



Research

Article



Edible mushrooms of Mizoram

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Twenty-seven (27) species of edible mushrooms growing in both soil and wood have been described here from Mizoram, India. All the species were identified based on their morphological, both macro- and microscopic characteristics. The study was carried out during July 2013 to October 2016. Wood inhabiting fungi viz. *Schizophyllum commune* (pasi), *Lentinula lateritia* (pa pal), *Auricularia auricular-judae* (Pu Vana beng), *Lentinus tigrinus* (pa hnakhkar), *L. polychrous* (pa chang/pa puanveng) and soil growing fungi viz., *Lactifluus corrugis* (pa uithin), *Lactarius piperatus* (pa lengvar), *Macrolepiota dolichaula* (pa se-ek), *Russula subfragiliformis* (pa lengsen), *Teratomyces heimii* (pa sawntlung), *Volvariella taylorii* (changel pa) are the edible species known to the local community. Other edible species yet unknown to the local community in Mizoram are also recorded viz., *Cantharellus cibarius*, *Craterellus cornucopioides*, *Lycoperdon perlatum*, *Macrolepiota procera*, *Ramariopsis kunzei*, *Russula aurora*, *R. compacta*, *R. cyanoxantha*, *Lentinula edodes*, *Lentinus sajor-caju*, *Pleurotus ostreatus*, *P. djamor*, *Tremella fuciformis*, *T. mesenterica*, *Laetiporus sulphureus* and *Fistulina hepatica*.

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Introduction

The term mushrooms (macrofungi) or Macro-mycetes has been variously defined by several authors. They are the fleshy, spore-bearing fruiting bodies of fungi, which typically appear above ground after rain.¹ They mostly grow in forests in association on woody parts of trees either as parasite, saprophyte or as symbionts in the soil. These mushrooms producing prominent sporocarps are categorized as gilled fungi, bracket fungi, coral fungi, jelly fungi, birds nest fungi and puffballs.² Wild edible mushrooms are a natural resource with a high nutritional value.³ Numerous varieties of edible mushrooms exist in nature with more than 1,100 species recorded so far,⁴ however, less than 25% are widely ac-

cepted as food and only a few have attained the level of an item of commerce.⁵ Wild edible macrofungi are good source of proteins and contributing substantially to the diets of rural and poor people.^{6,7} They are also increasing source of income for small-scale enterprises in developing as well as developed countries.^{8,9}

Knowledge about wild edible mushrooms and their nutritional value has been documented from Assam, Arunachal Pradesh, Nagaland, Manipur and Meghalaya in Northeast India.¹⁰⁻¹⁷ A diverse group of flora and fauna have been documented from Mizoram. However, information regarding the mushrooms especially the edible mushroom from the state is very limited. Recently, investigations have been done on mushrooms and only few wild edible mush-

rooms have so far been reported.¹⁸⁻²³ The present study is a first attempt to study and record the occurrence of these wild edible mushrooms in the region with their taxonomical details as per standard mycological procedures.

Materials and Methods

Study sites

Mizoram lies in Northeast India sharing its borders with Assam, Manipur and Tripura and has international borders with Bangladesh and Myanmar. The geographical area is 21,081 sq km and lies between 21°58´ and 24°35´ N Latitudes and 91°15´ and 92°29´ E longitudes. The Tropic of

Cancer passes through the State at 23°30´ N latitude. The edible mushrooms were collected from different places of Mizoram during the study. The collections were carried out in various districts of Mizoram from July 2013 to October 2016. The main collection sites are Hmuifang, Aizawl, Dampa, Murlen, Tawi, Reiek, Ailawng, Tuipang, Pualreng, Ngopa, Champhai, Sangau, E. Lungdar, Khawbung, Lawngtlai, Tanhril, Khawzawl, Phullen, Hnahthial, Lungsen, Zawlnuam, Bungtlang South and Thingdawl.

Identification of specimens

Collected specimens were identified according to standard macroscopic and microscopic

Table 1 | List of mushroom with local name, habitat and place of collection.

