

**ALWAYS
FREE**

June 2018



Lighthouse Peddler

The Guide To Music, Events,
Theater, Film, Art, and Life
on the Mendocino Coast



Feeling Blue?
Nick's Here, June 23
Arena Theater and
Blues On The Coast
Present The
Nick Schnebelen
Band

According to the late Al Jarreau, "You have to make a decided effort to not get seduced by the Blues." Accepting that, why not save a little wear and tear on your body and soul and just get into the blues. Arena Theater makes it easy. The Blues On The Coast series continues to bring in some of the best players around, and June is no exception. This month Nick Schnebelen and his trio take center stage at Arena Theater Saturday, June 23. Doors will open at 8:00pm, music starts at 8:30pm. Tickets are \$20, and are available at Four-Eyed Frog, Sea Trader, Arena Market and the Pier Chowder House and Tap Room. Tickets are also available online at www.arenatheater.org.

Kansas City native Nick Schnebelen has blues in his blood and, as founding member of the award winning popular family band Trampled Under Foot (TUF), he has quickly built a reputation as killer lead guitar player and impassioned vocalist. In 2008, Nick won the Albert King Award for "Best Guitarist" at the International Blues Challenge and TUF also took first place that year. Together with TUF Nick has traveled the world playing festivals such as Notodden, Montreal, and as fan favorites on the annual Legendary Blues Cruise.

(continued on page 13)

ART IN THE GARDENS AT MENDOCINO COAST BOTANICAL GARDENS



SATURDAY, AUGUST 4TH

TICKETS AVAILABLE NOW AT
WWW.GARDENBYTHESEA.ORG

Artists Peggy Sebera and Jan Maria Chiappa At Dolphin Gallery Opening Reception Saturday, June 2

Join artists Peggy Sebera and Jan Maria Chiappa on Saturday, June 2, from 5:00pm to 7:00pm at the Dolphin Gallery for the opening reception of their exhibit. The artists will be showing together at the gallery through Sunday, July 1.

A no-host bar and appetizers will be served while guests mingle with the artists. The reception is free to the public.

Peggy Sebera paints details in a large way. Working in oil on large canvases, Sebera evokes the natural world to which she has always been so attentive. As she paints, Se-



bera says, "(It's) as if I am there listening to nature reveal its magic to me."

In particular, this show focuses on her expressionistic skyscape paintings that feature the vast fullness of the heavens, and on her large, bold, colorful, and "up close and personal" rendering of flowers, often single blossoms. Viewers will resonate to the sheer joy and very quiet repose that these paintings call forth.

Sebera's close observations began with her enthusiastic participation as a Girl Scouts listening to the natural world around her and pursuing merit badges that reflected her intense interest in nature. She also enjoyed hiking and camping trips, where she gazed at the stars and moon at night and explored her earth-bound surroundings during the day.

The listening she did as a Girl Scout morphed into listening to individuals and groups as a leadership coach in organizations for many years. Along the way, she also attended an art workshop in Europe

and, after raising two children, launched a second career as a painter.

An active member of the Mendonoma arts community, Sebera is a member of the Sebastopol Center for the Arts and the Petaluma Arts Center; she serves as a juried member of ARTrails in the Sonoma County Open Studios. See more of her work at peggysebera.com.

Jan Maria Chiappa is no stranger to fans of the Dolphin and Gualala Arts, showing her work at the Dolphin for decades. This will be her second full exhibition. Chiappa offered workshops in clay at her Whichcraft studio and Gualala Arts for many years. Her work has been displayed during Discovery Tour, the Fine Arts Fair, Art in the Redwoods, and Festival of Trees.

Chiappa holds a Bachelor of Fine Arts and an MA with a concentration in Scripture and Ethics. Her "interest in the normative and formative power of myth" eventually led to her study of scriptural stories and to "how they form our ethical structures. The narrative we claim and tell about who we are, where we come from, and how we relate to the earth and one another informs our lives." Chiappa's study of fine art technique and myth leads naturally to work formed in



our human story and in that story's interaction with the natural world. Her work includes clay work batik, drawing, painting, and textile work.

At work every day in her studio on Fish Rock Road, surrounded by the natural beauty that resonates so strongly for her, Jan Maria creates highly memorable artworks

for adorning home and garden spaces. Her clay work, she says, "tell stories of what happens here; they are inspired by the place I live and the life around me."

Writer and Poet Ruth Thompson At Four-Eyed Frog in Gualala, June 16

Four-Eyed Frog Books, the south coast's community-owned bookstore has invited writer and poet Ruth Thompson for an in-store visit Saturday, June 16 at 4:00pm.

Ruth Thompson's 'fierce, gorgeous, sensual' poems of earth-as-body and body-as-earth have been collected in three books of poetry: *Crazing, Woman With Crows*, and *Here Along Cazeno-via Creek*.

Her work has won many national awards. It has been nominated for a Pushcart Prize and has been choreographed by Japanese dancer Shizuno Nasu. Ruth received a BA from Stanford and a doctorate in English from Indiana University. She grew up in the Bay Area and has been coming to this area most of her life. She now spends a week at Sea Ranch every summer with her writing group. Ruth teaches poetry, meditation, and writing from the body workshops, and is editor of Saddle Road Press in Hilo, Hawai'i, which was recently featured in Poets and Writers.



Currently Ruth is working on two projects: Whale Fall, which is both the changing ecosystem of the dead whale as it sinks slowly to the ocean floor and also a dark realm of transformation; and Journeying West, which tracks a woman hero's spiritual journey through a western desert landscape. Journeying West was begun during a women writers' rafting trip on the Colorado River in 2016. There is a video about the whale fall project, as well as other videos and poems, on Ruth's website at www.ruththompson.net.

At the Frog, Ruth will read a few poems from Whale Fall and Journeying West, and a few favorites from her published books, followed by a short craft talk on "Generation & Revision" – tips for generating new work (or finding your way around resistance), as well as for revision of work that seems to be stalled. There will be time for questions, and a book signing.

Four-Eyed Frog Books is in Cypress Village in Gualala. (707) 884-1333.

Voter Registration Saturday, June 2 at Pay N' Take

Get ready for the November 6 election by registering to vote at the Pay n' Take in Gualala (next to the Gualala Community Center) Saturday June 2, 8:30am to 12noon.

California residents (any county) who will be 18 years old by Tuesday, November 6, 2018 and are U.S.

Citizens are eligible to register to vote. The forms are in English and in Spanish.

You must re-register if you have changed your address, changed your name, or wish to change your political party. The new, im-

proved Voter Registration forms are easier and more user-friendly. If you are a youth 16 or 17 years old, you may now pre-register in advance of your 18th birthday. Please bring your Drivers License, or California ID card, and your Social Security number.

Voting rights are civil rights! Thank you for protecting and exercising your precious right to vote! Information at: www.sos.ca.gov and 707-884-4703.



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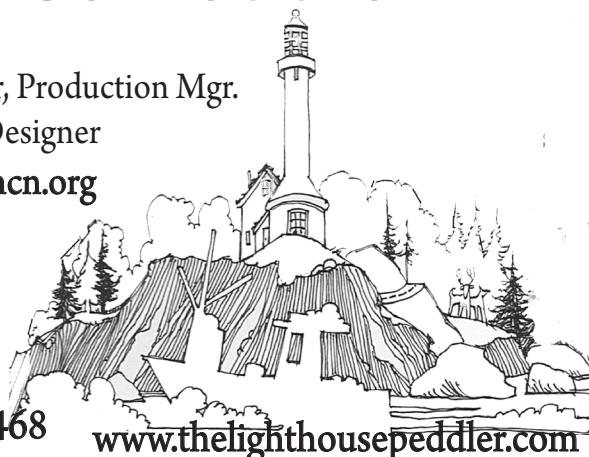
Lighthouse Peddler

Dolly Steffen: Publisher, Production Mgr.
 David Steffen: Editor, Designer
lighthousepeddler@mcn.org

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**North Beach Poet
Ronald Sauer Is Featured at
Third Thursday Poetry
at 215 Main June 21
by Blake More**

On Thursday, June 21, at 7:30pm The Third Thursday Poetry & Jazz Reading Series at 215 Main in Point Arena will feature North Beach Poet Ronald Sauer. The reading will begin with live improv jazz and an open mic with jazz improv; the reading will conclude with more live improv jazz.

Ronald F. Sauer is a poet/New Yorker in North Beach, San Francisco. A compulsive talker, musician, artist, art collector & curator, translator of Baudelaire (and many a great French poet), Summa-cum-laude for Horizontal Angelology (Ph.d, Oxymoron Divinity School), upstart cosmologist, aficionado of insomniac starlight, the bane of pretense, philately and cheeky ducks; he is also haberdasher to the blithely impoverished and when not bottom-feeding his antique obsessions, he manages to sell a bit of art for his gang and self with his better organized art-moll, the collage-packing and fleet-fingered Rebecca Peters.

He is also a translator of Charles Baudelaire's *Le Spleen de Paris* (1868)... and many another great French poet, including Gaspard de la Nuit, by Aloysius Bertrand, (the first book of French prose-poems from 1838); Voltaire, Jacques Prevert; the Haitian writer Jacques Roumain, etc., etc., altogether some four hundred pages of French writing. He is also a book, film and art critic who served as Professor of Film History at the Academy of Art College for three years.

He resided in Europe for eight years, where he organized poetry events and edited magazines, including the *Ins-And-Outs Poetry Anthology*, Amsterdam (1980). Among others, his poetry (and poetic translations from the French) published in: *City Lights Journal*; *American Poetry Review*; *Androgyne Magazine*; *Oxygen Magazine*; *Beatitude Magazine*, North Beach S.F; *Beatitude Silver Anniversary Issue*; *Ins-And-Outs Magazine*; *Ins-And-Outs Poetry Anthology*; *North Beach Journal*; *North Beach Now Magazine*; *North Coast Review*.

