

# COMMUNITY BULLETIN

ST. DEMETRIOS GREEK ORTHODOX CHURCH / MANITOBA HELLENIC CULTURAL CENTRE

ΕΛΛΗΝΙΚΗ ΚΟΙΝΟΤΗΤΑ ΓΟΥΙΝΝΙΠΕΓΚ / GREEK COMMUNITY OF WINNIPEG

*As You were baptized in the Jordan, O Lord, then the worship of the Trinity became manifest, for the voice of the Father bore witness to You, naming You the Beloved Son; and the Spirit, in the form of a dove, confirmed the certainty of the word. O Christ God, who appeared and illumined the world, glory to You.*

*Ἐν Ἰορδάνῃ βαπτιζομένου σου Κύριε, ἡ τῆς Τριάδος ἐφανερώθη προσκύνησις· τοῦ γὰρ Γεννήτορος ἡ φωνὴ προσεμαρτύρει σοι, ἀγαπητόν σε Υἱὸν ὀνομάζουσα· καὶ τὸ Πνεῦμα ἐν εἴδει περιστεῶς, ἐβεβαίον τοῦ λόγου τὸ ἀσφαλές. Ὁ ἐπιφανείς Χριστὲ ὁ Θεός, καὶ τὸν κόσμον φωτίσας δόξα σοι.*



## JANUARY 2024 ΙΑΝΟΥΑΡΙΟΣ

Issue #169

# St. Demetrios Greek Orthodox Community

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**Parish Priest (Ιερέας):** Rev. Fr. Nikolaos Tambakis (cell 204-333-3572)  
([ntambakis@hotmail.com](mailto:ntambakis@hotmail.com))

**Deacon:** Rev. Deacon Dr. John Karvelas ([deacon.john@shaw.ca](mailto:deacon.john@shaw.ca))

**Community President (Πρόεδρος):** Angie Houvardas ([ahouvardas@me.com](mailto:ahouvardas@me.com) / leave a message with the church administrator at 204-889-8723)

**Ladies of Philoptochos:** Dina Coutris-Hrousalas ([philoptochoswpg@gmail.com](mailto:philoptochoswpg@gmail.com))

**Greek School:** Principal - Olympia Tzikaliou ([olympiatzikaliou@gmail.com](mailto:olympiatzikaliou@gmail.com))  
Vice Principal - Agapi Ortaxidou  
Greek School Parents Association ([greekschoolwpg@gmail.com](mailto:greekschoolwpg@gmail.com))

**Met Youth Winnipeg:** Evan Berdesis (president elect) ([evgeb@yahoo.com](mailto:evgeb@yahoo.com))

**Jr. GOYA Coordinator:** Eleni Athanasopoulos

**Sunday School Co-Directors:** Maria Danakas & Sofia Fliangos ([saintdem.ss@gmail.com](mailto:saintdem.ss@gmail.com))

**Church Choir:** Nefeli Coutris (431-588-5043)

**Seniors Group "Forever Young" (55+):** Vana Aglogallos (204-694-0052)

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**AHEPA:** Peter Ginakes (204-997-4024 / [peteginakes@hotmail.com](mailto:peteginakes@hotmail.com))

**Daughters of Penelope:** Vasiliki Charalabopoulos (204-330-1507 / [Vicky.dimitri@gmail.com](mailto:Vicky.dimitri@gmail.com))

**Cypriot Association:** Kyriacos Christodoulides (204-999-1670 / [koullischrist@hotmail.com](mailto:koullischrist@hotmail.com))

**Hellenic Professional Association:** Mike Houvardas ([bigisland@mts.net](mailto:bigisland@mts.net))

**Kefi Greek Folk Dancers of Manitoba (Junior & Senior):** Athena Dinos ([athena2@mymts.net](mailto:athena2@mymts.net))

**Sons of Pericles:** Stelios Constantinides ([steliocon@gmail.com](mailto:steliocon@gmail.com)) / Advisor: Mike Houvardas

**Maids of Athena:** Eleni Athanasopoulos ([maidswpg@gmail.com](mailto:maidswpg@gmail.com))

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**Greek Orthodox Archdiocese of Canada:** 1-416-429-5757 ([metropolis@gometropolis.org](mailto:metropolis@gometropolis.org))

**Canadian Hellenic Congress of Manitoba:** Harris Liontas (204-941-0481 / [hliontas@novra.com](mailto:hliontas@novra.com))

**Greek Consulate General in Toronto:** 1-416-515-0132 ([toronto@mfa.gr](mailto:toronto@mfa.gr))

**Embassy of Greece in Ottawa:** 1-613-238-6271 ([gremb.otv@mfa.gr](mailto:gremb.otv@mfa.gr))

**High Commission of the Republic of Cyprus:** 1-613-563-9763 / Fax +1-613-563-1953  
150 Metcalfe St. Suite 1002, Ottawa ON, K2P 1P1

# St. Demetrios Church Office / Το Γραφείο της Εκκλησίας

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## Priest Office Hours

By appointment.

## Church Office Hours

**Monday - Thursday (Δευ. - Περμ.): 10:00 am/πμ - 2:00 pm/μμ**

Friday to Sunday (Παρ. έως Κυρ.): the office is closed / το γραφείο είναι κλειστό

Executive Assistant: Sharon McDonald (204-889-8723 / [greekcom@mymts.net](mailto:greekcom@mymts.net))

**Everyone that comes in the building has to check in with the Office.**

**Παρακαλούνται όλοι όσοι έρχονται στα κτίρια της Κοινότητας να ενημερώνουν το γραφείο της Κοινότητας.**

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## **TO ALL CHURCH MEMBERS:**

**Please inform the Office (204-889-8723 / [greekcom@mymts.net](mailto:greekcom@mymts.net)) of any changes to your mailing address, email address, and personal details.**

If you would like to receive electronic Church and Community notices, as well as the Community Bulletin **emailed** to you each month, please send your email information to the church office and we will sign you up for the mass emails as soon as we can! If you had previously signed up to receive emailed Church and Community notices, but are not receiving any Church or Community emails, please contact the Church office to confirm your email information.

