

Hawaii Marine

Vol. 15, No. 45 Serving MCAS Kaneohe Bay, 1st MAB, Camp H.M. Smith and Marine Barracks, Hawaii November 13, 1986

Marines carry tradition into 212th year

"As we look upon the Marine Corps color with its many battle streamers, it should remind us that we belong to the finest fighting organization in the world..."
Gen. P.X. Kelley, Commandant of the Marine Corps.

Air Station and 1st MAB Marines celebrated the Corps' 211th birthday with a colorful pageant at Pop Warner Field on Monday. Under cloudy skies, hundreds of Marines, sailors and their families attended the pageant, which began with a parade of the Station and Brigade colors. Marines then marched on the field wearing various uniforms

commemorating eras past in Marine Corps history. The pageant was highlighted by the traditional cake-cutting ceremony. Master Gunnery Sergeant Hal E. Wilhite, Special Services operations and logistics chief, was the oldest enlisted Marine. Wilhite was born Feb. 15, 1937, and enlisted in 1954.

The youngest Marine, LCpl. James E. Survance, of Lemoore, Calif., was born on Oct. 6, 1968. Survance enlisted in the Marine Corps on Oct. 23, 1985, and is assigned to H&S Co., 2/3. Brigadier General G.L. Cates, commanding general 1st MAB, concluded the ceremony with the following remarks:

"From the beginning in 1775, when Marines wore the uniform of minutemen, through both World Wars' battle dress uniforms, to the current camouflage utilities, Marines have distinguished themselves as one of the world's elite fighting forces because of their honor and bravery rather than the uniform they wear."



Brigadier General G. L. Cates, commanding general, 1st MAB, prepares to address Marines, sailors, and their family members.



Pageant participants march in uniforms from the first 100 years of the Marine Corps.

Mar. 31 deadline

VEAP enrollment reopened

Washington D.C. — The Veteran's Educational Assistance Program (VEAP) has been reinstated for six months in response to numerous requests. Effective immediately, VEAP enrollment is open to active duty military personnel with a pay entry base date between January 1, 1977 and June 30, 1985, who previously missed the June 30, 1985, deadline for initial enrollment.

The new deadline for VEAP enrollment is March 31, 1987. After this date, new enrollments will not be allowed. Eligible personnel who do not enroll by the new March deadline will be ineligible for any other legislated educational benefit program.

Marines may enroll in VEAP through their local administrative or disbursing offices by making a monthly allotment of \$25 to \$100 (in increments of \$5) or by depositing a lump sum. The maximum contribution remains \$2,700, which provides the service member with \$8,100 toward advanced education.

"Once again, everyone in the Marine Corps has the opportunity for further education," said Maj. A. J. Pingree, education coordinator for the Marine Corps. "This legislation is evidence that the government and the Marine Corps are listening and working toward improving service members' benefits."



DoD employees to undergo drug testing

AFPS — A large number of Department of Defense civilians will be subject to drug testing under the "drug-free workplace" provisions of President Ronald Reagan's anti-drug executive order, signed Sept. 15. The executive order says agency heads must test employees in sensitive positions, based on the agency's mission, the employees' duties and the potential consequences of employee drug use to public health and safety or to national security. All presidential appointees are to be tested.

It may take some time to determine where to draw the line as to which duties and missions are "sensitive." For example, two-thirds of the civilian employees with the Department of the Navy (including the Marine Corps) are cleared for information of at least the confidential level, meaning that all 51,000 of these "cleared" employees could be tested. Plans the Air Force submitted before the executive order designated 7,000 civilian employees for testing. But under the executive order, how many employees will be

tested, as well as the frequency of those tests, will be up to agency heads. The constitutionality of drug tests for civilians has been questioned. Said Chapman B. Cox, assistant secretary of defense for force management and personnel, "A person does not have a right to be a policeman and use drugs...I don't have a constitutional right to be assistant secretary of defense." Agencies are not expected to receive extra funds specifically for drug testing and may therefore have to use funds earmarked for other

purposes to set up a testing program. Civilians will be tested without direct observation unless the agency has good reason to believe that a particular individual may alter or substitute the specimen. Testing for personnel in non-sensitive jobs will be voluntary. The Department of Army, which formulated its testing rules before the executive order was signed, will test some 10,000 or 12,000 of its 412,000 employees: those with security clearance required to work with nuclear or chemical materials, security guards, those in aviation and those involved in any way with the drug program itself.

Recruits tested for AIDS virus

AFIS — Approximately 1.5 million recruit applicants per 1,000 tested positive for HTLV-III, a virus that can infect and destroy the body's immune system and which causes AIDS, according to Department of Defense statistics compiled from Oct. 15, 1985, to June 20, 1986. The rate is roughly comparable to the prevalence rate found in active duty personnel tested before being posted overseas — one to two cases per 1,000. In the United States population of 237 mil-

lion people, the Centers for Disease Control in Atlanta estimates that between 1 and 1.5 million are HTLV-III positive. Defense officials emphasized that a positive test does not mean the person will come down with the disease. However, persons who test positive for the AIDS antibody are not allowed to enter the service. Of the 466,629 applicants tested, 698 tested positive — 649 males and 49 females. By age, the results broke

down as follows: 17- to 20-year-olds had an antibody prevalence rate of 0.5 per 1,000; 21- to 25-year-olds, 2.4 per 1,000 and those age 26 and older, 4.2 per 1,000. Regional prevalence rates also varied. The U.S. territories, Middle Atlantic and South Atlantic state regions have the highest prevalence of antibody-positive applicants, while the New England, West and North Central state regions have the lowest prevalence. By Evelyn D. Harris

Inside

At a Glance	A-6/A-7
Salutes	A-8
Religious Services	A-10
Sport Shorts	B-3
What's Cooking	B-3
Ticket Info	B-3
Special Services	B-4
Island Happenings	B-4
Runner's Forum	B-5
Family Service Center	B-6
Hawaii Marine ads	B-6

Continued A-3

Drug scoreboard

Over 10,000 convictions so far . . .

AFPS — By now, every American has heard that the president of the United States has declared a national crusade against drugs.

In their nationally televised speech, President and Mrs. Ronald Reagan said they were speaking "not simply as fellow citizens, but as fellow parents and grandparents and as concerned neighbors." They asked for support in a fight against the drugs that are "menacing our society...threatening our values" and "killing our children."

President Reagan noted a number of successes in anti-drug efforts — convictions of more than 10,000 drug criminals last year, a drop in the number of high school seniors using marijuana daily from one in 14 to one in 20, and a 67 percent cut in drug use by military personnel.

"But we still have much to do," he added, citing the "crack" epidemic and the estimated \$60 billion that drug abuse costs our nation every year.

Mrs. Reagan, who has traveled more than 100,000 miles during the past five years in her fight against school-age drug abuse, said she was especially concerned about the effects of drugs on young mother and their children.

"Our job is never easy," she

said, "because drug criminals are ingenious. They work every day to plot a new and better way to steal our children's lives — just as they have done by developing this new drug, crack. For every door we close, they open a new door to death. They prosper on our unwillingness to act...It's up to us to change attitudes and just simply dry up their markets."

She said to young people, "There's a big wonderful world out there for you...Don't cheat yourself out of this promise...Say 'yes' to your life. And when it comes to drugs and alcohol: Just say 'no.'"

Ten thousand "Just Say No" clubs have sprung up around the country since Mrs. Reagan introduced the idea two years ago.

"Let us not forget that in America people solve problems and no national crusade has ever succeeded without human investment," said the president. He asked Americans to "swing into action" just as they had during World War II, when everyone from members of the armed forces to children collecting cans and planting victory gardens played a role in winning the war.

Reagan said all Americans owe it to those who have given their lives in battle to protect our freedom not to allow the drug epidemic to destroy our dreams.

Military banking facilities to change in Japan

The Bank of Fort Sam Houston, San Antonio, Tx., will assume control of military banking facilities on Jan. 1, 1987 on all U.S. bases in Japan, including Okinawa.

They will provide full banking/financial services as did the American Express and Chase. The change over of Marines direct deposit (EFT) accounts and ("S") allotments between those banking institutions will be accomplished as follows:

Changes in designated

financial institutions and account numbers of direct deposit participants will be made by the Marine Corps Finance Center, Kansas City, Mo., in coordination with the Bank of Sam Houston, American Express, and Chase. No action will be required by commanders, disbursing officers, or Marines to change existing accounts, as of Jan. 1, from the old financial institution to the new.

Savings ("S") allotments in effect on Jan. 1 to an

American Express or Chase banking facility in mainland Japan or Okinawa will also be "converted" by the Finance Center in Kansas City.

Direct deposit enrollment forms (SFF-1199) prepared for American Express or Chase banking facilities in mainland Japan or Okinawa will not be accepted by disbursing officers, after the December up-dating of members pay records (Update and Extract is usually done on the 5th and 20th

of the month). Marines must wait until Jan. 1, or after, and have direct deposit forms prepared for the Bank of Fort Sam Houston.

New accounts cannot be started and converted in the December end-of-month U&E conversion process. "S" allotments made payable to American Express or Chase banking facilities in mainland Japan and Okinawa can't be reported after Dec. 15, because they cannot be started or converted in the December end-of-month U&E.

DoD's role in the war on drugs

AFPS — The Department of Defense has a role in all six parts of the national crusade against drugs declared recently by President Ronald Reagan. The six goals: a drug-free workplace, drug-free schools, expanded public awareness through education, treatment for drug abusers, expanded international cooperation and strengthened law enforcement.

But the DoD role in law enforcement will never involve military personnel arresting civilians and will not be allowed to interfere with the military's "primary mission, which is readiness to defend the U.S. security against foreign military threats," said Assistant Secretary of Defense (Force Management and Personnel) Chapman B. Cox.

About the drug-free workplace initiatives, Cox said, "The Department of Defense is proud that we were the first to come on board in this

area." He cited the 67 percent decrease in drug use since 1980, when data on U.S. military drug use was first collected. He also noted that the president's program in this area was based on one that DoD had already started to develop. "Basically, it announces that persons who use illegal drugs are not suitable for federal employment," said Cox.

Drug-free schools are a second part of the crusade. Here, Department of Defense Dependents Schools, the 10th largest school system in the country, will play an important role.

The third part of the crusade involves general education on the dangers of drugs. DoD has long been active in this area, emphasizing the detrimental effects of drug usage on readiness in military training, and reinforcing the message through films, pamphlets and posters. Under the current initiative, drug education efforts

will be expanded in family service centers and family orientation programs.

As for the treatment and rehabilitation parts of the initiative, the military already has them in place, but may need to expand them to care for a possible increase in the rate of dependents who ask for help. Civilians with drug problems uncovered under the testing mandated by the executive order may also be treated.

While the military's role will expand in points five and six of the initiative — international cooperation and law enforcement — the extent of that mission is still to be determined.

The U.S. military has already begun working with other nations to cut drugs off at their source. DoD provides equipment, support, intelligence and some manpower to foreign countries — at their request — to assist those countries' local law enforce-

ment efforts against drug trafficking.

On the law enforcement side, the president's drug initiatives call for the DoD to do more of the kind of work it has been doing — providing surveillance and intelligence, giving advice and training to police officers and law enforcement officials, and performing training missions that can be used in the interdiction effort.

The president's plan also calls for DoD to acquire more than \$250 million in defense equipment to loan to law enforcement agencies — equipment that would be returned to DoD use in the event of war. Not counting the cost of such loaned equipment, DoD spending to assist in drug interdiction has grown from \$5 million in 1982 to \$40 million in 1986 for operational resources. Operational spending for drug interdiction is expected to be around \$100 million in fiscal 1987.

By Evelyn D. Harris

'Crack' — not for Marines

Washington, D.C. — "We must redouble those efforts to make sure that each and every Marine and family member is acutely aware of the dangers and consequences associated with illegal drug use," said General P.X. Kelley, Commandant of the Marine Corps.

The Commandant, concerned about the recent popularity of a form of cocaine called "crack," addressed his concern in ALMAR 226-86.

"As we continue to wage our 'war on drugs,' a new threat is emerging. Cocaine

use is on the increase. Reports of heart attack associated with cocaine use in people under the age of 40, generally with no history of previous heart disease, are growing," said the Commandant.

"Cocaine can affect the central nervous system causing seizures, respiratory failure and death. Death may also be caused by rapid increase in blood pressure, resulting in cerebral hemorrhage," Gen. Kelley said. The increasing availabil-

ity of "crack/rock," an extremely addictive form of crystallized freebase cocaine, causes great concern. Its ease of administration, its powerful and sudden rush and high, the user's immediate and intense craving for more, and its relatively low cost make the drug a deadly serious problem, particularly among young people.

"The latest worldwide survey of alcohol and nonmedical drug use showed that our efforts to reduce illegal drug use continue to produce

results," CMC said. Drug use (past 30 days) by Marines has declined 73 percent since 1980, from 37 percent to 9.9 percent. This improvement is directly attributable to the commitment of all Marines to create a drug free environment.

"The far reaching effects of illegal drug use make it the concern of every Marine and family member. The Marine Corps must be drug free if we are to accomplish our mission," concluded the Commandant.

Honolulu Police seeking recruits

The Honolulu Police Department is looking for men and women interested in police careers.

A recruitment drive for new officers is going on now and will run through Nov. 26. Applicants may pick up application forms at the City's Civil Service Office in City Hall, at all Police Stations and Satellite City

Halls. Completed forms must be returned to the Civil Service by Nov. 26.

Applicants who pass the initial screening process will be given a written test on Jan. 10. Medical examinations, physical condition tests and background checks will follow for those who pass the written test.

Applicants must be U.S. citizens; national or permanent resident aliens; residents of Hawaii; 20 years old on or before June 30, 1987; have a high school diploma or GED certificate; have a valid Hawaii driver's license; and be legally eligible to carry firearms.

Police recruits earn \$1,656 a month during a one-year

probationary period. They are eligible for promotion to police officer rank, paying \$1,855 a month, after one year of satisfactory service.

The Police Department now has 1,610 sworn officers, and is looking for 101 new officers to bring it up to its authorized strength.

For more information, call 523-4301.

Courts-Martial Report

SSgt. Herbert H. Volk Jr., was convicted during a Special Court-Martial on Oct. 8 of wrongfully using marijuana. He was sentenced to reduction to private, and a bad-conduct discharge.

LCpl. Jerry D. Farley, H&S Co., H&S Bn., Camp Smith, on Oct. 15,

was convicted at trial by Special Court-Martial of Wrongful use of cocaine. He was sentenced to 15 days confinement to be followed by hard labor for 75 days, forfeiture of \$100 per month for six months, and reduction to private first class.

PFC Andrew J. Blood, HMH-

463, MAG-24, was convicted during a Special Court-Martial on Oct. 6 of four violations of unauthorized absence. He was sentenced to reduction to private forfeiture of \$426 per month for three months, and confinement for three months.

PFC Michael W. Thompson,

HMM-262, MAG-24, was convicted during a Special Court-Martial on Oct. 10 of unauthorized absence, of eight violations of wrongful appropriation of U.S. currency; and dishonorably failing to pay a debt. He was sentenced to be confined at hard labor for four months.

Supersitters Course Begins

The family Service Center is holding a nine-hour babysitting course after school on Mondays and Wednesdays starting Monday. The three-week course is open to youths 11 to 15. Participants will earn a certificate from FSC

and a babysitting certification card from the American Red Cross.

Class will meet from 3 to 4:30 p.m. on Nov. 17, 19, 24, and 26, and Dec. 1 and 3. All classes must be attended to receive certification. Course includes how to act in an emergency and prevent accidents; play for children of different ages; safe toys and

games; diaper and dress infant; feed babies and prepare simple food for children. Enrollment is limited to 16.

Reservations are required. Call 257-2128/3168.

Holiday food basket drive

The SNCO Wives Club

need the help of Air Station families to launch its holiday Food Basket Drive for needy Station families for Thanksgiving and Christmas.

For more information, call the Armed Services YMCA-Outreach at 254-4719/254-4965.



Hawaii Marine

The Hawaii Marine is an unofficial newspaper published every Thursday by RFD Publications, Inc., 45-525 Luluku Rd., Kaneohe, HI 96744, a private firm in no way connected with the Department of the Navy or the United States Marine Corps. All advertising is provided by RFD Publications, Inc., by calling 235-5881 or by visiting their office. Circulation is 8,000.

The Hawaii Marine welcomes stories and photo submissions from its readers. If you have a story idea, would like coverage for your unit or would like to write an article/take a photo, please call the Press Chief at 257-2178/9. Point of contact for Camp H.M. Smith is MSgt. Steiner at 477-5052. Opinions expressed by the publisher and journalists are their own, and are not to be considered an official expression of the Department of Navy or the United States Marine Corps.

Items advertised in the Hawaii Marine must be made available for purchase, use, or patronage to everyone without regard to race, creed, color, national origin, religion, age or sex of the purchasers, user or patron. The appearance of all advertisements in the Hawaii Marine, to include inserts and/or flyers, does not constitute endorsement of the firms, products or services by the Department of Defense, the Department of the Navy or the United States Marine Corps.