Sl. No.	Scientific Name	Local Name	Family (Order)	Habitat	Place of collection
1.	<i>Lactifluus corrugis</i>	Pa uithin	Russulaceae (Russulales)	Soil	11, 12,13
2.	<i>Auricularia auricula-judae</i>	Pu Vana beng	Auriculariaceae (Auriculariales)	Wood	1,2,3,5,6
3.	<i>Cantharellus cibarius</i>	--	Cantharellaceae (Cantharellales)	Soil	14,15,16
4.	<i>Craterellus cornucopioides</i>	--	Cantharellaceae (Cantharellales)	Soil	1,16
5.	<i>Fistulina hepatica</i>	--	Fistulinaceae (Agaricales)	Wood	1,16
6.	<i>Lactarius piperatus</i>	Pa lengvar	Russulaceae (Russulales)	Soil	1,11,13,16,17
7.	<i>Laetiporus sulphureus</i>	--	Polyporaceae (Polyporales)	Wood	1
8.	<i>Lentinula edodes</i>	--	Marasmiaceae (Agaricales)	Wood	1,3,4, 6
9.	<i>Lentinula lateritia</i>	Pa pal	Marasmiaceae (Agaricales)	Wood	4, 11
10.	<i>Lentinus polychrous</i>	Pa chang hang	Polyporaceae (Polyporales)	Wood	4,5,18,19
11.	<i>Lentinus tigrinus</i>	Pa hnakhkar	Polyporaceae (Polyporales)	Wood	9
12.	<i>Lentinus sajor-caju</i>	--	Polyporaceae (Polyporales)	Wood	3
13.	<i>Lycoperdon perlatum</i>	--	Plutaceae (Agaricales)	Soil	1
14.	<i>Macrolepiota dolichaula</i>	Pa se-ek	Agaricaceae (Agaricales)	Soil	1,11
15.	<i>Macrolepiota procera</i>	--	Agaricaceae (Agaricales)	Soil	1, 16
16.	<i>Pleurotus djamor</i>	--	Pleurotaceae (Agaricales)	Wood	1,3,4,6
17.	<i>Pleurotus ostreatus</i>	--	Pleurotaceae (Agaricales)	Wood	1
18.	<i>Ramariopsis kunzei</i>	--	Clavariaceae (Phallales)	Soil	15,16
19.	<i>Russula aurora</i>	--	Russulaceae (Russulales)	Soil	1,11
20.	<i>Russula compacta</i>	--	Russulaceae (Russulales)	Soil	14,16
21.	<i>Russula cyanoxantha</i>	--	Russulaceae (Russulales)	Soil	1,11
22.	<i>Russula subfragiliformis</i>	Pa lengsen	Russulaceae (Russulales)	Soil	1,16
23.	<i>Schizophyllum commune</i>	Pasi	Schizophyllum (Agaricales)	Wood	1-23 (all sites)
24.	<i>Termitomyces heimii</i>	Pasawntlung	Lyophyllum (Agaricales)	Soil	2-12,15,16,21
25.	<i>Tremella fuciformis</i>	--	Tremellaceae (Tremellales)	Wood	1,3,6
26.	<i>Tremella mesenterica</i>	--	Tremellaceae (Tremellales)	Wood	3,6
27.	<i>Volvariella taylorii</i>	Changel pa	Plutaceae (Agaricales)	Soil	1,15,16

***Place of collection:** 1. Hmuifang; 2. Aizawl; 3. Dampa; 4. Murlen; 5. Tawi; 6. Reiek; 7. Ailawng; 8. Tuipang; 9. Pualreng 10. Ngopa; 11. Champhai; 12. Sangau; 13. E. Lungdar; 14. Khawbung; 15. Lawngtlai; 16. Tanhril; 17. Khawzawl; 18. Phullen; 19. Hnahthial; 20. Lungsen; 21. Zawlnuam; 22. Bungtlang South; 23. Thingdawl.

characteristics through consultation with appropriate literatures.²⁴⁻²⁶ The macroscopic characteristics such as shape, size and color of the basidiocarps were described from fresh specimens. Microscopic characteristics data were obtained from the fresh and dried specimen with the aid of a light microscope after sectioning and stained with 1% cotton-blue or safranin. Spore prints of the collected specimens were taken for microscopic observation. Spore prints were also taken on a micro slide and amyloid reaction were checked in Melzer's reagent. Specimens were dried and deposited in the Mizoram University herbarium with voucher numbers.

Results

Species list

Table 1 and photoplates 1-27 shows the list of mushroom species identified and described alongwith the taxonomical position and the place of collection. The identified specimens were from the families – Russulaceae (6 species), Polyporaceae (4 species), Cantharellaceae (2 species), Plutaceae (2 species), Agaricaceae (2 species), Pleurotaceae (2 species), Tremellaceae (2 species), Marasmiaceae (2 species), Clavariaceae (1 species), Schizophyllaceae (1 species), Lyophyllaceae (1 species), Auriculariaceae (1 species) and Fistulinaceae (1 species).