Third Thursday Poetry is supported by The Third Thursday Poetry Group, many anonymous donors, and Poets & Writers, Inc. through a grant it has received from The James Irvine Foundation.



**Upcoming Herbal Living Retreat
At Windy Hollow Farm
June 15-17**

Spend a weekend exploring herbs on Windy Hollow Farm, a 20 acre local organic farmstead. This annual retreat is an opportunity to learn more about the world of herbs through the lens of farmer, wild-crafter, herbalist, and cook. Classes and activities will cover everything from propagating and cultivating plants to using herbs in medicines and in meals.

An herb walk through the gardens and herbal vinegar making, followed by a farm fresh meal and after dinner cordial and syrup tasting kick off the weekend. From there time is spent planting a medicinal and culinary herb garden, wildcrafting, making oils and salve, blending fresh teas and much



more. Classes will be primarily taught by Jennifer Ketring of Windy Hollow Farm and Gillian Nye of Roots Herbal Apothecary, along with this year's guest teachers who will be sharing the crafts of soap making and fermentation.



This is a full weekend with lots of shared information and plenty of fun. Participants bring home herb starts, salve, seeds, vinegar and fresh tea blends.

For more information or to register for this informative immersion retreat, visit www.windyhollowfarm.com

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**57th Art In The Redwoods Is Coming In August
Mark Your Calendar • August 16-19**

Art In The Redwoods is coming August 16-19 and for many it's time to get sponsorships, registrations, and entry forms in order, and calendars and to-do lists updated.

This year's festival weekend kicks off with the Hats Off Dinner fundraiser on Thursday, August 16. Look for your invitation in the mail or call Gualala Arts at (707) 884-1138 to R.S.V.P. Admission is \$150 (\$100 of that is a donation to Gualala Arts, a registered non-profit organization.

The dinner is followed by the Champagne Preview on Friday the 17th, where people can view the winning Fine Arts Festival entries and listen to a critique of the prized pieces. Festival days are Saturday and Sunday, August 18 and 19.

Besides attending the dinner fundraiser, there are many levels of sponsorship for the fine arts festival, the largest exhibit of its kind in Northern California. "Sponsorship

provides an opportunity to spotlight your business and community commitment," said David "Sus" Susalla, Executive Director of Gualala Arts. "In addition to website presence, articles in the program, and publicity leading up to the event, all sponsors are highlighted on posters around the Arts Center during the festival and throughout the Fine Arts exhibit."

Festival Sponsors are contributors of \$5,000 or more. **Platinum Sponsors** contribute \$3,000 or more. **Gold Sponsors** are contributors of \$2,000 or more. **Silver Sponsors** contribute \$1,000 or more. **Bronze Sponsors** contribute \$500 or more. **Friends** are contributors \$100 or more.

"Without community sponsors and donors, Gualala Arts could not provide the festivals and events that so many enjoy!" Susalla said. "We thank you for your continued involvement and support. You make a difference!"



**2018 Gualala Arts Auto Show and Pinewood Derby July 21
Registration Available Now!**

2018 marks the tenth year of the Gualala Arts Auto Show and the eighth year holding the Pinewood Derby, and what a ride. From Andy and Roy Brizio to Kent Fuller and Sid Waterman, it's been a fan filled fun fest of revving engines, shop talk, prizes, and hot cars under the cool redwoods each July, and this year will not disappoint.

Although the Auto Show isn't until July 21, the deadline for entry forms for 2018 show is June 15th. Registration forms are available online at GualalaArts.org, or stop by the Gualala Arts and pick one up. Registration fee is \$40 per vehicle and includes 1 event T-Shirt, a show poster and a dash plaque.

This show is not juried, but it is judged and, as always, trophies awarded. Class trophies, Judges' Awards, People's and Ladies' Choice and other special awards are presented the afternoon of the show.

Entries are accepted on a first-come, first-serve basis and only 100 entries will be accepted. Judging begins at 8:00am Saturday; the Awards Ceremony begins at 3:00pm. A continental breakfast will be available for purchase from 7:00am to 10:00am; Lunch will be available for purchase from 11:00am to 3:00pm, and beverages available for purchase from 7:00am to close, all on the Gualala Arts Center grounds. "It's always a great day, celebrating cars, summer adventures, and – this year – ten years of specialty autos and derby winners!" said Executive Director David "Sus" Susalla.

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Workshops At Gualala Arts In June Something For Everyone • Many Options For Your Calendar

Gualala Arts has a bevy of workshops for the month of June, featuring painting, drawing, monotype printing and card making. Note deadlines for registration and sign up in advance.

"Monotype without a Press" with instructor Larry Stefl is a two-day workshop in monotype printing and transfer techniques. The class will be Saturday, June 2 and Sunday, June 3, 10:00am to 4:00pm in the Upstairs Classroom. Cost to GA members is \$185, non-members is \$195. A materials fee of \$45 is due to the instructor at the first class.

Larry Stefl is a practicing artist, art educator and jazz musician with his Masters in Fine Art from the University of California at Berkeley. His art in mixed media, printmaking, sculpture and drawing has been shown in over 135 exhibitions in the last 35 years in California, Nevada, New Mexico, New Jersey and Japan.

"Back to the Basics of Drawing" on Saturday, June 16, and Sunday, June 17, 9:00am to 3:30pm with instructor Mike Henderson in the upstairs classroom. Cost for Gualala Arts members is \$80 and \$90 for non-members. The deadline to register is Saturday, June 2. This two-day workshop is designed for both intermediate-level artists to revisit and firm up their drawing foundations and for raw

beginners to get off on the right foot toward sketching and drawing independence.

"Creating Greeting Cards" with instructor Susan Schultz is an on-going workshop that meets once a month to create handmade cards. The class will meet on the third Thursday of the month from 1:00pm to 3:00pm in the Upstairs Classroom, starting June 21. Cost is \$20 for GA members and \$25 for non-members. Register by June 14.

"Suminigashi Ink Painting" with instructor Whitney Badgett Hasan is the "Last Friday Entertainment Art Class" on Friday, June 29, from 6:00pm to 8:00pm. Sign up by Friday, June 22. The class will be in the upstairs classroom. Cost for GA members is \$25; non-members \$30. A \$10 materials fee is due directly to the instructor the evening of the class.

July will kick off with "Paint and Pour," Gualala Arts' version of a paint and sip class! Artist Whitney Badgett Hasan will lead the group in creating a painting while enjoying a glass of wine purchased at the no-host bar at Gualala Arts. Registration deadline for this class is June 29. Cost is \$25 for GA members and \$30 for non-members, with a \$10 materials fee.

Register for all classes and workshops by calling Gualala Arts at 707-884-1138 or stop by the Arts Center to sign up.



Libraries Rock This Summer

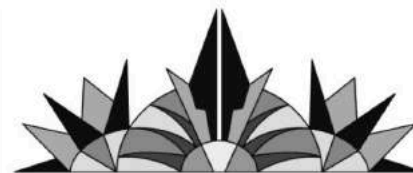
Free and Fun is the Plan
At Coast Community Library

One of the great combinations each summer is Free and Fun, and that's the idea at the Coast Community Library this summer where this year's theme is "Libraries Rock!" Each week they will present free and fun programs featuring story times, interactive science activities, crafts, movies, refreshments and more! It's easy to pick up a schedule at the library or call (707) 882-3314. Of course you can also find more information at www.mendocinolibrary.org or check their Facebook page at Coast Community Library.

The 2018 Summer Reading Program begins with a Kickoff & Registration Party Wednesday June 20 at 1:00pm. The welcome is open for all to join them in a library wide scavenger hunt, story time, and more while registering for Summer Reading. There will be free books, prizes, and snacks! And on Monday, June 25 it will be time for "Dinosaurs Rock!": Fun and Interactive Presentation all about Dinosaurs—complete with a fossil dig. And Wednesday the 27th they'll host "Meet the Music!": Live music performance by local band Black Sugar Rose! Build your own instrument using recycled materials.

And you should also know that on Saturdays starting June 23, the library will offer Family Movie Matinees starting at 12:30pm. First up, on Saturday June 23, is *Coco*. It's the story of aspiring musician Miguel, confronted with his family's ancestral ban on music, enters the Land of the Dead to find his great-great-grandfather, a legendary singer. *Coco* has a running time of 105 minutes and is rated PG.

There's a lot to do in June, and there's much more to do in July and August, so stop in at the library this month and be a part of the Summer Reading Program.



ARENA THEATER
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June 2018

Blues on the Coast
Nick Schnebelen Band
Saturday June 23 8:30 PM

Mark Your Calendar

SF Mime Troupe

Wednesday July 18 7:30 PM

Bolshoi Ballet in Cinema
Sunday June 10 2 PM
Coppélia

National Theatre Live
from London
Saturday June 16 1 PM
Macbeth

Arena Theater Live
Saturday June 30 10 PM
Post-Fireworks Celebration
Thrive Be Love Tour
CD Release Party

Arena Theater Film Club
Mondays 7 PM
June 4 Monty Python & the Holy Grail
June 11 The Singing Revolution
June 25 A Face in the Crowd
214 Main Street Point Arena

Gualala Arts Global Harmony • Summer Adventure Camp Late Registration Available

It's not too late to sign up for Global Harmony Summer Adventure Camp! If you have young people visiting the area who are looking for things to do, we will be cooking up fun at Gualala Arts Global Harmony Summer Adventure Camp from Tuesday to Friday, July 10 - 20.



Registration after June 1 is \$295 per child. Scholarships are available, requests should be made in writing and submitted with registration. Registration forms are online or in person at Gualala Arts Center. "It's not too late to be part of the fun in making new friends!" Exec. Dir. David "Sus" Susalla said.



