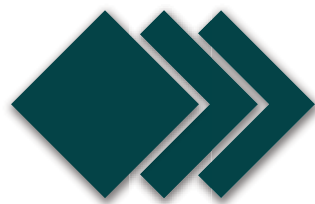
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# CALENDAR *of Events*

**Dial 301-598-1313  
for recorded Daily Events**

## Friday, September 20

### Clubhouse I

10:00 a.m. Abstract Any Medium Art Class  
10:00 a.m. Book Club Network: Bookies  
12:15 p.m. Kiwanis Club  
1:30 p.m. Watercolor II Art Class  
2:00 p.m. Town Meeting Organization  
3:00 p.m. Hispanos de LW: Bingo  
7:00 p.m. Friday Duplicate Bridge

### Clubhouse II

1:00 p.m. Zumba Gold Class  
1:00 p.m. Chess Club  
1:00 p.m. Friday Bridge Club  
3:00 p.m. Therapeutic Yoga Class  
4:00 p.m. Pickleball Club  
7:00 p.m. Baby Boomer Club movie: "The Best of Enemies"

## Saturday, September 21

### Clubhouse I

8:00 a.m. Lawn Bowls Maryland Senior Olympics Tournament  
9:00 a.m. Gentle Yoga Class  
10:00 a.m. Open Art Studio

### Clubhouse II

9:15 a.m. JRLW Religious Services  
11:00 a.m. Pickleball Club  
12:00 p.m. LW LGBTQ Alliance  
2:00 p.m. Going It Alone Club: Social

## Sunday, September 22

### Clubhouse I

10:30 a.m. Jewish Discussion Group  
1:30 p.m. Italian Social and Cultural Club's Café Cinema: I Love Lucy Goes to Italy

### Clubhouse II

11:30 a.m. Pickleball Club  
2:00 p.m. JRLW Meet and Greet  
3:00 p.m. Hispanos de LW: Claudia Gargiulo and the DC Latin Ensemble

## Monday, September 23

### Clubhouse I

9:15 a.m. Stretch, Tone and Strength Training Class  
10:00 a.m. Basic Drawing Art Class  
10:00 a.m. AARP Smart Driver/TEK Vehicle Technology Workshop  
10:30 a.m. Stretch, Tone and Balance Class  
1:00 p.m. Oils and Acrylics I Art Class  
1:30 p.m. Leisure World Chorale  
7:00 p.m. Bingo

### Clubhouse II

9:00 a.m. Senior Sneakers Class  
10:30 a.m. Zumba Gold Class  
11:00 a.m. Chair Yoga Class  
12:30 p.m. Men's Bridge  
1:00 p.m. Chess Club  
2:00 p.m. Chair Yoga Class  
2:00 p.m. Line Dance Class  
3:00 p.m. Line Dance Class  
4:00 p.m. Ba Duan Exercise Class  
5:30 p.m. Pickleball Club  
5:30 p.m. Model Railroad Club Operating Session

## Tuesday, September 24

### Clubhouse I

9:30 a.m. Any Medium Art Class

10:00 a.m. CLL Course: Advanced Conversational Spanish

11:00 a.m. CLL Course: Haiti, The Revolution and The Civil War

1:00 p.m. Open Art Studio

1:00 p.m. CLL Course: Intermediate Conversational Spanish

1:30 p.m. Book Club Network: Suspensers

5:00 p.m. Lawn Bowls Club

7:00 p.m. Trivia Club

7:00 p.m. Duplicate Bridge

### Clubhouse II

9:30 a.m. Beginner and Advanced Tai Chi Class

10:00 a.m. LW Apple Club: Apple Clinic

11:00 a.m. Mild Exercise Class

11:00 a.m. Water Exercise Class

12:30 p.m. Pickleball Club

12:30 p.m. Scrabble Group

1:00 p.m. Non-impact Fusion Water Exercise Class

2:30 p.m. Unitarian Universalists: Program on Human Trafficking Prevention in Montgomery County

4:00 p.m. Pickleball Club

7:00 p.m. Rossmoor Camera Club: Competition

## Wednesday, September 25

### Clubhouse I

9:00 a.m. Gentle Yoga Class

10:00 a.m. Any Medium II Art Class

11:00 a.m. CLL Course: Haiti, The Revolution and The Civil War

1:00 p.m. LWAAAC Healthful Thursdays

1:00 p.m. Oils and Acrylics II Art Class

2:00 p.m. LW Green: Rabbi Nina Beth Cardin Speaks on the Healthy Green Maryland Amendment

5:00 p.m. Crab Feast

6:45 p.m. Chicago Bridge

### Clubhouse II

10:00 a.m. Zumba Gold Class

11:00 a.m. Mild Exercise Class

1:00 p.m. Chess Club

1:00 p.m. Ping-Pong Club

1:00 p.m. Aqua Fit Class

1:30 p.m. JRLW Movie: "The Last Resort"

2:00 p.m. Chair Yoga Class

5:15 p.m. Pickleball Club

5:30 p.m. Model Railroad Club Operating Session

## Thursday, September 26

### Clubhouse I

9:15 a.m. Stretch, Tone and Strength Training Class

10:00 a.m. Watercolor I Art Class

10:30 a.m. Stretch, Tone and Balance Class

12:30 p.m. Ladies Bridge

1:00 p.m. People and Pets Art Class

1:00 p.m. 18-Hole Ladies Golf Lunch

1:00 p.m. LWAAAC Healthful Thursdays Session 3: "Healthy Heart Medications - A Review by a Pharmacist with One-on-One Appointments"