## ***St. Demetrios Greek Orthodox Church of Winnipeg***

*2255 Grant Avenue ~ Winnipeg, Manitoba R3P 0S2*

*ph: 204-889-8723 ~ fax: 204-837-4340 ~ e-mail: [greekcom@mymts.net](mailto:greekcom@mymts.net)*

*Facebook: [St. Demetrios Winnipeg](#) | YouTube: [St. Demetrios GOC Winnipeg](#)*

*website: <https://stdemetrioschurch.ca/>*

***Printing of this month's bulletin generously donated by  
Jim Hrousalas and family***

# Community Board of Directors / Διοικητικό Συμβούλιο

## 2024 COMMUNITY BOARD MEMBERS (existing)

Nick Apostolopoulos, Jim Dafnis, David Golas, Angie Houvardas, Jim Limberatos, Demos Louizos, Bill Nathanail, Peter Philopulos.

## **Congratulations to our NEWEST members of the Board of Directors:**

Peter E Anandranistakis, Dino Apostolopoulos, Sofia Fliangos, George Serafeim, Sam Vagianos, Mike Vogiatzakis.

## **Thank you to the outgoing Board members for their years of dedication and service to our community:**

Tom Alevizos, Jim Hrousalas, Vetta Simeonidis.

## 2024 EXECUTIVE COMMITTEE - To Be Announced

## 2024 BOARD COMMITTEE CHAIRS - To Be Announced

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- \* Members in Good Standing who would like to be on the Board of Directors may contact the Church office at any time to express their interest. As per the General Bylaw, elected directors of the Board serve one (1) three-year term, and may be re-elected for another three-year term. However, **Board directors shall not serve more than two (2) consecutive terms - total of 6 years.**
- Community members not appointed to the Board of Directors may volunteer their time on any Board committees that need volunteers.

We encourage community members who may be interested in serving our church and community by working on the Board (and help fill vacancies) to contact our office, 204-889-8723.

Ενθαρρύνουμε τα μέλη της κοινότητας που μπορεί να ενδιαφέρονται να υπηρετήσουν την εκκλησία και την κοινότητά μας εργαζόμενοι στο Διοικητικό Συμβούλιο (και βοηθώντας να καλύψουμε κενές θέσεις) να επικοινωνήσουν με το γραφείο μας, 204-889-8723

# Our Community Membership

## MEMBERSHIP FEES for 2024

**Young Adult** (19 to 25 y.o.): **\$50.00** • **Individual** (26 to 64 y.o.): **\$250.00**

**Family: \$325.00** • **Senior Individual** (65+ y.o.): **\$150.00** • **Senior Family: \$225.00**

*(Membership may be paid by cheque, cash, debit, Visa or Mastercard, or automatic renewal)*

## PAID MEMBERSHIPS for 2023 (as of 19 December 2023)

LIFE MEMBER: John Philopoulos

|        |         |                |         |         |
|--------|---------|----------------|---------|---------|
|        |         |                | mem 213 | mem 297 |
|        |         |                | mem 214 | mem 299 |
|        |         |                | mem 217 | mem 309 |
| mem 2  | mem 59  | mem 138        | mem 220 | mem 310 |
| mem 7  | mem 60  | mem 141        | mem 222 | mem 311 |
| mem 9  | mem 63  | mem 142        | mem 224 | mem 315 |
| mem 10 | mem 65  | mem 143        | mem 230 | mem 317 |
| mem 11 | mem 66  | mem 147        | mem 232 | mem 319 |
| mem 12 | mem 73  | mem 150        | mem 233 | mem 320 |
| mem 19 | mem 80  | mem 153        | mem 234 | mem 322 |
| mem 25 | mem 82  | mem 154        | mem 236 | mem 323 |
| mem 26 | mem 86  | mem 155        | mem 237 | mem 324 |
| mem 28 | mem 87  | mem 158        | mem 238 | mem 326 |
| mem 32 | mem 89  | mem 160        | mem 240 | mem 327 |
| mem 33 | mem 90  | mem 163        | mem 241 | mem 328 |
| mem 34 | mem 91  | mem 164        | mem 242 | mem 337 |
| mem 37 | mem 95  | mem 168        | mem 248 | mem 339 |
| mem 38 | mem 99  | mem 169        | mem 249 | mem 340 |
| mem 40 | mem 101 | mem 170        | mem 250 | mem 341 |
| mem 41 | mem 102 | mem 176        | mem 265 | mem 346 |
| mem 43 | mem 103 | mem 186        | mem 269 | mem 347 |
| mem 45 | mem 105 | mem 188        | mem 271 | mem 350 |
| mem 47 | mem 106 | mem 192        | mem 273 | mem 353 |
| mem 50 | mem 107 | mem 197        | mem 276 | mem 357 |
| mem 51 | mem 108 | mem 203        | mem 281 | mem 358 |
| mem 53 | mem 112 | mem 204        | mem 285 | mem 366 |
| mem 54 | mem 114 | mem 206        | mem 288 | mem 368 |
| mem 56 | mem 115 | mem 210 & 1313 | mem 290 | mem 370 |
| mem 57 | mem 126 | mem 211        | mem 296 |         |

*(continued on page 6)*

# Our Community Membership

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**Total Paid  
Memberships: 292**

*Thank you!*  
*Σας ευχαριστούμε!*

**Membership is very important. Support your church and community - please remember to pay your membership today!**

**Το να είστε μέλη στην Κοινότητα μας είναι πολύ σημαντικό. Υποστηρίξτε την Εκκλησία και την Κοινότητα μας - Παρακαλώ, θυμηθείτε να πληρώσετε τη συμμετοχή σας σήμερα!**





# **CROSS DIVE** **THEOPHANY**

**SUNDAY, JANUARY 7th, 2024**

**12:30 pm**

**St. James Centennial Pool, 644 Parkdale Street**

**Group 1: ages 7-11 • Group 2: ages 12 -15**

**Group 3: ages 16-18 • Group 4: 18+**

***Call the office at 204-889-8723 to register before January 5, 2024***

# Message from the Community President

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A Blessed Happy New Year to you all!