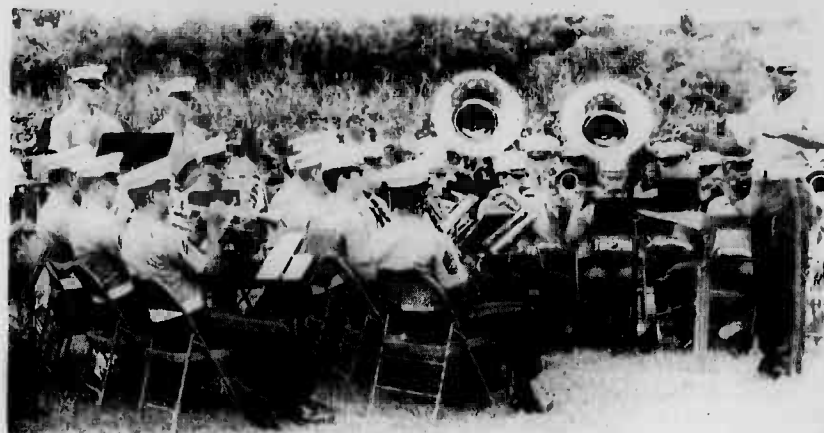
Commanding Officer Col. Robert P. Rogers
Public Affairs Officer Maj. Stanton R. Gould
Public Affairs Chief MGySgt. George E. Hajar
Press Chief SSgt. Virginia Bueno
Editorial staff SSgt. David A. Smith
Sgt. Joe P. Jascur

From oldest to youngest, Corps' family celebrates

From A-1



Pageant Marines parade the colors of Station and 1st MAB units during the pageant.



The FMFPac Band performs during the birthday pageant.



Master Gunnery Sergeant H. E. Wilhite, the oldest enlisted Marine on the Air Station, accepts his cake from BGen. G. L. Cates, commanding general, 1st MAB.



Lance Corporal James Survance, H&S Co., 2/3, the youngest enlisted Marine on the Air Station, eats his piece of birthday cake.



"Sergeant Major" Kirt Samson, three-year-old son of Capt. Russell Samson, H&S Co., 2/3 clings to his mother Jean's skirt at the birthday pageant.



Marines wearing historical uniforms stand on line during the 211th Marine Corps birthday pageant on the Air Station.

Civilians to be tested for drugs

From A-1

datory drug testing program, employees must be given 60 days notice and an opportunity to submit documentation to support legitimate

medical use of drugs. Procedures must be in place to protect the confidentiality of test results and medical records.

Employees using illegal drugs will be subject to disciplinary actions ranging from reprimand to suspension unless they voluntarily seek assistance.

By Evelyn D. Harris

Ethan Allen®

experience the difference

DINING ROOM SALE!

at Interiors Plus

NOVEMBER 14-NOVEMBER 22

COME experience the Ethan Allen difference during our special Dining Room Sale. You'll find quality and honest savings on your favorite dining room pieces. Enjoy dining with the illustrated Georgian Court Cherry dining room, each piece a suburb example of classic 18th century styling.

OR feel right at home where past meets present in Ethan Allen's tribute to our rich American legacy. Country... to express the appealing mood of "Welcome" in city or suburb.

DINE in delightful informality or a more formal mood — as you like it! Choose from a splendid, timeless array of dining room furniture. Many beautiful pieces now available — All Ethan Allen styles may be special ordered.

SAVE UP TO 40% OFF



Ethan Allen Gallery



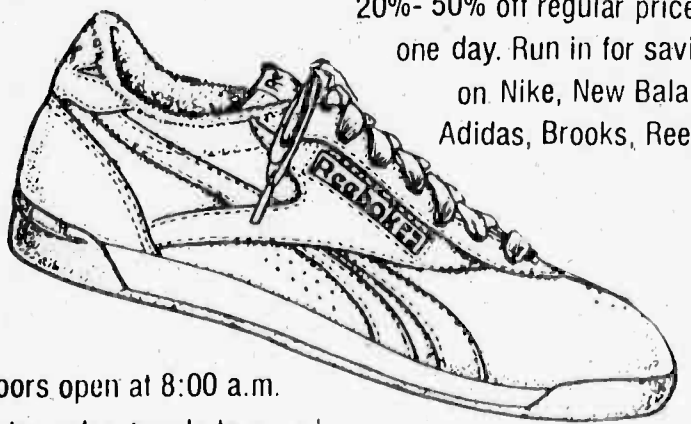
NAVY exchange PEARL HARBOR

The advertisement was not paid for by the Navy Exchange nor does it constitute endorsement of products or services.

HOME LAYAWAY AVAILABLE

ONE DAY ONLY Saturday, Nov. 15 SHOE SALE 20%-50% OFF

Every running, racket and sport shoe in stock is 20%- 50% off regular price for one day. Run in for savings on Nike, New Balance, Adidas, Brooks, Reebok,



Doors open at 8:00 a.m. Extra sales people to speed your shopping. We honor Visa, Mastercard, American Express.

HONSPORT Division of OSHMAN'S

Pearlridge I 487-1517

Windward Mall 247-8733

Kailua 261-9751



A Search and Rescue swimmer from SOMS enters the water to help pilots and crewmen from HMM-364 with their water survival training.



Pilots and crewmen from HMM-364 enter the water from a SOMS rescue boat.

HMM-364 conducts water survival training

Story and photos by Sgt. Stephen Frank

Pilots and crewmembers from Marine Medium Helicopter Squadron-364 recently conducted water survival training in Kaneohe Bay to refamiliarize themselves on what to do if their helicopter should go down in water.

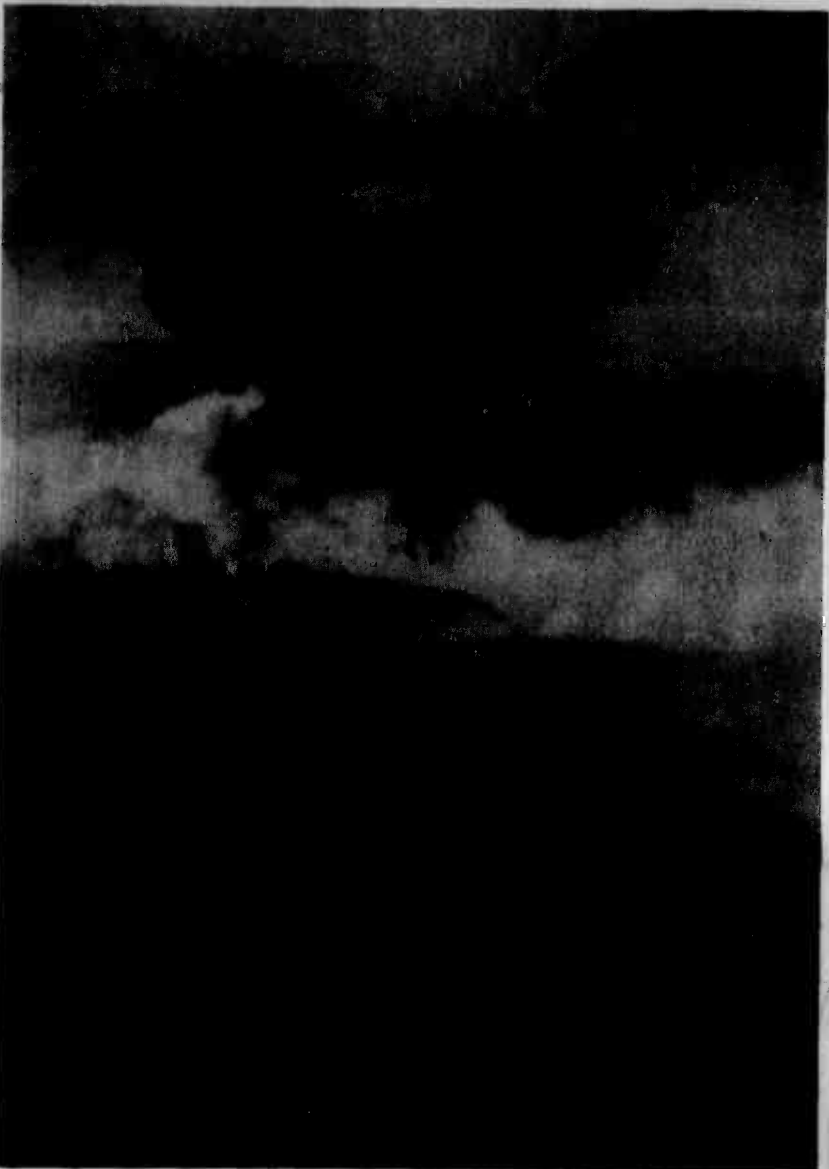
"The purpose of the training," said Capt. Robert Smith, aviation safety officer for HMM-364, "was to refresh the pilots and crewmembers on the different procedures to use while in the water to stay alive."

During the operation the participants learned different aspects of water survival, including survival with and without a raft; and rescue techniques using a hoist on a helicopter.

The Marines were also instructed in using different types of flares used for signaling, and other types of survival gear.

"The training isn't as complete as the formal initial training all pilots and crewmembers get, but this does refresh them on the water survival procedures. Statistically, it's been proven that a

crew's chance of surviving in the water increases with training," said Smith.



Two Marines are hoisted up to the Search and Rescue helicopter.

Soviets' technological advances

AFIS — A major confrontation with the Soviet Union in Europe would find the United States and its allies seriously outgunned, outmanned and outnumbered on the land, at sea and in the air.

"America's military leaders accept that," Army Lt.Gen. John H. Moellering, assistant to the chairman of the Joint Chiefs of Staff, told a symposium on technology security. "And we compensate for those quantitative disadvantages with other, qualitative factors: good personnel, innovative tactics, realistic training, stellar leadership and, of course, exploitation of the technological edge our society has always had over the Kremlin."

Moellering told his audience the United States and its allies must maintain their lead in critical military technologies. "This increases the deterrent value of our forces by credibly amplifying their capabilities for battle," he said.

"And advancements in our technology impose important strategic costs on the Soviets by causing them to divert resources from more easily produced systems in order to counter new, more capable U.S. systems," said Moellering.

The Soviets dedicate millions of rubles and thousands of man-hours each year to acquire Western military technologies. They have

found it is worth the effort. "They can reduce their own research and development time and costs by using Western designs and technology, including production technology and equipment," said Moellering.

He said the Soviets also let the United States see and solve their technological problems, "and then pilfer the solutions. And early in their own development process, they can incorporate counter-measures to our systems, based on the knowledge they obtain either openly or clandestinely."

Moellering said there are literally hundreds of examples of Soviet military equipment and weapons of the 1980's and 1990's that have benefitted or will benefit from the technologies and products of at least a dozen Western countries.

"These range all the way from cruise missile guidance systems, ballistic missile warheads and ballistic missile defense to anti-tank missiles and precision-guided artillery shells," he said.

The Soviets, according to Moellering, have been able to add a great deal of combat punch to their numerical advantages using technology obtained from the West to modernize their forces. He outlined some Soviet achievements:

An increasing capability to threaten NATO rear areas by new tactical aircraft and

massive growth of helicopter forces;

Ground forces with improved nuclear, biological and chemical protections, better reconnaissance vehicles and anti-tank guided missiles;

Improved air defenses at all levels, seriously reducing NATO's ability to penetrate and to achieve air superiority;

Improved theater nuclear capabilities, with greater range, accuracy and number of warheads; and

Massive investment in all forms of electronic warfare to paralyze NATO's command and control.

In conclusion, Moellering reemphasized that technological superiority is a key element in the West's effort to maintain a stable deterrence and to preserve the collective security of the Free World.

Said Moellering, "Our ingenuity in applying scientific advancements to the problems of war is a critical force multiplier for us. The Kremlin and others who do not wish us well know this, and seek to diminish our advantage and to profit from our efforts."

When they succeed, they effectively turn the strength of our society back upon us; and we, in turn end up subsidizing their military expansion and contributing to the erosion of our deterrent posture."

GOURMET HOLIDAYS

AT YOUR WINDWARD ENLISTED CLUB

FOR YOUR HOLIDAY PARTY GIVING

MENU #1	MAKE YOUR PARTY RESEVATIONS NOW!	MENU #2
<ul style="list-style-type: none"> • Carved Roast Beef • Mahi Mahi • Pork Oriental • Fried Chicken <p>\$9.95 / PERSON</p>	<p>Both Menus Include:</p> <ul style="list-style-type: none"> Mash Potato Rice Gravy Rolls & Butter Coffee Or Tea Complete Salad Bar 	<ul style="list-style-type: none"> • Prime Rib • King Crab • Teriyaki Chicken • Sweet 'N Sour Pork <p>\$14.95 / PERSON</p>

MASTERCARD AND VISA ACCEPTED

Call Mr. Tim McDonald or S/Sgt. Joey Howard
About Designing Your Own Special Menu For
That Very Special Holiday Party

257-2657 —OR— 257-2873

WINDWARD ENLISTED CLUB



Lance Corporal Les Rodrigue "escapes" blind folded through a CH-46 helicopter rescue hatch.

Crash course held for helo passengers

Story and photos by Sgt. Leah Gonzalez

To help Marines prepare for the possibility of a controlled or uncontrolled crash in a CH-46 helicopter, HMM-165 hosted emergency egress training for "B" Battery, 1st Bn., 12th Marines on Oct. 29.

The training included classroom discussion on boarding procedures, various types of crashes, life rafts and other flotation devices on the helos, and hearing and

head protection.

The Marine artillerymen were then taken into a stationary CH-46 and shown all the emergency exits. Afterwards, they were blindfolded, spun around inside so they would become disoriented as to their position in the craft, and then forced to "feel" their way safely out of the helo.

Normally, only squadron Marines receive this type of training. "We started training ground Marines because

there is a lot of concern over helicopter crashes," said Sgt. Sven Laamann, the instructor. According to recent accident results, some deaths could have been avoided if the proper methods of evacuating a helicopter had been thoroughly taught.

"While we naturally hope these Marines will never need to use the training we've given them," continued Laamann, "they'll at least be prepared — just in case."



Staff Sergeant Gerry Hall, HMM-165, shows Marines from "B" Battery, 1/12 a life raft used in case of an emergency evacuation in water from a CH-46 helicopter.

Giving blood is easy. We're counting on you. **Needing it is hard.**
Red Cross - The Good Neighbor

From \$38 A Room and Car For Two

KAUAI SANDS	from \$48	KONA HUKILAU	from \$38
MAUI HUKILAU	\$49	KONA SEASIDE	\$48
MAUI SEASIDE	\$55	HILO HUKILAU	\$38

Includes standard room on or by ocean, a 1986 Budget auto compact, free mileage. Most rooms have color TV, refrigerator, ceiling fan, A/C, phone, pool, dining room, free ice, free parking. Hawaii's largest room and car operator.

ROOMS ONLY from: \$28 single or double.
See your travel agent or call: Sand & Seaside Hukilau Hotels **922-1228**
or Aloha Airlines **836-1111**

FAMILY EYE EXAMINATION PLAN

INCLUDES ALL IMMEDIATE FAMILY MEMBERS **\$39**

CHAMPUS Participant

SOFT CONTACT LENSES FROM **\$79**

PRESCRIPTION GLASSES FROM **\$49**

NEW! NOW AVAILABLE!
TINTED EXTENDED WEAR and BIFOCAL
SOFT CONTACT LENSES Satisfaction Guaranteed

All Contact Lens Fees include Lenses, Care Kit Follow-Up Care and 90 DAY TRIAL PERIOD.
COMPLETE PROFESSIONAL VISION SERVICES DEDICATED TO QUALITY AND SERVICE IN VISION CARE

Dr. Charles Dean Optometrist
KAILUA 139 Hekili St. 261-9735

BAUSCH & LOMB SOFTLENS VISA MasterCard

THE CORPS BOOK-1 SEMPER FI

By bestselling author **W. E. B. GRIFFIN**

THE PROUDEST OF THE PROUD

As the winds of war move swiftly across the Pacific to that bloody Sunday at Pearl Harbor, SEMPER FI follows the saga of the men and the women, the wives and the lovers that make up the Marines. From home front to battlefield, here is the story of men at war... and the Corps that made them what they are. A tale of loyalty and valor, passion and courage.

SEMPER FI. The first novel in THE CORPS, a new series about the proudest of the proud — the Marines. From the author of the nationally bestselling series BROTHERHOOD OF WAR. W.E.B. Griffin

J. JOVE PAPERBACK \$3.95

A child who's lived in a concrete jungle all his life doesn't know the pleasure of climbing a tree. Send a child to camp this summer.

Sharing is caring! Support

2 for 1 Special

Mademoiselle® Spa Lady

That's Only \$12⁴⁰ per month!
2 People can join for the price of 1
HURRY!!! ONLY 75 SPECIALS AVAILABLE!
OFFER EXPIRES 11.30.86

Ladies this is the one you've been waiting for!
Greatest exercise classes around
Several new instructors with new classes
AFAA certified director
New low impact aerobics and aquanastics
child care and ample free parking
Hawaii's only luxury Spa exclusively for women

Call Now! **235-3511**
WINDWARD CITY SHOPPING CENTER
MON-FRI 8am-9pm SAT 9am-6pm SUN 12pm-6pm

*Based on the cash price of a 2 yr. term program. \$297.50 per member. One discount per enrollment.