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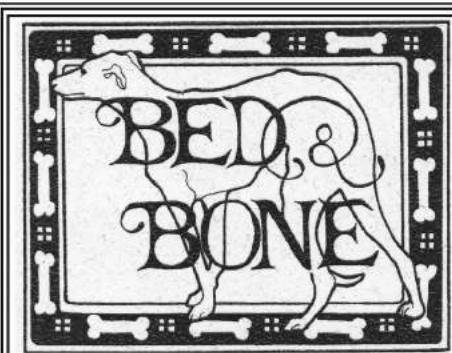
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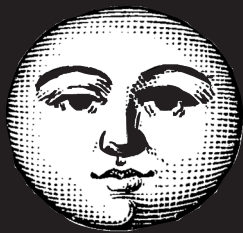
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Solution to Crossword:

New Moon



June 13

Full Moon



June 28



Arena Theater Film Club's June Selections: Farce, Drama, and a Truly Happy Ending
 "Monty Python and The Holy Grail", "A Face In The Crowd", and "The Singing Revolution"

It was, surprisingly, British television that allowed a group of completely off-the-charts comic minds to invade America. Monty Python's Flying Circus was the creation of some very funny fellows: Graham Chapman, Eric Idle, Terry Jones, Michael Palin, Terry Gilliam, and John Cleese. (By the way, it's Cleese as in Cleeze. He's very particular about the pronunciation.)

Monty Python and the Holy Grail (1975) is a comedic send-up of the grim circumstances of the Middle Ages as told through the story of King Arthur and framed by a modern-day murder investigation. When the mythical king of the Britons leads his knights on a quest for the Holy Grail, they face a wide array of horrors, including a persistent Black Knight, a three-headed giant, a cadre of shrubby-challenged knights, the perilous Castle Anthrax, a killer rabbit, a house of virgins, and a handful of rude Frenchmen. Dangerous to be certain. If you know the works of the Python team, you al-



ready know you're in for a good time. If the 'chaps' are new to you, come along anyway. The Middle Ages weren't really this funny. But we can dream, can't we? **Monty Python and the Holy Grail** screens Monday, June 4 at 7:00pm. It's rated PG and has a running time of 92.

Up next is a documentary, **The Singing Revolution** (2007). Between 1986 and 1991, the people of Estonia protested against their Soviet occupiers in large rallies. Although these protests were fundamentally peaceful, the Estonians used a weapon powerful enough to rattle an em-

pire: song. Patriotic songs, to be precise, which the Soviets had outlawed in Estonia. Thousands upon thousands would assemble to sing in defiance. This documentary unveils the story of a population that stood up against their oppressors with nothing but their voices and their pride. In addition to the happy ending, you'll be moved by the



story and the music.

The Singing Revolution screens Monday, June 11, at 7:00pm. The film is not rated and has a runtime 97 minutes. The film's director James Tusty will be on hand via Skype for a Q&A.

Closing out the month's offerings

on June 25 at 7:00pm is a classic of Hollywood. **A Face In The Crowd** represented a unique opportunity for the director, the filmmaker, and the star. Elia Kazan (director) was comfortable when it came to raising eyebrows and challenging the studio and the audience. For Andy Griffith, the role of the megalomaniacal TV personality both suited his folksy comedic skills and his musicianship, but it also challenged the relative newcomer to dig deep for this dramatic part.

The film is a study of Andy Griffith's fictional character—Larry "Lonesome" Rhodes, whose guitar and folksy humor would take him from an Arkansas jail to national popularity.

Ambitious young radio producer Marcia Jeffries (Patricia Neal) finds a Rhodes to be a

charming rogue in an Arkansas drunk tank and puts him on the air. Soon, Rhodes' local popularity gets him an appearance on television in Memphis, which he

parlays into national network stardom that he uses to endorse a presidential candidate for personal gain. But the increasingly petulant star's ego, arrogance and womanizing threaten his rise to the top.

Those who only know Griffith from **The Andy Griffith Show** (where he portrayed Sheriff Andy Taylor), or his subsequent TV series **Matlock**, or films like **No Time For Sergeants**, will be impressed with his skills portraying "Lonesome Rhodes". The film has a runtime of 126 minutes, is not rated, and was filmed in B&W.



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A Large Strawberry Is In The Sky • June 23 & 27
Pt. Arena Lighthouse Has Full Strawberry Moon Night Tours

The Point Arena Lighthouse continues its popular Full Moon Night Tours with two tours in June. They will also offer an (almost) Full Strawberry Moon Night Tour on Saturday, June 23 and a Full Strawberry Moon Night Tour on Wednesday, June 27. For both tours the gates will open at 8:30pm and the tours will start around 9:00pm.

The evenings will feature a special presentation about the Light Station's history and technology, sweet and savory snacks accompanied by champagne or sparkling juice, capped off by a guided "Climb to the Top" tour of the tallest lighthouse on the West Coast under the rising full moon – if the weather cooperates, of course! An etched Point Arena Lighthouse souvenir champagne flute is included in the price of admission for each participant, which is \$30 per person or \$50 for two.

Reservations must be made at least three days in advance of the tour. While the tour is scheduled to coordinate with the full moon, weather conditions may preclude lunar visi-

bility. The tours are conducted regardless of weather conditions, unless the Lighthouse Staff deems them to potentially cause safety issues for the guests. In the event the tour is cancelled, guests will receive a full refund.



The Lighthouse is located at 45500 Lighthouse Road in Point Arena.

According to the Old Farmer's Almanac full moon names were used by early Colonial Americans who learned the names from the local Native Americans. Indigenous people did not record time by using the months of the Julian or Gregorian calendar. Many tribes kept track of time by observing the

seasons and lunar months, although there was much variability. The name itself usually described some activity that occurred during that time in their location. June's Full Moon, the Full strawberry Moon, got its name because the Algonquin tribes knew it as a signal to gather ripening fruit. It was often known as the Full Rose Moon in Europe and the Honey Moon.

Our Full Moon Night Tours have frequently sold out well in advance, and guests always marvel at the moon rising over the hills east of Manchester just as we arrive at the top of the Lighthouse Tower," says Mark Hancock, Point Arena Lighthouse Executive Director. "Come enjoy this unique coastal experience!"

The Lighthouse offers Full Moon and (almost) Full Moon Night Tours throughout the year. See their website PointArenaLighthouse.com for details. Information and reservations are at 707-882-2809, ext. 1 at least three days prior to date of the tour.

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Fri 6/1 Exhibit Openings 5-7 pm
Gualala Arts Center
Putting it all Together: Collage & Assemblage
Nature's Gift by David Allen
Stories from a Disorganized Mind by Jim Vickery

Sat 6/2 Dolphin Gallery 5-7 pm
Oil Paintings by Peggy Sebera and Clay & Textiles by Jan Maria Chiappa

Dolphin Hours: Wed-Mon 10 am-4 pm

Sat 6/9 The Urban Arts Expo 4 pm
 Musicians Erv the Rapper & Sleepy Will
 Opening with Kid Karma & Synapse
 \$5 in advance, +\$5 day of
 Portion of proceeds to benefit Kasha School

PG-13 for explicit content

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Sat 7/21 Gualala Arts Presents: 10am-4pm
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Sat & Sun, 8/18 & 8/19 57th Annual Art in the Redwoods Festival
 Saturday, August 18 10am- 5pm & Sunday August 19 10am-4pm Admission to the festival is \$6, youth 17 and under are free

Purchase advance tickets at BrownPaperTickets.com, 1.800.838.3006 or at Gualala Arts Center or Dolphin Gallery VISIT GUALALAARTS.ORG FOR DETAILS

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Life is something that happens when you can't get to sleep.
 Fran Lebowitz (1950 -)

Arena Theater Presents "Macbeth" June 16.
Another Production of National Theatre Live from London

Arena Theater presents another production from National Theatre Live from London

Saturday, June 16, 1:00pm, doors 12:30pm. Tickets \$18, \$5 youth, online at www.arena-theater.org.



William Shakespeare's Macbeth in an acclaimed NTL production. The ruined aftermath of a bloody civil war. Ruthlessly fighting to survive, the Macbeths are propelled towards

the crown by forces of elemental darkness.

Shakespeare's most intense and terrifying tragedy, directed by Rufus Norris (The Threepenny Opera, London Road), will see Rory Kinnear (Young Marx, Othello) and Anne-Marie Duff (Oil, Suffragette) return to the National Theatre to play Macbeth and Lady Macbeth.

London Theatre 1 reminds us that "Macbeth is quite a complicated play that mixes history and magic to produce a very atmospheric story. At the end, there is a real cause and effect conundrum as the story leaves the audience wondering if the prophecies came true as the witches had magical powers or did

they come true because the witches suggested them to Macbeth? Personally I wouldn't



like to guess but ultimately Macbeth is, for me, one of the strongest of all Shakespeare's tragedies." Arena Theater is at 214 Main Street in Pt. Arena.

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Arena Theater Presents Thrive, Live • June 30 Post-Fireworks Independence Day Celebration

Thrive is currently touring in support of their latest release, "Be Love" and will bring its brand of rock and reggae to Arena Theater after the Independence Day fireworks on June 30! Music will start at 10:00pm with special guest Soulwise, an up-and-coming reggae band from Santa Cruz.

Formed under the redwoods of Mendocino County in 2008 and now based in Santa Cruz, Thrive has been playing its unique mix of reggae, rock, soul, R&B and pop since songwriters Aaron Borowitz and Kenneth Rogers joined forces to create music that they love with an emphasis on conscious lyrical content. Along the way, the group has released four full length albums, most recently the 2018 "Be Love" album and several EPs.

"Be Love" features Aaron Borowitz (guitar and vocals), Kenneth Rogers (drums and vocals), Daniel Herrera (trumpet), Adrian Demar (bass) and Kevin Eichhorn (keyboards) in collaboration with members of Rootz Underground, John Brown's Body, Through The Roots, and Katchafire.

Thrive released their debut full length album, "Gratitude Attitude" in 2010. It came as a surprise to the relatively unknown group that the album was received with open arms by the Reggae community, soaring to #5 on iTunes Reggae Charts. Local fans will remember the CD release party at Arena Theater!

