

O V E R L O O K F O U N D A T I O N

**STATE OF THE ART**

A N N U A L R E P O R T 2 0 1 4







The Heart





*State of the Art ... and the Heart* was produced by the Overlook Foundation.  
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**On the cover:** High tech meets high touch every day at Overlook Medical Center, as our extraordinary medical staff uses cutting-edge technologies and procedures to deliver the highest level of care that focuses on the whole patient – mind, body, and spirit.





“When that technology is in the hands of expert healthcare professionals and combined with healing therapies that treat the whole person – mind, body and spirit – it results in a patient experience that is both *State of the Art ... and the Heart.*”

## A Message FROM OVERLOOK MEDICAL CENTER AND THE OVERLOOK FOUNDATION

Dear Friends of Overlook:

Whether you've been a patient, caregiver, or visitor; attended one of our programs; or scanned one of our many publications; you know that Overlook is continually embracing new technologies to improve patient care and outcomes. When that technology is in the hands of expert healthcare professionals and combined with healing therapies that treat the whole person – mind, body and spirit – it results in a patient experience that is both *State of the Art ... and the Heart.* That's the Overlook difference. That's why patients travel here for world-class care, and it is the focus of our 2014 Annual Report.

In the following pages, you'll meet some remarkable members of our medical and professional staff who are utilizing state-of-the-art technology to pioneer new approaches to patient care. You'll meet a neurosurgeon who uses computer-guided navigation and functional brain mapping to operate on patients while they are awake, a pediatric neuro-oncologist (the only one in the state) committed to establishing a center of excellence in pediatric neurosciences, and a young pharmacist who developed a patented device for storing and dispensing insulin.


You will learn how advanced imaging technology allows an interventional radiologist to treat malignant liver and kidney tumors without surgery, an interventional cardiologist to diagnose and treat blocked arteries via a patient's wrist, and surgeons to conquer colorectal disease through minimally invasive laparoscopic and robotic procedures. You will also see how new breast-imaging technology is bringing significant improvements to mammography and breast cancer survival.

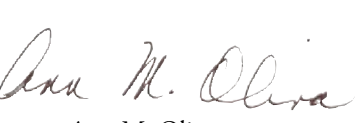
These advances are a direct result of your philanthropy and investment in Overlook's future. During the past fiscal year, gifts and pledges to our semiannual appeals, capital campaigns, and special events from you and other caring individuals, corporations, foundations and community organizations totaled \$9 million.


Thanks to your support and a generous challenge gift, the Campaign for Atlantic Neuroscience at Overlook surpassed its original goal, raising more than \$2.4 million to fund equipment and technology upgrades. As the Neuroscience Campaign drew to a close, the foundation kicked off a \$3 million campaign to fund renovations and waiting area improvements to Overlook's Emergency Department in Summit. Meanwhile, two other targeted campaigns for the Eating Disorders and Palliative Care programs continue toward their goals.

Your gifts will continue to play a critical role in Overlook's health and the health of our communities in our second century of healing. *State of the Art ... and the Heart.* It's our approach to outstanding patient care and, judging from your generosity, it's also your approach to maintaining quality health care for future generations.

With gratitude for your support,

  
Alan Lieber  
President  
Overlook Medical Center

  
Ann M. Oliva  
Executive Director  
Overlook Foundation

  
Clelia Biamonti, Ph.D.  
Board Chair  
Overlook Foundation





## A Beautiful Mind Pioneers a New Approach to

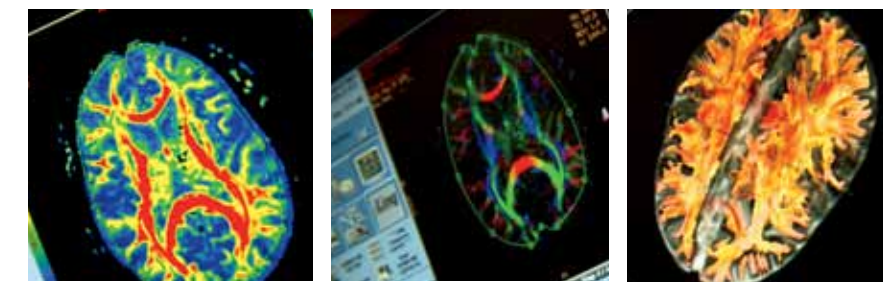
# NEURO SURGERY

A 10-year-old boy emigrates from Israel to America with his family. English is his third language and he struggles with schoolwork and friendships. A diligent, hardworking student, he wins his high school science fair, earns a Bachelor of Science degree with honors from New York University and, eventually, M.D. and Ph.D. degrees from the State University of New York, where he is class valedictorian. After years of residency and advanced fellowship training in the nation's most respected teaching hospitals, he becomes one of America's top neurosurgeons.

### Yaron A. Moshel, M.D., Ph.D.

Co-Director, The Brain Tumor Center of New Jersey  
Atlantic Neuroscience Institute and Carol G. Simon Cancer Center  
Overlook Medical Center  
Clinical Assistant Professor of Neurosurgery, NYU Medical Center

The critical data obtained in the functional MRI prior to surgery helps Dr. Moshel determine whether to keep patients awake or asleep during neurosurgery.



What could be the plot of an inspirational movie is actually the true story of Yaron Moshel, M.D., Ph.D., a recent addition to Overlook's neurosurgical team and Atlantic NeuroSurgical Specialists (ANS), New Jersey's largest private neurosurgical practice.

Dr. Moshel is one of a select few surgeons who specialize in removing deep-seated brain tumors using technology that includes computer-guided navigation, awake intraoperative brain mapping, endoscopy, and microsurgery.

"Many surgeons are hesitant to remove a tumor if it's too close to critical brain structures that control vision, language, body movements, or other high-level cognitive functions," says Dr. Moshel. "My approach is different. I go into surgery, not just with anatomical MRI images showing where the tumor is located, but with functional data showing how that tumor relates to the individual patient's ability to speak, see, move, and think."

One of the most unique and beneficial aspects of this surgical approach is that it's often done while the patient is awake – from beginning to end.

"Traditionally, neurosurgeons would only discover whether their patient's brain function was intact following surgery when he or she wakes from anesthesia...at which point it is too late to undo the operation," explains Dr. Moshel. "Recent advancements in anesthesia, as well as imaging, allow us to keep some patients awake and engaged throughout the entire surgery, which allows us to monitor their function continuously. This yields much better outcomes for these otherwise inoperable brain tumors."

The critical data obtained in a functional MRI scan prior to surgery helps Dr. Moshel determine whether to keep patients awake or asleep during delicate neurosurgical procedures. The MRI images are transmitted to the operating room where they are used during surgery via a GPS-like tracking system for the brain, allowing electrical mapping of important regions of the brain throughout surgery (regardless of whether the person is awake or asleep). When language function is impacted, Dr. Moshel often opts to keep patients awake, as it's the best way to directly monitor higher-level cognitive functions.

"Every brain – just like every person – is unique and requires a customized approach to surgery," adds Dr. Moshel. "The brain is organized in multiple pathways on both the surface, where most

processing happens, and the deep tissue regions. When removing a tumor, the challenge is to remove it completely and without severing these important connections. New imaging technology and intraoperative brain mapping allow us to identify the safe boundaries of the tumor and remove it more precisely and in one sculpted piece. Most patients leave with a clean MRI. This makes a huge difference in survival and quality of life."

Previously assistant professor of neurosurgery at Thomas Jefferson University Hospital in Philadelphia, Dr. Moshel's clinical interests and neurosurgical abilities extend beyond the treatment of brain tumors. He is experienced in the surgical treatment of skull base, pituitary, and spine tumors using the latest techniques in computer-guided navigation, minimally invasive endoscopy, microsurgery, and stereotactic radiosurgery (CyberKnife®); the surgical treatment of epilepsy; minimally invasive treatment of trigeminal neuralgia; cervical spine surgery; and Chiari malformations.

"What attracted me to Overlook and ANS is that it mimics what a high-level academic neurosurgical department has in place," remarks Dr. Moshel. "With so many highly trained neurosurgeons on staff, each of us has the ability to develop a super-specialized practice. Here, we can develop best practices, engage in clinical research, set bold new standards, and ensure that patients receive the most groundbreaking neurosurgical treatment."

"At the same time, it's very friendly and personal. My colleagues call each other on our cell phones all the time. Most of us live locally and we are active in our communities."

"A huge benefit for Overlook patients is easy access to every specialist involved in their care and collaboration across multiple disciplines, such as radiology, neurology, and neurosurgery," says Dr. Moshel, who co-directs the Brain Tumor Center of New Jersey at Overlook with Dr. Michael Gruber.

"A multidisciplinary brain tumor board – one that includes every specialist involved in each case – meets with patients and their families together, in one office, to discuss a prognosis and treatment plan. This collaborative one-stop approach to patient care is what distinguishes a true cancer center."

Dr. Moshel admits he's come a long way since his early days as a young immigrant child in Brooklyn.

"I was fascinated at an early age with neuroscience and how the brain works," he remembers. "I am also an eternal optimist and try to find beauty in the most difficult situations. I love taking care of my patients and remind them that every day is precious...that life is beautiful."



Conquering Colorectal Disease through

# TEAMWORK AND TECHNOLOGY

Mention colorectal cancer or colorectal diseases like Crohn's, ulcerative colitis, or diverticulitis, and most people assume it's a life sentence or, even worse, a death sentence. At the very least, they fear a lifetime of chronic pain, bleeding, or a colostomy that will severely limit their quality of life.

**“Because of our top-shelf staff and array of resources, Overlook is on the forefront of a number of innovative new treatments for colorectal disorders.”**

“Ninety percent of colon cancers are curable if detected at an early stage,” reassures Bertram Chinn, M.D., director of Overlook's Colorectal Surgery Program, which is rapidly developing a reputation as a leader in conquering colorectal diseases through minimally invasive surgery, advanced treatment protocols, and a multidisciplinary approach to patient care.

