



## SAP/PVR Patient Instructions

### Segmental Arterial Pressures/Pulse Volume Recording

A SAP/PVR test measures the blood pressures at different points in your legs to evaluate blood flow. The technologist will place multiple blood pressure cuffs all the way up both legs and a blood pressure cuff on each of your arms. Two small cuffs will be placed on your big toes. The test will take approximately 30 minutes to 1 hour to complete.

To ensure the highest quality of the testing, all instructions must be followed. Failure to follow all instructions may cause your appointment to be rescheduled.

#### Preparation for the Test

- Wear or bring a loose fitting shorts
- Wear or bring a short sleeve shirt
- Wear or bring easily removable shoes

#### What to Bring

- A list of current medications
- Your insurance card
- Photo I.D.

Once your Cardiologist has reviewed your test results, the results of your test will be faxed to your Primary Care Physician. The nurse will contact you by phone with your test results.

#### The test will be performed at the indicated office:

Cary Office  
300 Keisler Drive  
Cary, NC 27518  
(Suite 100 Check-In)

Fuquay-Varina Office  
400 Attain Street, Suite 101  
Fuquay-Varina, NC 27526

**Please arrive 15 minutes prior to your scheduled appointment time.**

**Your Appointment is scheduled for**

\_\_\_\_\_ at \_\_\_\_\_ am/pm

*Appointments not cancelled 24 hours prior to appointment will result in a cancellation fee.  
Failure to follow the above instructions may result in rescheduling your appointment.  
If you have any questions or concerns about your SAPPVR test, Please contact our office at 919-233-0059*