

GUS..

Lecture (1)

## Anatomy& Histology of kidney

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### **ILOs**

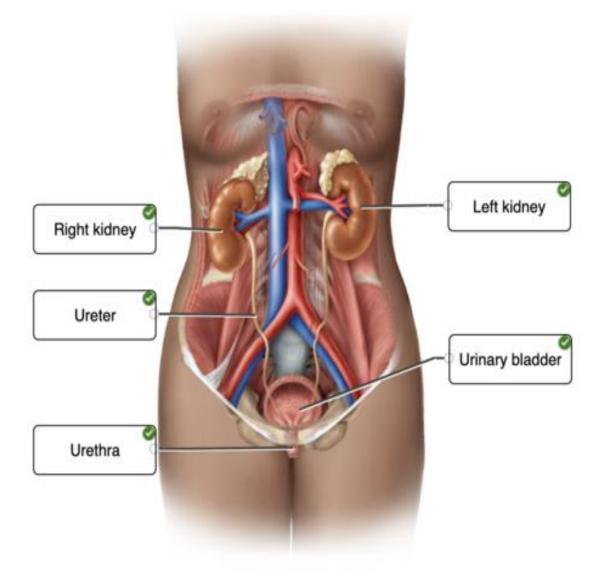
- 1. Describe the shape, function, location, fascial sheaths, gross feature, and relations of kidneys.
- 2. Understand the gross structure of a sagittal section of kidney.
- 3. Discuss the blood & nerve supply, and lymphatic drainage of kidneys.
- 4. Describe the microscopic appearance of kidney.

## Kidney

• The two kidneys are responsible for excretion of waste products and control the water and electrolyte balance.

### Site:

- They are retroperitoneal organs.
- **Lie on** the upper part of posterior abdominal wall from level of 12<sup>th</sup> thoracic vertebra to 3<sup>rd</sup> lumber vertebra.
- The right kidney is ½ inch lower than the left kidney.
- The long axis of each kidney is directed downward and laterally so the upper poles of both kidney lie closer to median plane than the lower poles.



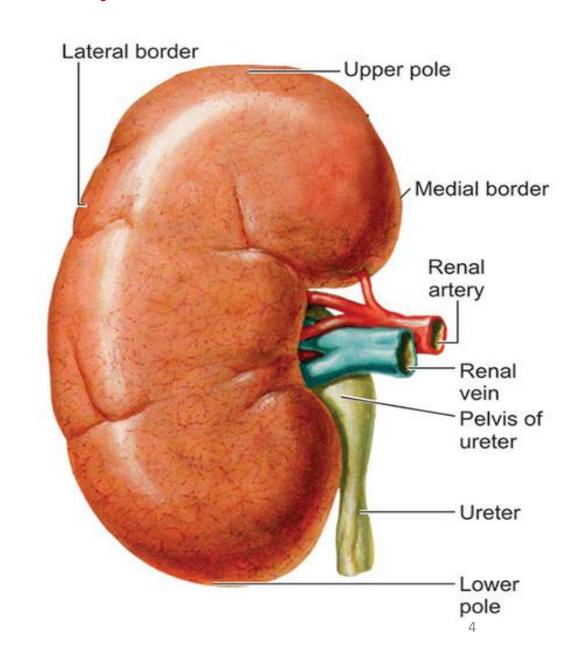
## Shape and Size of kidney

- It is a bean **shaped** organ.
- Size: about 3cm thick, 6cm wide& 12cm long.

### **Description:**

- It has **2 ends:** Upper& Lower poles.
- It has **2 borders**:
- Lateral border is convex.
- Medial border is convex adjacent to the poles& concave between them.

■ It has 2 surfaces: Anterior &Posterior surfaces.

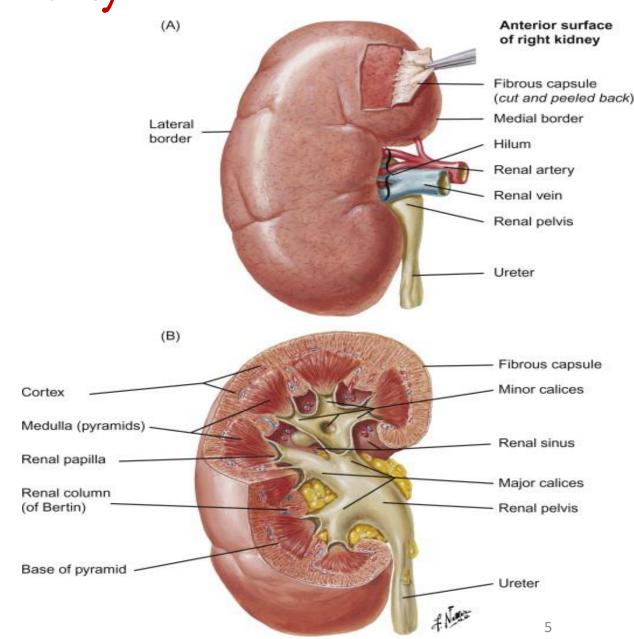


## Hilum of kidney

- The hilum is a vertical slit at the medial border of the kidney.
- It transmits: Renal vein, Renal artery, Ureter, Lymphatic vessels and autonomic nerve fibers.
- Hilum leads to a space inside the kidney called Renal sinus.

#### **Renal sinus contains:**

- 1- Renal pelvis & its calyces.
- 2- Segmental branches of the renal artery and accompanying veins.

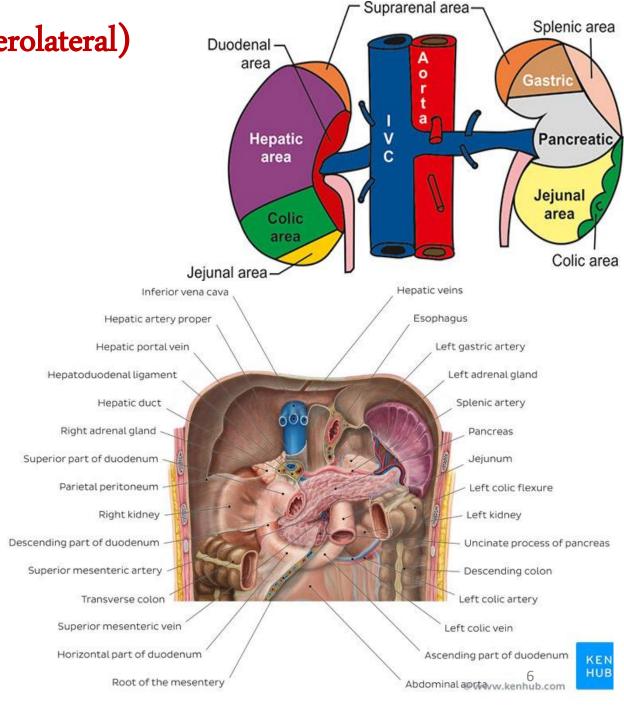


### Relations of Anterior Surface of Kidney (Anterolateral)

- It is irregular and related to abdominal organs.
- Anterior relations of the two kidneys are different.

### □ Right kidney is related to:

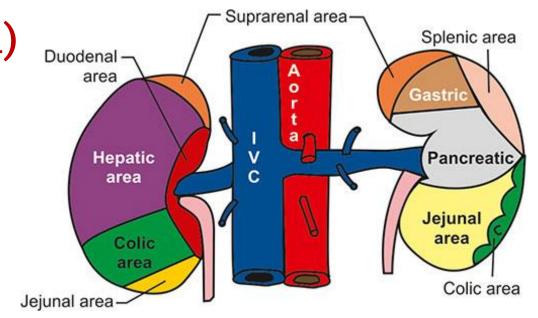
- Right suprarenal gland: covers the anterior aspect of upper pole.
- Second part of duodenum covers the part close to the hilum.
- **Right lobe of liver** covers the upper part.
- Right colic flexure covers the lower lateral part.
- Coils of jejunum covers the lower medial part.

