

nirsa know



MAY, 2005

NATIONAL INTRAMURAL-RECREATIONAL SPORTS ASSOCIATION • NEWS AND INFORMATION

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NIRSA 2005 in Orlando: A Conference to Remember

Conference Highlights from Karen Bach, NIRSA Education Director



NIRSA Shines! Awards Galore Presented in Orlando

Coverage of all 2005 awards, including the [Honor Award](#), [National and Regional Awards](#) and more!



Election 2005 Results: New Officers Named, Bylaws Amendment Regarding Transitions Approved



2005 Foundation Career Opportunities Center Brings Professionals and Students Together

Hundreds of Attendees Benefit from Job Listings & Mentoring



NIRSA Board of Directors Meets in Orlando

Highlights from three Board meetings



It's Official: Minneapolis to Host 2007 Annual Conference & Expo



Edsel Buchanan Delivers a Fond Farewell to NIRSA Service

Read complete text of speech from this long-time Association leader



News Stories Blanket the U.S. About Campus Recreation

Value & Growth of Campus Recreation Facilities & Programs Highlighted



Signing Ceremony Codifies NIRSA Partnership in National Research Institute

Agreement with The Ohio State University targets the building of research capacity within NIRSA membership.



NIRSA Services Corporation (NSC) Board of Directors Meets in Orlando

New Board installed, marketing advances discussed.



National Collegiate Golf Championship (NCGC) Applications for Local Qualifying Events Now Available!

Potential hosts need to apply by May 13



Thank you, 2005 Annual Conference and Recreational Sports Exposition Sponsors!

These great sponsors helped make Orlando happen!



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MEMBER HIGHLIGHTS

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NIRSA MEMBERS ON THE MOVE

CLICK HERE

TO CHECK OUT THE COMINGS AND GOINGS OF YOUR NIRSA COLLEAGUES



Please Welcome NIRSA's Newest Members!

New Institutional Members

- Pratt Institute
Brooklyn, NY

New Associate Members

- EFI Sports Medicine
www.efisportsmedicine.com
- Primedia
www.primediabusiness.com



Handmade T-Shirt Quilt on Display at the NNC

Thanks to the creative genius of Roy Easley, CRSS, of California State Polytechnic University (Pomona), NIRSA National Center Team Members can enjoy a stunning work of art in their midst every day. Roy's Region VI Conference Quilt hangs in the front stairway of the NNC where both visitors and staff members can take a close look at the amazing final product—all 26,430 stitches of it!

Other specs on the 2004 Region VI Conference Quilt are as follows:

- Twelve T-shirts were incorporated.
- Roy started the quilt July 1, 2004, and completed it around November 10, just before the Region VI Conference in Phoenix—about four and one-half months.
- He completed machine sewing at home in July and hand work each morning and late evening while he traveled through Canada and Alaska.
- In sewing hours, Roy calculates that he spent about 400-500 hours total—about three and one-half hours for each square.
- Nearly \$1,250 was raised in the raffle for the quilt at the Region VI Conference. It was won by Darcy Bingham, CRSS, who donated it to the NNC.
- The quilt is embroidered with humorous customized embellishments, such as dolphins and a palm tree on the University of Hawaii square, tattoos on pigs in the University of Las Vegas "ooze ball" square, a bear and equations adding up to twenty on the square commemorating the 20th anniversary of UCLA's John Wooden Center, and a devil with tridents and flames on the Arizona State University Sun Devils square. The Cal Poly square contains Roy's signature: "Roy C. Easley, aka Hoodoo, 2004."

Roy recalls admiring the quilting expertise of his eldest sister, Alpha, when he was a small boy in her care. "When I saw the first t-shirt quilt that Paula Opal [another quilting member from Texas A&M University—College Station] made," Roy says, "I began to save for constructing a quilt for our university." That was in 2000, he recalls: "My first quilt for Cal Poly Pomona Intramurals featured twenty-five squares (king-size bed) and took 4th place in the Los Angeles County Fair 2002. It now hangs near the Intramural-Recreation Department in our new University Union Addition. I have completed six quilts now but don't own any of them since most have all been for fund raising purposes. One that I did for our Cal Poly athletic

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department raised \$6,000.00. It was dedicated to our retiring president and now hangs in our gymnasium lobby.”

After launching his new hobby, Roy kept quilting “to fill my idle moments that are otherwise wasted watching TV in the evenings or on sporting events” on weekends. He explains: “I hate to be non-productive. I have entered my fourth quarter of life and have many things left to complete before going to the happy hunting ground. The game is always won in the last minutes.”

The NNC Team is proud to display your handiwork, Roy!



The NNC team poses with the 2004 Region VI T-shirt Quilt made by Roy Easley and donated by Region VI Member Darcy Bingham for display at the National Center. Staff members pictured are (front row) Karen Bach, Kent Blumenthal, Carole Hobrock, George Looney, (second row) Cheryl Williams, Kiki Alexander, Valerie McCutchan, SpongeBob SquarePants, (third row) Pat McCord, Mary Martin, Mark Jacobson, Ryan Rjeda, and (fourth row) Barry Brown, Melody Ball, Sarah Hubert, Nick Todorovich, Cory Granholm.



2005-2006 NIRSA Committee Chairs Named

- **Aquatics Committee**
Carrie Tupper, University of Maryland
- **Basketball Committee**
Jon Broska, George Washington University
- **Bylaws Committee**
Ken Lovic, Georgia State University
- **Career Opportunities Committee**
Anne Zielinski, Co-chair, Virginia Commonwealth University
Dave Frock, Co-chair, James Madison University
- **Instructional Committee**
Vicki Highstreet, University of Nebraska - Lincoln
- **Honor Award Committee**
Sam Hirt, Vanderbilt University
- **Intramural Committee**
Josh Downing, Indiana University
- **Marketing Committee**
Lisa Schuetz, University of Wisconsin, Eau Claire
- **National Service Award Committee**
Damon Brown, Central Michigan University

- **Community/Junior College Committee**
Steven Powell, Blinn College
- **Conference Exhibition Committee**
Jacqueline Hamilton, Texas A&M University (Corpus Christi)
- **Conference Program Committee**
Tamra Garstka, Arizona State University
- **Ethics Committee**
Jackie Farley, University of Oklahoma
- **Extramurals Committee**
Chad Ellsworth, Arizona State University
- **Facility Management Committee**
Jeff Lopez, Illinois State University
- **Family and Youth Committee**
Tara Fisher, Arizona State University
- **Finance Committee**
Dennis Corrington, Texas A&M University
- **Fitness Committee**
Jon Hart, Georgia Institute of Technology
- **Flag Football Committee**
Steve Rey, University of Southern Mississippi
- **Floor/Ice/Roller Hockey Committee**
Jeff Dvorak, University of Wisconsin, Madison
- **Nominations and Elections Committee**
Maureen McGonagle, DePaul University
- **Outdoor Committee**
Nicole Olmeda, University of Texas at Austin
- **Research Committee**
Gerry Maas, Wyoming Department of Education
- **Soccer Committee**
Jaime Orejan, Elon University
- **Softball Committee**
Chris McGee, University of Southern Mississippi
- **Sport Club Championships Committee**
Dave Dunham, University of California, Davis
- **Sport Clubs Committee**
Eric Ascher, University of Florida
- **Standards, Programs and Services Committee**
Kathy Bayless, Indiana University
- **Student Leadership and Academic Awards Committee**
Kathy Lawhead, Purdue University
- **Student Professional Development Committee**
Andre Love, Oakland University



Attention: Associate Members

Associate Members, what's new with you? Do you have a great new product or program that you'd love to unveil? If you do, what better place could there be to showcase your news than in the *Know*? We will accept brief press items or descriptions of products and/or programs that will benefit NIRSA Institutional and Professional members. Submit your product description or news item to Carole Hobrock via email at: carole@nirsa.org. (Please note: the *Know* staff reserves the right to edit any submission for length or propriety.)



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PROFESSIONAL DEVELOPMENT

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It's Not Too Late to Register for the National Fitness Institute

The second National Fitness Institute is set for May 18-20, 2005, in Chicago, Illinois. Fitness professionals who attend will learn strategies and techniques for Administration and Practical Training. Nautilus has also stepped up to sponsor a dinner cruise on Lake Michigan for the opening reception. Make haste to register now: View and download the brochure, and/or register online, at <http://www.nirsa.net/education/fitness.htm>. For more information, contact Valerie McCutchan: valerie@nirsa.org.



Collegiate Sport Club Symposium Early Bird Registration Deadline Nears

[Visit here](#) for complete details.

The early bird registration deadline is May 9, for the 2005 Collegiate Sport Club Symposium held June 9-11 in Hilton Head Island, SC. May 9 is also the deadline to register for the preconference Golf Course and/or Sunset Kayak tour.

Various National Governing Bodies are registering as well with confirmed attendance from the Ultimate Players Association, USA Cycling and the United States Tennis Association, and hopeful attendance from USA Waterski, USA Rugby and US Lacrosse. This unique learning and networking symposium will provide you with many opportunities to gather resources and network with colleagues whether attending educational sessions or building sandcastles during the Thursday night social. Be sure to register soon, to take advantage of the pricing discounts!



Professional and Associate Members Leap on the NIRSA Publications Bandwagon Stake Out Chapters for Two Upcoming Human Kinetics Books

A very successful publications meeting was held between representatives from Human Kinetics (HK), NIRSA's publishing partner, and NIRSA during the 2005 Annual Conference in Orlando. Potential authors, facilities planning committee members, and Associate Members (architects, contractors, and suppliers of products for new facilities) met to talk about an upcoming book, *Facilities Planning Guidelines*. A working draft of a table of contents was discussed and is being enhanced with the attendees' suggestions; however, all member input on potential topics is still being sought. To offer suggestions on additional areas that should be covered in the book, or to submit a chapter proposal, visit Research Central at <http://www.nirsa.org/secure/research/index.htm>. The chapter proposal forms are at the top of that page in the Members Only section.