Species description

The following is a general description with detailed features of the mushroom species from observation of macro and microscopic characteristics:

***Lactifluus corrugis* (formerly *Lactarius corrugis*) (Peck) Kuntze** (Photo plate 1)

Local name (Mizo) - Pa uithin

Cap 4-20 cm broad, convex at first becoming plane or shallowly depressed, minutely velvety to nearly smooth, dry, usually dark brownish red to dark brick red but sometimes purplish brown or dark brown. Flesh whitish to yellowish; stain-

ing slowly brown when sliced, thick, firm but brittle. Latex white, copious, slowly staining brown or staining tissues brown. Gills adnate to slightly decurrent, close, pale buff when young but soon orange to yellowish or brownish, discoloring brown where injured. Stalk 3-11 cm long, 1.5-3 cm thick, colored more or less like the cap, brown to reddish brown or paler equal, solid. Sporeprint white. Spores 9-12 x 8.5-12 μ , globose or subglobose, amyloid. Specimen examined: MZUEVS/SF/0014.

***Auricularia auricula-judae* (Bull.) J. Schrot** (Photo plate 2)

Local name (Mizo) - Pu Vana beng

Fruiting body wavy and irregular, typically ear-shaped, 2-15 cm, gathered together and attached at a central or lateral position, fertile surface (usually the "downward" one) gelatinous, tan to brown, sterile surface (usually the "upper" one) silky to downy, veined, irregular, brown. Flesh thin, gelatinous-rubbery. Sporeprint white. Spores 12-19 x 4-8 μ , ellipsoid, sausage shaped, smooth. Specimen examined: MZUEVS/WF/0002.

***Cantharellus cibarius* Fr.** (Photo plate 3)

Cap is 2-20 cm broad, broadly convex when young, becoming plane to depressed or vase shaped in age, surface smooth or occasionally cracked, not viscid, wavy irregular margin or lobed, at first margin incurved, light yellow or orange to deep egg-yolk yellow. Flesh is whitish to tinged yellow to orange under the cuticle, thick, firm. Gills well-spaced to close, shallow blunt, fold like, deeply decurrent gills which are often forked or cross-veined, colored like cap or more often paler. Stalk is 2-10cm long, 0.5-5cm thick, equal or tapered downward or sometimes enlarged at base, solid and dry. Odor mild. Spore print is creamy or yellow. Spores 6-10 x 4-6 μ , smooth, ellipsoid. Specimen examined: MZUEVS/SF/0020.

***Craterellus cornucopioides* (L.) Pers.** (Photo plate 4)

Cap is 2-8cm broad, hollow at the center with the margin decurved at first, then spreading out and becoming wavy and split. The funnel-

shaped cap has an in rolled margin. Surface not viscid, usually minutely scaly or scurvy, grey-brown to dark grey or black. Flesh is thin, brittle but tough, colored like cap or paler. The outer (fertile or hymenial) surface is smooth to uneven, deeply decurrent wrinkles but not gills, grey, colored like cap but usually paler or grayer, in dry weather or in age whitish to buff coating of spore dust. Stalk is 0.1-5 cm long, 0.5-1 cm thick. The grey pruinose, longitudinally finely wrinkled stem is hollow right down to the base,

towards which it tapers slightly. Spore print is whitish to buff or pale yellow. Spores 7-11 x 5-7 μ , broadly ellipsoidal, smooth. Specimen examined: MZUEVS/SF/0030.

***Fistulina hepatica* (Schaeff.) With.** (Photo plate 5)

Cap upto 30 cm across, irregular in shape but often fan-shaped or tongue-like, sometimes fused laterally with other caps, velvety, or fairly smooth, the margin lobed, red, reddish orange, or liver colored. Pore Surface whitish or pale



Photoplate (1-14) | 1. *Lactifluus corrugis*; 2. *Auricularia auricula-judae*; 3. *Cantharellus cibarius*; 4. *Craterellus cornucopioides*; 5. *Fistulina hepatica*; 6. *Lactarius piperatus*; 7. *Laetiporus sulphureus*; 8. *Lentinula edodes*; 9. *Lentinula lateritia*; 10. *Lentinus polychrous*; 11. *Lentinus tigrinus*; 12. *Lentinus sajor-caju*; 13. *Lycoperdon perlatum*; 14. *Macrolepiota dolichaula*; 15. *Macrolepiota procera*; 16. *Pleurotus ostreatus*.

