

# Annual Report April 2017 - March 2018



# #ibelieveyou

Approaching RSVP's 40 years of boldly supporting sexual abuse survivors, 40 years of big hearted empathy, and 40 years of believing survivors

PO Box 9558  
Birmingham  
B4 7QE

Office: 0121 643 0301  
Helpline: 0121 643 4136

email: [info@rsvporg.co.uk](mailto:info@rsvporg.co.uk)  
[isva@rsvporg.co.uk](mailto:isva@rsvporg.co.uk)  
website: [www.rsvporg.co.uk](http://www.rsvporg.co.uk)

Social Media: [facebook.com/RSVPWM](https://facebook.com/RSVPWM)  
[@RSVP\\_West\\_Mids](https://twitter.com/RSVP_West_Mids)  
[Instagram.com/RSVPWM](https://Instagram.com/RSVPWM)



a world free from sexual violence and abuse

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# Welcome



RSVP is moving into its 40<sup>th</sup> year having supported survivors of rape and sexual abuse since November 1978. During this time society has discussed sexual abuse more in response to high profile cases, the unveiling of wide-scale institutional abuse and the realisation of the numbers of people affected by abuse.

With ever-changing public awareness and increasing confidence in addressing rape and sexual abuse, RSVP has grown and diversified as the need and demand for our services increases. By offering a wide range of opportunities of support we can meet the holistic needs of children and adults affected by sexual trauma. Between April 2017 and March 2018, RSVP supported over 7,739 survivors, and this doesn't count the 29,860 visits to our website from people who might consider contacting us for support.

Our specialist services included:

- Telephone counselling and helpline
- Coffee morning support groups
- Online support through our Taste of Recovery package
- Refugee and asylum seeker support
- Group counselling
- Independent Sexual Violence Advocate service for both adults and children
- Counselling for survivors and their supporters

At the same time not only did our clients report an improved confidence level across our services of 73%, RSVP also won a national award, the prestigious GSK IMPACT award, in partnership with the Kings Fund. What an achievement for RSVP!

This year we've also had some changes to our board of trustees. Last year we were voted in as joint chairs and also welcomed several new trustees, working alongside us and existing trustee, Nigel Burbidge:

- Simon Bateman
- Raman Dhillon
- Patrick Longley (Treasurer)
- Rachel Scott

RSVP wouldn't be able to offer its amazing service without the support from a wide ranging group of dedicated people, be that fellow trustees, staff, and volunteers, as well as everyone that has provided or donated funds (you know who you are, but we have provided a list at the end of this report) and for anyone that has contributed to the work of RSVP.

On behalf of the trustees and all the people we've supported, we would like to say thank you to the dedicated team of staff and volunteers providing the front line support at RSVP. RSVP would not be the organisation it is without you! Thank you.

This annual report focusses on the last year of dedicated service that RSVP provides, but it would be remiss of us not to say the last 40 years was just the start, onto the next ...

Jason Clark and Sally Plumb, Joint Chairs.