At a glance

Shipping POV's

A lien holder letter of release, including mainland institutions, is now required to ship an automobile or a motorcycle from Hawaii.

Without a release letter, an application for shipment cannot be processed by the Personal Property Department, Naval Supply Center, at Pearl Harbor.

Although a privately-owned vehicle may have been shipped to Hawaii without such a release, Hawaii state law now requires it for outbound shipments.

If a POV is purchased in Hawaii, local vendors will not generally consent to removal of the vehicle from Hawaii until the loan is paid off. Sufficient time should be allowed to either liquidate the loan or obtain permission from the lien holder in advance of shipment. Additionally, no entitlement exists for shipping leased vehicles at government expense.

For more information call Caroline Dias at 471-9736.

Live fire at Camp Smith

Live firing will be conducted at the Camp Smith Training Facility at Ewa Beach from 7 a.m. to 5 p.m. Nov. 17-21 and 23-28. All safety limits and restricted areas will be enforced.

For more information, call 471-3548/8011, Monday through Friday, 7 a.m. to 5 p.m.

AT&T offers free guide

Military personnel assigned to temporary duty or moving between stations can save time finding temporary lodging by using a new, free guide provided by AT&T.

AT&T's Military Lifeguide on Temporary Military Lodging, also handy when planning a vacation, lists temporary lodging and child care facilities for most military installations in the United States. The 58-page guide is organized by state with sections for each branch of the service.

The guide, first published by AT&T in 1985 and recently updated for the 1986-87 edition, includes suggestions on arranging telephone service in a new community.

The guide also lists the addresses and telephone numbers of each military lodging facility, and the number and type of units available. Other information, such as reservation guidelines, also is included. The guide is the only free, joint services listing of temporary lodging facilities.

People interested in getting AT&T's Military Lifeguide on Temporary Military Lodging call toll free 1-800-225-5288, ext. 952.

Combat Correspondents to meet

Active duty, retired, or former Marine journalists, photographers, illustrators or broadcasters are invited to meet with the new president of the Marine Corps Combat Correspondent Association, Don Coleman, at the Staff NCO Club, Ballroom 1, on Nov. 15 at 2 p.m. Pupus will be served for a nominal fee.

If you would like to attend, please contact MG/Sgt. G.E. Hijar, at 267-2178/9.

Arts and crafts class

An arts and crafts class will be held for interested military wives on how to tie simple macrame knots and on how to make an attractive snowflake ornament. Class is on Nov. 19, from 9 to 11 a.m.

A 50¢ fee is required and all supplies are provided. For information or reservations, call 264-4719/4965.

OWC financial assistance

The Officers Wives' Club is now accepting requests for financial assistance from various organizations and clubs dealing with the military.

Any organization desiring financial aid should submit a letter stating how much monetary assistance is required, and the particular purpose for which the funds will be utilized. Careful consideration will be given to each request.

Submit requests by March 1, 1987, to Nancy Brannon, 2140 Bancroft Dr., Kailua, HI 96734.

COMPUTATE
926-3283

Women are Free for Introductory
Video Escort for Men & Women
Ask about our ComputerGuided Tours
Meet all Nationalities

Call 926 DATE
Hawaii's only computerized video dating connection

Neck Pain? Backache?
Don't Suffer Needlessly!

Pacific Chiropractic

TRAINED IN 8 RECOGNIZED TECHNIQUES INCLUDING "LOW FORCE"

COMPLETE PHYSICAL EXAM

X-RAY FACILITIES

SPECIALIZING IN:
• ON THE JOB INJURIES
• AUTO ACCIDENTS
• SPORTS INJURIES
• CHRONIC & DIFFICULT CASES
• GENERAL PRACTICE
• FAMILY CARE PLAN
• PERSONALIZED CARE

COMMON SYMPTOMS:
• BACK PAIN
• HEADACHES
• NECK PAIN
• ARM & LEG PAIN
• JOINT PAIN
• MUSCLE SPASMS
• NUMBNESS
• PINCHED NERVES

DR. JEANNE MICHAELS
R.N. DC.

261-0831

602 KAILUA RD. NO. 207, KAILUA
(between Cornet & Hardware Hawaii-2nd floor rear)
NO CHARGE FOR BRIEF SPINAL ANALYSIS



Ocean views. Garden setting.
Hawaiian music. Fabulous feast.

It's another Aloha Friday In the Hale Koa Room.

A tradition is renewed. In a cool garden setting by the sea, vast buffet tables are filled with fresh island fruit, garden and seafood salads, steamed clams, crab legs, roast baron of beef, and such local favorites as kalua pig, lau lau, oriental chicken and more.

It's the Aloha Friday Luncheon Buffet, better than ever in the recently remodeled Hale Koa Room, every Friday from 10:30 a.m. to 1:30 p.m. We welcome groups, so join us when you're ready for a party or celebration.

Only \$9.95 per person, plus gratuity.

For reservations, please call 955-0555.

HALE KOA HOTEL

Armed Forces Recreation Center
On Waikiki Beach at Fort DeRussy
2055 Kalia Road, Honolulu, Hawaii 96815-1998

DELTA GETS YOU TO OVER 100 MAJOR CITIES, THE EASY WAY.



**Fly Delta nonstop to Dallas/Ft. Worth, nonstop to Atlanta.
Make fast connections for dozens of other cities.**

Fly nonstop to Dallas/Ft. Worth any evening for arrival the next morning.

Our nonstop to Atlanta leaves every evening. You arrive in Atlanta the next morning.

Save with Delta's discount fares. Be sure to ask about our big discounts off regular Day Tourist Fares. Discount fare seats are limited and there are

special requirements; reserve early. We also have Military Fares that save you 25%. No restrictions—leave on any flight that has available space.

Check your on-base SATO (Scheduled Airline Ticket Office). See your professional Travel Agent. Or call Delta. Schedules are from Honolulu and subject to change without notice.

DELTA
Gets You There With Care.

At a glance

OWC Chinese auction

The Officers' Wives' Club, here, is sponsoring a Chinese Auction on Nov. 18, on the Lower Lanai of the club.

The doors open at 9 a.m., for check-in; from 9:30 to 10:30 viewing and ticket purchase will be held; and at 11:30 lunch. Crafts, wine and plants can be sold at the auction. The luncheon is a build-your-own-salad-or-sandwich bar. Door prizes will be given.

Auction tickets are 25 cents, or five for \$1. The luncheon is \$3.50 to members, and \$4.50 to non-members. Reservation deadline is Nov. 14.

For more information, call Susan Well at 254-6392.

China town excursion

A tour will be conducted through a noodle factory, a Chinese restaurant for about \$3. The ASYMCA van leaves the Air Station at 8 a.m., and will return at 2 p.m. Child-care is available for \$3 per child and should bring a bag lunch.

For more information and/or reservations, call 254-4719/4965.

La Maze classes

The Armed Services YMCA-Outreach is offering La Maze preparatory child-birth classes starting Nov. 3.

The next session will run for six weeks and will be held on Mondays or Wednesdays from 7 to 9 p.m. A fee will be charged according to rank.

For information or reservations, call 254-4719/4965.WD

Great American Smokeout

The American Cancer Society "Great American Smokeout," an up-beat, good natured effort to encourage smokers to give up smoking for 24 hours, will be featured at the Armed Services YMCA in a Family Service Center exhibit on Nov. 14, behind the 7-Day Store.

The purpose of the Smokeout, which is Nov. 20, is to dramatize the concern of the American Cancer Society for the critical link between smoking and lung cancer, emphysema and heart disease; and to inform smokers of the support they can receive from the American Cancer Society including a free quit smoking clinic.

The Freshstart clinic will be held at the Family Service Center, Dec. 2, 4, 9 and 11 from 7 to 9 p.m., and at the station library on Nov. 18 and 20 from 7 to 9 p.m. For reservations call 257-2128.

Space "A"

A course on Space "A" Travel will be given, Nov. 17 from 7:30 to 8:30 p.m., and will include the steps and methods of flying on MAC flights on emergency leave or on annual leave orders.

For more information or reservations, call 257-2128/2129.

Iwo Jima Commemorative Annual Reunion

Former members of the 3d, 4th and 5th Marine Divisions, and attached units, will gather at the Staff NCO Club, at Camp Pendleton, on Feb. 21, at 5 p.m. for the reunion of those who fought the most costly battle in Marine Corps history.

The Marine Corps Combat Correspondents and special nasociate Combat Correspondents whose gallantry and

fortitude gave this country some of the most prolific stories and photographs to come out of WWII, will be honored during this reunion.

For information, write Jack Claven, 403 Primrose Place, Glendora, CA 91740 or call (818) 335-2483 after 6:30 p.m.; or Bill Moore, 795 Narwhal, San Diego, CA 92154, (619) 423-0681 after 6 p.m.

Join the conservation club and conserve water today. Tomorrow may be too late.

INJURED?

Accident Cases Handled on a Contingency Basis No Recovery—NO FEE CALL

NOAH D. FIDDLER
Attorney at Law

Free Consultation
545-7400
820 Milliani St.
11K Hdg. Ste. #612
261-3233
415 A. Ulunui St.
Kailua

Windward Dining a Restaurant Directory

Doug & Dons Gee...A Deli!
A New York Style Delicatessen
416 F. Kaula Road • Kailua.
Phone 261-4412
DELI BUCK
\$4.00 OFF
Any Whole DELI SANDWICH Expires Nov. 30, 1986

Healthy FOODS
is proud to be one of the sponsors of:
Razzle Dazzle '87
Hair-Fashion-Business Spectacular
At
FAST EDDIES
Nov. 20, 1986 - 7 p.m.
A Benefit for "Life Foundation Hawaii and the Prevention of Child Abuse
124 Oneawa St., Kailua Call 261-0353

MAKE YOUR RESERVATIONS NOW!!
Time To Think About... THANKSGIVING
Roast Turkey • Baked Ham • or Both
with All the Trimmings
Cinnamon's KAILUA SQUARE BUILDING 261-8724
315 ULUNUI ST.

the SOURCE NATURAL FOODS AND JUICE BAR
LARGE SELECTION
— of —
Fresh Herbs, Grains, Nuts, Seeds and Dried Fruit
Vitamins And Cosmetics
Fresh Wheat Grass Juice
Day-old Sunrise Bread only **99¢** Loaf
Hansen's 28 oz. Soda **99¢**
Discount Club
Mon.-Fri. 9-6 Sat 10-5 Sun Closed
32 Kanehe St., Kailua 262-5604
(between Kentucky Fried & Star Market)

Featuring The Foods Of Mexico City And Its Ports
FRESH: Fish & Squid, Steak & Chicken Ceviche & Snails
LOS ARCOS
FINE DINING & COCKTAILS
19 Hoolai St. Kailua 262-8190
Oldest Mexican Restaurant in Kailua
Open 11:30 AM-2PM M-F Dinner Nightly 5:30 PM-10 PM

So affordably-priced and feature-packed you're now looking at what could be America's First Choice in Color TVs and VCRs!

Famous ZENITH Quality!

NEW 9" 13" 19" 25" 27" COLOR TVs!

Featuring Zenith's Chromacolor Color Contrast Picture Tube for exceptional contrast and color fidelity... 178-channel tuning capability with 122 cable channels*... and the ultimate convenience of Programmable "Favorite Channel" Scanning!

9" Model C0920
DIAGONAL
In your choice of 4 Delightful colors.
9" Portable Color TV in an ultra-compact cabinet with a convenient flush-mounted handle. Besides the quality, performance and reliability you've learned to expect from Zenith, each of our Delight Models comes with handy private listening earphone, telescoping monopole antenna, and provision for CATV/MATV antenna connection.
Model C0920

13" Zenith System 3 Model SC1327W
DIAGONAL
with Computer Space Command™ for Zenith TV/VCR Remote Control.
13" Color TV in a cabinet with richly-grained Light Walnut finish on top and sides. Along with many other Zenith features, includes Computer Space Command 2700 described below. Comes with headset jack and private listening headset.
Model SC1327W

19" Model C1920W
DIAGONAL
19" Color TV in a vertically-accented space-saving cabinet designed with convenient top-set pushbutton controls. Richly-grained Eastern Walnut finish on top and sides with brushed Presidential Bronze finish trim along top and bottom of front side. Zenith quality features are prevalent throughout.
Model C1920W

19" Model SC1923W
DIAGONAL
with Computer Space Command™ for Zenith TV/VCR Remote Control.
19" Color TV in a cabinet with Eastern Walnut finish on top and sides. Features Computer Space Command 2700 Remote Control, described below, plus Long-Life 100% Zenith Modular Reliant Chassis, Zenith Auto-Control System. And many more Zenith extras.
Model SC1923W

25" Model C2504P
DIAGONAL
25" Color TV console of a classic style in Pecan finish with a contoured base concealing casters. Typically top Zenith performance assured by Reliant Chassis of 100% Modular Design • Auto-Control Color System • Electronic Tuning • Zenith Power Sentry Voltage Regulator conserves energy.
Model C2504P

25" Zenith System 3 Model SC2513G
DIAGONAL
with MTS Stereo Sound and Computer Space Command for Zenith TV/VCR Remote Control.
25" Color TV Receiver/Monitor featuring Zenith System 3 Computer Space Command 2700 Remote Control described below, and MTS Control described below. Advanced Stereo Sound System plus Advanced Color Sentry Color Control • Long-Life 100% Modular Reliant Chassis • Contemporary styled cabinet in Nuimeg Oak finish with swivel base.
Model SC2513G

27" Zenith Advanced System 3 with MTS Stereo Sound and Space Command 6500 for Zenith TV/VCR Remote Control.
DIAGONAL
27" Color TV Receiver/Monitor featuring MTS Stereo Sound and Space Command 6500 Remote Control described below, plus On-Screen Audio Selection Display, 2-Track chassis, Advanced Color Sentry Zenith's exclusive Computer Brain keeps colors in balance. PHP comb filter sharpens picture. Parental Control feature lets you lock out programs you don't want your children to see. Direct video and audio input jacks for accessories. It's one of Zenith's finest consoles in a richly-grained Pecan finish. Swivels.
Model SC2717P

Choose either of these new Zenith VHS VCRs and get a pre-recorded video cassette and get a pre-recorded video cassette "operating guide" packaged with it!
Each of these new Zenith VHS VCRs features 4-head recording with 14-day 4-event programmable auto-record, plus 108-channel with 14-day 4-event programmable auto-record, plus 108-channel quartz electronic tuning capability, including 38 cable channels* and a wireless TV/VCR remote control which operates both VCR and compatible Zenith remote control TVs.
Model VR2220
Hi-Fi Stereo Recorder with MTS decoder, HQ Circuitry and Zenith's new "Music Scan" feature.
Model VR1820
with HQ Circuitry for sharper pictures and "Favorite Channel" scan to bypass unwanted channels.

It's the smallest, lightest, Zenith camera/recorder ever!
INTRODUCING ZENITH'S NEW VHS CAMCORDER!
Weighs just 3.5 lbs. complete with its battery pack. Provides you with up to one full hour recording/play time on high quality VHS-C mini-cassette. Instant playback, too, thru its viewfinder or any TV. And filter selection, white balance, iris opening and focus are all automatic. Model VM6200.

ZENITH
The Quality Goes In Before The Name Goes On.
The Quality Goes In Before The Name Goes On.
All models shown may not always be available at all Exchanges, but can be ordered thru your Special Order Desk.

Salutes

EDITOR'S NOTE: "Salutes" recognizes individuals for their achievements and exceptional performance and welcomes new arrivals to the Marine Corps Air Station, the 1st Marine Amphibious Brigade, Camp H.M. Smith and Marine Barracks, Hawaii. The information is compiled by the Unit Information Officers and is submitted to the Joint Public Affairs Office, Building 244. For more information, call 257-3319/2178.

