

# SAINT JOSEPH CATHEDRAL

212 EAST BROAD STREET + COLUMBUS, OHIO 43215

PHONE (614) 224-1295 + FAX (614) 241-2534

WWW.SAINTJOSEPHCATHEDRAL.ORG. |

WWW.CATHEDRALMUSIC.ORG

CHECK US OUT ON WWW.FACEBOOK.COM

PARISH OFFICE HOURS - Monday - Friday, 8:00 a.m. - 4:00 p.m.

Closed Saturday, Sunday, and on major holiday

+ Most Reverend Earl K. Fernandes  
Bishop of Columbus

+ Most Reverend Frederick F. Campbell  
Bishop Emeritus of Columbus

+ Most Reverend James A. Griffin  
Bishop Emeritus of Columbus

## PRIESTS AND DEACONS

Very Reverend Robert J. Kitsmiller

Cathedral Rector; Judicial Vicar and Judge, Diocesan Tribunal

Reverend Elias Udeh & Reverend Eugene Joseph

Parochial Vicars

## STAFF

Mr. Michael Agriesti

Business Manager; magriesti@saintjosephcathedral.org

Ms. Carol Stollenwerk

Administrative Assistant; cstollenwerk@saintjosephcathedral.org

Ms. Bobbie Meyers

PT Administrative Assistant; rmeyers@saintjosephcathedral.org

Mr. Jake Neal

Director of RCIA and Religious Education;

jneal@saintjosephcathedral.org

Dr. Richard K. Fitzgerald

Director of Music and Organist, richardkfitzgerald@gmail.com

Ms. Amanda Mole

Principal Organist and Assistant Director of Music

Ms. Amanda Gillespie

Wedding Coordinator; weddings@saintjosephcathedral.org

Mr. Michael Pirik

Operations, mpirik@columbuscatholic.org

Mr. Phil Renico

Maintenance

## MONTHLY PRAYER INTENTION OF POPE FRANCIS: FEBRUARY

### For parishes

We pray that parishes, placing communion at the center, may increasingly become communities of faith, fraternity and welcome towards those most in need.

## SCHEDULING MASS INTENTIONS

One of the greatest acts of charity is to pray for the living and the dead, and the greatest and most powerful prayer we have is the Mass since the fruits of the Mass are the very fruits of Jesus' redemption. Mass stipends (offerings) are \$10.00 each; only one offering per Mass. All Masses are scheduled by calling the Parish Office; intentions will be listed as below.

## MASS INTENTIONS

### Sunday, February 19 ~ SEVENTH SUNDAY IN ORDINARY TIME

*Leviticus 19: 1-2, 17-18; 1 Cor. 3: 16-23; Matthew 5: 38-48*

10:30 a.m. Soul of Michael Elton

12:30 p.m. People of the Parish

5:15 p.m. Soul of Gerrie Stollenwerk

### Monday, February 20

*Sirach 1: 1-10; Mark 9: 14-29*

9:00 a.m. Bill Purcell

### Tuesday, February 21 ~ Saint Peter Damian

*Sirach 2: 1-11; Mark 9: 30-37*

12:05 p.m. Jerry Freewalt

### Wednesday, February 22 ~ Ash Wednesday

#### Day of Fast (Ages 18-59) and Abstinence from Meat (Age 14 and Up)

*Joel 2: 12-18; 2 Corinthians 5: 20 – 6:2; Matthew 6: 1-6, 16-18*

12:05 p.m. The Staff, Clients & Benefactors of J.O.I.N.

### Thursday, February 23 ~ Saint Polycarp

*Deuteronomy 30: 15-20; Luke 9: 22-25*

12:05 p.m. James Loveland

### Friday, February 24 ~ Day of Abstinence from Meat (Age 14 and Up)

*Isaiah 58: 1-9a; Matthew 9: 14-15*

12:05 p.m. Soul of Brittany Solis

## PLEASE KEEP THESE PARISHIONERS IN YOUR PRAYERS:

Tim Acton, John Ankrom, Ed Chong, Barbara Cicua, Christopher Clark, Dorothy Deems, Larry Edwards, Edith Ingram, Dr. Lianna Goetz, Brittany Grinder, Kim Haring, Ruth Harper, Chris and Anna Katanyuta, Denise Lager, Mary McNellis, Teresa Mallon, Kathy Perkins, Sharon Merhar, Rose Marie Naseman, Maria Paras, Linda Pauley, The Pemberton Family, Barbara Ritchey, John Ryan, Susan Bateman Severs, David Simmons, Sandra Valencia, Mark Watkins, Matthew Watkins, and Dora Zweydorff