Please submit any suggestions to [Sarah Jane Hubert](#):

Chapter proposals are due by May 16, 2005, chapters will be assigned by June 30th, and the deadline for submitting all chapters is September 2005.

Both HK and NIRSA believe this will be a very successful, marketable publication. The goal is for this publication to become the last word concerning design and construction standards for all phases of indoor and outdoor recreation facilities. The Association receives a substantial number of inquiries regarding specifications for floors, multipurpose courts, pools, climbing walls, bleachers, outdoor facilities, and ADA [American Disability Act]



requirements for both new construction and renovation projects. With more than half of NIRSA Institutional Members currently planning new or renovated facilities nationwide (333 out of 751 NIRSA Institutional Members, according to a December 2004 member survey), the need for standardized specs and innovative new facility products is high.

The *Facilities Management* book was also discussed. Potential authors took chapter proposal forms for this second book that will be structured along the same lines as NIRSA's 1999 *Managing the Collegiate Recreational Sports Facility*. Although the table of contents is being refined and enhanced, members have already requested proposal forms for several chapters. The procedure and timelines are the same as for *Facilities Planning Guide* above: submit chapter proposals by May 16, assignments will be made in June, and the deadline for chapters is September 30, 2005.



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NIRSA 2006
April 4-8, 2006
Louisville, KY

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Business & Commerce

EXPOSITION

Explore all of the contents within this issue of the NIRSA Know!

Order your 2005 Recreational Sports Directory NOW!

Record Attendance for NIRSA 2005 Annual Conference & Recreational Sports Exposition in Orlando, Florida

The recent conference in Orlando was NIRSA's biggest ever, with 2,119 attendees. Be sure to sign up early for the 2006 Recreational Sports Exposition in Louisville, Kentucky, April 4-8. The best pricing and best booth locations are available now! Early Bird deadline is June 30, 2005. Visit <http://www.nirsa.net/expo/index.htm> for more information.

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May 18-20 2005
DePaul University
Chicago, Illinois

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Memorable 2005 Volleyball Championships Wrapped in Kansas City

Photos courtesy of: clubvolleyballphotos.com and David Dunham, University of California— Davis.

The 2005 Championships, April 14-16, saw a unique situation occur in the first round of the Men's Division I Gold Bracket. Only one other time in the twenty-one-year history of the NIRSA Collegiate Volleyball Championships, has there been a men's Division I final with two teams east of the Continental Divide. Of the sixteen teams in the final, the eight western teams were paired against each other, as were the eight midwest/east teams, thereby eliminating half of each region. The quarter-finals pitted the four midwest teams against the four western teams, with all the midwestern teams prevailing, setting up a battle of the Cheese Heads for the National Championship. In the final match between the University of Wisconsin-Oshkosh and Marquette University, Marquette prevailed in two games, 28-26 and 25-20, to claim the Men's Division I National Championship.

In the Women's Division I, the University of Texas overcame their 12th seed to claim their third National Championship in six years. They defeated third-seeded Ohio State University, 25-28, 21-25, and 15-7, in the finals.

Other Divisional Champions included Columbia University, Men's Division I-AA; Dominican University, Men's Division II; University of Arizona "B," Men's Division III; and Miami University (OH) "B," Women's Division II. Visit the NIRSA Website for complete information on results, including All Tournament Team and Most Valuable Player selections as well as Coach of the Year and Team Sportsmanship Awards.

As usual, the slate of NIRSA members working the event outdid themselves, and helped to orchestrate a fantastic collegiate experience for over 230 men's and women's teams. Next year's event will be held at the Salt Palace Convention Center in Salt Lake City, UT, April 13-15, 2006.

**Collegiate
SPORT
CLUB
Symposium**



June 9-11, 2005
Holiday Inn
Oceanfront
Hilton Head Island
South Carolina

Men's Division I, National Champions, Marquette University



Women's Division I, National Champions, University of Texas at Austin



Men's Division I-AA, National Champions, Columbia University



Men's Division II, National Champions, Dominican University



Men's Division III, National Champions, University of Arizona "B"



Women's Division II, National Champions, Miami University (Ohio) "B"



2005 NIRSA National/Regional Intramural Basketball Championships

NIRSA would like to thank the Georgia Institute of Technology and the many student and staff volunteers of the 2005 NIBC. This year followed the tradition of the previous two years with a successful weekend of championship basketball. Also NIRSA sends a special thanks to all the regional hosts and staff, who not only worked hard in organizing their tournaments, but also supported and promoted the NIBC to their respective teams. Fifteen of the sixteen champions were present in Atlanta. The NIBC website (<http://www.nirsa-nibc.org/>) has results, stats and pictures.



The 2005 NIBC Staff

The success of the NIBC is a tribute to the teamwork atmosphere among the many wonderful NIRSA members (student & staff) who came to Atlanta to volunteer and the staff at Georgia Tech. Thanks to all!

NIBC Staff - Administration

Dan Hazlett	Georgia Tech
April Goode	Georgia Tech
Kirk McQueen	Georgia Tech
Chris Morris	Ohio University
Steve Waden	University of Houston

Officials Clinicians

Shane Bennett	Washington State University
Darci Doll	University of Texas at Austin
David Gaskins	East Carolina University
Darrell Hargreaves	University of Alabama
Jason James	University of Georgia
Scott Jones	University of South Carolina
Kurt Klier	University of Maryland
Rollie Madison	DePaul University
Gene Sherry	Georgia Southern University

All American Selection Committee

Charlie Burk	University of Kentucky
Sarah Fain	Georgia Southern University
Amy Fawcett	University of Cincinnati
Kevin George	Rowan University
Jerrold Jackson	Texas A&M University
Stephanie Thompson	Ohio University
Mirum Washington-White	University of Arizona
Shark Williams	Western Kentucky University

Tournament Operations

Linda Clauss	Clemson University
Didi Davis	University of Georgia
Josh Davis	Georgia Tech
Jason Eaker	Georgia State University
Mark Ferguson	Clemson University
Sarah Gigantino	Georgia Tech
Annie Gontarz	University of South Carolina
Josh Goset	University of Kentucky
Meg Handley	Georgia Tech
Andy Hudgins	Georgia College & State University
Carly Morse	University of Mississippi
Colleen Rasmussen	Valdosta State University
Jake Rosiek	Coastal Carolina University
Darren Sabino	Georgia Tech
Brooke Turner	Florida State University

2005 NIRSA Endorsed National/Regional Basketball Results

National Championship- Georgia Tech

- Men: Western Kentucky University
- Women: Western Michigan University

University of Iowa

- Men: Olivet Nazarene University
- Women: University of Wisconsin--Whitewater

Washington State University

- Men: University of California--Davis
- Women: EWU Phasers, Eastern Washington University

Mississippi State University

- Men: DSR, Mississippi State University
- Women: Miss Whoever, University of Southern Mississippi

Central Michigan University

- Men: Team Crunk, Northern Kentucky University
- Women: The Big Tymers, Western Michigan University

University of Houston

- Men: Prime Time Players, University of Texas--San Antonio
- Women: Shake 'Em Off, University of Houston

University of Kansas

- Men: OSU Renegades, Oklahoma State University
- Women: Law Lunachicks, Washburn University

University of Arizona

- Men: Uh-Oh, The University of Arizona
- Women: Lady Rush, MCAS Miramar

Boston University

- Men: Bloomsburg University
- Women: Loyola College of Maryland



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FOUNDATION

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The NIRSA Foundation Board Has "Stars in its Eyes!"

The NIRSA Foundation Board of Directors is pleased to share some exciting news from the 2005 Annual Conference in Orlando, Florida. It was a busy time for the Foundation Board in its quest to raise dollars to support the mission of the NIRSA Foundation.

- Over \$4,000 was raised through the Pre-Conference Foundation Golf Tournament at Shingle Creek Golf Course with over 230 participants.
- Over 65 invited guests attended the Foundation Board's VIP Donor Reception.
- The T-shirt Competition - Quilt Raffle raised an all time high of \$1,630.
- The kick-off of the "Be a Star" giving campaign exceeded its first year goal and raised a total of \$18,455.
- Sales related to the T-shirt & Apparel Competition, Auction and Sale netted over \$2,045.

Most importantly we were able to present the newly gifted Sonia & Max Gartenberg Scholarship, two William Wasson Scholarships, two Will Holsberry Scholarships, two SoCal Scholarships and ten NIRSA Foundation Scholarships to be applied to cover the costs of Annual Conference Registration and the School of Recreational Sports Management (SRSM.)

Suzette Smith, The University of Texas Southwestern Medical Center at Dallas, was selected as the Chair of the Foundation Board for 2005-06, with Loretta Capra of Colorado State University as the Vice Chair. Returning members include: Kurt Klier, University of Maryland, and Jim Nasiopulos, Marquette University. New Board members appointed to three year terms were: Dave Koch, University of California, San Diego, and Beau Rugg, The Ohio State University. Mark Fletcher, University of Virginia, Charlottesville was appointed to an additional one year term as the Corporate Member. They will join Greg Jordan, NIRSA President, and Kent Blumenthal, NIRSA Executive Director. NIRSA member Darcy Bingham will continue to participate with the Board in an ex officio capacity.

The NIRSA Foundation Board of Directors THANKS YOU for all your support!





The T-Shirt Competition Quilt Auction raised an all time high of \$1,630 with this creation by Paula Opal, Texas A&M University (College Station).



National Collegiate Golf Championship (NCGC) Applications for Local Qualifying Events Now Available!

Potential hosts need to apply by May 13

Collegiate Golf Alliance (CGA), the premier online registration and golf event management company, has announced that the application period to host a Local Qualifying Event for the 2005 NCGC program has begun. University affiliates who wish to host an event must apply by May 13, 2005, although specific event details such as date and golf course are not required on the application.

This amateur, two-person scramble golf event is focused on university recreational golfers and consists of twenty-five to fifty local qualifying tournaments held across the United States in the late spring, summer and fall. Local Qualifying (LQ) winners advance to the National Collegiate Golf Championship, held in Las Vegas, November 11-13, 2005. LQ host schools receive a prize package valued at over \$500 and over \$40 per player. LQ host schools with more than forty players receive a Southwest Airline Round Trip ticket to defer travel costs to the National Championship.

