

### **Guiding Perspective and Principles**

The growing depth and breadth of research, clinical experiences and reported life experiences show us the pervasive impact of the pre- and perinatal period. Conception, life in the womb, birth and bonding, and the early experiences as infant in the family shape our sense of self and our lifelong experiences at all levels of our being—physical, emotional, mental, social, and spiritual. This profoundly formative time provides an exquisite opportunity to help new beings have the most optimal early foundation.

The Prenatal and Perinatal Psychology Program is based on the belief that at any age, when we listen to, come into relationship with, and integrate our early prenatal and infant experience, we have the opportunity to re-constellate the fabric of our being. In this process, we remember more of our integrity, love, dignity and our vision for self and the world and have more freedom to make conscious choices in our lives.

As we become more whole, we can more readily see past the illusions of early constricting perceptions and beliefs and embody more of who we truly are. With this, our relationship with Soul and Spirit, our Higher Self, and the Divine is naturally re-awakened and enlivened.

From this expanded perspective, we can perceive the pre- and perinatal experience as the gateway from the world of spirit that introduced us to our physical world, and profoundly shaped our lives. We can remember that we are aware, conscious eternal beings who have entered human life with purpose and design.

At Santa Barbara Graduate Institute, this holistic, transpersonal view guides our beliefs, perceptions, and experiences as well as clinical practice and teaching. It is within this context that pre- and perinatal studies are explored.

### **Program Objectives**

The educational objectives of the Prenatal and Perinatal Studies Program are to:

- Explore, develop, and implement the principles of synergistic education;
- Prepare students to integrate and utilize the principles and practices of prenatal and perinatal psychology and synergistic perspective as educators, clinicians, researchers and health care professionals;
- Prepare students for leadership in the emerging field of prenatal and perinatal psychology.

## Degree Programs

The Prenatal and Perinatal Studies Program provides graduate degrees in the specialty of pre- and perinatal psychology. Four degrees combine pre- and perinatal study with a strong counseling and therapeutic skills foundation. Two of the degrees, one Master's and one Doctorate, specifically prepare students for clinical licensure in the State of California. The other two degree programs, one Master's and one Doctorate, include all the foundational courses but do not include preparation for licensure in the State of California.

### Degrees

**MA PPN**  
**MA CP PPN**

MA in Prenatal and Perinatal Psychology  
MA in Counseling Psychology with Emphasis in Prenatal and Perinatal Psychology (MFT License eligible)

**Ph.D. PPN**  
**Ph.D. CP PPN**

Ph.D. in Prenatal and Perinatal Psychology  
Ph.D. in Clinical Psychology with Emphasis in Prenatal and Perinatal Psychology (Psychologist License eligible)

The following chart highlights requirements for each degree. More detailed information is found under the specific degree's description.

**Comparison Chart of Degree Programs**

Degree Requirements	MA PPN	MA CP PPN	Ph.D. PPN	Ph.D. CP PPN
Total Units	64	82.5	97	121.5
Years of Full -Time Coursework	two	two	three	three
PPN Project	yes	yes	yes	yes
Licensure Track Coursework		yes		yes
150 Hour Fieldwork	yes		yes	
150 Hour Traineeship		yes		yes
450 Hour Clinical Internship				yes
Personal Therapy	50 hours	50 hours	60 hours	60 hours
Dissertation Research			yes	yes

Students enrolled in non-licensure programs—MA and Ph.D. in Prenatal and Perinatal Psychology—may elect to take any or all of the licensure track classes for an additional fee. Students in the Ph.D. Program in Prenatal and Perinatal Psychology may also elect to take the Professional Practice Courses during the third year for an additional fee.

## **Degree Descriptions and Requirements**

### **Master of Arts in Prenatal and Perinatal Psychology**

#### **Degree Description**

This degree is designed for those who may already be professionals in health care, healing arts, counseling, or education; for those who work with pregnant women, babies or young children; for anyone who wants to incorporate the pre- and perinatal psychology perspective into their lives and work. This two-year program provides a solid foundation in pre- and perinatal theory and application as well as important counseling and therapeutic skills. Students also have the opportunity to develop their own Prenatal and Perinatal Project to implement in their practice or in their community. During the two years of study, students attend classes three three-day weekends per quarter and one six-day session per summer.