Since then Thrive recorded and released their second album, *Relentless*, (2013) featuring Eric Rachmany (Rebellion) on the single "Just Fine." The album reached #3 on iTunes Reggae charts and #6 on the Billboard Reggae Charts. In 2015 the group released the Thrive EP featuring Trevor Young (SOJA) on the single "The Gift." The album



also includes the title "One," a fan favorite, promoting a message of unity.

Opening up the evening's music is Soulwise. The group fuses together steady and mesmerizing reggae grooves alongside flares of heavy rock and shredding lead guitar featuring a deep rhythm section of bass, drums, keys, guitar and horns.

Soulwise has played at numerous festivals such as the Santa Cruz Music Festival, CruzFest, Ink at the Bay, Redwood Mountain Faire, as well as played up and down the California coast and they have supported Jamaican greats Don Carlos, Warrior King, Jo Mersa Marley, and have shared the stage with Josh Heinrichs and Skillinjah.

The Arena Theater bar will be open!

Bolshoi Ballet in Cinema "Coppélia" Sunday, June 10 • Live from Moscow

Arena Theater is pleased to present the Bolshoi Ballet in Cinema, with *Coppélia*, Sunday, June 10, 2:00pm, doors open 1:30pm.

Swanhilda notices her fiancée Franz is infatuated with the beautiful Coppélia who sits reading on her balcony each day. Nearly breaking up the two sweethearts, Coppélia is not what she seems and Swanhilda decides to teach Franz a lesson.

The Bolshoi's unique version of *Coppélia* exhibits a fascinating reconstruction of the original 19th century choreography of this ebullient comedy involving a feisty heroine, a boyish fiancée with a wandering eye, and an old doll maker. The company's stunning

corps de ballet shines in the divertissements and famous "dance of the hours," and its principals abound in youthful energy and irresistible humor in this effervescent production.

The series is sponsored by John & Christine Wall and underwritten by Steve & Cheryl Chell and Gary Klein. Tickets are \$18, \$5 for youths 18 and under, and are available online at www.arenatheater.org or at the box office.

Music is by Leo Delibes; Choreography by Sergei Vikharev after Marius Petipa and Enrico Cecchetti. The Cast includes The Bolshoi Principals, Soloists and Corps de Ballet. Running time is 165 minutes.



Gualala Arts Urban Arts Expo June 9 Featuring Musicians Erv the Rapper and Sleepy Will, opening with Kid Karma and Synapse

Get your summer groove on June 9 with a concert at Gualala Arts first ever Urban Arts Expo at Coleman Hall and Arts Center Grounds, featuring Bay Area DJ Calibeatz and musicians Erv the Rapper and Sleepy Will.

Tickets to the concert are \$5 in advance, plus \$5 more the day of the performance. Youth age 7 to 17 are admitted free with adult. Rated PG-13 for explicit content and adult supervision is recommended. For advance purchase, tickets are available at BrownPaperTickets.com or call 1-800-838-3006. Tickets can be purchased in person at Gualala Arts Center.

Erv and Sleepy Will bring their unique style to Gualala Arts with an evening of exciting and innovative music. The show will open with local guest rap artists Synapse and Kid Karma.

There will be an Open Artist and Trade Sell Open Call from 4:00pm to 8:00pm followed by dancing, good food and fun all evening. Enjoy a summer barbecue with beer and wine no-host bar, chicken, tofu sticks and Polish sausages, BBQ beans, and potato salad!

Proceeds from this event will benefit Kashia schools for field trips and youth activities.

DJ Calibeatz (Eddie Diaz) is a DJ artist who spins for the best and keeps the beat, the bar and the baseline hopping for events throughout the Bay Area. Diaz is excited to spin for the coast.

Since the age of 18, Los Angeles born art-

ist Erv has been blessing the nation with a style like no other. Unable to fit the mold of just a rapper, Erv's ever-evolving style and delivery makes him stand out from the rest. After a short hiatus and move up the coast to the Bay Area, he's ready to be heard again!

Sleepy Will has been producing hot songs for the past 10 years, he says, and has worked hard to become respected as a true M.C. His previous single "Quite Like You" is currently featured in Ice Cube's new movie "Janky Promoters" starring Ice Cube, Mike Epps, Young Jeezy, and Lil J.J. from "Comedy Central".

Vacasa and Breaker's Inn are graciously providing housing for the visiting artists.



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2	7	4	8	3	1	6	9	5
5	6	8	4	6	7	1	2	3
9	3	1	2	5	9	7	8	4

Solution to Sudoku:

Words on Wellness by Karin Uphoff

Summer days of expansive brightness, beckon us to slip out the door and enjoy time in nature. Walking on the uneven ground of dirt trails, sandy beaches and grassy meadows is a healthy way to balance our brains and bodies.

Human feet have millions of fast-acting touch receptors, which transmit important information to the brain at a rate of 175 messages per second. The conversation these receptors have with the brain relies on constant stimulation to keep them



alive, active and intelligent. When we walk on concrete or flat surfaces in buildings we engage fewer neurons with more repetition, predisposing ourselves to foot issues such as plantar fasciitis, neuroma and ankle weakness. Add to that our habit of encasing feet in stiff shoes, one can imagine how feet become flat paddles instead of the incredibly complex pieces of anatomy they are. Each foot is carefully crafted with 26 bones (one-quarter of the bones in our body), 33 joints and over 100 muscles, tendons and ligaments.

All this fancy anatomy is important when we roll our feet over uneven, ever-changing surfaces that force the joints and their connections to articulate. Each joint and mus-

cle in the foot acts independently to collect information about the topography. These sensed patterns of stimulation, instantly speed up to the brain's cerebellum (balance center), which responds by adjusting the body's posture according to the input it receives. The more surface variety our feet

experience, the greater the cerebellum is stimulated and the faster the neurons respond to prevent falls and injury. Over time, this connection also influences body posture, which plays an integral role in maintaining healthy joints, optimally functioning muscles and general wellbeing.

By walking barefoot outdoors on sand or pebbles (or perhaps over toy-strewn indoor habitat that toddlers create!), our feet (and brain) get more practice and develop finer sensitivity to what is underneath them. You can also create benefits to balance by rolling your foot over a racquet ball, golf ball or foot roller. Trade foot massage with a friend and practice a little reflexology to keep feet flexible while also stimulating blood flow to your organs. For tired or dull feet, a mix of peppermint and lavender oils in a footbath or lotion will increase blood flow from toes to nose, and demonstrates your appreciation for their service.

Canvasback Duck: Check Out The Roman Profile.

The Canvasback duck can be recognized from a distance by its Roman profile. They show a continuous line from their dramatic sloping foreheads down to their large dark bills. The male has a red eye, a deep red-chestnut head and a black neck and hindquarters. Their backs are very light gray and the sides are whiter. The female head and neck are pale brown and the back and sides grayer than the male. They are nineteen to twenty-two inches long.

The name Canvasback comes from delicate dotted and lined wave-like pattern on their backs, which resembles canvas. Canvasbacks are diving ducks. Sometimes they dive as much as thirty feet to the lake bottom, where they feed on roots and tubers. They will also feed on young aquatic insects, clams and snails. They are especially fond of wild celery seeds.

Their feet are located far back on their body, which is ideal for propelling them under water, but makes them clumsy when

walking on land, which therefore they rarely do. Since they need a running takeoff for flight, they are found on larger lakes, estuaries and reservoirs.

Canvasbacks are wary and so join into large flocks rafting together far from shore. We see them here in the fall and winter. Most Canvasbacks in the U.S. nest in the Great Plains and Great Basin marshes. Their breeding grounds are marshes and small ponds known as potholes. They build a concealed nest on top of reeds or rushes growing out of water.

After the seven to nine gray-green eggs are laid, the male leaves. The female incubates the eggs for twenty-four to twenty-nine days. During this time she loses seventy percent of her body fat. The downy hatchlings soon leave the nest but don't fly for ten to twelve weeks. Interestingly, the female Canvasback is highly philopatric, returning to breed in the same area as she was born. Males virtually never return: consequently a given pair. mates for only one season.



Our thanks to the Mendocino Coast Audubon Society for contributing this article.

Each month, the Lighthouse Peddler features another bird regularly seen at or near the Mendonoma Coast. More information is at www.mendocinocoastaudubon.org. Photo credit: Barbara Fleming

Animal Care & Welfare

By Cathy Riehm

One of the scariest words a horse owner can hear is 'colic'. Colic is the term for abdominal pain caused by some sort of obstruction in the intestines (gas, feces... maybe a twist in the guts). Since horses are unable to vomit, it is very important that their digestive system move freely in the one direction.

So what could cause a horse to colic? Be careful of drastic changes- whether it be a change in environment, routine or diet. Horses are meant to be moving, so sometimes horses kept in small confined areas might be prone to colicking. Horses are also meant to be grazing all the time, so feeding large



amounts at fewer times could cause problems. Dehydrating conditions (for example, access to only freezing or dirty water, causing a horse to drink less) could contribute to colic in a horse. Parasites, weather changes and even sand can cause colic in horses.

Horses feeling pain from colic will show behaviors anywhere from looking at or kicking at their abdomen, to rolling and thrashing violently, with a tendency to roll onto their back to try to stretch out the pain. Sweating, pawing at the ground, biting or kicking at their flanks and disinterest in eating can all be signs of colic.

If symptoms are recognized early, you can walk your horse to try to get the guts to move things through. A more serious situa-



tion might call for a pain reliever/muscle relaxer i.e. a visit from your veterinarian. The most serious cases will require surgery, and some cases will be fatal.

When I was a Veterinary Technician II at the University of Georgia Large Animal Veterinary Teaching Hospital, part of my routine hourly examination of equine pre- and post-operative colic surgery patients was checking gut sounds. Rumbling and gurgling sounds are usually a good sign, and an absence of sounds could be concerning.

