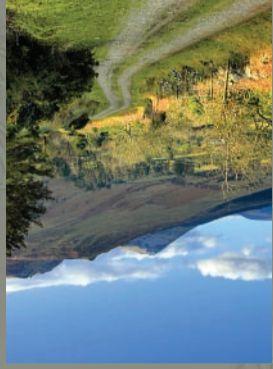




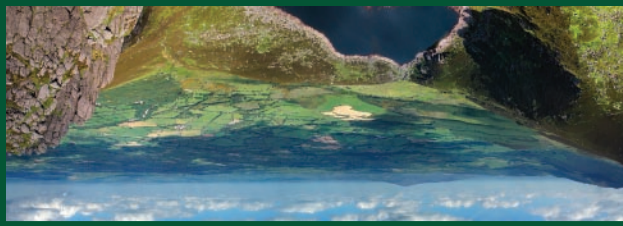
Old Military Road



So why not come and "feel" the tranquillity here? After your day's exertions why not relax in the local pub and maybe "chew the cud" about football or catch a set-dancing or music session? Walkers are welcome in Rathgormack. We hope you have a memorable experience when you call.

To borrow from the poet, "peace comes dropping slow" on the Comeraghs. Whether it's a challenging day on the ridge you want, an afternoon excursion to one of the glacial lakes, or a ramble along way-marked trails in Glenpatrick Wood or Coolishal Wood, or down the historic Military Road under Knockanaffrin Ridge, you will be pleasantly surprised at the variety of walking available around Rathgormack.

"Walkers are welcome" in Rathgormack



Rathgormack is undoubtedly one of walking Ireland's best kept secrets. With its location just 5km north of the dramatic Knockanaffrin Ridge it is an ideal base to explore the Comeraghs. Four of the fourteen Comeragh corms (all adorned with lakes) – Lough Mohra, Comduala, the Boolas and Crotty's – are less than 7km walking distance. Nearby also is the Gap and Bothrin na Sochrade (old funeral path). This iconic feature is the highest pass in Waterford and has connected the area with the Nire Valley for centuries.

Walking Around Rathgormack



Cloch na gCeann Beheading Stone



Power Family Crest



Of course the area will always be linked with the hermit of the Comeraghs, Lackendara Jim. Village, and, in the 19th century with faction fighting; hideout was believed to be a cave near a lake above the associated with the rapparee, William Crotty, who's and medieval graveyard. In the 18th century it was Norman Power family as evidenced by the beheading stone at Knocknacreeha and the ruin of a tower house times Rathgormack was a stronghold of the Anglo-Moethel Abbey. In Medieval

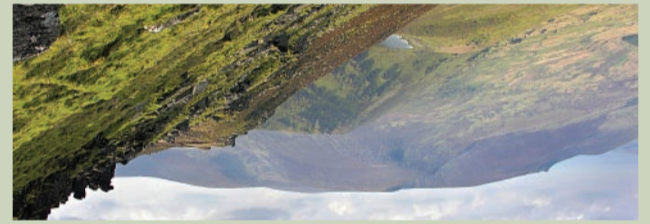
Ballyquin Dolmen



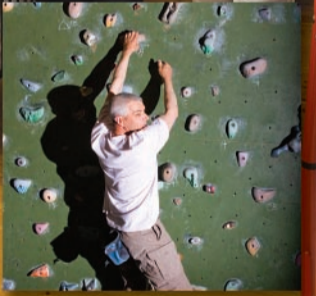
from "Rath O'Gormack" - researchers, believed that the name Rathgormack comes Canon Patrick Power, doyen of Irish place-name climbing groups.

Life in Rathgormack and its environs has long revolved around farming, its church, shop, pub and gaelic football. In recent years, the Hiking Centre with its adjacent playground and all-weather pitch is proving to be a tremendous facility for the community, catering for local clubs and schools as well as hill walking and

Rathgormack



Hiking Centre Facilities



- Fáilte Ireland approved dormitory style accommodation for 20 people in two separate rooms
- Free bed linen and hot showers
- Fully equipped self-catering kitchen
- Common Room with TV
- Indoor Sports Facilities – soccer, basketball etc
- Indoor Climbing Wall (*may only be used by members of Mountaineering Ireland to comply with insurance criteria*)
- All-Weather Pitch
- Ample Parking
- Children's Playground with Amenities
- Wheelchair friendly premises
- Bus Hire, Catering, Walking Guide, on request
- Ideal for Gaisce and Youth groups
- Village Shop and Local Pub

Check out: www.rathgormack.ie

Bookings:

Tel: +353 (0)83 4136168

Web: www.rathgormack.ie

Email: info@rathgormack.ie

Arrivals: Before 8 p.m. – open all year

Where To Find Rathgormack



Rathgormack is a small village located in north Waterford, just 5 kilometres south of the river Suir and 5 kilometres north of the Comeraghs.