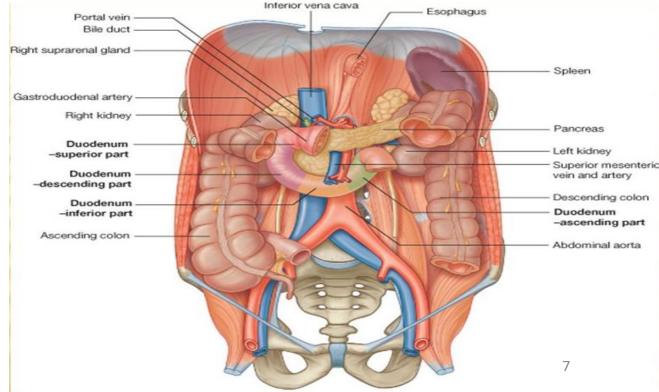


## Relations of Anterior Surface (anterolateral)

### **□**Left kidney is related to:

- Left suprarenal gland: covers the anterior aspect of upper pole.
- Stomach covers area in its upper part.
- **Spleen** covers its upper lateral part.
- Body of pancreas& splenic vessels cover its middle part.
- Left colic flexure Descending colon covers its lower lateral part.
- Coils of jejunum covers its lower medial part.





### Relations of Posterior Surface (Posteromedial)

- Posterior surface is flat and **related to** the posterior abdominal wall.
- The posterior relations of 2 kidneys are **similar** and include: **4 muscles and 4 neurovascular structures**.

#### **The muscles:**

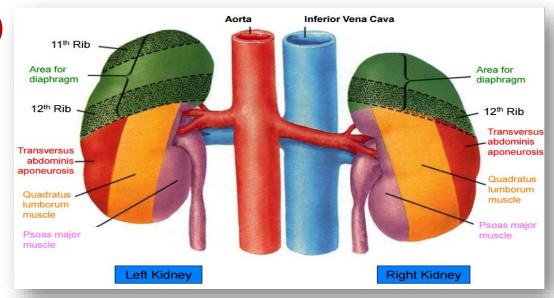
- **Diaphragm.** Related to the upper part.
- Psoas major.
- Quadrates lumborum.

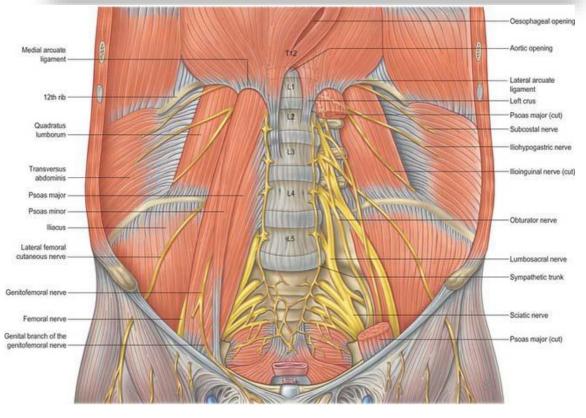
Transversus abdominis.

Related to lower part

#### **Neurovascular structures:**

- Leis between the kidney and muscles.
- Include; Subcostal nerve &vessels, Iliohypogastric & Ilioinguinal nerves.



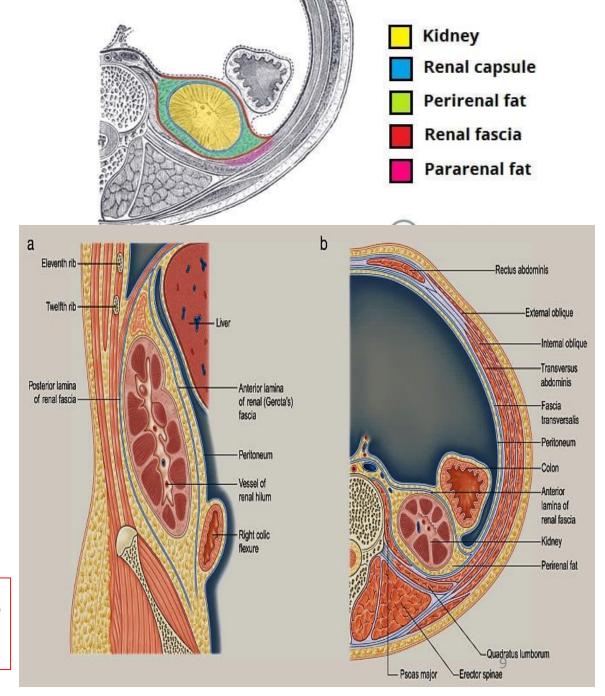


## Fascial Sheaths of Kidney

■ The kidney is encased in four layers of fascia and fat;

- They are arranged as follows (deep to superficial):
- ✓ Renal capsule: Closely applied to its outer surface.
- **✓** Perirenal fat.
- ✓ Renal fascia: (Gerota's fascia): Consists of anterior &posterior layers. It encloses the kidneys and the suprarenal gland, but the suprarenal gland has separate fascial compartment.
- ✓ Pararenal fat. Mainly posterolateral.

Perinephric abscess spread only downward where the two layers of renal fascia are separate.



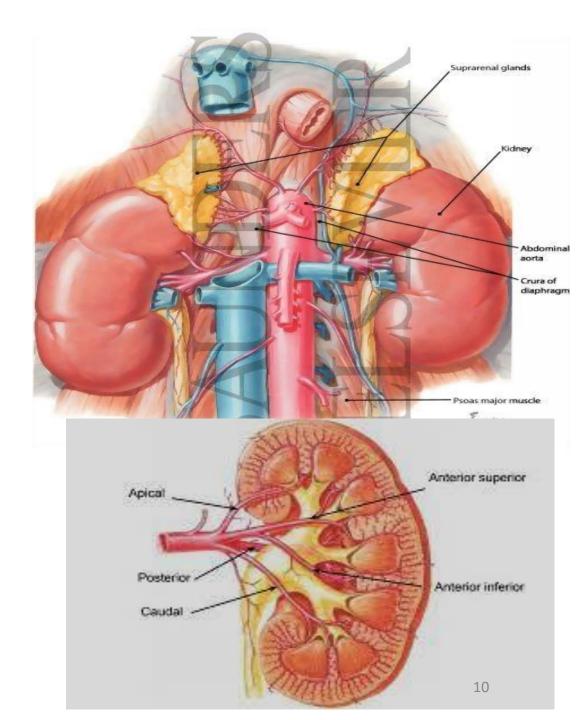
## Arterial Supply of Kidney

#### **□**Renal artery:

- Right & Left renal arteries arise from the side of the aorta
- The renal artery gives:
- > Five segmental branches for kidney.
- ➤ **Inferior suprarenal artery** to the suprarenal gland.
- ➤ Branches to the pelvis of the ureter and upper part of ureter.

#### □ Accessory renal artery:

- It is present in 30% of cases.
- It arises from a orta above or below the renal artery.
- It enters the kidney either at the hilum or at one of the two poles of the kidney.



### **Venous drainage:**

### **Right &left renal veins:**

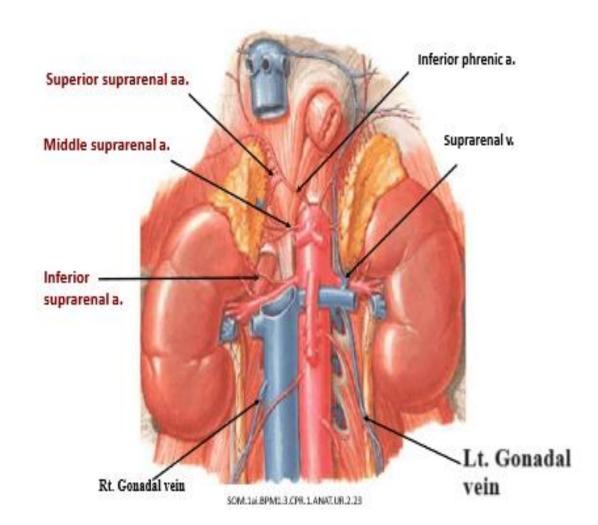
- They **emerge from** the hilum of the corresponding kidney in front of renal artery.
- They end in I.V.C.

