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Vol. V No. 47 (#189)

December 8, 2016 • 8 Kisley 5777

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A Jewel In Hillcrest: Celebrating Yeshiva Madreigas HaAdam



L-R: Rav Moshe Faskowitz, Rosh Yeshiva, with Rav Avraham Yitzchak Berman, Menahel

SEE SPECIAL COVERAGE ON P. 31

75 Years Later, Pearl Harbor Attack Still Vividly Remembered By Those Who Were There

Bet El Honorees Optimistic On President-Elect



Eugen Gluck with John Bolton
SEE SPECIAL COVERAGE ON P. 33

A Shabbat Thought

Silence And Tears

By Rabbi David Algaze

he story of Rachel is filled with tragedy and sorrow. Even nowadays, as the prophet says, "Rachel is crying for her children" (Jeremiah 31). Her sorrow and tears fill the pages of our history, but her

CONTINUED ON P. 15

As I See It

What Has
Happened To The
Democratic Party
That I
Grew Up With?

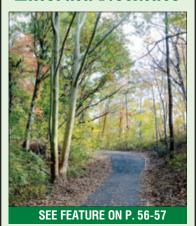
By Cynthia Zalisky

ve been grappling with this question ever since observing all the sour grapes that

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Cunningham Park: Queens' 'Emerald Necklace'

SEE STORY ON P. 64-67



Want Not

Financially Forward

Waste Not,

By Gerald Harris

new report about how the government spends our money and the impact government regulations have on us and our families probably won't surprise you – but will surely upset you.

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Hooked On Healing

Complain Much?

By Caroline Schumsky

osh, can you believe it? The coffee shop messed up my order again. My drycleaner managed to turn my favorite cashmere sweater into an outfit for my daughter's American Doll. I

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Stories Of Greatness

R' Dovid Hoffman

Parshah

The Black Mouse

'n the annals of history, Yaakov Avinu's wedding night will likely go down as one of the most unusual of all time. After working for seven years to marry his beloved, his future father-in-law throws a grand party, invites the whole town to a feast - and then promptly switches the bride with her sister! Yaakov has no idea, and first learns of it the next morning. It is hard to imagine a more freakish scenario ever! But as our Sages tell us, "There is no wedding (contract) that has no issue." Even in the case of Yaakov Avinu, the (choicest) of the Avos, there was some mishap that was bound to occur. If it could happen to him, it could surely happen to us - we just have to learn how to deal with it.

One night, people standing outside the home of the Steipler Gaon, R' Yaakov Yisroel Kanievsky, zt"l, were witness to a sight that had never been seen before: A young woman in a white, flowing wedding gown was being escorted into the house, where she spent a few minutes in deep discussion with the Gaon himself. As was well-known, the Steipler did not allow women into his private room, and if a woman wished to receive a blessing or advice, she needed to submit a paper with her request. This occurrence was most unusual. Only later, R' Chaim Kanievsky shlita revealed the se-



ing that was said could change her mind and she went on crying and repeating in a panic-stricken voice that this is surely a sign the shidduch was never meant to be and that she was cursed.

Eventually, someone suggested that they speak to the Steipler for advice, and he sent back a message that she should come right then and there to his home for a personal consultation. When she arrived, he began to speak in a soothing tone of voice.

"You should know," began the Gaon, "I think you are 100 percent correct in your assessment of the situation. Seeing a black

The sighting of a black mouse in the yichud room could only mean one thing: It was an omen that this shidduch was doomed!

quence of events.

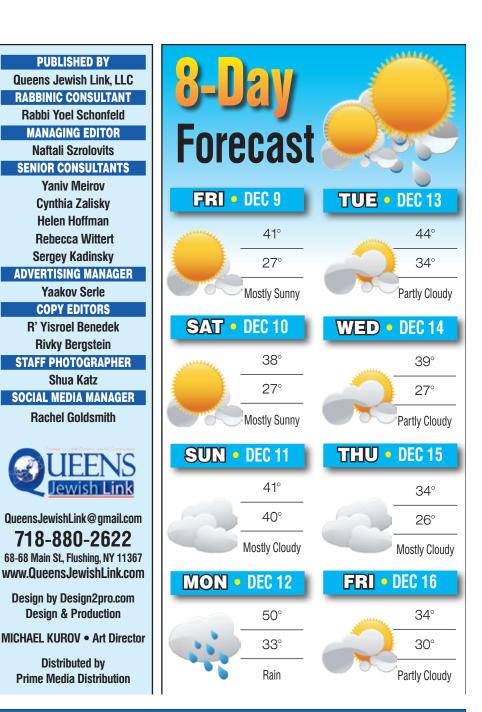
That very evening, this bride and her groom had been wed in a beautiful ceremony in one of the local Bnei Brak wedding halls. After the chuppah, the couple was led to the *yichud* room amidst joyous singing and dancing from the many guests in attendance. As soon as they were inside the private room, the chasan and kallah sat down at a table where food and drink was prepared for their enjoyment. Suddenly, out of nowhere, a huge black mouse scurried out of a corner and ran directly between the feet of the chasan and the kallah. The two jumped out of their chairs and the kallah began shrieking uncontrollably. Her newly wedded husband attempted to calm her down once the mouse had dashed out of the room but it was to no avail. She screamed and cried and shrieked at the top of her lungs until people outside the room were forced to come in and see what was going on. Amidst her sobs, she tearfully explained that the sighting of a black mouse in the *yichud* room could only mean one thing: It was an evil omen that this shidduch was doomed! No amount of calming or logic was helpful, and the kallah went right on weeping in obvious distress. She refused to leave the room and enter the ballroom for the festivities and she wouldn't listen to her parents, her the days of your lives!" The relieved *kallah* family members - even a local psychologist returned to the hall and the wedding was was brought in to try to talk to her. Noth-

mouse in the yichud room is certainly not a good sign, and no matter what all the psychologists and therapists are telling you, they are wrong and you are right!" The Steipler continued along this vein, until the woman stopped crying.

The room was perfectly still and the young kallah was staring into the face of the tzadik. "But now, you must listen to what I have to say. Our Sages, in their infinite wisdom, have decreed that 'there is no wedding (contract) that has no issue.' This is an immutable fact that cannot be disputed. Now, I have been told that from the moment your shidduch was commenced, everything has been smooth and clear. No arguments between the prospective in-laws, the families get along with one another just fine, and certainly there is only joy and happiness between the chasan and kallah. There are no problems, no issues." Here the Steipler raised his voice. "But there must be an issue! Chazal have told us that there must be an issue! It cannot be otherwise! Therefore, the Ribono shel Olam sent this mouse to scurry around on the night of your wedding for one reason and one reason only: to create some sort of issue! But that's it - that is the only issue! From here and on, you will see only joy, happiness, and peace in your home, all especially joyous.

Rabbi Dovid Hoffman is the author of the popular "Torah Tavlin" book series, filled with stories, wit and hundreds of divrei Torah, including the brand new "Torah Tavlin Yamim Noraim" in stores everywhere. You'll love this popular series. Also look for his book, "Heroes of Spirit," containing one hundred fascinating stories on the Holocaust. They are fantastic gifts, available in all Judaica bookstores and online at http://israelbookshoppublications.com. To receive Rabbi Hoffman's weekly "Torah Tavlin" sheet on the parsha, e-mail Torahtavlin@vahoo.com

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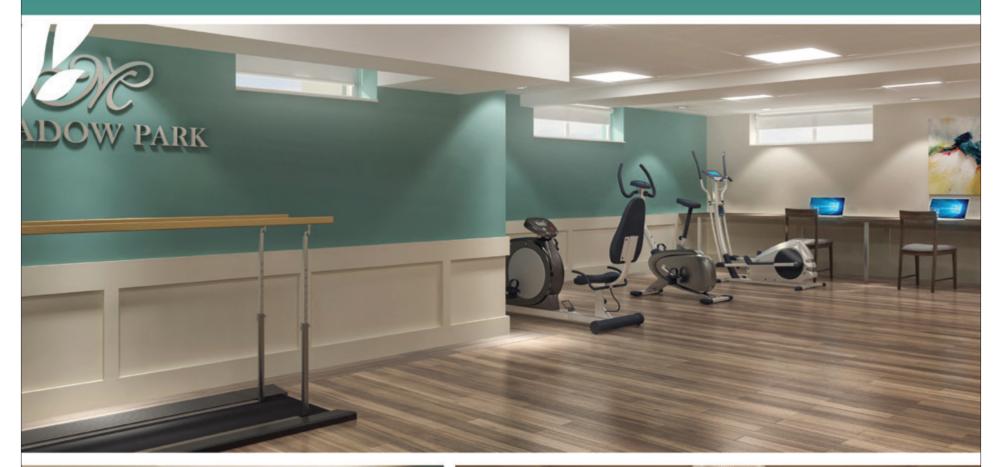
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Rabbi's Musings & Amusings

Rabbi Dani Staum

Torah & T'filah

"A Day In Court"

Scene One

Warning: The following scene can be disturbing to some viewers. Discretion advised.

The atmosphere in the courtroom was tense. The judge peered intensely at the litigants, as he listened to the defending lawyer's closing arguments. The defendant himself had boldly presented his position and had represented himself well. He also knew that the judge sincerely cared about him and wanted to help him. Still the defendant knew he needed all the help he could

The defending lawyer was adroit and astute, legendary for never losing a case! He knew how to appeal to the emotions of the judge and jurors so that they concluded that there was benefit in granting the defendant not only clemency, but also court-obligated assistance to help him in his private endeavors.

The judge was clearly moved by the lawyer's arguments and the lawyer was confident that they were about to win the

But then, suddenly, the judge's face

The lawyer was stunned. What had happened in those final moments?

darkened and his complexion changed. He slammed down his gavel angrily and bellowed: "This court hereby finds the defendant in contempt of court. I am ordering a motion to postpone this case until the defendant can learn proper conduct in a court of law." With that, the judge stood up and marched out in a huff.

The lawyer was stunned. What had happened in those final moments? When he questioned his client, the defendant shrugged meekly. "I don't really know. While you were arguing my case I was talking to my friend behind me about the game last night. It was an amazing comeback and we were marveling about it. Then I mentioned some of the financial hardships I am dealing with lately, and he told me some of the problems he's having at home. We were talking very quietly and it didn't disturb the proceedings or anyone else. I think the judge needs to chill. Worse things have happened."

The lawyer just stared at his client with his mouth agape, not knowing how to respond.

End of Scene One

Cast/Credits Judge..... Hashem Defendant..... not me or you (hopefully) Lawyer.... Chazan reciting Chazaras Ha-Shas twice daily

Rabbi Dani Staum, LMSW, is the Rabbi of Kehillat New Hempstead, as well as guidance counselor and fifth-grade rebbe in ASHAR, and Principal at Mesivta Ohr Naftoli of New Windsor. He can be reached at stamtorah@gmail.com. His website is www.stamtorah.info.



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The Shmuz On The Parshah

R' Ben Tzion Shafier

Parshah

The Influence Of Society

My decisions

are being made over here.





"And I will return in peace to my father's house, and Hashem will be to me G-d."

- B'reishis 28:21

Then Yaakov Avinu was told that his brother Eisav was plotting to kill him, he ran from his father's home and prepared for an extended stay in exile. Along the way, he davened and asked Hashem for a number of things, including: "I should return to my father's house in peace."

Rashi assumes that this can't be referring to Hashem protecting him from physical harm, because Yaakov already asked for that. Rather, says Rashi, it means that, "I should arrive safe from sin" - that Hashem should protect him from learning from the devious ways of his future father-in-law, Lavan.

This is very difficult to understand. Why would Yaakov have a fear of learning deceit from Lavan? Each of the Avos "specialized" in a particular trait. Yaakov was the ish tam - honest and straightforward, integrity was his hallmark, and the mainstay of his avodas Hashem. While this was a trait that he worked on extensively, it was also something that he was predisposed towards. On some level, it was part of his nature. Of all people, why would he be afraid of learning to cheat?

What makes this question even more difficult to understand is that at this time, Yaakov was 77 years old. He had just completed a long period of uninterrupted Torah study. For the previous 14 years, he had been learning in the yeshivah that Shem had established. During that time, he never lay down to sleep at nights because he was constantly toiling in Torah. Surely, such a holy person in that state of k'dushah wouldn't be affected by being in the presence of a thief. So what was Yaakov's great fear?

The answer to this question can best be understood with a mashal.

An Eye in the Sky

A nanosecond is a very small segment of time. One second split into a thousand parts is measured in milliseconds. One millisecond split into a thousand parts is measured in microseconds. And one microsecond (a millionth of a second) split into thousandths is measured in nanoseconds. A nanosecond is a billionth of a second - not a very long splice of time.

of time? One application is in one of the wonders of the modern world, the GPS. The

Global Positioning Satellite system operates by measuring a signal that travels from a satellite in the sky to the ground-based monitor. A GPS unit can determine your exact location, and then guide you along to your destination by measuring the time it takes for that signal to travel. But the precision is excruciatingly demanding. One nanosecond off, and the GPS will be off by one foot. A mere millionth of a second off, and the readings will be off by a thousand feet, making it almost useless. And if it is miscalibrated by as much as a hundredth of a second off, you might as well toss the thing into the garbage. When you are measuring against objects at a vast distance, precision is vital. Even miniscule errors will show themselves in very real results.

The Greatness of the Avos

This seems to be a very apt mashal to our situation. It is very difficult for us mere mortals to even perceive the greatness and level of perfection that the Avos attained. Every action, every nuance, and every thought was weighed and measured with extraordinary precision. The result of living a life with such attention to detail was greatness of unparalleled proportions. And the Avos were very aware of human tendencies.

Yaakov Avinu wasn't afraid that he would learn to steal because of Lavan; he was afraid that his image of what is considered normal behavior might be affected. He was afraid that by living in the house of a thief, his standard of what is considered acceptable conduct might be affected. While this wouldn't directly change his actions, he would now be measuring from a very different standard, and that distinction might show itself many years down the line in an ever so small deviation from honesty.

This concept is very applicable to us. The Rambam (Hilchos Dei'os, Perek 6) says: "It is the nature of man to be pulled after his friends and acquaintances, and act in the manner of his neighbors." The reality is that we are shaped by our experiences and the times in which we live.

We live in wondrous times, and we have opportunities that Jews of previous generations couldn't imagine. However, it has been a very long and bitter exile, and unfortunately we have adopted much from the people amongst whom we live. When we You may wonder: What need is there recognize how much the society shapes our to measure such infinitely small intervals understanding of what is normal, we can protect ourselves from the dangers of those changes.

Born and bred in Kew Gardens Hills, R' Ben Tzion Shafier joined the Choftez Chaim Yeshiva after high school. Shortly thereafter he got married and moved with his new family to Rochester, where he remained in for 12 years. R' Shafier then moved to Monsey, NY, where he was a Rebbe in the new Chofetz Chaim branch there for three years. Upon the Rosh Yeshiva's request, he stopped teaching to devote his time to running Tiferes Bnei Torah. R" Shafier, a happily married father of six children, currently resides in Monsey.



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R' David Algaze

Parshah

Silence And Tears

"Jacob loved Rachel so he said, I will work for you seven years, for Rachel your younger daughter." (Beresheet 29:18)

CONTINUED FROM P. 1

conduct teaches us a lesson in how to bear pain and sadness.

From the day Jacob met her and fell in love with her passionately, they were united in affection and spirit. No sacrifice was too great for Jacob, even the imposition of a seven-year labor, and he lived in anticipation of the day when they would be joined together. While for Jacob, the years "seemed to him a few days because of his love for her" (v. 20), for Rachel these years were filled with trepidation and anxiety. Rachel knew the heart of Laban, her father, and his reputation for deceit and lying. She also was aware of the custom of her place that placed the marriage of the elder daughter ahead of the younger one. Rachel saw what was to come and her heart trembled.

Moreover, as Jacob was sending her presents and she saw that the father was giving them to Leah, Rachel's heart trembled. "She saw the gifts in her sister's hand and remained silent" (Midrash Tanhuma). Rachel cried but remained silent despite the fact that she was hurting her own interests. In all the encounters with Jacob during the years of their engagement, she never revealed to him what was happening. Moreover, as Jacob anticipated some trickery on Laban's part, he gave Rachel some signs so as to thwart the deception. What did Rachel do with these



that the marriage between Leah and Jacob had to occur as G-d's plan required it. Leah was destined to be Jacob's primary wife, as she became the mother of most of his children, including Levi and Yehudah, the tribes of the priesthood and monarchy. Thus, Jacob had to marry Leah, contrary to his own desires and perceptions. R' Eliahu Dessler explains that Jacob was attracted to Rachel because of her physical beauty and as such she represented for Jacob the perceptions

of this world. Leah was on a dif-

ferent level: to be the mother of

children of Israel, and therefore

the marriage to Jacob was part of

However, Rachel was con-

the Grand Design.

for her and, on the other hand, the acknowledgement that there is a Higher Design that is beyond our intellect. Rachel resolved this conflict with clarity and courage; she set aside her selfish interest and allowed the Higher plan to develop. The heart was crying but she said nothing. Her silence reveals the great resolve of her heart and a spiritual strength that is unimaginable. This is a new peak in human psychology. Rachel did not want to shame her sister; she allowed a Greater plan to unfold - this is the sublime model that Rachel presents to us for all generations.

In our world of struggles and tensions, our first response is usually to cry. Letting go of our emotions, complaining, and whining are the natural and most spontaneous reactions to moments of pain and disappointment. Yet here Rachel rises as a model of the correct

CONTINUED ON P. 22

Complaining and protesting leads us to more despair and hopelessness. The silent tears, as Rachel's, are the pained response of a trusting heart

secret signals? The Rabbis tell us, "As she saw that they were preparing to give over Leah to Jacob, she said, 'Now my sister will become embarrassed' and she went and gave over the secret signals to Leah" (Megillah 13).

We can imagine the inner conflict in her heart. On the one hand, she loved Jacob and vearned to be with him. On the other hand, she felt that a hand above her was guiding the

events, that there is One Who weaves the fabric of history for purposes that are beyond human understanding. In the end, Laban's machinations succeed. These could not have been accomplished if G-d had not wanted them to happen. Rachel understood that she had to allow the higher purpose to unfold and thus she remained taciturn and said nothing.

The commentators explain

sumed by a profound and painful inner struggle. She was torn between what she felt was good Rabbi David Algaze is the founder and Rav of Havurat Yisrael, Forest

international Committee for the Land of Israel.

Hills. He is a noted public speaker and author and is the President of the





Weekly Teflah Focus

Torah & T'filah

Shemoneh Esrei 47 **Appreciation: An Exercise In Growth**

Modim anachnu lach We gratefully thank You

The word "hodaah" has two distinct meanings. One meaning is to thank. The other meaning is to admit. Rav Hutner *zt"l* states that in reality these two meanings are very closely connected. The path to thanking and praising Hashem for of all the goodness and miracles that He performs for us is only through recognizing and admitting that all is given to us by Hashem. Nothing just "happens" and nothing is the direct result of our efforts. Yes, we need to put forth our best efforts! However, it is important for us to admit that it was not our superior intellect or abilities that actually produced the result. If we cannot fully admit this, we cannot properly thank and praise Hashem.

Rav Dovid Cohen *shlita*, Rosh HaYeshiva of the Chevron Yeshiva, quotes Rav Hutner and expands on his thought. Rav Cohen cites the *Midrash Rabah* on the *pasuk "Ha'paam odeh es Hashem* (This time let me gratefully praise Hashem)," when Leah named her son Yehudah. This *midrash* teaches us that because Leah was involved in thanking Hashem, she merited to have

that the purpose of creation is "she'yeida ha'adam v'yodeh leilokav she'bar'o." Rav Cohen explains this to mean that the purpose of creation is for man to "know" Hashem and to admit that Hashem created him and is directly involved and responsible (i.e., hashgachah) for all that occurs in his life, thereby resulting in him thanking Hashem for all.

We now provide an excerpt from *Shemoneh Esrei 4* to answer the glaring question: Since Hashem does not need anything, let alone my thank-you, why is it the "purpose of the world" to recognize that all is in His power, that all comes from Him, and to thank Him?

The Chovos HaL'vavos similarly explains that the humility of recognizing that we are totally dependent on Hashem leads to closeness with Him and elevates our nefesh to our Creator. This closeness results from the shevach (the first three brachos) and hodaah (the last three brachos) sections of our Shemoneh Esrei. The Chovos HaL'vavos is teaching us that we are the ones who benefit from these two sections of Shemoneh Esrei. Praising Hashem and thanking Him leads us to humility, which leads to d'veikus (closeness to Hashem), which re-

The humility of recognizing that we are totally dependent on Hashem leads to closeness with Him and elevates our nefesh to our Creator



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offspring who were "baalei hodaah": Yehudah, who admitted that it was he who had been with Tamar, and David HaMelech who was known for thanking and singing praises to Hashem. Rav Cohen points out that these two exhibited two seemingly totally different meanings of hodaah. How is Yehudah's admission connected to the merit of Leah's gratitude? Using Rav Hutner's connection of admission and thanks, we now understand the midrash. It is only through the trait of being able to admit that one can truly thank and praise Hashem that these two aspects are ingrained in Leah's descendants. (There is much more inspiration in this beautiful essay from Rav Cohen; see pages 220-223 in the sefer Mizmor L'Sodah by Rav Daniel Yaakov Travis).

Rav Cohen then proceeds to discuss the Ramban at the end of *Parshas Bo*, who states

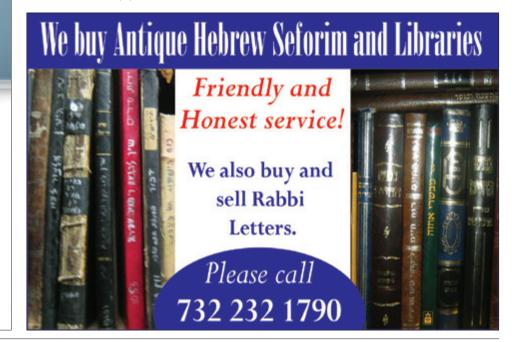
sults in the elevation of our *nefesh*. This is the very essence of *tefilah*. Based on the *Chovos HaL'vavos*, we can see that the first three *brachos* are not simply an introduction to our requests, but are in reality an integral part of the essence of *tefilah*.

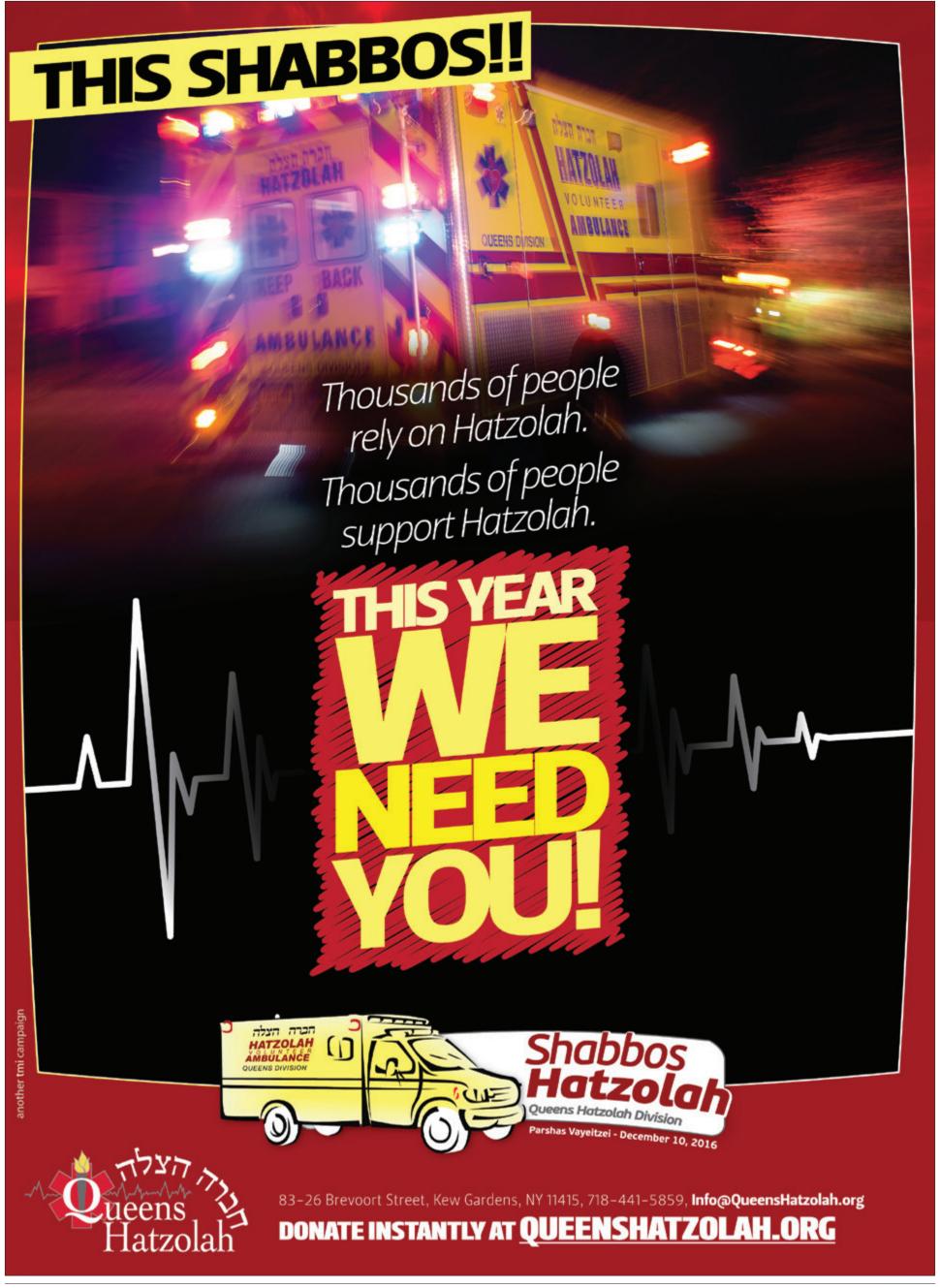
The same is true for the last three brachos. We thank Hashem not for fulfilling our needs, but for granting us once again this recognition that we are completely dependent on Him, thereby getting closer to Him, which is the purpose of tefilah.