#### **Requirements for Graduation**

To be eligible for graduation, the following requirements must be successfully completed:

- 64 quarter units coursework and credits
- 50 hours of personal therapy
- 150 hour fieldwork
- An original Prenatal and Perinatal Project submitted, presented and accepted by SBGI faculty and administration
- Annual competency reviews by self and faculty
- All financial commitments to SBGI, including tuition and fees

#### **Community Fieldwork**

During the second year of study, in conjunction with Clinical Practice coursework, students arrange and complete 150 hours of fieldwork in their home community. Working as trainee volunteers at an approved site, e.g. hospital, social service agency, non-profit organization, or another approved facility, students receive supervision and apply skills and knowledge in direct work with clients.

#### **Pre- and Perinatal Project**

One goal of the Pre- and Perinatal Project is to assist students to effectively develop, initiate, implement and evaluate practical applications of the pre- and perinatal perspective and principles in their lives, their work, and in their communities. We also encourage students to develop a professional area of expertise. The Pre- and Perinatal Project is designed to meet this goal.

Students define their project and it's purpose and goals, design the project, review the pertinent literature and provide a personal experience and perspective synopsis relevant to their project, as well as plan the implementation and method of project evaluation.

Another goal of the Pre- and Perinatal Project is to support students in developing their professional ability to articulate and convey their area of expertise effectively. At the end of the second year students give a professional presentation of their Pre- and Perinatal Project to the educational community.

Degree requirements are subject to change.

**MA in Prenatal and Perinatal Psychology  
Curriculum 2000-2001**

*The following required courses comprise the MA in Prenatal and Perinatal Psychology Program.  
These courses may change.*

**Year One**

PPN 530	Psychology of Group Process	1.0
PPN 550	Introduction to Research	0.5
PPN 551	Professional Writing	0.5
PPN 510	Foundations of Pre- and Perinatal Psychology	2.0
PPN 511	Cosmology of the Authentic Self: A Transpersonal Perspective	2.0
PPN 531	Self Discovery Seminar and Group Process I (a, b, c) (0.5 units each)	1.5
PPN 535	Therapeutic Skills I	2.5
PPN 540	Theories of Personality and Psychotherapy	1.5
PPN 541	Group Process and Psychotherapy	1.5
PPN 542	Introduction to Craniosacral Principles and Perspective	1.0
PPN 536	Therapeutic Skills II	2.5
PPN 512	Pre- and Perinatal Imprints in the Circles of Life	0.5
PPN 515	The Prenatal Experience I	2.0
PPN 537	Therapeutic Skills III	2.5
PPN 543	Theories of Trauma and Shock Affect	2.0
PPN 552	Pre- and Perinatal Project Development	0.5
PPN 516	The Prenatal Experience II	2.0
PPN 553	Critique of Pre- and Perinatal Research	1.5
PPN 620	Pre- and Perinatal Therapeutic Applications: Overview	1.0

**Year Two**

PPN 615	Birth and Bonding I	2.0
PPN 621	Pre- and Perinatal Therapeutic Applications: Transpersonal Psychotherapy	1.0
PPN 622	Pre- and Perinatal Applications: Group Psychotherapy	1.0
PPN 631	Self Discovery Seminar and Group Process II (a, b) (0.5 units each)	1.0
PPN 635	Clinical Practice I	3.0
PPN 616	Birth and Bonding II	2.0
PPN 619	Chemical Use and Dependency: Pre- and Perinatal Implications	0.5
PPN 623	Pre- and Perinatal Therapeutic Applications: Relationship and Couple Therapy	1.5
PPN 636	Clinical Practice II	3.0
PPN 618	Impact and Implications of Medical Interventions	2.0
PPN 625	Pre- and Perinatal Therapeutic Applications: Child Centered Family Therapy	2.0
PPN 637	Clinical Practice III	3.0
PPN 617	Infant in the Family	2.0
PPN 624	Pre- and Perinatal Therapeutic Applications: Infant Centered Family Therapy	2.0
PPN 639	Self Discovery Seminar Integration and Presentation	0.5
PPN 650	Pre- and Perinatal Project Practicum I	3.0
PPN 655	Pre- and Perinatal Project Presentation	1.0
PPN 680	Personal Therapy I	5.0