Headquarters Co., 3d Marines

Welcome Aboard
 PFC G.L. Barrett
 PFC K.E. Maratita
 Cpl. T.A. McAlister
 Sgt. J.D. Irwin
 Sgt. H.B. Izidro
 Sgt. B.R. Weslow
 SSgt. B. Alben
Promotion
 Cpl. P.E. Plummer

HMM-364

Welcome Aboard
 LCpl. N. Robertson
Promotions
 Cpl. D.A. Holton
 Cpl. D.A. Mitchell
Good Conduct Medals
 LCpl. J.E. Furmanek
 Cpl. L.R. Domotrovits
 Cpl. C. Mercado
 Cpl. D.A. Mitchell
 Cpl. P.M. Sullivan
 SSgt. D.E. Fogle

MACS-2

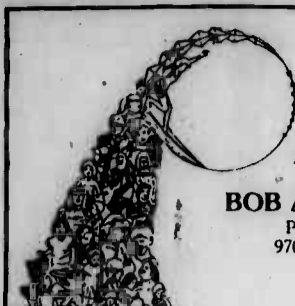
Welcome Aboard
 Cpl. J.W. Chartier
Camp H.M. Smith
Welcome Aboard
 PFC T.A. Doyle
 PFC R.A. Gallagher
 LCpl. D.L. Arellano
 LCpl. S.E. Martinez
 Cpl. D.L. Cutright
 Cpl. K.A. Gronbeck
 Cpl. S.J. Pratt
 Sgt. L.A. Caruso
 SSgt. J.E. Powell
 SSgt. D.L. Straight
Promotion
 SSgt. H.W. Whitehead
Good Conduct Medals
 LCpl. J.T. Claypool
 LCpl. C.A. Freund
 LCpl. E.B. Gross

1st Battalion, 12 Marines

Welcome Aboard
 PFC J.A. Becker
 PFC R.F. Clark
 PFC C.J. Durand
 PFC S.L. Jarvis
 PFC F.J. Matos Rolo'n
 PFC S.O. Meserve
 PFC D.A. Gonzalez
 PFC T.S. Peterson
 PFC G.L. Pino
 LCpl. L.E. Archambault
 LCpl. R.M. Cole
 LCpl. L.C. Finley
 LCpl. T.L. Masters
 LCpl. B.M. Oakes Jr.
 LCpl. D.L. Rost Jr.
 Cpl. J.L. Tabor
 Sgt. H.J. Gilson
Promotion
 1st Lt. J.P. Fahy
Navy Achievement Medal
 LCpl. R.B. Johnson

Cpl. D.J. Hughes
 Cpl. H.E. Young Jr.
 Sgt. M.P. Haney

SSgt. D.J. Deal
 GySgt. M.I. Garcia
 MSgt. D.E. Scholen




HMSA
MILITARY DEPENDENTS
FREE
PRENATAL INTERVIEWS

BOB ANDERSON, M.D.
 PALI PALMS PLAZA
 970 N. KALAHEO AVE.
 SUITE C-103
 KAILUA
 254-6474

PEDIATRIC CARE *Newborns to Adolescents*

USACH, CRD, CSDA, ENTERTAINMENT.

Army Hawaii Community Theatre
 Schofield Barracks.



working
 The Musical by Stude Terke
CURTAIN TIME — 7:30 P.M.
ARMY COMMUNITY THEATRE
 Bldg. #359 Foote Avenue, Schofield Barracks.
CALL 655-9081
 OPEN TO THE PUBLIC

When you explore your military benefits, take along a good guide.



Military living has a lot to offer. More than you may realize. That's why you need John Hancock's free Guide to Your Military Benefits. This 48-page book tells you how to apply for service benefits and how military status affects them.

But best of all, it's personally delivered by a qualified John Hancock agent who can go through it with you to make sure you're getting what you're entitled to. So send in the coupon today and let two guides show you the way.

CWO-3 Charles A. Harris
 USMC, Ret.
 1144 10th Avenue, Honolulu
 Hawaii 96816
 Phone 734-9288, Telex 254-0388

Please deliver my FREE Military Benefits Guide.

Honolulu General Agency
 Isoshima Building, Suite 300
 1144 10th Avenue
 Honolulu, Hawaii 96816
 CWO-3 Charles A. Harris

Name _____ Rank/Rate _____
 Military Address _____
 Home Address _____ Telephone _____
 City _____ State _____ Zip _____

John Hancock
 companies
We can help you here and now. Not just hereafter.
 John Hancock Mutual Life Insurance Company, Boston, MA 02117 and affiliated companies.

Set your sights high.

As a Marine, you expect to be the best. It's the extra effort you give that makes all the difference, that makes you a leader among men, a Marine. Now you've got another challenging opportunity. It's your future in the Marine Reserve.

You'll be back on an elite team, for one weekend a month and two weeks of annual training duty. You'll work with other Marines from your hometown, upgrading your skills and mastering new ones. You'll also share in the pride

again, the unmatched confidence, the teamwork. It's an important job reserved for the few. And you'll find that the skills and leadership experience you get could help you achieve success in your civilian career.

The generous benefits include good pay, travel opportunities on military aircraft, college tuition assistance under the new G.I. Bill, and limited PX and commissary privileges.

If you've got active duty experience, set your sights high. Get in the Marine Reserve. For information on how to reserve your place on the team, call 1-800-THE-USMC.



Marine Reserve
 Reserve your place on the team.

COMBINED FEDERAL CAMPAIGN



Update

The 1986 Hawaii-Pacific Area Combined Federal Campaign collections at the halfway point of the six-week campaign totaled \$1,381,319.43, which represents 53 percent of the \$2.6 million goal established for this year.

At the end of the third week, the Air Force leads with 94 percent of their goal met; the Coast Guard closely follows with 81 percent of their goal met; the Marine Corps has 72 percent; the Army is over the halfway mark with 52 percent; and the Navy is at 40 percent. The National Guard has 69 percent of their goal.

The Army and Air Force Exchange Service has attained 103 percent of its goal; the Department of Energy, Pacific Site Office, is 102 percent; Defense Contracting Audio Agency reached 114 percent; Defense Investigative Service achieved 138 percent; Immigration and Naturalization Service made 103 percent; and Department of Justice, U.S. Marshals, topped the list with 173 percent.

The Labor Department achieved over 101 percent; Housing and Urban Development are at 105 percent; and Federal Communications Commission made 112 percent of their goal.

In 1985, you and your fellow military and federal civilian coworkers gave more than \$2.5 million to the Combined Federal Campaign. This money went to benefit those in need through nearly 200 Aloha United Way and national and international health and welfare agencies. Give when your CFC key-worker calls to you. You make a difference.



THE MARK CO. PRESENTS ...

NO WAY

SALE!!!

Attention Military Shoppers!!

Compared to the Exchanges ... we carry 3-5 times the selection in all product categories ... and financing plans to fit almost any needs.



Marquesa Lana
made with Scotchgard
 Protector

NO WAY ... can you top

this sofa for "value". Its basic styling is at home in any setting
Comp. Value. \$699

\$349

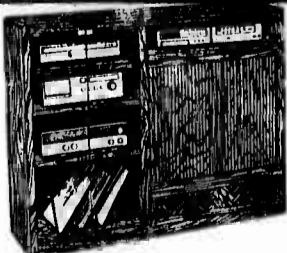


NO WAY!!!

Here's a 5-pc. contemporary bedroom with dresser, arch mirror, headboard (full or queen) and 2 night stands.

Can you beat it?
Comp. Value \$1399

\$599



SAVE \$200!

Rich Oak Finish!

NO WAY ... we're serious!

Pull-out shelves, touch-latch glass doors ... handsome tambour doors. Comp. Value \$599

\$399



1/2 OFF!

NO WAY ... can you beat

this spectacular rattan swivel rocker for comfort, look and price!!

Comp. Value \$179-\$219

\$99

YOUR PRICE!!



50% OFF

OUR ENTIRE Line of Englander Mattresses & Box Springs

Many with 15-year warranties

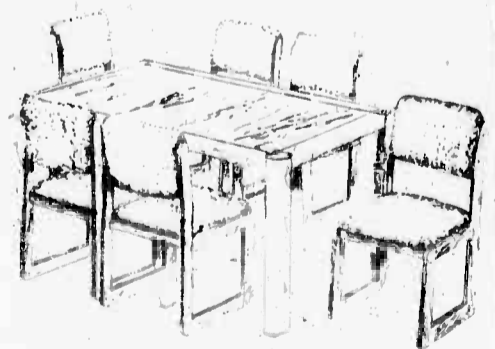
ASK ABOUT DETAILS

... And on Financing:

NO WAY is anybody going to beat our "easy-pay-as-you-enjoy" financing plans, featuring:

- **NO DOWN PAYMENT**
- **NO PAYMENTS FOR 3 FULL MONTHS. (FEB. '87)**
- **NO INTEREST IF YOU PAY IN FULL WITHIN 90 DAYS!!**

And best of all ... **NO HASSLES.** You can often be cleared for financing within minutes!



SOLID VALUE!

7-PC. SET

7-Piece solid oak parson's leg table with oak parquet top and 6 solid oak chairs in durable nylon blend fabric. Compare at \$799.00
Save \$400.00

\$399

The **Mark** Company

KANEHOE
Across from GEM
Hours: M-F, 10-9
SAT. 10-6 SUN. 12-5
247-2737

DILLINGHAM
1608 Dillingham Blvd.
Between Pay 'n Save
and Emjays
Hours: M-F, 9-9
SAT. 9-6 Closed Sun.
847-5382

WAIPAHU
94-300 Farrington Hwy.
Between Pay 'n Save
and Emjays
Hours: M-F, 9-9
SAT. 9-6 Closed Sun.
671-3995

MAUI
326 Hanomau St.
Kahului
Hours: M-W, 9-8
T-F, 9-8 Sat. 9-5
Closed Sunday
871-6236

Religious services

MCAS KANE OHE BAY
257-3552
Weekdays

The Station Chapel is located in the right rear corner of the Marine Corps Exchange, building 1090.

Camp H.M. Smith
477-5098
Sunday

11:45 a.m. — Catholic Mass
Fridays

8 a.m. — Catholic Mass
9:30 a.m. — Protestant Worship
9:30 a.m. — Protestant Sunday School

Noon — Jumah Prayer Services, Bldg. 401.

Tuesday
11:30 a.m. — Catholic Mass
Wednesday
6:45 a.m. — Prayer Breakfast
7 p.m. — Choir rehearsal
Friday
11:30 a.m. — Catholic Mass

Aloha Jewish Chapel
Pearl Harbor
471-0050

Friday
8 p.m. — Shabat
Saturday
10 a.m. — Shabat and Torah Study

Saturdays
6 p.m. — Catholic Mass
Sunday
7:30 a.m. — Catholic Mass
8:30 a.m. — Protestant Communion
9:30 a.m. — Protestant Sunday School, Pre-School, Bldg. 1391.
9:30 a.m. — Catholic Mass
11 a.m. — Protestant Worship
1 p.m. — Samoan Congregation
Confraternity of Christian Doctrine for Catholics is held on Mondays. Pre-School through Kindergarten levels are taught at the Chapel, 3:45 to 4:45 p.m.; Grades 1-12 are taught at Mokapu Elementary School, 6:45 to 7:45 p.m.
Confession Reconciliation for Catholics is held up to 15 minutes before each mass or can be scheduled on an individual basis by appointment.

Family Dental Care

Block: Monday-Friday (except holidays) 4 to 6 p.m.
Care: Monday-Friday (except holidays) 6 to 9 p.m., by appointment only.
Screening exams, preventive dentistry lectures, and fluoride treatments will still be conducted on the second Saturday of each month by appointment. Preschool children will be seen at this time.
All questions concerning dental care will be answered Monday-Friday, except holidays, 2 to 9 p.m. by calling 257-3225/2290.



The Best Sports Line-up in Town!



Variflex® Ramp Rat
or
Eliminator Skateboard
74⁹⁹
reg. 109.99



Wilson® Tour 2000LD Golf Clubs
3 Woods 79⁹⁹
reg. 129.99
8 Irons 139⁹⁹
reg. 219.99



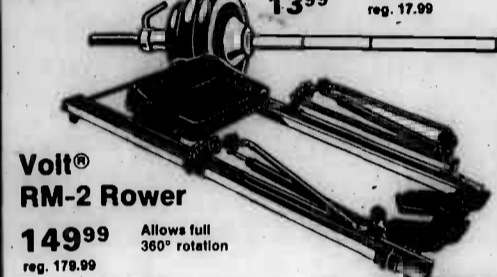
WILSON® NFL LEATHER FOOTBALL
19⁹⁹ reg. 24.99 #1445
WILSON® "DUKE" LEATHER FOOTBALL
25⁹⁹ reg. 31.99
ADIDAS® OPTION LO CLEATED SHOES
30⁹⁹ reg. 38.99
RUSSELL NATIONAL TUBE SOCKS
2⁹⁹



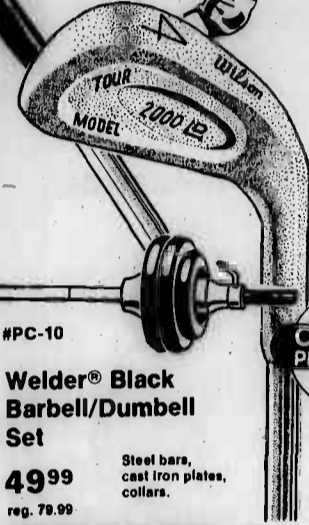
Harvard® Weatherclad Backboard Only
39⁹⁹
reg. 49.99



Volt® Patrick Ewing Basketball
32⁹⁹ Syn. leather, deep pebble grain / #PE400
GOAL & NET
13⁹⁹ reg. 17.99



Volt® RM-2 Rower
149⁹⁹ Allows full 360° rotation
reg. 179.99



Welder® Black Barbell/Dumbbell Set
49⁹⁹ Steel bars, cast iron plates, collars.
reg. 79.99



3-Piece Multi-Pack Coolers
29⁹⁹ reg. 34.99

•Pearlridge I, 487-1517
•Windward Mall, 247-8733
•Kailua, 261-9751

HONSPORT
Division of OSHMANS

We honor Visa, MasterCard, American Express.
Prices good thru Nov. 18



"Because we don't have it in red!!!"

DESIGNATED DRIVERS enjoy FREE beverages on the house!

The driver will receive: • FREE nonalcoholic beverages
• a discount coupon to apply to future food purchases at the club
• a "No Thanks" button
To participate, just tell your bartender or server "NO THANKS, I'm the Designated Driver."

REGISTER NOW for The 1986 Annual HAWAIIAN Beautiful Baby Pageant and Diaper Derby



Sponsored by the Kalmuki Y's Men Club Benefits YMCA Programs
NO COSTS TO PARENTS TO ENTER
Babies 1 Month thru Six Years Eligible to Enter. One Child Per Family. Twins OK.

Free Health Examination Baby Beauty Show
"Miss and Master" of HAWAII will be chosen from winners selected at the Baby Beautiful Show to be held at Prince Kuhio Hotel, Saturday, Nov. 29th. Ribbons, trophies and bonds awarded.

Coronation
Tiny "Kings" and "Queens" and other court members will be selected from each age class. Trophies will be awarded to Royalty winners at Coronation Pageant at the Chaminade College, Sunday, December 14th.

REGISTRATION DAYS - Nov. 12th thru 17th
1210 Dillingham Blvd. No. 12 Register by phone: Honolulu, HI 96817 845-5016

Gifts awarded to First 100 Entrants if you are unable to call or register in person, just fill in coupon and mail to Baby Pageant Headquarters.

BABY'S NAME _____
EXACT AGE _____ PHONE _____
ADDRESS _____
CITY _____
ZIP _____ SEX _____

WE'RE SWINGIN' OUT WITH SOME REAL Down Home Savings!

FREE THANKSGIVING TURKEY
TO THE FIRST 50 CUSTOMERS W/PURCHASE

10% DISCOUNT TO THE 1ST 50 CUSTOMERS & ALL MILITARY

SPECIAL #1 U.S.D.A CHOICE

200 LBS. FOR ONLY \$58.13 PER MO. FOR 3 MOS. NO INTEREST

FREE 40 LB. BONUS

10 LB. CHICKEN
10 LB. PORK CHOP
10 LB. HOT DOGS
10 LB. SAUSAGE

SPECIAL #2

150 LBS. FOR ONLY \$49.50

FREE 30 LBS. CHOP

INCLUDES STEAKS, ROASTS, GROUND BEEF, PLATE MEAT

NO PAYMENT 'TIL FEB. 87

FREE 50 RIB EYE STEAKS TO THE 1ST 50 CUSTOMERS IN THIS SALE 3 OZ. STEAK W/PURCHASE

6 MONTHS SAME AS CASH

SPECIAL #4

250 LBS. \$49.58 PER MO. FOR 3 MOS. NO INTEREST

INCLUDES U.S.D.A. CHOICE STEAKS, ROASTS, GROUND BEEF, PLATE BEEF, PLUS FREE BONUS INCLUDES SECTIONS ON CHART 1-A, 1-B, 1-C, 3-F, 3-G & 1-D

SPECIAL #3

300 LB. BEEF **NEW 10 CU. FT. FREEZER**

\$112.00 PER MO. FOR 3 MOS.

EXAMPLE: 300 LB. @ 98 LB. = 297 NEW NAME BRAND FREEZER \$175.00 3-MO. SAME AS CASH TOT. \$172.00 BEEF ORDER INCLUDES SEC. ON CHART 1-A, 1-B, 1-C, 1-D, 4-F, 4-G, AND WTS. 300-450 LB. 25 LB. FRYERS, 10 LB. BACON, 10 LB. PORK CHOPS, 10 LB. HOT DOGS

SALE LASTS 5 DAYS!

