Road Map for Bedside Teaching: Capture a Teachable Moment

Pre-rounds

Preparation, Planning, Orientation

Preparation is a key element to conducting effective rounds and increasing comfort at the bedside	Draw a road map of what you plan to achieve at the bedside for each encounter	Orient the learners to your plans for the session and negotiate goals and objectives for the session

Rounds

Introduction, Interaction, Observation, Instruction

Introduce yourself and the team to the patient; emphasize the teaching nature of the encounter	Role-model a physician-patient interaction	Stepping out of the limelight and keen observation is a necessary part of learner-centered bedside teaching	Challenge the learners' minds without humiliating, augmented by gentle correction when necessary. Do the teaching.	Tell the learners what they have been taught.

Post-rounds

Debriefing, Feedback, Reflection, Preparation

Think about the bedside encounter; evaluate what went well and what went poorly and what you would do next time	Start your preparation for the next encounter with insights from your reflection phase	Leave time for questions, clarifications, assigning further readings etc.	Clarify what went well and what did not for the learner

Tips to Improve Bedside Teaching

Gentle Corrections can be made when needed

Actively discourage one-upsmanship among the learners

Teach professionalism and observation

Admitting one's own lack of knowledge might set the tone for trainees to admit their limitations and engender a willingness to ask questions

Keep all learners engaged to avoid boredom

Emphasize that you are willing to learn from the trainees as well as the patient

Demonstration of clinical skill can only be done at bedside

Avoid asking questions of junior learners when a senior learner has missed the question

Avoidance of lengthy didactic discussions keeps learners engaged and involved during session

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Note: these are available electronically for printing at
http://medicine.hofstra.edu/faculty/facdev/facdev_clinical_communitypreceptorteaching.html