The village is situated on the R678 and is only:

- 9km from Carrick-on-Suir
- 17km from Clonmel
- 29km from Dungarvan
- 40km from Waterford
- 48km from Kilkenny
- 105km from Cork and Limerick
- 160km from Dublin
- 5km from Knockanaffrin Ridge!
- 8km from Coumshingaun!
- 16km from Mahon Falls!

Rathgormack, Carrick-on-Suir, Co. Waterford.

Tel: +353 (0)83 4136168

Email: info@rathgormack.ie



www.rathgormack.ie

Produced by Rathgormack North Waterford Community Development Limited with assistance from Fáilte Ireland, the Department of Rural and Community Development, Waterford City and County Council, Michael O'Donoghue and John Power.

Maps based on OSI material, permit number: 8653 © Ordnance Survey Ireland - Government of Ireland

Design by Signiatec, Kilkenny 056 7766648 www.signiatec.ie

Disclaimer: While every care has been taken in compiling this brochure, Rathgormack Hiking Centre cannot accept responsibility for errors or omissions. Some sporting activities by their nature may be dangerous and involve risk. It is recommended in such cases to take out personal accident insurance.

"The Comeraghs, more than a place... it's a feeling"



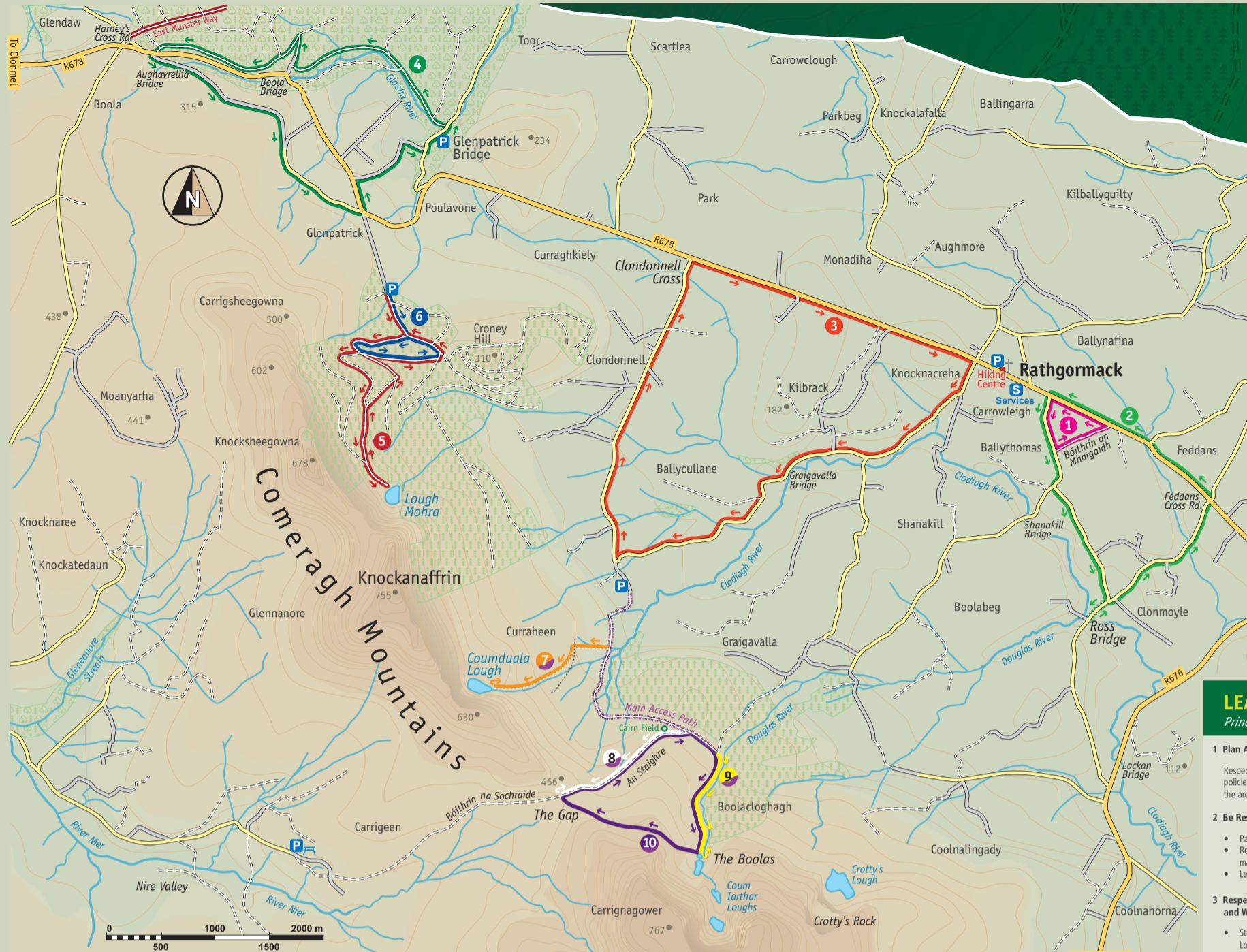
Rathgormack WALKS

A series of waymarked road, forest and hill walks in north Waterford



Funded by the Department of Rural and Community Development

GROW-TRANSFORM-SUSTAIN



- 1** **Bóithrin an Mhargaidh Walk**
Length: 2.5km Time: 45mins
- 2** **Ross Bridge Road Walk**
Length: 6.5km Time: 1.5hrs
- 3** **Clondonnell Loop Walk**
Length: 11km Time: 3.5hrs
- 4** **Glenpatrick Bridge Loop Walk**
Length: 8km Time: 2hrs
- 5** **Lough Mohra Loop Walk**
Length: 7km Time: 2.5hrs
- 6** **Rath Beag Loop Walk**
Length: 3.5km Time: 1hr
- 7** **Coumduala Linear Walk**
Length: 5.5km Time: 2.5hrs
- 8** **The Gap Linear Walk**
Length: 7km Time: 3.5hrs