WE ACCEPT: VISA, MASTERCARD, AMERICAN EXPRESS, CARTE BLANCHE AND DINERS CLUB

12% DISCOUNT TO ALL REPEAT CUSTOMERS

ALL BEEF CUT ON OUR PREMISES BY APPT. ONLY. ALL BEEF SOLD BY WTS. AVAILABLE HANGING WTS WILL VARY. 100% GUARANTEE IF NOT SATISFIED YOUR ORDER WILL BE REPLACED. PACKAGE FOR PACKAGE OR LB. FOR LB. NO LIMIT

FREE PRIME RIB TO THE 1ST 50 CUSTOMERS W/PURCHASE

BEEF CENTER 833-0020

3181 N. NIMITZ HWY., HONOLULU, HI, AIRPORT SIDE

OPEN TODAY - STORE HOURS: MON-FRI. 10 AM-6 PM. SAT. 10 AM-5 PM. SUN. CLOSED ALL NIGHTS RESERVED

Mastering the silent world

child leads active lifestyle despite handicap

Story and photos by Sgt. Leah Gonzalez

Watching David Dukes play football is almost like watching any good linebacker in a PeeWee League. He's aggressive, anxious to play a good game, and knows his job.

By being a hard charger, he's earned the respect and admiration of both his coaches and fellow teammates of the Wildcats.

David, 11, has the same basic desires and goals for himself that any other motivated boy does, except there's always been an obstacle most boys don't have — he is deaf.

While getting over that obstacle is something David will always have to deal with, he's always accepted it and has been working around it until something may possibly be done to correct it.

Playing football is just one way he's been defeating his handicap.

Although a little difficult at first, his father, Thomas, a master sergeant and NCOIC of the Air Station's career planning section, and his 15-year-old brother, Scott, have helped a lot.

"After he got on the Wildcats team, I started going to the games to help out," said Scott. "Mostly, I would stay on the sidelines and give him the plays in sign language."

Assistant Coach Richard Bates said David joined the team knowing just about all he needed as a linebacker. "We thought it would be a challenge to teach him — but it wasn't at all."

David picked up new plays quickly; and now, it seems he doesn't need near as much help on the side-

lines, according to Bates. "We just use our common play calling signs and he knows what we want," he said.

Playing football isn't his first sports venture. David has also played baseball while in New Jersey, and likes to kick a soccer ball around with Scott.

Another ambitious project David has taken on is attending a regular intermediate school here. He rides the bus with his "hearing" friends every morning instead of getting special transportation. "This was something David decided to do himself," said MSgt. Dukes. "He talked it over with us; and after his teachers agreed, he started riding daily."

Things will probably continue to go that way as David accomplishes more in the hearing world. He plans on going to a regular high school and playing football there, and hopefully play college ball if possible," said Scott.

Some may think he takes on these challenges just to prove himself, but when asked why he plays football, David simply says "because it's fun. I get to be with my friends, and get the opportunity to win trophies and other awards."

Although there are some provisions made to help David function more efficiently, like having his brother give occasional signals on the sidelines, or watching television with a special hook-up that prints captions at the bottom of the screen, "they aren't there to make him feel obvious or more susceptible to pity; they're only there to help him," said Scott. "Mainstreaming" is the

name of the game. His father explained how it puts David into the "hearing world." "He's constantly being schooled in sign language, lip reading and speaking just by being there," said MSgt. Dukes. "This helps him be independent, with no need of translator or other help."

More "schooling" comes in the form of daily tasks; from doing chores and conversing with family and friends, to classes in school that are especially designed

for him. "While we were stationed in New Jersey, we enrolled David in a special school for the deaf," said Marie, his mother. "He stayed there for a year of intense instruction. The school was excellent and David loved being around his peers; it really saved a lot of learning time for him."

Before then, Marie had been taking him to classes and doctors during the week, but it was time-consuming and he wasn't

getting all the instruction he needed.

"We had sort of come to a stand-still, that's when we decided he needed to go to a special school," continued Marie. "And, although he's not in that environment anymore, it was good for him at the time. But now, he just needs to get out and deal with the world."

David's family isn't trying to isolate him from his non-hearing peers. "If he meets others later on and gets into study or social groups,

that's fine. But what we want most for him is to be able to function as normally as possible in the hearing world, and not to be or feel sheltered," said Marie.

"Of course he'll always have his handicap," she said, "but the more he's out there with the hearing, the better he'll be able to cope and become what he wants."

For David, that goal is getting out on the field one day with a great college team. Beyond that, who knows...



David Dukes (left center), team-tackles a player during a practice session.



David with his mother, Marie, brother Scott, and father MSgt. Thomas Dukes.



David gets play instructions from his brother, Scott, during practice.



David helps his father, MSgt. Thomas Dukes, fix a car he's been tinkering with.



Close to 10,000 runners start the Eleventh Annual Marine Corps Marathon. Gen. P. X. Kelley, commandant of the Marine Corps, fired the starting gun to send the runners on their 26-mile 385-yard journey through the nation's capital.

Former Marine officer wins Corps' marathon

MCDEC, Quantico, Va. — Former Marine artillery officer Brad Ingram took top honors in the 11th Marine Corps Marathon held Nov. 5, in Washington, D.C.

The 31-year-old Mansfield, Ohio, resident clocked in at 2:23:13, and became the only repeat winner in the history of the marathon. Ingram won in 1984 and finished second in last year's race.

This year's marathon was marked by tragedy when a 32-year-old Marine collapsed at about the 15-mile marker one hour and 40 minutes into the race. Staff Sergeant Martin A. Wurst Jr., of H&MS-49, NAS, Willow Grove, Pa., was taken to George Washington University Hospital after receiving immediate cardio-pulmonary resuscitation on the course from two other runners. He

was pronounced dead at 11:32 a.m.

Most of the nearly 10,000 runners were not aware of the incident, with the lead runners setting a strong race despite the 70-degree temperature and high humidity. Only 26 seconds separated the second and third place finishers, with Great Britain's John Stevens crossing in 2:24:05 and Rudy I. Robinson, of Washington, D.C., finishing in 2:24:31.

The marathon's reputation as "The People's Race" was strengthened by the performance of a first-time marathoner winning the women's division. Kathleen Champagne, 24, a social worker from Plattsburgh, N.Y., turned in at 2:42:59, almost six minutes faster than her closest female competitor, Lucia Geraci, of Dun-

woody, Ga., who finished in 2:48:58.

The Commandant of the Marine Corps, Gen. P.X. Kelley, fired the starting shot at 9 a.m., near the Marine Corps War Memorial in Arlington, Va. Handicapped racers preceded the main body of runners by 10 minutes, with Ken Archer, of Bowie, Md., bringing his wheelchair past the finish line in 2:10:21.

As the runners passed the Pentagon and went over Key Bridge into Georgetown, the humidity remained at 100 percent, with the temperature reaching the low 70s. The 26-mile 385-yard course continued past the Kennedy Center, to Constitution Avenue, to the Capitol, and returned to the Potomac River on Jefferson Drive.

The pace slowed as they circled the tidal basin, with

many of the thousands who were running for the first time "hitting the wall" as miles 20 through 22 brought them around Hains Point. Crossing the Potomac at the George Mason Memorial Bridge, the runners finished the race at the Marine Corps War Memorial.

For the first time, top finishers were given urinalysis tests at the end of the race. As an official qualifier for the Boston Marathon, the Marine Corps Marathon is sanctioned and certified by the Athletic Congress. The first three male and female finishers were tested for chemicals or drugs, and four others from the top 25 finishers were randomly chosen for testing.

Approximately 11,300 registered for the race, representing all 50 states and 24 coun-



Brad Ingram battles increasing temperatures and humidity to maintain his lead capturing the trophy with a time of 2:23:13.

tries. For the third consecutive year, the Marine Corps team entry lost their challenge cup to the British Royal Navy Team. In addition to the Marine Corps team entry, more than 1,000 U.S. Marines entered.

The Marine Corps Marathon is the third largest marathon in the United States, following New York and Chicago in size. Its operating budget of approximately \$135,000 is financed solely by

the \$12 entry fee.

Open Male Category

- 1st — Brad Ingram, 2:23:13.
- 2nd — John Stevens, 2:24:05.
- 3rd — Rudy I. Robinson, 2:24:31.

Open Female Category

- 1st — Kathleen Champagne, 2:42:59.
- 2nd — Lucia Geraci, 2:48:58.
- 3rd — Sally H. Strauss, 2:52:08.

By Sgt. Sue Simon
PAO, MCDEC Quantico

Air Station hosts Birthday 10k

In celebration of the Marine Corps' 211th anniversary, a 10K "fun run" was held on the Air Station, Monday.

The early morning run, sponsored by Special Services, started and finished at Dewey Square with hundreds of Marines, family members

and units participating.

Awards were later presented to the category winners by Brigadier General G.L. Cates, commanding general, 1st MAB, during the birthday pageant and cake ceremony, held on Pop Warner Field, Monday morning.

Place	Time	Name	Unit
1	33:10	Sgt. Danny Pinyerd	HMM-165
2	33:21	LCpl. Jeff Hutchinson	H&MS-24
3	34:50	Cpl. Anthony Rhatt	HMH-463
4	34:52	Sgt. Bret Schmidt	Co. E, 2/3
5	35:48	Sgt. Alvin Leary	Eng Co., 3d
6	35:49	Lt. Col. Tom Carras	Marines
7	36:04	1stLt. Randy Oliver	CINCPAC
8	36:04	1stLt. Bill Greenam	MWSS-173
9	36:39	Sgt. Manuel Estrada	FMFPac
10	36:43	LCpl. Tarran Foster	HQCO, 3d
11	37:38	Sgt. Joseph Kerr	Marines
12	37:38	Sgt. C. Alley	H&HS
13	37:43	SSgt. Gregory Bentley	HMM-165
14	37:52	Cpl. Anthony Banks	BSSG-1
15	37:54	Maj. Ken Berger	H&HS, MCAS
			Bty. A, 1/12
			HMM-165

16	38:04	Cpl. Jeff Nelson	BSSG-1
17	38:05	Sgt. Greg Briddell	H&HS, MCAS
18	38:12	LCpl. Tim Keith	CommSptCo.
19	38:32	LCpl. Jesus Iracheta	H&MS-24
20	38:33	Finisher did not report in	
21	38:45	1stLt. Bill Dolley	1st RadBn.
22	38:47	1stLt. Jim Holland	HQCo. 3d
23	39:07	SSgt. Chuck Creswell	Marines
24	39:13	LCpl. Joseph Salinas	H&S Co., 1st
25	39:16	Cpl. Nick Jones	MAB
26	39:21	Maj. Rick Nealis	H&S Co., 2/3
27	39:24	Sgt. Starlene Fortin	1st RadBn.
28	39:29	MSgt. Juan Perez	BSSG-1
29	39:55	Sgt. Bobby Coble	HMM-463
30	40:00	Maj. Kevin Kiernen	BSSG-1
31	40:05	1stLt. Don Herr	H&S Co., 1st
32	40:06	2ndLt. Anthony Orlando	MAB
33	40:08	Sgt. William Medford	HMM-364
34	40:24	1stLt. Daniel Bernth	MCAS-2
35	40:28	LCpl. Arlen Lee	AAV
36	40:31	LCpl. Bruce Flynn	BSSG-1
37	40:32	Capt. Charles Reynolds	HQCo. 3d
38	40:33	Cpl. Terry Oswalt	Marines
39	40:36	GySgt. Robert Taylor	BSSG-1
40	40:36	LCpl. Alex Capone	H&HS, MCAS
41	40:36	Sgt. Coleman Peterkin	H&MS-24
42	40:38	MGySgt. Robert Duffy	MACS-2
43	40:43	SSgt. Michael Babcock	Co. E, 2/3
44	40:46	SSgt. William Kilpatrick	H&HS, MCAS
			1st RadBn.
			HMM-165
			SOMS, MCAS

45	40:49	SSgt. Francisco Suarez	H&HS, MCAS
46	41:00	LCpl. John Fleming	HMH-463
47	41:01	LCpl. Vernon Ferguson	BSSG-1
48	41:01	Sgt. Jose Midence	BSSG-1
49	41:07	LCpl. Patrick Lane	SOMS, MCAS
50	41:18	Cpl. Randy Peterson	CommSptCo.
51	41:20	Cpl. Bryon Morlock	MACS-2
52	41:22	1stLt. Mark Kamyszcz	BSSG-1
53	41:23	LtCol. Thomas Hampton	BSSG-1
54	41:24	LCpl. Gregory Mitchell	1st RadBn.
55	41:28	Beth Valenzuela	
56	41:30	MSgt. James Rohrbach	H&S Co., 1st
57	41:33	Maj. Robert Richardson	MAB
58	41:36	LCpl. Dan Stimpson	H&S Co., 1st
59	41:37	GySgt. Don Tillie	MAB
60	41:38	Capt. Vance Cobb	1st RadBn.
			1st RadBn.
			BSSG-1

Category	Runner	Time	Unit
Div. 1	LCpl. Joseph Salinas	38:33	H&S 2/3
Div. 2	Cpl. Anthony Rahatt	34:50	HMH-463
Div. 3	LCpl. Jeff Hutchin	33:21	HMS-24
Div. 4	Sgt. Bret Schmitt	34:52	Co. E 2/3
Div. 5	1stLt. Bill Greshman	36:04	CINCPAC
Div. 6	LtCol. Carras	35:49	CINCPAC
WM 1st	Sgt. Starlene Fortin	39:24	BSSG-1
WM 2nd	Cpl. Dorothy Gavin	44:23	MWSS-173
Unit, 1st	Co. F, 2/3		
Unit, 2nd	Navy		
Unit, 3rd	H&S BSSG-1		
Fastest time	Sgt. Danny Pinyerd	33:10	HMM-165



Runners for the Birthday 10K "fun run" at Dewey Square, Monday.



H&S Co., BSSG-1 Marines run to the finish and place third in the unit category.



Lieutenant Colonel D. E. Belatti, SOMS commanding officer, holds up the plaque presented by Col. R. P. Rogers, Air Station commanding officer, after SOMS won the intramural flag football championship, Sunday.

SOMS undefeated in flag football

By SSgt. Dave Smith

With only 34 seconds remaining, an interception sparked a touchdown drive to put the finishing touches on the championship intramural flag football game, Sunday, as SOMS salvaged a 19-14 victory over H&S, BSSG-1.

SOMS' middle linebacker, Curtis Washington, snagged the ball, which two plays later, Tony Cisneros passed deep to wide receiver Kinnis Gilbert. A short pass to the waiting arms of wide receiver John Rooks in the endzone put SOMS on top.

After scoring on their first possession, SOMS scored again just before halftime on a long pass to "Killer" Kilpatrick, but was unable to gain the extra points after either touchdown. At the half, SOMS trailed 14-12.

The second half was scoreless — until the final minute of play. "The same die-hard attitude that won them the championship last year, pulled them through this year too," said coach Mike Evans. "When many teams would have accepted defeat at that point in the game, these guys just dug in and looked for any opportunity to

turn it around, which they did."

"Besides winning the championship, SOMS' football squad also became the first team in any intramural sport here — over the past four seasons — to go undefeated," said Jerry Price, Station athletics director. Colonel R.P. Rogers, MCAS commanding officer, presented the trophies to both SOMS and second place H&S, BSSG-1.

Both teams may meet again, as they will both play in the Hawaii Armed Services Athletic Council's flag football championship later this month.

Sports Shorts

Ten-mile fun run

The 10-mile Patty Smith Memorial Fun Run, sponsored by the Pacific Foundation for Cancer Research, will be held Nov. 16 starting at 7 a.m. at Ala Moana Park's McCoy Pavilion.

Entry forms are available at Runner's Route, Pearl City; Running Room, Kapahulu; Athletes Foot, Pearl Ridge and Hawaii Kai; and

Honsport, Ala Moana and Kailua; no deadline for registration will be set.

Entry fee is \$10 for adults and \$8 for youths. race-packets can be picked up between 10 a.m. and 1 p.m., Nov. 15, at the McCoy Pavilion. The packet includes running number, T-shirt, and certificate. Checks should be made payable to the Pacific Foundation for Cancer Research, 1750 Kalakaua Ave., Suite 1808, Honolulu, Hawaii 96826. Prizes will be

awarded by Random drawing. For more information, call 942-2700.

Youth basketball

Youth Basketball registration for boys and girls, 8 through 16 years old, is being conducted on a first-come, first-served basis at the Dependent Recreation Center, building 1391, from 1 to 4 p.m., Monday through Friday, through Nov. 28.

All applicants must be accompanied by a parent/guardian. The registration form is available at the time of registration, and a mil-

itary ID card or a birth certificate are required.

For more information call 254-2963.

K-Bay Athletic Club Women's Softball

The Kaneohe Bay Athletic Club Women's softball season will start Nov. 16.

Membership is open to all active duty military, spouses and DoD employees. Anyone interested in playing is urged to sign up by Nov. 1.

For more information, call Tina Lowe at 254-2304; or Judy Perkins at 262-7611.

Players needed

The Mix Emotions are looking for women Marines or Marine spouses to join their

softball team. The team is part of the Dependent's League which plays every Sunday. If you would like to play, please call SSgt. Bueno, at 257-2179/8.

Ticket info

Pro Bowl — Aloha Stadium on Feb. 1 at 11 a.m. Tickets are \$12.50. Aloha Bowl Football — Dec. 27, 3 p.m. Tickets are \$15 for 40-50 yd. line seats. KMC MidPac reservations can now be made through Special Services. Ask for Margaret between 10 a.m. and 2 p.m. Filipino Martial Arts — NBC Arena on Nov. 16, from 1 to 3 p.m. and 3:30 to 5 p.m. Tickets are \$12.70, \$10.70 and \$8.70.

