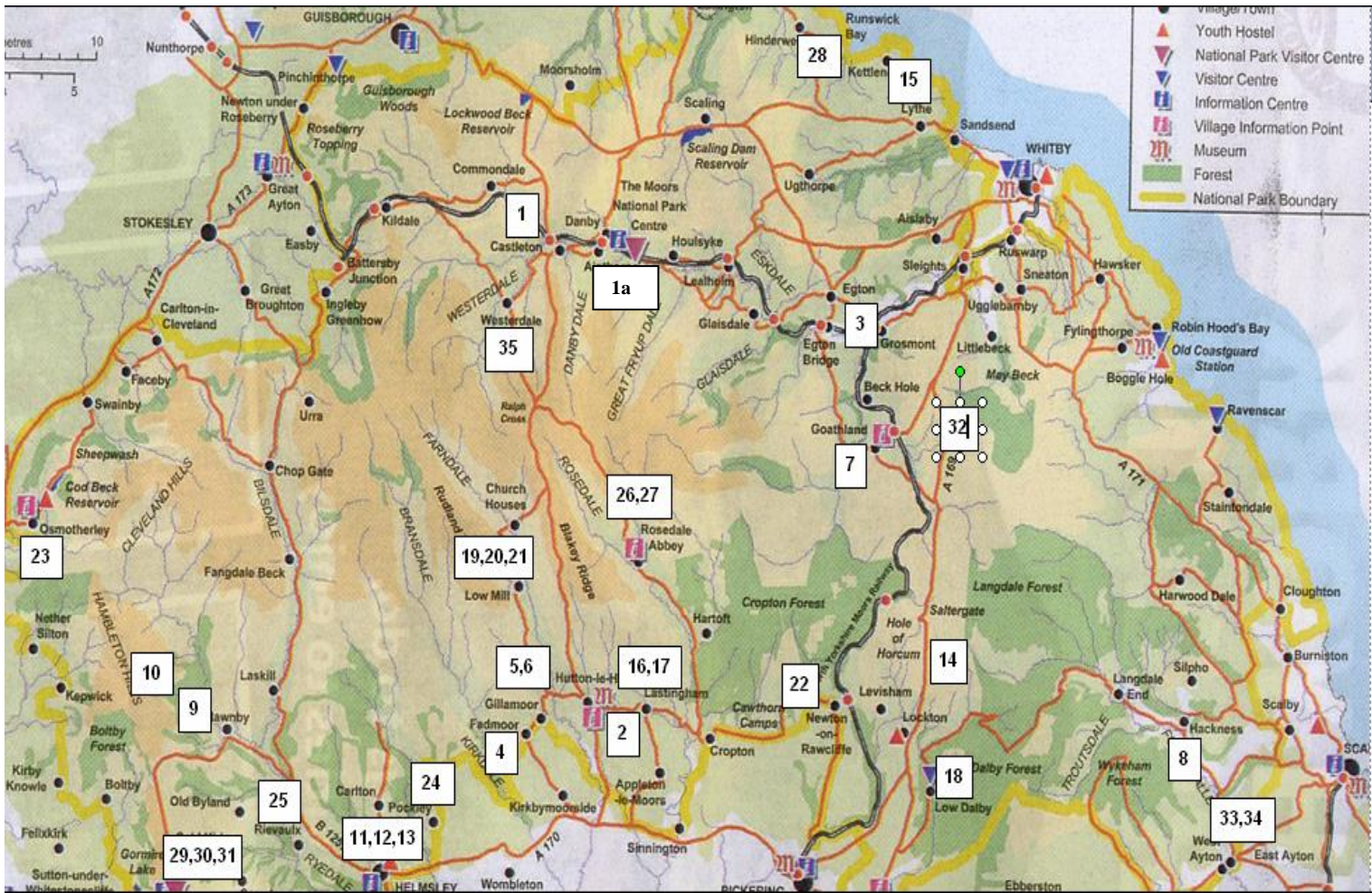
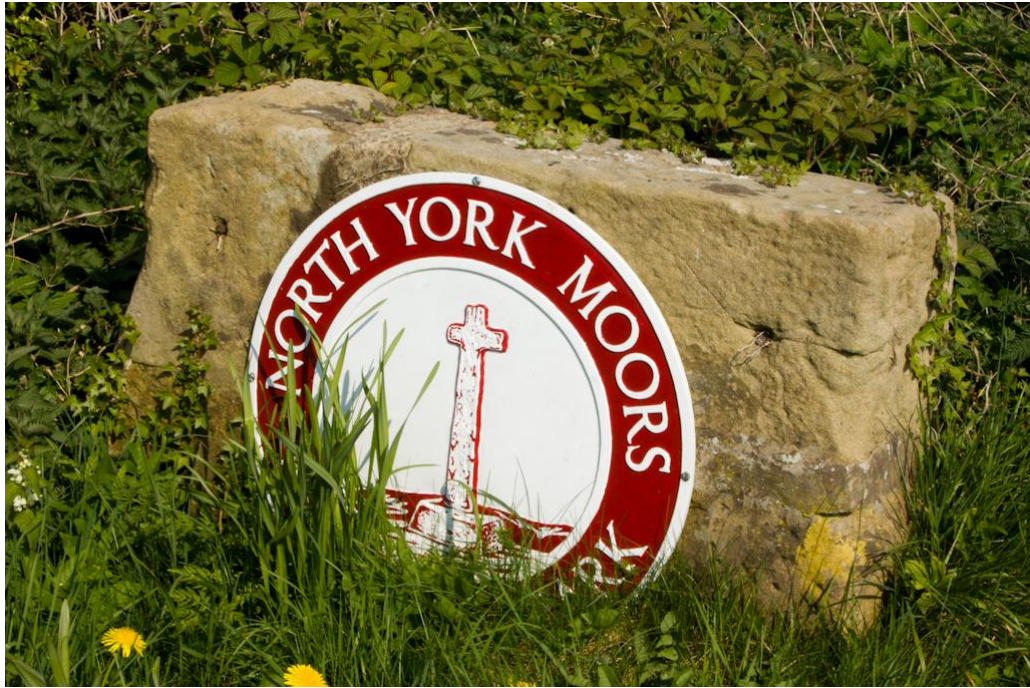




36 QUIET WALKS OVER THE MOORS AND FELLS OF THE NORTH YORKS MOORS NATIONAL PARK

by

MILES AND VALERIE FOX



WALK LENGTHS AND GRADES

SHORT (easy - 2 to 4 hours) 2,6,12,13,76

MEDIUM (over 4 but less than 5 hours) 1a,5, 8,9,14, 15,16,17,18,19,20,21,24,25,26,27,28,29,31,33,34

LONGER (5 to 6 hours) 1,3,7,11,14,22,30,32,35

VERY LONG (strenuous - 6 hours and over) 4,8,10,23

WALK DISTANCES AND WALK TIMES

	DISTANCE (miles)	WALK TIME (hours)	PAGES
<u>1. CASTLETON – DANBY DALE – WESTERDALE & MOOR</u>	7	5	5 6
<u>1a DANBY -AINTHORPE - CROSSLEY GATE FARM - DANBY CASTLE</u>	5	4	7 8
<u>2. CROPTON - SUTHERLAND LODGE – KELDY CASTLE</u>	5	3	9 10
<u>3. EGTON BRIDGE – HIGH MOOR - GLAISDALE</u>	10¼	5½	11 12
<u>4. FADMOOR – PENNYHOLME –ANKNESS RIDGE - SLEIGHTHOMEDAILE</u>	10½	6	13 14
<u>5. GILLAMOOR – FADMOOR – KIRKDALE</u>	10 ¼	4¾	15 16
<u>6. GILLAMOOR – FADMOOR – SLEIGHTHOME DALE – LOSKAY HOUSE</u>	5¾	2½	17 18
<u>7. GOATHLAND - BECK HOLE - PURSE MOOR - MALLYAN SPOUT</u>	8¼	5½	19 20
<u>8. HACKNESS - WHISPER DALES - REASTY BANK - HILDA WOOD</u>	4	6¾	21 22
<u>9. HAWNBY - ARDEN HALL – FAR HOUSE – ELLERS WOOD</u>	8½	4¼	23 24
<u>10. HAWNBY (ELLERS WOOD) - DALE HEAD – SILTON WOOD - CLEVELAND WAY – KEPWICK MOOR - THORODALE.</u>	12½	7	25 26
<u>11. HELMSLEY – ASHDALE (Carlton) - COWHOUSE BANK</u>	11	5	27 28
<u>12. HELMSLEY - CLEVELAND WAY – RIVER RYE – DUNCOMBE PARK</u>	5¼	2	29 30

	DISTANCE (miles)	TIME (hours)	PAGES
<u>13. HELMSLEY – EBOR WAY – SPROXTON – DUNCOMBE PARK</u>	6	2¼	31 32
<u>14. HOLE OF HORCUM - OLD WIFE’S WAY – BRIDESTONES</u>	9	5	33 34
<u>15. KETTLENESS - SANDSEND - GOLDSBOROUGH</u>	6¾	4¼	35 36
<u>16. LASTINGHAM – APPLETON LE MOORS – SINNINGTON</u>	7¾	4½	37 38
<u>17. LASTINGHAM - ROSEDALE - RIVER SEVEN - HIGH ASKEW (CIRCULAR)</u>	8¾	4½	39 40
<u>18. LOW DALBY – LOCKTON – LEVISHAM – NEWTON DALE.</u>	7½	4½	41 42
<u>19. LOW MILL – BLAKEY EDGE – CURCH HOUSES.</u>	8	4½	43 44
<u>20. LOW MILL – LOWNA – HARLAND MOOR</u>	7½	4½	45 46
<u>21. LOW MILL – RUDLAND RIGG – CHURCH HOUSES - FARNDALE</u>	7½	4½	47 48
<u>22. NEWTON ON RAWCLIFFE – DUNDALE POND – HOLE OF HORCUM</u>	9½	5¼	49 50
<u>23. OSMOTHERLEY CIRCULAR (LOCKER LOW MOOR, BLACK HAMBLETON)</u>	10¾	6	51 52
<u>24. POCKLEY - RICCAL DALE</u>	6¼	4¼	53 54
<u>25. RIVAULX – TYLAS FARM – MURTON GRANGE – COLD KIRBY</u>	9½	4¾	55 56
<u>26. ROSEDALE – THORGILL – DISMANTLED RAILWAY – HILL COTTAGES</u>	7¾	4½	57 58
<u>27. ROSEDALE - NORTHDALE RIGG – NORTH GILL</u>	6	4¾	59 60
<u>28. RUNSWICK BAY – KETTLENESS – GOLDSBOROUGH</u>	7¾	4¼	61 62
<u>29. SUTTON BANK – BOLTBY – THIRLBY – GORMIRE LAKE</u>	8	4½	63 64
<u>30. SUTTON BANK – SNECK YATE– MURTON GRANGE – COLD KIRBY</u>	10	5	65 66
<u>31. SUTTON BANK –WHITE HORSE – OLDSTEAD – KILBURN</u>	9	4½	67 68
<u>32. THREE CR OSSES WALK - YORK, LILLA AND ANN.</u>	9	5	69 70
<u>33. WEST AYTON - FORGE VALLEY - HACKNESS</u>	10	4¾	71 72
<u>34. WEST AYTON – FORGE VALLEY –RAINCLIFFE WOODS</u>	7	4½	73 74
<u>35. WESTERDALE – RIVER ESK - COOPER HILL – HOWDALE HILL</u>	8½	5½	74 75
<u>36. WELBURN – HOLD CAULDRON (Short)</u>	4¼	3½	76 76

1. CASTLETON – DANBY DALE – WESTERDALE & MOOR 7 MILES 5 HOURS

On reaching Castleton leave car by first group of houses on the right side of the road (OS Grid Ref.663 078). Walk back on main road for about 75yds and then take FP on left S, which almost immediately forks. Take the right (upper) fork. The FP later becomes a gravel drive. Leave Forest Farm on your left, then Forest Lodge, then Holly Lodge Farm (fake FP bypass). Cross small road at Crag House Farm, then West Green Farm. Just before West Cliff turn right E on unmarked bridleway steeply uphill to reach main road. Turn left SSW on it for 1/3 mile, then sharp right NW downhill on small road. (An unmarked short cut is possible at side of Brown Hill to avoid most of walk on major road.) Take first FP on left to Brown Hill House and continue mainly W across field, then over FB to Broad Gate Road. There turn right NW on it continuing to first FP on left by which continue to Westerdale. Walk NW on road through the village past the church, and then steeply downhill and over ford (note ancient bridge on right), then steeply uphill over cattle grid to Westerdale Moor. Take first FP on right (just past disused quarry on the left) over moor. The path meanders bearing NE then N, then NE, eventually steeply downhill to cross stream on FB. Continue on FP close to the stream to reach road by Dibble Bridge. Turn right E on road steeply up, across junction and onto the parked car.

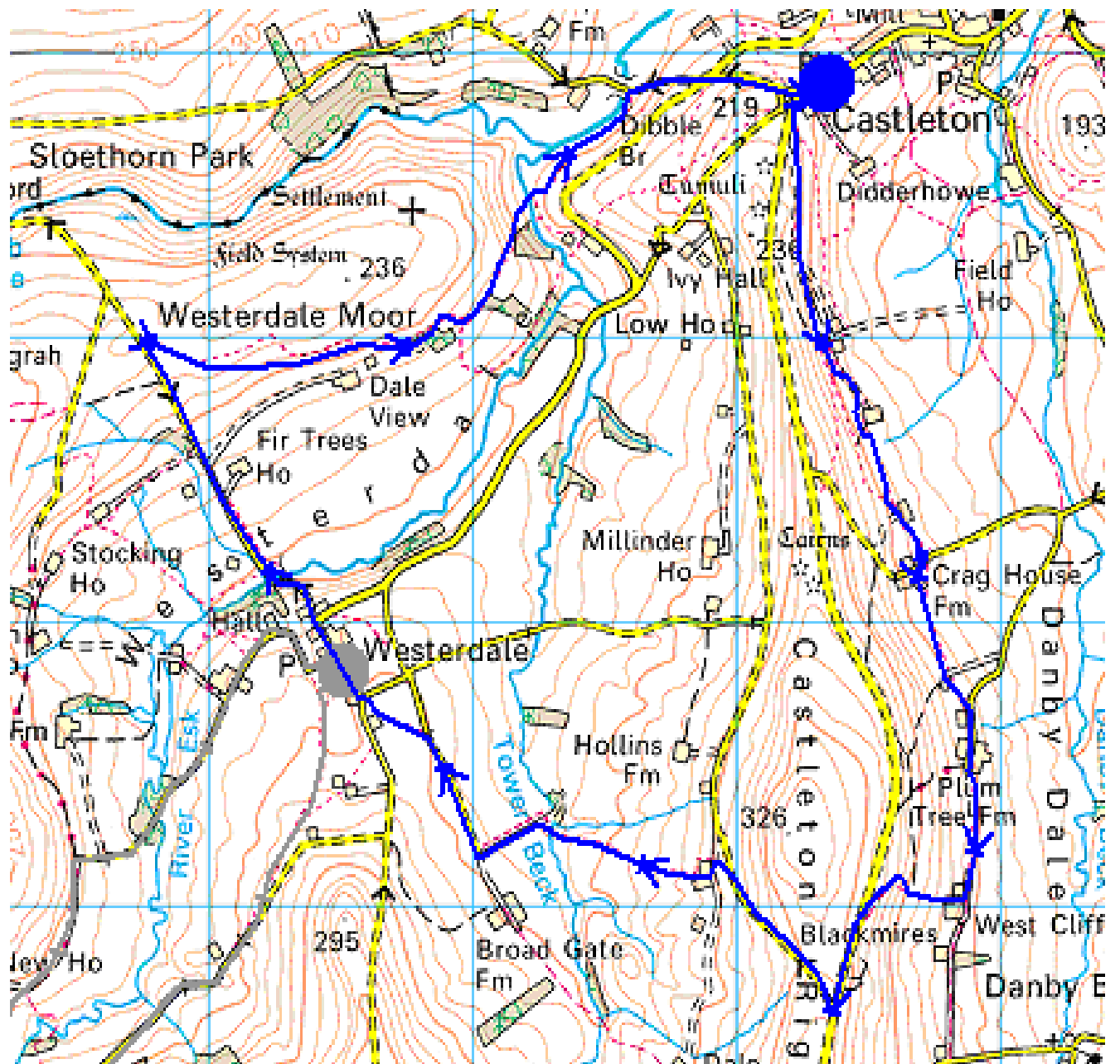
A lovely walk by and through various farms with fields of flowering buttercups in early summer. Picturesque Westerdale village, then over moorland with many views. There are 3 short steep climbs but overall not difficult. Afternoon tea at Castleton Tea Rooms by taking car there to the centre of the village. Parking nearby may not be easy. If driving across the extensive moorland from the Hutton le Hole direction, and after passing the solitary Lion Inn, Ralph cross is passed on the left. Direct access on the left to Westerdale on a narrow road is possible from there.



Leaving Westerdale on way to Westerdale Moor



Westerdale



CASTLETON – DANBY DALE – WESTERDALE & MOOR

1a DANBY - AINTHORPE - CROSSLEY GATE FARM - DANBY CASTLE

5½ (or 7) MILES 4 (or 5) HOURS

Leave car in lay-by immediately (E) after Danby cross roads past Duke of Wellington pub near PO & below bakery tea rooms. From cross roads walk along the road S over railway bridge to Ainthorpe. Turn left on curving road SW then S past Fox & Hounds Inn, continuing walking uphill SSE past entrance to Low Coombs Farm. After about 100yds the next footpath SSW climbs slowly through gorse, bracken and heather for about 1½ miles, up the moor (Ainthorpe Rigg). Take the steep descent into Little Fryup Dale (preferred shorter alternative marked by ↓, to the longer but lovely scenic route as on map, along the top of the Danby Rigg moor) reaching the road and turning SE on the it to Stonebeck Farm where both ways meet. There turn left NE on track by the Farm until track on left is reached going to Forresters Lodge. Just in front of the Lodge turn right, pass through a gate and continue on FP bearing NW uphill until a quiet road is reached. There turn right on it, pass by Crossley Gate Farm, then bearing NW to Danby Castle. Just after continue on the left fork, and several yards after turn right NE on FP to just before Castle Houses. There turn left in a NW direction down hill and by a hedge until a road is reached. Turn left on it until Ainthorpe is reached, where join the road back to Danby.

Walk with good views of Low Fryup Dale and hills around. Danby is a picturesque village. Bakery tea room provides excellent cakes for after walk tea. Danby castle was built in the 14th century by a Lord Latimer combining defence and comfortable living.. Later, one the 6th wife of Henry VIII (Catherine Farr) lived there. Longish drive over heather covered moors via Castleton



Danby centre. Road towards the station and Ainthorpe



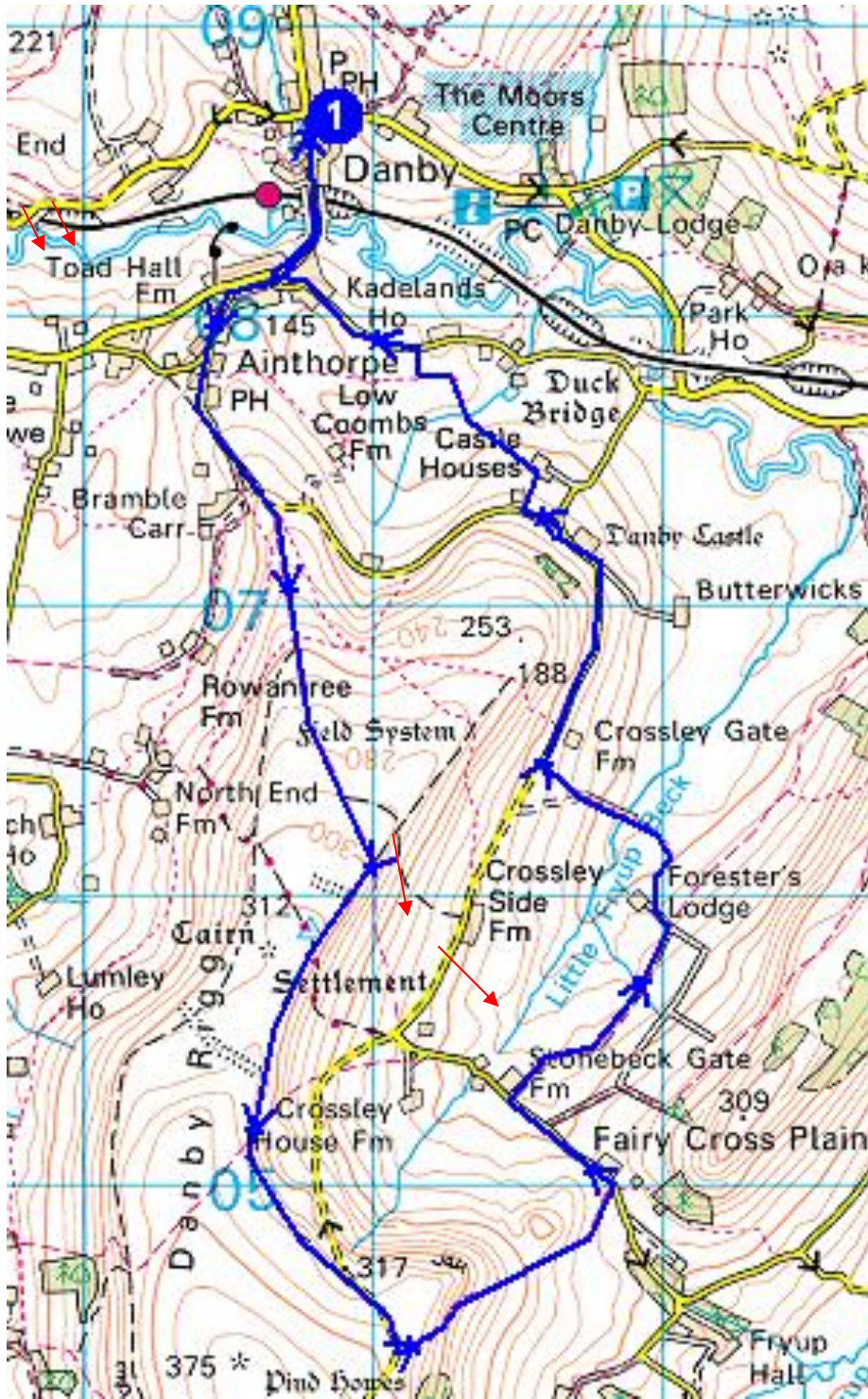
Danby village from Danby Rigg



Descent into Fryup Dale from Danby Rigg



Danby Castle ruin



Ralph Cross

DANBY -

AINTHORPE - CROSSLEY GATE FARM - DANBY CASTLE

2. CROPTON - SUTHERLAND LODGE – KELDY CASTLE

5 MILES 3 HOURS.

Leave car in large lay-by on the right of the road from Cropton to Newton on Rawcliffe, after passing through Cropton, as the road turns sharp right E after Sycamore Farm (OS Grid Ref.759 896). The path starts on the left by the bend of the road through a gate, proceeding NE through a wood. After about 200 yds it emerges with a view of Cropton Bank. Descend down to a bend left N to Fall Rigg wood and through it towards Sutherland Beck. Cross the beck by FB. Walk up field to and through a farm, and onto an unpaved road for about 200yds. At T junction turn right. Continue on road, eventually past some small houses until another T junction is reached. Turn left NNW on it. Then take first road on right and right again (below Sutherland Lodge). Pass by Sutherland Cottage leaving it on your left, then follow track to Keldy Castle Forest Cabins. A sharp turn right is required to reach the cabins area and visitors' centre. From there take road S past cabins through the wood down over a bridge, then uphill SE. Just after an ascent, a footpath (right of way, unmarked on road) starts on the right going W through the woods for about ½ mile, emerging into the open at Peat Rigg holiday centre. Pass through "Private" sign, and join road W from the centre to Skelton Banks Farm. There turn left S along the road until reaching the main road (Bradley Road). Turn right W along it for about 1/3 mile, past drive and path to Hen Flats, taking the next path left SW which turns WNW over a field and then along a track back to Cropton.

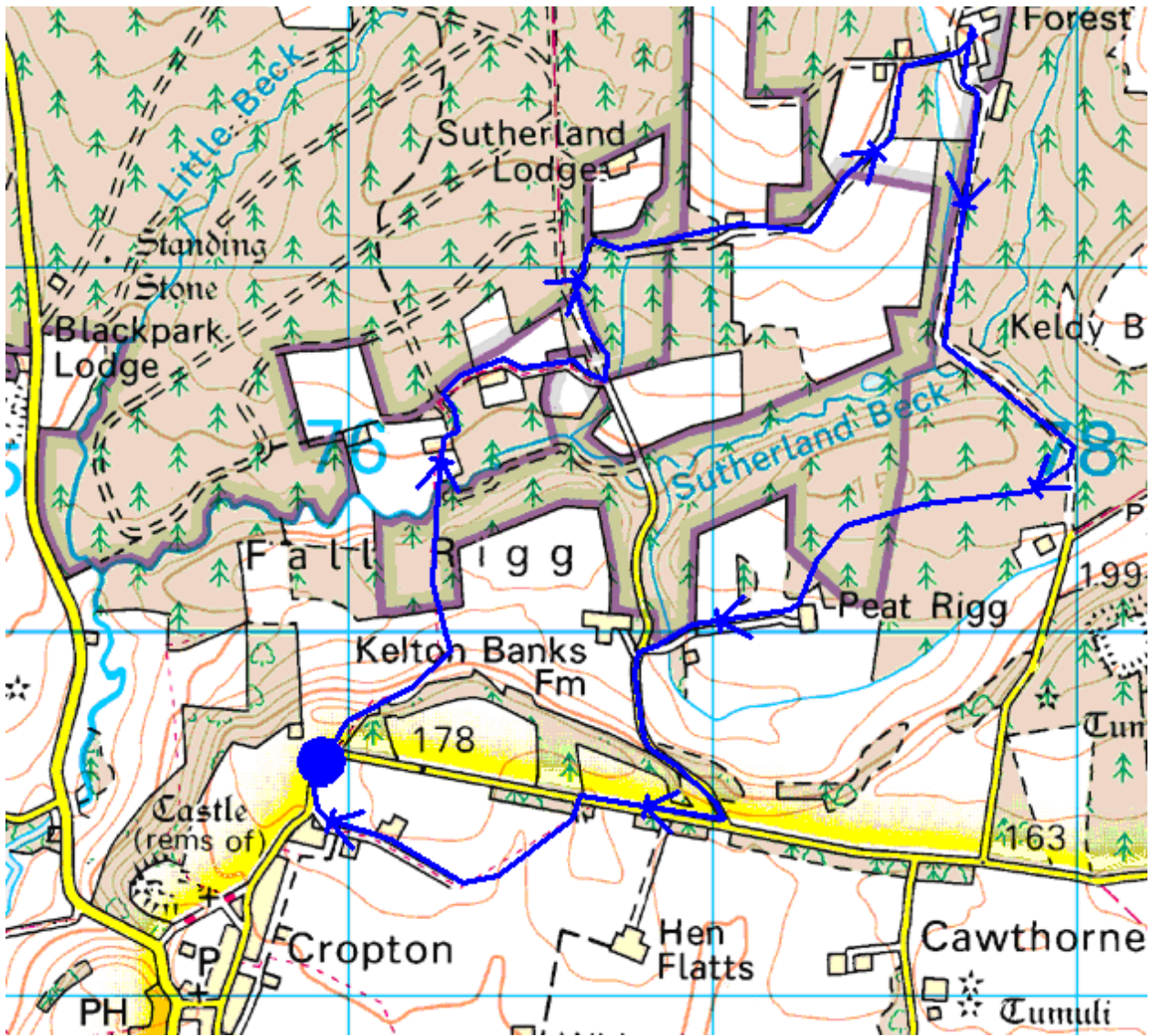
A pleasant ½ day walk through woodland, fields and plantations. Loos in Keldy Castle Forest Cabins visitors centre. There is no castle. Cycle hire can be arranged there in summer months. Refreshments also available in the centre. Initial part of the walk can be boggy in wet weather.