## REGULAR SCHEDULE OF MASSES, LITURGIES, SACRAMENTS

WEEKEND MASS TIMES: Sunday Masses: 10:30 am, 12:30 pm, and 5:15 pm

MASSES ON HOLY DAYS OF OBLIGATION AND ON HOLIDAYS: will be listed in the bulletin, as they occur

WEEKDAY MASS TIMES: Monday - Friday: 12:05 pm.

SACRAMENT OF RECONCILIATION/CONFESSIONS: Tuesday & Thursday: 10:45 am - 11:45 am & Sunday 9:15 am - 10:00 am

EXPOSITION OF THE BLESSED SACRAMENT WITH CONFESSION: Wednesday: 5:00-6:00 pm

THIS SUNDAY'S MINISTRY SCHEDULE SEVENTH SUNDAY IN ORDINARY TIME ~ FEBRUARY 19			
	10:30 a.m.	12:30 p.m.	5:15 p.m.
<b>MC</b>			
<b>Altar Servers</b>	Nick Chmielewski	Laura Battocletti	Lisa Dalton
	Lisa Emrich	Joe Vallo	Antonio Tomasi
<b>Lector – One</b>	Fritz Harding		Donna Lent
<b>Lector – Two</b>	Ron Pizzuti	Peggy Frank	Marilyn Tomasi
<b>Eucharist</b>		Bobbie Meyers	Marilyn Tomasi
<b>Lead Hospitality</b>	Steve Horner	Dave Battocletti	
<b>Hospitality Ushers</b>	Evelina Horner	Betsy Decillis	
	Brice Harrison		
	Josie Barga		

NEXT SUNDAY'S MINISTRY SCHEDULE FIRST SUNDAY OF LENT ~ FEBRUARY 26			
	10:30 a.m.	12:30 p.m.	5:15 p.m.
<b>MC</b>			
<b>Altar Servers</b>	Nick Chmielewski	Laura Battocletti	Steve Peishel
	Bonnie Maupin		William Pickens
	Lisa Emrich		
<b>Lector – One</b>	Sharon Reichard	Lisa Ernst	Ron Pizzuti
<b>Lector – Two</b>	Steve Brechter	Ed Hueckel	Josie Gonot
<b>Eucharist</b>		Bobbie Meyers	Linda Ruth
<b>Lead Hospitality</b>	Dan Jurgens	Dave Battocletti	Brice Harrison
<b>Hospitality Ushers</b>	Pam Jurgens	Joe Vallo	Josie Barga
	Zachary Smith	Kevin Ernst	Gordian Igwilo
		Betsy Decillis	

### NEW PARISHIONER REGISTRATION

Welcome to Saint Joseph Cathedral, the Mother Church of the Diocese of Columbus! We are glad that you are here and invite you to become part of our parish family to be nourished by both Word and Sacrament, and also to become involved in one or more of our parish ministries. To become a registered member you can pick up a form by the main entrance of our historic church, stop by the Sacristy after Mass, visit our web site, or contact us through the parish office. Welcome!

### OUTREACH TO HELPING THE HOMELESS AND NEEDY IN DOWNTOWN COLUMBUS

Twice-Daily Food Distribution at Saint Joseph Cathedral ~ (614) 224-1295  
 Saint Lawrence Haven, on the grounds of Holy Cross Church ~ Heather Swiger at hswiger@columbuscatholic.org  
 Joint Office for Inner-city Needs (J.O.I.N.) ~ (614) 241-2530

### SAINT JOSEPH CATHEDRAL MUSIC

Office of Compline ~ At 9:00 p.m. on the first Sunday of the month. The next date is March 5, 2023  
 Cathedral Concert Series ~ Michael Kleinschmidt, Organist February 19 at 3:00 p.m.