“Years ago patients would remain hospitalized eight to 10 days after colon surgery,” observes Dr. Chinn. “Now, they return home as early as two days and rarely ever need a colostomy, thanks to minimally invasive laparoscopic surgical techniques which foster quicker recovery, fewer complications, and better outcomes.”

Overlook's Colorectal Surgery Department has 14 surgeons on staff, more than most medical universities, as well as a fellowship program led by Dr. Chinn, making it a major site for research, education, and advanced training for colorectal surgeons. Surgeons here, he says, are always testing new devices, like wireless surgical tools to cut and seal blood vessels, and fluorescent imaging technology during surgery to optimize blood circulation for intestinal healing. The department just completed its participation in a four-and-a-half-year study examining the outcomes of minimally invasive surgery for rectal cancer.

“Because of our top-shelf staff and array of resources, Overlook is on the forefront of a number of innovative new treatments for colorectal disorders,” comments Kirsten Wilkins, M.D., an attending colorectal surgeon who is president of the Pennsylvania Society of Colorectal

Surgeons and serves on the Clinical Practice Guidelines Committee for the American Society of Colorectal Surgeons.

“In addition to laparoscopic and robotic surgery, there are more chemotherapy options than ever before for patients with colorectal cancer. There have also been advancements in the early detection of anal squamous cell cancer, including anal Pap smears and high resolution anoscopy.

“In our physiology lab, we perform pudendal nerve testing, endoanal ultrasound, and anal manometry to pinpoint the etiologies of fecal incontinence. Then, patients can be directed to appropriate treatment options such as biofeedback or sacral nerve stimulation,” adds Dr. Wilkins, who is leading a multi-state clinical investigation on ways to reduce DVIs (deep vein thrombosis) in patients following colon surgery.

Both Drs. Chinn and Wilkins agree that Overlook's multidisciplinary team approach to care ensures the best possible outcomes for patients.

“We routinely collaborate with medical and radiation oncologists, gynecologists, gastroenterologists, and infectious disease specialists to diagnose and plan a course of treatment,” explains Dr. Chinn. “Patients are assured that they have multiple doctors all working together for a common goal.”

“Access to Overlook's Genomic Medicine Program is also a huge advantage,” Dr. Wilkins points out. “Since two to five percent of colon cancers are inherited and linked to other types of cancers, we can send patients for genetic counseling and testing prior to surgery in order to address other potential cancers while performing colon surgery.”

“Referring physicians and patients now know that, if they have a disorder involving the colon, Overlook offers one-stop shopping,” says Dr. Chinn. “We routinely receive letters from grateful patients telling us what a great experience they had, and those recommendations help reassure others needing similar care.

“Plus, we're seeing a significant increase in the number of surgeons sending their complex cases here, which is another indication of the confidence they have in our work.

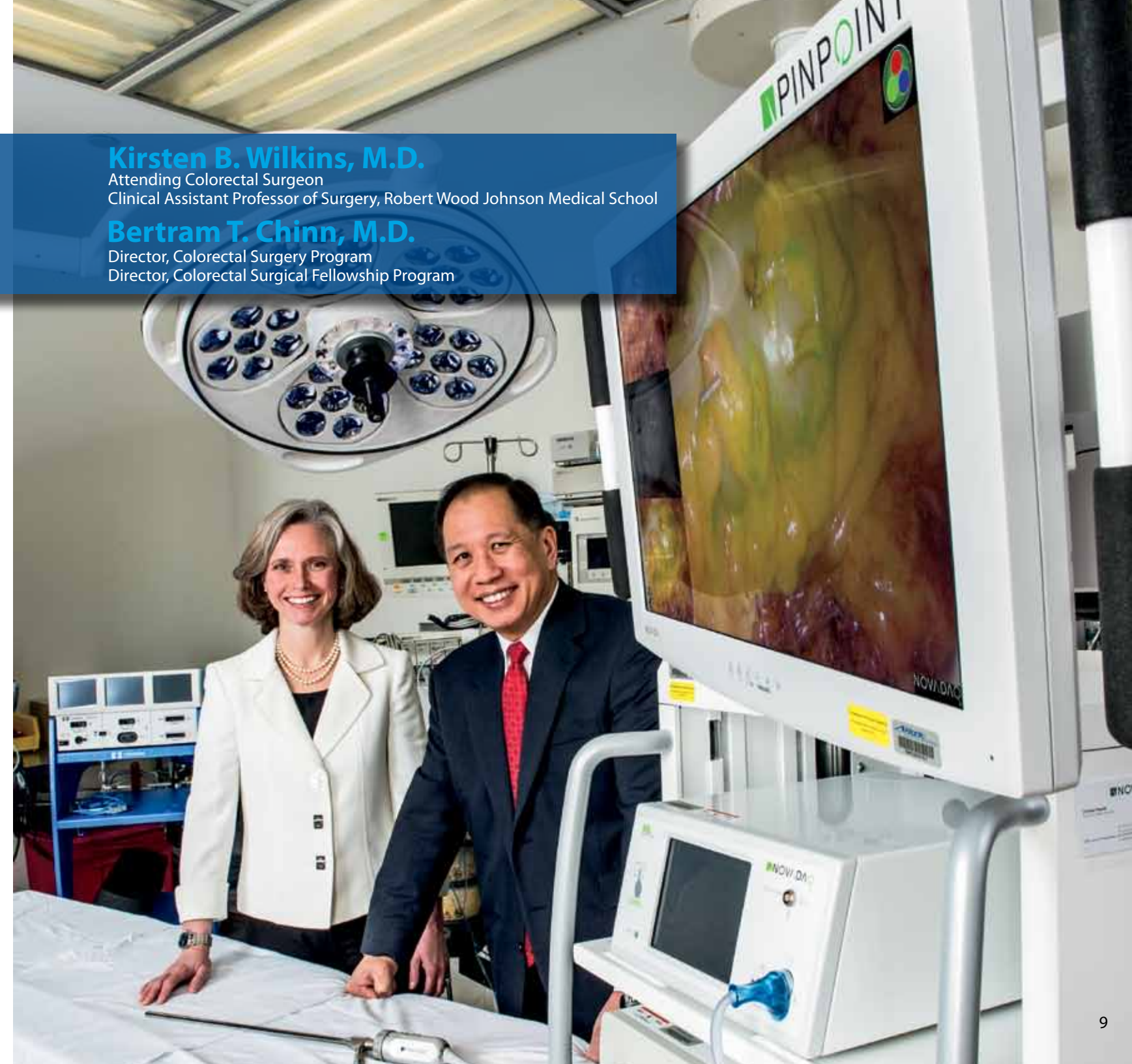
“The best part is...we don't even consider it work!”

**Kirsten B. Wilkins, M.D.**

Attending Colorectal Surgeon  
Clinical Assistant Professor of Surgery, Robert Wood Johnson Medical School

**Bertram T. Chinn, M.D.**

Director, Colorectal Surgery Program  
Director, Colorectal Surgical Fellowship Program





# IMAGE

# IS EVERYTHING

**Waseem A. Bhatti, M.D., M.S.**  
Interventional Radiologist



## Interventional Radiology Pioneers Minimally Invasive Nonsurgical Treatments

X-rays, ultrasound, MRI, PET, CT, fluoroscopy, and mammography. Most people are familiar with these radiological imaging procedures, which are routinely used to detect an abnormality or illness.

Less familiar for patients is the field of interventional radiology, which uses imaging not only to understand and diagnose a problem, but also to treat disease through needle-sized incisions using fluoroscopy, CT, or ultrasound. Interventional radiologists guide tiny catheters to the site of the problem through a patient's arteries and deliver treatment internally without open invasive surgery.

It's a field that pioneered the development of coronary artery angioplasty and stenting, revolutionizing the practice of cardiology 30 years ago. Now, it continues to be on the forefront of the development of minimally invasive procedures that are increasingly used to treat uterine fibroids, liver disease, compression fractures, severe infections, urinary obstructions, and many types of tumors that were once inoperable.

"I became an interventional radiologist because I am passionate about patient care; I believe technology and medicine go hand in hand," says Waseem A. Bhatti, M.D., a New Jersey native, who joined Overlook's Interventional Radiology Department almost three years ago after completing a fellowship in interventional radiology at Dartmouth-Hitchcock Medical Center. "In an ideal world, every procedure would be quick, painless, and highly effective. I try to come as close to those ideals as possible by helping to advance the role of minimally invasive procedures for diagnosing and treating disease.

"When I learned that Overlook was looking for another interventional radiologist, I jumped at the opportunity," recalls Dr. Bhatti, who received his medical degree from the University of Medicine and Dentistry of New Jersey-New Jersey Medical School. "I had a firsthand look at the department when I was an intern at Overlook and had an elective in radiology with Dr. Neil Horner. I loved the patient interaction, the department's range of capabilities, and the ability to deliver care quickly and effectively. I was then, and now continue to be, impressed with Overlook's commitment to being on the forefront of technology."

Overlook's board-certified, fellowship-trained interventional radiologists, radiology registered nurses and radiologic technologists are highly experienced in providing the most minimally invasive, targeted

treatments including ablation, biliary interventions, biopsies, fluid drainage systems, urological interventions, embolizations, and vertebroplasty.

Most procedures are performed on an outpatient basis or require only a short hospital stay. General anesthesia is usually not required, and pain and recovery time may be significantly reduced. Plus, X-ray dose levels are kept to a minimum.

Dr. Bhatti specializes in interventional oncology, particularly the treatment of liver and kidney tumors through cryoblation (ablation using extreme cold to treat kidney or renal tumors), radiofrequency (using heat from high frequency, alternating current to treat tumors of the liver), and chemoembolization (shrinking tumors by restricting their blood supply). He's also piloting a procedure utilizing radioactive beads to treat liver tumors.

"We've made enormous strides in both treating these tumors and enhancing the patient experience," he points out. "Patients are awake during the procedure, experience no pain, and usually return home the same day.

"Our staff has the privilege of developing relationships with patients, their families, and other specialists involved in the patient's care throughout their entire experience here – from diagnosis to treatment and follow-up," Dr. Bhatti adds.