America — Hilton Hawaiian Village Coral Ballroom, on Nov. 14, 8 p.m. Tickets are \$17.50.

Whitney Houston — NBC Arena on Nov. 30 at 7:30 p.m. Tickets are \$23.50 for floor seats, loges and lower balcony, and upper balcony is \$18.50.

For more information, call Margaret at 251-3301 or stop by building 219.

What's cooking

Today

Lunch Grilled Salisbury steak, baked ham
Dinner Roast beef, hamburger parmesan

Friday

Breakfast Grilled ham slices, creamed beef
Lunch BBQ spareribs, chupstick tuna

Dinner Deep fried fish sticks, French fried shrimp, grilled pork chops

Saturday

Brunch Grilled Canadian bacon, grilled sausage patties
Dinner Baked honey-glazed Cornish hens, beef balls Stroganoff

Sunday

Brunch Grilled minute steak, minced beef
Dinner Charbroiled steak-to-order, oven-fried chicken

Monday

Breakfast Baked sausage links, oven-fried bacon
Lunch Baked Halibut steak, chili-macaroni

Dinner El Rancho stew, fried rabbit

Tuesday

Breakfast Roast beef hash, grilled ham slices
Lunch Simmered corn beef, roast pork ham

Dinner Roast veal, spaghetti

Wednesday

Breakfast Baked sausage patties, creamed beef
Lunch Braised pork slices, chicken-fried beef patties

Dinner Baked meat loaf, French fried fish sticks

FITNESS TIPS

GETTING STARTED



Ronald T. Nelson
D.D.S.
FAMILY DENTISTRY
970 N. Kalaheo Ave.
Suite C #309
PALI PALMS PLAZA KAILUA
HRS: Days & Evenings
By Appointment
254-5503

SAVE ON GAS! SAVE ON REPAIRS! SAVE THE LIFE OF YOUR ENGINE!

System "48-PLUS"
GIVES BETTER GAS MILEAGE, INCREASES COMPRESSION AND HORSEPOWER, FASTER STARTS IN COLDEST WEATHER, REDUCES WEAR AND STRESS ON INTERNAL PARTS FOR LONGER ENGINE LIFE!

Just add one 8 ounce container to your oil and that's all you do!

System "48-PLUS"
Extra-Tough Heavy Duty Chemical Engine Formula For Old Engines — New Engines... ALL Engines!
For use in Gas and Diesel, Powered Internal Combustion Engines of Cars — Trucks — Tractors — Farm Vehicles — Marine — Industrial Equipment — Etc.
Developed, Manufactured and Guaranteed for Satisfaction by Expert Automotive Engineers!
This is the powerful Friction Suppressor that works and stays within the engine!
WILL NOT "FLUSH-OUT"! Even with one oil change after another!

"Life-Of-Your-Car" Guaranteed!
Satisfaction guaranteed — or Manufacturer will issue full one-container purchase price refund upon consumer's return of Warranty Receipt and empty container — at any time... even years from now!

For sales and further information:
MARINE CORPS EXCHANGE SERVICE STATION
This ad not paid for by Marine Corps Exchange.

MILITARY PERSONNEL...

Visit neighbor islands at special hotel rates...
Here's a great way to discover the attractions of 4 islands at budget hotel rates. Use Hawaii's top hotel value... comfortable rooms in attractive and convenient locations.

\$31 for 2 from

KAMAIIA OR MILITARY RATES <i>All rates are no double occupancy</i>	Standard rooms	from \$31-40
	Superior rooms	from \$35-44
	Deluxe rooms	from \$39-49

QUEEN KAPIOLANI
Waikiki/From \$38

WAIKIKI HANA
Waikiki/From \$31

MAUI BEACH
Kahului, Maui/From \$40

MAUI PALMS
Kahului, Maui/From \$31

For reservations and information see your travel agent or call
Hawaiian Pacific Resorts
531-5235 From neighbor islands, toll-free 1-800-272-3275
Executive offices: 1150 S. King Street, Honolulu, HI 96814

Need a car? Ask us about our "Room & Room" a super value hotel and car package with cars provided by DOLLAR RENT A CAR. Reservations may also be made through ALDIA AIRLINES, phone 936-1111.

2 FOR 1 SPECIAL!

OFFER LIMITED! EXPIRES 11/30/86

It's our TWO MEMBERSHIPS for the PRICE OF ONE SPECIAL!
SHAPE UP! WORK OUT WITH THE BEST!

Hawaii's Only FULL FACILITY FITNESS CENTERS
CALL OR COME IN TODAY!

international fitness centers
FOR MEN & WOMEN 7 DAYS PER WEEK

Honolulu Club
1680 Kapiolani Blvd.
OPEN 8A-10PM
942-8990

Pao Club
2810 Pao Street
OPEN 6AM-10PM
833-6619

Kaneohe Club
45-608 Ham Hwy.
OPEN 6AM-10PM
235-5839

Marines train Hollywood actors

Subic Bay, R.P. — Marines from "G" Co., 2d Battalion, 9th Marines stole the show; and in the process,

14 young actors learned a little about what life was like on Vietnam's bloody Hamburger Hill. The Marines,

home-based on Okinawa, on training exercises in Subic Bay, were recently asked to "train" actors in preparation

for an upcoming screen portrayal of the famous 1969 assault during the Vietnam War.

"Hamburger Hill," a motion picture produced by RKO, began shooting in October. There are no "known" stars, said Association Producer Ken Metcalf, but hopes are for a strong storyline to carry the movie into the cashbox.

The film is being directed by John Irwin, who has directed "Triple Identity," "Dogs of War," and "Champion." Irwin said he wants to use as many "real life" military personnel as possible to achieve realism in supporting roles for "Hamburger Hill."

The principal 14 actors, auditioned at Los Angeles, Chicago and New York City, were chosen to represent an Army infantry squad, a platoon leader and other personnel, said retired Army Sergeant Major Albert W. Neal, advisor for the production.

Neal served in Vietnam's Ashau Valley on Hamburger Hill with B Company, 3187th

Infantry Battalion. During the troupe's eight-day "boot camp" at Green Beach, Neal helped smooth the transition from theatrical arts to the warfare art.

At Green Beach, and at their "home base" at Cubi Point's Marine Amphibious Force Lower Camp, the "recruits" interacted with military personnel; learning cursory weapons and squad tactics; and got a feel for life "in the mud."

"We're dealing with a squad of young men (in the movie)," said Metcalf. "Their trials and tribulations during the assault, the camaraderie among the guys — the morale."

While none of the actors have any military experience, Metcalf seemed confident the young men would gain the essentials.

Story and photos by
JO2 (SW) Greg Lewis, USN



Two Marines from "G" Co., 2/9, fire the machine gun while two actors and other Marine squad members observe.



"This is how it's done." 2dLt. Kurt Chapman shows squad tactics to Hamburger Hill "recruits."

Special Services

New Fitness Center hours

The fitness Center will change its hours of operation on Dec. 1 to: weekdays, 6 a.m. to 9 p.m.; holidays and weekends, 9 a.m. to 4 p.m.

WM sports awareness program

The Athletics Office is sponsoring a WM Sports Awareness Program, Dec. 10, 11 a.m., to noon, at the Station Theatre.

To participants, a 1987 calendar and sports pamphlets will be distributed and

a 15-minute presentation will be given at 11:30 a.m. Sign-up for coming sports will also be held.

All WMs and Navy women are requested to drop by for a few minutes and see what the Athletics office has available in sports and fitness programs.

For more information, call 257-3550/3622.

Varsity tryouts

Tryouts for wrestling and women's varsity basketball are being conducted by the Athletics Office.

Anyone interested in participating in these sports are urged to call 257-3550/3622.

Cloth Crafts

Dependent Recreation is offering a class in cloth crafts, including machine quilting, applique, hand quilting and tying. The first session starts Nov. 18 through Nov. 9 to 11 a.m. Cost is \$20 and some materials are needed. To sign up call 254-2963 or stop by building 1391.

Golf Catfight

A Golf Catfight will be held at the Kaneohe Klipper Golf Course, Dec. 17, at 12:30 p.m., with a shotgun start.

Entry blanks will be available Dec. 1 at the Station

Gym, Special Services Ticket office and Golf Course. Deadline for entry is Dec. 12 at 4 p.m.

For more information, call 257-3550/3662.

Skeet Range

Beginner skeet classes are offered every Saturday at 9 a.m., at the Skeet and Trap Range. Classes will be held on two consecutive Saturdays and participants must be 13 years old or older. Discount prices are available to unit participants with four or more shooters. Arrangements must be made through your Special Services officer to qualify. Hours of operation

are 11 a.m. to 6 p.m. Fridays; and 9 a.m., to 6 p.m. Saturday, Sunday and holidays.

All equipment and instruction is provided at the range. Call 257-2868/3108 for reservations and information.

Station Library

The Station Library has a book "Wild Blue," by Walter Boyne. Tracing the U.S. Air Force from its beginning in 1947 through the latest ascents into space, this book follows the lives of six very different airmen, at work, at play and in love. Each joins for his own reasons. The book

also depicts military families, focusing particularly on military wives.

Bowling tourney

A "Thank God, we got through another IG," King of the Hill Bowling tournament will be conducted, here, Nov. 29 and 30.

For partner details, call the Bowling Lanes.

Kaneohe Bay, Hawaii

Island Happenings

Toys for Tots

Two fun-filled days for the children which will also benefit the annual "Toys for Tots" campaign of the Marine Corps Reserve, will be held at the Ward Warehouse on Nov. 15 and 16.

"Toys for Tots" Totland, offering an array of special events, activities, games and entertainment for children will be open from 11 a.m. to 3 p.m. each day. Admission to the Tot Tent is one new toy per child for donation to the "Toys for Tots" campaign. The tent will be located in the Ward Warehouse parking area off Auahi St.

Costumed characters, clowns, and a juggler will make appearances at the Tot Tent where games, such as Bowl-A-Bug, Clown Toss, and Leaping Lizards, will be held throughout the day. Other continuous activities include midget race cars, haku head-wei making demonstrations, a Waikiki Aquarium exhibit, and a petting zoo with birds, a goat, and midget ponies, which will be available for picture-taking.

public policy and alternative responses by public authority. The seminar will evaluate and discuss types of terrorism with emphasis on hijacking and kidnapping; the importance of the intelligence function; and analysis of the terrorist's motivation, leadership and groups. Emphasis will be placed on tactical and strategic considerations and on the development of hostage behavior and techniques related to personal security.

Sloan has lectured at the National and Army War Colleges. He has conducted over 16 simulations of terrorist incidents with personnel units in Norman, Portland, New Zealand, and other sites. He developed a simulation which has been incorporated in to the training program of a leading international airline.

For information and registration contact Joy Fife at 449-1849. Registration ends Dec. 4, and space is limited.

National Military Family Assoc.

Joint Employment Management Services and the new Tax Reform laws will be the topics of discussion at the next meeting of the Hawaii Chapter of the National Military Family Association to be held at 9:30 a.m., on Tuesday at the Fort Shafter NCO Club.

Danny Croner, assistant director/marketing of JEMS, will be speaking on job searching strategies, spouse employment and preparation

in entering the job market in Hawaii. Marine Captain Gary Beaver will present information on the tax reform and how will affect military families.

OWC Bazaar

The All-Officers Wives' Club of Barbers Point will hold its annual Christmas Bazaar on Nov. 15, at the Windsock Officers' Club from 9 a.m. to 2 p.m.

There will be Christmas decorations, baskets, Aloha wear, stenciled items, clothing for Cabbage Patch and Barbie dolls, wooden crafts, watercolors and country home furnishings. Babysitting will be available at reasonable rates. For information call Pamela Cottrel 499-2550.

St. Louis Center Mamiya theatre

"Nutcracker," the holiday favorite ballet, will be presented by Ballet Hawaii on Nov. 29, 29 and 30, with repeat performances Dec. 5-7.

Shows are at the Mamiya Theatre, St. Louis Center for the Arts, 3rd and Waialae Avenues, Friday and Saturday at 8 p.m., and Saturday and Sunday at 2 p.m. The ballet features music by Tchaikovsky and choreography by Pamela Taylor-Tongg, formerly of the Atlanta Ballet and now balletmistress of Ballet Hawaii.

Tickets \$12, with a \$2 discount for children 12 and under and senior citizens at matinees. Tickets are available at Sears Ala Moana, Windward Mall and Pearlridge; Kahala Music; and Pearlridge Music. For information, call 988-7578.

ZENITH VCR
NOW ON SALE AT
PARTICIPATING
NAVY
EXCHANGES!



Model VR1820

Zenith's new 4-head VHS VCR with HQ Circuitry for sharper pictures ...plus "Favorite Channel" scan to avoid tuning unwanted channels.

See it at your PX...or order through your Special Order Desk so you'll have all these Zenith VCR convenience and performance features at your command!

- 14-day/4-event programmable auto-record, records up to two weeks of your four favorite programs, automatically.
- Motorized front self-load with automatic power-on.
- Rotary 4-head scanning system, selectable for SP or EP recording...automatically switches to correct speed for SP, LP or EP playback.
- Automatic play; play memory; and "Favorite Channel" scan.
- 2-way picture speed search.
- One-button instant record; slow motion and pause/still picture in EP.
- 14-function wireless infrared remote control operates both VCR and current Zenith remote control TV.

ZENITH

The quality goes in before the name goes on.®

Video Cassette "Operating Guide" comes with the Zenith VHS Model VR1820 VCR



It's a pre-recorded video cassette — a videotaped "operating guide" packed with every Zenith Model VR1820 that shows and tells you how to use and care for it and how — right from the start! — to make the most of your new Zenith VR1820 VHS VCR.

SEE BUY! NOW! AT YOUR EXCHANGE!

Terrorism seminar

Doctor Stephen Sloan, professor of Political Science at The University of Oklahoma and a nationally recognized expert on international terrorism, will conduct a seminar Jan. 4-10 on Hickam AFB.

The seminar will cover past and current research,

Runner's Forum

An important element in marathon preparation is a stretching program. Experts agree that a proper warm-up and cool down will help prevent injury, reduce muscle soreness and generally improve the body's ability to benefit from exercise.

As a basic guide, each stretching exercise should be smooth and controlled, with specific attention on not overstretching. Each stretch should be held for at least 30 seconds because certain sensors within muscle spindles do not reach until it is stretched a minimum of 30 seconds.

It is also important to note that in performing different stretches you should not do it to the point where it hurts. Assume a position short of causing pain.

One of the most vulnerable spots for a runner is the Achilles tendon, which attaches the calf muscle to the heel. The most common stretch not only for the Achilles tendon, but for the calf (gastrocnemius muscle) is done by standing with the feet flat on the floor and legs straight.

After performing this stretching exercise bend the knees and stretch again. This

part is for the other calf muscle (soleus) that is sometimes ignored and could develop injuries.

Another problem encountered by runners is pain in the buttocks and hamstrings (back of leg) due to lack of flexibility. The exercise recommended is called the "hurdler's stretch". Place your leg straight on a chair, table or anything about waist high. Bend forward and gently try to touch your toes or go as far as you can without causing pain.

A good stretch for your spine, abdomen and back of the legs is called the "plow." Lying flat on your back, pull your knees up to your chest. Next, attempt to straighten your legs and lower them behind your head or as far as they can go.

Finally, the exercise I like to do as a warm-up stretch is called the "frog," which is excellent to stretch the Achilles tendon, groin and lower back by squatting with your feet shoulder-width apart and toes pointing forward. For those of you who are extremely tight, hold on to a fixed object for balance. Remember to keep your heels on the ground.

There are numerous

stretches you can incorporate into your training program, but the stretches mentioned should provide the required flexibility. Also keep in mind that the first few miles of your workout should be part of your warm-up; so go easy.

Once you have completed your run, make sure you cool-down with a slow jog or easy walk. Never just stop, since the blood in your muscles is still pumping and a sudden stop could bring on cardiovascular problems.

With the cool-down completed, again perform your stretching exercises; this is probably the most crucial factor in preventing injuries.

As many experts feel, the stretching done after a workout will provide lasting gains in flexibility.

For those who do not like stretching, a suitable substitute is yoga exercises called asanas. This exercise is done by slowly moving into certain positions while controlling your breathing. By holding the stretch, you will loosen and tone your muscles, making them more flexible.

So, if you don't do it now, start warm-ups and cool-downs to stay injury free; and stay fit.

by LtCol. Tom Carron
Camp H.M. Smith

WE BUY

**GOLD • SILVER • PLATINUM
DIAMONDS • WATCHES
U.S. & FOREIGN COINS**

HONOLULU
746 KAPAHULU
735-2368

Prestige

KANEHOE
46 216 KAHUHIPA
247-8477

OPEN 9-5 DAILY • SAT 9-12



Your Will expresses your concern for loved ones and your compassion for those in need.

DO YOU HAVE ONE?

If not, what you've worked a lifetime for will be distributed by the state according to law, and that may not be what you wish. Loved ones may not receive what you want to provide for them... and all your favorite charities will certainly be left out.