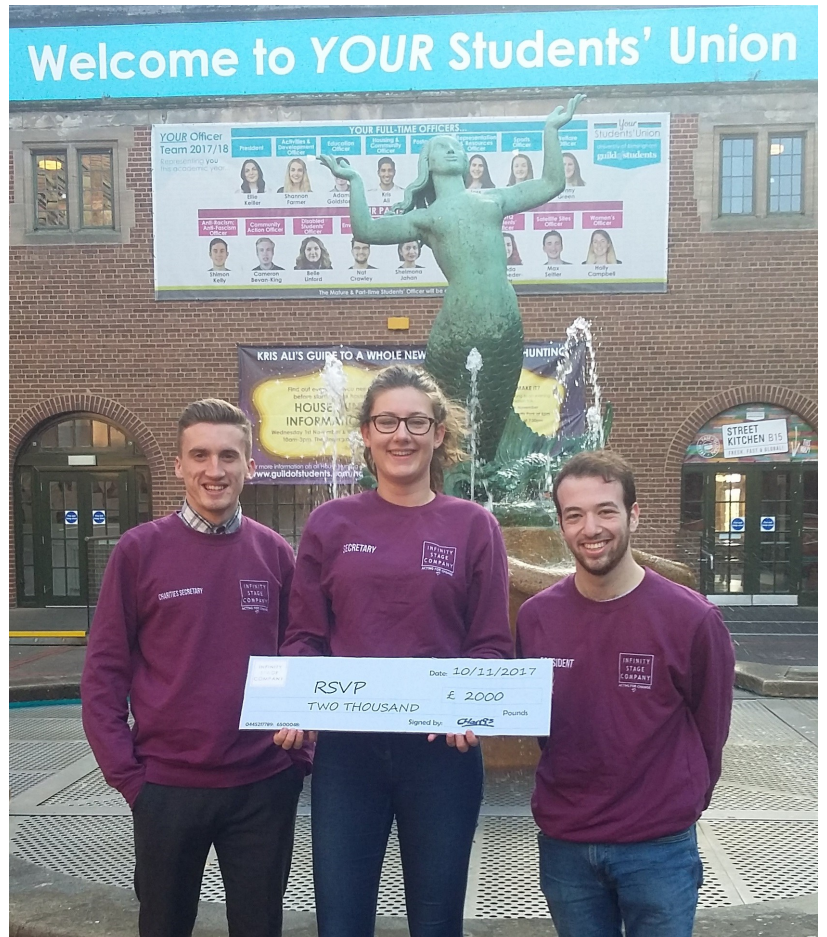
Final word from incoming Chair, Jason Clark; it is with sadness that Sally Plumb is standing down as the chair at this year's AGM. She has led the trustees and worked with RSVP for a very long time. She is not leaving the board, so we will be able to call upon her wealth of knowledge for some time to come. On behalf of Lisa, our CEO, and the trustees, thank you, Sally, for your dedicated support.



# Reflections



Massive Goal Setting Seminar with David Hyner



Receiving the cheque from Infinity Stage Company



Lisa at the Lions Autumn Forum



Lisa saying thank you for Vale Fest — University of Birmingham



# Reflections



Our new counselling room in Chelmsley Wood



Sugar craft — Chinese Women's Group



Anjella collecting a donation from In the Doghouse — Solihull



Our stand at Pride 2017

# Our Impact

## Number of survivors supported

1709 through adult counselling	129 through child counselling	61 through Child & Young Persons' crisis counselling	
25 through group counselling	55 through outreach centres	34 through telephone counselling	
58 through Refugee & Asylum seeker counselling	<b>7,739</b> TOTAL NUMBER OF SURVIVORS SUPPORTED representing a <b>45%</b> increase on last year's figures	3911 through telephone helpline	
68 through our coffee mornings		165 through social groups	
1172 through Adult ISVA Including 135 LGBT survivors		327 through Children's & Young Persons' ISVA	23 through Irwin Mitchell's drop in legal clinic
33 through The Red Project (sex worker project)		29,860 through visits to our website	276 through on-line support Taste of Recovery Package



# Our Impact

## Numbers of Survivors

### Wellbeing Outcomes

73% of survivors reported an increased feeling of confidence

65% reported an increased ability to cope with the effects of trauma

82% felt better able to make independent decisions

72% of ISVA survivors felt better informed about police and court processes due to ISVA support

### Survivor profile

84% are female

13% are male

1% are trans or non-binary

2% did not disclose their gender

49% are survivors of childhood sexual abuse

32% disclosed a mental health issue, learning or physical disability

38% are 25 years of age and under



Brilliant staff! RSVP do a lot more than just support, they gave me a reason to keep on living.



## Counselling and Wellbeing support

Our counselling and wellbeing support continues to grow; this year we offered counselling to a total of 2071 children and adult survivors, an increase of 34% from the previous year. The growing need for our services means we need to increase capacity to support this.

Traditionally, RSVP has closed for two weeks over the Christmas and New Year period. In response to feedback from clients, we offered advocacy support, telephone helpline support and two drop in social groups over this period. Clients have fed back that this support was really helpful over what can be a difficult time of year for some.

In October, we started a pilot for 12 months, offering group counselling to female survivors. This was in response to feedback received from clients attending the psycho educational Cope and Recover Groups who felt they would benefit from a therapeutic group, and from those clients who said they would prefer group counselling to that of individual counselling.

