

January 18, 1996 Vol. 24, No. 2 Serving Marine Forces Pacific, MCB Hawaii, III Marine Expeditionary Forces, Hawaii and 1st Radio Battalion



Check out the STREND challenge. See story, B-1.

Trenches in Base housing

Beginning in mid-January, contractors will be digging trenches in the FY 65 (Cochran Street) housing area for an archaeological survey. The work, which will continue to mid-February, is a part of the environmental assessment being done for the housing demolition and replacement project programmed for FY 97. The contractor, Ogden Environmental, will dig trenches up to four feet deep, but will fill or cover and barricade them by the end of each workday. Parents are asked to keep their children away from the areas where trenches are being dug. Questions should be directed to Dave Buffum at 257-4005

Channel 2 — more on the Superblock

Natch the latest information Cavailable on the "Super Block" project when Channel 2's "Inside MCB Hawaii" returns to the programming schedule Monday. The Super Block will include a new main exchange, child care center and other facilities adjacent to the base commissary. A Facilities representative will answer viewer questions about the project. "Inside MCB Hawaii" airs on

base cable Channel 2 at 8:30 a.m., 1:30 p.m. and 5:30 p.m., Mondays, Wednesdays and Fridays, following Navy and Marine Corps News. New shows air biweekly addressing issues of concern to base residents and employees. To suggest topics or for more details, call Public Affairs at 257-2728.

Domestic violence help numbers

533-7125
257-7114
521-4555
832-5282

3/3 is home again Sgt. Jesse Faleris

Marines and Sailors from 3rd Battalion, 3d Marines here trained to cope with several stresses of war during their recent six-month deployment to

Okinawa, Japan. Boredom, however was not one of them. After a full training schedule that included various individual company exercises and deployments to the Japanese mainland, individuals from the bat-talion returned to Hawaii throughout December, with the last company arriving Jan. 8.

The first few months of the Unit Deployment Program were allotted for individual company training, according to 1stLt. Craig Wonson, assistant training officer, 3/3.

During this period, L Co. attended several classes on amphibious raid techniques conducted by the Special Operations Training Group, Marine Expeditionary Force III. Kilo Co. utilized some of this

time to conduct ground air integration training, during which they conducted several heli-



Sgt. Rachael Parks, Headquarters Battalion, looks on as her husband Sgt. Michael Parks, K Co., 3/3, holds their five-month-old daughter, Michelle Parks, after his return from a six-month deployment to Okinawa, Japan.

copter raids.

India Co. crammed into amphibious assault vehicles for amphibious raid training at sev-eral locations around Okinawa during this time.

Other portions of the individualized training on Okinawa included cycling each company

through live-fire training at the Central Training Area and the jungle training course at the Northern Training Area.

"In October we deployed from Okinnwa to the Mount Fuji training area in mainland Japan. We did the standard Japan. training package which includes

live-fire exercises with all weapons systems," said Wonson. The middle of November saw the battalion relocated to Camp Iwate, Japan, for cross training with the 38th Regiment of the Japanese Defense Force. Training included several live See Home, A-3



Sgt. Chad M. Breuklander, B Co., 1/3, explains the whole room concept to BGen. D.F. Bice, commanding general, MCB Hawaii, during a tour of the remodeled 3d Marines' barracks.

Get it done right

with Self Help



A charge of murder was preferred Wednesday against Cpl. Jason M. Congdon, 21, along with other charges in connection with the death of Seaman Apprentice Frank Yoma,

is being held in pre-trial confine-ment at the Ford Island brig.

trial confinement at the Ford Island

The Naval Criminal Investigative

Pearl Harbor all hands club, early in the morning Jan. 6. Yoma died Jan. 8 at Tripler Army Medical Center from head injuries allegedly sustained during a beating outside the club. That same day, Durant was apprehended by NCIS on suspicion of murder.

Durant, an air traffic controller with the Fleet Air Control and Surveillance Facility Pearl Harbor, was also charged under the Uniform Code of Military Justice with mak-ing a false official statement, obstruction of justice, aggravated assault, conspiracy to obstruct justice, and conspiracy to commit aggravated assault. Under the UCMJ, a conviction of murder could carry a sentence of life in prison, or if considered capital murder, the death penalty.

Durant is tentatively scheduled to appear at an Article 32 pre-trial hearing at Pearl Harbor Jan. 31.

final three by the first week of March 1996. The \$1.7 million project will replace all furniture, such as wall lockers and secretaries, patch all holes and damaged areas, repaint the walls and install new carpet.

Compiled from Naval Base Pearl Harbor/CPAO MCB Hawaii releases

Congdon, who is stationed with C Company, 1st Battalion, 3d Marines,

The Navy also charged Air Controlman 3rd class Stephen D. Durant, 24, with murder and other charges Friday. Durant is also being held in pre-

Naval Brig.

Service, Pearl Harbor was called in to investigate after Yoma was found unconscious in the parking lot out-side Club Pearl, the Naval Station

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You can ask the Commanding General ques-tions via: E-mail or internet. E-Mail: BICE@CG@MCBH KBAY Internet: biced@mqg-smtp3.usmc.mil

Marines from 1st Battalion, 3d Marines got the attention of the Commandant of the Marine Corps, Gen. Charles C. Krulak, Jan. 9 by using their elbow grease to begin a project to remodel five Kaneohe Bay barracks through the Self Help Program.

LCpl. Steven Williams

Under the supervision of Sgt. Chad M. Breuklander, 2nd Platoon guide, B Company, 1st Battalion, 3d Marines, the Marines remodeled and refurnished the infantry barracks rooms in a project called The Whole Room Concept.

The Marines started the project in late November 1995 to restore the diminishing quality of the barracks rooms. They have already finished two buildings and plan to finish the

When the project began lift-off from the drawing board, BGen. Thomas A. Braaten, Facilities Services Division Headquarters Marine Corps director, heard of the idea and visited the area. After inspecting the Whole duced the project to the commandant. Upon review of the concept, Gen. Krulak sent a letter to Sgt. Breuklander thanking him and the Marines for a spectacular job. Because Marines will be used as a thousands of dollars in labor costs.

Remembering 'Desert Storm' after five years

8.

Cpl. Valerie Griffin

Five years ago 1st Marine Room Concept, BGen. Braaten intro- Expeditionary Brigade, the tentative unit of what was then Marine Corps Air Station Kaneohe Bay here, deployed over 5,000 troops to the Middle East. This mass movement of troops began Aug. 8, 1990, when work force, the government will save President George Bush ordered a major deployment of U.S. military forces into the Persian See Help, A-6

During the following months what had been termed operation Desert Shield escalated, and January 16, 1991, President Bush announced operations to liberate Kuwait. This marked the beginning of operation Desert Storm and the allied air campaign.

Personnel from 1st Marine Expeditionary Brigade here were deployed in support of opera-See Storm, A-3

The vision of MCB Hawaii: To be the most responsive, efficient and innovative provider of support, training, facilities and services in the Department of Defense now and into the 21st century

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3d Marines taste Japanese culture, foods during home visits

Every Clime and Place

HACHINOHE CITY, Japan, Approximately 100 Japanese families adopted 300 Marines and Sailors from 3d Battalion, 3d Marines, for a three-hour home visit Nov. 18. The home visits capped a day of touring the city's cultural sites.

Despite Japanese concerns about conduct problems, the hosts and Americans greeted each other with eagerness. Hiroshi Kudoh and Yoshikazu Sakama, hosting six Marines together, looked forward to the opportunity to host Americans.

"During the Korean War, the military camp here was run by American servicemen. While this is the first time I have hosted Americans, I have had contact with them in the past. When this opportunity came to host American servicemen in my home, I was eager to accept,' said Kudoh.

While the Okinawa incident lingered in the back of both the American and Japane'se minds, Sakama said it wouldn't impact on the home visits. "The incident is unfortunate, and the Marines

should act like gentlemen toward the Okinawans. But, that is a separate event and unrelated to what we are doing here," Sakama said. "It is unfortunate that all Marines are tainted by the act of a few. Unfortunately, we have a few bad people who reflect poorly on us as well.

While the Marines and their Japanese hosts feasted on traditional Japanese dishes and toasted each other with beer and saki, their conversation covered a variety of subjects from baseball to music to family. No concern was given to politics as the Americans and Japanese learned of each other.

"These visits are important because of the bonding which occurs between the two cultures," said Cpl. Lou Juan Jones, 23, San Francisco, with Combat Service Support Detachment 35. "We all come from different walks of life, and seldom and way of life. These visits provide a chance to show that we are all the same ... whether we are black, white or Asian."

(SSgt. Joe Steele, Okinawa PAO)



Cpl. Lou Jones, 23, CSSD-35, and LCpl. Shane Dill, 21, 3/3, enjoy conversation with Kiroshi Kudoh during dinner in Yoshikazu Sakama's home. They and approximately 300 Marines from 3/3 were invited into the homes of Japanese residents of Hachinohe, Japan, as part of a home visit program initiated by the 38th Infantry Regiment, Japanese Ground Self Defense Force.

Letter to commandant concerning publications on computer

From: Sgt. Dustin T. Olson, Marine Support Battalion, Marine Forces Europe:

"Sir. I am a unit diary clerk assigned with Company G, Marine Support Battalion, in the United Kingdom.

"I was wondering why the Marine Corps can't start to enable units to download publications and directives via a telecommunications system utilizing a modem, or make them available on compact disk. The amount of money it must take to print, stock, pack, and ship the materials utilizing the current system must be extremely'expensive. It often takes a very long time once the materials are ordered to receive them using the Marine Corps Publication and Distribution System.