As we embark upon a new year, I am filled with hope and optimism for what this year will bring for the St Demetrios Greek Community.

I would like to begin by extending a warm welcome the newest members of the Board of Directors as well as our returning members. Your expertise and commitment to growing our community are invaluable contributions to the success of St Demetrios. Thank you for your dedication and willingness to serve in this important capacity.

I would like to express our sincerest gratitude to Father Nikolaos Tambakis, whose dedication to our community does not go unnoticed. Your tireless efforts, compassion and spiritual guidance have had a profound impact on our community. Thank you for being a beacon of support, wisdom and inspiration.

I would like to take a moment to express our deepest appreciation for the incredible work of The Ladies of Philoptochos. Your commitment to supporting the compassionate side of our community has touched many lives and has become a source of inspiration for our community. Thank you for the countless ways in which you contribute to St Demetrios.

I would like to thank the Greek School Principals and Teachers for the important role they play in preserving our language and cultural traditions. Your commitment to education contributes to growing our community. Thank you for nurturing the next generation and instilling in our youth a sense of pride and identity.

I would like to acknowledge the Sunday School Principal and Teachers, whose commitment to imparting the values and teaching of our faith is truly commendable. Thank you for your unwavering dedication, compassion and wisdom that you share with those you educate.

Finally, it is only fitting to extend our gratitude and appreciation to all community groups and volunteers who contribute to our vibrancy. Each and every one of you plays a crucial role in shaping St Demetrios and the Greek Community. Your collective contributions make our community a better place for everyone. Thank you for your dedication, enthusiasm and precious time.

St Demetrios Greek Community is evolving. Exciting initiatives are being planned; which we will be sharing with you over the next few months.

As we move into 2024, let's embrace the opportunity to work hand in hand realizing our vision for a thriving and connected community.

With heartfelt gratitude,

Angie Houvardas  
President

St Demetrios Greek Orthodox Community of Winnipeg



# CHILDREN IN THE DIVINE LITURGY AT ST DEMETRIOS GREEK ORTHODOX CHURCH

## To the members of our Community:

The presence of children is a gift to the Church and a reminder that our Community is growing. Please welcome our children and give a smile of encouragement to their caregivers. Remember that the way we welcome children in the Church directly affects the way they respond to the Church, to Christ, and to one another. Let them know they are home! It is up to us to either encourage our children and young families or chase them away.

## To the caregivers of our young children:

Sit somewhere where it is easier for your little ones to see and hear what is going on - even if that means you sit at the front. We know how hard it is to have small children in Liturgy. Please don't be discouraged. We love you and want you here.

Quietly explain the Liturgy to your children:

### ***The Small Entrance***

The Gospel (the Good News) coming into the world

### ***The Epistle and Gospel Readings***

Our message for the day

### ***The Sermon/Homily***

The clergy speaks about the Bible readings, the Saints, and the Holy Days

### ***The Offering (Anaphora)***

Bowing to our King and offering Him our gifts, that He may change them into His Body and Blood and offer them back to us

### ***Holy Communion***

Christ is in us and we are in Him

Sing the hymns, pray, and voice the responses with the chanters and the choir.

Children learn liturgical behaviour by copying you. Remember that we are here to worship Christ. If you have to temporarily leave the service with your child, feel free to use our "crying room", but please come back when your child calms down.

*As Christ said, "Let the children come to Me."*

Also, we encourage you to visit the church with your children on days when there is no service, so you can explain to them a few things about the church.

# † JANUARY 2024 CHURCH SERVICES †

| <u>Date</u>  | <u>Service</u>                                                                                                                                                                                             |
|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Mon. 01 Jan. | <b>CIRCUMCISION OF OUR LORD / ST. BASIL THE GREAT</b><br>(Matins: 9:00 am / Divine Liturgy of St. Basil the Great: 10:00 am)                                                                               |
| Fri. 05 Jan. | <b>FOREFEAST OF THE THEOPHANY OF OUR LORD</b><br>(Vesperal Divine Liturgy of St. Basil the Great: 9:00 am, and the Service of the Blessing of the Waters at Theophany)                                     |
| Sat. 06 Jan. | <b>HOLY THEOPHANY OF OUR LORD</b><br>(Matins: 9:00 am / Divine Liturgy and the Service of the Blessing of the Waters at Theophany: 10:00 am)                                                               |
| Sun. 07 Jan. | <b>SUNDAY AFTER THEOPHANY / SYNAXIS OF ST. JOHN THE FORERUNNER AND BAPTIST</b> (**Matins: 8:45 am / Divine Liturgy: 10:00 am**) <i>THEOPHANY CROSS DIVE – 12:30 pm, Centennial Pool (644 Parkdale St.)</i> |
| Sun. 14 Jan. | <b>LEAVETAKING OF THE THEOPHANY OF OUR LORD AND SAVIOUR JESUS CHRIST</b> (Matins: 9:00 am / Divine Liturgy: 10:15 am)                                                                                      |
| Wed. 17 Jan. | <b>ST. ANTHONY THE GREAT</b> (Matins: 9:00 am / Divine Liturgy: 10:00 am)                                                                                                                                  |
| Sun. 21 Jan. | <b>12th SUNDAY OF LUKE / ST. MAXIMUS THE CONFESSOR</b><br>(Matins: 9:00 am / Divine Liturgy: 10:15 am)                                                                                                     |
| Tue. 23 Jan. | <b>PARAKLESIS - ST. XENIA OF PETERSBURG</b> (6:00 pm)                                                                                                                                                      |
| Sun. 28 Jan. | <b>15th SUNDAY OF LUKE / ST. EPHRAIM THE SYRIAN</b><br>(Matins: 9:00 am / Divine Liturgy: 10:15 am)                                                                                                        |
| Tue. 30 Jan. | <b>THE THREE HIERARCHS - STS BASIL THE GREAT, GREGORY THE THEOLOGIAN AND JOHN CHRYSOSTOM</b><br>(Matins: 9:00 am / Divine Liturgy: 10:00 am)                                                               |