December saw us looking for new premises for our outreach centre at Chelmsley Wood, as the room we had generously been given free of charge by the Citizens' Advice Bureau was no longer available. With the help of a generous donation of £2,000 we secured another space, increasing our appointments from 6 per week to 18 per week.

We opened our Kings Heath outreach centre in March 2018 offering 6 appointments per week, meaning clients who live in that area can access support locally should they want to.

We launched our new online support package, Taste of Recovery, in December. This is a new way for survivors waiting for counselling to access practical support from RSVP. Delivered in bite-size chunks the tool identifies the effects of sexual trauma and develops coping strategies for improved emotional wellbeing. It was made possible with support from the People's Postcode Trust and West Midlands Police and Crime Commissioner, and replaced the Cope and

Recover project we previously offered. So far 276 clients have benefited from using this tool.

We were supported by the Centre of Expertise for Child Sexual Abuse to transform our monitoring tools across all our children's services. This work is ongoing and will ensure that our outcomes meet with the needs and priorities of children and young people and that we can better evidence the important work that we do.

June saw us offering a specialist service for asylum seekers and refugees survivors. We work closely with refugee/migrant agencies such as Freedom from Torture, the Meena Centre, Hope Projects, and ASIRT to reach this client group. Capacity needs to increase to meet the growing need for this service.

### Telephone Counselling

This has proved very successful after the initial 12 month pilot. We now have 3 counsellors offering this service. We plan to extend this service next year so more survivors can benefit from this.

### Telephone Helpline

We are continuing to see an increase in clients requesting support via the helpline. This year we supported 3911 clients. We continue to recruit more helpline volunteers.

My counsellor got me through a very difficult period

### Future Plans:

- Decrease survivors' wait for counselling
- Increase the number of counselling sessions offered for children
- Offer further outreach support, especially in geographical areas where a high proportion of the survivors we support live
- Increase our helpline opening hours





## Advocacy Support for Survivors

The Independent Sexual Violence Advocate (ISVA) team of 11 continue to work in partnership with UHB's Umbrella Sexual Health Services, broadening the scope of advocacy support we can offer to survivors. The team continues to be funded through UHB, West Midland's PCC, Birmingham Community Safety Partnership, Birmingham City Council, and the Home Office, and includes three children's ISVAs (working with under 18s), two LGBT ISVAs, and six adult ISVAs (working with 18 years olds and above).

Our ISVAs continue to work collaboratively with other agencies and organisations:

- We continue to attend the ASC (Abuse Survivors' Clinic) twice a month at Whittal Street Clinic, Birmingham city centre. We also attend the ASC in Chelmsley Wood, once a month, and Solihull, twice a month.
- We continue to offer our free drop-in Legal Clinics, in partnership with a lawyer from Irwin Mitchell Solicitors. 23 survivors benefitted from receiving legal advice.
- We continue to work with the SAFE Project through Umbrella, supporting female survivors who are also sex workers. We provide outreach support at SAFE weekly drop-in clinics and monthly outreach sessions, to provide support in locations where women already go.

My ISVA was amazing and made me feel I could continue with the trial.

A truly compassionate service.

- We are working with Crasac and Black Country Women's Aid as part of the West Midlands consortium of sexual abuse services, developing and delivering the 'Red Project'. This outreach service supports females working as sex workers, providing sexual violence prevention advice to them. This is a three year project and is funded by the Tampon Tax fund. 33 females have benefitted from this service. Our Sexual Violence Prevention Worker, Claire, attends regular forums for professionals supporting sex workers, set up in conjunction with West Midlands Police. Claire continues to work closely with Umbrella, and attends a sex worker 'drop in' clinic at Whittal Street Clinic, and one at the SAFE Project.

We supported **1,172**  
adults this year through our  
advocacy service -  
that's an increase of  
**43%**  
from last year

### Future plans for the ISVA Team:

- Continuing supporting the ASCs
- Offer outreach support to 'online sex workers'



## Advocacy support for Child Survivors

Our three children's ISVAs support children between the ages of 5 and 18. Where the survivor has been under 5 we have supported their parents, and so, in turn, enabling them to help their child. Below is an example of the outstanding work our ISVAs undertake.