A horse's gut sounds are divided into four quadrants- the right and left, upper and lower quadrants. Place a stethoscope next to/cranial to (toward the head of) the flank

of your horse- toward the spine is the upper quadrant, and toward the belly is the lower quadrant.

Listen to as many horses as you can- learn what healthy horse guts sound like, and learn what doesn't sound right... Do you hear an 'ocean wave' sound? Is this horse turned out on and/or eating on a sandy pasture?

Know your horse's 'normals'; if something changes, you could catch it early.



I was a Veterinary Technician II in the Large Animal Teaching Hospital at the University of Georgia, part of my equine patients' hourly examinations included checking their digital pulses, and gauging

them from 1-5.

When taking pulses, you are feeling the blood flowing through the artery going into the hooves. If there is inflammation in the hoof, the blood flow is restricted and the artery is backed-up. More inflammation creates a stronger pulse. Difficulty in even detecting a digital pulse can be a good sign- if there is a bounding pulse, there is inflammation and probably pain. If you feel a bounding pulse, take your horse off grass immediately and call your vet.

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Gualala Arts Is Brimming With Creativity • Three Exhibits Opening Reception, June 1

David Allen: Photography • Jim Vickery: Painting • Collage User Group

Gualala Arts will once again be filled to the brim with the works of local artists throughout the month of June.

Photographer David Allen brings his large format cannabis images to the Arts Center in his exhibit "Nature's Gift," showing in the Elaine Jacob Foyer with Jim Vickery. Allen's work perfectly compliments Vickery's exhibit "Stories from a Disorganized Mind," a collection of mind-bending paintings.

In the Burnett Gallery, the Gualala Arts Collage Interest Group will display group members' works in the exhibit Putting it All Together: Collage and Assemblage.

A reception for all three exhibits will be Friday, June 1, from 5:00pm to 7:00pm at the Arts Center. Admission is free and appetizers and a no-host bar will be available while guests mingle with the artists.

Born in Oakland, David Allen has lived on the Mendocino Coast for over 28 years with his wife, Lucienne, raising five children. Now an empty-nester, David has re-engaged his passion for photography, which began in the mid-1990s.

Allen attributes his keen eye and attention to detail to his early years in the autobody industry, owning and operating Dave's Autobody in Point Arena. Additionally, he mar-



ried into an artistic family. "I was constantly surrounded by art and creative minds, living next door to my wife's grandparents, Lucienne Bloch and Stephen Dimitroff," he said. Having the desire to create without limita-

tions gave rise to Allen's business California Brothers Design (www.calibrothers.co), which currently focuses on photographically capturing the cannabis plant. Allen's goal in this collection was to highlight the plant when the flower was at its medicinal peak, rendering its most unusual combination of colors with every strain being different from the next. He then printed the im-

ages on metal, which further complements the intense colors and strategic lighting. Allen continues to work with farmers, cultivators, and geneticists alike helping them immortalize their unique strains, showcasing each distinct variety in detail.

"Don't tell anyone but sometimes I just make stuff up. It really is more fun that way. At least for me it is." So says artist Jim Vickery about the inspiration for his fun and thought-provoking paintings. "Sometimes, I go into a painting with a fully formed idea and execute it as imagined. Done. Most of

the time, the idea changes, develops, grows out of the process," he says. "There is a dialogue between paint and painter. A give and take that often results in as much surprise as intention."

Vickery was born in Hawaii and spent his youth traveling as a "Navy brat." He spent most of his adult life in the San Francisco Bay Area, where he and his wife, Lu, raised three boys. Vickery graduated from California College of Arts and Crafts in 1974. "Those were interesting times, and some of those artistic influences have lasted a lifetime," he says.



After studying "serious art" at California College of Arts and Crafts, Vickery's influence widened to include not just Don Martin but Salvador Dali, M. "Although my subject matter is not traditional, my techniques in oils and pen and inks are,"

he says.

Over the years Vickery has done political cartoons for the Sierra Club, and Communications Workers of America. He has been a member of The Hayward Arts Council and now is a member of Artist's Co-op of Mendocino, North Coast Artist's Guild, Artist's Collective at Elk, The Gualala Arts Center and The Mendocino Art Center.

Vickery's art has taken many directions, but he tries to stay true to his roots of political and social commentary. However, since moving to the Mendocino Coast, he has found it impossible to live in this beautiful place without trying to say something about that artistically as well.

"I don't think I have ever presumed to in-

spire or be profound, but I do, on occasion try to get a laugh," Vickery says. "I hope people find my observations and interpretations interesting and honest."

"Collage is one of the fastest growing and popular methods of art-making in the 21st century," says artist and curator for this show, Sharon Nickodem. "Collage is accessible to everyone. Tearing or cutting, pasting and reassembling fragments of paper, fabrics, found objects



and ephemera into a new art piece is the basic method of collage."

Nickodem started the Gualala Arts Collage User Group last year with artist Donalynn Chase. The group meets the second and fourth Tuesdays of the month, noon to 4 p.m., at the Arts Center and has a solid group of dedicated artists. Cost is \$5 per session and it is a "drop-in" open studio setting, but space is limited to 15 users at a time.

This show will NOT be juried, but it will be judged by Paul Schulte of Schulte Design, a San Francisco-based graphic design and creative arts firm. Moderate prizes will be awarded in the following categories: Best of Show, Analog, Digital and Collaborative.

"Collage" is defined very broadly to include traditional, assemblage, montage, journaling, scrapbooking, book making and digital collage, Nickodem says. "Nowhere else in art-making does synchronicity and intention have such impact as when they collide and integrate in the making of collage art."

Contact Sharon Nickodem at sharonnickodem@aol.com if you are interested in joining the group.

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New Pacific Woods CD June 22 Preview Party at MendoViné

On Friday, June 22, from 7:00pm to 9:30pm, MendoViné, Gualala's cozy wine lounge and hip musical venue, will host a CD release party featuring Pacific Woods, the Gualala-based contemporary ambient chamber jazz improvisational duo of Harrison Goldberg, saxophones, and Dave Jordan, electric bass. Come celebrate the release of their 2nd CD, *Sanctuary*, with a free live performance and listening to their new recording.

"We began a series of weekly experimental workshops that evolved into a unique dialogue between saxophone and electric bass that was captured on our first recording project, *Pool of Mirrors*, says Harrison. Most of the tracks are first-take improvisations recorded live by Dave at his coast hill-top studio nestled among redwoods, hence the name Pacific Woods, an apt choice for our musical and coastal identity."

In his review of "Pool of Mirrors" in *The Lighthouse Peddler* (October 2017), editor David Steffen wrote: "Harrison Goldberg and Dave Jordan paint a tapestry that enables the listener to get lost, happily. Jordan and Goldberg clearly both love what they do, and their musical relationship on this album is part tango and part kabuki. . . . Like the tango, these two musicians offer a counterpoint, one to another. Like Kabuki, the music is highly stylized. Neither term should be construed as off-putting. This is a good thing! . . . I'm always excited when a piece of music can take you away. Put the CD on and lose yourself in the atmosphere. As Chet Baker suggested, 'Let's get lost.'"

"Since our recordings are mostly improv," explains Dave, "for the *Sanctuary*



CD release party Harrison & I learned to 'cover' our own tunes by studying the recording so we could play them live. We'll still be improvising, but following the feel, groove and melodic elements of the originals. We won't try to cover the studio-edited tracks—we'll save those as a surprise for the audience when we play the CD for the first time after our performance . . . stay tuned for Harrison's unexpected saxophone choir!"

Both of Pacific Woods' CDs will be available for purchase at the event. MendoViné is at 39145 S. Highway 1, Gualala. Wine, beer, non-alcoholic varietals, coffee, and a delicious selection of sweet and savory small plates will be available for purchase. Free admission. Information at (707) 896-2650.

Coast Highway Art Collective: Artist Reception June 1

Birds and Blouses Featured In June

by Rozann Grunig

The June exhibit at the Coast Highway Art Collective in Point Arena is a whimsical and colorful combination of birdhouses, bird-themed jewelry, colored pencil-on-paper drawings and handcrafted linen blouses perfect for the coastal summer season. The show

features the works of local artists Bill and Sue Halderman and guest artists Rone Prinz and Patti Wells. Opening reception for the show is on Friday, June 1, from 5:00pm to 7:00pm at the gallery, located at 284 Main St., Point Arena. The public is invited to meet the artists and enjoy a glass of wine and small bites.

Patti Wells works in two mediums, jewelry and clothing. Wells says she is drawn to the Asian esthetic of form and function, and particularly to the wabi-sabi concept of the beauty of the imperfect. She creates her jewelry from sterling silver, red brass, copper, enamel and images from Japanese art. The blouses Wells creates take inspiration from the traditional garments of Japanese farm life. "The shapes of the shirts, vests and scarves come to life for me in fabrics of linen, cotton and silk. Although the forms of my clothing reference Japanese design, they have a contemporary feel as well."

Bill and Sue Halderman create whimsical, but very functional, birdhouses and feeders in all shapes and sizes. Bill uses recycled and found objects to build the houses that accommodate a single nesting bird to bird condos that can house several nests at one time. Each house opens for cleaning at the end of the season and even include



carved "steps" the fledglings can use to reach the opening when it's time to test their wings. Sue provides the creative touches, decorating the houses with paint, small objects and other details that make each unique. In addition to the birdhouses and feeders that are

designed for outdoor use, the Haldermans make indoor "book houses," hand decorated birdhouses that use a real book as the roof and can be used as a keepsake box or just for décor.

Rone Prinz started making jewelry during a Japanese papermaking class in 1986. She tore a piece off one of her sculptures and turned it into a pair of earrings. Her



explorations in metal led to an interest in jewelry as small sculpture.


