# Plant Survey of White's Cove Property, Digby Neck, Digby County, Nova Scotia

*Client:* Paul G. Buxton, P.O. Box 98, Annapolis Royal, Nova Scotia BOS 1A0

Dates of survey: July 2, 3 & 7, 2002

*Botanist:* Ruth E. Newell, B.Sc. (Hons.), M.Sc. General Delivery, Wolfville, Nova Scotia B0P 1X0

### Introduction:

This report represents the results of a botanical survey carried out on a 380-acre site situated on Digby Neck, Digby County, Nova Scotia in the vicinity of White's Cove. The property is located primarily on the northwest-facing slope of the North Mountain. It also encompasses an approximately 3 km section of the Bay of Fundy shoreline. Vehicle access is off of Highway 217 between the communities of Little River and Mink Cove.

This plant survey was carried out over three days (July 2<sup>nd</sup>, 3<sup>rd</sup> and 7<sup>th</sup>, 2002) by botanist, Ruth Newell and an assistant. Time spent in a given habitat depended on potential for rare plant species based on the Atlas of Rare Vascular Plants of Nova Scotia (Pronych and Wilson, 1993). Two days were spent surveying coastal habitats (headlands, coastal wetlands, rocky shoreline and mountain streams) and one day was devoted to the forested areas.

The entire coastline was surveyed and the vegetation recorded for both the headlands and the rocky shoreline. Two small streams flowing off of the North Mountain to the Bay of Fundy were also examined along their lengths to the extent that they occurred within the property boundaries. A coastal bog/marsh located approximately .6 km northeast of White's Cove was checked. The woodlands were surveyed by walking one broad northeast/southwest transect for most of the property length with two perpendicular transects off of the main transect, to the coast. Transect width varied from 20 - 40 m. A significant proportion of the woods along the top of the mountain has been recently clearcut, as has a section of the woods in the vicinity of White's Cove. These clearcut areas are not evident on the air photo. These areas were briefly examined during this study.

Locations of most of the populations of rare plant species observed on the property were documented digitally with a GPS unit (Garmin 12). Due to technical difficulties however,

the locations of the various populations of *Primula laurentiana* (Bird's-eye Primrose) found on site were not marked with a GPS unit. There were instead, pinpointed on an aerial photo at the time of observation. All rare species observed were photographed with a 35 mm camera with the exception of *Conioselinum chinense* /Hemlock Parsley, and flagged. The approximate population size for each rare species was also recorded. Locations of all the rare plant species found during this survey are indicated on the air photo located on the last page of this report.

Habitat descriptions and a list of plant species for each, is provided in APPENDIX 1.

### Results:

# Rare Species found on the White's Cove Property during this survey:

1) Prenanthes racemosa (Glaucous Rattlesnake-root). Photo 1.

ACCDC ranking: S1; listed as rare for Nova Scotia by Maher *et al.* (1978) and Pronych & Wilson (1993). (See APPENDIX 2 for an explanation of the ACCDC Ranking System)

Map coordinates for the location of this species on the White's Cove property: NAD 83, 19T 0726914E, 4926924N.

This plant has been reported in the past, in low numbers, from nearby Sandy Cove and Whale Cove (Roland, 1998), but has not been seen in either area, for approximately fifty years. One clump, consisting of approximately15 closely associated plants, many small and probably not reproducing, was found on a very sheltered, narrow rock ledge on a layer of peaty soil, along the upper portion of the rock shoreline.

It should be noted here that these plants were not in flower when discovered, so identification is based on vegetative material and comparison with herbarium specimens. It would be advisable to make a return visit to the site in August or September when these plants are normally in flower or fruit to confirm identification. A return visit is also advisable in terms of looking for other plants of this species. Glaucous Rattlesnake-root was reported from an exposed Juniper-crowberry headland at Whale Cove on Digby Neck (Roland, 1998). Although the headlands in the White's Cove area were examined closely, this species would be difficult to spot amongst the dense carpets of Juniper and Crowberry unless in flower or fruit. In other words, it would be more conspicuous in the field at this time and therefore more likely to be found if present.



**Photo 1.** *Prenanthes racemosa* (Glaucous Rattlesnake-root) growing on a rock ledge on the White's Cove property.

2) Arenaria groenlandica (Mountain Sandwort). Photo 2.

ACCDC ranking: S2; listed as rare for Nova Scotia by Maher et al. (1978) and Pronych & Wilson (1993).

Map coordinates for the location of this species on the White's Cove property: NAD 83; 19T 0727702E, 4928232N – this represents the northeast limit of the population.

Approximately 15 small clumps of Mountain Sandwort were observed on the coast, about .6 - .7 km northeast of White's Cove. Most of the plants occur in shallow soil on the edges of flat outcroppings of basalt well up on the shoreline. One clump only, was found along an ATV trail on bare, peaty substrate. This species seems to be restricted to two locations on the White's Cove property. These are points on the coast where the shoreline broadens into three, terraces of flat basalt outcropping and headland vegetation, inland of the outer rock shoreline. The Mountain Sandwort seems to be restricted to the middle bedrock terrace in all cases. This particular habitat structure only occurs immediately northeast and immediately southwest of the cove marking the location of the coastal bog/marsh that was also surveyed for this study (see aerial photo). Most of the plants found occurred to the northeast of the bog. Two clumps were found southwest of the bog. This species inhabits areas with seemingly harsh environmental conditions where there is little competition from other plants species.



