UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D. C. 20549

FORM 10-Q

(Mark	rk One)	
X	Quarterly Report Pursuant to Section 13 or 15(d) of the Securities 1	Exchange Act of 1934
	For the quarterly period ended Mar	rch 31, 2010
	Transition Report Pursuant to Section 13 or 15(d) of the Securities	Exchange Act of 1934
	For the transition period from	to
	Commission file number 1-1129	94
	Unum Group)
	(Exact name of registrant as specified in its chart	er)
	Delaware (State or other jurisdiction of incorporation or organization)	62-1598430 (I.R.S. Employer Identification No.)
	1 Fountain Square Chattanooga, Tennessee 37402 (Address of principal executive offices)	2
	423.294.1011 (Registrant's telephone number, including area of	ode)
	Not Applicable (Former name, former address and former fiscal year, if change	d since last report)
the p	licate by check mark whether the registrant (1) has filed all reports required to be filed by Sector preceding 12 months (or for such shorter period that the registrant was required to file such rethe past 90 days. Yes 🗵 No 🗆	. ,
be su	licate by check mark whether the registrant has submitted electronically and posted on its corpsubmitted and posted pursuant to Rule 405 of Regulation S-T (§232.405 of this chapter) during strant was required to submit and post such files). Yes \boxtimes No \square	
defin	licate by check mark whether the registrant is a large accelerated filer, an accelerated filer, a not finitions of "large accelerated filer," "accelerated filer" and "smaller reporting company" in Runeck one): Large accelerated filer \boxtimes Accelerated filer \square Non-accelerated filer \square Smaller	le 12b-2 of the Exchange Act.

332,822,833 shares of the registrant's common stock were outstanding as of April 30, 2010.

Indicate by check mark whether the registrant is a shell company (as defined in Rule 12b-2 of the Exchange Act). Yes \square No \boxtimes

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Cautionary Statement Regarding Forward-Looking Statements

The Private Securities Litigation Reform Act of 1995 provides a "safe harbor" to encourage companies to provide prospective information, as long as those statements are identified as forward-looking and are accompanied by meaningful cautionary statements identifying important factors that could cause actual results to differ materially from those included in the forward-looking statements. Certain information contained in this Quarterly Report on Form 10-Q (including certain statements in the consolidated financial statements and related notes and Management's Discussion and Analysis), or in any other written or oral statements made by us in communications with the financial community or contained in documents filed with the Securities and Exchange Commission (SEC), may be considered forward-looking. Forward-looking statements are those not based on historical information, but rather relate to future operations, strategies, financial results, or other developments and speak only as of the date made. We undertake no obligation to update these statements, even if made available on our website or otherwise. These statements may be made directly in this document or may be made part of this document by reference to other documents filed by us with the SEC, a practice which is known as "incorporation by reference." You can find many of these statements by looking for words such as "will," "may," "should," "could," "believes," "expects," "anticipates," "estimates," "intends," "projects," "goals," "objectives," or similar expressions in this document or in documents incorporated herein.

These forward-looking statements are subject to numerous assumptions, risks, and uncertainties, many of which are beyond our control. We caution readers that the following factors, in addition to other factors mentioned from time to time, may cause actual results to differ materially from those contemplated by the forward-looking statements:

- Unfavorable economic or business conditions, both domestic and foreign, including the continued financial market disruption.
- Legislative, regulatory, or tax changes, both domestic and foreign, including the effect of potential legislation and increased regulation in the current political environment.
- · Sustained periods of low interest rates.
- Changes in claim incidence and recovery rates due to, among other factors, the rate of unemployment and consumer confidence, the emergence of new diseases, epidemics, or pandemics, new trends and developments in medical treatments, and the effectiveness of claims management operations.
- Fluctuation in insurance reserve liabilities.
- Investment results, including but not limited to, realized investment losses resulting from impairments that differ from our assumptions and historical experience.
- Changes in interest rates, credit spreads, and securities prices.
- Increased competition from other insurers and financial services companies due to industry consolidation or other factors.
- · Changes in our financial strength and credit ratings.
- Rating agency actions, state insurance department market conduct examinations and other inquiries, other governmental investigations and actions, and negative media attention.
- Effectiveness in supporting new product offerings and providing customer service.
- Actual experience in pricing, underwriting, and reserving that deviates from our assumptions.
- Lower than projected persistency and lower sales growth.
- Changes in accounting standards, practices, or policies.
- · Effectiveness of our risk management program.
- The level and results of litigation.
- Currency exchange rates.
- Ability of our subsidiaries to pay dividends as a result of regulatory restrictions.
- Ability and willingness of reinsurers to meet their obligations.
- · Changes in assumptions related to intangible assets such as deferred acquisition costs, value of business acquired, and goodwill.
- Events or consequences relating to terrorism and acts of war, both domestic and foreign.
- Ability to recover our systems and information in the event of a disaster or unanticipated event.

For further discussion of risks and uncertainties which could cause actual results to differ from those contained in the forward-looking statements, see Part I, Item 1A of our annual report on Form 10-K for the year ended December 31, 2009.

All subsequent written and oral forward-looking statements attributable to us or any person acting on our behalf are expressly qualified in their entirety by the cautionary statements contained or referred to in this section.

PART I

ITEM 1. FINANCIAL STATEMENTS

CONSOLIDATED BALANCE SHEETS

Unum Group and Subsidiaries

	March 31 2010	December 31 2009
	(in millions (Unaudited)	
Assets		
Investments		
Fixed Maturity Securities - at fair value		
(amortized cost: \$36,267.6; \$35,905.4)	\$ 38,719.1	\$ 37,914.4
Mortgage Loans	1,384.3	1,404.0
Policy Loans	2,889.9	2,878.0
Other Long-term Investments	252.4	233.5
Short-term Investments	662.1	865.5
Total Investments	43,907.8	43,295.4
Other Assets		
Cash and Bank Deposits	51.7	71.6
Accounts and Premiums Receivable	1,726.9	1,732.4
Reinsurance Recoverable	4,860.8	4,996.9
Accrued Investment Income	704.9	642.5
Deferred Acquisition Costs	2,486.8	2,482.5
Goodwill	200.9	201.6
Property and Equipment	447.1	443.5
Other Assets	610.3	610.6
Total Assets	\$54,997.2	\$ 54,477.0

CONSOLIDATED BALANCE SHEETS - Continued

Unum Group and Subsidiaries

	March 31 2010	December 31 2009
	(in millions (Unaudited)	of dollars)
Liabilities and Stockholders' Equity	(Unaudited)	
Liabilities		
Policy and Contract Benefits	\$ 1,584.3	\$ 1,736.9
Reserves for Future Policy and Contract Benefits	38,054.1	37,740.8
Unearned Premiums	479.8	452.0
Other Policyholders' Funds	1,649.9	1,662.3
Income Tax Payable	229.6	114.5
Deferred Income Tax	379.1	273.2
Short-term Debt	225.1	0.0
Long-term Debt	2,291.2	2,549.6
Other Liabilities	1,323.9	1,447.6
Total Liabilities	46,217.0	45,976.9
Commitments and Contingent Liabilities - Note 9 Stockholders' Equity		
Common Stock, \$0.10 par		
Authorized: 725,000,000 shares		
Issued: 364,604,519 and 363,638,314 shares	36.5	36.4
Additional Paid-in Capital	2,603.4	2,587.4
Accumulated Other Comprehensive Income (Loss)		
Net Unrealized Gain on Securities Not Other-Than-Temporarily Impaired	496.2	376.6
Net Unrealized Gain on Securities Other-Than-Temporarily Impaired	3.0	3.0
Net Gain on Cash Flow Hedges	356.8	370.8
Foreign Currency Translation Adjustment	(141.0)	(78.7)
Unrecognized Pension and Postretirement Benefit Costs	(312.1)	(330.7)
Retained Earnings	6,491.6	6,289.5
Treasury Stock - at cost: 31,829,067 shares	(754.2)	(754.2)
Total Stockholders' Equity	8,780.2	8,500.1
Total Liabilities and Stockholders' Equity	\$54,997.2	\$ 54,477.0

CONSOLIDATED STATEMENTS OF INCOME (UNAUDITED)

Unum Group and Subsidiaries

Revenue 2010 company 2009 company Revenue Premium Income \$1,863.2 st. \$1,872.8 \$1,872.8 Net Investment Income 613.0 st. \$73.7 \$73.7 Realized Investment Gain (Loss) (0.2) st. \$10.00 \$1.863.2 st. \$1.80 Other Net Realized Investment Gain (Loss) 25.8 st. \$9.0 \$9.0 Net Realized Investment Gain (Loss) 25.6 st. \$64.6 \$67.0 Other Income 59.8 st. \$67.0 \$67.0 Total Revenue 2,561.6 st. \$2,448.9 \$1,568.9 st. \$1,575.7 Benefits and Expenses 218.3 st. \$216.2 st. \$216.2 st. \$1,568.9 st. \$1,575.7 \$2,561.6 st. \$2,448.9 Interest and Debt Expense 33.4 st. \$2.6 st. \$2,448.9 \$2,561.6 st. \$2,448.9 Deferral of Acquisition Costs (154.9) st. \$1,556.9 \$1,568.9 st. \$1,575.7
Revenue Premium Income \$ 1,863.2 \$ 1,872.8 Net Investment Income 613.0 573.7 Realized Investment Gain (Loss) (0.2) (73.6) Other Net Realized Investment Gain 25.8 9.0 Net Realized Investment Gain (Loss) 25.6 (64.6) Other Income 59.8 67.0 Total Revenue 2,561.6 2,448.9 Benefits and Expenses 1,568.9 1,575.7 Commissions 218.3 216.2 Interest and Debt Expense 33.4 32.6 Deferral of Acquisition Costs (154.9) (153.6)
Revenue Premium Income \$ 1,863.2 \$ 1,872.8 Net Investment Income 613.0 573.7 Realized Investment Gain (Loss) Colspan="3">Colsp
Net Investment Income 613.0 573.7 Realized Investment Gain (Loss) (0.2) (73.6) Other Net Realized Investment Gain 25.8 9.0 Net Realized Investment Gain (Loss) 25.6 (64.6) Other Income 59.8 67.0 Total Revenue 2,561.6 2,448.9 Benefits and Expenses 1,568.9 1,575.7 Commissions 218.3 216.2 Interest and Debt Expense 33.4 32.6 Deferral of Acquisition Costs (154.9) (153.6)
Realized Investment Gain (Loss) Total Other-Than-Temporary Impairment Loss on Fixed Maturity Securities (0.2) (73.6) Other Net Realized Investment Gain 25.8 9.0 Net Realized Investment Gain (Loss) 25.6 (64.6) Other Income 59.8 67.0 Total Revenue 2,561.6 2,448.9 Benefits and Expenses 1,568.9 1,575.7 Commissions 218.3 216.2 Interest and Debt Expense 33.4 32.6 Deferral of Acquisition Costs (154.9) (153.6)
Total Other-Than-Temporary Impairment Loss on Fixed Maturity Securities (0.2) (73.6) Other Net Realized Investment Gain 25.8 9.0 Net Realized Investment Gain (Loss) 25.6 (64.6) Other Income 59.8 67.0 Total Revenue 2,561.6 2,448.9 Benefits and Expenses 1,568.9 1,575.7 Commissions 218.3 216.2 Interest and Debt Expense 33.4 32.6 Deferral of Acquisition Costs (154.9) (153.6)
Other Net Realized Investment Gain 25.8 9.0 Net Realized Investment Gain (Loss) 25.6 (64.6) Other Income 59.8 67.0 Total Revenue 2,561.6 2,448.9 Benefits and Expenses 1,568.9 1,575.7 Commissions 218.3 216.2 Interest and Debt Expense 33.4 32.6 Deferral of Acquisition Costs (154.9) (153.6)
Net Realized Investment Gain (Loss) 25.6 (64.6) Other Income 59.8 67.0 Total Revenue 2,561.6 2,448.9 Benefits and Expenses 1,568.9 1,575.7 Commissions 218.3 216.2 Interest and Debt Expense 33.4 32.6 Deferral of Acquisition Costs (154.9) (153.6)
Other Income 59.8 67.0 Total Revenue 2,561.6 2,448.9 Benefits and Expenses 8 8 1,575.7 9 1,575.7 9 1,575.7
Benefits and Expenses 2,561.6 2,448.9 Benefits and Change in Reserves for Future Benefits 1,568.9 1,575.7 Commissions 218.3 216.2 Interest and Debt Expense 33.4 32.6 Deferral of Acquisition Costs (154.9) (153.6)
Benefits and Expenses Benefits and Change in Reserves for Future Benefits 1,568.9 1,575.7 Commissions 218.3 216.2 Interest and Debt Expense 33.4 32.6 Deferral of Acquisition Costs (154.9) (153.6)
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Benefits and Change in Reserves for Future Benefits 1,568.9 1,575.7 Commissions 218.3 216.2 Interest and Debt Expense 33.4 32.6 Deferral of Acquisition Costs (154.9) (153.6)
Commissions 218.3 216.2 Interest and Debt Expense 33.4 32.6 Deferral of Acquisition Costs (154.9) (153.6)
Deferral of Acquisition Costs (154.9) (153.6)
Deferral of Acquisition Costs (154.9) (153.6)
Amortization of Deferred Acquisition Costs 141.2 131.8
Compensation Expense 197.3 190.1
Other Expenses 196.2 205.5
Total Benefits and Expenses 2,200.4 2,198.3
Income Before Income Tax 361.2 250.6
Income Tax
Current 74.9 60.4
Deferred 56.5 25.3
Total Income Tax 131.4 85.7
Net Income <u>\$ 229.8</u> <u>\$ 164.9</u>
Net Income Per Common Share
Basic \$ 0.69 \$ 0.50
Assuming Dilution \$ 0.69 \$ 0.50

CONSOLIDATED STATEMENTS OF STOCKHOLDERS' EQUITY (UNAUDITED)

Unum Group and Subsidiaries

	Three Mon Marc 2010 (in millions	2009
Common Stock		
Balance at Beginning of Year	\$ 36.4	\$ 36.3
Common Stock Activity	0.1	0.0
Balance at End of Period	36.5	36.3
Additional Paid-in Capital		
Balance at Beginning of Year	2,587.4	2,546.9
Common Stock Activity	16.0	6.6
Balance at End of Period	2,603.4	2,553.5
Accumulated Other Comprehensive Income (Loss)		
Balance at Beginning of Year	341.0	(958.2)
Change During Period	61.9	(121.8)
Balance at End of Period	402.9	(1,080.0)
Retained Earnings		
Balance at Beginning of Year	6,289.5	5,527.1
Net Income	229.8	164.9
Dividends to Stockholders (per common share: \$0.0825; \$0.075)	(27.7)	(25.0)
Balance at End of Period	6,491.6	5,667.0
Treasury Stock		
Balance at Beginning of Year and End of Period	(754.2)	(754.2)
Total Stockholders' Equity at End of Period	\$ 8,780.2	\$6,422.6

CONSOLIDATED STATEMENTS OF CASH FLOWS (UNAUDITED)

Unum Group and Subsidiaries

	Three Mont March	
	2010	2009
Cook Flores from On quoting Activities	(in millions o	of dollars)
Cash Flows from Operating Activities Net Income	\$ 229.8	\$ 164.9
Adjustments to Reconcile Net Income to	\$ 229.8	\$ 104.9
Net Cash Provided by Operating Activities		
Change in Receivables	19.1	58.3
Change in Deferred Acquisition Costs	(13.7)	(21.8)
Change in Insurance Reserves and Liabilities	155.0	82.2
Change in Income Taxes	173.6	91.4
Change in Other Accrued Liabilities	(149.6)	(103.1)
Non-cash Adjustments to Net Investment Income	(147.6)	(74.7)
Net Realized Investment (Gain) Loss	(25.6)	64.6
Depreciation	18.2	17.6
Other, Net	0.9	11.5
,		
Net Cash Provided by Operating Activities	281.6	290.9
Cash Flows from Investing Activities		
Proceeds from Sales of Available-for-Sale Securities	463.0	107.8
Proceeds from Maturities of Available-for-Sale Securities	343.0	191.0
Proceeds from Sales and Maturities of Other Investments	36.5	45.8
Purchase of Available-for-Sale Securities	(1,255.6)	(970.9)
Purchase of Other Investments	(21.8)	(52.6)
Net Sales of Short-term Investments	208.2	426.3
Other, Net	(23.2)	(24.9)
Net Cash Used by Investing Activities	(249.9)	(277.5)
Cash Flows from Financing Activities		
Net Short-term Debt Borrowings	0.0	16.4
Long-term Debt Repayments	(33.3)	(4.7)
Issuance of Common Stock	7.0	0.7
Dividends Paid to Stockholders	(27.7)	(25.0)
Other, Net	2.4	(0.5)
Net Cash Used by Financing Activities	(51.6)	(13.1)
Effect of Foreign Exchange Rate Changes on Cash	0.0	(0.1)
Net Increase (Decrease) in Cash and Bank Deposits	(19.9)	0.2
Cash and Bank Deposits at Beginning of Year	71.6	49.9
Cash and Bank Deposits at End of Period	\$ 51.7	\$ 50.1

$CONSOLIDATED\ STATEMENTS\ OF\ COMPREHENSIVE\ INCOME\ (UNAUDITED)$

Unum Group and Subsidiaries

		nths Ended ech 31
	2010	2009
Net Income	(in millions \$ 229.8	\$ 164.9
Other Comprehensive Income (Loss)		
Change in Net Unrealized Gains and Losses on Securities		
Not Other-Than-Temporarily Impaired Before Reclassification Adjustment (net of tax expense (benefit) of \$157.2;		
\$(130.7))	306.0	(252.6)
Reclassification Adjustment for Net Realized Investment (Gain) Loss (net of tax expense (benefit) of \$1.3; \$(30.9))	(2.2)	57.4
Change in Net Gain on Cash Flow Hedges (net of tax benefit of \$7.2; \$5.7)	(14.0)	(10.7)
Change in Adjustment to Reserves for Future Policy and Contract Benefits, Net of Reinsurance and Other (net of tax		
expense (benefit) of \$(89.6); \$44.5)	(184.2)	94.8
Change in Foreign Currency Translation Adjustment	(62.3)	(18.2)
Change in Unrecognized Pension and Postretirement Benefit Costs (net of tax expense (benefit) of \$(8.5); \$3.4)	18.6	7.5
Total Other Comprehensive Income (Loss)	61.9	(121.8)
Comprehensive Income	\$291.7	\$ 43.1

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED)

Unum Group and Subsidiaries

March 31, 2010

Note 1 - Basis of Presentation

The accompanying consolidated financial statements of Unum Group and its subsidiaries (the Company) have been prepared in accordance with U.S. generally accepted accounting principles (GAAP) for interim financial information and with the instructions to Form 10-Q and Article 10 of Regulation S-X. Accordingly, they do not include all of the information and footnotes required by accounting principles generally accepted in the United States for complete financial statements. For further information, refer to the consolidated financial statements and footnotes included in our annual report on Form 10-K for the year ended December 31, 2009.

In our opinion, all adjustments (consisting of normal recurring accruals) considered necessary for a fair presentation have been included. Interim results are not necessarily indicative of full year performance.

In connection with our preparation of the consolidated financial statements, we evaluated events that occurred subsequent to March 31, 2010, for recognition or disclosure in our financial statements and notes to our financial statements.

Note 2 - Accounting Developments

Accounting Updates Adopted during the First Three Months of 2010:

Accounting Standards Codification (ASC) 810 "Consolidation"

In June 2009, the Financial Accounting Standards Board (FASB) issued an update to require a qualitative rather than a quantitative analysis to determine the primary beneficiary of a variable interest entity and require enhanced disclosures about an enterprise's involvement with a variable interest entity. We adopted this update effective January 1, 2010. The adoption of this update had no effect on our financial position or results of operations.

ASC 820 "Fair Value Measurements and Disclosures"

In January 2010, the FASB issued an update to require a number of additional disclosures regarding fair value measurements. Specifically, the update requires a reporting entity to disclose the amounts of significant transfers between Level 1 and Level 2 of the three tier fair value hierarchy and the reasons for these transfers, as well as the reasons for any transfers in or out of Level 3, effective for annual and interim periods beginning after December 15, 2009. The update also requires information in the reconciliation of recurring Level 3 measurements about purchases, sales, issuances, and settlements on a gross basis, effective for annual and interim periods beginning after December 15, 2010. We adopted this update in its entirety, including early adoption of the additional Level 3 information, effective January 1, 2010. The adoption of this update expanded our disclosures but had no effect on our financial position or results of operations.

ASC 860 "Transfers and Servicing"

In June 2009, the FASB issued an update to eliminate the exceptions for qualifying special-purpose entities from the consolidation guidance and eliminate the exception that permitted sale accounting for certain mortgage securitizations when a transferor has not surrendered control over the transferred financial assets. In addition, this update clarifies certain requirements for financial assets that are eligible for sale accounting and requires enhanced disclosures about the risks that a transferor continues to be exposed to because of its continuing involvement in transferred financial assets. We adopted this update effective January 1, 2010. The adoption of this update had no effect on our financial position or results of operations.

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 2 - Accounting Developments - Continued

Accounting Updates Adopted during the First Three Months of 2009:

ASC 815 "Derivatives and Hedging"

In March 2008, the FASB issued a new accounting standard, now included in ASC 815, to provide additional guidance intended to improve financial reporting about derivative instruments and hedging activities. This standard requires enhanced disclosures to enable investors to better understand their effects on an entity's financial position, financial performance, and cash flows. We adopted this standard effective January 1, 2009. This standard expanded our disclosures but had no effect on our financial position or results of operations.

Note 3 - Fair Values of Financial Instruments

Presented as follows are the carrying amounts and fair values of financial instruments. The carrying values of financial instruments such as short-term investments, cash and bank deposits, accounts and premiums receivable, and accrued investment income approximate fair value due to the short-term nature of the instruments. As such, these financial instruments are not included in the following chart.

	March 31, 2010		December 31, 2009	
	Carrying	Fair	Carrying	Fair
	Amount	Value (in millions	Amount of dellars)	Value
Assets		(III IIIIIIIIIII	or donars)	
Fixed Maturity Securities	\$38,719.1	\$38,719.1	\$37,914.4	\$37,914.4
Mortgage Loans	1,384.3	1,440.9	1,404.0	1,402.5
Policy Loans	2,889.9	2,905.7	2,878.0	2,907.7
Other Long-term Investments				
Derivatives	82.6	82.6	81.1	81.1
Equity Securities	1.5	1.5	1.5	1.5
Miscellaneous Long-term Investments	168.3	168.3	150.9	150.9
Liabilities				
Policyholders' Funds				
Deferred Annuity Products	\$ 674.4	\$ 674.4	\$ 684.0	\$ 684.0
Supplementary Contracts without Life Contingencies	471.7	471.7	445.6	445.6
Short-term Debt	225.1	233.5	_	_
Long-term Debt	2,291.2	2,059.3	2,549.6	2,296.0
Other Liabilities				
Derivatives	172.0	172.0	144.6	144.6
Embedded Derivative in Modified Coinsurance Arrangement	99.1	99.1	117.4	117.4

The methods and assumptions used to estimate fair values of financial instruments are discussed as follows.

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 3 - Fair Values of Financial Instruments - Continued

Fair Value Measurements for Financial Instruments Not Carried at Fair Value

Mortgage Loans: Fair values are estimated using discounted cash flow analyses and interest rates currently being offered for similar loans to borrowers with similar credit ratings and maturities. Loans with similar characteristics are aggregated for purposes of the calculations.

Policy Loans: Fair values for policy loans, net of reinsurance ceded, are estimated using discounted cash flow analyses and interest rates currently being offered to policyholders with similar policies. The carrying amounts of ceded policy loans of \$2,687.0 million and \$2,675.7 million as of March 31, 2010 and December 31, 2009, respectively, are reported on a gross basis in our consolidated balance sheets and approximate fair value.

Miscellaneous Long-term Investments: Carrying amounts approximate fair value.

Policyholders' Funds: Policyholders' funds are comprised primarily of deferred annuity products and supplementary contracts without life contingencies. The carrying amounts approximate fair value.

Fair values for insurance contracts other than investment contracts are not required to be disclosed. However, the fair values of liabilities under all insurance contracts are taken into consideration in our overall management of interest rate risk, which minimizes exposure to changing interest rates through the matching of investment maturities with amounts due under insurance contracts.

Short-term and Long-term Debt: Fair values are obtained from independent pricing services or discounted cash flow analyses based on current incremental borrowing rates for similar types of borrowing arrangements.

Fair Value Measurements for Financial Instruments Carried at Fair Value

We report fixed maturity securities, derivative financial instruments, and equity securities at fair value in our consolidated balance sheets. The degree of judgment utilized in measuring the fair value of financial instruments generally correlates to the level of pricing observability. Financial instruments with readily available active quoted prices or for which fair value can be measured from actively quoted prices in active markets generally have more pricing observability and less judgment utilized in measuring fair value. An active market for a financial instrument is a market in which transactions for an asset or a similar asset occur with sufficient frequency and volume to provide pricing information on an ongoing basis. A quoted price in an active market provides the most reliable evidence of fair value and should be used to measure fair value whenever available. Conversely, financial instruments rarely traded or not quoted have less observability and are measured at fair value using valuation techniques that require more judgment. Pricing observability is generally impacted by a number of factors, including the type of financial instrument, whether the financial instrument is new to the market and not yet established, the characteristics specific to the transaction, and overall market conditions.

Valuation techniques used for assets and liabilities accounted for at fair value are generally categorized into three types. The market approach uses prices and other relevant information from market transactions involving identical or comparable assets or liabilities. The income approach converts future amounts, such as cash flows or earnings, to a single present amount, or a discounted amount. The cost approach is based upon the amount that currently would be required to replace the service capacity of an asset, or the current replacement cost.

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 3 - Fair Values of Financial Instruments - Continued

We use valuation techniques that are appropriate in the circumstances and for which sufficient data are available that can be obtained without undue cost and effort. In some cases, a single valuation technique will be appropriate (for example, when valuing an asset or liability using quoted prices in an active market for identical assets or liabilities). In other cases, multiple valuation techniques will be appropriate. If we use multiple valuation techniques to measure fair value, we evaluate and weigh the results, as appropriate, considering the reasonableness of the range indicated by those results. A fair value measurement is the point within that range that is most representative of fair value in the circumstances.

The selection of the valuation method(s) to apply considers the definition of an exit price and depends on the nature of the asset or liability being valued. For assets and liabilities accounted for at fair value, we generally use valuation techniques consistent with the market approach, and to a lesser extent, the income approach. We believe the market approach valuation technique provides more observable data than the income approach, considering the type of investments we hold. Our fair value measurements could differ significantly based on the valuation technique and available inputs. When markets are less active, brokers may rely more on models with inputs based on the information available only to the broker. In weighing a broker quote as an input to fair value, we place less reliance on quotes that do not reflect the result of market transactions. We also consider the nature of the quote, particularly whether the quote is a binding offer. If prices in an inactive market do not reflect current prices for the same or similar assets, adjustments may be necessary to arrive at fair value. When relevant market data is unavailable, which may be the case during periods of market uncertainty, the income approach can, in suitable circumstances, provide a more appropriate fair value. During 2010, we have applied valuation techniques on a consistent basis to similar assets and liabilities and consistent with those techniques used at year end 2009.

