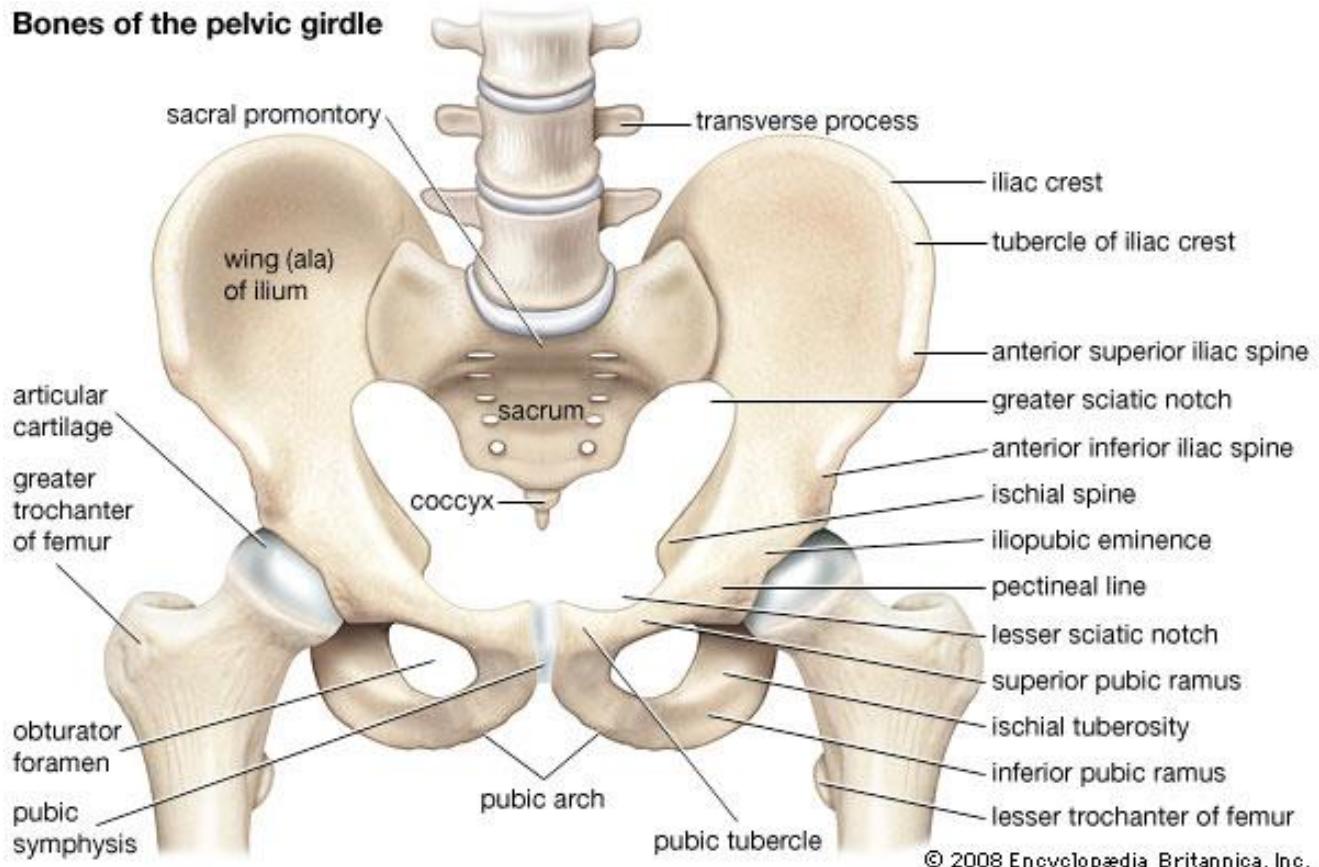


Pelvic girdle

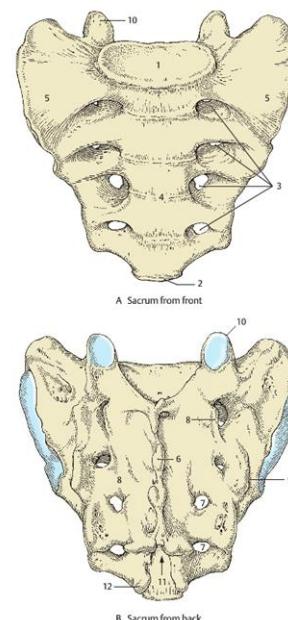
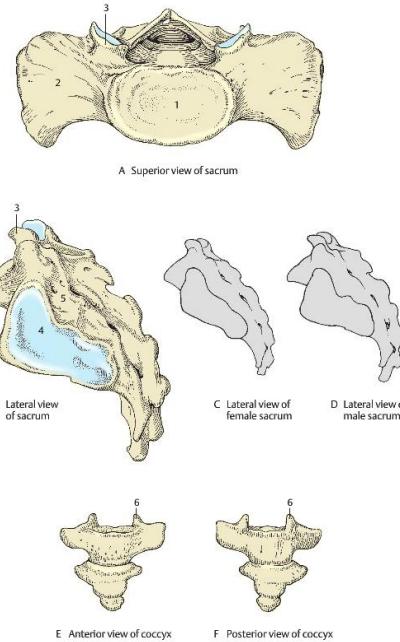
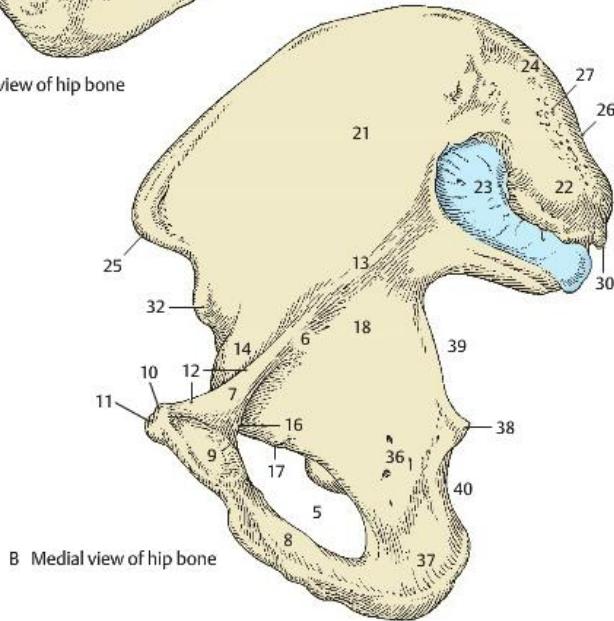
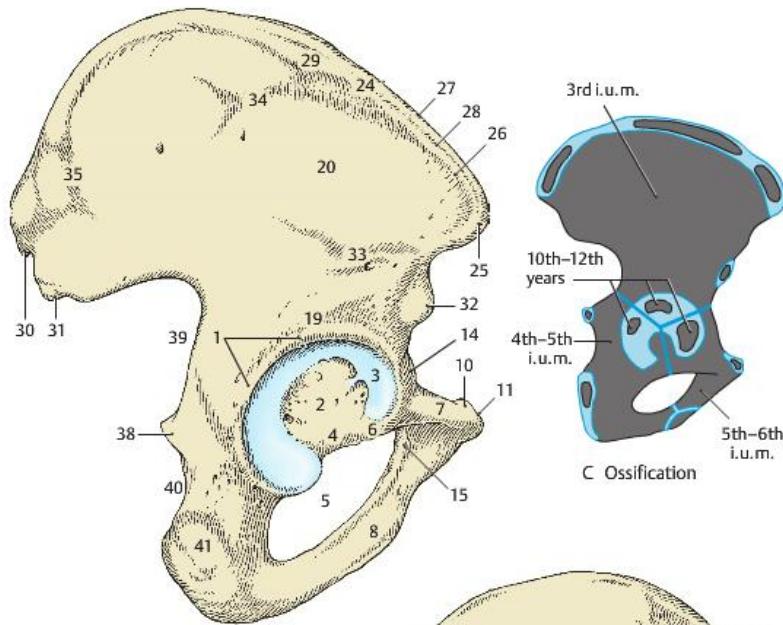
Bones of the pelvic girdle



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- Two pelvic bones (left and right) articulating with the axial skeleton via the sacrum.
- The pelvic bones are each made up of three bones:
 - ilium
 - ischium
 - pubis
- These bones are fused by puberty to form the pelvic bone.
- The pelvic girdle can only move as a unit (L and R shoulder girdles can move independent of each other)

