Pennington Biomedical Research Foundation

2020-2021 ANNUAL REPORT





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Message from our **President and CEO**

The saying, "the more things change,

the more things stay the same," seems to be a fitting description of our lives since the COVID-19 pandemic reared its destructive head in March 2020. I was recruited into the role of President and CEO of Pennington Biomedical Research Foundation during the original Stay at Home order for Louisiana. The next year and a half brought us plenty of uncertainty and other restrictions for our collective health and safety, especially when the dreaded Delta variant negatively impacted too many lives in Louisiana.

We began our 2021-2022 fiscal year with many of the same uncertainties we faced in 2020-21. Although our personal lives were in flux, Pennington Biomedical as an institution found innovative ways to overcome this unprecedented disruption. Conferences moving to virtual formats reduced the costs associated with travel. Many of our researchers had more time than ever before to write manuscripts, sharing their knowledge with the broader scientific community. Our faculty also had more time to apply for grants and had much success in securing funding. In fact, today we have more clinical trials ongoing at the Center than ever before!

There were many stories from 2020-2021 to celebrate despite all the challenges presented. Right outside of my Foundation office, hundreds of people have come through the doors of our building to get vaccinated against COVID-19. The Joe W. and Dorothy Dorsett Brown Foundation included Pennington Biomedical in their prestigious Healthy Aging Initiative, an acknowledgement of the caliber of our scientists working in basic science. We also unveiled a new logo and visual identity system for Pennington Biomedical and launched Obecity, USA, a massive national public awareness campaign to fight the stigma of obesity by increasing understanding of obesity. To date, people from more than 92 countries have visited our website to learn more about obesity as a disease. News outlets representing 54 markets across the country have shared our campaign. In total, our public service messages have been seen more than 1.4 billion times - an impressive start to our work to educate the public about the myriad of factors that cause obesity.



Rebecca F. Schutte, President and CEO Pennington Biomedical Research Foundation

As powerful as these achievements are, the most humbling of all was what YOU did as a donor. Despite facing the same uncertainties that COVID brought us, our loyal and generous donors stayed just as committed to investing in our mission as the scientists, researchers, dieticians, nurses and many others who work here. We are ever so grateful for your support! We are also deeply appreciative for the ongoing strong support from Louisiana Governor John Bel Edwards, the Louisiana Legislature, Louisiana Economic Development, LSU President William F. Tate IV, the LSU Board of Supervisors and its Chairman Rémy Starns, and the Louisiana Board of Regents. Our supporters enable Pennington Biomedical to put science to work for a healthier Louisiana.

We are excited to be able to host events again in-person. Therefore, I can sincerely say, I hope to see you in-person and on campus soon!

Sincerely,

President and CEO

Message from the Center's **Executive Director**

I like to say that Pennington Biomedical is in the business of bringing solutions from

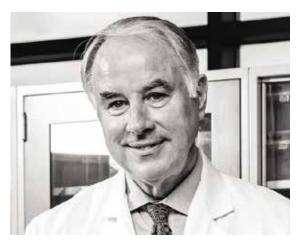
cells to society. Consider our work to find solutions for Alzheimer's Disease. Our basic researchers analyzed the ends of human chromosomes, called telomeres, and realized that individuals with shorter telomeres are at an increased risk for Alzheimer's Disease. Our researchers couple this new information with the known fact that individuals with low levels of physical activity also have shorter telomeres. Our population scientists can take this foundational science and begin testing interventions in people who live right here in Baton Rouge to determine the "magic number" of minutes of exercise that might make a difference in staving off Alzheimer's Disease. That is just one example of how we take solutions from cells to society.

Our most public example of taking solutions from cells to society is our Obecity, USA campaign. This groundbreaking campaign brings to light what everyone working at Pennington Biomedical has known for some time: obesity is a chronic disease and the result of a number of factors, many of which individuals have no control over. Our work to end the stigma associated with obesity will promote meaningful conversations in doctors' offices, in public policy settings, and even around the dinner table, which will help us end this pandemic.

This campaign was funded entirely by philanthropy, the key ingredient to our history of success in advancing scientific discovery and solutions. I am forever both grateful and humbled by those who choose to partner with us.