This current collection is inspired by Prinz's recent move to the Central California Coast. "The smell of the ocean air, the sound of the waves and the calls of the shorebirds feed my intrinsic joy and compel me to keep challenging myself to create. I use basic metalsmithing and sculpture techniques to fabricate each piece, basically hand-forming, carving, sawing, soldering and sanding," says Prinz.

In 2017, Prinz gave herself a 100-day drawing challenge, resulting in detailed and exquisite drawings of birds. Using colored pencil,

watercolors and paper, her birds were created "some with hats, some with mixed media and they too keep evolving."



This show runs from June 1 to June 24. The Coast Highway Art Collective is open on Thursday to Sunday from 11:00am to 5:00pm and is the little red house next door to the Redwood Credit Union. For more information, visit the website at www.coast-highway-artists.com.



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Standing By by David Steffen

Personal beliefs for some, we often see as biases for others; likes and dislikes all become apparent when we reflect on the things that are important to us. Over time we may adjust those beliefs, temper those biases, or embrace something we earlier eschewed. Consider our memories. Growing up, my great aunt Violet was as important to me as my parents. Easily 40-50 years my senior, Aunt Vi was a truly good human being whose affection and wisdom were never missing. I found myself thinking of her this week for a somewhat unexpected reason.

Vi was an unassuming woman who worked as a coatcheck girl at the Milwaukee Athletic Club. Her husband Ed was a bus driver for the city's public transit system. She wasn't a musician, and not necessarily fond of pop music, but a genuine expression of support is not unimportant to a 12-year old boy. When I began playing the guitar at 12, contrary to many adults her age, there was no strange reaction. Rather, it was encouragement.

She was visiting our home in the spring of 1961. I don't recall the occasion, but it was probably for my sister's May birthday. Our family was like that in those days, particularly in the first couple of years after my parents divorced. The radio was on and one of the songs played had become so familiar, so well-liked, so universally acclaimed a pop hit, that no one could say a bad word about it. My mother was in the habit of taking us to Sears as she went shopping on a Saturday, and a big treat—at least for me—was going to the record department where she proceeded to buy two or three singles for me. At age 12, records were more important to me than ice cream (although that would change with time.)

Beyond popular music there were many things I should remember about 1961. Harp-

er Lee won a Pulitzer for *To Kill A Mockingbird*. The Broadway musical *Bye Bye Birdie* won a Tony. *West Side Story* won an Oscar. It was the year of the disastrous invasion of Cuba at the Bay of Pigs. The Soviets began construction of the Berlin Wall. Mini-skirts were beginning to turn up at couture houses. Kennedy and Khrushchev met in Vienna. Vietnam was becoming a real war. Television was described as a "vast wasteland". Bobby Fischer won his 4th consecutive U.S. chess championship (at age 17), and Roger Maris hit 61 home runs, but earned an asterisk for his efforts. The New York Giants were beaten (soundly) by the Green Bay Packers, 37-0 in the original 'ice bowl'.

Popular music in this pre-Beatles age was feeling positive, fun, and evolving. And song-writing was a craft that could, with perspective, be compared to paintings, architecture, dance . . . it was becoming a respectable art and writing pop hits was profitable.

Reading the minds of pre-teens and teenagers was a gift, and two of the greatest songwriters of their age were Jerry Lieber and Mike Stoller. Their amazing collaboration would write "Poison Ivy" (recorded by the Coasters); "Jailhouse Rock" was recorded by Elvis; "Ruby Baby" by The Drifters (and later covered by Dion). Lieber and Stoller might have retired in 1961, with a string of hits songs, including 11 recorded by Elvis Presley. But they didn't.

Through their association with The Drifters, Lieber and Stoller met a young man with a distinctive voice. He stood out to most ears as the defining voice of the group, singing the lead vocal on "There Goes My baby" (1959), "Dance With Me" (1959), "This Magic Moment" (1960), "Save The Last Dance For Me" (1960), and six other singles. Benjamin Earl Nelson left the Drifters and almost immedi-

ately had a hit single for Atlantic Records: "Spanish Harlem". As a kid from Milwaukee, I knew nothing about Spanish Harlem (the place,) but that recording—a song written by Jerry Lieber and Phil Spector—fit the New York-flavored imagery of other teenage urban love songs like "Uptown", and "He's A Rebel". Top-40 radio loved these mini (2-2 1/2 minute) romance novels and they loved "Spanish Harlem". It debuted on Billboard's chart in December 1960, reached #10, and spent 16 weeks on the charts. By May 1961 his follow-up single was out, destined to reach the top five. Mr. Nelson co-wrote that song with Lieber and Stoller, but by that time the singer had long since adopted a new stage name, and the world fell in love with "Stand By Me" by Ben E. King.

A couple of weeks ago millions around the world watched as a young man from Britain married an attractive young American. While the pageantry, the town, the chapel, the honored guests, the flowers, the carriage ride, the fame, fortune, dresses, hats, suits and tuxedos all vouched for the exclusivity of Harry and Meghan's day, nothing could surpass the moment. I'm speaking of course of the 'opening act, the Most Reverend Michael Curry (Presiding Bishop and Primate of the Episcopal Church of the United States, if you must know), who spoke passionately about love. The magazine *Bazaar* headlined "Reverend Michael Curry Electrified the Royal Wedding With a Moving Sermon". No question. His sermon was a hit.

But the home run of the day was the choice of "Stand By Me", performed by Karen Gibson and the Kingdom Choir. It was nothing less than inspired. Watching pieces of the royal wedding on TV I couldn't help but think that the happy couple with, perhaps, extra credit to Meghan Markle, could not have done better in their choice of music.

"When the night, has come,
and the land is dark,
and the moon is the only light we'll see.
No I won't be afraid, no I won't be afraid,
just as long as you stand by me."

As the music ended, I thought back to my youth, singing along with "Stand By Me" on the radio, clumsily playing it on my first guitar, and hearing the whispered encouragement of my Great Aunt Vi. A half-century later, music doesn't get much better than "Stand By Me".



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NICK'S BLUES from cover

Today, Nick performs with his own band and continues to tour world-wide, bringing his raw blues energy guitar and vocals to many different styles of electric blues-funk/rock/blues as well as an Americana dobro driven sound for a real down home stomp feel, backed by a hot rock 'n blues band.

The band members are as seasoned as they come. Having been on the Missouri music scene for over 20 years playing with local and regional touring acts, bassist Cliff Moore knows how to bring his deep pocket groove to the masses. In 2009 Cliff jumped on board with Grammy nominated Alligator recording artist Michael Burks. After playing Michael's style of Blues all over the world he returned to Kansas City ready to join the Blues scene with a committed passion for the style that speaks to his heart.

Creating the driving rhythm behind Schnebelen and Moore is rhythmic powerhouse Adam Hagerman. He, too, has been on the national touring scene for both Blues and Country music for many years. Having traveled the world with many notable acts such as Hadden Sayers Band, James Harman Band, Smokin' Joe Kubek & Bnois' King, Junior Watson, Big Bill Morganfield, as well as many others, Adam has the experience and the chops to really get a crowd moving with his solid rhythms.

The Arena Theater bar and snack stand will be open.

Geologist Tom Cochrane June 16 Speaking at the Point Arena Lighthouse

Saturday, June 16 at 5:00pm geologist Tom Cochrane will present "The Geology Around the Point Arena Lighthouse" as part of the Lighthouse Lecture Series. Mr. Cochrane will be reviewing the past and present threats to the Point Arena Lighthouse area: erosion, sea level rise, offshore and onshore oil drilling, as well as the history of the proposed nuclear power plant. Admission is \$5. The lecture will be presented in the Fog Signal Building, 45500 Lighthouse Rd, Point Arena.

Cochrane is a California Professional Geologist who's lived and worked on The Sea Ranch since 1988. He speaks frequently on local geology and plate tectonics. His recently-published book, *Shaping the Sonoma-Mendocino Coast - Exploring the Coastal Geology of Northern California* is available at retailers in Sonoma and Mendocino including Four-Eyed Frog Books in Gualala. For more information or to make reservations please contact the Lighthouse staff at 707-882-2809, ext. 1.

Joey Leone's Chop Shop • June 16 Classic Rock, Soul, and Country at Garcia River Casino

You just never know. I've owned a half-dozen guitars in my life, and the one I still have is my sentimental favorite: a Fender Telecaster purchased almost thirty years ago. If I start tonight, and get back into playing regularly, and practice 3-4 hours every day, in another twenty years I may be half as good as Joey Leone.

You can hear his unmistakable talent listening to his recordings, watching him on YouTube, or in a live performance. This month go for the trifecta, as Leone and his "Chop Shop" come to the Garcia River Casino for one night, Saturday, June 16, with music starting at 8:30pm.

Leone's style is to often blend an evening's music with classic rock, soul, and country, along with a tasteful addition of his original material. And whichever groove he segues

into, he'll do it with authority. When he shifts into some blues, you'll hear the influence of greats like Albert King or Otis Rush, but with Leone's singular take. Same with influences from the R&B likes of Wilson Pickett or Ben E. King; and more contemporary performers like John Popper. Leone's talents are so well-recognized that he's been designing guitars for Eastwood Guitars.



Put a note on the fridge, tie a string around your finger, or circle the date on the Lighthouse Peddler's "Get Out" event calendar. The Garcia River Casino is a short drive from anywhere on the south coast at 22215 Windy Hollow Road, Point Arena. Reservations and information are at (707) 467-5300.

Performer, Producer, Player: Ira Walker At Garcia River Casino Walker Brings His Brand Of Southern Blues June 30

What do you get when mix equal amounts of Soul, Blues, Rock, and Ira Walker? Southern Blues. Walker's musical pedigree has evolved into a unique style of music that will touch the soul and raise your spirits.

His work up front with his own band, or supporting the likes of Joe Satriani, Eddie Money, Carlos Santana, Steve Miller, Keb' Mo, or Tommy Castro, has made Walker an in-demand performer, songwriter, and studio musician. His work as a songwriter includes co-writing the pop hit "I Wanna Go Back" for Eddie Money.