## **Master of Arts in Counseling Psychology with Emphasis in Prenatal and Perinatal Psychology**

### **Degree Description**

This program is specifically designed to meet the educational requirements for clinical licensure as a Marriage, Family Therapist (MFT) in the State of California. It is designed for the student who wants to specialize in pre- and perinatal psychology while obtaining a more comprehensive counseling psychology education.

This program provides a solid foundation in pre- and perinatal theory and application as well as important counseling and therapeutic skills. Students in this program meet all the requirements for the MA in Prenatal and Perinatal Psychology plus 18.5 units of required MFT clinical licensure coursework. During the two years of study, students attend classes three four-day weekends per quarter and one ten-day session per summer.

### **Requirements for Graduation**

To be eligible for graduation, the following requirements must be successfully completed:

- 82.5 quarter units coursework and credits
- 50 hours of personal therapy
- 150 hour traineeship
- An original Prenatal and Perinatal Project submitted, presented and accepted by SBCI faculty and administration
- Annual competency reviews by self and faculty
- All financial commitments to SBCI, including tuition and fees

### **Community Traineeships**

During the second year of study, in conjunction with Clinical Practice coursework, students arrange and complete 150 hours of supervised clinical traineeship in their home community. Working as trainee volunteers at an approved site, e.g. hospital, social service, non-profit organization, or another approved facility, students receive supervision and apply skills and knowledge in direct work with clients.

### **Pre- and Perinatal Project**

One goal of the Pre- and Perinatal Project is to assist students to effectively develop, initiate, implement and evaluate practical applications of the pre- and perinatal perspective and principles in their lives, their work, and in their communities. We also encourage students to develop a professional area of expertise. The Pre- and Perinatal Project is designed to meet this goal.

Students define their project and its purpose and goals, design the project, review the pertinent literature and provide a personal experience and perspective synopsis relevant to their project, as well as plan the implementation and method of project evaluation.

Another goal of the Pre- and Perinatal Project is to support students in developing their professional ability to articulate and convey their area of expertise effectively. At the end of the second year students give a professional presentation of their Pre- and Perinatal Project to the educational community.

Degree requirements are subject to change.

**MA in Counseling Psychology with Emphasis in Prenatal and Perinatal Psychology  
Curriculum 2000-2001**

*The following required courses comprise the MA in Counseling Psychology with Emphasis in Prenatal and Perinatal Psychology Program. These courses may change.*

**Year One**

PPN 530	Psychology of Group Process	1.0
PPN 550	Introduction to Research	0.5
PPN 551	Professional Writing	0.5
PPN 510	Foundations of Pre- and Perinatal Psychology	2.0
PPN 511	Cosmology of the Authentic Self: A Transpersonal Perspective	2.0
PPN 531	Self Discovery Seminar and Group Process I (a, b, c) (0.5 units each)	1.5
PPN 535	Therapeutic Skills I	2.5
PPN 540	Theories of Personality and Psychotherapy	1.5
PPN 541	Group Process and Psychotherapy	1.5
PPN 542	Introduction to Craniosacral Principles and Perspective	1.0
PPN 536	Therapeutic Skills II	2.5
PPN 512	Pre- and Perinatal Imprints in the Circles of Life	0.5
PPN 515	The Prenatal Experience I	2.0
PPN 537	Therapeutic Skills III	2.5
PPN 543	Theories of Trauma and Shock Affect	2.0
PPN 552	Pre- and Perinatal Project Development	0.5
PPN 516	The Prenatal Experience II	2.0
PPN 553	Critique of Pre- and Perinatal Research	1.5
PPN 620	Pre- and Perinatal Therapeutic Applications: Overview	1.0
PPN 690	Cultural and Ethnic Issues in Psychotherapy	1.5
PPN 691	Psychopathology and Psychodiagnosis I	2.0
PPN 692	Psychopathology and Psychodiagnosis II	2.0
PPN 693	Legal and Ethical Issues in Professional Practice	3.0

