Retroperitoneal Bronchogenic Cyst: A Case Report¹

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An retroperitoneal bronchogenic cyst is extremely rare and often mimics other cystic diseases such as a lymphangioma, pseudocyst, or cystic tumor of the pancreas. We have recently experienced a case of a peripancreatic bronchogenic cyst in 32-year-old woman. We report this case with a description of the CT findings and a review of the literature.

Index words : Retroperitoneal space Bronchogenic cyst Tomography

Bronchogenic cysts are congenital anomalies that result from aberrant budding from the ventral diverticulum, and are usually discovered in the posterior part of the mediastinum, along the right paratracheal wall (1, 2). Cysts that develop below the diaphragm, especially in the retroperitoneal region, are extremely rare (3, 4), and fewer than 50 cases have been reported in English language clinical literature to date. To the best of our knowledge, there has been no report in a Korean radiological journal.

We have recently experienced a case of a retroperitoneal bronchogenic cyst that was located between the stomach and pancreas. We report the case with a review of the literature.

Case Report

A 32-year-old woman was referred to our hospital

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with a mass incidentally detected by ultrasonography, which showed a homogeneous hypoechoic mass in the peripancreatic region. The patiwent had symptoms of cholecystitis, but there was no symptom related to the peripancreatic mass.

Computed tomography (CT) was performed for the further evaluation of the peripancreatic mass at our hospital. An unenhanced CT scan revealed a well-defined, $6 \times 5 \times 5$ cm mass between the stomach and pancreas body. The mass had homogeneous attenuation of 45 Hounsfield units (HU) on the unenhanced CT scan and had small peripheral calcification. There was little enhancement after infusion of contrast material. These findings suggested a highly attenuating cystic mass filled with protein-rich fluid or hemorrhage (Fig. 1A - C).

We presumed a pseudocyst, a lymphangioma, a cystic teratoma, a mucin-producing tumor of pancreatic origin, and a cystic neurogenic tumor for the possible differential diagnosis. There was no evidence of a gallstone or gall bladder wall thickening suggesting acute cholecystitis seen on the CT scan. In addition, there was no remarkable laboratory finding including amylase level, complete blood count, electrolyte levels, and blood chemistry.

Surgical resection of the mass was performed. The mass was in the retroperitoneal space between the stomach and pancreas, and was separated from the

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stomach, pancreas, left adrenal gland and left kidney. The lesion was a well-encapsulated cystic mass that contained thick, yellowish mucoid fluid. A subsequent microbiological examination yielded no abnormality.

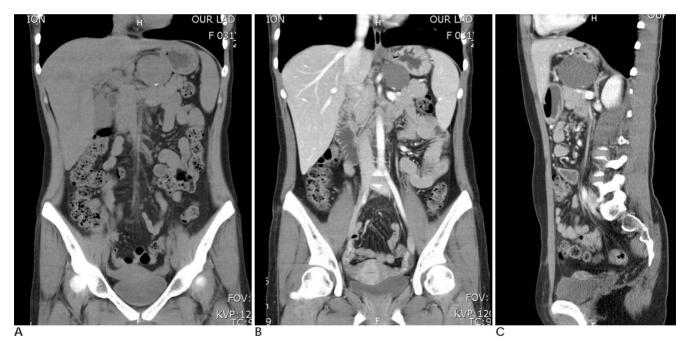
Histologically, the cyst wall was composed of fibrovascular connective tissue containing thin bundles of smooth muscle cells and glands resembling the bronchial wall. The inner surface of the cyst was lined with ciliated pseudostratified or tall columnar epithelium (Fig. 1D). These findings indicated the presence of a bronchogenic cyst in the retroperitoneal region. The postoperative course was uneventful.

Discussion

Bronchogenic cysts are developmental anomalies of

the primitive foregut that are usually found above the diagphragm, especially in the mediastinum and particularly posterior to the carina. Rarely, they can occur in a subdiaphragmatic location, and a retroperitoneal position is exceptionally unusual (3 - 5).

Bronchogenic cysts arise from an abnormal budding of the tracheobronchial anlage of the primitive foregut during the third to seventh week of development. When attachment to the primitive foregut persists, the cyst is usually associated with the tracheobronchial tree or the esophagus. If complete separation occurs, the cyst may form in other unusual locations, presumably by migration. A retroperitoneal location is exceptionally unusual. Although the exact mechanism of cyst formation is unknown, Sumiyoshi et al. (3) proposed the following scenario: In early embryonic life, the thoracic and abdomi-



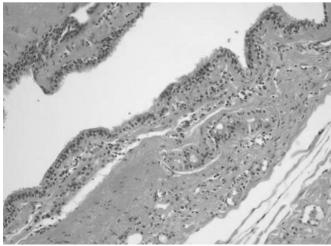


Fig. 1. Abdominal computed tomography. Unenhanced coronal (A) and enhanced coronal (B) and sagittal (C) reformatted CT images show a cystic mass between the pancreas and stomach. The mass has relatively high, homogeneous attenuation with a small, peripheral calcification and shows little enhancement after infusion of contrast material. An microscopic section (D) from the bronchogenic cyst shows a pseudostratified ciliated columnar epithelium resting on the fibrovascular connective tissue (original magnification $\times 200$).

nal cavities are linked via the pericardio-peritoneal canal. When fusion of the pleuroperitoneal membranes (forming the future diaphragm) divide the canal, a portion of the tracheobronchial tree could be pinched off and could migrate, resulting in a retroperitoneal bronchogenic cyst. Most retroperitoneal bronchogenic cysts have been found in the region of the left adrenal gland or the superior body of the pancreas. In most cases, the cysts are smaller than 5 cm in diameter, and the cysts are discovered incidentally with no symptoms unless they become secondarily infected, perforated or are sufficiently large. Larger cysts cause various symptoms around the region due to the compression of neighboring organs (6, 7). The cysts have been reported to occur in both sexes in equal ratio, and in a wide age range.

Radiologically, bronchogenic cysts often appear as a highly attenuated mass on CT (30 to 100 HU) as in the present case (8 - 10). As the fluid within the bronchogenic cyst usually contains proteinaceous mucus and calcium oxalate crystals, it shows a high signal on T1-weighted images by MRI. The presence of calcification in the cystic wall is relatively frequent and milk of calcium is rarely reported (6). The mechanism of calcium accumulation in a bronchogenic cyst is unclear, but the epithelial lining of the cyst wall may secrete a mucoid fluid that contains calcium.

A radiological diagnosis of a retroperitoneal bronchogenic cyst is difficult because of its rarity. In addition, hemorrhage in the cystic mass as well as proteinrich fluid could be a cause of high attenuation. The differential diagnosis includes masses including pancreatic cysts, adrenal tumors or cysts, neurogenic tumors, lymphangiomas, and pseudocysts.

Although rare, a retroperitoneal bronchogenic cyst should be included in the differential diagnosis of a retroperitoneal cystic mass with high CT attenuation, in addition to the other relatively common cystic masses.

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