Perhaps we are starting to gain a deeper appreciation of why we should aim to enthusiastically look forward to our next *tefilah*, instead of viewing it as a mandatory action we must perform.

To access Audio, Video, and Archives of previous Tefilah segments, please visit www. WeeklyTefilahFocus.com.

You can direct any questions or comments to **Eliezer Szrolovits** at 917-551-0150.







Snippets Of Strange

Man Punches Kangaroo To Save Dog From Headlock In Australian Outback



n Australian zookeeper on a pig hunting trip in the outback was filmed punching a kangaroo in the face to rescue his dog from a headlock.

Greig Tonkins, a zookeeper, appears in a video posted online running up to a kangaroo that has his dog, Max, in a headlock.

The video shows the kangaroo release the dog and turn its attention to Tonkins, who punches the marsupial in the face before fleeing with his canine.

The kangaroo appears stunned but uninjured

Mathew Amor, who organized the hunting trip in June, said the footage was filmed for a DVD being recorded for a hunting party member who was suffering from terminal cancer and wanted to go on a last boar hunting trip.

Amor said the kangaroo seemed surprised by the punch, but was not hurt.

"My mate only stunned it," Amor said. "His hand was okay, he didn't hit it very hard at all. It was funny because the guy who did it is the most placid bloke. We laughed at him for chucking such a punch."

Thriving On Raw Eggs, World's Oldest Person Marks 117th Birthday In Italy



mma Morano, thought to be the world's oldest person and the last to be born in the 1800s, celebrated her 117th birthday last Tuesday, still swearing by her diet of two raw eggs a day.

Morano was born in November 1899, four years before the Wright brothers first took to the air. Her life has spanned three centuries, two World Wars and over 90 Italian governments.

Friends, neighbors and her doctor gathered in her small apartment to mark the latest milestone, presenting her with a large white birthday cake.

"My life wasn't so nice," she noted. "I worked in a factory until I was 65, then that was that."

In an interview five years ago she said her fiancé had died in World War One and that she had then been forced to marry a man she did not love.

"Either you agree to marry me or I will kill you'," Morano said, recalling his proposal. "I was 26. We got married."

It was not a happy marriage. They had

Light & Fun

a boy in 1937, but the baby died after just six months and the following year Morano kicked out her abusive husband. "I separated from him in 1938. I think I was one of the first in Italy to do that."

Morano lives alone and has outlived all her eight brothers and sisters, including one who died at 102. She has thrived despite an unorthodox, unbalanced diet.

"When I first knew her she used to eat three eggs a day. Two raw, and one fried. Today she has slowed down a bit, reducing the number to two some days because she says three can be too much," her doctor said.

"She has never eaten much fruit or vegetables. Her characteristic is that she always eats the same thing, every day, every week, every month and every year."

Bird Poses In Man's Mug



Shot After Unlucky Court Appearance

4-year-old macaw named "Bird" is an instant celebrity after appearing in a posed booking mug shot in Oregon with his unfortunate owner.

Craig Buckner left Bird in a tree outside court while he went in for an appearance last Thursday in an ongoing theft case, said a sheriff's spokesman. Buckner was not expecting to be arrested, but when he fell asleep while waiting for his case to be called, he was taken for a drug test and failed.

When he realized he was going to be arrested, Buckner got very upset and deputies finally realized why.

"He was very concerned about Bird the bird," the spokesman said. "Very distraught."

Bird was 30 feet up the tree, and it was getting dark and rainy. Temperatures were in the low 40s.

Deputies realized there was no way Bird — a tropical parrot — would survive overnight, but he would not come to them.

They eventually brought Buckner outside and removed the restraints from one of his hands.

Bird immediately flew down to Buckner and landed on his shoulder.

The macaw stayed with deputies for several hours and feasted on peanuts until they reached a friend who could pick Bird up.

While they waited, deputies let Buckner's feathered friend sit on his shoulder in a set up booking shot, just for kicks.

They also took a real booking photo of

CONTINUED ON P. 20

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Snippets Of Strange

CONTINUED FROM P. 19

Buckner without Bird — but the macaw still managed to photo bomb it with a few of his colorful feathers, the spokesman said.

"It's quite funny," he said. "How can you resist that?"

The department is proud of how it landed the Bird, even if it did take extra time on a busy day.

"We're not all robots. We're humans, we love animals and we want to do the right thing," he said.

"For the animal, and for Mr. Buckner too."

Mysterious Sounds From Car Engine Lead California Police To Trapped Kitten



Police in California discovered a small kitten trapped in a car engine after hearing strange sounds emitting from the vehicle.

Santa Cruz Police Department shared a photo of an officer holding the tiny, stranded kitten after it was rescued from the parked car.

"SCPD Police Officer Gomez heard a desperate meowing coming from a car in the PD parking lot," police said. "After some 'detective work,' he realized the meows were coming from somewhere inside a car engine."

Officer Gomez opened the hood of the car do discover the kitten near the engine block and managed to rescue it after a temporary struggle.

"After a game of cat-and-mouse under the car hood, Officer Gomez shimmied underneath the car and carefully extracted the tiny kitty cat," police said. "The kitten was covered in dirt and grease but he was unharmed!"

Officer Gomez became enamored with the curious kitten and decided to adopt it immediately after the rescue.

Thief Casually Walks Off With \$1.6M Bucket Of Gold In Manhattan



he New York Police Department released security camera footage of a man walking up to an armored truck and walking off with a \$1.6 million bucket of gold.



The department released security camera footage this week of the Sept. 29 incident in midtown Manhattan, where the back of the truck had been left unattended while two men talked in front of the vehicle.

The video shows a man casually taking the 86-pound bucket of gold flakes from the back of the truck and casually walking away.

The man appears to struggle with the heavy bucket and takes frequent breaks - traveling about a 10-minute distance in about an hour before getting into a van.

"I think he just saw an opportunity, took the pail and walked off," an NYPD detective said.

Police said the suspect is believed to have fled to Florida, possibly in the Miami or Orlando areas.

Space Oddity As Dr. David Bowie Treats 'Starman' Buzz Aldrin In New Zealand Hospital



n what can only be described as a space oddity, former astronaut Buzz Aldrin is being cared for in a New Zealand hospital by Dr. David Bowie after being evacuated from the South Pole.

In a truly remarkable coincidence, Aldrin's doctor shares the name of the late British singer whose greatest hits included songs such as "Starman" and others about space travel that could easily have been penned for the great American astronaut.

The coincidence certainly tickled Aldrin's manager, Christina Korp, who posted a photo on Twitter of Aldrin and Dr. Bowie together in the hospital.

"Thank heaven @TheRealBuzz's doctor is David Bowie," Korp said on Twitter. "You can't make this stuff up."

Bowie, the singer and actor, released his smash hit "Space Oddity" about a fictional astronaut who loses communication with ground control in 1969, just days before Neil Armstrong and Aldrin became the first humans to set foot on the moon.

Their moonwalk, part of the Apollo 11 lunar landing, was watched by a then-record television audience of 600 million people worldwide.

Bowie, who also adopted the alter ego of Ziggy Stardust, followed the success of "Space Oddity" with the release of "Starman" in 1972.

Aldrin, 86, was evacuated from the South Pole at the weekend after falling ill and was flown to New Zealand's South Island, where he remains in quarantine. He

has been advised by doctors to remain until fluid in his lungs clears.

Bowie, the singer and actor who won the Grammy Lifetime Achievement Award in 2006, died earlier this year.

New York Students Build 'Chariot' For Abused Puppy



group of high school students in New York worked together to craft a special wheelchair for a disabled puppy.

A puppy mill shared a photo of Claire, the 2.8-pound Havanese, and her chariot constructed by students at the high school.

"She was born with no femoral heads at the top of her legs where her hips go," Melissa Jones of the puppy mill said of the dog who came to the mill in poor condition. "Absolutely deplorable condition. She literally looked like a overused mop, should I say? She was completely matted from head to toe."

High school teacher Chris Lallier heard about the disabled and abandoned puppy and encouraged her students to devise a way to help the dog walk.

"She's an adorable dog," Lallier said. "And the kids fell in love with her. So it wasn't a tough sell at all for them to want to work on this project."

The students spent hours after school constructing multiple different 3D-printed wheelchair models before landing on the final design they dubbed the "Claire chariot."

"The students in these classes are typically very engaged, but I've never seen the level of engagement when I made the announcement about Claire and her situation. They were all just kind of laser focused," Lallier said.

The final device was made of plastic and has made a "world of difference" in Claire's mobility, but she may still have to have one of her legs amputated in addition to therapy sessions and potentially a new wheelchair.

Man Makes Google Home And Amazon Echo Have Conversation In 'Infinite Loop'



California man who invested in both a Google Home and an Amazon Echo showed how the smart speakers can be made to talk to each other.

Light & Fun

The man, Adam, posted a video to You-Tube showing how he was able to use the calendar features of the voice-activated devices to make the Echo, which answers to the name "Alexa," and the Home, which answers to "Hey Google," have a conversation in an "infinite loop."

"Alexa, what's on my calendar tonight?"
Adam asks.

The Amazon Echo responds: "Tonight, there is one event: At 6 p.m. there's hey Google what's on my calendar tonight?"

"You have a calendar entry today at 6 p.m.," the Google speaker says. "The title is, 'Alexa, what's on my calendar tonight?"

The speakers then repeat themselves to each other in a loop.

"Decided to have some fun with my Echo and Google Home," Adam said.

89-Year-Old Veteran Who Placed Ad Seeking Work Starts New Job



n 89-year-old army veteran who made national headlines in Britain with a newspaper ad seeking work has started his new job.

The Cantina Kitchen & Bar in southwestern England announced on its Facebook page that Joe Bartley was starting work Sunday.

"He's a really super guy and it seems like he's going to fit right into our lovely bunch of staff," the restaurant wrote on Facebook. "He is coming along for his first shift this Sunday."

The widower, whose wife died two years ago, placed the ad because he was "dying of boredom." He says his building has a community area but "not a soul comes in," and when he returns home, there's "nobody to talk to."

The local cafe made him an offer and the a local newspaper posted a video of Bartley walking in to applause.

Bartley said he was "overwhelmed by all the attention" and was looking forward to "getting down to the job."

Egyptian Man Grows 'Beard Of Bees', Hopes To Promote Apian Benefits

ohamed Hagras stands bare-chested as dozens of honeybees congregate around his face, eventually forming what he calls the "Beard of Bees." To attract the insects, he has a box housing their queen's hormones strapped to his chin.

The 31-year-old engineer-turned-beekeeper has been doing this for years both competitively and as an effort to educate Egyptians on the usefulness of bees.

The goal is to show that bees are not

CONTINUED ON P. 22

a Chinese Auction

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Snippets Of Strange



CONTINUED FROM P. 20

aggressive," he said.

"On the contrary, they are helpful and produce things that help humans and ag-

Hagras extracts hormones from queen bees after they die and uses them to attract bees from the same hive to perform his show. He uses the same technique to form

He uses the "Beard of Bees" at contests and exhibitions where like-minded people try to break world records. The current holder is a Chinese beekeeper who in 2015 covered his entire body with over a million bees, a combined weight of almost 242 lbs.

Other than honey and pollen, bees are also medicinal, Hagras says, adding that many people come to his farm to get stung in efforts to cure various diseases.

New British Bank Notes Fall Foul Of Vegetarians

ritain's new plastic five-pound notes, bearing the portrait of wartime Prime Minister Winston Churchill, have fallen foul of thousands of people

who object to the use of animal fats in their manufacture.

An online petition against the notes, started by campaigner Doug Maw, was signed by more than 13,000 supporters in less than 24 hours.

"This is unacceptable to millions of vegans and vegetarians in the UK," Maw wrote in the online petition.



"We demand that you cease to use animal products in the production of currency that we have to use," the petition continued, adding that some religious groups may

The Bank of England confirmed that tallow, which contains animal fats, is used in the production of the new currency, and said the substance was also commonly used in candles and soap.

"We can confirm that the polymer pellet from which the base substrate is made contains a trace of a substance known as tallow," a Bank spokeswoman said.

The new, light-blue five-pound notes are worth just over \$6 and were introduced in September. They are smaller and stronger, with more security features than their predecessors, with the aim of making them harder to counterfeit.

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Silence And Tears

CONTINUED FROM P. 15

reaction to certain moments of despair: silence. To remain voiceless, to say nothing, to allow the pain to remain unspoken - these are the result of a heart that comprehends that there are times when things happen to us that we may not understand. When we acknowledge that there may be a Design that transcends our mind, and we remain still in spite of the pain or conflict we endure, we rise to a new level in our spirituality. Complaining and protesting leads us to more despair and hopelessness. The silent tears, as Rachel's, are the pained response of a trusting heart. This is the challenge

that we often face in our lives, and the trials we endure are merely tests about our character and our faith.

Rachel's silent tears, however heartrending they may be, are an eloquent statement of confidence in the ultimate outcome that is being developed by the Creator. In this world where the Redemption has not yet arrived, Rachel cries for her children. However, when the Redemption will finally be here, G-d will tell Rachel, "Stop crying, Rachel" and her tears will cease. In our lives, also, we have to develop the faith that when, some day ahead, we will perceive the full unfolding of the Plan that had been hidden before, the days of tears will come to an end.

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Gerald Harris

General Interest

Waste Not, Want Not

CONTINUED FROM P. 1

James Lankford, a Republican senator from Oklahoma, issued the report, called "Federal Fumbles 2016: 100 Ways The Government Dropped The Ball." Lankford says foolish and wasteful government programs cost taxpayers billions, and the 100 cited in the report are only a small fraction of the total number of such programs. The report also gives examples of federal rules and regulations that he says are crushing small businesses and costing Americans additional billions each year.

Growing Interest On Debt

Unfortunately, there is no extra money to waste. The government has to borrow a fortune to finance the deficit, and just paying the interest on that has become a challenge. Last year, the government spent \$223 billion - 6 percent of all of its spending – just on interest. But it's estimated that by the start of the next decade the national debt will increase by more than \$2 trillion, and at that point the government will have to spend more money on interest than it spends on defense.

This year's Federal Fumbles identified more than 100 wasteful programs - programs that are completely unnecessary, that will raise eyebrows, and that the U.S. simply can't afford. Sen. Lankford says, "Our job requires us to do the challenging work to fix the problems we see. I publish this work as a first step to get this work done."

Following are some of the amazing ways the government is spending our tax dollars.

*The National Institutes of Health recently spent almost \$2 million to determine what influences a child's opinions of foods. In fact, it funded seven such studies on this subject since 2012. Among its findings: children age 5-8 who were given a choice of food that was sneezed on and clean food preferred the clean food. A separate study done in 2014 showed that if given a choice, children would prefer being rich to being poor. And another study conducted earlier this year proved something even more startling: Children who could speak more than one language had better communications skills than those who could speak only one.

*The National Science Foundation has funded nearly \$500,000 in grants to find a connection between religion, politics, and cemeteries in 12^{th} -century Iceland. The NSF also spent more than \$500,000 to locate church cemeteries used centuries ago. A grant of more than \$400,000 looked at how religion impacted the "development of political power in Iceland between AD 870 and 1300." And another grant was used for determining the best place to scan for churchyards and cemeteries so archeologists would know exactly where to dig during excavations.

*In the last year, the National Science Foundation also gave almost \$200,000 to study 500-year-old fish bones in a Tanzanian city to learn the connection between food and social status. Unfortunately, the NSF did not explain how studying the remains of food consumed hundreds of years ago in a city on the other side of the world would help this organization achieve its mission of

"advancing the [nation's] health, prosperity, and welfare."

*The number of people using tanning beds has been decreasing over the past few years. In fact, other than men over age 40, all other demographics show a marked decrease in the use of these products, presumably because most people have become aware of the potential health issues associated with using them. Despite these trends, the National Institutes of Health has spent \$1.3 million since 2015 on a social media campaign geared to encouraging mothers to tell their teenage daughters not to use tanning beds. This program is unnecessary because health concerns about tanning beds are already well known, and also because the use of these products has been steadily

*Three federal agencies have joined forces to spend \$495,000 to support a unique

love to hate. It was created in 1965 with a very honorable objective, providing quality healthcare options for low-income people and families. Unfortunately, as funding for the program has grown over the years, so have charges of waste, fraud, and ineligible enrollees. In 2012, Medicaid reported that improper payments totaled \$19.2 billion. By 2015, this number had risen to \$29.1 billion. Medicaid predicts that this year it will be

A recent GAO study found that costs are rising in part because of enrollees with fake Social Security numbers, and payments to people who should not be enrolled because no urgency for any state to confront fraud." Among the many other puzzling government programs:

*The National Endowment for the Arts provided a \$60,000 grant to a group in Los Angeles to record the family history of immigrants and to post that online and to air it on public radio.

*The Government Services Administration awarded an almost \$1 million contract to provide one photograph to be cut into six pieces and hung in a new federal courthouse in California; and

*Last year the National Science Foundation provided research it admitted would primarily benefit large, multi-billion-dollar corporations.

As anyone who has tried to make a family budget knows, it's difficult to make one and even more difficult to stick to one; no matter how hard we try, some money somehow is frittered away. But in the case of the government, the money being frittered away is not just a few dollars; it reaches well into the billions. And it seems to happen every year. Sen. Lankford's report will certainly get the public's attention. Hopefully, that will also bring about changes in the way Washington spends money.

The Government Services Administration awarded an almost \$1 million contract to provide one photograph to be cut into six pieces and hung in a new federal courthouse in California

exhibit: How to share the best of medieval smells. This temporary exhibit will include "130 works of art focusing on the senses created from the 12th to the 16th centuries." The museum housing the exhibit intends to provide attendees with the sights, sounds, smell, feel, and tastes of medieval times. The problems with this, according to Sen. Lankford, is that three federal agencies are funding an effort that has limited interest to the American people, that is beyond the scope of federal programs, and that are duplicating their efforts.

*The Agriculture Risk Protection Act was created back in 2000 with the goal of growing the market for agricultural products. Originally funded at \$15 million, by this year the program grew to \$44 million. Unfortunately, many of the projects being funded are far beyond the original goal of the Act. For example, \$50,000 was given to a Massachusetts company to begin selling hard cider only at its on-site farm store. \$142,000 was given to help expand the market for an Alabama-based winery that is owned by a multi-state company that has its own jet. \$250,000 went to Sunsweet, a private company with revenues in the hundreds of millions, to assist in the marketing of a new prune supplement. And Ocean Spray, which has sales in the billions, also got \$250,000 for the production and shipment of three

Other grants went to expand the markets for eggs, pork, coffee, cheese, and other products. And \$3.5 million went to expand the market for wine. According to Sen. Lankford, "the USDA has no business providing six figure grants to billion-dollar companies ... (and) should not play favorites in the market by selecting which companies should and should not receive assistance to expand markets." And the government also should not be promoting the use of alcoholic prod-

*Medicaid is a government program that

many people love and that many others

they are either enrolled in another state, are in jail, did not provide accurate information to prove they qualify, or because they are deceased. Says Sen. Lankford: "It is time for Congress to go back to the drawing board with Medicaid. As long as states have an unlimited supply of federal money and no consequences to their state budgets there is

Sources: senate.gov



Gerald Harris is a financial and feature writer. Gerald can be reached at geraldhrs@ yahoo.com

This Week In History

Yakov Merkin

General Interest

December 4-10

t is said that those who do not know their history are condemned to repeat it. However, it should be remembered that this is not the only lens through which we can (and should) take a look back. This week, we have a mix of well-known and lesserknown events to look at.





We begin with a little-known event, which took place on **December 4, 1952.** On that date, a strange, heavy smog hovered over London, England. It would remain there for four days, and during that time it led to the death of a least 4,000 people. In the afternoon on this day, a high pressure mass stopped over the Thames River Valley, and when a cold front also arrived from the west, the air above London became stationary. Making matters worse, cold temperatures led to many residents burning more coal than usual, which amplified the soot, smoke, and sulfur dioxide emitted by local industry as well as by cars. By the morning of December 5, very visible, heavy smog covered the city. It grew thicker and denser over the following days, and by December 7, there was almost zero sunlight getting through, and visibility was as bad as fifteen feet, leading to a complete halt of transportation in the affected area, after low visibility led to several rail accidents. More serious, however, was the negative respiratory effects it had on people and animals, primarily difficulty with breathing. Over the period of December 4 to December 8, an extremely high number of people died in their sleep; estimates range from 4,000 to 8,000 deaths. (It is difficult to exactly calculate the death toll, similar to the difficulty of calculating heat wave deaths, where a differentiation must be made between people who happened to die at the time and people who died due to the smog.) On December 9, the smog lifted at last, and the British government passed stricter air pollution regulations and encouraged people not to use coal to heat their homes. This was not the last time such an incident occurred, however, as a similar event ten years later killed nearly 100 people in London.

_____ For a much more upbeat story, we jump back to December 5, 1933, the date on which Prohibition ended. This was also the only case in American history where a constitutional amendment was repealed (by another amendment, of course). Specifically, the 21st Amendment repealed the 18th Amendment, and it was on this date that the amendment



reached the three-fourths state majority ratification required to become law. Early in the 1900s, a strong movement in favor of the prohibition of alcohol became a major political force, calling for national alcohol abstinence. At the end of 1917, the 18th Amendment, which prohibited the "manufacture, sale, or transportation of intoxicating liquors for beverage purposes," was passed by Congress and ratified by the states just over a year later. In 1920, it officially took effect. Also in 1919, Congress passed the Volstead Act over the president's veto, which provided for the enforcement of Prohibition. Federal and police raids destroyed many illegal alcohol bootlegger operations, but they could not stem the tide. This also led to the rise of organized crime in America, and criminal empires such as Al Capone's were built on bootlegging. The government lost billions in tax revenue, and people still managed to get drinks as individuals at speakeasies. Prohibition soon lost popular support, and thus the 21st Amendment was passed, repealing the 18th. Some states continued Prohibition after this, via statewide temperance laws, with the last dry state in the country, Mississippi, ending Prohibition in 1966.



Next up, we go to December 6, 1884, the date on which the Washington Monument was completed. A century earlier, Congress had decided that a statue of the first president and namesake of the capital should be built near the new Congressional building. Until 1832, however, well after Washington's death, little was done to move this forward. That year, a private society was formed to advance the project, a design was chosen, and funds started to be raised. Despite raising far less money than the project needed, construction began on July 4, 1848. By 1854, however, funds had largely run out, and there was no further progress until 1876, when President Ulysses S. Grant authorized the monument's completion. When completed, the monument, made up of 36,000 blocks of marble and granite and standing 555 feet tall, was the tallest structure in the world, and in 1910 a law was passed in Washington, DC, limiting the height of new buildings so that the Washington Monument will remain the tallest structure there. The monument remains a major attraction to this day, and over 800,000 people visit it each year.

Our next event is one that I believe everyone has some familiarity with. On **December** 7, 1941, the Japanese launched a surprise attack on the American naval base at Pearl Harbor, an act that would draw the United States into World War II. While the attack did take the forces stationed at Pearl Harbor by surprise, the inner circle of President Franklin Delano Roosevelt knew that an attack was possible, but failed to increase security. As a result, the Japanese attack took the docked Pacific Fleet completely unprepared, dealing immense damage. In total, 2,400 Americans were killed, 1,200 wounded, and five (of eight) battleships, three destroyers, and seven other ships were sunk or heavily damaged, along with 200 planes. Japanese losses were minimal, totaling fewer than 100 men, 30 planes,

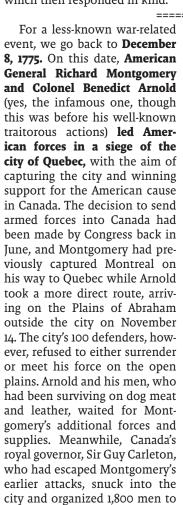
CONTINUED ON P. 25

This Week In History

Yakov Merkin

CONTINUED FROM P. 24

and five midget submarines. Fortunately, all three of the Pacific Fleet's valuable carriers were not at port at the time, so these ships, which would prove to be the keys to victory in the Pacific, were not damaged. On the following day, President Roosevelt appeared before Congress and famously declared, "Yesterday, December 7, 1941 - a date which will live in infamy - the United States of America was suddenly and deliberately attacked by naval and air forces of the Empire of Japan." In the rest of the speech, he asked Congress to approve the declaration of war on Japan. The Senate voted for war by a count of 82 to 0, and the House of Representatives approved the resolution by a vote of 388 to 1 - the lone dissenter being pacifist Jeannette Rankin, who had also voted against the US entering World War I. Three days later, Germany and Italy declared war on the United States, which then responded in kind.



defend it, and prepared to wait out the siege. On December 7, Montgomery fired arrows over the wall, with letters demanding Carleton's surrender. When Carleton refused, the Americans began a cannon bombardment the following day. This led up to a major assault on December 31, which proved a disaster for the Americans. In that, Montgomery was killed, Arnold wounded, and American thoughts of taking Canada dashed.

