



Command Verb Instructions

Worksheet 7

Read the example given below and then create your own instruction list for the given activity. Underline the command verbs.

Making a Sandwich

1. First open the bread bag.
2. Take out two slices of bread.
3. Choose your sandwich ingredients from the refrigerator or cabinet.
4. Separate the bread pieces.
5. Place the first ingredient on one slice of bread.
6. Repeat with each ingredient in your sandwich.
7. Place the second piece of bread on top of the ingredients.
8. Eat your sandwich.

Brushing Your Teeth (Use as many steps as needed)



Answer Sheet (Answers will vary but must use command verbs)

Brushing Your Teeth

1. Get out your toothbrush.
2. Wet the toothbrush.
3. Place a little toothpaste on the toothbrush.
4. Wet the toothbrush again.
5. Put the toothbrush in your mouth.
6. Brush back and forth, up and down on all teeth and gums.
7. Spit out extra toothpaste into the sink.
8. Rinse your toothbrush.
9. Rinse the extra toothpaste out of your mouth with water.
10. Rinse the toothbrush completely.
11. Return the toothbrush to where it belongs.
12. Rinse out the sink to make sure it is clean.