**Photo 2.** Arenaria groenlandica (Mountain Sandwort) in shallow soil on the edge of a coastal basalt outcrop, northeast of White's Cove.

3) Conioselinum chinense (Hemlock Parsley) (no photo available)

ACCDC ranking: S2S3

This member of the carrot family is sparsely distributed along the coastline southwest of White's Cove. It was not observed northeast of White's Cove. It occurs in small numbers both on the headlands and with *Primula laurentiana* on the upper portion of the rocky shore. Most plants were vegetative and very small. Several more robust plants were along the stream near the southwest corner of the property. These latter plants had young flowering stems.

4) Primula laurentiana (Bird's-eye Primrose). Photos 3 & 4.

ACCDC ranking: S3; listed as rare for Nova Scotia by Maher *et al.* (1978) and Pronych & Wilson (1993).

Bird's-eye Primrose was observed intermittently along the coast in approximately 10 locations from White's Cove, southwestwards to the property line. It was not located along the shoreline northeast of White's Cove. It is found as scattered small populations on disturbed, often relatively bare soil where the headland and rock shoreline habitats meet. It also grows in shallow soil in the lee of rock faces or large boulders on the upper section of the rocky shoreline. These are damp, shady micro-habitats sheltered from the elements. Approximately 300 plants in total were observed, ranging from fruiting specimens to non-flowering/fruiting rosettes to seedlings.



**Photos 3 & 4.** Photographs taken on site of *Primula laurentiana* (Bird's-eye Primrose) in flower (top) and in fruit (bottom) (top photo courtesy of G. Alliston).

# 5) Symplocarpus foetidus (Skunk Cabbage) Photo 5.

ACCDC ranking: S3; listed as rare for Nova Scotia by Maher et al. (1978) and Pronych & Wilson (1993).

Map coordinates for the location of this species on the White's Cove property: NAD83, 19T 0727407E, 4927074N.

Only one plant of Skunk Cabbage was found during this survey. It was found in the woods, in a low area between two boulders under White Birch with Cinnamon Fern growing nearby. Because the entire forested area of the property was not surveyed, it is possible that other plants of this species may occur here.



**Photo 5.** *Symplocarpus foetidus* (Skunk Cabbage) in woods northeast of White's Cove Road.

# **Recommendations:**

- 1. It is recommended that the coastal communities remain undisturbed due to the presence of four rare plant species including an ACCDC S1- ranked plant, Glaucous Rattlesnake-root (*Prenanthes racemosa*).
- 2. It is recommended that a field visit be made later in the season (in August or September) when Glaucous Rattlesnake-root is in flower or fruit, to search for more plants in the headland areas.

### **References** Cited:

- Maher, R.V., D.J. White, G.W. Argus and P.A. Keddy. 1978. *Rare Vascular Plants of Nova Scotia*. Syllogeus 18. Ottawa: National Museum of Sciences. 37pp.
- Pronych, G. and A. A. Wilson. 1993. Rare Vascular Plants of Nova Scotia. Nova Scotia Museum, Halifax. 2 vols. 331 pp.
- Roland, A.E. 1998. *Roland's Flora of Nova Scotia*. 3<sup>rd</sup> edition. Nimbus Publishing and the Nova Scotia Museum, Halifax, N.S.

### Web Sites

Atlantic Canada Conservation Data Center: http://www.accdc.com

### **APPENDIX 1. Habitat Descriptions and Species Lists**

#### Habitat 1

### Headland at White's Cove

This is a low, grassy area located behind the beach at White's Cove. A number of introduced species are present which suggest some past human disturbance. Common graminoid species include: Red Fescue, Hair Fescue, Sweet Vernal Grass, and Kentucky Blue Grass. Common forbs include: Yellow Rattle, Rough Goldenrod, Sheep Sorrel, Yarrow, Knapweed, etc. Scattered shrub and tree species include Common and Creeping Juniper, Bayberry, White Spruce, Meadowsweet, etc.

Plant List		
Latin Name	Common Name	Abundance
Achillea millefolium	Yarrow	common
Anthoxanthum odoratum	Sweet Vernal Grass	common
Aster sp.	an aster	common
Campanula rotundifolia	Harebell	scattered
Carex viridula	Little Green Sedge	common
Centaurea nigra	Knapweed	scattered
Cerastium vulgatum	Mouse-eared Chickweed	scattered
Chrysanthemum leucanthemum	Ox-eye Daisy	scattered
Dactylis glomerata	Orchard Grass	occasional
Daucus carota	Wild Carrot	scattered
Empetrum nigrum	Black Crowberry	common
Festuca filiformis	Hair Fescue	common