### OFFICES, PROGRAMS AND SERVICES OF THE DIOCESE OF COLUMBUS

For Diocesan offices, please call (614) 228-2457 during regular business hours or visit [www.columbuscatholic.org](http://www.columbuscatholic.org).

**LOW-GLUTEN\* HOSTS** will be served at **All Masses**. Worshippers can receive low-gluten Holy Communion from the center aisle (please identify yourself) to the Celebrant. \* contains less than 0.01% gluten content & meets the standard set by the Holy See and the U.S. Conference of Catholic Bishops.

### ASH WEDNESDAY COLLECTION

Joint Organization for Inner-city Needs, JOIN, is an agency of the Diocese's Catholic Charities Office. We are located at 578 E Main St. in downtown Columbus. Sharing God's love with our neighbors, sharing His word by caring for our brothers and sisters as He told us to do are the blessings we impart daily, allowing us to serve the whole person, body and soul. Through the generosity of people throughout our Diocese, JOIN is able to help our neighbors with their essential needs such as food, personal care, household items and diapers. We can also assist with intricate needs such as prescriptions, utilities, birth certificates and transportation. We recognize the necessity of family and that family love is a vocation. Attaining self-sufficiency is important, nurturing family love is a vital way of sustaining a family within its own household and building on that foundation. St. Joseph Cathedral has been a great ally to JOIN, we are grateful for the work we have done together and appreciate your generous gift through your Ash Wednesday donation. On behalf of all of us here at JOIN, and from the neighbors we serve, thank you for all you do through your ministries that serve our brothers and sisters. You are always welcome to visit JOIN for or feel free to call or email me, Lisa Keita, director of JOIN, any time 614-241-2530 or [lkeita@columbuscatholic.org](mailto:lkeita@columbuscatholic.org). God bless you with His grace and Peace!

**ASH WEDNESDAY MASS TIMES: 7:30 A.M., 12:05 P.M. & 5:15 P.M.**

# From the Rector's Desk

I announced at all the Masses last weekend that I will be stepping down as rector of St. Joseph Cathedral and Holy Cross parishes on July 11, 2023. Fr. Jan Sullivan, the current pastor of St. Thomas Aquinas parish in Zanesville, will become the new rector. This change in my assignment is part of many pastoral changes throughout the Diocese that were announced last weekend. This is part of the ongoing renewal and restructuring of parishes that has come about because of the Real Presence Real Future Initiative begun under Bishop Brennan. I will continue in my role as Judicial Vicar and head of the Diocesan Tribunal. This was a role that I was sent away to canon law school for in 2013. My future residence has not yet been determined. I believe that the change will be beneficial to the Cathedral parish and Holy Cross Church as Fr. Sullivan will be full-time with the Cathedral. As Judicial Vicar and a judge, I had to spend half of my time working in the Tribunal. As St. Joseph Cathedral and Holy Cross come together as one parish and under one staff, I believe it will be important to have a pastor who can give more time to this venture and also to help make the parish a stronger presence in the changing demographics of downtown. You have no doubt noted the many new apartments and condominiums being built. It is important that we reached these people with the Gospel of Jesus Christ. I will continue in my current role as rector until July 11th. We continue to work on the transition of making St. Joseph Cathedral and Holy Cross parishes one. With this in mind, I want to remind you of the "town hall" meeting on March 19th after the 10:30 am Mass in the Undercroft. I ask for your continued support and prayers for our parish.

## Ash Wednesday and Lent

Lent begins this Ash Wednesday. Ash Wednesday is a day of fast and abstinence from meat for Catholics 18 years to 59 years of age. It is a day of abstinence from meat for Catholics 14 years and older. The laws of fasting allow a Catholic to take one meal during the day. Food can be taken at two other times of the day which would not amount to more than a regular meal. Fridays of Lent are also days of abstinence from meat for all Catholics 14 years and older.