View down Cropton Bank



Forest cabin, Keldy Castle



CROPTON - SUTHERLAND LODGE – KELDY CASTLE



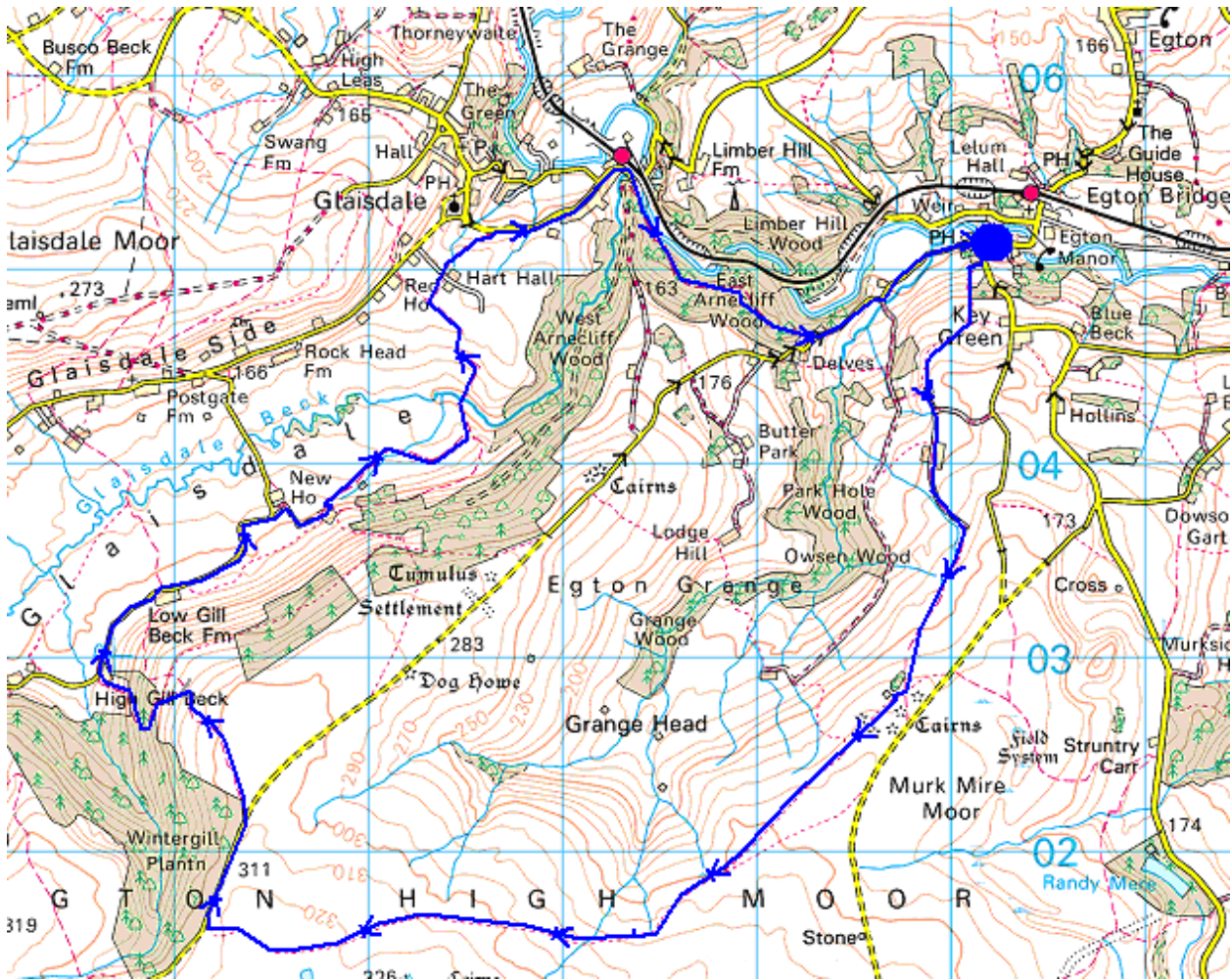
Sutherland Lodge.

3. EGTON BRIDGE – HIGH MOOR - GLAISDALE 10¼ MILES 5½ HOURS

Leave car about 50yds on road E of the Horseshoe Hotel at Egton Bridge (OS Grid Ref.802 051). Walk back to hotel, take left fork in road uphill for about 300yds, then first FP on right (into wood) which passes shortly over stile into field. There turn left S steeply uphill to wood and pass through side of it, then over stile to field and another stile to reach track. Turn right S to Swang Farm. Walk through the farm uphill, and shortly turn right on track SSW on FP, aiming at small clump of trees higher up. Before reaching the road a moorland track is reached. Turn right SW on it, following it as it ascends slowly up the heather covered High Moor. A solitary tree in the distance in a slight depression marks the way of the track across the moor. There bear W and continue on track uphill until road is reached at Wintergill Plantation. Turn right NNE on road for about 1/3 mile and just past the plantation take track left NNW (which passes below a stone projection on your right). The path becomes largely heather covered and it is necessary to keep above its depression on the heather. At cairn turn left downhill until gate by a wood is reached – (bridleway way-mark on it). Pass through the gate and downwards through a thick wood until road is reached at High Gill Beck Farm). There turn right on road. Just before New House Farm turn right onto track and proceed to Bank House Farm. There take the lower track to eventually reach a FP signpost, where turn left N downhill through field and across FB. Continue uphill to Red House, but before reaching it, turn right NNE towards Hart Hall. By it cross a small road and continue on a FP downhill NE until road is reached. Continue on road to Glaisdale station. Just before the road passes under the rail bridge turn right SW on FP steeply uphill into East Arncliffe Wood, and through it, direction Delves, until road is reached. Turn left NE along road, downhill until car is reached.

Short cuts. If very wet, can circumvent some boggy areas at start of walk by keeping on road steeply uphill after the Horseshoe Hotel proceeding for about 1/3 mile, and then turning onto first track on the right by some houses, to reach and follow described way. Also later on, instead of taking track to Bank House Farm, keep on road to New House Farm and continue on road all the way to Glaisdale, past church and then steeply downhill on narrow road along the river Esk until road is reached just before Glaisdale station.

A long walk, exposed on the moors, but wonderful when the heather is in flower in August. FP can be difficult to follow after Wintergill Plantation. Since Glaisdale station closed its tea room, can sit on bench on station platform to take some carried refreshment, but the Horseshoe Hotel will serve coffee and probably tea + biscuits (or more) in the afternoon at the end of the walk



EGTON BRIDGE – HIGH MOOR - GLAISDALE



Beggars Bridge by Glaisdale station built for packhorses in 1619



Glaisdale station (Middlesborough – Whitby line)

4. FADMOOR – PENNYHOLME – ANKNESSE RIDGE - SLEIGHTHOMEDAILE

10½ MILES 6 HOURS

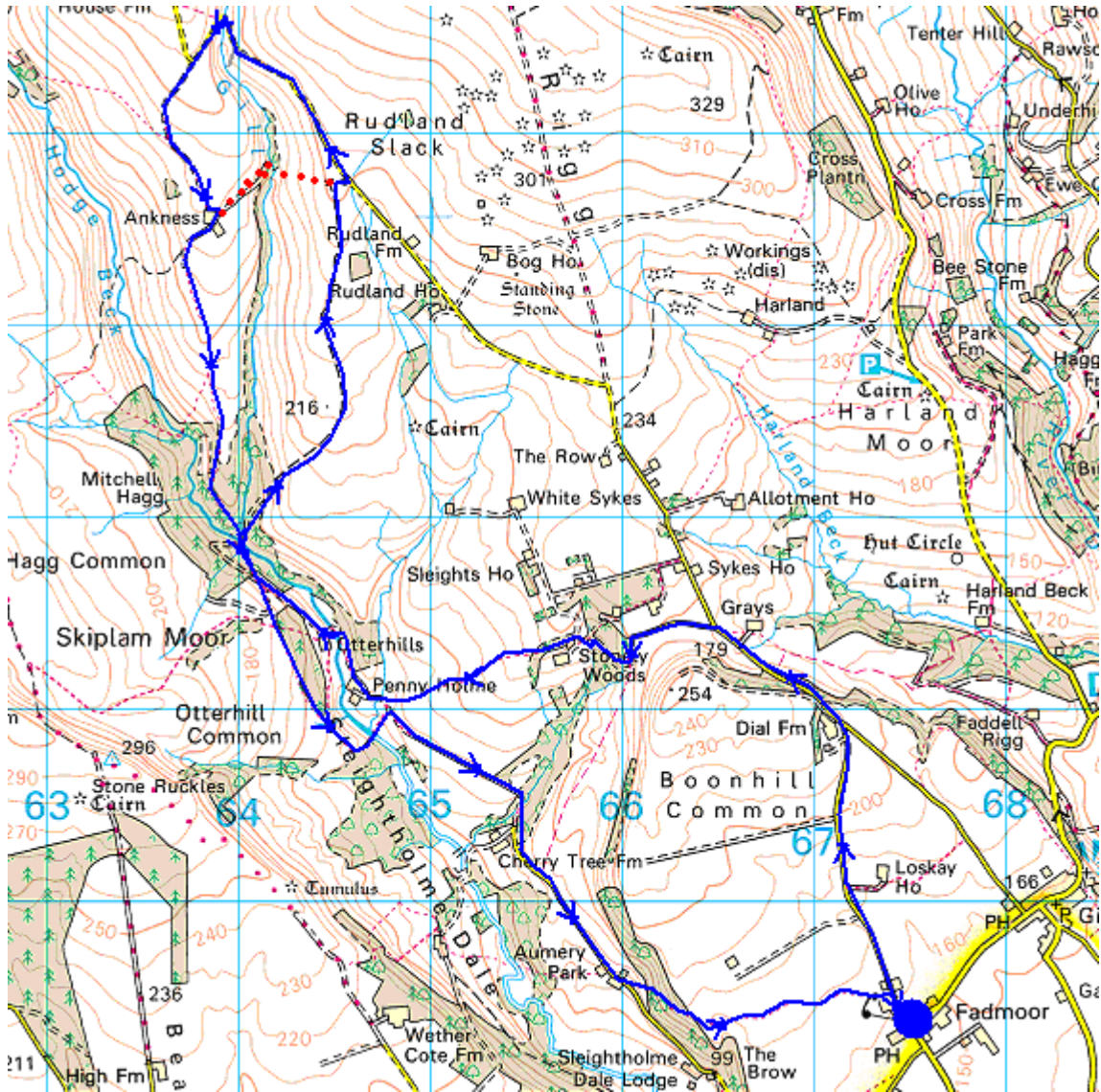
At Fadmoor leave car on village green (OS Grid Ref.6751 8939). Take Boonhill Rd N to Dial Farm (smelly pig farm), then Highfield Lane NW down hill. Past Grays Farm take lane W towards Stonely Woods (large mansion). Path starts at the back of the big house through wood then WWS

across fields to Pennyholme house. The path crosses the fields as marked by numerous way marks mainly W, finishing down a grassy slope among rocks at a FP sign and passing over a FP on a track to Pennyholme. Pass the house uphill leaving it on the left, through a wood, then down to another bridge, across it and for a few yards uphill to a barn. There take the track right NW to just within a wood downhill to stream with bridge. Do not take FP as marked but track to the right of it marked "Private Track". It climbs uphill NE, passes out of wood through a gate onto the moor, and then bears N for over 1 mile. It approaches and comes to an end near a road past Rudland Farm. One can then turn left W downhill to Ouse Gill, but the FP marked on Ordnance Survey maps is non existent and one has to cross the stream down a steep rather dangerous slope in wet and boggy ground in parts covered by reeds by a stone wall to reach rough muddy track up to Ankness Farm. It is slightly better to move for a short distance upstream and cross the Gill taking one's boots off (marked by red dots on map). Instead, best go onto road, turn left and where it crosses the Gill and turns sharp left, and proceed on track to Ankness Farm. This adds 1 mile to the walk. Go through the farm on track SW then path S to stile to wood and FP through it to cross Ouse Gill over bridge and proceed uphill through wood on path previously descended. Some 50 yds after reaching track, take right fork, then FP after gate across fields then through wood (marked Sleightholme Dale), and follow FP signs to reach road just beyond Pennyholme across high stile. Turn right on road passing Cherry Tree Farm on your right. Continue on the road to Aumery Park farm buildings. There by farm buildings take marked FP left SW uphill through field, then climbing through wood, eventually reaching fields. At least 6 styles have to be negotiated crossing several fields before reaching Fadmoor.

A varied long walk with fields, woods and lengthy stretches of heather moors, particularly lovely in August. Long initial road walk from Fadmoor (1½ mile). A better alternative would be to avoid hill clamber and stream crossing of Ouse Gill by Ankness farm, by taking circuitous bypass. Tea at Barnhouse Hotel in Hutton which closes at 4.30pm, earlier in autumn and winter. Pennyholme has large hill side gardens with plants for sale. Open days Sat 28, Sun 29 May, Sat 16, Sun 17 July (2-6). Visitors also welcome by appointment.



Pennyholme



FADMOOR – PENNYHOLME –ANKNESS RIDGE – SLEIGHTHOMEDALE

5. GILLAMOOR – FADMOOR – KIRKDALE 10¼ MILES 4¾ HOURS

Leave car in Gillamoore village near the Royal Oak pub (OS Grid Ref.682 900). Walk on road SW to Fadmoor. At Plough Inn turn left and after a few yards right SW. After 1/3 mile take first road to right with avenue trees on either side (Green Lane, posted to Sleightholme Dale), proceeding along it to where it bears sharp right. At that point turn left on track. After about 40 yds turn off it right onto path which descend NW through wood to meet a track at the bottom. There turn left S along edge of wood above valley and continue for about 1½ miles along Brockhill Hagg to Hold Cauldron. Cross Hodge Beck on bridge, and immediately past houses bear right on path uphill which climbs between the trees. At the top turn right NW on track between wood and fields for about 1½ miles until forest pebble road is reached. Turn right on it on it and walk for about 1½ miles overlooking Kirk Dale, then Sleightholme Dale where a large house (Aumery Park) is seen on right. Track eventually bears left and starts to climb steeply. At second track on right with set-back second gate leading towards Sleightholmedale farm (path not sign-posted) go through the gate and walk along path as far as another gate (about 600 yds). One used to be able to go through the farm, but now not allowed. So immediately after the gate climb over meadow obliquely uphill towards its corner by wood where there are 2 gates. Go through the one on the right, along track with plantation of new trees on the left. This skirts the field above the farm. After about 600yds a way-marked path is reached. Turn right on it and walk downhill to come out on road the other side of the farm, thus describing a semicircle round it. (it is possible to walk through the farm, marked on map by red dots, but this way may be private). Turn left, and continue on road over ford/bridge past Cherry Tree Farm. At road junction just past farm turn right S for about 600 yds, and take first bridleway on left NNE leading across large field, then through gate with more fields overlooking large mansion on left (Stonely Woods). On reaching road turn right on it N then ENE towards Grays (farm). Turn right SE on road, then uphill past pig farm, and there at junction take the left fork road towards Gillamoore. After about 1/3 mile, take first FP on left, walk across field to wood and turn right SE on top of embankment and wood on footpath to Gillamoore.

**Alternative way slightly shorter way. Start walk from Fadmoor. Same instructions until ** Instead of turning left on road from West Sleightholmedale Farm, cross the road and continue on marked path ESE, soon across fields (which can be wet), through wood and uphill to reach road near Aumery Park. Turn right on road and after several yds opposite a farm bear left onto footpath across field, then wood. On reaching flat ground path proceeds on fields over several styles to Fadmoor.

Superb views, abundance of flowers in May, exceptionally beautiful. Herons' nest in tall trees on left at first point where view of valley is seen (an excellent lunch place if not windy), before Aumery Park is first seen across the valley. Tea at Barn House Hotel, Hutton-le-Hole.

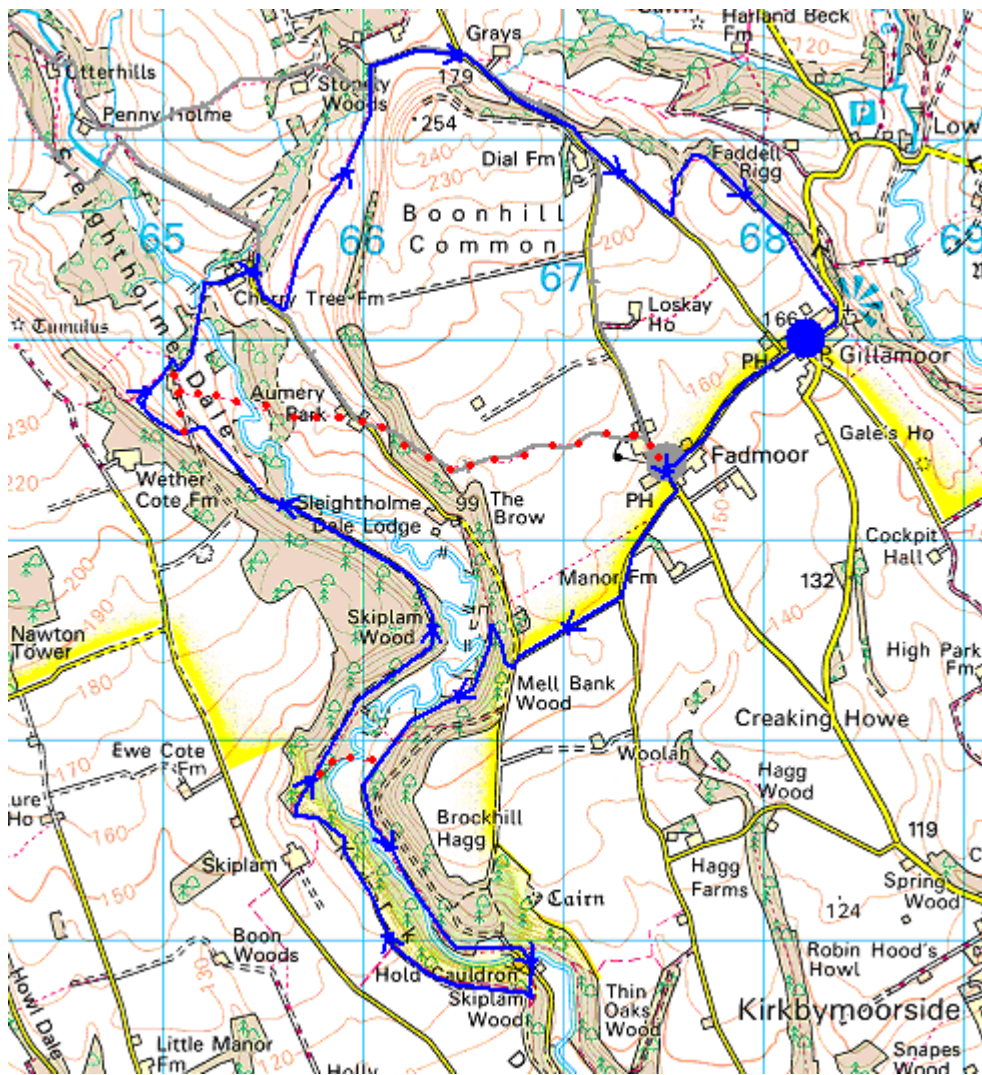
The walk can be shortened by about 3 miles if short cuts (as shown by red dots on the above map) are taken. As a start, begin the walk in Fadmoor instead of Gillamoore. Later, about ¾ of the way along Brockhill Hagg track on the way to Hold Cauldron, take a bridleway W after a gate on the track, downhill and then cross Hodge Beck on a wooden bridge, then steeply uphill to meet up with the previously planned track. Later, on reaching road going to Cherry Tree Farm, take marked FP SE then S to Aumery Park houses, cross the road there and take FP several yards on right uphill E through wood then across fields and over several stiles to Fadmoor.



Flowering
Garlick

Bridge at
Hold
Cauldron





GILLAMOOR – FADMOOR – KIRKDALE – SLEIGHTHOLME DALE.



Dandelion clocks by woodland track in Kirkdale

6. GILLAMOOR – FADMOOR – SLEIGHTHOLME DALE – LOSKAY HOUSE

5¾ MILES

2½ HOURS

Leave car in Gillamoor village near the Royal Oak pub (OS Grid ref.681 900). Walk on road SW to Fadmoor. At Plough Inn turn left and after a few yards turn right SW on road. After 1/3 mile take first road to right with avenue trees on either side (Green Lane posted to Sleightholme Dale), proceeding along it to where it bears sharp right. At that point turn left on track. After about 40 yds turn off it right onto path which descends NW through woods to meet a track at the bottom. There turn right along path and continue until road is reached and Sleightholme Dale Lodge is reached. Continue NW on road to just before Aumery Park farm. There take turn sharp right on road and immediately take FP on left SE uphill on FP across meadow, then through wood with gate, continuing uphill. At the end of the slope turn on FP, and then cross stile onto field. Continue on way-marked path across fields crossing several stiles, until road on the periphery of Fadmoor. There turn left on the road NW until first drive is reached on right going to Loskay House. Take that drive, and just before Loskay House take FP right NE until small road is reached. Turn left on road and after about 200 yds take first FP on right NNE across field to edge of wood, turning SE through the wood until road with Gillamoor church is reached. Turn right SW along the road to start of walk.

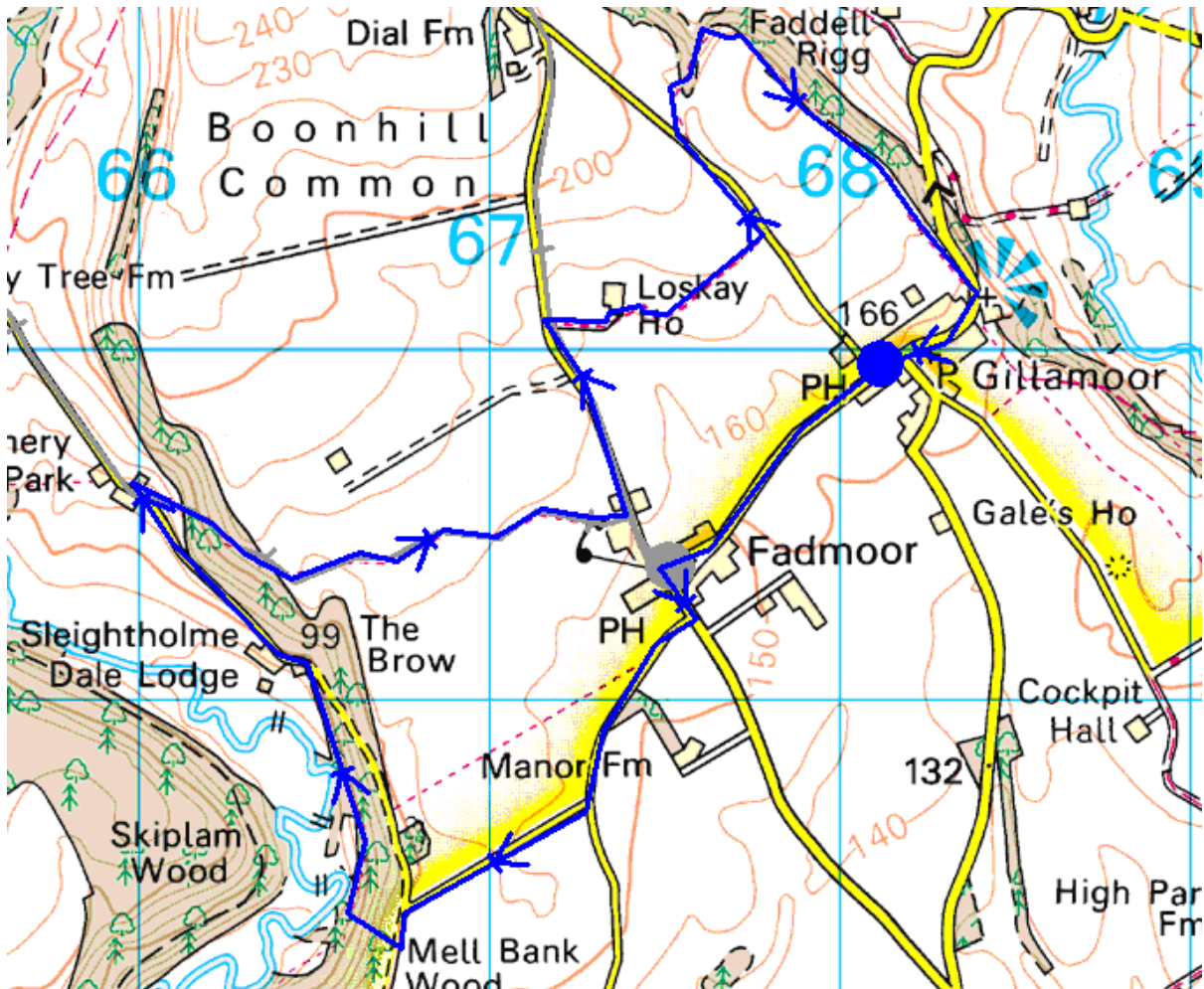
An easy walk of 2 ½ hours through some woods and mainly fields with variety of flowers during the spring and summer seasons. Afternoon tea at Barn House Hotel, Hutton-le-Hole.



Gillamoor Church



View from bench outside Gillamoor church looking towards Lowna.



GILLAMOOR – FADMOOR – SLEIGHTHOME DALE – LOSKAY HOUSE.