This personal comprehensive approach to patient care has earned widespread recognition, as oncologists at other major cancer centers increasingly refer patients to Overlook for world-class treatment with a hometown touch.

"One of the advantages of using imaging for procedures is that before and after images make interventional procedures easily understandable," Dr. Bhatti acknowledges. "We can show patients, 'Here's what the tumor looked like before, and here's what it looks like now.'"

A picture is worth a thousand words and – thanks to interventional radiologists like Dr. Bhatti – thousands of lives.



**"We've made enormous strides in both treating these tumors and enhancing the patient experience."**

Dr. Bhatti depends on a top-notch team of radiologic nurses and technologists to care for patients from diagnosis to treatment to follow-up.





# Making **PEDIATRIC NEUROLOGY** Top of Mind

A lot can happen in two years. In February 2013, Bernard L. Maria, M.D. was appointed chief medical officer for the newly incorporated Pediatric Health Improvement Coalition, a first-in-the-nation network, representing more than 1,500 pediatric physicians and the five children's hospitals in Georgia.

"It was a wonderful opportunity to lead a broad-based coalition of all the state's children's hospitals with pediatricians poised to act in unison to improve access to quality, cost-effective health care for Georgia's 2.9 million children," commented Dr. Maria, who also served as chairman of pediatrics and pediatrician-in-chief of the Children's Hospital of Georgia and had earned considerable respect for his contributions to children's health as an academic and scientific leader, and as a child neurologist and brain tumor specialist.

But careers and families are intertwined and Dr. Maria's family was lobbying to move back north – where family, friends, and familiarity beckoned. So, Dr. Maria, who grew up in Montreal and trained at Johns Hopkins in Baltimore, agreed to relocate and search for a position that matched his interests and years of expertise.

"I went shopping for a healthy health system," commented Dr. Maria, "and Atlantic Health System stood out from the rest as having the best vital signs in New Jersey and greater New York. Another huge plus is that neurosciences is already very strong here, and I was intrigued by the opportunity to match adult excellence with pediatric excellence – not with just neurology but developmental and behavioral pediatrics as well."

Today, Dr. Maria is doing just that as director of child neurology and developmental medicine at Goryeb Children's Hospital, which has a presence at both Overlook and Morristown medical centers.

"There is a tremendous need for integrated pediatric neurosciences in the New York metropolitan area," observes Dr. Maria. "New Jersey has the nation's highest prevalence of autism (1 in 45), a disorder that demands teamwork between neuroscience specialties. Plus, it's often linked to epilepsy as many children with seizures develop

autism and 10 to 15 percent of autistic children develop epilepsy. This is something we can investigate at Overlook through collaboration with the Personalized Genomic Medicine Program."

Atlantic Neuroscience Institute's Level 4 Epilepsy Center at Overlook, the first in New Jersey equipped with magnetoencephalography (MEG), is another asset for pediatric neurosciences. MEG is a completely noninvasive procedure that uses precise sensors to detect and record the magnetic fields associated with electrical activity in the brain. MEG enables physicians to determine with precise accuracy the location(s) where epileptic activity originates. They can use this information to decide if a patient is a good candidate for surgery and to plan the surgery itself.

As a child neurologist specializing in brain tumors, Dr. Maria is the only pediatric neuro-oncologist in New Jersey, despite the fact that 75 children in the state are diagnosed with a brain tumor and hundreds more are followed every year.

"Although the most common type of brain tumor in children is benign, brain tumors are the leading cause of death from a disease in children. It's imperative that they be treated by a comprehensive team of specialists," states Dr. Maria, who directs the Goryeb Neuro-Oncology Program.

"At Overlook, we are fortunate to tap into the resources of the Atlantic Neuroscience Institute, the Valerie Fund Children's Center, the Brain Tumor Center, genomic medicine, the national Children's Oncology Group and ongoing clinical trials," adds Dr. Maria. "My own research with colleagues in Augusta, Georgia, and Charleston, South Carolina, has developed two compounds for treating brain tumors that are currently in clinical trials."

Whether they are treating brain or spine tumors, epilepsy, autism, concussion, headache, or up to 3,500 different disorders that affect the developing nervous system, Dr. Maria and his staff in the Division of Child Neurology and Developmental Medicine provide comprehensive care from birth through adolescence. A patient- and family-centered approach to care places emphasis on engaging parents in successfully managing their child's disease.

"The goal here is to establish a 'small' pediatric footprint next to the large Overlook footprint in neurosciences," Dr. Maria observes. "New Jersey families deserve the best."

Sounds like someone feels right at home here.

## Bernard L. Maria, M.D., M.B.A.

Pediatric Neurologist and Neuro-Oncologist  
Director, Child Neurology and Developmental  
Medicine at Goryeb Children's Hospital,  
Atlantic Health System







## New Pathways for Treating Cardiovascular Disease

There are multiple pathways to and from the heart, all involving a vast network of veins and arteries. When heart problems arise, these pathways become lifesaving emergency routes.

During cardiac catheterization – the gold standard for diagnosing damaged or blocked arteries in the heart – cardiologists pass a thin flexible tube through an artery or vein to the heart to produce angiograms (X-ray images) of the coronary arteries and the left ventricle, the heart’s main pumping chamber. If a blockage is detected, it is typically treated via the same pathway using a wire-mesh coil, called a stent, or balloon angioplasty.

Traditionally, the pathway to the heart during cardiac catheterization and angioplasty has been through the femoral artery in the groin. Now, a radial approach – in which doctors gain access to the heart through an artery in the wrist – offers patients greater comfort, a quicker recovery, and fewer complications than the traditional method.

“The radial artery is the one you feel when you are taking your pulse at your wrist,” points out David N. Bartov, M.D., F.A.C.C., an interventional cardiologist, who performs the majority of cardiac catheterizations at Overlook using the radial approach. “Since the radial artery is much smaller than the femoral artery, it requires less time to heal after the procedure, presents less risk of bleeding complications, and allows patients to ambulate more quickly.

“Following the femoral procedure, patients must lay flat for six hours, often with a significant amount of pressure or a vascular plug applied to the artery to help it seal. Patients undergoing diagnostic cardiac catheterization via the radial approach can sit upright immediately and go home in two hours because the artery is sealed with a small wristband.

“For patients experiencing a heart attack, radial access to treatment has proven mortality benefits,” adds Dr. Bartov, who completed his interventional cardiology fellowship at the Yale University School of Medicine and Yale-New Haven Hospital, his fellowship in cardiovascular disease at Stony Brook School of Medicine - Winthrop University Hospital, and a fellowship in heart failure at the Center for Advanced Cardiac Therapy at the Albert Einstein College of Medicine.

While Overlook has its pulse on the radial approach to cardiac catheterization, another new outpatient interventional procedure is benefiting patients with lower extremity peripheral vascular disease, a condition that develops when arteries supplying blood to the internal organs, arms, and legs become completely or partially blocked as a result of atherosclerosis.

“Instead of using a stent to open a blocked artery in the patient’s leg, a drug-coated balloon is inflated, and the medication absorbed by the arterial wall opens the artery,” Dr. Bartov explains. “The procedure allows patients with limited blood circulation and mobility to walk out of the hospital in a matter of hours.

“For many people, advanced interventions like these are, quite literally, removing roadblocks to healthier living.”

“For many people, advanced interventions like these are, quite literally, removing roadblocks to healthier living.”

## Inventive Pharmacist Develops Innovative Insulin Dispenser

Insulin is a lifesaving medicine for many people with diabetes (more than nine percent of the U.S. population, according to the Centers for Disease Control and Prevention). It’s also considered a “high-alert medication” in hospitals because of its widespread use and the serious harm it poses if misused.

“The pharmacology of insulin, the complexity of its dosing, and the variety of its formulations contribute to a higher risk of error and adverse reactions,” says Jefferson Isibor, R.Ph., Overlook’s evening lead pharmacist. “Some of the newer insulins have a rapid onset of action and can quickly lead to hypoglycemia, or low blood sugar, the most common complication.

“With so many patients on various insulin formulations and dosing, it’s imperative that hospitals have protocols and guidelines that ensure patient safety and streamline dispensing for the nursing staff.”

Overlook has had barcode technology in place for several years. Patients’ wristbands have a barcode, which identifies their medication information. Nurses scan the patient’s wristband and match it with the barcode on the medication to ensure that they are administering the correct drug at the correct dosage.

Despite these protocols for insulin dispensing, Overlook’s nursing and pharmacy staff felt that additional steps could be taken to safeguard patients and eliminate the amount of insulin that was left unused or expired after patients were discharged.

“We all agreed that we needed a convenient but portable means of safely organizing, storing, dispensing, and replenishing various formulations of insulin in one location that is easily accessible to the nursing and pharmacy staff,” Jeff remembers.

With the help of Heather Guwca, R.Ph., manager, pharmacy services; Yanira Castelan, C.Ph.T., lead pharmacy technician; and Lauren Reagan, R.N., Jeff used his artistic talents to develop a prototype device. Using a special tool, he cut holes for insulin ports in a clear plastic box and created a portable storage and dispensing unit – the Insulin Safety Secure Initiative (ISSI) Box – to house four vials and three types of insulin formulations. The drug vials and expiration dates are clearly visible, and barcodes can be scanned through the box,



“I thought this only happens on ‘Shark Tank!’”



Teamwork is the mother of invention in the Overlook pharmacy, where Jefferson Isibor, Yanira Castelan, and Heather Guwca joined efforts to improve the efficiency of insulin dispensing throughout the hospital.

which is securely locked and stored on the nurses’ mobile cart or in automated dispensing cabinets. Pharmacists replenish the vials every three weeks, eliminating accumulation of unused or expired medication.

After the success of the first ISSI box prototype on 7D, Jeff made 58 more ISSI boxes that are now in every Overlook inpatient unit on every floor. In addition to rave reviews from nurses and pharmacists, the initiative received kudos during a recent Joint Commission survey.