2:00 p.m. Memory Café: 'How to

## Leisure World Mutual Meetings

### Sept. 23

#### Mutual 23 Board

10:00 a.m., Party Room

#### Mutual 9 Board

10:00 a.m., Sullivan Room

### Sept. 24

#### Mutual 17A Board

2:00 p.m., Party Room

#### Mutual 21

2:30 p.m., Community Room 3

### Sept. 25

#### Mutual 20B Board

9:30 a.m., Community Room 3

#### Montgomery Mutual Board

9:30 a.m., Clubhouse I

#### Mutual 19B Board

1:00 p.m., Sullivan Room

### Sept. 26

#### Mutual 10 Board

9:30 a.m., Sullivan Room

### Mutual 20A Board

9:30 a.m., Party Room 1

### Mutual 6C Board

9:30 a.m., Community Room

### Mutual 13 Board

1:30 p.m., Sullivan Room

### Mutual 24 Board

1:30 p.m., Community Room

### Sept. 27

#### Mutual 17B Board

10:00 a.m., Party Room

### Oct. 1

#### Mutual 18 Board

1:30 p.m., Sullivan Room

#### Mutual 6B Board

2:00 p.m., Mutual

### Oct. 2

#### Mutual 8 Board

11:00 a.m., Sullivan Room

*Meeting times and locations subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Mutual board meetings are open to respective mutual residents and absentee owners.*

## Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

### Audit

Sept. 26, 1:00 p.m., Sullivan Room

### Insurance

Sept. 23, 2:30 p.m., Sullivan Room

### Education and Recreation

Oct. 1, 9:30 a.m., Clubhouse I

### Technology

Oct. 1, 10:00 a.m., Sullivan Room

### Golf and Greens

Oct. 4, 9:30 a.m., Clubhouse I

### Tennis & Pickleball

Oct. 2, 1:30 a.m., Sullivan Room

### LWCC Board of Directors

Sept. 24, 9:30 a.m., Clubhouse I

The meeting airs on Sept. 30, Oct. 2 and Oct. 4 at 4 p.m. and 7 p.m. on channel 974.

### LWCC Executive Committee

Oct. 18, 9:30 a.m., Sullivan Room

The meeting airs on Oct. 23, 24 and 25 at 4 p.m. and 7 p.m. on channel 974.

*Meeting times and locations subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Meetings are open to all residents and absentee owners.*

Improve Your Balance and Prevent Falls' seminar

2:00 p.m. CLL: 'Your Body and Urology' Presentation

6:00 p.m. Lawn Bowls Club

### Clubhouse II

9:00 a.m. Senior Sneakers

9:30 a.m. Beginner and Advanced Tai Chi Class

9:30 a.m. Quilting Group

10:30 a.m. Zumba Gold Class

11:00 a.m. Water Exercise Class

11:30 a.m. Pickleball Club

12:30 p.m. Men's Bridge

1:00 p.m. Non-impact Fusion Water Exercise Class

2:00 p.m. Model Railroad Club Operating Session

2:00 p.m. Mind-Body Exercise Club

3:00 p.m. Tap Dancing in a Chair Class

4:00 p.m. Pickleball Club

4:00 p.m. Friends of India Association

## Friday, September 27

### Clubhouse I

10:00 a.m. Abstract Any Medium Art Class  
11:00 a.m. Who Are The Great Composers? Class

1:30 p.m. Watercolor II Art Class

3:00 p.m. Hispanos de LW: Bingo

6:00 p.m. Twilight Golf Dinner

6:00 p.m. Gilbert and Sullivan Society Cast and Crew Party

7:00 p.m. Friday Duplicate Bridge

### Clubhouse II

10:00 a.m. Chinese Club: Attorneys Discuss Estate Planning

10:00 a.m. Internet of Things:  
Connecting to the Internet Class  
1:00 p.m. Ping-Pong Club  
1:00 p.m. Chess Club  
1:00 p.m. Friday Bridge  
1:00 p.m. Zumba Gold Class  
3:00 p.m. Therapeutic Yoga Class  
4:00 p.m. Pickleball Club  
7:00 p.m. NARFE: Guest Speaker  
Former "Border Czar" Alan Bersin

**Saturday, September 28**

**Clubhouse I**

10:00 a.m. Open Art Studio  
7:30 p.m. Ballroom Dance Club – The  
Retro Rockets

**Clubhouse II**

9:15 a.m. JRLW Service  
11:00 a.m. Pickleball Club  
2:00 p.m. Going It Alone Club: Social

**Sunday, September 29**

**Clubhouse I**

No Schedule Activities.

**Clubhouse II**

11:30 a.m. Pickleball Club  
2:00 p.m. E&R Movie: "The Wife"  
7:00 p.m. JRLW – Rosh Hashanah  
Conservative Service

**Monday, September 30**

**Clubhouse I**

9:15 a.m. Stretch, Tone and Strength  
Training Class

10:00 a.m. Basic Drawing Art Class  
10:30 a.m. Stretch, Tone and Balance  
Class

1:00 p.m. Oils and Acrylics I Art Class  
1:30 p.m. Leisure World Chorale

**Clubhouse II**

7:00 p.m. Bingo  
9:00 a.m. Senior Sneakers Class

9:00 a.m. Rosh Hashanah Conservative  
Service  
10:30 a.m. Zumba Gold Class  
12:30 p.m. Men's Bridge  
1:00 p.m. Chess Club  
2:00 p.m. Line Dance Class  
3:00 p.m. Line Dance Class  
4:00 p.m. Ba Duan Class  
5:30 p.m. Pickleball Club  
5:30 p.m. Model Railroad Club  
Operating Session

**Tuesday, October 1**

**Clubhouse I**

9:00 a.m. Blood Pressure and Hearing  
Testing

9:30 a.m. Any Medium I Art Class  
1:00 p.m. Open Art Studio

5:00 p.m. Lawn Bowls Club  
7:00 p.m. Trivia Club

7:00 p.m. Duplicate Bridge Game

**Clubhouse II**

9:00 a.m. Rosh Hashanah Conservative  
Service

10:00 a.m. Apple Club: Apple Clinic  
11:00 a.m. Mild Exercise Class

11:00 a.m. Water Exercise Class  
12:30 p.m. Scrabble Group

1:00 p.m. Non-impact Fusion Water  
Exercise Class

1:30 p.m. Comedy and Humor Club  
4:00 p.m. Pickleball Club

**Wednesday, October 2**

**Clubhouse I**

10:00 a.m. Any Medium II Art Class  
11:00 a.m. Short Story Group

1:00 p.m. Oils and Acrylics II Art Class  
2:00 p.m. Book Club Network: African  
Heritage