We continue to play a critical role in the fight against COVID. Early on, we participated in a study with school-aged children to develop and test a non-invasive biomarker to indicate the presence of the virus. Today, we are participating in a clinical trial to study the safety of the Moderna vaccine in children. This represents our first ever vaccine trial.

Anecdotally, we heard that the number of children being diagnosed with Type 2 diabetes was increasing during



John Kirwan, PhD, Executive Director Pennington Biomedical Research Center

the pandemic. We undertook a retrospective study, and we did indeed learn that locally the number of children presenting with Type 2 diabetes doubled. Worse, these children were very sick when they came to the hospital. Our concern is that stay-at-home orders, and the lack of physical activity along with less healthy eating habits and the combination of stress and worse sleep is responsible for this trend, but more research is needed to better understand why the incidence increased so dramatically.

This year, we introduced the first Pennington Biomedical Publication-of-the-Year-Award to highlight and reward the significant, innovative, and impactful research publications authored by our scientists.

The investigators authoring the winning manuscript received a \$10,000 award. This year's winner was the Promoting Successful Weight Loss in Primary Care in Louisiana (PROPEL) trial outcomes reported in the New England Journal of Medicine. The PROPEL model has the potential to improve access to weight loss programs for large, underserved populations across the country. PROPEL challenges the belief that weight loss through lifestyle interventions is not achievable, especially in hard-to-reach populations. This particular finding is of utmost importance because of what it demonstrates, but of special significance to us, every single author was a Pennington Biomedical or Louisiana researcher. All the nominees demonstrated the potential to create a paradigm shift, challenge dogma, or represented a technical innovation. For example, our work with glucocorticoids filled an important knowledge gap and was published in Biomedicine. Glucocorticoids save lives, but they also promote obesity, reduce lean mass, enhance metabolic disease risk, and vastly increase the risk of frailty and diabetes onset. It is imperative we better understand the role of prolonged glucocorticoid therapy in unhealthy aging.

Still more work was published in Endocrinology. We demonstrated the important role of protein restriction in reducing body weight and improving metabolism. This research will pave the way for future drug development.

We are also very excited to be part of the "Nutrition for Precision Health (NPH), powered by the *All of Us*" consortium. We know that nutrition is at the epicenter of human health and disease. However, a "one size fits all" approach to clinical nutrition is failing a large segment of the population. Individual factors including genetics, metabolism, physiology, microbiome, behavior, the built in and contextual environment all underlie the inherent variability in response to diets. Exciting new research shows that machine learning algorithms can integrate this complex information and predict how someone responds to a given diet. As part of a five-year grant and together with LSU Health New Orleans and the NIDDK- Phoenix Clinical Center, we will generate a rich database from a diverse population to develop a "We know that nutrition is at the epicenter of human health and disease. However, a 'one size fits all' approach to clinical nutrition is failing a large segment of the population."

-John Kirwan, PhD

first-of-its-kind diet prediction algorithm. The data and biospecimens collected will be used to inform paradigm shifting approaches that enable large-scale delivery of personalized dietary prescriptions to promote general health, delay cardiometabolic diseases, and importantly, address health disparities.

Every day, Pennington Biomedical advances scientific discovery that helps millions of people to live longer and better lives. I am constantly inspired by my colleagues and those in the global community who choose to partner with us.

Sincerely,

Dr. John P. Kirwan, PhD Executive Director George A. Bray, Jr. Endowed Super Chair in Nutrition



Obecity, USA Aims to Raise Awareness of Urgent Public Health Crisis



The ads initially make it sound like an exciting place where we all would want to spend our next vacation. "Welcome to 'Obecity, USA,' the fastest-growing place in the world."

However, it doesn't take long to realize you might not want to visit here after all: "Where fast-food restaurants outnumber grocery stores six to one, and a third of all TV ads promote junk food. Where tacos cost less than apples and portion sizes are four times larger than they were in the 1950s—a decade that also boasts the last generation of Americans who grew up free from an obesity epidemic."

As the ad continues, we realize that we don't need to plan a visit to Obecity, USA – we already live here.

"If the reality check seems harsh, that's intentional," said Dr. John Kirwan, Executive Director of Pennington Biomedical Research Center. "It's important to focus on the gravity of the obesity epidemic and what's at stake if we do nothing," he said. "Obesity is one of the most prevalent and deadly diseases nationally, if not globally. We have an opportunity—an obligation, really—to not only raise awareness but to shift public perception of obesity as a disease. It's time to dispel the many myths that have long persisted, and arm individuals and communities with evidencebased research and the resources necessary to lead healthy lives."