With 14 album producer credits to date, Ira is always searching for Talented young Artists to lend his expertise. Known as a 'musician's musician', his

Debut album, "Blame Me" features many world renowned players - Brent Mason, Buddy Hyatt, Steve Hunter, Jack White, Brad Gillis, Danny Chauncey (38 Special), to name a few. No doubt he'll be performing tracks from Blame Me. Listen for "Money", "Eye On The Prize", and the title track "Blame Me". I'm hoping he performs my personal favorite "What Went Wrong", which displays his superb musical skills, including his ability to sell the story of just 'what went wrong'.



Walker will be on stage at the Garcia River Casino, Saturday, June 30 at 8:30pm. As the saying goes, "be there or be . . ." well, you know. The casino is at 22215 Windy Hollow Road, Point Arena. (707) 467-5300.

City of Point Arena 2018 Independence Weekend Celebration

The most highly anticipated event on the South Coast - the Point Arena Independence Celebration - will occur the weekend of June 30 & July 1! Join locals and visitors alike for food, fun and the largest display of fireworks in the region in beautiful Arena Cove! But fireworks aren't the only thing to see.

Saturday, June 30 begins with the Street Fair. Festivities kick off at 4:00pm with food, bands, arts and crafts and entertainment. The Fireworks Extravaganza will explode into the night sky starting at dark. Food and craft vendor spots are available for the Street Fair on June 30. Download our Vendor Application Form or contact Point Arena City Hall at 707-882-2122.

On Sunday, July 1 people will be downtown again for the Annual Downtown Parade, which steps off at noon on Main Street. Groups are welcomed to join the parade. Since this is a family-friendly parade, we ask you to keep things classy, safe, and fun. Download our Parade Entry Form or contact Point Arena City Hall at 882-2122.

Feel like helping out? This spectacular event doesn't just happen out of the blue - it takes many hours of planning and lots of work by a dedicated group of volunteers and City staff. An event of this size runs on volunteers. Please consider helping make this event a success. Volunteers will receive free admission and a special t-shirt. Please contact Barbara Burkey at 882-2683 for more information.

There is also the opportunity to help with the costs. Sponsorships are welcome and donations warmly received for the event. If you would like to help sponsor or donate to the Celebration or volunteer please contact City Hall at 882-2122.

Please Note: Admission to the street fair and fireworks is \$10 for adults and \$5 for kids aged 12- 17. Kids under 12 are free. A family of four is \$20. Parking for the street fair and fireworks will be available at City Hall and in parking lot locations on Port Road. No on-street parking is available on Port Road. A shuttle bus will run from City Hall to the Cove from 4:00pm until 11:00pm.

Please leave pets at home!

More information at: <http://www.pointarena.net/events-festivals/4th-of-july-fest.html> or the City's Website at: www.cityof-pointarena.net or call City Hall at 882-2122. We look forward to seeing you at Arena Cove for fireworks on Saturday and downtown for the Parade on Sunday!



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The Local Top-15 Books
Spring-Summer 2018

"The pleasure of all reading is doubled when one lives with another who shares the same books.

Katherine Mansfield (1888 - 1923)

1. **Qh awala.li: "Water running down place"**
by Annette White-Parks
2. **Wildflowers of California's North Coast Range**
by Reny Parker
3. **A Higher Loyalty**
by James Comey
4. **Lincoln In The Bardo**
by George Saunder
5. **The Moon Is A Harsh Mistress**
by Robert Heinlein
6. **Mendonoma Sightings Throughout/Year**
by Jeanne Jackson & Craig Tooley
7. **Fire and Fury: Inside The Trump White-house**
by Michael Wolff
8. **My Antonia**
by Willa Cather
9. **Broken Harbor**
by Tana French
10. **The Lying Game**
by Ruth Ware
11. **Last Week Tonight with John Oliver presents A Day in the Life of Marlon Bundo**
by Marlon Bundo and Jill Twiss
12. **Anything Is Possible**
by Elizabeth Strout
13. **Woman in Cabin 10**
by Ruth Ware
14. **Pachinko**
by Min Jin Lee
15. **Magic Of The Sea Ranch**
by Rob Elder

Bubbling Just Under the Top-15*

- *. **We Were The Lucky Ones**
by Georgia Hunter
The Lighthouse Peddler is pleased to bring our readers a list of the most popular books being picked up and read by locals and visitors alike. Our thanks to Four-Eyed Frog Books.

The Most Famous Writer Who Ever Lived: A True Story of My Family

A book by Tom Shroder, Reviewed by Jennifer Bort Yacovissi

He may no longer be a household name, but after reading this captivating bio/memoir, you'll never forget MacKinlay Kantor.

The title of this book could've been The Most Famous Writer You've Never Heard Of, but irony is probably the more effective strategy. Like me, there will be others who will pick it up thinking, "Okay, I'll bite. Who is the most famous writer who ever lived?" followed immediately by, "Who [the heck] is MacKinlay Kantor?"

Herman Wouk, Ernest Hemingway, William Faulkner: these are the Pulitzer Prize-winning authors immediately preceding Kantor's award in 1956 for his seminal Civil War novel, *Andersonville*, about the notorious Confederate prisoner-of-war camp.

Here was a writer with a 30+ year career, more than 40 books, and innumerable stories to his credit; a Medal of Freedom recipient who, as a war correspondent, documented the liberation of Buchenwald; and the toast of the literary world for years. What caused Kantor to fall so completely off the literary map?

His grandson Tom Shroder sets out to answer that question in this new biography/memoir. Shroder is best known to Washingtonians as the longtime editor of the *Washington Post Magazine*, where his behind-the-scenes stewardship left an indelible mark. (As one example, he encouraged the late, great Richard Thompson to create a comic strip; the result was the sublime "Cul de Sac.")

The author of several nonfiction books and editor of many others, Shroder has been a writer his entire career. Yet his own grandfather's writing career was of no particular interest to him until he started this book project. By his own admission, Shroder had previously read none of the Kantor oeuvre —

despite owning signed first editions — and paid scant attention to his own family history until many of its original witnesses had died. "If only I could ask my mother," he notes wistfully more than once, and kicks himself over his tardy interest.

Thus, despite having spent significant time with his grandfather, Shroder needed to answer the question, "Who was MacKinlay Kantor?" as much for himself as for us. The book is something of a detective story, with the author sleuthing out the details of his once-famous relative's public and private life, in many cases drawing parallels to his own.

Benjamin McKinlay Kantor was born in Webster City, Iowa, in 1904. That first name never stuck, and he later changed the spelling of his middle name to make it seem more Scottish. He was known to all as Mack.

His mother, a strong, intelligent woman named Effie McKinlay Kantor, was unaccountably drawn once and forever to a charming, handsome, self-absorbed con artist, John Kantor, who bilked many people out of their life savings, forced Effie's father to cover his early bad debts, and apparently enjoyed toying with his children's emotions.

Amazingly, it was Kantor who divorced Effie, leaving her as a single mother to Mack and his older sister, Virginia. The three lived through many painfully lean years. Mack got his start as a writer when Effie was offered a job as editor of the Webster City Daily News, and she brought her 17-year-old son on board with her. Together, they wrote the entire paper every day.

As a young married man, Mack suffered more years of grinding poverty along with his wife, Irene Layne, and their kids, Layne (Layne is Shroder's mother) and Tim, even after Mack became a published novelist.

His first big-ticket novel was the Civil War story *Long Remember*, and it finally pulled the family out of the poorhouse. In addition to his biggest artistic and commercial success, *Andersonville*, which came when he was 50, his novel *Glory for Me* — improbably written in blank verse — was the basis for the movie *The Best Years of Our Lives*, considered one of the finest films ever made. It's hard to point to where Kantor began his slide into becoming a bombastic, overbearing alcoholic who spent money like it was water. Shroder describes his own early fascination with the limos and fawning waiters that surrounded any New York outing with Mack, but which were leavened by the embarrassment of the loud, ugly public scenes

that inevitably resulted after his grandfather consumed too many cocktails.

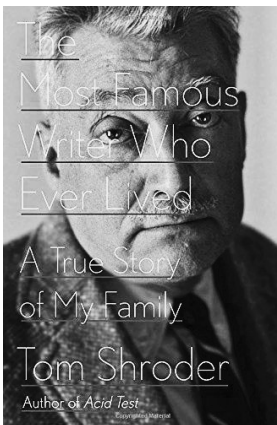
Shroder weaves together a fascinating portrait through the use of family lore, boots-on-the-ground investigative journalism, dusty research, and a solid dose of flesh-and-blood familial feeling for his subject and those closest to him.

Some of what he found would have been available to any biographer who had undertaken the effort — most notably, 158 boxes of artifacts in the Library of Congress, which Kantor had painstakingly annotated as part of donating them, at the library's request. Other details, like so many families' historical records, had been stored for years in various basements, unexplored and always one move or sewer backup away from the dumpster. After years of being somewhat dismissive of his grandfather, Shroder was genuinely surprised to grasp just how famous Mack really was. Yes, he truly was buddies with Ernest Hemingway. He held the interest of the cultured and successful writer Peggy Pulitzer — nee Margaret Leech, author of *Reveille* in Washington — with whom he conducted a long-running affair. He was a bona-fide celebrity.

Sadly, MacKinlay Kantor outlived his success. His writing, always a bit ornate and old-fashioned, fell out of favor, and the paychecks stopped rolling in. He became a walking object lesson in how ephemeral and poisonous fame can be, and in the dangers of believing your own press.

It's still unclear, though, why he seems to have been so thoroughly forgotten. If part of Shroder's aim in writing this memoir is to resurrect his grandfather's literary legacy, I'll gladly report that it worked for me. I've now read *Andersonville*, and plan to go back for more. Thanks to Tom Shroder for re-introducing the world to MacKinlay Kantor.