"By making the publications and directives available with a modem, units could select what they need or want anywhere and print them locally. Also, changes to the publications could be cost effective and easily obtainable

"Units would also be able to more easily deploy with the required publications on a compact disk rather than embarking numerous boxes of binders, thus enhancing the mobility of the deploying unit.'

Reply: Ms. M.J. Roy, Head, Printing Management and Logistics Branch, HQMC, sent the following response to Sgt. Olson:

"In response to your question, 'Why the Marine Corps can't start to enable units to download publications and directives via a telecommunications system, utilizing a modem, or make the materials available on compact disk,' we are proud to announce we are pursuing precisely that.

"HQMC's first attempt to pursue electronic publishing was to upload select Marine Corps directives to the Banyan Trellis Bulletin Board System during 1992. These directives are written in pure ASCII (i.e., DOS text) as neither SGML nor HTML attributes are compatible to the Banyan BBS. This constituted our first attempt at pursuing a paperless publishing environment. Today, we are still pursuing it on a broader scale. In fact, we are diligently pursuing the establishment of a Marine Corps Directives Electronic Library. Once established, it will contain all Distribution Statement A directives and publications. This requires the conversion of over 1,200 directives, comprising in excess of 80,000 pages of text and graphics, into electronic media suitable for distribution via a variety of means.

"As an ongoing initiative at HQMC, the FMF will benefit via the replacement of the existing paper directives with a new electronic library predicated upon either Lotus Notes, the Marine Corps University's "FileTek", CD-ROM, or all three. In the case of Lotus Notes and the CD-ROM, these files will incorporate both SGML and HTML attributes and will contain any/all graphic images. Those uploaded to the FileTek will not contain

SGML or HTML attributes and any graphic images uploaded will have to be in a .PCX image or incorporated as Rich Text File. The estimated completion date and release for Marine Corps World Wide access to the MCDEL via the Marine Corps University's FileTek server, HQMC Lotus Notes HUB, and the Marine Corps Home Page on the World Wide Web is the end of FY96. Our target for release of our first production CD-ROM is the fourth quarter of fiscal year 1996.

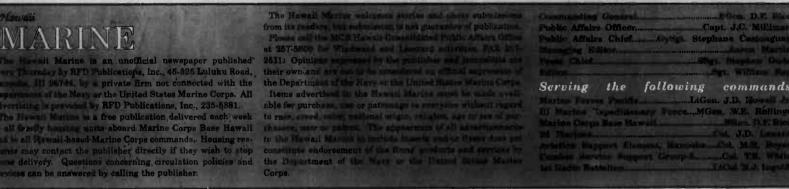
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the deployment was the bond-

ing between those aboard

pulled together and I think it

carried over to when they returned," he added.

After much success and few

casualties during the Gulf

War, Marines and sailors

made the long-awaited trip

home to friends and families

here. Five years later the world has not forgotten the

events which unfolded in the

who still serve there.

ersian Gulf or those troops

"Marines and civilians

Editorial/Commentary

Sgt. Jesse Faleris

friend recently asked me, "How does A it feel to change horses in the mid-dle of the stream?" With a wrinkled forehead I replied, "I don't own a horse. But if I did, I wouldn't get off it in the middle of a stream. I would get all wet." Rolling his eyes, my friend responded, "No silly, I mean changing your military specialty part-way through your career.

The realization of what he meant slapped me in the face, and the emotions that accompanied the subject flooded me. You see, I originally served for one of the Marine Corps' infantry battalions as an anti-armor assaultman, or "Dragon" to most.

A victim of technology's wave of change, I found myself the duty expert of an obsolete weapon system. At the completion of my first enlistment, and in the wake of a drawdown. I joined the thousands of Marines who have either had to re-designate their Military Occupational Speciality, or separate from the Corps. It isn't just first-term Marines that are struggling either. With the two strikes you're out thing for staff noncommissioned officers, and the battle for augmentation for commissioned officers, not to mention Professional Military Education for all, retention in the active duty armed forces has become serious work.

Now I know what you are thinking, "He's getting ready to tell me how great the

base.

here.

Company were all sent during

With over 5,000 troops half

the world away from Kaneohe

Bay, the base took on a differ-

"For the first four months

after everyone left it was

really quiet. It just slowed

down your daily life greatly,'

explained John H. Magnus,

acting director of recreation

Because it was a difficult

time for those left behind, a

positive aspect emerging from

these months, he added.

ent perspective.

operations.

Corps is, and how I should want to become a lifer." But I'm not going to boondoggle you, no gimmicks and nothing for sale. Leaving a supervisory position to take a hands-on role was taking a step down the corporate ladder for me, and beginning my MOS training all over at a basic school was an experience in humility I won't soon forget. Leaving the mud flinging rat-tat-tat of the grunts to take a job where my primary weapons seem to be a camera and a computer was a definite culture shock, which was only moderately offset by the faster promotions and re-enlistment bonuses of my new MOS. Settling into a new occupational saddle was quite the challenge, but who joined the Corps because they thought it would be easy?

Home

From A-1

fire exercise, a three-day field exercise, exposure to Japanese military equipment, vehicles, and weapons systems, and lot of public relations. "The big thing there was the Home Visitation Program," said Wonson. "The Marines were broken up and sent out to Japanese sponsor homes for dinner. They were very nice. It was the one time that we were (deployed) that no one really mentioned anything about (the public unrest of military

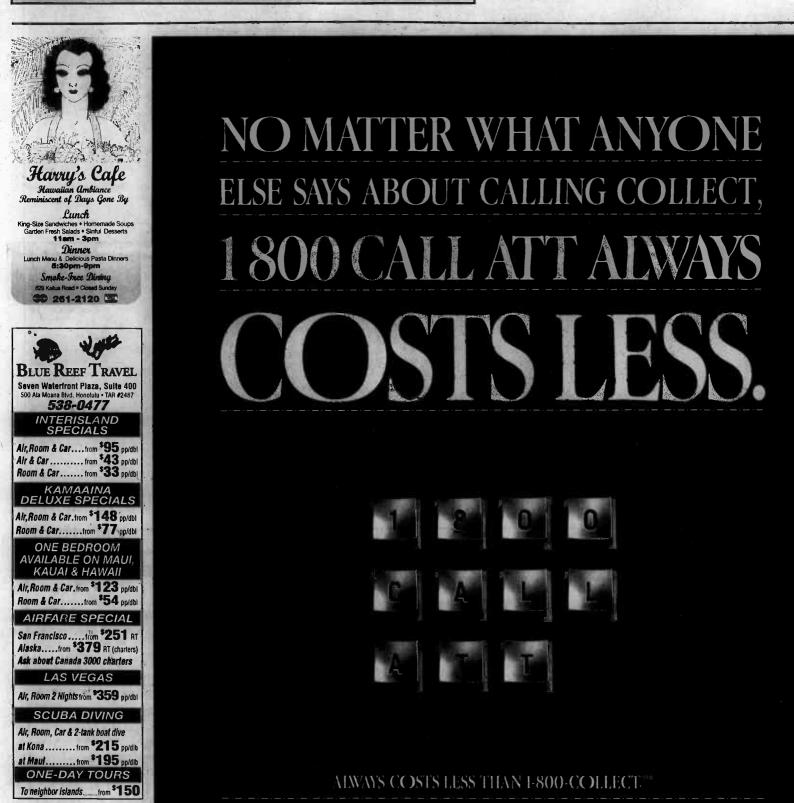
Besides, I don't think Marines join the Corps for themselves. They join because, since childhood, the notes of the Star-Spangled Banner caused their eyes to mist, and chills to ripple across their skin. They join because when some misguided individual burns the red, white and blue in silent protest of some cause totally unrelated to the millions of Americans who have lost their lives protecting the country the colored cloth represents, their teeth grit and eyes narrow. They join because they feel it is their duty to serve their country, and so do I.

So when someone asks me how it feels to change horses, I tell them it's an honor to have the opportunity to continue to serve my country, even if I do get a little wet.

presence in Okinawa).

A short plane ride back to Okinawa in early December, and the battalion spent the rest of the month gearing up for its return to Hawaii. During this time, a group of more than 60 Marines received the opportunity to spend three days on Iwo Jima conducting a battle study of the historical battle that took place more than 50 years ago.

Finally setting their packs down, the Marines and Sailors of 3/3 are embarking on a different type of mission: a well-deserved leave period.



Storm

From A-1

Forces Pacific.

tions Desert Shield and Storm "All units from the MEB

were sent," explained Capt. Bernard F. Carey, Jr., deputy

fire support office, Marine

Troops from Third Marine

Regiment, Brigade Service

Support Group One, Marine

Headquarters and Service

24

plus

Group



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A-4 January 18, 1996

Hawaii Marine

I have a dream!



Marines and family members open hymn books before raising their voices in song at the base chapel during a Martin Luther King Jr. commemoration service.

Cpl. Valerie Griffin

eople across the island this week-end celebrated the life and accom-plishments of Dr. Martin Luther King, Jr.

Tributes ranged from movies and religious observances to parades and rallies, but shared the common focus King strove to attain.

"He wanted rights for everybody. He wanted to end racism and make it equal for everyone across the board. He realized there was injustice with all races," explained GySgt Eileen M. Osterhout, equal opportunity advisor, Base Inspector's Office.

Events honoring his commitment to equal opportunity brought together peo-ple of different ages, races, religions and beliefs, a tribute to remember and praise the work of this respected leader.