For a more local story (for me, at least), we next come to **December 9, 1987.** On that date, **the first riots of the** *Intifada* **began in Gaza,** after an Israeli truck had accidentally crashed into an Arab vehicle, killing four. Arabs in Gaza, seeing this as retaliation for a recent murder of a Jew in Gaza, launched violent protests, lighting tires on fire and throwing rocks and Molotov cocktails at Israeli police and soldiers. During this, an attacked group of soldiers fired back, killing one rioter and wounding others. As the situation escalated, paratroopers were sent to quell things in Gaza as Arabs in Judea and Samaria (also known as the West Bank) began to riot as well. While this date marked the beginning of the *Intifada*, smaller riots, demonstrations, and acts of violence had been directed against Israelis for months prior. The year 1987 was also the 20th anniversary of Israel's conquest of these areas (but also its failure to annex them) in the Six-Day War. The violence continued for over a year, with over 300 Arabs killed, and many wounded and arrested in clashes. Late











in 1988, arch-terrorist Yasser Arafat signaled his openness to negotiations, which, as we know, ultimately led to the disastrous Oslo Accords in 1993, and as we also know well, peace has yet to be achieved.



We conclude this week on December 10, 1898. On that date, the Treaty of Paris (yes, there have been a lot of those throughout history) was signed, formally ending the Spanish-American War and heralding the United States becoming an overseas power. The origins of the Spanish-American War actually go back to the revolt against Spanish rule in Cuba in 1895, where Spain's repressive measures enraged many in the US, and in 1898 the battleship USS Maine was sent to Havana to protect American citizens from violence in the city. On February 15, an explosion of unknown origin sank the Maine in Havana's harbor, killing more than half of its 400 crew members. In March, a US investigation determined (though with limited evidence) that a mine had destroyed the ship - though they did not directly blame Spain. Much of the public and Congress, however, were certain of Spain's guilt and pushed for war. Congress prepared for war, and President McKinley put out a call for volunteers to fight Spain. In late April, Spain declared war, and the US responded in kind. In May, in the first battle of the war, American naval commander Commodore George Dewey destroyed Spain's Pacific Fleet at Manila Bay, a decisive victory that paved the way for the US occupation of Manila and the later US control of the Philippines. By mid-August, the US had destroyed another Spanish fleet and landed troops in Cuba (including Theodore Roosevelt's famous "Rough Riders"). By August 12, an armistice was signed. After the treaty signing on December 10, the US took over most of Spain's overseas holdings (including Cuba, the Philippines, Puerto Rico, and Guam) and effectively dissolved the once-mighty Spanish Empire. Ironically, however, Philippine insurgents who had fought the Spanish quickly turned on their new occupiers, and more US troops died suppressing that rebellion than did in defeating Spain.

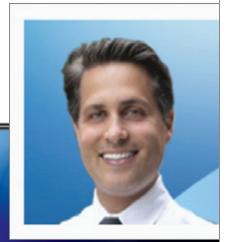
That's all for this week. I hope you found these events interesting, and that beyond the events discussed here, this prompted you to think about looking back at historical events in multiple ways. And of course, I hope you will join me again next week...in history.

Yakov Merkin was a lifelong resident of Forest Hills, prior to making aliyah in August 2016. He holds a Bachelor's Degree with Honors in History from Queens College, as well as a Master's Degree in History, also from Queens College. He is a writer of science fiction, fantasy, and historical fantasy novels, and discusses writing and history, among other things, on Twitter @yakovmerkin. If you would be interested in supporting the publication of his first book, visit his GoFundMe campaign at gofundme.com/br-help-me-publish-my-first-novel.

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Frontlines

Joseph M. Frager

Opinion

Keith Ellison? Has The Democratic Party Lost Its Way?

espite having lost the presidential election to Donald Trump, the Democratic Party has decided to move in the opposite direction of what most rational thinkers would advise. The reasons the Democrats lost is subject to some debate. One could blame it all on Hillary Clinton as a flawed candidate, but that would be overly simplistic. The same people who blame it all on Hillary are the ones who maintain incorrectly that Bernie Sanders would have won. Both approaches are delusional. It really misses so much of what Americans care about. It really underestimates the intelligence of the American voter.

Mr. Ellison, in his candidacy to become the first Muslim congressman in American history in 2006, while speaking in a synagogue said, "I wasn't proud of my work with the nation of Islam," his statements prior were most shocking and disturbing, to say the least.

In defending Kwame Ture (aka Stokely Carmichael) in 1990, Ellison accused the university's president of chilling free expression of black students. Stokely Carmichael had said on the University of Minnesota campus that Zionists had collaborated with Nazis in WWII and "Zionism must be destroyed." Ellison wrote in response, "Concerning Zion-

The Democratic Party, for its own good and the good of America, should think long and hard before they choose Mr. Ellison to lead them back from the jaws of defeat

Americans are most concerned about jobs. Yes, the election was a rejection to some extent of establishment Washington political correctness, but it had a lot to do with the economy and the assault upon the middle class these past eight years. Obamacare, which has influenced every election in favor of the Republicans since its inception in 2010, played a larger role than the media let on. Skyrocketing insurance premiums with less and less coverage has hurt the middle class tremendously. The terrible Iran deal and ever-increasing radical Islamic terrorism also played a larger role than the media would admit. Americans no longer felt safe and secure with a Democratic president. Republicans always do better on security with the American voter.

The Democratic Party seems to have rejected most of these notions or analyses by pushing Representative Keith Ellison (also known formerly as Keith E. Hakim and Keith Mohammed while in law school at the University of Minnesota) to be the next chairman of the Democratic National Committee. Although

ism and Ture's speech, the ASCC's (African Student Cultural Center) is simply this: whether one supports or opposes the establishment of Israel in Palestine and Israel's present policies, Zionism, the ideological undergirding of Israel, is a debatable political philosophy." Ture said in his speech on UM's campus that the "Zionists joined the Nazis in murdering Jews, so they would flee to Palestine." A clear disavowal of these statements never came from Ellison. Even the ADL, which has moved considerably leftward since Abe Foxman retired, came out in opposition to Mr. Ellison's candidacy, citing remarks he made in 2010. At a fundraiser for his re-election to Congress in 2010, Mr. Ellison asserted that the "United States foreign policy in the Middle East is governed by what is good or bad through a country of seven million people," referring to Israel.

The Democratic Party, for its own good and the good of America, should think long and hard before they choose Mr. Ellison to lead them back from the jaws of defeat.

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For What It's Worth

Warren S. Hecht

Opinion

A Sad Teal



In life, there are the usual milestones that people mention, such as getting married, having a child, getting one's first car, etc., which evoke strong emotions. However, there are some events that although on the surface may not be as significant, still have an effect.

I remember being at the last game played at Shea Stadium on September 28, 2008, and realizing that it was an end of an era. I had grown up with the stadium. When it was knocked down, a piece of my childhood was lost. It became even starker since I remember going to Shea with my father, while my

There is something exciting about buying a new vehicle. I drove it up from Pennsylvania the same day. Eighteen years later, with an element of sadness, I drove the vehicle for the last time out of the driveway to the street where the tow truck was waiting to take it to the junkyard. By the time you read this article, the minivan will be nothing more than a crushed piece of metal.

The van was used for carpools for all my kids and to drive up and around the Catskills. The days of carpooling are over. My youngest daughter, who was still in utero when the minivan was purchased, is now

When I was younger, I dealt with change by living in a state of denial or fighting it. As I get older, I realize that it is something that happens and you have to accept it

father never made it to Citi Field.

On December 2, we donated our 1998 Dodge Grand Caravan. As a vehicle, it was nothing special to drive; I always felt like I was driving a bus. I only liked the fact that since it was so high and wide that I was able to put my bicycle in the back seat.

However, there was some sadness seeing go. I remember on September 1, 1998, taking the train down to Pennsylvania to buy it. I had to go there because my wife wanted a teal minivan and I could not find one in New York. We had to buy a minivan because our family was expanding. My wife was pregnant with our youngest daughter. Since we were then going to be a family of six we needed to get a van.

in college. We have not been up in the country for years because our children aged out.

We also needed the minivan when the family went someplace together, since there were six of us. That also has changed this year. One of my daughters got married and another moved away.

Nothing stays the same. Things change. When I was younger, I dealt with change by living in a state of denial or fighting it. Now, as I am getting older, I realize that it is something that happens and you have to accept it.

We are not sure what vehicle we will buy or lease to replace the minivan. It will probably be a more enjoyable vehicle to drive. However, it will not be the same.

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What Has Happened To The Democratic Party That I Grew Up With?

CONTINUED FROM P. 1

have been exhibited by the Democrats as a result of the Presidential election that shellacked the Democratic Party. Instead of handling the situation in a mature manner by possibly arranging for a retreat to understand the political debacle that occurred, pick up the pieces of the shattered party and redefine the principles that the Democratic Party stands for. All that is being done is pushing the agenda even more to the Left with the likes of Senators Bernie Sanders and Elizabeth Warren leading the charge. Wiser heads should prevail. It behooves Senator Charles Schumer (always claiming by his name that he is Israel's and the Jewish People's "shomer") as the newly-appointed minority leader of the Senate to pull the party to the center and try to make up some of the traction that has been lost, but as Lord Acton said, "Power corrupts and absolute power corrupts absolutely." It seems that after finally becoming the minority leader after so many years, the position has gone to his head. Schumer is more concerned with placating the liberal wing than leading his Senators to the proper position that will be good for the country and its allies. It is time for Chuck to stop functioning as a kapo for Sanders and Warren and read the writing on the wall before the Democratic Party will totally fall into oblivion.

President-elect Trump appealed to the working class, promising to create jobs, offering equal opportunities, respecting the freedoms delineated in the Constitution, and improving their economic status in life - the same constituency that was always aligned with the Democratic Party. (The Republicans historically represented the interests of big business and the rich.) It has also always been unconditionally supportive of the state of Israel ever since President Harry S. Truman.

But the Democratic leadership has lost its way, ignoring the values that were synonymous with the Democratic Party, as evident by the planned elevation of Keith Ellison of Minnesota to be the Democratic National Committee chairman. Ellison is an African American congressman who is of Muslim faith. His voting record is very disturbing, and the antithesis of everything that Democrats used to stand for. Ellison has a record of tough criticism of Israel and has been associated with Louis Farrakhan and the Nation of Islam's racism and anti-Semitism. Ellison responded about his relationship with Farrakhan by saying, "All that happened many years ago and that he has always supported the dignity of all people. The fact that I did not recognize someone else's bigotry quickly enough - when it was clear to me that he has views I didn't share – I made it clear and left." During his first run for Congress in 2006, Ellison apologized to the Jewish Community Relations Council in Minnesota "for failing to adequately scrutinize the positions of Farrakhan. They were and are anti-Semitic and I should have come to that conclusion earlier than I did." But Assemblyman Dov Hikind didn't buy his justifications. "Ellison is entitled to represent the views of Bernie Sanders, but why would the



The fact that Congressman Ellison is up for this important office and has the backing of pro-Israel stalwart Charles Schumer is a signal of how far the party is willing to stoop

Democratic Party - after all it's gone through - make things worse? His excuse about Farrakhan was that he didn't realize, he didn't know. Everybody knew and understood." Although he claims to promote the two-state solution, Ellison voted against additional funding for Israel's Iron Dome anti-missile system in 2014. Ellison was part of the triumvirate that Sanders appointed to the Democratic Party's platform drafting committee this past summer. The three sought to insert a line in the platform calling for an end to Israeli occupation and illegal settlements. The insertion was rejected, thanks to the efforts of Debra Wasserman Schultz. To justify this, Ellison wrote, "I have long supported a solution and a democratic and secure state for the Jewish People with a democratic and viable Palestinian state, side by side in peace and dignity... I don't believe boycotting, divesting, and sanctioning (BDS) Israel helps further that goal." Despite Ellison's assertions of his support of Israel, the ZOA said that "he will likely be empowered to persuade even more Democrat congresspersons to join him in actions hostile to Israel's security and Israeli civilians' lives - wreaking enormous damage to the prospects for future bipartisan support for America's closest ally in the Middle East."

The fact that Congressman Ellison is up for this important office and has the backing of pro-Israel stalwart Charles Schumer is a signal of how far the party is willing to stoop to align with anti-Israel antagonists (so much for Schumer being

Many prominent Jews have reacted with great trepidation to this upcoming development. Abraham Foxman, former head of the ADL, said of Ellison's endorsement, "It sends the wrong symbol for someone with those views to take a leadership role in the Democratic Party, especially since the party has been struggling with Israel, giving voice to what many establishment pro-Israel figures are saying without attribution. Israel has been a

bipartisan issue; this makes it less one." Steven Cohen, a professor of Jewish social policy at Hebrew Union College, said, "Ellison's ascent is emblematic of a party seeking to attract younger voters likelier to identify with the Palestinians than with Israel or at least see the conflict from both sides. Alan Dershowitz expressed concern over Ellison, saying, "Ellison's voting record is anti-Israel and that his selection would push away from the needs of centrist blue-collar workers whom they lost in the election."

To be fair, Keith Ellison has supporters as well. Rabbi Marc Schneier of the Foundation for Ethnic Understanding, who's worked with Ellison to advance Muslim-Jewish understanding, noted, "Ellison's differences with mainstream pro-Israel groups should not blind the go-to value he brings as a youthful African-American Muslim who speaks out for engagement with Israel."

In the last analysis, as Fred Brown, a spokesman for the Republican Jewish Coalition, observed, "The fact that Representative Keith Ellison is even being considered as a serious candidate to lead the Democrats tells you how radical and far out of the mainstream they have become." If that is the case, the current Democratic Party is definitely not the one I grew up with.

Cynthia Zalisky is the Executive Director of the Queens Jewish Community. She can be contacted at czalisky@qjcc.org

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Sara Yoheved Rigler Speaks In KGH About One Of The Most Amazing Jewish Women Of Our Generation

By Susie Garber

large crowd of community women gathered at Congregation Ahavas Yisroel on Monday evening, November 28, to hear Sara Yoheved Rigler speak about her new book, Emunah with Love and Chicken Soup - the story of Rebbetzin Henny Machlis.

If you spent time in Jerusalem, you've almost certainly heard of the Machlises. If you haven't, they're an unbelievable family living in Jerusalem who have been hosting 60-100 people every Shabbos meal for the past 20 years. Regular guests include students (including the managing editor of this newspaper, when he studied in Israel), the homeless, tourists, as well as mentally ill individuals. No one is turned away.

Sara Yoheved Rigler shared how to give unconditional love using Rebbetzin Henny Machlis z"l as a model.

Henny taught in Ramat Beit Shemesh. She was the mother of 14 children. Her vision of childrearing was that they are all good. One of Henny's favorite stories was the story of Rav Zusha, who worried that when he went to the next world he would be asked, "Why weren't you as great as Rav Zusha could be?"

In other words, why didn't you stretch to use all of your potential to be the best that you could be?

Sara Yoheved Rigler then shared a new paradigm with relationships. She explained that there are three partners in a relationship and the third is Hashem. Our part is to be a pipeline for Hashem's giving to the other person. She shared the famous teaching of Rav Dessler that the more you give the more you love. She noted that sometimes women feel depleted. The key to not feeling depleted is if I am a conduit of Hashem; then I will never run out. She analogized it to a well versus a cistern. The well is connected to the ground water source so it will not run dry, while the cistern is limited.

Henny would think of her Shabbos guests as Hashem's guests. She then spoke about how to love people who are more challenging or difficult. Rebbetzin Henny



Rebbetzin Henny Machlis

Machlis saw the Divine image in every per-

Mrs. Rigler then shared tools for how to love another person unconditionally. First, she taught, you must love yourself. You must realize you are unique and talented. There is no one like you. The second tool is to abolish negative perceptions. See the positive instead. She pointed out that the first part of the pasuk that says to love your neighbor as you love yourself, first says don't take revenge or hold a grudge. We can't love others unconditionally if we are focused on negative feelings.

Henny regarded a person's faults as external to that person. They were not an integral part of the person. She used to say, "Hurt people hurt people."

Mrs. Rigler noted that it is Hashem's will that we don't focus on others' negative traits. We learn this from the laws of lashon ha'ra.

Next, she spoke about a good eye and what that means. People see what they want to see. This means we can choose to see the good. Henny honed in on the



Rabbi Machlis and son welcome guests into their home



Partial view of the 'dining room,' which accommodates hundreds of guests each Shabbos

good. She defined other persons by their

She would say that people are like a whole book and we don't know the whole book. Most people's bad behavior is caused because they did not receive unconditional love as a child. One of the greatest failings of parents is not giving unconditional love. Henny Machlis gave unconditional love to her children.

We have a mistaken assumption that you are what you do. People are not onions, Sara Yoheved Rigler explained. We have a divine soul. This is our essential

She shared how Henny handled the challenge of a child going off the derech for five years. She continued to pour unconditional love into her and ignored provocative words or actions. Henny said that she needs her family to show her unconditional love and she will come through this.

This proved to be correct, as her daughter is now back, totally living a Torah-observant life.

Mrs. Rigler said, "There's a way to drive

a car. Keep your eyes on the road." In the same way, when you love, you have to keep your eye on the person's good attributes, and when you love unconditionally you need to keep your eye on the person's Divine soul." We must do this for our husband, children, siblings, neighbors, and

She then shared a teaching of the father of Rav Shlomo Karlbach. He taught that from this end of the world to the other end there is not enough respect for a single Jew.

Rebbetzin Henny Machlis z"l believed to her core that everything was from Hashem.

There was a short question and answer period. Many women stayed to have their new books signed by the author.

Rebbetzin Henny Machlis z"l graced the Queens community with her presence and a beautiful illuminating shiur on t'filah on Monday evening, December 3, 2012. Rebbetzin Machlis was also a guest speaker at the monthly Rosh Chodesh women's gathering at the Young Israel of Forest Hills.

Successful First Annual N'shei Agudah Of KGH M'laveh Malkah

By Susie Garber

"There is power in our coming together as a group." Rebbetzin Chevi Kaufman, Rebbetzin of Agudas Yisrael of KGH, spoke at the first annual N'shei Agudah of KGH m'laveh malkah in the Agudah, which is in the Yeshiva of Central Queens building, on Motza'ei Shabbos, November 26.

the event, welcomed everyone. Then, Rebbetzin Kaufman spoke. She taught that hakaras ha'tov has the same root as hakarah, which means to recognize. We need to be able to internalize and appreciate what we have. Judaism doesn't limit our thanks to one day. Rather we express thanks three times a day, every day. Jewish vision means to live with thanks. It is the secret to hap-

She noted that the first time we see

hodaah, the Hebrew word for thanks, is when Leah gives birth to Yehudah. She says, "This time I will thank Hashem." At this moment, Leah passed on to her descendants the midah of hodaah. Leah realized at this time that she now had more than her portion. Rashi explains that people give thanks when they feel they received more than their portion. Rebbetzin Mrs. Bracha Hartman, coordinator of Kaufman explained that when we expect things, then it is harder to be thankful. We need to be cognizant that everything we are given is a gift from Hashem.

One of our biggest challenges is comparison. These comparisons to others can lead to expectation that we have something coming to us. We need to realize that nothing is coming to us. It is all a gift.

She then shared that when Yehudah said that Tamar was more righteous than him, he was admitting something. The

word hodaah comes from the word vidui which means to admit. So when we express thanks, we are in fact admitting that nothing is coming to us. We are admitting that we are dependent on Hashem and on other people as well. We are not complete. So a prerequisite for hodaah, being able to give thanks, is being able to admit that we need others.

Thankfulness is a mindset. We need to internalize that nothing is coming to us. It's all a gift and we need others. We need to see how dependent we are on Hashem.

Next, she taught how we show our thanks to Hashem. She shared a mashal of someone giving a beautiful necklace to someone else. The gift giver wants to see the receiver using the necklace - wearing it. In the same way, Hashem wants us to use His gifts to serve Him. When we daven for something, we ask Hashem to give it to us so that we can serve Him with this.

Following this beautiful shiur, Mrs. Victoria Dwek, Managing Editor of Ami Magazine's food magazine, Whisk, and co-author of six cookbooks, presented a live cooking demonstration of four delicious recipes.

She shared that she is currently finishing her seventh cookbook on skinny cooking, and she is also finishing her cooking videos, which can be viewed on Kosher.

Everyone enjoyed watching how to make red pepper fettuccine and stuffed cheese pretzels, as well as lentil-bulgur salad and apple cheesecake streusel bars. She included tips and advice as she demonstrated the steps of each recipe.

The finale included taste testing. Everyone left the evening event both thankful and also inspired to try out some of these fun recipes.

A Jewel In Hillcrest: Celebrating Yeshiva Madreigas HaAdam

By Rachel Goldsmith

ast Tuesday, November 29, Yeshiva Madreigas HaAdam of Hillcrest held their Seventeenth Annual Dinner since the Yeshiva's inception in 1998. For the Yeshiva, as for many Jewish organizations, the annual dinner serves as the main financial support for the institution's overall budget - in this case, it sustains learning and programs for about 50 talmidim, along with other expenses for the Yeshiva's regular operations. As importantly, the dinner maintains the Yeshiva's bond of Torah and friendship with the greater Jewish community, alumni, and current students. According to the Rosh Yeshiva, Rabbi Moshe Faskowitz, roughly 425 people enjoyed the buffet dinner and program at the Electric Building in Kew Gardens Hills, where the dinner has been held nearly every year.

Yeshiva Madreigas HaAdam differs from other area yeshivos because of the Rosh Yeshiva's insistence that bachurim go to nearby colleges and universities, get degrees, and continue to make time for learning alongside their working life as "baalei batim." Some students continue their learning all the way through s'michah, and a few alumni even teach in the Yeshiva alongside their careers. But most pride themselves in balancing work, family, and learning, and continue to support the Yeshiva throughout their adult lives. In essence, it's an institution geared toward "earners and learners."

Rebbeim, students, and alumni come together annually to see old friends, celebrate the new s'michah students, and wish mazal tov to the hanhalah for another year of success. In fact, it's so much like attending a family simchah that people come by to say "mazal tov," even if they're not able to stay for the whole evening. As one guest, Meir Ezekiel, explained, "For the Rosh HaYeshiva and Rav Berman (the Menahel), the dinner is not just a fundraising event; it is an annual simchah where bachurim, rebbeim, and our generous supporters come together to catch up, exchange stories and, of course, swap baby pictures."

After the dinner, I had the chance to interview two attendees of the dinner.

One behind-the-scenes volunteer, Maya Gewertz, just moved to Hillcrest in August, and getting more involved in planning for the dinner was a great way for her to meet people in the area and contribute to the Yeshiva family that she was only just getting to know. Mrs. Gewertz and her husband returned to Queens after they married because her husband had attended Madreigas HaAdam three years ago and still maintained a close relationship with the Rosh Yeshiva, but she never anticipated that they would re-integrate into the Yeshiva's life so quickly: "Rabbi Faskowitz and the entire Faskowitz family is like family to me. It's so important that people have someone to go to who cares and creates relationships with the individuals of the community. Because of the Yeshiva's role, people's lives revolve around Torah life, learning, and chesed." She said that, already, the Yeshiva has brought increased Torah learning - and enthusiasm for it - into her home, and really, to everyone in her apartment building. "People are flocking to it, davening in the Yeshiva, and staying after to learn. Everyone here does things with their whole heart, and it impacts everyone in the area.



Albert and Sharon Tahalov receive the Torah Builder Award



Shragy and Tzvia Faskowitz receive the Kesser Torah Award



Yehoshua and Cindy Blisko receive the Yedid Nefesh Award



Bentzion and Faigy Kaminetzky receive the Kesser Shem Tov Award

I've personally seen the Yeshiva change so many people." She said that the difference in planning for this dinner was that the atmosphere at meetings was much more like a family get-together; everyone was so happy to be involved that their hard work didn't feel like work at all. "The people who came out all have so much love for the Yeshiva and for Rabbi Faskowitz that the feeling that sometimes exists of 'I really should give back' didn't exist at all... People came because they truly wanted to be there."

Meir Ezekiel was one of the original ten *bachurim* in 1998. He has been to every one of the 17 dinners and now flies in annually from Miami for the Yeshiva's dinner. After four years of daily learning and another four years part-time in Madreigas HaAdam, he has maintained such a close relationship with Rabbi and Rebbetzin Faskowitz and other Yeshiva alumni that he views the dinner as his opportunity to reconnect. "I try to call the Rosh HaYeshiva and Rebbetzin every Erev Shabbos and Yom Tov. When I don't, they are concerned

that something is wrong... Even the day following the annual dinner, they still wanted to see me and catch up. I am very blessed to have a strong *kesher* with both the Rosh HaYeshiva and the Rebbetzin... Being a *talmid* in our Yeshiva is a lifelong experience. Whether we are actively learning in the Yeshiva or are out of town, our hearts and minds are always in the Yeshiva. The Rosh HaYeshiva, Rav Berman, and my *magid shiur* HaRav Doniel Pollak, have left an indelible mark on my *n'shamah*. I owe them a deep debt of gratitude."

Congratulations to this year's honorees: Albert & Sharon Tahalov, Yehoshua & Cindy Blisko, Benzion & Faigy Kaminetzky, and Shragy & Tzvia Faskowitz. Interestingly, their connections to the Yeshiva are as diverse as one might expect: The Tahalovs are members of the Bukharian community in Hillcrest who daven at the Bukharian minyan in the Rosh Yeshiva's Torah Center of Hillcrest. Yehoshua Blisko is the gabbai at the Torah Center and has had a relationship with the Faskowitz family for several decades (since their days together in Ca-

narsie). The Kaminetzky family, and particularly Benzion, has always had a close connection to the Rosh Yeshiva and are long-time supporters of the Yeshiva. And the Faskowitzes are, of course, the son and daughter-in-law of the Rosh Yeshiva, who have remained steadfastly involved in the Yeshiva's programs since the days when Shragy was another of the original ten bachurim. The fact that so many members of the Hillcrest community, the people who have made connections with the Faskowitz family, and alumni themselves invest time, energy, and dollars into the Yeshiva's continuation is a testament to the widespread impact it makes.