4:00 p.m. LWAAAC General Meeting  
6:45 p.m. Chicago Bridge

**Clubhouse II**

9:30 a.m. Beginner and Advanced Tai  
Chi Class

10:00 a.m. Zumba Gold Class  
11:00 a.m. Mild Exercise Class

1:00 p.m. Chess Club  
1:00 p.m. Ping-Pong Club

1:00 p.m. Aqua Fit Class  
2:00 p.m. Chair Yoga Class

5:30 p.m. Model Railroad Club  
Operating Session

**Thursday, October 3**

**Clubhouse I**

9:15 a.m. Stretch, Tone and Strength  
Training

10:00 a.m. Watercolor I Art Class  
10:30 a.m. Stretch, Tone and Balance  
Class

11:00 a.m. Writers of Leisure World  
12:30 p.m. Ladies Bridge

1:00 p.m. People and Pets Art Class  
1:00 p.m. LWAAAC Healthful  
Thursdays

2:00 p.m. E&R Event: Bill "Bat  
Boy" Turner and Ed "Boy in the  
Scoreboard" Baruch Talk About the  
1956 Washington Nationals Baseball  
Season

2:00 p.m. Democratic Club: Speaker Al  
Redmer Jr., Insurance Commissioner  
for Maryland

3:00 p.m. Stamp and Coin Club  
6:00 p.m. Lawn Bowls Club

**Clubhouse II**

9:00 a.m. Senior Sneakers Class  
9:30 a.m. Beginner and Advanced Tai  
Chi Class

10:00 a.m. Stitching Group  
11:00 a.m. Water Exercise Class

11:30 a.m. Pickleball Club

12:30 p.m. Men's Bridge  
2:00 p.m. Model Railroad Club  
Operating Session  
2:00 p.m. Mind-Body Exercise Club  
3:00 p.m. Tap Dancing in a Chair Class  
4:00 p.m. Pickleball Club  
4:00 p.m. Friends of India Association  
7:00 p.m. Tennis Club

**Friday, October 4**

**Clubhouse I**

10:00 a.m. Abstract Any Medium Art  
Class

11:00 a.m. Who Are The Great  
Composers? Class

1:30 p.m. Watercolor II Art Class  
2:00 p.m. CLL Program: Doctor  
Addresses Type 2 Diabetes and  
Diverse DNA

3:00 p.m. Hispanos de LW: Bingo  
7:00 p.m. Friday Duplicate Bridge

**Clubhouse II**

1:00 p.m. Zumba Gold Class  
1:00 p.m. Chess Club

1:00 p.m. Friday Bridge  
3:00 p.m. Therapeutic Yoga Class

4:00 p.m. Pickleball Club

**Saturday, October 5**

**Clubhouse I**

9:00 a.m. Gentle Yoga Class  
9:30 a.m. E&R Event: Fall Flea Market

10:00 a.m. Open Art Studio  
10:00 a.m. American Needlepoint Guild  
(ANG)

7:00 p.m. Sock Hop Group

**Clubhouse II**

9:15 a.m. JRLW Service  
11:00 a.m. Pickleball Club

2:00 p.m. Going It Alone Club: Social  
3:00 p.m. Friends of India Association  
movie: "Gandhi"

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*This is Saul.*

He does crossword puzzles in pen.

He enjoys a glass of sherry every  
evening promptly at 5:00.

He's never seen without a bowtie from  
his collection.

And dementia doesn't define him.

He's still uniquely Saul because he lives  
*The Artis Way.*



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# The Karen Rollings Team



**Karen Rollings**



**Sherry Felice**



**Kathy Workman**

Berkshire Hathaway HomeServices PenFed Realty

**301-924-8200**

[www.TheKarenRollingsTeam.com](http://www.TheKarenRollingsTeam.com)



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## Recent Solds "Around the World"!

Address	Subdivision	Type	Beds	Baths	Asked	Got	Subsidy
2901 S LEISURE WORLD BLVD #205	Creekside	Unit/Flat/Apartment	2	2	\$344,000	\$335,000	\$0
3330 N LEISURE WORLD BLVD #5-112	Fairways South	Unit/Flat/Apartment	2	2	\$155,000	\$150,000	\$0
3330 N LEISURE WORLD BLVD #5-625	Fairways South	Unit/Flat/Apartment	2	2	\$153,900	\$151,000	\$0
3330 N LEISURE WORLD BLVD #5-201	Fairways South	Unit/Flat/Apartment	3	1.5	\$282,500	\$282,500	\$7,250
3342 CHISWICK CT #59-1C	Montgomery Mutual Coop	Unit/Flat/Apartment	2	1.5	\$129,900	\$129,900	\$0
3340 GLENEAGLES DR #69-1D	Montgomery Mutual Coop	Unit/Flat/Apartment	2	1.5	\$133,900	\$131,900	\$0
3462 CHISWICK CT #42-G	Montgomery Mutual Coop	Row/Townhouse	2	3	\$166,950	\$166,950	\$0
3555 S LEISURE WORLD BLVD #25-1B	Montgomery Mutual Coop	Unit/Flat/Apartment	2	1	\$118,000	\$118,000	\$0
3566 CHISWICK CT #35-F	Montgomery Mutual Coop	Row/Townhouse	2	3	\$159,900	\$160,000	\$0
3470 CHISWICK CT #43-1F	Montgomery Mutual Coop	Unit/Flat/Apartment	2	1	\$115,000	\$115,000	\$0
3432 CHISWICK CT #45-F	Montgomery Mutual Coop	Row/Townhouse	2	3	\$159,000	\$159,000	\$0
3749 GLEN EAGLES DR	Regency	Row/Townhouse	3	1.5	\$250,000	\$230,695	\$0
3161 ADDERLEY CT #249-D	Rossmoor Mutual #11	Twin/Semi-Detached	3	2	\$285,000	\$300,000	\$0
15401 BASSETT LN #45-3G	Rossmoor Mutual #15	Unit/Flat/Apartment	3	2	\$239,900	\$235,000	\$2,500
3629 GLEN EAGLES DR #3-1B	Rossmoor Mutual #7	Unit/Flat/Apartment	2	1.5	\$123,000	\$125,000	\$0
15115 INTERLACHEN DR #3-306	The Greens	Unit/Flat/Apartment	2	2	\$184,900	\$180,000	\$0
15100 INTERLACHEN DR #4-308	The Greens	Unit/Flat/Apartment	2	2	\$185,000	\$175,000	\$0
3005 S LEISURE WORLD BLVD #422	Turnberry Courts	Unit/Flat/Apartment	2	2	\$229,000	\$225,000	\$0
2900 N LEISURE WORLD BLVD #307	Turnberry Courts	Unit/Flat/Apartment	2	2	\$225,000	\$225,000	\$2,250
2904 N LEISURE WORLD BLVD #317	Turnberry Courts	Unit/Flat/Apartment	2	2	\$254,900	\$249,900	\$0
15000 PENNFIELD CIR #201	Villa Cortese	Unit/Flat/Apartment	3	2	\$499,999	\$485,000	\$0



