

Blue Whiting

Lat. Micromesistius poutassou.



Product characteristics

Gradings whole round fish

20 cm up
23 cm up
25 cm up

Packing styles

Jumble pack.

Processed

Frozen

Carton size

20 kg.

Please contact us for custom made products.

Fat content



NUTRITION FACTS

Blue Whiting is a tasty white fish from the cod family. It is a rich source of protein and it contains vitamin B12 and selenium.

CATCHING METHODS

Trawl