### Case Study

L was referred to the children's ISVA service by a sexual assault referral centre (SARC) following a serious sexual offence. She was in a very fragile condition and needed a very calm and patient approach. Her mother was very distressed and also needed a lot of emotional support and re-assurance.

L's first concern was confidentiality; she was terrified that news of the ordeal would spread. She was a victim of bullying at school, and she felt life would be unbearable if her peer group were to become aware of what had happened to her. We were careful to reassure her of our strict confidentiality procedures.

Sexual health became a pressing concern during my time supporting L. During assessment she assured me that she already accessed sexual health support. However, several months later when we'd established rapport, she confessed that she'd discarded the medication given on leaving the SARC and was now very afraid that she was suffering from an infection. It was important to support her to engage with a sexual health service, not only to help in her current urgent dilemma, but also for her health and resilience in the future.

After much discussion L agreed that a visit to a sexual health clinic was needed. Our first approach was to a young person's walk-in clinic but at the last minute she felt she couldn't go through with the

We supported **224**  
children and young people  
this year through our  
advocacy service – that's  
an increase of  
**31%**  
from last year

appointment. We decided that we'd make an appointment at a clinic for the following week, giving her time to recover her nerve. She also agreed to enlist mum's support. I accompanied L and her mum to the appointment the next week and she agreed that it was far less an ordeal than the fear in her mind had conjured up. The next day mum received all the results and a plan for treatment.

As is so often for our young clients, the fear and embarrassment of their ordeal can be quickly assuaged when they have choices and feel able to make their own decisions, which the ISVA service can ensure.

I'm happy that someone can help us with all the anger and fear.

*Mother of a 4 year old client*

I'm feeling relieved and ready to move on.



## Advocacy Support for LGBT Survivors

Our specialist Lesbian, Gay, Bisexual and Trans (LGBT) Advocacy (ISVA) service continues to provide emotional and practical support for LGBT survivors of sexual abuse, violence, exploitation, coercion and sexual hate crimes (such as so called “corrective” rape), working with other agencies and organisations.

- We continue to work closely with Birmingham LGBT Centre, and co-deliver specific LGBT advocacy support with them. Our two LGBT advocates are part-based at the LGBT Centre.
- Our LGBT’s attend a weekly LGBT Clinic and a monthly Trans Clinic there. They promote the service at Birmingham Pride each year.
- They also deliver training on the specific barriers faced by LGBT survivors to other professionals at the LGBT centre, on a weekly basis, supporting survivors who prefer to be seen there.
- We began offering support at the new Lesbian & Bi Well Women’s Clinic that were run at the LGBT centre.

Bev, one of our LGBT ISVAs writes:

“I became an ISVA to help survivors to have their say, and get the help and support to overcome the impact of sexual abuse, and not face prejudice or mistreatment. As a member of the LGBT community myself and as a professional, I have a wealth of knowledge and experience of the impact and trauma of any sexual abuse on LGBT people. I am passionate about developing and providing this much needed service.”

We’ve supported **135** survivors from the LGBT community this year

My ISVA was amazing - they gave me so much emotional support and understanding



Our LGBT ISVAs, Bev & Mark, at Birmingham Pride, 27 May 2017

## Other ways we supported survivors

### Social Groups

Our free social groups have been going for **10 years** now! They meet once a month, and are an informal and friendly way for survivors of all genders to socialise and try out different, fun activities in a safe environment.

Activities this year have included:

- Yoga
- Tai Chi
- Cake Decorating
- Quiz night
- Mini Golf
- Ikon Gallery
- Meeting Flossie the Dog
- Martineau Gardens
- Moseley Park
- Bring & Share
- Craft Making

Our written information sheets provide a range of strategies to help survivors cope with the trauma of sexual violence and abuse and we are continually adding topics as suggested to us by clients. These can be found on our website: <https://rsvporg.co.uk/resources/self-help/>

### Arts with Hearts

Arts With Hearts is a survivor led social group, where crafts are made to sell, benefitting other survivors through the fundraising for our services.

The group meets regularly to get creative and socialise with other survivors. Crafts created are sold at various markets, fairs, shops and cafes around Birmingham.