### **Lymphatic drainage:**

Para-aortic lymph nodes.

### **Nerve supply:**

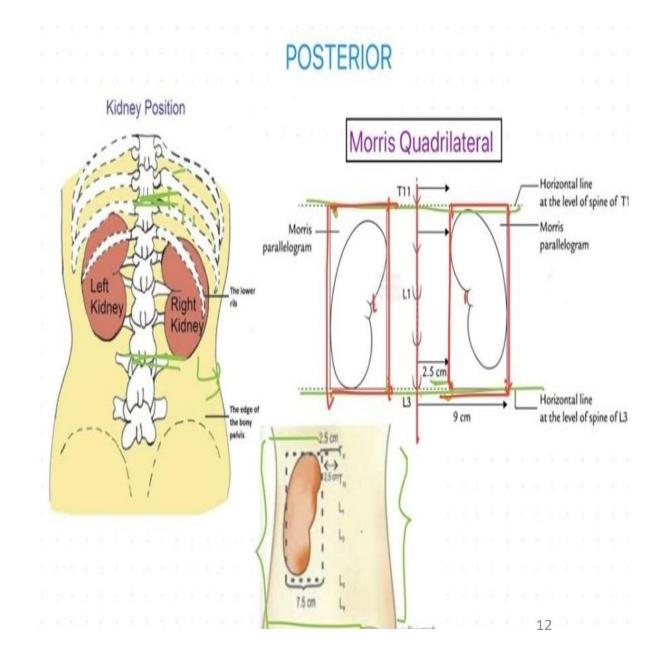
■ Sympathetic fibers from T10 – L1 spinal segments.



### Surface Anatomy of the Kidney

# **Surface anatomy of the kidney from behind;**

- □Kidney lies inside a rectangle called **Morris** parallelogram which is drawn as follows;
- **Two horizontal lines** opposite the 11<sup>th</sup> thoracic spine and 3<sup>rd</sup> lumber spine.
- Two vertical lines opposite 1 inch and 3 inches from the median plane.

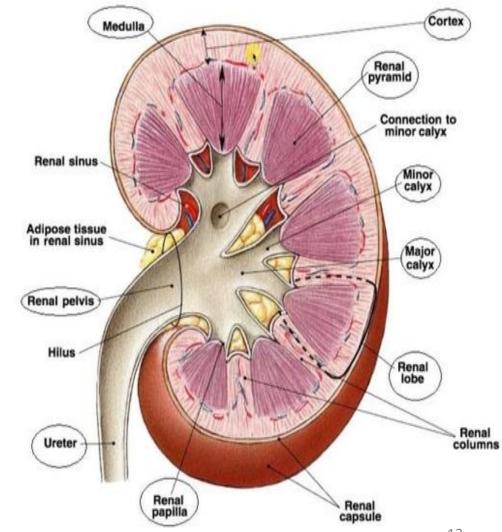


### Internal Macrostructure of Kidney

Longitudinal section of kidney show that the kidney consists of an outer cortex& an inner medulla.

### **□**Renal Cortex:

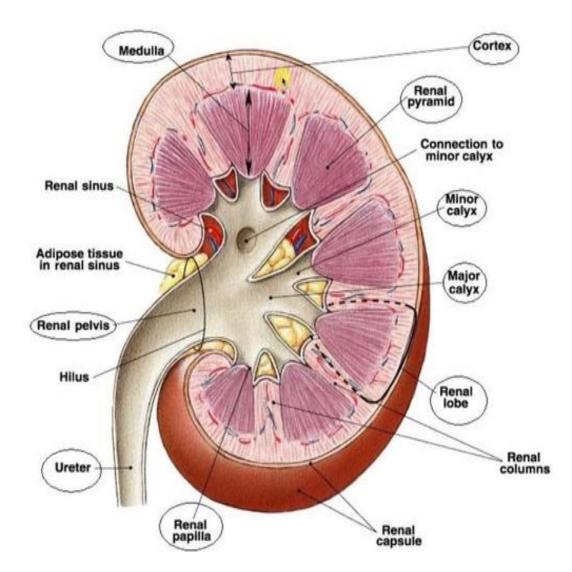
- It is dark, granular reddish region, lies beneath fibrous capsule.
- Cortical tissues extend between pyramids in the form of columns called renal columns (Cortical columns of Bertin).
- It is traversed by radial, lighter-coloured medullary rays.
- The part of cortex close to the medulla is termed juxtamedullary cortex.



### Internal Macrostructure of Kidney

### **□**Renal Medulla:

- It is pale striated region.
- It consists of conical renal pyramids (10-18 medullary pyramids).
- The bases of renal pyramids are peripheral.
- The apices of renal pyramids converging toward the renal sinus and project into minor calyces as **renal papillae**.
- Each minor calyx receives from 1-3 papillae.



## Histological Structure of Kidney

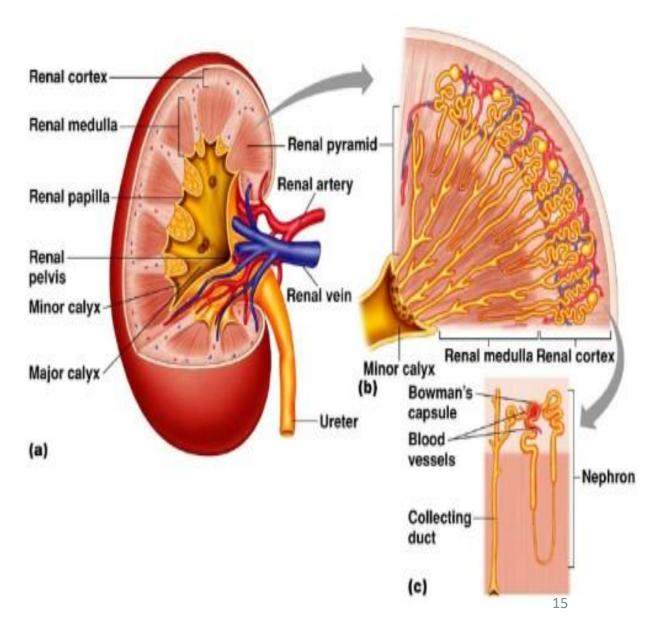
#### 1-Stroma:

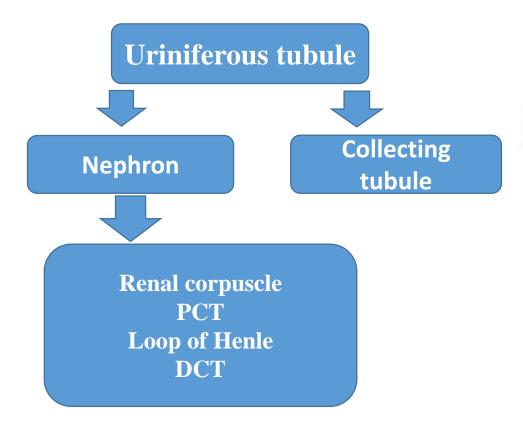
- Fibrous capsule.
- **Interstitium** of the cortex and medulla.