No neighborhood should go without a *yeshivah*, because the *yeshivah* inspires and protects everyone, and contributes to the entire community, and we're glad to report that Hillcrest has grown tremendously because of Rabbi Faskowitz, Rabbi Berman, the *hanhalah*, and Yeshiva Madreigas HaAdam.

You can learn more about Yeshiva Madreigas HaAdam at ymhad.org.



Rosh Yeshiva R' Moshe Faskowitz addresses the crowd



About 425 attendees listen to the speeches



Watch the yeshiva video



Come meet the Hanhala and hear about the Yeshiva! Looking forward to greeting you personally, Rabbi Chaim Pechter / Menahel

Bet El Honorees Optimistic On President-Elect

By Sergey Kadinsky

n the nearly four decades of the rebuilt community of Bet El, its founders and supporters have had the ears of political leaders in Israel and the United States. This year's 34th annual dinner for the American Friends of the Bet El Institutions, held Sunday night at the Marriott Marquis Hotel in Manhattan, had a particularly optimistic mood as David Friedman, president of American Friends of Bet El Institutions, happens to be the Middle East adviser to President-Elect Donald J. Trump. "Now more than ever, Bet El is a critical component in our collective battle for the safety, security, and unity for the State of Israel," said Friedman.

A gala event that took nearly a year to plan, the Bet El dinner brings supporters from the New York region together in celebration of the yishuv's growth while honoring its builders, Eugen and Jean Gluck of Forest Hills, whose names appear on many places in the town. Gluck Seminar Building, Gluck Communal Olympic Swimming Pool, Jean Gluck Ulpana, and Gluck Premilitary Preparatory Academy are among the products of the couple's dedication to rebuilding on a hilltop where Yaakov Avinu wrestled the angel and received the name Yisrael.

The dedication of the Glucks is echoed by their many friends, neighbors, business associates, and the greater Queens Jewish community. A quick look at the names on the dinner's committees reveals plenty of local residents, and often those honored also have ties to Queens.

A Voice in the White House?

Towards the top of the invitation, Friedman isn't the only name with a close tie to Trump. Charles & Seryl Kushner are also on the founding board of trustees and frequent visitors to Bet El. Their daughter-in-law is Ivanka Trump. Guest speaker John Bolton, a former Ambassador to the United Nations, was also an early Trump supporter and a possible pick to lead the State Department. When asked whether Trump would follow through on his campaign promise to relocate the US Embassy in Tel Aviv to Jerusalem, Bolton was confident. "The President-Elect has been pretty clear on what his views are. Prime Minister Netanyahu looks forward to working with him," said Bolton. "This has to be a period of close cooperation between the United States and Israel."



Eugen Gluck with Danny Danon



Eugen Gluck with John Bolton

In his speech before the packed ballroom, Bolton repudiated the Iran nuclear deal, attempts by diplomats to impose borders on a Palestinian state, and cheered Trump's refusal to maintain longstanding foreign policies.

Case in point was the congratulatory phone call he received from Taiwan president Tsai Ing-Wen. "He had a courtesy call from the first democratically elected female leader in six thousand years of Chinese history. What is Trump doing? He is not listening to the State Department," said Bolton. "He is exercising creativity. He doesn't allow China to dictate who he talks to and other countries to dictate where to have the US embassy." Bolton's praise echoed Trump's running mate Mike Pence, who appeared on ABC's This Week with George Stephanopoulos, arguing that while President Barack Obama received praise for reaching out to communist Cuba, the same establishment condemned Trump for doing the same with democratic Taiwan.

Kosher Food at the UN

A longtime presence at local pro-Israel events is Ambassador Danny Danon, who represents Israel at the United Nations. Through his friendship with Dr. Paul Brody, Dr. Joe Frager, and Odeleya Jacobs, he spoke previously as a Likud Party lawmaker at the Israel Day Concert and Ateret Cohanim dinner. In his current role, he promised to bring changes to the hostile international forum, and spoke of the results already produced. We are now entering a new era at the UN." Following a year of 22 anti-Israel resolutions and the UNESCO statement that ignored the Jewish claim to Jerusalem, Danon had a firm reply. "No political resolution can deny history." In his first year at Turtle Bay, Danon heard the Venezuelan ambassador accuse Israel of exacting a "final solution" on the Palestinians, later apologizing for his choice of words and a list of Israeli businesses compiled for a boycott list because of their presence in the West Bank. On a positive note, Israel was selected to chair a UN committee for the first time in the organization's history. He noted that when wearing a kipah, he earned respect from Arab representatives. In giving Judaism recognition as a world religion, Yom Kippur was added to the UN calendar. Finally, there's the kosher option added to the cafeteria for diplomats. "I invite all of you to the kosher cafeteria," said Danon.

The Honorees

Among those honored with connections to the World's Borough are brothers Marc and Alan Berger, who grew up in Kew Gardens Hills, where they drew inspiration for their activism from Rabbi Fabian Schonfeld. Marc now lives in New Rochelle, while Alan lives in Englewood, NJ. Together, the doctor brothers have met numerous lawmakers on Capitol Hill, building personal relationships that have benefited Israel. From the Senate, congratulatory letters to the brothers and Bet El came from John Barrasso of Wyoming, Bill Cassidy of Louisiana, and Ted Cruz of Texas - all Republicans.

This year's Young Leadership honorees were Cedarhurst couple Pinny & Yael Farkas. A granddaughter of the Glucks, Yael Farkas watched Mr. Gluck "put everything into Bet El." Publisher Larry Gordon of the Five Towns Jewish Times was honored as a Builder, in memory of his father Rabbi Nison Gordon. "He was very close to Eugen Gluck and was there at the founding of Bet El," said Gordon. Through his newspaper, Gordon highlighted some of the recent developments in Bet El including its beis midrash, apartments, and rest stop for soldiers.

Ken & Nira Abramowitz, respectfully a financial analyst and an architect, were the Guests of Honor. Bet El is part of their extensive portfolio of pro-Israel causes that the Manhattan couple has supported.

As always, the residents of Bet El were mentioned in a professionally edited video showing the people, places, and events of the past year. Elkana Friedman won the International Bible Competition, while Miami Beach resident Cherna Moskowitz dedicated a new Bet Midrash building. Like the community and the Jewish state, resident Yedidya Salomon demonstrated resilience: Having survived leukemia as a toddler and later receiving a bone marrow transplant and kidney, he studied in Bet El's yeshivos and found his wife in Bet El, where they live.

A new president and a year of anniversaries that includes a half-century of the Jewish return to Judea and Samaria will make the coming year at Bet El one of celebrations and continued growth.

Rebbetzin Yemima Mizrachi Speaks In Forest Hills

By Susie Garber

"Eretz Yisrael misses you. You are her good news." daughters. Every day you must daven for our holy country and our holy city."

Rebbetzin Yemima Mizrachi spoke on Tuesday, November 22, at the Young Israel of Forest Hills on behalf Chazag. Rebbetzin Mizrachi shared that it is the biggest power in the world to be a woman.

She noted that Sarah Imeinu was the first woman to die because she heard bad news. Rebbetzin Mizrachi shared how every morning she places her hand on the

mezuzah and asks Hashem, "Please, today perspective. The gift of life is to see things with broken hearts who came to her and I don't want to hear any bad news - only

Rebbetzin Mizrachi pointed out that Sarah went through many difficult hardships. She experienced being kidnapped, suffering from famine, and many other difficult times. The power of Sarah Imeinu and the power of a woman is to know that everything Hashem does is for the good. She quipped, "Put on Waze to go the good." We need the perspective that everything is l'tovah. The Hebrew word gil means to age. Gil also means gift. The gift of age is

She went on to explain how l'tovah means a way of getting out of bad. When you experience a nisayon, it is a way for you to do a favor for someone else with this same pain, since you will have more compassion for them now. She shared her personal story of giving birth to a baby with a broken heart. The baby was not allowed to cry or his oxygen level would be depleted so that he would die. Sadly, the baby did eventually pass away. After this experience, the rebbetzin found women

with the perspective that all is for the good. she helped them to go on. Nothing we go through is in vain.

> She shared another idea that if you are scared of something and you can somehow find the strength in yourself to give to someone else, then the fear will dissipate.

> She compared Sarah Imeinu to the sun. Sarah Imeinu is always with us. The sun goes down and comes up in different places. Inside of each of us is Sarah and Rivkah and Rachel and Leah. We have the strength of all the Imahos. Each of us is a huge shining sun.

Orthodox Union Commends Gov. Cuomo For Steps Against Anti-Israel Businesses



he Orthodox Union Advocacy Center, the nonpartisan public policy wing of the Union of Orthodox Jewish Congregations of America, commended Governor Andrew Cuomo Monday for creating and publishing a list of businesses that New York State will not do business with due to their support for the Boycott, Divestment and Sanctions (BDS) movement against Israel.

The BDS movement seeks to delegitimize Israel, a democratic nation and U.S. ally, and to exclude Israel from all economic, academic and cultural pursuits with the world. The movement also de-

nies Israel's right to exist.

The governor's directive requires all state agencies to divest from any transactions with these companies. The list follows Cuomo's signing of Executive Order 157 in June barring the New York State Government from doing business with adherents of the BDS movement.

"The BDS movement has been associated with harassment and anti-Semitism" said Jake Adler, OU Advocacy's New York State Policy Director. "Thanks to Governor Cuomo, New York State again stands with Israel in a real and meaningful way."



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- 1. ASN Bank NV
- 2. Betsah SA
- 3. Betsah Invest SA
- 4. Cactus SA
- 5. The Co-operative Group
- 6. Danske Bank
- 7. FreedomCall UK
- 8. Guloguz Dis Deposu Ticaret Ve Pazarlama Ltd.
- 9. KLP Kapitalforvaltning
- 10. Kommunal Landspensjonskasse (KLP)
- 11. Royal Haskoning DHV
- 12. Triodos Bank
- 13. Vitens NV

List Date: December 2, 2016

For more information you may call: (518) 474-8831 or email: EO157BDS@ogs.ny.gov

Rabbi Noach Isaac Oelbaum Gives Shiur On Visiting Cemeteries

By Ezra Klein

n Thanksgiving, Thursday, November 24, HaRav Noach Isaac Oelbaum shlita spoke to the Kew Gardens Hills community at a special Yarchei Kallah, on the topic of visiting cemeteries.

The subject of the day was whether or not it is permissible to visit a *beis ha'k'varos* (cemetery) and whether or not you can pray at the *tziyun* (burial place) of various family members and religious luminaries.

This has been a hotly contested issue over the centuries among various Jewish halachic decisors. Everyone seems to weigh in on this important issue.

The Bach says that the deceased cannot help you with your problems. He quotes Rabbi Chaim Paltiel, who said that women should not even come to the cemetery to pray to the deceased. The Bach, however, says that the *minhag* to visit cemeteries has become an accepted one, and no one has complained about the widespread acceptance of this policy. However, he suggested that the preferred methodology would be to *daven* over the *k'varim* of the *Avos*, directly to Hashem to give you a salvation because of the *z'chuyos* of the *Avos* who are buried there.

The *Chayei Adam* also indicated that people have the *minhag* to visit the *beis ha'k'varos*. This is especially true on the day before Rosh HaShanah. He makes several suggestions: First of all, do not pray at the burial places of bad people. Second, don't put too much stock into the one who is buried there, as that is the wrong thing to do. All you should do is ask Hashem to help you in remembrance of the *z'chuyos* of the



tzadikim who are buried there.

The Maharil said that burial places of the righteous are pure and holy. It is more likely that *t'filos* will be accepted at these final resting places. He strongly urges people to pray at such burial sites for their *y'shuos*.

The *Matei Efrayim* also weighs in and states that any prayers said at the cemetery should only be based on the *z'chuyos* of the *tzadikim* buried there.

The Shulchan Aruch says again that you are only praying to Hashem in the merit of those buried there. You must not pray to the dead people themselves, no matter how righteous they were.

On the other side of the divide, there are those who say that you can *daven* to the deceased to help you out in times of

trouble and travail. The Minchas Elazar was one of the more famous adherents to this view. He discusses the Rishonim who say you should not pray to the dead and he rejects that view. He says that it is a *mitzvah* to ask the righteous people buried at the cemetery to help you out. We are not asking them to help you out personally, but we are asking them to intercede with Hashem on our behalf. He brings many proofs from the Gemara to this effect. He quotes the Gemara in Maseches Taanis that quotes Rabbi Mana who was suffering from mistreatment from the house of the Nasi. Rabbi Mana went to the burial place of Rabbi Yonah and prayed for salvation from the bad men of the house of the Nasi. A few days

later, horses along with their riders from the house of the *Nasi* were passing by the cemetery and passed by the plot of Rabbi Yonah. The feet of the horses got frozen to the ground and they were stuck right next to the *kever* of Rabbi Yonah until they promised to never trouble Rabbi Mana, the son of Rabbi Yonah, ever again.

The next proof brought by the Minchas Elazar comes from Maseches Chagigah. In that Gemara, Rabbi Yehoshua disagreed with Beis Shamai in a very disparaging way. In a way to atone for that fact, Rabbi Yehoshua went to the final resting place of Shamai and asked for forgiveness from him directly.

Finally, the Arizal sent many students to ask various *Tana'im* to reveal the secrets of the Torah directly to the *talmidim*.

According to the *Minchas Elazar*, it is acceptable to visit *kivrei tzadikim* and ask them to pray on your behalf. It is not "doreish al ha'meisim."

The question presents itself: What about the Maharil who is dead-set against visiting the deceased and asking them to act on one's behalf? The Minchas Elazar did not wish to challenge the Maharil directly, since he is such an important source for the Bach and for much of the jurisprudence of our Torah world today. Instead, the Minchas Elazar explained that the Maharil really means: Don't ask the deceased himself to help you. The deceased cannot help you; they can only daven. Davening for you is acceptable, and that is what the Minchas Elazar be-

CONTINUED ON P. 45



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Under the guidance of local rabbonim and lay leaders, **SOS:Queens** promotes the Queens community's responsibility to prioritize annual tzedakah donations to its local Orthodox elementary schools. Not only does this comport with halacha, it ensures a vibrant future for our families and our community.



Photo Credits: Shua Katz

Yeshiva Ketana of Queens Zaide/Father/Son Melave Malka at Cong. Shaare Tova





Midreshet Shalhevet Gives Back







lam Chesed Yibaneh. Chazal tell us that the world was built through chesed. At Midreshet Shalhevet, we strongly believe that it is important to give to those less fortunate than ourselves. Our chesed program includes trips to local nursing homes, toy drives, tz'dakah fundraisers, Tomchei Shabbos activities, pairing with special needs children, and much more.

In honor of Rosh Chodesh Kislev, and with Chanukah upon us, Midreshet Shalhevet dedicated some class time to spend a little bit of time giving back. A school wide *chesed* trip took place, not only to emphasize the school's commitment to *chesed*, but also to serve as an opportunity to further grade bonding.

The 9th Grade volunteered at Masbia, a non-profit soup kitchen and food pantry that provides meals for hundreds of people in desperate need of food. They also

give out bags of much needed groceries every week to those with not enough at home. Masbia serves free, delicious meals for these people in a "restaurant," with volunteer waiters serving each person with respect and dignity. The Midreshet Shalhevet girls learned about all the programs Masbia provides and helped package the weekly grocery bags. Freshman Arielle Saffran of West Hempstead shared, "it was such a good feeling to know we helped out, and that so many people would get food because of it."

The Sophomores assisted the amazing staff at Bobbie's Place, a store unlike any other. They have selection and assortment, customer service and a smile, but there is one key difference. At Bobbie's Place, even those facing economic stress can shop stress-free because Bobbie's Place is free. The Midreshet Shalhevet girls sorted, organized, and labeled the

clothing to make the shopping experience more enjoyable. Eliana Hirsch of West Hempstead reflected that "there are so many ways of doing chesed. It was really inspirational to see this one." Bobbie's Place is a charity, but they aren't in the business of giving out handouts; they are in the business of making people feel like the people they are, despite their economic stature. The girls really took this message home with them. Nava Yastrab of Woodmere shared: "It was so moving to be able to do this chesed for these people."

The 11th and 12th Grades traveled to the historic Silver Lake Cemetery in Staten Island, where they performed *chesed shel emes* by helping to restore the cemetery. While in poor condition, both physically and financially, Silver Lake Cemetery is rich in history. It really tells the tale of Jewish immigrants in the late 19th and

early 20th centuries. Walking among the headstones, the girls could really learn about these people's lives. Miri Dubrow of Brooklyn and Rebecca Wein of West Hempstead shared that they really felt they were doing a true chesed that could never be repaid, and got a much greater understanding of why it is "chesed shel emes." The cemetery was a busy place from when it opened in 1893 until it was filled by 1909, with about 1,000 burials per year, at least half of them for infants and children. Now, the cemetery is not active and the graves are so old that very few people visit. The grounds are only requested to be opened to family around ten times per year. The Midreshet Shalhevet Juniors and Seniors volunteered a few hours of time and bagged over 50 bags of leaves and debris from the ground, helping the effort to keep the cemetery respectful to the 13,000 n'shamos resting there.

A Week In The Yeshiva Of Central Queens



he students at YCQ have been busy with their fall projects, afterschool activities, and athletic programs. To learn about "appreciation," the Grade 5 students created a tree with an individual leaf from each student stating something they are thankful for. The faculty was also invited to place a leaf on the tree. Grade 4 students enjoyed their annual Pow-Wow that coincides with their study of Native Americans and their creative research projects. The students loved watching real Native Americans dance as well as talk about their culture.

In science lab, Grade 2 students began their unit on weather and natural disasters. They each made their own tornado in a bottle using bottles they've been recycling since the beginning of the year.

The boys' hockey team began the season with a big 9-1 win, boys' Varsity Basketball team beat Brandeis 55-14, and boys' JV and girls' basketball teams began their season as

well. The Torah Bowl team participated in their first meet of the season with the boys and girls teams each winning two games.

When walking through the halls after school, the sounds of music are penetrating the halls with band practice, and the Mishmar groups are enjoying Torah learning through activities and skits. E2K participants are working on coding in order to build their robots, and the STEM club (SET3) has been learning about pollution through experiments on how certain items that can only be broken down using harsh chemicals, instead sit in landfills taking up space and damaging the land.

Students on the Debate Team had their first match against other area yeshivos and day schools, debating on the topic, "Whether or not the United States should build a wall along the Mexican Border," with Rachelle Winokur and Shira Schwartz winning first place partnership, as well as awards in individual categories.





Community Corner •

What's New In School

Bais Yaakov Of Queens Open House: An Exceptional Experience







he Bais Yaakov Academy of Queens welcomed a full house of parents who came to experience the daily learning and warmth at the annual Open House. The Dean, Rabbi Mordechai Gewirtz, welcomed the parents with, "We invite you into our 'home' so you can gain a glimpse of our daily nachas. We want to share with you, so you can actually feel what our girls experience." Many prospective parents took advantage of the day to meet the hanhalah, take a tour of the classes, and be a part of the school in action! Current parents took the opportunity to visit and share their daughters' learning experiences as they sat in on classes.

New parents were welcomed by parent volunteers and ushered into the multipurpose room to meet the *hanhalah*. Rabbi Gewirtz welcomed the overwhelming crowd. As Rabbi Gewirtz, Principals Mrs. Nechama Jurkowitz and Mrs. Sarah Bergman, assistant principal Mrs. Karen Reisbaum, and preschool director Mrs. Esther Kirschbaum expressed their thoughts on BYQ's exceptional experience, parents

viewed the school in action. Mrs. Devorah Hoch, a mother of BYQ students, offered her heartfelt view of the school. Having attended the school herself, following her mother's footsteps, she described the depth of care, love, and individualized attention each student receives. Before the gathering closed, one of their seventh grade students addressed the crowd and spoke about her love for her school, teachers, and administration.

Following a brief question-answer period, parents were treated to an hour-long tour of the entire school. As guests weaved in and out of classrooms, it was evident the BYQ girls are comfortable with visitors. "Our girls share their classrooms with many groups of teachers-in-training who want to learn from the best," said Rabbi Gewirtz, "and what better way for parents to choose a school than to experience what our girls experience. You can see the excitement in the class and the genuine warmth between students and teachers. We are an exceptional experience!"



Shulamith High School For Girls Shabbaton 2016

he Shulamith High School for Girls students and faculty spent the week gearing up for the school's second annual Shabbaton, centered around the theme of "Me, You, and Us." From the moment the buses pulled up to Monster Mini-Golf, it was a fun-filled, inspirational, and thought-provoking weekend.

The Shabbaton at the Sheraton in Edison, New Jersey, was an opportunity for students to spend time with each other, the faculty, and their families in an infor-

mal setting. The sessions focused on different levels of happiness (Me), becoming our best, confident selves when interacting with others (You), and trust and teamwork (Us). Ultimately, the students explored how You + Me can be so much more than Us.

The weekend was peppered with s'udos Shabbos, z'miros, divrei Torah, by both students and teachers, and a moving kumsitz. Friendships were strengthened, girls were inspired, and memories were formed to last a lifetime!









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Free Parking in school lot

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Community Corner •

What's New In School

SKA Holocaust Journal Wins Award



esilience," the Holocaust Journal published by the 9th Grade of the Stella K. Abraham High School for Girls, has been selected to receive this year's Gold Medalist Award by the Colombia Scholastic Press Association.

Dedicated to the strength of women who demonstrated resilience while preserving the Jewish spirit during the war, the Journal's prose, poetry, and artwork, are done by SKA's entire Freshman grade and Art Academy. Winning awards in previous years also, this year's Holocaust Journal is the 24th publication of its kind since the founding of the school.

In their summary, the judges noted that

"your magazine is a gift to us and to the generations to come. The theme of the women's role during the Holocaust is one that we don't hear of very often. The stories about death, punishment, survival, love, anguish, and life are powerful and touch the reader in a unique way; these are stories written by teenagers about their grandparents and great-grandparents."

Congratulations to editors Nicole Abitan, Esther Dykman, Zisi Grossman, Ilana Katz, Mimi Leifer, Aliza Mandelbaum and Talia Wein! Our appreciation goes to Faculty Advisor Mrs. Sheila Leibtag, Literary Advisors Mrs. Shira Manne and Ms. Elyssa Quinn, and Art Advisors Mrs. Suzy Libin and Mrs. Meredith Pyle.

A Different Kind Of Holocaust Education At Yeshiva University High School For Girls



t Central, the "Names, Not Numbers©" Holocaust documentary film project takes Holocaust education out of the traditional classroom setting and transforms it into a dramatic interactive experience. "Names, Not Numbers" offers an integrated, multidisciplinary curriculum, in which trained professionals – journalists, filmmakers, and historians – mentor students in the realms of interviewing techniques, documentary filmmaking and editing skills, and Web research.

Participating Seniors interview and film Holocaust survivors, military veterans and liberators, and members of the "second generation." They then create a documentary film about the lives and experiences of these individuals, gaining firsthand knowl-

edge of the tragic period of our history.

Each year, the films have the unique distinction of being accepted into the archives of the Jewish National and University Library of Israel at the Hebrew University of Jerusalem. They are also archived at the Gottesman Library at Yeshiva University.

In preparation for this week's interviews, the participating members of the Class of 2017 have been carefully crafting their interview questions, ensuring that they are thorough, carefully considered, and sensitive to Holocaust survivors. Filming has just begun, and already our Seniors are reporting edifying, emotional, and lifechanging encounters. "Names, Not Numbers" engages our students with the past so that they may inform the present and enhance the future.



Rav Elya Brudny And Dr. Shloimie Zimmerman Speak To YTM Staff

his past spring, Rav Elya Brudny and Dr. Shloimie Zimmerman gave a Queens community-wide kinus presentation, sensitizing professionals, parents, and grandparents to the potential long-term effects when a child is reprimanded using the "shame tool." Yeshiva Tiferes Moshe took the presentation one step further, by introducing its 2016-17 professional development joint in-services to early childhood, rebbeim, and General Studies faculty, with a survey overview of this topic, followed by

an intensive presentation, once again, both by Rav Brudny and Dr. Zimmerman. The in-service was both inspiring and informative.

As usual, the rebbeim and teachers appreciated this additional opportunity to listen and ask about many of their practical suggestions. Thank you to Dr. Zimmerman, parent of Tzvi Yehuda, our wonderful 2nd grader, for taking a morning from his unusually busy schedule to share with the rebbeim and faculty of Yeshiva Tiferes Moshe. Yasher Koach!



Dr. Zimmerman speaking

Rambam 4-Corner Dodgeball Tz'dakah Tournament Helps IDF



Mesivta's Annual 4-Corner Dodgeball Tournament brought together all the grades for a worthy cause: helping to refurbish a sefer Torah for an IDF Unit. The tournament was run by seniors Gabe Greenbaum and Noah Schwartz, with the help of 4-Corner Dodgeball Commissioner and Rambam Assistant Principal, Mr. Hillel

Going into the 18th and final round of play, the red, white, and blue teams were all in contention, with the green team still

Tow in its seventh year, Rambam hoping to play spoiler. After a few minutes of tension-filled calculations, the white team emerged victorious by a narrow margin. White was led by veteran Benny Csillag, who was awarded an All-Star Award, and sophomore Aaron Azose, who was named the Al Hecht Memorial MVP. Yoni Auerbach of blue, Gabe Kessler of green, and Michael Akhavan of red were also awarded All-Star trophies.

