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Not all bad: Gyromitrin has a limited distribution in the false morels as determined by a new ultra high-performance liquid chromatography method

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ABSTRACT

Gyromitrin (acetaldehyde *N*-methyl-*N*-formylhydrazone) and its homologs are deadly mycotoxins produced most famously by the lorchel (also known as false morel) *Gyromitra esculenta*, which is paradoxically consumed as a delicacy in some parts of the world. There is much speculation about the presence of gyromitrin in other species of the lorchel family (Discinaceae), but no studies have broadly assessed its distribution. Given the history of poisonings associated with the consumption of *G. esculenta* and *G. ambigua*, we hypothesized that gyromitrin evolved in the last common ancestor of these taxa and would be present in their descendants with adaptive loss of function in the nested truffle clade, *Hydnotrya*. To test this hypothesis, we developed a sensitive analytical derivatization method for the detection of gyromitrin using 2,4-dinitrobenzaldehyde as the derivatization reagent. In total, we analyzed 66 specimens for the presence of gyromitrin over 105 tests. Moreover, we sequenced the nuc rDNA internal transcribed spacer region ITS1-5.8S-ITS2 (ITS barcode) and nuc 28S rDNA to assist in species identification and to infer a supporting phylogenetic tree. We detected gyromitrin in all tested specimens from the *G. esculenta* group as well as *G. leucoxantha*. This distribution is consistent with a model of rapid evolution coupled with horizontal transfer, which is typical for secondary metabolites. We clarified that gyromitrin production in Discinaceae is both discontinuous and more limited than previously thought. Further research is required to elucidate the gyromitrin biosynthesis gene cluster and its evolutionary history in lorchels.

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INTRODUCTION


Gyromitrin is a polar, water-soluble, and volatile mycotoxin produced by *Gyromitra esculenta*, a distinctive brain-like mushroom that is consumed as a delicacy, particularly in Scandinavia (Benjamin 2020; Härkönen 1998; Sitta et al. 2021; Svanberg and Lindh 2019). Structurally, gyromitrin refers to the acetaldehyde *N*-methyl-*N*-formylhydrazone (**1**), and it occurs with eight higher aldehyde homologs (**2–9**) present in smaller quantities (List and Luft 1968a; Pyysalo 1975; Pyysalo and Niskanen 1977) (FIG. 1). Spontaneously at room temperature, upon heating, and especially in acidic environments such as the stomach, gyromitrin hydrolyzes into its aldehyde component and *N*-methyl-*N*-formylhydrazine (**10**), which then loses formaldehyde to yield monomethylhydrazine (**11**), an ingredient in some rocket propellants (List and Luft 1968b;

Monteith 2020; Pyysalo et al. 1978) (FIG. 2). Gyromitrin's volatility, solubility, and reactivity explain how *G. esculenta*, which contains 50–300 mg/kg of gyromitrin per fresh mushroom, can be consumed without ill effect (Michelot and Toth 1991; Pyysalo 1976; Pyysalo and Niskanen 1977). By boiling the mushrooms twice, rinsing them after each boil, and changing the cooking liquid in between, more than 99% of the gyromitrin is released to render the mushroom safe to eat without acute toxicity (Pyysalo 1976; Pyysalo and Niskanen 1977).

Raw or undercooked *G. esculenta* mushrooms are poisonous, primarily due to **10** and **11** formed via acid hydrolysis in the gastric environment. Symptoms usually appear from 5 to 12 h after exposure. Most people poisoned by gyromitrin only experience gastrointestinal issues involving vomiting, abdominal

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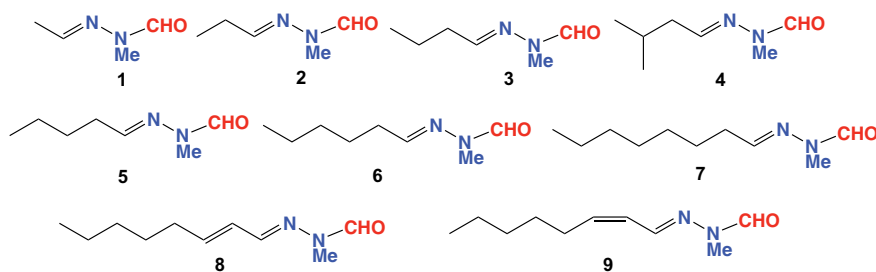


Figure 1. Chemical structures of gyromitrin (1) and its homologs (2–9).

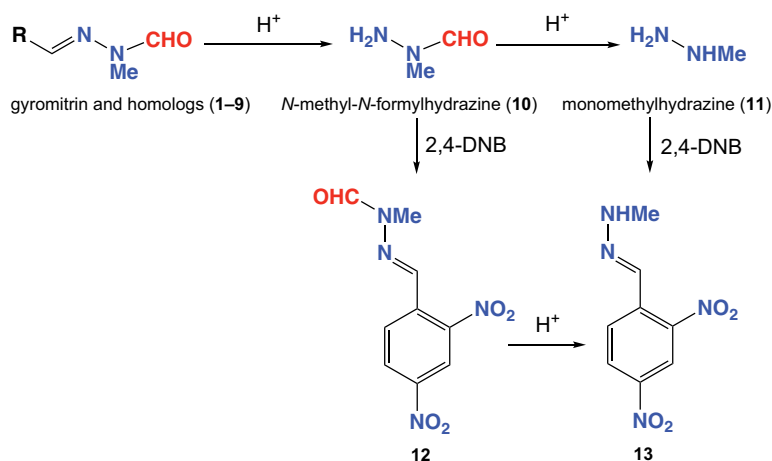


Figure 2. Acid hydrolysis of gyromitrin and homologs (1–9) yields *N*-methyl-*N*-formylhydrazine (10) and monomethylhydrazine (11). Derivatization of 10 and 11 with 2,4-dinitrobenzaldehyde (2,4-DNB) yields Schiff bases 12 and 13.

pain, and diarrhea; in more severe cases, a victim suffers cytolytic hepatitis and jaundice (Arlukowicz-Grabowska et al. 2019; Mäkinen et al. 1977; Michelot and Toth 1991; Wright et al. 1978). Gyromitrin poisoning can also entail neurological symptoms such as vertigo, fatigue, and tremor, which can progress to seizure in the worst scenarios (Karlson-Stiber and Persson 2003). This is hypothesized to be a result of the binding of the gyromitrin hydrolytic products to pyridoxine (vitamin B₆), inhibiting the enzymes that produce γ -aminobutyric acid (GABA) and serotonin. Death, though rare, is caused by hepatic coma as unstable metabolic intermediates and methyl free radicals destroy the liver (Arlukowicz-Grabowska et al. 2019; Karlson-Stiber and Persson 2003; Michelot and Toth 1991). Gyromitrin may also have long-term toxic effects, including increased rates of cancer (Toth and Patil 1980; Toth and Nagel 1978). The genotoxic potential of gyromitrin informs the emerging hypothesis of its role in the development of neurodegenerative diseases such as sporadic amyotrophic lateral sclerosis (ALS) (Lagrange et al. 2021;

Spencer 2020; Spencer and Kisby 2021; Spencer and Palmer 2021).