pinkish, becoming reddish brown in age, bruising reddish brown. Flesh streaked with reddish areas, thick, soft, watery, exuding a reddish juice when squeezed. Odor not distinctive, taste sour or acidic. Spore print pinkish to pinkish brown. Spores 3.5-4.5 x 2.5-3 μ , smooth, ovoid, inamyloid. Specimen examined: MZUEVS/WF/0004.

Lactarius piperatus(L.) Pers. (Photoplate 6)

Local name (Mizo) - Pa lengvar

Cap 3-14cm broad, broadly convex, becoming flat, shallowly depressed, or vase-shaped, dry, the margin even, bald, white or whitish, sometimes discoloring a little yellowish or brownish with age. Flesh – white, thick, hard, sometimes discoloring yellowish with age. Milk copious, white, unchanging after exposure, or changing slowly to yellowish, not staining tissues, or staining them slightly yellowish, not staining white paper. Gills attached to the stem or running slightly down it, very crowded, forking frequently, white becoming pale cream. Stalk 2-7 cm long, 1-2.5 cm thick, white, more or less equal, or tapering a little to base, bald, without potholes, solid. Spore print white to off white. Spores 4-7 x 4.5-5.5 μ , elliptical to nearly round with inconspicuous amyloid warts and ridges. Specimen examined: MZUEVS/SF/0036.

Laetiporus sulphureus (Bull.) Murrill (Photo plate 7)

Fruiting body up to 60 cm across usually consisting of several to many individual caps arranged in a shelving formation or a rosette. Cap 5-30 cm across and up to 20 cm deep, up to 3 cm thick, fan-shaped to semicircular or irregular, more or less plano-convex, smooth to finely wrinkled, bright yellow to bright orange when young, frequently fading in maturity and with direct sunlight. Pore surface yellow. Flesh thick, soft and watery when young, becoming tough, eventually crumbling away and white to pale yellow. Spore print white. Spores 5.5-7 x 3.5-5 μ , smooth, elliptical to ovoid, inamyloid. Specimen examined: MZUEVS/WF/0005.

Lentinula edodes (Berg). Pegler (Photo plate 8)

Cap 5-25 cm broad, black when young, dark

brown to light brown with age and hemispheric, expanding to convex and planar at maturity. Gills white and even at first, serrated with age. Stalk fibrous and tough. Veil absent, mycelium white at first, becoming longitudinally linear and cottony-aerial in age, rarely rhizomorphic. In age or in response to damage, the mycelium becomes dark brown. Spore print white. Spores 5-6.5 x 3-3.5 μ , ovoid to oblong ellipsoid. Specimen examined: MZUEVS/WF/0006.

Lentinula lateritia (Berg). Pegler (Photo plate 9)

Local name (Mizo) - Pa Pal

Fruiting body tan to reddish brown, margin slightly in rolled or wavy. Flesh white to cream. Gills free and white. Stalk tan to reddish brown covered with scales when mature. Spore print white to cream. Spores 3.3-4 x 5.8-6.5 μ , subglobose to ellipsoid. Specimen examined: MZUEVS/WF/0007.

Lentinus polychrous Lev. (Photo plate 10)

Local name (Mizo) - Pachang-hang

Fruiting body white to creamy, cap funnel shaped 3-7 cm broad. Gills creamy to white and decurrent towards stalk. Stalk 2-4 cm. Spore print white, Spores 2.5-3 x 4.6 - 6.1 μ , ellipsoid and somewhat kidney shaped, inamyloid. Specimen examined: MZUEVS/WF/0008.

Lentinus tigrinus (Bull.) Fr. (Photo plate 11)

Local name (Mizo) - Pa hnakhkar

Fruiting body hat foreground convex and then depressed to infundibuliform and with recurved margin. Cuticle covered with scales, more brown to brownish blackish and tighter in the center. Gills decurrent, creamy white. Stalk cylindrical and slightly attenuated at base, central, whitish and covered with scales. Flesh fruity and slightly bitter taste. Spore 6.6-8.3 x 3.4-4.1 μ , ellipsoidal, smooth. Specimen examined: MZUEVS/WF/0009.