Public service announcements with emotionally-connected storylines about life in Obecity, USA are featured in television and radio ads, billboards, bus shelters, mall advertising and on social media. Visitors to the fictitious city (https://visitobecity.org) have the chance to meet the residents of Obesity, USA, and learn more about the reality facing 1 in 6 children in the U.S. All of the campaign's messages are aimed at increasing the public's understanding that obesity is a disease with both inherited and environmental factors that are out of an individual's control.

More than 40 percent of the U.S. population has obesity today (115 million Americans), the highest rate on record. According to the National Institutes of Health, more than 300,000 Americans die of obesity-related causes every year, from cardiovascular disease to Type 2 diabetes to 13 different types of cancer. The ad concludes, "This is the dangerously unhealthy, unsustainable state of America. Where 41.2 million people can't regularly afford nutritious food, and we as a nation can no longer afford the enormous physical, mental, emotional, and economic toll that obesity takes."

Rebecca Schutte, President and CEO of Pennington Biomedical Research Foundation, said, "It's time to knock down the misconceptions that have long persisted about obesity – mainly that obesity is caused by an individual's failure to eat healthy and exercise enough. Our efforts will arm individuals and communities with evidence-based research and the resources necessary to lead healthy lives, but we know we cannot do this without creating a movement. Pennington Biomedical Research Foundation is proud to have played a role in this groundbreaking campaign. It has been a real conversation starter and opened doors to new relationships and partnerships all over the country."•



Obecity, USA by the Numbers

92 Number of countries with people who have visited the Obecity, USA website

175 Number of television and radio stations that have aired Obecity, USA public service announcements nationwide

3,517 Total out of home messages (signage including billboards, bus shelters and outdoor malls)

1,401,869,283 Tot

Total number of Obecity, USA impressions globally



THE OBECITY, USA CAMPAIGN WAS MADE POSSIBLE THROUGH THE GENEROSITY OF DONORS, INCLUDING:

Annette D. Barton

Baton Rouge Area Foundation

Dr. and Mrs. Jacques A. de la Bretonne

Art E. Favre

Irene W. and C.B. Pennington Foundation

Charles and Carole Lamar

Lamar Advertising Company

Unlocking the Mysteries Surrounding Bariatric Surgery



Bariatric surgery is so effective that beyond treating obesity, it also can cure or significantly improve diabetes, heart disease, high blood pressure, arthritis, and acid reflux – sometimes almost immediately after surgery.

In 2019, Pennington Biomedical recruited Dr. Phil Schauer from the Cleveland Clinic to develop a destination bariatric surgery and obesity treatment program in partnership with Our Lady of the Lake Regional Medical Center. Today, the Metamor Institute reflects the efforts of Pennington Biomedical, Our Lady of the Lake Regional Medical Center, the Office of the Governor of Louisiana, Louisiana Economic Development (LED), and the LSU School of Medicine in New Orleans.

Dr. Schauer has performed over 8,000 bariatric surgeries. He has authored more than 400 scientific papers, 60 textbook chapters and three textbooks on obesity and bariatric, metabolic and gastrointestinal surgery. His research has appeared in the New England Journal of Medicine, JAMA, Lancet and other noted journals. His 35,000+ research citations and awards include recognition from the Wall Street Journal and the Cleveland Clinic, which presented him with the 2015 Sones Award, its highest honor for scientific innovation. Dr. Schauer holds four patents for medical devices. He has trained more than 100 surgical fellows. He revolutionized bariatric surgery at the University of Pittsburgh by contributing to the development of a laparo-scopic approach to bariatric surgery.

And yet, even Dr. Schauer who has also spent years in the laboratory testing various mechanisms of surgery does not understand how this one surgery can have such profound health effects. "We know it works, but the reasons why are not clear," Dr. Schauer said.

In an effort to better understand exactly how and why surgery cures or ameliorates so many diseases, Pennington Biomedical recruited Dr. Vance L. Albaugh, a metabolic surgeon and scientist. Dr. Albaugh brings a unique perspective as a formally-trained scientist and clinical surgeon who is fully immersed in both the clinical and research settings.