We use observable and unobservable inputs in measuring the fair value of our financial instruments. Inputs that may be used include the following:

- · Broker market maker prices and price levels
- Trade Reporting and Compliance Engine (TRACE) pricing
- · Prices obtained from external pricing services
- Benchmark yields (Treasury and interest rate swap curves)
- Transactional data for new issuance and secondary trades
- Security cash flows and structures
- · Recent issuance/supply
- · Sector and issuer level spreads
- Security credit ratings/maturity/capital structure/optionality
- Corporate actions
- · Underlying collateral
- Prepayment speeds/loan performance/delinquencies/weighted average life/seasoning
- · Public covenants
- Comparative bond analysis
- · Derivative spreads
- · Relevant reports issued by analysts and rating agencies

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 3 - Fair Values of Financial Instruments - Continued

We review all prices obtained to ensure they are consistent with a variety of observable market inputs and to verify the validity of a security's price. The overall valuation process for determining fair values may include adjustments to valuations obtained from our pricing sources when they do not represent a valid exit price. These adjustments may be made when, in our judgment and considering our knowledge of the financial conditions and industry in which the issuer operates, certain features of the financial instrument require that an adjustment be made to the value originally obtained from our pricing sources. These features may include the complexity of the financial instrument, the market in which the financial instrument is traded, counterparty credit risk, credit structure, concentration, or liquidity. Additionally, an adjustment to the price derived from a model typically reflects our judgment of the inputs that other participants in the market for the financial instrument being measured at fair value would consider in pricing that same financial instrument.

The parameters and inputs used to validate a price on a security may be adjusted for assumptions about risk and current market conditions on a quarter to quarter basis, as certain features may be more significant drivers of valuation at the time of pricing. Changes to inputs in valuations are not changes to valuation methodologies; rather, the inputs are modified to reflect direct or indirect impacts on asset classes from changes in market conditions.

Fair values for derivatives other than embedded derivatives in modified coinsurance arrangements are based on market quotes or pricing models and represent the net amount of cash we would have paid or received if the contracts had been settled or closed as of the last day of the period. We analyze credit default swap spreads relative to the average credit spread embedded within the London Interbank Offered Rate (LIBOR) setting syndicate in determining the effect of credit risk on our derivatives' fair values. If counterparty credit risk for a derivative asset is determined to be material and is not adequately reflected in the LIBOR-based fair value obtained from our pricing sources, we adjust the valuations obtained from our pricing sources. In regard to our own credit risk component, we adjust the valuation of derivative liabilities wherein the counterparty is exposed to our credit risk when the LIBOR-based valuation of our derivatives obtained from pricing sources does not effectively include an adequate credit component for our own credit risk.

Fair values for our embedded derivative in a modified coinsurance arrangement are estimated using internal pricing models and represent the hypothetical value of the duration mismatch of assets and liabilities, interest rate risk, and third party credit risk embedded in the modified coinsurance arrangement.

Certain of our investments do not have readily determinable market prices and/or observable inputs or may at times be affected by the lack of market liquidity. For these securities, we use internally prepared valuations combining matrix pricing with vendor purchased software programs, including valuations based on estimates of future profitability, to estimate the fair value. Additionally, we may obtain prices from independent third-party brokers to aid in establishing valuations for certain of these securities. Key assumptions used by us to determine fair value for these securities include risk free interest rates, risk premiums, performance of underlying collateral (if any), and other factors involving significant assumptions which may or may not reflect those of an active market.

At March 31, 2010, approximately 16.4 percent of our fixed maturity securities were valued using active trades from TRACE pricing or broker market maker prices for which there was current market activity in that specific security (comparable to receiving one binding quote). The prices obtained were not adjusted, and the assets were classified as Level 1, the highest category of the three-level fair value hierarchy classification wherein inputs are unadjusted and represent quoted prices in active markets for identical assets or liabilities.

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 3 - Fair Values of Financial Instruments - Continued

The remaining 83.6 percent of our fixed maturity securities were valued based on non-binding quotes or other observable or unobservable inputs, as discussed below.

- Approximately 67.2 percent of our fixed maturity securities were valued based on prices from pricing services that generally use observable inputs
 such as prices for securities or comparable securities in active markets in their valuation techniques. These assets were classified as Level 2. Level
 2 assets or liabilities are those valued using inputs (other than prices included in Level 1) that are either directly or indirectly observable for the
 asset or liability through correlation with market data at the measurement date and for the duration of the instrument's anticipated life.
- Approximately 5.8 percent of our fixed maturity securities were valued based on one or more non-binding broker price levels, if validated by
 observable market data, or on TRACE prices for identical or similar assets absent current market activity. When only one price is available, it is
 used if observable inputs and analysis confirms that it is appropriate. These assets, for which we were able to validate the price using other
 observable market data, were classified as Level 2.
- Approximately 10.6 percent of our fixed maturity securities were valued based on prices of comparable securities, matrix pricing, market models, and/or internal models or were valued based on non-binding quotes with no other observable market data. These assets were classified as either Level 2 or Level 3, with the categorization dependent on whether there was other observable market data. Level 3 is the lowest category of the fair value hierarchy and reflects the judgment of management regarding what market participants would use in pricing assets or liabilities at the measurement date. Financial assets and liabilities categorized as Level 3 are generally those that are valued using unobservable inputs to extrapolate an estimated fair value.

We consider transactions in inactive or disorderly markets to be less representative of fair value. We use all available observable inputs when measuring fair value, but when significant other unobservable inputs and adjustments are necessary, we classify these assets or liabilities as Level 3.

$NOTES\ TO\ CONSOLIDATED\ FINANCIAL\ STATEMENTS\ (UNAUDITED)\ -\ Continued$

Unum Group and Subsidiaries

March 31, 2010

Note 3 - Fair Values of Financial Instruments - Continued

The categorization of fair value measurements by input level is as follows:

	March 31, 2010 (in millions of dollars)				
	in Ac for Id or	oted Prices tive Markets entical Assets Liabilities (Level 1)	Significant Other Observable Inputs (Level 2)	Significant Unobservable Inputs (Level 3)	Total
Assets					
Fixed Maturity Securities					
United States Government and Government Agencies and Authorities	\$	219.4	\$ 1,282.4	\$ —	\$ 1,501.8
States, Municipalities, and Political Subdivisions		25.9	707.3		733.2
Foreign Governments		_	1,383.0	39.7	1,422.7
Public Utilities		1,111.8	7,761.7	218.7	9,092.2
Mortgage/Asset-Backed Securities			3,655.8	2.0	3,657.8
All Other Corporate Bonds		4,992.3	16,720.1	557.7	22,270.1
Redeemable Preferred Stocks		5.8	35.4	0.1	41.3
Total Fixed Maturity Securities		6,355.2	31,545.7	818.2	38,719.1
Other Long-term Investments					
Derivatives					
Interest Rate Swaps		_	82.6	_	82.6
Equity Securities		_	_	1.5	1.5
Liabilities					
Other Liabilities					
Derivatives					
Interest Rate Swaps	\$		\$ 19.3	\$ —	\$ 19.3
Foreign Exchange Contracts		_	152.7	_	152.7
Embedded Derivative in Modified Coinsurance Arrangement	_			99.1	99.1
Total Derivatives		_	172.0	99.1	271.1

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 3 - Fair Values of Financial Instruments - Continued

	December 31, 2009 (in millions of dollars)			
	Quoted Prices in Active Markets for Identical Assets or Liabilities (Level 1)	Significant Other Observable Inputs (Level 2)	Significant Unobservable Inputs (Level 3)	Total
Assets				
Fixed Maturity Securities			_	
United States Government and Government Agencies and Authorities	\$ —	\$ 1,473.2	\$ —	\$ 1,473.2
States, Municipalities, and Political Subdivisions	75.6	547.3		622.9
Foreign Governments	_	1,491.5	_	1,491.5
Public Utilities	940.4	7,577.0	264.3	8,781.7
Mortgage/Asset-Backed Securities	_	3,718.4	4.7	3,723.1
All Other Corporate Bonds	3,370.6	17,830.5	580.0	21,781.1
Redeemable Preferred Stocks	5.5	15.0	20.4	40.9
Total Fixed Maturity Securities	4,392.1	32,652.9	869.4	37,914.4
Other Long-term Investments				
Derivatives				
Interest Rate Swaps	_	81.1	_	81.1
Equity Securities	_	_	1.5	1.5
Liabilities				
Other Liabilities				
Derivatives				
Interest Rate Swaps	\$ —	\$ 17.0	\$ —	\$ 17.0
Foreign Exchange Contracts	_	127.6	_	127.6
Embedded Derivative in Modified Coinsurance Arrangement			117.4	117.4
Total Derivatives	_	144.6	117.4	262.0

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 3 - Fair Values of Financial Instruments - Continued

Transfers of assets between Level 1 and Level 2 are as follows:

		led March 31, 2010 s of dollars)
	Transfers into Level 1 from Level 2	Transfers into Level 2 from Level 1
Fixed Maturity Securities		
United States Government and Government Agencies and Authorities	\$ 216.5	\$ —
States, Municipalities, and Political Subdivisions	_	49.8
Public Utilities	769.6	657.2
All Other Corporate Bonds	2,465.4	1,189.8
Total Fixed Maturity Securities	\$ 3,451.5	\$ 1,896.8

Transfers between Level 1 and Level 2 occurred due to the change in availability of either a TRACE or broker market maker price. Depending on current market conditions, the availability of these Level 1 prices can vary from period to period. For fair value measurements of financial instruments that were transferred either into or out of Level 1 or 2, we reflect the transfers using the fair value at the beginning of the period.

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 3 - Fair Values of Financial Instruments - Continued

Changes in assets and liabilities measured at fair value on a recurring basis using significant unobservable inputs (Level 3) are as follows:

	Three Months Ended March 31, 2010 (in millions of dollars)								
		Unrealize	Realized and ed Investment uses) Included in Other Comprehensive	i uonar sy	Level 3	Transfers			
	Beginning of Year	Earnings	Income or Loss	Purchases	Sales	Into	Out of	End of Period	
Fixed Maturity Securities									
Foreign Governments	\$ —	\$ —	\$ 0.6	\$ —	\$ —	\$ 39.1	\$ —	\$ 39.7	
Public Utilities	264.3	(1.0)	14.4	15.0	(5.7)	128.4	(196.7)	218.7	
Mortgage/Asset-Backed Securities	4.7	_	0.2	_	(2.9)	_	_	2.0	
All Other Corporate Bonds	580.0	(1.8)	15.7	19.6	(15.3)	169.3	(209.8)	557.7	
Redeemable Preferred Stocks	20.4						(20.3)	0.1	
Total Fixed Maturity Securities	869.4	(2.8)	30.9	34.6	(23.9)	336.8	(426.8)	818.2	
Equity Securities	1.5	_	0.1	_	(0.1)	_	_	1.5	
Embedded Derivative in Modified Coinsurance Arrangement	(117.4)	18.3	_	_		_	_	(99.1)	

	Three Months Ended March 31, 2009 (in millions of dollars)							
	Total Realized and Unrealized Investment Gains (Losses) Included in Other Comprehensive					Level 3	Fransfers	
	Beginning of Year	Earnings	Income or Loss	Purchases	Sales	Into	Out of	End of Period
Fixed Maturity Securities								
Foreign Governments	\$ 28.0	\$ —	\$ 0.1	\$ —	\$ —	\$ —	\$ —	\$ 28.1
Public Utilities	114.5	_	(2.1)	10.0	_	31.4	(59.3)	94.5
Mortgage/Asset-Backed Securities	4.6	_	0.1	_	_	_	_	4.7
All Other Corporate Bonds	590.3	_	9.4	24.0	(2.4)	128.7	(191.8)	558.2
Redeemable Preferred Stocks	8.1		2.0					10.1
Total Fixed Maturity Securities	745.5	_	9.5	34.0	(2.4)	160.1	(251.1)	695.6
Equity Securities	1.5	(0.3)	_	_	_	0.5	_	1.7
Embedded Derivative in Modified Coinsurance Arrangement	(360.5)	23.6	_	_	_	_	_	(336.9)

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 3 - Fair Values of Financial Instruments - Continued

Realized and unrealized investment gains and losses presented in the preceding tables represent gains and losses only for the time during which the applicable financial instruments were classified as Level 3. The transfers between levels resulted primarily from a change in observability of three inputs used to determine fair values of the securities transferred: (1) transactional data for new issuance and secondary trades, (2) broker/dealer quotes and pricing, primarily related to changes in the level of activity in the market and whether the market was considered orderly, and (3) comparable bond metrics from which to perform an analysis. For fair value measurements of financial instruments that were transferred either into or out of Level 3, we reflect the transfers using the fair value at the beginning of the period. Gains for the three months ended March 31, 2010 and 2009 which are included in earnings and are attributable to the change in unrealized gains or losses relating to assets or liabilities valued using significant unobservable inputs and still held at March 31 were \$18.3 million and \$23.6 million, respectively. These amounts relate entirely to the changes in fair value of an embedded derivative associated with a modified coinsurance arrangement which are reported as realized investment gains and losses.

Note 4 - Investments

Fixed Maturity Securities

The amortized cost and fair values of securities by security type as of March 31, 2010 and December 31, 2009 are shown as follows.

	March 31, 2010 (in millions of dollars)					
	Amortized Cost	Gross Unrealized Gain	Gross Unrealized Loss	Fair Value	Other-That Temporar Impairmen in AOCI (ry nts
Available-for-Sale Securities						
United States Government and Government Agencies and Authorities	\$ 1,484.6	\$ 72.4	\$ 55.2	\$ 1,501.8	\$ —	-
States, Municipalities, and Political Subdivisions	736.5	23.8	27.1	733.2	_	-
Foreign Governments	1,271.7	151.4	0.4	1,422.7	_	-
Public Utilities	8,568.8	589.2	65.8	9,092.2	_	_
Mortgage/Asset-Backed Securities	3,327.0	333.0	2.2	3,657.8	_	_
All Other Corporate Bonds	20,836.2	1,697.4	263.5	22,270.1	8.	.3
Redeemable Preferred Stocks	42.8	0.2	1.7	41.3		_
Total Fixed Maturity Securities	\$36,267.6	\$2,867.4	\$415.9	\$38,719.1	\$ 8.	.3

⁽¹⁾ Accumulated Other Comprehensive Income (Loss)

$NOTES\ TO\ CONSOLIDATED\ FINANCIAL\ STATEMENTS\ (UNAUDITED)\ -\ Continued$

Unum Group and Subsidiaries

March 31, 2010

Note 4 - Investments - Continued

		December 31, 2009 (in millions of dollars)						
	Amortized Cost	Gross Unrealized Gain	Gross Unrealized Loss	Fair Value	Other-Than- Temporary Impairments in AOCI (1)			
Available-for-Sale Securities								
United States Government and Government Agencies and Authorities	\$ 1,473.5	\$ 64.0	\$ 64.3	\$ 1,473.2	\$ —			
States, Municipalities, and Political Subdivisions	640.1	19.9	37.1	622.9	_			
Foreign Governments	1,357.8	135.0	1.3	1,491.5	_			
Public Utilities	8,359.7	531.1	109.1	8,781.7				
Mortgage/Asset-Backed Securities	3,413.6	313.1	3.6	3,723.1				
All Other Corporate Bonds	20,617.9	1,538.7	375.5	21,781.1	8.3			
Redeemable Preferred Stocks	42.8	0.3	2.2	40.9	_			
Total Fixed Maturity Securities	\$35,905.4	\$2,602.1	\$593.1	\$ 37,914.4	\$ 8.3			

(1) Accumulated Other Comprehensive Income (Loss)

The following charts indicate the length of time our fixed maturity securities had been in a gross unrealized loss position as of March 31, 2010 and December 31, 2009.

	March 31, 2010 (in millions of dollars)				
	Less Than 1	2 Months	12 Months of	or Greater	
	Fair Value	Gross Unrealized Loss	Fair Value	Gross Unrealized Loss	
Available-for-Sale Securities					
United States Government and Government Agencies and Authorities	\$ 120.2	\$ 11.7	\$ 526.3	\$ 43.5	
States, Municipalities, and Political Subdivisions	185.9	4.8	135.2	22.3	
Foreign Governments	29.6	0.4	_	_	
Public Utilities	696.0	18.4	855.5	47.4	
Mortgage/Asset-Backed Securities	12.0	0.1	194.3	2.1	
All Other Corporate Bonds	1,290.1	36.2	3,129.8	227.3	
Redeemable Preferred Stocks			5.9	1.7	
Total Fixed Maturity Securities	\$ 2,333.8	\$ 71.6	\$ 4,847.0	\$ 344.3	

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 4 - Investments - Continued

December 31, 2009 (in millions of dollars) Less Than 12 Months 12 Months or Greater Gross Gross Fair Unrealized Fair Unrealized Value Loss Value Loss **Available-for-Sale Securities** United States Government and Government Agencies and Authorities \$ 158.9 \$ 14.9 \$ 476.7 \$ 49.4 States, Municipalities, and Political Subdivisions 156.6 6.0 126.2 31.1 Foreign Governments 64.0 1.1 11.9 0.2 **Public Utilities** 914.3 22.2 984.9 86.9 Mortgage/Asset-Backed Securities 29.9 0.4 254.0 3.2 All Other Corporate Bonds 1,465.4 28.7 3,695.6 346.8 Redeemable Preferred Stocks 15.0 0.1 5.6 2.1 \$5,554.9 \$519.7 **Total Fixed Maturity Securities** \$ 2,804.1 73.4

The following is a distribution of the maturity dates for fixed maturity securities as of March 31, 2010 and December 31, 2009. The maturity dates have not been adjusted for possible calls or prepayments.

		(i	March 31, 2010 n millions of dollars)		
	Total Amortized Cost	Unrealized Gross Gain	Gain Position Fair Value	Unrealized Gross Loss	Loss Position Fair Value
Available-for-Sale Securities					
1 year or less	\$ 619.1	\$ 15.1	\$ 519.7	\$ 0.3	\$ 114.2
Over 1 year through 5 years	4,201.4	306.2	4,010.9	16.9	479.8
Over 5 years through 10 years	9,743.0	722.4	9,007.8	74.0	1,383.6
Over 10 years	18,377.1	1,490.7	14,548.4	322.5	4,996.9
	32,940.6	2,534.4	28,086.8	413.7	6,974.5
Mortgage/Asset-Backed Securities	3,327.0	333.0	3,451.5	2.2	206.3
Total Fixed Maturity Securities	\$36,267.6	\$2,867.4	\$ 31,538.3	\$ 415.9	\$ 7,180.8

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 4 - Investments - Continued

	December 31, 2009 (in millions of dollars)						
	Total Amortized	Unrealized Gain Position					
	Cost	Gross Gain	Fair Value	Gross Loss	Fair Value		
Available-for-Sale Securities							
1 year or less	\$ 634.6	\$ 10.8	\$ 520.7	\$ 1.3	\$ 123.4		
Over 1 year through 5 years	4,142.2	271.4	3,725.9	27.4	660.3		
Over 5 years through 10 years	9,833.4	612.5	8,378.8	127.3	1,939.8		
Over 10 years	17,881.6	1,394.3	13,490.8	433.5	5,351.6		
	32,491.8	2,289.0	26,116.2	589.5	8,075.1		
Mortgage/Asset-Backed Securities	3,413.6	313.1	3,439.2	3.6	283.9		
Total Fixed Maturity Securities	\$35,905.4	\$2,602.1	\$29,555.4	\$ 593.1	\$ 8,359.0		

December 21 2000

At March 31, 2010, the fair value of investment-grade fixed maturity securities was \$36,008.8 million, with a gross unrealized gain of \$2,760.1 million and a gross unrealized loss of \$303.0 million. The gross unrealized loss on investment-grade fixed maturity securities was 72.9 percent of the total gross unrealized loss on fixed maturity securities. Unrealized losses on investment-grade fixed maturity securities principally relate to changes in interest rates or changes in market or sector credit spreads which occurred subsequent to the acquisition of the securities.

At March 31, 2010, the fair value of below-investment-grade fixed maturity securities was \$2,710.3 million, with a gross unrealized gain of \$107.3 million and a gross unrealized loss of \$112.9 million. The gross unrealized loss on below-investment-grade fixed maturity securities was 27.1 percent of the total gross unrealized loss on fixed maturity securities. Generally, below-investment-grade fixed maturity securities are more likely to develop credit concerns than investment-grade securities. At March 31, 2010, the unrealized losses in our below-investment-grade fixed maturity securities were generally due to credit spreads in certain industries or sectors and, to a lesser extent, credit concerns related to specific securities. For each specific security in an unrealized loss position, we believe that there are positive factors which mitigate credit concerns and that the securities for which we have not recorded an other-than-temporary impairment will recover in value.

As of March 31, 2010, we held 265 individual investment-grade fixed maturity securities and 66 individual below-investment-grade fixed maturity securities that were in an unrealized loss position, of which 165 investment-grade fixed maturity securities and 61 below-investment-grade fixed maturity securities had been in an unrealized loss position continuously for over one year.

In determining when a decline in fair value below amortized cost of a fixed maturity security is other than temporary, we evaluate the following factors:

- Whether we expect to recover the entire amortized cost basis of the security.
- · Whether we intend to sell the security or will be required to sell the security before the recovery of its amortized cost basis.
- Whether the security is current as to principal and interest payments.
- The significance of the decline in value.
- The time period during which there has been a significant decline in value.
- Current and future business prospects and trends of earnings.

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 4 - Investments - Continued

- The valuation of the security's underlying collateral.
- Relevant industry conditions and trends relative to their historical cycles.
- · Market conditions.
- · Rating agency and governmental actions.
- Bid and offering prices and the level of trading activity.
- Adverse changes in estimated cash flows for securitized investments.
- Changes in fair value subsequent to the balance sheet date.
- Any other key measures for the related security.

We evaluate available information, including the factors noted above, both positive and negative, in reaching our conclusions. In particular, we also consider the strength of the issuer's balance sheet, its debt obligations and near term funding requirements, cash flow and liquidity, the profitability of its core businesses, the availability of marketable assets which could be sold to increase liquidity, its industry fundamentals and regulatory environment, and its access to capital markets. Although all available and applicable factors are considered in our analysis, our expectation of recovering the entire amortized cost basis of the security, whether we intend to sell the security, whether it is more likely than not we will be required to sell the security before recovery of its amortized cost, and whether the security is current on principal and interest payments are the most critical factors in determining whether impairments are other than temporary. The significance of the decline in value and the length of time during which there has been a significant decline are also important factors, but we generally do not record an impairment loss based solely on these two factors, since often other more relevant factors will impact our evaluation of a security.

While determining other-than-temporary impairments is a judgmental area, we utilize a formal, well-defined, and disciplined process to monitor and evaluate our fixed income investment portfolio, supported by issuer specific research and documentation as of the end of each period. The process results in a thorough evaluation of problem investments and the recording of losses on a timely basis for investments determined to have an other-than-temporary impairment.

If we determine that the decline in value of an investment is other than temporary, the investment is written down to fair value, and an impairment loss is recognized in the current period, either in earnings or in both earnings and other comprehensive income, as applicable. For those fixed maturity securities with an unrealized loss for which we have not recognized an other-than-temporary impairment, we believe we will recover the entire amortized cost, we do not intend to sell the security, and we do not believe it is more likely than not we will be required to sell the security before recovery of its amortized cost. There have been no defaults in the repayment obligations of any securities for which we have not recorded an other-than-temporary impairment.

Other-than-temporary impairment losses on fixed maturity securities which we intend to sell or more likely than not will be required to sell before recovery in value are recognized in earnings and equal the entire difference between the security's amortized cost basis and its fair value. For securities which we do not intend to sell and it is not more likely than not that we will be required to sell before recovery in value, other-than-temporary impairment losses recognized in earnings generally represent the difference between the amortized cost of the security and the present value of our best estimate of cash flows expected to be collected, discounted using the effective interest rate implicit in the security at the date of acquisition. The determination of cash flows is inherently subjective, and methodologies may vary depending on the circumstances specific to the security. The timing and amount of our cash flow estimates are developed using historical and forecast financial information from the issuer, including its current and projected liquidity position. We also consider industry analyst reports and forecasts, sector credit

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 4 - Investments - Continued

ratings, future business prospects and earnings trends, issuer refinancing capabilities, actual and/or potential asset sales by the issuer, and other data relevant to the collectibility of the contractual cash flows of the security. We take into account the probability of default, expected recoveries, third party guarantees, quality of collateral, and where our debt security ranks in terms of subordination. We may use the estimated fair value of collateral as a proxy for the present value of cash flows if we believe the security is dependent on the liquidation of collateral for recovery of our investment. For fixed maturity securities for which we have recognized an other-than-temporary impairment loss through earnings, if through subsequent evaluation there is a significant increase in expected cash flows, the difference between the new amortized cost basis and the cash flows expected to be collected is accreted as net investment income.

The before-tax credit-related portion of other-than-temporary impairments on fixed maturity securities still held for which a portion of the other-than-temporary impairment was recognized in other comprehensive income was \$18.3 million as of March 31, 2010. There were no changes during the three months ended March 31, 2010.

Special Purpose Entities

We are the sole beneficiary of a special purpose entity which is consolidated under the provisions of GAAP. This entity is a securitized asset trust containing a highly rated bond for principal protection, nonredeemable preferred stock, and several partnership equity investments. We contributed the bond and partnership investments into the trust at the time it was established. The trust supports our investment objectives and allows us to maintain our investment in the partnerships while at the same time protecting the principal of the investment. There are no restrictions on the assets held in this trust, and the trust is free to dispose of the assets at any time. Because the assets in the trust are not liquid investments, we periodically provide funding to the underlying partnerships in the trust upon satisfaction of contractual notice from the partnerships. At March 31, 2010, we had commitments to fund approximately \$1.8 million to the underlying partnerships. These amounts may or may not be funded during the life of the partnerships. The amount of funding provided to the partnerships during the three months ended March 31, 2010 was de minimis. The fair values of the bond, nonredeemable preferred stock, and partnerships were \$92.1 million, \$0.1 million, and \$10.4 million, respectively, as of March 31, 2010. The bonds are reported as fixed maturity securities, and the nonredeemable preferred stock and partnerships are reported as other long-term investments in our consolidated balance sheets.

Commitments

At March 31, 2010, we had commitments of approximately \$96.2 million to fund certain of our private placement securities, including the previously disclosed \$1.8 million commitment to fund a special purpose entity. The funds are due upon satisfaction of contractual notice from the issuer. These amounts may or may not be funded during the term of the securities.

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 4 - Investments - Continued

Transfers of Financial Assets

To manage our cash position more efficiently, we enter into repurchase agreements with unaffiliated financial institutions. We generally use repurchase agreements as a means to finance the purchase of invested assets or for short-term general business purposes until projected cash flows become available from our operations or existing investments. Our repurchase agreements are typically outstanding for less than 30 days. We post collateral through our repurchase agreement transactions whereby the counterparty commits to purchase securities with the agreement to resell them to us at a later, specified date. The fair value of collateral posted is generally 102 percent of the cash received.

Our investment policy also permits us to lend fixed maturity securities to unaffiliated financial institutions in short-term securities lending transactions. These transactions increase our investment income with minimal risk. Our securities lending policy requires that a minimum of 102 percent of the fair value of the securities loaned be maintained as collateral. Generally, cash is received as collateral under these agreements. In the event that securities are received as collateral, we are not permitted to sell or re-post them.

We account for all of our securities lending transactions and repurchase agreements as collateralized financings. We had no securities lending transactions or repurchase agreements outstanding at March 31, 2010.