Lentinus sajor-caju (Fr.) Fries. (Photo plate 12)

The fruiting body is extremely tough with a well-developed stout central stalk, there are lamellate gills on lower surface. There may be a fleshy collar at the base, it gets lost with age.

Margins of cap rolled under when old and dry. 10-15 cm funnel shaped cap, annulus on the stipe. Spore print white. Spores 5-7 μ x 2-3 μ ellipsoid to cylindrical. Specimen examined: MZUEVS/WF/0010.

***Lycoperdon perlatum* Pers.** (Photo plate 13)

Fruiting body shaped like an inverted pear or top-shaped with a rounded to flattened top, 1.5-6 cm broad 2-9 cm high. Outer layer of peridium or skin consists slender, short pyramidal warts, especially dense at the head, rubbing off to leave an indistinct mesh-like pattern beneath, which opens up by a pore. Spines white to gray or in one form brown. Spore mass at first white to tan becoming yellowish-brown to grayish-brown or dark brown in old age, eventually rupturing through a pore at the top. Sterile base large, at first white and spongy, then yellow, olive, brown, or chocolate colored, occupying the stem. Spores 3.5-4.5 x 3.5-4.5 μ , globose, minutely warted. Specimen examined: MZUEVS/SF/0008.

Note: Edible when firm and white inside, but specimens showing the slightest traces of yellow should not be eaten.

***Macrolepiota dolichaula* (Berk. & Broome) Pegler & R.W. Rayner** (Photo plate 14)

Local name (Mizo) - Pa se-ek

Cap 5-20 cm broad, at first oval, then expanding to convex or plane with umbonate at the center, surface dry, cap surface smooth at first but soon breaking up into light brown to brown or pinkish brown scales and patches on a white background, more concentrated darker scales at the central umbo margin bearing remnants of veil. Flesh white, thick, soft in age. Gills free, white when young but sometimes discoloring to pinkish white or dingy brownish in old age, broad, close. Stalk white and very tall, 5-16 cm long, 0.5-2 cm thick, bulbous at the base. Annulus persistent and membranous, ring collar like and movable, thick. Spore print white. Spores 8-15 x 5-8 μ , broadly ellipsoidal, thick walled with an apical pore, dextrinoid. Specimen examined: MZUEVS/SF/0029.

***Macrolepiota procera* Scop. Fr.** (Photo plate 15)

Cap 7-25 cm broad, oval when young, becoming convex to broadly convex in age, with a dark central bump, dry, at first smooth and brownish, soon becoming scaly, the scales brown, the surface below whitish and later grayish or brownish, often shaggy and torn-up at maturity. Flesh white throughout, sometimes tinged reddish, but not staining reddish when exposed; soft. Gills free from the stem, white when young, sometimes discoloring to pinkish or tan in maturity. Stalk 14-20 cm long, 0.5-1.5 cm thick, long and slender, with an enlarged base (but not swollen over the lower half, pale above the ring, below the ring with small brown scales that break up as the mushroom matures, creating zones or sometimes disappearing; with a double-edged ring that moves freely up and down the stem. Spore print white. Spores 10-15 x 8-8 μ , broadly ellipsoidal, thick walled with an apical pore, dextrinoid. Specimen examined: MZUEVS/SF/0035.

***Pleurotus ostreatus* (Jacq.) P. Kumm** (Photo plate 16)

Cap 4-15 cm broad, convex, becoming flat or somewhat depressed, kidney-shaped to fan-shaped, or nearly circular if growing on the tops of logs, somewhat greasy when young and fresh, smooth, pale brown to dark brown. Gills whitish or with a gray tinge, sometimes yellowish in age. Stalk usually rudimentary and lateral or absent when the mushroom is growing from the side of a log or tree. Spore print whitish to grayish. Spores 8-10.5 x 3-3.5 μ , smooth, cylindrical to narrowly kidney-shaped. Specimen examined: MZUEVS/WF/0011.