BONES



SACRAL JOINTS

LUMBOSACRAL JOINT

(synchondrosis, syndesmosis)

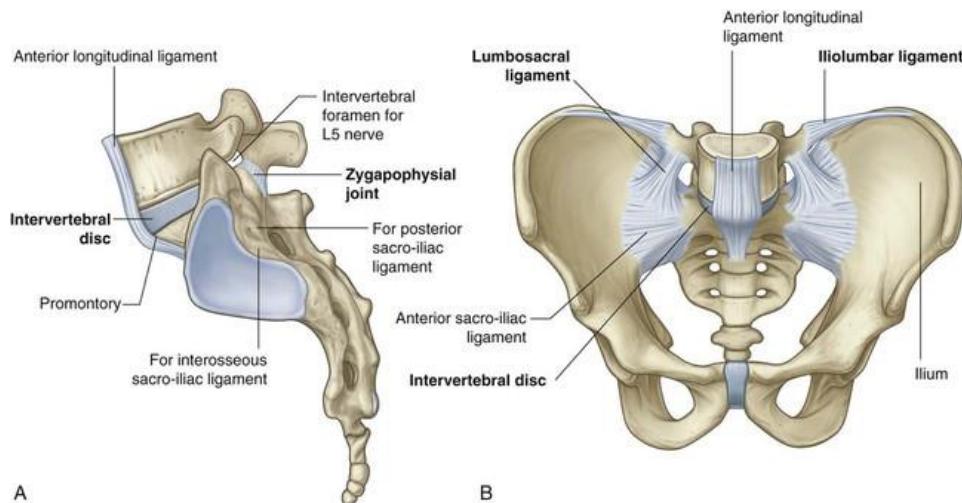
intervertebral disc

anterior and posterior longitudinal ligg.

ligg. flava

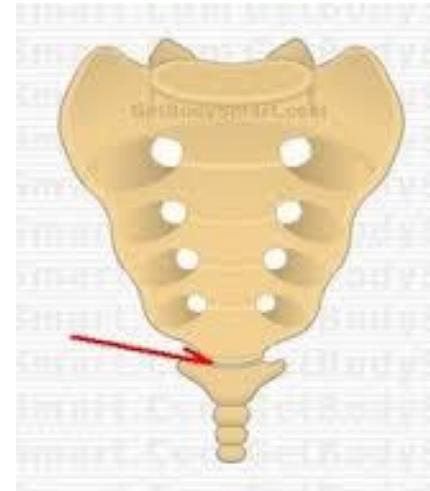
interspinal and supraspinal ligg.

lig. iliolumbale (stabilizes the joint)



ZYGAPOPHYSIAL JOINT

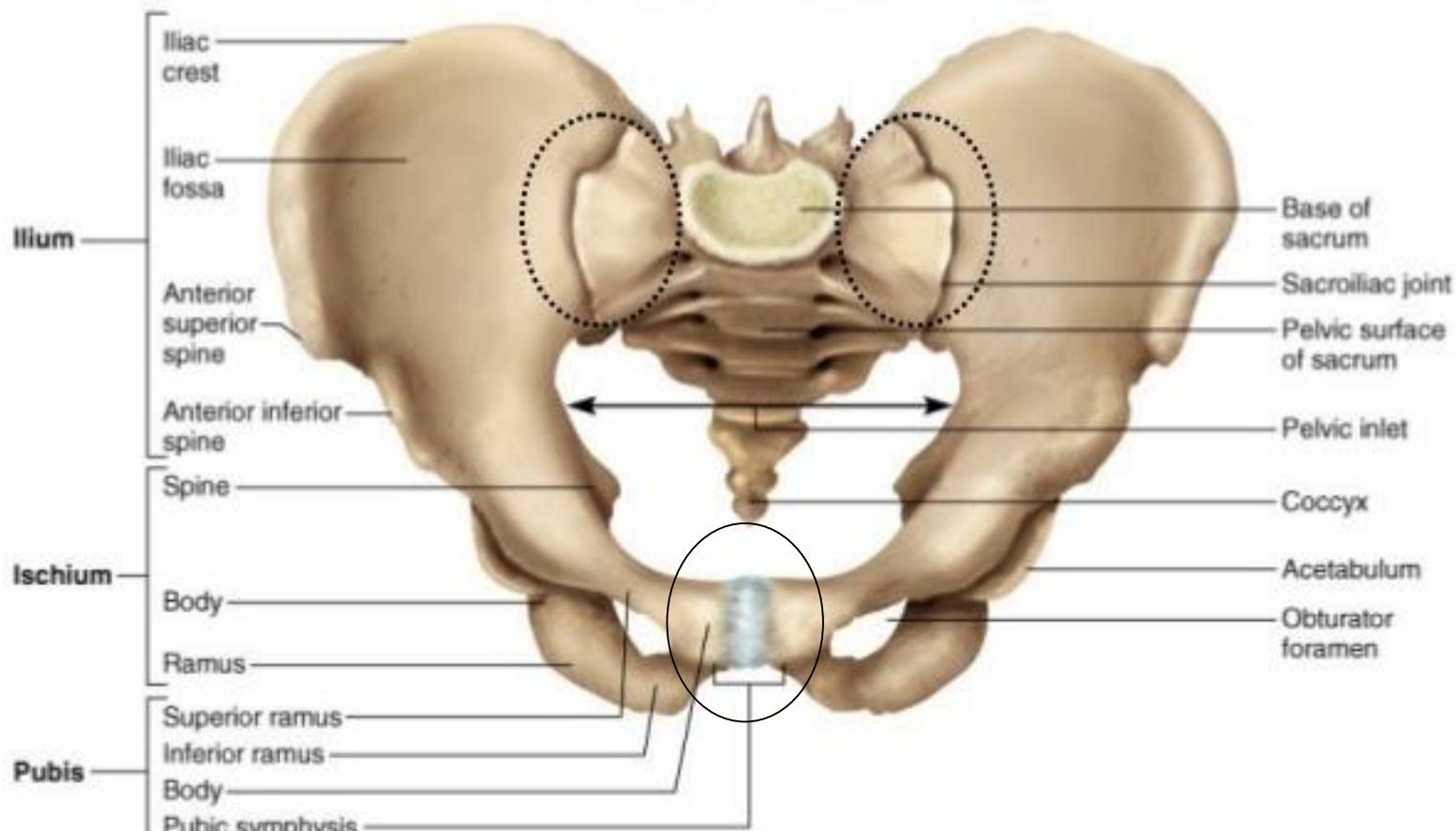
Synovial joint between the 5th lumbar vertebra and the corresponding articular process of the sacrum



SACROCOCCYGEAL JOINT

(SYNCHONDROSIS)

SACROILIAC JOINTS



(a) Anterosuperior view

Pubic symphysis

1. Sacroiliac joints: pelvic bones + sacrum
auricular surfaces of sacrum and ilium
hyalin cart. superficialy, fibrous cart. deeply!

Capsule:

tight, dense, limited articular cavity

Ligaments:

- ventral sacroiliac ligament (weak)
- dorsal sacroiliaca ligament (strong)
- interosseal sacroliliac ligament (strong)