"The fact that bariatric surgery has such powerful physiologic effects that we don't understand just proves how complex obesity really is," he said. "Just hours after surgery, many patients experience changes in their perception of hunger and taste. We routinely see dramatic improvements in blood sugar even before significant weight loss, implying that there is something specific to surgery driving these changes that can't be duplicated with even the lowest calorie or medical-supervised diets. These changes their food intake and reduce calorie intake better than any other dietary, behavioral or medical intervention available. I want to explore these phenomena, which have been largely ignored by many in the medical community. Once we understand exactly why surgery is so effective, we can potentially create new treatments to mimic the effect of bariatric surgery without the actual surgery," he said.

"Many people think surgery works because surgeons make the stomach smaller which prevents people from eating too much," he added. "But we know definitively that is not the case. For example, when someone loses even 30 or 40 pounds with diet or exercise, that







Philip R. Schauer, MD United Companies Life Insurance Co./ Mary Kay and Terrell Brown Chair; Professor, Clinical Metabolic Surgery Lab



Vance L. Albaugh, MD, PhD Assistant Professor of Metabolic Surgery, Metabolic Surgery Lab

person typically fails to maintain long-term weight loss because their body is continually fighting to regain that lost weight. People experience intense hunger, food cravings and metabolic changes that lead to eventual weight regain. Anyone who has lost a significant amount of weight with diet/exercise understands this very well. Amazingly, surgical patients lose literally hundreds of pounds and don't experience those same changes in hunger or food cravings. It's almost like surgery has somehow re-programmed the body weight that the brain is trying to maintain."

Dr. Albaugh explains that the gastrointestinal tract is a major regulator of metabolism and body weight regulation. Metabolic surgery changes numerous facets of intestinal physiology that drive weight loss and increase satiety. "I believe the intestinal tract is overlooked," he said.

"Nearly everywhere else, the focus (on bariatric surgery) is on the clinical aspect of surgery and research into the mechanisms driving weight loss is not a priority. I am so grateful for the opportunity to build a bariatric surgery research program aiming to address these profound effects," he added. "It can be incredibly difficult for a surgeon to get funding for research in the typical academic medical center, and for that I am incredibly grateful for those individuals who realized the importance of this focus and paved the way for me to come here."

"This exciting new endeavor for Pennington Biomedical was made possible due to generous champions of a vision. Two couples in particular energized its creation and related treatment and research priorities," said Rebecca Schutte, President and CEO of Pennington Biomedical Research Foundation. "Gary and Claudia Phillips appreciated the vision and direction very early on and made this all possible with significant and early investments. Charlie and Carole Lamar, longtime supporters and strong advocates for Pennington Biomedical, also understood what the Metamor Institute could become and supported these efforts in a meaningful way. Philanthropy will continue to drive growth of the Metamor Institute's research program."•



Pennington Biomedical Launches Cancer Survivorship Program



Justin Brown was only 14 when his father passed away from colon cancer and his future career path became clear to him.

"My mission is motivated by the need to prevent children from having to watch their parents melt away from cancer," he said.

Although a sizeable percentage of patients with colon cancer initially beat the cancer, 30 to 50 percent of those patients relapse – and 90 percent of those who relapse die within two years.

This is exactly what happened to Justin's father. At just 46 years old, his father was diagnosed with early-stage colon cancer. Usually, patients under age 50 are not screened; his father was young to receive the devastating prognosis. He was cancer-free after surgery, but at 48, he relapsed.

Longtime Pennington Biomedical Research Foundation board member Art Favre did not need convincing that there was a need to study the metabolism of cancer. Through his generous investment, the Cancer Metabolism Research Program at Pennington Biomedical was born.

"My gift was all about the utilization of these researchers' God-given talents. They are continually opening doors to the secrets of the complexities of life. This step-by-step process brings us closer every day to the ultimate goal of a disease-free society," said Mr. Favre.

