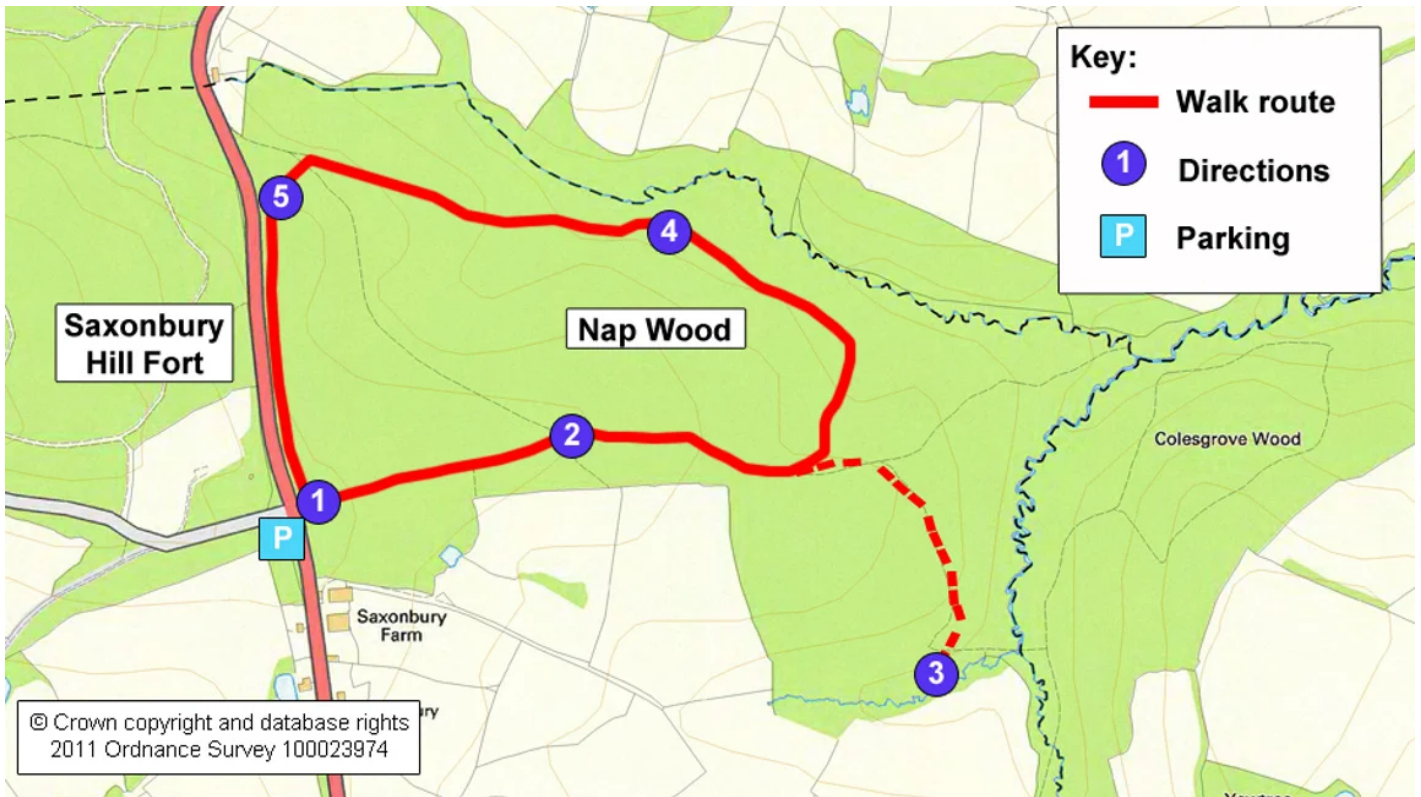


KENT

## Nap Wood walk, in the footsteps of drovers

Take a tranquil stroll in Nap Wood, home to a diverse array of wildlife, from the mature trees towering above you to the vivid displays of bluebells that decorate the woodland floor in late spring.



### Information

Address: Nap Wood, Sussex

OS map: Explorer 135/136; Landranger 188/199

Activity: Walking

Easy: Mostly flat, but with several gentle slopes and one relatively steep one. For further details, please see Terrain section.

Dog friendly: Dogs are welcome

Full trail: Miles: 1 (km: 1.6)

Duration: 20 mins - 30 mins

### Terrain

Circular walk along a well compacted path, with some protruding tree roots. Mostly flat, but with several gentle slopes and one relatively steep one. Take care after wet weather as the path can be muddy, uneven and slippery.

### Total steps: 5

Start point: A267 lay-by, grid ref: TQ581329

1. From the lay-by, follow the well-trodden track, an ancient drovers' road, into the woods. Just before you enter the woods, take a look behind you towards Saxonbury Hill Fort (not on accessible land).
2. Continue along the drovers road, ignoring a path that crosses your route. After a short while, you come to a yew tree on the corner to your right. Another old sunken drovers road leads off from here, that you can head up for a short detour. Local folklore says that the tracks here once led to a hunting lodge for King John called Lightlands (still visible on maps of the area), so you could be walking in the footsteps of royalty.
3. This detour leads you to more impressive old yew trees. After reaching them, turn back and rejoin the main trail.
4. The track goes downhill for a short while before levelling off again.
5. Carry on through the woods, listening out for the rustle of dormice or woodpeckers drumming the dead trees. The track winds its way up a fairly steep hill until you are back at the lay-by.

End point: A267 lay-by, grid ref: TQ581329