Realized Investment Gain and Loss

Realized investment gains and losses reported in our consolidated statements of income are as follows:

	Three Mon Marc	
	2010	2009
	(in millions	of dollars)
Fixed Maturity Securities		
Gross Gains on Sales	\$ 18.0	\$ 4.0
Gross Losses on Sales	(14.5)	(16.8)
Other-Than-Temporary Impairment Loss	(0.2)	(73.6)
Mortgage Loans and Other Invested Assets		
Gross Gains on Sales	5.0	1.3
Gross Losses on Sales	(0.5)	(0.1)
Impairment Loss	(0.5)	(3.0)
Embedded Derivative in Modified Coinsurance Arrangement	18.3	23.6
Net Realized Investment Gain (Loss)	18.3 \$25.6	\$(64.6)

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 5 - Derivative Financial Instruments

Purpose of Derivatives

We are exposed to certain risks relating to our ongoing business operations. The primary risks managed by using derivative instruments are interest rate risk, risk related to matching duration for our assets and liabilities, and foreign currency risk. Historically, we have utilized current and forward interest rate swaps and options on forward interest rate swaps, current and forward currency swaps, forward treasury locks, currency forward contracts, and forward contracts on specific fixed income securities. Almost all hedging transactions are associated with our individual and group long-term care and individual and group disability products. All other product portfolios are periodically reviewed to determine if hedging strategies would be appropriate for risk management purposes.

Our cash flow hedging programs are as follows:

- Interest rate swaps are used to hedge interest rate risks and to improve the matching of assets and liabilities. An interest rate swap is an agreement in which we agree with other parties to exchange, at specified intervals, the difference between fixed rate and variable rate interest amounts. The purpose of these swaps is to hedge the anticipated purchase of long-term bonds thereby protecting us from the potential adverse impact of declining interest rates on the associated policy reserves. We also use interest rate swaps to hedge the potential adverse impact of rising interest rates in anticipation of issuing fixed rate long-term debt.
- Foreign currency interest rate swaps are used to hedge the currency risk of certain foreign currency-denominated long-term bonds owned for portfolio diversification and to hedge the currency risk associated with certain of the interest payments and debt repayments of the U.S. dollar-denominated debt issued by one of our U.K. subsidiaries. For hedges of long-term bonds, we agree to pay, at specified intervals, fixed rate foreign currency-denominated principal and interest payments in exchange for fixed rate payments in the functional currency of the operating segment. For hedges of debt issued, we agree to pay, at specified intervals, fixed rate foreign currency-denominated principal and interest payments to the counterparty in exchange for fixed rate U.S. dollar-denominated interest payments.
- Options on forward interest rate swaps are used to hedge the interest rate risk on certain insurance liabilities with minimum interest rate
 guarantees. By purchasing options on interest rate swaps, we are able to lock in the minimum investment yields needed to meet the required
 interest rate guarantee on the insurance liabilities.
- Forward treasury locks are used to minimize interest rate risk associated with the anticipated purchase or disposal of fixed maturity securities. A forward treasury lock is a derivative contract without an initial investment where we and the counterparty agree to purchase or sell a specific U.S. Treasury bond at a future date at a pre-determined price.
- Foreign currency forward contracts are used to minimize foreign currency risks. A foreign currency forward is a derivative without an initial
 investment where we and the counterparty agree to exchange a specific amount of currencies, at a specific exchange rate, on a specific date. We use
 these forward contracts to hedge the foreign currency risk associated with certain of the debt repayments of the U.S. dollar-denominated debt
 issued by one of our U.K. subsidiaries and to hedge the currency risk of certain foreign currency-denominated long-term bonds owned for
 diversification purposes.

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 5 - Derivative Financial Instruments - Continued

Our fair value hedging program is as follows:

Interest rate swaps are used to effectively convert certain of our fixed rate securities into floating rate securities which are used to fund our
floating rate long-term debt. Under these swap agreements, we receive a variable rate of interest and pay a fixed rate of interest.

Derivative Risks

The basic types of risks associated with derivatives are market risk (that the value of the derivative will be adversely impacted by changes in the market, primarily the change in interest and exchange rates) and credit risk (that the counterparty will not perform according to the terms of the contract). The market risk of the derivatives should generally offset the market risk associated with the hedged financial instrument or liability.

To help limit the credit exposure of the derivatives, we enter into master netting agreements with our counterparties whereby contracts in a gain position can be offset against contracts in a loss position. We also typically enter into bilateral, cross-collateralization agreements with our counterparties to help limit the credit exposure of the derivatives. These agreements require the counterparty in a loss position to submit acceptable collateral with the other counterparty in the event the net loss position meets or exceeds an agreed upon amount. Our current credit exposure on derivatives, which is limited to the value of those contracts in a net gain position less collateral held, was \$2.3 million at March 31, 2010. We held cash collateral of \$34.7 million and \$24.9 million from our counterparties as of March 31, 2010 and December 31, 2009, respectively. This unrestricted cash collateral is included in short-term investments, and the associated obligation to return the collateral to our counterparties is included in other liabilities in our consolidated balance sheets. We post fixed maturity securities as collateral to our counterparties rather than cash. The carrying value of fixed maturity securities posted as collateral to our counterparties was \$157.1 million and \$123.1 million at March 31, 2010 and December 31, 2009, respectively.

The majority of our derivative instruments contain provisions that require us to maintain specified issuer credit ratings and financial strength ratings. Should our ratings fall below these specified levels, we would be in violation of the provisions, and our derivatives counterparties could terminate our contracts and request immediate payment. The aggregate fair value of all derivative instruments with credit risk-related contingent features that were in a liability position was \$172.0 million and \$144.6 million at March 31, 2010 and December 31, 2009, respectively.

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 5 - Derivative Financial Instruments - Continued

Hedging Activity

The table below summarizes by notional amounts the activity for each category of derivatives.

	Swaps			
Receive	Receive	Receive		
Variable/Pay	Fixed/Pay	Fixed/Pay		
Fixed	Fixed	Variable	Forwards	Total
	(iı	n millions of dolla	ars)	
\$ 174.0	\$661.9	\$ 780.0	\$ 4.8	\$ 1,620.7
	0.1	60.0	1.0	61.1
\$ 174.0	\$661.8	\$ 720.0	\$ 3.8	\$1,559.6
	Variable/Pay Fixed \$ 174.0	Variable/Pay Fixed/Pay Fixed	Receive Variable/Pay Fixed Fixed/Pay Fixed Variable	Receive Variable/Pay Fixed Pay Fixed Pay Fixed Pay Fixed Pay P

The following table summarizes the timing of anticipated settlements of interest rate swaps outstanding under our cash flow hedging programs at March 31, 2010, whereby we receive a fixed rate and pay a variable rate. The weighted average variable interest rates assume current market conditions.

	2010	2011	2012	2013	Total
		(in	millions of dollars)		
Receive Fixed/Pay Variable					
Notional Value	\$180.0	\$205.0	\$185.0	\$150.0	\$720.0
Weighted Average Receive Rate	5.40%	5.87%	6.49%	6.34%	6.01%
Weighted Average Pay Rate	0.29%	0.29%	0.29%	0.29%	0.29%

Cash Flow Hedges

We have executed a series of cash flow hedges for certain of our long-term product portfolios using forward starting interest rate swaps. We plan to terminate these forward interest rate swaps and forward contracts at the time the projected cash flows are used to purchase fixed income securities. As of March 31, 2010 and December 31, 2009, we had \$720.0 million and \$780.0 million, respectively, notional amount of the forward starting interest rate swaps outstanding under this program.

As of March 31, 2010 and December 31, 2009, we had \$665.6 million and \$666.7 million, respectively, notional amount of open current and forward foreign currency swaps and foreign currency forwards to hedge fixed income foreign dollar-denominated securities.

For the three months ended March 31, 2010, there was no material ineffectiveness related to our cash flow hedges, and there was no component of the derivative instruments' gain or loss excluded from the assessment of hedge effectiveness.

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 5 - Derivative Financial Instruments - Continued

As of March 31, 2010, we expect to amortize approximately \$28.7 million of net deferred gains on derivative instruments during the next twelve months. This amount will be reclassified from accumulated other comprehensive income into earnings and reported on the same income statement line item as the hedged item. The income statement line items that will be affected by this amortization are net investment income, other income, and interest and debt expense. The estimated amortization includes the impact of certain derivative contracts that have not yet been terminated as of March 31, 2010. Fluctuations in fair values of these derivatives between March 31, 2010 and the date of termination will vary our projected amortization. Amounts that will be reclassified from accumulated other comprehensive income into earnings to offset the earnings impact of foreign currency translation of hedged items are not estimable.

As of March 31, 2010, we are hedging the variability of future cash flows associated with forecasted transactions through the year 2038.

Fair Value Hedges

As of March 31, 2010 and December 31, 2009, we had \$174.0 million notional amount of receive variable, pay fixed interest rate swaps to hedge the changes in fair value of certain fixed rate securities held. These swaps effectively convert the associated fixed rate securities into floating rate securities, which are used to fund our floating rate long-term debt. For the three months ended March 31, 2010, the \$2.3 million gain on the hedged fixed maturity securities attributable to the hedged benchmark interest rate was offset by the loss of \$2.3 million loss on the hedged fixed maturity securities attributable to the hedged benchmark interest rate was offset by the gain of \$3.1 million on the related interest rate swaps.

For the three months ended March 31, 2010 and 2009, there was no material ineffectiveness related to our fair value hedges, and there was no component of the derivative instruments' gain or loss excluded from the assessment of hedge effectiveness. There were no instances wherein we discontinued fair value hedge accounting due to a hedged firm commitment no longer qualifying as a fair value hedge.

Derivatives Not Designated as Hedging Instruments

We have an embedded derivative in a modified coinsurance arrangement for which we include in our realized investment gains and losses a calculation intended to estimate the value of the option of our reinsurance counterparty to cancel the reinsurance contract with us. However, neither party can unilaterally terminate the reinsurance agreement except in extreme circumstances resulting from regulatory supervision, delinquency proceedings, or other direct regulatory action. Cash settlements or collateral related to this embedded derivative are not required at any time during the reinsurance contract or at termination of the reinsurance contract. There are no credit-related counterparty triggers, and any accumulated embedded derivative gain or loss reduces to zero over time as the reinsured business winds down.

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 5 - Derivative Financial Instruments - Continued

Locations and Amounts of Derivative Financial Instruments

The following tables summarize the location and fair values of derivative financial instruments, as reported in our consolidated balance sheets as of March 31, 2010 and December 31, 2009.

	(i)	March 31, 2010 (in millions of dollars) Asset Derivatives Liability Der				
	Asset Derivatives					
	Balance Sheet Location	Fair Value	Balance Sheet Location	Fair Value		
Designated as Hedging Instruments	Location	<u>varue</u>	Location	varue		
Interest Rate Swaps	Other L-T Investments	\$82.6	Other Liabilities	\$ 19.3		
Foreign Exchange Contracts	Other L-T Investments	_	Other Liabilities	152.7		
Total		\$82.6		\$ 172.0		
Not Designated as Hedging Instruments						
Embedded Derivative in Modified Coinsurance Arrangement			Other Liabilities	\$ 99.1		
		December 31				
		December 31 n millions of		atives		
	(ii		dollars)	Fair		
Designated as Hedging Instruments	Asset Derivatives Balance Sheet	n millions of Fair	dollars) Liability Deriva Balance Sheet			
Designated as Hedging Instruments Interest Rate Swaps	Asset Derivatives Balance Sheet	n millions of Fair	dollars) Liability Deriva Balance Sheet	Fair		
0 0	(ii Asset Derivatives Balance Sheet Location	Fair Value	dollars) Liability Derive Balance Sheet Location	Fair Value		
Interest Rate Swaps	Asset Derivatives Balance Sheet Location Other L-T Investments	Fair Value	Liability Deriver Balance Sheet Location Other Liabilities	Fair Value \$ 17.0		
Interest Rate Swaps Foreign Exchange Contracts	Asset Derivatives Balance Sheet Location Other L-T Investments	Fair Value \$ 81.1	Liability Deriver Balance Sheet Location Other Liabilities	Fair Value \$ 17.0 127.6		

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 5 - Derivative Financial Instruments - Continued

The following tables summarize the location of and gains and losses on derivative financial instruments designated as cash flow hedging instruments, as reported in our consolidated statements of income and consolidated statements of comprehensive income for the three months ended March 31, 2010 and 2009.

		Three Months Ended March 31, 2010					
	on D	Recognized in OCI erivatives iive Portion)	Accumulated (Effec	Reclassified from I OCI into Income tive Portion)	in Income	s) Recognized on Derivatives ive Portion)	
Interest Rate Swaps	\$	12.8	\$	7.9(1)	\$	_	
Interest Rate Swaps		_		1.8(2)		_	
Foreign Exchange Contracts		_		(0.6)(1)		_	
Foreign Exchange Contracts		(25.2)		(18.2)(2)		_	
Foreign Exchange Contracts		<u> </u>		0.6(3)		_	
Total	\$	(12.4)	\$	(8.5)	\$		

- (1) Gain (loss) recognized in net investment income
- (2) Gain (loss) recognized in net realized investment gain (loss)
- (3) Gain recognized in interest and debt expense

	Three Months Ended March 31, 2009						
		Gain Recognized in OCI on Derivatives		classified from	Gain (Loss) Recognized in Income on Derivatives		
		ive Portion)	(Effect	ive Portion) s of dollars)	(Ineffective Portion)		
Interest Rate Swaps	\$	27.0	\$	5.2(1)	\$	_	
Interest Rate Swaps		_		2.6(2)		_	
Foreign Exchange Contracts		20.6		13.6(2)		_	
Total	\$	47.6	\$	21.4	\$	_	

- (1) Gain recognized in net investment income
- (2) Gain recognized in net realized investment gain (loss)

The following table summarizes the location of and gain on our embedded derivative in a modified coinsurance arrangement, as reported in our consolidated statements of income.

	 Three Months Ended March 31			
	 2010		2009	
	(in m	illions of dollars	s)	
Gain Recognized in Net Realized Investment Gain (Loss)	\$ 18.3	\$	23.6	

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 6 - Segment Information

Our reporting segments are comprised of the following: Unum US, Unum UK, Colonial Life, Individual Disability - Closed Block, and Corporate and Other.

Premium income by major line of business within each of our segments is presented as follows:

	Three Months Ended March 2010 2009 (in millions of dollars)		2009	
Unum US				
Group Disability				
Group Long-term Disability	-	415.6	\$	438.1
Group Short-term Disability		106.2		107.6
Group Life and Accidental Death & Dismemberment				
Group Life		270.1		262.2
Accidental Death & Dismemberment		26.0		25.8
Supplemental and Voluntary				
Individual Disability - Recently Issued		118.4		119.9
Long-term Care		149.2		148.0
Voluntary Benefits		130.6		124.7
	1,2	216.1	1	1,226.3
Unum UK				
Group Long-term Disability		114.2		123.8
Group Life		42.8		31.5
Individual Disability		8.8		7.7
	1	165.8		163.0
Colonial Life				
Accident, Sickness, and Disability	1	162.8		156.8
Life		43.5		41.2
Cancer and Critical Illness		58.8		55.4
	2	265.1		253.4
Individual Disability - Closed Block		214.0		229.6
Corporate and Other		2.2		0.5
Total	\$ 1,8	863.2	\$ 1	1,872.8

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 6 - Segment Information - Continued

Selected operating statement data by segment is presented as follows:

	Unum US	Unum UK	Colonial Life (in million	Individual Disability - Closed Block as of dollars)	Corporate and Other	Total
Three Months Ended March 31, 2010						
Total Premium Income	\$1,216.1	\$165.8	\$265.1	\$ 214.0	\$ 2.2	\$1,863.2
Net Investment Income	304.6	39.8	29.9	190.7	48.0	613.0
Other Income	30.5	0.5	0.2	21.5	7.1	59.8
Operating Revenue	\$1,551.2	\$ 206.1	\$295.2	\$ 426.2	\$ 57.3	\$2,536.0
Operating Income (Loss)	\$ 199.2	\$ 60.6	\$ 73.0	\$ 11.7	\$ (8.9)	\$ 335.6
Three Months Ended March 31, 2009						
Total Premium Income	\$ 1,226.3	\$ 163.0	\$ 253.4	\$229.6	\$ 0.5	\$1,872.8
Net Investment Income	291.3	26.9	27.6	186.4	41.5	573.7
Other Income	31.6	0.6	0.1	26.9	7.8	67.0
Operating Revenue	\$1,549.2	\$ 190.5	\$ 281.1	\$ 442.9	\$ 49.8	\$2,513.5
Operating Income (Loss)	\$ 183.6	\$ 62.3	\$ 70.9	\$ 11.3	\$ (12.9)	\$ 315.2

A reconciliation of total operating revenue and operating income by segment to revenue and net income as reported in our consolidated statements of income follows:

	Three Months Ended Marc		
	2010	2009	
	(in million	of dollars)	
Operating Revenue by Segment	\$ 2,536.0	\$ 2,513.5	
Net Realized Investment Gain (Loss)	25.6	(64.6)	
Revenue	\$ 2,561.6	\$ 2,448.9	
Operating Income by Segment	\$ 335.6	\$ 315.2	
Net Realized Investment Gain (Loss)	25.6	(64.6)	
Income Tax	131.4	85.7	
Net Income	\$ 229.8	\$ 164.9	

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 6 - Segment Information - Continued

Assets by segment are as follows:

	March 31 2010	December 31 2009
	(in millions	
Unum US	\$ 23,729.1	\$23,339.9
Unum UK	3,135.0	3,280.7
Colonial Life	2,861.7	2,805.7
Individual Disability - Closed Block	15,337.0	15,238.8
Corporate and Other	9,934.4	9,811.9
Total	\$54,997.2	\$ 54,477.0

Note 7 - Pensions and Other Postretirement Benefits

The components of net periodic benefit cost related to the Company sponsored defined benefit pension and postretirement plans for our employees are as follows:

	Three Months Ended March 31							
	2010	2009	2010	2009	2010	2009		
			(in million	s of dollars)				
		Pension Be	enefits					
	U.S. P	U.S. Plans Non U.S. Plans				Postretirement Benefits		
Service Cost	\$ 9.1	\$ 7.4	\$ 1.3	\$ 1.2	\$ 0.6	\$ 0.7		
Interest Cost	17.8	16.0	2.4	2.0	2.7	2.8		
Expected Return on Plan Assets	(17.6)	(13.2)	(2.7)	(2.1)	(0.2)	(0.1)		
Amortization of:								
Net Actuarial Loss	7.4	10.3	0.6	0.5	_	_		
Prior Service Credit	(0.1)	(0.1)			(0.6)	(0.7)		
Net Periodic Benefit Cost	\$ 16.6	\$ 20.4	\$ 1.6	\$ 1.6	\$ 2.5	\$ 2.7		

We had no regulatory contribution requirements for our U.S. qualified defined benefit plan in 2010, but we elected to make \$67.0 million of voluntary contributions during the three months ended March 31, 2010. For our U.K. operation, which maintains a separate defined benefit plan, we made required contributions totaling \$1.3 million, or approximately £0.8 million, during the three months ended March 31, 2010.

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 8 - Stockholders' Equity and Earnings Per Common Share

Net income per common share is determined as follows:

	Three Mon	ths Ended March 31
	2010	2009
	,	ns of dollars, except hare data)
Numerator		
Net Income	\$ 229.8	\$ 164.9
Denominator (000s)		
Weighted Average Common Shares - Basic	332,270.2	330,804.8
Dilution for Assumed Exercises of Stock Options and Nonvested Stock Awards	1,254.5	159.7
Weighted Average Common Shares - Assuming Dilution	333,524.7	330,964.5
Net Income Per Common Share		
Basic	\$ 0.69	\$ 0.50
Assuming Dilution	\$ 0.69	\$ 0.50

We use the treasury stock method to account for the effect of outstanding stock options, nonvested stock awards, and performance restricted stock units on the computation of dilutive earnings per share. Under this method, these potential common shares will each have a dilutive effect, as individually measured, when the average market price of Unum Group common stock during the period exceeds the exercise price of the stock options, the grant price of the nonvested stock awards, and/or the threshold stock price of performance restricted stock units.

The outstanding stock options have exercise prices ranging from \$11.37 to \$32.08, the nonvested stock awards have grant prices ranging from \$10.59 to \$25.00, and the performance restricted stock units have a threshold stock price of \$26.00.

In computing earnings per share assuming dilution, only potential common shares that are dilutive (those that reduce earnings per share) are included. Potential common shares not included in the computation of dilutive earnings per share because their impact would be antidilutive, based on current market prices, approximated 3.7 million and 8.9 million shares of common stock for the three month periods ended March 31, 2010 and 2009, respectively.

Unum Group has 25,000,000 shares of preferred stock authorized with a par value of \$0.10 per share. No preferred stock has been issued to date.

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 9 - Commitments and Contingent Liabilities

We are a defendant in a number of litigation matters. In some of these matters, no specified amount is sought. In others, very large or indeterminate amounts, including punitive and treble damages, are asserted. There is a wide variation of pleading practice permitted in the United States courts with respect to requests for monetary damages, including some courts in which no specified amount is required and others which allow the plaintiff to state only that the amount sought is sufficient to invoke the jurisdiction of that court. Further, some jurisdictions permit plaintiffs to allege damages well in excess of reasonably possible verdicts. Based on our extensive experience and that of others in the industry with respect to litigating or resolving claims through settlement over an extended period of time, we believe that the monetary damages asserted in a lawsuit or claim bear little relation to the merits of the case, or the likely disposition value. Therefore, the specific monetary relief sought is not stated.

Unless indicated otherwise in the descriptions below, reserves have not been established for litigation and contingencies. An estimated loss is accrued when it is both probable that a liability has been incurred and the amount of the loss can be reasonably estimated.

In the disclosures that follow about litigation, we refer to the name of the company specified in the original complaint, following the practice in the courts. Therefore, references to UnumProvident Corporation should be understood as references to Unum Group.

Claims Handling Matters

Multidistrict Litigation

Between November 22, 2002 and March 11, 2003 five purported derivative actions were filed in state and federal courts in Tennessee. The defendants removed each of the actions that were filed in Tennessee state court to the U.S. District Court for the Eastern District of Tennessee, and the cases were consolidated. The plaintiffs then filed a single consolidated amended complaint, which purports to assert claims on behalf of the Company against certain current and past members of our board of directors and certain executive officers alleging breaches of fiduciary duties and other violations of law by establishing or permitting to be established an unlawful policy of denying legitimate disability claims and improper financial reporting, and that certain defendants engaged in insider trading.

On August 27, 2008, the parties entered into a stipulation of settlement to resolve the litigation. Under the terms of the settlement, which was subject to approval of the court, we agreed to implement or continue certain corporate governance measures and pay plaintiffs' attorneys' fees in an amount to be determined by the court. In January 2010, the court approved this settlement and awarded to the plaintiffs attorneys' fees in an amount that was not material to our operating results. We have filed an appeal with the Sixth Circuit Court of Appeals regarding the attorneys' fees award.

Other Claim Litigation

We and our insurance subsidiaries, as part of our normal operations in managing disability claims, are engaged in claim litigation where disputes arise as a result of a denial or termination of benefits. Most typically these lawsuits are filed on behalf of a single claimant or policyholder, and in some of these individual actions punitive damages are sought, such as claims alleging bad faith in the handling of insurance claims. For our general claim litigation, we maintain reserves based on experience to satisfy judgments and settlements in the normal course. We expect that the ultimate liability, if any, with respect to general claim litigation, after consideration of the reserves maintained, will not be material to our consolidated financial condition. Nevertheless, given the inherent unpredictability of litigation, it is possible that an adverse outcome in certain claim litigation involving punitive damages could, from

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 9 - Commitments and Contingent Liabilities - Continued

time to time, have a material adverse effect on our consolidated results of operations in a period, depending on the results of operations for the particular period.

On June 13, 2005, following a trial in the U.S. District Court of Nevada in the matter of <u>G. Clinton Merrick vs. UnumProvident Corporation, Paul Revere Life Insurance Company, et al.</u>, judgment was entered in plaintiff's favor on his breach of contract and bad faith claims, and the plaintiff was awarded contract, emotional distress, and punitive damages, as well as attorneys' fees. We appealed that judgment. The Ninth Circuit Court of Appeals reversed that portion of the judgment that awarded attorneys' fees and punitive damages award and remanded for a new trial on the issue of punitive damages that should be awarded, if any. We thereafter paid the portion of the verdict that had been upheld and proceeded to a second trial on the limited issue of the amount of punitive damages to be awarded against Unum Group and one of our insurance subsidiaries, if any. A second jury verdict was entered on July 3, 2008, in the amount of \$24.0 million as to one of our insurance subsidiaries and \$36.0 million as to Unum Group. Following post trial motions, the trial court affirmed the judgment as to our insurance subsidiary and reduced the judgment as to Unum Group to \$26.4 million. We had appealed the decision of the trial court to the court of appeals and had established an accrual in an amount that was not material to our operating results. The parties reached a settlement of this matter on April 29, 2010.

From time to time class action allegations are pursued where the claimant or policyholder purports to represent a larger number of individuals who are similarly situated. Since each insurance claim is evaluated based on its own merits, there is rarely a single act or series of actions, which can properly be addressed by a class action. Nevertheless, we monitor these cases closely and defend ourselves appropriately where these allegations are made.

Broker Compensation, Quoting Process, and Other Matters

Examinations and Investigations

In November 2009, we were contacted by Florida state insurance regulators to discuss a resolution of their investigation of our compliance with state and federal laws with respect to producer compensation, solicitation activities, policies sold to state or municipal entities, and information regarding compensation arrangements with brokers. We are currently in discussions with the regulators about certain issues raised by their investigation. This investigation commenced in 2005, and, until this most recent contact, we had received no communications from the regulators regarding this matter since December 2007.

Broker-Related Litigation

We and certain of our subsidiaries, along with many other insurance brokers and insurers, have been named as defendants in a series of putative class actions that have been transferred to the U.S. District Court for the District of New Jersey for coordinated or consolidated pretrial proceedings as part of multidistrict litigation (MDL) No. 1663, In re Insurance Brokerage Antitrust Litigation. The plaintiffs in MDL No. 1663 filed a consolidated amended complaint in August 2005, which alleges, among other things, that the defendants violated federal and state antitrust laws, the Racketeer Influenced Corrupt Organizations Act (RICO), the Employee Retirement Income Security Act (ERISA), and various state common law requirements by engaging in alleged bid rigging and customer allocation and by paying undisclosed compensation to insurance brokers to steer business to defendant insurers. Defendants

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 9 - Commitments and Contingent Liabilities - Continued

filed a motion to dismiss the complaint on November 29, 2005. On April 5, 2007, defendants' motion to dismiss was granted without prejudice as to all counts except the ERISA counts. Plaintiffs were granted a last opportunity to file an amended complaint, and they did so on May 22, 2007.

On August 31, 2007 and September 28, 2007, plaintiffs' federal antitrust and RICO claims were dismissed with prejudice. Defendants' motion for summary judgment on the ERISA counts was granted on January 14, 2008. All pending state law claims were dismissed without prejudice. Plaintiffs have filed an appeal with the Third Circuit Court of Appeals of the order dismissing their federal antitrust and RICO claims.

We are a defendant in an action styled, <u>Palm Tree Computers Systems</u>, <u>Inc. v. ACE USA</u>, <u>et al.</u>, which was filed in the Florida state Circuit Court on February 16, 2005. The complaint contains allegations similar to those made in the multidistrict litigation referred to above. The case was removed to federal court and, on October 20, 2005, the case was transferred to the District of New Jersey multidistrict litigation. Plaintiffs recently renewed a motion to remand the case to the state court in Florida, and that motion was denied without prejudice.