## MEMORIALS

- Sun. 14 Jan. **Memorial:** EVDOKIA KILOPOULOS - 40 days
- Sun. 28 Jan. **Memorial:** NIKOLAOS BOUTROUKAS - 1 year (coffee in MHCC)

# † ΑΚΟΛΟΥΘΙΕΣ ΓΙΑ ΤΟΝ ΙΑΝΟΥΑΡΙΟ 2024 †

| <u>Ημερ.</u> | <u>Ακολουθία</u>                                                                                                                                                                                           |
|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Δευ. 01 Ιαν. | <b>ΠΕΡΙΤΟΜΗ ΙΗΣΟΥ ΧΡΙΣΤΟΥ / ΑΓΙΟΥ ΒΑΣΙΛΕΙΟΥ ΤΟΥ ΜΕΓΑΛΟΥ</b><br>(Όρθρος: 9:00 πμ / Θεία Λειτουργία Μεγάλου Βασιλείου: 10:00 πμ)                                                                             |
| Παρ. 05 Ιαν. | <b>ΠΡΟΕΟΡΤΙΑ ΘΕΟΦΑΝΕΙΩΝ</b><br>(Εσπερινή Θεία Λειτουργία Μεγάλου Βασιλείου: 9:00 πμ, και ακολουθία Μεγάλου Αγιασμού)                                                                                       |
| Σαβ. 06 Ιαν. | <b>ΤΑ ΑΓΙΑ ΘΕΟΦΑΝΕΙΑ ΤΟΥ ΚΥΡΙΟΥ</b><br>(Όρθρος: 9:00 πμ / Θεία Λειτουργία και ακολουθία Μεγάλου Αγιασμού: 10:00 πμ)                                                                                        |
| Κυρ. 07 Ιαν. | <b>ΚΥΡΙΑΚΗ ΜΕΤΑ ΤΩΝ ΦΩΤΩΝ / ΣΥΝΑΞΙΣ ΙΩΑΝΝΟΥ ΤΟΥ ΠΡΟΔΡΟΜΟΥ ΚΑΙ ΒΑΠΤΙΣΤΟΥ</b> (** Όρθρος: 8:45 πμ / Θεία Λειτουργία: 10:00 πμ **)<br><b>ΓΙΟΡΤΗ ΘΕΟΦΑΝΕΙΩΝ – 12:30 μμ, Centennial Pool (644 Parkdale St.)</b> |
| Κυρ. 14 Ιαν. | <b>ΑΠΟΔΟΣΙΣ ΤΩΝ ΑΓΙΩΝ ΘΕΟΦΑΝΕΙΩΝ</b><br>(Όρθρος: 9:00 πμ / Θεία Λειτουργία: 10:15 πμ)                                                                                                                      |
| Τετ. 17 Ιαν. | <b>ΑΓΙΟΥ ΑΝΤΩΝΙΟΥ ΤΟΥ ΜΕΓΑΛΟΥ</b> (Όρθρος: 9:00 πμ / Θεία Λειτουργία: 10:00 πμ)                                                                                                                            |
| Κυρ. 21 Ιαν. | <b>ΚΥΡΙΑΚΗ ΙΒ' ΛΟΥΚΑ / ΑΓΙΟΣ ΜΑΞΙΜΟΣ ΟΜΟΛΟΓΗΤΗΣ</b><br>(Όρθρος: 9:00 πμ / Θεία Λειτουργία: 10:15 πμ)                                                                                                       |
| Τρι. 23 Ιαν. | <b>ΜΙΚΡΑΣ ΠΑΡΑΚΛΗΣΕΩΣ ΟΣΙΑ ΞΕΝΗ ΤΗΣ ΠΕΤΡΟΥΠΟΛΕΩΣ</b> (6:00 μμ)                                                                                                                                             |
| Κυρ. 28 Ιαν. | <b>ΚΥΡΙΑΚΗ ΙΕ' ΛΟΥΚΑ / ΟΣΙΟΣ ΕΦΡΑΙΜ Ο ΣΥΡΟΣ</b><br>(Όρθρος: 9:00 πμ / Θεία Λειτουργία: 10:15 πμ)                                                                                                           |
| Τρι. 30 Ιαν. | <b>ΤΩΝ ΤΡΙΩΝ ΙΕΡΑΡΧΩΝ - ΒΑΣΙΛΕΙΟΥ ΤΟΥ ΜΕΓΑΛΟΥ, ΓΡΗΓΟΡΙΟΥ ΤΟΥ ΘΕΟΛΟΓΟΥ, ΚΑΙ ΙΩΑΝΝΟΥ ΤΟΥ ΧΡΥΣΟΣΤΟΜΟΥ</b><br>(Όρθρος: 9:00 πμ / Θεία Λειτουργία: 10:00 πμ)                                                    |

## ΜΝΗΜΟΣΥΝΑ

- Κυρ. 14 Ιαν. **Μνημόσυνο:** ΕΥΔΟΚΙΑ ΚΙΛΟΠΟΥΛΟΥ - 40 ημέρες
- Κυρ. 28 Ιαν. **Μνημόσυνο:** ΝΙΚΟΛΑΟΣ ΜΠΟΥΝΤΡΟΥΚΑΣ - 1ς χρόνος (κάφε στο ΜΗCC)

# 2024 JANUARY MEETINGS & EVENTS

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**Greek School**  
9:00 am - 12:30 pm

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Saturday 13 Jan.  
Saturday 20 Jan.  
Saturday 27 Jan.