Portions of proceeds of the Local Qualifiers and the Championship will benefit the NIRSA Foundation, and provide opportunities for students through professional development, research, scholarships, and educational resources. To date, the NCGC program has raised over \$7,000 for the Foundation.

Sponsors of the event include Southwest Airlines, Warrior Custom Golf, Cutter & Buck, American Hole in One, Red Bull, Sports Illustrated On Campus and American Golf. To provide additional resources, CGA has appointed six regional managers to assist in the programming of campus golf events and help coordinate the National Tournament.

For more information please contact info@cgagolflinks.com, call (413) 332-6038 or visit www.cgagolflinks.com.



Congratulations to 2005 NIRSA Foundation Scholarship Winners

Jeremy M. Battjes, University of Arkansas (William Wasson Scholarship)
 Dax Kuykendall, University of Nebraska-Lincoln (William Wasson Scholarship)
 Megan Thomas, Sam Houston State University (Gartenberg Scholarship)
 Kenneth Turbush, University of Southern Mississippi
 William (Alex) Langley, East Carolina University
 Patricia L. Bohn, University of North Carolina, Greensboro
 Kenneth Norris, University of Houston
 Lauren Martini, Indiana University
 Benjamin Chuha, Virginia Tech
 Steven Wright, Sam Houston State University
 Jason Asbury, University of Southern Mississippi
 Michelle Williams, Ohio University
 Nicole U. Hagar, California Polytechnic State University (San Luis Obispo)
 Margaret B Paulus, Arizona State University (SoCal Scholarship)
 Beverly Hosford, San Diego State University (SoCal Scholarship)



Winners of the 2005 NIRSA Foundation T-shirt & Apparel Competition

Note: The First and Second place winners will have t-shirts displayed in a quilt by Roy Easley to be auctioned at the 2006 Annual Conference in Louisville, Kentucky.

- **Intramurals**
 - 1st Towson University
 - 2nd Wright State University
 - 3rd Seattle University
 - 4th Saint Mary's College (Moraga)
- **Fitness & Leisure**
 - 1st Elon University
 - 2nd California State University (Northridge)
 - 3rd California Polytechnic State University (San Luis Obispo)
 - 4th The Ohio State University
- **Outdoor**
 - 1st University of Mississippi
 - 2nd Georgia Institute of Technology
 - 3rd Portland State University
 - 4th University of Northern Iowa
- **Sport Clubs**
 - 1st Towson University
 - 2nd Elon University
 - 3rd California Polytechnic State University (San Luis Obispo)
 - 4th San Diego State University
- **Humorous**
 - 1st Utah Valley State College
 - 2nd Utah Valley State College
 - 3rd Southeast Missouri State University
 - 4th Nova Southeastern University

- **Staff**
 - 1st North Idaho College
 - 2nd Utah Valley State College
 - 3rd Washington State University
 - 4th San Jose State University
- **Commercial Sponsorship**
 - 1st Oregon State University
 - 2nd Oregon State University
 - 3rd University of Southern Indiana
 - 4th Colorado State University (Fort Collins)
- **One Color Screen**
 - 1st San Diego State University
 - 2nd Sonoma State University
 - 3rd Mansfield University
 - 4th University of Tampa



2005 Foundation Career Opportunities Center Brings Professionals and Students Together

Hundreds of Attendees Benefit from Job Listings & Mentoring
By Mary Ellen Martin, NIRSA Membership Director

The 2005 NIRSA Foundation Career Opportunities Center (COC) was a great success for employers and job seekers, alike. BluefishJobs.com was central to the process of finding just the right graduate assistantship, internship or professional position; approximately 475 job seekers were able to pursue opportunities, either online using the computer bank, or in paper handouts available to job seekers at the Candidates' Mailbox area.

Using the mailbox system, 130 employers were able to schedule interviews with individual candidates in cubicles in the COC. Additionally, forty-one employers gave group presentations to disseminate information about their campuses and programs.

In all, Bluefish had over 320 job postings that included well over 400 positions!

A new feature in the Center was a mentoring table attended by several experienced NIRSA leaders including Paul Lee from University of California at Santa Barbara, Juliette Moore from the University of Arizona, and 2005 Honor Award winner, Pat Besner, from the University of Toledo. National Student Representative Tiffany Barr-Lundy was instrumental in providing this valuable resource for NIRSA's Student Members to benefit from those

Professional Members who made time to share their experience and wisdom.

Career Opportunities Committee co-chairs, Dave Frock, James Madison University, and Jeff Huskey, University of Tennessee, extend their thanks to the committee members and additional volunteers, numbering more than forty-five, who worked to make the 2005 COC a great success!

Also, huge thanks to the NIRSA Foundation for their very generous financial support!



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April 4-8, 2006
Louisville, KY

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Business & Commerce

CALENDAR

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2005-2006 NIRSA Master Calendar of Events

For complete event details and contact information, visit <http://www.nirsa.net/calendar/index.htm>.

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 **Strive for Excellence in Leadership!**

The 2005 Annual Conference is now history, but I think it would be appropriate to recognize all of our NIRSA colleagues who served our association this year in a leadership capacity. Whether you present at a state, regional or national education program, serve on a committee or work team, volunteer at a championship event, serve as a state director or state student rep, monitor a session, or act on any of the countless opportunities needed to conduct the programs and services NIRSA provides, thank you. Without the dedication and commitment from hundreds of our members, our NIRSA would not be what it is today.

Dr. Dennis Kimbro challenged us at the People of Color Social by saying “service is the price you pay for the space you occupy.” And to me, service in the capacities mentioned above is leadership. So while we are still celebrating the successes of this last year, its time again to “pay up” through service to our NIRSA. We have the chance to catch up over the summer, but that is where so much of the planning really happens.

About six weeks prior to the annual conference, I received an email from Dr. Tom Jones, a NIRSA Past President, Honor Award recipient, long time director at Central Michigan University, and a mentor to me and countless others. Tom was providing some well-timed advice regarding the path that lies ahead this upcoming year. He shared some observations that I believe apply to all of our leaders in our NIRSA, as well as in daily work on our campus. I had a chance to share this information with the state directors and student leaders while in Orlando. The message is a strong one that is appropriate for all.

Dr. Jones advised that “every person in a leadership role has felt that they could have been better prepared, could do more things, could talk to some more people about issues, could get more organized, could lay out more detailed explanations for a member . . . if only there was more time. Reality is there is never enough time to do everything. Do the best you can do, leave something for the next person, and set your goals as excellence but not perfection and leave the place better than you found it. Most of all be open, honest and fair. Communicate, don’t withhold information, and always tell the truth. It takes lots of members to make things happen, so be a leader and just lead!”

I would encourage and challenge all NIRSA leaders to embrace these statements from one of our most experienced leaders!

Finally, while attending an American Society of Association Executive seminar in January, the facilitator, Glenn Tecker, ended the day and a half session with a quote he has on the wall. So I’ll leave you today with the same quote, as it says so much.

No matter at what capacity you lead in our NIRSA, or not matter what position you hold on your respective campus, we could learn and practice these words:

“Cherish the opportunity to serve your association in the capacity you have been chosen to do so; have fun; and do everything possible to do both at the same time”

Enjoy your summer months and the opportunity to plan ahead for next year!



Greg Jordan
NIRSA President



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RESEARCH

◀ **Explore all of the contents within this issue of the NIRSA Know!**



Government Issues 12 New Food Pyramids

Out With the Old Food Pyramid, in With 12 New Ones, As Government Reevaluates Dietary Guidelines

By LIBBY QUAID - The Associated Press

Apr. 19, 2005 - Concerned about steadily expanding waistlines, the government flipped the food pyramid on its side, adding a staircase for exercise and giving consumers 12 individually-tailored models for improving their eating habits.

Inside the pyramid released Tuesday, rainbow-colored bands representing different food groups run vertically from the tip to the base. The old single, triangle-shaped pyramid had a horizontal presentation of food categories that many found confusing.

Exercise is key to the new system. Fitness expert Denise Austin delivered a pep talk about the recommended 30 minutes of physical activity, represented on the new pyramids by the figure of a person climbing steps toward the tip. Also in store are new Internet tools to help follow the guidelines.

The new guide, dubbed "MyPyramid," encourages Americans to customize their diet and exercise regime along 12 models geared to specific calorie needs and levels of physical activity.

Food groups are represented by six different colors: Orange for grains, green for vegetables, red for fruits, yellow for oils, blue for milk products and purple for meats and beans. The bands are wider for grains, vegetables, milk products and fruits, because people should eat more of them.

Agriculture Secretary Mike Johanns called the new guide "a system of information to help consumers understand how to put nutrition recommendations into action."

People have steadily grown fatter since the food pyramid debuted in 1992. A report last month in The New England Journal of Medicine contended that obesity, particularly in children, was shaving four to nine months off the average life expectancy.

Johanns said the 1992 pyramid had "become quite familiar, but few Americans follow the recommendations." He said that knowledge about nutrition and food consumption patterns has grown significantly in the past dozen years and is reflected in the new food guidance symbols.

"If we don't change these trends, our children may be the first generation that cannot look forward to a longer life span than their parents," said Eric Bost, the Agriculture Department's under secretary for food, nutrition and consumer services.

Food companies announced Tuesday they will distribute posters and guides for teachers and parents next fall aimed at reaching 4 million students. Materials for students to take home will be in both English and Spanish and will include math, nutrition and science activities.

One big change is intended to help people control their portion sizes. The old pyramid explained its advice in "serving" sizes, but now, to make its advice more understandable, the government will switch to cups, ounces and other household measures.

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May 18-20 2005
DePaul University
Chicago, Illinois

The switch was recommended in a 70-page booklet, "Dietary Guidelines for Americans 2005," that was developed by a panel of scientists and doctors and released in January. As the basis for revising the pyramid, the guidelines emphasize choosing good carbohydrates over bad ones; for example, choosing bread made from whole-grain flour instead of white flour.