The tournament was also live-streamed by Rambam's "Stream Team," led by Yair Oppenheim and Raphi Lowe.

The Yeshiva University High School For Girls School-Wide Shabbaton





The Central family began the week with a high after a phenomenally successful school-wide Shabbaton! In record-breaking numbers, students, faculty, and their families spent Shabbat Parshat Toldot together at the DoubleTree Tarrytown HIlton for a weekend of Torah, fun, and Central spirit. The program kicked off in school on Friday morning with the first of our three learning sessions, centered around the theme "Clear Eyes, Full Hearts, Can't Lose," inspired by the popular television series "Friday Night Lights." Students and teachers discussed the roles of open-mindedness and intention in order to achieve goals. The "Clear Eyes" session on Friday morning was interactive, discussionbased, and thought-provoking. The seniors led the session with enthusiasm, infusing meaning into each component of the session. Students considered their personal insecurities and discussed how to rid them from our minds in order to "clear our eyes"

We welcomed in Shabbat with inspiring and musical communal t'filot and words of Torah from Head of School CB Neugroschl. Students joined faculty families for dinner, seizing the opportunity to get to know their teachers in a new context. Benching was followed by a beautiful performance from our choir, and then the faculty enjoyed showing their more theatrical flairs in a spiel about life at Central. Our brave faculty members continued to be in the spotlight during a special rendition of musical chairs. The Friday night activities highlighted that the spirit and warmth of our faculty is second to none! After the skit, our session series continued on the topic of "Full Hearts." This session, run by our faculty, focused on the meaning of "B'chol Levavkha," living life with a full heart. The faculty engaged the students in meaningful discussions about Avraham Avinu, Rabbi Akiva, and many modern day "heroes." The session opened and closed with a personal interactive activity during which students considered how mundane actions and mitzvot can be completed with a fuller heart. The annual Senior Panel proved yet once again how unique our faculty is, as they shared personal stories from their lives and answered seniors' questions about themselves and about the road our students have ahead of them.

The ruach continued on Shabbat day with a lively davening and an even livelier Seudat Shabbat. Meals were replete with cheering and laughter. The third and final session, centered around "Can't Lose," was a "Choose Your Own" session, for which faculty members shared their personal



stories about times when they could have "lost" but learned lessons from their experiences instead. After a much-needed menucha, everyone came back together for Seudat Shlishit and an inspiring kumzitz.

After Maariv and Havdalah, everyone scurried back to their rooms to prepare for the Melave Malka...and a fantastically energetic concert by Mordechai Shapiro! Each grade came outfitted in accordance with a wacky theme: Freshmen were "Fresh" out of Middle School, attired in their respective middle-school gear; the Sophomore Soldiers looks great in camouflage; the Junerds rocked suspenders and knee socks; and the Sporty Seniors showed off their jerseys. The Flashy Faculty looked great in neon as well! Said Director of Student Life Shani Malitzky, "The Melave Malka concert with Mordechai Shapiro was non-stop energy and excitement. The ruach was palpable. Watching our students and faculty sing and dance together at the culmination of a

CONTINUED ON P. 53

Bnos Malka Girls Support Our Troops

n what has become an annual schoolwide event, Bnos Malka Academy girls once again wrote letters and packed Chanukah care packages for Jewish soldiers stationed in Fort Benning, Coordinators Rabbi Hayim Schwartz of the Rabbinical Seminary of America and Mr. Richard Taub paid a visit to Bnos Malka and described that there thousands of Jewish soldiers who will appreciate the efforts of the girls. Rabbi

Schwartz explained, "While many of these soldiers are not religious, they will all appreciate these care packages. It will certainly leave them with a good feeling that fellow Jews are thinking of them and their commitment to protect our country." The entire school got involved, with the younger classes making cards and drawing pictures, to the older girls packing the bags of goodies that included chocolate Chanukah gelt, and dreidels.

Vol. V No. 47 (#189) • December 8, 2016

Community Corner •

What's New In School

Bais Yaakov of Queens' Eighth Grade STEM

'n conjunction with their studies of materials engineering, the eighth grade STEM class began investigating methods of insulation. After a unit covering elemental chemistry and exploring physical and chemical properties of various substances, heat conductivity was explored. Students were given the task of finding which materials are best used as insulators for hot or cold substances. Groups used newspapers, wood, cotton, and aluminum foil, in addition to their own combinations of materials, to design the perfect "thermos." Acting like authentic engineers, they brainstormed with their peers, and finally each group settled on their optimal design. After carefully planning their experiment and receiving final approval, the students assembled their inventions, filling each with very hot water. The temperature of each cup was taken at three-minute intervals to monitor heat loss. The students carefully kept track of their data, graphing it on a set of axes to be able to clearly see which material and design setup worked



the best. This gave them the opportunity to build their laboratory skills as well as learn applications for their math lessons.

The activity was followed by an in-depth discussion of how heat may be transferred, including conduction, convection, and radiation. The girls enjoyed the design process and learned a lot along the way!



Haschalas Mishnayos Mesibah At YTM



n Sunday, November 27, fathers and grandfathers of Yeshiva Tiferes Moshe's Third Grade joined together with their sons to celebrate the start of the boys learning *Mishnayos*. Rabbi Bookson, the Assistant Menahel, started the program explaining to the boys the importance of learning *Torah She'b'al Peh*. Rabbi May, the Menahel, spoke to the boys about the importance of *m'sorah* and that the Mishnah is the next step in the chain. One of the Third Grade *rebbeim*, Rabbi Walkenfeld, told the boys

n Sunday, November 27, fathers how proud he is of the boys for develand grandfathers of Yeshiva Tiferes oping the skills needed to start learning Moshe's Third Grade joined togeth-

Rabbi Bookson ended the program by offering a prize to any boy who recites the *Perek Arvei P'sachim b'al peh* before the end of the school year. The boys were then treated to pizza, chocolate milk, and donuts to celebrate this milestone. The Yeshiva thanks the Granek, Itzkowitz, Jakubowicz, and Lisker families for sponsoring the Haschalas Mishnayos in memory of their father, Rabbi Stanley Metzger.



16 for 2016 Sweepstakes: Win a Roadmap to 2017 Success

n December 20, WABC's "Mind Your Business" radio show, hosted by marketing mastermind Yitzchok Saftlas, will be giving away a free roadmap to business success to one lucky winner, in the form of 16 transformational business guidebooks. 'What you know' truly makes a difference in advancing your career, building your business, connecting with your customer base, and learning how to successfully promote your company. In the 16 for 2016 Sweepstakes, "Mind Your Business" is offering an opportunity to win this \$350 value collection of executive books that are replete with golden nuggets of advice,

guidance, and solid, practical steps to reach efficiency and bottom line success. Entry into this sweepstakes is *absolutely free.* The drawing will be held on Tuesday December 20th, at 5:00 P.M., with an on-air announcement of the winner on "Mind Your Business" on Sunday, December 25th.

These 16 books are a fountain of business wisdom and ingenuity. Join in A Climb to the Top by Chuck Garcia with exceptional communication and leadership tactics. Amaze Every Customer Every Time by Shep Hyken by empowering employees to provide a stellar level of customer service. From Body Language Secrets to Win More







Wednesday, May 10th, 2017

Be part of the most important day to advocate for stronger US-Israel relations. Meet directly with Members of Congress and their staff to make a true impact.

Roundtrip transportation to Washington, DC with Glatt Kosher meals included.

Register at NORPAC.net or call (201) 788-5133

Rates: Adults -- \$125, Students -- \$75*

*Special early bird discount until Sunday, February 19th. Call us about special College student rates.

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Laurie Baumel, PhD • Richard Schlussel, MD • David Steinberg

MISSION LOGISTICS CHAIR Jeff Schreiber MISSION TALKING POINTS CHAIR Allen Friedman

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This entire executive collection of business knowledge and strategies (valued at \$350) is only an entry away. Visit WABCBizRadio.com/Giveaway or text MYB to 22828. You can also follow @ysaftlas on twitter, subscribe to our YouTube channel, or like the "Mind Your Business" Facebook page for more entry opportunities. Be sure to enter the drawing by December 20 at 5:00 p.m. for your chance to map your way to 2017 success with a powerful foundation of 16!

THE CALENDAR FOR ALL EVENTS IN QUEENS

DEGEMBER

Wednesday

At 7:00 p.m., AIPAC will hold its first annual Queens Dinner at Terrace on the Park (52-11 111th Street, Flushing). A minimum contribution of \$500 to AIPAC's

2017 campaign is required to reserve two complimentary seats. For reservations, please call Aaron Herman at 646-360-1550 or email queens@aipac.org.

Thursday **8**

At 7:30 p.m., the Men's Club of Congregation L'Dor V'Dor (49-10 Little Neck Pkwy, Little Neck) will present "An Evening with Mike Silver," a Jewish sports

authority on the history of boxing. Open to the public. Please RSVP by November 30 to 718-224-0404.

Sunday

The Rabbinical Seminary of America will hold its 83rd annual dinner and Chag HaS'michah at Terrace on the Park. For more information, please

contact 718-268-4700 or email info@rsadinner.

At 7:00 p.m., Chazaq will hold a **lecture in Russian by Rabbi Gitik** at Beth Gavriel Center (66-35 108th Street, Forest Hills). For more information, please email info@chazaq.org or call 718-285-9132.

At 8:30 p.m., Chazaq will hold a **lecture for men and women by Rabbi Mashiach Kalaty** at Beth Gavriel Center (66-35 108th Street, Forest Hills). Refreshments. Free of charge. For more

information, please contact info@chazaq.org or 718-285-9132.

12 Monday

At 8:00 p.m., N'shei Chazaq Women's Division will hold the first of four lectures by **Dr. Tamar Perlman on "Enlightened Motherhood: Discovering the**

Power Within You." At Beth Gavriel Community Center, 66-35 108th Street, Forest Hills. For more information, please call 718-285-9132. Other lectures on December 19 and 26, and January 2.

syappos 17

Motzaei Shabbos 17

From 6:45 to 8:30 p.m. Mesivta Yam HaTorah will hold a Pre-Chanukah Carnival for kids, ages 4-11, at the Young Israel

of Bayswater. \$5 admission for games, prizes, bounce house and slide, magic show, food, ice cream, and more. All proceeds go to Mesivta Yam HaTorah.

At 8:15 p.m., the **Jewish Heritage Center will hold its Annual Chinese Auction** at Shaare Tova Synagogue (82-33 Lefferts Boulevard, Kew Gardens). Prize drawing will begin 10:30 p.m. Admission: \$25 for one; \$36 for two; or free with donation of \$250 or more. For more information, please contact 718-575-3100 or events@theihc.org.

Sanday 18

At 5:00 p.m., the Queens Jewish Center will hold its Second Annual Yahrzeit Lecture and Dinner in memory of Rav Joseph Grunblatt zt"l. Featur-

ing Dr. David Pelcovitz speaking on "Psychological and Jewish Insights into Gratitude." Please

RSVP by Monday, December 5, by mail (66-05 108th Street, Forest Hills, NY 11375) or phone (718-459-8432).

Nednesday

From 4:00 p.m. to 10:00 p.m., the Young Israel of Kew Gardens Hills will hold its semi-annual blood drive. Max & Mina's ice cream for donors.

For more information, please contact Rabbi Bruce Schwartz at bschw18@aol.com.

23

At 8:00 p.m., the Young Israel of Kew Gardens Hills will hold a pre-Chanukah oneg featuring a talk by Sergey Kadinsky on the topic, "Chanukah Here:

Building an American Jewish Holiday."

25

At 9:15 a.m., YESS will hold a brunch at the Young Israel of Hillcrest, featuring a talk by Dr. David Pelcovitz on the topic, "Developing Civility in our Chil-

dren and Grandchildren." Reservations \$36 per person. For additional information, please email Rebecca Wittert at wittert@juno.com.

JANUARY 2017

Sunday

At 7:30 p.m., the Ninth
Annual Asarah
B'Teves Program will
be held at the Young
Israel of Kew Gardens
Hills (70-11 150th Street,
Kew Gardens Hills).

Guest speaker: Rabbi Nosson Scherman, gener-

al editor of ArtScroll Mesorah. Introductory remarks by Rabbi Ephraim Glatt, Esq. For more information, please call 718-440-5352.

Shabbos 14

Yeshiva Kesser Torah will hold its Annual Journal M'laveh Malkah at the Young Israel of Kew Gardens Hills. Honoring Dr. Paul & Mrs. Drora Brody and

Yaniv & Leora Meirov. Guest speaker: Rabbi Shmuel Marcus. Men and women are welcome.

TEAM will hold its annual Shabbos event. Details to follow.

15

From 8:45 a.m. to 6:15 p.m., the **Orthodox Union will hold a full-day Torah program** for both men and women indoors at New York's Citi Field. The event

will feature representatives from all walks of Orthodox Jewish life for a meaningful conversation about Halachah, Tanach, Hashkafah, and Israel. Attendees are welcome to attend any part or the entire event. Admittance \$18. Free parking. Kosher food is available for purchase. Please register at ou.org/citi.

23

Friday-Sunday 20-22

Dirshu will hold a Shabbos Chizuk L'Lomdei Torah at the Stamford Concorde Plaza. Details to follow.

TO ADD YOUR EVENT TO OUR COMMUNITY CALENDAR,
PLEASE EMAIL THE EVENT, DATE/TIME,
PLACE, AND A BRIEF DESCRIPTION TO:
CALENDAR.QJL@GMAIL.COM

Your business can sponsor the QJL Community Calendar. Please contact Yaakov at 718-880-2622 or e-mail queensjewishlink@gmail.com

Community • Upcoming Event

Orthodox Union To Sponsor Day Of Torah & More Indoors At Citi Field Convention Center On January 15

he Orthodox Union, the umbrella organization for American Orthodox Jewry, will present an unprecedented day of Torah, learning, inspiration and more.

The full-day program for both men and women will be held indoors at Citi Field in Queens on Sunday, January 15, from 8:45 a.m. – 6:15 p.m. The event will feature representatives from all walks of Orthodox Jewish life for a meaningful conversation about halachah, tanach, hashkafah, and Israel.

A key component of this effort is introducing dimensions of Torah study that speak to each individual. From kashrut, women and Torah, to conversion and the role Judaism may play in American politics today, these topics and many others will be part of the dialogue for people to engage in, learn about and question.

Among the speakers are Israeli Chief

Rabbi David Lau, Rabbi Yonason Sacks, Mina Glick, Rabbi Shalom Rosner, Rabbi Menachem Genack, and many more.

This program is a milestone for the OU, as the organization expands its focus to provide opportunities for Jews to explore the knowledge and inspiration behind their religious observance.

Since 1898, the OU has provided countless services, from facilitating halachic observance through its ubiquitous kashrus certification, to serving as the Orthodox community's advocate on both federal and state government levels, from offering educational outreach for thousands to providing inclusion programming for the disabled.

Attendees are welcome to attend any part or all of the event. Admittance is \$18, with free parking and kosher food available for purchase.

Register at ou.org/citi.

Rabbi Noach Isaac Oelbaum Gives Shiur On Visiting Cemeteries

CONTINUED FROM P. 34

lieves one should do.

There is a third position as well: that of the Maharam Shick. *Chazal* tell us that the dead know when bad things are happening in this world. The proof to this is that when the Egyptians did evil to us, it says in the Torah that they did evil to us and to our forefathers. How did the Egyptians do evil to our forefathers, who were long gone? The answer is that the *Avos* also experienced pain, *tzaar*, when *B'nei Yisrael* was being tortured by the Egyptians. So it is clear that the *meisim* know what is going on here, on some level.

Therefore, when we come to the *k'varim*, it shows the deceased that we are under some form of aggravation or *tzaar*. Since we reveal our emotions, the deceased know about the pain and they are troubled with that pain. Therefore, Hashem removes the pain from the children (us) because He doesn't want the older generation to suffer.

Agra D'Pirka has begun a series of special *shiurim* through establishing special *yarchei kallah* on the legal holidays of Thanksgiving, New Year's, Memorial Day, Independence Day, and Labor Day throughout each year. This is a new program to address the needs of the working Jewish world. This *shiur* was part of this new special program.

Agra D'Pirka, a morning kollel program (Monday-Thursday) based in Rabbi Oelbaum's shul, is in its sixth year. It consists of multiple shiurim geared to local professionals, business owners, retirees, and anyone interested in serious limud haTorah. Agra D'Pirka has programs in seven locations: Queens, Flatbush, Boro Park, Lakewood, Miami, Monsey, and Williamsburg.

There are two learning tracks, with one class located in the main *shul* and the second class provided by Rabbi Ilan Meirov in the social hall. Rabbi Meirov lectures to the Bukharian community daily. For more information, please call Ezra Klein at 212-661-9400.

Daf Yomi Classes

SUNDAY

- 6:00 am Young Israel of Kew Gardens Hills, Youth Building Library 150-05 70th Road, KGH
- 6:55 am Ahavas Yisroel,147-02 73rd Avenue, KGH
- 7:00 am Ohel Yitzchok (Arieli), 137-58 70th Avenue, KGH
- 7:00 am Kehilas Ishei Yisrael, YCQ Junior High School Building(150th St nr 70th Rd), KGH
- 7:10 am Degel Israel(Sheinfeld), 144-02 68th Drive, KGH
- 7:30 am Congregation Nachalas Yitzchak (Oelbaum), 141-39 73rd Avenue, KGH
- 8:45 am Agudath Israel of Kew Gardens Hills, 147-37 70th Road (YCQ Building), 1st floor, KGH
- 8:00 pm Young Israel of Queens Valley, 141-55 77th Avenue,
- 8:30 pm Degel Israel(Sheinfeld), 144-02 68th Drive, KGH
- 9:30 am Queens Jewish Center, 66-05 108th Street, Forest

MONDAY

- 5:30 am Young Israel of Kew Gardens Hills, Youth Building Library 150-05 70th Road,
- 5:30 am Ahavas Yisroel,147-02 73rd Avenue, KGH
- 5:30 am Kehilas Ishei Yisrael, YCQ Junior High School Building(150th St nr 70th Rd), KGH
- 5:40 am Degel Israel(Sheinfeld), 144-02 68th Drive, KGH
- 6:00 am Ohel Yitzchok (Arieli), 137-58 70th Avenue, KGH
- 6:05 am Congregation Nachalas Yitzchak (Oelbaum), 141-39 73rd Avenue, KGH
- 7:45 am Congregation Nachalas Yitzchak (Oelbaum), 141-39 73rd Avenue, KGH
- 9:00 am Queens Jewish Center, 66-05 108th Street, Forest
- 8:00 pm Congregation Nachalas Yitzchak (Oelbaum), 141-39 73rd Avenue, KGH
- 8:00 pm Agudath Israel of Kew Gardens Hills, 147-37 70th Road (YCQ Building), 1st floor, KGH
- 8:00 pm Young Israel of Queens Valley, 141-55 77th Avenue,
- 8:30 pm Degel Israel(Sheinfeld), 144-02 68th Drive, KGH

TUESDAY

- 5:30 am Young Israel of Kew Gardens Hills, Youth Building Library 150-05 70th Road,
- 5:30 am Ahavas Yisroel,147-02 73rd Avenue, KGH
- 5:30 am Kehilas Ishei Yisrael, YCQ Junior High School Building(150th St nr 70th 6:00 am Ohel Yitzchok (Arieli),

- Rd), KGH
- 5:40 am Degel Israel(Sheinfeld), 144-02 68th Drive, KGH
- 6:00 am Ohel Yitzchok (Arieli), 137-58 70th Avenue, KGH
- 6:15 am Congregation Nachalas Yitzchak (Oelbaum), 141-39 73rd Avenue, KGH
- 7:45 am Congregation Nachalas Yitzchak (Oelbaum), 141-39 73rd Avenue, KGH
- 9:00 am Queens Jewish Center, 66-05 108th Street, Forest Hills
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- 8:00 pm Agudath Israel of Kew Gardens Hills, 147-37 70th Road (YCQ Building), 1st floor, KGH
- 8:00 pm Young Israel of Queens Valley, 141-55 77th Avenue, KGH
- 8:30 pm Degel Israel(Sheinfeld), 144-02 68th Drive, KGH

_WEDNESDAY__

- 5:30 am Young Israel of Kew Gardens Hills, Youth Building Library 150-05 70th Road,
- 5:30 am Ahavas Yisroel,147-02 73rd Avenue, KGH
- 5:30 am Kehilas Ishei Yisrael, YCQ Junior High School Building(150th St nr 70th Rd), KGH
- 5:40 am Degel Israel(Sheinfeld), 144-02 68th Drive, KGH
- 6:00 am Ohel Yitzchok (Arieli), 137-58 70th Avenue, KGH
- 6:15 am Congregation Nachalas Yitzchak (Oelbaum), 141-39 73rd Avenue, KGH
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- 8:00 pm Young Israel of Queens Valley, 141-55 77th Avenue,
- 8:30 pm Degel Israel(Sheinfeld), 144-02 68th Drive, KGH

THURSDAY_

- 5:30 am Young Israel of Kew Gardens Hills, Youth Building Library 150-05 70th Road,
- 5:30 am Ahavas Yisroel,147-02 73rd Avenue, KGH
- 5:30 am Kehilas Ishei Yisrael, YCQ Junior High School Building(150th St nr 70th Rd), KGH
- 5:40 am Degel Israel(Sheinfeld), 144-02 68th Drive, KGH

- 137-58 70th Avenue, KGH 6:05 am Congregation Nachalas Yitzchak (Oelbaum), 141-39
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- 8:00 pm Young Israel of Queens Valley, 141-55 77th Avenue,
- 8:30 pm Degel Israel(Sheinfeld), 144-02 68th Drive, KGH

FRIDAY

- 5:30 am Young Israel of Kew Gardens Hills, Youth Building Library 150-05 70th Road,
- 5:30 am Ahavas Yisroel,147-02 73rd Avenue, KGH
- 5:40 am Degel Israel(Sheinfeld), 144-02 68th Drive, KGH
- 5:30 am Kehilas Ishei Yisrael, YCQ Junior High School Building(150th St nr 70th Rd), KGH
- 6:00 am Ohel Yitzchok (Arieli), 137-58 70th Avenue, KGH
- 6:15 am Congregation Nachalas Yitzchak (Oelbaum), 141-39 73rd Avenue, KGH
- 7:45 am Congregation Nachalas Yitzchak (Oelbaum), 141-39 73rd Avenue, KGH
- 9:00 am Queens Jewish Center, 66-05 108th Street, Forest
- 8:00 pm Agudath Israel of Kew Gardens Hills, 147-37 70th Road (YCQ Building), 1st floor, KGH

SHABBOS_

- 7:25 am Ahavas Yisroel,147-02 73rd Avenue, KGH
- 7:45 am Young Israel of Kew Gardens Hills, Youth Building Library 150-05 70th Road, KGH
- 7:50 am Degel Israel(Sheinfeld), 144-02 68th Drive, KGH
- 8:00 am Ohel Yitzchok (Arieli), 137-58 70th Avenue, KGH
- 1 hr before mincha Congregation Nachalas Yitzchak (Oelbaum), 141-39 73rd Avenue,
- 1 hr before mincha Agudath Israel of Kew Gardens Hills, 147-37 70th Road, 1st floor, KGH
- 1 hr before mincha Degel Israel(Sheinfeld), 144-02 68th Drive, KGH
- 40 min before mincha Kehilas Ishei Yisrael, YCO Junior High School Building (150th St nr 70th Rd), KGH

Mincha Minyan List

- 12:45 pm Yeshiva Kesser Torah 72-11 Vleigh Place, KGH
- 1:00 pm Rabbi Rubin's shul 70-03 147th Street, KGH
- 1:30 pm Ahavas Yisroel 147-02 73rd
- Avenue, KGH 1:30 pm • Yeshiva Ohel Simcha 141-41
- 72nd Avenue, KGH 1:45 pm • Yeshiva Kesser Torah 72-11
- Vleigh Place, KGH 1:45 pm • Aron's Kissena Farms 72-15
- Kissena Boulevard, KGH 1:45pm • Rosenblum's Grocery 82-38
- Lefferts Blvd, Kew Gardens 2:15 pm • Yeshiva Kesser Torah 72-11
- Vleigh Place, KGH 2:45 pm • Yeshiva Kesser Torah 72-11
- Vleigh Place, KGH 3:30 pm • Gift World 72- 20 Main
- Street, KGH 3:45 pm • Yeshiva Kesser Torah 72-11 Vleigh Place, KGH
- 4:15 pm Yeshiva Kesser Torah 72-11 Vleigh Place, KGH

MONDAY_

- 12:45 pm Yeshiva Kesser Torah 72-11 Vleigh Place, KGH
- 1:00 pm Rabbi Rubin's shul 70-03
- 147th Street, KGH 1:30 pm • Ahavas Yisroel 147-02 73rd Avenue, KGH
- 1:30 pm Yeshiva Ohel Simcha 141-41 72nd Avenue, KGH
- 1:45 pm Yeshiva Kesser Torah 72-11 Vleigh Place, KGH
- 1:45 pm Aron's Kissena Farms 72-15 Kissena Boulevard, KGH
- 1:45 pm Seasons 66-18 Main Street,
- 1:45pm Rosenblum's Grocery 82-38 Lefferts Blvd, Kew Gardens
- 2:00 pm Jewish Heritage Center 68-20 Main Street, KGH
- 2:15 pm Yeshiva Kesser Torah 72-11 Vleigh Place, KGH
- 2:45 pm Yeshiva Kesser Torah 72-11 Vleigh Place, KGH 3:30 pm • Gift World 72- 20 Main
- Street, KGH 3:45 pm • Yeshiva Kesser Torah 72-11
- Vleigh Place, KGH 4:00 pm • Chazaq 141-24 Jewel Ave-
- nue, KGH 4:15 pm • Yeshiva Kesser Torah 72-11 Vleigh Place, KGH