### 2-Parenchyma:

It is formed of the uriniferous tubules. Each is formed of:

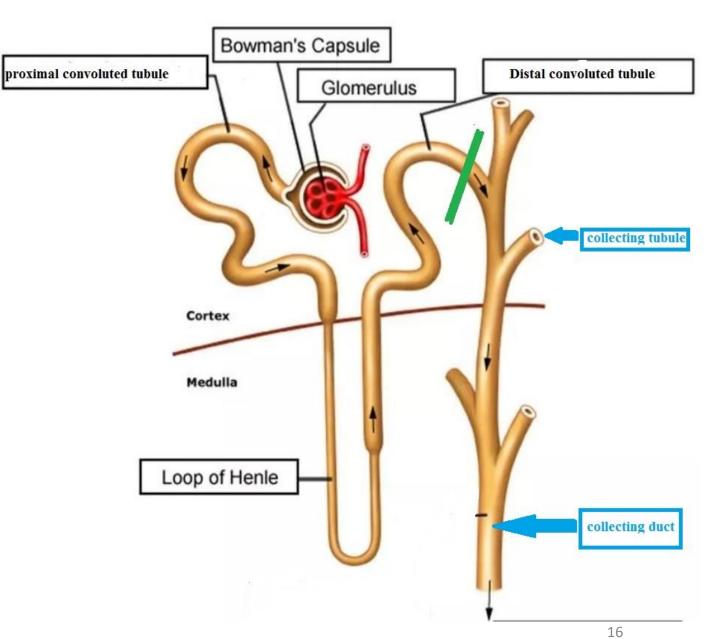
- A. The nephron.
- B. The collecting tubule.





#### **□**Each nephron consists of;

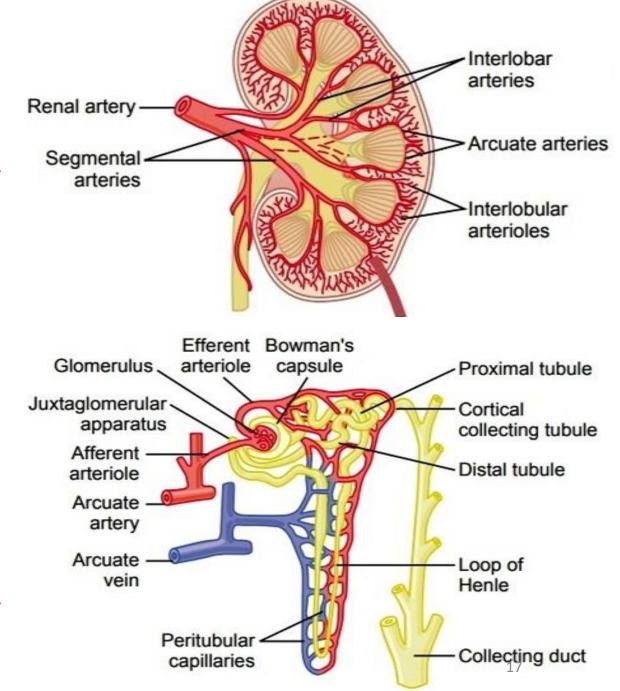
- 1- Renal (Malpighian) corpuscle.
- 2- Proximal convoluted tubules.
- 3- Loop of Henle.
- 4- Distal convoluted tubules.



### Distribution of Renal Vessels

- The segmental branches of the renal artery undergo further divisions.
- Each segmental artery give rise to **Interlobar** arteries.

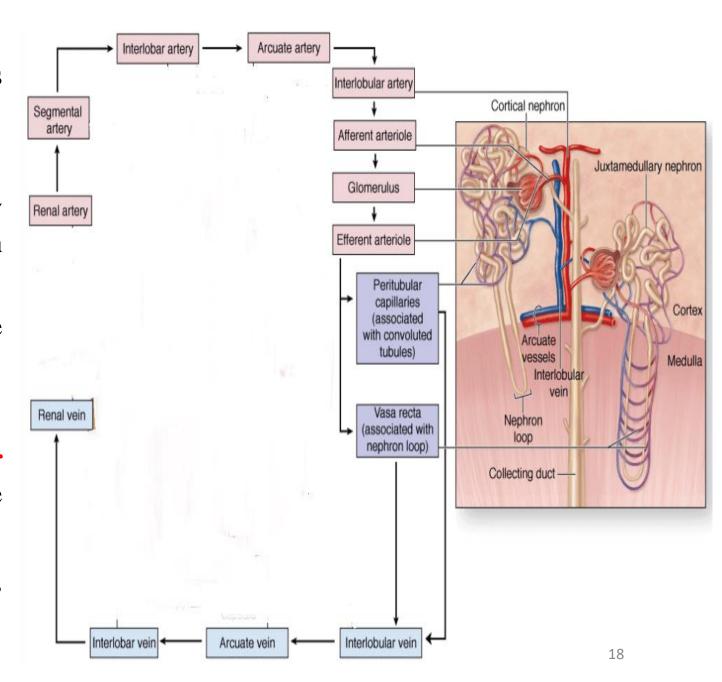
- Interlobar artery runs toward the cortex, in interval between two adjacent pyramids.
- At the junction of the cortex and the medulla, the interlobar arteries arch over the bases of the pyramids, give off the arcuate arteries.
- The arcuate arteries give off **several interlobular arteries** that ascend in the cortex.



### Distribution of Renal Vessels

■ The afferent arterioles arise as branches of the interlobular arteries.

- The afferent arterioles form a capillary network, (Glomerulus), where filtration takes place.
- The capillaries of glomerulus come together to form the efferent arterioles.
- Efferent arterioles form peritubular network capillaries that surround the cortical parts of the nephron.
- Vasa recta are straight capillary loops, lie in renal medulla close to Henle's loop.

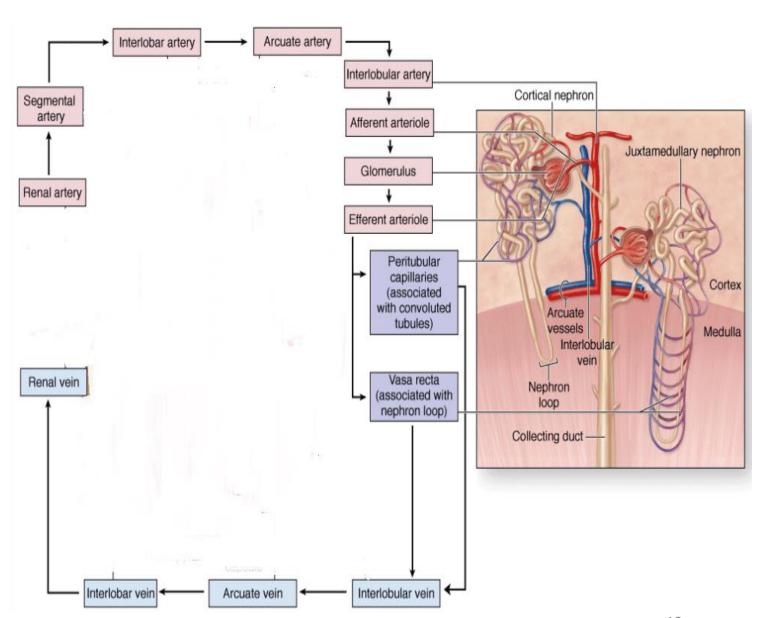


### Distribution of Renal Vessels

 Peritubular network drain into the interlobular veins.

■ Interlobular veins join together to form interlobar veins which end in renal vein.

• Vein of the medulla join interlobular veins.

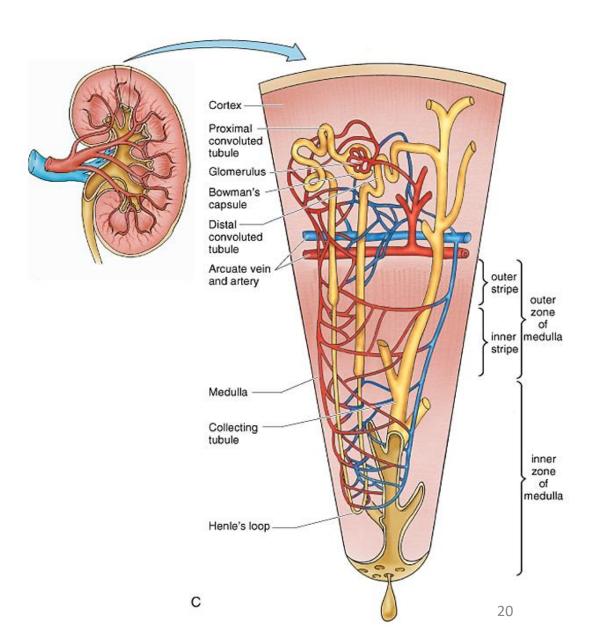


### Uriniferous tubule

□ It is the functional unit of the kidney. It is a highly convoluted structure, its final output is the urine.