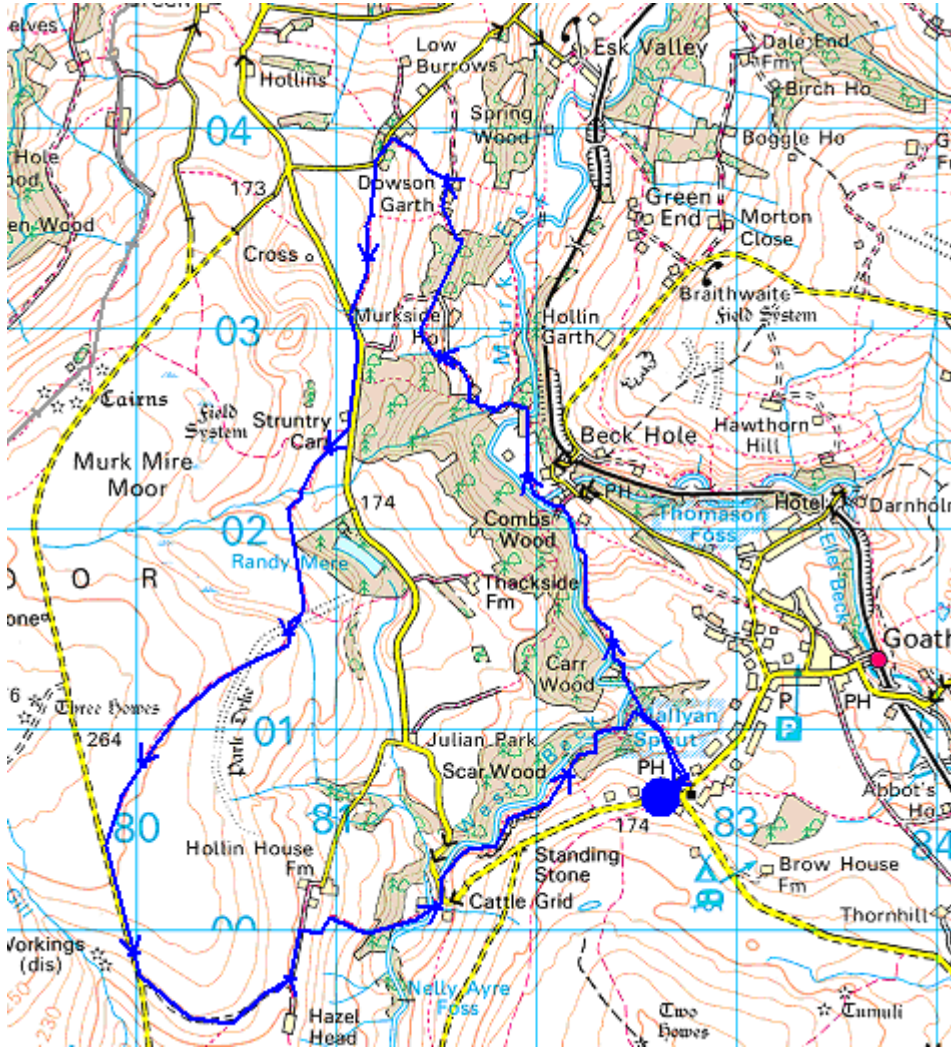


Aumery Park from path up towards Fadmoor

7. GOATHLAND - BECK HOLE - PURSE MOOR - MALLYAN SPOUT 8¼ MILES 5½ HOURS

On reaching Goathland Malyon Spout Hotel, turn on road to left of it and leave car on grass verge on right side about 100 yards away from the hotel (OS Grid Ref.826 007). Alternatively drive to village centre (1/3 mile) where there is a car park, or stop close to tea rooms (Mount Tea Room), after which you have to walk back to the hotel. Walk on FP which starts alongside the right side of the hotel, downhill to West Beck where by the stream turn R on path NW along, it towards Beck Hole. (One can turn right into the Beck Hole village to look at its houses with their picturesque pub). Continue on path, now track - a dismantled railway, which continues NW then N, thus leaving Beck Hole to your right. Cross over footbridge then another bridge, turning left W onto first track (unmarked initially) through a gate. Pass over a small footbridge; then a rough track leaves to the R through a ford. However a FB bypasses this, the rough path climbing to Murk Esk Cottage. Leave the Cottage on your left and pass through gate onto good track, later into wood leading towards Murkside House. Soon after entering the wood, however, the path is diverted by a sign to the left up a steep slope (obscured by bracken later in the year), which turns right, then over a stream and across 2 fields, then NNE after a gate through a plantation. Near a wire fence at its end turn L up a rough track for about 400yds then by a big tree (sign not always there) turn right almost doubling back on itself uphill, to cross a stile and go across a field to and through Dowson Garth Farm (where horses are trained/broken in). On track just past farm take marked FP soon turning NW to High Burrows Farm, coming onto a road just past it. Turn left SW on the road uphill for about 300yds to track (bridleway) on left. Continue S & SSW along the track to finally reach another road. Turn left on it and continue south on it past a solitary house. Turn right on first FP onto Purse Moor, direction SW then S uphill towards corner of a wood in the distance (Rainy Mare Reservation). After crossing Oakly Beck path climbs, then through a gate, onto a narrow path SSE through bracken and heather, which later descends slowly. The path then starts to climb up Park Rigg becoming completely indistinct in heather,. Continue in SW direction. A solitary tree is seen on the skyline. Walk towards it but always keeping the tree on your right. A definite path is eventually reached which crosses the moor between the tree and the road further on. Turn right on this path SSW until the road is reached (Wheeldale Road). Turn left SSE on it for about ½ mile, then on the first track reached turn left SE veering E. The track slowly bends to ENE then NE to reach a track past Hazel Head Farm which then becomes a minor road. Turn right on first FP by water tank (marked on map as Resr), down fields and through wood past New Wath Farm. Plants & including cacti sold there. After FB come up onto road. Turn sharp left N downhill, then take the first FP on right just at bridge which crosses West Beck. Proceed on rough rocky FP along the Beck past Mallyan Spout waterfall (about 1½ miles), reaching the FP right, back to Mallyan Spout Hotel.

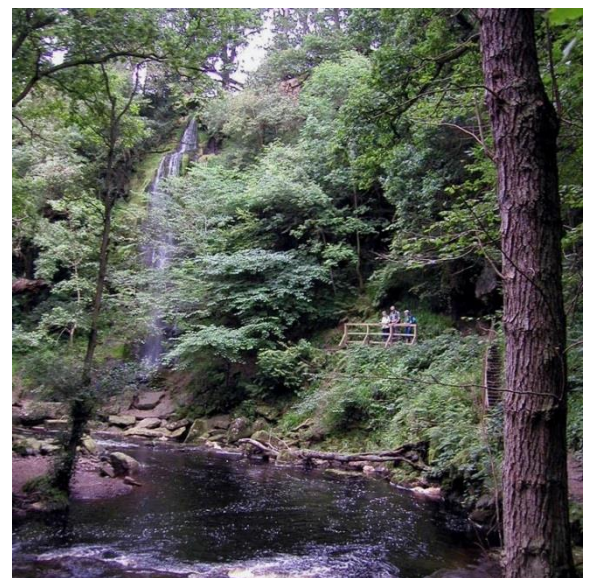
A varied quite difficult walk particularly along the rocky, uneven and often boggy river path to Mallyan Spout. Lovely moorland, woodland and open field paths with great views including the Moors railway region. Lunch with views off bridle track after High Burrows Farm, or by derelict barn walls by Oakly Beck. Afternoon tea in Mount Tea Room in Goathland. Can sit there outside in back garden by pond. Beware - closing time t just before 5pm!



GOATHLAND - BECK HOLE - PURSE MOOR - MALLYAN SPOUT.



Purse Moor



Mallyan Spout

8. HACKNESS - WHISPER DALES - REASTY BANK - HILDA WOOD 6¾ MILES **4 HOURS**

Leave car in Hackness village just before road junction where there is a turn to Silpho (OS Grid Ref.968 906). If the site is full, there are spaces on right side of small tarmac road leading to “Low Dales and High Dales only” just before the Silpho turn off on the main road. Take the “Low Dales and High Dales Only” by Lowdales Beck for about 1 mile to ford. Cross foot bridge, then parallel to long ford on road to Low Dales Farm, then across 2 footbridges, bearing right onto cart track up valley - Whisper Dales. The track continues for about 2 miles uphill through fields then into forest until a motor road is reached by Reasty Bank Top with Reasty Bank car park. A bench with a view point of the valley beyond is a good place for lunch. At the right hand side of car park take forest track to the left of the road. The track proceeding ESE stays on top of embankment in wood (Surgate Brow) turns SE then S, then reaching road at cross roads. After several yards on main road going SE take FP on left which once again keeps to the brow of the hill (Silpho Brow) through wood, then felled wood, with views of sea including part of Scarborough. The path goes E then turns S until road is reached. Turn sharp right NW on road for 1/3 mile to road junction (Thieves Dykes). There turn left SW and proceed for ½ mile. On reaching the first FP turn left S on it, and continue to follow it with its several sharp turnings into valley and through Hilda Wood finally reaching steep Silpho road. Continue down hairpin bend road to where car is parked.

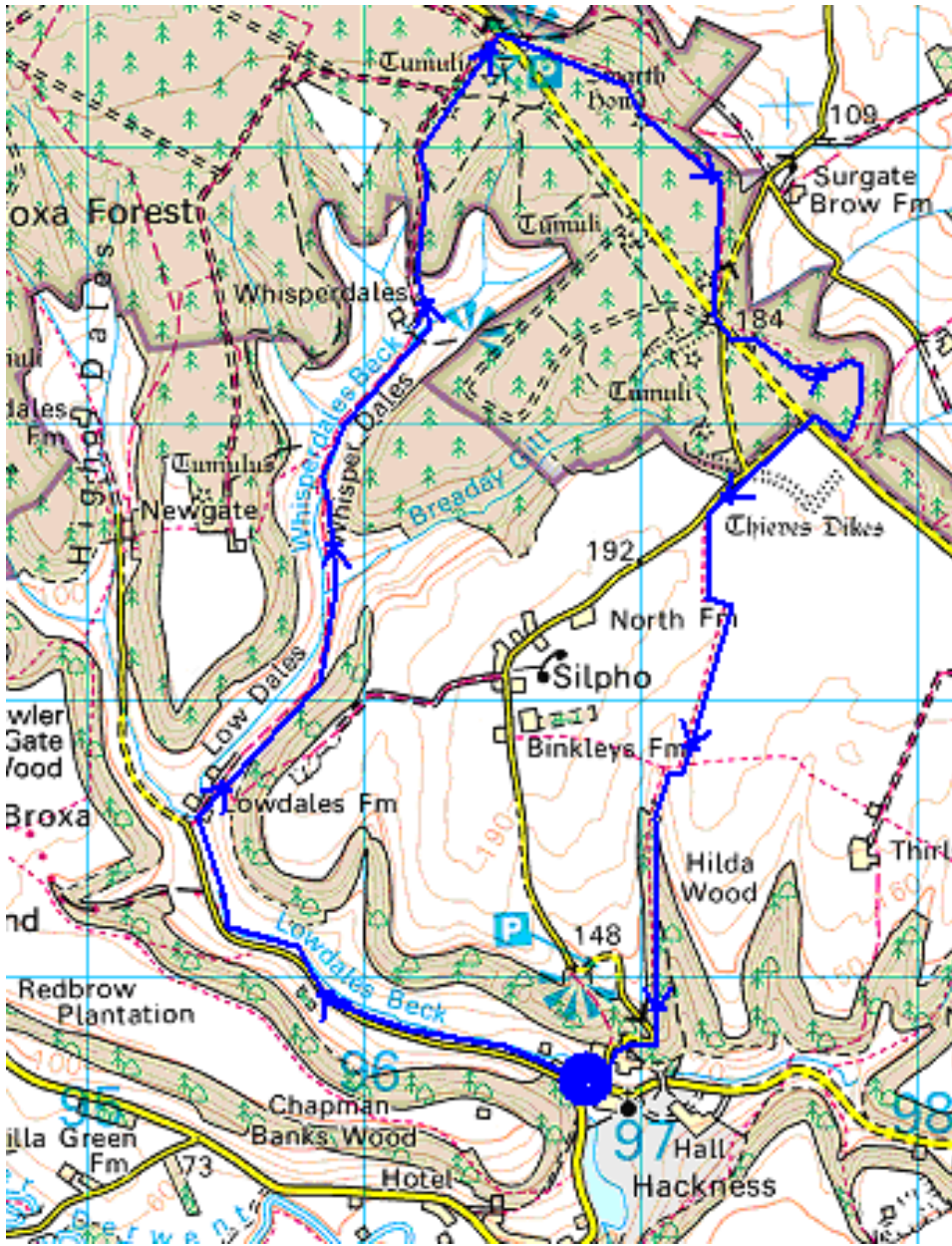
Lovely quiet country and wood paths. Whisper Dales reflects whispering wind sounds blowing through wood -covered hillocks there. Panoramic views from Reasty Bank where there is a bench to have lunch, or failing that if cold and windy, soon after on a log in the wood. Further good view down to part of Scarborough later on from bank. No steep inclines on walk. Hilda Wood (named after St Hilda, the Abbess of Whitby Abbey of Celtic times) abounds with flowers in the spring. Hackness Hall in the village is the residence of Lord Derwent.



Hackness Hall



Plantain, Egg&Bacon, Clover & Buttercup
on way to Low Dales farm.



HACKNESS - WHISPER DALES - REASTY BANK - HILDA WOOD.

9. HAWNBY - ARDEN HALL – FAR HOUSE – ELLERS WOOD

8½ MILES

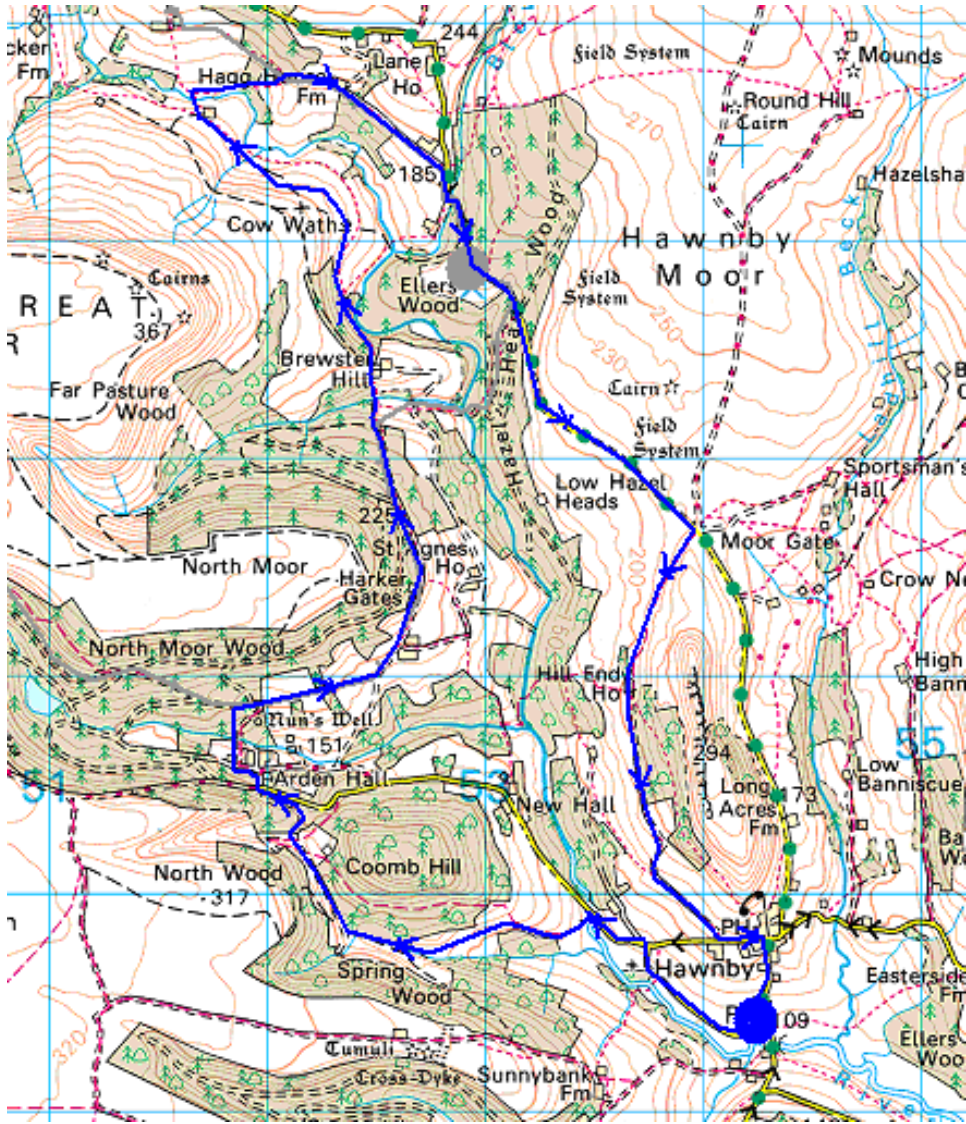
4½ HOURS

Leave car in lower part of Hawnby in small often empty space near the shop/ex post office (OS Grid Ref.542 894). Start the walk on small road passing the shop W and then NW until T-junction. There turn left W then NW. Immediately after Church Bridge turn sharp left onto bridle way which skirts Coomb Hill on its south side, first through Carr Woods. Immediately after gate after the wood keep straight on on track which passes through fields W and then NW skirting Nag's Head Wood until entrance to Arden Hall is reached. Go through the entrance (marked bridle way), going almost to the Hall and then bypassing it near cottages on the right side. Pass through wood N, then NE to Nuns' Well. At the meeting of tracks there bear right and pass through gate into field ENE until farm track is reached. There turn left on it to Mount Pleasant (farm), continuing NNE past Harker Gates then NNW, then by sign post turn steeply downhill NNE, over FB, then uphill N to Brewster Hill. Pass through Green's Wood to Cow Wath (ruin). Continue over fields turning NE (no specific markings) to Far House (also ruin). Immediately after, turn down hill and cross river over FB. Just over the other side take the right path at first along the river then mainly E to reach main FP and turn right along it to Hagg House Farm, then Street Gate Farm until road is reached. Turn right on road and walk along it for about 1 mile. Take the first bridle way on the right at Moor Gate (immediately after the road turns right), past Hill End House leaving Hawnby Hill Crag on your left, on long well defined track down to a road in the upper part of Hawnby. Take first turning on road and go down the steep hill to where the car is parked outside the shop.

Walk with lovely views of hills in every direction, open country and woods, and later heather moors. Arden Hall is a beautiful old house. In parts FP signs are absent. No prolonged climbs and no boggy parts. Afternoon tea in shop in Hawnby. Portions of cake small, but very inexpensive. The post office part of the shop was under threat of closure when last visited.



Arden Hall



HAWNBY - ARDEN HALL – FAR HOUSE – ELLERS WOOD.



Hawnby Inn

10. HAWNBY (ELLERS WOOD) – DALE HEAD – SILTON WOOD – CLEVELAND WAY – KEPWICK MOOR - THORODALE

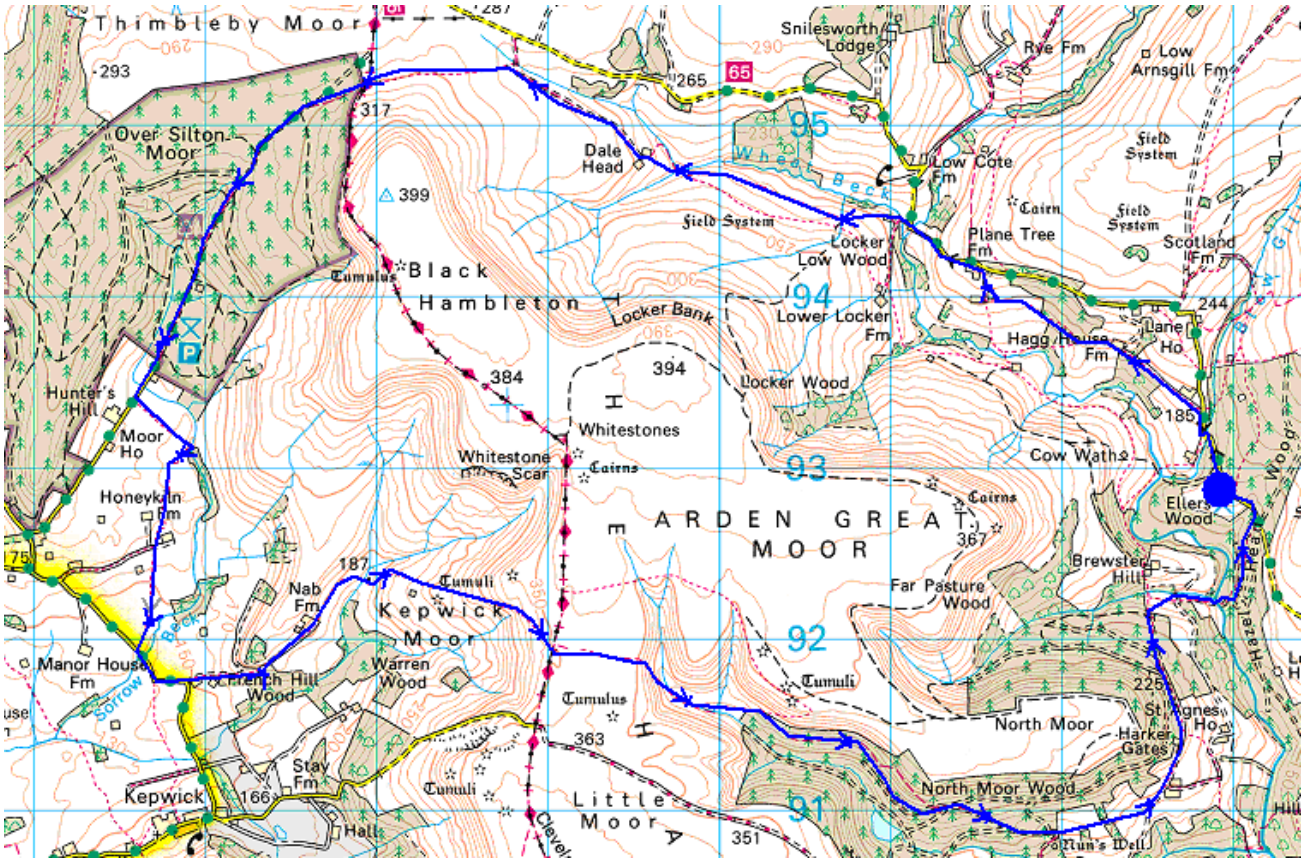
12½ MILES 7 HOURS

Leave car on large grass parking area of Ellers Wood, north of Hawnby (OS Grid Ref.529 929). Walk on road NNE down to bridge and then up until letter box is reached on the left. There turn left NW to Street Gate and then to Hagg House Farms, then Birkwood Farm, where turn N to reach road (Hall Lane). Continue until road descends to turn right. At that point on the left is a parking space. There turn left W on bridleway ascending through wood then levelling over heather/moor to Dale Head. Walk past this derelict farm on track until gate which is not far away from road. There turn left W across heather moor (no obvious path) until Cleveland Way is reached crossing it onto bridleway track, later Moor Lane, through Silton Wood. Take first FP on left SE after leaving wood across field and follow FP signs to cross Thwaites Lane, and onto Bridge Beck Lane. Turn left on it SE and then E continuing straight on where it turns S uphill on private road to Nab Farm. Follow track past farm downhill, cross stream, and immediately after turn left uphill NE where signposted. Continue uphill to Cleveland Way. Turn right on it for about 30yds, then turning left E onto (unsignposted) bridleway across moor where steep descent into Thorodale starts. Descend into Thorodale and continue on bridleway/track for about 2½ miles to where track comes in from Arden House. Pass through gate into field ENE until track is reached . There turn left on it to Mount Pleasant (farm), continuing NNE past Harker Gates then NNW, and by sign post (may be hidden) turn right over stile and steeply downhill NE. Turn right at River Rye and walk along it to FB just after a ford, cross it and continue uphill through part felled wood (mainly NNE) to reach road. Turn left; after about 500yds reach car.

A very long walk with dramatic and varied scenery. Best in August when heather is out, but difficult as boggy after much rain. Under those conditions best avoid the first 3 farms and keep on road to car park where bridleway across the moor starts. One can also avoid the wet FP part after leaving Silton Wood by keeping on road to Bridge Back Lane. Best set off early as walk so long. Lunch at car park just before leaving Silton Wood. Afternoon tea at village shop at the bottom of Hawnby



Ascending Kepwick Moor towards Cleveland Way.



**HAWNBY (ELLERS WOOD) – DALE HEAD – SILTON WOOD –
CLEVELAND WAY – KEPWICK MOOR - THORODALE**

11. HELMSLEY - ASHDALE (Carlton) - COWHOUSE BANK 11 MILES 5 HOURS

Leave car in Helmsley on the A170 just east from the roundabout after the square (OS Grid Ref.615 839). Walk E on A170 on Linkfoot Lane for about 400 yds and take first road on left N towards Carlton. On reaching wood turn left W into it on track into Ash Dale. After about 2½ miles on the track, turn right SE (Keld Lane) almost back on yourself, climbing uphill and then leaving the wood ESE to reach road from Carlton. Turn left N along the road for about 1½ miles to just before where it is about to turn left and go downhill. To the left of the road is a parking area with benches by a track which overlooks Cowhouse Bank with good views of Bransdale and



Bilsdale and beyond. Walk NW on this track through woodlands (being felled) to where it finally approaches a small road. Further good views there. Turn left S downhill on the road, with wood on left and Helmsley Moor on right, until wood (Heater Rigg Plantation) is reached. Take the first track right WMW a few yds within the level of the wood (unmarked, through a gate), and after some 500 yds turn into first track on the left which proceeds S through the wood for about 1½ miles. At a junction of tracks a FP sign appears where you leave the track as it descends. The path goes S along the top part of a bank in the wood and

Track from Cowhouse Bank

then gradually downhill (Collier Hagg Wood), joining a long track through Beck Dale, past a disused saw mill site, back towards Helmsley. On reaching a tarmac road just before Helmsley where it climbs into the village, turn right on a FP through the wood along the river to emerge in the town close to the start of the Rivaulx Abbey walk, not far from the church.

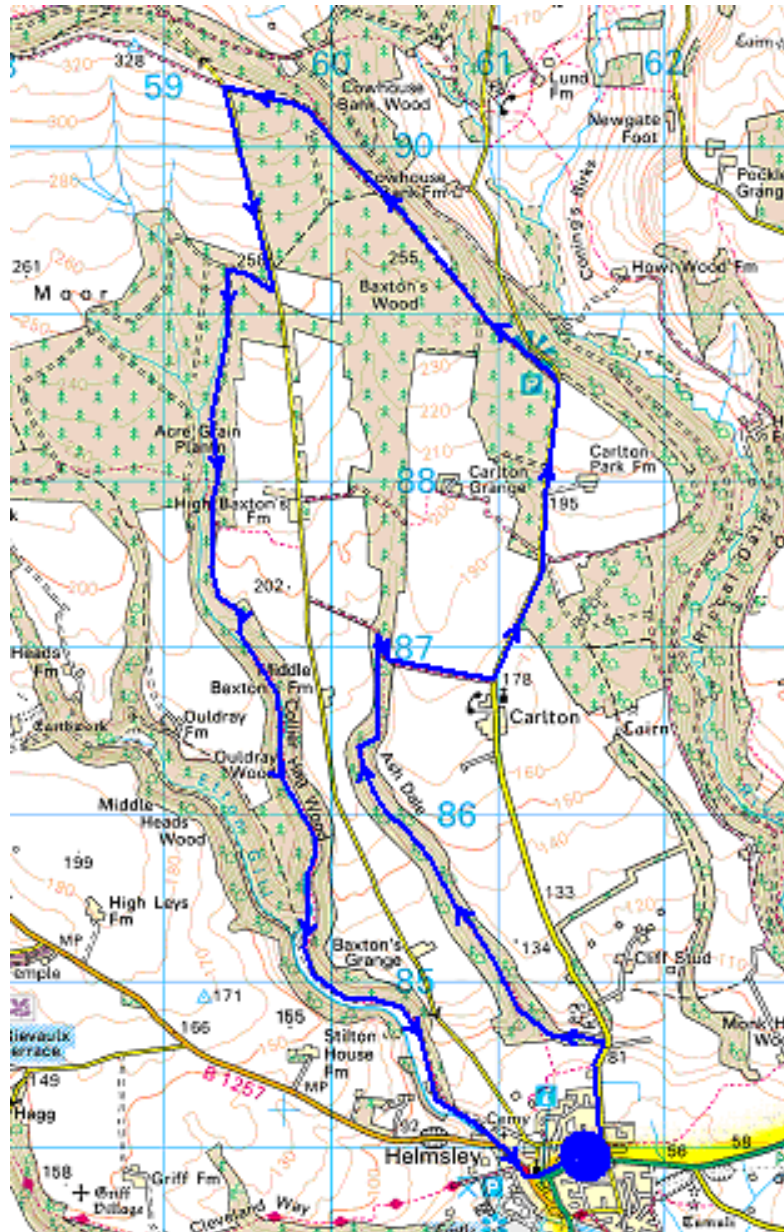
Good, mainly track walking, useful if it is wet. Also a fair amount of road walking, but the roads are very minor and virtually deserted of traffic. Woodland and open country as well. Excellent lunch place with benches overlooking Cowhouse Bank with attractive views towards Bransdale and Bilsdale. Tea in Helmsley at Bridge Street Tea Rooms.