Members of the Marine Forces Pacific Band lead the way during a Martin Luther King Jr. celebration parade in Waikiki Monday.



A representative from a Hanalulu fraternity stops to pass out balloons to young spectators.



Students and staff from Nanakuli High School show their suppart and belief in Martin Luther King Jr.'s teachings with signs of peace and harmony.





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Sgr. Andrew Lynch LCpl. Jose Hernandez, weather observation specialist, Weather Service Office, Marine Corps Air Facility here, opens a thermoscreen to check weather instrumentation housed inside.

Today's weather is ...

Sgt. Andrew Lynch

ithout advance warning, severe weather conditions like hurricanes and tornados can cause untold damage to life and property.

But thanks to the Marines assigned to the Weather Service Office, Marine Corps Air Facility, the residents of MCB Hawaii can rest assured that in the event of inclement weather they will not go without adequate warning.

One officer and 14 enlisted Marines run the 24-hour facility in rotating shifts with the mission of supporting various units here with the most accurate and up-to-date weather reports possible.

Unlike weather forecasters on television, who give regional forecasts, such as for the entire Pacific, the Kaneohe Bay weather specialists forecast weather conditions for the immediate area, according to SSgt. James Reusse, weather forecaster here.

"Unless military personnel,

such as those of an aviation activity, request additional information, we only provide weather information for the local training area," said Reusse.

To assist pilots with international flights, the office is a part of the Automated Weather Network, which allows any military base access to weather information, via a computer, from anywhere in the world. "We actually receive our information from Tinker AFB, Okla., which is the hub of weather information," said Reusse. A unit can access weather information any time through the office and receive an updated forecast, which is provided by the office every six hours. Marines assigned to the unit are capable of deploying with any of the units assigned to MCB Hawaii.

"As a standard, we would deploy with one forecaster and two observers," said Chief Warrant Officer Ronald Usher, the officer-in-charge of the unit. There are approximately 306 enlisted Marines and 22 officers assigned to the military occupa-

tional specialty, which is currently ranked as one of the top ten MOSs for rapid promotion, according to the Navy Times, Marine Corps Edition Once completing boot camp and Marine Combat Training, anyone entering the MOS attends the 10³week Weather Observer School at Kessler Air Force Base, Biloxi, Miss. When the Marine has had enough time in the MOS (usually two years) and receives the proper amount of experience, the Marine is sent back to Kessler AFB to attend the Weather Forecaster School, which is more than seven months long.

"The difference between the observer and forecaster is the observer is trained in such skills as basic meteorology, cloud types, plotting, and the use of various equipment. The forecaster takes in available weather data, analyzes it and forecasts the weather for the near future," said Reusse.

Whether forecaster or observer, both are the first line of defense in the assault of any weather anomaly.



1st Radio Bn trains for world wide assignability

Sgt. Jesse Faleris

Cautiously searching and methodically scanning for enemy presence, a Marine rests his index finger on a rubber-covered button.

With his left hand, he rhythmically turns the focus dial. After hours of tracking, he finally has a bead on his foe. Hastily he jerks the button to its depressed position, but his enemy just jumps to a new location.

The Marine silently spins the adjustment knob, but this time his patience is with him as he listens: recording important information and analyzing the radio signal to determine its origin. The communications specialist reaches for a second radio handset, and reports his marked enemy for destruction.

Marines and Sailors from 1st Radio Battalion here, recently underwent tactical cryptography training at Bellows Air Force Station to increase tactical readiness necessary during deployments as support elements for Marine Expeditionary Units. "We provide support platoons to

deploy with the 1st, 13th, 15th and 31st MEUs," said GySgt. Bill Robertson, company gunny for B Company, 1st Rad. Bn. here.

The 15th MEU is currently aboard the USS Peleliu participating in the Unit Deployment Program. The unit faced three weeks of rough waters while en route to training missions in Okinawa, Japan, after which they were afforded not only the opportunity to set foot ashore, but also the advantage of performing combat readiness training. By early January, the MEU was conducting operations in the Persian Gulf.

Preparing for similar future opera-tions, B Co. shifted their training into overdrive.

"We send out collection teams in Hummers, and we have a Mobile Electronic Warfare Support System which is a Light Armored Vehicle equipped to conduct electronic warfare," said Robertson.

"We provide the mobile aspect of signal intelligence, said Sgt. Robert Kerr, the 24-year-old MEWS platoon vehicle commander for B Co., 1st Rad. Bn. The Cave Spring, Ga.,

native continued, "This encryption, collection, direction finding, analyzing and reporting of transmissions.

While B Co. scoured the airwaves in search of useful information and enemy locations, A Co. conducted electronic countermeasures to screen their transmissions from detection.

These countermeasures included jamming communications, sending false information to the enemy and deception communications which is pretending to be one of the enemy's units in order to create confusion.

At the completion of the three-day operation, the two companies are scheduled to have debriefs to evaluate their proficiency.

"We'll get together and say, 'This is what we collected. What did you send?" said Robertson.

Through continued training opera-tions and deployments, communica-tions specialists hone their abilities. These Marines know that communications are essential for large scale operations, and they intend to capitalize on an opposing forces dependency on it.

Sgt. Robert Kerr, MEWS platoon, vehicle commander for B Company, 1st Radio Bathalion inspects the connections to a direc-tion finding antenna.

Help From A-1

"It's not only the monetary value," said Sgt. Breuklander. "If the Marines themselves are doing the work, they'll probably treat their living area a lot better "The barracks rooms are by no means new, but they are definitely

better since the overhaul," add

Breuklander, The Self Help Program gives Marines all of the necessary equipment and supplies to remodel the rooms. It also provides Marines with instructions and supervision for the maintenance handy work.

The program, which was designed in the early 1970's to assist military personnel with lawn maintenance only offered lawn mowers and rakes for active duty members to keep their lawns tidy. However, in 1985, Charlie L. Ratledge, Self Help store manager, government

revised the program, expanding its possibilities. He made it more convenient by loading his shelves with nearly every accessory needed to beautify lawns including hoses, sprinklers, grass seed and hedge trimmers.

Like a domino effect, it later encompassed interiors and exteri-ors of base structures. The government now provides the program with supplies of plumbing and light fixtures, screens, caulking and other items needed for do-ityourself jobs.

"The biggest thing is conve-nience," Ratledge said describing the program. "If service members want to mow their lawns in their off-duty time, the service is here to assist them... It makes for the beautification of the base. If everybody does their own yard, the base looks better. And, it takes a big burden off the Public Works Commission." The Self Help Program saves the

estimated an

\$300,000 in labor costs each year according to Ratledge. Normally, the base would pay contractors \$4 to \$5 an hour to do the same job individuals can do themselves. By taking care of the problems on their own, military members can also take more pride in their living quarters.

"This gives them the ability to upgrade their area and understand what kind of effort goes into work like that ... It's a win-win situation. It's upgrading the quality of life of the Marines who live there. When they understand what kind of work goes into a project like that, hopefully it will have a snowball effect and improve from there.

The Self Help Program for base housing is located next to the Housing office. It is open Tuesday through Saturday from 8 a.m. to 3:45 p.m. The lawn mowers, tillers and buffers can be checked out for 24 hours except on weekends and holidays. Self Help will provide a gas can, however, individuals must purchase their own gas. The hand tools are available for 72-hour rental. Other fixtures are loaned out to be returned when the part is replaced or the individual moves

The Self Help Program for all other military buildings on base is located in Building 1505 near the 802 housing. This facility offers construction and remodeling materials including nails, screws, dry-wall materials, paints and applica-tion accessories. Individuals can also special order products like concrete and light covers through the program.

The government pumps several thousand dollars into the program each year, but the overall result saves money for everyone. And though Marines from 1/3 have spent months putting their own hard work and sweat into a type of project which used to go out for bid to contractors, it has paid off with the feeling of pride.





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Corpsman creates life saving course

Sgt. Jesse Faleris

'n the wake of a training mission in Okinawa that suffered a high number of injuries, a corpsman with 3d Marine Regiment here recently created the Marine Combat Life Saver course to augment the number of personnel at the small unit level qualified to administer medical attention

By certifying Marines to administer intravenous treatment and Cardiac Pulmonary Resuscitation, and by instructing them in numerous subjects to include shock treatment and medical carries, the course aims to decrease the time a com-bat wounded person awaits treatment.

"The reaction time is quicker because the Marines become an extension of what the corpsman knows," said the creator of the course, Hospitalman Stephen T. Royall, a corpsman with C Company, 1st Battalion, 3d Marines, here. The 22-year-old from Fairfax, Va. continued, "The survivability Tate of Marinee in combat rate of Marines in combat goes up if a corpsman is there. If you have five or six Marines in the platoon (who have the same skills) the survivability rate just went up that much further.

"I created this course because of an incident at Combat Town in the Central Training Area of Okinawa where my company had 75 percent [heat] casualties," explained Royall. "You're talking between 110 and 120 individuals.

Four corpsman cannot take care of all that." "It takes a lot of pressure off us," said a course instructor, 22-year-old Petty Officer 3rd Class Wil Rotruck, who is a corpsman with Weapons Company, 1st Battalion, 3d Marines, here. The Grove City, Ohio, native continued, There's only one of me and 36 of them, so it's important to

have Marines who can administer medical care.'

The 10-day course, which carries 25 Marines at a time, begins by teaching the workings of the human body in a basic anatomy class. The course continues with instruction in primary and secondary assessment, which enables

Marines to evaluate a patient's

condition, and a class in combat injuries. All of these class es, with the exception of anatomy, are followed by practical

knows.