### Monthly Coffee Mornings

Our coffee mornings continue to be popular. Each session is themed around an issue commonly affecting survivors and they are offered self-help strategies to cope with this. The programme is designed by clients

Topics explored this year have been:

- Discovering balance through body awareness
- Different ways to exercise
- How the 5 senses help recovery
- Benefits of alternative therapies
- What is journaling?
- Improving mood through laughter yoga
- Creating a personal affirmation plaque
- Coping with the winter season
- Tai Chi for well-being
- Developing a mindful gauge – knowing what you need
- Animal assisted therapy
- How do you cope? Sharing stories of hope

## What we achieved through Training

At RSVP we passionately believe in sharing our specialist experience and expertise to other external organisations and agencies so survivors can be provided with the support they deserve.

### The number of delegates trained & topics delivered included:

- 300** How to safely support sexual abuse survivors—HEFT Safeguarding Conferences
- 145** Trauma informed responses to childhood and adult sexual abuse - including safeguarding responses
- 206** How to safely support survivors and the Golden Opportunity training
- 309** Safely supporting survivors of abuse
- 20** How to support survivors enquiring about criminal action
- 80** Overview of services offered by RSVP
- 120** Challenging the Medical Model & Giving a Trauma Informed Response
- 11** Understanding perpetrator behaviour and the effects of grooming
- 30** Consent and sexual violence
- 15** An understanding of attachment and trauma
- 12** Working therapeutically with the impact of sexual abuse

**1248**

The number of external individuals trained last year

We organised and delivered specialist training to our team on:

Health & Safety – using an evacuation chair

Leadership Training via the Ella Forum

Digital platforms & how charities can use them

Chemsex – training by Birmingham LGBT

Gender Identity

The needs of online sex workers

The roles of trustees

As part of the original Transformation Project begun in 2016 we produced a series of films to improve support for sexually abused children in Birmingham. These can be viewed via our website: <https://rsvporg.co.uk/resources/videos/>

Also developed were 12 trauma informed posters to educate others about how children might react, feel, and behave in response to sexual abuse. These can be printed off from our website: <https://rsvporg.co.uk/resources/posterrange/>

If you have a training need related to sexual abuse and trauma please get in touch. You'll find more information on our website: <https://rsvporg.co.uk/training/>



# Working in Partnership



We continue to recognise the value of working in partnership to provide survivors streamlined access to the highest level of professional support needed.

## Partners we continue to work with:

**Birmingham Community Healthcare NHS Trust Learning Disability Service** – an in-house learning disability clinical psychologist strengthens our responses to learning disabled survivors. As well as working directly with these clients, the psychologist trains the team and provides one-to-one guidance and support to counsellors working with disabled survivors. This is a one year pilot and a report evaluating its success will be published later this year.

**Irwin Mitchell Solicitors** – this free clinic still continues to be well attended (see page 7).

**Paediatric Sexual Assault Services (PSAS)** – we continue to offer up to 10 sessions of crisis support to children recently abused who live in Birmingham and Solihull. This new service has been successful in as much that we are meeting targets in conjunction with the SARC and CRASAC; what it has identified is the need to increase our children's team.

**Forward Thinking, part of the Children's Hospital** – on the DOH Transformation Project. RSVP led on developing training and resources for children, parents, families and professionals, working alongside Barnardo's Amazon & Space projects and the Children's Society, to improve responses to sexually abused children. A series of films were produced featuring interviews with the RSVP team on topics such as supporting LGBT survivors and disabled survivors, gang and organised abuse, and the impact of grooming. These films are available to watch via our website. Also produced were a series of trauma informed posters encouraging adults to spot abuse better and ask difficult questions to facilitate safe exploration and disclosure of abuse.

Continuing from this work, RSVP and Barnardo's were invited by Forward Thinking to evaluate and strengthen their support to children who have experienced sexual abuse, to be conducted during 2018.

## Working with Umbrella and associated partners:

Work continues in partnership with Umbrella Sexual Health Services, which began in August 2015, promoting sexual health and preventative care to people in Birmingham and Solihull. RSVP ensures survivors of sexual violence and abuse have access to sensitive sexual health services and specialist support.