**Sunday School**  
after communion - 12:30

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Sunday 14 Jan.  
Sunday 21 Jan.  
Sunday 28 Jan.

**Junior Kefi**  
@ 5:45 - 7:00 pm

Sunday 07 Jan.  
Sunday 14 Jan.  
Sunday 21 Jan.  
Sunday 28 Jan.

**Senior Kefi:** Thurs. @ 8:30 - 10:00 pm / Sun. @ 7:00 - 9:00 pm

**Adult Kefi** (casual dance class) – 1st and 3rd Thursday each month @ 7:30 - 8:30 pm

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Sun. **07 Jan.**    **THEOPHANY CROSS DIVE** - 12:30 pm, Centennial Pool (644 Parkdale St.)

Tue. **09 Jan.**    Community Board of Directors monthly meeting - 7:00 pm, MHCC

Wed. **10 Jan.**    Ladies of Philoptochos monthly meeting - 7:00 pm, MHCC

Thu. **11 Jan.**    AHEPA & Daughters of Penelope meeting - 7:00 pm, Church Main Hall

Sun. **14 Jan.**    **Maids of Athena BINGO! #1** - 1:00 to 3:00 pm, MHCC

Tue. **16 Jan.**    Seniors 55+ "Forever Young" Gathering - 12:00 pm, MHCC

Sun. **21 Jan.**    **KEFI PANCAKE BREAKFAST FUNDRAISER & Jr. KEFI PERFORMANCE** - after  
Divine Liturgy, Main Hall

Sun. **21 Jan.**    **Sons of Pericles BACKGAMMON TOURNAMENT** - 1:00 - 4:00 pm, MHCC

Sun. **28 Jan.**    **GREEK SCHOOL THREE HIERARCHS CELEBRATION** - after Divine Liturgy

## SAVE THE DATE FOR FEBRUARY 2024:

Sun. **11 Feb.**    **Maids of Athena BINGO! #2** - 1:00 to 3:00 pm, MHCC

Sun. **18 Feb.**    **Ladies of Philoptochos LOUKOUMADES** - after Divine Liturgy

# ΣΥΝΕΔΡΙΑΣΕΙΣ & ΓΕΓΟΝΟΤΑ ΙΑΝΟΥΑΡΙΟΣ 2024

Ελληνικό Σχολείο  
9:00 πμ - 12:30 μμ

-----  
Σάββατο 13 Ιαν.  
Σάββατο 20 Ιαν.  
Σάββατο 27 Ιαν.

Κατηχητικό Σχολείο  
μετά τη Θ. Κοινωνία - 12:30

-----  
Κυριακή 14 Ιαν.  
Κυριακή 21 Ιαν.  
Κυριακή 28 Ιαν.

ΚΕΦΙ Γυμνάσιο  
@ 5:45 - 7:00 μμ

Κυριακή 07 Ιαν.  
Κυριακή 14 Ιαν.  
Κυριακή 21 Ιαν.  
Κυριακή 28 Ιαν.

**ΚΕΦΙ:** Πεμπ. @ 8:30 - 10:00 μμ / Κυρ. @ 7:00 - 9:00 μμ

**Adult Kefi** (casual dance class) – 1η και 3η Πέμπτη κάθε μήνα @ 7:30 - 8:30 μμ

- Κυρ. 07 Ιαν. **ΓΙΟΡΤΗ ΘΕΟΦΑΝΕΙΩΝ** - 12:30 μμ, Centennial Pool (644 Parkdale St.)
- Τρι. 09 Ιαν. Το Συμβουλίου συνεδρίαση - 7:00 μμ, MHCC
- Τετ. 10 Ιαν. Κυρίες της Φιλοπτώχου συνεδρίαση - 7:00 μμ, MHCC
- Τρι. 11 Ιαν. ΑΧΕΠΑ & Θυγατέρες της Πηνελόπης συνεδρίαση - 7:00 μμ, αίθουσα της Εκκλησίας
- Κυρ. 14 Ιαν. **Maids of Athena BINGO! #1** - 1:00 to 3:00 μμ, MHCC
- Τρι. 16 Ιαν. Οι Ηλικιωμενοι 55+ «Για Παντα Νεο» - 12:00 μμ, MHCC
- Κυρ. 21 Ιαν. **KEFI PANCAKE BREAKFAST FUNDRAISER & Jr KEFI PERFORMANCE** - μετά τη Θ. Λειτουργία, αίθουσα της Εκκλησίας
- Κυρ. 21 Ιαν. **Sons of Pericles ΤΟΥΡΝΟΥΑ ΤΑΒΛΙΟΥ** - 1:00 - 4:00 μμ, MHCC
- Κυρ. 28 Ιαν. **GREEK SCHOOL THREE HIERARCHS CELEBRATION** - μετά τη Θ. Λειτουργία

## ΣΗΜΕΙΩΣΤΕ ΤΗΝ ΗΜΕΡΟΜΗΝΙΑ ΓΙΑ ΦΕΒΡΟΥΑΡΙΟΣ 2024:

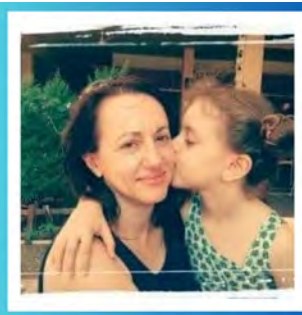
- Κυρ. 11 Φεβ. **Maids of Athena BINGO! #2** - 1:00 to 3:00 μμ, MHCC
- Κυρ. 18 Φεβ. **Κυρίες της Φιλοπτώχου ΛΟΥΚΟΥΜΑΔΕΣ** - μετά τη Θεία Λειτουργία,



