

**Indemnification and Release of All Claims**

(Adult Participant – Outdoor Yoga)

In consideration of my participating in the Montgomery Placemaking Series Spring Outdoor Yoga on ***September 12, 2017*** (“Activity”), I represent and warrant that I understand the nature of the Activity and that I am in the proper physical condition to participate in the Activity. I acknowledge that if I believe the event conditions are unsafe or that I am not physically capable of participating in the Activity, I will immediately discontinue participation in the Activity.

I fully understand that inherent in this Activity is risk of serious bodily injury, including permanent disability, paralysis, and death. I hereby release and discharge the co-sponsors of this event, M-NCPPC and their respective officers, volunteers, and employees, other participants, any advertisers, and owners and lessors of property or premises on which the Activity takes place (each considered one of the “Releasees” herein), from, and covenant not to sue any Releasee for, any and all liability claims, demands, losses, or damages on my account caused or alleged to be caused in whole, or in part by the omission or negligence of the Releasees.

I further agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify and hold harmless each of the Releasees from any loss, liability, damage, or cost which any may incur as the result of such claim.

I have carefully read and understand the above statement and my signature confirms its full acceptance.

\_\_\_\_\_  
Signature  
Printed Name:

\_\_\_\_\_  
Date