Beyond *Gyromitra esculenta*, whose toxicity has been well established, there is limited evidence regarding the toxicity of other *Gyromitra* species. At the turn of the 20th century, renowned mycophagist Charles McIlvaine regarded *G. brunnea*, *G. caroliniana*, and “*G. curtipes*” (*G. gigas* group) as “esculent” (McIlvaine and Macadam 1902). In 1976, *Gyromitra* taxonomist Harri Harmaja discussed a poisoning event in northern Sweden involving *G. ambigua* and concluded from the available evidence that this species contained dangerous quantities of gyromitrin, in contrast to the nontoxic *G. infula* (Harmaja 1976). Harmaja also cited a report on four *Gyromitra* poisoning events in the Czech Republic, one of which supposedly involved *G. gigas*. However, this identification was based solely on its purported hefty stature, and the specimen was never examined (Kubička 1966). A pattern emerges in older field guides whereby European *G. gigas* is flagged as toxic (references in Viernstein et al. 1980; Weber 1995), but species in the North American *G. gigas* group—now known to

correspond to *G. korfii*, *G. montana*, and *G. americanigigas* (Miller et al. 2022, 2020)—are listed as edible (references in Weber 1995). One such source, Tylutki mushrooms of Idaho and the Pacific Northwest (1979), describes *G. montana* (listed as *G. gigas*) as a popular and delicious edible of the Rocky Mountains. From data gathered by the North American Mycological Association, *Gyromitra* spp. were the culprit behind about 4% of North American mushroom poisoning events involving humans between 1973 and 2005 (Beug 2014; Beug et al. 2006). *Gyromitra esculenta* was always involved when organ failure occurred. *Gyromitra brunnea* and *G. montana* resulted in poisonings as well, although symptoms appeared no more severe than those sometimes caused by other widely consumed mushrooms. In 2020, *G. venenata*, a species closely related to *G. esculenta*, was described from China after its consumption caused four people to go to the emergency room (Li et al. 2020). Finally, Lagrange et al. (2021) associated a hot spot of ALS in the French Alps to the consumption of lorchels, specifically *G. gigas*, although this species was perhaps prematurely implicated given that other unidentified *Gyromitra* species were also found stored in the residents' homes.

Many different analytical chemistry techniques have been employed over the years to detect and/or quantify gyromitrin. After purifying and solving the chemical structure of gyromitrin, List and Luft (1968a, 1968b) developed spot tests involving acid hydrolysis of gyromitrin and subsequent derivatization of the hydrolytic products with various chromophores, as well as thin-layer chromatography (TLC) and potassium iodate titration methods. Pyysalo and colleagues developed gas chromatography (GC) methods to quantify gyromitrin hydrazone analogs or benzaldehyde derivatives of **10** and **11** (Pyysalo and Niskanen 1977; Pyysalo et al. 1978). Viernstein et al. (1980) also used GC along with an external standard calibration to quantify gyromitrin in the ether extracts of pressed mushrooms. Andary et al. (1984, 1985) separated ethanol extracts with TLC and sprayed *p*-dimethylamino-cinnamaldehyde to form a red fluorophore quantifiable with spectrofluorometry. Finally, Arshadi et al. (2006) developed a GC–mass spectrometry (MS) analytical method involving the derivatization of acid-hydrolyzed ethanol extracts with pentafluorobenzoyl chloride. Despite all these methods, lacking from the literature is a method that employs high-performance liquid chromatography (HPLC) or ultra-high-performance liquid chromatography (UHPLC) coupled with diode array detector (DAD), which are popular chromatographic techniques in modern chemistry laboratories.

Given this variety of published analytical methods, data on the presence of gyromitrin in lorchels are surprisingly scarce. In the first gyromitrin analysis outside of *G. esculenta*, Viernstein et al. (1980) detected small quantities of gyromitrin in two out of three European *G. gigas* specimens (0.05 and 0.74 mg/kg fresh specimen) but not in the single *G. fastigiata* specimen tested. Andary et al. (1985) did not detect gyromitrin in *Gyromitra perlata* or in Morchellaceae taxa but claimed to detect it in a curious set of species belonging elsewhere in the Pezizomycetes as well as the Leotiomycetes. Chemists at a toxicology laboratory in Michigan reported in a clinical toxicology conference abstract that *G. caroliniana* contained “minute” amounts of free **11** (Liang et al. 1998). On the other hand, in her popular morel hunting guide, Weber (1995) cited unpublished spot test data from Dr. Kenneth Cochran indicating the absence of gyromitrin in *G. caroliniana* as well as *G. brunnea* and *G. korfii*.

With the growing popularity of lorchel consumption (as evidenced by online forums such as the Facebook group *False Morels Demystified*), there is an urgent need to refine our understanding of which taxa contain the gyromitrin mycotoxin. Taking into consideration the available toxicity evidence, we hypothesized that gyromitrin evolved in the last common ancestor of *G. esculenta* and *G. ambigua*, with a loss of function in the closely related *Hydnотrya* clade due to the negative fitness consequences that mycotoxin production could have on hypogeous fungi relying on mycophagy for spore dispersal. To evaluate the distribution of gyromitrin in Discinaceae, we developed a simple, sensitive analytical method involving in situ acid hydrolysis of gyromitrin and chemical derivatization of its hydrolytic products, **10** and **11**, using 2,4-dinitrobenzaldehyde into Schiff bases **12** and **13** (FIG. 2). This derivatizing agent was chosen due to its proven efficiency in detection of related hydrazine-containing metabolites (Mohamed et al. 2018, 2021). Since the amount of gyromitrin is known to differ within the same species by environment and genotype (Andary et al. 1985; Marjatta and Pyysalo 1978), we aimed for broad taxon sampling and qualitative evaluation of gyromitrin presence rather than attempting to make claims about gyromitrin levels among different specimens within a species.

MATERIALS AND METHODS

Specimen acquisition.—Ascomycete specimens were collected fresh by A.C.D. or donated by mycologists and community scientists from across North America. Some collections were split, with one half preserved at -80 C and the other half dried in an electric dehydrator. All freshly

collected dried specimen vouchers were deposited at the University of Michigan fungarium, except for a few that were entirely consumed through the gyromitrin detection method or did not dry properly. A subset of specimens was successfully cultured by sampling a piece of hymenium, placing it in sterile water, agitating the tissue to release ascospores, plating serial dilutions of the ascospore liquid on potato dextrose agar (PDA) and malt extract agar (MEA) with penicillin and streptomycin, and isolating single germinating ascospores onto PDA and MEA without antibiotics. In addition, a set of *Gyromitra* cultures from a recent study on *Pezizales* fungi were provided by Dr. A. Elizabeth Arnold from the living collection at the Robert L. Gilbertson Mycological Herbarium at the University of Arizona (Healy et al. 2022). Two *Gyromitra* cultures whose genomes have been sequenced were also purchased from the Westerdijk Fungal Biodiversity Institute CBS culture collection. Older dried ascocarp specimen vouchers were acquired as loans from the University of Michigan (MICH), University of Florida (FLAS), and University of Arizona (ARIZ) fungaria. Specimen vouchers and cultures tested for gyromitrin for this study are listed in TABLE 1.