- 9** **The Boolas Linear Walk**
Length: 9km Time: 4hrs
- 10** **The Boolas/Gap Loop Walk**
Length: 9/10km Time: 4.5hrs

S Services
Village Shop and Local Pub

Strictly no dogs allowed on loops/trails.

LEAVE NO TRACE
Principles of Outdoor Ethics

- 1 Plan Ahead And Prepare**
 - Respect any signs, regulations, policies and special concerns for the area that you wish to visit.
- 2 Be Respectful Of Others**
 - Park appropriately.
 - Respect land owners, managers and their property.
 - Let nature's sounds prevail.
- 3 Respect Farm Animals and Wildlife**
 - Strictly no dogs allowed on Loops/Trails.
 - Observe wild animals and birds from a distance.
- 4 Dispose Of Waste Properly**
 - "Pack it in, pack it out"
- 5 Leave What You Find**
 - Respect property.
 - Preserve the past.
 - Conserve the present.
- 6 Keep to Durable Ground**
 - Durable ground includes established tracks, rock, gravel, dry grasses or snow.
 - To avoid further erosion stay in the centre of tracks.
- 7 Minimise The Effects Of Fire**
 - Where possible avoid open fires in the countryside.
 - Where fires are permitted use an established fire ring, barbecue or create a fire mound.
 - Keep fires small.

For more information contact:
Rathgormack Hiking Centre
Tel: +353 (0)83 4136168 Web: www.rathgormack.ie

What to wear and carry:
Walking boots, wet gear, hat, gloves, warm clothes, food, water.

In case of emergency:
In the case of an emergency please dial 112 or 999.

Accommodation Providers

- Hotels and B&Bs**
- Carraig Hotel, Carrick-on-Suir**
T: 051 641455
E: info@carraighotel.com
 - Glasha House, Ballymacarby**
T: 052 6136108
E: glashahouse@eircom.net
 - Hanora's Cottage, Ballymacarby**
T: 052 6136134
E: hanorascottage@gmail.com
 - Nagle's Bar and Guesthouse, Kilsheelan**
T: 052 6133496

Check out the Hotels/B&Bs etc in nearby Clonmel (17k), Dungarvan (29 k) and Ballymacarby (22k).