Set. Jesse Feleris Petty Officer 3rd Class Wil Rotruck and Hospitalman Stephen T. Royall lead students, PFC Martin M. Warner Robins and LCpl. Richard W. Guither in a stretcher carry.

their largest challenge; a 100-question written examination and evaluation during a mass casualty drill. A requirement for graduation, these tests are vital to ensure the students have initially grasped the knowledge.

Well into instructing the second batch of students, Royall explained 1st Battalion, 3d Marines is trying to circulate as many Marines through the course as possible during December's slow operation tempo.

"The course is working its way up the chain of command," explained Royall. Ambitiously he said, "As successful as the course has been, I would like to see it receive Marine Corps backing.

As proof of the course's success,

Royall told of an incident where a graduate of the first class reacted to a heat casualty. "He

man, LCpl. Roger McLean, 25, from New Rochelle, New York. Leaving the course with confidence in their abilities is just

the beginning. Once the Marines graduate, their platoon corpsman have the option to further train them, according to Royall. It is a continuing education course, because the graduates can always learn more from the basic foundation of the Marine Combat Life Saver course. In addition, graduates must stay current by passing intermittent tests in order to remain certified.

In a force where Marines often fight to keep traditions alive, change usually begins at the top and trickles down to the operating level. The concept of Total Quality Leadership and the rapid exchange of ideas through electronic mail may be changing this trend.

The evidence is in Royall's Marine Combat Life Saver Course



The reaction time is quicker because the Marines become an extension of what the corpsman



Retirement

SgtMaj, Francisco De Leon, sergeant major MCB Hawaii, addresses the crowd during a Post and Retirement ceremo ny held at Dewey Square Friday. SgtMaj. Bruce A. Hyland, former sergeant major of 3d Marine Regiment (Rein), has been appointed to replace De Leon as base sergeant major.

Accident free holidays

Sgt. Andrew Lynch .

With the passing of Dr. Martin Luther King Jr's birthday, members of the Base Safety Office here logged yet another "accident free" holiday for the base. Personnel of MCB Hawaii have witnessed no liberty-related injuries or fatalities for the past five federal holidays, including New Year's Eve.

Bo Irvine, director of the Base Safety Office, attributes the streak to command support and safety awareness of servicemembers and their families.

To achieve the high level of awareness, Irvine and his staff took a proactive stance by continuously releasing information and setting up various safety campaigns.

"Prior to a holiday, our office spends many hours planning for a safety campaign that usually involves highlighting our ongoing drinking and dri-ving program," explained Irvine. The BSO has many effective ways to

educate the public on drinking and driving (such as using the media and the base billboards), but one of the more popular reminders is the positioning of a damaged vehicle, linked by a chain, to a coffin. Around them both are various open alcohol containers.

"The display delivers a heavy visual impact," said Irvine, who is a Hawaii native. "It drives home the harsh reality that there is no future in getting behind the wheel while intoxicat-

message to those on board the base is

the safety marquis'. With one located at both the front and back gates they relay such well-known national messages as "Don't Drink and Drive" and "Just Say No."

The BSO has currently developed its own safety motto; according to Irvine. "Safety is Paramount to Mission Readiness" is a slogan that was developed by former Marine Thomas Ray, who is now a BSO safety specialist here

"Our motto refers to how the safety of a servicemember parallels their service's mission readiness, concluded Irvine. "A servicemember is ineffective if he or she is injured in an avoidable accident."



Another popular way of getting a The crash-test dummies recently visited MCB Hawaii in an effort to promote the wearing of seatbelts while driving or riding in an automobile



 Military police apprehended three youths near Anderson Hall, building 1089, after a report alleged they parked a car in base housing and left in a suspicious manner. An investigation revealed the vehicle was stolen after the owner parked it in his carport with the keys in it. The military police processed the suspects for larceny of a vehicle.

•A victim reported unknown persons spray painted "23 CRIPS", in green paint, on his garbage can at his quarters between 10 p.m., Dec. 29 and 9:45 a.m., Dec. 30.

•The windshield of a victim's car was smashed out, and severstereo components stolen while the vehicle was secured and unattended in the parking lot of barracks 1047 between 11 p.m., Dec. 26 and 1 a.m., Dec. 27.

•A second victim reported unknown persons spray painted "W/S 2/3 CRIPS," in green paint, on his garbage can at his

base quarters between 10:45 p.m., Dec. 30 and 7:15 a.m., Dec. 31. A military police investigation continues.

•Military police arrested a suspect for drunk and disorderconduct and provoking ly speeches and gestures after he became belligerent and spit in a military police officer's face during questioning.

•The Military Police Department has a 24 hour recorded Community Action Line set up to assist in any questions or concerns you may have. Call today and take a bite out of crime. 257-6800.

•The evidence/lost and found custodian has in his possession, bicycles, keys, and other miscellaneous items. If any of these items belong to you, contact SSgt Grindey at 257-0055 for lost and found, for the evidence custodian please call SSgt. Davis at 257-1305. The Military Police Department disposes of unclaimed property after holding them for 45 days.

Career Planning News

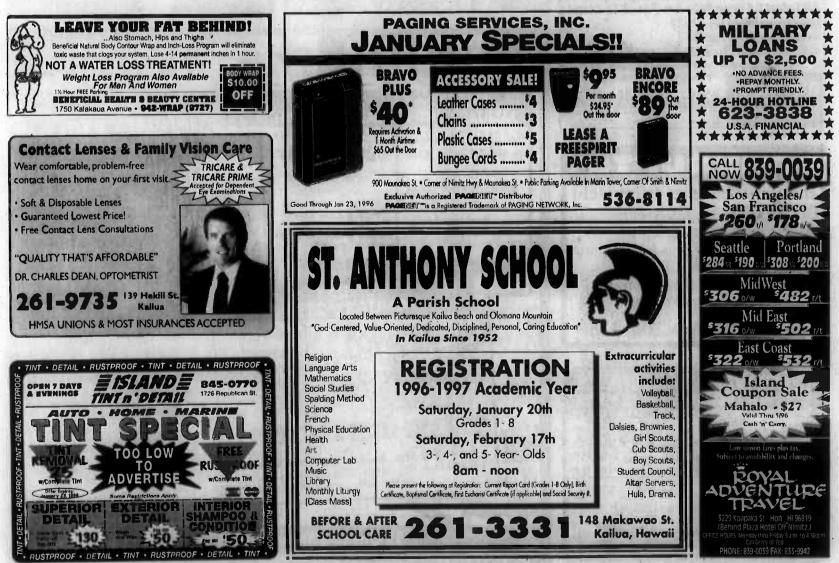
Coming Attractions The HRST (recruiter screening team) is scheduled for February, all volunteers are encouraged to apply for recruiter duty. Points of contact are GySgt. Jones at MarForPac at 477-6865 or GySgt. Andre Jeffries at MCB Hawaii at 257-1251.

Marines desiring assignment to Drill Instructor duty should submit their request now. School seats are available for class 3-96 at both depots. In addition, Paris Island needs 20 women for Drill Instructor duty. Both depots are also looking for prior drill instructors who are now either staff sergeants or gunnery sergeants. Request should be submitted via naval message, so see your career planner if you are interested.

Reenlistments Ist Radio Battalion LCpl. D.F. Daniel, Cpl. A.L. Lugo, Cpl. J.G. Rodriguez, Cpl. T.J. Lybrand, Cpl. E.L. Bellew, and Sgt. J.C. Germani Marine Corps Air Facilities Cpl. G.G. Marille, SSgt. J.R. Reusse, SSgt. E.A. Stoots 3d Marine Regiment LCpl. F. Edling, Cpl. R.L. Hinton, Cpl. A. Pauzuolis, Cpl. C.J. Woods Jr., Cpl. C.D. Thornton, Cpl. T.T. Reeves, SSgt. C.K. Coca MarFerPac

C.K. Coca MarForPac Cpl. K.A. Hodges, Cpl. J.A. Johnson, Sgt. R.P. Britten, Ssgt. N.E. Bartlone, GySgt. T.M. Chase, MGySgt. M.L. Machado, MGySgt. R.W. Marcial CSSG-3 County Set W.O. Stout, Sgt. K. Sanders, Sgt. J.S.

CSSG-3 Cpl. J.T. Griffith, Sgt. W.O. Stout, Sgt. K. Sanders, Sgt. J.S. Goodfred, Sgt. G.E. Hernandez, Sgt. M.J. Thomas, Sgt. M.L. Williams, SSgt. T.C. Bryan



Briefs

Red Cross

The American Red Cross is looking for interested volunteers to work in various areas on base. Hours are flexible to fit your schedule. If you are interested in sharing some of your free time and talents, contact the office at 257-3150. The American Red Cross Kaneohe Service Center located in building 216, room 53, has new hours of operation -8 a.m. - noon and 1-4 p.m., Monday through Friday. Check in/out will be between these hours.

For emergencies, please call 257-3150 or 471-3155. After hours, weekends and holidays contact American Red Cross Pearl Harbor Service Center at 471-3155. The Pearl Harbor Office is open 6 a.m. to midnight daily.

Navy/MC Relief Society

Having a baby? Concerned about finances? Stretching the last dollar for Navy-Marine Corps Relief food? Society is here to help. A budgeting for baby class is held on the fourth Monday of every month. Call 254-1327 to reserve a spot. We also help with food, rent, car repairs and many other services. Call or stop by. Office hours are 8:30 a.m. to 2:30 p.m. Monday through Friday in building 216.