Dr. Brown was a Research Fellow at the Dana-Farber Cancer Institute in Boston and was recruited to Pennington Biomedical to lead the newly created Cancer Metabolism Research Program made possible through Mr. Favre's generous philanthropy. Dr. Brown's research has a particular focus on cancer survivorship and prevention through nutrition, weight control, physical activity and chemopreventive strategies. Evidence suggests that patients who are physically active after their first cancer diagnosis are less likely to relapse. Dr. Brown wants to understand how and why losing weight, managing weight, and managing diabetes can prevent a relapse. His research builds on Pennington Biomedical's strengths and

"Cancer is not a death sentence. There is a mental component to the battle against cancer. Your attitude and emotions come into play. You can will yourself to live and you can will yourself to die. I believe this program is going to make a big difference in how quickly patients can recover and begin to feel good again." —Dr. Gerald Miletello

further expands the Center's collaborative relationships with regional cancer centers and health professionals.

During a chance encounter between Dr. Brown and local oncologist Dr. Gerald Miletello, Dr. Brown described his vision and efforts to build the Cancer Survivorship Rehabilitation Center which served as the first step to creating a Cancer Metabolism Research Program. Dr. Miletello casually asked how much funding the program would require to launch. Dr. Brown responded





Justin C. Brown, PhD Director, Cancer Metabolism Program Assistant Professor Cancer Energetics

with an amount, never imagining it was more than a general question and the two parted ways.

The next day, Dr. Brown received a phone call from Dr. Miletello to let him know he and his wife, Dr. Melinda Prevost, were donating all the funds required to launch the Cancer Survivorship Program and set it on a path to success.

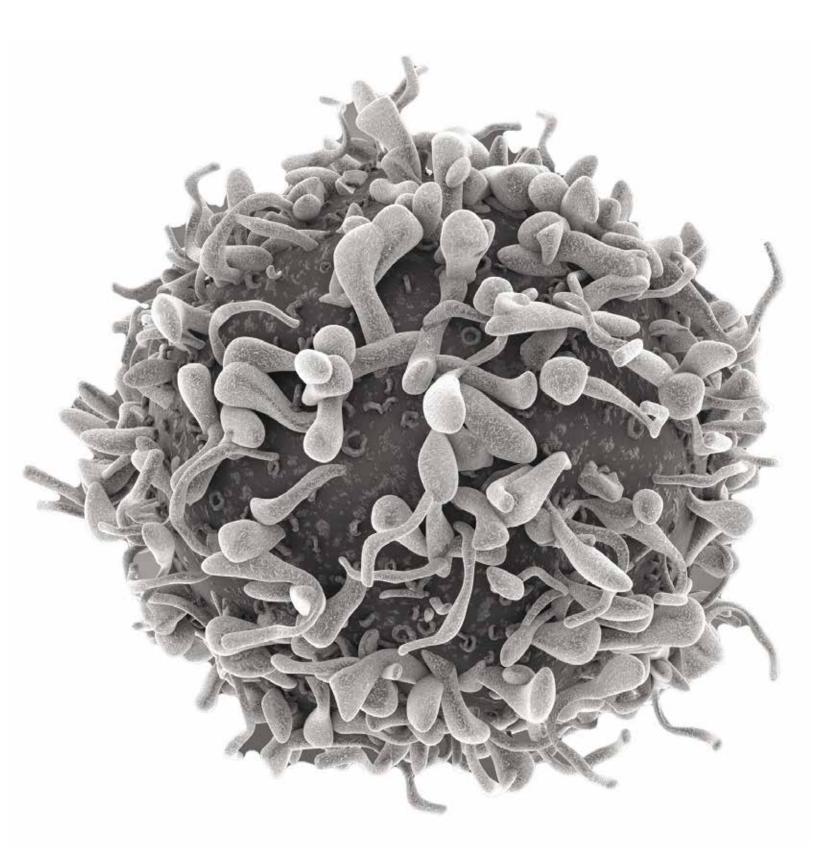
"We know that small steps towards healthy lifelong habits can make a big difference in how cancer survivors feel, function, and survive. Thanks to Dr. Miletello's generosity, cancer survivors across Baton Rouge can now enroll in a 10-week program to determine if a lifestyle program that includes exercise, diet, and weight management helps cancer survivors improve overall wellness and prevents cancer recurrence," said Dr. Brown.

"When cancer patients finish treatment, they are typically just left out there to figure out for themselves how to get back to living," Dr. Miletello said. "No one comes out of treatment unscathed. Many of my patients tell me it takes two years to get back on their feet, and that they go to bed thinking about their cancer and wake up thinking about their cancer."