**Year Two**

PPN 615	Birth and Bonding I	2.0
PPN 621	Pre- and Perinatal Therapeutic Applications: Transpersonal Psychotherapy	1.0
PPN 622	Pre- and Perinatal Applications: Group Psychotherapy	1.0
PPN 631	Self Discovery Seminar and Group Process II (a, b) (0.5 units each)	1.0
PPN 635	Clinical Practice I	3.0
PPN 616	Birth and Bonding II	2.0
PPN 619	Chemical Use and Dependency: Pre- and Perinatal Implications	0.5
PPN 623	Pre- and Perinatal Therapeutic Applications: Relationship and Couple Therapy	1.5
PPN 636	Clinical Practice II	3.0
PPN 618	Impact and Implications of Medical Interventions	2.0
PPN 625	Pre- and Perinatal Therapeutic Applications: Child Centered Family Therapy	2.0
PPN 637	Clinical Practice III	3.0
PPN 617	Infant in the Family	2.0
PPN 624	Pre- and Perinatal Therapeutic Applications: Infant Centered Family Therapy	2.0
PPN 639	Self Discovery Seminar Integration and Presentation	0.5
PPN 650	Pre- and Perinatal Project Practicum I	3.0
PPN 655	Pre- and Perinatal Project Presentation	1.0
PPN 680	Personal Therapy I	5.0
PPN 694	Relationship Abuse	2.0
PPN 695	Prevention and Treatment of Chemical Dependency	1.0
PPN 696	Human Sexuality	1.0
PPN 697	Psychological Assessment	3.0
PPN 698	Psychopharmacology	3.0

## **Ph.D. in Prenatal and Perinatal Psychology**

### **Degree Description**

This program is designed for practitioners who may already have a clinical background and want to specialize in pre- and perinatal psychology. It is also designed for other professionals, such as health care professionals and educators. In this program, students not only receive solid pre- and perinatal foundational theory and therapeutic applications, but go further to develop research skills and execute their own original research in pre- and perinatal psychology.

During the first two years of study, students attend classes three three-day weekends per quarter and one six-day session per summer. During the third year of study, students attend classes three two-day weekends per quarter and one three-day summer session. Students may apply for the doctorate program directly from a Bachelor's or Master's Degree. Upon successful completion of the first two years, including the annual competency review process, students will be accepted for doctoral study and research.

### **Requirements for Graduation**

To be eligible for graduation, the following requirements must be successfully completed:

- 97 quarter units coursework and credits
- 60 hours of personal therapy
- 150 hour fieldwork
- An original Prenatal and Perinatal Project submitted, presented and accepted by the SBGI faculty and administration
- An original research dissertation submitted and accepted by SBGI faculty committee and administration
- Oral defense of dissertation
- Annual competency reviews by self and faculty
- All financial commitments to SBGI, including tuition and fees

### **Community Fieldwork**

During the second year of study, in conjunction with Clinical Practice coursework, students arrange and complete 150 hours of fieldwork in their home community. Working as trainee volunteers at an approved site, e.g. hospital, social service agency, non-profit organization, or another approved facility, students receive supervision and apply skills and knowledge in direct work with clients.

### **Pre- and Perinatal Project**

One goal of the Pre- and Perinatal Project is to assist students to effectively develop, initiate, implement and evaluate practical applications of the pre- and perinatal perspective and principles in their lives, their work, and in their communities. We also encourage students to develop a professional area of expertise. The Pre- and Perinatal Project is designed to meet this goal.

Students define their project and its purpose and goals, design the project, review the pertinent literature and provide a personal experience and perspective synopsis relevant to their project, as well as plan the implementation and method of project evaluation.