TAMP

The Transition Assistance Management Program will be offering the following classes in the months of January and February: TAMP workshop — Personnel sepa-

rating within six months are required to attend. Spouses are encouraged to attend. The workshop will be 7:30 a.m. to 4 p.m., Feb. 12-15, at the base the-No registration is required. ater.

DORS workshop – The Defense Outplacement and Referral System workshop allows individuals seeking employment to enter their qualifications into a database accessed by approximately 6,000 employers. The workshop will be Monday, 9-11 a.m., at the Training and Audio Visual Support Center, classroom two. Registration is required.

Federal job workshop - Learn how the federal selection and hiring process works. The workshop is Tuesday, 8-10:30 a.m. at TAVSC, classroom two. Registration is required.

Interviewing workshop - Provides a general overview of the interview process along with tips on researching prospective employers, types of interviews and questions to expect. The workshop is Wednesday, 9-11 a.m. at TAVSC, classroom two. Registration is

required.

Sponsorship training - Provides a complete outline of duties of a sponsor. The class is today and Jan. 25, 2-3 p.m. at TAVSC, classroom two.

PCS workshop - Provides information on what takes place during a per-manent change of station move. The manent change of station move. workshop is Feb. 15, 8-11 a.m. at TAVSC. Registration is required.

VA representative - A Veterans Administration representative will be at the TAMP office Feb. 16, 8:20 a.m. to 3 p.m. to answer questions about concerns prior to leaving the military. Call for a 20-minute appointment.

For more information, or to register for any of the above classes, contact the TAMP office at 257-3135.

TQL

Nominations are being accepted for the following courses in Total Quality

Leadership training: Fundamentals of TQL — This threeday supervisors' course runs Feb. 13-15 at TAVSC classroom one.

Fundamentals of TQL - This one-day nonsupervisors' course is Jan. 31 at TAVSC classroom one.

Nominations for these courses should be submitted in writing to Commanding General (TQL), Marine Corps Base Hawaii, Box 63002, Kaneohe Bay, MCB Hawaii, 96863. All inquiries, scheduling and coordination should be directed to Bill Lang, TQL manager at 257-2130.

owc

Country Western Night at the Officers Club is 7 p.m. Saturday. It includes a chili cook-off, contests and more. The cost is \$12.95. Anyone wishing to bring chili for the cook-off, should call 236-1249 or 263-9331 for details.

ASYMCA

To sign up for any of the following programs/classes, or for more information, call 254-4719 or 254-4965.

Swap meet - Sellers wanted for the Feb. 17 swap meet. The Swap meet is, 8 a.m. - 3 p.m. and is open to the public. Filipina wives club - The club has its monthly meeting Monday, 7-8:30

style. She will also teach designs and how to applique. Class is every Wednesday, 6-8 p.m. Call now to sign up for the 10-week course. Registration is \$40.

Hula Class - Hula classes for children The class meets every ages 4-12. Saturday at the ASYMCA office. The fee is \$40 a month. A women's hula class will meet Mondays, 6:30-8:30 p.m. The fee is \$40 a month.

Lamaze - This six-week course meets on Thursday, 6:30-8:30 p.m., in the ASYMCA conference room. Next class is Jan. 25 - Feb. 29.

Playmorning - The "playmobile" is back. All the little ones are welcome to join in with "Miss Lisa," our new teacher. The "playmobile" can be found at these locations, 9-11 a.m.: Monday -Courtyard behind the seven-day store; Tuesday - Harris Avenue & Elrod Drive; Wednesday - Cochran Street & Dodson Street; and Thursday - Daly Place & Daly Road.

Plus-size aquatics - Those with back problems or impairments which restrict them from activities should join the class. The class meets from 8:30-9:30 a.m. Tuesdays, Thursdays and Saturdays

Dog obedience - This six-week class is offered Sundays, 4-5 p.m., in the courtyard of building 216. The next class is scheduled for Feb. 4. The fee is \$25.

Parent support

The New Parents Support Program provides a variety of education and support services to Marine families on Oahu and Navy families stationed at MCB Hawaii. Please call 257-9965 for any additional information, schedules or to register for any of the courses. All services provided by the New Parent Support Program are free. **Prenatal classes** - Expecting a new baby? Overwhelmed with the thought of becoming a parent? The prenatal classes are just for you. Learn information to help you through pregnancy, labor and delivery and postpartum time. NPSP also provides basic baby information to help you become the best parent you can be. Seven-week classes are held from 6-7:30, Tuesday evenings at the Family Service Center, building 216. Please call 257-9965 for class information and to register.

Parenting education and support group — The group meets every Tuesday from 6-7:30 p.m. at the Child Development Center, building 579, on Reed Road. Free child care is available with a copy of your child's up-to-date shot record. Child care will not be provided without one. Parents with children of all ages are invited to attend to discuss topics such as child development, discipline, stress management, communication and family interaction. Please call 257-9965 for class information and to register.

Home Visitor - NPSP provides home visiting services to Navy and Marine families with children 6 years or younger. The specialized professional staff can offer support, education, parenting tips, prenatal information and a helping hand to any families in need. Call 257-0485 for more information.

Stork Club - This lunchtime education/support group provides an opportunity for expecting parents and those who have a new addition to come together for information sharing, communication and support. The group is held every Wednesday, 11:30 a.m. to 1 p.m., at the Family Service Center, building 216. Brown bag lunch is encouraged: Light refreshments are provided. Babies and dads are wel-

FSC

Overeaters anonymous -Group support to help with over eating behavior using the 12-step approach of AA. Meets every Friday at the FSC, 7-8 .m.

Women's group - Focuses on safety, self-esteem, anger and stress management. The group is held every Thursday, 2-4 p.m. Please call Melody for more information at 257-3655.

Stress management class - Learn to handle stress effectively at home and work. The class will be Jan. 31, 1-4 Classes are held the last p.m. Wednesday of the month.

Marriage skills workshop - A 14hour workshop for newly married couples and singles anticipating marriage will be held Tuesday and Wednesday, 8 a.m. to 4 p.m. Reservations are required.

All of the above classes are free. For information on any of the above classes or reservations, call 257-3655.

Job hunting

A computerized listing of on-island jobs is available at the Employment Resource Center. Call 257-3135 to make an appointment with a counselor.

Retired Activities

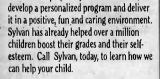
A Retired Activities Office has been established in building 216 here to provide the retired community with a focal point for information and retiree business aboard the base. The program is in need of retiree volunteers to help meet staffing goals. Office hours are 7:30 a.m. to 4 p.m., Monday-Friday. For more information on services or to volunteer, call Mae Ooka at 257-3135



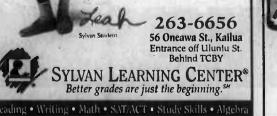
p.m. Children are welcome.

Cake decorating class - Learn how to decorate your own teddy bear, Power Ranger or other character cakes using techniques you'll acquire when you sign up for this class. The class is every Friday, 8-10 a.m., for six weeks. Registration is \$15.

Hawaiian quilting class — Mary Haunani Ceaser, our expert in Hawaiian quilting, will share how to quilt and mark quilting lines Hawaiian



S.A.T. I: Classes begin: Saturday, January 27, 1996 for March 23rd Exam



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Hawaii Marine Section B

Ravings of a Mad Man

Having been your intrepid

sports reporter since August,

I've noticed a couple of things

about sports here at Marine

Corps Base Hawaii, Kaneohe

One, there is great unit com-petition going on at all levels and in all the different sports.

The athletes really seem to enjoy talking to me when I ask

them questions, and the ones

who recognize my face will seek

me out to give me "inside

scoop." I truly enjoy being the point man for "scoop." It's why

I became a journalist in the

However, another thing I've

noticed is the relative lack of fan support. At the flag football

championship a couple of months ago, I was surprised at the paucity of spectators for

what turned out to be the sea-son's best game. Of course, there were some wives and girl-

friends there, but not many

people from the units showed

At intramural basketball, the

stands haven't been packed the

way I'm used to seeing them. I

played in a church league while

I was stationed in Oregon, and

there were always packed hous-es to come see a bunch of

Geritol Jordans with 12-inch

vertical leaps slog up and down

the floor. From what I've seen

here, the athleticism and talent

is much greater, and the games

are much better, but no one,

outside of a few family mem-

Then there's baseball --America's pastime. Well, I've

seen more people go to garage sales than attend the games of

the Marine varsity team, who, the last time I checked, were 8-2 and on their way to the play-

offs. The last game I went to,

there were more fans for the

Navy team than for the Leathernecks — on our home

This sordid situation doesn't

em to carry over where our children are concerned, however. I covered a story about a female football player for

bers, seems to care

field!

SSgt. Stephen Gude Press Chief

Bay.

first place.

Where's the fan

support?

Covering Sports, Leisure and Family Events

Marine One team is tops in STREND Fitness Challenge

LCpl. Steven Williams

wo Marines from Combat Service Support Group 3 used teamwork to place tops in the third military spon-sored STREND Fitness Challenge held Saturday in Stoneman Stadium at Schofield Barracks.