### □ <u>Urineferous tubule consists of two parts</u>;

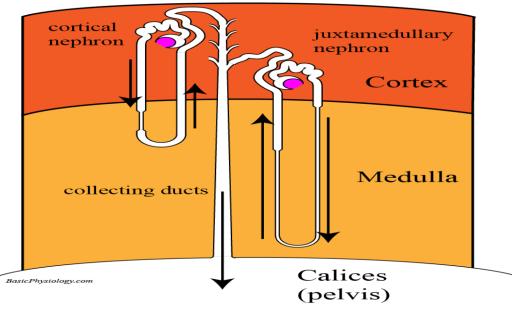
- Nephron.
- Collecting tubule.
- There are approximately 1.3 million nephrons in each kidney.
- □Several nephrons are drained by a single collecting tubule, and multiple collecting tubules join in the deeper aspect of the medulla to form larger and larger ducts.

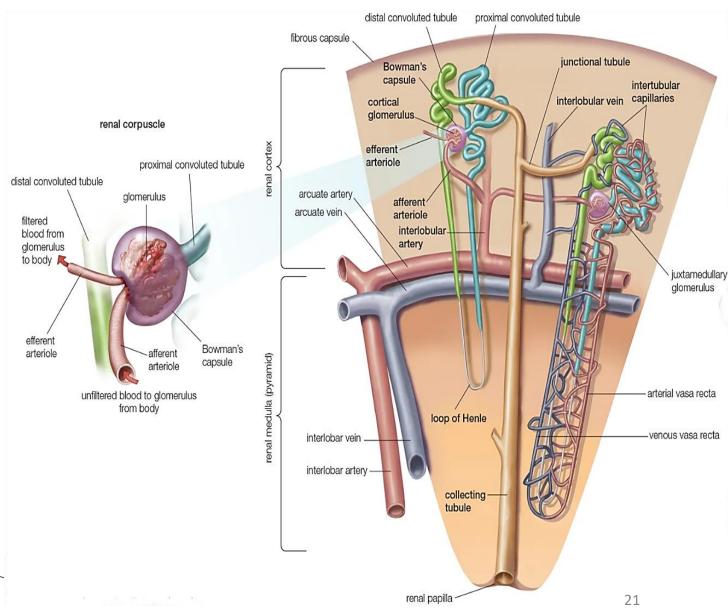


## Nephron

### **Types of nephron:**

- a) Short nephrons (Cortical nephron): Their renal corpuscles in outer cortex& have short loops of Henle.
- b) Long nephrons (Juxta-medullary nephron): Their renal corpuscles in deep cortex & have long loops of Henle.



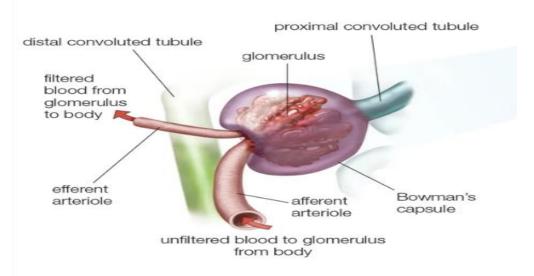


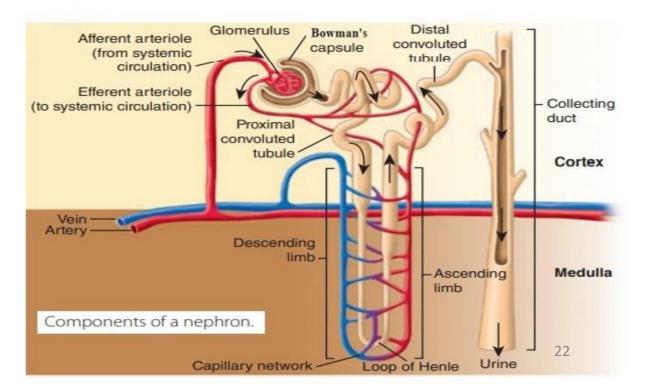
## Renal Corpuscle

- It is rounded structure lying in the renal cortex.
- Each corpuscle has two poles:
- a. Vascular pole; where afferent arteriole enters and efferent arteriole leaves the renal corpuscle.
- **b.** Urinary pole; where the proximal convoluted tubule begins.

- Each corpuscle consists of:
- A. Bowman's capsule.
- B. Glomerulus.

#### renal corpuscle



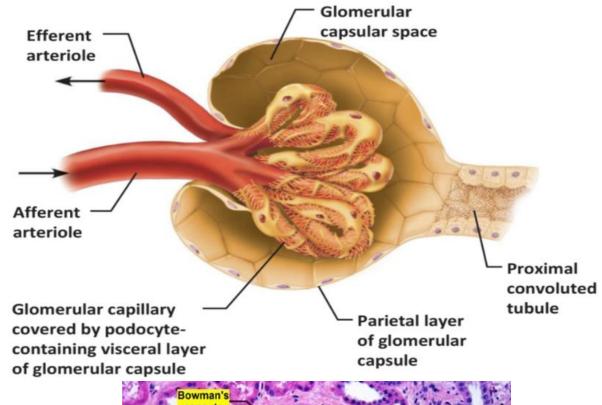


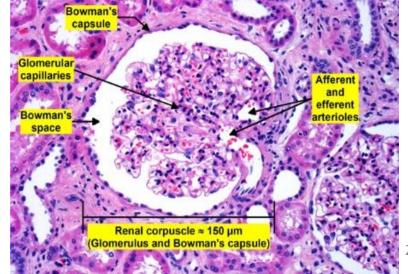
## Renal Corpuscle

### **Bowman's capsule**;

- It is a double-walled epithelial capsule that surround the glomerulus.
- a. The outer parietal layer consists of simple squamous epithelium.
- a. The inner visceral layer envelops the capillaries of the glomerulus. it is formed of special cells called **Podocytes**.
- b. Between the 2 layers is the urinary space (Bowman's space) that receives the fluid filtered through the capillary wall.

### Renal Corpuscle





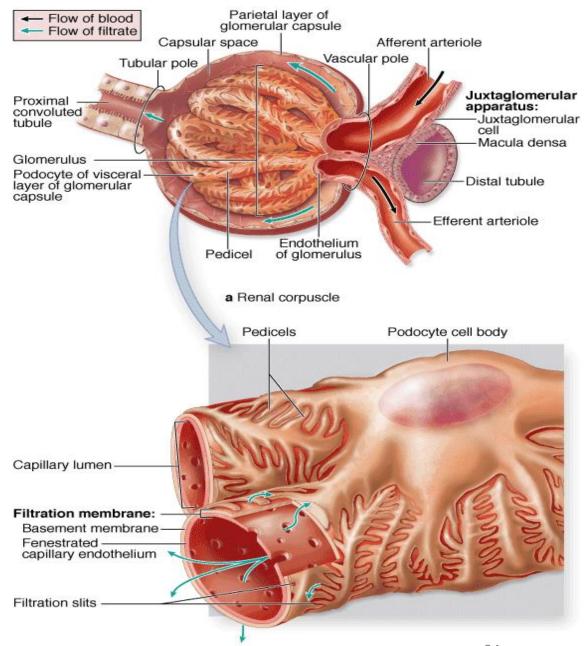
## Podocytes

■ They are modified epithelial cells of visceral layer of Bowman's capsule. Share in formation of renal filtration barrier.