We have three Masses on Ash Wednesday: 7:30 am, 12:05 pm and 5:15 pm. Ashes will be blessed and distributed at all the Masses. Often people ask if anyone can receive ashes. Yes, anyone who is contrite about their sins and wishes to amend their life can receive ashes on Ash Wednesday. Blessed ashes are a sacramental which remind us of our eventual death and the necessity of penance and contrition for our sins. A sacramental is an object or an action approved by the Church which imparts grace according to the disposition of the recipient and the intercession of the Church. They are not the same as sacraments which were instituted by Christ and which impart grace by the virtue of the conferring rite itself. Nevertheless, sacramentals are very helpful for the spiritual life and dispose our minds to be open to the grace of the sacraments. Holy water, blessings, scapulars, medals and rosaries are examples of sacramental.

## Forty Days of Adoration

Like last year, the Diocese of Columbus will begin Forty Days of Adoration in many parish churches throughout the diocese. Like last year, St. Joseph Cathedral will lead off these Forty Days with Exposition and Adoration of the Blessed Sacrament on this Ash Wednesday.

Exposition of the Blessed Sacrament will begin following the 7:30 am Mass and will continue until 8 pm, interrupted by the 12:05 and 5:15 pm Masses. Confessions will also be offered after the 5:15 pm Mass until all are heard. If you can spend an hour with the Lord, I believe you will be blessed. You can contact Carol at 614-224-1295 to sign up for a certain hour or come when you can.

Fr. Kitsmiller

**Please Put Music here pg.1**

# At the Foot of the Cross

ALLISON BROWN



It was something that I had never spoken out loud or had admitted to anyone. Including myself.

But my fear brought shame. As a cradle Catholic, I understood the significance of the cross, which made it all that much harder. Nevertheless, I felt ashamed that I struggled to look at a crucifix. At times I would avert my eyes. The more realistic the crucifix was the harder I struggled. At times I felt terrified. I remember as a child running out of the room, crying and in distress at the crucifixion scene in the movie “Jesus of Nazareth.”

The world felt like a cruel place.

Fast forward to 35 years or so and I am begging God to heal me. To heal my wounds and everything along with it, because these heavy chains, this cross, was crushing me. This was not what God had desired for me.

One day in 2021, my family and I attended confessions at a small church.

While we were waiting, as everyone took their turn, my youngest daughter was in awe of all the holy icons she could see in the church. I quietly followed my daughter as she pointed out various icons, asking questions.

She eventually brought us to a small table with a large crucifix on it.

As my daughter pointed out the nails and the blood on Jesus with uncertainty, I explained simply that there were bad people who didn't like Jesus and wanted to kill him. I showed my daughter that we could gently touch the feet of Jesus and say to him “Jesus, I love you. I am sorry for my sins.” As my daughter echoed an “I love you Jesus” and reached out to touch the feet of Jesus, I realised what was happening.

I was directly standing in front of a crucifix.

I deliberately turned my body, so I was completely facing our Lord. I then too, reached out and touched His feet. My beautiful daughter, had brought me to the foot of the cross to face my fears. A few days later, my daughter reminded me of what I had lost.

She was calling me from down stairs as she made her way up the stairs. “Mum! Mum! You lost something. You lost something, mum.”

She placed something she was holding into my hand. I looked down to see what she had placed into my hand. It was a St Benedict's Cross.

As Jesus continues to call me to the foot of the cross, as he reveals to me the suffering and the wounds, he has endured for me, a deep healing has begun to take place. One that cannot adequately be explained with words but can only be understood by the movements of the heart.

Recently my daughter had trouble sleeping, one night in particular, she was very much struggling. “Come on.” I said “It's time to pull out the big guns and call on Jesus for help.”

I pulled out my Holy water, Blessed oil and salts. I blessed her and asked God to remove any demons or evil spirits that may be frightening her and keeping her awake. I handed her my crucifix to hold and lead her in praying the “Angel of God” prayer.

When we had finished praying, she eagerly asked if she could take the crucifix with her to sleep.

Twenty-five minutes later, I went to check in on her and she was fast asleep, the crucifix, embraced in her arms.

She now sleeps with a crucifix by her side, where she can see it every night when she goes to sleep.

The crucifix, that had caused me so much fear, now brings comfort to both myself and my daughter. I now often have a deep desire to be in front of a crucifix and to always have the crucifix where I can see it.

And while I still have many battles to fight, sometimes multiple battles at the same time.

I am constantly called to be reminded of St Joan's own bravery and courage. To not be dissuaded at the enemy's attacks, but to face them head on, knowing I have Jesus on my side and by my side.