Molecular data.—DNA was extracted from dried ascocarps and fresh cultures using the 2× CTAB (cetyltrimethylammonium bromide) method (Porter et al. 2011). Ascocarp tissue (approximately 0.25-cm² piece of hymenium) or hyphae (approximately 1 cm² scraped from mycelium growing on cellophane) were placed into a 1.5-mL microcentrifuge tube with 500 μL cell lysis solution (2× CTAB extraction buffer: 2% cetyltrimethylammonium bromide, 1.4 M NaCl, 50 mM Tris, 10 mM Na₂EDTA, pH 8). Each sample was ground with a Kontes plastic pestle (DWK Life Sciences, Stoke-on-Trent, UK) for up to 2 min or until the tissue appeared homogenized, vortexed, and incubated in a water bath at 65 C for 60 min. Extraction proceeded with the addition of an equal volume of chloroform–isoamyl alcohol (24:1), centrifugation at 13 000 RPM (15 871 RCF) for 12 min, and transfer of the upper aqueous layer to a new 1.5-mL microcentrifuge tube. This extraction procedure was repeated once more, and the final aqueous phase was precipitated with two-thirds volume ice cold isopropyl alcohol, mixed by inversion, and placed in a –20 C freezer overnight. The following day, the DNA was pelleted by centrifugation for 7 min. The alcohol supernatant was discarded, and the pellet rinsed with 1 mL cold 70% ethanol. The DNA was dried in a laminar flow hood and resuspended in 50 μL distilled water.

For each extraction, we attempted to amplify separately the nuc rDNA internal transcribed spacer region ITS1–5.8S–ITS2 (ITS barcode) using the primers ITS1f and ITS4 (Gardes and Bruns 1993; White et al. 1990) and the D1–D2 domains of nuc 28S rDNA using the primers LR0R and LR5 (Moncalvo et al. 2000; White et al. 1990). If ITS amplification failed, we attempted to amplify the nuc rDNA ITS2 region using the primers ITS3 and ITS4 (White et al. 1990). PCR amplifications were carried out using the GoTaq Green Master Mix (Promega, Madison, Wisconsin) in a reaction volume of 12.5 μL, with 5 μL of a 1:20 dilution of the DNA extract as a template. Reactions were completed on an Eppendorf Mastercycler Pro S model 6325 thermal cycler (Hamburg, Germany). For ITS and ITS2, the thermal cycler parameters were as follows: 2 min initial denaturation at 94 C; 35 cycles of 30 s at 94 C, 30 s at 55 C, and 30 s at 72 C; and a 10 min final extension at 72 C. For 28S, they were: 5 min initial denaturation at 95 C; 40 cycles of 30 s at 95 C, 15 s at 52 C, and 1 min at 72 C; and a 10 min final extension at 72 C. Successful PCRs were enzymatically cleaned with ExoSAP-IT (Applied Biosystems, Waltham, Massachusetts) and submitted to Azenta Life Sciences for Sanger sequencing (Azenta Life Sciences, South Plainfield, New Jersey) using the PCR primers. Forward and reverse Sanger sequences were assembled with Geneious Prime (Dotmatrix, Boston, Massachusetts) and submitted to GenBank (ON693581–ON693677) (TABLE 1).

Phylogenetic analyses.—Published Discinaceae ITS and 28S sequences were downloaded from GenBank with ENTREZ DIRECT (Kans 2020) (SUPPLEMENTARY TABLE 1). Discinaceae ITS and 28S sequences were aligned separately with MUSCLE as implemented in SEAVIEW 5.0.4 (Edgar 2004; Gouy et al. 2010). Ambiguous regions of the alignments were trimmed with GBLOCKS 0.91b using less stringent parameters (Castresana 2000; Talavera and Castresana 2007) and concatenated with CATFASTA2PHYML 1.1.0 (github.com/nylander/catfasta2phym). A maximum likelihood (ML) analysis was conducted on the concatenated alignment with RAXML 8.2.11 using the GTR+Gamma+I model of substitute evolution and 1000 bootstrap replicates (Abadi et al. 2019; Stamatakis 2014). Clades with bootstrap values ≥ 70% were considered significant and strongly supported (Hillis and Bull 1993). Bayesian analyses were performed with the same alignment under the above model using MRBAYES 3.2.7 on the CIPRES Science Gateway 3.3 portal (Miller et al. 2011; Ronquist et al. 2012). The Bayesian analyses lasted until the average

Table 1. Specimens tested for gyromitrin and their associated metadata.

Species	Collection code	Origin	Year	GenBank accession numbers	
				ITS barcode	28S rDNA
<i>Cudonia grisea</i>	iNat 51411067	USA: Oregon	2020		
<i>Disciotis cf. venosa</i>	MICH 352035	USA: Michigan	2020	MZ919223	
<i>Gyromitra ambigua</i>	MICH 352091	USA: California	2021	ON693648	ON693600
<i>Gyromitra americanigigas</i>	MICH 352014	USA: Michigan	2020	ON527894	ON532830
<i>Gyromitra americanigigas</i>	MICH 352016	USA: Michigan	2020	ON527896	ON532832
<i>Gyromitra ancilis</i>	MICH 352024	USA: Michigan	2020	ON693629	ON693581
<i>Gyromitra ancilis</i>	MICH 352026	USA: Michigan	2020	ON693630	ON693582
<i>Gyromitra ancilis</i>	MICH 352031	USA: Michigan	2020	ON693634	ON693586
<i>Gyromitra antarctica</i>	FLAS-F-65994	Chile	2019	ON693656	ON693611
<i>Gyromitra brunnea</i>	MICH 352048	USA: Kansas	2020	ON693640 (ITS2)	ON693592
<i>Gyromitra brunnea</i>	MICH 352054	USA: Michigan	2020	ON693642	ON693594
<i>Gyromitra californica</i>	ARZ-M-AN 01351	USA: Montana	1977	ON693651	ON693604
<i>Gyromitra californica</i>	MICH 352088	USA: Washington	2020	ON693644	ON693596
<i>Gyromitra caroliniana</i>	MICH 352092	USA: Missouri	2021	ON693649	ON693601
<i>Gyromitra esculenta</i>	CBS 101906	Netherlands	culture	ON693653	ON693608
<i>Gyromitra aff. infula</i>	DC3764 ^a	Southwestern USA	culture	MZ091684	MZ018955
<i>Gyromitra aff. infula</i>	MICH 28519	USA: Arizona	1990	ON693669	ON693619
<i>Gyromitra infula</i>	SO0215 ^a	Panama	culture	MZ091671	ON693606
<i>Gyromitra infula</i>	SO4633 ^a	Chile	culture	ON693652	ON693607
<i>Gyromitra infula</i>	CBS 113691	Sweden	culture	ON693654	ON693609
<i>Gyromitra infula</i>	MICH 352086	USA: Washington	2020	ON693643	ON693595
<i>Gyromitra infula</i>	MICH 352090	USA: Washington	2020	ON693646	ON693598
<i>Gyromitra korffi</i>	MICH 352062	USA: Indiana	2021	ON693647	ON693599
<i>Gyromitra leucoxantha</i>	MICH 25407	USA: Michigan	1984	ON693659 (ITS2)	ON693613
<i>Gyromitra leucoxantha</i>	MICH 352087	USA: New York	2020	ON693641	ON693593
<i>Gyromitra melaleucoides</i>	MICH 1455	USA: Colorado	1983	ON693658	KC751517
<i>Gyromitra melaleucoides</i>	MICH 352039	USA: Oregon	2020	ON693638	ON693590
<i>Gyromitra montana</i>	MICH 352043	USA: Oregon	2020	ON693639	ON693591
<i>Gyromitra aff. olympiana</i>	AN 044228	USA: Arizona	2017	MT483607	ON693603
<i>Gyromitra aff. olympiana</i>	MICH 4614	USA: Idaho	1972	ON693674	ON693624
<i>Gyromitra sp.</i>	MICH 28557	USA: Arizona	1983	ON693670	ON693620
<i>Gyromitra sp.</i>	MICH 4601	USA: Idaho	1962	ON693673	ON693623
<i>Gyromitra sphaerospora</i>	WB0618 ^a	Western Canada	culture	MZ091686	MZ018957
<i>Gyromitra sphaerospora</i>	MICH 25703	USA: Michigan	1970	ON693667	KC751527
<i>Gyromitra sphaerospora</i>	MICH 25704	USA: Michigan	1970	ON693668 (ITS2)	KC751526
<i>Gyromitra splendida</i>	MICH 25554	USA: Michigan	1984	ON693663 (ITS2)	ON693616
<i>Gyromitra splendida</i>	MICH 352089	USA: Washington	2020	ON693645	ON693597
<i>Gyromitra venenata</i>	IL0706 ^a	North-central USA	culture	MZ091661	ON693605
<i>Gyromitra venenata</i>	MICH 1304	USA: Idaho	1972	ON693657 (ITS2)	ON693612
<i>Gyromitra venenata</i>	MICH 25528	USA: Michigan	1966	ON693660 (ITS2)	ON693614
<i>Gyromitra venenata</i>	MICH 25541	USA: Michigan	1945	ON693661 (ITS2)	
<i>Gyromitra venenata</i>	MICH 25543	USA: Michigan	1979	ON693662 (ITS2)	ON693615
<i>Gyromitra venenata</i>	MICH 25555	USA: New Hampshire	1883	ON693664 (ITS2)	ON693617
<i>Gyromitra venenata</i>	MICH 25573	USA: Michigan	1976	ON693665 (ITS2)	
<i>Gyromitra venenata</i>	MICH 25578	USA: Michigan	1982	ON693666 (ITS2)	ON693618
<i>Gyromitra venenata</i>	MICH 352028	USA: Michigan	2020	ON693631	ON693583
<i>Gyromitra venenata</i>	MICH 352029	USA: Michigan	2020	ON693632	ON693584
<i>Gyromitra venenata</i>	MICH 352030	USA: Michigan	2020	ON693633	ON693585
<i>Gyromitra venenata</i>	MICH 352032	USA: Michigan	2020	ON693635	ON693587
<i>Gyromitra venenata</i>	MICH 352033	USA: Michigan	2020	ON693636	ON693588
<i>Gyromitra venenata</i>	MICH 352034	USA: Michigan	2020	ON693637	ON693589
<i>Gyromitra venenata</i>	MICH 39037	USA: Michigan	1995	ON693671 (ITS2)	ON693621
<i>Gyromitra venenata</i>	MICH 39039	USA: Michigan	1998	ON693672 (ITS2)	ON693622
<i>Gyromitra venenata</i>	MICH 68345	USA: Michigan	2001	ON693676 (ITS2)	ON693626
<i>Gyromitra venenata</i>	MICH 68493	USA: Michigan	2003	ON693677 (ITS2)	ON693627