#### **E/M**:

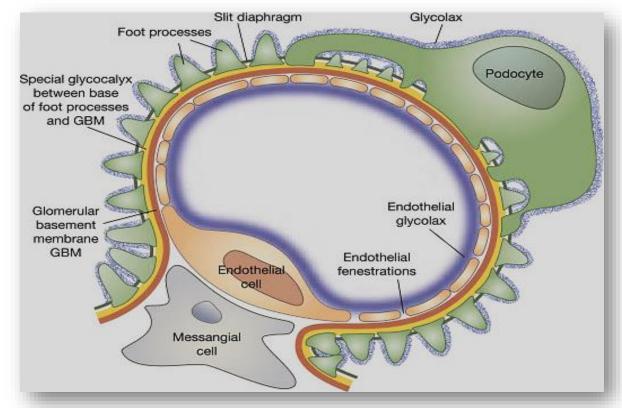
- They are large flattened stellate shaped cells. Each has cell body and several radiating primary processes.
- Primary processes give rise to numerous secondary processes that give foot-processes or pedicels.

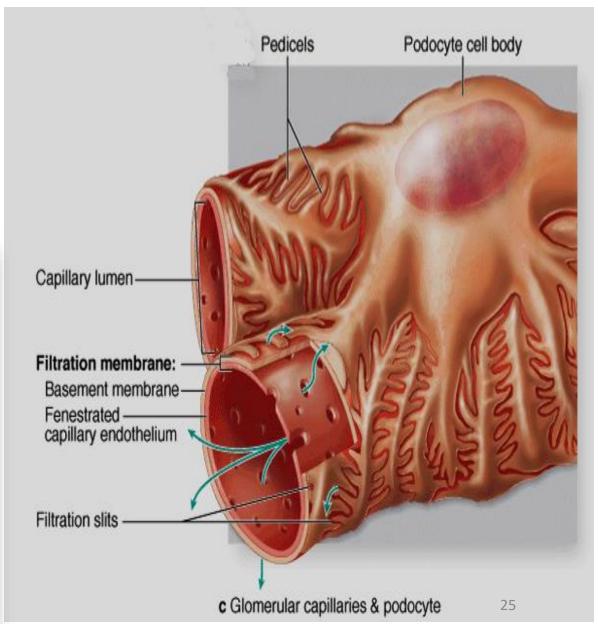
■ The secondary processes & their feet are closely applied to the basal lamina of the underlying capillary.



### **Podocytes**

- The **pedicels** are separated by **filtration slits**.
- Each slit is covered by a **filtration-slit diaphragm** which acts as molecular sieve, it holds back macromolecules.





### Glomerulus

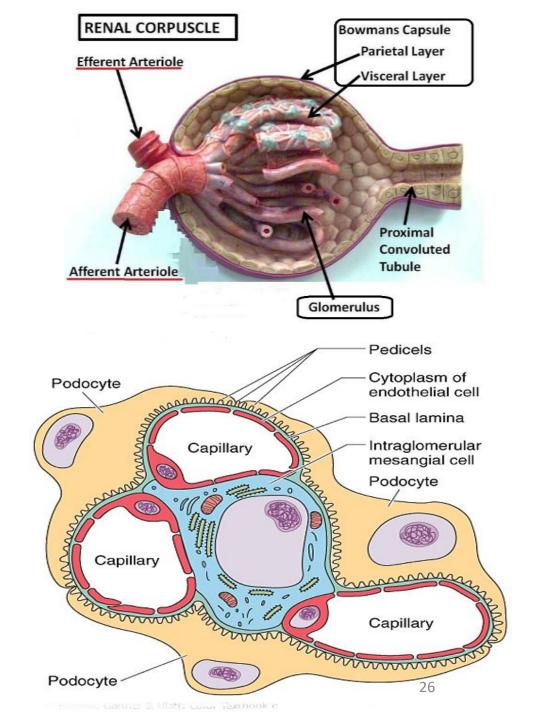
#### **Glomerulus is formed of:**

- 1. Glomerular capillaries.
- 2. Mesangial cells.

#### 1- Glomerular blood capillaries:

#### At the vascular pole of each Bowman's capsule;

- An afferent arteriole give rise to tuft capillaries (glomerular capillaries)
- These capillaries drain into the efferent arteriole.
- ➤ The endothelium of the glomerular capillaries is fenestrated simple squamous epithelium. Fenestrae are numerous and large (70 90 nm). These fenestrae are not closed by diaphragm.

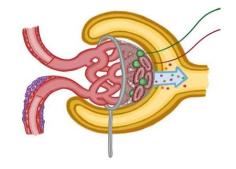


### Glomerulus

### **2-Mesangial cells:**

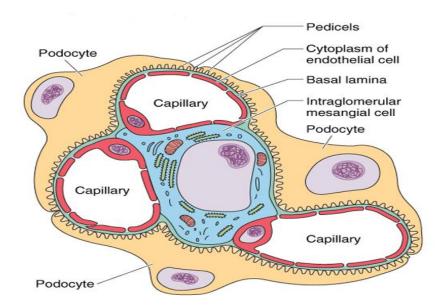
■ The spaces between glomerular capillaries is occupied by a C.T consisting of Intraglomerular Mesangial cells.

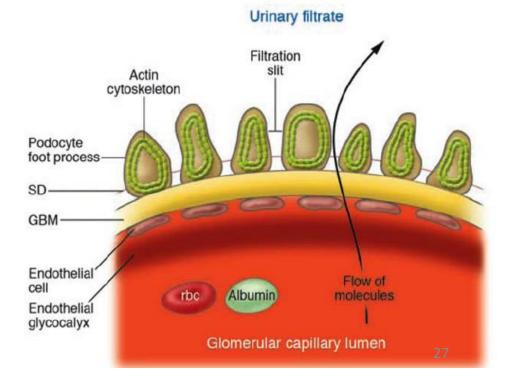
#### □Blood renal barrier:



#### **Definition:**

- It is the structures that separate blood in glomerular capillaries from the filtrate in the Bowman's space.
- It permits the passage of water, ions and small molecules from the blood into Bowman's space.
- It prevents the passage of large molecules as proteins and blood cells....

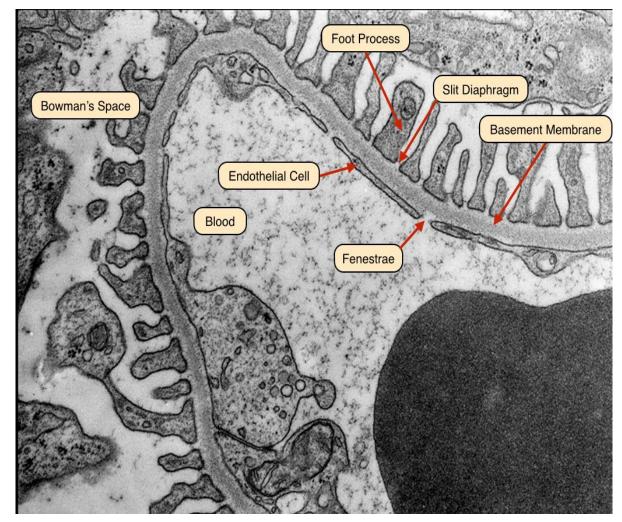




### **Structures of blood renal barrier:**

#### It is formed of 3 elements:

- 1. Fenestrated endothelium of blood capillaries; not closed by diaphragms.
- 2. Glomerular basement membrane: which is thick, formed of fused of both epithelial (podocytes) and endothelial basement membrane.
- **3. Filtration slits:** Between pedicles of the podocytes. They are closed by slit diaphragms.