***Pleurotus djamor* (Rumph. ex Fr.) Boedijn** (Photo plate 17)

Cap 2-7 cm broad, convex, expanding with age to broadly convex to plane, laterally attached to the substrate, spatulate to bell-shaped, margin inrolled at first, then incurved, and eventually flattening and upturning at maturity, white to bright reddish pink, developing a dull to light pinkish cinnamon in age. Gills deeply decurrent and somewhat crowded, strongly pig-

mented pinkish when young and fade to creamy white-beige at maturity. When over mature all parts of the mushroom lose pigmentation and fade to beige-white to straw colored extremely short. Spore print white to beige to pink. *Pleurotus djamor* exhibits a wide range of color morphology for spores as well as fruit bodies, the color of the fruit body directly influences the color of the spores. Spores 0.9-6.0-10.5 x 3-3.5 μ , smooth, cylindrical. Specimen examined: MZUEVS/WF/0012.

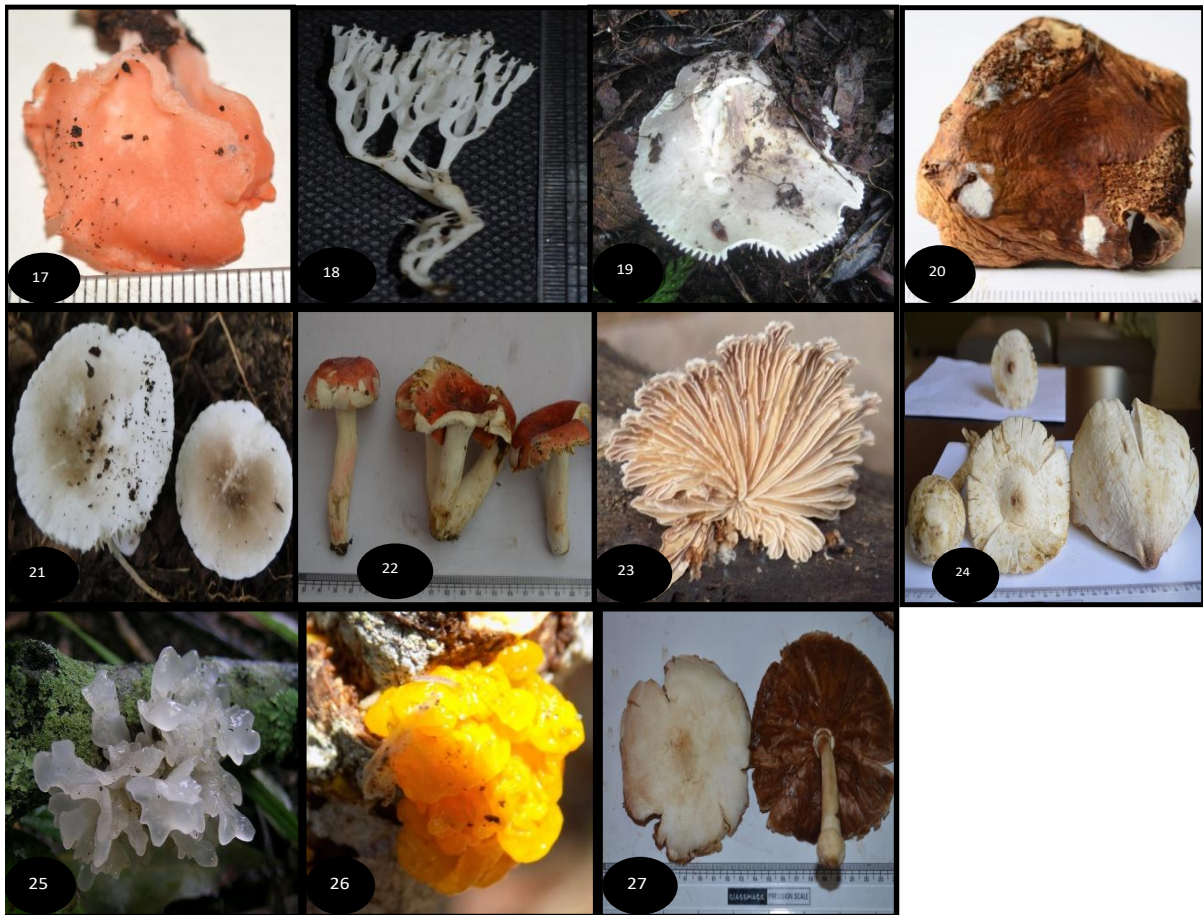
***Ramariopsis kunzei* (Fr.) Donk** (Photo plate 18)

Fruiting body 2.5-10 cm high, numerous branched, compound, white to creamy-white,

often tinged with pink in age, smooth, scurvy, tips acute or blunt. Flesh white, pliant to fragile. Stalk absent or present only as a short up to 1 cm, fragile, sometimes hairy base. Spore print white. Spores 3-5.5 x 2.5-4.5 μ , broadly ellipsoid or subglobose, with minute spine. Specimen examined: MZUEVS/SF/0050.