(Continued)

Table 1. (Continued).

Species	Collection code	Origin	Year	GenBank accession numbers	
				ITS barcode	28S rDNA
<i>Gyromitra warnei</i>	MICH 352073	USA: Michigan	2021	ON693650 (ITS2)	ON693602
<i>Hydnотrya cerebriformis</i>	MICH 67763	USA: Arizona	1996	ON693675	ON693625
<i>Hydnотrya cf. cubispora</i>	AN 043557	USA: Arizona	2015		
<i>Hydnотrya cubispora</i>	FLAS-F-62913	Scotland	2018	ON693655	ON693610
<i>Hydnотrya michaelis</i>	MICH 70028	USA: Utah	1995		ON693628
<i>Leotia lubrica</i>	MICH 352041	USA: Michigan	2020	MZ919236	
<i>Morchella punctipes</i>	iNat 46602042	USA: Wisconsin	2020		
<i>Pachycudonia monticola</i>	MICH 352040	USA: Oregon	2020	MZ919235	
<i>Scutellinia sp.</i>	MICH 352036	USA: Michigan	2020		
<i>Sphaerosporella brunnea</i>	MICH 352042	Canada: Ontario	2020	MZ919238	
<i>Urnula craterium</i>	iNat 42365327	USA: Wisconsin	2020		

^aFrom the endophytic/endolichenic culture collection of Dr. A. Elizabeth Arnold.

standard deviation of split frequencies was below 0.01, with trees saved every 1000 generations and burn-in set at 25%. Bayesian posterior probabilities (BPPs) were determined from a consensus tree using Geneious Prime. Clades with BPP \geq 95% were considered significant and strongly supported (Alfaro et al. 2003; Larget and Simon 1999). The best ML tree was visualized and rooted with *Morchella esculenta* (Morchellaceae) as the outgroup in FIGTREE 1.4.4 (github.com/rambaut/figtree). The alignments (<https://doi.org/10.6084/m9.figshare.21313596.v1>) and phylogenetic tree (<https://doi.org/10.6084/m9.figshare.21313599.v1>) were deposited in Figshare.

Gyromitrin analytical method development.—

General experimental details

2,4-Dinitrobenzaldehyde (2,4-DNB) and trifluoroacetic acid (TFA) were purchased from Sigma-Aldrich (D193607 and 302031; St. Louis, Missouri). Authentic gyromitrin standard was purchased from Toronto Research Chemicals (G931900; Toronto, Canada). HPLC-grade solvents were used in the gyromitrin extractions. Solvents used for preparative HPLC and analytical UHPLC-MS were of HPLC-grade and Optima LC-MS grade, respectively, and supplied by Fisher Chemical (Waltham, Massachusetts). Prior to use, the solvents were filtered/degassed through a 0.45- μ m polytetrafluoroethylene membrane. Preparative HPLC was performed using Shimadzu (Kyoto, Japan) LC-20AT HPLC instruments with corresponding detectors, fraction collectors, and software (Phenomenex [Torrance, California] Luna Phenyl-Hexyl column, 21.2 mm \times 25 cm, 5 μ m, 20 mL/min, isocratic elution with 90% H₂O/MeCN for 2 min followed by gradient elution from 90% H₂O/MeCN to 100% MeCN over 30 min then isocratic elution with 100% MeCN for

5 min). UHPLC coupled with diode array detection and electrospray ionization mass spectrometry (UHPLC-DAD-ESIMS) was performed using the Shimadzu LC-20AD Separations Module equipped with a Shimadzu LCMS-2020 Series mass detector in both positive and negative ion modes (Phenomenex Kinetex C8 1.7 μ m 100 Å column, 50 mm \times 2.1 mm, eluting with 0.4 mL/min of isocratic 90% H₂O/MeCN for 1 min followed by gradient elution to 100% MeCN with isocratic 0.1% formic acid modifier over 6 min, at 210, 254, 280, and 370 nm).

Synthesis of 2,4-dinitrobenzaldehyde Schiff base (13) reference compound

An aliquot of 2,4-DNB (94 mg, 0.48 mmol) dissolved in 4 mL ethanol was treated with **11** (120 mg, 2.67 mmol) and stirred at room temperature for 2 h. Afterward, the reaction mixture was quenched with water (20 mL), extracted with 15 mL dichloromethane (CH₂Cl₂) two times, and the combined organic layer dried over anhydrous sodium sulfate (Na₂SO₄), concentrated in vacuo, and purified by preparative reverse-phase HPLC to yield pure **13** (9 mg). Purity was checked by UHPLC-DAD-ESIMS (SUPPLEMENTARY FIG. 1). A seven-point calibration curve with solutions of reference compound **13** (0.39–50 μ g/mL) in 50% H₂O/MeCN was established by UHPLC-DAD analysis of an aliquot (10 μ L) of each concentration in duplicate (SUPPLEMENTARY FIG. 2). It is noteworthy that higher concentrations (100 μ g/mL) of **13** did not fit into the calibration curve trendline due to saturation of the DAD detector.