TUESDAY

- 12:45 pm Yeshiva Kesser Torah 72-11 Vleigh Place, KGH
- 1:00 pm Rabbi Rubin's shul 70-03 147th Street, KGH
- 1:30 pm Ahavas Yisroel 147-02 73rd Avenue, KGH
- 1:30 pm Yeshiva Ohel Simcha 141-41 72nd Avenue, KGH
- 1:45 pm Yeshiva Kesser Torah 72-11 Vleigh Place, KGH
- 1:45 pm Aron's Kissena Farms 72-15 Kissena Boulevard, KGH
- 1:45 pm Seasons 66-18 Main Street, 1:45pm • Rosenblum's Grocery 82-38
- Lefferts Blvd, Kew Gardens
- 2:00 pm Jewish Heritage Center 68-20 Main Street, KGH 2:15 pm • Yeshiva Kesser Torah 72-11
- Vleigh Place, KGH 2:45 pm • Yeshiva Kesser Torah 72-11

- Vleigh Place, KGH
- 3:30 pm Gift World 72- 20 Main Street, KGH
- 3:45 pm Yeshiva Kesser Torah 72-11 Vleigh Place, KGH
- 4:00 pm Chazaq 141-24 Jewel Avenue, KGH
- 4:15 pm Yeshiva Kesser Torah 72-11 Vleigh Place, KGH

WEDNESDAY_

- 12:45 pm Yeshiva Kesser Torah 72-11 Vleigh Place, KGH
- 12:45 pm Ahavas Yisroel 147-02 73rd Avenue, KGH
- 1:00 pm Rabbi Rubin's shul 70-03 147th Street, KGH
- 1:30 pm Yeshiva Ohel Simcha 141-41 72nd Avenue, KGH
- 1:45 pm Yeshiva Kesser Torah 72-11 Vleigh Place, KGH
- 1:45 pm Aron's Kissena Farms 72-15 Kissena Boulevard, KGH
- 1:45 pm Seasons 66-18 Main Street, 1:45 pm • Rosenblum's Grocery 82-38
- Lefferts Blvd, Kew Gardens 2:00 pm • Jewish Heritage Center 68-
- 20 Main Street, KGH 2:15 pm • Yeshiva Kesser Torah 72-11 Vleigh Place, KGH
- 2:45 pm Yeshiva Kesser Torah 72-11 Vleigh Place, KGH
- 3:30 pm Gift World 72- 20 Main Street, KGH 3:45 pm • Yeshiva Kesser Torah 72-11
- Vleigh Place, KGH 4:00 pm • Chazaq 141-24 Jewel Ave-
- nue, KGH 4:15 pm • Yeshiva Kesser Torah 72-11 Vleigh Place, KGH

THURSDAY

- 12:45 pm Yeshiva Kesser Torah 72-11 Vleigh Place, KGH
- 1:00 pm Rabbi Rubin's shul 70-03 147th Street, KGH 1:30 pm • Ahavas Yisroel 147-02 73rd
- Avenue, KGH 1:30 pm • Yeshiva Ohel Simcha 141-41 72nd Avenue, KGH
- 1:45 pm Yeshiva Kesser Torah 72-11 Vleigh Place, KGH
- 1:45 pm Aron's Kissena Farms 72-15 Kissena Boulevard, KGH 1:45 pm • Seasons 66-18 Main Street,
- KGH 1:45pm • Rosenblum's Grocery 82-38
- Lefferts Blvd,Kew Gardens 2:00 pm • Jewish Heritage Center 68-20 Main Street, KGH
- 2:15 pm Yeshiva Kesser Torah 72-11 Vleigh Place, KGH 2:45 pm • Yeshiva Kesser Torah 72-11
- Vleigh Place, KGH 3:30 pm • Gift World 72- 20 Main
- Street, KGH 3:45 pm • Yeshiva Kesser Torah 72-11 Vleigh Place, KGH
- 4:00 pm Chazaq 141-24 Jewel Avenue, KGH
- 4:15 pm Yeshiva Kesser Torah 72-11 Vleigh Place, KGH

FRIDAY_

- 1:15 pm Yeshiva Kesser Torah 72-11 Vleigh Place, KGH
- 1:45 pm Aron's Kissena Farms 72-15 Kissena Boulevard, KGH 1:45pm • Rosenblum's Grocery 82-38

Lefferts Blvd, Kew Gardens

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<u>Daily Zmanim</u>													
Wee	Week of Wednesday, December 7- Tuesday December 13, 2016												
	WED	THURS	FRI	SAT	SUN	MON	TUES						
Dawn	5:38 am	5:39am	5:40 am	5:40 am	5:41 am	5:42 am	5:42 am						
Earliest talis & tefillin	6:11 am	6:12am	6:13 am	6:13 am	6:14 am	6:15 am	6:15 am						
Sunrise	7:06 am	7:07 am	7:07 am	7:08 am	7:09 am	7:10 am	7:11 am						
Latest shema Magen Avraham	8:42 am	8:43 am	8:43 am	8:44 am	8:45 am	8:45 am	8:46 am						
Midday	11:46pm	11:47am	11:47pm	11:48pm	11:48am	11:49am	11:49am						
Earliest mincha	12:16pm	12:17pm	12:17pm	12:18pm	12:18pm	12:19pm	12:19pm						
Plag hamincha Gra & Baal HaTanya 3:29 pm		3:29 pm	3:30 pm										
Sunset	4:27 pm	4:27 pm	4:27 pm	4:27 pm	4:27 pm	4:28 pm	4:28 pm						
Nightfall - 3 stars emerge	5:12 pm	5:12 pm	5:12 pm	5:13 pm	5:13 pm	5:13 pm	5:13 pm						
Nightfall - 72 minutes	5:39 pm	5:39 pm	5:39 pm	5:39 pm	5:39 pm	5:40 pm	5:40 pm						
Friday December 9, 2016: Candle lighting 4:09pm Shabbos December 10, 2016 ends 5:14pm; ends 5:40pm R'Tam													



- Have the Poison Control number near all phones.
- Keep a bottle of Syrup of Ipecac (to induce vomiting) on the top shelf of the medicine cabinet.
- Dangerous substances should be locked up and kept away from children.

Children

- **Never** put anything strange into your mouth without first asking an adult.
- Never open medicine chests, closets or cabinets without a parent's permission.
 - If you see the word 'POISON' on something, do not touch it! Make sure an older person puts it away in a safe place.



Hooked On Healing

Caroline Schumsky, LCSW, MS

Mental Health & Physical Wellness

Complain Much?

CONTINUED FROM P. 1

can't get over what my co-worker did today. Oh, and don't even get me started on the kids....sheesh." Ah, what a rush of relief that just swept over me after wrapping up that rant. I feel sooo much better now.

Are you a chronic complainer? Okay, take my little test please. Is your glass half empty or...oh, wait... you say it's chipped. All right, moving right along. Is the water half... errr...you say the water is not cold enough and it's tap water and you

specifically asked for premium bottled water? Geez. There's more? You noticed a lipstick smudge on the rim of the glass, too, so you have no idea if it's half full or empty because now you

are convinced you may have caught a disease from the glass itself? My, my. Wow.

What do you grumble about my friends? Potholes? High prices? Train or bus delays? The beach was just way too sandy? Well, since all of the above are clearly out of our control, why do we bother complaining about them?

Is it not only worthwhile to whine if we can get concrete results, or can the feeling of catharsis actually make us happier in the long run? Hmm. Sometimes, grumbling and grousing are not the cause of our negativity, but the antidote. How can that be, Caroline?

Well, for one thing, it can sure be an icebreaker. Ever turn around to the stranger behind you on a long line, moaning about how long y'all have been waiting? Heck, you might even make a new friend that way. You know the feeling: You start out bellyaching and the next thing you know, you may be cracking jokes or even laughing. Unless you're one of those chronic Facebook teeth-gnashing ranters, venting your frustrations can actually improve your physical and mental wellbeing.

Granted, there may be more creative ways to feel camaraderie with others, but it does bring folks together. Of course, if you are a constant complainer, unburdening yourself to anyone who will listen, you may find yourself all alone soon. Continual criticism or pessimism tends to make people run for the hills. You may feel so much better after a good diatribe, but guess how the listener may be feeling? Uh-oh.

Then again, next time someone unloads on you, unwrap the package and you may just find a blessing in disguise. There may just be some kernels in there for possible improvement of the current situation.

same tale of woe to your family, friends, to see just how many things you make a fuss about on any given day. Remember: Venting does not take the place of problem-solving. Getting it all off your chest is

I really enjoy complaining to you, because if I'm like,

"Noooo! They don't have my favorite chips!" you'll be like,

"Those meanies!"

Which is pretty much the perfect response

in that situation.

one thing. Resolving the problem - well, that is quite another.

Okay, so you're one of the non-complainers, eh? The pizza you just ordered is more like a cardboard Frisbee with

tomato sauce on top and you just politely say "Thank You" as you pass out so-called "slices" to your very disappointed family. You don't ever want to risk offending or making waves. I get it. But, there is no need to follow the herd at all times, most especially if you are being undervalued and underwhelmed.

I had to learn the hard way that it is all right to expect to be treated well, and that we all deserve fairness and quality service. No need to eat that very undercooked, rubber chicken simply because we may be too timid to speak up. Y'all know what D.I.E.T. stands for? "Did I Just Eat That?!" And just think: You may even be making things better for the next person who comes along.

Then, again, there is an art to fault-finding. Don't just say: "The weather is so awful today." Instead, try: "I hope the weather improves." Detect that glimmer of optimism in there?

So how do you respond to someone who seems to live on the dark side of the moon and is not shy verbalizing it every ten minutes? Sorry, sweet friends, but half-baked pep talks are not viewed as the best cheering up strategies. We all need to know that our pain is being taken seriously. Validation and sympathy go a long way in soothing others. In other words, don't say: "Here's some cheese to go with your whine."

Instead of offering advice, which in many cases will be rejected, ask your friend how they intend to fix their problem. If you think you can help, try asking: "Would you like my opinion?" At least that way you offer them a bit of control over the conversation, which may comfort

If you must beef and bemoan, at least do If you find yourself repeating the it to get results. Always ask yourself: What would help resolve this situation? Or feel co-workers, and even strangers in the el- free to try this: See if you can go for a week evator, you may want to take a moment without complaining at all. Gasp. All right. Aim for a day? How 'bout the next hour? By all means, feel free to let me know if you were able to pull it off. I'll give it a shot right along with y'all.

Caroline is a licensed psychotherapist, crisis counselor, and writer with an office in Queens. She works with individuals, couples, and families. Appointments are available throughout the week and weekends. She can be reached at 917-717-1775 or at Safehavenhealing@gmail.com or at facebook.com/pages/Safe-Haven-Healing.

Helpful Books Worth A Look

Eta Feuerman-Yaeger, LMSW

Mental Health & Physical Wellness

Hands Free Mama:

A Guide To Putting Down The Phone, Burning The To-Do List, And Letting Go Of Perfection To Grasp What Really Matters

By Rachel Macy Stafford

This book will help you:

- Focus on your children without distraction
- Spend your time on things that matter

uthor Rachel Stafford discusses her journey of learning to focus on her family instead of distractions and outside commitments. She realized that her phone and her perfectionism were taking over her head and her life in a way that prevented meaningful connection with her children. She talks about trying to "do it all" and how that minder to come back to the present moment. This can be a visual cue like a sign or a picture, or an empowering quote that you can say to yourself. I have made use of anchors many different times in

The author talks about how she was enthusiastic, after being a stay-at-home mom for a while, in volunteering and using her organizing talents to help others, but ended up overcommitting herself. She had to learn to prioritize and say no to commitments because she was living a life of pressure. It is common to see children as aggravating and causing delay when trying to get things done, but you can instead use that time as opportunities to slow down and connect. Many of us experience work and electronics making it harder to main-



activity of choice. This week, after reading Hands Free Mama, I was better able to put down what was making me feel good at the time, like sleep, my book, or my phone, and focus on another kind of feeling good: on connecting with my children. I made sure to make eye contact, really listen to them, sit on the floor really matters.

with them, more often than I have done in the past. You can always say you will have time for them "someday." So I have been making an effort to seize the moment more and say yes more, because the important things really get done eventually, and I want to focus on what

It's common to see children as aggravating and causing delay when trying to get things done, but you can instead use that time as opportunities to slow down and connect

made her feel pressured, rushed, and disconnected. She changed her motto to "love all I do," which indicates prioritizing activities that are personally meaningful.

I relate to the concept of "hands-free," or aiming for distraction-free parenting. Personally, my main distraction is not usually my phone; it's that I constantly have my head in a book. Since I don't get to read as much as I would like, I am always stealing minutes of reading time. I don't like the kind of mother I am in the moments of me fighting to get some minutes to myself. I act cranky and short-tempered, just trying to get the kids out of the way so I can go back to what I want to be doing. However, I have been working on making the most of the time I have with my children, and practicing being more present and connected in all of my relationships. The author encourages parents to make use of an anchor, something to serve as a retain focus on family, especially in those "empty" or in-between moments. People often use electronics to fill the empty spaces of time in which they are "not doing anything," but those are exactly the times that, if they are with loved ones, can make the most of the opportunity to connect. The author suggests using wait time as connection time, instead of "zone out on social media time." For me, I structured my workday so that I can walk my son to school every day, which is a perfect time of no distraction and I don't take my phone with me.

My son is very good at reminding me to spend time with him because he always asks me to play with him. I have been noticing that very often I say that I can't, or that I have to do something else first, or I sit down for a minute and then jump up from restlessness or distraction. I don't want to be the kind of person who can't stay still for a few minutes, even if playing trains is not my

Eta Feuerman-Yaeger, LMSW is a psychotherapist who works with children, adults, and groups, with offices in Queens and Brooklyn. She can be reached at eta.feuerman@gmail.com.

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Staying Fit

Dov Segal

Mental Health & Physical Wellness

Keep Your Exercise Safe

our fitness level depends on getting regular exercise, but how you approach an exercise program will determine whether it enhances your wellbeing or actually causes a problem – the exact opposite of your intention. Push yourself too hard or use the wrong equipment, even the wrong shoes, and you can injure yourself.

The first tip to remember: Resist plowing full steam ahead into an exercise program. That's a surefire way to overexert and hurt yourself. A safe fitness plan always starts slowly and develops at a steady pace as you learn proper form and build endurance. As you gain more strength, skill, and stamina, you will be able to ramp up the intensity of your routine.

If you are in a group class, speak with your instructor about any muscle or joint problems you may have. He/she should guide you with the appropriate modifications.

Warmup And Cool-Down

You need to prepare your body for exercise by going through a warm-up period. Performing 5 to 10 minutes of low-level aerobic activity will get your blood flowing, increase the temperature of your muscles, and start your breathing faster, all of which help your body adjust to the demands you will be placing on it during exercise.

Every workout session should end the same way: Cool down following moderate or intense exercise by gradually decreasing your pace, allowing your heart rate and your breathing to return to normal.

Stretch

Stretching before you move into the intense portion of your workout will help you get the most out of your fitness routine and stay flexible in general. Just remember that stretching follows your warm-up – you can injure yourself if you try stretching cold muscles.

Just as you want to cool down after exercise, you also want to stretch after you cool down. Since your muscles will be warm, you will gain even more flexibility from after-exercise stretching.

Perform each stretch slowly and gently – and hold for up to 30 seconds.

Never bounce during a stretch; relax into it and hold it.

Ease into each stretch; if you feel any discomfort, you're pushing the stretch too hard.

Get The Right Gear

You don't have to buy expensive exercise apparel to work out, but you should have the right gear or equipment for the activity you've chosen, both for your comfort and safety. Consult a fitness expert or trainer for specifics, but in general, here's what you'll need:

Athletic shoes appropriate to the activity, such as walking or running shoes. Keep in mind that workout shoes should be replaced every six months or possibly sooner if you're pounding away at them.

In warm weather, wear comfortable clothing that allows you to move freely and is light enough to release body heat. In cold weather, dress in layers that can easily peel off, if needed, as your body temperature rises.

Hydrate

Make sure you're replacing the fluids you are losing through sweat. If you don't, you could end up dehydrated or with heat exhaustion. A good rule of thumb is to drink two cups (16 ounces) of water about 15 minutes prior to your exercise program and another 16 ounces after you cool down. Be sure to drink during exercise, too – a quick sip every 15 to 20 minutes will help you stay hydrated.

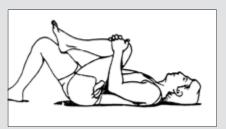
Listen To Your Body Language

It's normal for your muscles to feel sore 12 to 24 hours after a good workout. But if you have pain that occurs during your workout or immediately afterward, talk to your doctor. The same goes for muscle soreness that persists for more than a week or two. And while it's good to be dedicated to your exercise program, don't work out when you're not feeling well or are extremely tired.

Remember that if you exercise smart and gradually increase the length and intensity of your workouts, you'll stay in the game, stay challenged, and, most importantly, stay safe.

Knee To Chest Stretch

The single knee-to-chest exercise is an easy way to stretch your lower back, hamstrings, and glutes. Stretching can help you become more flexible and increase the range of motion in your joints. You can use this exercise to ease any muscle tension or pain in these muscle groups, or perform it near the end of your pre-workout warm-up or after your workout.



Lie on your back with your knees bent and your feet flat on the floor.

Bring one knee to your chest, keeping the other foot flat on the floor (or the other leg straight, whichever feels better on your lower back). Keep your lower back pressed to the floor. Hold for at least 15 to 30 seconds

Relax and lower the knee to the starting position. Repeat with the other leg.

Repeat 2 to 4 times with each leg. To get more stretch, put your other leg flat on the floor while pulling your knee to your chest.

Dov Segal is a master fitness trainer and cycling instructor. He has been training clients one-on-one for over 10 years, specializing in obesity, post rehab, heart conditions, and overall strength building. He and his wife, Ava, have a studio in Queens, separate for men and women, called Clique Fitness, which offers personal-training sessions, group fitness classes, massage, and other Clique care services. www.cliquefitnesscenter.com, (718)380-0046

Bachurim in Acheinu Yeshiva to be Tested on the Entire Masechta Kesubos

By Yosef Sosnow

hese talmidim did not even know what a Gemara was two years ago and now they have learned all 113 blatt of Masechta Kesubos and are ready to be tested on the entire Masechta from cover to cover! If this isn't a miraculous manifestation of the fulfillment of the passuk, 'v'heishiv lev avos al bonim,' I am not sure what is!"

Those were the words of Rav Ariel Elbaz, R"M at Acheinu's Yeshiva Hakedosha in Yerushalayim, describing the upcoming test that will be taken by more than 45 bachurim in the yeshiva next week.

"The yeshiva caters to sixty bachurim who were completely non-observant until two years ago. Through Acheinu's network of battei chizuk these teenagers have not only become Torah observant baalei teshuva, they are on their way to becoming talmidei chachomim," Rav Elbaz said.

HaGaon HaRav Avrohom Yitzchok Kook, *shlita*, To Administer Test

The test will be held at Acheinu's Yeshiva Hakedosha in Yerushalayim and the special guests who are scheduled to conduct the test will be, HaGaon HaRav Avrohom Yitzchok Hakohein Kook, shlita, Rosh Yeshiva of Yeshiva Me'or Hatalmud in Rechovot, Rav Dovid Hofstedter, Nasi of Dirshu (the umbrella organization of which Acheinu is the kiruv arm) and Ray Zev Hofstedter, Rosh Yeshiva of Acheinu's Yeshiva Hakedosha.

Showing Parents Their Children's Accomplishments

One of the features of the grand test will be the fact that all of the parents of the talmidim will be in attendance. Rav Elbaz explains that the parents who are not observant often do not realize what their children are accomplishing in yeshiva. This grand farher where the bachurim are tested



Acheinu Talmidim learning with an Avreich

publically on over 100 blatt Gemara provides the families with a tremendous feeling of nachas and accomplishment as they see that their children have accomplished a tremendous amount and great Rabbanim have even come to hail their accomplish-

Two years ago, a similar siyum was made by the talmidim on Masechta Sukkah. At the siyum, one of the most powerful speeches was given by Shaul Maimon, President of the Chevel Ha'aretz Company. Mr. Maimon is a successful businessman. His son learned in the yeshiva at the time and was one of the bachurim who made a siyum. Mr. Maimon spoke openly about how it was initially very difficult for him when his son became religious but, "Now," he explained, "I cannot tell you how happy we are and how proud we are of him! He illuminates our entire home. The light that

he brings is the light of Torah. It was missing from our home. If I would have known before what the Yeshiva does, I would have sent all of my children here!"

True Heroes!

"The bachurim in Acheinu's Yeshiva Hakedosha are true heroes!" exclaimed Rav Elbaz. "Every Shabbos, every Yom Tov, they are faced with nisyonos as they go home to their parents. They are taught to have the utmost derech eretz for their parents, while they must at the same time observe Shabbos and kashrus in an environment where these things cannot be taken for granted.

"There is no way to depict the degree of progress made by these bachurim over such a short period other than to realize that it is a divine smile, a tremendous manifestation of siyatta diShmaya that defies description," said Rabbi Yisrael Layush of Acheinu.

"Certainly our staff is amazingly devoted. In addition to the twelve maggidei shiur and mashgichim we have tens of avreichim who learn with the bachurim and are devoted to them with their hearts and souls. The hallmark of Acheinu is constant accompaniment and monitoring. Dealing with problems when they are still small before they become large.

"Nevertheless, for these boys to finish the entire Masechta Kesubos in one year to the extent that they can be tested on the entire masechta is nothing short of a miracle!" remarked Rabbi Layush.

When observing the deep respect and love that these secular parents gain for their children after seeing their success in Torah one realizes that these wonderful boys are embody the fulfillment of the passuk, "v'Heishiv lev avos al bonim!"

"Chanukah is Better with Butter"

Breakstone's Butter is touting butter's benefits this Chanukah

utter is making a comeback! This season, Breakstone's is reminding consumers that butter is the best choice for Chanukah cooking and holiday baking.

Focusing on the Jewish consumer, Breakstone's Butter has launched a print, digital and social media marketing campaign: "Chanukah is better with Butter" to communicate with families.

From a culinary perspective, butter is a preferred shortening for chefs because of how it boosts flavors blending. In his Food Network show "Good Eats," celebrity chef/food scientist/humorist Alton Brown creates a mock "court" trial to defend the churned wonder. Calling butter: "this wholesome and versatile food, this friend to cooks everywhere," Brown says butter, in general, has gotten a "bad rap" by the "the dark agents of industry and media."

While the general market consumer has always known that dairy butter is a must when it comes to cookies, pie crusts and decadent deserts, the kosher consumer often relies on pareve (dairy and meat-free) alternatives so the foods can be consumed freely after a meat meal (conforming to the kosher laws requiring consuming dairy and meat in separate meals).

"We understand that kosher cooks tend to use oils and shortenings, but we're here to remind them that butter is a natural, transfat free ingredient that imparts the best flavor and texture for succulent dairy meals," says Mihira Patel, Breakstone's Butter Senior Brand Manager.

Even teen celebrity chef Eitan Bernath is a fan. "Butter just makes a better pie crust," notes the 14-year-old blogger who appeared on another Food Network series "Chopped" when he was just 11. Bernath has created the recipe: "Chanukah Sugar Cookies with Butter Cream" using Breakstone's butter, which will be featured on social media and other platforms

Beyond baking, butter is the spread of choice for bagels & sandwiches for many. A breakfast of Butter, at room temperature coffee and a bagel buttered with Breakstone's has been the way to start your day for decades.

As many Jewish families are gearing up for the holiday, Breakstone's will be singing butter's praises for the Festival of Lights.

"From dreidel cookies to salmon in lemon butter sauce," says Patel, "margarine can't hold a candle to butter."

Chanukah Sugar Cookies with Buttercream Frosting

Ingredients:

For the Sugar Cookies: 3 cups flour

1 tsp baking powder

½ tsp salt

2 sticks of Breakstone's Unsalted Butter, at room temperature

1 cup sugar

1 egg

1/2 tsp vanilla extract

For the Buttercream: 2 sticks of Breakstone's Unsalted

4 cups confectioners' sugar 2 tsps. vanilla extract

3-4 tbsps. milk

Assembly: Blue and White Sprinkles

Directions:

For the Sugar Cookies:

In a large bowl, mix together the flour, baking powder, and salt.

Into another large bowl, cream the softened butter and sugar with electric beaters.

Add the egg, milk, and vanilla extract into the butter mixture and mix until fully incorporated.

crumbly dough together until it becomes one ball of dough.

Divide the dough in half, wrap each half in plastic wrap, and refrigerate the halves for 1-2 hours.

Preheat oven to 350 degrees Fahrenheit.

Once the dough is chilled, take one out and roll to 1/8 inch thick.

Using Chanukah themed cookie cutters, cut the dough into cookies.

Repeat with the second piece of dough.

Bake the cookies on a parchment lined baking sheet for 8-9 minutes.

Once done, place the cookies on a cooking rack to cool completely.