The first two STREND challenges were held at MCB Hawaii, Kaneohe Bay and Hickam Air Force Base. The team divisions were dominated by the team lead by Army Capt. Trey M. Johnson, battery com-mander, 1st Battalion, 8th Field Artillery, 25th Infantry Division. The 31-year-old officer entered this year's challenge with his girlfriend, Gina R. Ardanas, a fitness instructor at Gold's Gym. STREND, which stands for STRength and ENDurance, was developed by Edward Bugarin in 1992. The competition was designed to combine the chal-

lenges of weight-lifting with the aerobics of running. The competition consisted of

five upper body muscle-demand-ing stations and a three-mile run. The upper body challenges included the bench press, wide grip pull up, behind-the-neck shoulder press, close grip chin up and parallel bar dips. The participants had three minutes to complete each station before their run time began. If competi-

tors do not make it to the starting line within 15 minutes their run times start without them.

For the Marine team, this event was revenge. Last year, the team was held in the second place slot by the Army officer and his teammate at Hickam AFB. However, a few pumps of iron later, GySgt. Brian K. Vreeland, CSSG-3 supply chief, and 1stLt. Tom M. Fahy, CSSG-3 Headquarters Company commanding officer, were barking in the spotlight.

"It was a very good test of endurance," Vreeland, a Wichita, Kansas native, said still breath-ing hard from the run as beads of sweat rolled down his face. "All of your blood is in your upper body when you start the run. You're about halfway through the run before you feel a good stride going so you lose about three minutes on your run time compared to what you would get on a PFT (Physical Fitness Test)."

On March 22, Bugarin will host the 1st STREND Fitness

Championships. Individuals from around the world are invited to participate. The event is scheduled to be held on Bordelon Field at Camp H. M. Smith. So that the heat will not be a factor, the competition is scheduled to start at 6 p.m. Check-in will start at 4 p.m. The entry fee is \$125 for individuals and \$250



Julie J. Grocox, a 24-year-old Army family member, bench presses 70 pounds during the recently held STREND Challenge.

Gym provides variety of services

Cpl. Valerie Griffin

patrons can walk in, but for unit activities a reservation is necessary. From six in the morning until

and 6 to 8 p.m., Waters added. The gym is open to active duty and ve personnel, family men

er team. Late entry fees will be

\$150 for individuals and \$300

The Marine team dominated

However, Johnson and Ardanas

31-year-old Tiea Howery and 38-

took first place in the team

mixed division. Two civilians,

year-old Judy Larue, took the

gold for the female team divi-

Coast Guard 1stLt. Rick Ahn

prevailed over the competition.

elite division was 36-year-old

Navy Petty Officer 2nd Class

Michael Tuggle with 88 points.

Scoring 122 points, Coast Guard

Lt. j.g. Doug Ebbers, left steam-

ing footprints on the Army track

with a 16-minute 44-second

three-mile run time. Civilian

Stealing the show in the female

sion. With a landslide 159-point

victory in the male elite division,

per team if the entry form is

postmarked after Feb. 24.

the male team division.

Peedi-Jean Saldania used her 109-point total to take the female open division. Raking in a score of 112, civilian, Bob Furguson claimed the first place slot in the male basic division. The top three competitors in each event received a medal. Because the purpose of the com-petition is to let individuals challenge themselves, no major money or prizes are awarded.

"It gives you a scale that you can grade yourself with," Vreeland said between gulps of water. "You can measure yourself on how good of shape you are in. "It's a real challenging competition," Fahy added as he wiped

his brow with his sweat-soaked shirt. "It combines your upper body strength with the endurance of the run. If anyone wants a good challenge, this is where they can find it."





1 stLt. Tom M. Fahy, commanding officer, Headquarters Company, Combat Service Support Group 3, takes part in the wide-grip pull-up portion of the STREND Challenge.

Challenge World

Kaneohe Bay's youth football team a while back, and it involved attending one of their games. The fan support there was tremendous. The parents and friends cheered their team like mad. On the other side of the field, the other team's fans were no match for ours in volume and enthusiasm.

The Kaneohe Hammerheads roller hockey team also benefits from outstanding fan support. They won the championship in their division, and when I attended the championship game, their fans were plenty and showed up in good loud numbers, despite the fact the games were at Hickam Air Force Base.

One Marine, whom I've noticed is at nearly every event I cover, spoke to me during one of the flag football games about this situation, and his feeling was people here are just not See Ravings B-2

he gymnasium may not be everyone's idea of a good time, but for activities to keep or get the body in shape, it's hard to beat. The main gym, building 3037 on the corner of G Street and Mokapu Road here, has activitles suited for a range of interests.

"As a facility for activities there's always something going on. We offer aerobics and we also do Jazzercise. We have a body massage therapist available on an appointment basis. Of course we have racquetball courts, basketball courts and a volleyball court," explained Miles S. Okamura, athletic director, MCB Hawaii.

The basketball and racquetball courts are mainly used for intramural and varsity programs but are open for free play as well, he added.

"Between the hours of 11 a.m. and 1 p.m. they're open on a first come, first serve basis," explained Donna L. Waters, gymnasium manager. She stressed that during those hours close, the gym is being used. It's a good idea to book ahead of time because courts are usually reserved a week in advance," Waters added. For anyone using the facility without their own equipment there's an issue room with gear for flag football, basketball, racquetball, soccer and more

The gym also has a boxing room, a centrally located information board and saunas in the men's and women's locker rooms

The information board includes aerobics and Jazzercise schedules as well as upcoming tournaments for softball. basketball and martial arts.

Upcoming classes are posted in a range of activities and race calendars and applications are available in the nearby office

Currently, the women's sauna is under repair. There is no estimate on when it will be fixed, but until then. women may use the sauna in the men's locker room from 9 to 11 a.m.

and Department of Defense civilians. Guests are also welcome.

The main gym operates from 6 a.m. until 10 p.m. Mondays through Fridays, 9 a.m. until 5 p.m. Saturdays, and 11 a.m. until 5 p.m. Sundays and holidays.

Though the facility is adequate in most ways, changes have been made recently with further upgrades due in the near future.

In February the roof will be redone and during the summer months improvements will continue with the floor. The facility will also be repainted according to Okamura.

Long-range plans are also underway to complete a centrally located sports complex where the main gym now stands.

"Within the next two years or so we'll be getting a fitness center of about 11,000 square feet added to the gymnasium . That will combine all the small fitness centers into one." he added

Cpl. Valerie Griffin Jean Hamilton, Jazzercise instructor, base gymnasium, leads a morning class.

Services come together for common goal

Sgt. Andrew Lynch

crowd looks up into the blue sky and sees an aircraft high above. The spectators let out a gasp as several objects trailing colored smoke fall from the plane and plummet toward the earth. A minute later the falling objects seperate and the people who were once speechless now let out a cheer as the sky is filled with colored parachutes.

Though a skydiving demonstration only takes minutes from start to finish, the members of the Pacific Forces Exhibition Skydiving Team guarantee a thrilled crowd.

Originally organized by the Army, these demonstration skydivers were known as the Tropic Lightning Sport Parachute Club. Approximately two years ago, the club adopted its current title to equally represent the other branches of service, according to Army Major Wade

Woolfrey, executive officer, 733rd Battalion, 703rd Military Intelligence Brigade, Schofield Barracks Army Base

The team is comprised of more than 20 active duty and retired servicemembers who volunteer their off-duty time to represent the military and promote the sport of skydiving

The team travels throughout the

island entertaining

thousands of spectators each year. "Most of the team's demonstrations have been for community and sports events such as the Hydrofest held on Ford Island Naval Station and the Pro Bowl held at Aloha Stadium," said Woolfrey, a 17-year veteran of the sport and the safety and training advisor for the team..

After receiving a request for a demonstration, Woolfrey surveys the landing area

and submits the necessary forms required for landing in a certain area. After Woolfrey gives the OK, the team conducts a plan for the event and completes several air and ground rehearsals.

"All we need is air support and at least a two-week heads up," said the 37-year-old Woolfrey. "When we do a show we want to be able to do the best job possible.

Prior to a demonstration, members of the team spend many hours practicing for the event at the Pacific International Skydiving Center located at Dillingham Airfield on the North Shore.

Each of the team members has different reasons for being a part of the organization.

"I enjoy representing the military and presenting a positive image of parachuting to the public, especially the kids," explained Army Capt. Dave Wolfe, Headquarters Element, 25 Infantry Division, Schofield Barracks Army Base, and PACFEST team photographer

"They're the future soldiers, sailors, airmen and Marines," added Wolfe. "I think the most exciting performance the team was ever involved in was a night jump at **Barbers Point Naval** Air Station, because we used pyrotechnics which thrilled the crowd," said Woolfrey, a Virginia

native Safety is paramount to the team. During demonstrations they not only follow the guidelines

erns any sport parachute activities, according to Woolfrey.

to coordinate with various military aviation



Copt. Dave Wolfe even members of PACFEST launch from a CH-53D during a recent demonstration at Barbers Point Naval Air Station

units and skydive from several types of aircraft such as a C-130 and C-141

The team's next scheduled performance is during the opening ceremonies at this year's Pro Bowl in February, but for those without tickets it will be here at this year's Bayfest, according to John Magnus, coordinator for Bayfest

Next time there is an event on the base don't be surprised if the plane overhead is carrying a few extra passengers for the crowd's entertainment.

For more information on how to request a demonstration jump for a community event or unit activity, call Wolfe during working hours at 655-8747.



Copt. Dove Wolle Four PACFEST members, using pyrotechnics in a star formation, fall towards Ford Island Naval Station at more than 120 miles per hour during a recent demonstration.

Ravings From B-1

into the intramural and varsity programs like they are in, say, Okinawa. Perhaps it's because many people feel isolated there, he said, and anything they can do which puts them in familiar surroundings is comfort-ing. Hence, a high level of fan support for intramural sports. Here, people feel more comfortable, and

have more things going on, therefore, they tend to put sports a little lower on the priority scale.