Detection of gyromitrin hydrazine hydrolytic products using 2,4-DNB

A series of gyromitrin standard solutions (5, 1, 0.5, 0.25, 0.1, 0.05, and 0.01 mg/mL) were prepared in 50% H₂O/

MeCN. An aliquot (10 μ L) of each gyromitrin solution was transferred to a glass vial containing 50% H₂O/MeCN (400 μ L) and treated with an aliquot (40 μ L) of freshly prepared stock solution (5 mg/mL in MeCN) of 2,4-DNB and an aliquot (50 μ L) of freshly prepared stock solution of 10% aqueous TFA. The reaction mixture was incubated at 40 C. Aliquots (10 μ L) from each reaction mixture were analyzed by UHPLC-DAD at regular time intervals (0, 2, 5, 8, 13, 18, and 24 h) to detect gyromitrin hydrazine hydrolytic product derivatives with 2,4-DNB (SUPPLEMENTARY FIG. 3).

Detection of gyromitrin in *Gyromitra venenata*

Aliquots (50, 10, and 1 mg) of powdered *Gyromitra venenata* (MICH 352032) were transferred to glass vials containing 50% H₂O/MeCN (820 μ L) and treated with an aliquot (80 μ L) of freshly prepared stock solution (5 mg/mL in MeCN) of 2,4-DNB and an aliquot (100 μ L) of freshly prepared stock solution of 10% aqueous TFA. The reaction mixture was sonicated for 20 s and incubated at 40 C. Aliquots (10 μ L) from each reaction mixture were analyzed by UHPLC-DAD at regular time intervals (0, 6, 13, and 24 h) to detect gyromitrin hydrazine hydrolytic product derivatives with 2,4-DNB. The reactions were performed in triplicate. Samples prepared by extracting the same amount of *G. venenata* with 50% H₂O/MeCN (1000 μ L) without the addition of 2,4-DNB and TFA were used as negative controls.

Detection of gyromitrin in different samples

Gyromitrin analysis of samples proceeded as for *G. venenata* except for the following differences. Samples consisted of an aliquot of powdered ascocarp hymenium (ranging from 5 to 100 mg, depending on available starting material) or a piece of mycelium scraped from a plate with cellophane (half a plate). An aliquot (not in triplicate) of the reaction mixture (10 μ L) was analyzed after 13–18 h of incubation at 40 C. An equivalent amount of tissue was extracted with 50% H₂O/MeCN (1000 μ L) without the addition of 2,4-DNB and TFA as a negative control.

RESULTS

UHPLC-DAD analysis of different concentrations of gyromitrin standard treated with 2,4-DNB and TFA with varying incubation times at 40 C revealed the need for 13–18 h of incubation to complete the gyromitrin derivatization reaction to the monomethylhydrazine Schiff base (**13**). Our methodology was able to detect even trace amounts of gyromitrin to the extent of 10 ng in samples (SUPPLEMENTARY FIG. 4). With a standard calibration curve of synthetic **13**

(SUPPLEMENTARY FIG. 2), the reaction recovery percentage was calculated based on peak areas of **13** obtained from derivatization of different gyromitrin standard concentrations (SUPPLEMENTARY TABLE 2). The peak area of the monomethylhydrazine Schiff base (**13**) was plotted against the gyromitrin standard concentration, showing a linear relationship (SUPPLEMENTARY FIG. 5). This correlation could be used for the quantification of gyromitrin in fungal samples. Equipped with a sensitive gyromitrin analytical method, aliquots of dried *Gyromitra venenata* (MICH 352032) tissue were processed with different incubation times to determine the hydrolysis of gyromitrin present in ascocarp samples (FIG. 3). The peak area of Schiff base **13** remained relatively constant between 13 and 24 h of extraction regardless of the amount of starting material (SUPPLEMENTARY FIG. 6). A large amount of gyromitrin (2598 mg/kg dried ascocarp) was detected in these aliquots of *G. venenata*.

We analyzed 66 specimens as dried ascocarps, freshly frozen ascocarps, living cultures, or a combination thereof, resulting in 105 individual tests (SUPPLEMENTARY TABLE 3). All taxa outside the lorchel family (eight specimens) tested negative for gyromitrin. The majority of Discinaceae taxa also tested negative for gyromitrin. Both *G. leucoxantha* specimens tested positive, with MICH 352087 containing 55 mg/kg of gyromitrin per dried ascocarp (MICH 25407 was not quantified). The chromatograms also included a strong peak between **12** and **13**, which was absent from the negative control (extracts without the addition of 2,4-DNB and TFA) and likely corresponds to an unidentified Schiff base derivative produced by *G. leucoxantha* (FIG. 4). All four taxa in the *G. esculenta* group (*G. antarctica*, *G. esculenta*, *G. splendida*, and *G. venenata*) tested positive for gyromitrin, with a few caveats. First, gyromitrin levels generally decreased with age of the dried ascocarp, which could be attributed to the volatile property of gyromitrin. Still, even the oldest voucher tested (*G. venenata* [MICH 25555] from 1883) had trace levels of gyromitrin in the chromatogram (FIG. 5). Second, cultures growing on PDA tested positive, but gyromitrin was not detected in cultures growing on MEA (SUPPLEMENTARY TABLE 3). Third, the two *G. esculenta* group ascocarps from the western United States contained relatively small amounts of gyromitrin. *Gyromitra splendida* (MICH 352089) from Washington State contained 92 mg/kg of gyromitrin per dried ascocarp (FIG. 4). *Gyromitra venenata* (MICH 1304) from Idaho also appeared to have less gyromitrin than expected, although this is based solely on the relative height of

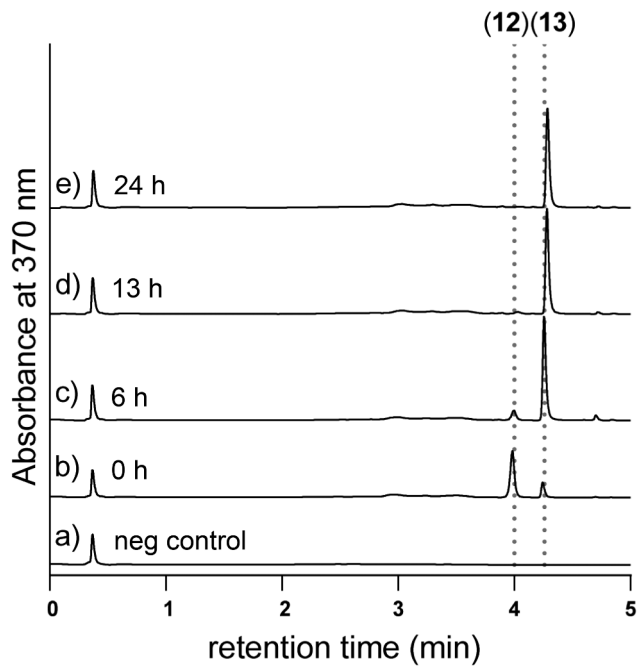


Figure 3. UHPLC-DAD (370 nm) chromatograms of derivatization progress of gyromitrin in 10 mg of dried *Gyromitra venenata* ascocarp (MICH 352032). a. Ascocarp extract without 2,4-DNB/TFA treatment (negative control). b–e. Ascocarp extract treated with 2,4-DNB/TFA with different incubation time intervals (0, 6, 13, and 24 h, respectively).

peaks in the chromatogram (FIG. 5d). Evidence for the toxicity and gyromitrin content of *Gyromitra* species is summarized in TABLE 2.