# Greek School Corner



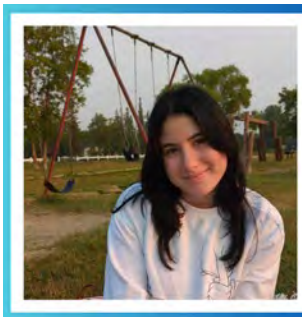
We would like to thank Philoptochos and the Greek community for their donation of \$350 to Greek School for recognition of the parent volunteers at Folklorama this past summer. A Big Thank you to all the community for coming out on December 17th and supporting our little ones! Your generosity in donations, and participation in our fundraising efforts is so appreciated!



## Meet the Teacher Series:

My name is **Georgia Charitou**, and I am the grade 5 -6A teacher. I have been a teacher at St. Demetrios Greek School since 2019, and I'm energetic about assisting my students with meeting our Greek language and culture. I was brought up in Greece and moved to Canada quite a while back, almost four years. I graduated from the Italian Institute of Athens with a four-year diploma in Italian language and culture, and currently, I work for the University of Manitoba.

My working experience includes more than fifteen years of teaching experience in the education of Italian and Greek languages, teaching both children and adult learners. In Greece, I worked for over twenty-five years in the Greek government administration and finance departments as an administrative and financial officer. I like travelling and reading with extra energy and love investing time with my husband and our four incredible children.



My name is **Asimena Protsiou** and this will be my fourth year with Greek School! I love being part of my community in such an important way. My favorite aspect of Greek School is seeing children be excited to learn and be with their friends. Here are some facts about me!

**Favorite Food-** Anything that has pasta in it!!

**Favorite Song-** To kokkino foustani (Arvanitaki)

**Favorite Subject-** English

**Favorite Hobby/ Pastime -** Being with friends and family

**Favorite City to Visit -** Thessaloniki (I may be biased.. :).)



**We invite you to our Three Hierarchs**

**Coffee Service on January 28th in the church hall. Please save the date!**

**Follow us on Instagram for more day to day Greek School Activities and Programming!**



# SUNDAY SCHOOL

---

## WELCOME TO SUNDAY SCHOOL!

OPEN TO ALL CHILDREN FROM AGES 4 AND UP ARE WELCOME. WE HAVE A UNIVERSITY AGED CLASS FOR STUDENTS 18 AND UP.

CLASSES BEGIN FOLLOWING HOLY COMMUNION (APPROXIMATELY 11:45 A.M.)  
DISMISSAL IS AT 12:30 P.M.

**Sunday School classes resume  
January 14, 2024**

**THIS PROGRAM IS FREELY OFFERED AND OPEN TO  
ALL CHILDREN IN OUR COMMUNITY AND BEYOND!  
BRING A FRIEND!**

For any questions regarding our Sunday School program, please contact the Sunday School Co-Directors Maria Danakas & Sophia Fliangos at [saintdem.ss@gmail.com](mailto:saintdem.ss@gmail.com)



# KEFI CORNER

## PRACTICE TIMES

Seniors: Sun. 7pm-9pm

Thurs 8:30pm-10pm

Juniors: Sun. 5:45pm – 7pm

Adult: Thurs 7:30pm – 8:30pm



## PRACTICE RESUMES JAN 7, 2024

Have you ever secretly wished you could perform at the  
Greek Pavilion?

Well, you can! Join one of our groups this January and be part of the  
fun! To learn more visit our website [www.kefimanitoba.ca](http://www.kefimanitoba.ca) or email us at  
[kefimanitoba@gmail.com](mailto:kefimanitoba@gmail.com)

## KEFI Fundraiser

SUN, JAN 21, 2024

MAIN HALL

(following liturgy)

*Includes a Junior Dance  
Performance*



# Νέα της Φιλοπτώχου Κ.Τ.Φ.



## Μεγάλο ευχαριστώ...

Θα θέλαμε να δώσουμε ένα μεγάλο ευχαριστώ από καρδιάς στην κοινότητά μας, που μας υποστηρίζετε, αγοράζοντας τα Χριστουγεννιάτικα γλυκά μας και απαντώντας στο κουδουνάκι, μετά την Θεία Λειτουργία.

Οι συνεισφορές σας, κάνουν την διαφορά, στις ζωές των ανθρώπων στην κοινότητα μας, στο Winnipeg και εκτός της πόλης μας.



## Επερχόμενα

- 10 Ιανουαρίου – Συνάντηση της φιλοπτώχου
- 18 Φεβρουαρίου – Αγία Φιλοθέη ΛΟΥΚΟΥΜΑΔΕΣ

## Καλη Χρονιά!

Τι υπέροχη χρονιά ήταν αυτή. Είμαστε πολύ ευλογημένοι που έχουμε μία τόσο ενεργητική ομάδα εθελοντών! Περιμένουμε με ανυπομονησία, μια καινούργια χρονιά, με ανανεωμένη ενέργεια, και το φιλανθρωπικό μας ταξίδι να συνεχίσει να έχει ένα θετικό αντίκτυπο, το 2024. Μαζί, ας συνεχίσουμε στον δρόμο της οικοδόμησης νέων δεσμών, σχέσεων και φιλίας, ανάμεσα στην κοινότητα μας.

Ντίνα Χρυσάλας  
Πρόεδρος



# L.O.P.



## Big



We would like to give a heartfelt thank you to the community for supporting our philanthropic initiatives by purchasing our Christmas Baking and answering the call of the bell after liturgy... Your contributions make a difference in the lives of people in our community, Winnipeg and abroad.



