



**HEALTH
& ORGANIC BOOK**
EDITION 11



KEY

- Fair Trade
- Frozen
- Lead Time

- Gluten Free
- MSG Free
- Vegan

- Organic
- Red - New Products**

TOP SELLERS BY VALUE

Top 20 Chilled Products

- 1015 Florentin Falafel 6x240g ORG
- 1183 Sojade Soya Yoghurt-Natural 6x400g ORG
- 1065 Lord of Tofu Natural Tofu 5x200g ORG
- 1191 Vrai Traditional Butter Unsalted 10x250g ORG
- 1192 Vrai Traditional Butter w/Sea Salt 10x250g ORG
- 1016 Florentin Falafel Nuggets 6x280g ORG
- 1200 Bergerie Sheep Yoghurt Greek Style 6x250g ORG
- 1019 Florentin Hummus 6x200g ORG
- 1184 Sojade Soya Yoghurt-Blueberry 6x400g ORG
- 1212 Bergerie Goat's Milk Yoghurt-Natural 8x125g ORG
- 1042 Florentin Yummy Yams Nuggets 6x240g ORG
- 6471 SynerChi Kombucha Ginger & Lemongrass 12x330ml ORG
- 1071 Lord of Tofu Smoked Sesame Tofu 5x170g ORG
- 1035 Florentin Tamruc Falafel 6x240g ORG
- 6475 SynerChi Kombucha Raspberry & Rosehip 12x330ml ORG
- 1051 Lord of Tofu Italiano (Basil) Tofu 5x160g ORG
- 1201 Bergerie Sheep's Milk Yoghurt-Natural 8x125g ORG
- 1119 Vegi Deli Sage & Marjoram Sausages 6x(8x36g)
- 1046 Florentin Hummus Sun Dried Tomatoes 6x170g ORG
- 1441 Taifun Almond/Sesame Tofu 6x200g ORG
- 1186 Sojade Soya Yoghurt-Cherry 6x400g ORG
- 1195 Sojade Soya Yoghurt- Vanilla 6x400g ORG

Top 10 Frozen Products

- 2251Z Natural Cool Berry Mix 10x300g ORG
- 2505Z FRY'S Vegetarian Traditional Burgers 10x(4x80g)
- 2213Z Natural Cool Peas 8x450g ORG
- 2519Z FRY'S Vegetarian Traditional Sausages 10x(8x47.5g)
- 2509Z FRY'S Vegetarian Chicken-Style Strips 10x380g
- 2253Z Natural Cool Blueberries 10x300g ORG
- 2513Z FRY'S Vegetarian Chicken-Style Nuggets 10x380g
- 2208Z Shelled Edamame (Green Soybeans) 12x300g ORG
- 2507Z FRY'S Vegetarian Chicken Style Burgers 10x(4x80g)
- 2025Z Clive's Lentil &Olive Gluten Free Pie 6x260g ORG

Top 20 Ambient Products

- 6213 Primeal Quinoa Trio (White Red Black) 6x500g ORG
- 5350 Sojade GREEN Soya Milk-Natural 6x1L ORG
- 5035 Emile Noel Flax Seed Oil 6x250ml ORG
- 9108 Pulsin Whey Protein Isolate Powder 6x250g
- T459 Ferme Vifranc Maple Syrup 12x250g (189ml) ORG
- 9109 Pulsin Whey Protein Isolate Powder 1Kg
- 5485 Marigold Engevita Yeast Flakes w/B12 & Zinc 6x125g
- 5355 Sojade Rice Milk Enriched w Calcium 6x1Lt ORG
- 6534 Biona Pure Cranberry Juice 6x750ml ORG
- 6041 Sonnentor Turmeric Ground 6x40g ORG
- 6010 Sonnentor Cinnamon Ground 6x40g ORG
- 5227 Meridian Almond Butter 6x170g ORG
- 6201 LPDF Buckwheat Crispbread NAS GF 6x125g ORG
- 5045 Emile Noel Sesame Oil 6x500ml ORG
- 9101 Pulsin Pea Protein Isolate Powder 6x250g
- 6203 LPDF Chestnut Crispbread GF 6x125g ORG
- 5320 Florentin Pitta Bread Whole Wheat Brown 12x280g ORG
- 9001 Pan Do Mar Light Tuna in Organic Olive Oil 10x120g
- 6212 Primel Red Quinoa 6x500g ORG
- 6204 LPDF Quinoa Crispbread GF 6x125g ORG
- 4501 Crazy Jack Soft Dried Apricots 6x250g ORG
- 6419 Pulsin Vanilla Choc Chip Protein 18x50g

Top 10 Soap and Body Oils

- 5701 Emma Noel Argan Oil Spray 3x50ml ORG
- 5783 Emma Noel Green Soap Block 10x600g
- 5781 Emma Noel Organic Olive Soap 6x(3x150g) ORG
- 5767 Emma Noel Lavender Soap 6x(3x150g) ORG
- 5779 Emma Noel Sweet Almond Soap 6x(3x150g) ORG
- 5751 Emma Noel Shea Butter 100% Pure 6x150ml ORG
- 5715 Emma Noel Rose Hip Oil Spray 3x50ml ORG
- 5763 Emma Noel Honey Soap 6x(3x150g) ORG
- 5757 Emma Noel Aloe-Vera Soap 6x(3x150g) ORG



Chilled

- Butter/Non Dairy Spread..... 1
- Cheese..... 1
- Cream Cheese..... 1
- Free Range Eggs..... 1
- Yoghurt Sheep Milk..... 1
- Yoghurt Soya..... 1
- Burger/Falafel/Nuggets..... 2
- Sausages..... 2
- Rashers..... 2
- Fish Alternative..... 2
- Slices..... 3
- Pates Dips & Salads..... 3
- Drinks..... 3
- Organic Beef..... 3



Frozen

- Pies & Pasties..... 4
- Pies Gluten Free..... 4
- Ready Meals..... 4
- Sausages Burger Meat Alternatives..... 4
- Potato..... 4
- Pizza..... 4
- Vegetables..... 4
- Vegetables..... 5
- Fruit..... 5
- Cakes..... 5
- Organic Beef..... 5



Ambient

- Bread..... 6
- Grain..... 6
- Traditional Italian Risotto Rices..... 6
- Cous Cous..... 6
- Flour..... 6
- Dried Fruit..... 6
- Seeds..... 6
- Breakfast..... 7
- Confectionery..... 7
- Biscuits..... 7
- Crackers..... 7
- Crackers..... 8
- Fish Sustainably Harvested..... 8
- Herbs & Spices..... 8
- Syrups & Molasses..... 9
- Olives..... 9
- Olive Oil..... 9
- Seed & Fruit Oil..... 9
- Ancient Grains Pasta..... 10
- Whole Wheat Pasta..... 10
- White Pasta..... 10
- Gluten Free Pasta..... 10
- Sauces..... 10
- Dairy Alternatives To Milk..... 10
- Ready Meals..... 11
- Soup & Bouillions..... 11
- Tinned Food..... 11
- Drinks..... 11
- Beverages..... 12
- Tea Bags Black..... 12
- Tea Bags Herbal Blends..... 12
- Tea Bags Single Herbs..... 12
- Tea Loose..... 12
- Spreads..... 12
- Fruit Spreads..... 13
- Vinegar..... 13
- Protein Powders..... 13