Miscellaneous Matters

In September 2003, <u>United States of America ex. rel. Patrick J. Loughren v. UnumProvident Corporation and GENEX Services, Inc.</u> (GENEX) was filed in the United States District Court for the District of Massachusetts. This is a qui tam action to recover damages and civil penalties on behalf of the United States of America alleging violations of the False Claims Act by us and our former GENEX subsidiary. In accordance with the False Claims Act, the action was originally filed under seal to provide the government the opportunity to investigate the allegations and prosecute the action if they believed that the case had merit and warranted their attention. The government declined to prosecute the case, and the case became a matter of public record on December 23, 2004. The complaint alleged that we defrauded the government by inducing and or assisting disability claimants to apply for disability benefits from the Social Security Administration (SSA) when we allegedly knew that the claimants were not disabled under SSA criteria. Relator identified 95 individual claims that he alleged to be false and sought to present expert testimony from a statistician who would say that each of those claims found to be false could be extrapolated to support a finding of a much larger number of false claims. We filed a motion for summary judgment which was denied on September 15, 2008. The case proceeded to trial at which seven out of the 95 claims were adjudicated. We prevailed on four of the claims, the Relator prevailed on two of the claims, and the jury could not reach a verdict on one of the claims. The jury awarded the Relator \$850 in damages which was trebled. The court also assessed a penalty of \$11,000 for each of the two claims. On February 24, 2009, the court also ruled that the testimony of the Relator's expert in support of extrapolation would be excluded. The court has since granted our request that it enter a final and separate judgment on the two claims decided against us, and we have filed an appeal with the First

In May 2007, Roy Mogel, Todd D. Lindsay and Joseph R. Thorley individually and on behalf of those similarly situated v. Unum Life Insurance Company, was filed in the United States District Court for the District of Massachusetts. This is a putative class action alleging that we breached fiduciary duties owed to certain beneficiaries under certain group life insurance policies when we paid life insurance proceeds by establishing interest-bearing retained asset accounts rather than by mailing checks. Plaintiffs seek to represent a class of beneficiaries under group life insurance contracts that were employee welfare benefit plans under ERISA and under which we paid death benefits pursuant to a retained asset account. Plaintiffs seek to recover on behalf of the class the difference between the interest paid to them and amounts alleged to have been realized by us through our

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 9 - Commitments and Contingent Liabilities - Continued

investment of the retained assets. On February 4, 2008, the court granted our motion to dismiss all claims, but on November 6, 2008 the First Circuit Court of Appeals vacated the District Court's order. Our petition for rehearing in the First Circuit Court of Appeals was denied on January 21, 2009, and the case was remanded to the District Court. On August 19, 2009, the District Court denied plaintiffs' motion for class certification under Federal Rules of Civil Procedure Rule 23(b)(2). Plaintiffs filed a motion for leave to file an amended complaint and to file a renewed motion for class certification under Rules of Civil Procedure Rule 23(b)(3). On December 16, 2009, the court denied plaintiffs' motion. During the first quarter of 2010, the parties reached a tentative settlement of this matter. The settlement agreement, which would require payment of an amount immaterial to our operating results, is subject to notice to the settlement class and District Court approval following a fairness hearing. An estimate of the liability to resolve this matter has been established.

On May 16, 2008, we were added as a party to a case styled, Public Service Company of Colorado; P.S.R. Investments, Inc.; and Xcel Energy, Inc. v. Theodore J. Mallon; Transfinancial Corporation; and Provident Life and Accident Insurance Company, filed in the District Court, County of Boulder, State of Colorado, alleging among other things breach of contract, unjust enrichment, breach of duty of good faith and fair dealing, fraudulent concealment, negligent misrepresentation and non-disclosure, fraud, civil conspiracy, violation of the Colorado Consumer Protection Act (CCPA), violation of the Colorado Organized Crime Control Act, and conspiracy to violate the Colorado Organized Crime Control Act. These claims arise from the sale of corporate-owned life insurance policies to Public Service Company of Colorado by Mallon in 1984 and 1985. These policies were reinsured to Reassure America Life Insurance Company, a subsidiary of Swiss Reinsurance Company, as of July 2000. In response to the complaint, we filed a motion to dismiss all counts of the complaint asserted against us.

On October 22, 2008, the District Court granted in part and denied in part our motion to dismiss, thereby dismissing all claims against us for violation of the CCPA, violation of the Colorado Organized Crime Control Act, and conspiracy to violate the Colorado Organized Crime Control Act. The plaintiffs filed a third amended complaint to cure the defects in their CCPA claim. We filed another motion to dismiss the plaintiffs' CCPA claims, which was denied.

On September 24, 2009, pursuant to a settlement agreement, several counts were dismissed with prejudice as to all the defendants. In addition, Mr. Mallon and Transfinancial Corporation were dismissed from this action. On November 6, 2009, plaintiffs filed a fourth amended complaint that added a claim for exemplary damages. On November 20, 2009, additional counts were dismissed with prejudice, Xcel Energy, Inc. was dismissed from the action, and all claims asserted by Xcel Energy, Inc. were dismissed with prejudice. The court has issued interim rulings on discovery and merits issues, and the case is set for trial commencing August 16, 2010. We deny the remaining allegations in the fourth amended complaint and plan to vigorously contest them.

In September 2008, we received service of a complaint, in an adversary proceeding in connection with the bankruptcy case In re Quebecor World (USA) Inc., et al., entitled Official Committee of Unsecured Creditors of Quebecor World (USA) Inc., et al., v. American United Life Insurance Company, et al., filed in the United States Bankruptcy Court for the Southern District of New York. The complaint alleges that we received preference payments relating to notes held by certain of our insurance subsidiaries and seeks to avoid and recover such payments plus interest and cost of the action. We deny the allegations in the complaint and will vigorously contest them.

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 9 - Commitments and Contingent Liabilities - Continued

Summary

Various lawsuits against us, in addition to those discussed above, have arisen in the normal course of business. Further, state insurance regulatory authorities and other federal and state authorities regularly make inquiries and conduct investigations concerning our compliance with applicable insurance and other laws and regulations.

Given the complexity and scope of our litigation and regulatory matters, it is not possible to predict the ultimate outcome of all pending investigations or legal proceedings or provide reasonable estimates of potential losses, except where noted in connection with specific matters. It is possible that our results of operations or cash flows in a particular period could be materially affected by an ultimate unfavorable outcome of pending litigation or regulatory matters depending, in part, on our results of operations or cash flows for the particular period. We believe, however, that the ultimate outcome of all pending litigation and regulatory matters, after consideration of applicable reserves and rights to indemnification, should not have a material adverse effect on our financial position.

Note 10 - Other

Debt

During the three months ended March 31, 2010, we made principal payments of \$20.8 million and \$2.5 million on our senior secured non-recourse floating rate notes issued by Northwind Holdings, LLC and Tailwind Holdings, LLC, respectively. We also purchased and retired \$10.0 million of our 7.08% medium-term notes due 2024.

Income Tax

At March 31, 2010, we had a liability of \$145.4 million for unrecognized tax benefits, \$130.2 million of which is associated with deferred tax assets. The total unrecognized tax benefit that would impact the effective tax rate, if recognized, is \$15.2 million. The interest expense and penalties related to unrecognized tax expense in our consolidated statements of income was \$1.2 million and \$1.4 million for the three months ended March 31, 2010 and 2009, respectively.

During 2009, we had a conference with the Internal Revenue Service (IRS) with respect to our appeal of audit adjustments for the years 1999 to 2004. Although we have not yet reached a final settlement with the IRS for these years, it is reasonably possible that this appeal will be resolved in whole or in part within 12 months and that statutes of limitations may expire in multiple jurisdictions within the same period. As a result, it is reasonably possible that our liability for unrecognized tax benefits could decrease within 12 months by \$0 to \$40.0 million. We believe sufficient provision has been made for all uncertain tax provisions and that any adjustments by tax authorities with respect to such positions would not have a material adverse effect on our financial position, liquidity, or results of operations.

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED) - Continued

Unum Group and Subsidiaries

March 31, 2010

Note 10 - Other - Continued

In March 2010, the Patient Protection and Affordable Care Act and the Health Care and Education Reconciliation Act of 2010 were signed into law. Among other things, the new legislation reduces the tax benefits available to an employer that receives a postretirement prescription drug coverage subsidy from the federal government under the Medicare Prescription Drug, Improvement and Modernization Act of 2003. Under the new legislation, to the extent our future postretirement prescription drug coverage expenses are reimbursed under the subsidy program, the expenses covered by the subsidy will no longer be tax deductible after 2012. Employers that receive the subsidy must recognize the deferred tax effects relating to the future postretirement prescription drug coverage in the period the legislation was enacted. Our income tax expense for the three months ended March 31, 2010 includes a non-cash tax charge of \$10.2 million to reflect the impact of the tax law change.

Report of Independent Registered Public Accounting Firm

Board of Directors and Stockholders Unum Group and Subsidiaries

We have reviewed the consolidated balance sheet of Unum Group and subsidiaries as of March 31, 2010, and the related consolidated statements of income, stockholders' equity, cash flows, and comprehensive income for the three-month periods ended March 31, 2010 and 2009. These financial statements are the responsibility of the Company's management.

We conducted our review in accordance with the standards of the Public Company Accounting Oversight Board (United States). A review of interim financial information consists principally of applying analytical procedures and making inquiries of persons responsible for financial and accounting matters. It is substantially less in scope than an audit conducted in accordance with the standards of the Public Company Accounting Oversight Board, the objective of which is the expression of an opinion regarding the financial statements taken as a whole. Accordingly, we do not express such an opinion.

Based on our review, we are not aware of any material modifications that should be made to the consolidated financial statements referred to above for them to be in conformity with U.S. generally accepted accounting principles.

We have previously audited, in accordance with the standards of the Public Company Accounting Oversight Board (United States), the consolidated balance sheet of Unum Group and subsidiaries as of December 31, 2009, and the related consolidated statements of income, stockholders' equity, cash flows and comprehensive income (loss) for the year then ended not presented herein and in our report dated February 26, 2010, we expressed an unqualified opinion on those consolidated financial statements.

/s/ ERNST & YOUNG LLP

Chattanooga, Tennessee May 5, 2010

ITEM 2. MANAGEMENT'S DISCUSSION AND ANALYSIS OF FINANCIAL CONDITION AND RESULTS OF OPERATIONS

Introduction

Unum Group, a Delaware general business corporation, and its insurance and non-insurance subsidiaries, which collectively with Unum Group we refer to as the Company, operate in the United States, the United Kingdom, and, to a limited extent, in certain other countries around the world. The principal operating subsidiaries in the United States are Unum Life Insurance Company of America (Unum America), Provident Life and Accident Insurance Company (Provident), The Paul Revere Life Insurance Company (Paul Revere Life), and Colonial Life & Accident Insurance Company, and in the United Kingdom, Unum Limited. We are the largest provider of disability insurance products in the United States and the United Kingdom. We also provide a complementary portfolio of other insurance products, including employer- and employee-paid group benefits, life insurance, long-term care insurance, and other related services.

We have three major business segments: Unum US, Unum UK, and Colonial Life. Our other segments are the Individual Disability – Closed Block segment and the Corporate and Other segment. These segments are discussed more fully under "Segment Results" contained in this Item 2.

As one of the leading providers of employee benefits in the U.S. and the U.K., we offer a broad portfolio of products and services to meet the diverse and rapidly changing needs of employers and their employees. We offer group, individual, and voluntary benefits either as stand alone products or combined with other coverages to provide comprehensive benefits solutions for employers of all sizes. These benefits help businesses attract and retain a stronger workforce, while protecting the incomes and lifestyles of employees and their families. We believe employer-sponsored benefits represent the single most effective way to provide workers with access to the information and options they need to protect their lifestyle and provide financial security. Working people and their families, particularly those at middle and lower incomes, are perhaps the most vulnerable in today's economy and are often overlooked by many providers of financial services and products. Yet the need for employees to have access to low-cost benefits in the workplace has never been greater. For many people, employer-sponsored benefits are the primary defense against the potentially catastrophic fallout of death, illness, or injury.

We have established a corporate culture consistent with the social values our products provide. With a workforce of engaged employees dedicated to meeting the needs of our customers every day, we are committed to operating with integrity and being accountable for our actions. We believe our sound and consistent business practices, strong internal compliance program, and comprehensive risk management strategy ensure that we operate efficiently and identify and address potential areas of risk from all corners of our business. We have also applied these same values to our social responsibility efforts. Because we see important links between the obligations we have to all of our stakeholders, we place a strong emphasis on contributing to positive change in our communities.

We are an industry leader, and we believe that we are well-positioned in our sector. Due to the nature of our business, however, we are sensitive to economic and financial market movements, including consumer confidence, employment levels, and interest rates. Our business outlook, which recognizes both the challenges of the current economic environment as well as the mitigating impact of risk-reducing actions we have taken in recent years, is consistent with our risk appetite. Although the occurrence of one or more of the risk factors discussed in our 2009 annual report on Form 10-K may cause our results to differ materially from our outlook, our business plan has been tested against a variety of economic scenarios, and we believe that we can meet the challenges presented by the current economic environment.

This discussion and analysis should be read in conjunction with the consolidated financial statements and notes thereto in Part I, Item 1 contained in this Form 10-Q and with the discussion, analysis, and consolidated financial statements and notes thereto in Part I, Items 1 and 1A, and Part II, Items 6, 7, 7A, and 8 of our annual report on Form 10-K for the year ended December 31, 2009.

Executive Summary

During 2010, our focus will remain on disciplined top-line growth and capital management. Objectives for the year include:

- · Consistently execute our operating plans with an emphasis on disciplined, profitable growth.
- Further enhance financial flexibility through solid operating and investment performance, as well as a disciplined approach to capital
 management.
- Continue to invest in our business, including our products and services, as well as in the professional development of our employees.
- Remain positioned to capitalize on long-term growth opportunities in the marketplace.

A discussion of our operating performance and capital management follows.

Operating Performance and Capital Management

Our Unum US segment reported an increase in segment operating income of 8.5 percent in the first quarter of 2010 compared to the same period last year, with the risk experience across our product lines remaining generally stable. The benefit ratio for Unum US was 78.3 percent for the first quarter of 2010 compared to 79.3 percent in the prior year's first quarter, with group disability reporting a benefit ratio of 84.2 percent in the first quarter of 2010 compared to 88.0 percent in the comparable period last year. Unum US premium income decreased slightly in the first quarter of 2010 compared to the first quarter of 2009. Similar to 2009, the ongoing high levels of unemployment and the competitive environment continue to pressure our sales and premium income growth. In particular, premium growth from existing customers continues to be unfavorably impacted by lower salary growth and lower growth in the number of employees covered under an existing policy. Partially offsetting this unfavorable impact on premium growth was higher persistency. Unum US sales, which were also negatively impacted by the economy and the competitive environment, decreased 9.2 percent in the first quarter of 2010 compared to the same period last year. The comparison to the first quarter of 2009 is challenging as last year's first quarter sales results were unusually high in our group core market and in the voluntary market, due in part to the disruption in the marketplace that provided opportunities for us in these two markets. Our group core market segment, which we define for Unum US as employee groups with fewer than 2,000 lives, reported a sales decrease of 5.3 percent in the first quarter of 2010 relative to the same period last year, with growth in group life more than offset by a sales decline in group disability. Consistent with the core market sales decline, the number of new accounts added in our core market segment was 23 percent lower than the number of new accounts added in last year's first quarter. Sales in the group large case market segment decreased 20.6 percent compared to the first quarter of 2009, with declines in both group disability and group life. Sales of voluntary benefits increased 1.4 percent, and the number of new accounts increased 10.6 percent compared to the first quarter of 2009. Sales from other product lines reported as supplemental and voluntary decreased in the first quarter of 2010 relative to the prior year's first quarter.

Our Unum UK segment reported a decrease in segment operating income of 10.4 percent in the first quarter of 2010, as measured in Unum UK's local currency, relative to the first quarter of last year. The decrease was driven by unfavorable risk results and a 6.5 percent decline in premium income. The decline in premium income resulted primarily from the competitive U.K. market and lower premium growth from existing customers. The benefit ratio for Unum UK was 63.1 percent in the first quarter of 2010 compared to 53.3 percent in the first quarter of 2009, driven by lower premium income and unfavorable claim experience in the dependent life block of group life business. Overall sales in Unum UK increased 13.2 percent compared to the prior year's first quarter, led by growth in group life in both the core market, which we define for Unum UK as employee groups with fewer than 500 lives, and in the large case market. Persistency generally improved over the levels of last year.

Our Colonial Life segment reported an increase in segment operating income of 3.0 percent in the first quarter of 2010 relative to the first quarter of 2009, with premium growth of 4.6 percent. Risk results were generally in line with our expectations, with a benefit ratio of 47.1 percent in the first quarter of 2010 compared to 46.3 percent in the first quarter of 2009. Colonial Life's sales increased 8.4 percent relative to last year's first quarter, with a 16.3 percent increase in new account sales and a 4.4 percent increase in existing account sales. The largest sales growth by market segment was in the commercial market segment with fewer than 1,000 lives, with growth of 9.9 percent. The number of new accounts and new contracts both increased relative to the first quarter of 2009, while the average new case size declined. Persistency remains strong and is consistent with prior periods.

Our investment portfolio continues to perform well, with a 6.9 percent increase in net investment income relative to the first quarter of 2009. The net unrealized gain on our fixed maturity securities was \$2.5 billion at the end of the first quarter of 2010, compared to a gain of \$2.0 billion at year end 2009 and a loss of \$2.5 billion at the end of the first quarter of 2009.

We believe our capital and financial position are very strong. At the end of the first quarter of 2010, the risk-based capital ratio for our traditional U.S. insurance subsidiaries, calculated on a weighted average basis using the NAIC Company Action Level formula, was approximately 397 percent, compared to 382 percent at the end of 2009. Our leverage ratio, when calculated excluding the non-recourse debt and associated capital of Tailwind Holdings, LLC (Tailwind Holdings) and Northwind Holdings, LLC (Northwind Holdings), was 20.0 percent at March 31, 2010 compared to 20.5 percent at December 31, 2009. Our leverage ratio, when calculated using consolidated debt to total consolidated capital, was 24.1 percent at March 31, 2010 compared to 24.8 percent at December 31, 2009. The cash and marketable securities at our holding companies equaled approximately \$775 million at the end of the first quarter of 2010, compared to \$915 million at the end of 2009.

In spite of the current economic environment, we continue to make steady and disciplined progress, executing on our business plans and strengthening our financial position. We remain cautious of the near-term outlook for employment levels and wages, both of which limit opportunities for premium growth, but we believe we are poised to profitably grow as employment trends improve.

Further discussion is included in "Segment Results," "Investments," and "Liquidity and Capital Resources" contained in this Item 2.

Critical Accounting Estimates

We prepare our financial statements in accordance with GAAP. The preparation of financial statements in conformity with GAAP requires us to make estimates and assumptions that affect amounts reported in our financial statements and accompanying notes. Estimates and assumptions could change in the future as more information becomes known, which could impact the amounts reported and disclosed in our financial statements.

The accounting estimates deemed to be most critical to our results of operations and financial condition are those related to reserves for policy and contract benefits, deferred acquisition costs, valuation of investments, pension and postretirement benefit plans, income taxes, and contingent liabilities. There have been no significant changes in our critical accounting estimates during the first three months of 2010.

For additional information concerning our accounting policies and critical accounting estimates, see Note 1 of the "Notes to Consolidated Financial Statements" in Part II, Item 8 and "Critical Accounting Estimates" in Part II, Item 7 of our annual report on Form 10-K for the year ended December 31, 2009.

Accounting Developments

For information on new accounting standards and the impact, if any, on our financial position or results of operations, see Note 2 of the "Notes to Consolidated Financial Statements" contained herein in Item 1.

Consolidated Operating Results

(in millions of dollars)

	Three	Three Months Ended March 31		
	2010	% Change	2009	
Revenue				
Premium Income	\$ 1,863.2	(0.5)%	\$ 1,872.8	
Net Investment Income	613.0	6.9	573.7	
Net Realized Investment Gain (Loss)	25.6	139.6	(64.6)	
Other Income	59.8	(10.7)	67.0	
Total	2,561.6	4.6	2,448.9	
Benefits and Expenses				
Benefits and Change in Reserves for Future Benefits	1,568.9	(0.4)	1,575.7	
Commissions	218.3	1.0	216.2	
Interest and Debt Expense	33.4	2.5	32.6	
Deferral of Acquisition Costs	(154.9)	0.8	(153.6)	
Amortization of Deferred Acquisition Costs	141.2	7.1	131.8	
Compensation Expense	197.3	3.8	190.1	
Other Expenses	196.2	(4.5)	205.5	
Total	2,200.4	0.1	2,198.3	
Income Before Income Tax	361.2	44.1	250.6	
Income Tax	131.4	53.3	85.7	
Net Income	\$ 229.8	39.4	\$ 164.9	

The comparability of our financial results between years is affected by the fluctuation in the British pound sterling to dollar exchange rate. The functional currency of our U.K. operations is the British pound sterling. In periods when the pound weakens, translating pounds into dollars decreases current period results relative to the prior period. In periods when the pound strengthens, translating pounds into dollars increases current period results in relation to the prior period. Our weighted average pound/dollar exchange rate was higher for the first quarter of 2010 relative to 2009, at 1.562 and 1.439, respectively. If the 2010 results for our U.K. operations had been translated using the exchange rate for the first quarter of 2009, our operating revenue and operating income by segment would have been lower by approximately \$16.5 million and \$4.9 million, respectively, for the first quarter of 2010. However, it is important to distinguish between translating and converting foreign currency. Except for a limited number of transactions, we do not actually convert pounds into dollars. As a result, we view foreign currency translation as a financial reporting issue and not a reflection of operations or profitability in the U.K.

Consolidated premium income for the first quarter of 2010 includes premium growth, relative to the prior year first quarter, for our Unum US group life and accidental death and dismemberment, long-term care, and voluntary benefits lines of business as well as for Colonial Life. Our Unum US group disability line of business experienced a decline in premium income relative to the prior year due primarily to the ongoing high levels of unemployment and the competitive environment which impact sales growth and premium growth from existing customers. In particular, premium growth from existing customers continues to be unfavorably impacted by lower salary growth and lower growth in the number of employees covered under an existing policy. Unum UK premium income, in local currency, also declined during the first quarter of 2010 relative to the first quarter of 2009 due primarily to lower premium growth from existing customers, similar to Unum US. Premium income in the Individual Disability – Closed Block segment, which is a closed block of business, continues its expected decline.

Net investment income was higher in the first quarter of 2010 relative to the prior year first quarter due to continued growth in the level of invested assets, higher bond call premiums, an increase in our earned yield, and a favorable foreign exchange rate. We recognized in earnings a net realized investment gain of \$25.6 million in the first quarter of 2010 compared to a loss of \$64.6 million in the first quarter of 2009. During the first quarter of 2010 and 2009, we recognized other-than-temporary impairment losses of \$0.2 million and \$73.6 million, respectively, related to fixed maturity securities, all of which were recognized in earnings.

Also recognized in earnings through realized investment gains and losses was the change in the fair value of an embedded derivative in a modified coinsurance arrangement. During the first quarter of 2010, changes in the fair value of this embedded derivative resulted in a realized gain of \$18.3 million compared to a gain of \$23.6 million in the first quarter of 2009. Gains and losses on this embedded derivative result primarily from changes in credit spreads in the overall investment market.

Other income includes fees for administrative services only (ASO) products, which are products where the risk and responsibility for funding claim payments remain with the customer and we only provide services. ASO fees declined 11.1 percent in the first quarter of 2010 relative to the prior year's first quarter.

The benefit ratio was 84.2 percent in the first quarter of 2010 compared to 84.1 percent in the first quarter of 2009, with improved risk results in Unum US and higher benefit ratios in Unum UK and Colonial Life. Further discussion of our line of business risk results and claims management performance for each of our segments is included in "Segment Results" as follows.

Interest and debt expense for the first quarter of 2010 was higher than the prior year's first quarter due to higher levels of outstanding debt, partially offset by lower rates of interest on our floating rate debt. See "Debt" contained in this Item 2 for additional information.

The deferral of acquisition costs in the first quarter of 2010 was generally consistent with the prior year, with continued growth in certain of our product lines and the associated increase in deferrable expenses offsetting the lower level of deferrable costs in product lines with lower growth. The amortization of acquisition costs was higher in the first quarter of 2010 relative to the first quarter of 2009 due to the continued increase in the level of deferred acquisition costs as well as an acceleration of amortization resulting from lower persistency for certain issue years in the Unum US supplemental and voluntary lines. Although the rate of persistency for the overall block of business within each of the supplemental and voluntary lines was generally consistent with last year, the persistency for certain individual issue years was less than expected and required additional amortization of deferred acquisition costs.

Other expenses decreased slightly relative to the first quarter of 2009, primarily due to a decline in our pension costs.

In March 2010, legislation related to healthcare reform was signed into law. Among other things, the new legislation reduces the tax benefits available to an employer that receives a postretirement prescription drug coverage subsidy from the federal government under the Medicare Prescription Drug, Improvement and Modernization Act of 2003. Under the new legislation, to the extent our future postretirement prescription drug coverage expenses are reimbursed under the subsidy program, the expenses covered by the subsidy will no longer be tax deductible after 2012. Employers that receive the subsidy must recognize the deferred tax effects relating to the future postretirement prescription drug coverage in the period the legislation was enacted. Our income tax expense for the first quarter of 2010 includes a non-cash tax charge of \$10.2 million to reflect the impact of the tax law change.

Consolidated Sales Results

(in millions of dollars)

	Thro	Three Months Ended March 31	
	2010	% Change	2009
Unum US			
Fully Insured Products	\$163.7	(9.2)%	\$ 180.3
Administrative Services Only (ASO) Products	0.6	(14.3)	0.7
Total Unum US	164.3	(9.2)	181.0
Unum UK	24.2	23.5	19.6
Colonial Life	73.3	8.4	67.6
Individual Disability - Closed Block	0.2	(50.0)	0.4
Consolidated	\$262.0	(2.5)	\$268.6

Sales results shown in the preceding chart generally represent the annualized premium or annualized fee income on new sales which we expect to receive and report as premium income or fee income during the next 12 months following or beginning in the initial quarter in which the sale is reported, depending on the effective date of the new sale. Sales do not correspond to premium income or fee income reported as revenue in accordance with GAAP. This is because new annualized sales premiums reflect current sales performance and what we expect to recognize as premium or fee income over a 12 month period, while premium income and fee income reported in our financial statements are reported on an "as earned" basis rather than an annualized basis and also include renewals and persistency of in-force policies written in prior years as well as current new sales.

Premiums for fully insured products are reported as premium income. Fees for ASO products are included in other income. Sales, persistency of the existing block of business, and the effectiveness of a renewal program are indicators of growth in premium and fee income. Trends in new sales, as well as existing market share, also indicate the potential for growth in our respective markets and the level of market acceptance of price changes and new product offerings. Sales results may fluctuate significantly due to case size and timing of sales submissions.

We have experienced lower sales growth during both 2010 and 2009, particularly in the expansion of sales to existing accounts, which we believe is mostly attributable to the current economic environment. We expect this unfavorable pattern may continue in the near term if current economic conditions persist.

See "Segment Results" as follows for additional discussion of sales by segment.

Segment Results

Our reporting segments are comprised of the following: Unum US, Unum UK, Colonial Life, Individual Disability – Closed Block, and Corporate and Other. In the following segment financial data and discussions of segment results, "operating revenue" excludes net realized investment gains and losses. "Operating income" or "operating loss" excludes net realized investment gains and losses and income tax. These are considered non-GAAP financial measures. A non-GAAP financial measure is a numerical measure of a company's performance, financial position, or cash flows that excludes or includes amounts that are not normally excluded or included in the most directly comparable measure calculated and presented in accordance with GAAP.

These non-GAAP financial measures of "operating revenue" and "operating income" or "operating loss" differ from revenue and income (loss) before income tax as presented in our consolidated operating results and in income statements prepared in accordance with GAAP due to the exclusion of before-tax realized investment gains and losses. We measure segment performance excluding realized investment gains and losses because we believe that this performance measure is a better indicator of the ongoing businesses and the underlying trends in the businesses. Our investment focus is on investment income to support our insurance liabilities as opposed to the generation of realized investment gains and losses, and a long-term focus is necessary to maintain profitability over the life of the business. Realized investment gains and losses depend on market conditions and do not necessarily relate to decisions regarding the underlying business of our segments. However, income or loss excluding realized investment gains and losses does not replace net income or net loss as a measure of overall profitability. We may experience realized investment losses, which will affect future earnings levels since our underlying business is long-term in nature and we need to earn the assumed interest rates in our liabilities.