**Birmingham LGBT** – working to scope services for male sex workers and sexually exploited boys and men.

**SAFE Project** – working to reshape services for female sex workers in the Birmingham and Solihull area. There is a monthly outreach service giving advice and advocacy via a van from 7:00pm until 12:00am around the red light districts.

**Red Project** – working closely with Crasac and Black Country Women's Aid providing sexual violence prevention advice to female sex workers in Birmingham and Solihull (see page 7).

We continue to have a presence on different city wide, local and regional strategic and operational boards and groups, where we represent survivors needs and views. Our profile and reach is wide, demonstrated by the range of meetings we sit on:

West Midlands PCC Victims Commission; Umbrella Senate; Umbrella Safeguarding & Sexual Violence Sub group; Umbrella Young Person's Group; West Midlands wide Rape & Sexual Offences Strategic Governance Group; Birmingham Violence Against Women & Girls Steering Group; SARC Operational Group; CPS Scrutiny Panel; WM Police Scrutiny Panel and COG meetings about how to safeguard particular survivors of Childhood Sexual Exploitation.



# Achievements and Future Aims



In March this year we were selected as one of only 8 out of more than 350 organisations to receive a 2018 GSK IMPACT Award of £30,000. This prestigious national award recognises charities that are doing excellent work to improve people's health and well-being.

As part of our win we shall receive expert support and development from The King's Fund.

A film will also be produced showing the services we offer and the impact they have on the people we support.

As finalists we were invited to attend the awards night in London on 17 May where the overall winner will be announced, where they will receive an additional £10,000.

## Strategic Aims for the coming year include:

### Reducing the waiting list

Adults requesting counselling have faced a significant wait before their first session. This is a common issue faced by other sexual abuse support agencies across the country. The need for specialist support is growing at a far greater rate than service capacity growth. Survivors, particularly those victimised in childhood, have often been silenced for many years. It is vital that services like ours make survivors feel heard, and supported, immediately. Increased service provision and diversified service provision via outreach, group and telephone counselling, will decrease the waiting times that new clients face.

### Reducing client cancellations

We are moving to a 24 week system, as opposed to 24 sessions over an undetermined number of weeks. This means that clients will know when their counselling will end and will hopefully result in

increased engagement with the sessions they are offered.

### Increase unrestricted income

Unrestricted income in the form of donations, fundraising activities, corporate sponsorship, and trading is really important to offset some of our reliance on grant funding as it allows us to replenish depleted reserves and gives us the flexibility to respond to client need.

### Appointment of an auditor

As our income reaches £1 million we shall be looking to appoint an independent auditor.

### Rape Crisis England and Wales

Our aim is to re-join Rape Crisis England and Wales, having last been a member in the late 1980s. RSVP will be joining other sister agencies to benefit from wider UK funding opportunities. We shall also have the ability to learn from other specialist rape and sexual abuse organisations.

*I was impressed with how the counsellor reflected on our sessions and thought about how we could best use future sessions to meet my needs.*



# Funding

RSVP are grateful to our wide range of funders and supporters. Grant funding and commissioned contracts remain our primary source of income and a vital part of our ability to maintain our core services. 2019 and 2020 see the end of some multi-year grants and so 2018 will focus on securing new funding opportunities. RSVP recognises the need to increase our income through unrestricted funding and as we celebrate our 40th anniversary this year this is an excellent opportunity to increase our fundraising activities.

Last year **92%** was grant income and **8%** was unrestricted funding.  
Total income was **£987,193.**

## Income Generation:

- **Arts with Hearts**, which raised £853
- **Private Counselling** for survivors who were able to pay for specialist sexual abuse support, offered separate from, and in addition to, our main free counselling services. This raised £3,110
- **Specialist training for professionals**, which brought in £2,930

*Big thanks to everyone who supported us in a variety of ways, we are very grateful to you all.*

We raised **£79,926** unrestricted funding through income generation and fundraising, an increase of **21%** from last year.