Soap & Body Oil

- Body Oils..... 14
- Shea Butter..... 14
- Soap Bars..... 14

Code Brand Description Bar Code Unit of Measure Info

BUTTER/NON DAIRY SPREAD

1191		Traditional Butter Unsalted Organic	3273227342209	10 x 250g	
1192		Traditional Butter w/ Sea Salt Organic	3273227342216	10 x 250g	
1416		Olive (12%) Margarine Organic	50327 223 02792	8 x 250g	
1411		Sunflower Margarine Organic	50327 223 00514	16 x 500g	
1412		Sunflower Margarine Organic	50327 223 06554	8 x 250g	

CHEESE

1219		Fresh Goat Cheese Mild Organic	3273227041447	6 x 100g	
1209		Fresh Sheep Cheese Mild Organic	3273227241410	6 x 100g	

CHEESE NON DAIRY

1157		Blue Style Cheese	5021821141609	6 x 190g	
1151		Red Cheddar Style Cheese	5021821765126	6 x 190g	
1152		White Cheddar Style Cheese	5021821874323	6 x 190g	
1159		Soy Free Cheddar Style Cheese	5021821141401	6 x 190g	
1155		Hard Italian Style Cheezly	5021821141906	6 x 190g	
1150		Mozzarella Style Cheese	5021821730254	6 x 190g	
1158		Pepperjack Style Cheese	5021821141616	6 x 190g	

CREAM CHEESE

1161		Original Cream Cheezly		6 x 200g	
1162		Garlic & Herb Cream Cheezly		6 x 200g	

FREE RANGE EGGS

1300		Medium Eggs Organic	5390227066077	8 Dozen (16x6)	
1304		Large Eggs 8 Dozen Organic	5390227066084	8 Dozen (16x6)	

YOGHURT SHEEP MILK

1200		Greek Style Sheep Yoghurt Organic	3273227240796	6 x 250g	
1201		Natural Sheep Milk Yoghurt Organic	3273227240062	8 x 125g	
1202		Chestnut Sheep Milk Yoghurt Organic	3273227240291	8 x 125g	
1205		Blueberry Sheep Milk Yoghurt Organic	3273227240154	8 x 125g	
1203		Red Fruits Sheep Milk Yoghurt Organic	3273227240093	8 x 125g	
1206		Lemon S/Skimmed Sheep Yoghurt Organic	3273227240628	8 x 125g	
1207		Vanilla S/Skimmed Sheep Yoghurt Organic	3273227240680	8 x 125g	
1212		Natural Goat's Milk Yoghurt Organic	3273227040877	8 x 125g	
1217		Vanilla Goat's Milk Yoghurt Organic	3273227040907	8 x 125g	

YOGHURT SOYA

1391		Soya Almond Yoghurt Organic	5411188119364	6 x 500g	
1393		Soya Coconut Yoghurt Organic	5411188119340	6 x 500g	
1370		Natural Soya Yoghurt Organic	5411188080282	6 x 500g	
1371		Blueberry Soya Yoghurt Organic	5411188103417	6 x 500g	
1373		Red Fruits Soya Yoghurt Organic	5411188553489	6 x 500g	
1378		Vanilla Soya Yoghurt Organic	5411188093510	6 x 500g	
1372		Blueberry Soya Yoghurt Organic	5411188100201	6 x (4x125g)	
1374		Peach & Mango Soya Yoghurt Organic	5411188080749	6 x (4x125g)	
1377		Raspberry & Vanilla Soya Yoghurt Organic	5411188100201	6 x (4x125g)	
1369		Natural Soya Yoghurt Organic NAS	5411188080732	6 x (4x125g)	
1180		Natural Soya Yoghurt Organic	3273227381024	6 x 250g	
1179		Natural Soya Yoghurt Organic	3273227084512	6 x (4x100g)	
1168		Soya Yoghurt Natural Organic	3273227284523	8 x 125g	
1173		Apricot Guava Soya Yoghurt Organic	3273227284592	8 x 125g	
1174		Blueberry Soya Yoghurt Organic	3273227284806	8 x 125g	
1175		Cherry Soya Yoghurt Organic	3273227284646	8 x 125g	
1176		Lemon Soya Yoghurt Organic	3273227284622	8 x 125g	
1177		Mango Peach Soya Yoghurt Organic	3273227284783	8 x 125g	
1178		Raspberry Passion Soya Yoghurt Organic	3273227284752	8 x 125g	
1169		Strawberry Soya Yoghurt Organic	3273227284738	8 x 125g	

Code	Brand	Description	Bar Code	Unit of Measure	Info	
1183		Natural Soya Yoghurt Organic	3273227081023	6 x 400		
1187		Apricot Soya Yoghurt Organic	3273227082044	6 x 400g		
1185		Banana Soya Yoghurt Organic	3273227082129	6 x 400g		
1196		Blackcurrant & Cranberry Yoghurt Organic	3273227082136	6 x 400g		
1184		Blueberry Soya Yoghurt Organic	3273227083324	6 x 400g		
1186		Cherry Soya Yoghurt Organic	3273227083140	6 x 400g		
1197		Lemon Soya Yoghurt Organic	3273227082143	6 x 400g		
1189		Mango-Peach Soya Yoghurt Organic	3273227083225	6 x 400g		
1190		Pineapple Soya Yoghurt Organic	3273227082105	6 x 400g		
1188		Prune Soya Yoghurt Organic	3273227083355	6 x 400g		
1195		Vanilla Soya Yoghurt Organic	3273227084970	6 x 400g		
1199		Raspberry & Passion Soya Yogurt Organic	3273227082242	6 x 400g		
TOFU						
1051		Italiano (Basil) Tofu Organic	4260019320032	5 x 160g		
1055		Hildegard Curry Tofu Organic	4260019320018	5 x 170g		
1065		Natural Tofu Organic	4260019320209	5 x 200g		
1069		Philosophers Tofu Organic	4260019320162	5 x 170g		
1070		Black Forest Smoked Tofu Organic	4260019320421	5 x 170g		
1071		Smoked Tofu w Sesame & Mediterranean Organic	4260019320049	5 x 170g		
1062		Crunchy Tofu Grill Sausages w R Pepper Org	4260019320186	5 x (3x40g)		
1083		Smokies Tofu Sausages Organic	4260019320308	5 x (3x40g)		
1085		Tofu Burger Organic	4260019320124	5 x (2x60g)		
1441			Almond/Sesame Smoked Tofu Organic	4012359113108	6 x 200g	
1442			Herb Sausage Organic	4012359132000	6 x (4x62.5g)	
1445			Spelt Sunflower Cutlets Organic	4012359141002	6 x (2x100g)	
1446		Basil Tofu Organic	4012359114204	6 x 200g		
1447		Tofu Filets - Wild Garlic Organic	4012359144201	8 x (2x80g)		
1448		Hazelnut & Green Spelt Tofu Cutlets Organic	4012359142009	6 x (2x80g)		
1449		Wiener Frankfurters Organic	4012359133007	6 x (4x75g)		
1451		Grill Sausage Organic	4012359130006	6 x (4x62.5g)		
1453		Tofu Filets Pizza Pizza Organic	4012359144201	8 x (2x80g)		
1454		Tofu Filets Japanese Style Organic	4012359144003	8 x (2x80g)		
1456		Tofu Rosso Organic	4012359114303	6 x 200g		
1457		Olive Tofu Organic	4012359114402	6 x 200g		
BURGER/FALAFEL/NUGGETS						
1111		Vegetarian Schnitzels	5021821142002	6 x (4x50g)		
1096		Chicken Style Pieces	5021821073184	6 x 150g		
1130		Meat Free Quarterpounder Burger	5021821141258	6 x (2x114g)		
1015		Falafel Organic	8714685000010	6 x 240g		
1016		Falafel Nuggets Organic	8714685001307	6 x 280g		
1042		Yams Nuggets Organic	8714685900549	6 x 240g		
1035		Tamruc Falafel Organic	8714685000195	6 x 240g		
1427		Spelt & Almond Cutlets Organic	5032722306783	6 x 200g		
1431		Energy Mini Burgers Organic	5032722308893	4 x 250g		
SAUSAGES						
1124		Lincolnshire Style Sausages	5021821073030	6 x (8x36.88g)		
1120		Oregano & Basil Gourment Sausage	5021821001552	6 x (8x37.5g)		
1119		Sage & Marjoram Sausages	5021821778829	6 x (8x36.88g)		
RASHERS						
1136		Streaky Style Rashers	5021821001231	6 x 115g		
FISH ALTERNATIVE						
1117		Fish Style Fingers	5021821778812	6 x (8x26.88g)		