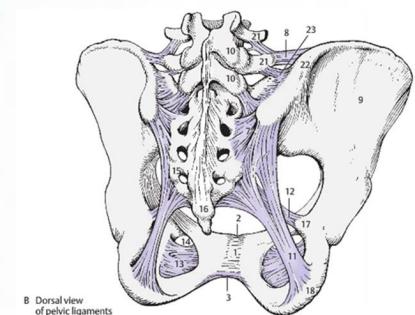
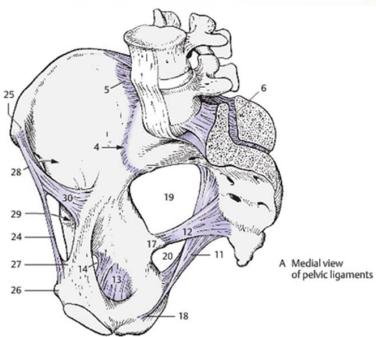
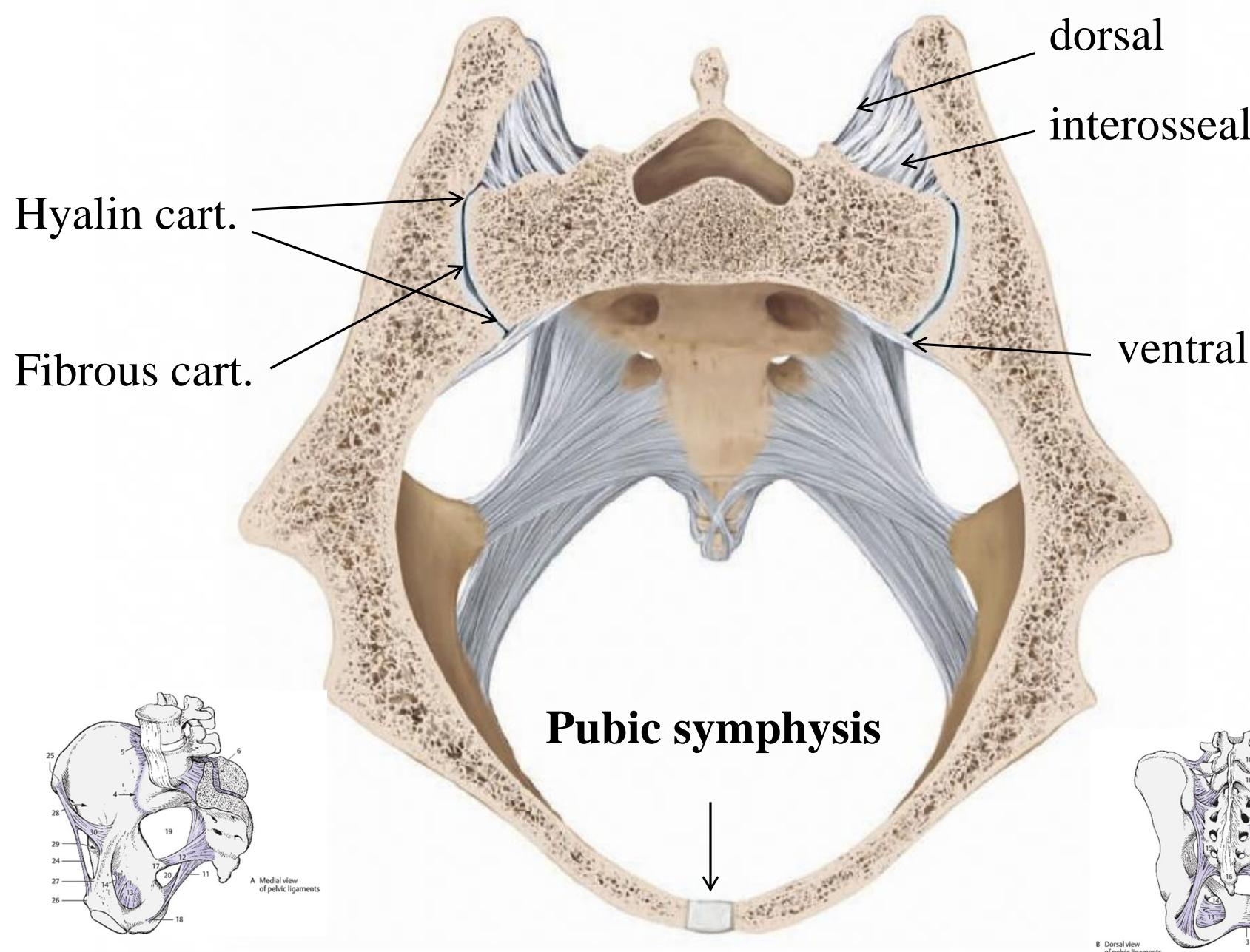
2. Pubic symphysis

- symphysial surface of pubis and an interpubic discus
 - synchondrosis, fibrocartilage
- Not a true joint, however, it may contain a „cavity” within the disc

Ligaments: superior pubic lig.
(inf.!) arcuate pubic lig.

SACROILIAC JOINTS

Sacroiliac ligg.



Ligaments of the pelvis

- *sacrospinous ligament*

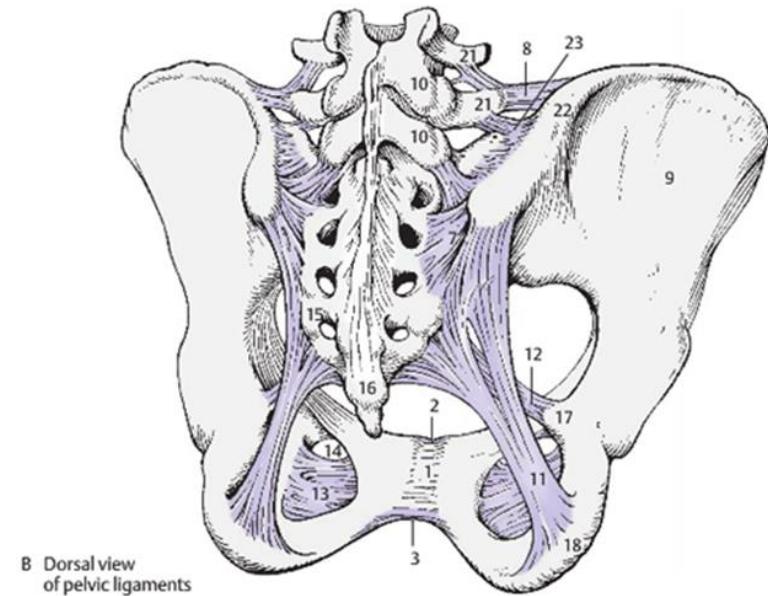
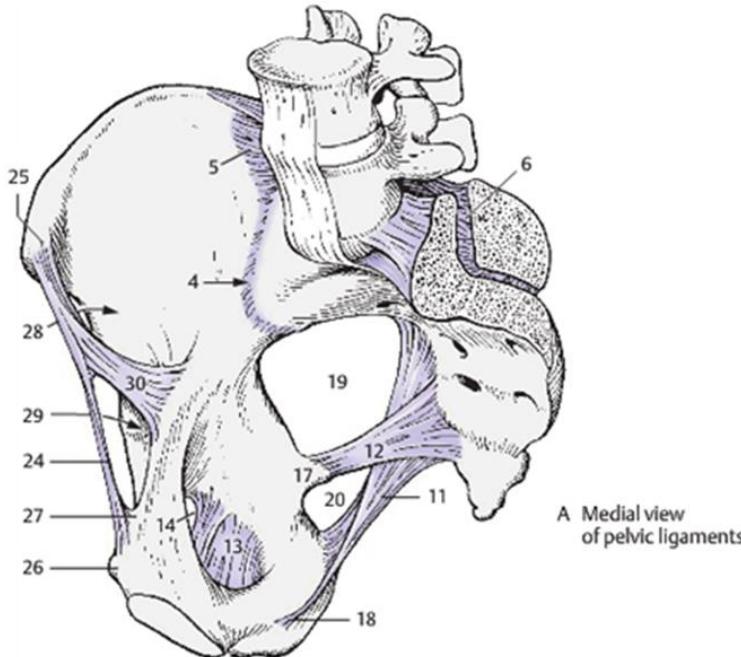
- *sacrotuberous ligament*