It takes little time or money to prepare a Will. And look at all you stand to gain:

- YOU control the distribution of your estate
- Reduced estate and inheritance taxes let you leave more to your heirs
- Save on probate fees
- Assets pass uninterrupted to loved ones of your choice
- Your tax-free gift to The Salvation Army will help feed the hungry, house the homeless and care for the sick, the infirmed and victims of natural disasters.

Without a Will, you cannot properly care for loved ones or your fellow man. But with a Will, there's a way.

To find out more, send for our FREE BOOKLET *Wills Today*.

THE SALVATION ARMY
Hawaiian Islands Division
(P.O. Box 620)
2950 Manoa Road
Honolulu, HI 96809

You I want my life's savings to live on for my loved ones and my fellow man. Please send me your free, no obligation WILLS booklet.

Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Send Date: _____

\$39.95 Sliding Rear Window

w/each Campershell purchase Special Ends 11/29/86
+ tax INSTALLED Reg. Price \$95

STOCKLAND CAMPERHELLS

Popular Models In Stock

Domestic & Import
Commercial Models Available



Financing Available

- HARBOR Utility Bodies
- GAYLORD Fiberglass
- Tonneau Covers
- Sliding Rear Windows
- Tool Boxes
- Flatbeds
- Liftgates
- Pipe Racks
- Roll Bars
- Grill Guards
- Tube Bumpers
- & MUCH MORE

TRUCK EQUIPMENT HAWAII
944 AHUA ST. (behind Carpet Corner) 836-0525



"I'm sorry, Red Dog One is not a working number."

If You've
Been
Holding
Out



Now's The
Time To Buy
Entertainment
Center

\$98
Reg. \$399.00



**Furniture
Warehouse Outlet**
1505 Dillingham Blvd.

847-3310
M-F 10-5
SAT 9-6

Dinner is a
Special Occasion

at
Rob Roy's
Kailua's Traditional
Family Restaurant
Dinner Served from 5 P.M.



Succulent
PRIME RIBS OF BEEF
Finest beef, thick, tender, juicy
and just the way you prefer it.
\$12.95

SHRIMP CURRY
With our own sauce seasoned to
perfection. Condiments you'll
love.
\$8.50

**Korean Style
SHORT RIBS**
Prime ribs with a
delicious Oriental
sauce.
\$8.95

SCAMPI
Large shrimp
sauteed in butter
garlic & a pinch of herbs
\$11.95

... and many more,
all with soup or
tossed green salad,
potatoes or rice, roll
and butter.

Rob Roy's

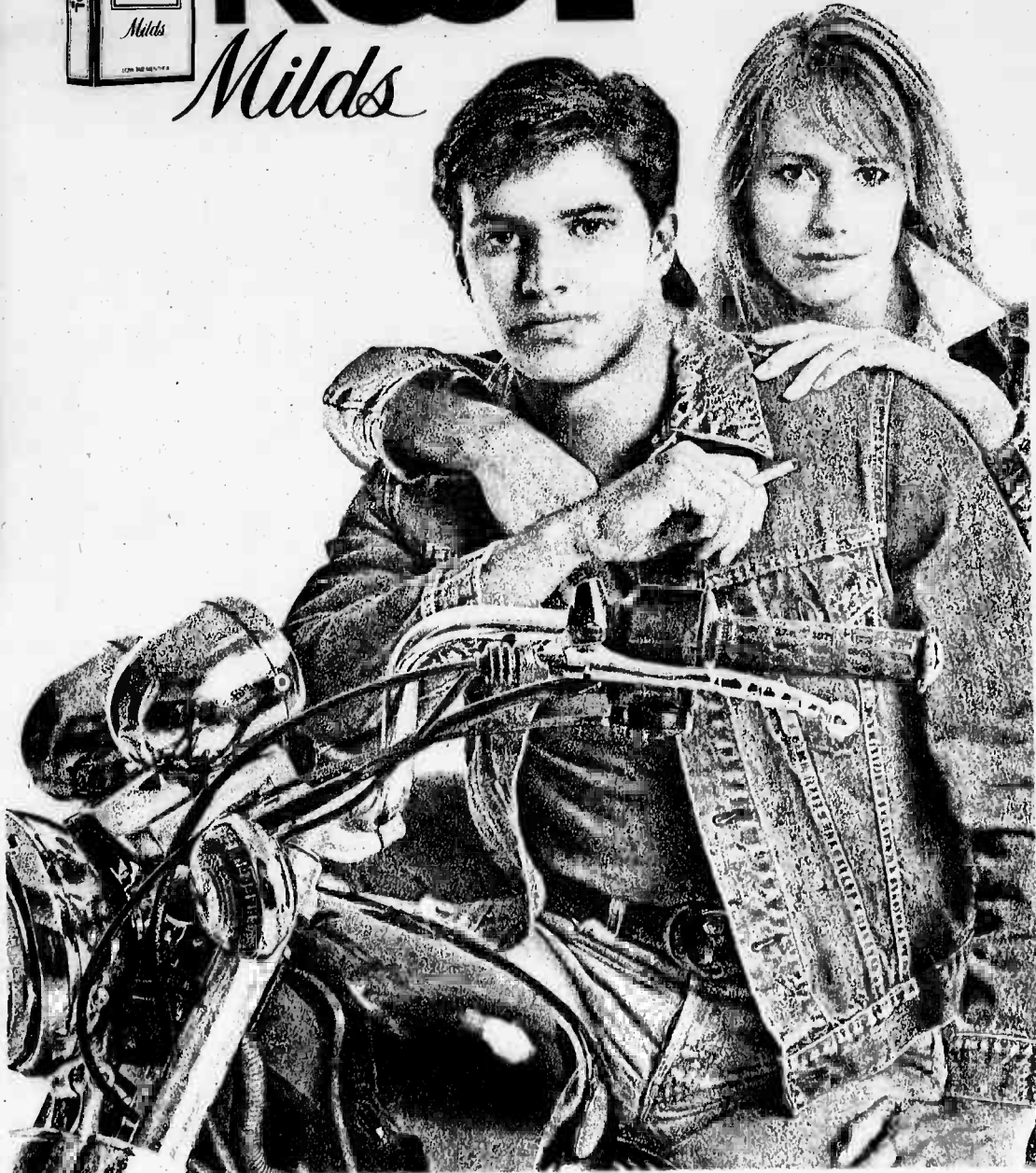
26 Hoolai Street
Open from 6:30 A.M. daily

262-6992



KOOL

Milds



12 mg. "tar", 1.0 mg. nicotine av. per cigarette by FTC method.

SURGEON GENERAL'S WARNING: Smoking Causes Lung Cancer, Heart Disease, Emphysema, And May Complicate Pregnancy.

TEAM SPIRIT

SUPPORTING OUR LOCAL ILH & OIA FOOTBALL TEAMS . . .

WILLY'S TRANSMISSION

46-148 Kahuhipa Street

235-6488

Kaneohe, HI. 96744

SCHEDULE

OIA		ILH	
Friday, Nov. 13 5:45 p.m. Castle vs. Farrington JV East Championship 8 p.m. Kahuku vs. Farrington East Championship	Saturday, Nov. 14 5:45 p.m. Lelehuua vs. Wai'anae JV West Championship 8 p.m. Lelehuua vs. Wai'anae West Championship	Thursday, Nov. 13 Friday, Nov. 14 Pac-5 vs. St. Louis Damien vs. Kanehameha Iolani vs. Punahou	

COUPON

SPECIAL! AUTOMATIC REBUILT TRANSMISSION MOST CARS!

\$195.00 (Plus Tax and Oil)

(Converters and hard-parts, if needed, EXTRA). This Offer Expires November 29, 1986

COME-IN OR CALL TODAY 262-6514

KAILUA TRANSMISSION SERVICE

OPPOSITE MIDAS IN KAILUA 175-A KILIMAKUA DRIVE (TOWING AVAILABLE)

BRITISH AUTO

EXPERT SERVICE For All BRITISH & ITALIAN SPORTS CARS

New & Used Parts For British Cars

NO CHARGE FOR DIAGNOSIS OF PROBLEMS

ALL WORK GUARANTEED FOR 90 DAYS

235-1818

1060 HUALA LANA STREET KANEHOE, HI.

BRING THIS COUPON IN FOR 1 WEEK'S FREE RENT!

BUDGET RENTS-TO-OWN

ON ANY NEW RENTAL - 1 month minimum

AIEA 98-116 KANAHAWY 487-0067

HONOLULU 3085 N. WIMITZ HWY. 834-7197

20% OFF ALL AUTO TINTING

MOST 2 DOOR CARS REG. \$120.00. **\$95.00**

MOST TRUCKS REG. \$95.00. **\$75.00**

SERVING HAWAII FOR 7 YEARS

EXPIRES NOV. 30, 1986

ISLAND GLASS TINTING, INC.

New Honolulu location: 537-C CENTER ST. 533-0000

KANEHOE 45-021 KANAHAWY 247-1068

PEARL CITY VOLKS REPAIR

ILH/OIA TUNE-UP SPECIAL

We will replace:
• Plugs • Points • Engine Oil • Lube Front End

We will adjust:
• Valves • Carburetor • Timing

We will also report on the general condition of your car

TYPE 1 3 **\$35.95** SCIROCCOS, RABBITS, DASHERS **\$45.00**

TYPE 2 up to 1971 **\$35.95**

TYPE 4 **\$42.00** Please bring in coupon so we may give you these special prices. Offer good thru 11/26/86

PEARL CITY VOLKS REPAIR

98-025 Hekaha St. Ph. 487-0060

YARD BUSTERS

NO JOB TOO BIG NO JOB TOO SMALL

261-6160

Complete Landscaping
• Tree Trimming • Tree Removal • Tree Shaping
Professional Treating & Spraying of Trees & Shrubs
Sprinkler Installation

SENIOR CITIZENS DISCOUNT

Licensed Bonded Insured **Free Estimate**

QUICK WEIGHT LOSS

SHAPE UP OR ...

My career was on the line. It was either get the weight off or get out of the Army. I started on 270 lbs. and went off all that extra fat that was weighing me down to 212 lbs. in just 30 days. My CO (executive officer) was so impressed with my loss that they wrote it up in the base newspaper. I was kept for another 3 years and I owe it all to the encouragement I got at the clinic and the exercise I did on my own.

Right Out MARK WALKER

(Dr. Simeon HCG Program)

FOR FREE CONSULTATION CALL

QUICK WEIGHT LOSS Medically Supervised

556-4550 928-8897

Mark Walker Pearl City Waikiki

CONTACT LENSES

2 pairs FOR \$185 SLEEP IN

Non-astigmatic lenses care kit, follow up visits for 60 days

DR. TIM K. TOGIKAWA VISION CARE SPECIALIST

PEARL CITY 487-7907

DOWNTOWN 536-3734

SuperAuto

QUALITY ACCESSORIES & PARTS • EVERYDAY LOW PRICES

FAST COURTEOUS SERVICE • MONEY BACK GUARANTEE

841-1229 • 841-1321

1620 N. SCHOOL ST. LOCATED IN KAM SHOPPING CENTER. (CORNER OF LIKELIKE HWY & SCHOOL ST.)

60 Help Wanted Male/Female

REGISTERED NURSES

Full time nights for CCU, ER, OB, Med/Surg. and part time (all shifts as scheduled) for CCU, Med/Surg., and OR/ASU. Current Hawaii RN license required.

SWITCHBOARD OPERATOR

Part time (20 hrs. per week). Previous training and/or experience highly desirable. Must have strong clerical and communications skills.

NURSING SUPERVISOR

Part-time for house coverage. Must be willing to work flexible hours. Current Hawaii RN license. 5 years RN experience in acute facility within last 7 years. At least 2 years supervisory experience.

ASSISTANT LAB TECHNICIAN

Full time. Perform routine tests in Histology/Cytology. At least 3 months training in clinical laboratory required. Previous experience Histologist highly desirable.

Apply in person 10 a.m. to 3 p.m. Personnel Office

WAHIAWA GENERAL HOSPITAL

128 Lehua St., Wahiawa

An equal opportunity employer

60 Help Wanted Male/Female

SSS XMAS MONEY??

WE CAN HELP!

ATTENTION MILITARY SPOUSES

HAVE THE BEST XMAS EVER. TAKE THAT HOLIDAY TRIP TO VISIT GRANDMA OR BRING GRANDMA TO HAWAII!

Earn Extra Money Part Time \$6 per hour 5:30 to 9:00 p.m. Min. thru Fri.

60 Help Wanted Male/Female

ARE YOU PAID WHAT YOU'RE WORTH?

Will train you for a career in Real Estate. Century 21 Real Properties. Ken 254-5888

Write an Ad that Works!

MINIMUM 3 LINES PER AD

1 week \$2.27 per line
2-4 weeks \$2.16 per line (per week)
5-8 weeks \$2.05 per line (per week)
9 weeks + \$1.94 per line (per week)

1/2 PRICE ad with color coded receipt! from carrier, good for 1 week only - during 30 day period. (Sorry, No Phone Orders Accepted On This Offer.)

Payment must accompany your ads Sun Press only or MidWeek only rates available on request.

PLACE YOUR AD HERE

Allow for each letter, punctuation or space. Please do not abbreviate. Please run this ad in your next issue of Sun Press Newspapers

BUY 2 WEEKS GET 1 ADD'L WEEK FREE!

Name _____ Address _____ City _____ Zip Code _____ Bus. Ph. _____ Home Ph. _____

Charge My VISA MasterCard

No. _____ Exp. date _____ Classification # _____

Number of Lines = _____ X Cost per Line = _____ X Number of weeks = _____ TOTAL COST _____ Amount Enclosed _____

Sun Press 45-525 Luluia Rd. Kaneohe, HI 96744 235-5881 622-3966

LEE'S POHAKU

Nimitz & Mokauea Potpourri of MUSIC: Country Western

Tues & Wed w/ "The Goodnight Trail" 9 p.m. - 1 a.m.

Oldies But Goodies

Thur, Fri & Sat w/Larry French 5 p.m. - 8 p.m.

Contemporary Hawaiian

Friday w/Hanapaa 8:30 p.m. - 12:30 p.m.

Hawaiian

Nani, Sheryl & Gene of Na Leo O Na'ahuamu 4-8 p.m.

SERVICEDIRECTORY

Lowest price on Island for carpet cleaning! Tread edge, pre-spot, deodorizer, HUG HOVES 395-1270

Color Analysis "FREE" Color Analysis! A gift of a lifetime. Stop costly wardrobe, skin care, cosmetic errors. Forever Call 623-2680. Great business opportunity!

Masonry/Fencing FOLLOW the traditional methods. Concrete driveway, pool, retaining walls, etc. Free estimate 488-3300/347828

Yard/Tree Service JASMINE Gardening residential and commercial yard maintenance, clean-up, tree service, expert insured. Arroyo 254-1341

Painting LEES PAINTING 20 years business exp. Lic. C-384 Ph 247-1454

Contractors PATIO AND NEW additions, Repair Remodel Clifford Wayne L 4477 Ph 677-4645

Handyman KAD HANDYMAN services large or small, we do it all. For free estimate Call Ken 235-4633

Yard Service RICH DOMINGO Garage Care, hauling, lift apt. cleaning. Free est. 422-7426

Cleaning Services HOUSEHOOD Cleaning Svr. Res./Comm. Rates prices. Satisfaction guaranteed. 623-9185

It's easy to charge it. Visa/MasterCard pays for Sun Press Classified. 235-5881

114 Real Estate for Sale 114 Real Estate for Sale

WHY RENT? BE AN OWNER

• NO LEASE RENT • NO RE TAXES • NO MAINTENANCE FEES FOR 18 MONTHS

\$689 mo. TOTAL PAYMENT

\$82,500 - \$4,000 down payment & \$1600 closing cost. \$78,500, 5 yr. mortgage, 10%, 30 year amortization.

Only 2 Rentals Available For \$725 Each Per Month

Round new 2 bedroom townhomes, full bathroom, complete kitchen, dining, living room, attached & locking storage room, 22 acres of forest, 2 mini Parks, BBQ and plenty tables, quiet, serene and cool in Wahiawa Heights.

HIDDEN VALLEY

2069 California Avenue (Heights) Wahiawa, Hawaii 96786

OPEN DAILY 1-5

Walt's Great Realty One Loon Dr. Healds 622-2200 437-1547

60 Help Wanted Male/Female

63 Jobs Wanted

LOVING Christian will baby-sit Mon-Fri, 6 a.m. - 6 p.m. in my Kaneohe home. Non-smoker. Call 247-3574

CHILD care in my Pearl Harbor home. 1 child full time, \$175 mo., 2 children \$275 mo. diapers \$1.25 per lb. Exact care, diets & meals provided. 6 a.m. - 6 p.m. M-F. 833-8184

WILL baby sit toddlers Mon-Fri 8 a.m. to 5 p.m. Call 623-6369

WILL do light house cleaning in Mililani & Waipio area. Call Kathy 825-1359

BABYSIT in my non-smoking home. fenced yard, full time 869-7688 Ewa Beach.