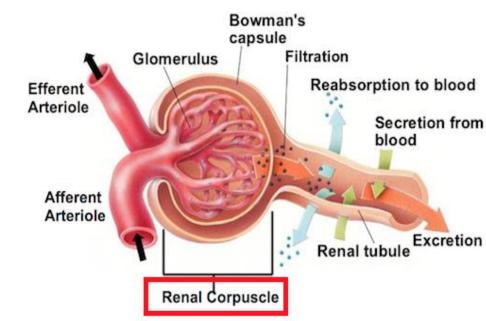
Electron micrograph of blood renal barrier

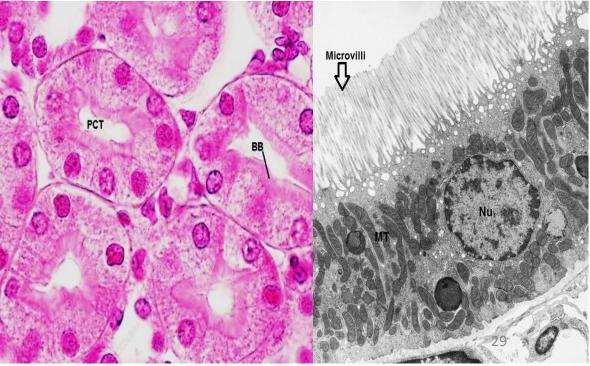
### **Proximal Convoluted Tubules**

- It has a tortuous course in the cortex.
- It is longer than distal convoluted tubule.
- **Function:** Obligatory reabsorption of 65% of filtrate.

#### **L/M & (EM):**

- The lumen is relatively narrow.
- Lined with simple high cuboidal epithelium.
- The luminal surface shows brush border (Long microvilli).
- The basal part has striation (Basal infoldings and many mitochondria).
- The cell borders are indistinct (Extensive lateral interdigitation).
- (Pinocytotic vesicles contain macro molecules).

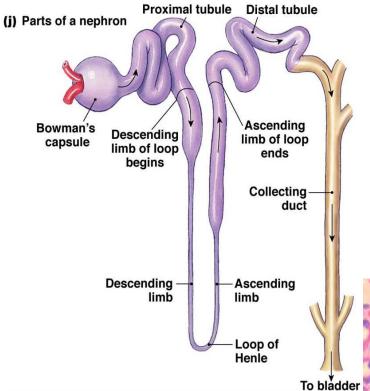


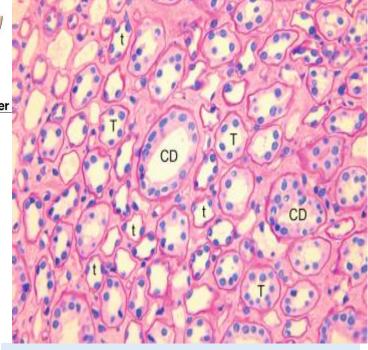


## Loop of Henle

# Henle's loop is a U-shaped structure consisting of;

- **A thick descending limb;** which is similar in structure to PCT.
- A thin descending limb.
- **A thin ascending limb.**
- A thick ascending limb; which is similar in structure to DCT.
- The thin segments is lined with squamous epithelial cells.
- Function of Loop of Henle is to concentrate urine.





Medullary kidney demonstrates cross-sectional profiles of numerous thin limbs of Henle (t), thick ascending limbs (T), and collecting ducts (CD).

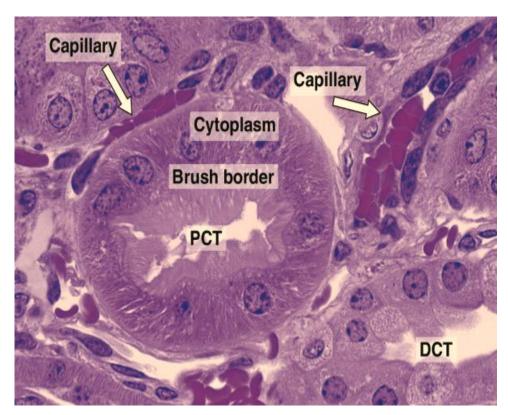
### Distal Convoluted Tubule

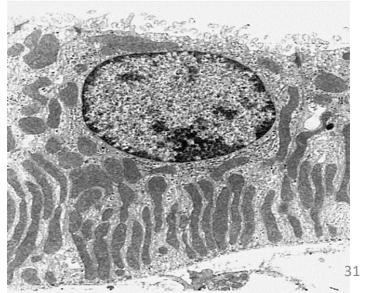
- It has a tortuous course in the cortex.
- Function:

Facultative reabsorption of water and Na.....

#### **L/M & (EM):**

- It is lined with simple cuboidal epithelium.
- The luminal border shows no brush border (little microvilli).
- The lumen is slightly wider than of the proximal tubules.
- Basal striations (Basal infolding and mitochondria).



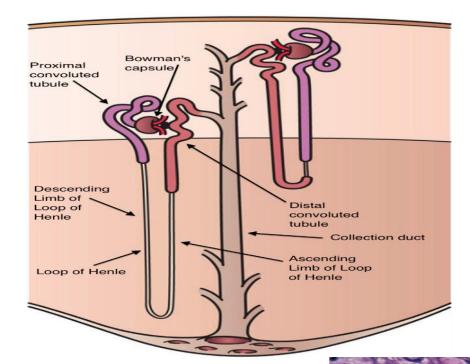


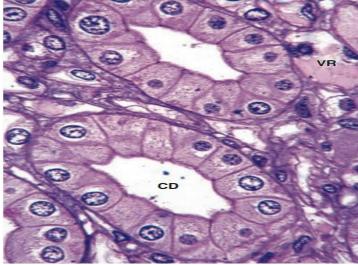
### Collecting Tubules& Ducts

- Connecting tubules: They are short segments between DCT and the beginning of cortical collecting tubules.
- The collecting tubules are of three types: cortical, medullary and papillary.

#### **L/M &(EM):**

- Each tubule is lined with simple cuboidal epithelium.
- The cytoplasm contains a few organelles.
- The lumen is relatively wide.





**CD**; collecting duct.

■VR; vasa recta.32

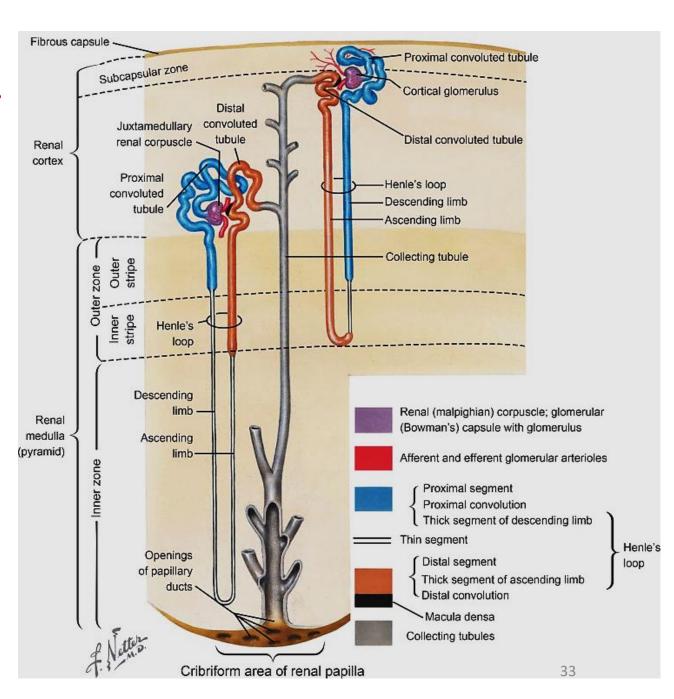
### Collecting Tubules and Ducts

# □Papillary collecting tubules (Ducts of Bellini):

- They are formed by the union of several medullary collecting tubules.
- They open at the area cribrosa of renal papilla to deliver the urine into the minor calyx.

#### □ Function of collecting tubules:

- 1. They conduct urine.
- 2. They concentrate urine.



### Histological Structure of Kidney

#### **□**Medullary rays:

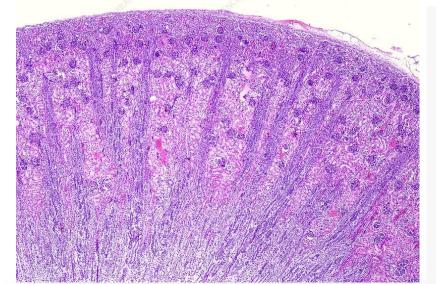
- ➤ Medullary projections that enter the cortex.
- Each medullary ray **consists of** a single cortical collecting tubule and the straight portions of several nephrons that drains into it.