Market Square, Helmsley



Helmsley in spring



HELMSLEY - ASHDALE (Carlton) - COWHOUSE BANK.

12. HELMSLEY - CLEVELAND WAY – RIVER RYE – DUNCOMBE PARK

5¼ MILES

2 HOURS

Leave the car in centre of Helmsley. Start walking along B 1257 road but only just past the level of the church. There turn left along road with sign post of the Cleveland Way to Rivaulx. This turns into a track and later a FP for about one mile, passing Griff Lodge.. Within a few yards of entering a wood after the Lodge, turn sharp left (SE) downhill on track through wood. At the bottom, when another track is met, turn right and then bear left downhill through a gate on to open field. There pick up rough track on left through a gate towards a ford across the river (Rye). Turn left by the side of the river onto a very small rough track (unmarked). After about 1/3 of a mile this rough path ascends from the river bank and crosses a gravel track (prior to the latter crossing over a bridge), cross that track, and walk through the wood near the river (tree felling can cause some difficulty) for about 1/3 mile very close to the river to where a field begins on the other side of a wooden fence and gate. Cross over a small stile onto the field, then continue for approximately one mile along the border of the field with the wood and hill on the left side, to a wooden gate on the left by a large solitary tree. Turn left uphill through the wood on a private paved road which passes by the side of Duncombe Park castle, and which then descends through the grounds of the estate back to Helmsley.

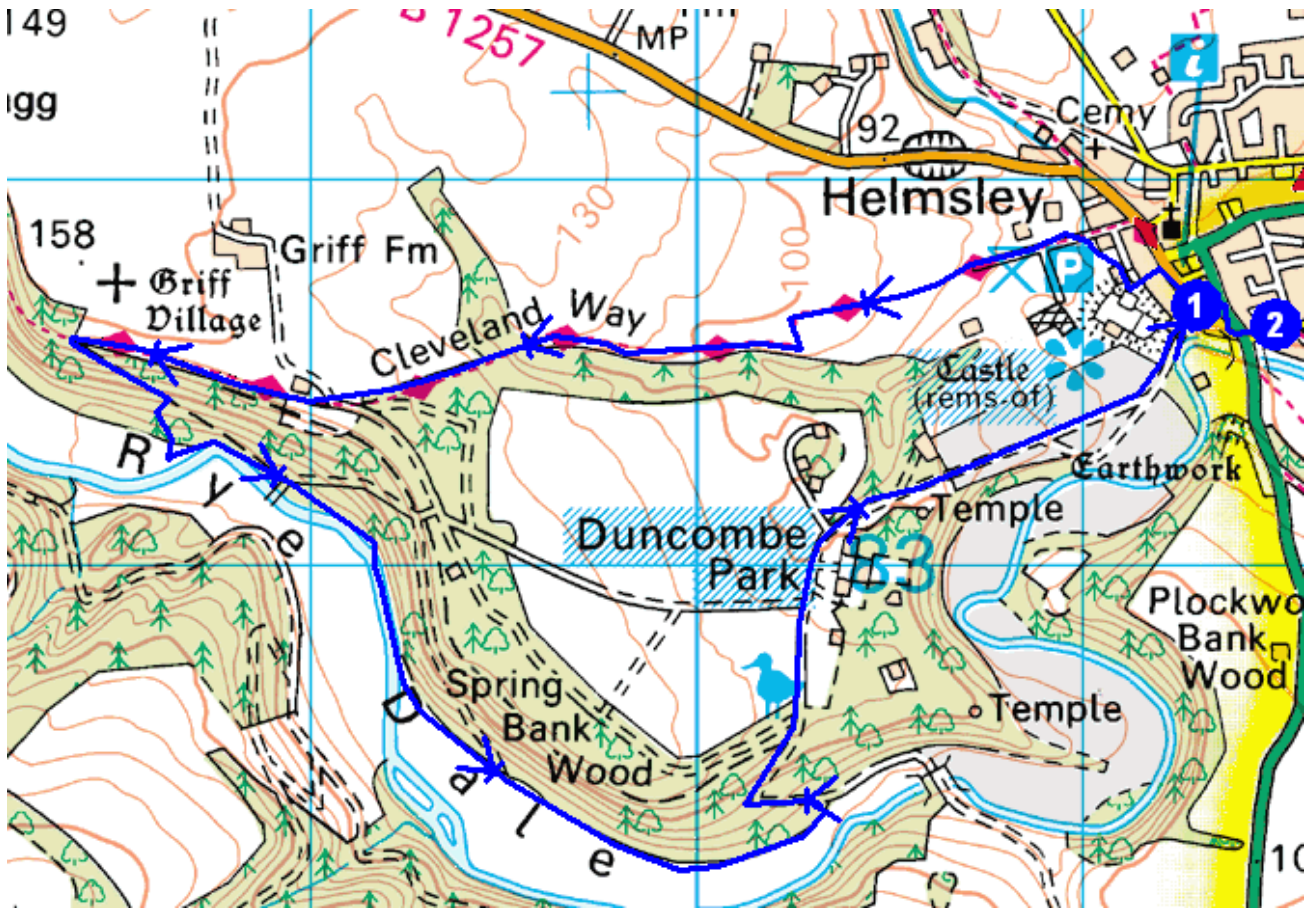
This walk takes two hours at a brisk rate without stopping. It is very pleasant with initially open views on the Cleveland Way. On leaving the Cleveland Way the path is unmarked through the forests and along a small unmarked almost indistinct path very close to the river Rye. Hardly anyone else uses this part of this route. The walk then passes through the estate of Duncombe Park and past its majestic house. I do this to walk about twice a year or even more often during the time that my wife Valerie rides through the area with the Barkers of Helmsley who run one of the best open country riding schools in England,



River Rye within the grounds of Duncombe Park



Helmsley with castle ruin.



HELMSLEY - CLEVELAND WAY – RIVER RYE – DUNCOMBE PARK.

13. HELMSLEY – EBOR WAY – SPROXTON – DUNCOMBE PARK

6 MILES 2¼ HOURS

From the centre of Helmsley take the Thirsk road A170. Just before the bridge in town take the road left E and then from it the first road right SE, passing Helmsley sawmill and joining Marked Ebor Way. Continue on track parallel to the river Rye, some 20-30 yds away from it, continuing onto a FP past the town sewage works. The FP bears left E, then close to the river and finally leaves to through a gate, becoming a track SSE (close to a dismantled railway bridge) for about 100yds. The track continues to Rye House Farm in the distance. Do not take this but bear right on the first (unmarked) through a wood until a track is reached on which turn right until a fish farm is reached on your left. Keep on the track along the river until a footbridge is seen on the right. Cross the footbridge and continue W and then SW on FP and track towards Low Parks Farm. Leave the farm on your right turning S and through a gate SW, then mainly W to road to Sproxton. Pass through village and bear right past the church until the A170 road is reached. The Nelson Gate (built 1806, 1 year after Nelson's death) to Duncombe Park are opposite. If open, pass through them into the park. If closed, turn right N along the road for about 400 yds until an gap in the wall on the left (this is before reaching a marked FP). Walk SSW, leaving the gate house on your left until the track from the gates is reached. Continue on this track NE through fields and then downhill towards a bridge across the river Rye. Cross the bridge and continue on the winding track through the wood uphill, passing Duncombe house on your right. Then continue downhill to Helmsley.

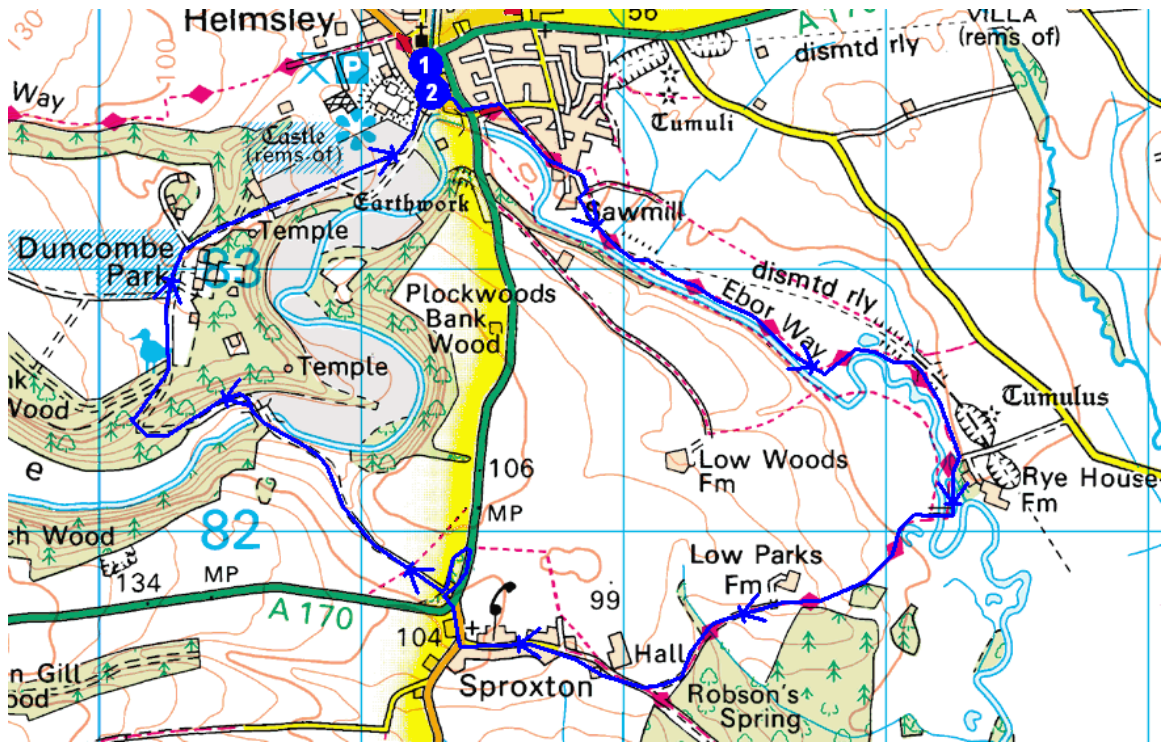
A lovely varied walk through fields and woods, along the River Rye, and then through the Duncombe Park estate and house. Very little in the way of inclines which are gentle. Plenty of tea houses in Helmsley.



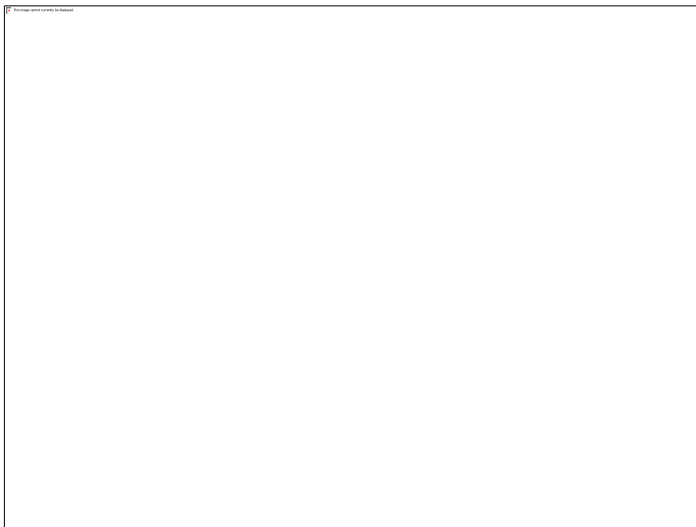
Helmsley Market Place



Duncombe House



HELMSLEY – EBOR WAY – SPROXTTON – DUNCOMBE PARK.



Nelson's Gate – leading to Duncombe Park.



Sproxtton parish church

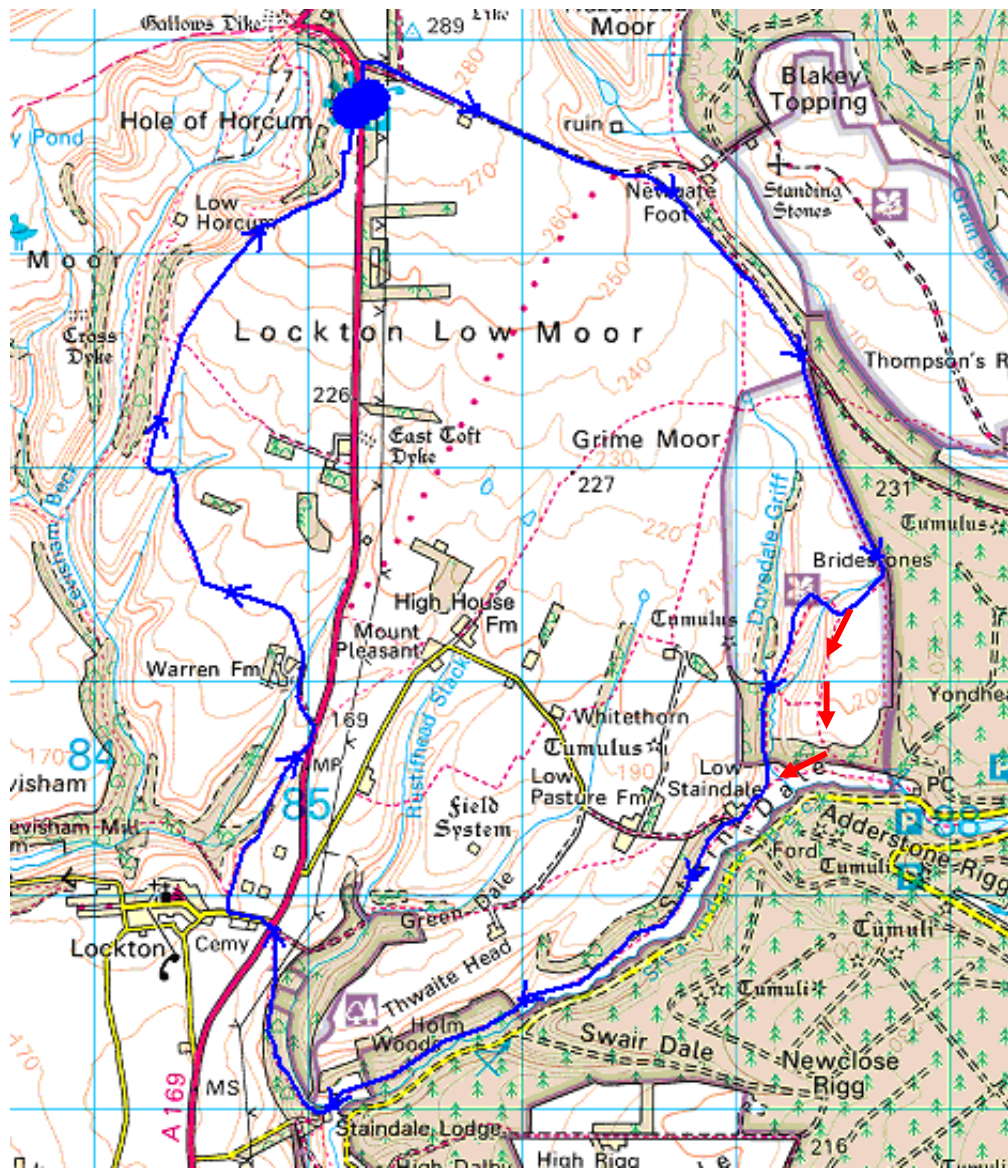
14. HOLE OF HORCUM - OLD WIFE'S WAY – BRIDESTONES – STAIN DALE - LOCKTON **9 MILES 5 HOURS.**

Leave car in car park by Pickering to Whitby A169 road above Hole of Horcum (OS Grid ref.852 937). Walk N along main road for about 200yds and then turn right ESE onto Old Wife's Way, then SE above Newgate Brow. Just before wood take right fork at the side of the wood SSE on grassy and heather track. Turn right on first marked FP (2.65 miles from start) SW towards Bridestones. When stony track is reached turn right on it downhill NW then W towards High Bridestones, and then sharp left SSW to Needle Point, passing several of the Stones. (Small alternative to see more stone formations marked on map by red arrows). Proceed downhill, then S through Dove Dale past Low Staindale House (taking left fork path just before reaching it) and into Stain Dale which is over 1 mile long. At its end turn right until a modern house (Stain Dale Lodge) is reached with a FP sign on the left which ignore. Pass through a gate (private) going in front of the house (with its pool) NNW, and through gates into a FP in wood going uphill N which finally crosses a field then to reach the A169 Pickering to Whitby road. Cross it and take the road towards Lockton. After about 400yds take the first FP to the right N through wood until the main A169 road is reached. Walk some 75yds N on it and turn left at the first FP sign, walk past Warren Farm. Then uphill N then NNW and NW past disused quarry across fields to Cross Dyke, then N and later NE to finally reach top of Hole of Horcum. Just over a style turn right top of Horcum Wood until car park is reached across the main road.

A long walk best done in August when the heather is out but also earlier in the summer to see abundance of flowers and butterflies. Initially good views of Blakey Topping and Long Gill valley, with RAF Fylingdales beyond. The Bridestones monuments are incredible formations, some passed by and the others seen from the Needle Point path. Field paths rich in flowers and butterflies particularly towards the end of Stain Dale.. Nowhere to stop for tea unless you wish to find a place somewhere in Pickering such as the Café Stop on High Street. Occasional ice cream van or tea van at end of walk at car park, which also has N.Yorks information caravan at times.



Bridestones



**HOLE OF HORCUM - OLD WIFE'S WAY – BRIDESTONES –
STAIN DALE – LOCKTON.**

15. KETTLENESS - SANDSEND - GOLDSBOROUGH

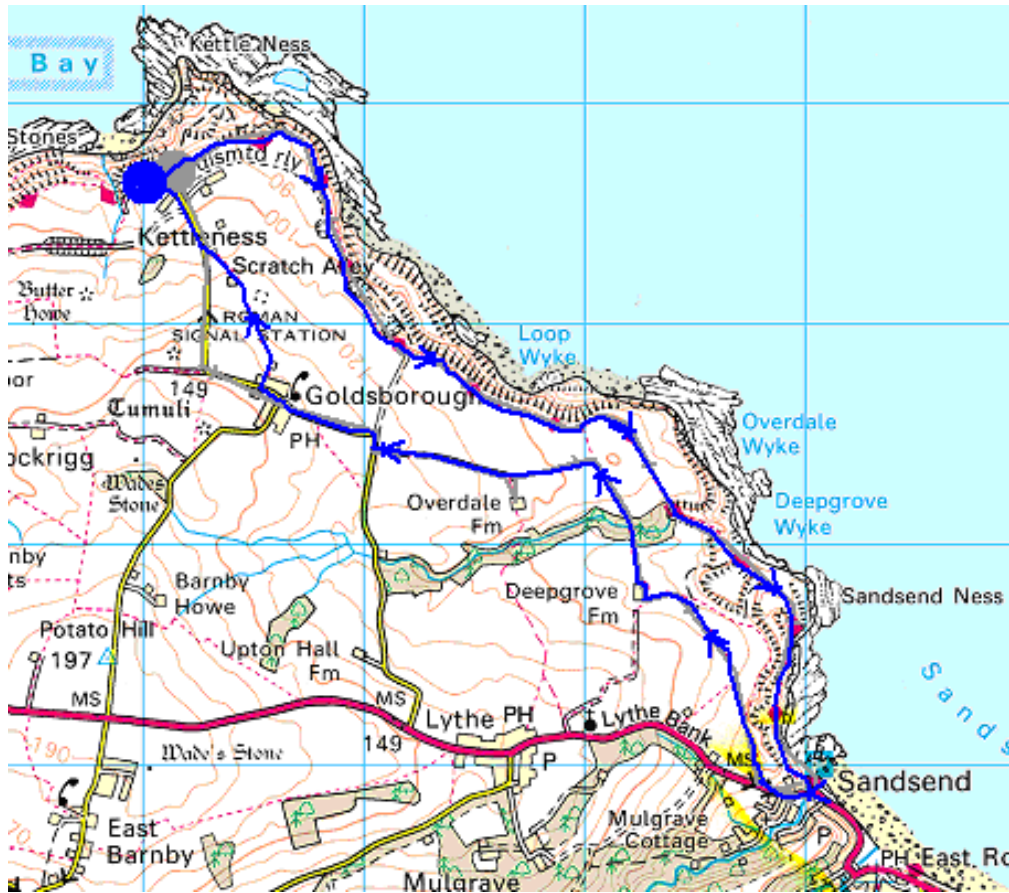
6¾ MILES 4¼ HOURS

Leave car in Kettleless on green opposite the A Moser artist's studio (OS Grid Ref.830 156). Start Cleveland Way walk as signposted E in direction of Sandsend. The path keeps on top of cliffs overlooking the sea all the way turning S to reach Sandsend after 3 miles. Nearer Sandsend the FP descends steeply down steps and stones but good5. railings to hold on available. Pass through car park until main road (A174) is reached. Turn immediately right W on it and walk uphill on narrow pavement about 500yds until the first gate is reached on the right side. This is the FP going north. It is not signposted and is not at all clear as it proceeds uphill across the fields in a northerly direction finally over a stile, bearing NW and then turning WSW to reach Deepgrove Farm. Immediately before the farm turn right on FP N then NNW into a wooded region, where the path descends steeply and crosses a stream on a FB. Then steeply uphill and across fields. When just before reaching the coastal Cleveland Way, turn left W on track towards but north of Overdale Farm and continue to road. There turn right and after a few yards left on road to Goldsborough. Some 30yds after the junction in the centre of the village of Goldsborough, take FP on right proceeding NW through fields, finally reaching a chapel where the road is joined to Kettleless.

A beautiful coastal Cleveland Way walk with great views over the cliffs to the sea and finally over the Sandsend bay; then passing through farming country with many crops and golden wheat expanses in August. Some short steep and wooded sections as well. Lunch on large stones overlooking Sandsend and its bay. Plenty of places for refreshments if one ventures further into Sandsend, but a small tea room (Wits End) could be used immediately after turning onto the main A174 road. Alfred Moser, a Swiss painter has an active collection of local seaside oils for sale.



Coastline near Kettleless, taken from Cleveland Way



KETTLENESS - SANDSEND – GOLDSBOROUGH.



Overlooking Sandsend

16. LASTINGHAM – APPLETON LE MOORS – SINNINGTON 7¾ MILES 4½ HOURS

Start from the centre of Lastingham (OS Grid Ref.729 904). Cross over Jackson Bridge by Prospect House, S along Low Street, then path by farm through wood uphill to road. Turn left on road along Oldfield to Kirkgate Lane to Appleton-le-Moors. In the village where road takes a sharp bend right continue straight on S along bridle track. Take right fork through gate across field before reaching wood, then through Bishop Hagg Wood, above River Seven to cart track the far side of the wood. Turn left E along this track following the river and coming to Sinnington. On village green there are good seats overlooking the river is a good place to have lunch. Fox & Hounds pub in the village serves coffee and food if required. Return N, at first on other side of river among houses then turn right before end of the houses to ascend to village church. Continue uphill passing in front of the church turning right and then left up hill past Spring Bank Wood and through Cropton Bank Wood. Take the second turning on it left downhill, then first on right. The path becomes a track (altogether about 2 miles) which comes out part down Cropton Bank on the Cropton - Lastingham road. Walk back to Lastingham along the road.

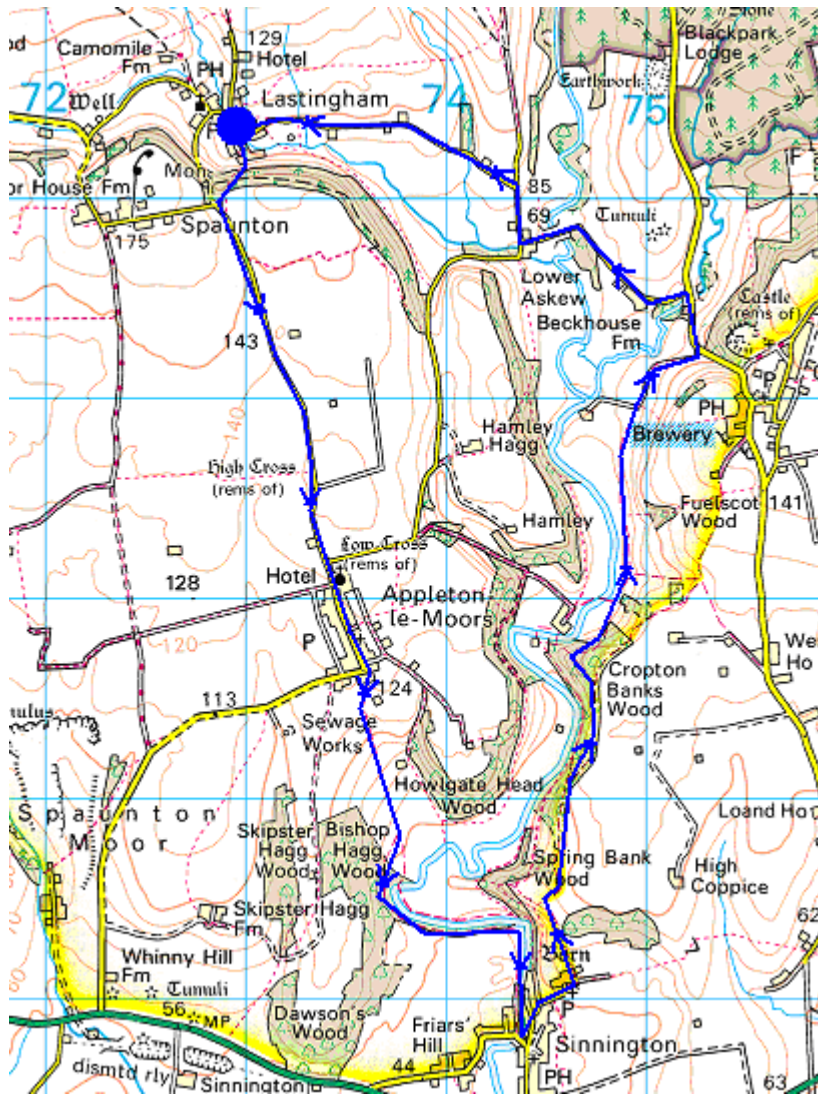
Useful stop at Fox & Hounds, Sinnington for coffee and food if required. Not a welcoming landlord, doubt if he likes walkers. Seat outside Sinnington church has a good view. Very beautiful spring walk for excellent and abundant wood anemones, celandines, primulas and other flowers in woods. Daffodils in abundance by river in Sinnington where there are benches to have lunch Overlooking the river.. Some road walking particularly at end, but usually quiet. Path in wood from Sinnington can be very muddy in wet weather. Tea at Blacksmiths Arms or more “select” Lastingham Grange Hotel.



Lastingham



Sinnington, River Seven



LASTINGHAM – APPLETON LE MOORS – SINNINGTON.



Wood anemones and celandines in Bishop Hagg Wood

17. LASTINGHAM - ROSEDALE - RIVER SEVEN - HIGH ASKEW (CIRCULAR)

8¾ MILES 5 HOURS

Leave Lastingham (OS Grid Ref.730 904) taking High Street N past Lastingham Grange Hotel. Continue on track north past the Millennium stone across the moors. After about 2 miles at a well marked cairn bear left towards Ana Cross (ancient burial ground). Carry on in the same direction until (Rosedale Chimney) road. Turn right on it and descent steeply into Rosedale. Coffee at Abbey Tea Rooms. Return in the same direction partly up the Rosedale Chimney road to the White Horse hotel. There take the bridle track on the L SSE past Newlands Farm to Hollins Farm. Just before the farm proceed in the field up the hill for some 50 years then bear left on the path along the wall (not on the path continuing uphill). After about 1 mile a ruined stone shed structure is seen on the left with wall on either side. It is opposite a stone plaque commemorating glass making kiln on that site. Good place for lunch, sheltered from the wind sitting on some flat stones. At the end of that wall a wooden fence starts. One can climb over the gate there thus leaving the main path and walk down and along the river Seven, but it is less strenuous and not possibly boggy to keep on the path which continues uphill for about 1 mile, eventually reaching a paved track which leads to High Askew farm on your left.