Another goal of the Pre- and Perinatal Project is to support students in developing their professional ability to articulate and convey their area of expertise effectively. At the end of the second year students give a professional presentation of their Pre- and Perinatal Project to the educational community.

### **Doctoral Dissertation**

In order to be eligible to enroll in dissertation writing, students must successfully complete all required coursework for the doctoral degree and be a student in good standing as well as successfully complete the annual competency evaluation.

Students are then invited to enroll in the dissertation writing course. This is a full year's course. During this fourth year, students complete their proposals, select and have their committee approved by administration, carry out their research and complete their dissertation. Upon final approval of the dissertation by the committee and administration, students complete their Ph.D. requirements by oral

defense of their research. If the process is not completed within the fourth year, students must enroll in the fifth year's dissertation writing course as they complete their dissertation.

Degree requirements are subject to change.

**Ph.D. in Prenatal and Perinatal Psychology  
Curriculum 2000-2001**

*The following required courses comprise the Ph.D. in Prenatal and Perinatal Psychology Program. These courses may change.*

**Year One**

PPN 530	Psychology of Group Process	1.0
PPN 550	Introduction to Research	0.5
PPN 551	Professional Writing	0.5
PPN 510	Foundations of Pre- and Perinatal Psychology	2.0
PPN 511	Cosmology of the Authentic Self: A Transpersonal Perspective	2.0
PPN 531	Self Discovery Seminar and Group Process I (a, b, c) (0.5 units each)	1.5
PPN 535	Therapeutic Skills I	2.5
PPN 540	Theories of Personality and Psychotherapy	1.5
PPN 541	Group Process and Psychotherapy	1.5
PPN 542	Introduction to Craniosacral Principles and Perspective	1.0
PPN 536	Therapeutic Skills II	2.5
PPN 512	Pre- and Perinatal Imprints in the Circles of Life	0.5
PPN 515	The Prenatal Experience I	2.0
PPN 543	Theories of Trauma and Shock Affect	2.0
PPN 537	Therapeutic Skills III	2.5
PPN 552	Pre- and Perinatal Project Development	0.5
PPN 516	The Prenatal Experience II	2.0
PPN 553	Critique of Pre- and Perinatal Research	1.5
PPN 620	Pre- and Perinatal Therapeutic Applications: Overview	1.0

**Year Two**

PPN 615	Birth and Bonding I	2.0
PPN 621	Pre- and Perinatal Therapeutic Applications: Transpersonal Psychotherapy	1.0
PPN 622	Pre- and Perinatal Applications: Group Psychotherapy	1.0
PPN 631	Self Discovery Seminar and Group Process II (a, b) (0.5 units each)	1.0
PPN 635	Clinical Practice I	3.0
PPN 616	Birth and Bonding II	2.0
PPN 619	Chemical Use and Dependency: Pre- and Perinatal Implications	0.5
PPN 623	Pre- and Perinatal Therapeutic Applications: Relationship and Couple Therapy	1.5
PPN 636	Clinical Practice II	3.0
PPN 618	Impact and Implications of Medical Interventions	2.0
PPN 625	Pre- and Perinatal Therapeutic Applications: Child Centered Family Therapy	2.0
PPN 637	Clinical Practice III	3.0
PPN 617	Infant in the Family	2.0
PPN 624	Pre- and Perinatal Therapeutic Applications: Infant Centered Family Therapy	2.0
PPN 639	Self Discovery Seminar Integration and Presentation	0.5
PPN 650	Pre- and Perinatal Project Practicum I	3.0
PPN 655	Pre- and Perinatal Project Presentation	1.0
PPN 680	Personal Therapy I	5.0



**Year Three**

PPN 750	Research Methodology and Design: Quantitative	2.0
PPN 755	Dissertation Development (a, b, c) (0.5 units each)	1.5
PPN 715	Advanced Topics in Pre- and Perinatal Psychology I	2.0
PPN 731	Self Discovery Seminar and Group Process III (a, b, c) (0.5 units each)	1.5
PPN 751	Research Methodology and Design: Qualitative	2.0
PPN 740	Biological Origins of Body-Mind-Spirit Health	2.0
PPN 752	Research Methodology and Design: Statistics	2.0
PPN 741	Neuroscience: Vital Keys to Well-Being	2.0
PPN 739	Integrative Seminar and Presentations	2.0
PPN 780	Personal Therapy II	1.0