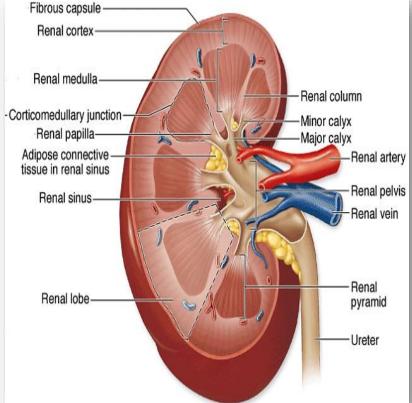
#### **□**Renal lobe:

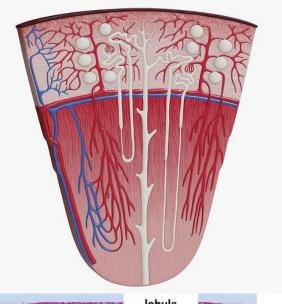
Each lobe is formed of a renal pyramid and the corresponding covering of the cortical tissues.

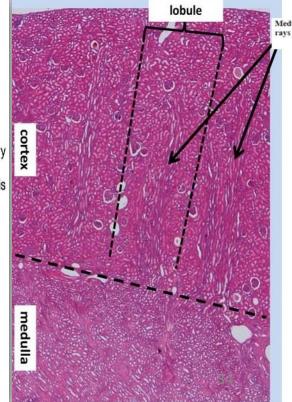
#### **□**Renal lobule:

It consists of a medullary ray and the adjacent cortical tissues on either side of it.





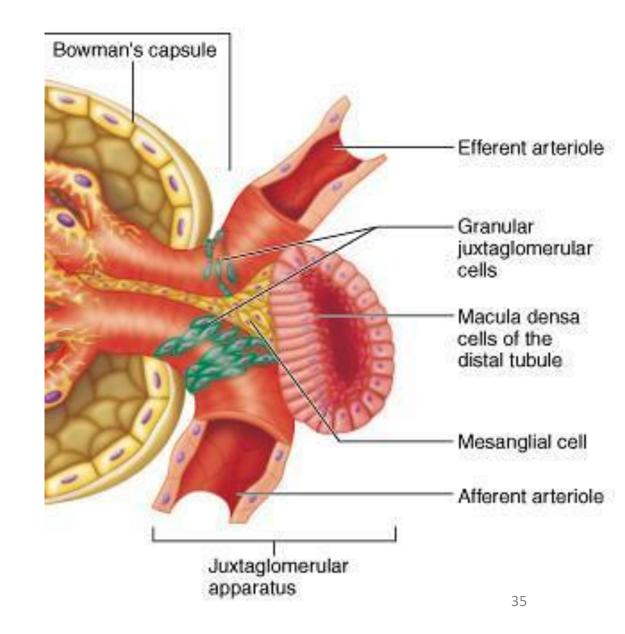




### Juxtaglomerular Complex

- It is a complex of tubular and vascular elements of the nephron.
- <u>Site:</u> It presents at the vascular pole of the renal corpuscle at which the distal convoluted tubule fits between the afferent and efferent arterioles.

- It consists of:
- A- Macula densa.
- **B- Juxtaglomerular cells.**
- C- Extra glomerular mesangial cells.

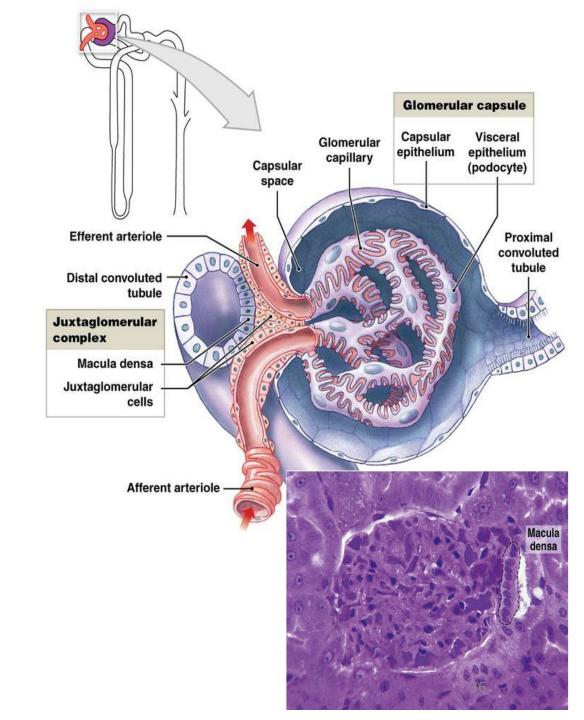


#### A- Macula densa:

■ It is a special type of cells that line part of a distal convoluted tubule that facing glomerulus.

• It is formed of closely packed columnar cells with deeply stained packed nuclei.

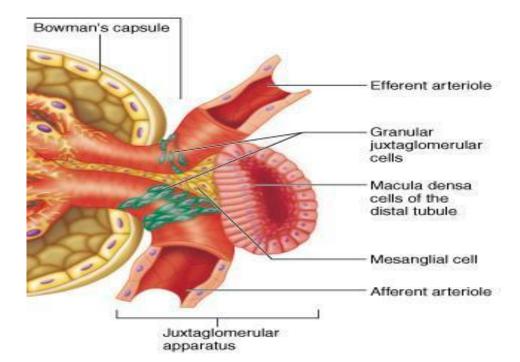
■ They have **thin or absent basement membrane** so the cells of macula densa are in direct contact with JG cells and lacis cells.

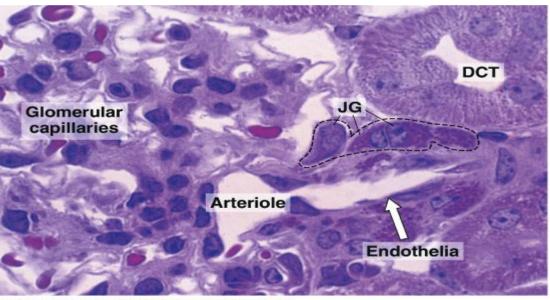


# **B-** Juxtaglomerular cells (Renin producing cells):

- They are **special modified smooth muscle cells** present in the tunica media of the afferent arteriole (few in efferent arteriole).
- They lie in close contact with the cells of the macula densa.
- The **internal elastic lamina** of the afferent arteriole is missing where juxtaglomerular cells are present.
- Their nuclei are rounded instead of being elongated.
- Their cytoplasm contains numerous large secretory granules.

• **Function:** Secretion of renin.

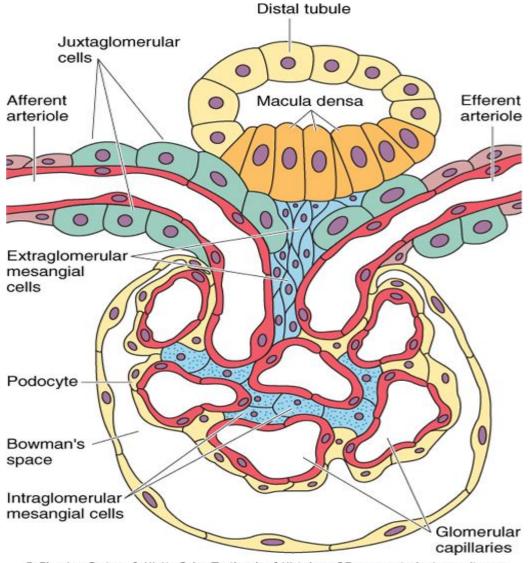




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# C- Extra glomerular mesangial cells (Lacis cells:

- They are group of small cells present in the area between the afferent arteriole, the efferent arteriole and the macula densa.
- They communicate with the intraglomerular mesangial cells.
- Function: Support & Coordination.



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