Festuca rubra	Red Fescue	common
Fragaria virginiana	Wild Strawberry	scattered
Hieracium floribundum	King Devil	occasional
Holcus lanatus	Yorkshire Fog	occasional
Hypericum perforatum	Common St. John's-wort	occasional
Hypochoeris radicata	Cat's-ear	occasional
Iris versicolor	Blue Flag	occasional
Juncus arcticus	Arctic Rush	occasional
Juncus bufonius	Toadrush	occasional in patches
Juniperus communis	Common Juniper	common
Juniperus horizontalis	Creeping Juniper	common
Luzula multiflora	Common Woodrush	scattered
Myrica pensylvanica	Bayberry	common
Panicum boreale	Northern Witchgrass	common
Picea glauca	White Spruce	occasional
Plantago lanceolata	English Plantain	scattered
Poa pratensis	Kentucky Bluegrass	common
Ranunculus acris	Tall Buttercup	scattered
Rhinanthus crista-galli	Yellow Rattle	common
Ribes sp.	a gooseberry	scattered
Rosa virginiana	Common Wild Rose	occasional
Rubus sp.	a blackberry	common
Rubus strigosus	Wild Raspberry	occasional
Rumex acetosella	Sheep Sorrel	common
Sisyrinchium montanum	Blue-eyed Grass	occasional
Solidago rugosa	Rough Goldenrod	common
Spiraea alba	Meadowsweet	scattered
Taraxacum officinale	Dandelion	occasional
Tragopogon pratensis	Goat's-beard	scattered
Vaccinium angustifolium	Lowbush Blueberry	scattered
Vaccinium macrocarpon	Large Cranberry	occasional
Veronica officinalis	Common Speedwell	occasional

### Headlands northeast of White's Cove

The headlands northeast of White's Cove are noticeably less rugged than those to the southwest. The gentler terrain has permitted the establishment of a well-traveled ATV trail from north of the property, as far south as White's Cove. Common plant species on these headlands include Three-toothed Cinquefoil, Beach Blue Flag, White Goldenrod, Common and Creeping Juniper, Black Crowberry, several large patches of Rugose Rose, the succulent, Roseroot, the sedge, *Carex panicea* (conspicuous due to it's bluegreen leaves), Little Green Sedge and numerous grasses including Poverty Grass, Blue Joint and Red Fescue.

At two locations along this stretch of coast, the upper shoreline/headland area broadens into three terraces. Each of these three levels has large, relatively level patches of

exposed basalt bedrock. It is in these areas (primarily on the middle terrace) that the rare species, Mountain Sandwort (*Arenaria groenlandica*) was discovered.

Plant List		
Latin Name	Common Name	Abundance
Angelica lucida	Seaside-angelica	occasional
Aralia nudicaulis	Wild Sarsaparilla	common
Arenaria groenlandica	Mountain Sandwort	uncommon
Arenaria lateriflora	Sandwort	occasional patches
Calamagrostis canadensis	Bluejoint	scattered
Carex folliculata	Long Sedge	uncommon
Carex panicea	a sedge	locally common
Carex viridula	Little Green Sedge	common
Cornus canadensis	Bunchberry	occasional
Danthonia spicata	Poverty Grass	common to abundant
Deschampsia flexuosa	Hairgrass	common
Drosera intermedia	Narrow-leaved Sundew	occasional
Empetrum nigrum	Black Crowberry	common
Ilex verticillata	Canada Holly	occasional
Iris setosa	Beach Blue Flag	occasional
Juniperus communis	Common Juniper	common
Juniperus horizontalis	Creeping Juniper	common
Osmunda cinnamomea	Cinnamon Fern	common
Poa compressa	Canada Bluegrass	uncommon
Poa palustris	Fowl Meadow Grass	occasional
Potentilla simplex	Cinquefoil	scattered
Potentilla tridentata	Three-toothed Cinquefoil	common
Pteridium aquilinum	Bracken	scattered
Radiola linoides	Tiny All-seed	locally abundant
Raphanus raphanistrum	Wild Radish	uncommon
Ribes hirtellum	Gooseberry	scattered
Rosa rugosa	Rugose Rose	locally common
Rubus sp.	blackberry	scattered
Salix humilis	Small Pussy-willow	uncommon
Scirpus cespitosus	Deergrass	uncommon to common
Sedum rosea	Roseroot	common
Solidago bicolor	White Goldenrod	common

### Habitat 3

# Headlands southwest of Whites Cove

The coastline southwest of White's Cove is much more rugged than the coastline northeast of White's Cove. There are occasional cliffs separating the headland habitat from the lower rocky shore. In a number of spots, giant boulders are strewn over the bedrock of the outer shoreline area. Walking this shoreline is much more challenging than the shoreline to the northeast. There are two large headland areas dominated by Juniper and Crowberry species. There is also little evidence of human disturbance along this part of the coastline. A number of rare plant species were found here. These include Bird's-eye Primrose (*Primula laurentiana*), Hemlock Parsley (*Conioselinum chinense*) and Glaucous Rattlesnake-root (*Prenanthes racemosa*).