**Year Four**

PPN 850	Dissertation Writing I	15.0
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## **Ph.D. in Clinical Psychology with Emphasis in Prenatal and Perinatal Psychology**

### **Degree Description**

This degree program is specifically designed to meet the educational requirements for the psychologist license in the State of California. In this program, students not only receive solid pre- and perinatal foundational theory and therapeutic applications, but go further to develop research skills and execute their own original research in pre- and perinatal psychology.

Students in this program meet all requirements for the Ph.D. in Prenatal and Perinatal Psychology plus 18.5 units of required clinical licensure coursework, six units of Professional Practice coursework in the third year and clinical internship.

During the first two years of study, students attend classes three four-day weekends per quarter and one ten-day session per summer. During the third year of study, students attend three three-day weekends per quarter and one three-day summer session.

### **Requirements for Graduation**

To be eligible for graduation, the following requirements must be successfully completed:

- 121.5 quarter units coursework and credits
- 60 hours of personal therapy
- 150 hour traineeship
- 450 hour internship
- An original Prenatal and Perinatal Project submitted, presented and accepted by the SBGI faculty and administration
- An original research dissertation submitted and accepted by SBGI faculty committee and administration
- Oral defense of dissertation
- Annual competency reviews by self and faculty
- All financial commitments to SBGI, including tuition and fees

### **Community Traineeship**

During the second year of study, in conjunction with Clinical Practice coursework, students arrange and complete 150 hours of supervised clinical traineeship in their home community. Working as trainee volunteers at an approved site, e.g. hospital, social service, non-profit organization, or another approved facility, students receive supervision and apply skills and knowledge in direct work with clients.

### **Pre- and Perinatal Project**

One goal of the Pre- and Perinatal Project is to assist students to effectively develop, initiate, implement and evaluate practical applications of the pre- and perinatal perspective and principles in their lives, their work, and in their communities. We also encourage students to develop a professional area of expertise. The Pre- and Perinatal Project is designed to meet this goal.

Students define their project and its purpose and goals, design the project, review the pertinent literature and provide a personal experience and perspective synopsis relevant to their project, as well as plan the implementation and method of project evaluation.

Another goal of the Pre- and Perinatal Project is to support students in developing their professional ability to articulate and convey their area of expertise effectively. At the end of the second year students give a professional presentation of their Pre- and Perinatal Project to the educational community.

### **Clinical Internship**

During the third year of study, in conjunction with Professional Practice Coursework, students arrange and complete 450 hours of a supervised clinical internship in their home community. Working as intern volunteers at an approved site, e.g. hospital, social service, non-profit organization, or another approved facility, students apply skills and knowledge in direct work with clients and develop their area of expertise. Sites with a multidisciplinary and multicultural orientation are highly encouraged.

### Doctoral Dissertation

In order to be eligible to enroll in dissertation writing, students must successfully complete all required coursework for the doctoral degree and be a student in good standing as well as successfully complete the annual competency evaluation.

Students are then invited to enroll in the dissertation writing course. This is a full year's course. During this fourth year, students complete their proposals, select and have their committee approved by administration, carry out their research and complete their dissertation. Upon final approval of the dissertation by the committee and administration, students complete their Ph.D. requirements by oral defense of their research. If the process is not completed within the fourth year, students must enroll in the fifth year's dissertation writing course as they complete their dissertation.

Degree requirements are subject to change.