Of course, to the participants, it's nice to hear people from the unit cheering their efforts from the stands. As for me, I didn't realize the amount of athletic talent the Corps has. Folks, as much as I like to think can paint pictures with words, there is a better way to get the scoop on athletics here - go to the games. What you see may just surprise you.

* Totally Nude

Exotic Dancers



Capi Dave Welle Seven members of PACFEST participate in a recent demonstration at Barbers Point Naval Air Station.



6

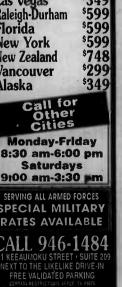


Courtesy PACFEST With the National Ensign in tow, Army Capt. Dave Wolfe, 25th Infantry Division, soars through the sky during a recent exhibition held on the island.

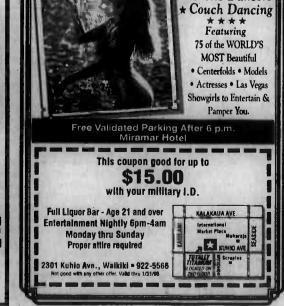
and rules of the United States Parachute Association and the Federal Aviation Administration, but are also required to follow Army Regulation 215-2, which gov-

One advantage of being a military oriented skydiving organization is when the opportunity presents itself, the team is able





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January 18, 1996 8-3

Hawaii Marine



Kathy Hayes

Martin Luther King, Jr. Exhibit. Learn about the history of the civil rights movement by viewing the Martin Luther King, Jr. and the Civil Rights Movement" exhibit on display Monday to Feb. 9 at the base library. This 20-panel exhibit reviews the civil rights movement from the emergence of Dr. King in 1955 to his death in 1968. For more information, call the base library at 254-7624

Natural Stress Relief

Akua Lum, a licensed massage therapist, will be conducting "Stretch for Health" and "Massage Yourself to Health" classes beginning Sunday at the Main Gym. The "Stretch for Health" class is designed to strengthen and lengthen the muscles, as well as focus on relaxation and deep-breathing techniques. For those in need of a natural way to release stress, con-sider the "Massage Yourself to Health" class. This course is designed to teach self-massage for all muscle groups except the back, while encouraging transfer of oxygen and cellular waste. Self-massage enables you to decrease recovery time needed from strenuous work and exercise. Classes are held on the first and third Sunday of every month starting at 3 p.m. in the aerobics room of the Main Gym. For more information, call 247-1106.

Family Night Thursdays

The Officers' Club now offers a dinner buffet to please the whole family, Thursdays at 5:30 p.m. in the Pacific Room. Kids can dine on hot dogs, pizza and more, while parents enjoy roast beef, fried chicken and other tempting entrees. Celebrate a birthday at Family Night, and receive a free cake for parties of five or more. For more information and reservations, call the Officers' Club at 254-7649.

Latino Fiesta

Bienvenidos all hands are invited for a night of La musica Tejana, Mexicans, Latina and oldies at the Pacific Hideaway's Latino Fiesta on Saturday. Enjoy a Mexican buffet while dancing to the spicy tunes of DJ Carlos Perez and "A Touch Of Class." The buffet begins at 6 p.m. and the entertaimnent starts at 8 p.m. Dinner and show package is \$10.95, or \$3 cover charge for music only. For more information, call the Pacific Hideaway at 254-5592.



Be a smart dog; take part in Single Marine Program

The Single Marine Program would like to welcome all of 3/3 back from Okinawa. We really were able to develop a true sense of family with all of those Marines from 2/3 and look forward to being here for all of those in 3/3.

There are a number of activities for January already planned. As always, Movie Night is Tuesday at 7 p.m. in Building 1033. We have free guitar lessons Fridays and invite those at all levels of talent to participate. If you are interested in securing a great tee time at the Klipper Golf Course for the weekend, please call 254-7592 or stop by the center in Building 1033 before 8:30 a.m. Tuesday and let us do the work for you. We will be going Whale Watching Saturday and Hiking Diamond Head and Snorkeling at Hanauma Bay Jan.27th. For more information call Renee' at 254-7592 or stop by the center.

MCB Hawaii Kaneohe Bay Chapel	
Catholic Weekday Mass	11
Saturday Mass	
Sunday Mass	
Sunday Mase	
CCD Preschool	
CCD Kindergarten	
CCD Grades 1-12	
Protestant Lit. Communion	
Sunday School	-
Adult Bible Study	
Non-lit. Worship	
Kaleidoscope	
Promise Keepers	1
(call 254-6028 for information)	
Singles	
(call 254-0455 for information)	

:45 a.m. (Monday-Friday) 6 p.m. 7:30 a.m. 9:30 a.m. 3:45-4:30 p.m. (Monday) 3:45-4:30 p.m. (Monday) 6 -7:15 p.m. (Mondays at Mokapu Elem.) 8:30 a.m. (Sunday) 9:30-10:30 a.m. (Mokapu Elem.) 9:30-10:30 a.m. (Sunday) 11 a. m. (Sunday) 1:30 p.m. (Wednesday) 1:30 a.m. - 1 p.m. (Friday)

6 p.m. (Sunday)

Gospel of Holiness Fellowship at the Boondocker Theater Sunday School 9:30 a.m. Sunday Worship 11:30 a.m. **Bible Study** 7 p.m. (Tuesday at the Base Chapel) For more information about MCB Hawaii Kaneohe Bay Base Chapel

Religion

religious services, call 257-3552. MCB Hawaii Camp H.M. Smith Chapel

Catholic Mass

6:30 a.m. daily and 8 a.m. (Sunday) For more information about the MCB Hawaii Camp H.M. Smith Chapel religious services, call 477-5098.

Aloha Jewish Chapel at Naval Base Pearl Harbor

Shabbat Service 7:30 p.m. (Friday) For more information about Jewish services, call 471-3971.

Aerobics

Semper Fit Aerobics classes (including the STEP program) are offered every day at the Main Gym. Active duty classes are 50 cents, monthly passes \$10; Family members, classes \$2.50, monthly passes \$25. For more information, call the Athletic Office at 254-7591/89.

Instructors needed

The Athletics Office is seeking aerobic instructors for its high- and lowimpact, and step Semper Fit Aerobics program. All classes are held Monday through Saturday in the Main Gym aerobics room at various times throughout the day. If you are interested in being an instructor, call Miles Okamura at 254-7589.

Bayfest '96

The Bayfest 96 planning committee is seeking energetic, enthusiastic, and creative Marines, Sailors, family

members, and DoD civilians to become a part of MCB Hawaii's largest and most exciting event and who can commit a few hours per week between now and August. Individuals can sign up to be involved with entertainment planning, the health & fitness fair, admissions, pre-sale ticket, program and other committees. Call John Magnus at 254-7695.

Field reservations

Attention all units! All ball fields must be reserved ahead of time for use. Reservations can be made up to 10 days in advance through the Athletic Office Monday through Friday between 8 a.m. and 4 p.m. For more information, call the Athletic Office at 254-7591/89.

Jazzercise

Get fit with Jazzercise on Monday, Wednesday and Friday mornings at 8:30 at the Main Gym, and Tuesday and Thursday evenings at 6:15 in

building 1036. For more information, call Jean Hamilton at 254-4112.

Motorcycle safety

ports Briefs

MCB Hawaii Safety Center offers free courses for beginners and experienced riders on motorcycle safety and operations. The courses are reg-istered through the Motorcycle Safety Foundation and provide insurance discounts for motorcycle riders. For more information, call Sgt. Heath Rutt at 257-3408.

Volunteers needed

The K-Bay Athletic Office is looking for volunteers to help with its expanding sports requirements. If you have a favorite sport or would just like to learn about the sports programs, call the Athletic Office at 254-7591/89.

Pistol shooting

Pistol shooting goes the first and third Saturdays of the month at the

Base Range. Your pistol must be registered with the state of Hawaii and the base. Bring your registration, ammunition, paper targets and appropriate safety gear. It is open from 8 a.m. to 2 p.m. and is free of charge. For more information, call John Magnus, 254-7695.

Rod and gun club

The Kaneohe Rod and Gun Club is currently conducting a membership drive and is looking for interested participants. The meetings are held the first and third Wednesday of each month at the Bachelor Officers' Quarters conference room. For more information, call Pete Zoretic at 254-4183.

Officials needed

Looking for a challenge? Become a sports official. Officials are needed for all sports activities on MCB Hawaii. For more information, call 598-6133. 289-6175 or Ed Pereenboom at 254-3469.



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Julian Hirsch ereo Review

Acoustimass[®]-5 Series II Speaker System The choice of music lovers around the world, the Bose® Acoustimass-5 system started the Acoustimass speaker revolution, setting a standard for purer sound.

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B-4 January 18, 1996

island. Call the Entertainment Hotline at 254-7563 or stop by the Marine Corps Exchange for infor-mation and reservations. The office

is located in building 1090 and is

open Monday through Friday, 9

a.m. to 5 p.m., and Saturday, 9 a.m. to 2 p.m. This week's offerings

Consolidated - Movie tickets on

Currently selling tickets at the

reduced rate of \$5, includes 2 tokens. Also have \$10 gift certifi-

Let's go to a Luau Tickets are available for Hale Koa

Hotel, Germaine's, Paradise Cove.

Come in to ITT for more informa-

Entertainment park Now available at ITT are

Disneyland, Disneyworld, Universal Studios, Busch Gardens

and Six Flags-Magic Mountain tick-

The glider ride is at Dillingham

Airfield. Single passenger rate is

\$45, double passenger rate is \$55.