Code Brand Description Bar Code Unit of Measure Info

SLICES

1114	Cheatin'	Beef Style Slices	5021821080786	6 x 100g	
1131		Chicken Style Slices	5021821004560	6 x 100g	
1115		Ham Style Slices	5021821003457	6 x 100g	
1110		Pepperoni Style Slices	5021821002351	6 x 100g	
1118		Sage & Onion Slices	5021821888436	6 x 100g	
1135		Turkey Style Slices	5021821123452	6 x 100g	

PATES DIPS & SALADS

1006	fiorentin <small>ORGANIC KITCHEN</small>	Baba Ganoush Organic	8714685902185	6 x 200g	
1007		Black Olives Tapenade Organic	8714685000157	7 x 100g	
1019		Hummus Organic	8714685902086	6 x 200g	
1023		Hummus Extra Organic	8714685902161	6 x 200g	
1049		Hummus Trio Organic	8714685001277	6 x (3x80g)	
1046		Sun Dried Tomato Hummus Organic		6 x 170g	
1045		Wasabi Hummus Organic	8714685902147	6 x 170g	
1033		Sun Dried Tomatoes in Marinade Organic	8714685903267	6 x 200g	
1044		Tzaziki Organic	8714685902123	6 x 170g	
1050		Dip It - Hummus & Falafel Organic	8714685001284	6 x (2x80g)	
1040	Guacamole Organic	8714685901140	7 x 100g		

PATES DIPS & SALADS

1122	VegiDeli	Brussels Style Pate	5021821141142	6 x 150g	
1121		Beanfeast Pate	5021821011445	6 x 150g	
1144		Tuna Style Pate	5021821141760	6 x 150g	
1125		Mushroom Style Pate	5021821141746	6 x 150g	

DRINKS

6471	SYNERCHI <small>Best Organic LIVE KOMBUCHA</small>	Kombucha Ginger & Lemongrass	5391526040027	12 x 330ml	
6473		Kombucha Oranges & Lemon	5391526040034	12 x 330ml	
6475		Kombucha Raspberry & Rosehip	5391526040010	12 x 330ml	
6477		Kombucha Sencha Tea	5391526040003	12 x 330ml	
6472		Kombucha Pear with Matcha Tea Organic		12 x 330ml	
6476		Kombucha Coffee with Vanilla Rooibos Organic		12 x 330ml	

ORGANIC BEEF

9031	Good Herdsmen <small>ORGANIC MEATS</small>	Mince Beef Organic	5099536802306	6 x 380g	
9033		Diced Beef Organic		6 x 380g	
9035		Beef Burgers Organic	5099536011159	6 x 227g	
9037		Beef Burgers Organic		6 x 400g	
9041		Rib Eye Steak Organic	5099536010053	6 x 200g	
9047		Striploin Steak Organic	5099536011159	6 x 200g	

**I USED TO THINK ORDERING SUPPLIES WAS DULL,
THEN THIS POPPED UP.**



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Relish
- R E W A R D S -

Code Brand Description Bar Code Unit of Measure Info

PIES & PASTIES

2001Z		Sag Aloo Curry Pie Organic	5031102000044	6 x 235g	
2003Z		Arabian Chickpea Pie Organic	5031102000068	6 x 235g	
2005Z		Chestnut Cassoulet Pie Organic	5031102000051	6 x 235g	
2007Z		Creamy Mushroom Pie Organic	5031102000020	6 x 235g	
2009Z		Greek Olive & Lentil Pie Organic	5031102000082	6 x 235g	
2013Z		Mexican Chilli Pie Organic	5031102000037	6 x 235g	
2017Z		Hungarian Goulash Pie Organic	5031102000013	6 x 235g	

PIES GLUTEN FREE

2021Z		Aloo Gobi Gluten Free Pie Organic	5031102000389	6 x 260g	
2023Z		French Cassoulet Pie Organic	5031102000372	6 x 260g	
2025Z		Lentil & Olive Pie Organic	5031102000396	6 x 260g	
2027Z		Minty Chickpea Pie Organic	5031102000402	6 x 260g	
2029Z		Vegetable Chilli Pie Organic	5031102000419	6 x 260g	

READY MEALS

2063Z		Pot of Moroccan Tagine Organic	5031102000600	6 x 400g	
2064Z		Pot of Thai Veggie Curry Organic	5031102000631	6 x 400g	
2518Z		Vegetarian Cocktail Sausage Rolls 12pcs	6005207000376	10 x 450g	
2353Z		Chili non Carne Organic	4026813330178	8 x 400g	
2355Z		Vegetarian Bolognese Lasagne Organic	4026813330185	8 x 400g	