**SOLD!!!**

**3100 N Leisure World Blvd, #1002**

Updated kitchen and enclosed balcony overlooks golf course, pond, & tree tops!



**RENTED!!!**

**2901 S Leisure World Blvd, #204**

Our client found the perfect rental unit to call home! Call us today so we can help you too!



**SOLD!!!**

**3100 N Leisure World Blvd, #1026**

Spacious & updated 2 BR, 2 FBA condo! Enclosed balcony with incredible views!

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Serving Montgomery County for 30 years! We are the company for all your flooring needs. Carpeting, Hardwood, Laminate, Ceramic, Marble, Commercial, Residential. We do it all! We carry major brand names in carpeting and hard surface flooring.

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# CLASSIFIEDS

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. The News shall accept advertising on the same basis as other reputable publications: that is, it shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time the News will not undertake to guarantee the reliability of its advertisers.

The News recommends that before a resident engage any service herein advertised, that the resident request and verify applicable credentials (i.e. bonded, licensed, insured) and references.

For information on placing advertisements in the Leisure World News, email (lwnewsads@lwmc.com) or call (301-598-1310).

## ESTATE SALES

**CASH FOR ESTATES;** whole apartment contents, whole house contents, storage lockers. Buy out/clean up. (theatticllc.com) Gary – (301-520-0755).

**ATTIC TO BASEMENT ESTATE Cleanouts LLC** – I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal

touch. I will save you time and money providing fast, efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment. Janet Ray (301-384-3198), (wshalot10@aol.com).

**LOOKING TO DOWNSIZE,** move or sell all household items or just a few? What about that storage unit? Call Estate Sales by Cheryl, LLC! Let's get started making you a profit! (301-437-2705)

## REAL ESTATE FOR SALE

**A WISE CHOICE.** Call me. Marilyn Rubinstein of Weichert Realtors. Your expert in this great community. Top 1% Nationwide. #1 Office Producer with over 40 years of experience and hundreds of sales right here. Call me for a free market analysis. Please call and we'll talk. I make buying or selling an enjoyable and successful experience. Call Marilyn today (301-674-1288).

Announcing a **NEW REAL ESTATE PARTNERSHIP,** Sue Heyman, Rick Winkler and Sudha Baxter. Rely on our combined strengths, Top Weichert Producers, plus backgrounds

in Teaching, Tax and Business. We are located at the Leisure World Plaza Weichert Office and have personal knowledge of the Community from the investor and resident perspective. See our display ad in this issue to review our current listing choices, to see other available properties and to request a free competitive analysis. Office (301-681-0550), Sue (301-580-5556), Rick (301-404-3105), Sudha (202-368-8536).

**REAL ESTATE SERVICES** – Leisure World resident real estate agent Gerry Walsh. Sunshine Properties – I can list your home for 3.95%. (845-401-1177)

The number of **PATIO HOMES** for sale is at an all time low! If you have been thinking of selling, now is the time. \$\$\$\$ Douglas Realty (866-987-9397). Call Eve Rados Marinik (evemhomes@gmail.com) for a free market analysis of your home. (301-221-8867)

**FOR SALE:** 2 bedroom with 2 full baths and garage space (99) in the Overlook. Fresh paint, new flooring, beautiful view! \$245,000. Coming soon:

The Greens, 3 bedrooms and 2 full baths, garage, close to elevator, hwf, updated kitchen, low \$300,000s. Coming soon: Berkley townhouse, 2 bedrooms, 2 full baths and one 1/2 bath. Hardwood floors, new carpet, updated kitchen. Coming soon: 3-bedroom patio home with 2-car garage, \$300,000s. Looking for a 2-bedroom 1.5-bath patio home in Montgomery Mutual, Carvel Model. Douglas Realty (866-987-9397). Call Eve Rados Marinik, (301-221-8867) (evemhomes@gmail.com).

## REAL ESTATE FOR RENT

**3 BEDROOM, 2 FULL BATH** patio home with eat-in kitchen, 1 car garage. Furnished. Utilities included. \$3,950 per month. Call (410-868-1110).

## RENTAL WANTED

I would like to purchase or rent a **GOLF CART SPACE** in the Greens #1 (15101 Interlachen Drive). I would prefer G-6 but would be interested in any in this building. I can be contacted at Timothy Mills (301-252-2547) or (timbowled@aol.com).



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My name is John Whitney. I am looking to RENT A GUEST BEDROOM somewhere in Leisure World. I am a 62-year-old male. I am currently renting a room from Dennis Evans in The Greens, Building 1. If you have a room that you would like to rent, contact Dennis and/or me at any of the following: (John.justin.whitney@gmail.com) or (410-548-2140), (Devans162@comcast.net) or (240-560-6277) or (703-307-8353) or (240-228-6916).

**FOR SALE**

**FOR SALE:** Schrimmer Chickering spinet piano. Good condition, \$200 OBO 2 armchairs, new condition steel blue. \$150 each. 2 bookcases, 71 x 36 x 16. Excellent condition. \$100 each. Call Claude (301-288-4972). See pictures on Clubhouse I bulletin board.