Plant List		
Latin Name	Common Name	Abundance
Achillea millfolium	Yarrow	scattered
Anagallis arvensis	Poor-man's Weather-glass	uncommon
Aralia nudicaulis	Wild Sarsaparilla	scattered
Aster sp.	an aster	common
Calamagrostis canadensis	Bluejoint	occasional to scattered
Campanula rotundifolia	Harebell	common
Carex conoidea	Field Sedge	uncommon
Carex panicea	a sedge	locally common
Carex viridula	Little Green Sedge	scattered
Conioselinum chinense	Hemlock Parsley	uncommon
Danthonia spicata	Poverty Grass	scattered
Deschampsa flexuosa	Hairgrass	scattered to common
Empetrum nigrum	Black Crowberry	common
Euphrasia randii	Small Eyebright	uncommon
Festuca rubra	Red Fescue	common
Iris setosa	Beach Blue Flag	occasional scattered
Iris versicolor	Blue Flag	occasional
Juniperus communis	Common Juniper	abundant
Juniperus horizontalis	Creeping Juniper	abundant
Ligusticum scothicum	Scotch Lovage	occasional
Lysimachia terrestris	Swamp Candle	occasional
Myrica pensylvanica	Bayberry	common
Oenothera perennis	Sundrops	uncommon
Oryzopsis asperifolia	Rice-grass	uncommon
Osmunda cinnamomea	Cinnamon Fern	common
Panicum boreale	Northern Witchgrass	common
Picea glauca	White Spruce	common
Potentilla simplex	Cinquefoil	scattered
Potentilla tridentata	Three-leaved Cinquefoil	scattered
Prenanthes racemosa	<b>Glaucous Rattlesnake Root</b>	rare
Primula laurentiana	Bird's-eye Primrose	uncommon; occurring
		at interface of coastal
		rocky shoreline and
		headland
Rhinanthus crista-galli	Yellow-rattle	occasional
Scirpus caespitosus	Deergrass	scattered to common
Sedum rosea	Roseroot	scattered
Sisyrinchium montanum	Blue-eyed Grass	occasional
Solidago bicolor	White Goldenrod	common

Spiraea alba	Meadowsweet	common
Toxicodenron sp.	Poison Ivy	locally common
Vaccinium angustifolium	Lowbush Blueberry	scattered to common
Vaccinium macrocarpon	Large Cranberry	occasional

# Coastal marshes/open seepage slopes

A number of small, open, marshes and seepage areas occur periodically along the shoreline on the White's Cove property. No rare plant species were observed in any of these.

Pl	ant	List
1 1	am	LISU

Latin Name	Common Name	Abundance
Aster umbellatus	Tall White Aster	scattered
Calystegia sepium	Hedge-bindweed	common
Carex crinita	Fringed Sedge	occasional
Carex echinata	Little Prickly Sedge	common
Eleocharis sp.	a spike-rush	common
Impatiens capensis	Jewelweed	common
Lycopus americanus	Water Horehound	uncommon
Lycopus uniflorus	Bugle-weed	occasional
Lysimachia terrestris	Swamp Candle	common
Mentha sp.	a mint	occasional
Onoclea sensibilis	Sensitive Fern	common
Platanthera sp	an orchid	uncommon
Polygonum sagittatum	Tear-thumb	occasional
Potentilla anserina	Silverweed	occasional
Rosa virginica	Common Wild Rose	common
Scutellaria galericulata	Marsh Skullcap	uncommon

# Habitat 5

# **Rock** crevices along lower shoreline (outermost vegetated zone; situated between high tide line and headlands)

This hostile environment is highly subject to salt spray and wind. Vegetation only occurs in crevices that offer a little bit of soil and some protection from the elements. The most prevalent and widespread species in this habitat is Seaside Plantain. Other fairly widespread species include Roseroot, Red Fescue, Beach Blue Flag and Scotch Lovage. **Bird's-eye Primrose (***Primula laurentiana***) and Parsley Hemlock (***Conioselinum chinense***) are rare species found in the upper reaches of this habitat. These species bridge two habitats by occurring in the upper reaches of the lower rocky shoreline and the lower reaches of the grassy headland habitat.** 

I failt List		
Latin Name	Common Name	Abundance
Atriplex sp.	an orach	uncommon
Carex scoparia	Pointed Broom Sedge	scattered

Plant List

Circaea alpina	Small Enchanter's	uncommon
	Nightshade	
Conioselinum chinense	Hemlock Parsley	uncommon
Epilobium sp.	a willow-herb	uncommon
Festuca rubra	Red Fescue	occasional
Glaux maritima	Sea-milkwort	uncommon
Iris setosa	Beach Blue Flag	scattered
Juncus gerardii	Black Grass Rush	occasional
Lathyrus japonicus	Beach-pea	uncommon
Ligusticum scothicum	Scotch Lovage	scattered
Plantago maritima	Seaside Plantain	common
	<b>TA 14 TA</b>	
Primula laurentiana	Bird's-eye Primrose	uncommon
Primula laurentiana Puccinellia maritima	Bird's-eye Primrose Seaside Alkali Grass	uncommon   uncommon
	*	
Puccinellia maritima	Seaside Alkali Grass	uncommon
Puccinellia maritima Ranunculus cymbalaria	Seaside Alkali Grass Seashore Buttercup	uncommon uncommon
Puccinellia maritima Ranunculus cymbalaria	Seaside Alkali Grass Seashore Buttercup	uncommon uncommon occasional patches in low
Puccinellia maritima Ranunculus cymbalaria	Seaside Alkali Grass Seashore Buttercup	uncommonuncommonoccasional patches in lowchannels (fractures) through the
Puccinellia maritima Ranunculus cymbalaria Rumex pallidus	Seaside Alkali Grass Seashore Buttercup Sea-beach Dock	uncommon uncommon occasional patches in low channels (fractures) through the basalt bedrock
Puccinellia maritima Ranunculus cymbalaria Rumex pallidus Sagina procumbens	Seaside Alkali Grass Seashore Buttercup Sea-beach Dock Pearlwort	uncommonuncommonoccasional patches in lowchannels (fractures) through thebasalt bedrockoccasional
Puccinellia maritima Ranunculus cymbalaria Rumex pallidus Sagina procumbens Scirpus caespitosus	Seaside Alkali Grass Seashore Buttercup Sea-beach Dock Pearlwort Deergrass	uncommonuncommonoccasional patches in lowchannels (fractures) through thebasalt bedrockoccasionaluncommon