SAUSAGES BURGER MEAT ALTERNATIVES

2502Z		Vegetarian Beef-Style Strips	6005207000222	10 x 380g	
2504Z		Vegetarian Braai Flavour Sausages	6005207000079	10 x (8x47.5g)	
2505Z		Vegetarian Traditional Burgers	6005207000321	10 x (4 x 80g)	
2507Z		Vegetarian Chicken Style Burgers	6005207000307	10 x (4x80g)	
2509Z		Vegetarian Chicken-Style Strips	6005207000314	10 x 380g	
2511Z		Vegetarian Hot Dogs	6005207001007	10 x (8x45g)	
2513Z		Vegetarian Chicken-Style Nuggets	6005207000345	10 x 380g	
2515Z		Vegetarian Polony	6005207000055	10 x 500g	
2519Z		Vegetarian Sausages	6005207000062	10 x (8 x 47.5g)	
2522Z		Vegetarian Crumbed Schnitzels	6005207000857	6 x (4x80g)	
2523Z		Vegetarian Spiced Burgers	6005207000338	10 x (4x80g)	
2527Z		Vegetarian Mince	6005207000215	10 x 380g	
2529Z		Vegetarian Crispy Prawns	6005207000970	10 x 250g	
2530Z		Soya and Quinoa Family Country Roast	6005207001144	6 x 500g	

POTATO

2301Z		Oven Chips Organic	4026813010537	6 x 1250g	
2303Z		Oven-Chips Organic	4026813010513	12 x 600g	
2305Z		Potato Croquettes Organic	4026813110510	10 x 400g	

PIZZA

2371Z		Vegan Pepperoni Pizza Organic	4026813330161	8 x 350g	
2359Z		Vegan Pesto Pizza Organic	4026813330260	8 x 330g	
2357Z		Margherita Pizza Organic	4026813330048	8 x 290g	
2361Z		Mini Spelt Margherita Pizza Organic	4026813330062	8 x (2x120g)	
2365Z		Mini Spelt Spinach & Goat Cheese Pizza	4026813330123	10 x (2x150g)	

VEGETABLES

2201Z		Broccoli Organic	4026813000163	12 x 300g	
2203Z		Brussel Sprouts Organic	4026813000200	12 x 300g	
2208Z		Edamame (Shelled) Organic	4026813000255	12 x 300g	

Code	Brand	Description	Bar Code	Unit of Measure	Info
VEGETABLES					
2200Z		Stir Fry Mix 'Farmers Style' Organic Potato slices 40%, onions, carrots, green beans, mushrooms, broccoli, savoy cabbage	4026813000262	12 x 450g	
2205Z		Cauliflower Organic	4026813020017	8 x 300g	
2207Z		Curly Kale Portions Organic	4026813000118	8 x 450g	
2209Z		Cut Green Beans Organic	4026813020024	8 x 450g	
2213Z		Peas Organic	4026813020031	8 x 450g	
2215Z		Soup Vegetables Organic Carrots, green beans, leek, peas, cauliflower, kohlrabi, Celeriac, broccoli, parsley	4026813020086	8 x 450g	
2211Z		Leaf Spinach Portions Organic	4026813020079	8 x 450g	
2217Z		Summer Vegetable Mix Organic Carrots, Peas, Cut Green Beans, Cauliflower	4026813020062	8 x 450g	
2219Z		Sweet Corn Organic	4026813020048	8 x 450g	
FRUIT					
2251Z		Mixed Berries Organic Raspberries, blueberries, strawberries, red currants, blackberries	4026813110213	10 x 300g	
2253Z		Blueberries Organic	4026813110220	10 x 300g	
2254Z		Cranberries Organic	4026813420046	10 x 300g	
2255Z		Raspberries Organic	4026813110206	10 x 300g	
2257Z		Sour Cherries Organic	4026813420015	10 x 300g	
2259Z		Strawberries Organic	4026813110237	10 x 300g	
CAKES					
2037Z		Chocolate Brownie Organic	50531102000709	16 x 60g	
2043Z		Lemon Lust Organic	5031102000198	9 x 70g	
2051Z		Mini Choco Mocha Organic	5031102000105	9 x 90g	
ORGANIC BEEF					
9051Z		Mince Beef Organic		10 x 400g	
9053Z		Diced Beef Organic		10 x 400g	
9055Z		Beef Burgers Organic		10 x (4 x 100g)	



WHAT IS KIS?

Kitchen Innovation Solutions is a service exclusive to Pallas Foods customers to invigorate and assess your food offering with input from our team of culinary experts.

Take the time out from your business and come to our kitchen to experience the full range of products available from Pallas Foods.

From chilled, frozen and ambient to the widest range of kitchen and non food items available on the island of Ireland. Pallas Foods has an innovative solution for you to grow your business.



CONTACT YOUR LOCAL AREA SALES MANAGER.

Code	Brand	Description	Bar Code	Unit of Measure	Info
BREAD					
5320		Whole Wheat Brown Pitta Bread Organic	8714685001239	12 x 280g	
5319		White Pitta Bread Organic	8714685003332	12 x 260g	
5322		Florentin Party Pita Organic	8714685901300	12 x 350g	
Grain					
6210		Quinoa Organic	3380380076428	6 x 500g	
6211		Quinoa Organic	3380380060946	6 x 1kg	
6212		Red Quinoa Organic	3380380060953	6 x 500g	
6213		Quinoa Trio White Red Black Organic	3380380060960	6 x 500g	
6218		Quinoa Duo Organic	3380380076435	6 x 500g	
6214		Quinori Organic	3380380060977	6 x 500g	
6215		Quico Organic	3380380060984	6 x 500g	
TRADITIONAL ITALIAN RISOTTO RICES					
5425		Baldo Brown (Risotto) Rice Organic	8032891762042	6 x 1kg	
5428		Carnaroli White (Risotto) Rice Organic	8032891762127	6 x 1kg	
COUS COUS					
6357		Quinoa Spelt Cous Cous Organic	3380390000338	6 x 500g	
6355		Kamut Cous Cous Organic	8018699010189	6 x 500g	
6351		Rice Cous Cous Organic	8018699010981	6 x 500g	
6356		Spelt Cous Cous Organic	8018699010172	6 x 500g	
6352		Corn Cous Cous Organic	8018699012213	12 x 375g	
FLOUR					
FU124		Plain White Flour	5011766010139	5 x 1kg	
4101		Wholemeal Buckwheat Flour	5011766010450	5 x 1kg	
4105		Rice Flour	5011766010085	5 x 1kg	
4109		Self Raising White Flour	5011766010207	5 x 1kg	
7058		Gram Flour (Chickpea Flour)	5011766010092	5 x 1kg	
FU135		Chestnut Flour Organic	3380380062100	6 x 500g	
4501		Ready to Eat Apricots Organic	5012246519388	6 x 250g	
4505		Ready to Eat Dates Organic	5012246110806	6 x 250g	
4511		Ready to Eat Figs Organic	5012246521084	6 x 250g	
4521		Ready to Eat Prunes Organic	5012246528281	6 x 250g	
5539		Crystallised Ginger Organic	09004145004658	6 x 75g	
SEEDS					
6087		Blue Poppy Seeds Organic	09004145001022	6 x 200g	
6121		Alfalfa Seeds Organic	09004145001060	6 x 120g	
6127		Sprouting Mixed Seeds Organic	09004145001084	6 x 120g	
BREAKFAST					
6371		Porridge Oats Organic	5032722312241	6 x 325g	
BREAKFAST					
6234		Cereal Flakes Organic	5011766777889	8 x 375g	
6236		Chocolate Stars Organic	5011766777872	8 x 375g	
6238		Cocoa Rice Organic	5011766777940	5 x 375g	
6239		Corn Flakes Organic	5011766777711	8 x 375g	
6240		Fibre Flakes Organic	5011766777957	5 x 300g	
BREAKFAST					
6221		Popped Quinoa Organic	3380390410601	6 x 100g	
6216		Quinoa Flakes Organic	3380380060991	6 x 500g	