We had high success in sequencing rDNA from Discinaceae specimens, including from old fungarium vouchers—56/58 specimens (97%) had either the entire ITS or ITS2 region successfully sequenced and 54/58 specimens (93%) had the 28S rDNA barcode successfully sequenced. *Hydnotrya* specimens proved to be the most challenging to sequence, perhaps because of the contamination associated with their subterranean habitat. The concatenated ITS and 28S rDNA alignment contained 86 sequences with 1402 characters and 571 distinct patterns, 387 of which were parsimony informative. The maximum likelihood phylogenetic tree for the concatenated data set allowed us to validate species determinations and visualize gyromitrin content in a phylogenetic context (FIG. 6). Across Discinaceae, a general absence of gyromitrin was punctuated by its discontinuous presence in two separate groups, the *G. esculenta* and *G. leucoxantha* clades. Due to the use of just two loci, bootstrap support for basal nodes was generally low and the evolutionary relationships between well-defined clades remain ambiguous.

DISCUSSION

Gyromitrin determination using our newly developed UHPLC analytical method indicated that gyromitrin production is concentrated in the *G. esculenta* group, represented here by *G. antarctica*, *G. esculenta*, *G. splendida*, and *G. venenata* (although taxonomic

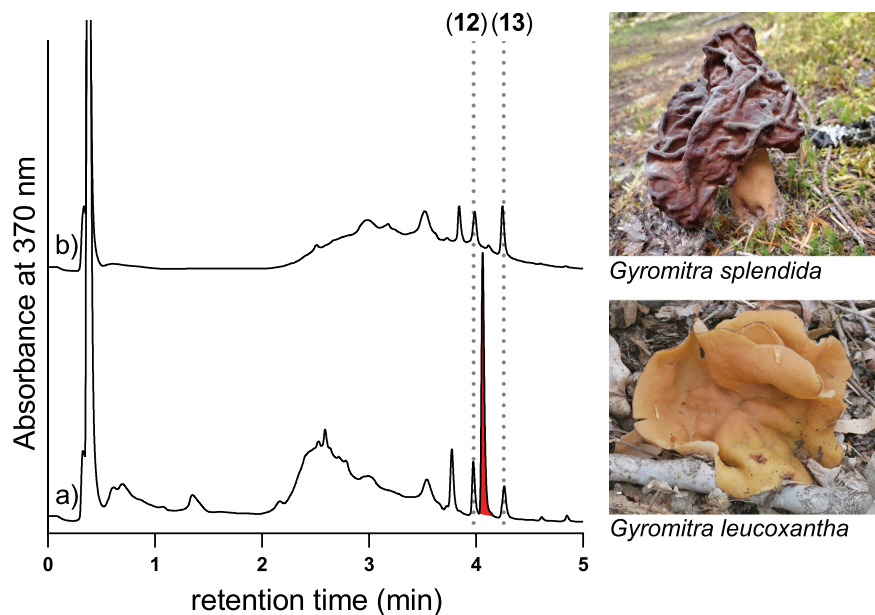


Figure 4. UHPLC-DAD (370 nm) chromatograms of ascocarp extracts. a. *Gyromitra leucoxantha* (MICH 352087). The peak corresponding to an unidentified Schiff base derivative is shaded red. b. *Gyromitra splendida* (MICH 352089). Photograph of *G. splendida* by Eric and Jen Chandler. Photograph of *G. leucoxantha* by Garrett Taylor.

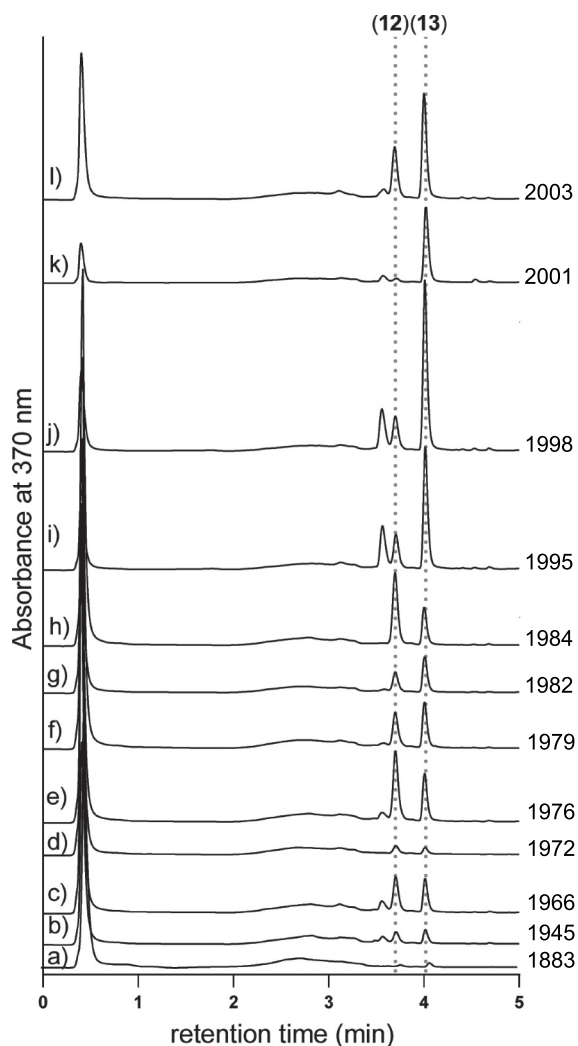


Figure 5. UHPLC-DAD (370 nm) chromatograms of 100 mg of *Gyromitra venenata* (a–g, i–l) or *Gyromitra splendida* (h) dried ascocarps collected in different years. a. MICH 25555 (1883). b. MICH 25541 (1945). c. MICH 25528 (1966). d. MICH 1304 (1972). e. MICH 25573 (1976). f. MICH 25543 (1979). g. MICH 25578 (1982). h. MICH 25554 (1984). i. MICH 39037 (1995). j. MICH 39039 (1998). k. MICH 68345 (2001). l. MICH 68493 (2003).

names will likely change when the group is treated in a modern systematic revision). Contrary to expectations, we failed to detect gyromitrin in *G. ambigua* or *G. infula*, but to our surprise we detected gyromitrin in *G. leucoxantha*. Accepting at face value earlier reports of gyromitrin production by *G. gigas* sensu stricto (Viernstein et al. 1980), six loss events are required to explain this pattern according to our phylogeny (*G. melaleucooides* clade, last common ancestor of *G. caroliniana* and *G. ancilis* clades, and various losses in the *G. gigas* clade). A similar number of loss events, or one horizontal transfer and four loss events, would be required to explain this distribution according to previously published phylogenetic trees (Miller et al. 2022, 2020; Wang and Zhuang 2019). On the other hand, only

two horizontal transfer events could result in the observed distribution, making this the most parsimonious hypothesis. However, repeated occurrences of genetic loss of function have been documented elsewhere (Morris et al. 2012; Patron et al. 2007), so we are unable to infer a definitive history of the evolution of gyromitrin in Discinaceae.