“At one point, my hand hurt from making so many of these,” jokes Jeff, who anticipates increased demand for the ISSI boxes when other hospitals learn of the invention, now patented by Overlook. “The next step is to find a manufacturer, who can produce them in greater quantities.”





## New Breast-Imaging Technology Brings Improvements to Mammography ...and Breast Cancer Survival

Last year, an estimated 232,670 women were newly diagnosed with breast cancer. Thankfully, more than 90 percent of them will survive, largely because of early detection through the gold standard of breast imaging – mammography. Now, that gold standard has gone platinum at Overlook with the addition of digital breast tomosynthesis (DBT), also known as 3-D (three-dimensional) mammography.

At the Breast Center at Overlook Medical Center, tomosynthesis is being used for both screening and diagnostic mammograms. For patients, there is no perceived difference between 3-D testing and the traditional 2-D (two-dimensional) procedure most commonly used at imaging centers nationwide. Yet the 3-D images provide radiologists with a much clearer picture of what lies beneath the surface.

“Patients spend the same amount of time under compression,” says Anne Davidson, RT(R) (M), CN-BI, coordinator at the Breast Center, “but the 3-D test yields approximately 200 different images, compared to four images with standard 2-D mammography. Tomosynthesis takes multiple digital images of the breast in seconds, allowing radiologists to view breast tissue in 1 mm slices and detect smaller tumors at an earlier stage.”



At Overlook's Breast Center, Coordinator Anne Davidson and Patient Navigator Jasmin Torres ensure that patients benefit from cutting-edge technology delivered in a warm, caring environment.

According to the *Journal of the American Medical Association*, 3-D breast imaging improves the detection of invasive breast cancers by 41 percent and reduces the number of repeat mammograms and unnecessary biopsies (false-positive callbacks) by 15 percent.

**“Not all mammograms are created equal. Where you go makes a difference.”**

“This technology not only is a major step toward improving breast cancer survival rates, but it significantly reduces the anxiety associated with being called back for a second time,” Anne remarks.

“Tomosynthesis benefits all women, including those with dense breasts,” adds Benjamin Schneider, M.D., medical director of the Breast Center.

Studies show that women with dense breast tissue have a five percent greater risk of breast cancer than those who do not have dense breasts (although there is no higher risk of mortality), partly because dense breast tissue can mask a tumor and dense breasts have inherently more breast cells that potentially can go awry.

“This technology is a win-win for patients and the medical community,” observes Dr. Schneider, who notes that a 2-D image is also acquired as part of a standard tomosynthesis screening. “We get a much clearer picture of the margins and edges of a lesion, which enables us to make better judgments on how to proceed.”

A new feature for patients coming to Overlook's Breast Center for their mammograms is that they can now access their tests online – via a secure patient portal – rather than wait for results through the mail. They also can communicate with their physician, renew prescriptions, and keep track of their appointments.

“We've got everything in breast care under one roof – from early detection to comprehensive treatment – all in a relaxed spa-like setting with highly skilled, highly caring people,” observes Anne. “Not all mammograms are created equal. Where you go, makes a difference.”

## OVERLOOK SUPPORTERS RECEIVE LIFETIME ACHIEVEMENT AWARDS

At the foundation's 12th Annual Chairman's Dinner in May, Lifetime Achievement Awards were presented in four areas that are vital to the legacy of healthcare excellence that characterizes Overlook.

**Jack and Millie Cooper**, the Community Service Award honorees, have left their mark on many community organizations and those they serve during the 52 years they've made Summit their home.

Jack served as president of the Summit First Aid Squad for two terms, captain for two terms and continues to provide legal counsel and fund-raising support for the volunteer organization. A partner at the law firm of Lindabury, McCormick, Estabrook and Cooper, he is president of the Summit Area Public Foundation and a member of the board of trustees of the Overlook Foundation. He is past president of the Summit Area United Way, the Summit Family Service Association, and the Beacon Hill Club, as well as a two-time trustee at SAGE Eldercare.

Millie served three consecutive terms on the Summit Common Council, was president of the Summit Junior League, and held positions on the boards of the Summit Speech School, Summit Historical Society, SAGE Eldercare, the Summit Area Community School and her alma mater, Rosemont College. Currently, she is chairman of the board of the Visual Arts Center of New Jersey, where she has volunteered much of her time over the years.

**Dan Moriarty, M.D.**, the Medical Service Award honoree, developed a strong interest in oncology while completing his residencies and accepted a fellowship in hematology/oncology at St. Elizabeth's Hospital of Boston, Tufts University School of Medicine. Recruited to join Medical Diagnostic Associates, P.A., Dan and his wife, Virginia, moved to Chatham, where they raised four children. Over the next 30 years, Dan and his partners built a thriving practice in collaboration with Overlook, specializing in the treatment of many different types and stages of adult cancers and blood disorders.

Dr. Moriarty went on to serve as chairman of Overlook's Cancer Committee and its Medical Oncology Section. He was instrumental in the development of Overlook's Cancer Center, which was later named The Carol G. Simon Cancer Center in 2008, and he has served as its medical director since its inception.



Our 2014 Lifetime Achievement honorees: Susan G. Komen North Jersey, accepted by Jennifer Griola; Dan Moriarty, M.D. of Chatham; Anne Olesky of Basking Ridge; and Jack and Millie Cooper of Summit.

During his career, Dr. Moriarty has had academic appointments at Columbia Presbyterian Medical Center, Tufts University School of Medicine, Harvard University School of Medicine, and the National Institutes of Health, National Heart Lung Blood Institute.

**Anne Olesky**, the Volunteer Service Award honoree, was never recruited into volunteer service at Overlook. She recruited herself, and for nearly fifty years, it was her passion. Today, those years spent with patients and staff are among her fondest memories.

Anne had an opportunity to get a first-hand look at Overlook's pediatric unit when one of her sons, while just an infant, was hospitalized for gastroenteritis. She saw how busy the staff was and thought it would be a perfect fit with her desire to volunteer. Overlook's Auxiliary and Volunteer Office welcomed Anne with open arms, and for many years, she devoted one or two days every week to helping the staff in the pediatric unit.

Eventually, Anne shifted her volunteer duties to Ambulatory Surgery, where she worked several years in the reception and recovery areas, welcoming patients and keeping their loved ones informed of their condition. Later, Anne contributed many hours to patient relations, spending quality time with inpatients and their families, running errands for nurses, and transporting patients to other areas

of the hospital for tests and procedures.

**Susan G. Komen North Jersey**, the Corporate Service Award recipient, has awarded over \$16 million in local community grants, and has directed \$7 million to breast cancer research since its founding in 1997. Last year alone, it provided nearly 5,000 free mammograms and awarded over \$760,000 to fund breast health programs, reaching over 200,000 medically underserved women and men in Bergen, Essex, Hudson, Morris, Passaic, Somerset, Sussex, Union and Warren counties.

Over the past decade, more than 79,000 medically underserved residents in Overlook's communities have had access to lifesaving breast health screenings and education programs thanks to a longstanding partnership with Susan G. Komen North Jersey. Over the years, Komen grants have funded numerous breast health programs sponsored by Overlook's Community Health Department and Overlook's Breast Center, including mammograms, ultrasounds and MRIs, biopsies, education and outreach programs, treatment support, patient navigation, and survivorship programs.



## Wound Center Named for Physician Philanthropist

The newly named Carole and Joseph Katz, M.D. Wound Healing Center is the beneficiary of a \$3 million gift from Dr. Katz, a retired Warren Township eye surgeon who passed away just three days after the February 2014 dedication, which was attended by family, friends, and the center's staff who'd treated him the previous summer.

"I spent 30 days in Overlook with my wounds," said Dr. Katz, who practiced in Westfield and had been a member of the Overlook medical staff for 50 years. "I wanted to ensure that the remarkable level of treatment I received in the wound clinic was also available to anyone hospitalized at Overlook. I know firsthand what a difference a specialist makes in treating wounds."

The gift will enhance care for patients hospitalized at Overlook with complex wounds, by endowing a position for a specially certified wound healing professional. It will also underwrite specialized training for medical and nursing specialists in Overlook's outpatient wound clinic.



## Lackland Gift Funds Neuro Waiting Area Renovations

Thanks to a generous gift from the Lackland Family Foundation, the families and friends of patients in the Neuroscience Intensive Care and Inpatient units can rest more comfortably in the newly refurbished Atlantic Neuroscience Institute Inpatient Waiting Area on Overlook's fifth floor.

The space was dedicated in honor of Watchung resident David Lackland (second from left) who was on hand for the ribbon-cutting ceremony last summer, along with his wife, Carol, and their daughter, Jennifer. Joining them were Jane Rubin, director of neuroscience services, and Dr. John Halperin, medical director of the Atlantic Neuroscience Institute.



## Summit First Aid Squad Breaks Ground

This past fall, the Summit Volunteer First Aid Squad (SVFAS) successfully closed its \$5 million capital campaign, raising the necessary funds to replace its 50-year-old headquarters building. Overlook's \$260,000 donation to the effort pushed the campaign over the finish line and construction is currently underway on a new Elm Street facility slated for completion in the spring.

"The City of Summit is extremely fortunate to have a 24/7, all-volunteer first aid squad that delivers skilled first aid and assistance to its 22,000 residents," remarked Alan Lieber, president of Overlook Medical Center. "The squad responds to more than 2,000 emergency calls each year and it is vital for the organization to have facilities, vehicles, and technology that meet today's emergency response standards."

Joining in the groundbreaking ceremony were Steve Mortenson, SVFAS board member and past president; Carl Ganger, SVFAS building project chairman; Alan Lieber; John Christmann, SVFAS past president; Kevin Cummings, Investors Bank chief executive officer; Joseph Stefans, Investors Bank director of business development; Kari Phair, SVFAS captain; and Ken Herr, SVFAS president.

## Local High Schoolers Serve on Overlook Foundation Junior Board

Student representatives from eight area high schools spent time during their spring semester piloting a Junior Board program with the Overlook Foundation, which culminated in their awarding of a \$2,000 grant to the HealthStart program at Overlook Medical Center.