Code	Brand	Description	Bar Code	Unit of Measure	Info
CONFECTIONERY					
6431		Acai Berry Bar Organic	886054000292	18 x 35g	
6432		Blueberry Bar Organic	886054000353	18 x 35g	
6430		Baobab & Pineapple Bar Organic	886054000827	18 x 35g	
6435		Raw Chocolate Brownie Organic	886054000285	18 x 35g	
5215		Potato Crisps Lightly Salted with Himalayan Salt	5032722311428	12 x 100g	
6425		Almond Bar	5060132282052	18 x 40g	
6426		Cashew Bar		18 x 40g	
6427		Peanut Bar	5060132282038	18 x 40g	
6428		Peanut & Banana Bar	5060132282281	18 x 40g	
6429		Peanut & Berry Bar	5060132282304	18 x 40g	
6456		Peanut & Cocoa Bar		18 x 40g	
6412		Almond & Raisin Raw Choc Brownie	886054000179	18 x 50g	
6411		Maca Bliss Raw Choc Brownie 18x50g	886054000117	18 x 50g	
6414		Raspberry & Goji Raw Choc Brownie	886054000100	18 x 50g	
6415		Maple & Peanut Protein Bar	886054000155	18 x 50g	
6416		Maple & Whey Crisp Protein Bar	886054000063	18 x 50g	
6421		Mint Choc Chip Protein Bar	886054000919	18 x 50g	
6423		Orange Choc Chip Protein Bar	886054000766	18 x 50g	
6419		Vanilla Choc Chip Protein Bar	886054000414	18 x 50g	
6422		Mini Mint Choc Chip Protein Bar		18 x 25g	
6481		Pulsin Blackcurrant & Apple Fruity Oat Bar	886054001060	12 x (6x25g)	
6483		Orange Choc Chip Fruity Oat Bar	886054001077	12 x (6x25g)	
6485		Strawberry Fruity Oat Bar	886054001053	12 x (6x25g)	
6217		Quinoa Pretzels Organic	3380390000437	8 x 200g	
6391		Almond Snack Bar Organic	59527401593	16 x 40g	
6392		Apple Bar Organic	59527101592	16 x 40g	
6393		Blueberry Snack Bar Organic	59527171410	16 x 40g	
6394		Cherry Snack Bar Organic	59527701495	16 x 40g	
6395		Coconut Bar Organic	59527801591	16 x 40g	
6396		Goji Bar Organic	59527171434	16 x 40g	
5558		Cheery Bears Organic	09004145000520	10 x 100g	
Z990200		Protein + Chocolate Orange Bar	05390413007877	12x60g	
Z213720		Protein + Toffee Bar	05390413007853	12x60g	
Z213718		Protein Delux Cookies and Cream Bar	05390413011645	12x65g	
Z213719		Protein Deluxe Chocolate Brownie Bar	05390413011669	12x65g	
Z990199		Crisp Pro Fruit and Nut Bar	05390413008409	15x40g	
BISCUITS					
7040		Lemon Zest Cookies Organic	5011766888981	12 x150g	
7041		Stem Ginger Cookies Organic	5011766991148	12 x150g	
CRACKERS					
6200		Buckwheat Crispbread Organic	3380380047749	8 x 300g	
6207		Chestnut Crispbread Organic	3380380068522	8 x 300g	
6202		Buckwheat w Salt & Sugar Organic	3380380062001	6 x 125g	
6201		Buckwheat Crispbread Organic NAS	3380380062018	6 x 125g	
6203		Chestnut Crispbread Organic	3380380064647	6 x 125g	
6204		Quinoa Crispbread Organic	3380380062025	6 x 125g	
6205		Multigrain Crispbread (Rice, Buckwheat, Millet)	3380380069949	6 x 125g	
6191		Cocoa Crispbread Organic	3380380074172	6 x125g	
6193		Coconut Crispbread Organic	3380380074196	6 x 125g	
6195		Fig Crispbread Organic	3380380074189	6 x 125g	
6197		Onion Crispbread Organic	3380380074165	6 x 125g	

Code Brand Description Bar Code Unit of Measure Info

CRACKERS

5541		Spelt Crackers Organic	9004145004931	12 x 100g	
5537		Spelt Crackers w Poppy Seeds Organic	9004145004948	12 x 100g	
5560		Spelt Crackers With Sesame Organic	9004145004924	12 x 100g	
5546		Spelt Rice Cakes Organic	09004145004504	12 x 100g	
5548		Mini Spelt Rice Cake Cinnamon Organic	9004145004641	6 x 60g	
5564		Mini Spelt Yoghurt Rice Cakes Organic	9004145009264	6 x 50g	


FISH SUSTAINABLY HARVESTED

9001		Light Tuna in Organic Olive Oil		10 x 120g	
9009		Mackerel in Organic Marinade		10 x 120g	
9002		Mackerel Fillets in Organic Olive Oil		10 x 120g	
9003		Organic Mussels in Pickled Sauce		10 x 120g	
9004		Squid (Octopus) in Organic Olive Oil		10 x 120g	
9008		Sardines Fillets in Organic Olive Oil		10 x 120g	
9005		Sardines in Organic Olive Oil		10 x 120g	
9000		Anchovy Fillets in Organic Olive Oil		10 x 50g	
9010		Tuna Pâté, with Organic Olives		6 x 125g	
9013		Tuna in Brine		10 x 120g	