They also recommend eating 3 ounces of whole-grain foods a day; eating 2 cups of fruit and 2 1/2 cups of vegetables a day; and drinking 3 cups of fat-free or lowfat milk a day.

Besides the suggested 30 minutes of daily exercise to reduce the risk of chronic disease, the government also advises even more exercise to prevent weight gain or maintain weight loss.

In all, there were 23 general recommendations and 18 suggestions for older people, children and other special populations.

That's too much to cram into a symbol that is supposed to be clipped out and stuck to the refrigerator, said Eric Hentges, director of the Agriculture Department's Center for Nutrition Policy and Promotion.

The Agriculture Department will offer Web pages that let people appraise their diet and exercise habits. Such a tool has already been available through the agency's Web site; the Interactive Healthy Eating Index has a notice on its home page that it will soon be updated.

Even if the symbol and online tools don't motivate people to change their habits, they'll still have some healthier choices. Food companies have been removing trans fats from their products and adding whole grains because of the government guidance.

"If you get the industry involved and make them feel that they're doing a good thing and that they're getting credit for doing a good thing, they'll do it. They'll change their product," said K. Dun Gifford, president of Oldways Preservation Trust, a Boston-based think tank that specializes in food issues.

Critics have raised questions about the public relations agency hired to help create the new version of the pyramid. The firm, Porter Novelli, has food companies as clients, but both Agriculture Department and Porter Novelli officials have said the firm's industry work is handled separately and there would be no conflict of interest.

Hentges said his staff of scientists, economists and nutritionists isn't equipped to promote its new approach. If it's not marketed effectively, he said, "then we're not going to be able to get this behavior change or improve anything for Americans."

On the Net: <http://www.usda.gov>

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April 4-8, 2006
Louisville, KY

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MEMBER SPOTLIGHT

Explore all of the contents within this issue of the NIRSA Know!

NIRSA Recreational Sports and Fitness Day 2005 Events

The University of New Hampshire presented its students with a day of fun physical fitness activities on National Recreational Sports and Fitness Day (NRS&F Day), February 22, 2005. George Moore (UNH alumni and ex-New England Patriot), taught a Funky Movin' Groovin' Cardio/Hip Hop group fitness lesson to over seventy five participants. A Fitness Obstacle Course pitted pairs of students against each other for the fastest time during each turn. Some of the skills were dribble and shoot (soccer), dizzy bat, rope jumping, and doing the "Icky Shuffle" on the agility ladder. Students who attempted a lay-up after doing dizzy bat provided great hilarity. The next event, a Pick up Dodge Ball game, provided all participants with a free for all of fun. The game lasted until 9:00 p.m. with more than forty players. According to Daniel Chaney, a UNH Fitness/Wellness Graduate Assistant, "NIRSA Fitness Day 2005 was a success at UNH!"



Movin Groovin Hip Hop class at the University of New Hampshire.
Photo courtesy of Daniel Chaney

More than seventy walkers participated in the first National Recreational Sports and Fitness Day celebration at University of Arkansas Little Rock. The 1.25 mile walk/run was open for all students, faculty, and staff, and was greeted with such enthusiasm that, according to Rodolfo Morales, Intramural Coordinator, the event will become an annual tradition.



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University of Arkansas Little Rock Stages First NRS&F Day Fitness Walk.
Photo courtesy of Rodolfo Morales

Thanks to all of the members who sent photos and stories of their founding date celebrations! Your energy is greatly appreciated!



Is There Something to Shout About at Your Campus?

Send us your news for the *Know!* If your campus is opening a new or renovated facility, let us know with an email to the NNC at nirsa@nirsa.org. Include digital photos or a link for them, and we will contact you for the scoop.



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We invite suggestions, ideas, and recommendations on ways to improve the [NIRSA Know OnLine](#). We hope to hear from you soon!

• [Contact the NIRSA Know Editor](#)

Welcome to the NIRSA Network!



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| NIRSA.NET | OnLine Portal for NIRSA Events |
| NIRSA.INFO | OnLine Portal for NIRSA News & Information |
| NIRSAFOUNDATION.ORG | OnLine Portal for the NIRSA Foundation |
| NIRSA.HUMANKINETICS.COM | OnLine Portal for the NIRSA Educational Center |
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MEMBER HIGHLIGHTS

◀ *Explore all of the contents within this issue of the NIRSA Know!*

- **Joy Pokabla Byers**, former Fitness Coordinator at Kent State University in Ohio, is the new Assistant Director of Programs and Special Events at Youngstown State University in Youngstown, Ohio.



Our Overseas Members in Uniform

Members, we need your help! If you know of a fellow NIRSA member who has been deployed overseas, please send us the information so we can inform the readers of the *NIRSA Know*. Email Pat McCord at pat@nirsa.org, or call (541) 766-8211X36. And thank you for your help!

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NIRSA 2005 in Orlando: A Conference to Remember
 Conference Highlights from Karin Bach, NIRSA Education Director

* TO STOP THE SCROLL, PLACE YOUR CURSOR ON THE PHOTOGRAPH -
 PLEASE BE PATIENT AS THE PHOTOGRAPHS LOAD

The 2005 NIRSA Annual Conference & Recreational Sports Expo had an all-time attendance record of 2,119 attendees, 1339 Professional Members, 759 Student Members, and thirty guests. The 2005 Program Chair Sid Gonsoulin (University of Southern Mississippi) and Co-Chairs Maureen McGonagle (DePaul University) and Jodi Hawkins (University of Rhode Island) worked more than a year with an exceptional committee on all the programming details, including the selection of educational content and keynote speakers. In addition, the Host Committee, lead by James Wilkening (University of Central Florida), worked tirelessly to plan and execute pre-conference trips, Theme Night at SeaWorld Orlando, the bowling and dance socials, and the Make a Child Smile program.

Warm and sunny Orlando weather set the stage for a spectacular conference. On Tuesday, 230 golfers participated in the Foundation Golf Tournament while others joined one of the many pre-conference trips or workshops, and some attendees wasted no time getting to work in the NIRSA Foundation Career Opportunities Center.

On Wednesday morning, most attendees made their way to the Opening General Session for the inspirational keynote speech from Dr. Richard Flynn, President of Springfield College, who offered a prescription for leadership success in campus recreation. The newly-endowed Sonia & Max Gartenberg Foundation Scholarship was awarded to Megan Thomas from Sam Houston State University. President Tamra Garsika raced from the general session to cut the ribbon for the grand opening of the Expo Hall: a big thank you goes to the 125 exhibitors! The Wednesday night activity at SeaWorld also boasted a record number for Theme Night when a total of 1,748 attendees showed up for an evening of food and fun.

Thursday morning started with laughs from Bruce Christopher, keynote speaker for the Second General Session, who took a humorous look at how men and women think, speak, and make decisions differently. Awards presented during this session included the Outstanding Sports Facilities Awards, the Creative Excellence Awards and the United States Tennis Association/NIRSA Tennis Ace Awards. The past presidents convened over the lunch hour and Student Members held their business meeting in the afternoon. Evening activities offered many opportunities, including the Student Social, the People of Color Social, and the NIRSA Dance & Bowling parties.

Friday morning's Annual Business Meeting was dedicated to Association business, including the presentation of the Flag Football and Recreational Sports Journal Awards, and concluded with the announcement of NIRSA's new President Elect, Maureen McGonagle. In the afternoon, President Tamra, Executive Director Kent Blumenthal, and Host Committee members delivered donated toys for the Make a Child Smile program.

By Saturday, educational sessions and the Career Opportunities Center were still going strong, however, increased numbers of attendees were being spotted poolside at the various conference hotels. By the evening everyone had on their finest attire for the Honor Award Banquet. Many important honors were announced and the group was ecstatic to learn that Patricia Besner, University of Toledo, was the 2005 Honor Award winner.

When new President Greg Jordan's gavel signaled the end of the Conference, all attendees agreed that the 2005 Annual Conference and Recreational Sports Exposition was our biggest and brightest yet—undeniably, one for the record books!

Photos from the 2005 NIRSA Annual Conference & Recreational Sports Exposition Are Now Available!

NIRSA has organized a special arrangement with the conference photographer. Attendees and exhibitors can view and purchase photos taken during the 2005 NIRSA Annual Conference. Simply go to www.choicephoto.net to view and purchase your own prints, enlargements, and digital images on CD-ROM. From the Choice Photo homepage, simply click on the menu item Find Your Photos, and then click on NIRSA 2005.