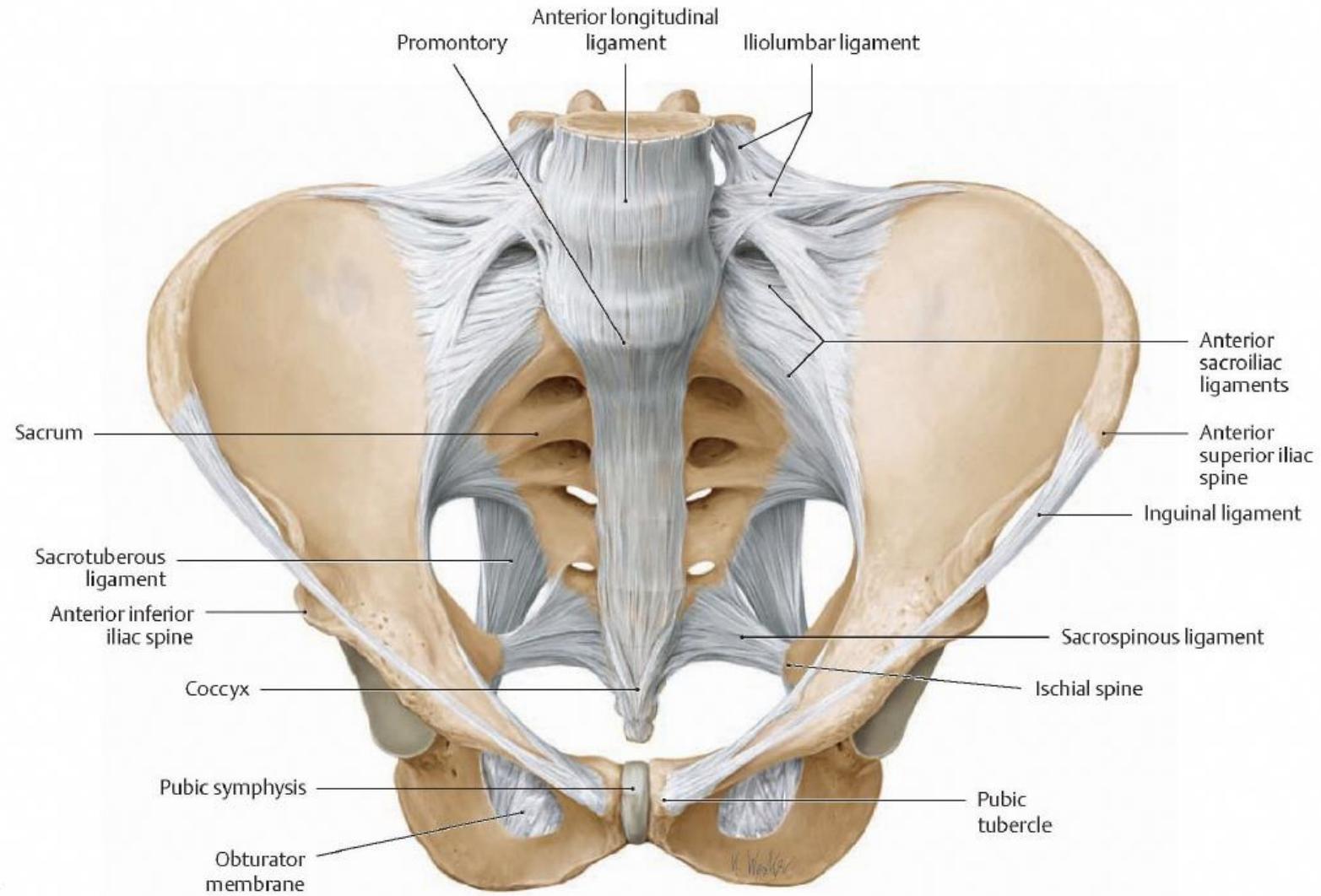
(continues as *falciform process*)

- *obturator membrane*

- *inguinal ligament*

(*TENDON of the external oblique abdominis m.!!*)





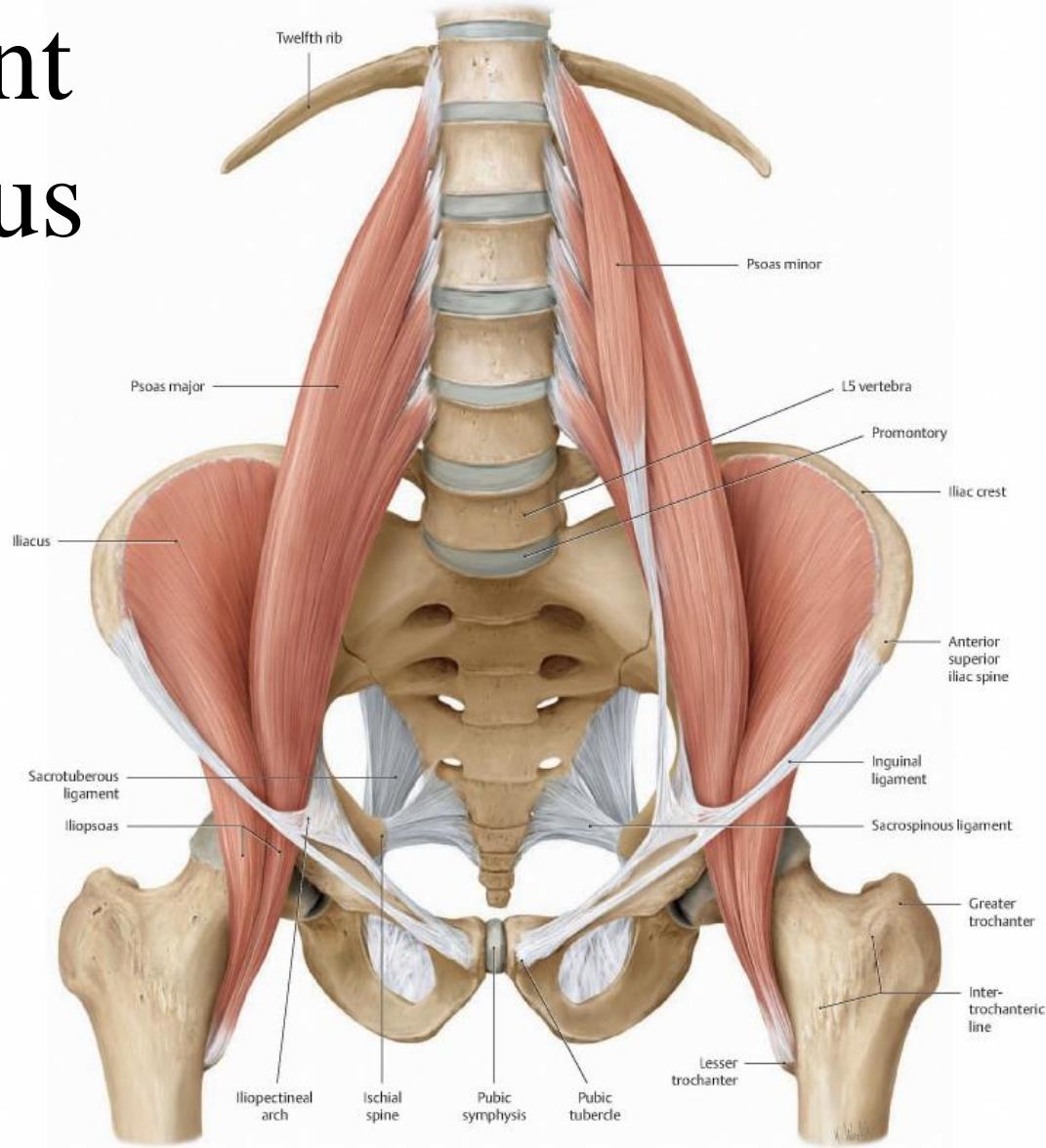
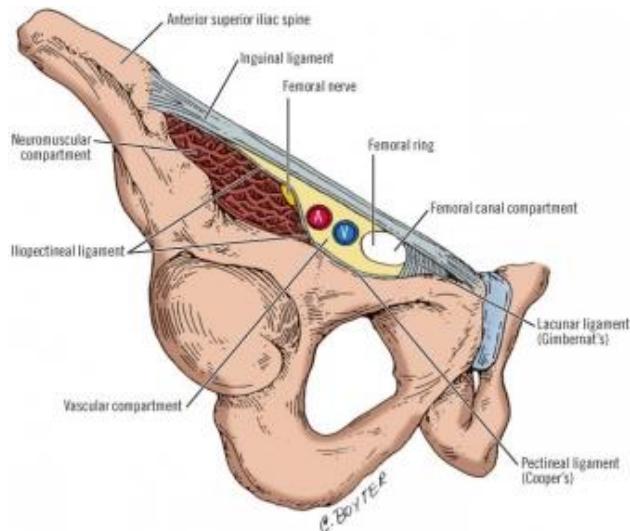
A Ligaments of the male pelvis

a Anterosuperior view.