A reconciliation of total operating revenue by segment to total consolidated revenue and total operating income by segment to consolidated net income is as follows:

(in millions of dollars)

	Three Months	Ended March 31
	2010	2009
Operating Revenue by Segment	\$ 2,536.0	\$ 2,513.5
Net Realized Investment Gain (Loss)	25.6	(64.6)
Revenue	\$ 2,561.6	\$ 2,448.9
Operating Income by Segment	\$ 335.6	\$ 315.2
Net Realized Investment Gain (Loss)	25.6	(64.6)
Income Tax	131.4	85.7
Net Income	\$ 229.8	\$ 164.9

Three Months Ended March 31

Unum US Segment

The Unum US segment includes group long-term and short-term disability insurance, group life and accidental death and dismemberment (AD&D) products, and supplemental and voluntary lines of business. The supplemental and voluntary lines of business are comprised of recently issued disability insurance, group and individual long-term care insurance, and voluntary benefits products.

Unum US Operating Results

Shown below are financial results for the Unum US segment. In the sections following, financial results and key ratios are also presented for the major lines of business within the segment.

(in millions of dollars, except ratios)

	Three Months Ended March 31		
	2010	% Change	2009
Operating Revenue			
Premium Income	\$1,216.1	(0.8)%	\$ 1,226.3
Net Investment Income	304.6	4.6	291.3
Other Income	30.5	(3.5)	31.6
Total	1,551.2	0.1	1,549.2
Benefits and Expenses			
Benefits and Change in Reserves for Future Benefits	952.6	(2.1)	972.6
Commissions	136.2	0.3	135.8
Interest and Debt Expense	0.3	(62.5)	0.8
Deferral of Acquisition Costs	(87.9)	(2.5)	(90.2)
Amortization of Deferred Acquisition Costs	86.6	9.9	78.8
Other Expenses	264.2	(1.3)	267.8
Total	1,352.0	(1.0)	1,365.6
Operating Income Before Income Tax and Net			
Realized Investment Gains and Losses	\$ 199.2	8.5	\$ 183.6
Operating Ratios (% of Premium Income):			
Benefit Ratio	78.3%		79.3%
Other Expense Ratio	21.7%		21.8%
Before-tax Operating Income Ratio	16.4%		15.0%

Unum US Sales

(in millions of dollars)

(in millions of dollars)		ee Months Ended Mar	
Sales by Product		% Change	2009
Fully Insured Products			
Group Disability, Group Life, and AD&D			
Group Long-term Disability	\$ 27.6	(12.9)%	\$ 31.7
Group Short-term Disability	14.3	(10.1)	15.9
Group Life	28.5	(10.4)	31.8
AD&D	3.5	20.7	2.9
Subtotal	73.9	(10.2)	82.3
Supplemental and Voluntary			
Individual Disability - Recently Issued	9.6	(38.9)	15.7
Group Long-term Care	5.4	(22.9)	7.0
Individual Long-term Care	_	(100.0)	1.5
Voluntary Benefits	74.8	1.4	73.8
Subtotal	89.8	(8.4)	98.0
Total Fully Insured Products	163.7	(9.2)	180.3
ASO Products	0.6	(14.3)	0.7
Total Sales	\$164.3	(9.2)	\$181.0
Sales by Market Sector			
Group Disability, Group Life, and AD&D			
Core Market (< 2,000 lives)	\$ 53.1	(5.3)%	\$ 56.1
Large Case Market	20.8	(20.6)	26.2
Subtotal	73.9	(10.2)	82.3
Supplemental and Voluntary	89.8	(8.4)	98.0
Total Fully Insured Products	163.7	(9.2)	180.3
ASO Products	0.6	(14.3)	0.7
Total Sales	\$ 164.3	(9.2)	\$181.0

Unum US sales, which were negatively impacted by the current economic conditions and the competitive environment, decreased 9.2 percent in the first quarter of 2010 compared to the same period last year. The comparison to the first quarter of 2009 is challenging as last year's first quarter sales results were unusually high in our group core market and in the voluntary market, due in part to the disruption in the marketplace that provided opportunities for us in these two markets. Sales in our group core market segment, which we define for Unum US as employee groups with fewer than 2,000 lives, decreased 5.3 percent over the first quarter of 2009, with lower group long-term and short-term disability sales partially offset by an increase in group life sales. The number of new accounts added in our core market segment was 22.6 percent lower than the number of new accounts added in the first quarter of 2009. Sales in the group large case market segment decreased 20.6 percent compared to the first quarter of 2009. Our sales mix is approximately 72 percent core market and 28 percent large case market, with a targeted market distribution mix of 60 percent core/40 percent large case.

Sales of voluntary benefits increased 1.4 percent, and the number of new accounts increased 10.6 percent compared to the first quarter of 2009. Sales for our individual disability line of business, primarily in the multi-life market, decreased 38.9 percent in the first quarter of 2010 compared to the same period of 2009, and sales of group long-term care decreased 22.9 percent. We discontinued selling individual long-term care during 2009.

We intend to continue our focus on our group core market segment and the voluntary products market, maintaining our ongoing strategy for pricing, renewals, business mix, and risk selection. We will also seek disciplined growth in our group large case, individual disability, and group long-term care markets.

Unum US Group Disability Operating Results

Shown below are financial results and key performance indicators for Unum US group disability.

(in millions of dollars, except ratios)

(iii minions of norms, except ranos)	Three Months Ended March 31		·ch 31	
	2010	% Change	2009	
Operating Revenue				
Premium Income				
Group Long-term Disability	\$415.6	(5.1)%	\$ 438.1	
Group Short-term Disability	106.2	(1.3)	107.6	
Total Premium Income	521.8	(4.4)	545.7	
Net Investment Income	151.3	(3.3)	156.5	
Other Income	21.7	(7.3)	23.4	
Total	694.8	(4.2)	725.6	
Benefits and Expenses				
Benefits and Change in Reserves for Future Benefits	439.3	(8.6)	480.4	
Commissions	41.1	(2.4)	42.1	
Interest and Debt Expense	0.3	(62.5)	0.8	
Deferral of Acquisition Costs	(16.0)	1.3	(15.8)	
Amortization of Deferred Acquisition Costs	16.4	(3.0)	16.9	
Other Expenses	137.9	(3.9)	143.5	
Total	619.0	(7.3)	667.9	
Operating Income Before Income Tax and Net Realized Investment Gains and Losses	\$ 75.8	31.4	\$ 57.7	
Operating Ratios (% of Premium Income):				
Benefit Ratio	84.2%		88.0%	
Other Expense Ratio	26.4%		26.3%	
Before-tax Operating Income Ratio	14.5%		10.6%	
Premium Persistency:				
Group Long-term Disability	90.0%		87.3%	
Group Short-term Disability	89.4%		88.5%	
Case Persistency:				
Group Long-term Disability	88.6%		87.3%	
Group Short-term Disability	87.6%		86.4%	

Group disability premium income decreased in the first quarter of 2010 compared to the first quarter of 2009, as the ongoing high levels of unemployment and the competitive environment continue to pressure our premium income growth. In particular, premium growth from existing customers continued to be unfavorably impacted by lower salary growth and lower growth in the number of employees covered under an existing policy. Partially offsetting

the unfavorable growth trend from existing customers was higher premium and case persistency for both group long-term and short-term disability compared to the first quarter of 2009. Net investment income was lower in the first quarter of 2010 relative to the first quarter of 2009 due primarily to a decrease in the level of assets supporting this line of business, partially offset by an increase in bond call premiums. Other income includes ASO fees of \$14.3 million and \$16.1 million for the first quarter of 2010 and 2009, respectively.

The benefit ratio for the first quarter of 2010 was lower than the benefit ratio for the same period of 2009 due primarily to a higher rate of claim recoveries for group long-term disability, offset partially by an increase in paid claim incidence rates for group long-term and short-term disability.

Interest and debt expense related to the debt issued by Tailwind Holdings decreased in the first quarter of 2010 relative to the same period of 2009 due to a decrease in the floating rate of interest and a decrease in the amount of outstanding debt resulting from principal repayments.

The deferral and amortization of acquisition costs in the first quarter of 2010 were generally consistent with the first quarter of 2009. The other expense ratio remained relatively constant in the first quarter of 2010 relative to the first quarter of 2009, despite the decline in premium income, due to our continued focus on expense management.

Unum US Group Life and Accidental Death and Dismemberment Operating Results

Shown below are financial results and key performance indicators for Unum US group life and accidental death and dismemberment.

(in millions of dollars, except ratios)

Three Months End		Months Ended Marcl	led March 31	
	2010	% Change	2009	
Operating Revenue				
Premium Income				
Group Life	\$ 270.1	3.0%	\$262.2	
Accidental Death & Dismemberment	26.0	0.8	25.8	
Total Premium Income	296.1	2.8	288.0	
Net Investment Income	31.8	2.6	31.0	
Other Income	0.6	20.0	0.5	
Total	328.5	2.8	319.5	
Benefits and Expenses				
Benefits and Change in Reserves for Future Benefits	206.5	2.7	201.1	
Commissions	22.3	4.2	21.4	
Deferral of Acquisition Costs	(12.8)	7.6	(11.9)	
Amortization of Deferred Acquisition Costs	12.0	3.4	11.6	
Other Expenses	49.3	0.6	49.0	
Total	277.3	2.2	271.2	
Operating Income Before Income Tax and Net Realized Investment Gains and Losses	\$ 51.2	6.0	\$ 48.3	
Operating Ratios (% of Premium Income):				
Benefit Ratio	69.7%		69.8%	
Other Expense Ratio	16.6%		17.0%	
Before-tax Operating Income Ratio	17.3%		16.8%	
Premium Persistency:				
Group Life	92.3%		86.2%	
Accidental Death & Dismemberment	90.9%		87.7%	
Case Persistency:				
Group Life	88.3%		87.5%	
Accidental Death & Dismemberment	88.6%		87.4%	

Premium income for group life and accidental death and dismemberment increased in the first quarter of 2010 relative to the same period of 2009, due primarily to favorable premium persistency and case persistency. Premium persistency for the group life product line increased in both the core and large case market segments. Net investment income was higher in the first quarter of 2010 relative to the same period of 2009 due primarily to an increase in the level of assets supporting this line of business.

The benefit ratio in the first quarter of 2010 was consistent with the same period of 2009, with consistent risk experience in group life and a slightly lower benefit ratio for accidental death and dismemberment due to lower paid claim incidence rates.

The deferral of acquisition costs increased in the first quarter of 2010 compared to the same period of 2009 due primarily to an increase in the level of deferrable expenses resulting from increased sales in the core market segment. Amortization of deferred acquisition costs in the first quarter of 2010 was generally consistent with the same period of 2009.

The other expense ratio decreased in the first quarter of 2010 in comparison to the same period of 2009 due to a consistent level of expenses and an increase in premium income.

Unum US Supplemental and Voluntary Operating Results

Shown below are financial results and key performance indicators for Unum US supplemental and voluntary product lines.

(in millions of dollars, except ratios)

Operating Revenue	2010	% Change	
		76 Change	2009
Premium Income			
Individual Disability - Recently Issued	\$ 118.4	(1.3)%	\$119.9
Long-term Care	149.2	0.8	148.0
Voluntary Benefits	130.6	4.7	124.7
Total Premium Income	398.2	1.4	392.6
Net Investment Income	121.5	17.1	103.8
Other Income	8.2	6.5	7.7
Total	527.9	4.7	504.1
Benefits and Expenses			
Benefits and Change in Reserves for Future Benefits	306.8	5.4	291.1
Commissions	72.8	0.7	72.3
Deferral of Acquisition Costs	(59.1)	(5.4)	(62.5)
Amortization of Deferred Acquisition Costs	58.2	15.7	50.3
Other Expenses	77.0	2.3	75.3
Total	455.7	6.8	426.5
Operating Income Before Income Tax and Net Realized Investment Gains and Losses	\$ 72.2	(7.0)	\$ 77.6
Operating Ratios (% of Premium Income):			
Benefit Ratios			
Individual Disability - Recently Issued	50.5%		52.2%
Long-term Care	116.8%		107.4%
Voluntary Benefits	55.7%		55.8%
Other Expense Ratio	19.3%		19.2%
Before-tax Operating Income Ratio	18.1%		19.8%
Interest Adjusted Loss Ratios:			
Individual Disability - Recently Issued	30.7%		34.3%
Long-term Care	78.5%		74.2%
Premium Persistency:			
Individual Disability - Recently Issued	89.8%		90.4%
Long-term Care	95.4%		95.0%
Voluntary Benefits	80.0%		79.9%

Premium income increased in the first quarter of 2010 relative to the same period of 2009 due primarily to sales growth in the voluntary benefits product line and consistent levels of premium persistency for all of the product lines. Net investment income increased relative to the prior year period due primarily to growth in the level of assets supporting these lines of business and an increase in our earned yield.

The interest adjusted loss ratio for the individual disability – recently issued line of business declined in the first quarter of 2010 relative to the same period of 2009 due primarily to a higher average size of claim recoveries. The interest adjusted loss ratio for long-term care increased in the first quarter of 2010 relative to the first quarter of 2009 due primarily to higher paid benefits and an increase in the active life reserve. The benefit ratio for voluntary benefits in the first quarter of 2010 remained relatively consistent with the first quarter of 2009.

The deferral of acquisition costs decreased in the first quarter of 2010 as compared to the first quarter of 2009 due to the decrease in acquisition-related expenses resulting from lower sales. The amortization of deferred acquisition costs was higher in the first quarter of 2010 relative to the same period last year due to an acceleration of amortization resulting from lower persistency for certain issue years in certain of the product lines.

The other expense ratio remained relatively consistent in the first quarter of 2010 compared to the first quarter of 2009, with increased premium income offset by an increase in other expenses.

Segment Outlook

During the first quarter of 2010, we continued to experience an unfavorable impact on premium and sales growth, particularly growth in existing customer accounts, which we attribute to the current economic environment. Partially offsetting this unfavorable impact on premiums was higher than expected premium and case persistency in our group lines of business. We believe this is temporary in nature and that persistency will return to historical levels in 2011. Opportunities for premium and sales growth are expected to re-emerge as the economy improves and employment growth resumes. We expect some volatility in net investment income during the remainder of 2010 as a result of fluctuations in bond calls and other types of miscellaneous net investment income. We intend to continue to manage our expense levels relative to premium levels through operating effectiveness and performance management.

Periods of economic downturns have historically affected disability claim incidence rates and, to a lesser extent, disability claim recovery rates in certain sectors of the market. Certain risks and uncertainties are inherent in disability business. Components of claims experience, such as incidence and recovery rates, may be worse than we expect. Disability claim incidence and claim recovery rates may be influenced by, among other factors, the rate of unemployment and consumer confidence. Within the group disability market, pricing and renewal actions can be taken to react to higher claim rates, but these actions take time to implement, and there is a risk that the market will not sustain increased prices. In addition, changes in economic and external conditions may not manifest themselves in claims experience for an extended period of time. The current economic conditions may lead to a higher rate of claim incidence or lower levels of claim recoveries. We have previously taken steps to improve our risk profile, including reducing our exposure to volatile business segments through diversification by market size, product segment, and industry segment. We believe our claims management organization is positioned for stable and sustainable performance levels. We experienced slightly elevated levels of disability claims incidence in the first quarter of 2010, although at levels below the second half of 2009. However, we are uncertain as to whether the higher claim incidence is due to the normal volatility that occurs in our group disability business or is related to the economy. We continuously monitor key indicators to assess our risk to the economic slowdown and attempt to adjust our business plans accordingly.

We believe our Unum US growth strategy is sound. We continue to see future growth opportunity based on employee choice, defined employer funding, simple administration, and effective communication. Our strategies for growth focus on (i) delivering product choice through an integrated, easy-to-manage, and flexible platform, (ii) providing communications to employees with a focus on education and enrollment efficiencies, (iii) continued expansion and improvement in distribution, and (iv) developing strong capabilities to cross-sell, re-enroll, and retain customers.

During the remainder of 2010, we will continue to embed our culture of risk management while maintaining our operating effectiveness, with a focus on talent development across our businesses. We believe we are well-positioned strategically in our markets and that opportunities for growth exist in our group core market segment and in the voluntary markets. We will continue to manage our value businesses, which we define as the group large case market, individual disability, and long-term care product lines, in a disciplined manner for market growth and profitability. While the current economic conditions have impacted our ability to grow premium income, we expect to achieve a slight increase in premium income for 2010. We anticipate that the benefit ratio in our group disability product line will begin to level out during the remainder of 2010. We think future margin improvement is achievable, although at a slower rate of growth than was achieved for 2009, driven primarily by our ongoing product mix shift and the growth of our voluntary benefits product line.

Unum UK Segment

Unum UK includes insurance for group long-term disability, group life, and individual disability products sold primarily in the United Kingdom through field sales personnel and independent brokers and consultants.

Operating Results

Shown below are financial results and key performance indicators for the Unum UK segment.

(in millions of dollars, except ratios)

(in millions of activities, except ratios)	Three	Three Months Ended March 3		
	2010	% Change	2009	
Operating Revenue				
Premium Income				
Group Long-term Disability	\$ 114.2	(7.8)%	\$ 123.8	
Group Life	42.8	35.9	31.5	
Individual Disability	8.8	14.3	7.7	
Total Premium Income	165.8	1.7	163.0	
Net Investment Income	39.8	48.0	26.9	
Other Income	0.5	(16.7)	0.6	
Total	206.1	8.2	190.5	
Benefits and Expenses				
Benefits and Change in Reserves for Future Benefits	104.6	20.5	86.8	
Commissions	10.3	(2.8)	10.6	
Deferral of Acquisition Costs	(6.6)	8.2	(6.1)	
Amortization of Deferred Acquisition Costs	6.8	(4.2)	7.1	
Other Expenses	30.4	2.0	29.8	
Total	145.5	13.5	128.2	
Operating Income Before Income Tax and Net Realized Investment Gains and Losses	\$ 60.6	(2.7)	\$ 62.3	
Operating Ratios (% of Premium Income):				
Benefit Ratio	63.1%		53.3%	
Other Expense Ratio	18.3%		18.3%	
Before-tax Operating Income Ratio	36.6%		38.2%	
Persistency:				
Group Long-term Disability	90.6%		90.8%	
Group Life	94.7%		74.5%	
Individual Disability	89.0%		86.7%	

Foreign Currency Translation

The functional currency of Unum UK is the British pound sterling. Unum UK's premiums, net investment income, claims, and expenses are received or paid in pounds, and we hold pound-denominated assets to support Unum UK's pound-denominated policy reserves and liabilities. We translate Unum UK's pound-denominated financial statement items into dollars for our consolidated financial reporting. We translate income statement items using an average exchange rate for the reporting period, and we translate balance sheet items using the exchange rate at the end of the period. We report unrealized foreign currency translation gains and losses in accumulated other comprehensive income in our consolidated balance sheets.

Fluctuations in the pound to dollar exchange rate have an effect on Unum UK's reported financial results and our consolidated financial results. In periods when the pound weakens relative to the preceding period, translating pounds into dollars decreases current periods' results relative to the prior period. In periods when the pound strengthens, as occurred in the first quarter of 2010, translating into dollars increases current periods' results in relation to the prior periods.

(in millions of pounds, except ratios)

(iii siiiiii si garaa saasa	Thre	Three Months Ended March 31		
	2010	% Change	2009	
Operating Revenue				
Premium Income				
Group Long-term Disability	£ 73.1	(15.2)%	£ 86.2	
Group Life	27.4	25.1	21.9	
Individual Disability	5.6	3.7	5.4	
Total Premium Income	106.1	(6.5)	113.5	
Net Investment Income	25.4	35.8	18.7	
Other Income	0.4	_	0.4	
Total	131.9	(0.5)	132.6	
Benefits and Expenses				
Benefits and Change in Reserves for Future Benefits	66.9	10.8	60.4	
Commissions	6.6	(9.6)	7.3	
Deferral of Acquisition Costs	(4.2)	_	(4.2)	
Amortization of Deferred Acquisition Costs	4.3	(12.2)	4.9	
Other Expenses	19.5	(6.7)	20.9	
Total	93.1	4.3	89.3	
Operating Income Before Income Tax and Net Realized Investment Gains and Losses	£ 38.8	(10.4)	£ 43.3	
Weighted Average Pound/Dollar				
Exchange Rate	1.562		1.439	

Premium income declined in the first quarter of 2010 relative to the same period of 2009 due to lower premium growth from existing customers and a decline in the in-force block of group long-term disability business resulting from lower sales. The decline in group long-term disability premium income was partially offset by increased premium income for group life due to higher sales and improved persistency.

Net investment income increased in the first quarter of 2010 relative to the same period of 2009 due primarily to an increase in inflation which increased the return on bonds for which interest income is linked to a U.K. inflation index. These index-linked bonds match the claim reserves associated with certain of our group policies that provide for inflation-linked increases in benefits. The increase in net investment income attributable to these index-linked bonds was generally offset by an increase in the reserves for future claims payments related to the inflation index-linked group policies.

The benefit ratio increased in the first quarter of 2010 relative to the same period last year, due primarily to an increase in claim size for the dependent life block of group life business, the impact of higher inflation on claim reserves associated with group policies containing an inflation-linked benefit increase feature as discussed above, a slight increase in claim incidence for group long-term disability, and a decrease in premium income.

The deferral of acquisition costs in the first quarter of 2010 remained constant in comparison to the first quarter of 2009 due to a higher level of deferrable expenses resulting from increased sales offset by a lower level of deferrable expenses resulting from the reduction in the overall expense level. The decrease in amortization of deferred acquisition costs in the first quarter of 2010 relative to the same period of 2009 is due primarily to a decrease in amortization related to internal replacement transactions.

Sales

Shown below are sales results in dollars and in pounds for the Unum UK segment.

Months Ended March 2010 2009 % Change Group Long-term Disability \$12.2 \$ 16.3 (25.2)%Group Life 10.9 N.M. 2.1 Individual Disability 1.1 1.2 (8.3)**Total Sales** \$24.2 23.5 \$19.6 Group Long-term Disability £ 7.8 £ 11.3 (31.0)% Group Life 6.9 N.M. 1.5 Individual Disability 0.7 (12.5)0.8 **Total Sales** £15.4 13.2 £ 13.6

 $N.M. = not \ a \ meaningful \ percentage$

Sales in Unum UK increased in the first quarter of 2010 compared to the same period of 2009. The sales growth in group life was attributable to sales growth in both the core market, which we define for Unum UK as employee groups with fewer than 500 lives, and in the large case market. We also experienced slightly higher sales to existing customers in the group life line of business. The decrease in sales in the group long-term disability line of business was attributable to a decline in sales in the large case market as well a decline in sales to existing customers, partially offset by increased core market sales.

Segment Outlook

During the first quarter of 2010, we experienced an unfavorable impact on premium growth and sales to existing customers, and we expect this may continue in the near term if current economic conditions persist. Our sales and premium growth could also be further impacted by a prolonged competitive pricing environment in the U.K. Similar to the Unum US, we experienced slightly elevated levels of disability claim incidence in the first quarter of 2010, but we are uncertain as to whether the higher claim incidence is due to the normal volatility that occurs in our group disability business or is related to the economy. We continuously monitor key indicators to assess our risk to the economic slowdown and attempt to adjust our business plans accordingly. Continued fluctuations in the U.S. dollar relative to the British pound sterling impact our reported operating results.

Our current growth strategy focuses on generating organic growth and expanding our role as the leading provider of group disability insurance in the U.K. Our strategy for future growth combines optimizing the performance of our existing business while developing new market opportunities. We intend to optimize performance of the existing business by (i) improving customer service, (ii) expanding our broker market capabilities and sales effectiveness, and (iii) building on and adapting our existing products to meet emerging customer needs. We intend to develop new market opportunities for employee paid workplace solutions by offering a broader integrated product with simpler, defined choices and flexible funding options through a streamlined and efficient platform with online capabilities matched to broker and employer needs.

During the remainder of 2010, we will continue our commitment to our risk management culture as we focus on the achievement of sustainable and profitable growth through disciplined pricing, premium persistency, risk selection, and claims management. We expect to maintain our strong leadership position in the U.K. during 2010. In the current competitive market and economic environment, we continue to have a cautious outlook for premium growth, but we are optimistic that we will return to levels of premium growth during the latter half of 2010 through continued favorable persistency and increased sales to existing and new customers. Due to the disciplined cost management process we have implemented, we intend to continue to align our operating expenses with premium growth through the implementation of expense efficiencies. During the remainder of 2010, we expect our margins to continue at or near the favorable level maintained during 2009.

Colonial Life Segment

The Colonial Life segment includes insurance for accident, sickness, and disability products, life products, and cancer and critical illness products issued primarily by Colonial Life & Accident Insurance Company and marketed to employees at the workplace through an agency sales force and brokers.

Operating Results

Shown below are financial results and key performance indicators for the Colonial Life segment.

(in millions of dollars, except ratios)

,,,,,,	Three	Three Months Ended March	
	2010	% Change	2009
Operating Revenue			
Premium Income			
Accident, Sickness, and Disability	\$ 162.8	3.8%	\$156.8
Life	43.5	5.6	41.2
Cancer and Critical Illness	58.8	6.1	55.4
Total Premium Income	265.1	4.6	253.4
Net Investment Income	29.9	8.3	27.6
Other Income	0.2	100.0	0.1
Total	295.2	5.0	281.1
Benefits and Expenses			
Benefits and Change in Reserves for Future Benefits	124.8	6.4	117.3
Commissions	57.7	6.3	54.3
Deferral of Acquisition Costs	(60.4)	5.4	(57.3)
Amortization of Deferred Acquisition Costs	47.8	4.1	45.9
Other Expenses	52.3	4.6	50.0
Total	222.2	5.7	210.2
Operating Income Before Income Tax and Net Realized Investment Gains and Losses	\$ 73.0	3.0	\$ 70.9
Operating Ratios (% of Premium Income):			
Benefit Ratio	47.1%		46.3%
Other Expense Ratio	19.7%		19.7%
Before-tax Operating Income Ratio	27.5%		28.0%
Persistency:			
Accident, Sickness, and Disability	76.2%		74.1%
Life	85.0%		84.9%
Cancer and Critical Illness	84.6%		83.4%

Premium income increased in the first quarter of 2010 relative to the same period of 2009 due primarily to increased sales and favorable persistency. Net investment income increased in the first quarter of 2010 in comparison to the same period of 2009 due to growth in the level of assets, an increase in income from partnership investments and mortgage loan fees, and a higher earned yield.

The benefit ratio increased in the first quarter of 2010 relative to the first quarter of 2009, with a higher benefit ratio in the accident, sickness, and disability line partially offset by lower benefit ratios in the cancer and critical illness and life lines of business. The increase in the accident, sickness, and disability benefit ratio results from an increase in the active life reserve as well as a slightly higher level of claim incidence. The decrease in the benefit ratio for the cancer and critical illness product line is due primarily to a lower level of claim incidence and a lower average claim size, while the life benefit ratio decrease is due primarily to a lower level of claim incidence.

Commissions and the deferral of acquisition costs increased in the first quarter of 2010 compared to the same period of 2009 due primarily to increased sales. The amortization of deferred acquisition costs was higher relative to the first quarter of 2009 due to the continued increase in the level of deferred acquisition costs as well as the fluctuation in amortization related to certain of our interest-sensitive policies.