- Fundraising - some ways we received donations:
- Infinity Stage Company at University of Birmingham raised £2,000
- The Heat is On - the fiery meal raised £1,386
- Vale Fest raised a massive £20,052.55 for us
- Massive Goals Event presented by David Hyner raised £1,042
- NatWest Bank dress down day raised £250
- Irwin Mitchell have raised £3,441.05 through various fundraising activities
- In the Dog House, Solihull raised £250
- Swanshurst School disco raised £121.33
- Warwickshire Masonic Charitable Foundation Ltd raised £5,000
- Bournville Harriers Running Club raised £174 from their Christmas raffle
- Birmingham China Town Lion's Club raised an impressive £5,000

**Everyclick raised £624 for RSVP.** Make Everyclick your internet search engine and nominate RSVP as your charity. Every time you click on the internet we get a small sum of money at no cost to you.

Other ways you can donate without it costing you a penny is through Give as you live, and Ebay. For more information on how to do this visit our website: <https://rsvporg.co.uk/support-us/support-us/>





# Funding



## Funding our 40/40 Appeal

We launched our appeal early in 2017, as we're approaching our 40th birthday in November 2018. That's 40 years of boldly supporting sexual abuse survivors, 40 years of big hearted empathy, and 40 years of believing.

We're aiming to raise **£40,000** through donations in 2018.

**£28,707**

Money raised (up to 31 March 2018)  
for our 40/40 Appeal.

There are lots of different ways that you can support us. However you do, don't forget to share it online using hashtag **#ibelieveyou** and spread the word that you believe survivors.

**Everyclick.** Make Everyclick your internet search engine and nominate RSVP as your charity. Every time you click on the internet we get a small sum of money at no cost to you.

**Give as you live.** A shopping app that directs a percentage of every purchase you make to us, at no extra cost to you! Simply visit; [www.giveasyoulive.com](http://www.giveasyoulive.com) or [www.easyfundraising.org.uk](http://www.easyfundraising.org.uk) to learn more and download the apps.

**Text your donation to;** RSVP30 £5 (or any other amount) to 70070.

**Fundraise for us!** If you would like to fundraise for us, we would be hugely grateful! Bake sales, dress down days and fun runs are all great ways of raising much needed funds. Our Fundraising Pack will get you started. Download it from: <https://rsvporg.co.uk/wp-content/uploads/Fundraising-Pack-2.pdf>

We'd like to thank the following corporate donors for regularly donating to our appeal:

JMW Associates  
Krean Property  
Lifetime Independent  
Michael Doolin HR  
Quadaus Living

## Our Capital Appeal —Together we build

We're looking for businesses and individuals to support us to expand our support to abuse survivors. We aim to purchase, for the first time, a building, in an area of great need. We'll turn it into a centre for abuse survivors, including a children's room to support the growing number of young people needing counselling and advocacy.

We are very grateful to Ian at Warwick Vesey for starting our campaign by donating £1,200. Thank you, Ian!

If you're a local business and would like to show your support to people affected by sexual abuse, and assist us in buying our first ever property, visit our website: <https://rsvporg.co.uk/support-us/capital/>

**£4,154.11**

Money raised (up to  
31 March 2018) for  
our Capital Appeal.



# Funding

## It's Only 200 Miles!



Thank you for everything, every interaction, every kind word, and every piece of advice that your team have given me; they have clearly gone above and beyond every expectation I had.

£4,282.26

The amount raised by Lisa through her GB Ultra run.

Lisa, our CEO RAN 200 MILES in the GB Ultra from Saturday 19th August to Wednesday 23rd August 2017. She had 100 hours to cover this mileage in and did it in less than 88 hours. This amazing feat was featured in 'Runner's World' Magazine, November 2017.

This cause is close to Lisa's heart. "I use my ultra running to highlight the amazing work that we do at RSVP, to fundraise for them and to give a message to victims and survivors that once you are empowered you can do anything that you set your heart to.

We rely on donations and have to fundraise to secure every penny that we need. We are grateful for every donation made, however small it might seem, as we know that every penny and pound can make a difference."