The pilot program included two students each, mostly juniors, from Governor Livingston High School, Kent Place School, Newark Academy, New Providence High School, Oak Knoll School of the Holy Child, The Pingry School, Scotch Plains-Fanwood High School, and Summit High School.

The Overlook Foundation Junior Board program was designed to expose local teens to the operation of a hospital foundation as the fund-raising arm of a nonprofit regional medical center. Students interacted with hospital personnel and members of the foundation staff, enabling them to better understand the synergy necessary to cultivate new donors and facilitate relationships with existing donors.

"As our young people move on to college and, ultimately, a career, we hope to broaden their educational experience to include civic responsibility," explains Ann Oliva, executive director of the Overlook Foundation. "By exposing them to a culture of philanthropy and involving them in the process, we anticipate that many will assume leadership roles as adults, giving of their time and talents to better the communities in which they live and work."

Pictured with Candy Steller and Anne Bennett (rear right) from Overlook's HealthStart program at their final meeting of the school year are pilot Junior Board members (rear) George Lloyd, Katie Vigilante, Olivia Parker, Abel Dawit, Emily Herring, Bryan Joyce, (front) Max Block, Claudia Torres, Erica Berkowitz, and Amanda Mach. Missing: Julia Della Torre, Kathleen Miskiewicz, Katie Murray, Estefany Nunez, Sahar Sheikh, and Neora Shifrin.





# Special Thanks to the Overlook Auxiliary



At the red carpet premiere of "Your Awesome Brain" in the Bouras Auditorium, stars Tim Erday, Charlotte Wesson, and Samira Bailey (center) were joined by featured "performers" Dr. Robert Felberg and Dr. Joseph Rempson for the opening night festivities.

The film was made possible through a donation from the Overlook Auxiliary and is being used by the hospital's Community Health Department to teach local schoolchildren about brain health.



Auxiliary Co-Presidents Elsa Russell and Diane Swett explore the giant inflatable brain that allows youngsters an interactive, walk-through experience in conjunction with viewing "Your Awesome Brain."

The Overlook Auxiliary – an independent volunteer organization now approaching its 100th year – continues to place its distinctive imprint on the patient and visitor experience at Overlook. With more than 350 members volunteering their time and talents, either as individuals or as members of one of 15 active Twigs, the Auxiliary provides *State of the Art ... and the Heart* support and funding for Overlook programs and services.

In 2014 the Overlook Auxiliary Executive Board approved the donation of \$83,175 to Overlook Medical Center. This generous contribution, along with those made in previous years, helped fund many medical center programs, including the Palliative Care and Music programs, twice-monthly Oncology Teas, Pastoral Care and Social Services, equipment purchases for the Orthopedics Department, and five nursing scholarships. The Auxiliary's commitment to Overlook's Adolescent Eating Disorders Program continues through a \$75,000 pledge allocated over three years, while another \$75,000 endowment has been fulfilled to benefit children attending Atlantic Hospice Camp Clover, a bereavement camp program for children who have lost a loved one.

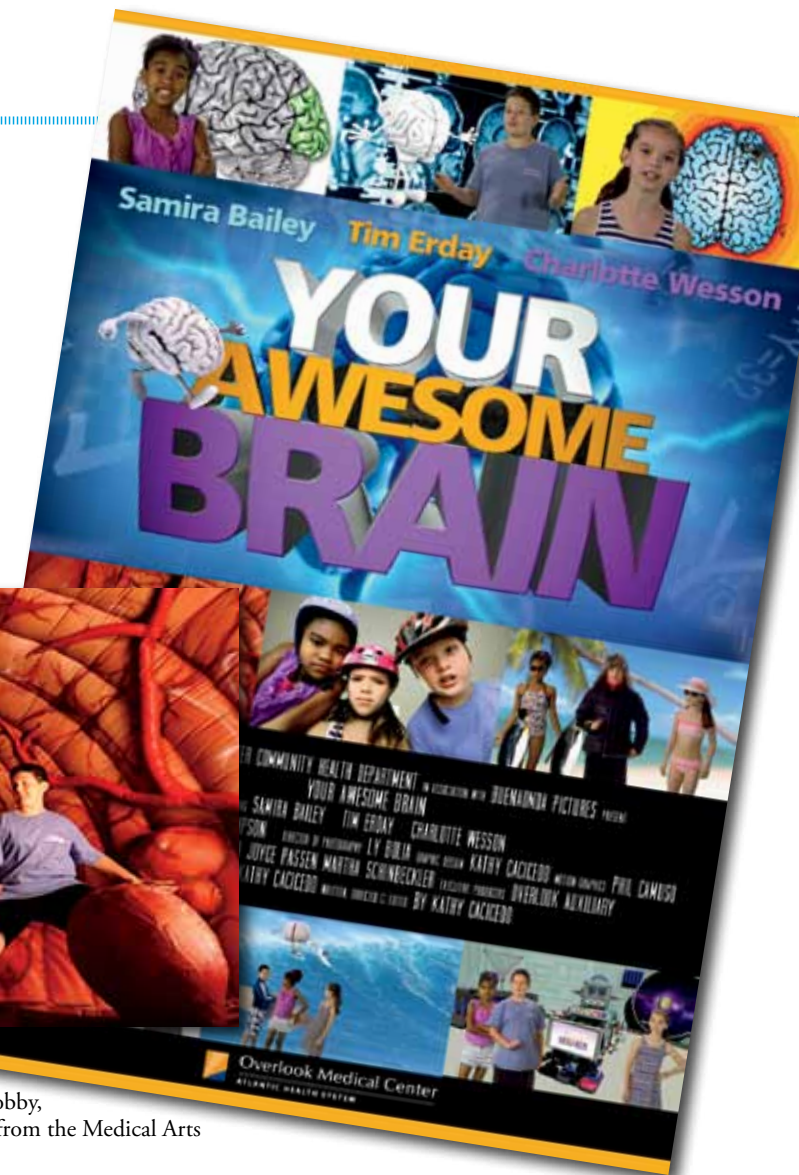
Fund-raising activities held throughout the year included the Jones New York Coat Sale, the Annual Holiday Boutique, and fall and spring vendor sales. Twig fund-raisers generated an additional \$42,354 for Overlook's Adolescent Eating Disorders Program, Camp Clover, Ovarian Cancer Research, and Liam's Room Pediatric Palliative Care Workshops.

The Gift Shop and Bloom – a popular shopping destination for patients, staff and visitors – generated \$476,057 in sales, of which \$71,595 was earmarked for Overlook programs. Building upon the success of the Gift Shop in the medical center's main lobby, the Auxiliary plans to open a Gift Shop Annex near the cafeteria to attract shoppers from the Medical Arts Center Buildings (MAC I and II).

The Auxiliary's Annual Spring Luncheon and Meeting, hosted by Summit Twig 3, was held in May at Baltusrol Golf Club. Guest speaker Susan Brierly Bush, style editor of *New Jersey Monthly*, offered creative tips for home decorating, while attendees had an opportunity to take a chance at winning beautiful and bountiful baskets. Proceeds from the annual luncheon benefitted Overlook's Adolescent Eating Disorders Program and Ovarian Cancer Research at the medical center.

This year plans are under way for the Auxiliary's signature fund-raiser, the biennial Kitchen Tour. Event Co-Chairs Christina Goulding and Laura Fields Bojannowski, along with scores of volunteers, are busily preparing to feature several beautifully appointed homes in the Summit community for the tour, which will benefit Overlook's Adolescent Eating Disorders Program.

Whether you are interested in kitchen touring, shopping, lunching, or volunteering your time and talents, there are many ways to become involved in the Overlook Auxiliary. Call 908-522-2004 or visit [www.oaux.org](http://www.oaux.org) to explore opportunities that match your heart's desire!





# Heritage Society Members Continue to Change Lives



Chan and Jane Coddington

Membership in the Overlook Heritage Society remained near an all-time high at 170, even as the society lost several longtime members this year. Late members Betsy Potter of Summit and Bob Dillon and Lee Hale, both of Westfield, supported the foundation with gifts through their estate plans during the period. Eighteen other non-members joined them in strengthening Overlook for the future in the same manner.

Through their generosity donors benefited such programs as hospice care, the home care program, pastoral care, hospice volunteer training, and geriatric nursing education. More than another \$400,000 went to unrestricted purposes, permitting the foundation to make grants to the medical center for major projects and specialized positions.

Singular among the year's gifts was Dr. Joseph Katz's designation of his \$3 million IRA account to underwrite a new wound care nurse in the hospital and for education of wound care clinicians. In recognition of his generosity, Overlook named its center the Carole and Joseph Katz, M.D. Wound Healing Center.

Among the many new members, intended gifts via a will dominated, with the cancer program and the unrestricted fund scheduled to receive support.

Anyone who names the foundation in his or her will, creates a charitable trust or provides a gift via a living trust, funds a charitable gift annuity, designates an IRA or retirement account for Overlook, or donates a life insurance policy or an eventual interest in real estate qualifies for membership in the society. Members receive an invitation to the annual society luncheon and other events, flowers and complementary newspapers during any hospitalization at Overlook, an annual influenza vaccination, access to the foundation's 24-hour donor hotline, free parking at the medical center, and more.

To learn how you can change lives with a gift through your estate plan, please call Kenneth Cole at (908) 522-2181 or e-mail him at [kenneth.cole@atlantichhealth.org](mailto:kenneth.cole@atlantichhealth.org).



Dick Griggs, Marie Walsh, and Kathy Bear



Dr. Norm and Kris Luka



Rose Vera and Robert Kaepfel with Arline Siegel (center)

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The Great Gatsby

Meets  
Mighty Max

## for an Evening of Roaring '20s Fun

It was a time when speakeasies flourished, the Jazz Age was in full swing and, for the first time in years, people were having fun again. The Roaring '20s were all about glitz and glam, high-rollers and flappers enjoying the golden era of opulence.