Inguinal ligament subinguinal hiatus

Inner hip muscles:

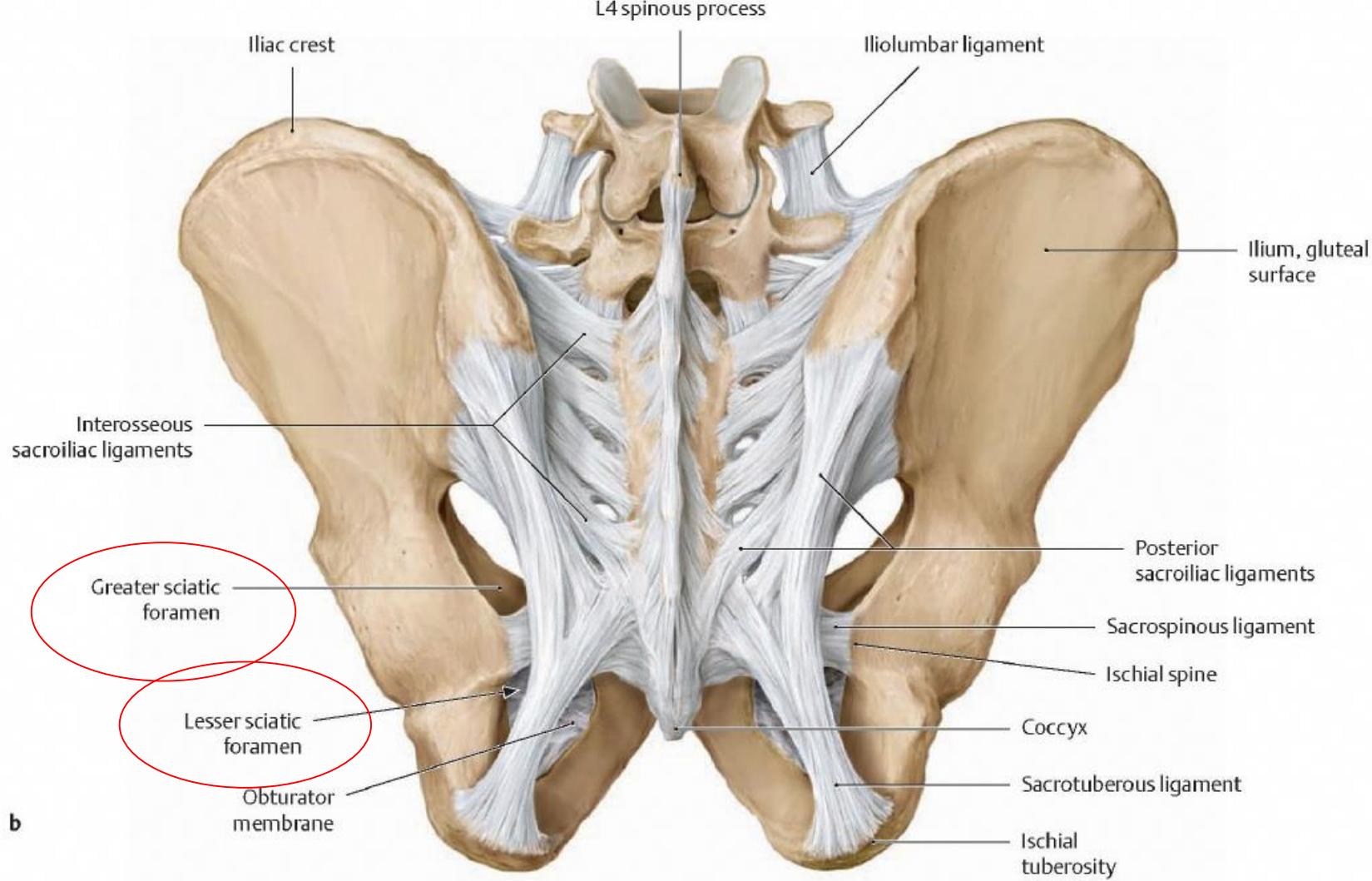
- psoas major
- iliacus
- (-psoas minor)



B The inner hip muscles
Anterior view.

Illustrator: Karl Wesker

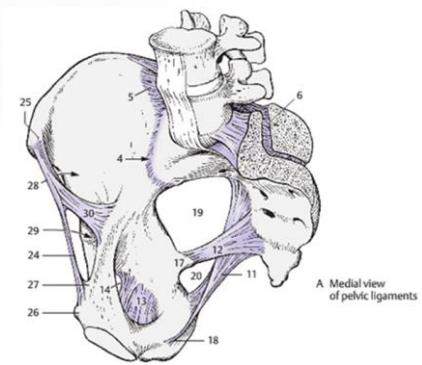
pp. 422-423

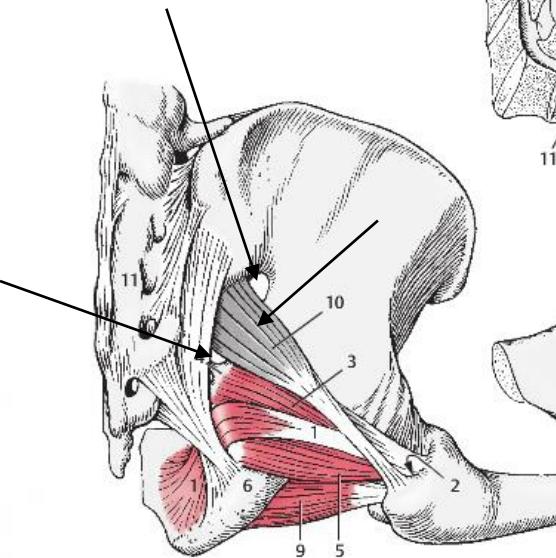
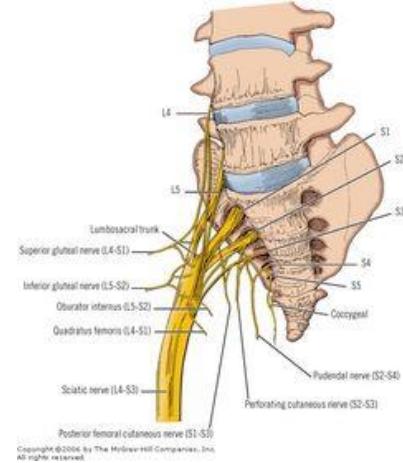
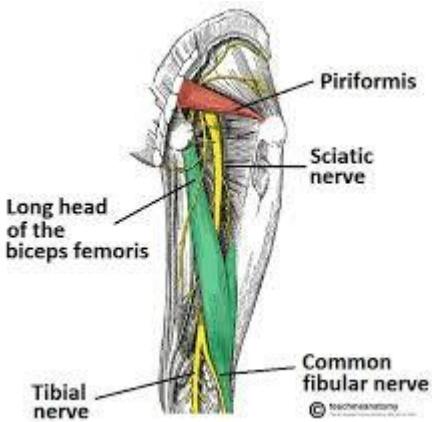


b

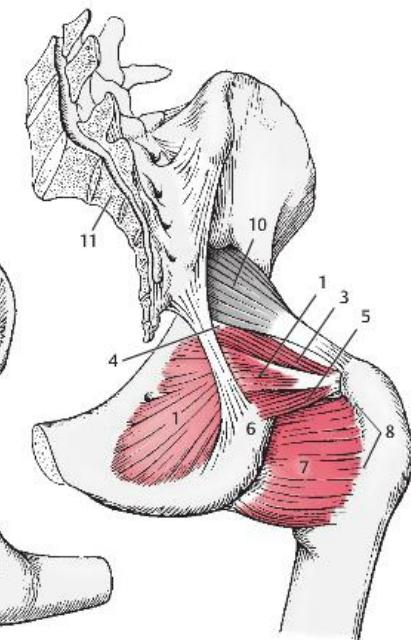
A Ligaments of the male pelvis

b Posterior view.