If you would like to fundraise for RSVP you can download our fundraising pack from <https://rsvporg.co.uk/wp-content/uploads/Fundraising-Pack-2.pdf>



# RSVP Team



## Trustees

Liz Alvey  
Simon Bateman  
Nigel Burbidge  
Jason Clark—Joint Chair  
Raman Dhillon  
Patrick Longley  
Sally Plumb—Joint Chair  
Rachel Scott  
Gemma Whitchurch

## Staff

Jens - Senior Counsellor  
Heather - Counsellor  
Katrina - Children's & Young Person's ISVA  
Jade - ISVA  
Jackie - Administrator  
Annabel - Team Leader  
Gail - ISVA  
Natalie - Counsellor  
Heather - Senior Counsellor  
Jemma - Counsellor  
Anjella Darcy - Head of Counselling and Wellbeing  
Maria - Team Leader  
Sara - Administrator  
Frances - Counsellor  
Abba - Group Counsellor  
Natalie - ISVA  
Beverley - Counsellor, Group Facilitator, LGBT ISVA  
Lisa - ISVA  
Jules - Children's Counsellor  
Martha - Specialist Trainer  
Emma - Counsellor  
Eleni - Counsellor, Group Facilitator  
Eva - Social Group Facilitator  
Sarah Lafford - Head of Business Development  
Stephen - Helpline support worker  
Yvonne Langham - Head of ISVA Services  
Julie - Counsellor  
Kelly - Counsellor  
Denise - ISVA  
Gurjit - Counsellor  
Catherine - Counsellor, Group Facilitator

Lisa - ISVA  
Claire - Sexual Violence Prevention Worker  
Narinder - Counsellor, Client Assessor  
Denise - Counsellor  
Fiona - ISVA, Social Group Facilitator  
Janet - Social Group Facilitator  
Jemma - Receptionist  
Elaine - Counsellor  
Carleen - ISVA, Counsellor  
Christine - Counsellor  
Jo - Counsellor  
Sharie - Children & Young Person's ISVA  
Colette - Social Group Facilitator  
Katie - Counselling & Helpline Services Team Leader  
Jagdeep - Group Facilitator  
Mark - ISVA, Helpline Team Leader  
Maria - Counsellor, Client Assessor  
Beverley - Counsellor  
Janette - PA  
Edit - Counsellor  
Sarah - Asylum & Refugee Support Worker  
Lisa Thompson - Chief Executive  
Lisa - Counsellor  
Margaretta - Children & Young Person's ISVA  
Sandra - Counsellor, Cope and Recover Facilitator  
Cara - Counsellor, Cope and Recover Facilitator  
Lynne - Counsellor  
Rebecca - Specialist Trainer



# RSVP Team



## Counsellor Volunteers

Richard  
Lalita  
Tarnveer  
Jenny  
Laurisa  
Dina  
Annette  
Mark  
Beverley  
Eleni  
Kate  
Julie  
Denise  
Catherine  
Yvonee  
Rebecca  
Janet  
Karen  
Sharie  
Colette  
Susan  
Israel  
Stephen  
Angela  
Tess  
Sheleen  
Belinda  
Melanie

## Helpline Volunteers

Nerisa  
Tayaba  
Shirin  
Shantel  
Punam  
Leanne  
Lucy  
Jagienka  
Gurby  
Sarah  
Stephen  
Dominee  
Eleanor  
Maddie  
Katie  
Cathleen

## IT/website/social media Volunteers

Harry  
Andy  
Sarah Lafford  
Lisa Thompson



# Thanks

A heartfelt thanks go to all our funders and donors, both individuals and companies. Your ongoing support has allowed us to continue providing compassionate and professional services to survivors and their supporters.

## Special Thanks for Continued Support

All donors who donate monthly via Local Giving  
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Irwin Mitchell  
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Hair by Sally Marie  
St Peter's Church  
In the Doghouse – Solihull  
Mike Blackham  
Mr & Mrs Higgins  
Jo Whiting – sponsored run  
Patrick Hayes  
John Ellis  
Alex Ferguson – ran the Wolf Run  
Vito Giambalvo – ran the Great Midlands Fun Run  
Anyone raising donations via Skyline

And everyone else who has donated and supported us – a big thank you to you all!

## Funders

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PSAS – Paediatric Sexual Assault Services from NHS England  
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University Hospitals Birmingham Foundation Trust  
West Midlands Police & Crime Commissioner

Thanks also to those who supported us through text donations; donating their Better Points as cash; buying goods online via Give as You Live; donated via The Top Charity; searched on the internet using the Every Click platform; donated via PAYE or PayPal Giving Fund; attended our corporate events; doing sponsored events; buying from our online Wish List – we thank you all!

