## **CONSTANTINE THEMELIS**

A note of professional biography

Actor/singer/dancer/narrator –what the performer is considered in the theatre of the East—, instructor of actors, director, writer, translator, journalist and editor of books, Constantine Themelis acts as a decathlete in the fields of Performing Arts and Writing. He works in Greece and abroad

He was born in the small vilage of Flambourari, in Zagori —a district in the Municipality of Ioannina (north-west of Greece) and an area of exceptional natural beauty as well as rich cultural history—, and he is an Aromanian (Vlach).

Following his graduation from the famous high school Zosimaia School of Ioannina, he studied Physics at the Physics-Mathematics School of the University of Thessaloniki, Acting at the Review of Dramatic Art, classical ballet with Yannis Metsis and jazz dance with Lili Berde.

He has studied extensively the actor's training as it was developed at Jerzy Grotowski's *Teatr-Laboratorium* (Poland) and at Eugenio Barba's *Odin* Teatret (Denmark). Moreover, he has studied the intercultural principles of the actor/dancer, as these were revealed in the course of research done by the International School of Theatre Anthropology (ISTA, Director: Eugenio Barba).

He has worked as actor/singer/dancer in different performances — e.g. in *Antigone* by Sophocles (production of National Theatre of Greece), in *Frogs* by Aristophanes (National Theatre), in the musical *The woman of the year*, in the musical film *Akropol*, in *The Cenci* by P.B. Shelley, in *Burnings* (Aarhus, Denmark), etc.

He founded *Stalker* Theatre, where he developed – mainly–, his action on the field of the actor's training.

He has published more than ten books in Greek — among them is the book entitled *The Past as History, the Future as Form*, on the art and life of the famous Greek film maker Theo Anghelopoulos.

He has also translated into Greek two of Eugenio Barba's main books, i.e., *THEATRE. Solitude*, *Craft, Revolt* and *The Paper Canoe. A guide to Theatre Anthropology*, Also, Thomas Richards' book *At work with Grotowski on prysical actions*.

For more than 25 years he has worked as a freelance journalist/interviewer and his interviews have been published in different magazines and newspapers.

In the course of the last few years he has been touring with what he calls *Confabulatores Nocturni / Night Narrators*, a web of musical performances and performances-narrations as his artistic reaction to the Storytelling of the Liberal Totalitarianism. The work in progress for a new thread of this web is entitled *Constantine the Bastard*.

He is also conducting a series of theatre workshops under the general title *No bank holidays! Destroy your "computer"! or Music of meanings, not noise of information!* and *Symmetry against organicity – A negative reading on Shakespeare* are two of these workshops, etc.

visit his website/blog: For further information on his artistic opus you can vulcanactiv.wordpress.com Youtube: and his chanel in vulcan activ. Contact: conthemelis@gmail.com, mob.: 69 44 85 01 88.