For the Buttercream:

Cream together the butter and sugar in a large bowl with electric beaters.

Add the vanilla, increase the speed to medium-high and mix until smooth.

Adjust the consistency with milk as desired.

Use immediately, or refrigerate Using your hands, press the in an airtight container up to 3 days. Allow to come to room temperature and mix until smooth.

Assembly:

Using a knife or small offset spatula spread the buttercream onto the cookies.

Top with the sprinkles and serve. If not serving immediately, refrigerate then bring the cookies to room temperature before eating.

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Dating Today

Goldy Krantz

Style & Living

See Me

'sually I have three or four articles written in advance. Whenever an idea comes to me, I begin to type almost immediately so I don't lose the thread of the idea. But there are times when I get writer's block and a week or two would pass before an idea would come to me. I have written over 70 shidduch-related articles. I don't want to drone on and on about one or two issues/points, so I try to mix it up to keep things fresh. But yet, time does pass without a fresh new idea. This happened a few weeks ago. Luckily, I had some articles saved for future issues, but it had been a couple of weeks since I had written an article. I was starting to worry. Then as I was watching television one night, an idea came to me as a commercial for a medication to combat psoriasis aired.

The concept for the commercial was simple. Instead of looking at the psoriasis and being labeled as "the girl/guy with psoriasis," those suffering from the ailment want to be seen as themselves and not someone dealing with a dermatological diagnosis. The quote used over and over by the actors was, "See me."

I implore the *shadchanim*, mothers of fellows who are actively choosing whom their son should date, as well as others, to see the singles the way they are. I asked my single friends to provide examples of what they would like *shadchanim* to "see" about them. These are their responses, straight from their mouths. I'm sure other singles will be able to relate to what they have to say. Male

and females contributed to the list.

See Me – "and not the *shadchanus* you will earn if you successfully set me up with my *zivug.*"

See Me – "and all the flaws you think I have and should fix *before* you set me up."

See Me – "as I stand before you today and not make your decision based on what a high school teacher thinks she remembers about me."

See Me – "and not try to twist the good things you hear about me into a bad thing.

me that what I want isn't realistic. It's realistic to me."

See Me – "and speak to me as you want to be spoken to. Being single doesn't mean I'm stupid or should be looked down upon."

See Me - "and call me back after I leave voicemails for you. Don't make me become your stalker by calling and texting you while you *never* get back to me!"

I asked my single friends to provide examples of what they would like shadchanim to "see" about them. These are their responses, straight from their mouths

Someone once told the mother of a guy that I was very responsible at work. The mother then asked if, when I would get married, I would put work responsibilities before wife responsibilities. What kind of question is that!? The person said I was responsible; why twist it around?"

See Me – "for the brain and seichel that I have and not just for what I look like."

See Me – "and not my parent to try to imagine what I will look like in 20 years."

See Me – "and not listen to the *lashon* ha'ra about me that may or may not be true."

See Me – "and really try to find someone whom I am looking to marry and not tell

See Me – "and stop acting as if you are doing a favor by meeting and helping me. No one forced you to be a *shadchan*. You chose to help people. So help me!"

See Me – "and not another potential notch in your belt if you successfully set me up with someone I marry."

See Me – "and don't make me feel guilty if I don't want to go out a first, second, or third time with someone you set me up with. It has nothing to do with you. Don't take it as a personal slight against you. It's

because I don't think it's *shayach* or going to lead anywhere."

The other quotes that my friends and singles sent in all shared the same theme: They want *shadchanim* to really see who they are, and listen to what they want, and work from there. Many singles feel pressured by *shadchanim* or are tired of running after *shadchanim*, and when they finally do hear from *shadchanim*, it isn't what they want to hear.

Again, I know that many shadchanim do try their best and listen to singles, and I always applaud them. For the life of me, I still can't understand why shadchanim bully singles, ignore singles, or make singles feel guilty. If these people went into the profession of being a shadchan with a true heart with good intentions, they shouldn't be doing any of the above! Maybe the profession of being a shadchan has changed. Maybe people think of it as a way to make money or force their "great ideas" on others. Singles ask that you listen to those whom you are trying to help. As I said, the quotes above are from your clients - the public that you are catering to. How about listening to your clients a little more?

Hatzlachah to you all.

Goldy Krantz is an LMSW and a lifelong Queens resident, guest lecturer, and author of the shiduch dating book The Best of My Worst. She can be contacted at bestofmyworst@hotmail.com

The YU High School For Girls School-Wide Shabbaton

CONTINUED FROM P. 42

beautiful, meaningful Shabbat struck me with the strength and spirit of our Central Community."

A scrumptious gala breakfast on Sunday morning provided the perfect end to a wonderful Shabbaton. Said Student Activities Coordinator Leah Moskovich: "I left this year's Shabbaton inspired and motivated to clear my eyes, regain my passion, and push myself to succeed in my goals. Hearing my students open up about their own struggles, dreams, and aspirations enriched each session, Shabbos table discussion, and Shabbos schmooze. We ended the Shabbaton by writing down our new goals, making a time to check in

with ourselves to make sure we are succeeding, and to turn to our Central friends and teachers for help and guidance in order to succeed in our goals. We all left on a high -- with clear eyes, full hearts, and a big win."

According to Mrs. CB Neugroschl, the Shabbaton proved how special Central is. "Our theme this past Shabbat was 'Clear Eyes, Full Hearts, Can't Lose!' This idea was explored throughout Shabbat as we discussed the truly important things in life, setting positive goals and striving to reach our potential. The emphasis was on what a special community Central is and how important it is to support each other as we each keep growing towards our potential."

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Zisi Naimark

The Untraditional Kitchen

our kitchen is made of wood or laminate, and your counters are made of stone or laminate, and that's just about all there is to know about kitchens, right?

The kitchen is where many women spend more wakeful hours than any other room in the house. And even if they don't, they usually believe they do. So they specify a kitchen where they will feel comfortable, literally at home. This translates to safe, traditional design for most people. But not everyone.

Laminate (the cheap Formica-y stuff) comes in a highgloss, high-end version. When done right, it can look both traditional and clean. Here's the traditional laminate kitchen, done with chrome trim:



It is not possible to do this look on a budget. Please don't try. That double oven alone costs \$17,000. That was not a typo; there are three zeros after the 17.

Here is the modern white laminate:



Not only is it possible to do this look on a budget, but you are looking at the budget job right now. This Ikea Abstrakt kitchen will cost you less than the le Corneau oven up there, including the counter stone and hardware and possibly even the appliances.

The fun thing about shiny laminates is that they come in color. Every color.



Some enterprising soul has blessed KGH with this red one, clearly the offspring of a kitchen and a car showroom. Don't believe me? Look on Zillow. It's on 77th Avenue. Why am I so overwhelmingly certain that this was selected by the man of the house?



Nontraditional kitchens come in many materials other than laminate. This brass kitchen (real brass!!! You can buy a house for what it costs) is courtesy of Amuneal Manufacturing. I personally would be a lot happier seeing this type of design in a walk-in closet – maybe because that fridge looks so much like a safe.



If solid brass is not luxe enough for you, I present you with a variety of semiprecious counter materials (amethyst and agate). This could be yours starting at \$500 a square foot. (Your standard NYC galley kitchen, which is as small as you can reasonably get, has around 15 square feet of counter, which would make a total of \$7,500 in mineral.)





Unusual uses of woods make for some very interesting and livable kitchens. This one is of weathered wood.



This nontraditional wood kitchen was designed by Workstead. This kind of cabinetry is only available when custom made.



Since most of the above ideas are expensive, here is one very affordable touch-up; a simple coat of paint in a fun color. Call a designer so that the color is indeed fun and not an eyesore.





If these ideas failed to impress you, I present you with just this one more, which is an actual functional kitchen used for home economics in some Asian private school. Look closely. It really is a kitchen.



Zisi Naimark holds a Bachelor of Fine Arts from The New York School of Interior Design and has been working for professional design firms since 2012. She lives in Kew Gardens Hills, where she is tolerated by her husband and sons. She can be reached at zisinaimark@icloud.com.

Cunningham Park: Queens' "Emerald Necklace"







By Susie Garber

f you take a quick ride down Union Turnpike towards 198th Street in Fresh Meadows, you'll discover an autumn enclave. Step inside Cunningham Park, the 358-acre park located between the Grand Central Parkway South, and the Long Island Expressway, and you'll be surrounded by colorful leaves in shades of gold, scarlet, burgundy, and russet. Breathe in that crisp autumn air (while you can!). The path around the ball fields is the perfect spot for a leisurely stroll. A sign on one of the trees says "Quiet Zone." You hear some warblers and the soft conversation of other walkers. It's a perfect spot for reflection and a quiet interlude.

The scents in the park, like pine or cedar, exude from various species of trees, like Black Oak, Wild Black Cherry, Black Birch, and Red Oak. Cunningham Park features the largest and most-used mountain bike trails in the city.

Park History

The history of the park began between 1928 and 1944, when the City of New York assembled a series of parcels of land for what was then named Hillside Park.

In 1934, Mayor Fiorello La Guardia renamed Hillside Park as Cunningham Park in memory of W. Arthur Cunningham (1894-1934). W. Arthur Cunningham was the first Queens resident to win citywide office. He served as City Comptroller under Mayor Fiorello La Guardia. He was born in Manhattan. He lived in Forest Hills, Queens, with his wife and two children at 68-10 Continental Avenue. The day World War I was declared by the United States, W. Arthur Cunningham enlisted.

In May of 1934, Mr. Cunningham was horseback riding with his friend, Borough President Ingersoll of Brooklyn, at Ingersoll's summer home in Northport. Tragically, Mr. Cunningham was thrown from the horse and died. At first it was believed that he was killed by the fall, but later it was determined that he had died of a heart attack. He was only 40 years old.

Mayor La Guardia dedicated the plaza in the park's center in 1936, in memory of Mr. Cunningham. At the time of Mr. Cunningham's death, Emil Siebern was working on a portrait bust of him. He completed the sculpture based on photographs of his subject. Siebern, a Greenwich Village artist, helped establish the outdoor art collection of the estate of John D. Rockefeller.

The bronze bust of Cunningham, which was dedicated in 1941, harbors a story of its own. It was installed on a granite pedestal. A vandal came in stealthily and severed one ear of the statue, in some strange way recalling how Vincent van Gogh severed one ear. Mr. Cunningham's widow was so upset by this incident that she asked that the statue be removed from the park.

After this incident, the statue went into storage where it remained for 60 years. To-day the sculpture is displayed in the conference room of the Forest Park Overlook – the headquarters of the Queens Parks Department. When the park has the funding, it plans to restore the statue to Cunningham Park.

One fascinating aspect of Cunningham Park is the Vanderbilt Motor Parkway, which was the first automobile highway and one of the first concrete roads in the nation. It was the first highway to use bridges and overpasses and the first high-speed route from Queens to Suffolk County. William K. Vanderbilt II, the great-grandson of the famous railroad developer Cornelius Vanderbilt, built this road. He was involved in the new type of transportation - the automobile. He organized his own car race, the Vanderbilt Cup, which took place from 1904 to 1919. He then decided to build a limited-access, landscaped parkway between Queens and Riverhead. In 1906, Vanderbilt, along with others, formed the Long Island Motor Parkway Corporation. In 1908, the first part of the Parkway opened. In 1910, during a Vanderbilt Cup race, two spectators were killed. As a result, the New York State Legislature ruled against motorcar racing on the parkway.

During World War I, the 48-mile parkway was a toll road for the public. During the Prohibition in 1920, bootleggers used it to flee from the police. It was nicknamed Rumrunner's Road.

In 1938, Robert Moses, Park Commissioner, changed the Queens part of the parkway into the Queens Bicycle Path. The Parks Department maintains the ones at Fresh Meadows and Hollis Hills. The stretch through Cunningham Park is part of the NYC Greenway Program. Trees canopy the path that joggers, walkers, and bikers use daily. Probably few realize that this was once a part of a road for bootleggers or a car-racing track.

In June of 1940, the NYC Parks Commissioner, Robert Moses, expressed frustration that though he had repeatedly asked the mayor to buy all the privately- owned land within the park, the mayor refused to do so because the city couldn't afford it. The result of this was that in June of 1940, it was decided that a community of 70 single-family homes would be built in the heart of Cunningham Park, Hollis.

In 1977, there was a proposal to rename the park after Robert Moses, but he denounced the idea. In fact, there are many other memorials named for Mr. Moses.

According to old newspaper articles, there were various proposals made to build a swimming pool in the park in the 1970s, but the community residents protested. They didn't want people from other communities coming into the park.

There was also a suggestion by Borough President Claire Shulman in the 1980s to build an ice skating rink in the park. Residents protested because they said it would cause more parking issues for them. Mrs. Shulman was surprised by this reaction, as

she thought people would want this. The rink was built in Flushing Meadow Park.

Problems

For two decades, there were court cases against the Sanitation Department because they parked many sanitation trucks and snow plows in the park. This was an ongoing problem, because the Sanitation Department said they needed to park there in order to service Northern Queens. Residents felt it detracted from the beauty and the functionality of the park. US Representative Gary Ackerman fought against this for years. He stated that parkland acquired with public funds should not be used as a parking lot for the Sanitation Department. He said it attracted rats. Also, a metal fence that was built there was an eyesore.

The Sanitation Department was also having difficulty finding a place to park their trucks. Representative Ackerman argued that the trucks were supposed to be parked there temporarily until they found a better place.

In 1983, there was a rally held to protest the proposal to build a Sanitation Garage in Cunningham Park.

In 1984, an agreement was reached between community leaders and officials of the Bureau of Highway Operations that there would be fewer rumblings from the "Ponderosa" (the name given to the area where the sanitation trucks were parked). There was too much noise pollution from the hot asphalt transferred from larger to smaller trucks. There was constant squeaking and scraping. State Senator Savitsky worked with Highway Commissioner Henry Fulton. "Residents must be guaranteed a clean, pollution-free environment in which to live. Henry Fulton ordered the operation moved from nearby apartment houses to the west end of the Ponderosa. He also put heavy-duty mufflers on the trucks to reduce the noise. Representative Gary Ackerman continued to fight to rid the park of the city

garbage trucks. He continued to claim it was an eyesore and a health hazard.

In 1986, the sanitation trucks were moved out of the park and the spot where they were parked became the ballfields.

At one point in 1977, there was fire vandalism in the park. There were also discarded beer and soda cans and litter, and the barbecues were destroyed.

An article in 1980 publicized that stolen cars were abandoned in the park and that there were illegal activities like drugs and drag racing going on in the park. Also at that time, the park became a hangout for teens using drugs.

Extra police surveillance followed.

Park Renovations

In 1984, the park received a facelift. The Queens park commissioner at that time called Cunningham Park "Little Central Park." There was a contest for designing the park, and Miceli Kulik and Associates of Manhattan won. Cunningham Park lacked definition. Central Park had its Sheep's Meadow, and Prospect Park had its Long Meadow. Miceli stated, "Man-made must never dominate the natural in Cunningham Park." The focal point was the oval, a greensward, and playing fields at Union Turnpike and 193rd Street. The design was likened to the Great Lawn in Central Park. Renovations included well-marked entrances to the park, strips of lawn, special lighting, senior citizen facilities, tennis courts, and eventually ball fields where the sanitation trucks had been parked. Also, around the oval, sturdy trees were planted. Borough President Diana Chapin and City Councilman Sheldon S. Leffler unveiled the \$6.8 million reconstruction project for the park. It was the first one since the 1950s.

Today, the core area of the park is slated for major renovation in the next couple of years. There will be repaving of the main loop, additional distance markers on the main loop, and exercise equipment will be installed around the loop. There is also a plan for reconstructing the Lower Playground (Redwood Playground) in Cunningham Park, to be completed in a year.

The Park Today

Today, Cunningham Park boasts outdoor and indoor tennis courts, a bridle path, stables, playing fields, picnic groves, and parking lots. The Kissena Corridor links Flushing Meadow Corona Park, Kissena Park, Alley Pond Park, and Cunningham Park in a 2,816-acre, 4.5-mile "emerald necklace" of park land.

The park provides approximately a 6.5-mile network of lovely wooded bike trails in the northern part of the park. These are the largest bike trails in the city. The trails are located within the block bounded by Francis Lewis Boulevard, Oceania Street, Horace Harding Expressway, and 73rd Avenue.

There's a .85-mile loop and a two-mile loop at the core area. In addition, the park boasts around three miles of hiking trails that snake through the wooded area in the southeast preserve section off of Francis Lewis Boulevard and Union Turnpike. These trails include signs and information about the flora and fauna there.

The wide range of tree species growing in Cunningham Park includes: oak, tulip, and dogwood, as well as sweet gum, birch, and beech trees. The names of the flowers in the park are intriguing. One can find the following types of flowers: redbud, jethead, strawberry, crowfoot, wild sasparilla, hispid

buttercup, yellow star gras, wooly blue violet, and hay-scented fern.

Events in the Park

Cunningham Park hosts an impressive calendar of events. It includes appearances of the New York Philharmonic, the Metropolitan Opera, and the Big Apple Circus. Cunningham Park is also the location for the Jewish Music Concerts Under the Stars sponsored by the Queens Jewish Community Council, and the 5K L'Chaim Race for Israel sponsored by the Young Israel of Jamaica Estates.

The New York Road Runners lead free open-run events for the public in the park every Sunday. These events begin by the main restrooms and they complete a 5k distance. Also, there are cross-country trails, just short of a mile, that wind through the woods along the Grand Central Parkway, near the interior parking lot of the park.

CLIMB (Concerned Long Island Mountain Bicyclists) helps maintain the trails. They lead trips for children and host numerous biking events all year long on the trails. Events include races and educational events. CLIMB is a community of mountain bikers committed to creating great riding experiences, preserving open space, and guiding the future of mountain biking on Long Island. They are a recreational trails advocacy organization with about 2,000 members. Their mission is to promote the best that mountain biking has to offer, steward the trail systems, teach environmentally friendly bike-riding skills and socially responsible trail etiquette, and promote a strong relationship between recreation and conservation by educating the mountain bicycling community on environmentally sound and socially responsible trail use. (www.climmbonline.org)

This past summer was the 50th anniversary of the Concerts in the Park Series by the New York Philharmonic. One article, written in 1999, cited a letter written by Hollis City Councilman Sheldon Leffler to City Parks Commissioner Henry Stern, expressing disappointment that a performance of the New York Philharmonic was scheduled to take place in Cunningham Park on July 22, a Friday evening. Mr. Leffler noted, "This area contains a large population of Orthodox and Conservative Jews who are unable to attend such performances on a Friday or Saturday evening, our Sabbath." The spokesperson for the New York Philharmonic conceded that Leffler had a valid point and that they do try to be sensitive to people's concerns.

Another ongoing event is the Bocce games that attract a nice-size group of men who play the game with a lot of excitement. In Bocce Ball, there is a set of eight large bocce balls with half containing a different color. There is a singular smaller ball which is called the "pallino." The players can be up to four on a team, but only 1-player, 2-player, and 4-player teams, to make sure that everyone has an equal opportunity to throw the ball. The main objective of the game is to throw your ball close to the pallino.

So, take a little break and visit Cunningham Park now, while the autumn leaves haven't completely fallen off and you can enjoy the last of this special autumn getaway and feel close to nature and our Creator.

Information for this article was gleaned from the Long Island Collection Archives in the Jamaica branch of the Queens Library. Thank you to Mr. Ian Lewis and Mr. Erik Huber. Meghan Lalor, Parks Department, and the Cunningham Park website.









A map shows the Cunningham Park Mountain Bike Trail

Sparkling!

A review of Rabbi Paysach Krohn's newest maggid book

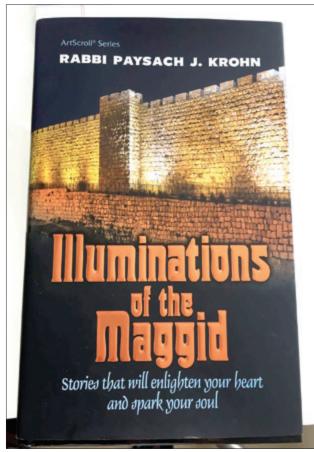
By Ezra Banner

his may be Rabbi Paysach Krohn's best Maggid book. As one reads story after story (it is almost impossible to put it down, so know that you may become sleep-deprived), one becomes entranced in the episode, spellbound by his choice of expression, and captivated by the penetrating lesson inherent in each story.

With the book coming out just a few weeks before Chanukah, the story about Rav Shraga Shmuel Schnitzler (later known as the Tzchaber Rav) in Bergen-Belsen is not only timely but breathtaking. It should be told after the candles are lit this year, so that all get an appreciation of the freedom we have and the *m'siras nefesh* our ancestors had in the most difficult times. Incredibly, the Satmar Rebbe unknowingly becomes an integral part of the story.

The delightful story of Rabbi Moshe Tuvia Lieff on an El Al flight will make everyone smile. The story "Grandfather of Grandeur" is almost unimaginable, except that Rabbi Krohn, as he most often does, spoke to the people involved. It is a lesson on forgiveness on the highest levels. The *ehrlichkeit* of a young man in Detroit, Yaakov Meir Roberg, becomes apparent as he returns a bike he bought in Michigan to a college student in Montana. It becomes an incredible *kiddush Hashem*.

It is known that Rabbi Krohn travels to many countries where he lectures and gives tours. Over the years, thousands have benefited from these tours, and tens of thousands have gained from his memorable speeches. In this book, his ninth Maggid book, he takes us along for the ride. You will experience the gut-wrenching graveside of the children in Tarnów, Poland; you will be amazed as you are on a fascinating *sh'mitah* farm in Israel – that story is cleverly entitled, "The Holy Rest Stop." You will shake your head in astonishment at an incident in a slum along



a highway in Brazil; you will be thrilled in Hamilton, Ontario; moved in Manchester; mesmerized in Miami; and absolutely stunned by Rabbi Isaac HaLevi Herzog's visit to Chicago in 1946. A well-known Torah personality who

witnessed it had his life redirected because of Rav Herzog, Read the book to find out who this great person is and you will understand his unrelenting drive to accomplish throughout his life. Okay, I'll tell you: It's Rabbi Berel Wein.

Rabbi Krohn is a deeply emotional person, and this comes through in his dedication of the book to three sterling Teachers of Torah who all passed away this year. Rav Aryeh Finkel, one of the *roshei yeshivah* in Mir (Israel), Rav Moshe Mordechai Chodosh, *rosh yeshivah* of Yeshivas Ohr Elchonon in Jerusalem, and Rabbi Avrohom Respler, who was in *chinuch* for more than 50 years as both *rebbe* and Menahel of Yeshivas Toras Emes-Kamenitz in Brooklyn.

Perhaps, though, the most startling story is the one that Rabbi Krohn tells about himself. He was only 21 when his father, Rabbi Avrohom Zelig Krohn z"l, passed away. He had to leave the yeshivah and support his mother and younger siblings. He had learned milah from his father and wished to continue his father's practice in some of the Queens hospitals where his father had been appointed. In the 1960s, many "brissen" were still being done in hospitals, as there was a "bris room" separated by a glass partition so the visitors could see the proceedings but still not be close to the infant. Some hospitals even had an assigned caterer for the event. Rabbi Krohn had to get onto the staff of those hospitals his father had been in, in order to support his family. Others tried to thwart him.

Through the efforts of Mr. Chaim Israel, Rav Moshe Feinstein wrote a long, hand-written letter extolling the virtues of Rabbi Krohn, his revered father, and their family. You must read the letter to gain an appreciation of how a *Gadol HaDor* takes the time to write a long letter on behalf of a *yasom*, *almanah*, and their family.

Go out and get the book. It's a great investment in *ahavas Hashem, ahavas HaTorah*, and *ahavas Yisrael*. And, oh, do we need all three today!



Essential Wedding Accessories

Myth: Once you have your gown, you're set.

Truth: You have to get the smaller things right, too.



Low- to medium-heeled pumps or slingbacks work great

o now you've found your gown. It fits you (and is getting any necessary alterations for fit perfection) and flatters you. Are we done yet? Nope.

From me, you get the truth.

Most of us don't stop with just a gown. There's the shoes, jewelry, veil, headpiece, and hairstyle. And yes, those have to be just right. The good news is that it's not hard at all

We'll start from the ground upward.

This is the only time that white shoes are not considered a fashion faux pas. White shoes work well with a wedding gown. However, white is not your only option here. Colored shoes have become popular as a great accent to the white gown. I would advise that if you choose colored shoes, keep the color soft and light. And don't go with prints – it's too much. If you do go with white shoes, it might be a good idea to get dyeable shoes. That way, you can have them dyed after the wedding and wear them again – that's what I did.

Whatever color you choose, keep them simple. Low- to medium-heeled pumps or slingbacks work great. Avoid high heels. Even if you plan to change into sneakers for dancing, your gown has to be hemmed to accommodate the heels and you don't want too much of a difference because then your gown's hem might be too long. And steer clear of high vamps. Not only are they unflattering, they tend to come off more casual, and that just doesn't work with a gown. If you plan on changing into sneakers for dancing, make sure they're pristinely white. And if you're at all self-conscious about your feet or ankles, go with plain white sneakers with no colors or gimmicks.

Moving upward, we get to jewelry. There is a tradition that since the *kallah* does not wear jewelry during the *chupah*, she takes it off beforehand and has her single friends hold it for her. This is said to be a *segulah* for getting married. Because of this, many *kallahs* try to wear extra jewelry pieces for their friends to hold. However, you have to be careful with this. The more ornate your gown, the less jewelry you actually need.