Then turn right on the track uphill up to a cattle grid and gate.

Immediately before the grid turn right on a grass path (unmarked and not clear) towards a stone wall and continue bearing left along it, hugging the wall, then downhill to a stream. Cross the stream, and turn left (see red arrows) to a gate with a FP sign. Climb over the gate, pass for a short distance through a wood, cross a stile and turn right, uphill. Continue at the side of the wood, then over fields and crossing numerous stiles until Lastingham is reached.

A lovely walk incorporating moors and open country scenery; not

strenuous. Plenty of daffodils in spring and flowering heather in August. Ana Cross is at an ancient burial ground site.

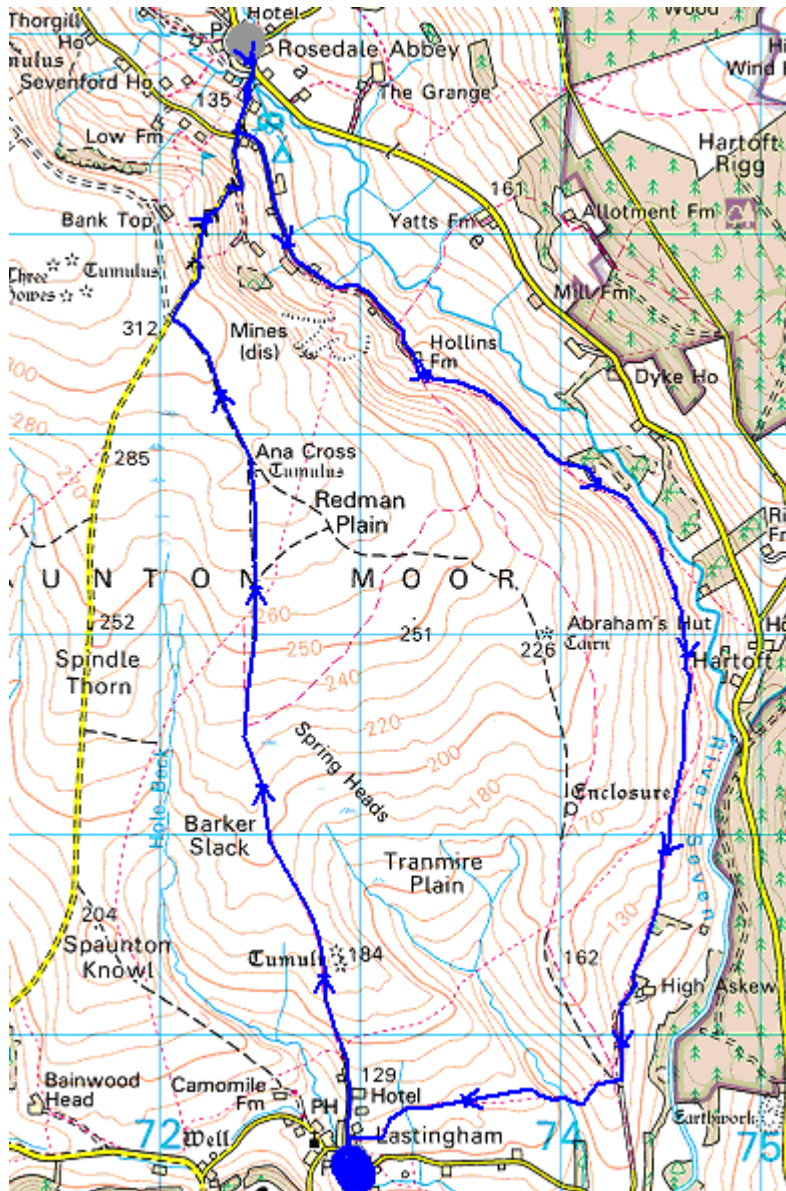
Break in the Rosedale Abbey Tea Rooms or Graze on the Green restaurant/shop. Tea at Blacksmiths Arms or more “select” Lastingham Grange Hotel.



Ana Cross



Rosedale, looking down “Rosedale Chimney” road.



LASTINGHAM - ROSEDALE - RIVER SEVEN - HIGH ASKEW



Abbey Tearooms, church and school



Glass making furnace kiln site monument

18. LOW DALBY – LOCKTON – LEVISHAM – NEWTON DALE .

7½ MILES 4½ HOURS

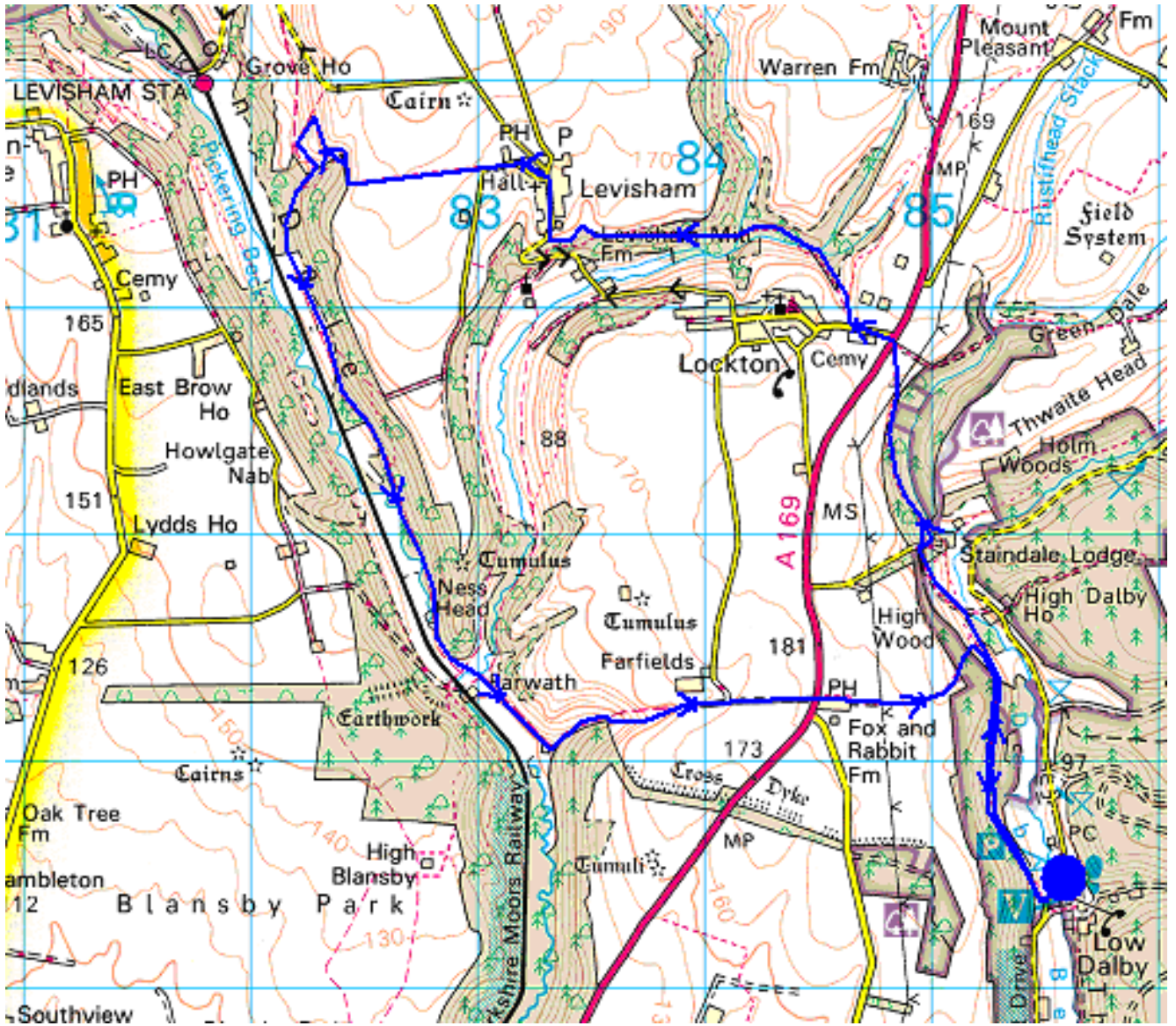
Leave car in car park in Low Dalby Visitors Centre (OS Grid Ref.855 874) . Toll £7.00 payable on road approaching it! Walk back on road some 400yds, then turn right NW uphill for 50yds until track is reached running NNW. Continue on this track, leaving High Dalby House (in the trees) on the right, onto hard track leading to Staindale Lodge. However, keep on the hard track which climbs uphill leaving the House below on the right. At the top of the hill just before a gate leading down to the House, climb over stone stile on R on FP and walk along the road leading to the House for about 100yds and then take marked FP sign on the left downhill. At bottom bear left continuing on uphill on bridle track N through Hagg Wood until main road is reached (Lockton Lane). Cross the main road W and then on road towards Lockton. After about 400yds take FP on right (N), and then after further 300yds, turn left NW downhill as signposted towards Levisham on Wedland Slack. After going through wood on reaching plantation, take FP on right uphill WNW which joins another FP at the top of the hill going W until road going to Levisham is reached (by wooden bench). Take this road N into Levisham towards the Horseshoe Inn at the top of the village, and just before reaching the pub bear left NW, then left again W, onto FP across fields to above Keldgate Slack. A wooden bench is reached Continue a few more yards and then take sharp turning on first FP on L downhill SW, then S, which runs parallel with railway track for about 1 ½ miles to Fairwath. To the L of the farm there, cross FB and take track SE to Cross Spring, then turn L up Cross Dale steeply uphill to reach main road by Fox & Rabbit pub. Cross main road taking FP through back of pub E then NE steeply down through wood, to reach previously walked path and back and turn right to Low Dalby.

A varied spring walk with abundance of mainly wood flowers in the initial part of the walk. Best when fairly dry as a lot of bog can be encountered in wet weather in region of Wedland Slack. Lunch on bench before reaching road to Levisham, or about ¾ mile further on bench overlooking Newton Dale and (steam) train track and station. Tea in visitors centre in Low Dalby.

Alternative. To avoid the £7.00 toll the walk can be started and finished at the Fox and Rabbit Inn.



Horseshoe Inn, Levisham



LOW DALBY – LOCKTON – LEVISHAM – NEWTON DALE



Fox and Rabbit Inn at Lockton

19. LOW MILL – BLAKEY EDGE – CHURCH HOUSES.

8 MILES 4½ HOURS

Leave car in Low Mill park by letter box opposite toilets (OS Grid Ref.672 952). Walk back to road junction to disused chapel and take left turn – over Waste Bridge to T-junction. Walk straight across the T- Junction and take path (track) uphill to Cragg Cottage, then turn left round the back of it NE continuing uphill on the Crag. Cross, past grouse butts to main road. Cross it and continue across moor to dismantled railway (marked “Pile of Stones” – which is a tall ruin of a rail building). Turn left NW on the dismantled rail track and continue for 1½ miles past Middle Ridge to junction of paths above which is a car park by nearby road not far from the Lion Inn. Turn left, cross the road and take Round Crag track (also dismantled railway) below Blakey Ridge for 1½ miles. The track turns SSW and then W. At the southernmost point a path (marked as fine dotted line on OS Survey maps, but officially not permitted) leads due S towards Head House Farm, past grouse metal watering troughs. Path peters out and final part descends steeply downhill down to a gate by the farm. Go through the farm and there come on recognised path/track turning SW to Daleside Road. Continue on road to Church Houses. Past Feversham Arms. Take track round the left side of the Feversham Arms towards the Farndale valley. Just before Daffy Kafy tea place, take path right over style then over stream SW to Hazel House. Continue along Daleside Road to Low Mill, taking FP on left about 15yds past Thorgill House down to the village. Alternatively proceed past Daffy Caffy along FP through Farndale daffodil area to Low Mill.

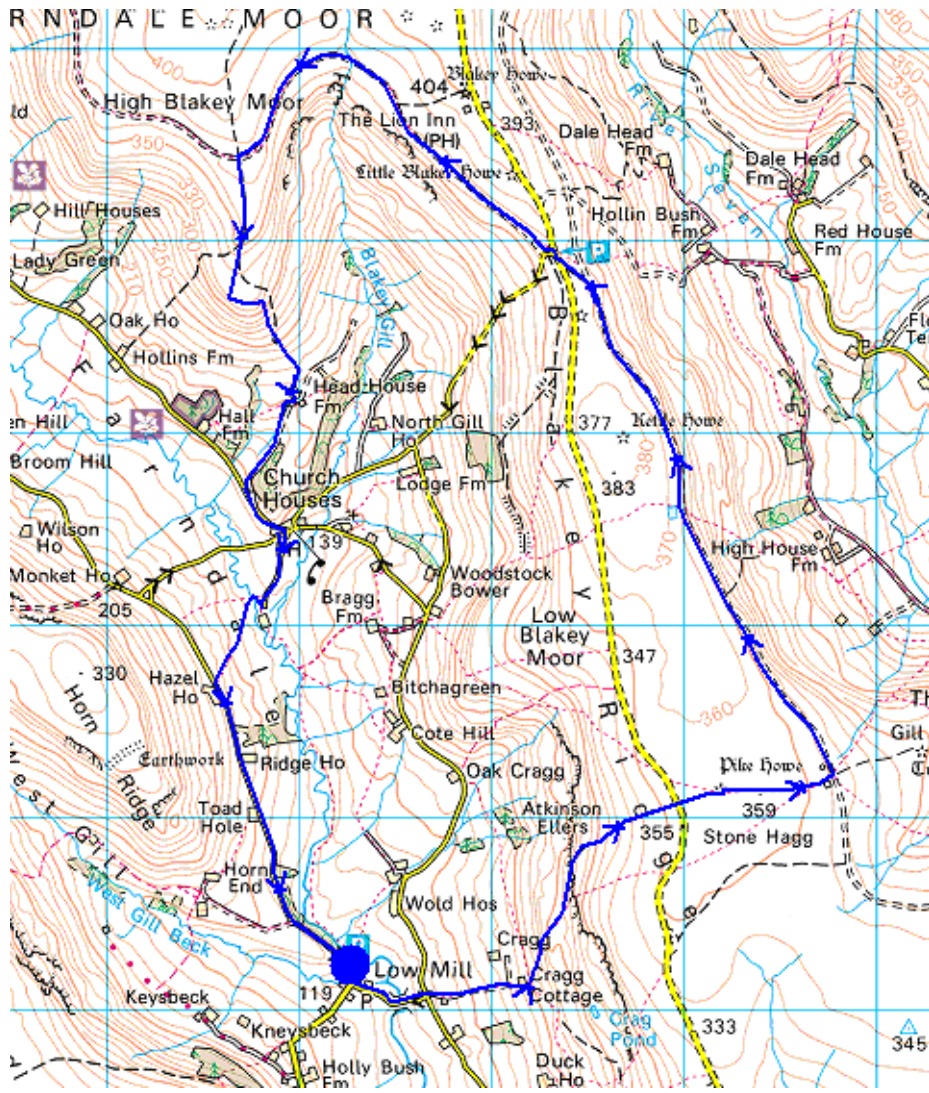
Excellent paths for very wet conditions (except if take alternative path through Farndale if conditions very wet). No mud but some overgrowing bracken and long wet grass. Good views. Mostly moorland. Lovely when heather in flower late July to early August. Tea – Barn Hotel, Hutton le Hole.



Low Mill Post Office (now closed) – by car park



Above Low Mill



LOW MILL – BLAKEY EDGE – CURCH HOUSES



Lion Inn on high point of Blakey Ridge

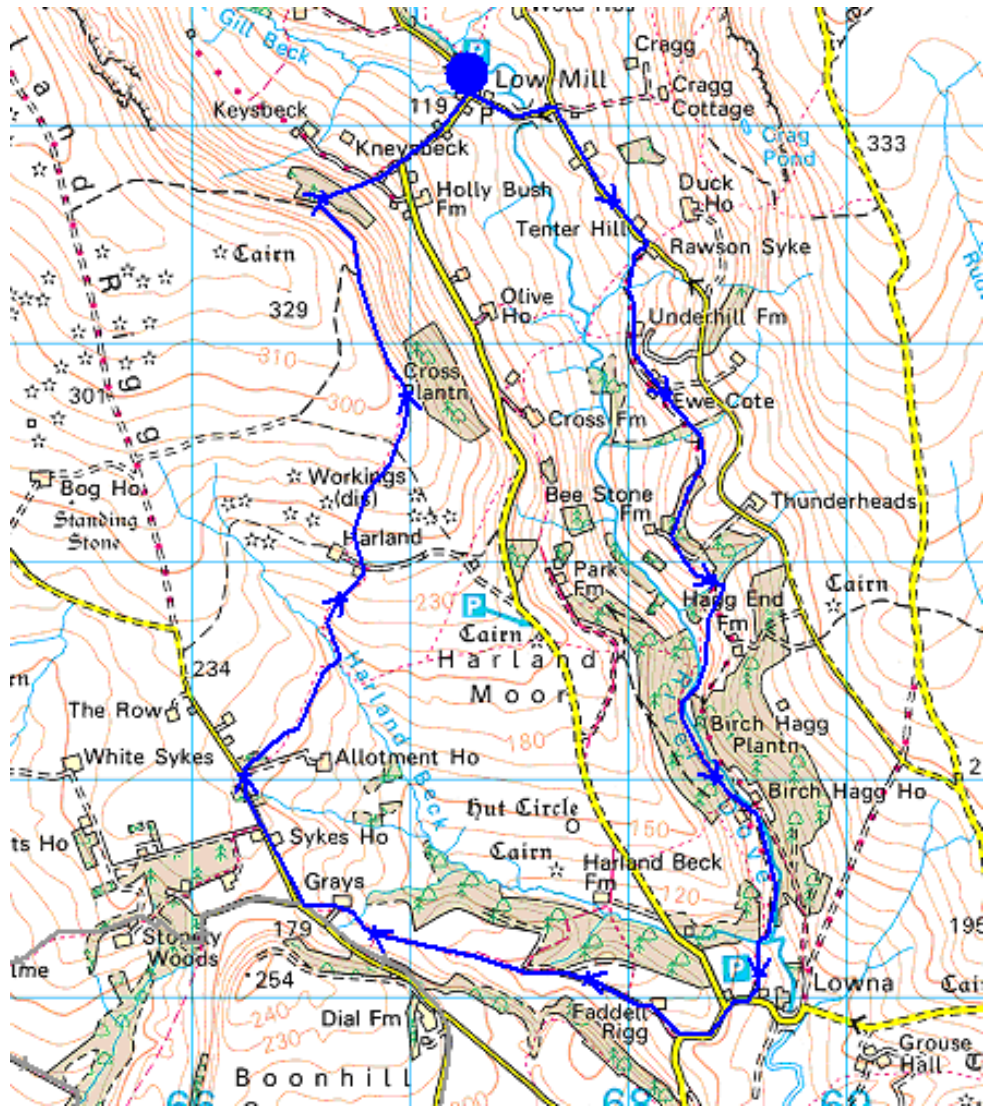
20. LOW MILL – LOWNA – HARLAND MOOR 7¾ MILES 4½ HOURS

Leave car in car park by letter box opposite toilets at Low Mill (OS Grid Ref.672 952) . Walk about 75 yds S on road, then left E over Waste Bridge. Turn right SSE on Daleside Road to Rawson Syke (farm). There turn right SW on track, then S on track/footpath past Underhill and Ewecote Farms, Dale End Bridge. Pass Barn belonging to Hagg End Farm, continuing S, finally across stream over FB to car park by Lowna Road. Turn right W on road, continuing about ¼ mile (past road which turns right, back to Low Mill and Farndale). Take first path (track to farm) on right NW (as road is about to turn S) to Faddell Rigg (farm) and continue on track then bridleway then path to reach Grays farm. Pass through farm and over stile to reach road. Continue NW uphill on road past Syke House and Hope Inn Farm. Then take first footpath on right WNW through gate, then NW through wood onto moor, and then downhill (take the left fork FP to wood) and over FB (Harland Beck). Turn sharp left and continue uphill past Harland cottages and then to Harland Farm, turning right just before reaching it Ascend through 2 gates, cross over a high stile and continue up onto Harland. The path then turns left N along the moor edge, and after about 1 mile by a quarry turns right and descends steeply along escarpment edge towards Low Mill, finally turning NW through a wood and across a field to Mill Lane and back to the car park.

Blackberries in valley after Rawson Syke .Can be boggy in wet weather. Autumn colours of turning bracken etc in valley. Lovely moorland walk and views above Low Mill. Expanses of beautiful flowering heather on Harland Moor. Best in August. Tea at end in Barn Hotel, Hutton-le-Hole.



Harland Moor (in August)



LOW MILL – LOWNA – HARLAND MOOR .

21. LOW MILL – RUDLAND RIGG – CHURCH HOUSES - FARNDALE

7½ MILES 4½ HOURS.

Leave car at Low Mill car park by letter box, near toilets (OS Grid Ref.673 952). Walk on road N then turn left NW onto first track on left towards Horn End farm. Follow track to High Barn (ruin of barn). At gate after some 300yds bear left down to West Gill Beck. Cross on FB, then steeply uphill following way-marked path for 1½ miles onto moor past grouse butts, to reach Rudland Rigg track. Turn right NW on it for ½ mile, and then about 300 yds past junction of tracks about 15 yds past a disused quarry site on right (not at all clear) turn right at FP sign recently placed there which points ENE across heather. Path not visible in heather. Compass most useful or GPS. Continue picking way across moor, here and there avoiding deep heather, looking ahead (if clear) and fixing direction at pattern of wooded areas on hill far ahead, as shown on photo. Then down hill, past 2 small stone cairns (not easy to find) which lead you to a slight gully between raised banks of heather at the start of path downwards. Pass through gate continuing further down to Eller House. There reach road and turn right SE to Broom Hill farm where take footpath left NE on FP into valley, over FB and up to Oak House farm. Turn right SE on Daleside Road to Church Houses. Take track SSW past Faversham Arms Hotel, past Daffy Caffy, where footpath starts through Farndale valley and close to River Dove to Low Mill.

Alternative (as shown on enclosed map, rather than the red dotted path) – on reaching the road at Eller House, turn left and after a few yards right on FP N downhill, across stream on FB and up NE to Long Causeway farm where turn right onto Daleside Road leading to Oak House farm.

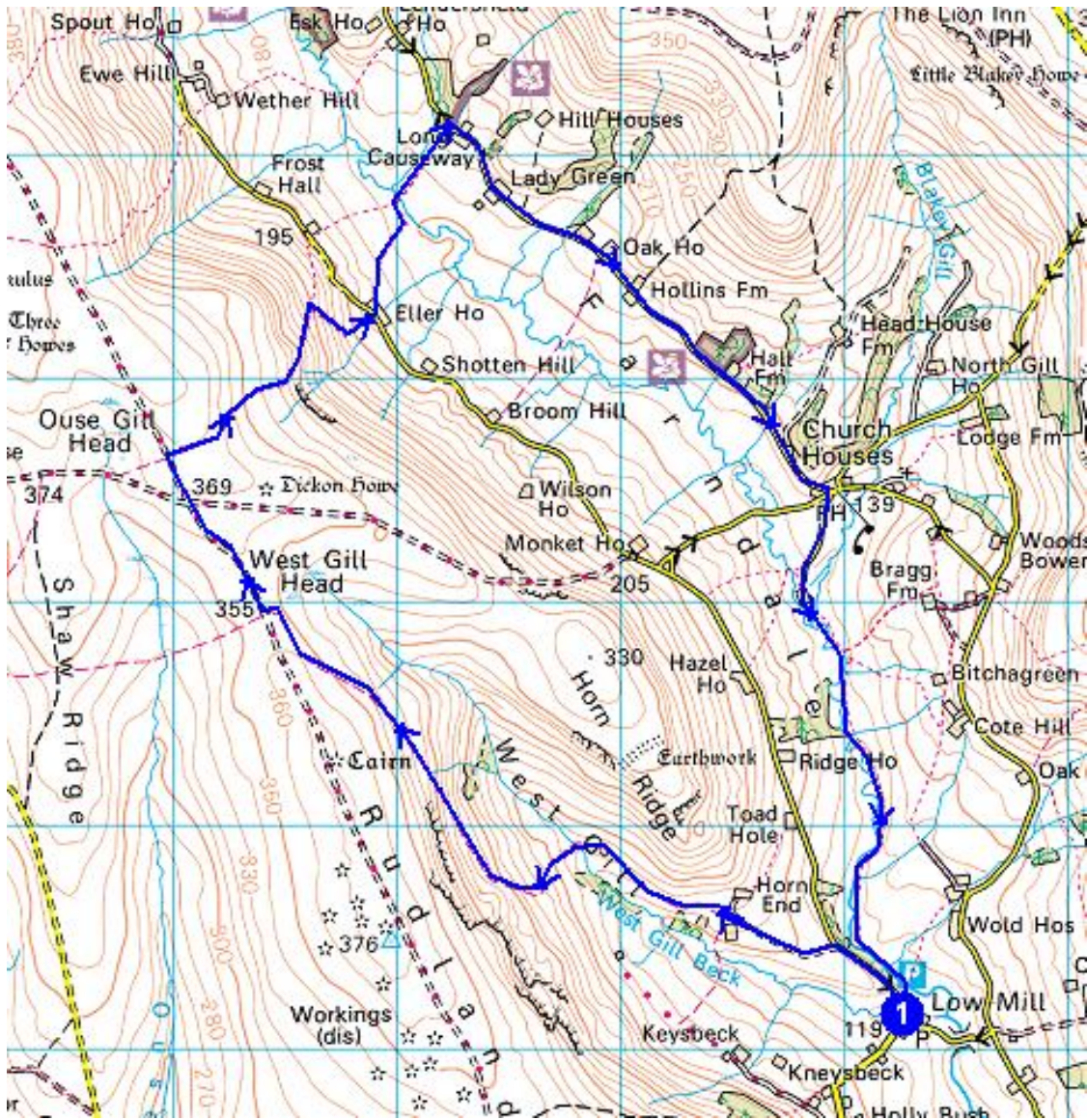
Long moorland walk best in August, but in spring show of daffodils in Farndale is unique. Can be boggy in Farndale if wet. Compass should be available (or pre-marked GPS) in crossing moor especially if visibility is poor. Lovely views from tops to valleys. Lunch above Eller House just after leaving moor past or before gate if shelter from wind is desired. Tea at Barn House Hotel, Hutton-le-Hole.



Moor walking up to Rudland Rigg, in March



Crossing West Gill moor towards Eller House below



LOW MILL – RUDLAND RIGG – CHURCH HOUSES – FARNDALE



Daffodils in Farndale

22. NEWTON ON RAWCLIFFE – DUNDALE POND – HOLE OF HORCUM

9½ MILES

5¼ HOURS

Leave car in centre of Newton on Rawcliffe village near pond (OS Grid Ref.8121 9055). Walk N on road to first track on right, taking the right of 2 diverging tracks. Pass through wooded area and at about 50 yds at its end take footpath on left across stile, steep down towards Newton station, NE across field to wooded area, and then continue down across FB to railway. Pass over level crossing then uphill on road. Take path towards right where road starts to flatten and proceed NE. Cross the road again and then climb steeply NE, then N to top of hill. There bear NE, then E to Dundale Pond. Bear ENE downhill through Dundale Griff to well marked junction of paths at bottom of valley. Turn left, cross stream on FB, then NE (Horcum Slack), past Low Horcum (a derelict farm), up Hole of Horcum to reach sharp elbow of A169 Whitby road. Walk along road towards Saltersgate Inn. Just before the Inn take footpath on left W, then NW to path junction at Sheep Bield about 300yds after small stream. Walking path proceeds W towards wall (with trees and drop behind).