HERBS & SPICES

6001		Allspice Ground Organic	9004145003675	6 x 35g	
6002		Basil Organic	9004145003170	6 x 15g	
6003		Bay Leaves Organic	9004145003354	6 x 10g	
6004		Caraway Whole Organic	9004145003026	6 x 60g	
6005		Caraway Ground Organic	9004145003033	6 x 80g	
6006		Cardamon Whole Organic	9004145003538	6 x 30g	
6007		Cardamon Ground Organic	9004145003491	6 x 35g	
6008		Chili Pods Organic	9004145003996	6 x 25g	
6009		Chili Ground Organic	9004145003545	6 x 40g	
6010		Chili Ground Organic	9004145007345	6 x 40g	
6011		Cinnamon Sticks Organic	9004145003347	6 x 6 Quills	
6012		Cloves Organic	9004145003286	6 x 35g	
6013		Cloves Ground Organic	9004145003941	6 x 35g	
6014		Coriander Seeds Organic	9004145003217	6 x 35g	
6015		Coriander Ground Organic	9004145003644	6 x 40g	
6049		Cumin Ground Organic	9004145007475	6 x 40g	
6048		Sonnentor Cumin Seeds Organic	9004145007321	6 x 40g	
6062		Hot Curry Powder Organic	9004145003873	6 x 35g	
6063		Sweet Curry Powder Organic	9004145003323	6 x 35g	
6016		Dill Organic	9004145003262	6 x 15g	
6018		Fennel Whole Organic	9004145003224	6 x 40g	
6124	Fenugreek Seeds Organic	9004145001183	6 x 120g		
6079	Garam Masala Spice Organic	9004145007246	6 x 35g		
6020	Granulated Garlic Organic	9004145003255	6 x 40g		
6021	Ginger Ground Organic	9004145003316	6 x 35g		
6065	Herbs de Provence Organic	9004145003378	6 x 25g		
6022		Juniper Berries Organic	9004145003361	6 x 40g	
6023		Lemongrass Organic	9004145007208	6 x 25g	
6050		Mace Powder Organic	9004145003194	6 x 20g	
6024		Marjoram Organic	9004145003040	6 x 12g	
6060		Mixed Spice Ground Organic	9004145004054	6 x 40g	
6129		Yellow Mustard Seeds Organic	9004145007734	6 x 120g	
6047		Nigella Organic	9004145004160	6 x 40g	
6025		Nutmeg Organic	9004145003651	6 x 25g	
6026		Nutmeg Ground Organic	9004145003095	6 x 35g	
6027		Oregano Organic	9004145007772	6 x 18g	
6028	Hot Paprika Organic	9004145003330	6 x 40g		
6029	Sweet Paprika Organic	9004145003279	6 x 40g		
6030	Parsley Organic	9004145003149	6 x 15g		
6031	Pepper Black Ground Organic	9004145003392	6 x 35g		
6032	Peppercorns, Whole Black Organic	9004145003309	6 x 35g		

Code	Brand	Description	Bar Code	Unit of Measure	Info
6072		Peppercorns, Whole Mixed Organic	9004145007017	6 x 35g	
6045		Peppercorns, Pink Organic	9004145007314	6 x 20g	
6034		Peppercorns, Whole White Organic	9004145003422	6 x 35g	
6073		Pizza & Pasta Seasoning Organic	9004145003583	6 x 25g	
6033		Rosemary Organic	9004145003163	6 x 30g	
6035		Saffron Strands Organic	9004145003842	6 x 0.5g	
6036		Sage Leaves Organic	9004145003668	6 x 10g	
6038		Star Anise Organic	9004145003989	6 x 25g	
6039		Tarragon Organic	9004145003071	6 x 20g	
6040		Thyme Organic	9004145003187	6 x 25g	
6041		Turmeric Ground Organic	9004145003552	6 x 40g	
6042		Vanilla Pods Organic	9004145003958	6 x 2 pcs	
6080		Spice Mill (Empty)	9004145010017	12 x 1	
6081		Spice Mill w/ Black Peppercorns Organic	9004145003309	12 x 37g	
6110		Spice Mill with Himalayan Pink Rock Salt	9004145017146	12 x 90g	
6101		Himalayan Pink Rock Salt Fine	9004145007109	6 x 150g	
6102		Himalayan Pink Rock for Salt Mills	9004145007147	6 x 150g	
6108		Himalayan Coarse Pink Rock Salt for Salt Mills	9004145907140	20 x 1 kg	
5485		Engevita Yeast Flakes B12 Enriched	5016081312098	6 x 125g	
SYRUPS & MOLASSES					
4915		Agave Syrup Organic	5012246056111	6 x 250g	
4916		Rice Syrup 6x330g Organic	5012246056067	6 x 330g	
4917		Golden Syrup 6x340g Organic	5012246516073	6 x 340g	
4919		Stem Ginger (in Syrup) Organic	5032722307834	6 x 330g	
5902		Molasses Organic	5014213711337	6 x 350g	
5903		Molasses Organic	5014213200725	6 x 740g	
T459		Maple Syrup Organic Grade A Amber with Rich Taste	3874855001188	12 x 189ml	
OLIVES					
5151		Black Olives Organic		6 x 230g	
OLIVE OIL					
5001		Mild Olive Oil Extra Virgin Organic	3291960001009	6 x 500ml	
5005		Fruity Olive Oil Extra Virgin Organic	3291960001375	6 x 500ml	
SEED & FRUIT OIL					
5065		Toasted Argan Oil Organic		6 x 250ml	
5027		Coconut Oil Organic		6 x 700ml	
5028		Coconut Oil Organic	3291960001542	6 x 340ml	
5035		Flax Seed Oil Organic	3291960001245	6 x 250ml	
5037		Hemp Seed Oil Organic	32919600011411	6 x 250ml	
5053		Hazelnut Oil Organic	3291960001481	6 x 250ml	
5063		Omega 3 Blended Oil Organic	3291960002297	6 x 500ml	
5039		Pumpkin Seed Oil Organic	3291960001252	6 x 250ml	
5041		Rapeseed Oil Organic	3456120003631	6 x 500ml	
5045		Sesame Oil Organic	3291960005762	6 x 500ml	
5073		Sunflower Frying Oil Deodorised Organic		6 x 500ml	
5049		Sunflower Oil Organic	3291960001528	6 x 500ml	
5061		Toasted Sesame Oil Organic	3291960005762	6 x 250ml	
5057		Walnut Oil Organic	3291960001269	6 x 250ml	

Code Brand Description Bar Code Unit of Measure Info

ANCIENT GRAINS PASTA

5391		WW Spelt Penne Organic	8032891761021	12 x 500g	
5393		WW Spelt Spaghetti Organic	8032891761014	12 x 500g	
5387		Graziella Ra Farfalle Organic	8032891761380	12 x 500g	
5389		Graziella Ra Spaghetti Organic	8032891761373	12 x 500g	
5381		White Cappelli Fusilli Organic	8032891761328	12 x 500g	
5385		White Cappelli Spaghetti Organic	8032891761335	12 x 500g	

WHOLE WHEAT PASTA

5401		Whole Wheat Fusilli Organic	8032891760024	12 x 500g	
5403		Whole Wheat Penne Rigate Organic	8032891760017	12 x 500g	
5405		Whole Wheat Spaghetti Organic	8032891760031	12 x 500g	

WHITE PASTA

5410		White Canneloni Organic	8032891760185	12 x 250g	
5411		White Conchiglie (Shells) Organic	8032891760086	12 x 500g	
5413		White Fusilli Organic	8032891760055	12 x 500g	
5414		White Lasagne Organic	8032891760192	12 x 500g	
5415		White Penne Rigate Organic	8032891760048	12 x 500g	
5416		White Spaghetti Organic	8032891760062	12 x 500g	
5417		White Strozzapreti Tricolore Organic	8032891760116	12 x 500g	
6253		Tomato & Quinoa Elbows Pasta Organic	3380380000522	8 x 500g	
6255		Quinoa Spaghetti Garlic & Parsley Organic	3380390175531	12 x 500g	