***Russula aurora* Krombh.** (Photo plate 19)

Cap 4-9 cm broad, convex, becoming centrally depressed or flattening, purplish pink or red, usually creamy pink at the center, moderately thick-fleshed, firm brittle, dry, shiny, sometimes powdered, cuticle half peeling to center, developing slight striations at the mar-



Photoplate (17-27) | 17. *Pleurotus djamor*; 18. *Ramariopsis kunzei*; 19. *Russula aurora*; 20. *Russula compacta* (dried); 21. *Russula cyanoxantha*; 22. *Russula subfragiliformis*; 23. *Shizophyllum commune*; 24. *Termitomycetes heimii*; 25. *Tremella fuciformis*; 26. *Tremella mesenterica*; 27. *Volvariella taylorii*.

gin. Flesh white, dry, brittle. Gills white to pale cream, nearly free, adnate or adnexed, fairly crowded, with some forked gills. Stalk 3-7 cm long, 1-2 cm thick, white, brittle, fairly fragile or somewhat firm. Spore print white to pale cream. Spores 6-8 x 5-6.5µm, ovate, warted. Specimen examined: MZUEVS/SF/0018.

Russula compacta Frost (Photo plate 20)

Cap 3-18 cm broad, cushion-shaped with incurved margin, convex to nearly flat, often with a slightly sunken center or vase-shaped, more or less smooth, dry but sticky and shiny when wet, often cracking, white to whitish or yellow-orange when young, but soon discoloring dirty yellowish to reddish brown, and in age appearing completely tawny brown, bruising reddish brown, margin unlined. Flesh white, thick, firm, brittle, discoloring yellowish to yellowish brown or reddish brown on exposure. Gills adnate, crowded, close, or almost distant, white to pale cream-yellow, bruising and discoloring reddish brown. Stalk 2.5-10 cm long, 1-3 cm thick, sometimes enlarging or tapering toward base, dry, dull, mostly smooth to wrinkled, white but soon flushed reddish brown, solid, becoming hollow. Spore print white. Spores 7-9 x 6-8 µm, broadly elliptical to oval, ornamented with low warts, amyloid. Specimen examined: MZUEVS/SF/0166.

Russula cyanoxantha (Schaeff.) Fr. (Photo plate 21)

Cap 5-15 cm broad, convex when young becoming broadly convex to flat with a shallow depression, fragile, dry or slightly greasy, smooth or radially wrinkled, streaked or cracked, extremely variable in color, usually shades of lilac to pinkish purple to green or olive green, the cuticle peeling about halfway to the center. Flesh white, brittle, thick. Gills white to pale cream, narrow, crowded, attached or slightly running down the stem, not forking, or forking occasionally, flexible and greasy to touch. Stalk 3-11 cm long, 1-3 cm thick, dry, smooth, white to yellowish white but occasionally flushed with lilac, solid, becoming hollow, brittle, dry, smooth. Spore print white. Spores 7-10 x 5-8 µm, broadly ellipsoidal with isolated

warts, amyloid. Specimen examined: MZUEVS/SF/0004.

Russula subgragiliformis Murr. (Photo plate 22)

Local name (Mizo) - Pa lengsen

Cap 5-8 cm broad, convex to nearly flat, often with a slightly sunken center or vase-shaped, more or less smooth, red to pinkish red, dry but sticky and shiny when wet, incurved margin, unlined. Flesh white, thick, firm, brittle. Gills almost distant, white to pale cream-yellow, bruising and discoloring on exposure. Stem 2-6 cm long, 1-2 cm long, thick, equal, dry, brittle, firm, white but soon partly pink, solid, becoming hollow. Spore print white. Spores 6-8 x 5-7.5 µm, elliptical to ovate, ornamented with warts, amyloid. Specimen examined: MZUEVS/SF/0039.

Schizophyllum commune Fries. (Photo plate 23)

Local name (Mizo) - Pasi

Fruiting Body 1-5 cm wide, fan-shaped when attached to the side of the log, irregular to shell-shaped when attached above or below, upper surface covered with small hairs, dry, white to grayish or tan, under surface composed of gill-like folds that are split down the middle, whitish to grayish, without a stem. Flesh tough, leathery. Spore print white. Spores 3-5 x 1-2.5 µm, cylindrical to elliptical, smooth. Specimen examined: MZUEVS/WF/0001.