The distribution of gyromitrin observed here is consistent with a model of rapid evolution coupled with horizontal transfer, which is typical for secondary metabolites such as gyromitrin (Rokas et al. 2020). In fungi, secondary metabolites—small, bioactive molecules not required for growth but important for interspecific interactions—are usually produced by enzymes encoded by genes physically clustered in the genome as a biosynthesis gene cluster (BGC). BGCs can experience strong selective pressure due to their importance in ecological interactions that often results in a narrow taxonomic distribution as well as intraspecific variation in the ability to produce a given secondary metabolite (Rokas et al. 2020; Yancey et al. 2022). Horizontal gene transfer is also a powerful evolutionary force that has led to the broad and phylogenetically disjunct expression of mycotoxins such as amanitin, psilocybin, and epipolythiodioxopiperazines (Luo et al. 2022; Patron et al. 2007; Rokas et al. 2020; Van Court et al. 2022). Therefore, a disjointed distribution of gyromitrin is not unprecedented.

The UHPLC-DAD analytical method presented in this paper is an accessible method that could facilitate further investigations into the gyromitrin mycotoxin, including determinations in human body fluids. Although other methods such as spot tests and TLC are simpler, they have low detection sensitivity, accuracy, and resolution. Thus, earlier reported conclusions of Andary et al. (1985) that taxonomically disparate ascomycete fungi contain gyromitrin should be reinterpreted. These taxa likely contain hydrazines or natural products that hydrolyze to form hydrazines, but not necessarily gyromitrin. Hydrazines belong to a class of chemicals defined by their nitrogen-nitrogen bond (N-N bond), of which only about 200 have been characterized to date, or less than 0.1% of the total known natural products (Blair and Sperry 2013; Le Goff and Ouazzani 2014). The frequencies at which hydrazine derivatives were detected by Andary et al. (1985) suggest that they might be more prevalent in fungi than expected and indicate that Pezizomycetes and Leotiomycetes fungi should be broadly screened for secondary metabolites containing an N-N bond.

On the edibility of lorchels.—Given that many people are interested in consuming lorchels and that our

Table 2. Summary of available evidence for the toxicity and presence of gyromitrin in select Discinaceae species based on primary literature and tests conducted for this study.

Species	Toxicity ^a	Gyromitrin	References
<i>Gyromitra ambigua</i>	Toxic	Initially suspected due to poisoning symptoms; absent	Harmaja 1976; this study
<i>G. americanigigas</i>	No poisoning reports (similar to <i>G. korffii</i>)	Absent	This study
<i>G. ancilis</i>	No poisoning reports (similar to <i>G. perlata</i>)	Absent	This study
<i>G. antarctica</i>	Toxic	Present	This study
<i>G. brunnea</i>	Nontoxic	Absent	Mcllvaine and Macadam 1902; Weber 1995; Beug et al. 2006; this study
<i>G. californica</i>	No poisoning reports	Absent	Tylutki 1979; this study
<i>G. caroliniana</i>	Nontoxic	Previously reported to contain minute quantities; absent	Mcllvaine and Macadam 1902; Weber 1995; Liang et al. 1998; this study
<i>G. esculenta</i>	Toxic	Present	List and Luft 1968a, 1968b; this study
<i>G. fastigiata</i>	Nontoxic	Absent	Viernstein et al. 1980
<i>G. gigas</i>	Toxic	Present	Kubička 1966; Viernstein et al. 1980; Lagrange et al. 2021
<i>G. infula</i>	Nontoxic	Absent	Harmaja 1976; this study
<i>G. korffii</i>	Nontoxic	Absent	Weber 1995; this study
<i>G. leucoxantha</i>	Toxic	Present	This study
<i>G. melaleuroides</i>	No poisoning reports (similar to <i>G. perlata</i>)	Absent	This study
<i>G. montana</i>	Nontoxic	Absent	Tylutki 1979; Beug et al. 2006; this study
<i>G. perlata</i>	Nontoxic	Absent	Tylutki 1979; Andary et al. 1985; Weber 1995
<i>G. sphaerospora</i>	Unknown	Absent	Weber 1995; this study
<i>G. splendida</i>	Toxic	Present	This study
<i>G. venenata</i>	Toxic	Present	Li et al. 2020; this study
<i>G. warnei</i>	No poisoning reports (similar to <i>G. perlata</i>)	Absent	This study
<i>Hydnotrya cerebriformis</i>	Unknown	Absent	This study
<i>H. michaelis</i>	Unknown	Absent	This study

Note. Bolded species are taxa that have been shown to contain gyromitrin. Evidence of toxicity does not necessitate that gyromitrin is the etiological factor, and no evidence of toxicity does not mean that gyromitrin is absent from that species.

^aToxicity is a somewhat subjective determination based on whether fully cooked mushrooms (without special boiling preparation) are judged to be more dangerous than other commonly consumed “edible” mushrooms, which can also cause illness. Species that contain gyromitrin are listed as toxic by default. Species that are listed as having “no poisoning reports” do not have a widespread culture of consumption but have likely been sampled because they are recognizable or are easily mistaken for a more commonly consumed species.

research will undoubtedly influence the conversation around their edibility, we believe that it is pertinent that we weigh in on the matter. Although the methods to eat gyromitrin-containing lorchels without acute poisoning exist, the dangers of improperly preparing them and their potential link to neurodegenerative disease lead us to conclude that the *Gyromitra esculenta* group should never be consumed. The same is true for *G. leucoxantha*, which we demonstrated to have the capacity to produce gyromitrin, albeit in relatively small quantities. As far as we are aware, there is no culture of intentionally eating this species, and it would be best for it to stay that way (Tylutki 1979; Weber 1995). As a potential producer of gyromitrin, we recommend that individuals avoid European *G. gigas* as well, at least until its status is clarified with contemporary analysis (Viernstein et al. 1980). We acknowledge that people are likely to continue ingesting some of these species,

in which case it is crucial to cook them according to the safety guidelines established for their commercial sale in Europe, such as that of the Finnish Food Safety Authority (Sitta et al. 2021).

Outside of these taxa, we believe that one’s decision to consume lorchels is a matter of personal preference based on an informed consideration of the risks involved. In favor of some North American lorchels, there is already an established and widespread culture of consuming *G. brunnea*, *G. caroliniana*, *G. korffii*, *G. montana*, and presumably *G. americanigigas*, and no evidence of extraordinary toxicity or gyromitrin production—except for a curious, unpublished report of “minute” quantities of free **11** in *G. caroliniana* that our data did not corroborate (Beug 2014; Beug et al. 2006; Liang et al. 1998; Weber 1995). With these lorchels one should adhere to the central tenants of all wild mushroom foraging: positively identify the species, only consume