### Ph.D. in Clinical Psychology with Emphasis in Prenatal and Perinatal Psychology Curriculum 2000-2001

*The following required courses comprise the Ph.D. in Clinical Psychology with Emphasis in Prenatal and Perinatal Psychology Program. These courses may change.*

#### Year One

PPN 530	Psychology of Group Process	1.0
PPN 550	Introduction to Research	0.5
PPN 551	Professional Writing	0.5
PPN 510	Foundations of Pre- and Perinatal Psychology	2.0
PPN 511	Cosmology of the Authentic Self: A Transpersonal Perspective	2.0
PPN 531	Self Discovery Seminar and Group Process I (a, b, c) (0.5 units each)	1.5
PPN 535	Therapeutic Skills I	2.5
PPN 540	Theories of Personality and Psychotherapy	1.5
PPN 541	Group Process and Psychotherapy	1.5
PPN 542	Introduction to Craniosacral Principles and Perspective	1.0
PPN 536	Therapeutic Skills II	2.5
PPN 512	Pre- and Perinatal Imprints in the Circles of Life	0.5
PPN 515	The Prenatal Experience I	2.0
PPN 543	Theories of Trauma and Shock Affect	2.0
PPN 537	Therapeutic Skills III	2.5
PPN 552	Pre- and Perinatal Project Development	0.5
PPN 516	The Prenatal Experience II	2.0
PPN 553	Critique of Pre- and Perinatal Research	1.5
PPN 620	Pre- and Perinatal Therapeutic Applications: Overview	1.0
PPN 690	Cultural and Ethnic Issues in Psychotherapy	1.5
PPN 691	Psychopathology and Psychodiagnosis I	2.0
PPN 692	Psychopathology and Psychodiagnosis II	2.0
PPN 693	Legal and Ethical Issues in Professional Practice	3.0

#### Year Two

PPN 615	Birth and Bonding I	2.0
PPN 621	Pre- and Perinatal Therapeutic Applications: Transpersonal Psychotherapy	1.0
PPN 622	Pre- and Perinatal Applications: Group Psychotherapy	1.0
PPN 631	Self Discovery Seminar and Group Process II (a, b) (0.5 units each)	1.0
PPN 635	Clinical Practice I	3.0

PPN 616	Birth and Bonding II	2.0
PPN 619	Chemical Use and Dependency: Pre- and Perinatal Implications	0.5
PPN 623	Pre- and Perinatal Therapeutic Applications: Relationship and Couple Therapy	1.5
PPN 636	Clinical Practice II	3.0
PPN 618	Impact and Implications of Medical Interventions	2.0
PPN 625	Pre- and Perinatal Therapeutic Applications: Child Centered Family Therapy	2.0
PPN 637	Clinical Practice III	3.0
PPN 617	Infant in the Family	2.0
PPN 624	Pre- and Perinatal Therapeutic Applications: Infant Centered Family Therapy	2.0
PPN 639	Self Discovery Seminar Integration and Presentation	0.5
PPN 650	Pre- and Perinatal Project Practicum I	3.0
PPN 655	Pre- and Perinatal Project Presentation	1.0
PPN 680	Personal Therapy I	5.0
PPN 694	Relationship Abuse	2.0
PPN 695	Prevention and Treatment of Chemical Dependency	1.0
PPN 696	Human Sexuality	1.0
PPN 697	Psychological Assessment	3.0
PPN 698	Psychopharmacology	3.0

**Year Three**

PPN 750	Research Methodology and Design: Quantitative	2.0
PPN 755	Dissertation Development (a, b, c) (0.5 units each)	1.5
PPN 715	Advanced Topics in Pre- and Perinatal Psychology I	2.0
PPN 731	Self Discovery Seminar and Group Process III (a, b, c) (0.5 units each)	1.5
PPN 735	Professional Practice in Pre- and Perinatal Psychology I	2.0
PPN 751	Research Methodology and Design: Qualitative	2.0
PPN 740	Biological Origins of Body-Mind-Spirit Health	2.0
PPN 736	Professional Practice in Pre- and Perinatal Psychology II	2.0
PPN 752	Research Methodology and Design: Statistics	2.0
PPN 741	Neuroscience: Vital Keys to Well-Being	2.0
PPN 737	Professional Practice in Pre- and Perinatal Psychology III	2.0
PPN 739	Integrative Seminar and Presentations	2.0
PPN 780	Personal Therapy II	1.0

**Year Four**

PPN 850	Dissertation Writing I	15.0
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