"I really like that this program is for every cancer patient, regardless of age or type of cancer," he added. "Cancer is not a death sentence. There is a mental component to the battle against cancer. Your attitude and emotions come into play. You can will yourself to live and you can will yourself to die. I believe this program is going to make a big difference in how quickly patients can recover and begin to feel good again. I think we are going to show a better, quicker recovery, decreasing a two-year period to just six months."

Dr. Miletello said he anticipates that this program will have positive results that can be shared and duplicated in clinics throughout the country.

Reflecting on his work, Dr. Brown said, "My father left too early, but at the end of the day he is the motivation behind the work that I do here every day, finding ways to help people live longer with a higher quality of life. I am grateful for all those who have generously invested in our vision of a world where cancer survivors thrive." •



SCORE Aims to Prepare Athletes for Life



The sports industry – from youth through professional levels – represents a multi-billion-dollar market in the United States. Even the youngest athletes are often heavily invested in their sport, with their lives revolving around practice, sleep, diet and nutrition, and competition. Their chosen sport frequently becomes their identity.

Tiffany Stewart, PhD is the Dudley and Beverly Coates Endowed Professor and the Director of the Behavior Technology Laboratory at Pennington Biomedical Research Center. As a licensed clinical psychologist, she has spent 25 years researching ways to improve mental and physical health and resilience among high performance populations, particularly the military and athletes.

In 2015, Dr. Stewart recognized that despite all the billions of dollars spent on sports – from training to travel to equipment – there was a huge gap for mental health and resilience tools for athletes. It was then she began pursuing the idea of creating tools to put directly in the hands of struggling athletes.





"We have known for some time that athletes of all ages are reporting increased mental health struggles - 150-250 percent higher than historical rates. In the NCAA, 21 percent of student athletes report anxiety while another 13 percent report depression. But only 55-60 percent report that they know how to access mental health support," she said.

"The Covid pandemic only accelerated this phenomenon. We are seeing the athletes themselves really begin to talk openly about mental health, including Michael Phelps, Naomi Osaka, and Simone Biles. It is my hope that we can use this momentum to take a more holistic perspective toward athlete health and well-being by adding mental health prevention and skills training tailored to athletes that includes stress management and coping," she added.

As a former competitive gymnast herself, Dr. Stewart is uniquely aware of the challenges that athletes face. She is a pioneer in the development and testing of e-health technologies and community participatory programs that bring prevention and treatment efforts to large populations in need.

Dr. Stewart and her team developed the S.C.O.R.E. (Sport Carried Onward for Resilience & Enrichment) Program for Athletes, an evidence-based program that informs and trains athletes on how to put mental health and resilience skills into action while both in sport and while tran-



Tiffany Stewart, PhD

Dudley and Beverly Coates Endowed Professor; Director, Behavior Technology Laboratory: Eating Disorders and Obesity; Director, Pennington Biomedical Diabetes Clinic



Lori J. Bertman President and CEO, Irene B. and C.B. Pennington Foundation

sitioning out of sport. S.C.O.R.E. tackles issues such as nutrition, sleep, and exercise habits, re-establishing sense of self-identity, dealing with lingering injuries, physical and mental health (depression and anxiety) challenges, and direction in life in an effort to prevent more severe consequences of struggle, such as suicide.

"If we can head off mental health struggles from the start and the athlete never becomes depressed, that's the real win. What we've learned from 20 years of research with high performance populations is that one, athletes and soldiers are not immune to mental health struggles, and two, that athletes and soldiers will use technology-based tools to manage health and performance and have high satisfaction with such tools," Dr. Stewart said.

S.C.O.R.E. builds off of a similar telehealth app that Dr. Stewart built for the US Army that provides nutrition, fitness, sleep, and mental resilience skills training.

The public at large still expects athletes to push through injuries and ailments, both physical and mental. This leads athletes to seek guidance from performance-based psychology individuals, but rarely for subclinical and clinical mental health disorders. This is often due to lack of resources and the stigma of seeking help in a high-performance environment.

"It is estimated that 32 percent of adolescents suffer from some form of an anxiety disorder. Participation in sports can further increase challenges with anxiety and depression through the culture of 'pushing through' and having their performance become a source of their self -worth," Dr. Stewart said. "Through our work, athletes have asked for help with providing the resources that not only inform them but also train them in how to put evidenced-based mental health and resilience skills into action."