If you're wearing a jewel neckline and long sleeves, you can tuck a few smaller chain necklaces and bracelets inside so



Colored shoes have become popular as a great accent to the white gown

that they don't compete. If your gown does not have ornamentation near the neckline, then you can wear several smaller necklaces outside and visible. Remember that if you don't have a turtleneck neck, you must avoid choker necklaces; go with longer ones.

If your gown has ³/₄ sleeves, there's room for several small bracelets. This look works for large and small wrists. Earrings are a must – they draw attention to your smile. But if you're wearing a dramatic headpiece, then it's best if the earrings are smaller so as not to compete.

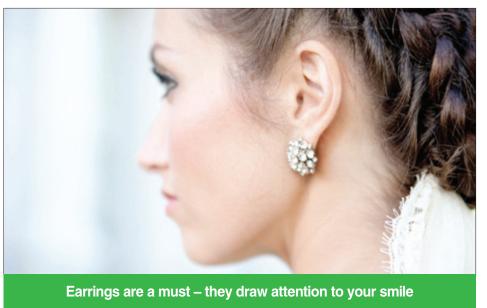
Except for your engagement and wedding rings, your wedding-day jewelry need not be fine jewelry. It's okay to go with fashion jewelry. And you don't have to stick with the traditional items either unless that's your style anyway. Colored and dramatic jewelry can lighten the look if that's what you like.

The veil is pretty simple. Most of us wear a two-tiered veil with the top tier pulled over the face at the *badeken*. Some women choose to add a second veil for *badeken*, and that's fine. Still others might opt for a *dek tichel* - an opaque piece of fabric to cover the face. If that's your *minhag*, go with that

As for headpieces, those change with fashion, much like gowns. In the 1970s, brides wore semi-headbands with the veils attached at the back (I don't know what those headpieces were called). In the 1980s, big wreaths of white fabric ruffled up were popular. In the 1990s came the tiara, which is still around but in different incarnations. Nowadays, many women wear small band tiaras on top with the veil attached in the back of the crown.

Whatever headpiece you choose, just make sure that it works well with your

Meira E. Schneider-Atik is a wardrobe organizer, personal shopper, jewelry designer, and fashion writer and speaker. She helps women look great while saving time, effort, and money, all within tzniut. Her jewelry pieces can be seen on Facebook (just look up Rena Mei) or in person. She also has the YouTube channel "Look your best in mitpachot," where she does headwrapping tutorials, and she is available for private demonstrations. She can be reached at (718) 644-6135 or at MESAtik@gmail.com.





Nowadays, many women wear small band tiaras on top with the veil attached in the back of the crown

gown and overall look. The more dramatic it is, the smaller your earrings need to be. And if you have dramatic ornamentation (like heavy beading) on the bodice and neckline of your gown, then you'll want a less dramatic headpiece so as not to compete. Look for a headpiece that complements your gown. I remember when I found my headpiece – I tried it on with the gown and thought that this headpiece must've been made for this gown.

When choosing a headpiece, do consider the hairstyle you want. Some headpieces work better with full updos while others work better with half-updos. I do not recommend wearing your hair totally loose, simply because you don't want your hair falling into your face, especially during pho-



In my opinion, full updos are perfect – they can look just as formal as you need them to look. And they expose the neck, which elongates and slims

tographs when it can cast shadows.

In my opinion, full updos are perfect – they can look just as formal as you need them to look. And they expose the neck, which elongates and slims. But there are those women who feel that they look better with their hair at least partially down, and that's fine. But if you choose that, I'd recommend wearing your hair off to one side so that at least some of your neck is exposed.

As with your gown, remember to try different things and see what works. Even if I've told you to proceed with caution on something, you may find that it works well for you. In that case, just go with it – this is *your* wedding. Enjoy that.





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Risselle Naimark

Style & Living

SOS For Sallow Skin



Smoking, improper nutrition, and other health conditions can cause your skin to have a pale yellow tinge

our complexion is often an indicator of your health. Sallow (yellowish) skin can actually make you look slightly older than you are, because youthful skin generally appears bright and radiant with no visible discoloration, blotches, or bags under the eyes. Smoking, improper nutrition, and other health conditions such as kidney problems, ulcers, anemia, and chemo treatments due to cancer can cause your skin to have a pale yellow tinge, which can result in a tired and haggard look.

In order to liven up your complexion, it's always best to go with the flow and work with what you have to enhance your skin tone. Using bright pink blush and lipstick to counteract the problem will only magnify the issue. Instead, opt for complementary shades. Choose a warm foundation color that melds into your skin tone and doesn't make your neck stand out like a sore thumb. It's best to opt for peachy pinks, mauvy browns, or bronze-colored blush that will work with your complexion. You can wear neutral lipstick colors, i.e., pinky browns, peachy pinks, warm reds, and other colors that impart life and do not drain you. Stay away from fuchsias, purples, or other bluebased colors, which will really conflict and contrast with your skin tone. Always make sure to use the right concealer color that re-



Choose a warm foundation color that melds into your skin tone and doesn't make your neck stand out like a sore thumb



It's best to opt for peachy pinks, mauvy browns, or bronze-colored blush that will work with your complexion



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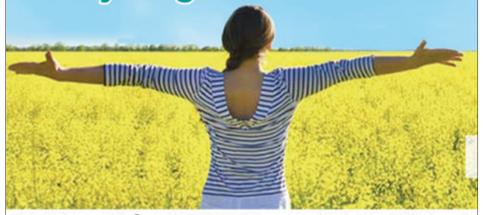
ally camouflages those undereye bags and helps give you a well-rested look. Peachy beiges will usually do the trick. Try to play up your eyes, which will also help redirect the focus to the windows of your soul, and detract the attention from your skin.

Beauty comes in various shapes, colors, and sizes, and is attainable for all. So learn to accept and enhance what G-d has given you. With a bit of skill, patience, and practice, you can succeed in looking good and boosting your confidence as well.

Risselle Naimark is a Professional Freelance Makeup Artist and Skincare Consultant. She carries an extensive line of personalized skincare, cosmetics, and anti-aging products. Risselle is also available for weddings, Bar Mitzvahs, makeup lessons, and all of your beauty needs. She can be reached at 718 263-5517.

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Pearl Harbor Attack Still Vividly Remembered 75 Years Later By Those Who Were There shocked to learn that Japan had just launched a surprise military attack Pearl Harbor Attack Still Vividly Remembered 75 Years Later By Those Who Were There shocked to learn that Japan had just launched a surprise military attack A peaceful Rear/Harbor on October, 30, 1941

n the morning of December 7, 1941, the American people were shocked to learn that Japan had just launched a surprise military attack on the naval base at Pearl Harbor in Hawaii. The attack began at 7:48 a.m. Hawaiian time. The base was attacked by 353 Imperial Japanese fighter planes, bombers, and torpedo planes in two waves, launched from six aircraft carriers. All eight US Navy battleships were damaged, with four sunk. The Japanese also sank or damaged three cruisers, three destroyers, an anti-aircraft training

The sudden shock and intensity of the attack on Pearl Harbor led President Franklin D. Roosevelt to proclaim December 7, 1941, "a date which will live in infamy." It also caused the United States to decide to join the already ongoing World War II. It is therefore most appropriate – as we observe the 75th anniversary of that event – that we listen to the memories of those who were directly involved.

Kenneth Lauren Avery,

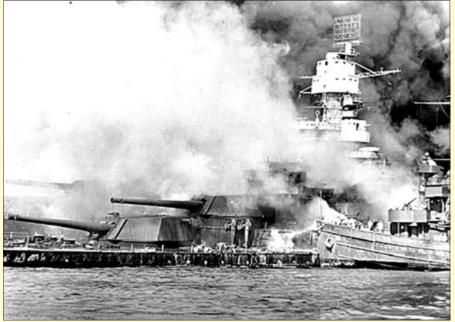
who served with the US Navy on the USS Tennessee, also shared his recollections of Pearl Harbor. "On December 7, 1941, I was a 22-year-old electricians mate, 2nd class chief petty officer, 2nd class on the USS Tennessee BB43, a battleship. I was assigned to No. 4 turret (a 14-inch big gun; there were three big guns in one turret). Moored next to us was the USS West Virginia, which was tied to us. It was called Battleship Row.

The alarm went off, 'Battle stations, this is not a drill.' I ran to the turret (duty station), two bombs hit topside, one on the No. 3 turret (the high turret above me); this bomb did not go off. If it had, I would not be here to tell the story. The other bomb hit No. 2 turret (forward). It

did go off and killed the captain of the USS West Virginia.

When the USS West Virginia sank, she had taken six air torpedoes and two bombs top side. As she was sinking, she pushed us against the concrete key. We were tied together and we couldn't get away. We turned our propellers (screws) over to drive the fire away. Oil in the water from the USS Arizona and the USS West Virginia was burning. The USS West Virginia had already sunk.

Everything was on fire. We had to blast the concrete key away. It actually took a few days before we could leave the harbor. We had to go around the USS Oklahoma, which was turned over, bottoms up ... they were bringing men up through the holes that they burned in through the bottom."



USS Tennessee and USS West Virginia during the attack

Ann Davidson.

who served at that time as a US Navy nurse, saw the attack from a different perspective. "Shortly after the bombing, patients started coming to the hospital. They were worse than I had imagined – even in moments of exaggerated imagination. Legs and arms partially torn off, faces cut and torn, head injuries, severe burns, and various other cases of similar description. We worked through an air raid lasting approximately two hours and seemed far longer."

Ann Davidson tends to a Navy pilot in Honolulu



Kenneth Barns,

who was with the US Navy, offered some brief memories. "I was on the USS West Virginia. When the ship was hit, I went up to the top deck and got in a motor launch and we picked up several survivors. We took four or five boatloads of survivors to the diesel dock and let them off. We picked up several survivors from the USS Oklahoma



from the USS Oklahoma. We then went to the makeshift tent, and they put us on flatbed trucks and we went up and down Pearl Harbor, checking for more attacks."

John C. Belier

shared his personal memories of that day with stltoday.com. "On December 7, we went to early church. Walking home after 8 a.m., we saw high-altitude planes and puffs of smoke near them. Dad guessed it was a training exercise, but when we got home, a neighbor said the radio announced the island was under attack. All military personnel were to report to base.

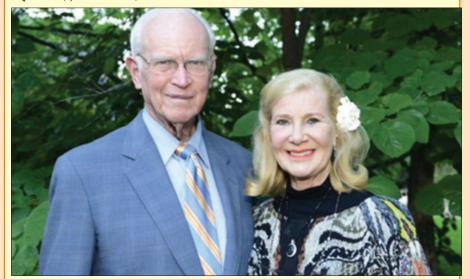
Dad and several others caught a ride to Pearl. I stood on the front porch

watching planes fly over; one was so low I could clearly see the pilot. I could see the smoke from the base in the east. There were some explosions in the city, possibly from random bombing, to keep the civilian fire department from helping at Pearl, and/or possibly from antiaircraft shells from the fleet. Mom grabbed me and we went under a bed (no basement)."

Belier was five years old at the time of the attack. He later served in the Naval Reserves.

Dr. Richard Kelley

had many detailed memories to share with saturdaybriefing.outrigger.com. "On Sunday, December 7, 1941, I was living with my parents, Roy and Estelle Kelley, and my sisters, Jean and Pat, in a small house on Kuhio Avenue in Waikiki.



Dr. Richard Kelley with his wife

That morning, my parents were looking forward to having breakfast with a young Navy officer, Commander John Henry Shultz, and his wife Martha. My mother prepared her famous Sunday waffles while my father carted my sisters and me off in the family car to Sunday school at St. Clement's Church in Manoa.

As we left home, looking toward Pearl Harbor, we noticed that the military appeared to be conducting maneuvers. Distant rumbles and occasional puffs of smoke in the sky were not unusual in those days.

We were dropped at the curb outside St. Clement's about 8 a.m. When we walked into the parish house, I distinctly remember there were no other children there. We were greeted by a worried lady, the lone Sunday school teacher, who asked, "What are you doing here? Don't you know there's a war on?"

"What's a war?" I asked. It's hard to believe today, but in the pre-television era of 1941, I was not the only seven-year-old who did not know what a war was. We soon found out.

On his way back home, my father must have turned on the radio and heard Webly Edwards' now famous announcement, "This is no exercise! This is the real McCoy!" My father was back at the church in a flash. He scooped us into the car, and we went zooming down McCully, heading home. There we found that Commander Shultz had gone off to war in his dress whites. Despite the danger, curiosity got the best of us, and we went up to the third-floor lanai to see what was going on.

I can distinctly remember looking toward Pearl Harbor and seeing a huge black cloud rising from the ground. Aircraft were circling and diving into the cloud. Black puffs from exploding anti-aircraft shells filled the sky and louder rumbles told us that something really big was happening.

Then we heard a high-pitched whine for about a second, followed by a deafening roar as Kuhio Avenue blew up in a cloud of gray and white smoke about a block away, and everything around shook. "My G-d, they got my building!" exclaimed my father, thinking there had been a direct hit on his three-story apartment building at the corner of Royal Hawaiian and Kuhio Avenues. A jagged piece of shrapnel fell at our feet, and I still remember how warm it felt when I picked it up.

Actually, the explosion was at the corner of Lewers and Kuhio. The homes on all sides of the intersection were riddled with shrapnel, but miraculously, no one was hurt. The explosion was probably not from a Japanese bomb. Most likely it was caused by one of our own anti-aircraft shells. In the panic of the morning, many shells were fired skyward without being

properly set to explode in the air. Gravi- CONTINUED ON P. 67



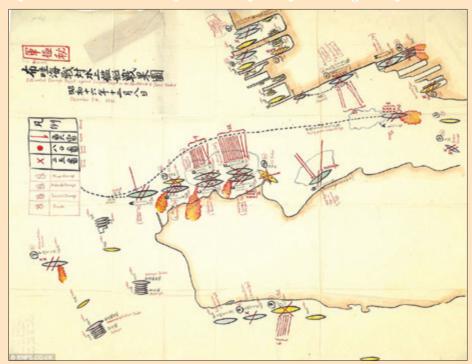
The Kelley home in Waikiki, 1939



Smoke and flame are seen as ammunition explodes on the destroyer USS Shaw during the attack



A picture of Pearl Harbor taken by one of the Japanese planes during the surprise attack



An extraordinary Japanese battle map that charts in chilling detail the outcome of the attack on Pearl Harbor



Sailors participating in a memorial service for the more than 2,400 killed in the attack



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CONTINUED FROM P. 65

ty returned them to earth all over Oahu.

Another one hit the corner of McCully
nere, just after we had passed it on the way

and King Streets, destroying the shops there, just after we had passed it on the way home from St. Clement's.

At this point, curiosity turned to panic, and we scrambled for the protection of the half-basement below the three-story wooden apartments my parents had developed across Kuhio Avenue, where the Waikiki Trade Center now stands. We huddled between the suitcases and steamer trunks, not knowing what was next. My mother made several quick trips across the street to gather emergency supplies like soup and bandages.

We were relieved when night fell and there was no sign of further activity. However, with limited news sources, most of the civilian population had no real appreciation of what was going on at Pearl Harbor or in the civilian hospitals trying to cope with the heavy casualties. Many were sure that an invasion by Japanese ground troops would soon follow. We had nowhere to go.

Again the night turned still and we settled down to try to sleep, not knowing what the next day would bring. Perhaps the expected invasion would come tomorrow. A couple of days later, Commander Shultz, who never had his waffles, came back still dressed in his whites, now covered with dirt, grease, and blood.

Martial law was declared almost immediately, and all the freedoms we take for granted today were canceled. Personal firearms were confiscated. Most families dug ditches for air-raid shelters in their backyards. The Army Corps of Engineers took over Punahou School, and the lovely night-blooming cereus hedge that surrounded the campus was slashed back and replaced with barbed wire. The engineers made the classrooms their headquarters for the duration of the war.

Aside from the fear of another attack or even an invasion, there was a worry about being able to supply the Islands with basic necessities.

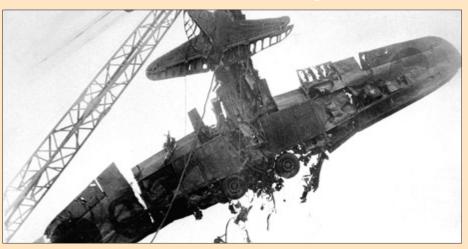
A call went out for as many women and children as possible to leave Hawaii, and my mother was relieved that we were able to book a flight in early February. My young mind was not happy with this, because it meant I was not eligible to receive one of the gas masks issued to the civilian population."



Sailors at the Naval Air Station in Kaneohe, Hawaii, attempt to salvage a burning plane in the aftermath of the attack

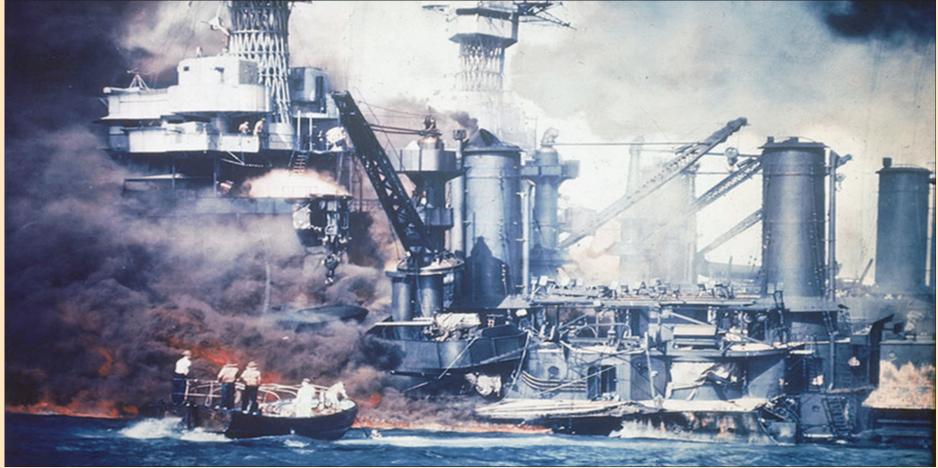


View from Pier 1010 with USS Shaw and USS Nevada burning



A Japanese torpedo plane is hoisted from the bottom of the sea. About 10 percent of Japanese planes were lost on December 7th

As we commemorate the invasion of Pearl Harbor 75 years later, we are reminded that even America can be vulnerable to a surprise attack, and we must be ever-vigilant in that regard. But we also pay tribute to the many members of the Armed Forces who fought valiantly to ward off the invasion and protect the American people. Those who paid the ultimate sacrifice will always be remembered with profound gratitude and respect.



The USS West Virginia was the most heavily damaged US ship in the Pearl Harbor attack







Donald Trump said he will not try

and send Hillary Clinton to jail. After hearing this,

Bill Clinton said, "Hey, you promised."

- Conan O'Brien

Trump, the billionaire of the people, ordered young garlic soup with thyme and sautéd frogs legs. I thought he said he was going to drain the swamp, not eat its contents.

— Stephen Colbert

Today is cyber Monday,
which means tomorrow is
"Russia has your credit card info Tuesday."

— Jimmy Fallon

If are you having trouble getting in the holiday spirit you might want to move to Japan, where Domino's is doing a promotion where they say your pizza will be delivered to your door step via reindeer. Even Santa Claus was like, "I don't believe this is real."

- James Corden

In other weird Japanese news — or as they call it in Japan, news — there are now plans for a park in Japan that will be a combination of a hot springs spa and an amusement park. It either sounds nice or like a sanitary nightmare.

- James Corden

Donald Trump is considering Sarah Palin to be his secretary of Veterans Affairs. Palin says she's great at helping veterans. John McCain was like, "Wrong."

- Jimmy Fallon

Yesterday, Jill Stein officially requested a hand recount of 4.8 million ballots in Michigan, but Donald Trump says he's going to fight it, by shouting out other numbers while they're trying to count.

- Jimmy Fallon

A Swiss company just released a new \$250 drone that's actually attached to a rope that you hold in your hand. They say it helps to control the drone. It's great for first-time users — basically, it's a really expensive kite.

- Jimmy Fallon

Yesterday, Donald Trump had his third top-secret intelligence briefing. If you'd like to know the details, just check Trump's Twitter feed.

- Conan O'Brien

In the next few years, the federal government is planning to forgive \$100 billion of student debt. So, congratulations to six USC grads.

- Conan O'Brien

Yesterday Donald Trump sat down to dinner with Mitt Romney at Jean-Georges French restaurant in the Trump International Hotel, because nothing says "man of the people" like eating an \$800 dinner in a tower you named after yourself.

- James Corden

Experts are warning shoppers to check the spelling of websites on cyber Monday because there are lookalike sites that try to scam you with a slight misspelling of a store's name. Yep, they said if you want more info on this, just look it up on Goggle.

- Jimmy Fallon

The secret service protecting Donald Trump might have to rent two floors of trump tower, forcing taxpayers to pay \$3 million in rent back to trump's company. Trump said that is absolutely not true and the rent is \$4 million.

- Jimmy Fallon

Yesterday, Donald Trump tweeted that millions of people voted illegally on Election Day. Then someone told Trump it's not illegal for women to

- Conan O'Brien

The holiday season is in full swing and Macy's has hired over 80,000 seasonal employees. So, good news, the busiest shopping time of the year is being run by people who have had exactly one day of training.

-Jimmy Fallon

A League of Their Own										By: Yoni Glatt, koshercrosswords@gmail.com Difficulty Level: Manageable				
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Across

- Fred Wilpon (MLB)
 Joseph has a (long) one
- with his brothers
- 9. Fragrant wood used in the Temple
- 14. New Israeli
- 15. Paula's "American Idol" co-judge DioGuardi
- 16. Holy Land bank
- 17. Mark Cuban (NBA)
- 19. Undercover (like a Mossad agent), for short
- 20. Apple pie option that would also work on hot babka
- 21. Meas. when making challah
- 23. ___ and Ktiv

- 24. What Trump might end for Syrian rebels
- 25. Julia Louis-Dreyfus' HBO show
- 26. Like 59-Down
- 27. Ramallah grp.
- 30. Lovato who claims to have Jewish ancestry
- 32. Conference foe of 70-Across & 57-Down
- 34. Broadcasts ("The Goldbergs")
- 36. "___ il tas" (Ladino
- Chanukah song) 37. Radio psychologist
- Westheimer
- 41. What an Israeli heat wave will eventually do

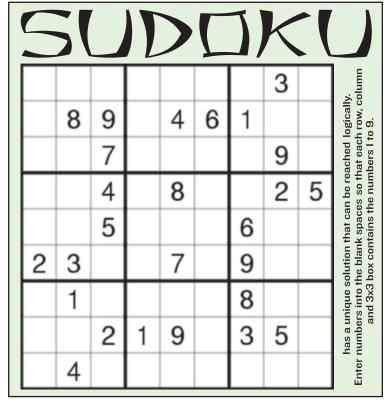
- 43. Currency abbr. in Israel
- 45. Coppola who directed Scarlett Johansson in "Lost in Translation"
- 46. Shabbat prayer
- 48. ___ Yisrael (Moshav)
- 50. Sefer read on Yom Kippur
- 51. Had some kreplach
- 52. Jewish actress Jennifer
- 54. Allenby and Yefet in Tel Aviv: Abbr.
- 55. Quick punch from Tyson or Baer
- 58. Regrets, like Antiochus IV for oppressing the Jews

- 60. Old French coin, worth a few agorot
- 62. Simian opponent of 55-Down
- 63. A mean Amin
- 64. Like G-d
- 68. Lenny Solomon shlocked his "Rock Me Amadeus"
- 70. Dan & Gary Gilbert (NBA)
- 72. Coastal town south of Haifa
- 73. 4-Down in English
- 74. Sneaker brand or Israeli storage company
- 75. Observes Shabbat
- 76. The Gershwin's "It __ Necessarily So"
- 77. Micky Arison (NBA)

Down

- 1. N.Y.C. locale where Chagalls hung around
- 2. Plane that might have a skyhigh minyan
- 3. Israeli footwear brand
- 4. Bedtime prayer
- 5. Spun out (unlikely Arad road occurrence)
- 6. Tempo (of Torah reading)
- 7. Tablet holder
- 8. Sample sufganiyot
- 9. Steve Balmer (NBA)
- 10. Dark time for Keats or Lazarus
- 11. Henry Samueli (NHL)
- 12. Early rabbi
- 13. Like one who very strictly keeps halacha
- Rage that might have been displayed by Barry Bonds or Ryan Braun
- 22. Sondheim's "___ in the Clowns"
- 25. Zygi & Mark Wilf (NFL)
- 27. Lulav provider
- 28. In ____ of (wine, use grape juice)
- 29. Shabbat leftovers?
- 31. Adam, e.g.

- See solution in this issue
- 33. 2004 Brad Pitt- Orlando Bloom film
- 35. Shushan
- 38. Ships in several Spielberg films: Abbr.
- 39. Krusty the Klown's green hair, e.g.
- 40. Shira of "Shtisel"
- 42. Robert Kraft (NFL)
- 44. Former title for Rabbi Sacks
- 47. Clash between Judah and Israel, e.g.
- 49. Boot up the Dell again
- 53. Singer Sharabi
- 55. Foe of Scott Weinger's "Aladdin"
- 56. Taper off, like the end of a simcha
- 57. Jerry Reinsdorf (NBA)
- 59. See 26-Across
- 61. III-fated husband of Bathsheba
- 64. Singers ____ and Jaron
- 65. Wolf's "Party of Five" co-star Campbell
- 66. Any solo from "Salome"
- 67. Exam before Cardozo, for short
- 69. Future staff at Ramah: Abbr.
- 71. OU preceders?





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