Will baby sit 1 child in my Kaneohe home. Mon-Fri, from 6 to 5 235-5507

EXPERIENCED Dep. Bright, loving woman to care for 4 mo. old in my Kaneohe home. full time M-F (6 a.m. - 5 p.m.) Call 247-6493 for interview. References Required.

63 Jobs Wanted

GOOD caring mother will baby-sit in my Enchanted Lake home. 262-9775

73 Apts. Furnished

MILILANI 2 bdrm, 1 bath \$675 a mo. Call 456-3711 (eves) 533-3867 (am)

WAIPIO Gentry, 1 bdrm, lanai, washer & dryer \$560 mo. Call 671-8281

MAKAHA Surfside studio, oceanfront, pool, security. \$300 incl. utils. 456-3124

KAHALUU AAA Ige. 1 bdrm, \$425 incl. utils. private lanai, 239-7267.

WINDWARD 2 bdrm, utils, \$485-Kailua kids ok. \$550 943-0092 Rent Mart Fee

HANDY Base Carpeted condo, pool \$400-2 bdrm \$500 943-0092 Rent Mart Fee

75 Apts. Partly Furnished

KAILUA 1 bdrm \$550 w/studio \$475 no pets w/waterbed Ph 262-6462

78 Rentals to Share AIEA Mature adult to share 3 bdrm house \$315 incl. utils 487-5817

FEMALE to share w/a male Kaimohe townhouse \$300/1/3 utils Ph. 235-7875

ENCHANTED Lake. Pleasant lge. lumn rm, share utils, nr bus, shops, 1 person \$275 261-7836

81 Houses Furnished

SHARE beautiful home in Kaneohe w/water 1 person pref. 247-3274

82 Houses Unfurnished

KANEHOE 3 bdrm, 2 full baths, \$850 incl. utils/Avail 12/1 235-0804

83 Houses Partly Furnished KAILUA Enchanted Lake 3/2 lge. fam rm, garage, cable \$1100 Ph 235-1583

KANEHOE Bay 1 bdrm, newly redecorated, util incl. 947-3562 after 5 p.m.

KAILUA 3 bdrm, 2 bath w/pool \$1200 per mo. Leonard 262-0450

84 Houses unfurnished

WAIMANALO 3 bdrm, 2 bath, 2 carport, nr bus, shopping, \$650 259-7124

KANEHOE 3 bdrm 1 bath \$700, Avail. Nov 18 247-8945

KANEHOE Ige 2 bdrm \$475 3 bdrm, 2 ba. \$700 others. 943-0092 Rent Mart Fee

PEARL 2 bdrm, vd, \$500-3 bdrm, garage \$700 others. 943-0092 Rent Mart Fee

MILITARY DISCOUNT

EAST COAST **\$499 R/T**

EUROPE **\$699 R/T**

L.A., S.F. SEA. **\$234 R/T**

More than 20,000 products

BIG EAST COAST CHRISTMAS DISCOUNTS

BIG W. COAST DISCOUNTS

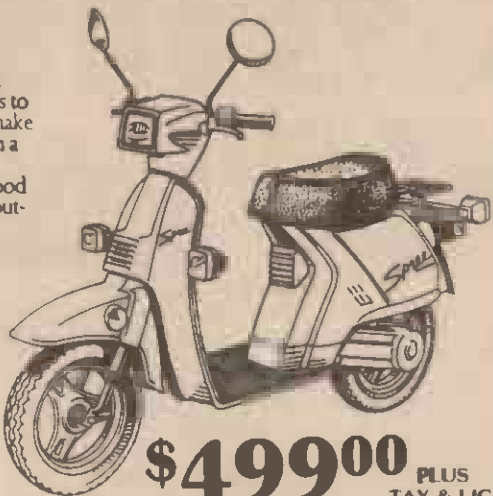
"Lowest Prices & The Best Service"

TRAVEL MART 373-9824 TA-802

Outrageous Deals.

The Spree[®] is already our lowest-priced scooter to begin with. And for a limited time, we've priced it even lower. Why? The factory has authorized us to offer you huge discounts. Which may make this the best time ever to put yourself on a Honda Scooter.

So hurry in. These discounts are good for a limited time only. You won't find outrageous deals like this much longer.



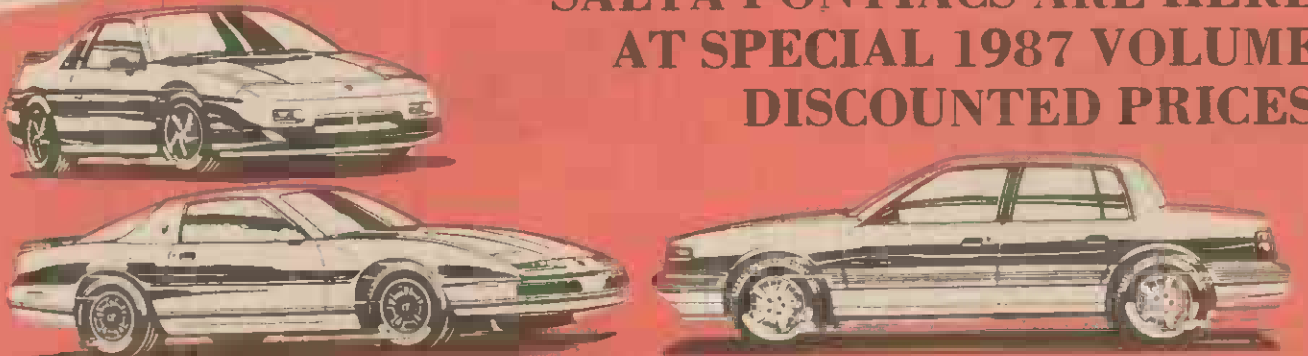
HONDA
Sandy Brodie's
WAIPAHU CYCLES
 94-169
 FARRINGTON HWY.
 671-2691

\$49900 PLUS TAX & LIC.

Designed for operation with only Always wear a helmet and eye protection. Read your owner's manual carefully.

1987 GOOD NEWS

**THE EXCITING NEW MIKE SALTA PONTIACS ARE HERE!
 AT SPECIAL 1987 VOLUME-DISCOUNTED PRICES!**



NEW 1987 PONTIAC FIERO
ORDER NOW ONLY! \$8195

NEW 1987 PONTIAC GRAND AM
ORDER NOW ONLY! \$8895

NEW 1986 ISUZU PICKUP
SEE IT! DRIVE IT! NOW ONLY! \$5395

SPECIAL-PRICED USED CARS	'81 DATSUN P/U 4x4, 2 Dr., 4 cyl. Auto, AM/FM Cassette, Alloy Wheels, Shell #9244 \$3995	'84 CHEVY CHEVETTE 2 Dr., 4 cyl., 4 sp., AM/FM Cass., #9024 \$2995	'81 VOLVO DL S/W 4 Dr., 4 cyl. Auto., AM/FM, P/S, A/C, #9151 \$5495
	'81 DODGE OMNI 2 Dr., 4 cyl., 5 Sp., P/S, #9011 \$1595	'82 NISSAN 210 S/W 4 Dr., 4 cyl., auto., AM/FM, #9025 \$3495	'82 DATSUN 210 2 Dr., 4 cyl., 4 Sp., #9120 \$2295
		'80 VW RABBIT 4 Dr., 4 cyl., 5 sp. AM/FM, #9125 \$2495	



VEHICLES ARE SUBJECT TO PRIOR SALE. PRICES ARE PLUS TAX, LICENSE, DOCUMENTARY FEE. OFFER ENDS 11/19/87

MIKE SALTA PONTIAC-ISUZU
 2945 N. NIMITZ HIGHWAY
 Ph. 836-2441

KAPIOLANI MULES
 Corner Kapiolani & Pensacola
AFFORDABLE CARS

'77 LINCOLN MARK V New paint. (AEU993) \$1595	'79 XR7 COUGAR 2 Dr., Black, new tires & rims (AXY510) \$1195
--	--

RENT, BUY, SELL CARS!
 1199 KAPIOLANI BLVD. 538-0209
WOULDN'T YOU RATHER BE DRIVING A MULE?

Toyota	Volkswagen
'86 MR2, black, auto., a/c, sunroof, power pkg., spoiler pkg. and more. \$16,000. Call 536-0984 eves.	'71 SUPER Beetle, 4 spd., 2 new tires. \$1100 as is. Call 247-6106 after 6 p.m.
'77 CORONA wagon, 4 spd., p/s, p/b, a/c, AM/FM, nice interior \$700. 395-2689	'77 VW Dasher wagon, immaculate; outstanding cond., must see! Price lowered to \$1595. Ph. 487-3472
'77 CORONA, 4 dr. wagon, spd., a/c, p/b, blue, \$1500/best offer. 422-4628 eves.	'78 VW Rabbit 4 door, 4 spd., excellent gas mileage, dependable. \$1400. Must see! Call 254-5039
'78 TOYOTA Celica GT, 5 spd., a/c, p/b, blue, \$1500/best offer. 422-4628 eves.	'81 VW Rabbit 4 dr. auto., air. AM/FM cass., excl. \$2550. Ph. 247-4876
'80 TERCEL 2 dr. sport h/tchbk, 5 spd., good cond., \$1750/offer. 262-9557.	

NISSAN OF WAHIAWA 621-0761

NEW 1987 AUTOMATIC HARD BODY PICKUP ONLY \$6,999		NEW SHIPMENT of 1987 PATHFINDERS MAXIMAS, STANZAS, SENTRAS & TRUCKS JUST ARRIVED!!	
#1076	'84 FORD BRONCO II V8, 5 Sp. A/C, P/S, P/B, AM/FM Stereo, Clean BXC 546 \$8495	'81 CHEVY CITATION 2 Dr., CFX169 \$895	'77 BUICK REGAL 4 dr., 8 cyl., auto., p/s, clean. HCC804 \$995
'80 CHEVY CITATION 4 dr., auto., p/s, 4 cyl. BRU644 \$995	'78 OLDS CUTLASS 4 dr., 8 cyl. auto, p/s, AYCS44 \$1495	'74 DATSUN B-210 HATCHBACK Auto, BCC866 \$295	'69 PONTIAC LE MANS 2 dr., 8 cyl., auto. p/s, AUB637 \$695
'84 AMC CJ-7 JEEP 6 cyl. auto p/s, BWF 313 \$6395			

LONG TERM FINANCING AVAILABLE *OFFER EXP. 11/19/86

HAWAIIAN ISLE USED CARS

GREAT FINANCING	'80 DATSUN 280Z Black/Gold LOADED (AEY696) \$6295	'78 HONDA ACCORD 5 spd. air cond CLEAN (ARF753) \$1895
'84 NISSAN 200SX Loaded, low mi SHARP (BYV680) \$5995	LOW DOWN PAYMENTS	'80 TOYOTA COROLLA 2 dr., 5 spd (CRD634) \$2695
'78 VW BUS Nice, 37,000 mi (BRF52) \$3295	'77 CHEV. CAMARO Auto. (AUB779) \$2295	Specializing in MILITARY FINANCING

836-1754
 3103 N. Nimitz Hwy.
 All prices plus tax, license, doc. fee. Financing available, subject to approved credit.

-\$2 OFF W/THIS AD-
HONOLULU RENT-A-CAR
 487-2702
\$49.95 wk. + Insur.
 Monthly Rates Available
 FREE Mileage • FREE Map • FREE Airport Pickup
 98-360 Kam Hwy., Alea
 (Next to ARCO Gas Station & BC Used Cars)

176 Automobiles for Sale

Cadillac	'79 BERLINETTA, blk./blk., excl. cond. \$3300/offer. 671-0224 after 4 p.m.
Chrysler	'76 CORDOBA - 48,000 mi. Immac. No rust. New paint. \$1800. 943-1140
Datsun	'71 DATSUN 510, center lines, new interior & paint, re-built 2000 high performance motor, dual carbs, complete stereo system. \$1800 or best offer. 668-2472 or 696-6233.
	'80 DATSUN 510 2 dr., 4 spd., AM/FM cassette, excl. cond. \$1200/best offer. 254-5404 please leave message
	'82 210 2 dr. auto. excl. cond. \$2200/offer. Phone 263-6367 eves.
	'83 200SX, all options, clean, low mi., auto., \$5100/offer. 235-4002, 262-6647
Dodge	'68 DART, 4 dr., auto., good runner, needs body & brake work. New tires. lic. safety check & muffler. \$400/best offer. 247-4030 days, 247-6145 eves. Judy
	'83 COLT by Mitsubishi, like new, 3 dr., 4 spd., 1 owner \$2200. 533-0652
	'83 COLT, auto., AM/FM stereo, 10,000 mi., \$3800/offer. Anx. to sell. 488-2226
	'86 DAYTONA Turbo Z.T. Top, p/w, AM/FM, Ziebarted, elec. mirrors, silver w/black. \$12,500. Call 624-2708 Ed Keaney
	'77 MUSTANG V8 4 spd., 61,000 mi. \$1000/best offer. 521-5631, 677-7806 eves.
	'78 FORD Pinto station wagon, good cond., auto. \$1000. 262-0401
	'78 GRANADA V8, auto., 2 dr., 68,000 mi., good cond. \$650. Ph. 235-8134
	'79 GRANADA Ghia, clean, V8, auto., a/c, p/s, p/b, AM/FM stereo, cruise, rebuilt trans., new Midas muffler & radials. Original owner. \$1500. 456-9180
	BANK Repol '79 LTD Landau, Ariele 525-8215 M-TH 8-4:30, Fri. 8-6 p.m.

Order from OREGON any NEW CAR or PICKUP contact **ROBERTS and REDFIELD**

Parland
 Write for price lists and full information
ANY MAKE - ANY MODEL DELIVERED ANYWHERE
 Including HAWAII
ROBERTS and REDFIELD
 1313 W. Burnside
 Portland, OR. 97209
 (503) 295-5556

Buick	'75 BUICK Apollo s/r, 4 dr. new trans., tires, a/c, 260 V8. \$995. 235-1498 eves.	'78 BUICK Regal good cond., air, power seats. \$1500/offer. 239-7249	'82 SKYLARK Ltd, 4 dr. loaded, 45K mi. \$3990. 471-3289 (d) Mr. McCormack
Cadillac			
Chevrolet	'76 CORVETTE brown/brown, T-top, 350/350, 4 spd., new SS calipers. \$8500/best offer. No air. Call 455-4433 Lot.	'77 MONTE Carlo V8, auto., a/c, Landau, 1 owner, gd. cond. \$1750/eves 395-0356	'78 MALIBU Classic, 2 dr. cpe. \$1000 or best offer. Ph. 261-6336

JIM SLEMONS-CHRYSLER PLYMOUTH WAIPAHU

now you have a **CHOICE!**

Oahu's Newest Chrysler Plymouth Dealership is offering super deals on all '87's.

NEW CAR SPECIALS
\$1000 Guaranteed Trade In For Any New Car on our lot. Bring in your car, or any car, to trade

Come see the best Chrysler-Plymouth selection on the islands

See our selection and check our price before you accept any other offer.

SERVICE SPECIALS
FREE OIL AND FILTER CHANGE
WITH THIS COUPON*
 Offer only valid for 1979 thru 1986 Chrysler Motors Vehicles Good only at Jim Slemons-Chrysler-Plymouth
 Offer expires November 21, 1986

Service Department Open Week-ends Call for Appointment
676-2220
 Sales and Service

JIM SLEMONS
 Chrysler Plymouth
 WAIPAHU SALES & SERVICE
 94-081 Farrington Hwy.

NOBODY BEATS OUR SERVICE!

Ford	Pontiac
'82 FORD Granada GL, 2 dr., a/c, p/s, p/b, AM/FM \$2950 or offer. 623-7156	'79 GRAN Prix LJ New paint, new trans. must see \$1895/OBO 533-0292 5 p.m.
Mercedes	Porsche
'87 MERCEDES 230 4 dr. sdn. 2nd ownr. 73,000 mi. runs gd. \$2295/offer. 262-9083	'73911T PORSCHE Brand-new \$4,000 motor, alloy rims, Pirelli tires. Good condition over all. With a little T.L.C. this 911T will be an absolute screamer! Sacrifice first \$6,950 takes it. Call Mike 261-7757 eves. or weekends.
Mercury	Subaru
LUXURY at a minimum cost '78 Cougar, fully loaded, new vinyl top, new tires. \$1500/best offer. 836-4740 after 5 p.m.	'82 SUBARU GL Hatchback excellent mechanical/physical condition \$3000 Call 422-6289
Nissan	Toyota
'83 SENTRA, 2 dr., 5 spd., AM/FM cassette \$2800. Call 395-2689	'74 CELICA runs good, interior good, \$1000. Call 247-6160
	'77 CORONA wagon, 4 spd., p/s, p/b, a/c, AM/FM, nice interior \$700. 395-2689
Oldsmobile	Volkswagen
'71 STATION Wgn., good shape, new tires. AM/FM cass. \$400/offer. 235-3479	'78 VW Rabbit 4 door, 4 spd., excellent gas mileage, dependable. \$1400. Must see! Call 254-5039
Pontiac	
'76 FIREBIRD 6 cyl. a/c, auto., p/s, p/b, \$1495. Call 247-8110	