GLUTEN FREE PASTA

6335		Brown Rice Fusilli Organic	8018699010929	12 x 250g	
6336		Brown Rice Penne Organic	8018699010905	12 x 250g	
6337		Brown Rice Spaghetti Organic Case 18x250g	8018699010912	18 x 250g	
6332		White Rice Fusilli Organic	8018699010592	12 x 500g	
6333		White Rice Macaroni Organic	8018699008216	12 x 500g	
6334		White Rice Spaghetti Organic	8018699010585	12 x 500g	
6343		Corn Penne Organic	8018699009282	12 x 500g	
6341		Corn Shells Organic	8018699010769	12 x 500g	

SAUCES

5183		Pizza Sauce Paste Organic		6 x 350g	
5171		Basil Paste Organic	3291960002037	6 x 90g	
5177		Harissa Chili Paste Organic	3291960008152	6 x 90g	
5173		Garlic Puree Organic	3291960002051	6 x 90g	
5460		Gravy Powder 110g Organic	5016084355184	6 x 110g	
5365		Passata Organic	8032891763070	12 x 700g	
5373		Pasta Sauce w Basil Organic	8032891763087	12 x 300g	
5375		Pasta Sauce With Olives & Capers Organic	8032891763094	12 x 300g	
5921		Korma Sauce	5014213711702	6 x 350g	
5923		Sun Dried Tomato Sauce	5014213711726	6 x 350g	
5925		Tikka Masala Sauce	5014213711719	6 x 350g	
5927		Creamy Mushroom & White Wine Sauce	5014213711733	6 x 350g	
5929		Tomato Ketchup Organic	5014213001827	6 x 285g	

DAIRY ALTERNATIVES TO MILK

5350		Soya Milk, Natural Organic (Green)	3273227080156	6 x 1L	
5351		Blue Soya Milk Sweetened w Apple Juice Conc	3273227080248	6 x 1L	
5352		Yellow Soya Milk-Vanilla Calcium Enriched	3273227080279	6 x 1L	
5355		Rice Milk, Calcium Enriched Organic	3273227078009	6 x 1L	
5353		Soya Cream Cuisine Organic	3273227088213	24 x 200ml	
9921		Almond Original UHT	5411188110835	8 x 1L	
9923		Coconut for Professionals UHT	5411188116592	8 x 1L	
9925		Mini Soya Original UHT	5411188511366	5 x (3x250ml)	
9927		Soya for Professionals UHT		12 x 1L	

Code Brand Description Bar Code Unit of Measure Info

READY MEALS

5493		Falafel Mix Organic	5032722313217	6 x 160g	
5495		Veggie Burger Mix Organic	5032722313224	6 x 140g	
5486		Braised Tofu	5016084210759	12 x 225g	

SOUP & BOUILLIONS

5481		RED Bouillon Cubes Organic	5016084259000	12 x 8Cubes	
5482		PURPLE Bouillon Cubes Organic	5016084259017	12 x 8Cubes	
5483		GREEN Bouillon Cubes Organic	5016084504582	12 x 8Cubes	
5461		Vegetable Bouillon RED Organic	5016084005225	900g	
5462		Bouillon RED Family Size Organic	5016084811376	6 x 500g	
5463		Bouillon RED Organic	5016084123455	6 x 150g	
5464		Bouillon GREY Reduced Salt Organic	5016084235516	6 x 140g	
5466		Veg Bouillon PURPLE Reduced Salt	5016084100654	1kg	
5467		Bouillon PURPLE Reduced Salt Family Size	5016084811277	6 x 500g	
5468		Bouillon PURPLE Reduced Salt Powder	5016084293660	12 x 150g	
5470		Vegetable Bouillon GREEN	5016084151281	1kg	
5471		Bouillon GREEN Family Size	160848111785	6 x 500g	
5472		Bouillon GREEN	50160884	12 x 150g	

TINNED FOOD

3981		Aduki Beans Organic	5032722308244	6 x 420g	
3982		Baked Beans Organic	5032722302761	6 x 420g	
3984		Black Beans Organic	5032722309791	6 x 400g	
3985		Blackeye Beans Organic	5032722308251	6 x 400g	
3986		Butter Beans Organic	5032722302754	6 x 400g	
3987		Cannellini Beans Organic	5032722309906	6 x 400g	
3988		Chick Peas Organic	5032722301313	6 x 400g	
3989		Chilli Beans Organic	5032722304802	6 x 395g	
3990		Haricot Beans Organic	5032722306189	6 x 400g	
3991		Green Lentils Organic	5032722302235	6 x 400g	
3992		Mixed Beans Organic	5032722302921	6x400g	
3993		Pinto Beans Organic	5032722302990	6 x 400g	
3994		Lentils Vert Organic (Puy Style)	5032722309784	6 x 400g	
3995		Red Kidney Beans Organic	5032722301320	6 x 400g	
5161		Coconut Milk Organic	5032722304413	6 x 400g	
5162		Coconut Milk Light Organic	5032722311534	6 x 400g	
5165		Creamed Coconut Organic	5032722307018	12 x 200g	
5446		Whole Cherry Tomatoes Organic	5032722306424	12 x 400g	
5445		Whole Peeled Plum Tomatoes Organic	5032722301009	12 x 400g	
5447		Chopped Tomatoes Organic	5032722301016	12 x 400g	
5448		Chopped Tomatoes with Basil Organic	5032722302952	12 x 400g	
3397		Sweetcorn Organic	5032722306622	6 x 340g	

DRINKS

6502		Apple Juice Organic	5032722307186	6 x 1L	
6503		Apple & Blueberry Juice Organic	5032722308466	6 x 1L	
6504		Apple & Cranberry Juice Organic	5032722308459	6 x 1L	
6515		Pomegranate Juice (Pure) Organic	5032722313880	6 x 200ml	
6522		Blueberry Juice (Pure) Organic	5032722307322	6 x 330ml	
6523		Cranberry Juice (Pure) Organic	5032722305144	6 x 330ml	
6524		Elderberry Juice Organic		6 x 330ml	
6531		Apple Juice Organic	5032722312302	6 x 1L	
6533		Carrot Juice Organic	5032722312333	6 x 1L	
6532		Apple & Mango Juice Organic	5032722304987	6 x 750ml	
6508		Cherry Juice (Pure Tart) Organic	5032722311541	6 x 1L	
6534		Cranberry Juice (Pure) Organic	5032722307513	6 x 750ml	
6507		Pomegranate Juice (Pure Tart) Organic	5032722308824	6 x 1L	
6536		Red Grape Juice Organic	5032722312326	6 x 1L	
6538		Tomato Juice Organic	5032722312340	6 x 1L	
6450		Coconut Water Organic	5032722312722	12 x 300ml	
6506		Beetroot Juice Organic	5032722312357	12 x 500ml	