The Overlook Foundation's 2014 Gala – *Feathers and Fedoras* – drew hundreds of supporters eager to step back into a time when the likes of F. Scott Fitzgerald's Jay Gatsby knew how to throw a party. Ladies draped in pearls and boas joined gentlemen sporting dapper fedoras to stroll about a Prohibition-era speakeasy on the first floor of the Liberty Science Center at the October 25 event.

Guests enjoyed cocktails and hors d'oeuvres, while trying their hand at their favorite casino games to win prizes provided by signature sponsor Tiffany & Co. Upstairs, a lavish Gatsby-inspired dinner awaited . . . along with entertainment by the Max Weinberg Band featuring the renowned drummer, and vocalists Curtis King and Cindy Mizelle of Bruce Springsteen's E Street Band, as well as Bon Jovi guitarist Bobby Bandiera.

More than \$400,000 was raised to kick off the foundation's Campaign for Emergency Services at Overlook, an initiative described in remarks at the gala by Overlook Medical Center President Alan Lieber:

"The Emergency Department as we know it today has grown in leaps and bounds over the past century, and now serves as the front door of virtually every hospital in the country. Last year nearly 95,000 people visited Overlook's Summit and Union EDs, part of a nationwide trend that is seeing a significant increase in the number of ED visits.

"To address this issue, we are moving forward with plans to renovate and reconfigure our existing ED space to allow for improved patient flow. All of you here tonight are a vital part of this effort."





# The Great Gatsby Meets Mighty Max



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16

1. Tracy Press, Lillian Press, Dr. Bonni Guerin, Dr. Rujuta and Alok Saksena
2. Toula and Dr. John Halperin with John Sekel
3. George Ross, Ruth and John Huneke, Mimi Ross, Sally Solmssen, Toby Wesson, Sandra and Art Williams, Betsy Wesson, Hans Solmssen
4. Dave and Kitty Hartman
5. Millie and Jack Cooper, Tim Erday, Alan Lieber, Jennifer Erday
6. Tom Giordano, Max Weinberg, Andrea Manna, Raul and Jackie Esquivel
7. Cliff and Maria Weber with Jill and Mike Tanenbaum
8. Susan and Dr. Neil Horner with Terry and Denis Turko
9. Drs. Cliff and Cathy Sales
10. Drs. Lori and Michael Ingber, Ben Maisano, Jennifer and Ido Zairi, Ilyssa Maisano
11. Joe Trunfio with Steve and Leslie Ritardi
12. Sue Thomas with Vince and Priscilla Ursino
13. Gala Chairs Maggie Meade-Hariri and Dr. Bob Hariri, with their daughter Alex (center)
14. Dr. Ajay and Danielle Goyal with Ann Oliva
15. Dr. Paul and Alie Starker with Lenore Ford
16. Dr. Melissa and Daniel Tassé



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*State of the Art ... and the Heart* is a tribute to the philanthropy of individuals, corporations, organizations, and foundations who contributed \$500 or more to the Overlook Foundation from July 1, 2013, through December 31, 2014. The generosity of our donors has enabled Overlook to evolve into a nationally respected medical center, providing advanced care close to home. We gratefully acknowledge their support in helping us provide a high tech, high touch approach to the care that we deliver.

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Dr. Jim Gardner, Dr. Stephen Hall, Chris Ault and Mike Nolan were among more than 160 golfers who played in the Overlook Foundation 24th Annual Golf Outing in September. A beautiful day on the Canoe Brook Country Club courses in Summit was followed by an awards dinner in the club's newly opened Bassett Ballroom, raising more than \$130,000 to benefit the Eating Disorders Program at Overlook.

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 Hexacon Electric Company  
 Highmount Capital  
 IBM International Foundation  
 Jordan Craig Machinery International  
 Kearns Family Business Office ^  
 Kent Place School

MCS Claim Services, Inc.  
 Morris 400, LLC  
 OPEIU Local 32  
 Peapack-Gladstone Bank  
 Pine Grove Associates  
 Point View Financial Services  
 Prisco Construction Group  
 Teva Neuroscience, Inc.  
 Union Medical Park  
 Welsh Chester Galiney Matone Inc.

^ Donations made solely to the Andy Bovin Memorial Fund



### Local Cheerleaders Go Pink

The varsity and junior varsity cheerleading squads at Scotch Plains-Fanwood High School may wear blue and white uniforms on game day, but pink was the color of choice as they banded together to raise \$1,000 during Breast Cancer Awareness Month last fall. Fellow students, parents, and community members snapped up dozens of pink "Raider Nation" T-shirts to support the girls' efforts to raise funds for the Breast Center at Overlook. Breast Cancer Awareness Month is an annual international health campaign organized by major breast cancer charities every October to increase awareness of the disease and to raise funds for research into its cause, prevention, diagnosis, treatment, and cure.





Saying "Thanks" with a Gift of Gratitude



Patient Jackie Solondz of Mountainside was so appreciative of the excellent care she received from Dr. Saad Habba that she made a donation to the Overlook Foundation in his honor.

"Dr. Habba is my favorite doctor,"

Jackie remarked at the recent recognition of her Gift of Gratitude, also attended by Ann Oliva, executive director of the foundation. The program allows patients and their families to honor their caregivers for exceptional expertise and compassionate care, while the donation supports continuing education for health care professionals, innovative support programs and therapies for patients, and lifesaving technology.

## Foundations

### Gifts of \$200,000+

The Nicholas J. and Anna K. Bouras Foundation, Inc.  
Margaret and Peter Chang Foundation  
Mitzi & Warren Eisenberg Family Foundation  
The Glasser Foundation  
Hannah M. Sayre Trust

### Gifts of \$100,000 - \$199,999

David R. Clare and Margaret C. Clare Foundation in memory of Lynne Clare  
The Healthcare Foundation of New Jersey  
Joy Street Foundation  
F. M. Kirby Foundation  
Lackland Family Foundation  
The T. F. Trust

### Gifts of \$50,000 - \$99,999

The George W. Bauer Family Foundation  
Charles Foundation, Inc.  
Hilda & Preston Davis Foundation  
Head Family Charitable Foundation  
Susan G. Komen for the Cure, North Jersey  
The Blanche and Irving Laurie Foundation  
Metzger Family Foundation

### Gifts of \$25,000 - \$49,999

Summit Area Public Foundation  
The Willits Foundation

### Gifts of \$10,000 - \$24,999

Delisi Family Foundation  
Geraldine R. Dodge Foundation, Inc.  
E. J. Grassmann Trust  
The Hyde and Watson Foundation  
The Leviton Foundation, Inc.  
Litterman Family Foundation  
The Reeves Foundation  
The Fred C. Rummel Foundation  
The Walter and Louise Sutcliffe Foundation  
Union Foundation  
The Westfield Foundation

### Gifts of \$5,000 - \$9,999

John P. Bent, Jr. Charitable Lead Unitrust  
Elias Sayour Foundation, Inc.  
The Fatzler Foundation  
Healey Family Foundation  
Jewish Community Foundation  
The Jules Podell Foundation  
Schwarz Foundation  
Standish Foundation  
Wallerstein Foundation for Geriatric Life Improvement

### Gifts of \$1,000 - \$4,999

Kenneth Aidekman Family Foundation  
Bassett Foundation  
The Brady Family Fund  
Clermont Foundation  
The Selma and Irving Eteenberg Foundation  
The Isabel and David Mahalick Foundation, Inc.  
The New York Community Trust  
The Provident Bank Foundation  
The Charles L. Read Foundation  
Union County Office of Cultural & Heritage Affairs  
William E. Simon Foundation, Inc.

## Matching Gifts

Allstate Giving Campaign  
American Express Foundation  
Arch Insurance Group  
Bank of America  
C. R. Bard, Inc.  
Bloomberg LLP  
Bollinger Insurance  
Bristol-Myers Squibb Foundation, Inc.  
Chevron Humankind  
The Chubb Corporation  
Coach USA  
Colgate-Palmolive Company  
Dr. Reddy Laboratories, Inc.  
ExxonMobil Foundation  
FM Global  
Goldman Sachs  
Hoffmann-La Roche, Inc.  
IBM International Foundation  
Matching Grants Program  
Interco Charitable Trust  
Johnson & Johnson  
The JP Morgan Chase Foundation  
Merck Company Foundation  
Morgan Stanley  
Pfizer  
The Prudential Foundation  
Thomson Reuters  
UBS  
Verizon  
Wells Fargo Community Support Campaign

## Bequests

Estate of Catharine N. Blanchard  
Estate of Dorothy D. Byrne  
Estate of David R. Clare  
Estate of James T. Dettre  
Estate of H. William Diefendorf, M.D.  
Estate of Robert E. Dillon  
Estate of Dorothy B. Fedor  
Estate of Rosemarie M. Gilman  
Estate of Hortense Green  
Estate of Lee M. Hale  
Estate of John Clifford Johnson  
Estate of George Kaffel  
Estate of Joseph L. Katz  
Estate of Hilda I. Keehn  
Estate of Herbert W. Kirby  
Estate of Margaret MacMillan  
Estate of Howard D. McGeorge  
Estate of Elizabeth H. Potter  
Estate of Katherine L. Rummeler  
Estate of Michael Q. Tatlow  
Estate of Helen Tiensch  
Estate of Loris G. Tower



## Basket Auction Makes Everyone Feel Like A Winner

Departments throughout the hospital rallied to create dozens of fabulous baskets that filled the Bouras Auditorium for the 2014 Employee Basket Auction last fall. From early morning until late afternoon, visitors to the hospital joined employees like Judy Ryllun and Nicole

Sartori in stopping by to try their luck at winning one of the themed baskets donated by their co-workers. Some \$7,500 was raised for this year's beneficiary – the Pastoral Care Department whose chaplains provide extra care, comfort, and support for all of our patients.





# Employee Support



## Employee Donations Make A Difference

Employee giving is on the rise thanks, in part, to the efforts of the foundation's Employee Campaign Committee, which held several events throughout the year to encourage staff support. Terry Carlin was among those committee members on hand to serve coffee and donuts, while helping interested employees sign up for payroll deduction or a straight donation to the Employee Campaign.