### **Inland boulders and outcrops**

This property is peppered with large boulders (erratics?) and small outcroppings of bedrock. Vegetation occurring in shallow soil on top of or in crevices of these must be able to tolerate drought conditions as the shallow soil would dry out fairly rapidly in sunny weather. Lichens are abundant and often dominate particularly when the boulder or exposed bedrock receives little shade. No rare plant species were observed in this particular habitat.

Plant List		
Latin Name	Common Name	Abundance
Achillea millefolium	Yarrow	occasional
Agrostis capillaris	Brown Top	uncommon
Aralia nudicaulis	Wild Sarsaparilla	common
Aster umbellatus	Tall White Aster	occasional
Cornus canadensis	Bunchberry	common
Deschampsia flexuosa	Hairgrass	common
Festuca rubra	Red Fescue	common
Fragaria virginiana	Wild Strawberry	occasional
Hieracium pilosella	Mouse-eared Hawkweed	occasional
Juniperus communis	Common Juniper	common
Linnaea borealis	Twinflower	common
Maianthemum canadense	Wild Lily-of-the-valley	occasional

Melampyrum lineare	Cow-wheat	occasional
Polypodium virginianum s.l	Rock Polypody	common
Rubus strigosus	Wild Raspberry	occasional
Senecio vulgaris	Groundsel	uncommon
Vaccinium angustifolium	Lowbush Blueberry	common
Veronica officinalis	Common Speedwell	occasional

# Coastal "boggy" marsh northeast of White's Cove

This is a Cinnamon Fern/shrub/Red Maple-dominated wetland with a mix of both bog and marsh plant species. A few open wet areas exist with clumps of Deergrass and a variety of other herbaceous plants. No rare species were observed in this particular habitat.

Plant List			
Latin Name	Common Name	Abundance	Comments
Acer rubrum	Red Maple	scattered	
Alnus uncana	Speckled Alder	occasional to	
		scattered	
Alnus viridis	Downy Alder	common	
Amelancher sp.	a shadbush	occasional	
Arethusa bulbosa	Dragon's-mouth	uncommon	
Aronia sp. a chokeberry	occasional		
Aster nemoralis	Bog Aster	scattered	
Aster umbellatus	Tall White Aster	occasional	
Brachyelytrum erectum	Long-awned Wood	uncommon	
	Grass		
Carex buxbaumii	Buxbaum's Sedge	uncommon	
Carex cf. rostrata	Beaked Sedge	uncommon	large coarse sedge
			vegetative
Carex echinata	Little Prickly Sedge	scattered	
Carex exilis	Coast Sedge	abundant	
Carex folliculata	Long Sedge		
Diervilla lonicera	Bush Honeysuckle	uncommon	
Drosera intermedia	Narrow-leaved Sundew	occasional	
Drosera rotundifolia	Round-leaved Sundew	occasional	
Eleocharis sp.	a spikerush	occasional	immature
Empetrum nigrum	Black Crowberry	occasional	
Eriophorum	Narrow-leaved Cotton-	occasional	
polystachion	grass		
Eriophorum virginicum	Tawny Cotton-grass	occasional	
Ilex verticillata	Canada Holly	common	
Iris versicolor	Blue Flag	occasional	
Juncus arcticus	Arctic Rush	occasional to	
		scattered	
Juniperus communis	Common Juniper	occasional	

Kalmia angustifolia	Sheep Laurel	occasional	
Ledum groenlandicum	Labrador Tea	scattered	
Lonicera caerulea	Mountain Fly-	occasional	
	honeysuckle		
Myrica gale	Sweet Gale	common	
Myrica pensylvanica	Bayberry	occasional to	
	,	scattered	
Osmunda cinnamomea	Cinnamon Fern	common	
Osmunda claytoniana	Interrupted Fern	uncommon	
Osmunda regalis	Royal Fern	occasional	
Panicum boreale	Northern Witchgrass	occasional	
Platanthera dilatata	Tall White Northern-	uncommon	
	bog Orchid		
Potentilla fruticosa	Shrubby Cinquefoil	scattered	
Pteridium aquilinum	Bracken	scattered	
Pyrola rotundifolia(?)	American Wintergreen	uncommon	
Rhododendron	Rhodora	occasional	
canadense			
Rosa nitida	Swamp-rose	scattered	
Rubus pubescens	Dewberry	occasional	
Rubus sp.	a blackberry	scattered	
Scirpus caespitosus	Deergrass	common to	
		abundant	
Scirpus hudsonianus	Alpine Cotton-grass	occasional	= Eriophorum
			alpinum
Solidago uliginosa	Bog Goldenrod	occasional	
Sphagnum spp.	sphagnum mosses	abundant	
Spiraea alba	Meadowsweet	common	
Thalictrum pubescens	Meadow-rue	occasional	
Thelypteris palustris	Marsh Fern	occasional	
Toxicodendron sp.	Poison Ivy	locally	
		common	
Vaccinium	Lowbush Blueberry	occasional to	
angustifolium		scattered	
Vaccinium macrocarpon	Large Cranberry	common	
Vaccinium oxycoccos	Small Cranberry	occasional	
Vaccinium vitis-idaea	Foxberry	occasional	
Viburnum nudum	Witherod	occasional	