**BRAND NEW** Wilder Total Gym Bench. Die Hard car or boat jumper. Prices negotiable. (301-366-7689). Ask for Ray.

**AUTO SALES**

2016 TOYOTA CAMRY LE. Four-door. MD-inspected, like new. Only 13,500 miles. One owner. \$17,999. I will buy your car even if you don't buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van

or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

2002 CHRYSLER CONCORDE LIMITED. Loaded with sunroof, leather interior, chrome factory wheels. MD-inspected, only 43,000 miles. Previous LW owner. \$7,000. I will buy your car even if you don't buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

**FAST CASH FOR USED CARS** – Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashier's check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

**I BUY CARS** and trucks. Fast and courteous service. Licensed dealer. I will come to you to look at the vehicle. Tom (301-806-8140).

**TRANSPORTATION SERVICES**

**DRIVER WITH CONCIERGE STYLE** at regular rates. I am a Leisure World resident and I understand the needs of our community. My service is a four-door Mercedes-Benz sedan with all the comforts of a leather-

seat luxury car, temperature-controlled interior, ample trunk space and a smooth ride. Most important is my dependability and providing any personal assistance you may need. Call Ken at (508-612-9647).

**DRIVER** with 25 years' experience. I am a Leisure World resident. I am working as an Aide Nurse. Drive anywhere. Comfortable, smooth, safe. Accident-free record. Clean vehicle. I'm available 24/7. Call or text (703-649-1293).

**YOUR PERFECT PRIVATE DRIVER** is right here! Lifetime DC Metro resident. Friendly, reliable, competent service. Safe, accident-free record. Comfortable, clean vehicle can seat up to six passengers. Airports, cruiseports, trains, theatres, casinos, restaurants, festivals, ceremonies, medical appointments... To/from anywhere, including long-distance trips in other states. Reservations are recommended. Call 7 a.m.-10 p.m. with questions or to arrange/guarantee your ride. Available 24/7. Emergency calls, if needed. Steven Saidman. Cell/text (301-933-8899). Email (steve.your.driver@gmail.com).

**CALL & RIDE** – Doctors, airport, casino. Will pick up your groceries. Always on time. Over 250 satisfied customers from

Leisure World. Call all night for emergencies also. Larry Kraft (240-743-8287).

**CAREGIVING AND HEALTHCARE**

Healthcare professionals must provide current proof of certification or license from the Maryland Board of Nursing to include "certified" or "licensed" in their advertisement. Examples of positions requiring such proof include, but are not limited to, registered nurse, licensed practical nurse, certified nursing assistant, geriatric nursing assistant and medication technician.

**"A" HOME HEALTH CARE** for Senior Citizens – Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

**FLAT RATES, ONE WEEK FREE.** "Care You Can Trust and Afford." Reliable, experienced caregiver providing hygiene care, medication reminders, meals, housekeeping, errands, appointments etc. Full/part-time, live-in, overnight or weekend. Call today: (301-490-1146).

**ELDERLY CARE:** Over 10 years'

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For qualifying patients 18+

experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-2188).

CNA/COMPANION over 20 years' experience with the elderly. Available Monday through Friday days, nights or weekends. Full or part-time, live-in/out. Good references. Also available to travel out of state with my clients. Call (301-442-9324). Own transportation.

CNA/GNA/MED TECH with CPR and first aid license. Experience working with elderly. Have worked with agencies, nursing homes and also private duty. Am available full-time or part-time. Please call (240-252-0439), (240-713-1654), or email (sapomadezeus@yahoo.com).

**SERVING YOU HOME CARE:** Our family serving your family. License #R4289. We believe in a holistic approach to care: body, mind and emotion to achieve optimal health and wellness. Five-step wellness program: safety, nutrition, mental health, socialization, physical activity. (410-980-3145), (www.servingyouhomecare.com), (info@servingyouhomecare.com).

**WeSAP NURSING SERVICES.** We support aging in place. Nursing care, personal care and non-skilled care. Services catered to individual needs. Advocate of equality. Call for free consultation (301-604-4201), (240-286-0778), (wesapllc@gmail.com), (wesapllc.com).

**OVERNIGHT CAREGIVER** with more than 14 years' experience with seniors and people with special needs. I provide safe, respectful, loving, skilled care towards every one of my patients. I will deliver peace of mind to family members by keeping their loved ones safe while also protecting their independence and preserving their dignity. I give detailed information and pay close attention to my clients and to the families' needs. I have taken care of many people from family members, friends and clients in facilities to group home members and privately cared-for patients. Whatever the needs may be, I strive to go above and beyond my call of duty. Life is a treasure and if I can provide life or encouragement to anyone, or let them know that they are still loved and living with grace and dignity, I am that Angel. Arafa (240-883-8933), (brownzebra@hotmail.com). Availability: 10 p.m.-7 a.m.

Hello. I provide **SHORT- or LONG-TERM CARE** with over 10 years' experience caring for cancer, Alzheimer's, dementia, as well as stroke clients. My goal is to help clients achieve

the best quality of life possible, which enables me to tailor a care plan that maximizes the client's independence and dignity. (301-291-1205), (SFthecaregiver@gmail.com).

**CMT with CPR.** Working towards a caregiver certificate. Am passionate about caring for elders. Over two years' experience. Duties available: personal hygiene, light housekeeping, shopping, meal preparation, dressing, errands, cooking, doctors' appointments, medication reminders. (240-367-3729).

**PRIVATE DUTY CAREGIVER** for hire. Over 10 years of experience caring for Leisure World residents and over 15 years of experience in geriatrics and clinical conditions. Highly qualified foreign nurse with bachelor's degree credentials backed by CGFNS International — ID# 4640928. Bilingual, responsible, with references from Leisure World residents. If interested, please call (301-339-4460).

**OVER 20 YEARS' experience** full/part-time or live in caring for babies, Alzheimer's, elderly and terminal patients. Excellent driver, reliable trustworthy, dependable. References. Gloria (240-660-7937).

**ATTENTIVE, COMPASSIONATE CAREGIVER,** Jamie, would like to assist you with your daily needs. Jamie has a lot of experience with elder care as she has been working at the Brooke Grove Nursing Home for quite some time. Please call her at (301-980-8432). Thank you.