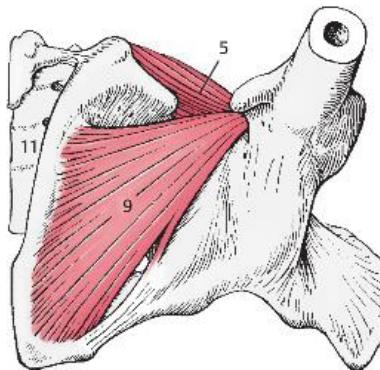
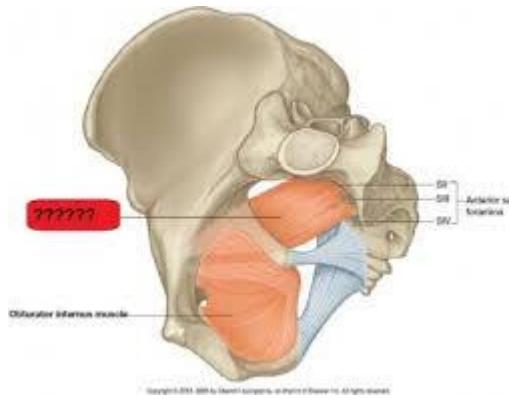




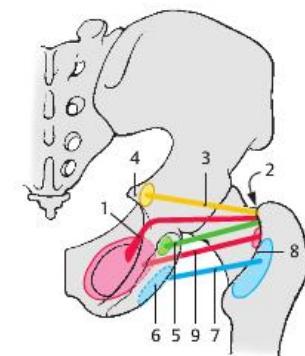
A Dorsal view of ventral muscles of hip with thigh flexed



B Dorsal view of ventral muscles of hip with thigh extended

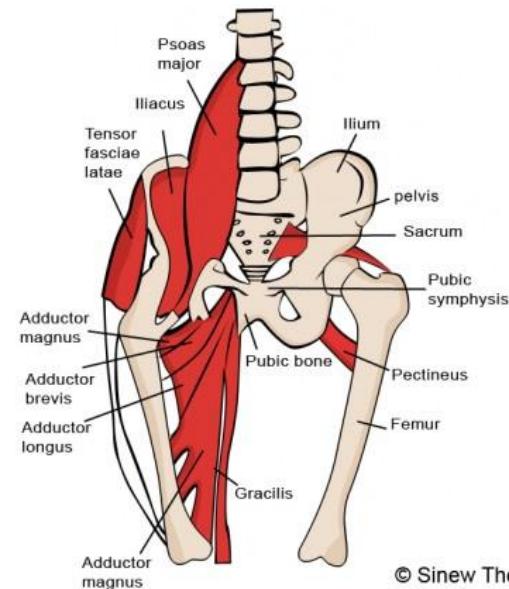
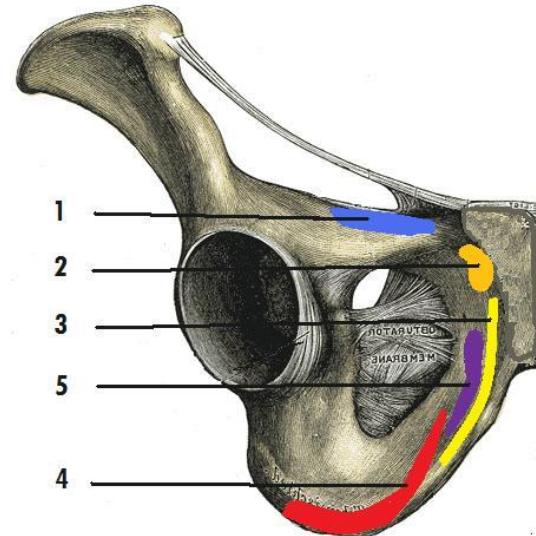
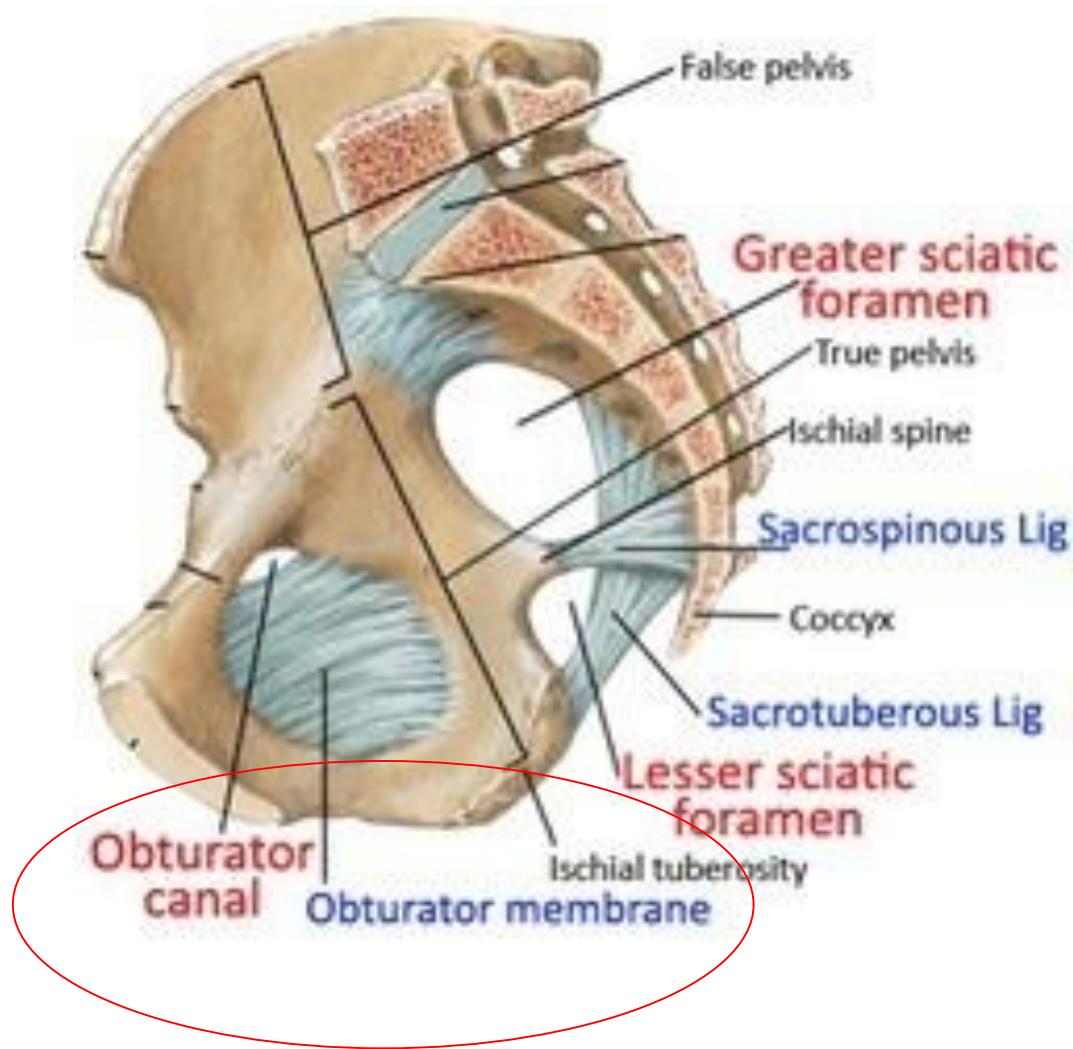