[Useful to take path right at junction to and down through Piflehead Wood, which soon starts descending, and have lunch in clearing overlooking deep picturesque valley, stream and sight of scenic railway in distance].

Continue SW along top of Yew Tree Scar, then Huggitt's Scar with views of valley with rail track below. Finally bear SW to join main track across the moor through Levisham Bottoms. After slight dip at disused quarries take right path SE and then E to Skelton Tower. Continue along SW on moor along top of escarpment to Skelton Tower (ruin), then above Yorfalls Wood, turning downhill onto path S then E through bracken to edge of wood and then steeply down to cross rail track. Ascend up to the road. Turn left and walk S along it for about 500 yds and then turn right onto (first) path through wood. It crosses stream and climbs along a (frequently) muddy track to bottom of steep hill path (previously descended) up to Newton on Rawcliffe.

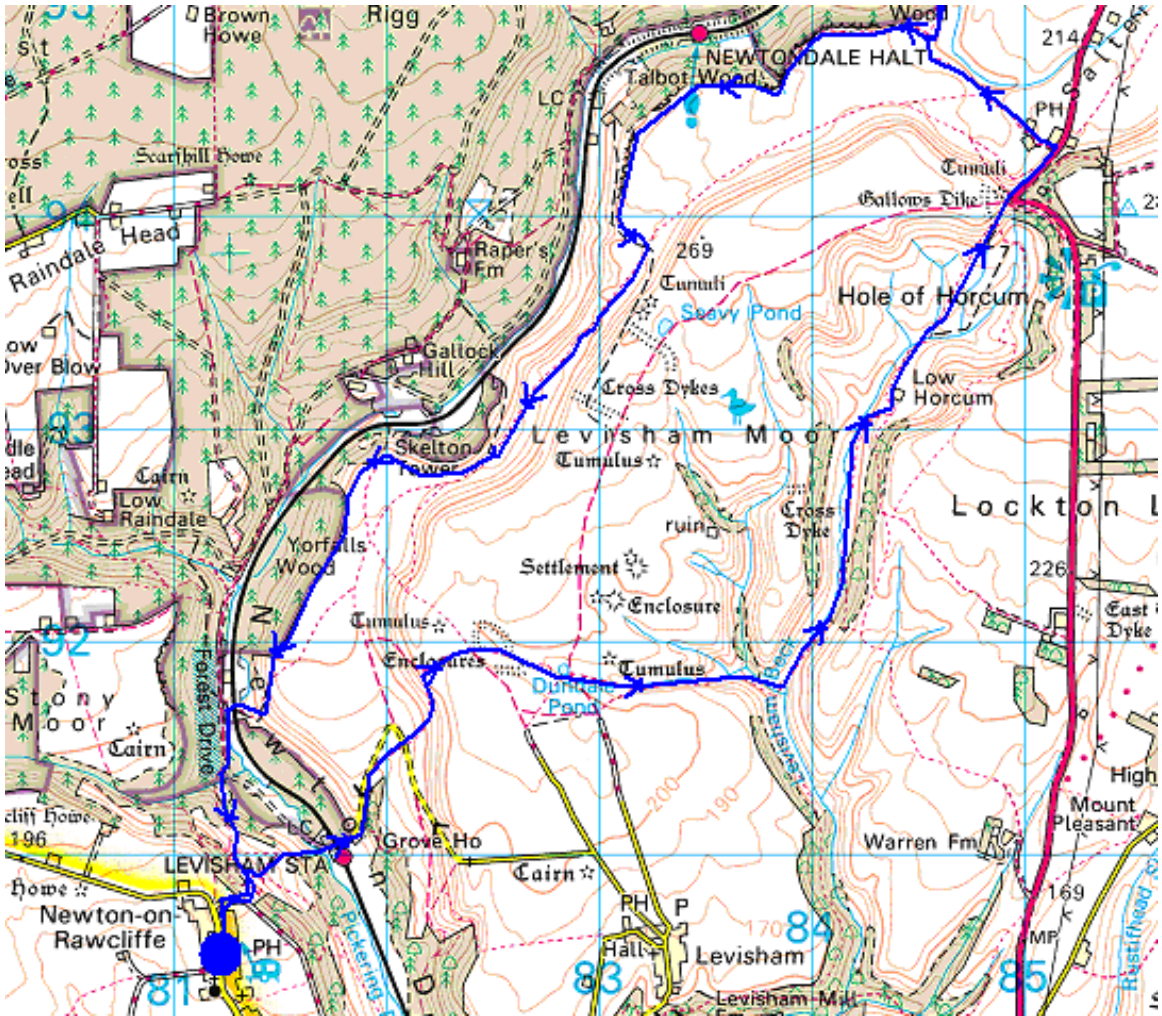
Lovely walk most times of the year. However the heather colour is best in August. Woodland banks abound with primroses, wood anemones, violets. Can be boggy in places. Superb views of scenic steam railway track. Tea at Newton in Swan Cottage which doubles up as the post office, but open only Friday to Monday.



Hole of Horcum



Skelton Tower



NEWTON ON RAWCLIFFE – DUNDALE POND – HOLE OF HORCUM.



Steam train at Newton station.

23. OSMOTHERLEY CIRCULAR (LOCKER LOW MOOR, BLACK HAMBLETON)

10¾ MILES 5½ HOURS

Leave car in clearing at bottom of hill on road bend, approached via Hawaby, in Hall Lane by Low Locker Wood (marked as car park on map) (OS Grid Ref.8121 9055),. Cross FB direction W, then take bridle track bearing left up hill through trees, through a gate and over meadow, continuing on Locker Low Moor WNW. Then descend, over small stream among trees. Continue over wide FB then up to uninhabited farm (Dale Head). Track in front of farm indistinct, but above and to the left of it after open gate in a wall it becomes clear and continues WMW to road near Robinson's Cross (as marked on map but not seen). Turn left on road and after ½ mile take turn eight on road. Continue NW to Chequers Tea Rooms and there take FP to L (NW) reaching road again. Continue W then SW on road, and past Greenhill Farm entry take FP on right WNW across field, to join Cleveland Way. Continue on the marked Cleveland Way to Osmotherley, a convenient place for a lunch stop.

Take road S from Osmotherley which turns E until it reaches the Cleveland Way. Turn right SE along it, through Oak Dale and its reservoirs and uphill (stone slab covered path) to reach the road at a car park. Bear right along Cleveland Way S, gradually climbing between Black Hambleton Hill on the left and conifer woodland on the right and past it on the Hambleton Street Track to White Gill Head. After about 1½ miles as the track turns sharply right S, and just before a cattle grid, take track on the left N across the moor. Ignore the sign which says Private (best not to be used during shooting season). The track slowly turns E, then SE. Where it meets another track sharply on its left, turn left on it N down hill. It slowly turns E. After about 400 yards walking take E direction downhill (no obvious path) N through bracken, finally reaching a long stone wall. Keep near the wall staying along it on you right. This takes you downhill to the bridleway you started on as it changed from field grass to moor. Turn right on it and reach the car at the car park.

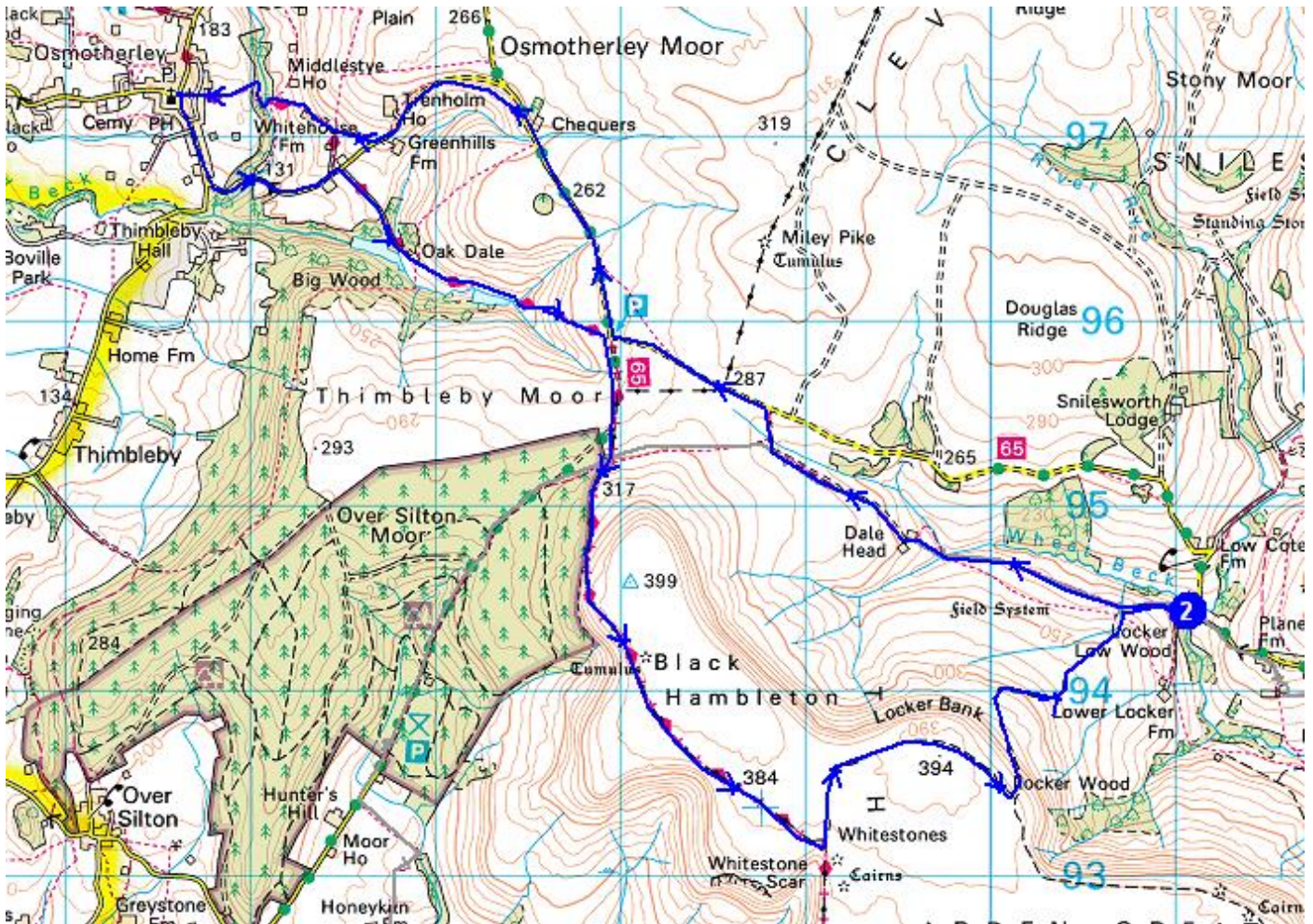
A superb, very long walk with magnificent views across Osmotherley and the plains further north, and also towards Kewick and Nether Silton hills. Lovely wide-spread heather scenery especially when in flower in August. Oak Dale with its reservoirs is picturesque. Osmotherley is an old market town in NW part of the North Yorks Moors National Park, with a central raised green containing a welcome bench at its centre. Coffee Shop in the centre useful, also gift shop with coffee etc facilities. Lunch – on the bench in the centre of Osmotherley. Avoid walk in the shooting season.



Osmotherley centre with bench.



Oak Dale reservoir; Osmotherley in distance



OSMOTHERLEY CIRCULAR (LOCKER LOW MOOR, BLACK HAMBLETON)



Cleveland Way – looking back down towards Osmotherley

24. POCKLEY - RICCAL DALE

6½ MILES 4 HOURS

Park in Pockley on road half way up the village (OS Grid Ref.6368 8592). Follow Road S from the village (back towards Helmsley road). About 50yds past the last farm (Low Farm) on the L, turn right on to cart track between hedges in fields towards wood. By the wood bear slightly L down a narrow path downhill and then through a gate. Continue through wood, cross wooden footbridge and climb up to forest road. Turn L along it. After 100yds turn sharp R up track to top of wood. Just before reaching the edge of the wood turn R along a narrow path along and within the woodland margin. On reaching a farm road on leaving the wood turn R along it and in 100yds fork L to remain on farm road. Keep straight on through Rea Garth farm and continue on cart track which eventually enters wood at gate. At the next fork turn right, descending to forest road. At cross-tracks fork R descending towards river. Keep left at Y junction (to stay on left hand side of river). Go through gate across middle of field with scout huts and camping site to the right and go through another gate.. Cross footbridge and climb rough track towards farm outbuildings and then Hasty Bank Farm on R. Turn sharp R at T junction through gate to climb cart track between high banks. At top of wood turn right to follow broad track. At first FP sign turn L along it along narrow woodland path by side of wall. At its end turn right and continue on the way marked path over fields, through woodland and then cart track, eventually reaching the road. Turn left along it back to village.

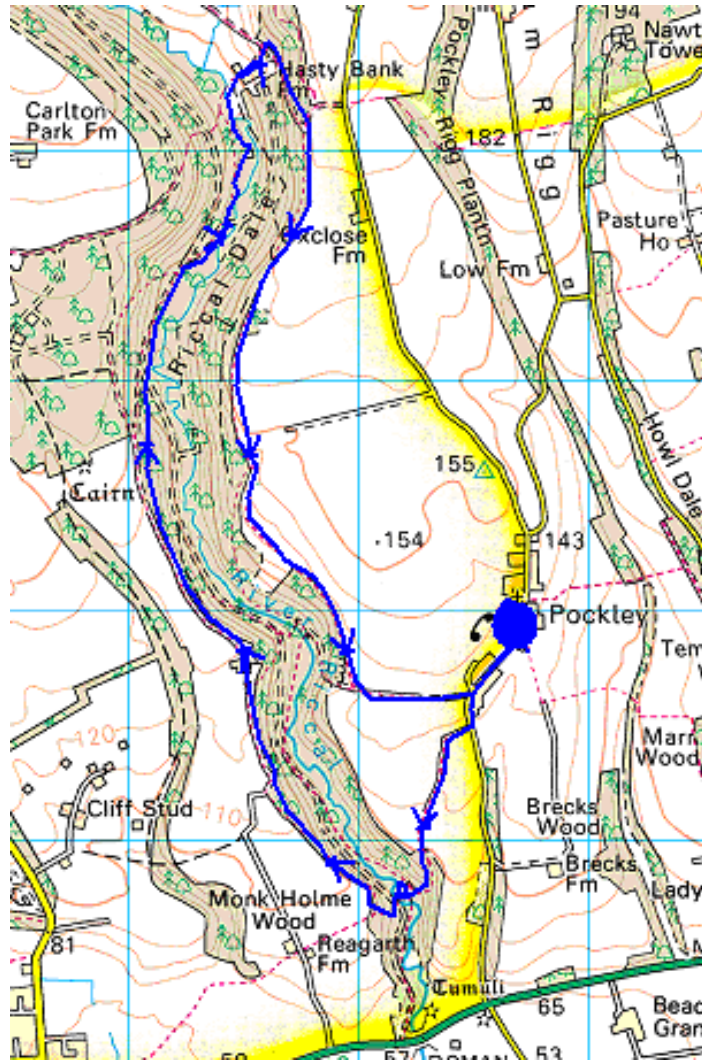
Pockley is a rustic village with many thatched roof houses. Origin of name – Pachelag, meaning Poca's forest clearing. A lovely easy walk through woods and meadows.. Best in late spring when most magnificent, perhaps the best in the area, bluebell slopes are in bloom, also flowering garlic in woods. Lunch stop in one of the bluebell clearings towards the Riccal river just before reaching the scout camp area, or within it.



Dale Head, Riccal Dale



Bluebells in Riccal Dale



POCKLEY - RICCAL DALE



Flowering garlic by footpath n Riccal Dale wood



One of many thatched houses in Pockley.

25. RIVAUXX – TYLAS FARM – MURTON GRANGE – COLD KIRBY

9½ MILES

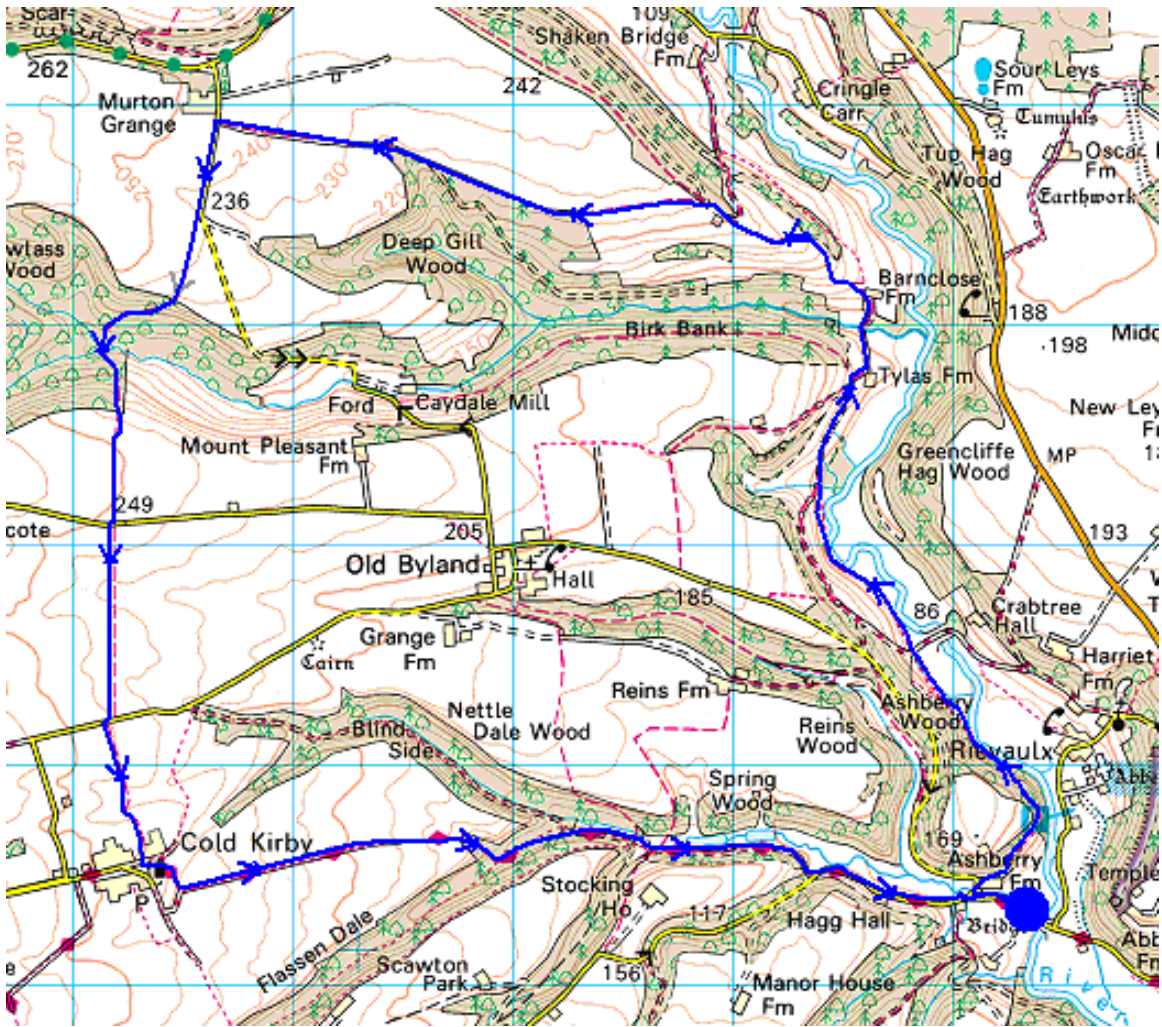
4¾ HOURS

From Helmsley take the B1257 road. Then take first road on its left after about 1 mile. Leave car by road just beyond Rivaulx Bridge, about 500yds before the road reaches Ashberry Farm (OS Grid Ref.573 844). Walk to Ashberry Farm (has white walls), turn right to it. Footpath starts uphill through a gate just to its left, N and then NW. View on the right of the Abbey through trees. Cross a track and continue on FP NW to reach small road leading to Tylas Farm. Turn right on it, and above the farm turn right towards it. After about 50yds just at the farm turn left through gate on track N to Barnclose Farm. At farm turn left and follow path uphill across field then through wood to Prest Wood (follow way-marled sign along the way). After leaving a stone derelict barn on your left, in region of disused quarry (not seen) take path left W (Ox Pasture Lane) for 2 miles towards Murton Grange. When reaching small road just before Murton Grange, turn left SSW on it, and continue for 1/3 mile. As the road bends left, take track straight on uphill across field to wood, and then descend, following path into valley through Murton Wood to stream at bottom. Cross small bridge then steeply uphill.. about ½ way up, excellent place for lunch with good views from a bench marked “Captain’s Seat”. Continue S across fields, over 2 roads to Cold Kirby. Continue on path across the road there, curving left then right to reach Cleveland Way track (Low Field Lane). Take the Cleveland Way E. After about 1 mile it descends through woods. At the bottom turn right on another wider track, E past 2 large lakes (with bird life of many ducks and geese) to reach the road. Turn left on the road, walk past Hagg Hall (house) to Ashberry Farm and then to car.

Lovely long but not strenuous walk, can be boggy in parts in wet weather particularly around Captain’s Sea and on Oxpasture Lane by wood. View of Rivaulx Abbey(first Cistercian outpost in the North, founded 1132 by Bernard of Clairvaux). Lunch place with view on Captain’s Seat bench. Afternoon tea in Helmsley Bridge Street Tea Rooms, close to the Feathers Hotel in the main square.



Rivaulx Abbey



RIVAULX – TYLAS FARM – MURTON GRANGE – COLD KIRBY



Cold Kirby church

26. ROSEDALE – THORGILL – DISMANTLED RAILWAY – HILL COTTAGES

7¾ MILES 4½ HOURS

Car park is just through centre of Rosedale Abbey village (OS Grid Ref.724 960). At cross roads (a few yards back), walk W past Abbey Tea Rooms/shop to church and on path through school yard. Then straight across road, through top of caravan park, cross stream on FB, then up to Daleside Road. Turn right NW, past Thorgill House to Thorgill. Continue NW on track past High House Farm, and partly through farm (renovated). Continue of track and 750yds further take left fork path uphill (red dotted), past a stone shed, to Moorlands Farm. The initial part just before the stone shed can be very boggy and pitted. It is thus better, particularly in wet weather, not to turn left but carry on track to small road and turn left on it to Moorlands Farm. Continue N to Hollin Bush Farm. Track there turns sharp left but instead at that point climb over stone style on the right (or go through a gate) and walk ENE down field to stream, crossing on FB. Continue up to road by Dale Head Farm. Turn left on it for about 20yds and just before farm turn right by barn NNE, uphill to reach dismantled railway track below Sturdy Bank. Turn right on the track and continue SE and S for 2 miles past derelict iron-stone mines and kilns to Hill Cottages. Cross the road there and continue on path S then W towards Thorgill. At FB just before Thorgill Farm you can either go to the farm, through it to and back to Rosedale on Daleside Road, or turn left before the FB along the course of the stream and follow path to Rosedale. This path fields and woods is pleasant but often very boggy in parts.

Extension (red dotted) from Hollin Bush Farm track leads N, then NNW to Dale Head Farm (there are two with the same name), and then steep up W onto Blakey Ridge. On reaching dismantled railway track turn right NNW and continue on it round the head of the valley (about 3 miles) to rejoin the previously described region of the track below Sturdy Bank.

Varied not difficult track. August is a good time because of flowering heather, but any time of year is very acceptable, even if conditions wet underfoot. Extensive remains of ironstone mining and railway. Tea in Rosedale “Graze On The Green Tea Rooms” (closed on Mondays) or Abbey Tea Rooms (closed on Wednesdays). Lunch if raining in barn at Hollin Bush Farm. If raining the path after Hill Cottages can be very boggy. In that case best return from there to Rosedale on road.



Beagle hunt. Dismantled railway track on Sturdy Bank.



Ironstone Kilns

27. ROSEDALE - NORTHDALE RIGG – NORTH GILL 6 MILES 4¾ HOURS

Leave car in Rosedale in marked car park just past the Milford Arms Hotel (OS Grid Ref.724 960). Take bridleway just beyond on right NNE, which within a few yards joins bridleway N through fields and across stiles, then across footbridge to reach a small road. Turn right on the road, ascending steeply for a short distance. Before reaching Northdale Farm turn right onto path by a stone barn and climb mainly E to reach good track on top of Northdale Rigg. Turn left on the track and continue mainly N to Job's Well (barn). Follow track NW to its end, then join a definite path in the heather downwards to North Gill beck and cross it. Ascend through the heather (no path) to one of new wooden, well creosoted grouse butts. Turn left S across the moor following the line of the butts to reach the first one, then continue down to between gate posts and through wooden gate to Red Barn (ruin). Continue downhill bearing to right of most trees, then join track (if not largely obscured by bracken) between gate posts to stream (West Gill). Not easy to cross this rough ford, as large stones usually covered by slimy moss and water may make this difficult. If not possible (and you do not have Wellingtons or wish to venture barefoot), go some yards upstream where one can jump across a narrowed segment of the stream and then clamber up a steep bank and turn left and rejoin the now distinct track S and SW uphill. As soon as first gate is reached on the left, climb over it and follow faint track across fields mainly S, bearing slightly to the right. Rejoin the track (marked as FP on the map) at Northdale Head Farm (merely a ruin), onto big track past West Northdale Farm. About 30yds before road is reached take track downhill on the left past a lake, and across fields SE, continuing gradually downwards across small road to rejoin the path you had come on, and then back to Rosedale.