# Habitat 8 Streams

Stream #1. A small stream, located near the northeastern extremity of the property and flowing westwards off of the North Mountain to the sea, was surveyed. It is a narrow, shallow, rocky stream running through a small gorge. Near it's mouth on the coast, it flows through a shrub thicket of Canada Holly, Meadowsweet, Downy Alder, Common

Wild Rose, Mountain Fly-honeysuckle and Witherod. No rare species were found in the vicinity of this stream.

Plant List		
Latin Name	Common Name	Abundance
Abies balsamea	Balsam Fir	occasional
Acer rubrum	Red Maple	occasional
Alnus viridis	Downy Alder	occasional
Aralia nudicaulis	Wild Sarsaparilla	scattered
Aster acuminatus	Wood Aster	occasional
Aster macrophyllus	Large-leaved Aster	common
Aster umbellatus	Tall White Aster	scattered
Betila papyrifra	White Birch	scattered
Brachyelytrum erectum	Long-awned Wood Grass	uncommon
Carex echinata	Little Prickly Sedge	uncommon
Carex gracillima	Graceful Sedge	uncommon
Carex leptonervia	Finely-nerved Sedge	uncommon
Clintonia borealis	Clintonia	uncommon
Coptis trifolia	Goldthread	occasional
Cornus canadensis	Bunchberry	scattered
Deschampsia flexuosa	Hairgrass	scattered
Empetrum nigrum	Black Crowberry	occasional
Fraxinus americanus	White Ash	uncommon
Gaultheria hispidula	Creeping Snowberry	occasional
Ilex verticillata	Canada Holly	occasional
Juniperus communis	Common Juniper	occasional
Linnaea borealis	Twinflower	common
Lonicera caerulea	Mountain Fly-honeysuckle	uncommon
Maianthemum canadense	Wild Lily-of-the-valley	scattered
Myrica pensylvanica	Bayberry	occasional
Osmunda cinnamomea	Cinnamon Fern	occasional to scattered
Phegopteris connectilis	Beech Fern	occasional
Picea rubens	Red Spruce	common
Potentilla fruticosa	Shrubby Cinquefoil	uncommon
Potentilla tridentata	Three-toothed Cinquefoil	uncommon
Prenanthes sp.	a lion's-paw	uncommon
Pteridium aquilinum	Bracken	occasional
Rosa virginiana	Common Wild Rose	uncommon
Rubus pubescens	Dewberry	occasional
Smilacina racemosa	False Solomon's-seal	uncommon
Spiraea alba	Meadowsweet	common at stream mouth
Streptopus roseus	Rosy Twisted-stalk	uncommon
Taxus canadensis	Yew	occasional
Thalictrum pubescens	Meadow-rue	occasional to scattered
Trientalis borealis	Starflower	occasional
Vaccinium angustifolium	Lowbush Blueberry	occasional

Vaccinium vitis-idaea	Foxberry	occasional
Viburnum nudum	Witherod	occasional

Stream #2. Only a part of a stream at the southwestern corner of the property occurs within the property boundary. This is the section that runs through the open, headland area before coming to the outer rocky shoreline. The stream is narrow and shallow and runs through a small, narrow rock gorge. Clumps of Deergrass and Little Prickly Sedge are dominant along the stream where it makes its way across the headland. Other components of the streamside vegetation include Tall White Northern-bog Orchid, Blue Flag, Meadow-rue and Tall White Aster. A small number of Hemlock Parsley (*Conioselinum chinense*) plants were located along this stream. These were the most robust plants of this species seen on the property and were the only ones to have immature flowering shoots. All previous plants of this species observed were vegetative.

Plant List		
Latin Name	Common Name	Abundance
Achillea millefolium	Yarrow	occasional
Alnus viridis	Downy Alder	uncommon
Aster umbellatus	Tall White Aster	occasional
Campanula rotundifolia	Harebell	occasional
Carex crinita	Fringed Sedge	uncommon
Carex echinata	Little Prickly Sedge	common
Carex panicea	a sedge	common
Carex viridula	Little Green Sedge	occasional
Conioselinum chinense	Hemlock Parsley	uncommon
Eleocharis sp.	a spikerush	ocasional
Empetrum nigrum	Black Crowberry	common
Festuca rubra	Red Fescue	scattered
Iris versicolor	Blue Flag	occasional
Juncus arcticus	Arctic Rush	thinly scattered
Juniperus communis	Common Juniper	common
Juniperus horizontalis	Creeping Juniper	common
Lonicera caerula	Mountain Fly-honeysuckle	occasional
Myrica pensylvanica	Bayberry	occasional
Osmunda cinnamomea	Cinnamon Fern	scattered
Panicum boreale	Northern Witchgrass	scattered
Phegopteris connectilis	Beech Fern	occasional
Picea glauca	White Spruce	occasional to common
Platanthera dilatata	Tall White Northern-bog	uncommon
Drupus virgining	Orchid	occasional
Prunus virginina Rubus pubescens	Chokecherry Dewberry	occasional
Scirpus caespitosus	Deergrass Moodouv muo	common
Thalictrum pubescens	Meadow-rue	occasional