Leticia Adu is my name. Am a CNA/GNA/MED TECH. I provide quality and affordable care for elderly. I have 13 years' experience. I give personal care, companionship, housekeeping, shopping, appointments, etc. Please contact me (301-793-3989) or (240-252-0439). Email me on (mumbea2002@yahoo.com).

**ELDERLY CARE:** CNA/CMT/nursing student. 11-12 years' experience in elderly care. Hospital, nursing homes and home care. Duties: ADLs, driving to doctors' appointments, housekeeping, meal preparation and safety precautions. Great references. Monday-Sunday, 24 hours availability. (301-820-2631), (301-978-6518).

Augustah Obimpeh is my name. Am a CNA/GNA/MED TECH as well as LPN. I have 16 years' experience caring for elderly. I provide long- and short-term care — very affordable companion care, nursing care, housekeeping, etc. Contact me on (240-883-8126), (240-252-0439) or (301-793-3989). (sweetieamae@yahoo.com)

**EXCELLENT CAREGIVER AVAILABLE:** Highly competent, trustworthy, flexible, and caring — cared for my parents for over five years. Leisure World resident. Highly recommended. (301-509-7234).

**ELDERLY CARE.** I am Chinese, speak English and Chinese. I am kindly, responsible, a warm-hearted person. Over 7 years' experience. Great references, available Monday to Friday, can drive. (240-810-3398).

**CNA/CMT** — over 10 years' experience. Available to work long hours daytime and nighttime 7 days a week. Companionship, personal care, housekeeping, shopping. Very reliable. Have reliable transportation. Call Millicent (240-839-2356).

**HOME HEALTH AIDE.** Reliable and loving, caring person providing quality and affordable care. Day or night; part-time or full-time. Drives. Call Mary at (240-264-7296).

**CNA WITH CPR, First Aid.** I always like to work for elderly. Experienced in assisted living and nursing home for 16 years. Also working for agencies. Full-time or part-time. Louise (301-640-9783), (Lckdeco@yahoo.com).

**CERTIFIED NURSING ASSISTANT,** over 20 years' experience. Honest, dependable care with respect and love. Personal care, cooking, cleaning and doing shopping. References available. Available for work now, days and weekends. Call Yvonne at (240-706-0428).

**CERTIFIED NURSING ASSISTANT.** Over 30 years working in Leisure World. Excellent references and experience. Own transportation. Doctor's appointments, groceries, other errands and light housekeeping. 24 hours. Please call Divina any time (240-463-1199).

#### ASSISTED LIVING

2 RNs ASSISTED LIVING LLC is a small, independent affordable home owned by 2 RNs, licensed, and with 38 years' experience and specializing in elderly care, disabled to meet their special needs; long- and short-term stays, dementia, respite care, hospice care, acute post-hospital care, post-rehabilitation. We focus on health and safety for our residents. We advocate elderly care. Our passion is to provide a high quality, individualized care with caring and loving environment. We do hands-on nursing care. Please contact Pat, RN, for free consultation, at (301-338-4015) or (patyusingco@yahoo.com).

#### HOME SERVICES

**KITCHEN AND BATHROOM Remodeling** — Cabinet and

countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

**STAIR LIFTS:** Never walk up steps again! Buy new or certified pre-owned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

**CONTINENTAL MOVERS.** Local moving services. Free boxes. Local — long distance — hauling — pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@msn.com) (www.continentalmovers.net).

**LANDSCAPING SERVICES:** Beautifying LW, one property at a time! Affordable, reliable and experienced! Shrubbery trimming, weed removal, mulching, design and planting. Houseplant services also available. Call Greg at (240-994-5258), (gmarinik@gmail.com). References provided.

**GUARDIAN ANGEL LAWN SERVICE.** Experienced in flowerbeds, mulching, edging, weeding, plowing gardens and repairs. For all your gardening and household needs, please call Robert at (240-477-2158), (301-987-1277).

**RELIABLE, EXPERT HANDYMAN:** painter, carpenter, tile-setter. Licensed and insured. Affordable prices. No job too big or too small. Extensive experience and references at Leisure World. Please call Carlos Gomez (301-305-4727).

#### CLEANING SERVICES

**R&G CLEANING SERVICES** — Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

**ALICIA'S CLEANING SERVICES** — Good references. Good rate. Once a week or every two weeks. (240-286-3807).

**MARIA'S HOUSE CLEANING,** free estimates, strong references, good rates. Experienced worker in LW for eight years. Call Maria (240-694-6547).

**CARLA'S HOUSE CLEANING** — I will concentrate on what is important to you. I will adjust my hours to your satisfaction. Outstanding references and work with Free estimates. Call or text (240-551-2707).

## COMPUTER HELP

**COMPUTER SERVICES** – Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

**COMPUTER LESSONS / SERVICES** – Need help with your computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English – no technical talk! Shopping assistance for electronics and computers. Senior specialist since 1996. Call David at (301-980-5840). **COMPUTERTUTOR**

**INTERNET FOR ALL LW** residents is coming! Get personalized help in connecting your phone, tablet or computer. We also sell easy-to-use computers. Our price is \$50 to fix your problem within 1 hour or it's free. Easy Elder Tech (301-802-6633).

## PERSONAL SERVICES

**PRESERVE YOUR FAMILY MEMORIES!** Don't let your precious photos be forgotten or fade over time. I'll digitize your photos, slides, and mementos so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services, (301-438-3140).

**TIRED OF POLISHING** your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

**DAHLSTROM SENIOR SUPPORT SERVICES.** Assistance with senior care and the care of seniors' pets. Safe/reliable door-to-door transportation as needed. Assistance with pet care. Dog walking and pet sitting as needed. Transportation for grooming/vet appointments. I'm a 57-year-old semi-retired doctor, Leisure World resident. Bonded, insured, outstanding Leisure World references. Call Carl (410-499-9362).

**LICENSED BEAUTICIAN.** It is my pleasure to give you haircuts, color and perms in your home. Reference available. Please call Silvia, (240-277-0890).