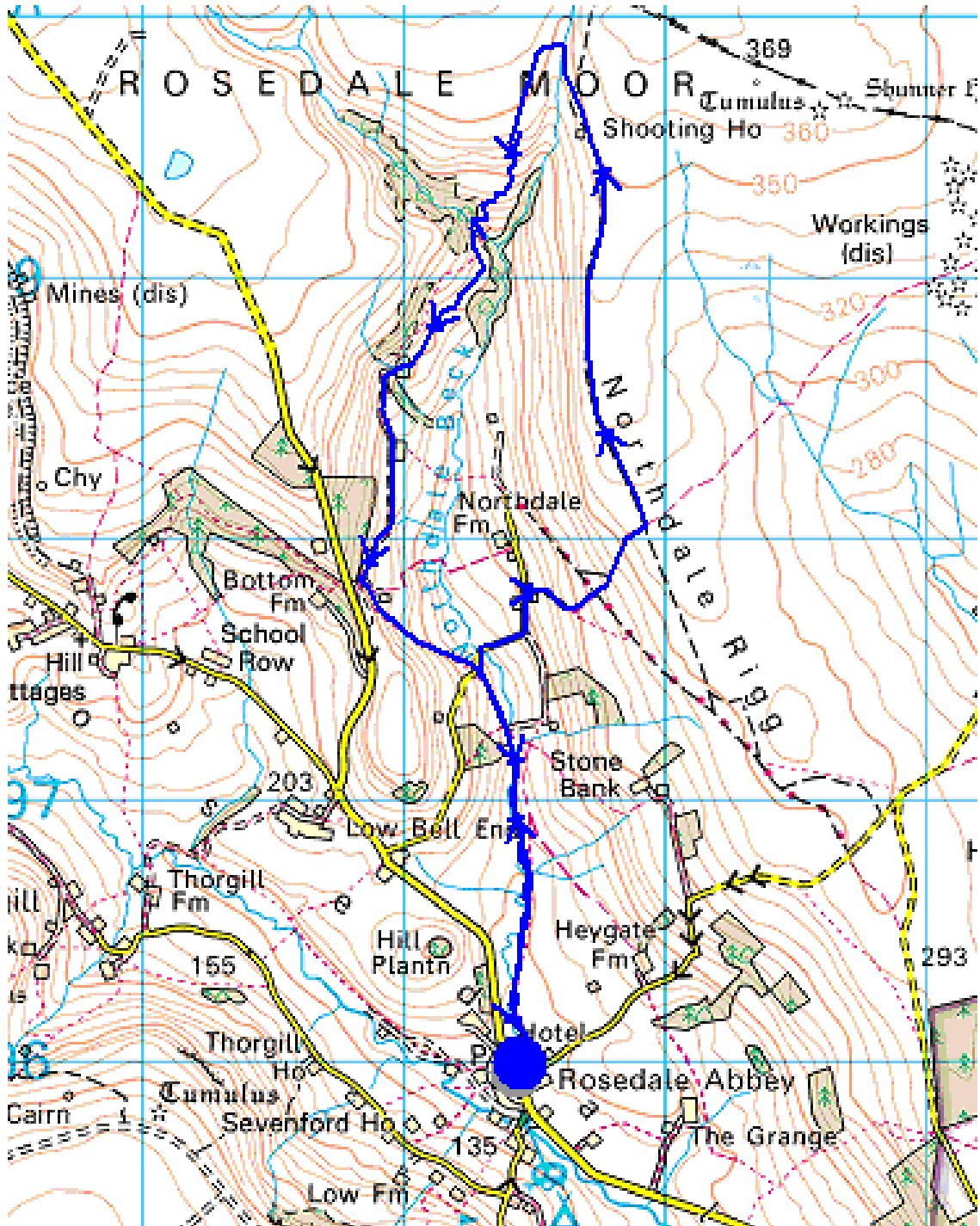
Lovely walk when heather is in flower, but difficult to navigate from Red Barn down to West Gill to due to high and thick bracken in late summer and autumn. Crossing the latter may create a problem – try higher upstream if water high and fast. Good views downhill. Lunch in one of the sheltered grouse butts high up on the moor. Tea in Rosedale in “Graze On The Green Tea Room” (closed on Mondays) or Abbey Tea Rooms (closed on Wednesdays).



View towards Rosedale from near top of Northdale Rigg



By grouse butt on Northdale Rigg



ROSEDALE - NORTHDAL RIGG - NORTH GILL

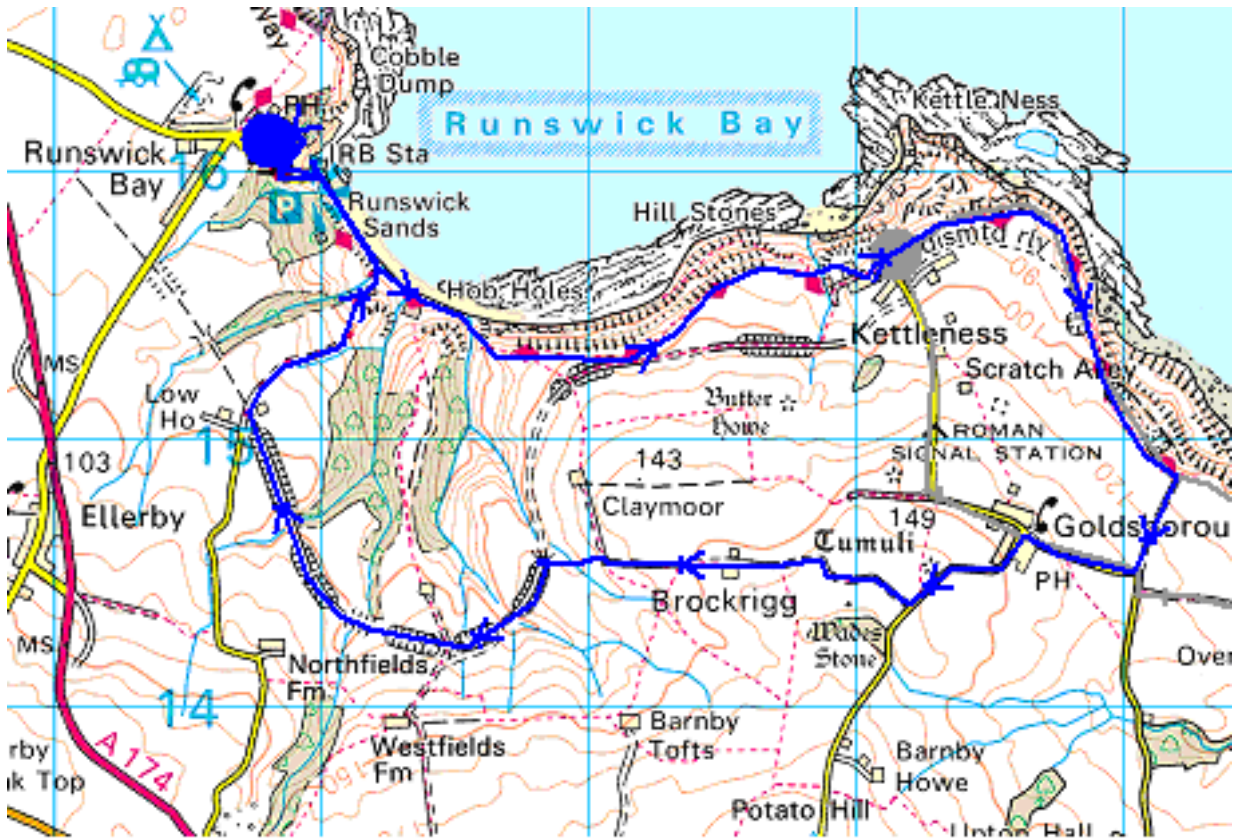
28. RUNSWICK BAY – KETTLENESS – GOLDSBOROUGH 7¾ MILES 4¼ HOURS

Leave car in car park by Cliff Mount Hotel (OS Grid Ref.808 161). Walk down steep track to Runswick Bay, turning left at bottom past car park, then SE along top part of beach (Runswick Sands) for about 1/2 mile past large boat house, and turn S along small stream. Ascend steeply uphill on numerous steps up High Cliff along start of Cleveland Way to just above cliffs above the sea. Pass Kettleless Farm, then Kettleless. Just past Seavy Bog Hill turn inland SSW until road is reached. Turn right W on it to Goldsborough. Past Fox & Hounds pub, turn left S on road on Goldsborough Lane. Take 2nd FP on right which is a track to Brockrigg Farm. Pass the farm, descending slowly until the track turns sharp right. However, almost immediately after turn left SW steeply downhill to a gate crossing a small stream. Take right track immediately after, and within some 100yds bridge is reached crossing dismantled railway track. The track cannot be reached in its cutting, so just before, take rough path to the left which descends past partridge pens to finally get on the track. Walk along the dismantled rail track as far as a gate and house where Coverdale Lane crosses it. Turning right leads to an extremely boggy path towards the beach, so there are 2 alternatives. Either walk on the dismantled rail track until the Ellerby - Runswick Bay road is reached, returning to the car on the road, or on first entering the dismantled railway turn right E and then N along it until the Cleveland Way is reached and retrace on it the way back (this will shorten the walk).

A beautiful sea cliff walk with superb views of Runswick Bay and rocky coast line, lit up in May with flowering gorse, stitchwort, red campion. In Kettleless visit Eastwater Studios owned by welcoming Swiss painter Alfred Moser. Distinctive oil paintings and not too expensive. Phone 01947.893183. Lunch after Blackrigg Farm on way back after Goldsborough. Tea in tea rooms by Runswick Bay car park. (Low left on photo).



Runswick Bay



RUNSWICK BAY – KETTLENESS – GOLDSBOROUGH.



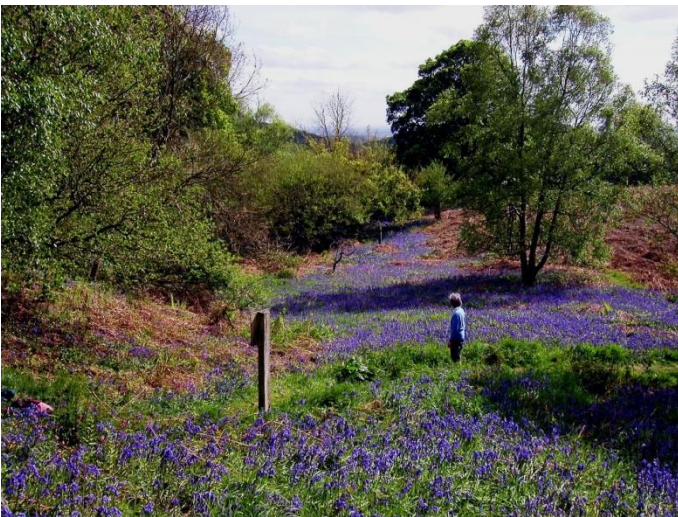
View from Kettle Ness Point towards Runswick Bay in the distance.

29. SUTTON BANK – BOLTBY – THIRLBY – GORMIRE LAKE 8 MILES **4½ HOURS**

Leave car at Sutton Bank car park, fee £4 (OS Grid Ref.516 831). Easy walk NW along Cleveland Way on top of Sutton Brow, 3 miles to High Barn (not inhabited). Opposite on the left a marked bridleway turns left W through a few tall old conifers, then down hill to gate and more fields. As path begins to level out (not clearly marked), reach farm track which on the right goes to Hesketh Grange farm. However, turn left SW on the track for about 200yds, go through a gate and immediately after turn right onto footpath on edge of field downhill. Cross FB, then steeply up to reach road near Boltby. Turn left into village. About half way through Boltby take footpath on left S on the far side of a stream, and continue on it through fields. On reaching small road just below Tang Hall Farm** enter a FP just to the right of the farm take FP, then bear right across side of field, then bearing left to the bottom of the field where a stile crosses a fence into a wooded area. The path becomes more definite through the wood and passes over 2 styles partly over fields, eventually reaching Thirlby village. Turn right on road (Carr Lane) SSW and after a few yards left bypassing ford (over Sutton Beck) in centre of the village, up Skipton Hill, and at Cleaves House bear left E to Southwoods Lodge (house). Carry straight on into wood, but after a few yards take right path SE to Gormire Lake. On reaching its shore, turn left E on path and climb steeply up through Garbutt Wood. Continue on that path upwards through the wood for ¾ mile up Sutton Brow to reach the Cleveland Way, and back to the car park.

** Alternative (marked by red dots) which is signposted, is to turn L to Tang Hall Farm, and immediately past it turn R along path towards Southwoods Lodge. This bypasses Thirlby.

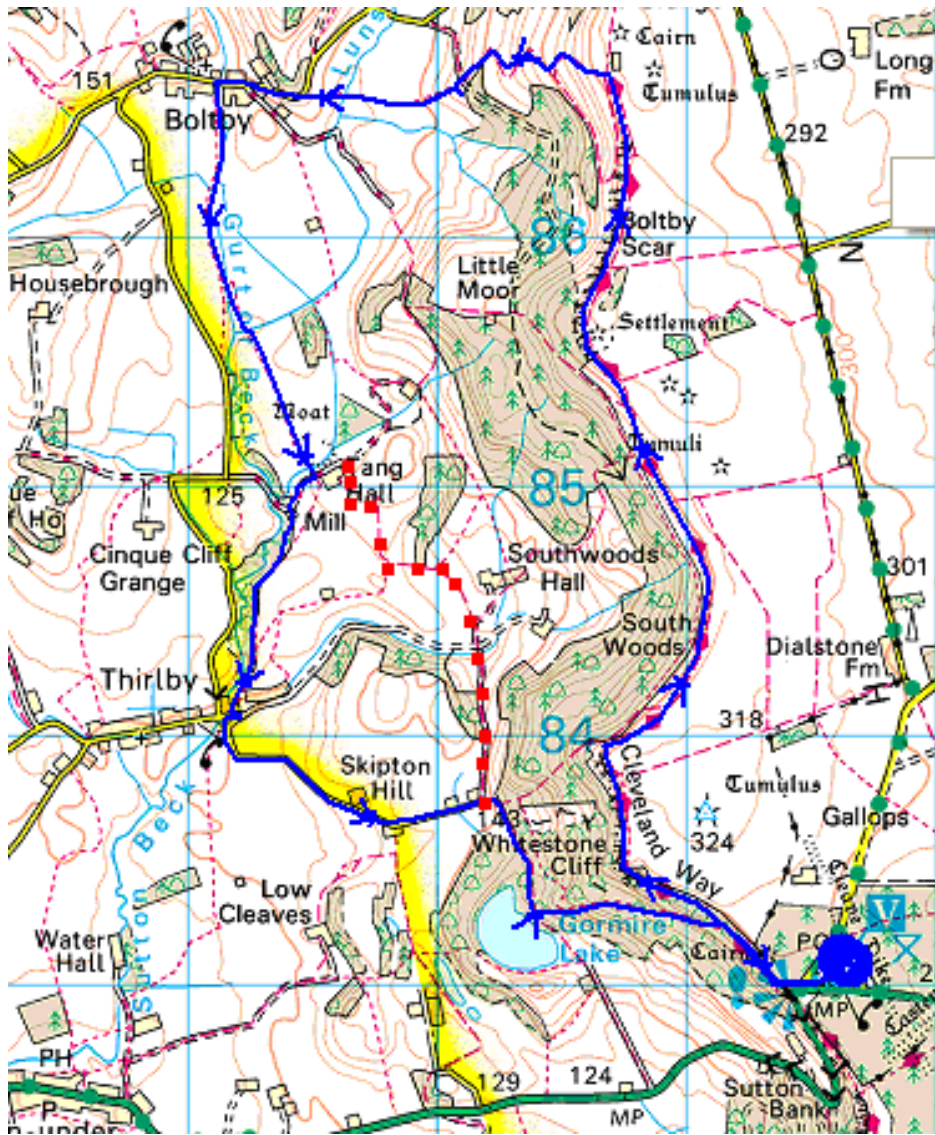
Beautiful varied walk with superb views down Sutton Bank, Gormire Lake and plains below. Best in spring due to flowers. Boltby and particularly Thirlby are lovely small old villages. Wooden seat in centre of Thirlby where lunch may be taken, but we almost always have it before, stopping on the top of the bank just before reaching the road to Boltby. View good from there. Wood carver in Thirlby makes furniture and smaller items. 2/3 way along path up from Gormire Lake is a clearing with masses of bluebells, red campion and stitchwort in spring. Excellent tea rooms, information and shop at Sutton Bank by car park.



Bluebells by Garbutt Wood



Gormire Lake



SUTTON BANK – BOLTOBY – THIRLBY – GORMIRE LAKE.



Boltoby



Thirlby

30. SUTTON BANK – SNECK YATE– MURTON GRANGE – COLD KIRBY

10 MILES

5 HOURS

Leave car at Sutton Bank car park (£4.00 in meter). Walk N along Cleveland Way past Whitestone Cliff and High Barn to road at Sneck Yate. Turn right NE then E on road to Murton Grange. There turn right SSW on small road past the farm for about ½ mile until the road bends left. At that point keep straight on track which leads downhill into a wooded valley (Yowlass Wood) and becomes a FP crossing a small stream on a FB at the bottom, then rising steeply to a wooden seat (Captains Seat) about ¾ up. Continue to the top of the valley, then S along fields, crossing 2 roads, to Cold Kirby. There turn right WSW on road until the last house in the village. Then turn left SE on track which turns SSW and the SSE , then WSW, past race horse exercise field at Hambleton House with stables, until a small road leading to the house is reached. On it turn left for about 50 yds, then right on FP marked Sutton Bank which meanders through fir tree plantation. An open space is reached where turn right, and continue through mature forest until car park is reached.

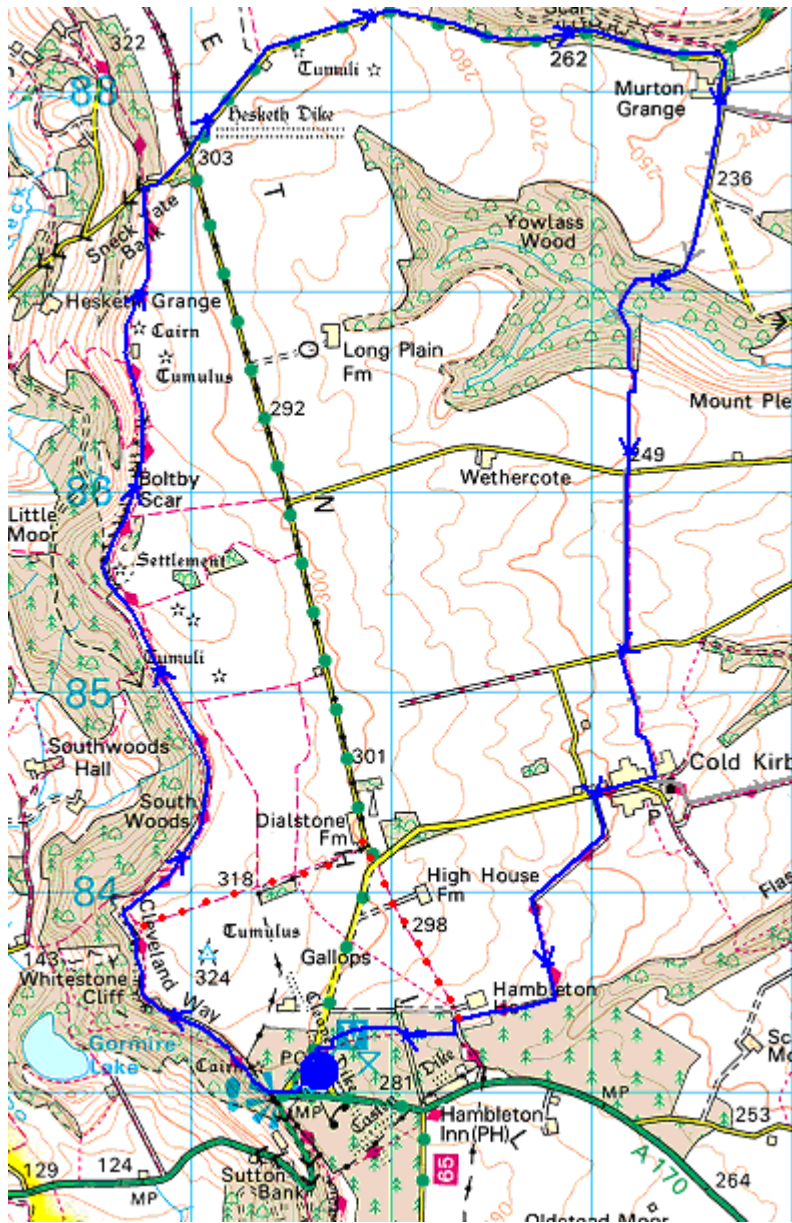
Great views on Cleveland Way of plain below from Whitestone Cliff, Gormire Lake, and villages of Boltby and Thirlby. Heather flowering and bilberries in August. A fair amount of road work after, but very quiet. Good lunch place immediately after Peak Scar wood some 100 yds before reaching turning to Murton Grange on left side of road on grass bank with great views across the dales and hills towards Hawnby, also can stop just within the wood overlooking escarpment (danger notices there). Good views + rest from Captains Seat. Tea in Sutton Bank tea rooms – very comfortable including sale of cards and gifts.



Gormire Lake from Sutton Bank



Whitestone Cliff from Cleveland Way. Boltby in distance



SUTTON BANK – SNECK YATE– MURTON GRANGE – COLD KIRBY.

An alternative short but interesting 3 mile ramble is depicted on the map by red dots where a short-cut can be made to the above walk. A bout 1/3 mile after starting on the Cleveland Way, take the first FP on the right going ENE on fields along a horse racing track to Dialstone Farm. There turn right and proceed SE for a few yards on a road and then onto FP past grounds of High House Farm. Cross race track near Hambleton Farm, walk for about 100 yds along road and turn right onto FP through young wood, as previously described in the above long walk.

31. SUTTON BANK –WHITE HORSE – OLDSTEAD – KILBURN 9 MILES

4½ HOURS

Leave car at Sutton Bank car park (£4.00 in meter). Walk S on path (Cleveland Way) towards and round glider airfield until just after passing the top side of the white horse. There continue on FP E to where the path goes very close to road (High Town Bank Road) which is reached by going down a bank (unmarked) on its right side. On road turn right S steeply down hill, turning left E onto Oldstead Road until Oldstead village is reached. Immediately before reaching the only pub there take FP through trees on right W, through trees, then stepping over stile into field, crossing it until it ends at a T junction. Then turn left SW through field, then downhill and across FB. After hedge turn right on the FP along it NW then SW through 2 gates, then S, along track. Cross a road, continuing on FP uphill on the other side. Cross stile and then descend to High Kilburn. Road continues NW, then as it turns W, take FP on right by bench, keeping left along it to Kilburn past churchyard and church, to village square with its car park. There turn right, keeping right to Carr Lane. Take first FP along it on left taking bearing right initially close to the road, then pass across field N. If the field is planted out, keep to edge of field and round it until trees at bottom corner are reached. Then cross further stile until high deer bridge is reached. Cross it and then climb over another high stile to wood. There turn left NW on track just within the wood, then N upwards through Wood Hill plantation, continuing on road. At grid reference 507/814 take bridle track on right NE which climbs in a zigzag fashion to reach a major FP running parallel and below the Cleveland Way, gradually ascending on it, to the Cleveland Way and start.

Alternative but longer additional walk via Gormire Lake is shown by red dashed line on the map.

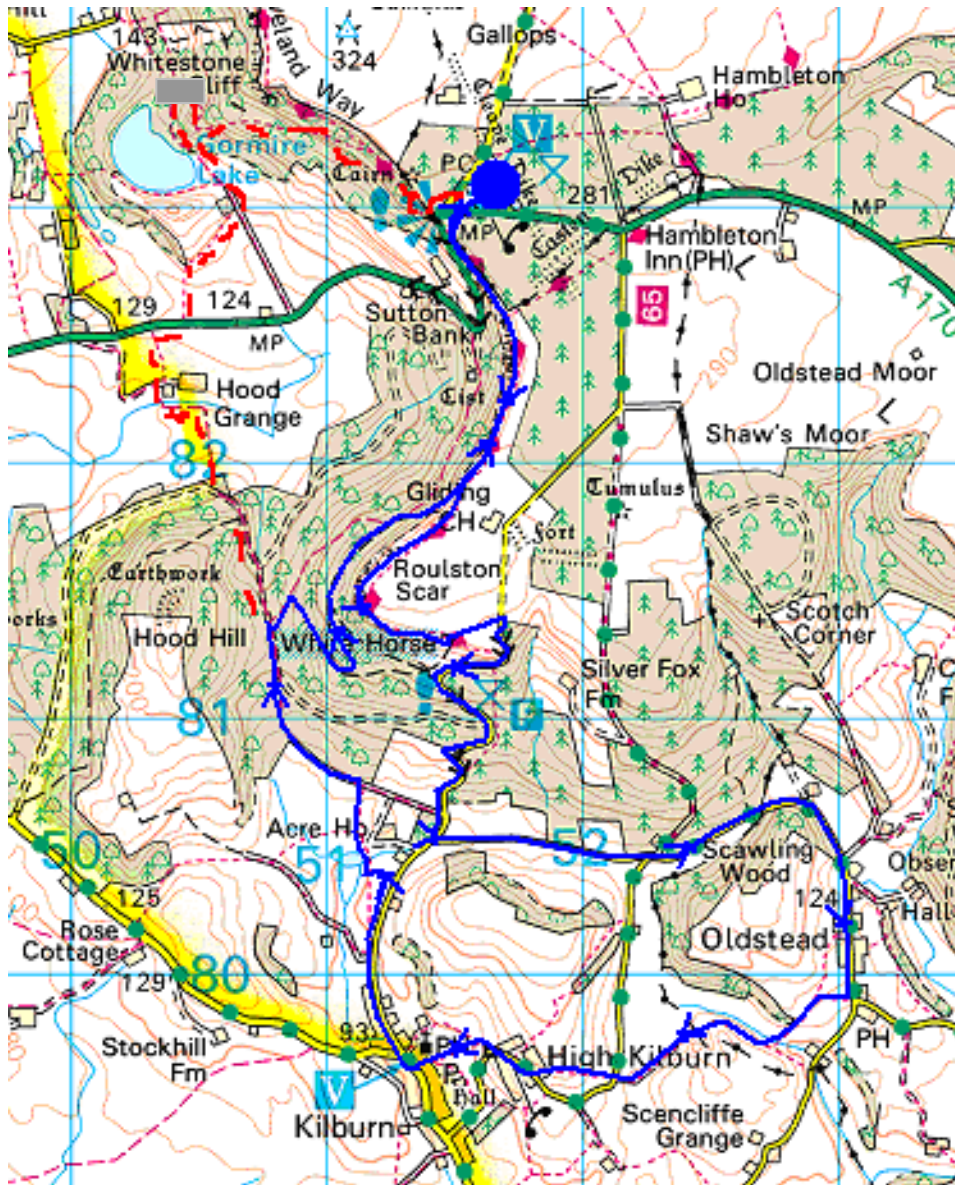
Magnificent views down escarpment from Cleveland Way including the large white horse on the mountain. Longish road walking initially, but rewarded by picturesque scenery particularly around Oldstead followed by field and wood scenes to quiet village of Kilburn. Deer and horses in fields after Kilburn. Lunch on bench on Kilburn square or just above on a bench before reaching the village. Tea at Sutton Bank restaurant, where there is a good shop with N.Yorks items such as cards, and at times local art exhibition.



Sutton Bank road and Gormire Lake from Cleveland Way



White Horse



SUTTON BANK – WHITE HORSE – OLDSTEAD – KILBURN.



Yorkshire Gliding Club, Sutton Bank

32. THREE CROSSES WALK - YORK, LILLA AND ANN CROSS. 9 MILES **5½ HOURS**

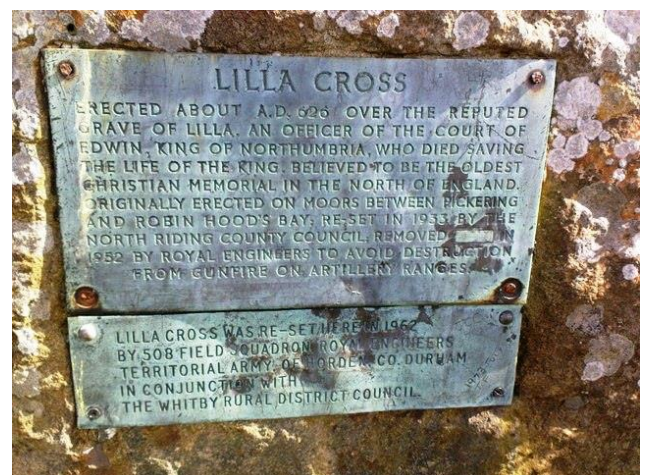
Leave car on A169 Whitby road, about ¾ mile after first fork to Goathland. Several hundred yds before the second turn to Goathland there is a parking place on the right by a bridleway sign, the start of Whinstone Ridge (OS Grid Ref.857 027) . Walk SE along the track, pass under power lines, and later through gate, afterwards keeping to left of fence. Proceed uphill to a fork, and take the left track SE. Newton House Plantation wood recedes on the left. Follow SE direction towards the right of felled forest, past York Cross, to reach shingle forestry road. Continue on it SE, then E, then NE where it crosses May Beck with pond on left side. Then continue uphill SE along it past disused quarries. As the track turns sharply left at the top of its rise, keep straight on onto a FP (unmarked), past more quarries on grassy slope, gently downwards among conifers, to finally come out on moorland. The path veers left, passes through a small gate and descends to Blea Hill Beck. The Beck can be difficult to cross if it has rained a lot, so a stick may be helpful to get across it plus a jump. On the other side walk up to Robin Hood's Bay road which is a track. Turn right on it and proceed gradually uphill SW to reach sign at Louven How (cross roads). Lilla Cross is S some 500yds ahead. Return to cross roads and take bridleway S and then NW (Foster Howes Rigg), past Ann's Cross, to reach original path and return to car.