Sales

(in millions of dollars)

	Inre	I nree Months Ended March 31		
	2010	% Change	2009	
Accident, Sickness, and Disability	\$48.7	9.7%	\$ 44.4	
Life	14.3	10.0	13.0	
Cancer and Critical Illness	10.3	1.0	10.2	
Total Sales	\$ 73.3	8.4	\$67.6	

Colonial Life's sales in the first quarter of 2010 increased 8.4 percent relative to the first quarter of 2009, with 16.3 percent growth in new account sales and 4.4 percent growth in existing account sales. We experienced sales growth of 9.7 percent in the commercial market and 3.1 percent in the public sector market. Sales increased 9.9 percent in the commercial core market segment, which we now define as accounts with fewer than 1,000 lives, and 8.6 percent in the commercial market segment with 1,000 lives or more. The number of new accounts in the first quarter of 2010 increased over 30 percent relative to the same period of 2009, while the average new case size declined.

Segment Outlook

We were pleased with our sales results and new account growth in the first quarter of 2010. Premium growth, however, was modest due to sluggish sales growth in our most recent prior quarters. While we are encouraged by the first quarter of 2010 sales results, slower sales and premium growth levels may continue in the near term if the current economic conditions persist and continue to affect employment growth, the buying patterns of employees, and the deferral by employers of the introduction of new employee benefit plans. Periods of economic downturns have historically had minimal impact on the risk results of Colonial Life, due primarily to a diversified product portfolio that is designed with short duration, indemnity benefits. During the first quarter of 2010, we experienced a slight increase in claim incidence levels in the accident, sickness, and disability line. However, there was not a concentration in any particular market sector. We continuously monitor key indicators to assess our risk to an economic slowdown or recession and attempt to adjust our business plans accordingly.

Given the general stability and consistency of our risk results, we intend to continue to concentrate on developing our agency distribution system and implementing marketing strategies to accelerate sales growth. We believe our value proposition, through which we serve as benefits counselors for employers and employees and as a single source for benefits communication, voluntary insurance products, and enrollment services, is well positioned for changes in the voluntary market. Our growth strategy for the remainder of 2010 will focus on (i) distribution expansion and effectiveness, (ii) benefits communication, primarily through one-to-one enrollment, (iii) targeted marketing programs to accelerate new account growth and better penetrate existing accounts, and (iv) balanced growth in our market segments.

During the remainder of 2010, we will continue with our commitment to fostering our risk management culture while we seek to further expand our market opportunities. While we expect premium growth to be modest in the near term, strong profit margins are expected to continue. We believe premium growth will reaccelerate as the economy improves and employment growth resumes.

Individual Disability - Closed Block Segment

The Individual Disability – Closed Block segment generally consists of those individual disability policies in-force before the substantial changes in product offerings, pricing, distribution, and underwriting, which generally occurred during the period 1994 through 1998. A small amount of new business continued to be sold after these changes, but we stopped selling new policies in this segment at the beginning of 2004 other than update features contractually allowable on existing policies.

Operating Results

Shown below are financial results and key performance indicators for the Individual Disability - Closed Block segment.

(in millions of dollars, except ratios)

	Thre	Three Months Ended March 31		
	2010	% Change	2009	
Operating Revenue				
Premium Income	\$ 214.0	(6.8)%	\$229.6	
Net Investment Income	190.7	2.3	186.4	
Other Income	21.5	(20.1)	26.9	
Total	426.2	(3.8)	442.9	
Benefits and Expenses				
Benefits and Change in Reserves for Future Benefits	364.6	(3.1)	376.2	
Commissions	13.7	(10.5)	15.3	
Interest and Debt Expense	2.8	(51.7)	5.8	
Other Expenses	33.4	(2.6)	34.3	
Total	414.5	(4.0)	431.6	
Operating Income Before Income Tax and Net Realized Investment Gains and Losses	\$ 11.7	3.5	\$ 11.3	
Interest Adjusted Loss Ratio	84.5%		81.2%	
Operating Ratios (% of Premium Income):				
Other Expense Ratio	15.6%		14.9%	
Before-tax Operating Income Ratio	5.5%		4.9%	
Premium Persistency	93.3%		93.7%	

The decrease in premium income for the first quarter of 2010 relative to the same period of 2009 is due to the expected run-off of this block of closed business due to lower persistency and policy maturities. Net investment income increased in the first quarter of 2010 relative to the same period of 2009 due to higher bond call premiums in the first quarter of 2010 and an increase in prepayment income on mortgage-backed securities, partially offset by lower interest rates on floating rate assets, a lower level of assets supporting this closed block of business, and a lower earned yield.

Other income decreased in the first quarter of 2010 relative to the prior year due to less favorable results from certain blocks of reinsured business, including less favorable investment results from portfolios held by those ceding companies to support the blocks we have reinsured.

The interest adjusted loss ratio for the first quarter of 2010 increased relative to the same period of 2009 due to lower claim recoveries and higher claim incidence rates. Interest and debt expense decreased from the prior year due to lower rates of interest on our floating rate debt issued by Northwind Holdings and a decrease in the amount of outstanding debt resulting from principal repayments.

The other expense ratio increased in the first quarter of 2010 when compared to the same period of 2009 due primarily to the decline in premium income.

Segment Outlook

We expect that this segment may experience volatility in net investment income due to the variability in interest rates on floating rate assets and also due to volatility of bond call premiums relative to historical levels. A portion of the volatility in interest income will be offset by commensurate changes in the interest expense on our floating rate debt.

We expect that operating revenue and income will continue to decline over time as this closed block of business winds down. We believe that the interest adjusted loss ratio for this block of business will be relatively flat over the long term, but the segment may experience quarterly volatility. Claim resolution rates, which measure the resolution of claims from recovery, deaths, settlements, and benefit expirations, are very sensitive to operational and environmental changes and can be volatile. Our claim resolution rate assumption used in determining reserves is our expectation of the resolution rate we will experience over the life of the block of business and will vary from actual experience in any one period. It is possible that variability in our reserve assumptions could result in a material impact on our reserve levels.

Corporate and Other Segment

The Corporate and Other segment includes investment income on corporate assets not specifically allocated to a line of business, interest expense on corporate debt other than non-recourse debt, and certain other corporate income and expense not allocated to a line of business. Corporate and Other also includes results from certain Unum US insurance products not actively marketed, including individual life and corporate-owned life insurance, reinsurance pools and management operations, group pension, health insurance, and individual annuities. We expect operating revenue and income resulting from these insurance products to decline over time as these business lines wind down.

Operating Results

(in millions of dollars)

,	Three Months Ended March 31		
	2010	% Change	2009
Operating Revenue			
Premium Income	\$ 2.2	N.M.%	\$ 0.5
Net Investment Income	48.0	15.7	41.5
Other Income	7.1	(9.0)	7.8
Total	57.3	15.1	49.8
Benefits and Expenses			
Benefits and Change in Reserves for Future Benefits	22.3	(2.2)	22.8
Commissions	0.4	100.0	0.2
Interest and Debt Expense	30.3	16.5	26.0
Other Expenses	13.2	(3.6)	13.7
Total	66.2	5.6	13.7 62.7
Operating Loss Before Income Tax and Net Realized Investment Gains and Losses	\$ (8.9)	31.0	<u>\$(12.9)</u>

 $N.M. = not \ a \ meaningful \ percentage$

Non-Insurance Product Results

Operating revenue was \$23.7 million in the first quarter of 2010 compared to \$17.8 million in the same period of 2009. Operating losses were \$17.1 million in the first quarter of 2010 compared to \$21.6 million in the same period of 2009.

The increase in operating revenue in the first quarter of 2010 compared to the first quarter of 2009 is due primarily to an increase in net investment income. Net investment income increased due to higher asset levels and an increase in the earned yield.

Interest and debt expense increased in the first quarter of 2010 compared to the same period of 2009 due primarily to the September 2009 issuance of \$350.0 million of 7.125% senior notes, partially offset by the repayment of \$108.2 million of 5.859% senior notes in May 2009.

Other expenses were \$10.5 million in the first quarter of 2010 compared to \$13.4 million in the same period of 2009. The decrease in other expenses is due primarily to lower pension costs.

Insurance Product Results

Operating revenue for our insurance products was \$33.6 million in the first quarter of 2010 compared to \$32.0 million in the same period of 2009, with premium income higher in the first quarter of 2010 due to a refund of premium from the reinsurance pools. These closed lines of business had operating income of \$8.2 million in the first quarter of 2010 compared to \$8.7 million in the first quarter of 2009, with higher expenses in the first quarter of 2010 relative to the first quarter of 2009 more than offsetting the increase in premium income.

Segment Outlook

The general economic outlook for corporate bond defaults has improved related to recent quarters. However, as part of our risk management program, we have tested whether our capital plans have sufficient cushion to absorb possible losses. We believe we are well-positioned due to the strong capital position at our insurance subsidiaries and holding companies, as well as our on-going capital generation. During the remainder of 2010, we will continue our disciplined approach to risk management.

Interest and debt expense will be higher in 2010 as compared to 2009 due to the issuance of debt in September 2009. We expect that 2010 pension costs will be approximately \$15.0 million lower than the level of 2009.

Investments

Overview

Investment activities are an integral part of our business, and profitability is significantly affected by investment results. We segment our invested assets into portfolios that support our various product lines. Generally, our investment strategy for our portfolios is to match the effective asset cash flows and durations with related expected liability cash flows and durations to consistently meet the liability funding requirements of our businesses. We seek to earn investment income while assuming credit risk in a prudent and selective manner, subject to constraints of quality, liquidity, diversification, and regulatory considerations. Our overall investment philosophy is to invest in a portfolio of high quality assets that provide investment returns consistent with that assumed in the pricing of our insurance products. Assets are invested predominately in fixed maturity securities, and the portfolio is matched with liabilities so as to eliminate as much as possible our exposure to changes in the overall level of interest rates. Changes in interest rates may affect the amount and timing of cash flows.

We actively manage our asset and liability cash flow match and our asset and liability duration match to limit interest rate risk. We may redistribute investments between our different lines of business, when necessary, to adjust the cash flow and/or duration of the asset portfolios to better match the cash flow and duration of the liability portfolios. Asset and liability portfolio modeling is updated on a quarterly basis and is used as part of the overall

interest rate risk management strategy. Cash flows from the in-force asset and liability portfolios are projected at current interest rate levels and also at levels reflecting an increase and a decrease in interest rates to obtain a range of projected cash flows under the different interest rate scenarios. These results enable us to assess the impact of projected changes in cash flows and duration resulting from potential changes in interest rates. Testing the asset and liability portfolios under various interest rate scenarios enables us to choose the most appropriate investment strategy as well as to limit the risk of disadvantageous outcomes. This analysis is a precursor to our activities in derivative financial instruments, which are used to hedge interest rate risk and to manage duration match. We do not use derivatives for speculative purposes.

Our investment portfolio is well diversified by type of investment and industry sector. We have established an investment strategy that we believe will provide for adequate cash flows from operations and allow us to hold our securities through periods where significant decreases in fair value occur. We believe our emphasis on risk management in our investment portfolio, including credit and interest rate management, has positioned us well and generally reduced the volatility in our results.

We have no exposure to subprime mortgages, "Alt-A" loans, or collateralized debt obligations in our asset-backed or mortgage-backed securities portfolios. At March 31, 2010, we held \$17.0 million fair value (\$16.9 million amortized cost) of collateralized debt obligations within our public bond portfolio. We had \$182.0 million fair value (\$184.6 million amortized cost) of exposure to investments for which the payment of interest and principal is guaranteed under a financial guaranty insurance policy. The weighted average rating of the underlying securities, absent the guaranty insurance policy, is A1. We held \$399.3 million fair value (\$400.7 million amortized cost) of perpetual debentures, or "hybrid" securities, that generally have no fixed maturity date. Interest on these securities due on any payment date may be deferred by the issuer. The interest payments are generally deferrable only to the extent that the issuer has suspended dividends or other distributions or payments to any of its shareholders or any other perpetual debt instrument.

For information on our valuation of investments and our formal investment policy, including our overall quality and diversification objectives, see "Critical Accounting Estimates" and "Investments" in Part II, Item 7 of our annual report on Form 10-K for the year ended December 31, 2009.

Investment Results

Net investment income was \$613.0 million in the first quarter of 2010, an increase of 6.9 percent relative to the same period of 2009. This increase is due to continued growth in the level of invested assets, higher bond call premiums, an increase in our earned yield, and a favorable foreign exchange rate.

The duration weighted book yield on the fixed income securities in our investment portfolio was 6.75 percent as of March 31, 2010, and the weighted average credit rating was A3. This compares to a yield of 6.74 percent as of December 31, 2009 and a weighted average credit rating of A3. At March 31, 2010, the weighted average duration of our policyholder liability portfolio was approximately 8.23 years, and the weighted average duration of our investment portfolio supporting those policyholder liabilities was approximately 7.12 years, the difference of which is moderately outside our investment policy guidelines. We continue to review our investment strategy for our products and our tolerance levels relative to this mismatch.

Realized investment gains and losses, before tax, are as follows:

(in millions of dollars)

	Three Months Ended March 31			
	2010		2009	
Fixed Maturity Securities				
Gross Gains on Sales	\$	18.0	\$	4.0
Gross Losses on Sales		(14.5)		(16.8)
Other-Than-Temporary Impairment Loss		(0.2)		(73.6)
Mortgage Loans and Other Invested Assets				
Gross Gains on Sales		5.0		1.3
Gross Losses on Sales		(0.5)		(0.1)
Impairment Loss		(0.5)		(3.0)
Embedded Derivative in Modified Coinsurance Arrangement		18.3		23.6
Net Realized Investment Gain (Loss)	\$	25.6	\$	(64.6)

Realized Investment Losses \$10.0 Million or Greater from Other-Than-Temporary Impairments

We had no individual realized investment losses of \$10.0 million or greater from other-than-temporary-impairments during the first quarter of 2010.

- During the first quarter of 2009, we recognized an other than temporary impairment loss of \$33.3 million on securities issued by a U.S. media conglomerate. The company reported mixed fourth quarter 2008 operating results as its outdoor advertising weakened significantly. During the first quarter of 2009, the company borrowed \$1.6 billion against its lines of credit and completed a tender/exchange offer to improve its near term debt maturity profile. Continued signs that the company's operations had weakened materially in the first quarter 2009, as well as the continued weakness in the economy, led us to believe that covenant violations could occur in the near future. At the time of the impairment loss, these securities had been in an unrealized loss position for a period of greater than three years.
- During the first quarter of 2009, we recognized an other than temporary impairment loss of \$20.1 million on securities issued by a large specialty chemical company. The company reported fourth quarter 2008 earnings that were weaker than expected, which limited its prospects of refinancing its 2009 debt maturities. The company had been pursuing asset sales to raise cash but was unable to do so in time to avoid a financial restructuring. During the first quarter of 2009, the company filed for bankruptcy protection. At the time of the impairment loss, these securities had been in an unrealized loss position for a period of greater than two years but less than three years.
- During the first quarter of 2009, we recognized an other than temporary impairment loss of \$19.5 million on securities issued by a U.S. automotive parts company. The majority of the company's revenues are generated by sales to a single domestic automobile manufacturer. Due to the weak economy, automobile production had decreased dramatically, with the expectation of further production cuts. The U.S. government made available a \$5 billion credit facility to several automotive parts companies to help maintain automotive supplier liquidity. However, with their largest customer likely to undergo a major financial restructuring and/or bankruptcy filing, the company faced increased challenges. In March 2009 the company's external auditors stated there was "substantial doubt" about the company's ability to continue as a going concern if the automotive industry's financial problems were not resolved soon. At the time of the impairment loss, these securities had been in an unrealized loss position for a period of greater than three years.

Realized Investment Losses \$10.0 Million or Greater from Sale of Fixed Maturity Securities

We had no individual realized investment losses of \$10.0 million or greater from the sale of fixed-maturity securities during the first quarter of 2010.

• During the first quarter of 2009, we recognized a loss of \$14.2 million on the sale of securities issues by a large publisher of yellow page advertising. The company had suffered from deterioration in print directories' advertising as well as a significant rise in bad debt expenses due to the impact of the recession on small business customers. The company maintained significant amounts of available cash and was still generating free cash flows despite the weakening economy. However, during the first quarter of 2009, the company announced that it had hired a financial adviser to review its capital structure alternatives regarding debt payments due in 2010. At the time of disposition, these securities had been in an unrealized loss position for a period of greater than three years.

Embedded Derivative in a Modified Coinsurance Arrangement

We report changes in the fair value of an embedded derivative in a modified coinsurance arrangement as realized investment gains and losses, as required under the provisions of GAAP. GAAP requires us to include in our realized investment gains and losses a calculation intended to estimate the value of the option of our reinsurance counterparty to cancel the reinsurance contract with us. However, neither party can unilaterally terminate the reinsurance agreement except in extreme circumstances resulting from regulatory supervision, delinquency proceedings, or other direct regulatory action. Cash settlements or collateral related to this embedded derivative are not required at any time during the reinsurance contract or at termination of the reinsurance contract, and any accumulated embedded derivative gain or loss reduces to zero over time as the reinsured business winds down. We therefore view the effect of realized gains and losses recognized for this embedded derivative as a reporting requirement that will not result in a permanent change in assets or stockholders' equity.

The changes in fair value of this embedded derivative recognized as realized gains during the first quarter of 2010 and 2009 resulted primarily from a change in credit spreads in the overall investment market. The fair value of this embedded derivative was \$(99.1) million at March 31, 2010, compared to \$(117.4) million at December 31, 2009, and is reported in other liabilities in our consolidated balance sheets.

Fixed Maturity Securities

The fair value composition by internal industry classification of our fixed maturity security portfolio and the associated unrealized gains and losses are as follows:

Fixed Maturity Securities – By Industry Classification As of March 31, 2010

(in millions of dollars) Fair Value of Fair Value of Fixed Fixed Maturity Maturity Net Securities Securities Unrealized with Gross Gross with Gross Gross Gain Unrealized Unrealized Unrealized Unrealized Classification Fair Value Gain (Loss) Loss Loss Gain \$ 2,059.7 \$ 51.7 **Basic Industry** \$ 1,543.7 122.8 71.1 516.0 Capital Goods 556.2 268.0 3,418.4 241.0 27.0 2,862.2 Communications 2,571.4 242.0 364.3 21.7 2,207.1 263.7 Consumer Cyclical 1,247.3 21.5 38.0 839.9 59.5 407.4 29.5 Consumer Non-Cyclical 4,906.7 344.6 775.3 4,131.4 374.1 Energy (Oil & Gas) 3,143.1 320.5 266.1 10.3 2,877.0 330.8 Financial Institutions 3,200.5 39.3 1,361.9 78.2 1,838.6 117.5 206.3 2.2 Mortgage/Asset-Backed 3,657.8 330.8 3,451.5 333.0 1,422.7 151.0 29.6 0.4 1,393.1 151.4 Sovereigns 68.0 54.1 2.5 755.9 70.5 Technology 810.0 85.9 4.6 794.4 90.5 Transportation 913.0 118.6 2,235.0 13.9 967.6 82.3 1,267.4 96.2 U.S. Government Agencies and Municipalities 9,092.2 523.4 1,551.5 65.8 7,540.7 589.2 Redeemable Preferred Stocks 41.3 (1.5)5.9 1.7 35.4 0.2 \$38,719.1 \$2,451.5 \$ 7,180.8 \$415.9 \$31,538.3 \$2,867.4 Total

The following two tables show the length of time our investment-grade and below-investment-grade fixed maturity securities had been in a gross unrealized loss position as of March 31, 2010 and at the end of the prior four quarters. The relationships of the current fair value to amortized cost are not necessarily indicative of the fair value to amortized cost relationships for the securities throughout the entire time that the securities have been in an unrealized loss position nor are they necessarily indicative of the relationships after March 31, 2010. The elevated level of unrealized losses in the early part of 2009 resulted primarily from the significant widening of credit spreads that occurred in the overall market.

Unrealized Loss on Investment-Grade Fixed Maturity Securities Length of Time in Unrealized Loss Position As of March 31, 2010

(in millions of dollars)

	2010	2009			
	March 31	December 31	September 30	June 30	March 31
Fair Value < 100% >= 70% of Amortized Cost					
<= 90 days	\$ 22.3	\$ 62.7	\$ 5.5	\$ 19.8	\$ 95.2
> 90 <= 180 days	42.0	4.5	1.7	30.2	107.7
> 180 <= 270 days	1.4	2.3	0.2	47.2	321.8
> 270 days <= 1 year	2.1	3.7	2.1	133.4	270.2
> 1 year <= 2 years	45.8	84.2	132.6	367.4	598.8
> 2 years <= 3 years	43.3	105.4	155.9	303.2	247.7
> 3 years	128.2	160.6	170.3	435.0	455.9
Sub-total	285.1	423.4	468.3	1,336.2	2,097.3
Fair Value < 70% >= 40% of Amortized Cost					
<= 90 days	_	_	_	_	4.1
> 90 <= 180 days		_	_		2.1
> 180 <= 270 days	_	_	_	3.0	29.3
> 270 days <= 1 year	_		2.7	_	71.0
> 1 year <= 2 years	6.3	16.5	_	87.1	197.6
> 2 years <= 3 years	11.1	0.2	2.2	94.8	172.9
> 3 years	0.5	2.4	0.4	39.2	275.3
Sub-total	17.9	19.1	5.3	224.1	752.3
Fair Value < 40%					
> 270 days <= 1 year		_	_	_	_
> 1 year <= 2 years	_	_	_	_	43.8
> 2 years <= 3 years	_			_	61.7
> 3 years		0.5	0.6	0.6	13.2
Sub-total		0.5	0.6	0.6	118.7
Total	\$ 303.0	\$ 443.0	\$ 474.2	\$1,560.9	\$2,968.3

Unrealized Loss on Below-Investment-Grade Fixed Maturity Securities Length of Time in Unrealized Loss Position As of March 31, 2010

(in millions of dollars)

	2010	2009			
F. H. I. (1000) (1000) (1000) (1000)	March 31	December 31	September 30	June 30	March 31
Fair Value < 100% >= 70% of Amortized Cost					
<= 90 days	\$ 3.8	\$ 0.1	\$ —	\$ 1.4	\$ 0.7
> 90 <= 180 days	_	_	0.4	0.7	18.5
> 180 <= 270 days	_	0.1	0.1	25.9	37.9
> 270 days <= 1 year	_	_	14.9	23.1	36.9
> 1 year <= 2 years	13.8	48.0	80.8	121.9	62.5
> 2 years <= 3 years	48.8	45.7	64.2	59.5	7.0
> 3 years	23.0	24.3	21.3	34.2	20.7
Sub-total	89.4	118.2	181.7	266.7	184.2
Fair Value < 70% >= 40% of Amortized Cost					
> 90 <= 180 days	_	_	_	_	23.1
> 180 <= 270 days	_	_	_	8.8	16.8
> 270 days <= 1 year	_	_	7.1	9.7	37.9
> 1 year <= 2 years	9.9	10.9	48.4	121.0	197.7
> 2 years <= 3 years	1.4	1.3	25.2	38.7	36.1
> 3 years	12.2	19.7	48.9	74.1	29.3
Sub-total	23.5	31.9	129.6	252.3	340.9
Fair Value < 40%					
> 180 <= 270 days	_	_	_	_	_
> 270 days <= 1 year	_	_	_	_	2.7
> 1 year <= 2 years	_	_	_	_	73.2
> 2 years <= 3 years	—	_		12.1	28.8
> 3 years					91.4
Sub-total				12.1	196.1
Total	\$112.9	\$ 150.1	\$ 311.3	\$ 531.1	\$ 721.2

The following table shows our fixed maturity securities with a gross unrealized loss of \$10.0 million or greater, by industry type.

Gross Unrealized Losses \$10 Million or Greater on Fixed Maturity Securities As of March 31, 2010

(in millions of dollars)

Classification Investment-Grade	<u>Fair Value</u>	Gross Unrealized Loss	Number of Issuers
U.S. Government Agencies and Municipalities	\$ 558.0	\$ 51.9	2
Consumer Cyclical	22.4	11.1	1
Total	\$ 580.4	\$ 63.0	3
Below-Investment-Grade			
Basic Industry	\$ 28.2	\$ 12.2	1

We held securities from one issuer at March 31, 2010 with a gross unrealized loss of \$20.0 million or greater. The securities, which were issued by the Federal Home Loan Mortgage Corporation, had a fair value of \$528.1 million and a gross unrealized loss of \$40.5 million. The securities have been in a loss position for a period of greater than three years. The securities were rated AAA by S&P as of March 31, 2010, with no negative outlook by any major rating agencies. The decline in the fair value of these securities relates to changes in interest rates subsequent to purchase of the securities as well as concerns related to the overall mortgage market. We believe the decline in fair value of these securities is temporary. We do not intend to sell these securities or believe it is more likely than not we will be required to sell these securities before recovery of the amortized cost. See Note 4 of the "Notes to Consolidated Financial Statements" contained herein in Item 1 for a discussion of the process we use to monitor and evaluate our fixed maturity securities for determining other-than-temporary impairments.

At March 31, 2010, our mortgage/asset-backed securities had an average life of 5.32 years, effective duration of 4.46 years, and a weighted average credit rating of AAA. The mortgage/asset-backed securities are valued on a monthly basis using valuations supplied by the brokerage firms that are dealers in these securities as well as independent pricing services. One of the risks involved in investing in mortgage/asset-backed securities is the uncertainty of the timing of cash flows from the underlying loans due to prepayment of principal with the possibility of reinvesting the funds in a lower interest rate environment. We use models which incorporate economic variables and possible future interest rate scenarios to predict future prepayment rates. The timing of prepayment cash flows may also cause volatility in our recognition of investment income. We recognize investment income on these securities using a constant effective yield based on projected prepayments of the underlying loans and the estimated economic life of the securities. Actual prepayment experience is reviewed periodically, and effective yields are recalculated when differences arise between prepayments originally projected and the actual prepayments received and currently projected. The effective yield is recalculated on a retrospective basis, and the adjustment is reflected in net investment income.

We have not invested in mortgage-backed derivatives, such as interest-only, principal-only, or residuals, where market values can be highly volatile relative to changes in interest rates. All of our mortgage-backed securities have fixed rate coupons. The credit quality of our mortgage-backed securities portfolio has not been negatively impacted by the issues in the market concerning subprime mortgage loans. The change in value of our mortgage-backed securities portfolio has moved in line with that of prime agency-backed mortgage-backed securities.

As of March 31, 2010, the amortized cost and fair value of our below-investment-grade fixed maturity securities was \$2,715.9 million and \$2,710.3 million, respectively. Below-investment-grade securities are inherently more risky than investment-grade securities since the risk of default by the issuer, by definition and as exhibited by bond rating,

is higher. Also, the secondary market for certain below-investment-grade issues can be highly illiquid. Additional downgrades may occur, but we do not anticipate any liquidity problems resulting from our investments in below-investment-grade securities, nor do we expect these investments to adversely affect our ability to hold our other investments to maturity.

Mortgage Loans

Our mortgage loan portfolio was \$1,384.3 million and \$1,404.0 million on an amortized cost basis at March 31, 2010 and December 31, 2009, respectively. Our mortgage loan portfolio is comprised entirely of commercial mortgage loans. We believe our mortgage loan portfolio is well diversified geographically and among property types. The incidence of problem mortgage loans and foreclosure activity continues to be low. Due to conservative underwriting, we expect the level of problem loans to remain low relative to the industry. At March 31, 2010, we held two mortgage loans which were considered impaired. One mortgage loan, which was delinquent more than 30 days as to interest or principal payments, was carried at the estimated net realizable value of \$3.4 million, with no valuation allowance. The second mortgage loan, considered to be impaired because we anticipate early disposal of the loan through either sale or payoff for less than the outstanding principal, was carried at the net realizable value of \$3.1 million, net of a valuation allowance of \$0.5 million which was established during the first quarter of 2010. At December 31, 2009, we held one mortgage loan which was delinquent more than 30 days as to interest or principal payments and which we consider impaired. This loan was carried at the estimated net realizable value of \$2.0 million, net of a valuation allowance of \$3.2 million. We sold this loan during the first quarter of 2010 and recognized a realized investment loss of \$0.5 million.