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**Foundation Awards**

[For Foundation Awards, visit here.](#)

**Horace Moody Awards**

- Region I Steve Young, CRSS, Temple University
- Region II David Gaskins, CRSS, East Carolina University
- Region III Stan Shingles, CRSS, Central Michigan University
- Region IV Lori Lynn, CRSS, Southeast Missouri State University
- Region V Joe Kaminski, CRSS, University of Nebraska (Omaha)
- Region VI Mike Munson, University of Southern California

**National Service Awards**

- Julie Kipper, Arizona State University
- Noah Yannie, CRSS, Palm Beach Atlantic University
- Sarah Hardin, CRSS, Southeast Missouri State University

**Regional Awards of Merit**

- Region I Kurt Klier, CRSS
University of Maryland (College Park)
- Region II Laura Walling, CRSS
Mississippi State University
- Region III Patrick Kennedy, CRSS
Case Western Reserve University
- Region IV Wayne Harper, CRSS
University of Louisiana (Lafayette)
- Region V Ron Seibring, CRSS
Saint Cloud State University
- Region VI Rick Sedgwick, CRSS
Western Oregon University





William N. Wasson Student Leadership and Academic Awards

Matthew D. Levy,	SUNY Cortland
Diane M. Holtsford,	SUNY Cortland
Aislinn Ronaghan,	Rowan University
Ashley Hepp,	Rowan University
JoAnna Nangle,	Binghamton University
Nathan Hilburger,	Binghamton University
Kenny Turbush,	University of Southern Mississippi
Ben Chuha,	Virginia Tech
Amy Jo Jenkins,	Elon University
Elizabeth Chmelo,	Elon University
Hilary M. Bride,	James Madison University
Mallory Haynes,	University of Southern Mississippi
Rachelle Pascua,	Oakland University
Keith Birkemeier,	University of Cincinnati
Robert B. Sledge III,	The Ohio State University
Kathryn Evangeline Stearns,	Purdue University
Adam Shaffer,	University of Cincinnati
Emily Randell,	Western Illinois University
Victoria Butler,	Southeast Missouri State University
Katherine Milligan,	Texas State University - San Marcos
Gina Juenger,	Southeast Missouri State University
Dane Huxel,	Southeast Missouri State University
Sally Smith,	Southeast Missouri State University
Claudia Favre,	Southeast Missouri State University
Dan Bagley,	University of Nebraska (Omaha)
Dax Kuykendall,	University of Nebraska-Lincoln
Tonya Slager,	Minnesota State University, Mankato
Blair E. Schuyler,	University of Nebraska-Lincoln
Zac Brost,	University of Nebraska-Lincoln
Brad K. Nordin,	Minnesota State University, Mankato
Ryan Fetzer,	Sonoma State University
Jessica Enger,	Cal Poly State University, San Luis Obispo
Heather Dowling,	Sonoma State University
Paul Matthew Struve,	Cal Poly State University, San Luis Obispo
Michelle Curro,	Cal Poly State University, San Luis Obispo



Recreational Sports Journal Award Winners

The 2005 NIRSA's Foundation Recreational Sports Journal Award for Outstanding Writing was awarded to Stacey L. Hall-Yannessa and Scott Forrester (not pictured), Brock University, winners for the Spring 2004 issue and to James C. Turman, Ph.D. and Darwin D. Hendel, Ph.D. (not pictured), University of Minnesota, winners for the Fall/Winter 2004 issue.



(l-r) Dr. James Turman, University of Minnesota (Twin-Cities) and Stacey L Hall-Yannessa, M.S, Indiana University receive their RSJ 2005 awards



Award-Winning NIRSA 2005 Creative Excellence Awards Revealed

I. Graphic Communication - Facility Publication

First Place—Indiana University
Description: RS Guide – Fall 2004 and Spring 2005
Design Team: Laura Wee, Creative Manager
Ryan Hunley, Student Graphic Design Assistant

I. Graphic Communication - Facility Publication

Second Place—The Ohio State University
Description: Membership Materials
Design Team: Andrea Marshall, Graphic Designer
Erik Riha, Writer
Marci Harrington, Marketing Director
Kris Myers, Writer

I. Graphic Communication - Facility Publication

Third Place—Texas A&M University—Commerce
Description: Rec Sports Marketing Poster
Design Team: Dr. Kayla Peak, Judith Vanderpool, Rick Vanderpool,
Jenny Rodriguez

I. Graphic Communication - Programming Publication

First Place—University of California, San Diego
Description: Outback Adventures Wilderness Orientation Brochure
Designer: Jan Stamm, Marketing Director

I. Graphic Communication - Programming Publication

Second Place—Indiana University
Description: Intramural Sports Pocket Schedule Card
Designer: Laura Wee, Creative Manager

I. Graphic Communications - Programming Publication

Third Place (Tie)—The Ohio State University
Description: Camp Recky Promotion/Branding
Design Team: Andrea Marshall, Graphic Designer
Scott Mizer, Student Designer/Illustrator
Dave Byrd, Student Designer/Illustrator

I. Graphic Communications - Programming Publication

Third Place (Tie)—Texas State University (San Marcos)
Description: G.O.A.L. Brochure
Design Team: Jeremy Adam, Student Graphic Designer

I. Graphic Communications - Special Event Publication

First Place—James Madison University
Description: Youth Programs Activity/Adventure Camps Brochure
Designer: Wendy deGorter, Marketing Specialist

I. Graphic Communications - Special Event Publication

Second Place—The Ohio State University
Description: Griner Golf Tournament Promotions
Design Team: Andrea Marshall, Graphic Designer
Dave Byrd, Student Designer

I. Graphic Communications - Special Event Publication

Third Place—The Ohio State University
Description: NIRSA Flag Football Regional Tournament
Design Team: Andrea Marshall, Graphic Designer
Dave Byrd, Student Designer

I. Graphic Communications - Comprehensive Brochure

First Place—Indiana University
Description: RS Magazine/Guide Fall 2004 and Spring 2005
Design Team: Laura Wee, Creative Manager
Ryan Hunley, Student Graphic Design Assistant

I. Graphic Communications - Comprehensive Brochure

Second Place—University of Illinois
Description: Campus Recreation Annual Report 2003-04: Marking Time
Design Team: Julie McMahon, Assistant Director

I. Graphic Communications - Comprehensive Brochure

Third Place—The Ohio State University
Description: Recreational Sports 2004 Handbook
Design Team: Scott Mizer, Student Designer
Theresa Krehnovi, Student Designer
Andrea Marshall, Graphic Designer

II. Integrated Publication Campaign

First Place—University of Denver
Description: Experience Campaign
Designer: Lisa Dyer, Director of Recreation Marketing
Phil Viray, Graphic Design, Marketing Graduate Assistant

II. Integrated Publication Campaign

Second Place—Indiana University
Description: IU Recreational Sports Campaign
Design Team: Laura Wee, Creative Manager
Ryan Hunley, Student Graphic Design Assistant

II. Integrated Publication Campaign

Third Place—University of Minnesota
Description: The Department of Recreational Sports Monthly Wellness Series
Design Team: Leah Davison, Graphic Designer
Justin Hyde, Writer

III. Media – Web Page

First Place (Tie)—Texas Tech University
Category: Media – Web Page
Description: www.recsports.ttu.edu
Designer: Mark Glover, Student Web Designer

III. Media - Web Page

First Place (Tie)—University of Denver
Description: www.recreation.du.edu
Design Team: Lisa Dyer, Director of Recreation Marketing
Scott Moore, Web Services Manager
Phil Viray, Graphic Design and Marketing Graduate Assistant

III. Media - Web Page

Third Place—Washington State University
Description: www.urec.wsu.edu
Design Team: Theresa MacNaughton, Coordinator of Marketing and Memberships
Ryan Lahne, Assistant Director
David Schnotzler, Student Web Coordinator
Craig Howard, Associate Director, Administration Services Information Systems

III. Media – Audio Visual

First Place—University of North Dakota
Description: Wellness Center Promotional 3d Video
Producer: Josh Christy, Graphic Designer

III. Media - Audio/Visual

Second Place—Indiana University
Description: Recreational Sports Student Employment Video
Producer: Laura Wee, Creative Manager
Design Team: John Paul, Student Videographer/Editor
Emily Ward, Director of Aquatics, Informal Sports and Equipment Operations

III. Media - Audio/Visual

Third Place—Colorado State University
Description: Colorado State University Flash Presentation
Production Team: Lari Bangert, Associate Director
Karri Smith, Associate Director
Sandra Gordon, Student Web Designer

IV. Student Category - Brochure

First Place—Oregon State University
Description: RecSports Departmental Brochure – “Your Road Starts Here”
Designer: Sarah Gensert, Student Graphic Designer

IV. Student Category - Brochure

Second Place—Texas State University – San Marcos
Description: Dept. of Campus Recreation Facilities Policies and Procedures
Designer: Jeremy Adam, Student Graphic Designer

IV. Student Category - Brochure

Third Place—University of Denver
Description: Recreation at the Ritchie Center
Designer: Phil Viray, Graphic Design and Marketing Graduate Assistant

IV. Student Category - Poster/Flyer

First Place—Cal Poly State Polytechnic
Description: Battle of the Halls
Designer: Rory Loeb, Graphic Designer

IV. Student Category - Poster/Flyer

Second Place—Oregon State University
Description: Start Smart Sports Injury Prevention
Designer: Sarah Gensert, Student Graphic Designer

IV. Student Category - Poster/Flyer

Third Place—Cal Poly State Polytechnic
Description: Martial Arts
Designer: Alex Chrisman, Graphic Designer

IV. Student Category - Other

First Place—Arizona State University
Description: Computer-Based Facilities Training Program
Designer: Maggie Paulus, Management Intern

IV. Student Category - Other

Second Place—University of California Santa Barbara
Description: Just Outside Your Window: 2004-2005 Rec Sports Calendar
Design Team: Jillian Monaghan, Student Manager Marketing and Publicity Team

IV. Student Category - Other

Third Place—University of Florida
Description: Sport Clubs Expo Advertisement
Designer: Charlie Carballo, Student Designer



2005 Outstanding Sports Facilities Awards Cited in Orlando

Dixon Recreation Center Oregon State University

Tom Kirch, Director
Architect: Yost Grube Hall Architecture
Contractor: Slayden Construction
Project Cost: \$20,000,000
Size: 150,000 sq. feet

Colvin Recreation Center Oklahoma State University

Kent Bunker, Director
Architect & Consultant: Allen Brown Architects; Moody Nolan, Inc.,
Contractor: Oakridge Builders, Inc.
Project Cost: \$20,678,000
Size: 210,750 sq. feet

Aquatic and Fitness Center University of Virginia at Charlottesville

Mark Fletcher, Director
Intramural-Recreational Sports
Architect: Hughes Group Architects
Contractor: Nielsen Builders
Project Cost: \$26,500,000
Size: 150,000 sq. feet

Student Recreation Center University of Alabama

George Brown, Director
Architect & Contractor: Design – TMP Architecture, Sherlock, Smith and Adams;
Consultant – Brailsford and Dunleavy, Councilman-Hunsaker, Canning-Gonsoulin;
Contractor – Dawson Building Contractors, Inc.
Project Cost: \$18,700,000
Size: 195,000 sq. feet

Recreation Center Sonoma State University

Pamela Su, Director
Architect: LPA, Inc., Consultant – Bill Manning, Contractor
Contractor: Wright Contracting, Inc.
Project Cost: \$10,900,000
Size: 59,538 sq. feet

Campus Recreation Center Georgia Institute of Technology

Michael Edwards, Director
 Architect: Hastings & Chivetta
 Contractor: Skanska USA
 Project Cost: \$43,000,000
 Size: 300,000 sq. feet

**Student Recreation Center
 Boise State University**

Joyce Grimes, Director
 Architects: Design Architects – Yost Grube Hall Architecture; Executive Architect –
 Design West Architects
 Contractor: RSCI
 Project Cost: \$12,500,000
 Size: 90,000 sq. feet

 **Inaugural NIRSA/USTA Tennis Ace Awards Announced**

NIRSA and the USTA would like to congratulate all of the NIRSA/USTA Tennis Ace Awards winners. These awards recognize campuses, students and professionals in Recreational Sports Programs that have implemented NIRSA-endorsed USA Tennis programs on campus. The winners are NIRSA Members who provided leadership in promoting, organizing or supporting recreational tennis participation on campus. The National winners and runners-up were honored at the second general session of the 2005 NIRSA Annual Conference. The sectional winners picked up an award plaque at the USTA booth in the exhibit hall. Again, congratulations to all!