## Upcoming

- Jan. 10 Meeting
- Feb.18 -St. Philothei



philoptochoswpg

# HAPPY New Year

What a year! We are so blessed to have an energetic chapter of philanthropists! We look forward to a New Year of renewed energy!

May our philanthropic journey continue to make a positive impact in 2024. Together, let's shine the light of love and support, creating a year of shared friendships and collaboration in the community.

Dina Hrousalas  
President



# Prayer, Funeral or Memorial

The Ladies of Philoptochos provide the following services to grieving families:

**Koliva and Prosfora** **\$225**  
*Needed for the Memorial Service*

**Coffee, Tea, Juice, Paximadia and Koulourakia** **\$300**  
*Served after the Memorial Service in our Church Basement*  
*There is an additional \$50 charge for serving sandwiches*

**To book, please contact one of the following ladies:**

**Nikoletta Mattheos**  
(204) 232-7657

**Vicky Scouras**  
(204) 955-0235

**Demetra Hajidiacos**  
(204) 791-2564

## What do I bring to a Sunday Memorial?

*Please have everything delivered and in place by 10 a.m.*

### **Church Service:**

Flowers, Picture, Olive Oil, Mavrodaphne Wine

### **Reception:**

Metaxa & Sandwiches (optional)

***Questions? Please feel free to ask. We are here to help.***

# AHEPA Family



## WINNIPEG CHAPTERS

“Order of AHEPA Polikos Aster Chapter CJ8 Inc.” established in 1930  
Daughters of Penelope Elysia Chapter 124 formed in 1944  
Sons of Pericles Chapter CJ10 and  
Maids of Athena Chapter Olympia 229 organized in the 1970s



## Η ΑΧΕΠΑ ΣΤΗ ΜΑΝΙΤΟΜΠΑ / ΑΗΕΡΑ IN MANITOBA

Η ΑΧΕΠΑ ιδρύθηκε το 1922 στις ΗΠΑ, οργανώθηκε στον Καναδά το 1928 και στην Μανιτόμπα το 1930. Έχει μακρά και πλούσια ιστορία με σημαντικά επιτεύγματα για τον ελληνισμό του Καναδά, της Αμερικής, της Αυστραλίας, της Κύπρου και της Ελλάδας και για τις κοινωνίες σ'αυτές τις χώρες. Το έργο της ΑΧΕΠΑ συνεχίζεται με υποστήριξη για την Ορθοδοξία, την ελληνική γλώσσα, τον ελληνικό πολιτισμό και την φιλανθρωπία. Όλοι είναι ευπρόσδεκτοι να προσφέρουν στο σπουδαίο αυτό έργο.

The mission of AHEPA in Canada, which is shared by the Winnipeg Chapters, is to promote Hellenism, Education, Philanthropy, Civic Responsibility, Family and Individual Excellence. The main objectives of AHEPA are to promote mutual understanding between Hellenic and other Canadians, preserve and promote Hellenic culture and language while encouraging its members to participate in the civic and commercial life of our society. AHEPA strives to improve the human condition through its support of numerous charitable causes. While pursuing the above ideals, AHEPA encourages loyalty to Canada and respect for its traditions, discourages the interference of any religion in governmental affairs, and provides links with Hellenic people in Greece (Hellas) and the Diaspora.

***Join us to make a difference!  
Ελάτε να κάνουμε την διαφορά!!***

Websites: [www.ahepacanada.org](http://www.ahepacanada.org) or [www.ahepa.org](http://www.ahepa.org).

## **UPCOMING EVENTS:**

The next AHEPA meeting is scheduled for Thursday, January 11th, 2024  
in the Church Main Hall at 7:00 pm with the Daughters of Penelope.



# Daughters of Penelope

Established in 1929

**The Daughters of Penelope uphold the traits of ...**  
Kindness, Tolerance,  
Unselfishness, Truth, Goodness,  
Beauty, Self-Improvement,  
Purity, Loyalty and Patience.



**The Daughters of Penelope promotes ...**  
Family & Individual Excellence  
Civic Responsibility  
Philanthropy, Hellenism  
Education

***Do you want to make a difference? "INSPIRE"***

## **OBJECTIVES**

The objectives of the Daughters of Penelope are to encourage and promote loyalty to the community in which they live, cultivate the ideals and traditions of Hellenism, promote opportunities of education, and promote the spirit of cooperation while working closely and in harmony with the entire AHEPA Family.

The Daughters of Penelope not only help through monetary contributions, they contribute countless hours to volunteer in hospitals, seniors citizen's homes, women's and daycare centres. Further they organize educational seminars, award scholarships, sponsor housing and women's shelters, help the less fortunate, support their local church, and make a huge difference in their community.

**Happy New Year! Καλη Χρονιά!**

**The next Daughters of Penelope will be meeting  
Thursday, JANUARY 11th, 2024.**

Ελατε να κανουμε την διαφορα!! Με την βοηθεια τη δικια σας και του Θεου ελατε να γινει το εργο μας πιο δυναμικο και αποτελεσματικο. ΕΥΧΑΡΙΣΤΟΥΜΕ

*Vasiliki Charalabopoulos (President Winnipeg Chapter)*

# AHEPA Family

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## Maids of Athena (Olympia 229 Winnipeg MB)

Maids of Athena is a philanthropic group for young women between the ages of 14 and 24. We are always looking for new members! For more information about joining, please contact [maidswpg@gmail.com](mailto:maidswpg@gmail.com) or message us on Instagram @maidsofathenawpg.

Maids of Athena is starting up their **Bingo Bash** after church for the new year! The first three events are listed on the "Bingo is Back" poster on the next page. The first Bingo event is **Sunday, January 14th 1-3pm in the MHCC!**

All ages welcome. Hope to see everyone there! Fun prizes to be won!!