# Habitat 9 Wooded areas

### #1. Wooded area southwest of White's Cove Road

The woods vary from mostly coniferous to mixed coniferous-deciduous. Dominant trees include Red Spruce and Balsam Fir. Scattered throughout are Red Maple and White Birch. The terrain along the transect consisted of a series of alternating dry knolls and damp, sphagnous hollows. There was a scattering of large boulders, usually with some vegetation on top and in crevices on the sides. A large section near the southwestern property line has numerous deadfalls. No rare species were observed along this transect.

Plant List		
Latin Name	Common Name	Abundance
Abies balsamea	Balsam Fir	common
Acer rubrum	Red Maple	scattered
Alnus viridis	Downy Alder	occasional
Anthoxanthum	Sweet Vernal Grass	uncommon
odoratum		
Aralia nudicaulis	Wild Sarsaparilla	common
Aster acuminatus	Wood Aster	occasional
Aster macrophyllus	Large-leaved Aster	
Aster umbellatus	Tall White Aster	occasional to scattered
Athyrium filix-femina	Lady Fern	uncommon
Betula papyifera	White Birch	occasional to scattered
Calamagrostis	Blue Joint	occasional
canadensis		
Carex debilis var. rudgei	White-edged Sedge	uncommon
Carex echinita	Little Prickly Sedge	occasional
Carex intumescens	Bladder Sedge	uncommon
Carex leptalea	Bristly-stalked Sedge	occasional in damp areas
Carex novae-angliae	New England Sedge	uncommon
Carex trisperma	Three-seeded Sedge	common in low damp areas
Circaea alpina	Small Enchanter's-	forming carpets in damp wooded
	nightshade	areas
Coptis trifolia	Goldthread	common
Cornus canadensis	Bunchberry	occasional
Danthonia spicata	Poverty Grass	uncommon
Deschampsia flexuosa	Hairgrass	scattered
Diervilla lonicera	Bush Honeysuckle	uncommon
Dryopteris intermedia	Evergreen Wood Fern	occasional
Galium triflorum	Sweet-scented Bedstraw	uncommon
Glyceria striata	Fowl Manna-grass	occasional in damp areas
Gymnocarpium	Oak Fern	uncommon
dryopteris		
Ilex verticillata	Canada Holly	occasional to common

Linnaea borealis	Twinflower	abundant
Lonicera canadensis	Fly-honeysuckle	occasional
Lycopodium annotinum	Bristly Club-moss	occasional in clearcut
Lysimachia terrestris	Swamp Candle	occasional in damp areas
Maianthemum	Wild Lily-of-the-valley	common
canadense		
Nemopanthus mucronata	False Holly	occasional
Osmunda cinnamomea	Cinnamon Fern	common in low damp areas
Osmunda regalis	Royal Fern	uncommon
Panicum boreale	Northern Witchgrass	uncommon
Phegopteris connectilis	Beech Fern	locally common
Picea glauca	White Spruce	scattered to common
Picea rubens	Red Spruce	common
Poa saltuensis	Drooping Bluegrass	uncommon
Prunus virgninana	Chokecherry	occasional
Pteridium aquilinum	Bracken	common
Ranunculus repens	Creeping Buttercup	occasional
Rubus pubescens	Dewberry	occasional
Rubus sp.	a blackberry	occasional
Rubus strigosus	Wild Raspberry	occasional
Sambucus racemosa	Red-berried Elder	uncommon
Solidago rugosa	Rough Goldenrod	occasional to common
Thalictrum pubescens	Meadow-rue	occasional
Thelypteris	New York Fern	common in damp areas
noveboracensis		
Trientalis borealis	Starflower	occasional
Veronica officinalis	Common Speedwell	occasional
Viburnum nudum	Witherod	thinly scattered

# #2. Wooded area northeast of Whites Cove Road

These woods range from primarily coniferous to mixed coniferous-deciduous. The main species occurring here are Red Spruce, White Spruce, Balsam Fir, Red Maple and White Birch. Occasional tree species include Mountain Maple, Moose Maple, White Ash and American Mountain-ash. A section in the vicinity of the White's Cove Road near the coast was observed to have numerous deadfalls. There are scattered dry streambeds, swamps and seepage areas throughout as well as boulders, rock faces and rock outcrops. This area has a more noticeable slope to it than the previous section. **The only rare species observed was a single plant of Skunk Cabbage** (*Symplocarpus foetidus*). **This was observed in a low area between two boulders. It is possible that more plants of this species may occur on the property.** 

Latin Name	Common Name	Abundance	
Abies balsamea	Balsam Fir	common	
Acer pensylvanicum	Moose Maple	uncommon	
Acer rubrum	Red Maple	common	

