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Grethe Myklebust PT, PhD is an ass. professor at the Oslo Sports Trauma Research Center. She is also authorized as Specialist in Sports Physiotherapy by the Norwegian Physiotherapy Federation and as Sports Medicine Physical Therapist (Idrettsfysioterapeut FFI) by the Norwegian Society of Sports Physiotherapy.

Grethe has served as team PT for the female national teams in team handball, soccer and the national teams in beach volleyball for twenty years. Grethe has also worked as PT at the Olympic games in Seoul in 1988 and Sydney in 2000.

She is the past vice president of the Norwegian Society of Sports Physiotherapy, and has also been a member of the Medical Comision in the International Handball Fedration (IHF) for two years.

Grethes main research area is related to team handball and soccer injuries, especially shoulder, knee- and ankle injuries, and injury prevention. She has competitive experience at top national level in team handball.

PROJECTS

[A prospective cohort study of anterior cruciate ligament injuries in elite Norwegian team handball](#)

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[Prevention of ACL injuries in Norwegian female team handball](#)

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[Clinical, functional and radiological outcome 6-10 years after ACL-injuries in team handball players - a follow-up study](#)

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[Registration of cruciate ligament injuries in Norwegian top level handball- a prospective study covering two seasons](#)

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[Injuries in Norwegian female team handball](#)

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[Prevalence of low back pain among elite team handball players](#)

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[Injuries in TeamGym in Norway](#)

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[The correlation between two-dimensional video analysis and subjective assessment in evaluating knee control among elite female team handball players](#)

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[A new method for registration of overuse injuries](#)

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[Risk factors for overuse shoulder injuries among elite male handball players](#)

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[Injury and illness surveillance in the Norwegian Olympic and Paralympic Team](#)

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[Prevention of overuse shoulder injuries in elite handball](#)

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[Prevalence of low back pain in elite female football players](#)

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[Risk factors for non-contact ACL injuries in elite female team handball players – A prospective cohort study](#)

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[Prevention of football injuries: an intervention study](#)

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[Prevention of knee and ankle injuries among young players in Norwegian team handball](#)

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[Association between difference floor types and the incidence of ACL injuries in team handball](#)

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[Injury mechanisms for ACL injuries in team handball - a video analysis](#)

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[Preventing injuries in female youth football-a randomized controlled study](#)

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[Performance aspects of an injury prevention program: A 10-week intervention in adolescent female football players](#)

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[Self-report of previous injuries and function in the lower extremities as risk factors for injuries in female youth football](#)

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[Injuries in young players in Norwegian team handball](#)

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[The 11+](#)

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[Differences in motion patterns and strength measures between previously ACL-injured players and non-injured players](#)

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[Cutting technique as a predictor of knee valgus moment](#)

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[Determinants of excessive valgus moments of the knee in drop jumps and sidestep cutting, using 2D recording and 3D motion analysis](#)

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[Correlation between lower extremity kinetics and kinematics in drop jumps and sidestep cutting](#)

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[Compliance with the 11+ injury prevention program in youth female football players](#)

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[Different delivery methods of the 11+ injury prevention program](#)

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[Screening of knee valgus motion during a vertical drop jump](#)

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[Risk factors for ACL-injuries in elite female football players](#)

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