Termitomyces heimii Natarajan (Photo plate 25)

Local name (Mizo) - Pasawntlung

Cap 4-8 cm in diameter, white with the umbo region when young, grey and brownish grey when mature, context fleshy white, glabrous, surface smooth, convex to plano-convex with eroded margin, prominently sub-umbonate when young. Stalk white, smooth, cylindrical, equal and fleshy measuring 7-18cm in length and 1-2cm in width. Lamellae present, white to pink, crowded and free. Spore print pink, with a brownish tinge. Annulus present. Volva absent. Spores 5-7.5 x 3-5 µm, hyaline, ellipsoid, thin walled measuring. Specimen examined: MZUEVS/SF/0016.

Tremella fuciformis (Berk.) (Photo plate 26)

Fruiting body gelatinous but fairly firm, composed of graceful lobes, translucent whitish, up to about 7 cm across and 4 cm high, surface smooth and shiny. Spore print white. Spores 7-14 x 5-8.5 μ , ovoid, smooth. Specimen examined: MZUEVS/WF/0013.

***Tremella mesenterica* Retz.** (Photo plate 27)

Fruiting Body gelatinous; when young and fresh composed of lobes or brain like sections, but rather formless in age or in wet weather, up to about 5 cm across; orange to yellow, fading when mature or when wet, without a stem; sometimes becoming tough and crust like when dried out. Spore print whitish or pale yellowish. Spores 10-15.5 x 7-12 μ , elliptical to oval, smooth. Specimen examined: MZUEVS/WF/0003.

***Volvariella taylorii* (Berk. & Broome)** (Photo plate 28)

Cap 2-6 cm broad, convex or broadly conic, becoming broadly convex to nearly flat, dry, finely hairy, grayish to brownish gray, margin not lined. Flesh white. Gills free from the stem, whitish becoming pink, close or almost distant. Stalk 3-6.5 cm long, 3-7 mm thick, tapering gradually to apex, with a slightly swollen base, dry, whitish or grayish, smooth or at the apex, finely hairy, the base encased in a thick, gray to brownish, sack-like volva. Spore print salmon pink. Spores 5.5-9 x 4-6 μ , more or less elliptical, or somewhat ovoid, smooth. Specimen examined: MZUEVS/SF/0007.

Discussion and Conclusion

A total of 27 species were identified and described according to standard procedures representing 18 genera constituting 13 families and 7 orders. The identified edible mushroom species includes 14 species growing in soil and 13 wood inhabiting.

The Mizo people of Mizoram have a very limited knowledge on edible mushrooms. Only few species of edible mushrooms are known and consumed/eaten by the Mizos at present. Wood-inhabiting fungi or mushrooms namely *Schizophyllum commune* (pasi), *Lentinula lateritia* (pa pal),

Auricularia auricular-judae (Pu Vana beng), *Lentinus tigrinus* (pa hnahkhar), *Lentinus polychrous* (pa chang/pa puanveng) and soil growing fungi viz., *Lactifluus corrugis* (pa uithin), *Lactarius piperatus* (pa lengvar), *Russula subfragiliformis* (pa lengsen), *Macrolepiota dolichaula* (pa se-ek) *Teratomyces heimii* (pasawntlung), *Volvariella taylorii* (changel pa) are the commonly known species. These mushrooms are widely found in the market places and have fair economic value for the rural people. The other species described in this paper are not yet known to the Mizo community as edible. For example, *Tremella fuciformis* and *Tremella mesenterica* plays a great role in Chinese and Japanese cuisine and are known to have great medicinal value. Similarly, *Cantharellus cibarius*, *Craterellus cornucopioides*, *Lycoperdon perlatum*, *Lentinula edodes*, *Lentinus sajor-caju*, *Macrolepiota procera*, *Pleurotus djamor*, *P. ostreatus*, *Ramariopsis kunzei*, *Russula aurora*, *R. compacta*, *R. cyanoxantha* and the other species such as *Laetiporus sulphureus* (chicken of the woods) and *Fistulina hepatica* (beef steak fungus) are choice edible mushrooms in many parts of the world but are yet unknown to the local community in Mizoram. From the study, it is assumed that wider and intensive study in the various forests of Mizoram may yield more information on the presence of other species of edible mushrooms.

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