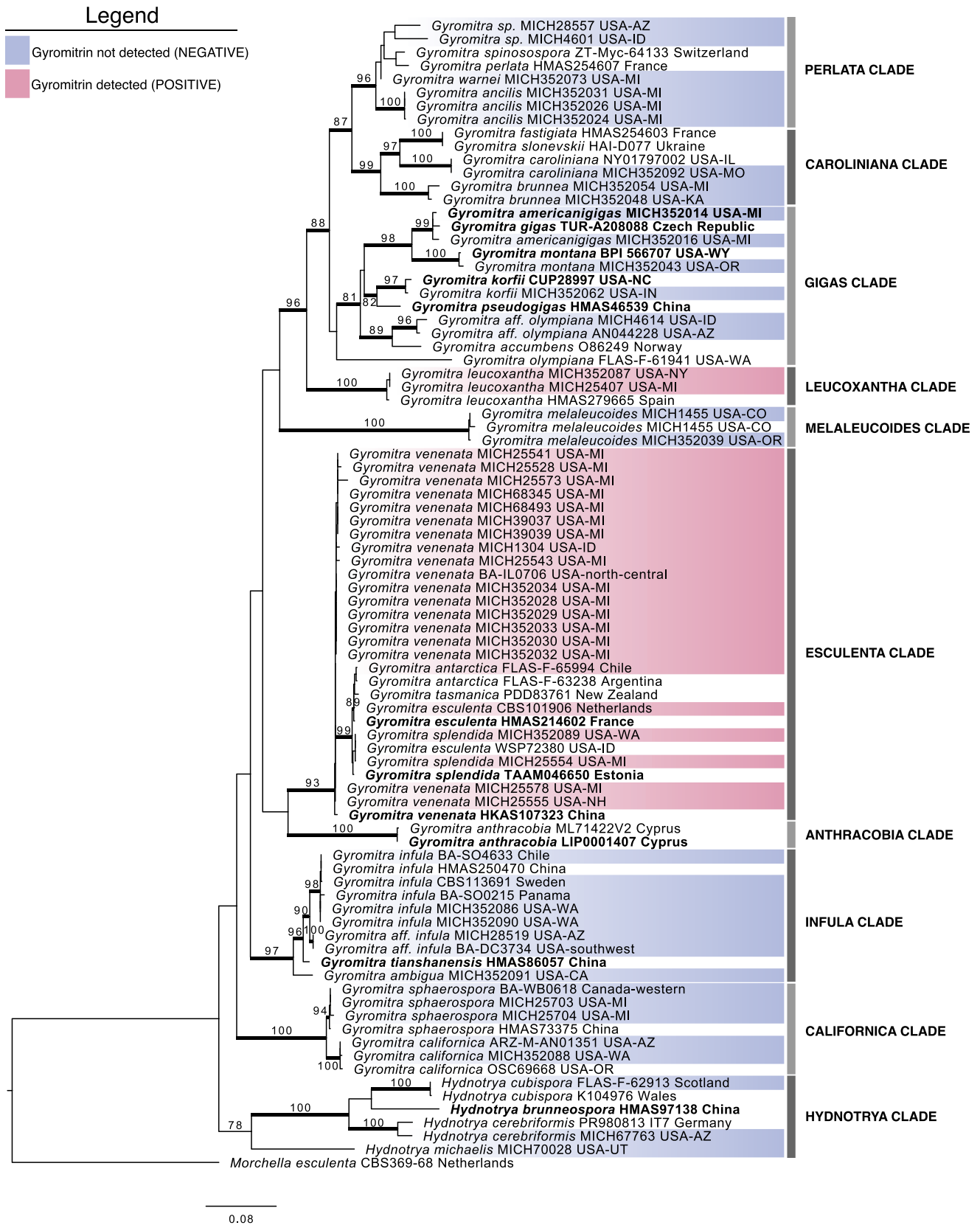


Figure 6. Discinaceae maximum likelihood phylogenetic tree based on concatenated aligned sequences of the ITS barcode and 28S rDNA showing the presence and absence of gyromitrin. Specimens tested for gyromitrin are highlighted: blue means no gyromitrin was detected (negative); red means gyromitrin was detected (positive). Bootstrap values ≥ 0.70 are shown at the nodes, and Bayesian posterior probability scores above 0.95 are indicated by thickened branches. Taxon names for sequences derived from taxonomic type material are bolded.

fresh mushrooms (not mushrooms with signs of insect damage, moldy growth, or putrescence), thoroughly cook the mushrooms, try a little before trying a whole meal to evaluate idiosyncratic responses such as an allergic reaction, and be careful with overindulgence.

In opposition to their consumption, we likely have not established the full distribution pattern of gyromitrin in Discinaceae. Intraspecific variation in the amount of gyromitrin produced by *G. gigas* resulted in one specimen having no detectable levels (Viernstein et al. 1980), meaning that even some species that tested negative in this study might have the capacity to produce gyromitrin. Furthermore, *Gyromitra* species have up to a dozen biosynthesis gene clusters whose corresponding secondary metabolites are entirely uncharacterized (MycCosm; Grigoriev et al. 2014). Given that each species could produce a unique set of secondary metabolites, there are likely hundreds of undescribed chemicals with potentially powerful bioactive properties and implications for human health across the lorchel family. For example, the characterization of 1-(2-hydroxyacetyl)pyrazol in *G. fastigiata*, a chemical with structural similarity to gyromitrin, might give pause to consumers of *G. fastigiata* as well as its sister species *G. brunnea* (Jurenitsch et al. 1988). In rebuttal, one could point out that this is the case for almost every mushroom that is regarded as edible. For example, choice edible morels (*Morchella* spp.) can occasionally cause illness, including gastrointestinal distress, vomiting, diarrhea, and sometimes even neurological effects, yet the nature of the toxin is a complete mystery (Benjamin 2015). Even when a species contains a potentially toxic substance, such as agaritine in the common button mushroom (*Agaricus bisporus*), it may still be consumed because the quantities present are generally recognized as safe enough for humans (Khovpachev et al. 2021; Roupas et al. 2010). Regardless, due to the uncharacterized chemodiversity in Discinaceae, unchartered species should be treated with extreme caution, including when a species is closely related to others that are consumed without issue.

Conclusions and open questions.—Our study is the most extensive sampling to date of lorchels for their capacity to produce gyromitrin. Further sampling will only improve our resolution of the evolution of gyromitrin production in Discinaceae. Along with *G. gigas*, it remains an open question whether *G. anthracobia* produces gyromitrin. Described in 2018 from Cyprus, *G. anthracobia* has the closest phylogenetic affinity to the *Gyromitra esculenta* group and thus is considered suspect (Crous et al. 2018; Li et al. 2020). Beyond

gyromitrin, explorations of lorchel chemodiversity would not only reveal novel and potentially useful natural products but could also shed light on the etiology of poisonings caused by gyromitrin-free taxa, such as *G. ambigua*. The relationship, if any, between 1-(2-hydroxyacetyl)pyrazol in *G. fastigiata* and gyromitrin is a critical question. The analytical method reported here has the potential to identify previously unreported hydrazine-containing toxins as shown in the strong, uncharacterized peak in the chromatogram of *G. leucoxantha* (FIG. 4). This finding deserves dedicated follow-up studies to structurally characterize the unknown entity.

The lower levels of gyromitrin produced by western *G. esculenta* group ascocarps are also an avenue for future study. Tylutki (1979) mentions that “*G. esculenta*” has been eaten by many people in the western United States without ill effect, hypothesizing that mushrooms in this region contain less gyromitrin than those in the east (although severe poisonings are not unheard of [Leathem and Dorran 2007]). *Gyromitra splendida* (MICH 352089) from Washington had low levels of gyromitrin (28× less than *G. venenata* [MICH 352032] from Michigan), providing some support for this hypothesis. Gyromitrin levels seem to decrease with altitude (Andary et al. 1985), which could explain this pattern, but the full extent of the effect of gene-by-environment interactions on the gyromitrin phenotype is an open question. Future studies should systematically explore the differential production of gyromitrin on different media. Our finding that gyromitrin is produced on PDA but not MEA encourages the use of transcriptomics to identify genes whose expression is correlated with mycotoxin production, facilitating the identification of the gyromitrin biosynthesis gene cluster. Identification of the gyromitrin genes will ultimately allow for the elucidation of the evolution of gyromitrin biosynthesis, discovery of homologous gene clusters in Discinaceae and other fungal clades, and characterization of novel secondary metabolites with related chemical structures.

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