C Distal view of obturator externus muscle

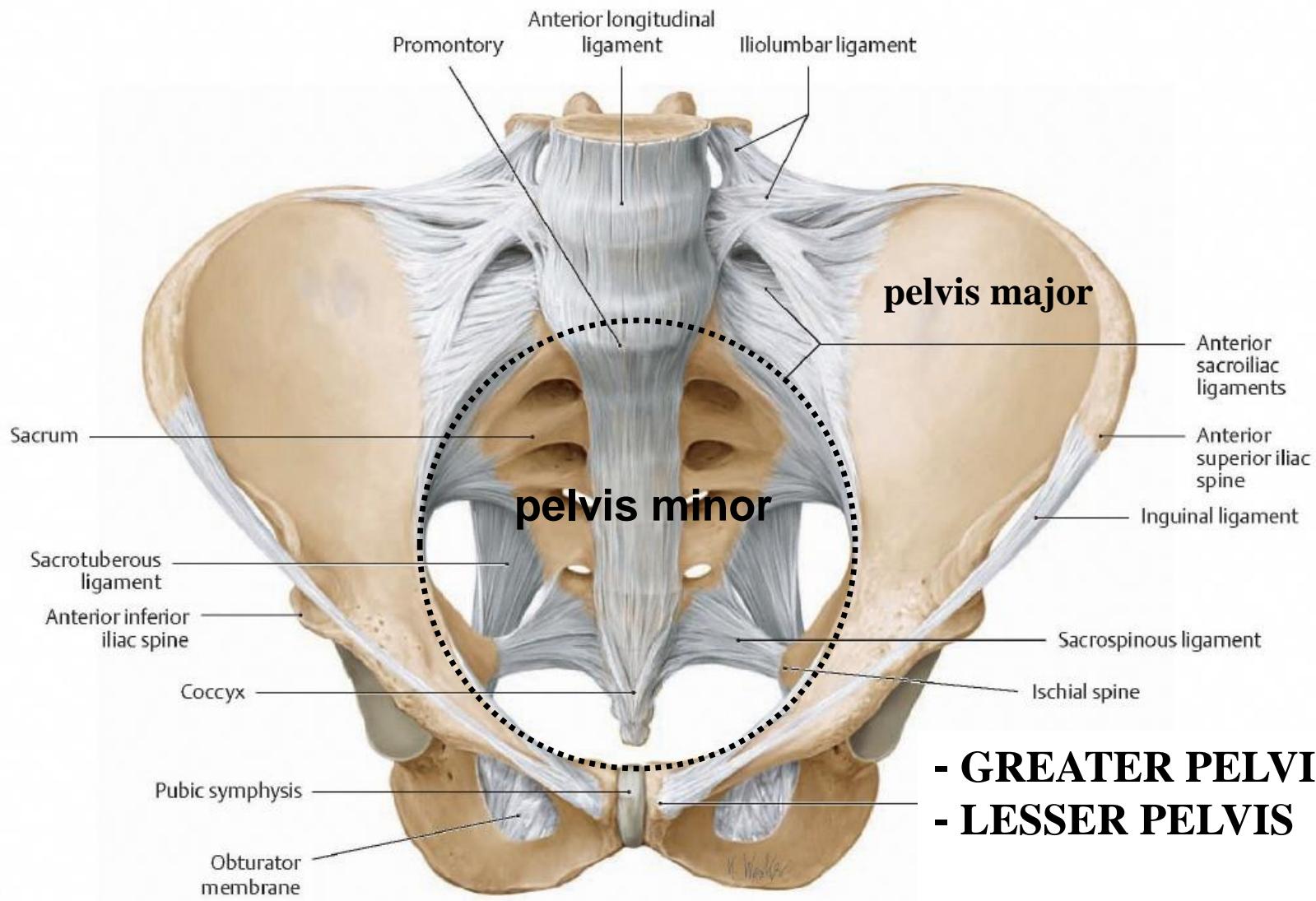


D Diagram of origin, course, and insertion of muscles

**Greater sciatic foramen
divide by piriformis m.
forms
suprapiriform and infrapiriform
hiatuses**



© Sinew Therapeutics

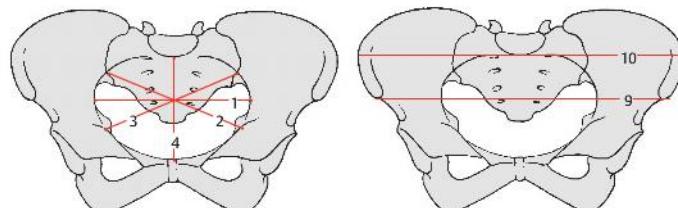


**SEPARATED BY
LINEA TERMINALIS**

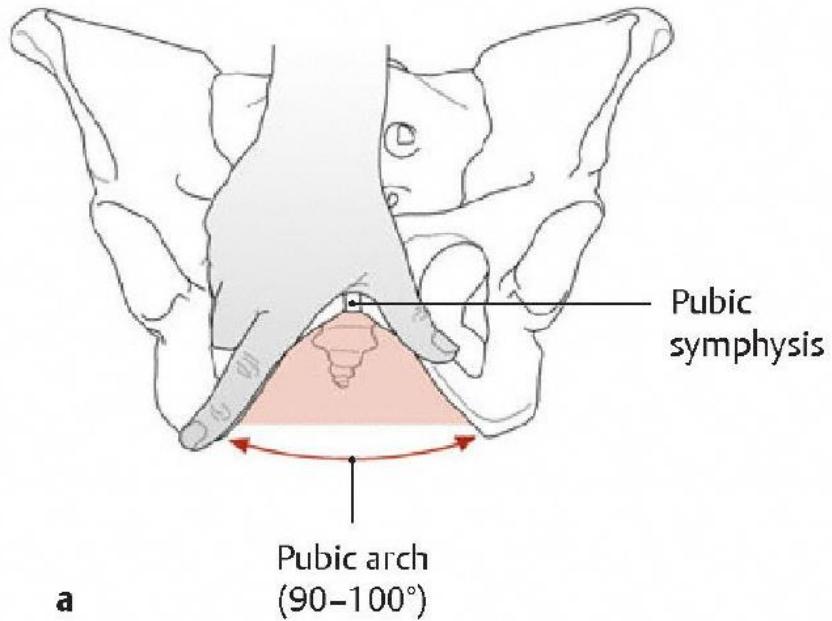
A Ligaments of the male pelvis

a Anterosuperior view.