Not only are employee gifts a significant way to express pride in where you work, but they are a meaningful gauge within the community of our staff's commitment to Overlook, our patients and their families. Over the past 18 months, generous employees have donated some \$160,000 to help support such programs as nursing education, the child care center, the employee relief fund, and cancer patient support services.

Connie Frank Adams  
Darius J. Adams, M.D.  
Arnel Agustin, R.N.  
Rozana R. Alam, M.D.  
Stephen Albanese  
Joseph P. Aliseo  
Barbara Z. Alleyne  
Suraj Alva, M.D.  
Donna Amspacher  
Susan G. Arnold  
Cynthia Ashby  
Michael Atanasio  
John R. Audett, M.D.  
Janice E. Baker, M.D.  
Shalini Bansil, M.D.  
Susan Amy Barasch, M.D.  
Cathy Barnett  
Anne Bennett  
Theresa Bernaz, R.N.  
Steve Bettinger  
Susan Bien, R.N.  
Aleksander J. Bodnar, M.D.  
Peter Bolo, M.D.  
Melissa Bonassisa  
Joan Bono  
Jeffrey M. Brensilver, M.D.  
Elizabeth Bridges  
Richard R. Brodman, M.D.  
Jacquelynn Brodt Suggs  
Louise T. Brown  
Steven Burger  
Elise Butkiewicz, M.D.  
Lee Ann Caffrey, R.N., M.S.  
Susan A. Cain  
Jamie Calero  
Tessa Campbell  
MaryJo Cannone, R.N.  
Lorena Capece  
Terry Carlin  
Gina M. Carro  
Nora Cary, R.N.  
Manuel Castillo, R.N.  
Lisa Celona  
Angie Cennamo  
Larry Cennamo  
Central Access Department  
Victoria Cetera, R.N.  
Daisy Chin, M.D.  
Bertram T. Chinn, M.D.  
Sung Ho Cho

Vivian K. Chou, M.D.  
Shilpa Clott, M.D.  
Erik G. Cohen, M.D.  
Kenneth D. Cole  
Lisa Conley  
Grace Conner  
Alicia R. Cotton  
Pamela M. Cousland, R.N.  
Susan Coviello  
Barbara J. Craig  
Catherine M. Cunningham, M.D.  
Lisa Cuoco  
Todd Daigneault  
Mary Damiano  
Frank B. D'Antico  
Joseph D'Auria  
Florence Davis  
Kenneth J. Davis, M.D.  
Maria De Lauro, R.N.  
Maria DeAngelo  
Michael DeBlock  
Anne M. Decimus  
Nancy DeFreest, R.N.  
Donna Delicio  
Kyle Dellomo, R.N.  
Susan Demsey, R.N.  
Debbie Dente  
Marianne F. Devlin  
Craig A. Dise, M.D., Ph.D.  
Rosina B. Dixon, M.D.  
Margaret J. Dolan  
Vincent Donnabella, M.D.  
Marie Christine Dorilas  
Frances Drigun  
Lucy Duffy  
Lauren E. Duggan, R.N.  
Gerard A. Durney  
Ansley Dy, R.N.  
Antonio Elazegui, R.N.  
Jennifer Estela-Stollwerck, R.N.  
Megan Ewing, R.N.  
Louis Faraone, R.N.  
Mary Farrell, R.N.  
Barbara Ferguson  
Carlos A. Fernandes  
Sue A. Fessler, M.D.  
Kathleen Finan, R.N.  
Bonnie S. Forshner, DNP  
Virginia E. Fortune  
Suzette Francis

Gaetano Frisoli, M.D.  
Louis C. Galdieri, M.D.  
James Gensch  
Linda Gillam, M.D.  
Cornelia Gilpin, R.N.  
Sidney Glasofer, M.D.  
Gwendolyn D. Godfrey  
Kathleen M. Goonan  
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Nancy E. Gross  
Heather Gucwa  
Redentor S. Mendiola Jr., M.D.  
John J. Halperin, M.D.  
Michele Harrison, R.N.  
Maryanne B. Healy, R.N.  
Adam R. Hecht, M.D.  
Janina Hecht  
Richard Heitner  
Mary L. Hendricks  
Barbara A. Herrmann, R.N.  
Barbara Hicks, R.N.  
Elizabeth Hogan  
Janet Y. Hollander  
Marsha Hoppe  
Rabbi William B. Horn  
Kristen Houghton  
Lisa C. Hurckes, M.D.  
Mary E. Hynes  
Thomas E. Jackson, M.D.  
Sharmila Jani, D.P.M.  
Ingrid Johnson, R.N.  
Barbara Jurkiewicz, R.N.  
Jody A. Kaar, R.N.  
Hemant Kairam, M.D.  
John Kalynovych  
Robert A. Karp, M.D.  
Andrea G. Katz, M.D.  
Susan T. Kaye, M.D.  
Nowai Keleekai, R.N.  
Sharon Kelly, R.N.  
Gary Kershner, D.O.  
Jeanne Kerwin  
Kavita R. Kewalramani, M.D.  
Mary Anne King, R.N.  
John J. Knightly, M.D.  
Jill Kossove  
Andrew L. Kovach  
Elizabeth Kovacs  
Michael G. Kral, M.D.

Neil Kramer, M.D.  
Lauren Krause, R.N.  
Jo Ann Kulkusky  
Roger M. Kurlan, M.D.  
Michael Laterra  
Robin S. Lavornia  
Christine Lay  
Bonnie G. Layton, R.N.  
Allison Leba, RN, BSN, BC  
Madonna Makowski Lee  
Stuart J. Leff, D.O.  
Bernard J. Lehrhoff, M.D.  
Rachel Leib, M.D.  
Janet E. Leicht, D.P.M.  
Kevin Lenahan  
Rebecca Lerner  
Jeff L. Levine  
Steven M. Levine, D.O.  
Alan R. Lieber  
Karen Lieberman, R.N.  
Diane L. Lindsey  
MaryAnn LoFrumento, M.D.  
Jonathan F. Luden  
Norman L. Luka, M.D.  
Marie Lupo, R.N.  
Michael S. Lux, M.D.  
Cynthia Macauley Savioli  
Marc Mandel, M.D.  
Diane Marinko, R.N.  
Paul F. Marmora  
Donna Marricco  
Christine Masterson Vergura, M.D.  
Maternity at Overlook Medical Center  
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Filomena Mazzone  
Carmen S. McCloud, R.N.  
Lorie S. McDonald  
Susan McDonald, R.N.  
Sue McGrady Fodor, R.N.  
Frank J. McKenna Jr.  
Gilly McKie, R.N.  
Carol McKissock, R.N.  
Georgeanne McMahan, R.N.  
Lorraine McMillan  
Susan McNulty  
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Susan E. Mead  
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Juliet Nelson  
Jeff Newman  
Maryann Nicoll, R.N.  
Tanya Nida, R.N.  
Richard S. Nitzberg, M.D.  
Doreen M. O'Boyle  
Linda Odoh, R.N.  
Pamela Ogens, RN, MSN  
Ann M. Oliva  
Julie Olmsted  
The Dedicated Staff of the  
Inpatient Oncology Unit  
Michael S. Overa  
Overlook Employee Basket Auction  
Overlook Medical Center  
Emergency Department  
Overlook Medical Center Unit 5 AB  
Overlook Medical Center Unit 7C  
Overlook Nurses  
Overlook Senior Leadership  
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Robert A. Panza, M.D.  
Laura M. Parker  
Tammy T. Parker, RN, BSN  
Joyce Passen  
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Susan D. Scherer, D.M.D.  
Diane M. Schneider, R.N.  
Denise Schwartz  
Louis E. Schwartz, M.D.  
Jan Schwarz-Miller, M.D.  
Lisbeth Searing  
Donna Seidman, R.N.  
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Danielle Wolf, R.N.  
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David A. Worth, M.D., P.A.  
Daniel Zacharias, M.D.



# GIVING at a Glance

## The Overlook Foundation

The Overlook Foundation raises funds that are used to purchase state-of-the-art equipment and fund special programs to help Overlook Medical Center remain in the forefront of medical care.

If you would like to become a member of the "Overlook Medical Center Family" by supporting the foundation, you may

- Become a "Friend of Overlook Medical Center" with an annual gift of \$100 or more;
- Designate your gift for a restricted or specific project or allow the foundation's board of trustees to determine the most needed application of your donation;
- Make a donation to memorialize or commemorate an individual, family or group;
- Make a planned or deferred gift to maximize tax advantages and/or protect current or future income, thereby becoming a member of the Heritage Society.

All Overlook Foundation gifts are tax deductible and remain at Overlook.

For more information about how you can help further Overlook's mission to provide exemplary health care services to its communities, please contact

The Overlook Foundation  
36 Upper Overlook Road, P. O. Box 220  
Summit, NJ 07902-0220  
908-522-2840  
www.overlookfoundation.org



Restricted Gifts for Capital and Program  
\$6,697,260

Unrestricted Annual Support  
\$2,038,648

Total  
\$8,735,908

## Campaign for Emergency Services Kicks Off as Neuroscience Campaign Reaches Goal

As 2014 drew to a close, the Campaign for Atlantic Neuroscience at Overlook surpassed its \$2 million goal, with the final impetus provided by Summit residents and longtime friends of the Overlook Foundation, Mike and Joan Gambro. Active supporters of the campaign since its outset, they generously made an additional gift and personal challenge to their friends, neighbors, and colleagues to donate \$150,000 by the end of the year which they would match. It took just a few weeks for the "Gambro Challenge" to push the campaign over the finish line and raise the funds to purchase and update critical equipment and technology.

With one targeted campaign concluding, the foundation kicked off another with the \$400,000 raised at its 2014 *Feathers and Fedoras* Gala this fall. The Campaign for Emergency Services at Overlook has set a goal of \$3 million to fund the construction and equipment to renovate and reconfigure its existing emergency department (ED) space to allow for improved delivery of care.