Tennis Ace Award Winners with presenters, left to right:
 Dave Shook, Lehigh University; Brent Boostrom, University of Central Florida;
 Joe Rasgado, USTA Board of Directors; Kent Blumenthal, NIRSA National Center;
 Darci Doll, University of Texas at Austin; Dale Carruthers, University of Wisconsin;
 Randall Ford, University of Texas at Austin; Valerie McCutchan, NIRSA National Center.

Student Tennis Ace Award

National Winner: Brent Boostrom, University of Central Florida

Professional Tennis Ace Award

National Winner: Jeff Dvorak, University of Wisconsin, Madison
 Runner-up: Darci Doll, University of Texas at Austin
 USA Tennis Florida Sectional Winner: Mark Cramer, Florida State University
 Pacific Northwest USTA Sectional Winner: Mark Parker, Washington State University
 Southern California USTA Sectional Winner: Deborah Barnes, UCLA

Institutional Tennis Ace Award

National Winner:	Lehigh University
Runner-up:	University of Texas at Austin
Florida USTA Sectional Winner:	University of Central Florida
Intermountain USTA Sectional Winner:	Montana State University
Northern California USTA Sectional Winner:	University of California- Berkeley
Pacific Northwest USTA Sectional Winner:	University of Washington



Dedication of the New Flag Football Rule Book

The dedication of the new the new *2005 & 2006 NIRSA Flag & Touch Football Rules Book & Officials' Manual* to David Gaskins, East Carolina University (left), was honored in a presentation at the Annual Business Meeting by Stephen Rey (right), University of Southern Mississippi.




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It's Official: Minneapolis to Host 2007 Annual Conference & Expo

NIRSA President Greg Jordan has announced that Minneapolis, Minnesota, has been selected as the host city for the 2007 NIRSA Annual Conference & Recreational Sports Exposition, April 18-21, 2007. This will be the first Annual Conference with the new four-day format. Further details will be announced as the Program and Host Committees develop the schedule.



2005 Honor Award Winner Pat Besner a Dedicated NIRSA Member

Pat Besner, CRSS, Senior Director of Recreation, University of Toledo, received the 2005 National Honor Award from the National Intramural-Recreational Sports Association (NIRSA) at the Association's Annual Conference & Recreational Sports Exposition in Orlando, Florida, Saturday, April 9.



Pat was elected President-elect of NIRSA (1994-95), served as President in 1996 followed by a year as Past President, and as the Past President's Representative in 2001-02. She received the NIRSA Association Service Award in 1994 and the Region III Award of Merit in 1993.

She has served on numerous NIRSA committees, including the Governance Task Force, Electronic Voting Task Force. She has served as Chair of the Nominations and Elections Committee, the NIRSA Foundation Board as well as its Vice Chair, and as Chair on NIRSA Certification, Standards, Finance and Development Committees.

Pat received the State Honor Award in 2000 from the Ohio Recreational Sports Association (ORSA) She received Employee Recognition Awards for 5-, 10-, 15-, 20-, 25- and 30 years of service as a University of Toledo employee. She received the Handicapped Student Association Award in 1989 - University of Toledo, and for Student Employment Services Part-

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May 18-20 2005
DePaul University
Chicago, Illinois

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Time Employer in 1999.

A 30-year employee at University of Toledo in Ohio, Pat has been in her current position as Senior Director of Recreation since 1981. Prior to that, she was the Assistant Director of Recreation, Toledo, Ohio from 1974-1981. Pat has a B.S. in Physical Education from the University of Wisconsin, La Crosse in 1968. She was an Instructor in Physical Education at Modesto High School in California until 1970 when she went back to school for a master's in Physical Education at University of North Carolina, Greensboro, graduating in 1972.

Honor Award Committee Chair's Introduction

Natalie Kovac, Honor Award Committee Chair and 2003 Honor Award Winner, delivered the following introduction prefatory to announcing that Pat had won the Honor Award.

"Hello and thank you for the warm welcome. It is indeed a great pleasure to be here tonight to introduce NIRSA's 2005 Honor Award Winner. Before that, however, I would like to thank the Honor Award Committee members who served this year and helped with the selection process. Members are:

Stan Campbell, University of Nebraska at Lincoln (2002's recipient)
Sam Hirt, Vanderbilt University (2004's recipient)
Mitch Gartenberg, Syracuse University and
John Campbell, the University of Texas at Austin

Also, a huge thanks to Kiki Alexander of the NIRSA National Center who served as our liaison; she was very helpful and a pleasure to work with.

The Honor Award is the highest honor bestowed upon a member of our Association. It honors an individual for outstanding achievements in the profession and exemplary service to the Association – this year's recipient easily exceeds the qualifications in both of these categories.

To be eligible for this award the candidate must be a member of NIRSA.
This year's recipient is indeed a member of NIRSA and has been for over twenty five years.

The candidate must also be at least 35 years of age and should have at least eight years of experience in the field of recreational sports.
This year's recipient is at least 35 years young and has over thirty five years in the field!

The candidate should have shown evidence of outstanding leadership in the Association and the workplace.
There is no doubt that this year's recipient has had great success and shown exceptional leadership in NIRSA and at [the recipient's] institution.

The candidate should be of fine moral character.
Testimonials in letters of nomination clearly indicate that this is one of the recipient's most respected qualities. One nominator wrote "Ever since I have known the recipient, [the recipient] has taught me that above all-else, be yourself, be fair and be truthful." Another nominator indicated there are seven words that describe the recipient: Truth, honor, dignity, trust, integrity, valor and ethics.

This year's recipient is a very special person. He or she is a mentor, friend and colleague to members all across the country. This year's recipient is known for commitment to NIRSA and the field of recreational sports. They are known as a quiet person with a quality spirit who doesn't like to be in the spotlight. As one nominator wrote, "He or she is an intensely private person who prefers to stay in the background with sleeves rolled up and focused on the task at hand." Another said "The recipient is a tremendous listener who is able to channel the positive energy and gets the most out of all involved."

One member wrote: "It wasn't until I left the university that I understood the tremendous gifts [the recipient] had bestowed upon me. The ability to lead without taking center stage, to

mentor students and young professionals through every facet of their career development, all while remaining ethical, tried and true fighting for the good of the team or organization.” Another NIRSA member said, “the recipient’s word is [this person’s] bond and [he or she] always speaks with respect and discretion.”

This year’s recipient has Bachelor’s and Master’s degrees in Physical Education and received academic preparation in six states – Arkansas, California, Colorado, North Carolina, Ohio and Wisconsin. In addition, this person has continued their professional development over the years by participating in over 40 workshops ranging from legal issues to grant writing, from cultural diversity to blue print reading and from process engineering to facility planning and construction.

They have presented at NIRSA state, regional, national and student lead-on conferences as well as at their university and are a Certified Recreational Sports Specialist.

This year’s recipient is a recreation facility design consultant, has been a certified official in track & field, badminton and volleyball, has coached at the collegiate level, served as a camp counselor, playground supervisor and trip leader and has participated in numerous outdoor activities such as backpacking, sailing, bicycle touring, snow shoeing, canoeing and cross country skiing.

This year’s recipient’s 35+ years of professional experience has included being a physical education instructor, director of intramurals, assistant director of recreation, senior director of recreation and director of recreation.

[The recipient] has held leadership positions at [his or her] university, in the community, in NIRSA and in [his or her] state association. [The recipient’s] university service has included involvement on over twenty-five committees, advisory councils and task forces and the recipient has taught a student leadership class for the university’s division of student life. The recipient has served [his or her] community well by being a leader and volunteer for several community-based sports organizations, volunteers in various capacities for the American Red Cross and actively supports cancer and diabetes research efforts.

This year’s recipient has served our association and gone well above and beyond the call of duty. [The recipient] has served on numerous NIRSA committees and task forces including Standards, Certification, Finance, Development, Governance, Strategic Plan Implementation and has Chaired many of them. He or she has served numerous years on the Board of Directors for NIRSA and the NIRSA Foundation.

This year’s recipient has received several awards for leadership and service from [his or her] state association, NIRSA and their university.

The recipient has always been committed to NIRSA, the profession, the membership, and student development. He or she has worked meticulously in front of and behind the scenes to create initiatives within our association that have assisted us in the advancement of our profession. One nominator said, “I have never met a NIRSA professional who exemplifies professionalism, caring and dedication like this year’s recipient.” [The recipient] leads with customary grace, optimism and wit and is known for the twinkle in [his or her] eye.

It gives me great pleasure to introduce to you the 2005 NIRSA Honor Award winner, someone who is a valued friend and mentor, from the University of Toledo, Patricia Besner.”



Patricia Besner's Honor Award Acceptance Speech

"Thank you!

I was chatting with a teacher friend the other day and she shared a story with me that helped me build some parameters to guide my remarks tonight:

She asked a student to sum up Socrates' life in four lines and received this reply from the student:

Socrates lived long ago.