Don't forget to check in with Mr.

Try the Ultrazone laser tag game

adventure at the Ilikai Hotel in

Waikiki. Purchase tickets at ITT for only \$6. Tickets are good any-

Entertainment books are here for \$38. They make great gifts for

friends, neighbors and day-care

Entertainment '96

Telephone Service

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tion and reservations.

Glider ride

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Now available. at

include:

Theaters

sale for \$5.25.

cats for \$9.

ets

Bill.

time.

Kidsports

Hawaii Marine



All movies shown at the Base Theater; building 219, begin at 7:15 p.m., unless otherwise noted. Call 254-7642 for more information. Movies are subject to change due to circumstances beyond the theater's control. Children ages 9 and under (age 16 and under for "R" movies) must be accompanied throughout all movies by a guardian 18 years of age or older. Movie prices are \$3 for those 12 years old and older; \$1.50 for children ages six to 11; and admission is free for children five and below.

"Now and Then" (Comedy/Drama) PG-13: Plays

Friday. Christina Ricci, Melanie Griffith and Demi Moore star in this story of four young females coming of age in 1970.

"Assassins" (Action/Thriller) R: Plays Saturday. Sylvester Stallone and Antonio Banderas star as two hitmen involved in deadly competition. "Pocahontas" (Animation) G: Sunday matinee

plays at 1 p.m.

"Fair Game" (Thriller) R: Plays Sunday. Supermodel Cindy Crawford plays a Miami attorney protected by Detective William Baldwin.



Line Ads due by 12 Noon - Tuesday Class Display Ads due by 4:00 p.m. Friday

DIVORCE

CANCELLATIONS & CORRECTIONS due by 12 Noon - Mon.

4 Health & Fitness

15 Announcements

10 Cemetery Plots

50 Business Opportunities

50 Business Opportunities



Miniature Golf

Tickets may be purchased for the Hawaiian Village Golf at Hilton Hawaiian Village or Jungle River Golf at Pearlridge. The price for 18 holes is \$5.50 for adults and, for children 10 and younger \$4.50. With each ticket purchased, patrons will receive a free ice cream from the golf course.

Concerts

Tickets

NOFX in concert Jan 26, tickets are \$16. Primus in concert Feb. 4, tickets

are \$18.50. The Jesus Lizard in concert Feb.

7, tickets are \$14.50. Porno for Pyros in concert Feb.

9, tickets are \$17.50. Green Day in concert Feb. 17, tickets are \$15.50.

The Star of Honolulu is running a special on all services. Stop by or call ITT for its special prices. There are also dinner cruises available for

Island tours

There are Oahu, Kauai, Maui and Hawaii island tours available.

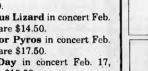
Atlantis

Atlantis is offering catamaran cruises, swim and fin packages, and scuba diving packages.

Flying

There are packages available for North Shore or an aerial rollercoster ride.

There are different breakfast and lunch whale watching packages available for \$16 (no food), \$26, \$33



Dinner cruise

other islands.

Counter Service

Kaneohe

45-525 Luluku Rd.

Mon.-Fri. 8:30 a.m.-4:30 p.m.

Deadlines:

VISA

flights in a bi-plane such as a mock run on Pearl Harbor, view of the

Whale watching

and \$39.

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9 wks. +	A Public Service Proiect	gyl All nat., Herbat Pro- ducis. Visa/MC. 254-1422.	PAWN SHOP	BEA MORTON Helps all problems, Reunites lovers, Mar-	ADVERTISE ON THE INTERNET For more info. call 689-4798.	FREE TAPE from one of the world's most suc- cessful MLM/network marketing experts.
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Apts. Unfurnished	view, clean, utils. Incl., \$700.235-1077.	KANECHE new pent- house, views, very quiet,		WAIANAE 2/1 dplx. Yard, gated, \$750. Call 373-9342.	A/C, celling lan, W/D, no	WAHIAWA 2 rms., nr. bus stop, \$375-\$450 incl. utils. 622-8967, 530-3804 pgr.	EQUAL HOUSING
Announcements	74 Apts. Partly Furnished	garage, \$895. 235-3598. NANAKULI 2/1, nice, nr.	KAILUA Rooms, pvl. entrance & ba. Master	WAIPAHU 2/2 new lloor tile, prkg., No pets.	pets. \$950 422-1417.	WAHIAWA . 2 rooms lor rent. Share kil., ba. &	OPPORTUNITY All real-estate advertis-
Automobiles Heavy Machinery Management	AIEA 1/1, 1 prkg., hi fl., nr. Arizona Memorial, bus.		bdrm. & ba., pool, prkg., W/D. \$525 ea. 262-9868. KANEOHE 2/1. share	\$750 + utilis, 671-4820. WAIPAHU 3/2 dplx, new	Furnished	utlis., \$350 ea. 621-8891. WAHIAWA HGTS., large room, ba., own ent., quiet	ing in this newspaper is sub- ject to the Federal Fair Housing Act which makes
Autos Wanted	Harbor view. Breezy & bright. Will consider pets, \$725. 282-6762, 530-0256	SALT LAKE 2/2, air, goll course view, avail, now. End unit, \$875, 528-9525.	kitchen, water incl., \$660 + utils. 235-0804.	carpet, 2 prkg., Incl. utils, 2/1, 1prkg. 671-5208. WAIPAHU two 3-bdrm.		area, utils. incl., \$350/mo. Mature person, 621-2442.	il illegal to advertise "any pref-erence, limitation or discrimination based on
Bicycle Sales & Home Furnishing	HAIKU HALE 3 bdrm., 2 ba., water, cable, pool,	ST. LOUIS HEIGHTS 1 bdrm., \$650 incl. util. 1 parking, 737-9154,	LARGE room in fantastic Foster Village house, \$500/mo, incl. all utile.	units, 1/½ bath, \$980 per. unit + utils, 676-9182.	MAKAHA SHORES delux studio on ocean, pool,	93 Vacation Rentals	race, color, religion, sex, handicap, lamilial status.
Boats, Supplies & Housesitting	sauna, \$1050. Call Bob, 262-8298.	WAHIAWA Lgs. 2/1, nr.	kitchen + hse. priv./great roommates.,423-0446.	85 Condos/Townhouses Partly Furnished	prkg., \$500 (L). 696-1675. MAKAKILO 3/1½ good loc., Immaculate. \$1100	"KAILUA/LANIKAI" nr./on beach, 1-3 bdrm., 1+2 ba	or national origin, or an intention to make any such preference, limitation ordis-
Business Income Property113 Restaurants, Bars #118 Opportunities	KAILUA 2/1 near bus, \$1100 a month incl. utils, Small pet ok. 261-5404.	shopping, bus, schools, military, Seci. 8/pets OK, any lease, \$775.	MILILANI 2 bdrm., prkg., W/D, pool, \$450 mo.+ dep. incl, utilis, Call 846-9602.	COLLEGE GARDENS PC 2/2, 1 Prkg. W/D. \$950.	mo.+ deposit. 671-8629.	KAILUA Vacation Rentals, Near Beach,	crimination." Familial status includes children under the age of 18 living
Prof. Service/ Part. Furnished	KAILUA STUDIO Beach is a block away. Hurry, won't	637-6191, 282-8676. WAIALUA Big 2-bdrm.	SALT LAKE 1 rm. w/own be., \$400, share utils., nr.	Avail. now. 247-4798 or 236-7391.	88 Rooms For Rent	Call 261-5174., 261-4016. KAILUA small studio/	with parents or legal custo- dians: pregnant women and people securing
Card of Thanks	last longf Kitchen, W/D, lawn service. \$750/mo. + dep. Avail.	Clean, quiel, friendly, secure, Sect. 8/pets OK,	WAHIAWA Ohai St., 1 rm.	KAILUA 2/11/2 new paint/ crpt., W/D, pvt., nr. shop/ beach, \$900, 261-0794.		beach, Call 262-9545.	custody of children under 18.
Condes/Townhouses Legal Notices	now, Call 261-4923. KAILUA Studios. Sm.,	\$775, 637-6191, 282-8676.	In 4/2, \$375 incl. utils., nr. bus, partly furn, 537-6729.	MILILANI NOB HILL 2 bdrm., 1%, \$900/mo. Call	KAILUA furn. room, \$300 a mol incl. utils. 262-8027	KANEOHE new I bdrm. penthouse, views, quiet, garáge, \$895, 235-3596.	This newspaper will not knowingly accept any advertising for real estate
Part. Furn	\$600. Pvl., w/utils. Avail. 2/1. 254-8270. KAILUA farge studio,	76 Rentals To Share	83 Houses Partly Furnished	625-1844. PEARL CITY 2/1 1 prkg., end unit, uppraded, no	Aller 7pm, Tues, anylime. KAILUA rooms, Own enl./ ba., \$550 & \$475, Both	SPACIOUS cute 2-bdrm, collage nr. Kallua beach	which is in violation of the law. Our readers are hereby informed that all
Townhouses Furn	clean, full ba., kit., \$700/ mo, Nr. beach. 262-4005.	AIEA 2/2, pool, W/D, \$489 month + dep. Aveil.	KALIHI 3/1 dowostairs, yd., prkg., nr. bus, \$1200	pets. \$925 mo. 688-2009. WAHIAWA Hidden Valley	quiet, nice, ocean view, ulila, Incl. 254-8270.	WINNER OUT EDE DUEL	dwellings advertised in this newspaper are avail- able on an equal oppor-
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