Plant List

Acer spicatum	Mountain Maple	uncommon
Alnus viridis	Downy Alder	occasional
Aquilegia vulgaris	Columbine	uncommon
Aralia nudicaulis	Wild Sarsaparilla	scattered to common
Aster acuminatus	Wood Aster	scattered
Aster lateriforus	Calico Aster	occasional
Aster macrophyllus	Large-leaved Aster	occasional large patches
Aster umbellatus	Tall White Aster	occasional
Betula papyrifera	White Birch	occasional to scattered
Carex echinata	Little Prickly Sedge	common in swampy area
Carex trisperma	Three-seeded Sedge	
<b>1</b>	Small Enchanter's	common in swampy area common in low areas (forming
Circaea alpina		× •
Clintonia boreale	Nightshade Clintonia	mats)
		uncommon
Coptis trifolia	Goldthread	occasional
Cornus canadensis	Bunchberry	occasional
Cypripedium acaule	Pink Lady's-slipper	uncommon
Dalibarda repens	Dalibarda	uncommon
Dennstaedtia	Hay-scented Fern	scattered patches
punctilobula		-
Deschampsia flexuosa	Hairgrass	scattered
Dryopteris campyloptera	Eastern Spreading Wood Fern	occasional
Dryopteris carthusiana	Spinulose Wood Fern	occasional
Dryopteris intermedia	Evergreen Wood Fern	scattered
Fraxinus americana	White Ash	uncommon
Glyceria striata	Fowl Manna-grass	occasional in damp areas
Goodyera sp.	a rattlesnake plantain	uncommon
Gymnocarpium	Oak Fern	uncommon
robertianum		
Ilex verticillata	Canada Holly	occasional to common
Impatiens capensis	Jewelweed	common in wet area
Iris versicolor	Blue Flag	occasional in damp areas
Kalmia angustifolia	Sheep Laurel	uncommon
Ledum groenlandicum	Labrador Tea	occasional in marshy areas
Linnaea borealis	Twin Flower	common to abundant
Luzula multiflora	Common Woodrush	occasional
Lycopus uniflorus	Bugle-weed	occasional in damp seeps
Maianthemum canadense	Wild Lily-of-the-valley	scattered
Melampyrum lineare	Cow Wheat	occasional in dry areas
Nemopanthus mucronata	False Holly	occasional
Onoclea sensibilis	Sensitive Fern	common in damp low areas
Osmunda cinnamomea	Cinnamon Fern	common
	A STATEMENT AND A STATEMENT AN	
		occasional
Osmunda claytoniana	Interrupted Fern	occasional
		occasional occasional to common forming carpets in some areas

Picea glauca	White Spruce	scattered
Picea rubens	Red Spruce	common
Platanthera obtusata	Blunt-leaved Orchid	uncommon
Prenanthes sp.	a lion's-paw	uncommon
Prunus virginiana	Chokecherry	occasional
Pteridium aquilinum	Bracken	occasional to scattered
Ranunculus repens	Creeping Buttercup	occasional
Ribes sp.	a gooseberry	occasional to scattered
Rubus pubescens	Dewberry	occasional
Rubus strigosus	Wild Raspberry	uncommon to occasional
Sambucus racemosa	Red-berried Elder	occasional
Solidago rugosa	Rough Goldenrod	occasional
Sorbus decora	American Mountain-ash	thinly scattered throughout
Streptopus rosea	Rosy Twisted-stalk	uncommon
Symplocarpus foetidus	Skunk Cabbage	uncommon
Thalictrum pubescens	Meadow-rue	damp areas
Thelypteris	New York Fern	occasional
noveboracensis		
Trientalis borealis	Starflower	occasional
Viburnum nudum	Witherod	occasional

# **APPENDIX 2.** Explanation of the Plant Ranking System Used by the ACCDC (Atlantic Canada Conservation Data Centre); this information is also available on the ACCDC Web Site.

Sub-national Rank Definitions: S-ranks

# **S**1

Extremely rare throughout its range in the province (typically 5 or fewer occurrences or very few remaining individuals). May be especially vulnerable to extirpation.

# **S**2

Rare throughout its range in the province (6 to 20 occurrences or few remaining individuals). May be vulnerable to extirpation due to rarity or other factors.

# **S**3

Uncommon throughout its range in the province, or found only in a restricted range, even if abundant in at some locations. (21 to 100 occurrences).

# **S**4

Usually widespread, fairly common throughout its range in the province, and apparently secure with many occurrences, but the Element is of long-term concern (e.g. watch list). (100+ occurrences).

S5

Demonstrably widespread, abundant, and secure throughout its range in the province, and essentially ineradicable under present conditions.

S#S#

Numeric range rank: A range between two consecutive numeric ranks. Denotes uncertainty about the exact rarity of the Element (e.g., S1S2).

### Air Photo of White's Cove Property (see following page).

Legend:

Outer black line: property boundary Inner black lines: survey transects Red line: section of coastline where Hemlock Parsley occurs Red asterisks: Locations of Mountain Sandwort Black asterisks: Locations of Bird's-eye Primrose Yellow asterisk: Location of Skunk Cabbage Pink asterisk: Location of Glaucous Rattlesnake-root