## Sons of Pericles (Chapter CJ10 Winnipeg MB)

For young men ages 15 to 25. Meetings are the third Sunday of the month at 3:00 pm in the MHCC. For more information and an application for membership please email Stelios Constantinides at [steliocon@gmail.com](mailto:steliocon@gmail.com) or follow the Sons on Instagram at sonsofpericleswpg.

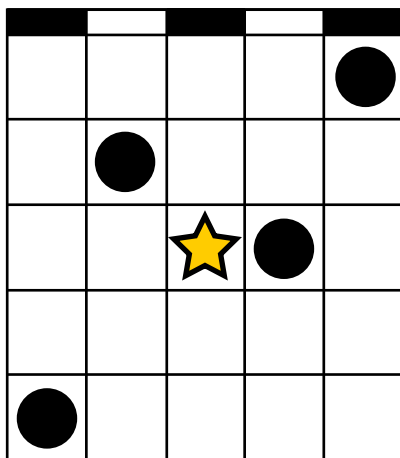
The Sons of Pericles are hosting their next **Tavli Tournament** on  
**Sunday, January 21, 2024**

To sign up for the tournament: call or text 204-771-7759

MAIDS OF ATHENA  
PRESENTS ...



# BINGO IS BACK!!!



MARK YOUR CALENDARS FOR ...



**Sunday, January 14th 1-3 pm**

**Sunday, February 11th 1-3 pm**

**Sunday, March 17th 1-3 pm**



**WHERE: IN THE MHCC AT ST. DEMETRIOS GREEK ORTHODOX CHURCH**

**ALL AGES WELCOME! GREAT PRIZES TO BE WON,  
AND LIGHT SNACKS INCLUDED!**

**DONATIONS WELCOME!!!**





# ***SONS OF PERICLES TAVLI TOURNAMENT***



**Sponsored by AHEPA**



# **JANUARY 21**



# **TAVLI TOURNAMENT**



**BRING YOUR OWN BOARD!**  
**SAVE THE DATE**

**Pizza, Drinks and Snacks Included**

**1:00 - 4 PM AT THE MHCC**

**Sign up: Call or Text 204-771-7759**

## Use of St. Demetrios and Greek Community facilities

We would be happy to help you use our facilities for your special occasion.

Following you will find prices and useful information for your function booking.

You may contact the Office at 204-889-8723 (Sharon McDonald) to book an appointment and discuss your needs.

### AVAILABLE RESOURCES AND PRICING

#### RESOURCES

|                                                                                   |                          |
|-----------------------------------------------------------------------------------|--------------------------|
| • Church Main Hall (up to 250 people)                                             | \$600                    |
| • Multi-Purpose Room in Cultural Centre (max occupancy 150) - Kitchen unavailable | \$300                    |
| • Boardroom with multimedia equipment (seats up to 20 people; max. occupancy 40)  | \$100                    |
| • Boardroom without multimedia equipment                                          | \$75                     |
| • Classrooms (various sizes; occupancy up to 25)                                  | \$25/hour (min. 2 hours) |
| • Cleanup ( <u>automatic charge</u> )                                             | \$125                    |
| • Set up and take-down of chairs and tables (automatic charge)                    | \$150                    |
| • Use of Parking lot and Coat Check with every rental                             | Free                     |

#### OPTIONS

|                                                                                                                                                           |       |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| • Use of the kitchen (includes: use of kitchen appliances, pots, pans)<br><i>(Note: No charge for kitchen use if Ladies of Philoptochos are catering)</i> | \$120 |
| • Kitchen cleanup                                                                                                                                         | \$125 |
| • Set up of the china etc. (for groups UP TO 100) - our china and cutlery or your own                                                                     | \$70  |
| • Set up china etc. (for groups OVER 100) - our china and cutlery or your own                                                                             | \$90  |
| • Multimedia Equipment (see below #2)                                                                                                                     | \$50  |
| • Early opening or late closing of the building (outside of Office hours)                                                                                 | \$75  |

#### Damage Deposit

**\$500**

**A damage deposit of \$500 and a 50% deposit of the full rental is required at the time of booking (Full payment must be completed at least one week prior to the event)**

#### IMPORTANT NOTES

1. Hall Agreement includes: Use of hall, tables & chairs, and washrooms.
2. Use of Multimedia Equipment includes: CD player, DVD Player, microphones, lights, projector.
3. The rooms **MUST** be left clean and free of dirty dishes. Dishes are to be placed in bins. Floor & tables must be clean of all debris, and garbage placed in garbage bags.
4. Daytime events for the Main Hall will be available at 9:00 AM on the day of the event (except Sundays). Saturday and Sunday set-up will be available after 2:00 PM. Evening events to obtain set-up time from coordinator. (Office hours: 10:00 AM - 4:00 PM)
5. Damage deposits will be returned once a satisfactory inspection has been completed, and key fob is returned.
6. Deliveries can be received Monday to Friday from 10:00 AM – 4:00 PM. Confirm deliveries with the church office ahead of time.
7. We reserve the right to refuse or accept an applicant.
8. Prices are subject to change without notice.
9. **COMMUNITY MEMBERS:** Please note that all bookings **MUST** have a deposit and a signature to be placed in the Calendar.

**Disclaimer: We will not be responsible for any loss, theft or damage to your vehicle or your belongings.**

**\*\*\*ANY LICENCES AND PERMITS ARE THE RESPONSIBILITY OF THE USERS\*\*\***

**PAYMENT: Cheques can be made payable to: St. Demetrios Greek Orthodox Church**



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- 2029 Portage Avenue (204-889-8989)
- 108 Regent Ave. East (204-888-5555)
- Brandon, Manitoba (204-727-8888)
- 905 Corydon Avenue (204-488-8090)
- 1473 Main Street (204-586-8171)
- 805 Henderson Hwy. (204-222-0222)
- Morris, Manitoba (204-746-2336)
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