Few people think about when an athlete retires and their identity is their sport. Retirement isn't even always planned and can begin for any number of reasons: injury, burnout, aging out, or not being able to proceed to the next level. COVID prematurely ended many athletes' careers. When sport ends, many athletes are forced for the first time to figure out who they are without sports. They often have reduced their identity to their physical capabilities and have lost touch with the other aspects of their person.

"SCORE is about adding in the positive coping and resilience training with their physical training and preparing for retirement while still in sport. That way, whether an athlete's sport ends unexpectedly due to an injury or because of graduation, the student knows their whole identity and is prepared for life outside of sport," she said.

The Irene W. and C.B. Pennington Foundation recognized the value of such an incredible tool and in December of 2020 awarded Dr. Stewart and Pennington Biomedical a grant to further develop the program. With this gift, Dr. Stewart designed the S.C.O.R.E. prototype and eventual app product. She is actively seeking individuals or organizations with an interest in this area to further donate to the work of fully building the technology aspect of the tool and to beta-test it in athletes.

Lori Bertman, President and CEO of the Irene W. and C.B. Pennington Foundation said, "Mental health and health equity have always been vital elements of the Pennington Family Foundation's mission. In our years partnering with Athletes for Hope, working with athletes at all levels, we've recognized them as a model for good mental health addressing the mental health crises athletes across every sport face. We also recognize their potential as role models and advocates for healthy models and access to health in their communities. We have a long relationship with Pennington Biomedical Research Center, and we appreciate our partnership with Dr. Stewart and her team on the important work that they do."• "If we can head off mental health struggles from the start and the athlete never becomes depressed, that's the real win."

-Dr. Tiffany Stewart

Legacy Society

The Legacy Society represents those who have made a planned gift to Pennington Biomedical Research Foundation or notified us of their intention to do so. Planned gifts are a meaningful way to impact the future of Pennington Biomedical.

Annette D. Barton Claude Bouchard and Monique Chagnon *Mrs. Jane T. Boyce H. Douglas Braymer, PhD Marilyn Braymer * Robert R. Casey Catherine Champagne, PhD, RDN * Dudley and Beverly Coates * Rubye Lee Engquist * Isaac M. Gregorie, Sr. and Betty H. Phelps * Dr. William Hansel * Ms. Jerry Hornsby J. Gerard and Donna Jolly **Beverly Carson Jones** Kevin and Debbie Knobloch Dr. Iris Krupp Frank and Kathy McArthur * Margaret C. Moore Virginia B. and John B. Noland * Gretchen P. Pressburg * Norma Jean Raiford Dr. Jennifer C. Rood and Mr. Michael Rood * Charlotte M. Thompson Ann Wilkinson

Lifetime Giving

The recognition for lifetime giving reflects gifts received through June 30, 2021.

PENNINGTON SOCIETY \$1,000,000 and above

Annette D. Barton Baton Rouge Area Foundation * Imogene N. Brown in memory of L. Heidel Brown Community Foundation for Southeastern Michigan Covpu Foundation Trust Edward G. Schlieder Educational Foundation Art E. Favre Irene W. and C.B. Pennington Foundation Louisiana Board of Regents/Educational Quality Support Fund Louisiana Public Facilities Authority Virginia B. and John B. Noland Our Lady of the Lake Foundation Pennington Medical Foundation *C.B. "Doc" and * Irene W. Pennington John G. Turner and Jerry G. Fischer

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\$500,000-\$999,999

Alta and John Franks Foundation *John W. Barton, Sr. Blue Cross and Blue Shield of Louisiana Capital One (formerly Hibernia National Bank) The Coca-Cola Company Dr. and Mrs. Jacques A. de la Bretonne Entergy * Dr. William Hansel JPMorgan Chase The Charles Lamar Family Don and Pat Lyle Gary and Claudia Phillips The Reilly Family Foundation United Companies Financial Corporation

*Deceased

PREEMINENT BENEFACTOR \$250,000-\$499,999

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PREMIER BENEFACTOR \$100,000-\$249,999

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PHILANTHROPIST \$50,000-\$99,999

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The Council of 100 designates those individuals and businesses who through their giving and active involvement demonstrate the highest commitment to Pennington Biomedical.

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