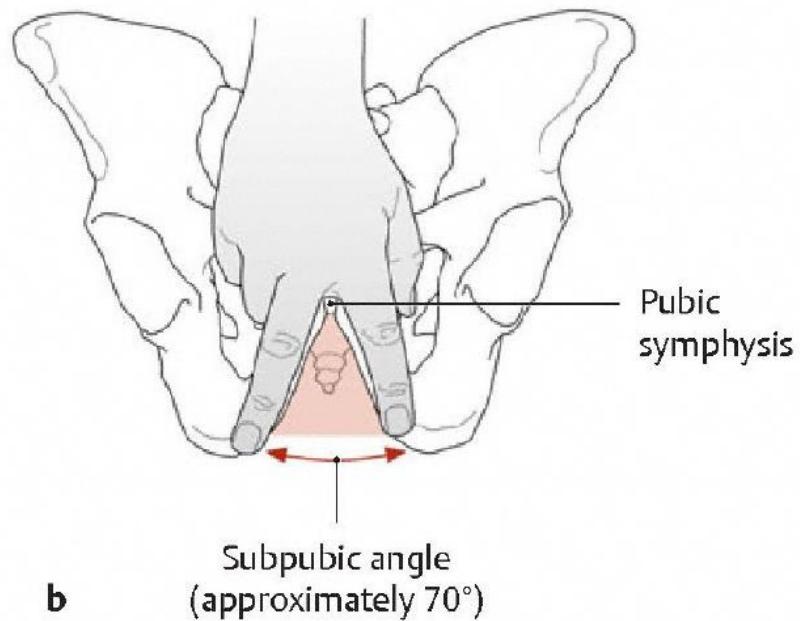
MALE AND FEMALE FEATURES



B Pelvic diameters



a

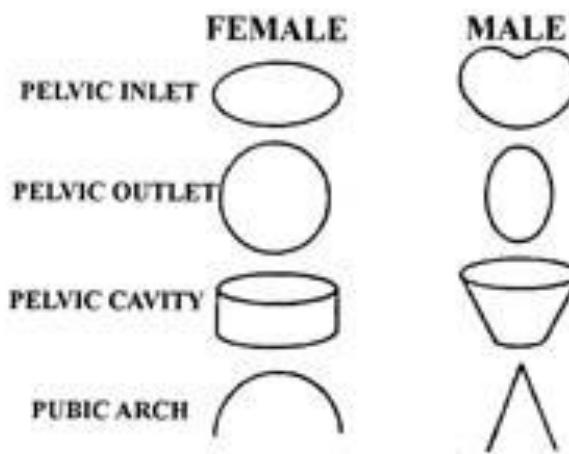


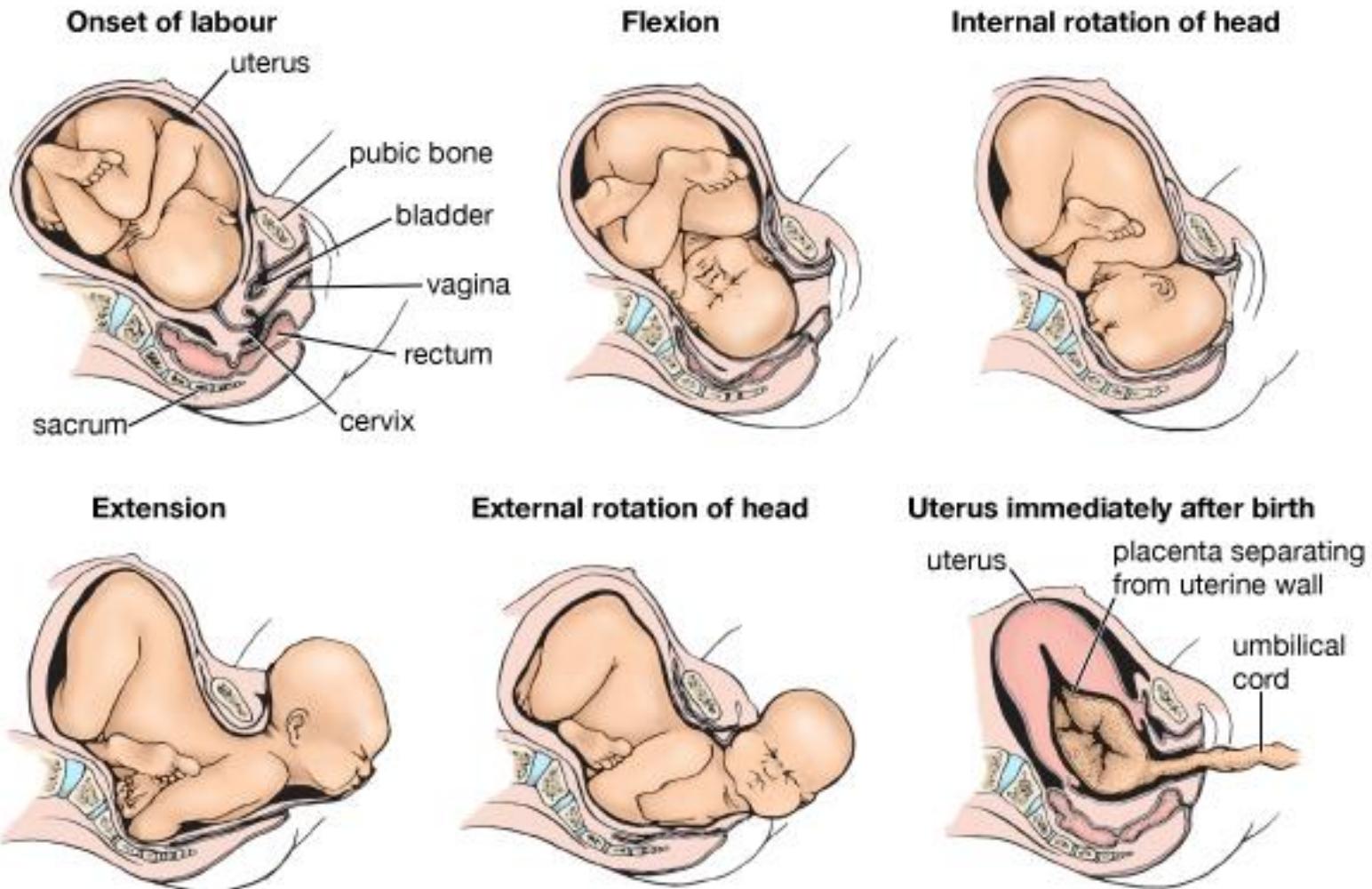
b

D Lower pubic angle

Anterior view.

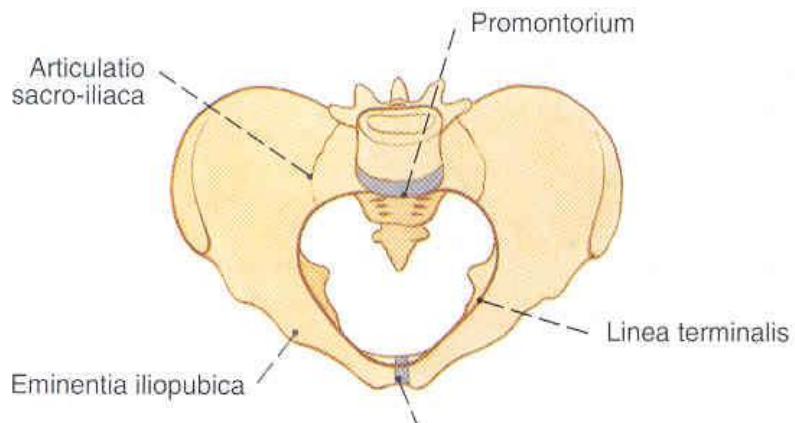
- a** Female pelvis: pubic arch.
- b** Male pelvis: subpubic angle.



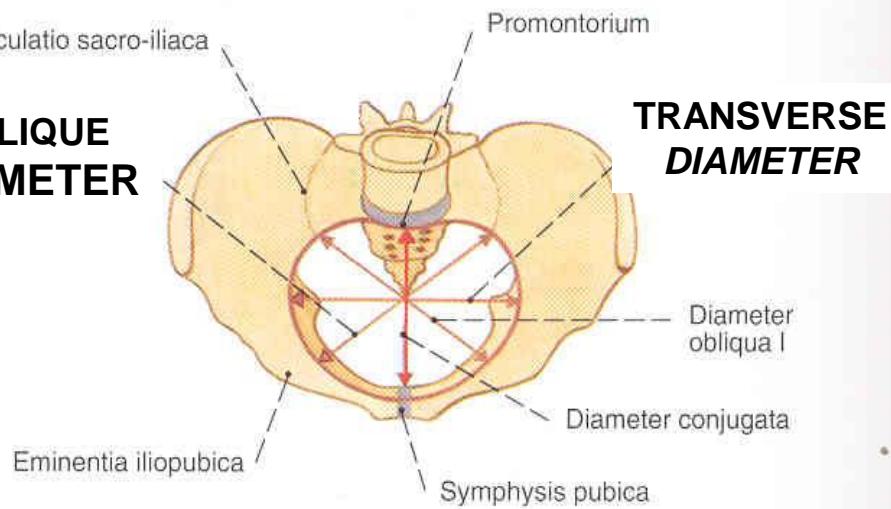


DIAMETERS

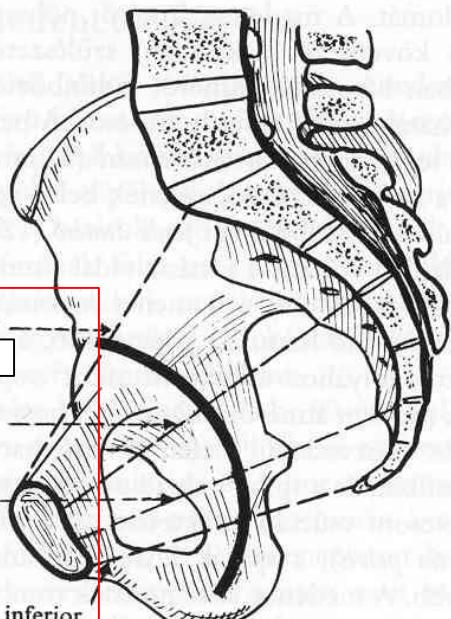
MALES



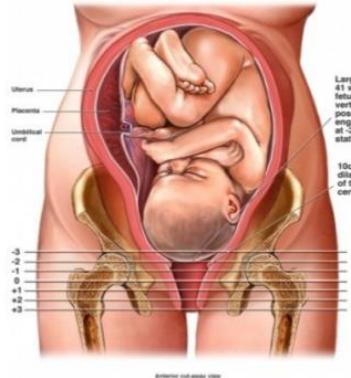
OBLIQUE DIAMETER



TRANSVERSE DIAMETER



Birth Canal (Vagina)



DIAMETERS

FEMALE PELVIS



ANATOMICAL CONJUGATE

Apertura pelvis superior*

Pelvic inlet

INCLINATIO PELVIS

OBSTETRIC CONJUGATE

Foramen obturatum

b
60°-65°

c

d

e

DIAGONAL CONJUGATE (DIAMETER)

Spina iliaca anterior inferior

SAGITTAL DIAMETER of *amplitudo pelvis*

Foramen ischiadicum [sciaticum] majus

Lig. sacrospinale

ANGUSTIA PELVIS
(pubococcygeal distance)

Lig. sacrotuberale

Foramen ischiadicum [sciaticum] minus

Apertura pelvis inferior
Tuber ischiadicum

Pelvic outlet

AXIS PELVIS



1. Head floating, before engagement



5. Complete extension



2. Engagement; descent, flexion



6. Restitution (external rotation)



3. Further descent, internal rotation



7. Delivery of anterior shoulder



4. Complete rotation, beginning extension



8. Delivery of posterior shoulder

OMNIVM HYMANI CORPORIS OSSIVM SIMVL SVA SEDE COMMISSORVM.
OMNIBVSQUE PARTIBVS QVIBS STABILIPNT. QVIEQVE ILLIB.
ad inserviant. aut ab ipsi producant liberorum integras delineatio.



Folio 9v from the *Epitome* of
Vesalius, Basel, 1543.