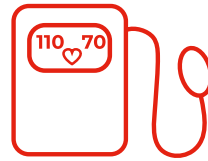


# O ka dira jang go bona gore sedirisiwa se tthatlhobilwe go meta kgatelelo e e nepagetseng ya madi



## Goreng ke tshwanetse go dirisa sedirisiwa se se nepagentse?

Go dirisa sedirisiwa se se sa nepagalang, go ka fana ka kgatelelo e fosagetse ya madi mme se, se tla dira gore batho ba tshwaiwe ka malwetse a fosagetseng, mme ba neiwe le melemo e fosagetseng. Tshono ya go fokotsa kotsi ya malwetse a pelo le bolwetse jwa e tla fosiwa.



## Didirisiwa tse di fosagetseng tsa kgatelelo ya madi di dintsi

Didirisiwa tsa go meta kgatelelo ya madi di feta 3000, mme tse di kwa tlase ga 15% di tthatlhobilwe go dira ka nepagalo.

## Dirisa fela didirisiwa tse di kgothalleditsweng ke di kwadiso tse di latelang (tseo di sa duelweng)

Tlhopa kwadiso ya naga ya gago kgotsa kwadiso ya kakaretso

### DIKWADISO TSE DI IKGETILENG TSA NAGA

Tlhopa naga e e nepagetseng, mme o latele ditaello

**Borithane (Britain)**

**Ireland**

**Canada**

**Jeremane (Germany)**

**Japane (Japan)**

**Amerika (United States of America)**

### KWADISO YA KAKARETSO

#### STRIDE BP

<https://stridebp.org/bp-monitors>

ke kwadiso ya didirisiwa tse di netefaditsweng tsa go meta kgatelelo ya madi. Latelela ditaello gore o kgone go batla kwadiso eno mo tsebeng (page) ya bobedi (2).

#### Medaval

[medaval.ie/blood-pressure-monitors/](https://medaval.ie/blood-pressure-monitors/)

e tthagisa didirisiwa tse di netefaditsweng le tse di sa netefadiwang tsa go meta kgatelelo ya madi. Latelela ditaello gore o kgone go batla kwadiso eno mo tsebeng (page) ya boraro (3).

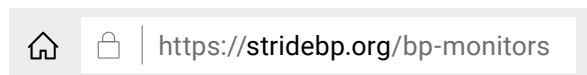
# O ka dira jang go bona gore sedirisiwa se tthatlhabilwe go meta kgatelelo e e nepagetseng ya madi, o dirisa kwadiso ya **STRIDE BP**



## Step by step guide

### 01 THAEPA

<https://stridebp.org/bp-monitors> mo sebatling sa marang-rang (web browser).



### 02 BATLA

ka go thaepa nomoro ya motlhala (model) wa sedirisiwa mo bokosong ya go batla (search box). Kgotsa, thaepa leina la modiri (manufacturer) wa sedirisiwa mme o lebe go ya kwa tlase go fitlhela o bona nomoro ya motlhala (model) ya sedirisiwa.

Blood pressure monitors

Search

Population Use Manufacturer

Device Description	Measurement site
BrandX ABC-123	Upper arm

Fa sedirisiwa se kwetswe mo lenaneg ka fa tlase ga 'Device Description', sedirisiwa seo, se netefaditswe.

Blood pressure monitors

Search

Population Use Manufacturer

Device Description	Measurement site
No results found	Upper arm

Fa o bona "No results found" ka fa tlase ga "Device Description", o itse gore sedirisiwa seo ga se gothalediwe gore o se dirise.



### Ela tlhoko:

Tshebetso ya go batla (search function) e dira ka **kelo tlhoko (sensitive)**. Phoso e le nnye fa o kwala leineng la modiri (manufacturer) wa sedirisiwa kgotsa nomoro ya motlhala (model) wa sedirisiwa **e tla dira gore o seka wa bona sedirisiwa le fa se netefaditswe.**



### Ela tlhoko:

Fa o sa bone leina la motlhagise (manufacturer name) kgotsa motlhala wa sedirisiwa (monitor model), **sedirisiwa seo se ka tswa se sa tthatlhabiwa go netefatsa gore se dira ka tshwanelo.**

**O se ka wa raelwa ke matshwao (maina), ditlhwatlhwa kgotsa dilo tse di kgathisang tseo batho ba di buang ka sedirisiwa**



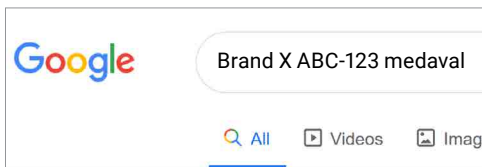
# O ka dira jang go bona gore sedirisiwa se tthatlhabilwe go meta kgatelelo e e nepagetseng ya madi o dirisa kwadiso ya **Medaval**



## Tlhaloso ka tatelano

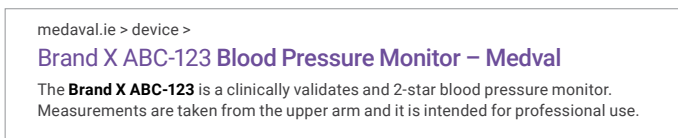
### 01 BATLA

Modiro le nomoro ya motlhala (model) ya sedirisiwa se se metang kgatelelo ya madi, mmogo le lefoko "Medaval"



### 02 BATLA

Batla mme o tlhlope kgokaganyo (link) e enang le tthatlhobo/teko (evaluation) ya Medaval.



### 03 LEKOLA

Leba go ya kwa tlase go bona maduo a tthatlhobo. Batla tthatlhobo le kgothalletso ya Medaval.

Assessment:	The technology used in the <b>Brand X ABC-123</b> , to measure blood pressure, has passed in a clinical validation study, in a general population, according to a recognised standard protocol, as published in a peer-reviewed publication.		
Accuracy Assessment	Recommendation	Basis	
Medaval	★★ Recommendation	Recent clinical validation; recent protocol	



## Ela tlhoko:

Fa o sa bone leina la motlhagise (manufacturer name) kgotsa motlhala wa sedirisiwa (monitor model), **sediriwa seo se ka tswa se sa tthatlhabiwa go netefatsa gore se dira ka tshwanelo.**



## Ela tlhoko:

Medaval e dirisa ditekanyetso tsa dinaledi (star ratings) tse di farologaneng, **fela sedirisiwa sengwe le sengwe se se netefaditsweng ka nepagalo se tla kgothalletswa go dirisiwa**, ntle le ditekanyetso tsa dinaledi (star ratings).

**O se ka wa raelwa ke matshwao (maina), ditlhwatlhwa kgotsa dilo tse di kgathisang tseo batho ba di buang ka sedirisiwa**