Though my own sufferings are but a drop in the ocean, compared to the suffering Jesus Christ endured for me, it brings me immense comfort to know that Jesus not only suffered *for* me, he suffers *with* me.

The passion of St Joan of Arc is a powerful reminder of what it means to keep our eyes fixated on Jesus, including during trials and battles we face on a day-to-day basis and most importantly when we feel our own lives have gone up in flames around us. The beauty and the love, pouring out from Jesus and his suffering for us on the crucifix can and will bring us a strength and courage we may not even recognize within ourselves.

St Joan of Arc was accused of heresy and was burnt at the stake on the 30<sup>th</sup> of May 1431. Her bravery and her courage as well as her complete surrender and obedience to God captivates me. Her request to have a crucifix held up in front of her while she burns, speaks to my heart and draws within a desire to have the same deep faith and trust in our Lord that Joan did. In her ultimate hour of agony and suffering, she turned her focus onto Jesus Christ, her eyes fixated on the crucifix in front of her.

Her last and final word, uttered in a cry "Jesus!"

This is a stark reminder for myself, that no matter the battle that lays ahead, the sufferings I may endure, to always bring it all to the foot of the cross. There I will find Jesus Christ, waiting for me.

✠

Photo by [Pro Church Media](#) on [Unsplash](#)

---

THIS ARTICLE IS MADE AVAILABLE COURTESY OF THE CATHOLIC EXCHANGE

---

## Remember Man, Thou Art Dust: A Last-Minute Lenten Guide for a Chaotic World

MICHAEL J. LICHENS



The world's long Lent continues unabated but our liturgical season only begins today. If Ash Wednesday has snuck up on you, you are certainly not alone. However, it is not too late for you to plan a holy Lent. In fact, you can start strong right at this moment.

Our Lenten journey will start with ashes and fasting. You will hear some version of *Memento homo, quia pulvis es, et in pulverem reverteris*—Remember man, thou art dust, and unto dust thou shalt return. Immediately, we are reminded of two stark realities: sin and death.

The words of Ash Wednesday echo God's condemnation of Adam. Genesis records how the Lord "formed the man out of the dust of the ground" (Gen. 2:7) and then later was man cursed with the Lord declaring "you are dust, and to dust you shall return." (Gen. 3:19) By Adam's sin, death has become our inheritance. However, St. Paul proclaims, "For as in Adam all die, even so in Christ shall all be made alive." (I Cor. 15:22)

The first step in our Lenten journey is a confrontation with the reality of sin and death. That seems especially apt, given the news of the world. Russia's invasion of Ukraine has led to over half a million refugees fleeing into nearby nations. With the international response, the world now faces the threat of nuclear war. As we begin our Lenten journey at this crucial time, we look beyond the sin and death of this world to the King of Peace Himself, whose death and resurrection bring us to a new life, free from sin.

Even if you've waited until now to start your Lenten preparations, you can still make it a holy journey. Here's some resources and tips.

### 1. Fasting

Along with our traditional fast, Pope Francis declared this Ash Wednesday to be a day of [fasting for peace](#). Fasting can mean different things. The USCCB offers these norms: "When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal."

There are of course more strict fasts, such as in the [Byzantine Church](#). Our brothers and sisters in the Ukrainian Catholic Church would normally observe such a fast and you can certainly join them. It's best to seek out spiritual guidance on fasting, but if you can forgo meat and dairy it is not an impossible fast. As well, if you forgot to fast today then you can still take an opportunity to observe fasting each Friday (and perhaps Wednesday) throughout Lent.

Here's some helpful articles from CE on fasting:

- [The Ancient Call to Fasting](#)
- [Spiritual Weapons: Fasting](#)
- [How Should We Fast?](#)
- [Ten Ways We Can Practice Fasting](#)

You can also find some great Lenten recipes in beautiful [The Lenten Cookbook](#).

## 2. Prayer

Lent is the perfect time to increase your time in prayer. From this day on, try to add a little more time into your day for silence and prayer. If you can't think of a place to start, the Church gives us the powerful prayers of the Rosary.