He was very intelligent.

Socrates gave long speeches.

His friends poisoned him.

Certainly I don't profess to see myself on the same plane as Socrates but I think the points apply, as least loosely . . .

As the faces in this crowd seem to grow younger each year and the number of young faces increases in number I guess there might be a majority that think point one applies to me . . . I'm ancient history too.

I like to think point two applies as well, but sometimes I amaze even myself with the lack of intelligence I apply before engaging my mouth.

Sit back and relax because I must admit point three applies. Although I fancy myself to be a person of few words, I have come to believe, I have some Baptist minister blood in my historical blood lines.

But, point four really hit home, His friends poisoned him! Hmmmmmmmmm, I think there might have been a connection between points three and four – I'm REALLY looking forward to retirement, so I will keep my remarks SHORT!

It's a humbling experience to stand before you and be recognized as a colleague worthy of joining the ranks of past Honor Award recipients and the other servant leaders recognized at the conference:

People I admired from the first meeting or exposure to their accomplishments and contributions to NIRSA;

Colleagues who inspired me and many of you to become active in the growth and development of our organization and profession;

People who had the courage and conviction to make unpopular decisions important to our continuing development as an organization;

People here and passed on, who always had a smile, or hug at just the right moment.

None of us ever accomplish things alone; there are always teams of support that help make goals, visions and dreams come to life. At the University of Toledo my entire staff--students, support staff and professionals--over the years have been important members of the team in building our campus dream. NIRSA is a very special organization filled with servant leaders willing to step up and be bold in reinventing the future! It is all the people in my NIRSA life who helped me along the path to tonight that deserve credit for this award.

Since receiving the call notifying me of this cherished award I have spent many moments reflecting. WOW, what to say? I thought about sharing how recreational sports was the support line that got me through a tough childhood; how play, the core of what we do is so important to our development, socialization and re-creation. My thoughts jump from here to there and back again. Finally the day I was preparing to leave for the conference one word came to mind that captured the essence of all my thoughts: BLESSINGS!

I've been blessed with a caring if somewhat nutty family who never limited my imagination on what I wanted to do with my life.

I've been blessed with caring mentors, some here, some passed on, who challenged me to do better and do more, and gave me support and encouragement along the way.

I've been blessed with teachers and educational experiences that taught me the value and responsibility of giving back and passing on what I learned.

I've been blessed by a student-centered perspective on my recreational sports life since my days in high school.

I've been blessed by a career and work friends & family that bring me joy and feed my passion for life each day.

AND

I've been blessed by colleagues and a professional organization who demonstrate their respect for the contributions of others by giving them a public pat on the back.

Thank you!"



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NIRSA Board of Directors Meets in Orlando

Highlights from three Board meetings

The NIRSA Board of Directors' held three meetings in Orlando during the 2005 Annual Conference and Recreational Sports Exposition.

Highlights included:

- Allocation of NIRSA's 2004 Operating Surplus of \$245,477
The Finance Committee's recommended to allocate, from the 2004 operating surplus, \$175,479 to the Building Reserve Fund and \$69,998 to the Emergency and Initiatives Fund.
- New roles and responsibilities for Canadian Provincial Directors and Canadian Student Representatives
The Board established that NIRSA Canadian Provincial Directors and NIRSA Canadian Provincial Student Representative positions are similar in scope and responsibility to NIRSA State Directors and NIRSA State Student Representatives. This action provides for greater involvement of Canadian recreational sports professionals and students in NIRSA.
- Expanded financial support for Student Leadership Activities
The Board authorized \$3000 to support regional student representatives, in fulfillment of responsibilities including travel and accommodations to regional conference and/or student lead on for the 2005 calendar year, and \$2,400 to be allocated to support expenses for the regional student representatives' 2005 summer internship and meeting at the NIRSA National Center.
- Guest Presentations were given by:
 - Rainer and Julie Martens – Human Kinetics
 - Jim Wilkening – Chair of Host Committee
 - Jon Vegosen - Chair, USTA Collegiate Committee and Joe Rasgado - USTA Board Member
 - Steve Bodine – President, College Connect, Inc.



Signing Ceremony Codifies NIRSA Partnership in National Research Institute

Agreement with The Ohio State University targets the building of research capacity within NIRSA membership.





(l to r) Paul Milton, Tamra Garstka, Danell Haines, Mike Dunn, Stan Shingles, Greg Jordan, Mark Fletcher, Kent Blumenthal, Sid Gonsoulin, Edsel Buchanan

Months of planning between NIRSA and The Ohio State University, on behalf of its Department of Recreational Sports, have resulted in the establishment of the National Research Institute for College Recreational Sports and Wellness.

An initial three-year term for this agreement was codified during a signing ceremony at the 2005 NIRSA Annual Conference & Recreational Sports Exposition in Orlando, April 5-9. The ceremony took place at the conclusion of an educational session titled "National Research Institute for College Recreational Sports and Wellness," on April 8, 2005, in the Orange County Convention Center.

Highlights of the agreement include the enhanced ability to provide college recreational sports professionals with data needed for evidence-based decision making, the ability to build a research culture amongst the profession, and the establishment of staff that will operate and administer all research projects, grants and contracts. NIRSA will provide \$15,000 per year to the Institute to assist with administrative and operating costs.

The agreement contains the following mission statement:

The mission of the National Research Institute for College Recreational Sports & Wellness is to foster and facilitate interdisciplinary and collaborative research, provide educational research services, and to develop data sharing processes directed toward optimizing college recreational and wellness pursuits.



NIRSA Services Corporation (NSC) Board of Directors Meets in Orlando

New Board installed, marketing advances discussed.

Full agendas were tackled at two NSC Board of Directors' meetings held in Orlando during the 2005 Annual Conference and Recreational Sports Exposition.

One of the important orders of business was to welcome the new NSC Board Members: Kathleen Hatch, Washington State University, Eric Nickel, James Madison University, and Tamra Garstka, Arizona State University, as Immediate Past NIRSA President. Proceedings also included electing Mick Deluca, UCLA, as NSC President and retaining Jeff Vessely, Indiana University-Purdue University Indianapolis, as Secretary. (Click here to see the 2005-2006 NSC Board of Directors). Stepping down after very successful terms on the NSC board were Sid Gonsoulin, University of Southern Mississippi (Immediate Past NIRSA President), and Jesse (Tony) Clements, University of Illinois.

Other agenda items included:

- Selection of Title for National Campus Championship Series: Discussions continued for the naming and branding of the NIRSA Sport Club and Intramural Championships. Branding these events under an umbrella identity will help

build continuity for all NIRSA sponsored and endorsed events, both for NIRSA and for potential sponsors. The board decided on the title of "National Campus Championship Series," with "Presented by NIRSA" as a possible by-line. A trademark search on this name will be conducted before its use and release.

- Risk Management:

Discussions included comparisons between several proposals and other NIRSA agreements. There were questions regarding the NIRSA's liability exposure and the possible need for an RFP.

- College Connect, Inc.

Steve Bodine, President of College Connect, and NIRSA's contracted sports marketing agent, presented an update to the Board on his progress in securing sponsors for NIRSA sponsored and endorsed events. While Steve has yet to secure sponsorships, substantial progress is being made through an increasing number of face-to-face meetings with potential sponsors. These meetings have helped significantly in positioning NIRSA, and our Member Institutions' recreational facilities, as the most cost-effective means to reach the important 18-24 year old demographic. Steve continues to use data from Kerr & Downs and other recent NIRSA research to promote NIRSA to potential sponsors.

Look for continued updates regarding potential sponsors.



Election 2005 Results: New Officers Named, Bylaws Amendment Regarding Transitions Approved

Members have elected new officers for the 2005-2006 NIRSA Board of Directors and the Student Leadership Team. New officers include President-elect Maureen McGonagle (2005-2008), CRSS, DePaul University, Past Presidents' Representative Dennis Corrington (2005-2006), Texas A&M University, and three New Vice Presidents for 2005-2007: Sev-Ira' Brown, Syracuse University, Region I; Therese Kennedy, CRSS, University of Wisconsin, Region III; Vicki Highstreet, CRSS, University of Nebraska-Lincoln, Region V.

Linda Clauss, Clemson University, is the new National Student Representative for 2005-2006, with six Regional representatives joining her to complete the Student Leadership Team: Deborah Jones, Montclair State University, Region I; Melanie Freeman, University of North Alabama, Region II; Gary J. Baker, Oakland University, Region III; Kenneth L. Norris, University of Houston, Region IV; Darcie Lee, University of Nebraska-Lincoln, Region V; Marc Falkenstein, California State University (Sacramento), Region VI.

With the recently approved Bylaws Amendments now in place, the new National Student Representative and the new Vice Presidents will take office during the Summer Board Meeting in Corvallis, Oregon, at the NIRSA National Center.

Juliette Moore, University of Arizona and NIRSA President 1998, was selected by a convened vote of Past Presidents to serve as Past Presidents' Representative for 2006-2007. She will take her place on the BOD at the 2006 Annual Conference & Recreational Sports Exposition in Louisville, KY.

Looking ahead to next year, President-elect McGonagle, also chair of the Nominations & Elections Committee, wants to let members know that the committee "is working diligently to develop a list of possible candidates for the 2006 elections, including the Vice President positions in Regions II, IV, and VI, the President-elect, the National Student Representative, and Regional Student Representatives in every region." Moe writes: "Please contribute to the future success of NIRSA by participating in the nomination process. Take a few minutes to think about who is ready and able to step up and make a difference, and e-mail me (mmcgonag@depaul.edu) your suggestions by May 26. This is about US . . ."