- Self Catering**
- Rathgormack Hiking Centre**
T: 083 4136168
E: info@rathgormack.ie
 - Nell's House, Rathgormack**
T: 051 646102
E: info@nellsfarmhouse.ie
 - Ballymacarby Hostel**
T: 087 2664001
E: info@ballymacarby.com

- Restaurants, Cafés, Pub-Grub**
- Cafewest, Carrick-on-Suir**
T: 051 649834
 - Marty's Pantry, Sean Kelly Square, Carrick on Suir**
T: 051 645474
 - Laura's Restaurant, Waterford Rd., Carrick on Suir**
T: 051 640375
 - Dragon Inn, Kickham St, Carrick on Suir**
T: 051 645720
 - Kilkieran Cottage, Castletown, Carrick on Suir**
T: 051 645110
 - O'Ceallacháins, Main Street, Carrick on Suir**
T: 051 645502
 - Sunnyside Cafe, Main Street, Carrick on Suir**
T: 051 642717
 - The Junction Bar & Bistro, New Street, Carrick on Suir**
T: 051 640156
 - Far East, Main Street, Carrick on Suir**
T: 051 641198
 - Lily Mai's, Dove Hill, Carrick on Suir**
T: 051 645603

- Craft and Retail**
- Broadleaf Design**
T: 086 3395867
 - Walking Guide**
Michael O'Donoghue
T: 087 2927077



Other Things To Do/See In The Area

- Golf:** Carrick-on-Suir 051-640047 and Clonmel 052-6124050 are less than 15 mins away.
- Cycling:** The many quiet roads make the area ideal for cycling enthusiasts. Why not follow the Waterford Cycling Trails or the Waterford Greenway? Bike Hire available from OK Cycles & Sports, Carrick on Suir 051 640626.
- Beaches:** Tramore, Annewstown, Clonea, Bonmahon, Stradbally are all about 30 minutes away. Copper Coast Geopark 051-292828 and beautiful coastal drive.
- Horse Racing:** Clonmel, Tramore, Gowran Park. Local training establishment nearby: Pat Flynn Racing 051 646194.
- Sightseeing:** Visit Mahon Falls and Coumshingaun, two of Ireland's most spectacular glacial features. Follow the Comeragh Drive or the Waterford Cycling Trails. Venture further afield to the Nire Valley, the Vee, historic Lismore or Dungarvan.
- Walking:** Walk with Rathgormack Ramblers www.rathgormackramblers.blogspot.com
- Leisure:** Seán Kelly Sports Centre, Carrick-on-Suir 051-640955.
- Fishing:** the lakes in the Comeraghs or the Suir or the Clodiagh, ten minutes walk from the Hiking Centre? Ask the locals about the hot spots!
- Traditional Music and Set Dancing:** Rathgormack and Carrick-on-Suir.
- Festivals:** Clancy Festival in Carrick in June and Horse Racing Festival in Tramore in August. Nire Valley Walking Festival in October.

Heritage

- Stone Age:** Ballyquin Dolmen and Knockroe Passage Grave (predates Newgrange) www.prehistoricwaterford.com
- Bronze Age:** Two interesting sites in the Comeraghs – Milk Hill and Coumaraglin. Why not plan a walk and find the standing stones, stone circles etc?
- Medieval Times: Ormond Castle** Carrick-on-Suir (seasonal) 051-640787. The castle (and only Tudor Manor House in Ireland, built by Black Tom Butler) was the stronghold of the Earls of Ormond in the middle ages. Check out the Butler Trail.
- Curraghmore House and Gardens** with Shell House in Portlawn (important power base of the Norman "Le Poer" or Power family) T: 051-387101 Check website for events www.curraghmorehouse.ie
- Historic Kilcash at the foot of Slievenamon
- Mothel Abbey and Holy Well
- Cuan and Brógán Church with Harry Clarke windows in Clonea
- Ahenny and Kilkieran High Crosses

Other Visitor Attractions

- Heritage Centre, Carrick-on-Suir** T: 051-640200
- Waterford and Suir Valley Railway** T: 051-384058
- Waterford City Walking Tour** T: 051-873711
- Blarney Woollen Mills Carrick** T: 051-645013
- Waterford Greenway** www.visitwaterfordgreenway.com
- Suir Tow Path**