Mainly moorland but also forest walk, best done in August when heather in flower. Exposed, so good weather needed. Views down to East coast sea. Lunch - the far side of Blea Hill Beck by the Robin Hood Bay Road or before by small path along pond by May Beck. Lilla Cross dates from AD626, standing on a how, the grave of Lilla, an officer of the court of Edwin, King of Northumbria, to commemorate an attempt made to assassinate Edwin. Lilla lost his life by throwing himself between the king and the assailant's dagger (see below for plaque photo) . The other crosses were erected at junctions of moorland paths to guide travellers. Beware of adders.

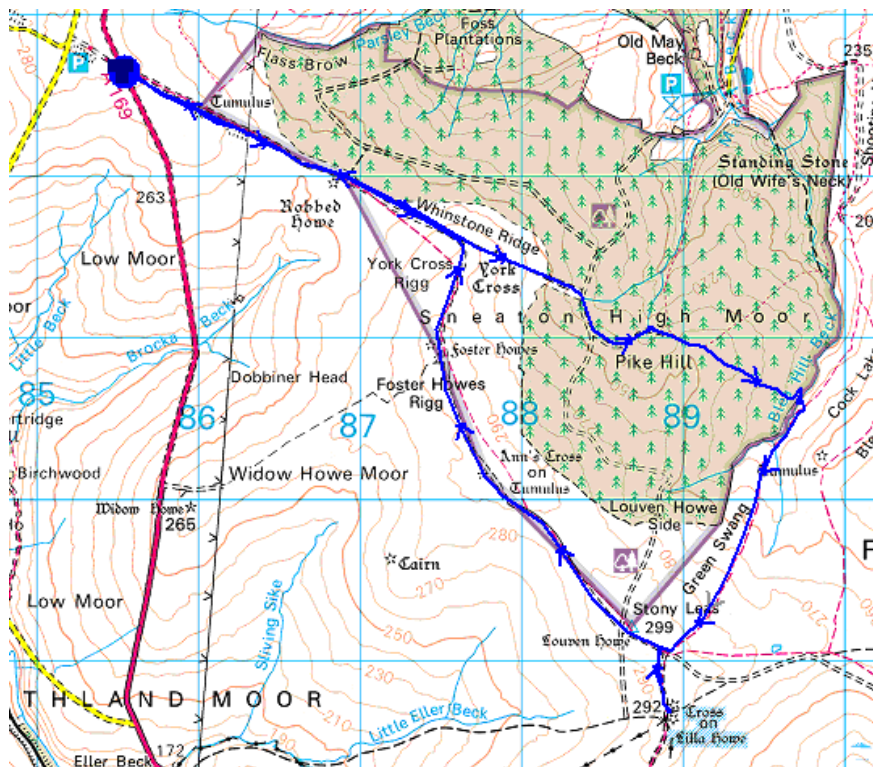
Paths are not clear in early parts of the walk since large parts of the forest through which it previously went have been cut down. However, paths remain and may be more apparent as time goes on.



Lilla Cross. RAF Filingsdales building in distance



Inscription below Lilla Cross



THREE CROSSES WALK - YORK, LILLA AND ANN CROSS.

**33. WEST AYTON – FORGE VALLEY –RAINCLIFFE WOODS 7¼ MILES
4½ HOURS**

From A170 Scarborough road turn L into small road just before bridge at West Ayton, then next R, and park by pond. (OS Grid Ref.987 849). Turn right (N) on former road (Yedmandale), then first road on R (NE) to the end of houses, then onto a FP along field by side of Ayton Castle ruin. The path veers left N to alongside of wood. Proceed through gate onto Forge Valley path, in most parts (over 1 mile) boarded, close to River Derwent. Turn R over first FB to car park by road. From it turn L (NNW) onto road until after it turns right to a junction just before a car park on the left. Take the smaller road at the junction straight ahead, and by a small car park after about 50yds take the left of 2 tracks (Middle Road) through Raincliffe Woods. Pass 2 picnic sites and seats on way and keep to the right fork track on 2 major divarications. Pass through open space (Raincliffe Meadow) and then back into wood. At 3rd divarication (at about 2 miles through the forest) go straight on up a short steep incline and at the top take the right FP, after about 50yds joining another track coming from the right. Then continue SSW climbing steeply up to the top of the wood. There turn sharp right NW on edge of wood next to field and then W for about 1½ miles. Pass through gate with bridleway sign and follow the bridleway which changes into FP, passing to right of Osborne Lodge Farm. Immediately afterwards it comes to an end at a FP which crosses it. Turn left S on it (Ruston Cliff), descending gradually to main road below. Continue along the road towards East Ayton but for only about 50yds. Then join rough FP between road and the river Derwent thus avoiding main road traffic. However, the FP comes to an end after about 400yds so that the road needs to be rejoined to descend to West Ayton. On main road there (A170) turn right, cross the bridge and immediately turn right after it to find the car.

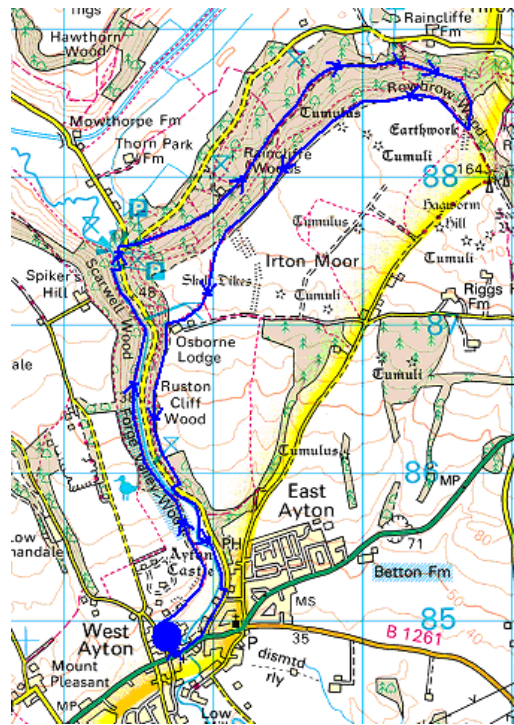
A lovely spring walk rich in forest flowers and more so along the river Derwent in Forge Valley where King Cups and Butterburs abound. Not strenuous. Picnic tables and wooden benches on the way. Views initially towards Hackness and later the sea and part of Scarborough. Tea at one of the restaurants on the A170 on the left hand side about 2 miles driving back.



Butterburs in Forge Valley



Raincliffe Woods Man - carving



Forge Valley, Raincliffe Woods

**34. WEST AYTON - FORGE VALLEY - HACKNESS 10 MILES
4½ HOURS**

From the A170 Pickering to Scarborough road, just before the bridge at West Ayton, turn L into a small road, then next R, and park by pond (OS Grid Ref.987 849). Walk back along this last road then turn R (N), then first road on R (NE) to the end of houses, then onto a FP along field by side of Ayton Castle ruin. The path veers N along side of wood, through gate onto Forge Valley path (Forge Valley Wood), initially in large parts (over 1 mile) boarded, close to River Derwent. The path leaves the wood, then veers NW across fields to Cockrah Foot onto road by Cockrah House, continuing in same direction on road to

houses at Wrench Green. There turn R downhill in front of the houses then onto FP NE towards river. Cross river on FB, then walk N past Mill Farm to T-road junction turning R (NE) past Red House then N to Hackness village. School, church and Hackness Hall there with walled grounds, none particularly impressive. Return along the road but half way back to Red House fork R onto FP (it is a track) SW, then W through the wood direction of Hackness Hotel. Good place for lunch stop on path overlooking the valley. On reaching the road turn sharp L (SE) along it, past the hotel. At road junction retrace road route past Mill Farm and then R across river FB. Immediately after FB turn L (S) on FP which meanders along river until it reaches a minor road. There turn R on it to T-junction. Turn L again to retrace road past Cockrah House, continuing past it through gate slowly uphill on farm track SSE to North Stile Cottage. Path continues uphill through fields immediately to L of the cottage with its large garden, to reach the woods and then through the wood on a rough track to a farm (Spikers Hill by Scarwell Wood). Go past the back of the farm partly, then turn R (SW) through it along a minor road, turning L (SSE) into Cockrah Road. On reaching quarry site turn R towards it but just skirting it towards the R downhill into a wood (Yedmandale Wood) which leaves the quarry on your L. The FP is not marked at this top end but very obvious when on it (actually a bridle track). When it reaches a road turn L (SSE) on it, past Low Yedmandale (mainly a farm), back to West Ayton.

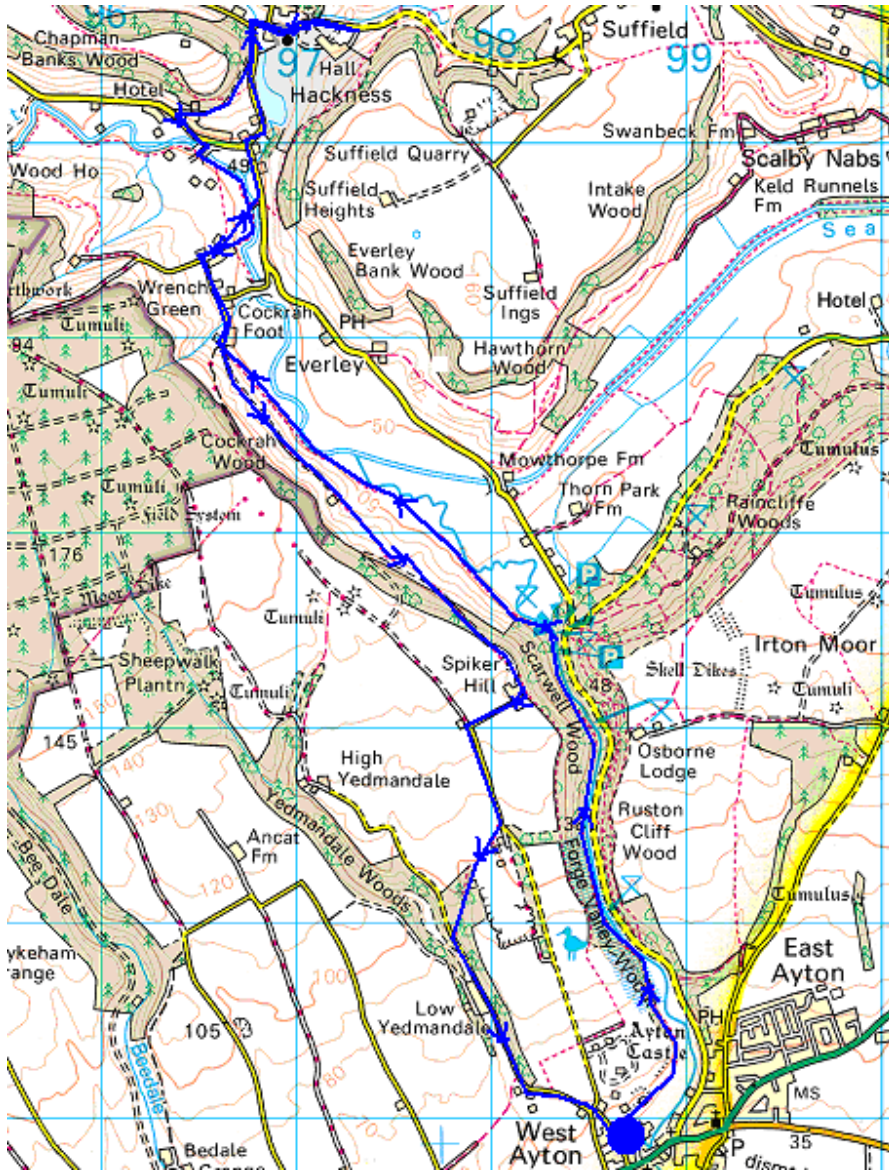
Lovely spring flowers in Forge Valley area with wood anemones, primulas, king cups, butter burrs. There are 2 benches on the way almost half way. One at the back of a disused workshop on the minor road leading to Wrench Green, the other is at the T-road junction of roads just after Mill Farm. Good tea place with antique shop on road back from West Ayton in the next village at Wykeham Tea Rooms.



Ayton Castle ruin



Hackness Hall



WEST AYTON - FORGE VALLEY – HACKNESS



Forge Valley boarded path

35. WESTERDALE – RIVER ESK - COOPER HILL – HOWDALE HILL 8½ MILES 5½ HOURS

Leave car on road close to Westerdale church (OS Grid Ref.665 058). Walk 25yds NE on the road and turn left into a side road just past the church, then almost immediately take FP on left SW and then S round the church and past the village hall. Continue S through narrow path with surrounding trees and bracken. The path approaches and runs near a wall, and finally reaches a small road which proceeds SW past Riddings Farm, then Daleside Farm in direction of Waites House Farm. However, just before drive going to Waites House farm, turn right on road direction of High House. The road goes downhill towards a ford over the River Esk. Just before reaching the ford at the beginning of a wooded area, turn left SSE on a narrow (not signposted) path which continues SSE uphill with the Esk and wood on your right. This path reaches the heather region, continuing to climb slowly bearing S with Westerdale Moor on the left, for about 1 mile. Cross a FB. The path becomes a bridleway which ascends steeply SW and then S up Cooper Hill, until a cross roads is reached on a dismantled railway. There turn right NW on the dismantled railway track which runs on a level course, with views into both the Westerdale and Farndale valleys. After about 1 mile turn right N just after the track starts to turn gently left. This path, although marked on the map, is not signposted and appears non-existent. It is essential to continue carrying on, on a wild heather irregular surface for about 1/3 mile N slowly ascending in the direction of a rock high up to the right of the rounded top of Howdale Hill. It is a difficult slog with no semblance of a path, but eventually a path is reached (where the heather has been cut) which runs NNE skirting the higher reaches of Howdale Hill.

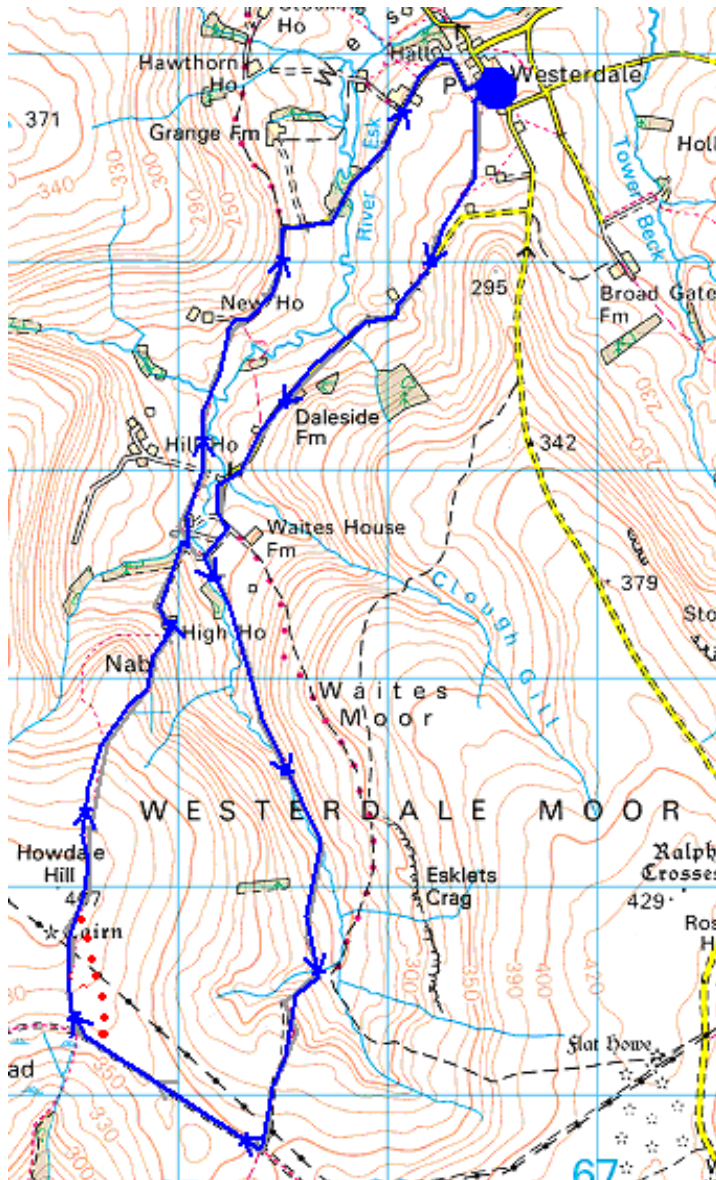
ALTERNATIVE (marked by red dots), bypassing this difficult pathless area through deep heather, is to take grouse butt track to the right some 75yds before the bend on the disused railway track is reached, then take the first fork left on it, then past grouse-butt No.2 after taking left fork, then aiming towards the peak of Howdale Hill, until the clearly defined path N is reached.

The path is then clearly defined, descending slowly to High House, through the farm. Continue on track downhill. When on a sharp bend just before reaching a ford a cross roads sign post is seen on the left. Take the path left marked Castleton and continue on the “Esk Valley Walk”, over a number of stiles past Wood End and New House Farm, then reaching a track going NE then N, until a gate is reached on its right. Go through it. This is the start of a road which turns from E to NE to Hall Farm, and continues back to Westerdale.



Westerdale, with church.

A fairly hard walk but with no very steep gradients, through farm country, bracken, narrow paths, tracks and heather. Magnificent views on higher reaches of valleys below. Some paths can be wet and boggy particularly in wet weather. Compass important on pathless heather section when visibility can be poor. Best in August when heather in bloom. Lunch by side of birch wooded area off track, soon after starting steep ascent to Cooper Hill (sheltered there if windy). Afternoon tea at the Castleton Tea Rooms in the centre of the village



WESTERDALE – RIVER ESK - COOPER HILL – HOWDALE HILL.



Looking down from dismantled railway onto start of track back to Westerdale.

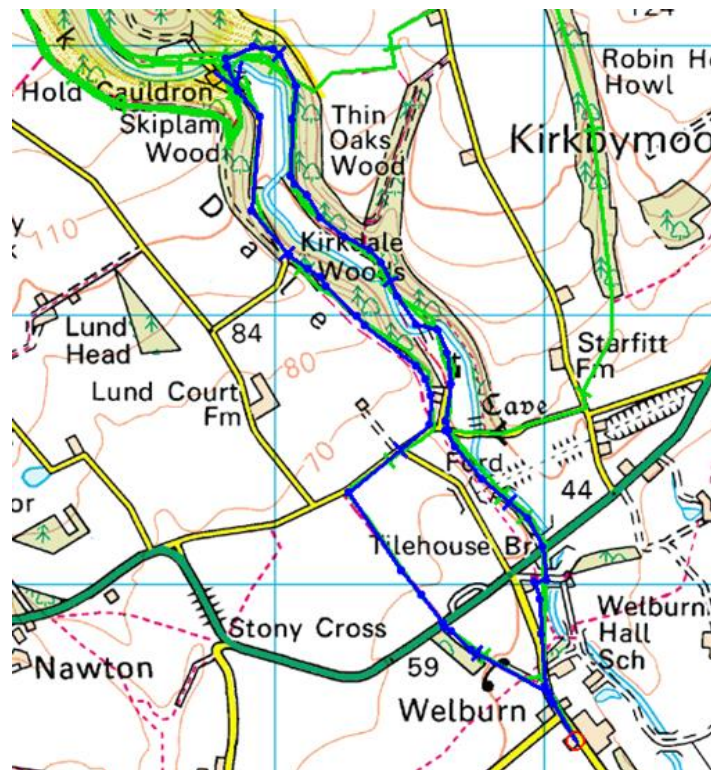
36. WELBURN - HOLD CAULDRON (short) 4¼ MILES

3½ HOURS

July 2012, May 16

Leave car in Welburn on Back Lane just past the junction with Flats Lane (Map OS ref.681444). Walk on Back Lane NNW, past entrance to Welburn residential school, and then take FP right NE over meadow, then NW over styles then over minor road.. Cross A170 (styles again) proceeding NW over grass fields to small road junction. Take one of the branches N to St Gregory's Minster, then continuing on bridle track NW over field towards metal cross, then through woods keeping to the right of Hodge Beck, then N and later veering W to Hold Cauldron. From there take (the only) road S, then uphill SE to where road turns to the right. At that point take bridle way on L SE through wood, then through gate over fields to small road junction previously crossed just before reaching St Gregory's Minster. There turn right on road WSW, past road coming in from the L (Kirkdale Lane), and then take first bridleway on left SSE, over field, then cross the A170, continuing once again over field back to Welburn.

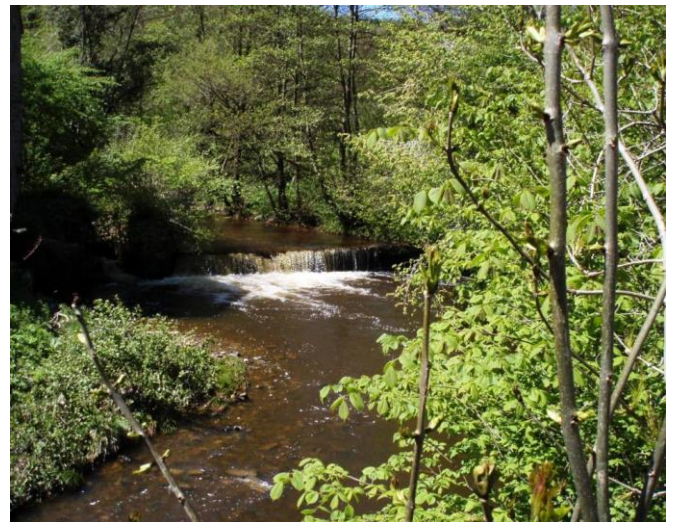
An easy walk with little uphill, past ancient St Gregory's Minster in lovely setting, over grassy and later by corn fields, and through woods. Weir at Hold Cauldron. Suitable for ½ day walk.



WELBURN – HOLD CAULDRON SHORT WALK



St. Gregory's Minster



Hold Cauldron

Lythe and Mulgrave Woods, North Yorkshire

DISTANCE 11.5KM/7 MILES **ASCENT** 310M/1,017FT
TIME 3 HOURS **TYPE** WOOD, COAST & COUNTRY



NAVIGATION
LEVEL
NOVICE



FITNESS
LEVEL
LEISURELY



PERFECT
FOR
HERITAGE

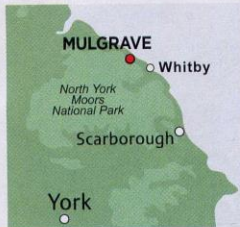


NUMBER
OF STILES
5



**Ramblers
Routes**

To download this route and hundreds of others, visit ramblers.org.uk/routes



Plan your walk

WHERE Circular walk from Lythe, via Mulgrave Woods and Sandsend Ness. (Mulgrave Woods are only open Wed, Sat and Sun, and closed all May.)

START/END Lythe Village Green car park (NZ847130).

TERRAIN Field, woodland and cliff paths, muddy in places. A couple of short climbs and road sections. Mostly gates but a few unavoidable stiles.

MAPS OS Explorer OL27; Landranger 94.

GETTING THERE X4 bus between Whitby and Middlesbrough (via Loftus) stops at Lythe shop (0344 800 4411, arrivabus.co.uk).

EATING & DRINKING The Stiddy, Lythe (01947 893300, stiddy.net); the Hart Inn, Sandsend (01947 893304).

SLEEPING The Stiddy (as above); YHA Whitby (0345 3719049, yha.org.uk/hostel/whitby).

VISITOR INFORMATION Whitby TIC, Harbour Master's Office, Langbourne Road (01723 383636).

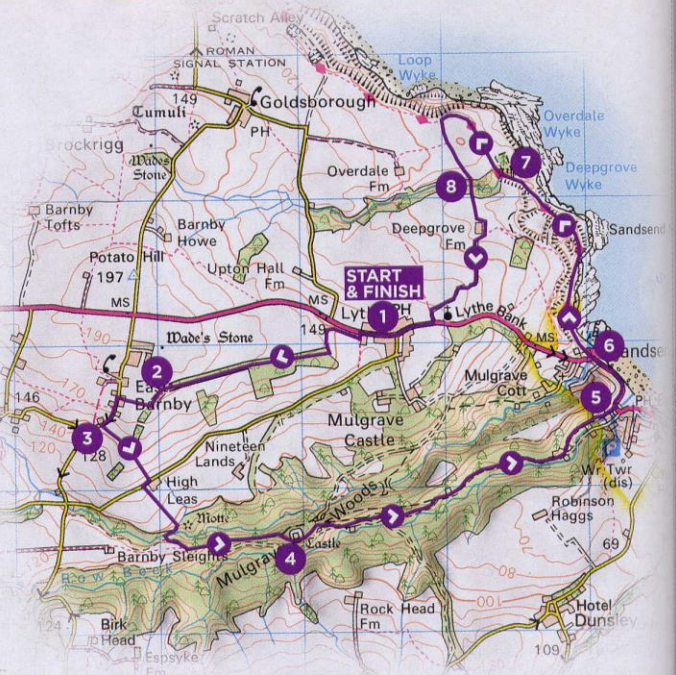
GUIDEBOOK *Walking the North York Moors* by Paddy Dillon (£12.95, Cicerone Press, ISBN 978 1852844486).

LOCAL RAMBLERS GROUP Cleveland (01642 474864, ramblers.org.uk/cleveland).

Winding through the Marquess of Normanby's Mulgrave Estate, this circular route takes in the remains of two old castles hidden deep in the ancient woods, before ascending to the dramatic cliffs and peculiar moonscapes of North Yorkshire's 'Dinosaur Coast'. Leave plenty of time for fossil hunting and perhaps a quick paddle

ROUTE BY
JOLY BRAIME

- 1 START** opposite the Stiddy pub, and walk up the main road through Lythe village. After the school, turn L into the sports club, following the signposted track around the edge of the playing fields and into the woods. The OS map is slightly out here, but the path is obvious. Follow the sometimes muddy track through the woods, with fine country views soon opening up to the south.
- 2** At a gate with an open field beyond, head straight across, aiming for the gate opposite. Slip between two houses, then turn L onto a country lane at East Barnby.
- 3** At a bench on the bend, strike out L and follow the fence along the top of the field. Go over a stile, cross a small copse, then descend to the road at High Leas farm. Turn R and then almost immediately L down a narrow track along the hedge. Entering the woods at the bottom, you'll see a distinctive mound – the remains of a motte and bailey castle. Follow the path round to the R,



through a ford, and back along the far side of the ravine, passing two gates.

- 4** Keep to the main track along the woodland ridge, eventually coming to the second old castle – a romanticised ruin. Just past the castle, look out for a set of steps on the R, opposite an information board, then turn L at the bottom.
- 5** Keep to the main path and don't cross the beck. You'll pass a tunnel, a bridge, a woodsman's shed and a sawmill, before emerging in bustling Sandsend. Bend L and walk along the seafront or the beach to get to Lythe Bank bottom car park.
- 6** Climb the steep steps at the far end of the car park, then follow the cliff path past the old alum mine
- 7** At a blocked-off railway tunnel, take a steep path leading up through trees. You'll emerge higher up on the cliff. After a few minutes, look out for a L turn signposted to Lythe.
- 8** Go over a stile into a wooded ravine, then climb back up into fields again, going R round the front of Deepgrove Farm, then L up the farm track, which will lead you back into Lythe.



Walked this route?
Rate and review it online at ramblers.org.uk/routes