Derivative Financial Instruments

We use derivative financial instruments primarily to manage reinvestment risk, duration, and currency risk. Historically, we have utilized current and forward interest rate swaps and options on forward interest rate swaps, current and forward currency swaps, interest rate forward contracts, forward treasury locks, currency forward contracts, and forward contracts on specific fixed income securities. Our current credit exposure on derivatives, which is limited to the value of those contracts in a net gain position less collateral held, was \$2.3 million at March 31, 2010. The carrying value of fixed maturity securities posted as collateral to our counterparties was \$157.1 million at March 31, 2010. We believe that our credit risk is mitigated by our use of multiple counterparties, all of which are rated A or better by both Moody's and S&P.

Other

Our exposure to non-current investments, defined as foreclosed real estate and invested assets which are delinquent as to interest and/or principal payments, totaled \$41.2 million and \$35.5 million on a fair value basis at March 31, 2010 and December 31, 2009, respectively.

See Notes 4 and 5 of the "Notes to Consolidated Financial Statements" contained herein in Item 1 for further discussion of our investments and our derivative financial instruments.

Liquidity and Capital Resources

Our liquidity requirements are met primarily by cash flows provided from operations, principally in our insurance subsidiaries. Premium and investment income, as well as maturities and sales of invested assets, provide the primary sources of cash. Debt and/or securities offerings provide an additional source of liquidity. Cash is applied to the payment of policy benefits, costs of acquiring new business (principally commissions), operating expenses, and taxes, as well as purchases of new investments.

We have established an investment strategy that we believe will provide for adequate cash flows from operations. We attempt to match our asset cash flows and durations with expected liability cash flows and durations to meet the funding requirements of our business. However, deterioration in the credit market may delay our ability to sell our positions in certain of our fixed maturity securities in a timely manner, which may negatively impact our cash flows. Furthermore, if we experience defaults on securities held in the investment portfolios of our insurance subsidiaries, this will negatively impact statutory capital, which could reduce our insurance subsidiaries' capacity to pay

dividends to our holding companies. A reduction in dividends to our holding companies could force us to seek external financing to avoid impairing our ability to pay our stockholder dividends or meet our debt and other payment obligations.

Our policy benefits are primarily in the form of claim payments, and we have minimal exposure to the policy withdrawal risk associated with deposit products such as individual life policies or annuities. A decrease in demand for our insurance products or an increase in the incidence of new claims or the duration of existing claims could negatively impact our cash flows from operations. However, our historical pattern of benefits paid to revenues is consistent, even during cycles of economic downturns, which serves to minimize liquidity risk.

We have met all minimum pension funding requirements set forth by ERISA. We made voluntary contributions of \$67.0 million to our U.S. qualified defined benefit pension plan during the first quarter of 2010. We do not anticipate making any additional contributions during 2010. We have estimated our future funding requirements under the Pension Protection Act of 2006 and do not believe that the funding requirements will cause a material adverse effect on our liquidity.

We also contribute to our U.K. pension plan sufficient to meet the minimum funding requirement under U.K. legislation. We anticipate that we will make contributions of approximately £3.4 million during 2010, £0.8 million of which was contributed during the first quarter.

During 2010, we intend to retain a level of capital in our traditional U.S. insurance subsidiaries such that we maintain a weighted average risk-based capital well above capital adequacy requirements. We also expect Unum Limited to operate above FSA capital adequacy requirements and minimum solvency margins.

We believe our cash resources are sufficient to meet our liquidity requirements for the next 12 months and that our current level of holding company capital can be utilized to mitigate potential losses from defaults.

Consolidated Cash Flows

Operating Cash Flows

Net cash provided by operating activities was \$281.6 million for the three months ended March 31, 2010, compared to \$290.9 million for the comparable period of 2009. Operating cash flows are primarily attributable to the receipt of premium and investment income, offset by payments of claims, commissions, expenses, and income taxes. Premium income growth is dependent not only on new sales, but on renewals of existing business, renewal price increases, and persistency. Investment income growth is dependent on the growth in the underlying assets supporting our insurance reserves and on the earned yield. The level of commissions and operating expenses is attributable to the level of sales and the first year acquisition expenses associated with new business as well as the maintenance of existing business. The level of paid claims is due partially to the growth and aging of the block of business and also to the general economy, as previously discussed in the operating results by segment. Operating cash flows for the first quarter of 2010 include our pension contributions previously discussed.

Investing Cash Flows

Investing cash inflows consist primarily of the proceeds from the sales and maturities of investments. Investing cash outflows consist primarily of payments for purchases of investments. Net cash used by investing activities was \$249.9 million for the three months ended March 31, 2010 compared to \$277.5 million for the comparable period of 2009.

Proceeds from sales and maturities of available-for-sale securities in the first quarter of 2010 were higher than in the comparable period of 2009 primarily due to an increase in sales and calls of fixed maturity securities. Securities were sold to provide funding for new purchases designed to improve our asset and liability duration match and to better match portfolio cash flows as well as to take advantage of relative value opportunities. In addition, reported proceeds increased relative to the first quarter of 2009 due to the translation of investment proceeds from our U.K. operations at higher exchange rates.

Proceeds from sales and maturities of other investments decreased in the first quarter of 2010 as compared to the same period of 2009 primarily due to a decrease in proceeds from terminations of derivative contracts within our cash flow hedging programs, partially offset by an increase in maturities of mortgage loans.

Purchases of available-for-sale securities increased during the first quarter of 2010 relative to the same period of 2009 due to the purchase of fixed maturity securities with characteristics that improve our asset and liability duration match and portfolio cash flow match. Also contributing to the higher level of reported purchases was the translation of purchases within our U.K. operations at higher exchange rates.

Purchases of other investments primarily relate to mortgage loans.

Net sales of short-term investments decreased during the first quarter of 2010 relative to the same period in 2009 due to the first quarter of 2009 active transition of our portfolio into fixed maturity securities out of short-term investments purchased during the last half of 2008.

Financing Cash Flows

Financing cash flows consist primarily of borrowings and repayments of debt, issuance or repurchase of common stock, and dividends paid to stockholders. Net cash used by financing activities was \$51.6 million for the three months ended March 31, 2010 compared to \$13.1 million for the comparable period of 2009.

During the first quarter of 2010, we purchased and retired \$10.0 million of our 7.08% medium-term notes due 2024. At March 31, 2010, we held \$225.1 million of short-term debt, which represents debt previously classified as long-term but which has a maturity date within one year of our balance sheet date.

During the first quarter of 2009, we purchased and retired \$24.0 million of our outstanding 5.859% notes and repaid \$58.3 million of repurchase agreements outstanding. At March 31, 2009, we held \$206.9 million of short-term debt, \$98.7 million of which was borrowed during the first quarter of 2009. The remaining \$108.2 million represented debt previously classified as long-term but which had a maturity date within one year of our balance sheet at March 31, 2009.

During each of the first quarters of 2010 and 2009, Tailwind Holdings made principal payments of \$2.5 million on its floating rate, senior secured non-recourse notes due 2036. During the first quarter of 2010 and 2009, Northwind Holdings made principal payments of \$20.8 million and \$2.2 million, respectively, on its floating rate, senior secured non-recourse notes due 2037.

See "Debt" contained in this Item 2 for further information.

Cash Available from Subsidiaries

Unum Group and certain of its intermediate holding company subsidiaries depend on payments from subsidiaries to pay dividends to stockholders, to pay debt obligations, and/or to pay expenses. These payments by our insurance and non-insurance subsidiaries may take the form of interest payments on loans from the parent to a subsidiary, operating and investment management fees, and/or dividends.

Restrictions under applicable state insurance laws limit the amount of dividends that can be paid to a parent company from its insurance subsidiaries in any 12-month period without prior approval by regulatory authorities. For life insurance companies domiciled in the United States, that limitation generally equals, depending on the state of domicile, either ten percent of an insurer's statutory surplus with respect to policyholders as of the preceding year end or the statutory net gain from operations, excluding realized investment gains and losses, of the preceding year. The payment of dividends to a parent company from its insurance subsidiaries without prior regulatory approval is generally further limited by the amount of unassigned statutory surplus.

Northwind Holdings' and Tailwind Holdings' ability to meet their debt payment obligations is dependent upon the receipt of dividends from Northwind Reinsurance Company (Northwind Re) and Tailwind Reinsurance Company (Tailwind Re), respectively. The ability of Northwind Re and Tailwind Re to pay dividends to their respective parent companies depends on their satisfaction of applicable regulatory requirements and on the performance of the reinsured business.

Unum Group and/or certain of its intermediate holding company subsidiaries may also receive dividends from its United Kingdom-based affiliate, Unum Limited, subject to applicable insurance company regulations, regulatory approval, and capital guidance in the United Kingdom.

The payment of dividends to the parent company from our subsidiaries also requires the approval of the individual subsidiary's board of directors.

The ability of Unum Group and certain of its intermediate holding company subsidiaries to continue to receive dividends from their insurance subsidiaries generally depends on the level of earnings of those insurance subsidiaries and additional factors such as risk-based capital ratios, funding growth objectives at an affiliate level, and maintaining appropriate capital adequacy ratios to support desired ratings. Insurance regulatory restrictions do not limit the amount of dividends available for distribution from non-insurance subsidiaries except where the non-insurance subsidiaries are held directly or indirectly by an insurance subsidiary and only indirectly by Unum Group.

Debt

At March 31, 2010, we had long-term debt, including senior secured notes and junior subordinated debt securities, totaling \$2,291.2 million and short-term debt of \$225.1 million. Short-term debt consisted of 7.625% senior notes due March 2011. Our leverage ratio, when calculated excluding the non-recourse debt and associated capital of Tailwind Holdings and Northwind Holdings, was 20.0 percent at March 31, 2010, compared to 20.5 percent at December 31, 2009. Our leverage ratio, when calculated using consolidated debt to total consolidated capital, was 24.1 percent at March 31, 2010 compared to 24.8 percent at December 31, 2009.

During the first quarter of 2010, we made principal payments of \$20.8 million and \$2.5 million on our senior secured non-recourse variable rate notes issued by Northwind Holdings and Tailwind Holdings, respectively, and we purchased and retired \$10.0 million of our 7.08% medium-term notes due 2024.

We monitor our compliance with our debt covenants. There are no significant financial covenants associated with any of our outstanding debt obligations. We remain in compliance with all debt covenants and have not observed any current trends that would cause a breach of any debt covenants.

See "Debt" in Part II, Item 7 of our annual report on Form 10-K for the year ended December 31, 2009, for further discussion.

Commitments

With respect to our commitments and off-balance sheet arrangements, see the discussion under "Commitments" in Part II, Item 7 of our annual report on Form 10-K for the year ended December 31, 2009. During the first quarter of 2010, there were no substantive changes in our commitments, contractual obligations, or other off-balance sheet arrangements other than the changes in outstanding long-term and short-term debt, as previously discussed.

Transfers of Financial Assets

To manage our cash position more efficiently, we enter into repurchase agreements with unaffiliated financial institutions. We generally use repurchase agreements as a means to finance the purchase of invested assets or for short-term general business purposes until projected cash flows become available from our operations or existing investments. Our repurchase agreements are typically outstanding for less than 30 days. We post collateral through our repurchase agreement transactions whereby the counterparty commits to purchase securities with the agreement to resell them to us at a later, specified date. The fair value of collateral posted is generally 102 percent of the cash received.

Our investment policy also permits us to lend fixed maturity securities to unaffiliated financial institutions in short-term securities lending transactions. These transactions increase our investment income with minimal risk. Our securities lending policy requires that a minimum of 102 percent of the fair value of the securities loaned be maintained as collateral. Generally, cash is received as collateral under these agreements. In the event that securities are received as collateral, we are not permitted to sell or re-post them. We had no securities lending transactions during the first quarter of 2010.

We account for all of our securities lending transactions and repurchase agreements as collateralized financings. We had no repurchase agreements outstanding at March 31, 2010. The average quarterly balance during the first quarter of 2010 was \$56.7 million, and the maximum amount outstanding at any month end was \$100.9 million. Our use of repurchase agreements can fluctuate during any given period, depending on our liquidity position, the availability of long-term investments that meet our purchasing criteria, and our general business needs.

Ratings

AM Best, Fitch, Moody's, and S&P are among the third parties that assign issuer credit ratings to Unum Group and financial strength ratings to our insurance subsidiaries. Issuer credit ratings reflect an agency's opinion of the overall financial capacity of a company to meet its senior debt obligations. Financial strength ratings are specific to each individual insurance subsidiary and reflect each rating agency's view of the overall financial strength (capital levels, earnings, growth, investments, business mix, operating performance, and market position) of the insuring entity and its ability to meet its obligations to policyholders. Both the issuer credit ratings and financial strength ratings incorporate quantitative and qualitative analyses by rating agencies and are routinely reviewed and updated on an ongoing basis.

We compete based in part on the financial strength ratings provided by rating agencies. A downgrade of our financial strength ratings can be expected to adversely affect us and could potentially, among other things, adversely affect our relationships with distributors of our products and services and retention of our sales force, negatively impact persistency and new sales, particularly large case group sales and individual sales, and generally adversely affect our ability to compete. A downgrade in the issuer credit rating assigned to Unum Group can be expected to adversely affect our cost of capital or our ability to raise additional capital.

The table below reflects the issuer credit ratings for Unum Group and the financial strength ratings for each of our traditional insurance subsidiaries as of the date of this filing.

	AM Best	Fitch	Moody's	S&P
Issuer Credit Ratings	bbb-(Good)	BBB (Good)	Ba1 (Speculative)	BBB-(Good)
Financial Strength Ratings				
Provident Life & Accident	A- (Excellent)	A (Strong)	Baa1 (Adequate)	A- (Strong)
Provident Life & Casualty	A- (Excellent)	A (Strong)	Not Rated	Not Rated
Unum Life of America	A- (Excellent)	A (Strong)	Baa1 (Adequate)	A- (Strong)
First Unum Life	A- (Excellent)	A (Strong)	Baa1 (Adequate)	A- (Strong)
Colonial Life & Accident	A- (Excellent)	A (Strong)	Baa1 (Adequate)	A- (Strong)
Paul Revere Life	A- (Excellent)	A (Strong)	Baa1 (Adequate)	A- (Strong)
Paul Revere Variable	B++ (Good)	A (Strong)	Baa1 (Adequate)	Not Rated
Unum Limited	Not Rated	Not Rated	Not Rated	A- (Strong)

We maintain an ongoing dialogue with the four rating agencies that evaluate us in order to inform them of progress we are making regarding our strategic objectives and financial plans, as well as other pertinent issues. A significant component of our communications involves our annual review meeting with each of the four agencies. We hold other meetings throughout the year regarding our business, including, but not limited to, quarterly updates.

On February 12, 2010, Fitch upgraded its ratings of Unum Group and its operating subsidiaries to BBB and A, respectively, and changed the outlook for the Company to "stable." On March 8, 2010, AM Best affirmed its ratings of Unum Group and all of its operating subsidiaries, with the exception of Paul Revere Variable, and revised the outlook for the Company to "positive." The rating of Paul Revere Variable was lowered to B++ due to the continued decline in this subsidiary's closed block of business.

There have been no other changes in any of the rating agencies' outlook statements or ratings during the first quarter of 2010 or prior to the date of this filing.

Agency ratings are not directed toward the holders of our securities and are not recommendations to buy, sell, or hold our securities. Each rating is subject to revision or withdrawal at any time by the assigning rating organization, and each rating should be regarded as an independent assessment, not conditional on any other rating. Given the dynamic nature of the ratings process, changes by these or other rating agencies may or may not occur in the near-term. Based on our ongoing dialogue with the rating agencies concerning our improved insurance risk profile, our financial flexibility, our operating performance, and the quality of our investment portfolio, we do not expect any negative actions from any of the four rating agencies related to either Unum Group's current issuer credit ratings or the financial strength ratings of its insurance subsidiaries. However, in the event that we are unable to meet the rating agency specific guideline values to maintain our current ratings, including but not limited to maintenance of our capital management metrics at the threshold values stated and maintenance of our financial flexibility and operational consistency, we could be placed on a negative credit watch, with a potential for a downgrade to both our issuer credit ratings and our financial strength ratings.

See our annual report on Form 10-K for the year ended December 31, 2009 for further information regarding our debt and financial strength ratings and the risks associated with rating changes.

ITEM 3. QUANTITATIVE AND QUALITATIVE DISCLOSURES ABOUT MARKET RISK

We are subject to various market risk exposures including interest rate risk and foreign exchange rate risk. With respect to our exposure to market risk, see the discussion under "Investments" in Item 2 of this Form 10-Q and in Part II, Item 7A of our annual report on Form 10-K for the year ended December 31, 2009. During the first three months of 2010, there was no substantive change to our market risk or the management of this risk.

ITEM 4. CONTROLS AND PROCEDURES

Under the supervision and with the participation of our management, including our Chief Executive Officer and Chief Financial Officer, we have evaluated the effectiveness of our disclosure controls and procedures, as defined in Rule 13a-15(e) under the Securities Exchange Act of 1934, as amended, as of the end of the period covered by this quarterly report. Based on that evaluation, these officers concluded that our disclosure controls and procedures were effective as of March 31, 2010.

There have been no changes in our internal control over financial reporting, as defined in Rule 13a-15(f) under the Securities Exchange Act of 1934, as amended, during the quarter ended March 31, 2010 that have materially affected, or are reasonably likely to materially affect, our internal control over financial reporting.

PART II

ITEM 1. LEGAL PROCEEDINGS

Refer to Part I, Item 1, Note 9 of the "Notes to Consolidated Financial Statements" for information on legal proceedings.

ITEM 1A. RISK FACTORS

There have been no material changes from the risk factors disclosed in our annual report on Form 10-K for the year ended December 31, 2009.

ITEM 6. EXHIBITS

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Exhibit 10.1	Cash Settled Restricted Stock Unit Agreement between Unum Group and Thomas R. Watjen dated as of February 25, 2010.
Exhibit 10.2	Amended and Restated Aircraft Time-Sharing Agreement between Unum Group and Thomas R. Watjen dated as of March 8, 2010.
Exhibit 15	Letter Re: Unaudited Interim Financial Information.
Exhibit 31.1	Certification of Chief Executive Officer pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.
Exhibit 31.2	Certification of Chief Financial Officer pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.
Exhibit 32.1	Certification of Chief Executive Officer pursuant to 18 U.S.C. Section 1350 as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002.
Exhibit 32.2	Certification of Chief Financial Officer pursuant to 18 U.S.C. Section 1350 as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002.
Exhibit 101	The following financial statements from Unum Group's Quarterly Report on Form 10-Q for the quarter ended March 31, 2010, filed on May 5, 2010, formatted in XBRL: (i) Consolidated Balance Sheets, (ii) Consolidated Statements of Income, (iii) Consolidated Statements of Stockholders' Equity, (iv) Consolidated Statements of Cash Flows, (v) Consolidated Statements of Comprehensive Income, (vi) the Notes to Consolidated Financial Statements, tagged as blocks of text.

Date: May 5, 2010

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Unum Group

(Registrant)

Date: May 5, 2010 /s/ Thomas R. Watjen

Thomas R. Watjen

President and Chief Executive Officer

/s/ Richard P. McKenney

Richard P. McKenney

Executive Vice President and Chief Financial Officer

EXHIBIT 10.1

CASH SETTLED RESTRICTED STOCK UNIT AGREEMENT WITH EMPLOYEE

THIS AGREEMENT, dated as of 02/25/2010, between Unum Group, a Delaware corporation (the "Company"), and THOMAS R WATJEN (the "Employee").

WITNESSETH

In consideration of the mutual promises and covenants made herein and the mutual benefits to be derived herefrom, the parties hereto agree as follows:

1. Grant, Vesting and Forfeiture of Restricted Stock Units.

- (a) <u>Grant</u>. Subject to the provisions of this Agreement and to the provisions of the Unum Group Stock Incentive Plan of 2007 (the "Plan"), the Company hereby grants to the Employee, as of 02/25/2010 (the "Grant Date"), 100,445.00 Restricted Stock Units (the "Restricted Stock Units"), each with respect to one share of common stock of the Company, par value \$0.10 per Share ("Common Stock"). All capitalized terms used herein, to the extent not defined, shall have the meaning set forth in the Plan.
- (b) <u>Vesting during the Restriction Period</u>. Subject to the terms and conditions of this Agreement, the Restricted Stock Units shall vest and no longer be subject to any restriction on the anniversaries of the Grant Date set forth below (the period during which restrictions apply, the "Restriction Period"):

Vesting DatesPercentage of Total Grant Vesting(Anniversaries of Grant Date)Percentage of Total Grant VestingFirst Anniversary33%Second Anniversary33%Third Anniversary34%

(c) <u>Termination of Employment</u>. Upon the Employee's Termination of Employment for any reason (other than due to the Employee's death, Disability, Retirement or Termination of Employment by the Company without Cause) during the Restriction Period, all Restricted Stock Units still subject to restriction shall be forfeited. Upon the Employee's Termination of Employment during the Restriction Period due to the Employee's death, Disability or Retirement, the restrictions applicable to the Restricted Stock Units shall lapse, and such Restricted Stock Units shall become free of all restrictions and become fully vested. Upon the Employee's Termination of Employment during the Restriction Period by the Company without Cause, the Employee shall vest in an additional number of Restricted Stock Units equal to the product of (x) the number of shares of Restricted Stock Units that are subject to each vesting tranche during the Restriction Period that have not yet vested as of the date of the Termination of Employment and (y) a fraction, the numerator of which is the number of full and partial months in the Restriction Period form the Grant Date until the date of Termination of Employment and the denominator of which is the total number of months in the Restriction Period for such tranche. For purposes of this Agreement, "Retirement" shall mean the Employee's Termination of Employment after the attainment of age 65 or the attainment of age 55 and at least 15 years of continuous service [, in each case, only if such Termination of Employment is approved as a "Retirement" by (i) the Committee in the case of an Employee who is subject to Section 16 of the Exchange Act or a "covered employee" within the meaning of Section 162(m) of the Code or (ii) the Chief Executive Officer or Senior Vice President, Human Resources, in the case of all other individuals]. For purposes of this Agreement, employment with the Company or any of its Affiliates or interfere in any way with the right of the Company or any such Affiliates to terminate

2. Settlement of Units.

Subject to Section 8 (pertaining to the withholding of taxes), as soon as practicable after the date on which the Restriction Period expires, and in no event later than 30 days after such date, the Company shall deliver to the Employee or his or her personal representative, an amount in cash equal to the Fair Market Value of a Share on the date of settlement for each Share subject to the Restricted Stock Unit.

3. Nontransferability of the Restricted Stock Units.

During the Restriction Period and until such time as the Restricted Stock Units are ultimately settled as provided in Section 2 above, the Restricted Stock Units shall not be transferable by the Employee by means of sale, assignment, exchange, encumbrance, pledge, hedge or otherwise. Any purported or attempted transfer of such rights shall be null and void.

4. Rights as a Stockholder.

During the Restriction Period, the Employee shall not be entitled to any rights of a stockholder with respect to the Restricted Stock Units (including, without limitation, any voting rights), *provided* that with respect to any dividends paid on Shares underlying the Restricted Stock Units, such dividends will be reinvested into additional Restricted Stock Units, which shall vest at such time as the underlying Restricted Stock Units vest and be settled in cash at that time

5. Adjustment; Change in Control.

In the event of certain transactions during the Restricted Period, the Restricted Stock Units shall be subject to adjustment as provided in Section 3(d) of the Plan or any applicable successor provision under the Plan. In the event of a Change in Control before the Restricted Stock Units vest, the restrictions applicable to the Restricted Stock Units shall lapse, such Restricted Stock Units shall become free of all restrictions and become fully vested, consistent with Section 10(a)(iii) of the Plan, and shall be settled within 5 days following the Change in Control; *provided, however*, that any Restricted Stock Units that constitute "nonqualified deferred compensation" as defined under Section 409A of the Code shall not be settled upon such Change in Control unless the Change in Control constitutes a "change in control event" within the meaning of Section 409A of the Code.

6. Payment of Transfer Taxes, Fees and Other Expenses.

The Company agrees to pay any and all original issue taxes and stock transfer taxes that may be imposed on the settlement of the Restricted Stock Units, together with any and all other fees and expenses necessarily incurred by the Company in connection therewith.

7. Other Restrictions.

- (a) The Restricted Stock Units shall be subject to the requirement that, if at any time the Committee shall determine that (i) the listing, registration or qualification of the Shares subject or related thereto upon any securities exchange or under any state or federal law is required, or (ii) the consent or approval of any government regulatory body is required, then in any such event, the grant of Restricted Stock Units shall not be effective unless such listing, registration, qualification, consent or approval shall have been effected or obtained free of any conditions not acceptable to the Committee.
- (b) If the Employee is a Restricted Person under the Company's Insider Trading Policy (as in effect from time to time and any successor policies), the Employee shall be required to obtain pre-clearance from the General Counsel or Securities Counsel of the Company prior to purchasing or selling any of the Company's securities and may be prohibited from selling such securities other than during an open trading window. The Employee further acknowledges that, in its discretion, the Company may prohibit the Employee from selling such securities even during an open trading window if the Company has concerns over the potential for insider trading.

8. Taxes and Withholding.

No later than the date as of which an amount first becomes includible in the gross income of the Employee for federal, state, local, foreign income, employment or other tax purposes with respect to any Restricted Stock Units, the Employee shall pay to the Company, or make arrangements satisfactory to the Company regarding the payment of, all federal, state, local and foreign taxes that are required by applicable laws and regulations to be withheld with respect to such amount. The obligations of the Company under this Agreement shall be conditioned on compliance by the Employee with this Section 8, and the Company shall, to the extent permitted by law, have the right to deduct any such taxes from any payment otherwise due to the Employee, including deducting such amount from the delivery of cash upon settlement of the Restricted Stock Units that gives rise to the withholding requirement.

9. Notices.

All notices and other communications under this Agreement shall be in writing and shall be given by hand delivery to the other party or by facsimile, overnight courier, or registered or certified mail, return receipt requested, postage prepaid, addressed as follows:

If to the Employee:

At the most recent address on file at the Company.

If to the Company:

Unum Group 1 Fountain Square Chattanooga, Tennessee 37402

Attention: Executive Compensation, Human Resources

or to such other address or facsimile number as any party shall have furnished to the other in writing in accordance with this Section 9. Notices and communications shall be effective when actually received by the addressee. Notwithstanding the foregoing, the Employee consents to electronic delivery of documents required to be delivered by the Company under the securities laws.

10. Effect of Agreement.

This Agreement is personal to the Employee and, without the prior written consent of the Company, shall not be assignable by the Employee otherwise than by will or the laws of descent and distribution. This Agreement shall inure to the benefit of and be enforceable by the Employee's legal representatives. This Agreement shall inure to the benefit of and be binding upon the Company and its successors and assigns.

11. Laws Applicable to Construction; Consent to Jurisdiction.

The interpretation, performance and enforcement of this Agreement shall be governed by the laws of the State of Delaware without reference to principles of conflict of laws, as applied to contracts executed in and performed wholly within the State of Delaware. In addition to the terms and conditions set forth in this Agreement, the Restricted Stock Units are subject to the terms and conditions of the Plan, which is hereby incorporated by reference.

12. Severability.

The invalidity or enforceability of any provision of this Agreement shall not affect the validity or enforceability of any other provision of this Agreement.