**KOMPANION KARE** has openings! After 13 years of helping seniors, LW resident Stephanie Sidella has current openings for new clients. Need companionship, driving, light housework or cooking help? This Wellness Consultant has years of experience with First Aid, CPR and understanding medical terminology. Contact Stephanie at (301-922-5080) or (ssidella@verizon.net).

**PAYYOURNURSE!** Do you employ a private nurse or caregiver for your loved one? At **PAYYOURNURSE**, we assist families in navigating the Federal and State payroll tax laws. From paycheck calculations to quarterly and annual tax returns, we have a service plan that will fit your needs. For more information, please call (703-819-9796); or email (byudd@payournanny.com). "We're Here to Help Families."

**LIFE STORY LEGACY VIDEOS** – Tell stories about your family and your life journey on video. The video will feature your most treasured photos of grandparents, parents, relatives, friends, and special events. Preserve the legacy of your experiences for family, friends and future generations. Research indicates that reflecting on and sharing your life journey has lasting benefits. Learn more at (www.lifestorylegacyvideos.com) or contact Bryon at (301-685-3300).

**NEED ASSISTANCE** with appointments, shopping, scheduling, errands, medication reminders, meal-planning and preparation, downsizing, decluttering or organizing? Years of experience in non-medical companion care. Currently studying Universal Design and Home Modification for accessibility. Clean background, don't drink or smoke, excellent driving record, and get along with most pets. Instructor in CPR/AED and First Aid. Reliable, punctual, efficient with a great attitude. Bonded and Insured. (www.gatekeepercompanioncare.com) (301-371-2210)

**A HELPER:** very reliable lady works half-day shifts. Helps with light work, gourmet cooking and driving. Call (301-920-0792).

## NOTARIES

**NOTARY**, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

## PET CARE

**DOG WALKING SERVICE** – Affordable rates. Responsible and dependable Leisure World resident who is available to walk your pet. Please call (301-598-3454) for more information.

**LW RESIDENT** looking for a new sweetie pie to walk. Doggy's mom has retired. 6 years' experience. Loving, caring. Will work with your schedule. Best prices in LW. Chris (703-965-4863)

## DONATIONS WANTED

**HOUSING UNLIMITED, INC** is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

**WANTED: CAR DONATIONS.** Support MCPS students by donating your car. Write off up to Fair Market Value! (www.Cars2donate.org) or (240-740-2050).

**BOOK DONATIONS WANTED** for the American Association of University Women (AAUW) Annual Spring Book Sale in Gaithersburg. To support local scholarships for women and mentoring program for girls and women. Fiction and non-fiction, hardback and paperback, audio books, DVDs. Art, kids', cooking, foreign languages, gardening, history, mystery, sci-fi, science, women's studies, African-American & Jewish interests, etc. Pickups can be arranged in and near Leisure World. For more information call Liz at (301-840-1258).

**NO LONGER USING YOUR CAR?** Residents with an unused or unwanted vehicle can donate it to Vehicles for Change. They'll pick it up for free and you earn a tax deduction for the fair market value. Why VFC? As a nonprofit, they match each donated car with low-income families in need of transportation. Your car could be a family's ride out of poverty. Donate today at (www.vehiclesforchange.org) or call (855-820-7990).

## ACTIVITY OPPORTUNITIES

**MOVIES AND MUNCHIES.** Are you looking for something fun

to do on a Saturday or Sunday afternoon? How about catching a movie at AMC Wheaton once a month and enjoying a nosh after! No discussion, no analysis, just a fun afternoon at the movies with new friends! If you're interested, please email me at (susan.krupka@gmail.com) or give me a call at (240-446-0975).

Looking for **TENNIS AND/OR PICKLEBALL** partner/s for evening hours. I prefer to play at Olney Manor Rec Center with many lighted tennis courts. Please reply to Helen: (HLEE555@gmail.com) or text to (240-817-4213).

**EXPERIENCED MAH-JONGG** player looking to start a friendly daytime game with flexible hours. Call Diane at (301-706-8141).

**SCRABBLE CLUB FOR WOMEN** – seeking a few new members – Club meets at founder's LW home on Thursday nights twice a month 6:30-8:30+ p.m. Typically 1-2 tables are playing using 'official Scrabble rules' and members bring snacks, dessert or wine. Hostess serves coffee, tea and sodas. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call ((571-236-1775) in MD in LW).

**BOOK CLUB FOR WOMEN** – seeking a few "Serious Readers": 15+ year-old club reads award-winning fiction and meets at founder's LW home the second Sunday of the month, 5:30-7:30 p.m., for potluck dinner and discussion. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD-LW)).

**KNITTING AND NEEDLECRAFTS GROUP:** 10+ year old club meets every Sunday, 2-5 p.m., with typically 8-12 crafters (any needlework is fine) at founder's LW home. Beginners to seasoned are welcome. Snacks and drinks are served. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD-LW)).

**FILM GROUP FOR WOMEN** forming: Seeking 10+ members to watch/discuss 'Bethesda Row' caliber movies at founder's LW home. Meet every 3 weeks on Saturdays, 6:30-10 p.m. Members bring snacks or wine. Hostess serves drinks. Email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD-LW)).

## VOLUNTEER OPPORTUNITIES

**MAKE A DIFFERENCE** in a family's life. Habitat for Humanity ReStore needs volunteers to

work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of three to four hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. Email (alena.biagas@habitatmm.org) or call (301-990-0014 x 16) if you are interested in volunteering.

#### **VOLUNTEER WITH REPRESENTATIVE PAYEE!**

Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. If interested in volunteering, contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhamc.org).

**VOLUNTEER AS A HOTLINE CALL COUNSELOR** with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Contact (volunteer@mhamc.org) or (301-424-0656, ext. 541) if interested.

**MUSEUM GUIDES** – at the Montgomery County Historical Society. Work two weekday afternoons or one weekend afternoon per month from noon to 4 p.m. Receive on-the-job training on local history and museum interpretation. Also receive special admission to programs and a 20% discount in the Museum Shop. Contact Amanda Elliott, Education & Outreach Coordinator, (301-340-6534) or (aelliott@montgomeryhistory.org).