News Stories Blanket the U.S. About Campus Recreation

Value & Growth of Campus Recreation Facilities & Programs Highlighted

An April Associated Press article on CNN.com, entitled "Recreation centers used to woo students" incorporated results of the NIRSA Collegiate Recreational Sports Facility Construction Report for 2004-2010 (complete report available at: <http://www.nirsa.org/secure/research/index.htm>). This article is the latest in a spate of online and print news items to address the increasing value of recreational sports facilities and programs. As a result of the AP article, NIRSA also made the news in the Cavalier Daily, from the University of Virginia Charlottesville and The Daily Iowan from the University of Iowa. To read recent coverage on this subject, follow the links below:

- <http://www.cnn.com/2005/EDUCATION/04/01/campus.rec.centers.ap/index.html>
Recreation centers used to woo students, by the Associated Press
- <http://cavalierdaily.student.virginia.edu/CVArticle.asp?ID=23080&pid=1284>
Rec. facilities attract prospectives [sic]: More colleges, universities enhance facilities to attract potential students; U.Va. facilities experience high use, by K.C. Hall
- <http://www.dailyiowan.com/news/2005/04/13/Metro/Ui.Joins.Trend.In.Bulking.Up.Rec.Space-922284.shtml>
UI joins trend in bulking up rec space, by Jane Slusark
- http://www.cw.ua.edu/vnews/display.v/ART/2004/09/02/4136aef43bfc6?in_archive=1
Redone Rec Center Wows UA Students, by Caitlin Tudzin
- http://www.boston.com/news/local/massachusetts/articles/2004/12/18/bu_shapes_up_its_recruiting/
BU shapes up its recruiting: Campus officials hope \$90m athletic center will lure top students, by Marcella Bombardieri



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Edsel Buchanan Delivers a Fond Farewell to NIRSA Service

Read complete text of speech from this long-time Association leader

A LONG GOODBYE TO THE NIRSA BOARD AND TO THE NIRSA MEMBERSHIP
A Present-, Past-, and Future-Tense Perspective

By

Henry Edsel Buchanan, Ed.D.

NIA-NIRSA President, 1968-1969

(NIA)NIRSA Life Member, 1961-2005

NIRSA Past-President's Representative 2004-2005

I am Henry Edsel Buchanan, but I'm better known to my friends as "Edsel". Whether any of you might be interested or not, Edsel was born in Floydada, Texas (close to Amarillo) on August 6, 1928. Some of you may have had the privilege of knowing and meeting my wife of 50 years, Anita Doris Mixon Buchanan. I lost Anita to Alzheimer's disease in February of 2000.



I am a graduate of Amarillo, Texas High School (1946) where I participated in three sports; namely, football, wrestling, and track and field. As a member of the Amarillo Maverick Boys Club (Boys Clubs of America affiliate), I participated in the club's gymnastics program. I received exceptional training in tumbling and trampolining. As a result of the gymnastics training that I had received from the Club director (Ralph Dykeman) and trampoline coach, Nard Cazzell, I received a gymnastics scholarship from the University of Michigan in 1948. The highlight of my gymnastic experiences at Michigan was

related to the trampoline event, which after many years, has become an official Olympic sport for the past two Olympics. As a gymnast at Michigan, I was fortunate enough to win three consecutive NCAA trampoline championships (1950-1951-1952). Although the Boys Club in Amarillo eventually had several collegiate gymnastics performers win a national trampoline championship, I was fortunate to be the only trampolinist to this date to win three (3) consecutive NCAA titles. My coaches were exceptional : Newt Loken at Michigan and Nard Cazzell back home in Texas. Newt Loken is 84 now and still resides in Ann Arbor with his lovely wife, Dorothy. Nard Cazzell is deceased.

In the 1950's, Cheerleaders at Michigan were primarily gymnasts. They did a lot of on the field tumbling and pyramid building. I was a cheerleader at Michigan over my five years as a student and experienced the thrill of being a cheerleader at a Rose Bowl game which Michigan won against the University of Southern California 13 to 6.

As a student at Michigan (January 1948 through February 1953), I completed academic work for the Bachelor of Science and Master of Arts degrees. Anita and I were married in the summer (July 7, 1950) before my senior year of 1950-51. Anita was an exceptional and supportive wife and a great mother for our three children (Steven, Stanley, Stella). We were



▶ SIDELINES



just a few days short of being married for 50 years before I lost Anita to Alzheimers in February of 2000.

While at Michigan and upon the advice of my brother, John, who was a career U.S. Navy submariner (20-plus years) and a WW2/Pearl Harbor veteran, I completed the U.S. Army ROTC infantry officer training program and was commissioned as a 2nd Lt. I also attended selected leadership training at the U.S. Military Academy at West Point. On April 1, 1953, I reported to Ft. Leonard Wood, Missouri for active duty within the Corps of Engineers combat training programs. I was there during the Korean War and achieved the military rank of 1st Lt. I was released from active duty on April 1, 1955.

While at Michigan, I was a student employee within the Intramural/Recreational program throughout my student years. I had the honor of studying under and working for Dr. Elmer D. Mitchell, Earl Risky, Rod Grambeau, Cliff Keen, and several other faculty and Athletic Department personnel. Little did I know at that time of the significant pioneering contributions of these individuals. Dr. Mitchell is historically known as "the Father of Intramurals. Earl Risky conceived the game of racquetball and introduced it nationally. I was an avid handball and racquetball player during my days at Michigan. My studies and work within the Michigan Intramural Sports environment were direct factors in my securing eventual employment at Texas Tech University following my active duty release from the military.

In 1954, my post-military employment was in my home town of Amarillo where I was hired as a physical education teacher for grades 7-8-9. I had also secured a position at Texas Tech; however, the Tech position was budgeted for one year later. Following the single year at Horace Mann Junior High School in Amarillo, I became the first full-time Intramural/Campus Recreation director at Texas Tech in 1955 when there were approximately 10,000 students at Tech. During my 3rd year at Texas Tech, I hired Willard Holsberry as Assistant Director. Will and I and Paul Gunsten each served the National Intramural Association as volunteer NIA/NIRSA Executive Directors during the early growth years of the NIA.

I was the campus recreation director at Texas Tech for 25 years. Texas Tech had then grown to 25,000 students Will left Tech to accept a directorship at Oregon State and I left Tech to pursue a doctorate degree. I earned a doctorate from the University of Houston with major interests in the administration of HPERD. Following two years at the University of North Texas, I was hired in 1979 by the University of Nebraska at Omaha (UNO) as the chair of the academic program for Recreation and Leisure Studies. Two of my colleagues at UNO were Dr. Richard Flynn (Director of the School of HPERD), who hired me, and Sid Gonsoulin, the UNO director of campus recreation at that time. Dr. Flynn, now President at Springfield College, was our first general session speaker at this conference. Sid is now an administrative executive at the University of Southern Mississippi.

In 1992, I retired so that I could care full-time for my wife, Anita. Anita's progression with Alzheimer's disease required her placement in a nursing home in 1995. Anita died from Alzheimer's disease in the year 2000.

I attended my first National Intramural Conference at Bowling Green State University in 1957. There were about 50 individuals registered. In the early years of our Association we met on campuses and stayed in dorms. Over a few years, membership and program growth was extensive and would eventually lead to conferences being held off campuses. In 1961 when I was continuing as Campus Recreation Director at Texas Tech, I became a Life Member of the then National Intramural Association (NIA). As stated previously, in those early formative years, Paul Gunsten, Will Holsberry, and I all served volunteer terms as NIA Executive Directors. We used a manual addressograph for our "high volume" mailings and membership lists. At the NIA New Orleans Annual Conference business meeting, the name of our association was debated extensively. Large colleges/universities considered the term "Intramural" as in the name NIA as too limiting in reference to the broad scope of many campus recreation programs. After several proposals were defeated, I proposed a change to The National Intramural-Recreational Sports Association. The change, seconded by Will Holsberry, was adopted and it remains our Association name to this date.

As of 2005, a "lot of water so to speak" has flowed over the NIRSA dam. The presence of our national headquarters building, plus our Association Executive Director, complemented by

our excellent headquarters personnel, along with our current BOD members is highly indicative of the positive growth which continues for our Association. The NIRSA headquarters personnel along with each of our individual BOD members constitute the "heart" of our Association!

This "heart" would only be a headquarters building if it were not for the exceptional outstanding presence of genuine care and professionalism exemplified throughout NIRSA as "our association." I believe that NIRSA truly cares for its members and its leadership as demonstrated over the years of our history. In behalf of all Board members (past and present) and our National Center staff here in Orlando, I THANK each and all for your extreme kindness! Your giving to me of the opportunity and privilege to serve NIRSA as your Past President's Representative has been an overwhelming and passionate emotional experience! I wish that I could have done better for you. I recognize that I am no longer the efficient capable administrator that I used to be. Please permit me to share two more address segments with you. First, a poem which I've slightly altered for this occasion.

WHEN YOU GET "ON"

author(s) unknown

When you get "on" and you've lived a long time
And the walk up the stairs is a mighty high climb,
Though your eyes are dimmer than what they were
And the page of a book has a misty blur,
Strange as the case may seem to be,
Then is the time you will clearly see.

You'll see yourself as you really are,
When you've lived a lot and you've traveled far,
When your strength gives out and your muscles tire
You'll see the folly of your ambition's desire;
You'll see what now that to your sight was hid,
The numberless trivial things you did.

Often the blindest are youthful eyes,
For age must come before a person grows wise,
And youth makes much of the mountain peaks,
And the strife for fame and the goal it seeks,
But age sits down with the setting sun
And smiles at the boastful deeds it has done.

You'll sigh for those friends who you turned aside
By your hasty word or your show of pride,
You'll laugh at medals that now you prize,
For you'll look at them through more clear eyes
You will see how little they really meant
For which so much of your strength was spent.

You'll now see as always how an old person sees,
That the waves die down with the fading breeze,
That the ceremonial pomps of life never last for long,
And those who were great sink back to the common throng,
Plus, you'll understand when the struggle ends,
That the finest gifts of all life are your friends!

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In closing, I am reminded of the World War II expression by General Douglas MacArthur when he said (quote), "Old Soldiers Don't Die, They Just Fade Away." As I fade away, let me Thank You, each and all, for this last exceptional opportunity to endeavor to serve with you as a colleague and to serve our caring and wonderful association members as your Past-President's Representative. Thank You, each and all for having the "Heart" of making it possible for me to serve!