13. Conflicts and Interpretation.

In the event of any conflict between this Agreement and the Plan, the Plan shall control. In the event of any ambiguity in this Agreement, or any matters as to which this Agreement is silent, the Plan shall govern including, without limitation, the provisions thereof pursuant to which the Committee has the power, among others, to (a) interpret the Plan, (b) prescribe, amend and rescind rules and regulations relating to the Plan, and (c) make all other determinations deemed necessary or advisable for the administration of the Plan. The Employee hereby acknowledges that a copy of the Plan has been made available to him and agrees to be bound by all the terms and provisions thereof. The Employee and the Company each acknowledges that this Agreement (together with the Plan) constitutes the entire agreement and supersedes all other agreements and understandings, both written and oral, among the parties or either of them, with respect to the subject matter hereof.

14. Amendment.

The Company may modify, amend or waive the terms of the Restricted Stock Unit award, prospectively or retroactively, but no such modification, amendment or waiver shall materially impair the rights of the Employee without his or her consent, except as required by applicable law, stock exchange rules, tax rules or accounting rules. The waiver by either party of compliance with any provision of this Agreement shall not operate or be construed as a waiver of any other provision of this Agreement, or of any subsequent breach by such party of a provision of this Agreement.

15. Section 409A.

It is the intention of the Company that the Restricted Stock Units shall either (a) not constitute "nonqualified deferred compensation" as defined under Section 409A of the Code or (b) comply in all respects with the requirements of Section 409A of the Code and the regulations promulgated thereunder, such that no delivery of cash pursuant to this Agreement will result in the imposition of taxation or penalties as a consequence of the application of Section 409A of the Code. Cash in respect of any Restricted Stock Units that (i) constitute "nonqualified deferred compensation" as defined under Section 409A of the Code and (ii) vest as a consequence of the Employee's termination of employment shall not be delivered until the date that the Employee incurs a "separation from service" within the meaning of Section 409A of the Code (or, if the Employee is a "specified employee" within the meaning of Section 409A of the Code and the regulations promulgated thereunder, the date that is six months following the date of such "separation from service"). If the Company determines after the Grant Date that an amendment to this Agreement is necessary to ensure the foregoing, it may, notwithstanding Section 14, make such an amendment, effective as of the Grant Date or any later date, without the consent of the Employee.

16. Headings.

The headings of Sections herein are included solely for convenience of reference and shall not affect the meaning or interpretation of any of the provisions of this Agreement.

17. Counterparts.

This Agreement may be executed in counterparts, which together shall constitute one and the same original.

18. Waiver and Release.

In consideration for the granting of the Restricted Stock Units, the Employee hereby waives any and all claims whether known or unknown that the Employee may have against the Company and its affiliates and their respective directors, officers, shareholders, agents or employees arising out of, in connection with or related to the Employee's employment, except for (1) claims under this Agreement, (2) claims that arise after the date hereof and obligations that by their terms are to be performed after the date hereof, (3) claims for compensation or benefits under any compensation or benefit plan or arrangement of the Company and its affiliates, (4) claims for indemnification respecting acts or omissions in connection with the Employee's service as a director, officer or employee of the Company or its affiliates, (5) claims for insurance coverage under directors' and officers' liability insurance policies maintained by the Company or its affiliates, or (6) any right the Employee may have to obtain contribution in the event of the entry of judgment against the Company as a result of any act or failure to act for which both the Employee and the Company or any of its affiliates are jointly responsible. The Employee waives any and all rights under the laws of any state (expressly including but not limited to Section 1542 of the California Civil Code), which is substantially similar in wording or effect as follows:

"A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the Release, which if known by him must have materially affected his settlement with the debtor."

This waiver specifically includes all claims under the Age Discrimination in Employment Act of 1967, as amended. The Employee (a) acknowledges that he has been advised to consult an attorney in connection with entering into this Agreement; (b) has twenty-one (21) days to consider this waiver and release; and (c) may revoke this waiver and release within seven (7) days of execution upon written notice to Legal Counsel, Employment and Labor, Law Department, Unum Group, 1 Fountain Square, Chattanooga, Tennessee 37402. The waiver and release will not become enforceable until the expiration of the seven (7) day period. In the event that the waiver and release is revoked during such seven (7) day period, the grant shall be void and of no further effect.

IN WITNESS WHEREOF, as of the officer and the Employee has hereunto set	, , ,	caused this Agreement to be executed on its behalf by a duly authorized
	04/14/2010	/s/ Thomas R Watjen THOMAS R WATJEN
		UNUM GROUP
		''s/ Rhonda Rigsby Rhonda Rigsby VP, Executive and Corporate

Compensation

EXHIBIT 10.2

AMENDED AND RESTATED AIRCRAFT TIME-SHARING AGREEMENT

THIS AMENDED AND RESTATED AIRCRAFT TIME-SHARING AGREEMENT (this "Agreement") is entered into as of March 8, 2010 between **Unum Group,** a Delaware corporation (the "Operator") and **Thomas R. Watjen**, a resident of the State of Tennessee (the "User"). This Agreement amends and restates that certain Aircraft Time-Sharing Agreement dated as of December 4, 2007 between Operator and User.

RECITALS

- A. Operator owns and maintains the corporate aircraft described herein and operates such aircraft in connection with its business;
- B. To a limited extent, User is granted air transportation services in such aircraft without cost, as part of certain executive compensation payable by Operator to User; and User desires to obtain additional air transportation services in such aircraft from time to time for cash; and
- C. Operator is authorized to carry other persons under a time-sharing agreement for reimbursement on a limited basis, as long as Operator does not engage in the carriage of persons or cargo by air for compensation or hire;
- NOW, THEREFORE, in consideration of the foregoing and of other good and valuable consideration, the receipt and sufficiency whereof are hereby acknowledged, the parties do hereby agree as follows:
 - 1. <u>Definitions</u>. As used herein, the following capitalized terms shall have the respective meanings set forth in this Section 1:
- "Aircraft" shall mean each aircraft described in any Supplement or Supplements hereto executed by and between User and Operator substantially in the form of Exhibit A.
 - "FAA" shall mean the Federal Aviation Administration of the U.S. Department of Transportation, or any successor.
 - "FAR" shall mean the Federal Aviation Regulations, Title 14, Code of Federal Regulations, as in effect from time to time.
 - "Principal Base" shall mean Chattanooga Metropolitan Airport, Chattanooga, Tennessee (airport code CHA).
 - "Service Area" shall mean the 48 contiguous states of the United States; Canada; Mexico; and the islands in the Caribbean Sea.
- "Service Period" shall mean the period from the effective date of the relevant Supplement to the date of termination hereof communicated by at least thirty (30) days' written notice from one party hereto to the other, inclusive.
 - "Services" shall have the meaning given thereto in Section 2 of this Agreement.
- "Supplement" shall mean each Aircraft Time-Sharing Supplement executed under this Agreement by the parties hereto substantially in the form of Exhibit A hereto, covering one or more particular Aircraft and incorporating by reference the terms and provisions of this Agreement.

"<u>Ticket Tax</u>" shall mean the federal excise tax imposed upon the transportation of persons by air pursuant to Section 4261 of the Internal Revenue Code of 1986, as amended, 26 U.S.C. Section 4261, or any replacement thereof, and regulations thereunder.

- 2. Operator Services. During the Service Period, Operator will provide the following services to User (collectively the "Services"):
- (a) Air transportation for User on one or more Aircraft, on a time-sharing basis pursuant to the provisions of FAR Sections 91.501(b)(6) and 91.501(c)(1), 14 C.F.R. Sections 91.501(b)(6) and 91.501(c)(1), upon request of User from time to time. The Principal Base shall be used for purposes of routine departure and arrival of persons authorized by User to use the Services. The Services will be available to User within the Service Area on a space-available basis in the discretion of Operator, upon not less than twenty-four (24) hours' prior telephonic or other notice from User to Operator.
 - (b) Flight crew for the Aircraft.
 - (c) Inspection and maintenance of the Aircraft according to specifications currently in practice by Operator.

3. Consideration.

- (a) In partial reimbursement of Operator's costs of providing the Services to be provided to User hereunder, User shall pay to Operator its actual costs of each of the following items as expenses of any specific flight conducted hereunder:
 - (1) Fuel, oil, lubricants and other additives.
 - (2) Travel expenses of the crew, including food, lodging and ground transportation.
 - (3) Hangar and tie-down costs away from the Aircraft's base of operation.
 - (4) Insurance (if any) obtained for the specific flight.
 - (5) Landing fees, airport taxes and similar assessments.
 - (6) Customs, foreign permit and similar fees directly related to the flight.
 - (7) In-flight food and beverages provided by Operator.
 - (8) Passenger ground transportation provided by Operator.
 - (9) Flight planning and weather contract services used for the flight.
 - (10) An additional charge equal to 100 percent of the expenses listed in paragraph (1) above.
- (b) In connection with all Services rendered, Operator shall invoice User promptly for all reimbursable costs incurred by Operator in connection with a specific flight. The amount invoiced at any time shall reflect actual costs of Operator in pursuing the specific flight referred to, plus the amount of Ticket Tax required to be collected and remitted by Operator thereon. User shall pay each invoice within 20 days of receipt.
- 4. Other Obligations of User. For each flight, User shall provide Operator with an accurate passenger manifest not less than two (2) hours prior to scheduled departure. User also shall cooperate reasonably and shall arrange that passengers shall cooperate reasonably with Operator in its efforts to comply with all applicable requirements of the FAA, the U.S. Department of Homeland Security and any other governmental authorities having jurisdiction over each flight hereunder.
- 5. Operational Control. At all times when any Aircraft is being flown for User under this Agreement, Operator shall have operational control of the Aircraft. Operator's pilot-in-command shall have final authority to determine all safety matters, including without limitation the initiation and termination of each flight, the selection of routing of the Aircraft and the load to be carried.

6. <u>Liability Limitations</u>. Operator shall not be liable for delay or cancellation of flights or for loss or damage to property to the extent the same is caused by scheduling of necessary maintenance or repairs or by inclement weather, strike, civil commotion, government action, flood, fire, explosion, act of God or any other cause beyond the reasonable control of Operator. The liability of Operator for loss of or damage to baggage or other cargo shall be limited to \$20 per kilogram of such property. Neither party shall be liable to the other for any punitive, exemplary or special damages under or in connection with this Agreement.

7. Risks, Indemnification and Insurance.

- (a) Except as otherwise provided herein, Operator shall indemnify, defend and hold harmless User from and against any and all third-party claims, charges, suits, losses, costs, damages, liabilities and causes of action, including reasonable attorneys' fees, to the extent the same are imposed upon, incurred by or asserted against User as a result of any act or omission on the part of Operator or those for whom Operator is responsible in connection with the operation or use of the Aircraft or as a result of a breach by Operator of any of its obligations, representations or warranties under this Agreement.
- (b) Except as otherwise provided herein, User shall indemnify, defend and hold harmless Operator from and against any and all third-party claims, charges, suits, losses, costs, damages, liabilities and causes of action, including reasonable attorneys' fees, to the extent the same are imposed upon, incurred by or asserted against Operator as a result of a breach by User of any of his obligations, representations or warranties under this Agreement.
- (c) During the term of this Agreement, Operator shall maintain or cause to be maintained aircraft liability insurance in respect of each Aircraft, its use and operation, covering bodily injury and death of persons and loss of or damage to property, with a combined single limit of not less than \$25,000,000 per occurrence, and naming User as an additional insured under the policy.
- (d) During the Service Period, Operator shall maintain or cause to be maintained aircraft hull insurance covering all risks of loss of and damage to each Aircraft, in an amount not less than the replacement value of the Aircraft.
- (e) All such coverages shall be maintained with insurers of recognized responsibility and shall conform to any relevant requirements of the FAA for aircraft operated in time-sharing service.
- 8. <u>Representations and Warranties of Operator</u>. Operator hereby represents and warrants to, and covenants with, User that on the date hereof, and at all times during the Service Period:
- (a) Operator is a corporation duly organized and existing in good standing under the laws of the State of Delaware and is duly authorized to transact business under the laws of all other jurisdictions where the nature of its business requires such authorization.
 - (b) This Agreement constitutes the valid and binding obligations of Operator enforceable against Operator in accordance with its terms.
- (c) Operator is the registered owner of each Aircraft and has good right to use, possess and control each Aircraft for all purposes of this Agreement.
- (d) Operator is duly authorized to carry out flights of all Aircraft under a time-sharing arrangement as contemplated by FAR Section 91.501, 14 C.F.R. Section 91.501.
- (e) Each pilot and co-pilot provided by Operator hereunder shall be duly type-rated for aircraft of the same type as the Aircraft to be operated by them, and shall be properly qualified, tested and trained pursuant to the FAR and current under FAR Section 61.57, 14 C.F.R. Section 61.57.

- 9. Representations and Warranties of User. User hereby represents and warrants to, and covenants with, Operator that on the date hereof, and at all times during the Service Period:
- (a) User is an individual resident of the State of Tennessee, of full age, and has all necessary authority to execute, deliver and perform this Agreement.
 - (b) This Agreement constitutes the valid and binding obligations of User enforceable against User in accordance with its terms.
- (c) The Aircraft shall be used hereunder only for User's own purposes, and not for providing transportation of passengers or cargo to others for compensation or hire or for any unlawful purpose.
- 10. <u>Independent Contractor</u>. At all times hereunder, Operator will determine the methods, details and means of performing the Services. It is the intention of the parties that Operator shall be an independent contractor hereunder, and nothing in this Agreement shall be deemed to constitute either party an agent, partner or joint venturer of the other or to authorize either party to bind the other to any agreement or obligation.
 - 11. Termination. Either party may terminate this Agreement upon thirty (30) days' prior written notice to the other.
- 12. <u>Application</u>. The provisions of this Agreement shall apply to all annual hours (and any portion thereof) of use of the Aircraft by the User to the extent such hours in the aggregate exceed the total annual hours of use without cost to the User which are authorized by the Operator.

13. Miscellaneous.

- (a) Except as expressly permitted hereby, neither party may assign any of its interest in this Agreement or any Supplement or delegate any of its obligations hereunder or thereunder without the written consent of the other party. No such consent shall be required for any assignment by Operator to any affiliate or successor, provided that any such assignee meets all of the requirements set forth herein with respect to the Operator.
- (b) Unless otherwise provided herein, all notices and other communications required or permitted under this Agreement shall be in writing and shall be deemed delivered upon physical delivery thereof to the recipient, upon receipt of a facsimile copy with electronic confirmation received by the sender or five (5) days after being sent by U.S. Mail with postage prepaid, addressed as follows:

If to User: Mr. Thomas R. Watjen

1 Fountain Square Chattanooga, TN 37402 Facsimile: (423) 294-3194

If to Operator: Unum Group

1 Fountain Square Chattanooga, TN 37402 Attn: General Counsel Facsimile: (423) 294-5036

- (c) The terms and provisions of this Agreement and any Supplements hereto shall be governed and construed in accordance with the laws of the State of Tennessee without giving effect to its conflicts of laws provisions except such principles which permit the parties to select the law to be applied to this Agreement.
- (d) This Agreement and the Supplements hereunder shall inure to the benefit of and be binding upon the parties hereto, their respective heirs, successors and permitted assigns.

- (e) This Agreement and each relevant Supplement hereunder constitute the entire agreement and understanding between the parties with respect to the subject matter hereof and may not be amended, waived or modified except in a writing signed by the party to be charged.
- (f) This Agreement and any Supplement hereunder may be executed in two or more counterparts and by the parties hereto and thereto on separate counterparts, all such counterparts together to constitute one and the same instrument.
- (g) This Agreement and any Supplements hereunder supersede all prior agreements or assertions with respect to the subject matter hereof, whether oral or written, and all other communications between the parties with respect to the subject matter hereof.
- (h) This Agreement is intended to comply with the requirements of Section 409A of the Internal Revenue Code of 1986, as amended (the "Code") or an exemption or exclusion therefrom and, with respect to amounts that are subject to Section 409A of the Code, shall in all respects be administered in accordance with Section 409A of the Code. All reimbursements and in-kind benefits provided under this Agreement that constitute deferred compensation within the meaning of Section 409A of the Code shall be made or provided in accordance with the requirements of Section 409A of the Code, including, without limitation, that (i) in no event shall reimbursements under this Agreement be made later than the end of the calendar year next following the calendar year in which the applicable fees and expenses were incurred, provided, that invoices shall have been submitted for such fees and expenses at least 10 days before the end of the calendar year next following the calendar year in which such fees and expenses were incurred; (ii) the amount of in-kind benefits that are required to be paid or provided in any given calendar year shall not affect the in-kind benefits that are obligated to be paid or provided in any other calendar year; (iii) the right to receive reimbursements and in-kind benefits may not be liquidated or exchanged for any other benefit; and (iv) in no event shall obligations to make reimbursements or provide in-kind benefits apply later than five years beyond User's lifetime.

[Signatures on the following page.]

14. Truth-In-Leasing.

DURING THE TWELVE (12) MONTHS PRECEDING THE EXECUTION OF THIS AGREEMENT, THE AIRCRAFT HAS BEEN MAINTAINED AND INSPECTED UNDER FAR PART 91. OPERATOR CERTIFIES THAT THE AIRCRAFT WILL BE MAINTAINED ANI INSPECTED IN COMPLIANCE WITH APPLICABLE REQUIREMENTS OF FAR PART 91 FOR OPERATIONS TO BE CONDUCTED UNDER THIS AGREEMENT. DURING THE DURATION OF THIS AGREEMENT, OPERATOR SHALL BE CONSIDERED RESPONSIBLE FOR OPERATIONAL CONTROL OF THE AIRCRAFT WHEN OPERATED UNDER THIS AGREEMENT. THE UNDERSIGNED OPERATOR, WHOSE ADDRESS IS 1 FOUNTAIN SQUARE, CHATTANOOGA, TN 37402, CERTIFIES THAT IT IS RESPONSIBLE FOR SUCH CONTROL AND THAT IT UNDERSTANDS ITS RESPONSIBILITIES FOR COMPLIANCE WITH APPLICABLE FAR PROVISIONS.

AN EXPLANATION OF THE FACTORS BEARING ON OPERATIONAL CONTROL AND THE PERTINENT FEDERAL AVIATION REGULATIONS CAN BE OBTAINED FROM THE NEAREST FAA FLIGHT STANDARDS DISTRICT OFFICE, GENERAL AVIATION DISTRICT OFFICE OR AIR CARRIER DISTRICT OFFICE.

IN WITNESS WHEREOF, Operator and User have executed this Aircraft Time-Sharing Agreement as of the day and year first above written.

Unum Group, as Operator

By: /s/ Susan N. Roth
Susan N. Roth

Title: Vice President, Transactions, SEC and Corporate Secretary

THOMAS R. WATJEN, as User

/s/ Thomas R. Watjen

Thomas R. Watjen

AIRCRAFT TIME-SHARING SUPPLEMENT NO. 3

THIS AIRCRAFT TIME-SHARING SUPPLEMENT NO. 3 (this "Supplement") is entered into as of March 8, 2010 by and between Unum Group ("Operator") and Thomas R. Watjen ("User").

Operator and User are parties to that Amended and Restated Aircraft Time-Sharing Agreement between them dated as of December 24, 2008 (the "Agreement"), the terms and provisions of which Agreement are incorporated herein by this reference. This Supplement is entered into by the parties in order to add further aircraft to the Agreement.

1. User engages the air transportation services of Operator, and Operator agrees to provide air transportation services to User, in the aircraft described below (the "Aircraft") upon all of the terms and provisions of the Agreement as supplemented by this Supplement:

Make and Model	Year	Serial No.	Registration No.
Raytheon Hawker 850XP	2006	258800	N865JT
Hawker Beechcraft 850XP	2008	258915	N383MR

- 2. As compensation for the services to be rendered under the Agreement as supplemented hereby, User shall reimburse to Operator certain of Operator's costs, as provided more fully in the Agreement.
- 3. The term of this Supplement shall commence as of the 8th day of March, 2010 at 12 AM Eastern time and shall extend until the expiration of the Service Period (as defined in the Agreement), unless earlier terminated in accordance with the terms of the Agreement.
- 4. The parties acknowledge and agree that, notwithstanding any other term or provision hereof, the rights of User to use the Aircraft hereunder are (a) subject to all terms and provisions of the lease agreements with respect thereto between the lessors thereof and the Operator and (b) subordinate to the rights of the respective lessors thereof and their secured lenders.

IN WITNESS WHEREOF, Operator and User have executed this Aircraft Time-Sharing Supplement No. 3 as of the day and year first above written.

Unum Group, as Operator

THOMAS R. WATJEN, as User

By: /s/ Susan N. Roth /s/ Thomas R. Watjen

EXHIBIT 15 LETTER RE: UNAUDITED INTERIM FINANCIAL INFORMATION

Board of Directors and Stockholders

Unum Group

We are aware of the incorporation by reference in the following Registration Statements:

- Registration Statement (Form S-8 No. 33-47551, Form S-8 No. 33-88108) of Unum Group (formerly Provident Companies, Inc.) pertaining to the Provident Life and Accident Insurance Company MoneyMaker, A Long-Term 401(k) Retirement Savings Plan,
- 2. Registration Statement (Form S-8 No. 333-40219) pertaining to:
 - a. The Paul Revere Savings Plan
 - b. Provident Life and Accident Insurance Company Stock Plan of 1994
 - Provident Life and Accident Insurance Company Annual Management Incentive Compensation Plan of 1994,
- Registration Statement (Form S-8 No. 033-62231) pertaining to the Provident Life and Accident Insurance Company Employee Stock Purchase Plan of 1995.
- 4. Registration Statement (Form S-8 No. 333-81669) pertaining to:
 - a. Provident Companies, Inc. Stock Plan of 1999
 - b. Provident Companies, Inc. Non-Employee Director Compensation Plan of 1998
 - c. Employee Stock Option Plan of 1998
 - d. Amended and Restated Annual Management Incentive Compensation Plan of 1994,
- 5. Registration Statement (Form S-8 No. 333-81969) pertaining to:
 - a. UnumProvident Corporation 1987 Executive Stock Option Plan
 - b. UnumProvident Corporation 1990 Long-Term Stock Incentive Plan
 - c. UnumProvident Corporation 1996 Long-Term Stock Incentive Plan
 - d. UnumProvident Corporation 1998 Goals Stock Option Plan,
- 6. Registration Statement (Form S-8 No. 333-85882) pertaining to:
 - a. UnumProvident Corporation Stock Plan of 1999
 - b. UnumProvident Corporation 401(k) Retirement Plan (as amended on February 15, 2002)
 - c. UnumProvident Corporation Broad-Based Stock Plan of 2001 (as amended on February 8, 2001)
 - d. UnumProvident Corporation Broad-Based Stock Plan of 2002
 - e. UnumProvident Corporation Employee Stock Option Plan,
- 7. Shelf Registration Statement (Form S-3 No. 333-100953) and the related Registration Statement filed under Rule 462(b)(No. 333-104926),
- 8. Shelf Registration Statement (Form S-3 No. 333-115485),
- 9. Registration Statement (Form S-3 No. 333-121758),
- 10. Registration Statement (Form S-8 No. 333-123422) of Unum Group (formerly UnumProvident Corporation) pertaining to:
 - a. UnumProvident Corporation Amended and Restated Employee Stock Purchase Plan
 - b. UnumProvident Corporation Amended and Restated Non-Employee Director Compensation Plan of 2004,
- 11. Registration Statement (Form S-8 No. 333-145400) of Unum Group pertaining to the Unum Group Stock Incentive Plan of 2007,
- 12. Registration Statement (Form S-3 ASR No. 333-155283), and
- Registration Statement (Form S-8 No. 333-158885) of Unum Group pertaining to the Unum Limited Savings-Related Share Option Scheme of 2008

of our report dated May 5, 2010 relating to the unaudited consolidated interim financial statements of Unum Group and subsidiaries that are included in this Form 10-Q for the quarter ended March 31, 2010.

/s/ ERNST & YOUNG LLP

Chattanooga, Tennessee May 5, 2010

EXHIBIT 31.1 CERTIFICATION

- I, Thomas R. Watjen, certify that:
- 1. I have reviewed this quarterly report on Form 10-Q of Unum Group;
- 2. Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
- 3. Based on my knowledge, the financial statements, and other financial information included in this report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;
- 4. The registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:
 - (a) Designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
 - (b) Designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
 - (c) Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
 - (d) Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and
- 5. The registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):
 - (a) All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
 - (b) Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Date: May 5, 2010 /s/ Thomas R. Watjen

Thomas R. Watjen President and Chief Executive Officer

A signed original of this written statement required by Section 302 of the Sarbanes-Oxley Act of 2002 has been provided to Unum Group and will be retained by Unum Group and furnished to the Securities and Exchange Commission or its staff upon request.

EXHIBIT 31.2 CERTIFICATION

- I, Richard P. McKenney, certify that:
- 1. I have reviewed this quarterly report on Form 10-Q of Unum Group;
- 2. Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
- 3. Based on my knowledge, the financial statements, and other financial information included in this report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;
- 4. The registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:
 - (a) Designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
 - (b) Designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
 - (c) Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
 - (d) Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and
- 5. The registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):
 - (a) All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
 - (b) Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Date: May 5, 2010 /s/ Richard P. McKenney
Richard P. McKenney

Executive Vice President and Chief Financial Officer

A signed original of this written statement required by Section 302 of the Sarbanes-Oxley Act of 2002 has been provided to Unum Group and will be retained by Unum Group and furnished to the Securities and Exchange Commission or its staff upon request.

EXHIBIT 32.1

STATEMENT OF CHIEF EXECUTIVE OFFICER OF UNUM GROUP PURSUANT TO 18 U.S.C. SECTION 1350, AS ADOPTED PURSUANT TO § 906 OF THE SARBANES-OXLEY ACT OF 2002

In connection with the Quarterly Report of Unum Group (the Company) on Form 10-Q for the period ended March 31, 2010 as filed with the Securities and Exchange Commission on the date hereof (the Report), the undersigned, Thomas R. Watjen, President and Chief Executive Officer of the Company, certifies, pursuant to 18 U.S.C. § 1350, as adopted pursuant to § 906 of the Sarbanes-Oxley Act of 2002, that:

- 1. The Report fully complies with the requirements of Section 13(a) or 15(d) of the Securities Exchange Act of 1934; and
- 2. The information contained in the Report fairly presents, in all material respects, the financial condition and results of operations of the Company.

Date: May 5, 2010 /s/ Thomas R. Watjen

Thomas R. Watjen

President and Chief Executive Officer

A signed original of this written statement required by Section 906 of the Sarbanes-Oxley Act of 2002 has been provided to Unum Group and will be retained by Unum Group and furnished to the Securities and Exchange Commission or its staff upon request.

EXHIBIT 32.2

STATEMENT OF CHIEF FINANCIAL OFFICER OF UNUM GROUP PURSUANT TO 18 U.S.C. SECTION 1350, AS ADOPTED PURSUANT TO § 906 OF THE SARBANES-OXLEY ACT OF 2002

In connection with the Quarterly Report of Unum Group (the Company) on Form 10-Q for the period ended March 31, 2010 as filed with the Securities and Exchange Commission on the date hereof (the Report), the undersigned Richard P. McKenney, Executive Vice President and Chief Financial Officer of the Company, certifies, pursuant to 18 U.S.C. § 1350, as adopted pursuant to § 906 of the Sarbanes-Oxley Act of 2002, that:

- 1. The Report fully complies with the requirements of Section 13(a) or 15(d) of the Securities Exchange Act of 1934; and
- 2. The information contained in the Report fairly presents, in all material respects, the financial condition and results of operations of the Company.

Date: May 5, 2010 /s/ Richard P. McKenney

Richard P. McKenney Executive Vice President and Chief Financial Officer

A signed original of this written statement required by Section 906 of the Sarbanes-Oxley Act of 2002 has been provided to Unum Group and will be retained by Unum Group and furnished to the Securities and Exchange Commission or its staff upon request.