**MEALS ON WHEELS** is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

**MEALS ON WHEELS (MOW)**, which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

**KOSHER MEALS ON WHEELS**, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

**THE SENIOR CONNECTION** needs volunteers who live

in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just two to three hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@seniorconnectionmc.org) to learn more.

**HELP A CHILD!** In just one-two hours a week you can make a difference in a child's life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@AccessJCA.org).

**BLANKETEERS** – Love to knit, crochet or quilt? Project Linus donates handmade blankets to Montgomery County children needing comfort. Contact (projectlinus.mc@gmail.com) for more info, free yarn and fabric, and blanket requirements.

**ENGLISH AND MATH TUTORS** needed! The Literacy Council of Montgomery County offers one-on-one and small group tutoring, intensive English classes and a new GED program. No experience necessary. We provide materials and training. Sign up online at (www.literacycouncilmcmd.org) or call Ashley France at (301-610-0030).

**PET FOSTERS.** Seniors needed by AARF (Animal Allies Rescue Foundation) for new program in Montgomery County. Temporarily care for a dog or cat until a permanent home can be found. For more information contact Wanda Mayhew, (301-275-0585) or (www.animalalliesrescue.org). Follow on Facebook. AARF is 501(c)(3) all-volunteer non-profit.

**FREE BOOKSTORE** seeks volunteers, donations. Velocity of Books opened the first all-free bookstore in Montgomery County at Westfield Wheaton by Hollywood East Café, near Metro entrance. Store open during mall hours. Thousands of books available for kids and adults. To volunteer: (https://volunteersignup.org/7APPQ). Book donations up to five boxes at a time may be brought to the store. Larger donations may be picked up; email (VelocityofBooks@gmail.com).

**MONTGOMERY HISTORY**, a local nonprofit located in downtown Rockville dedicated to collecting, preserving, interpreting and sharing the histories of Montgomery County's residents, is seeking volunteers in the following areas: museum

docents (weekends and holidays); library assistants (weekdays); special events volunteers (weekdays and weekends); and communications and outreach assistants (weekdays only). For a list of volunteer opportunities please visit: (https://montgomeryhistory.org/intern-volunteer-opportunities). Contact Matthew Gagle, outreach and volunteer coordinator, at (mgagle@montgomeryhistory.org) or (301-340-2825).

#### **NOTICES**

**KEEPING SENIORS SAFE** – KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (240-706-1850) or (mortonadavis@comcast.net).

#### **UPCOMING EVENTS**

**REDUCING ANXIETY THROUGH MEDITATION.** Life in today's world is stressful; people are anxious about their health, their finances, their relationships, their safety and their work. Join David Newcomb, long-time meditator and Leisure World resident, for this information lecture and short meditation sitting. Free, no registration. Tuesday, Sept. 24, 6:30 p.m. Twinbrook Library, 202 Meadow Hall Dr., Rockville, MD 20851.

**BASIC BEEKEEPING.** Learn from an experienced beekeeper. Topics include basic beekeeping, bee facts, honey making and environmental issues affecting bees. Demonstration includes real hive (no bees) and protective clothing. Saturday, Sept. 28, 2-4 p.m. Kensington Park Library, 4201 Knowles Ave., Kensington, MD 20895

**LIFE INSURANCE:** financial literacy seminar. September is National Life Insurance Awareness Month. Before you buy life insurance, find your fit! It's best to have an understanding of the two basic types: term and permanent, so come and gather information during the seminar. Free, no registration. Saturday, Sept. 28, 3-4:30 p.m. Twinbrook Library, 202 Meadow Hall Dr., Rockville, MD 20851.

**50+: VITAL LIVING THROUGH VOLUNTEERING.** Attend this special event and learn about: the Montgomery County Volunteer Center's rich resources for exploring volunteer opportunities; the 50+ Volunteer Network that offers personal consultations and guidance in finding an opportunity that's the right fit; actual volunteer experiences and

the nonprofits where they have made a great match. Free, no registration. Tuesday, Oct. 1, 2-3 p.m. Twinbrook Library, 202 Meadow Hall Dr., Rockville, MD 20851.

**PORTRAITS OF CREATIVE PEOPLE:** "Creativity, with a capital WHY?" Photographer Larry Marc Levine captures creative people at work. On exhibit Thursday, Sept. 5 to Sunday, Nov. 24. Sandy Spring Museum, 17091 Bentley Rd., Sandy Spring, MD 20860

#### **WANTED**

**FAST CASH FOR USED CARS** – Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

**WILL BUY MILITARY, WWII, WWI, Civil War memorabilia items.** Uniforms, weapons, helmets, photos, medals or any other items associated with U.S., German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com).

**CASH FOR JEWELRY:** gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (theatticllc.com) Gary (301-520-0755).

**TURN YOUR STERLING SILVER** and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

**CASH FOR RECORDS, CDs, and tapes.** Best price guaranteed. Free appraisals. All types of music, 33, 45, 78 and CDs. Call Steve (301-646-5403) or email (Stevebuysrecords@gmail.com). Will make house calls.

**CASH FOR OLD COINS.** Local, private collector. Buying coins, jewelry, silver, gold. (301-639-4245).



# WELLNESS SEMINAR

## “HOW TO IMPROVE YOUR BALANCE AND PREVENT FALLS”

*Presented by Terrie Daniels, senior fitness and wellness specialist, Brooke Grove Retirement Village*



WEDNESDAY, OCTOBER 2, 2019  
1–2:30 P.M.

THE INTER-FAITH CHAPEL • FELLOWSHIP HALL  
3680 SOUTH LEISURE WORLD BLVD • SILVER SPRING, MD 20906

Many people think that falling is an inevitable part of aging, but research proves that fall risks can be reduced. This seminar, sponsored by Brooke Grove Retirement Village, will teach you how to prevent falls and give you specific exercises that you can do every day to improve your balance.

Free. RSVP to the Chapel office at 301-598-5312 by Friday, September 27.





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Please speak with a Signal Financial FCU representative for further information about applicable rates, fees, and terms. Not all applicants will qualify for the lowest rate and not all applicants will qualify for the First-Time Homebuyer Program.

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