At Fatima, Mary called us to "Pray the Rosary every day in order to obtain peace for the world and the end of the war." If you need a helpful rosary meditation, you have a great one [here in Fr. Looney's article](#). And as we ask for Mary to bring about peace, we can also ask for the intercession of [St. Michael](#), who is the patron saint of Kyiv.

Here are some helpful resources from CE:

- [Prepare for a Prayerful Lent](#)
- ["Jesus, You Take Over!": The Rosary of Abandonment](#)
- [Why Does Our Lady of Fatima Call Us to the Daily Rosary?](#)
- [The Fruits of the Mysteries of the Rosary](#)

Finally, a beautiful prayer aid is found in [Fulton Sheen's Wartime Prayer Book](#) and [Praying with Jesus and Faustina During Lent](#).

## 3. Almsgiving

Of course, Lent is a time when we truly practice the corporal [works of mercy](#). Your almsgiving may take many forms and does not always have to be monetary. Many people need the comfort of a meal, warmer clothes, or just a visit from a kind soul. If you look to just your own town and neighborhood, you will find ways to give and be an answer to somebody's prayer.

Ideally, your time of abstinence and fasting should free up some money to give. There are certainly local charities and missions you can give to and your parish is a great place to start. If you can also give to help relieve the ongoing humanitarian crisis surrounding Ukraine, you can give to [Caritas International](#) or [Catholic Relief Services](#), each of whom has people on the ground giving aid. You are also likely to find local charities who need help, such as the [Ukrainian Catholic Eparchy of Philadelphia](#) who are raising funds for Ukraine.

Some helpful articles on almsgiving:

- [Preparing for a Good Lent: Almsgiving](#)
- [Why We Pray, Fast, and Give Alms](#)
- [Corporal Works of Mercy in the Home](#)
- [The Mercy of Visiting the Sick](#)

## 4. Spiritual Reading

It might be too late to order a hardbound book and a Lenten retreat. However, spiritual reading is an invaluable companion to the Christian life. You can find many resources here on Catholic Exchange, and the [lives of the saints](#) is a fine place to start. We also publish a [daily saint's biography](#), which you can get in your [inbox each morning](#). If you don't mind waiting or using an ebook, the finest book for Lent is Bishop Bossuet's [Meditations for Lent](#).

As holy week and Easter quickly approach, these are some great books for the remaining days of Lent:

- [The Cries of Jesus From the Cross: A Fulton Sheen Anthology](#) (and a [Lenten Reading Schedule](#) for 2022)
- [A Devotional Journey into the Easter Mystery](#) by Christopher Carstens
- [What Jesus Saw From the Cross](#) by A. G. Sertillanges

Of course, you are not going through Lent alone. The saints, your guardian angel, and numerous fellow Christians are joining you the great adventure of Lent. Attend Mass and prayer as often as you can and support your fellow Catholics in their own Lenten journey. No matter how you began today, you have 40 days to make your Lent a blessed one.

✠

Photo by [Thays Orrico](#) on [Unsplash](#)

# *Diocesan Wide Forty Days of Adoration*



On Ash Wednesday, we will be beginning the Diocesan wide Forty Days of Adoration. Parishes throughout the diocese will host a day of adoration of the Blessed Sacrament during Lent. The purpose of this is to celebrate the great gift of Jesus Christ in the Eucharist. Adoration gives us an opportunity to come into Jesus' presence in the Blessed Sacrament and reflect on this reality which we experience at Mass but may not have had an opportunity to dwell on it for an extended period. Since Jesus is the reason for our mission and our existence, it is fitting that we begin all of our endeavors from him and through him whose real presence we experience in the Blessed Sacrament. St. Joseph Cathedral has the privilege of being the first parish for these days of adoration. Exposition of the Blessed Sacrament will begin following the 7:30 am Mass and will continue until 8 pm, interrupted by the 12:05 and 5:15 pm Masses. Confessions will follow the 5:15 p.m. Mass until all are heard. If you can spend an hour with the Lord, I believe you will be blessed. You can contact Carol at 614-224-1295 or email her at [cathedral@saintjosephcathedral.org](mailto:cathedral@saintjosephcathedral.org) to sign up for a certain hour or come when you can.

For a listing of other parishes, dates and times of adoration, please visit the Diocesan website <https://columbuscatholic.org/40days>