Overlook's Summit ED currently treats some 60,000 patients each year, or 165 patients per day, with about a quarter of them being admitted to the hospital. Of the other 75 percent, some can be fast-tracked while others may need a variety of testing and/or procedures.

A new state-of-the-art design, generically known as split flow, will help optimize space, increase communication, and care for patients more quickly and efficiently. Patients will be triaged to a newly designed six-bed intake area to be evaluated, before moving to a results waiting area containing 16 pods, each with a recliner, iPad, headphones, and additional seating for family members.

With beds freed up for more seriously ill patients who will likely be admitted to the hospital, those who are in the results waiting area will have their care facilitated by staff dedicated to expediting their testing and/or treatment. By improving access to care providers, patients will flow through the ED with ease, decreasing wait times and improving patient satisfaction overall.

The foundation continues to raise funds for two other targeted campaigns, one for the Eating Disorders Program at Overlook which is within \$500,000 of reaching its \$1.8 million goal, and the other for Palliative Care with donations of more than \$700,000 toward a goal of \$2.5 million.



The 2014 Tot Trot, an annual day of family fun for charity sponsored by the Summit Junior Fortnightly Club, raised more than \$20,000 for the Eating Disorders Program at Overlook. Foundation Director Connie Adams (center) gratefully accepted these funds from Event Co-Chairs Wendi Porretti and Courtney Alberta.



More than 400 Gatsby-inspired guests kicked up their heels to the sounds of the Max Weinberg Band at the foundation's 2014 Gala in October . . . putting into motion a new targeted fund-raising campaign to benefit Emergency Services at Overlook.



# 2014 OPERATING STATISTICS

Admissions  
24,478

Average  
Length of Stay  
4.57 days

Births  
2,390

Same Day  
Surgical  
Procedures  
9,279

Inpatient  
Surgeries  
5,917

Emergency  
Department  
Visits  
96,612

# OVERLOOK at a Glance

Founded in 1906, Overlook Medical Center is a nationally recognized, nonprofit regional medical center in Summit, New Jersey. With 504 beds, 1,414 attending physicians, 88 medical residents and 3,561 employees, patients have access to the nation's top doctors, compassionate care, and the most advanced technology and treatments in the heart of their community.

Through our vision, we empower our communities to be the healthiest in the nation. Classes, support groups, and screenings – many of which are free of charge – are offered year-round. Our Healthy Avenues Van provides health care information and screenings for symptoms of diabetes, stroke, high blood pressure, colorectal disease, and various cancers to residents of 33 surrounding communities.

Overlook Medical Center is part of Atlantic Health System, one of the largest not-for-profit healthcare systems in New Jersey.

Here are just some of our recent accreditations, awards, and accomplishments:

## Overlook Medical Center

- Accredited by The Joint Commission, reflecting our commitment to meeting the highest performance standards
- Major Clinical Affiliate of Rutgers Cancer Institute of New Jersey, the state's only National Cancer Institute-designated Comprehensive Cancer Center
- National Medal of Honor for Organ Donation (U.S. Department of Health and Human Services)
- Access to Quality of Care Award (New Jersey Hospital Association)
- Leader in LGBT Healthcare Equality: Human Rights Campaign Foundation Healthcare Equality Index 2014

## Atlantic Neuroscience Institute at Overlook

- One of the top hospitals in New Jersey for the treatment of neurological disorders and stroke (Castle Connolly Medical Ltd.)
- One of 10 "Tourette Syndrome Association Centers of Excellence" (The National Tourette Syndrome Association)

## Stroke Center

- (core component of Atlantic Neuroscience Institute at Overlook)
- First Comprehensive Stroke Center in New Jersey (New Jersey Department of Health and Senior Services)
  - One of 72 hospitals in the U.S. with Comprehensive Stroke Accreditation

- Stroke Care Certification/Gold Seal of Approval™ for Primary Stroke Centers (The Joint Commission)
- Get With the Guidelines® Stroke Gold Plus Performance Achievement Award (American Heart Association and American Stroke Association)
- Primary referral center for 46 percent of New Jersey hospitals
- New Jersey Hospital Association Community Outreach Award for Stroke Education and Screening Program

## Epilepsy Center

- (component of Atlantic Neuroscience Institute at Overlook)
- One of a few centers in New Jersey designated a Level 4 Epilepsy Center
  - First center in New Jersey – and one of only a few in the country – to evaluate epilepsy patients using magnetoencephalography (MEG)

## The Carol G. Simon Cancer Center

- Major clinical research affiliate of The Rutgers Cancer Institute of New Jersey
- Outstanding Achievement Award and Three Year Approval with Commendation (American College of Surgeons' Commission on Cancer)
- Ranked fifth in the world for number of prostate cancer patients treated with CyberKnife® technology
- One of "70 Hospitals with Great Oncology Programs" (*Becker's Hospital Review*)

## The Breast Center

- Accredited by the National Accreditation Program for Breast Centers (NAPBC) and the American College of Radiology
- Outreach Award from BMW and Susan B. Komen Foundation

## Emergency Department

- One of five New Jersey hospitals approved to provide emergency angioplasty in a community hospital setting
- Union Campus – one of 17 hospital emergency departments nationwide to receive 2014 Emergency Nurses Association Lantern Award (Emergency Nurses Association)

## The Thomas Glasser Caregivers Center

- First hospital-based center in New Jersey dedicated to the caregivers of loved ones facing extended hospital stays

## The Institute for Rheumatic and Autoimmune Diseases at Overlook Medical Center

- The only hospital-based institute of its kind in New Jersey

## Gagnon Cardiovascular Institute at Overlook Medical Center

- Elective Angioplasty CPORT E Trial (New Jersey Department of Health and Senior Services)
- Cardiac Rehabilitation Center Accreditation (American Association of Cardiovascular and Pulmonary Rehabilitation)
- Vascular Laboratory Accreditation (Centers for Medicare and Medicaid Services and Intersocietal Commission for the Accreditation of Vascular Laboratories)
- Echocardiography Laboratory Accreditation (Intersocietal Commission for the Accreditation of Echocardiography Laboratories)
- ACTION Registry®-GWTG™ Gold Performance Achievement Award (American College of Cardiology Foundation and American Heart Association)

## Maternity Services

- Level III Intensive Perinatal Unit (New Jersey Department of Health and Senior Services)
- Care Award (International Lactation Consultant Association)

## Atlantic Health System Weight & Wellness Center

- Center of Excellence in Bariatric Surgery (American Society for Metabolic and Bariatric Surgery)

## Center for Sleep Medicine

- Accreditation by the American Academy of Sleep Medicine

## Orthopedics

- Gold Seal of Approval™ - Spine Surgery Certification (The Joint Commission)

## Women's Heart Awareness Program

- Circle of Excellence Award (American Association of Critical Care Nurses)

## Wound Healing Program

- Accreditation (Undersea & Hyperbaric Medicine Society)
- Gold Seal of Approval™ Disease-Specific Care Certification (The Joint Commission)

## The Eating Disorders Program at Goryeb Children's Hospital

- The only eating disorders program in the state to provide comprehensive treatment exclusively for children and adolescent patients

## Atlantic Health System

- Accredited by The Joint Commission, Affiliate of The Mount Sinai Hospital and Icahn School of Medicine at Mount Sinai and a member of AllSpire Health Partners.
- Named one of Health Care's Most Wired organizations for the fifth consecutive year (July 2014 issue of *Hospitals & Health Networks* magazine, the journal of the American Hospital Association)
- Ranked among the Elite 100 – a list of the top business technology innovators in the United States – by *Information Week Magazine* (the highest-ranked New Jersey-based hospital system on the list)
- "100 Best Companies to Work For\*" (*Fortune* magazine)
- Named top company on hospital/health care list for "Best Employers for Workers Over 50" (AARP)
- An Official Health Provider of the New Jersey Devils
- Official Health Care Partner of the New York Jets, Cybex and the Cybex Research Institute
- Atlantic Accountable Care Organization (ACO) - "100 Accountable Care Organizations to Know" (*Becker's Hospital Review*)

*U.S. News & World Report* (USNWR) has again recognized Overlook Medical Center among the best hospitals in central New Jersey, and as a "Best Regional Hospital" for neurology and neurosurgery, as reported in the publication's annual Best Hospitals list for 2014-15. The magazine also ranked Overlook Medical Center as a "High Performing" hospital for gastroenterology & GI surgery, geriatrics and urology. The annual USNWR Best Hospitals rankings, now in its 25th year, recognize hospitals that excel in treating the most challenging patients.

"The continued recognition by *U.S. News & World Report* affirms Overlook Medical Center's status as a regional leader in neurology and neurosurgery," said Alan Lieber, president, Overlook Medical Center and vice president, Atlantic Health System. "This honor also reflects the advances we have made in other specialties, such as digestive diseases, and our overall commitment to providing superior health care to our communities."

As the premier center for neuroscience and stroke care in New Jersey, Overlook Medical Center has amassed the largest team of neurologists, neurosurgeons, and neuroscience nursing staff in the state. Overlook is a Level 4 Epilepsy Center with the only magnetoencephalography (MEG) technology in New Jersey installed for clinical purposes. The Brain Tumor Center of New Jersey at Overlook offers vaccine trials and stereotactic radiosurgery with the CyberKnife®.

Concussion care and rehabilitation, pain management, spine and neck care, as well as dedicated research and care for memory disorders, dementia and movement disorders, are all programs at Overlook Medical Center that have increased in volume and resources over the last several years.

As a "Best Regional Hospital," Overlook Medical Center is also recognized as "High Performing" in the following specialties:

- Gastroenterology & GI Surgery
- Geriatrics
- Neurology & Neurosurgery
- Urology

This recognition reflects significant enhancements to digestive disease programs in recent years at Overlook, including the provision of innovative interventional endoscopy procedures, robotic surgery for rectal cancer, robotic surgery for pancreatic and liver cancer, state-of-the-art endoscopic ultrasound, and specialized genetic testing.



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