Code	Brand	Description	Bar Code	Unit of Measure	Info
6451		Coconut Water	898999000503	12 x L	
6452		Coconut Water	898999000022	12 x 300ml	
6455		Coconut Water With Pineapple	898999000206	12 x 300ml	
Z213713		Milk PROtein RTD Vanilla Caramel	05390413011300	12x330ml	
Z990202		Milk PROtein RTD Strawberry	05390413011348	12x330ml	
Z990203		Milk PROtein RTD Chocolate	05390413011461	12x330ml	
Z990215		Milk PROtein RTD Banana	05390413011324	12x330ml	
BEVERAGES					
5566		Chocolicious Drinking Chocolate Organic	9004145009424	6 x 300g	
5565		Instant Spelt Coffee Organic	9004145004016	6 x 50g	
5595		Espresso Beans Organic	9004145010956	5 x 500g	
5596		Espresso Ground Organic	9004145010949	5 x 500g	
5597		Melange Coffee Beans Organic	9004145010925	5 x 500g	
5598		Melange Coffee Ground Organic	9004145010901	5 x 500g	
TEA BAGS BLACK					
5604		Earl Grey Tea Bags Organic	9004145022188	6 x 18 Bags	
TEA BAGS HERBAL BLENDS					
9898		Tea Assortment Organic	9004145022928	Unit 6 x 20 Bags	
5607		Ginger Energy Tea Bags Organic	9004145028517	Unit 6 x 20Bags	
5608		Ginger Lemon Tea Bags Organic	9004145028524	Unit 6 x 20 Bags	
TEA BAGS SINGLE HERBS					
5651		Camomile Tea Bags Organic	9004145002586	6 x 20 Bags	
5653		Fennel Tea Bags Organic	9004145002630	6 x 20 Bags	
5668		Ginger Tea Bags Organic	9004145028531	6 x 20 Bags	
5654		Lemon Balm Tea Bags Organic		6 x 20 Bags	
5655		Lime Flower Tea Bags Organic	9004145022171	6 x 20 Bags	
5656		Peppermint Tea Bags Organic	9004145002616	6 x 20 Bags	
5657		Pu-Erh Tea Organic	9004145002999	6 x 18 Bags	
5658		Rooibos Tea Bags Organic	9004145002906	6 x 20 Bags	
6044		Sage Tea Bags Organic	9004145022010	6 x 18 Bags	
5652		Chinese Green Tea Bags Organic	9004145002685	6 x 20 Bags	
TEA LOOSE					
5584		Camomile Tea Organic	9004145002067	6 x 50g	
5587		Nettle Tea Organic	9004145002029	6 x 50g	
5586		Peppermint Tea Organic	09004145002098	6 x 50g	
5583		Raspberry Leaf Tea Organic	9004145002135	6 x 50g	
5589		Sage Tea Organic	09004145002104	6 x 50g	
5647		Gunpowder Green Tea Organic	9004145002401	6 x 100g	
5646		Sonnentor Green Tea Sencha Organic	09004145002340	6 x 100g	
5644		Wu long Tea (Oolong) Organic	09004145006911	6 x 80g	
SPREADS					
5227		Almond Butter Organic	5060132280485	6 x 170g	
5226		Cashew Butter Organic	5014213000929	6 x 170g	
5224		Unsalted Peanut Butter Smooth Organic	5060132280201	6 x 280g	
5225		Unsalted Peanut Butter Crunchy Organic	5060132280867	6 x 1kg	
5231		Unsalted Peanut Butter Crunchy Organic	5014213200732	6 x 280g	
DY267		Natural Peanut Butter Crunchy	5014213711276	6 x 280g	
5235		Pumpkin Seed Butter Organic	5060132280683	6 x 170g	
5219		Tahini Dark Organic	5014213200787	6 x 270g	
OR371		Light Tahini Paste	5014213711313	6 x 270g	

Code	Brand	Description	Bar Code	Unit of Measure	Info
FRUIT SPREADS					
5261		Apricot Fruit Spread Organic	5014213711153	6 x 280g	
5263		Blackcurrant Fruit Spread Organic	5014213711139	6 x 280g	
5265		Cherry & Berry Fruit Spread Organic	5014213711177	6 x 280g	
5267		Raspberry Fruit Spread Organic	5014213001278	6 x 280g	
5269		Seville Orange Fruit Spread Organic	5014213711122	6 x 280g	
5271		Strawberry Fruit Spread Organic	5014213711146	6 x 280g	
5273		Wild Blueberry Fruit Spread Organic	5014213000301	6 x 280g	

VINEGAR					
5101		Balsamic Vinegar Organic	3291960008398	6 x 250ml	
5102		White Balsamic Vinegar Organic		6 x 250ml	

PROTEIN POWDERS					
9102		Hemp Protein Powder	5060142010508	6 x 250g	
9101		Pea Protein Isolate Powder	5060142010195	6 x 250g	
9112		Sprouted Rice Protein	5060142010706	6 x 250g	
9105		Soya Protein Isolate Powder	5060142010188	6 x 250g	
9123		Sunflower Protein Powder Organic	5060142011055	6 x 250g	
9116		Whey Protein Powder Organic	5060142010980	6 x 250g	
9108		Whey Protein Isolate Powder	5060142010171	6 x 250g	
9104		Hemp Protein	5060142010683	1kg	
9103		Pea Protein Isolate Powder	5060142010164	1kg	
9114		Sprouted Rice Protein	5060142010690	1kg	
9107		Soya Protein Isolate Powder	5060142010157	1kg	
9117		Whey Protein Powder Organic	5060142010997	1kg	
9109		Whey Protein Isolate Powder	5060142010140	1kg	

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Code	Brand	Description	Bar Code	Unit of Measure	Relish Rewards
BODY OILS					
5701		Argan Oil Spray Organic	32919600011015	3 x 50ml	
5715		Rose Hip Oil Spray Organic	32919600010902	3 x 50ml	
SHEA BUTTER					
5751		Shea Butter 100% Pure Organic	3291960008688	6 x 150ml	
SOAP BARS					
5757		Aloe-Vera Soap Organic	3291960008664	6 x (3x150g)	
5763		Honey Soap Organic		6 x (3x150g)	
5767		Lavender Soap Organic Case		6 x (3x150g)	
5781		Olive Soap Organic	32919600011732	6 x (3x150g)	
5779		Sweet Almond Soap Organic Case		6 x (3x150g)	
5783		Green Soap Block	3291960008503	10 x 600g	

TERMS & CONDITIONS

All transactions are carried out under our terms and conditions, which are printed on the reverse side of our sales invoices, a copy of which is available on request. Pallas Foods reserves the right to alter their terms and conditions at any time without notification.

ORDER BY 5PM

For next day delivery, unless otherwise indicated, orders must be received by 5pm. Orders may be left on our telephone voicemail after office hours. These orders will be processed on the next working day and delivered on the following delivery day.

MINIMUM ORDERS

To ensure the best delivery service Pallas Foods requires a minimum of €150 per delivery.

VAT

VAT is applicable on some products. Rates may vary depending on current regulations.

RELISH REWARDS

Relish Reward points are correct at time of print but may be subject to change.

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