Jennifer Bort Yacovissi's debut novel, Up the Hill to Home, tells the story of four generations of a family in Washington, DC, between the Civil War and the Great Depression. Jenny is a member of PEN/America and the National Book Critics' Circle, and reviews regularly for both the Independent and the Historical Novels Review of the Historical Novel Society. She is serving as chair of the 2017 and 2018 Books Alive! writers' conference, and is president of the Annapolis chapter of the Maryland Writers' Association.



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"Television has done much for psychiatry by spreading information about it, as well as contributing to the need for it."
Alfred Hitchcock (1899 - 1980)

Scuttlebutt

by Mitch McFarland

The Yucca Mountain Nuclear Waste Dump is being revived, but it is complicated.

After creating nuclear waste for 40 years with no regulation or plan, Congress passed the Nuclear Waste Policy Act of 1982. It was the official recognition of the fact that nuclear energy activities created toxic radioactive substances that had to be thoroughly isolated for a very long time from contact with living things. The Act established that radioactive waste should be deposited deep in geological "repositories". After years of studies (and plenty of politics) they eventually decided on Yucca Mountain in Nevada. In the 2010 Harry Reid got Obama to halt the Yucca Mountain project due to local opposition. Of course, it never hurts a President to do a big favor for the Senate leader of their party.

Meanwhile, more than 80,000 metric tons of spent fuel from commercial nuclear power plants has accumulated in 121 communities across 39 states and the country's stockpile of nuclear waste continues to grow by 2,000 to 3,000 tons each year.

Now along comes Rep. John Skimkus (R-Ill.) with the Nuclear Waste Policy Amendments Act. It passed by an overwhelming bipartisan margin of 340-72. It would set a path forward for the Department of Energy (DOE) to resume the process of planning for and building the southern Nevada site and transferring 140,000 acres of land to the DOE to do it. The repository would be a 40-mile maze of channels off a 5-mile tunnel that loops through the mountain. The safety of the repository has to be guaranteed for the 1-million-year safety time frame that the Environmental Protection Agency has established. Sure, no problem.

It would also allow DOE to build or license a temporary site to store waste while the Yucca project is being planned and built. Private companies have proposed state-of-the-art, underground facilities in remote areas of west Texas and southeastern New Mexico to store nuclear waste for up to 40 years. The nuclear industry has said temporary storage must be addressed since the licensing process for Yucca Mountain would take years under a best-case scenario. No kidding.

Trump's budget proposes \$120 million to revive the Yucca project. The Department of Energy estimated in 2008 that the project as a whole would require up to \$96 billion to complete; it's already cost taxpayers \$15 billion.

There are numerous other provisions in the Act to try to placate as much potential opposition as possible, such as no drilling or mining may be permitted in the area. State and local communities get "mitigation" funds (pay-offs), but the money cannot be

used to oppose the project. The Act also bars ocean and Great Lakes disposal.

Needless to say, opposition is mounting. Who wants a highly radioactive waste dump next to you for the next million years? Earthquakes and volcanic eruptions are a concern to many (we are talking one million years) as is even climate change, which it is claimed could erode the mountain and expose the repository. The hazards associated with the transport of the waste material to Yucca

" We have already made the bad decision to create all this toxicity and now we have to deal with it. "

Mountain are also a major concern.

Another sore point is a provision which provides that if the Secretary of Energy determines that an environmental analysis of infrastructure development is required with respect to an infrastructure activity, the Secretary need not consider alternative actions or a no-action alternative. Typically this is one of the main purposes of an environmental analysis.

Meanwhile the Government Accountability Office expects the amount of radioactive waste to double to 140,000 tons by 2055 when all of the currently operating nuclear reactors are retired. Yucca will be licensed for 110,000 tons.

You should imagine that a no nukes guy like me would be upset by this plan. The objections to it are real and anything that could be considered progress for the nuclear industry is a concern to me. Well, much as I am repulsed by the thought of facilitating nuclear energy production, I believe we have to do something. Rep. Paul Tonko (N.Y.), the top Democrat on the House Energy and Commerce Subcommittee on Environment acknowledges, "Regardless of your position on nuclear energy, we have to acknowledge the reality that tens of thousands of tons of waste already exist."

We have already made the bad decision to create all this toxicity and now we have to deal with it. Leaving it lie around dozens of temporary locations is not a real choice.

Our national refusal to acknowledge our mistake is a prime example of cognitive dissonance (holding two or more conflicting ideas or beliefs). Our collective mind knows that we want carbon free electricity, but we also know that the radioactive waste is a huge problem. Psychologists tells us that the primary way of dealing with cognitive dissonance is to ignore one of the conflicting ideas. Guess which one we have ignored.

Some might argue that so far we have done pretty well keeping a lid on nuclear waste. Ask the 121 communities that are holding this waste how they feel about it. Take the West Lake Landfill in Missouri. It has 9,000 tons of illegally dumped radioactive waste from the Manhattan Project. It is a Superfund site. It is also located less than 1000 ft. from another landfill that has a "smoldering fire" underground that has been burning for five years with no practical way to put it out. The fear is that it will reach the West Lake landfill and release radioactivity. There is currently a \$236 million plan to isolate the two landfills with a barrier. That may be chump change compared to the billions spent elsewhere on nuclear abatement, but someone is going to have to pay for it. Probably not you this time.

West Lake is just one of many stories that could be told by local activists of the threat posed by the temporary storage of nuclear waste in their communities. Nuclear plant operators are candid about their belief that on-site storage cannot be relied upon.

At my home we are currently installing a 9 KW solar system in our field. The cost of the Yucca Mountain project (roughly \$100 billion 10 years ago) would pay for over 6 1/2 million 9 KW systems even at our retail rate. The total generating capacity of America's nuclear power plants is 100,350 MW. That \$100 billion if spent on solar panels would replace 60% of all nuclear power generation in the U.S. -carbon free and "too cheap to meter" (just kidding).

Of course, that \$100 billion cannot be spent on solar panels (or wind generators) because it needs to get spent protecting us from our own unconsidered actions.

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Mark Twain (1835 - 1910)

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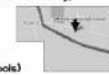
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SUDOKU

Edited by Margie E. Burke

Difficulty: Easy

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HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

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Discover The Coast: Multiple Events Planned For June 9

Pt. Arena-Stornetta Lands, BLM, NOAA, and Other Organizations Plan An Unforgettable Day

Friends of Point Arena-Stornetta Lands is partnering with the Ukiah office of the Bureau of Land Management, the Point Arena Lighthouse, Mendocino College Field Station and City of Point Arena to present "Discover the Coast" (DTC) on Saturday, June 9 from 10:00am to 4:00pm. The public is invited to participate in several events in and around the Point Arena-Stornetta Unit of the California Coastal National Monument. DTC activities will start at multiple locations in and around Point Arena. Event maps are available at City Hall, the Point Arena Lighthouse and many Point Arena merchants.

DTC activities start at 10:00am. at all locations. Visitors can choose to start their day at the **Discovery at City Hall**, where there will be DTC information tables, food booths and the **Discovery Trail** south entrance. The Arena Market and Co-op will be offering beverages and baked goods to start the morning off. Information tables at City Hall will be open from 10:00am until 2:00pm.

The National Marine Sanctuaries Table-top Exhibit will have information on the local national marine sanctuaries Cordell Bank and Greater Farallones, with NOAA Media and Outreach Specialist Mary Jane Schramm.

The California Native Plant Society, Dorothy King Young Chapter table has samples and identifications of local wildflowers and native plants and informational brochures.

Coastal Stewardship Task Force of Sea Ranch and Madrone Audubon will educate visitors on our local seabirds and monitoring projects, while the **California Department of Fish and Wildlife, Marine Region** offers information on the Marine Protected Areas surrounding the Lands. Friends of Point Arena-Stornetta Lands invites visitors to get involved in helping to protect, support and appreciate the Lands. **Students Protecting the Coast**, ACORN's environmental stewardship program, engages youth in outdoor activities and hands-on field studies that build a connection to and understanding of the coastal environment. Students and leaders will explain how the Lands serve as an important field site for Students Protecting the Coast projects.

Four-Eyed Frog Books, an independent community-owned bookstore, will offer Lands related books for readers of any age as well as great gift ideas, puzzles, games, free coffee and much more.

Action Network Family Resource Centers

will have several hands-on activities for kids of all ages taken from their Coastal Connections Summer Camp program and a display of local shells. Finally, visit the

Coastwalk/California Coastal Trail Association table to learn about the history, significance, and how to experience the California Coastal Trail. When completed, the trail will run from Oregon to Mexico providing coastal access along the entire California Coast.

The Discovery Trail entrance will lead to Docent stations, guided walks and plant identification stakes. There is a wide range of Docent stations offering a variety of activities and information.

The Beach Watch & MPA Watch Docent



station will help visitors spot coastal wildlife such as nesting coastal seabirds, harbor seals, California and Steller sea lions and whales. Observe survey activities performed by staff and volunteers involved with the Greater Farallones National Marine Sanctuary Beach Watch Monitoring Program and Marine Protected Area Watch.

The Stream Team station has Biologist Timmarie Hamill, director of California Urban Streams Alliance, involving visitors in testing water quality and learning more about the local creeks on the Lands. The Stream Team that aims to increase public awareness of non-point source pollution and water qual-

ity issues, while engaging people in monthly citizen science water quality monitoring, and Clean Water Science Ambassador Programs in schools.

Observe coastal seabirds, possibly Pelagic



Cormorant and Western Gull chicks with Docent Doug Forsell, a retired U.S. Fish and Wildlife Service seabird biologist with 45 years of experience studying seabirds through-

out North America and the Pacific Ocean. Doug currently conducts monthly.

Docent Tom Cochrane is a California licensed professional geologist who has been studying and exploring the Sonoma and Mendocino coast for over 40 years and he will lead guided hikes to the sinkholes and

sea caves on the Lands. Hikes will start at the Mendocino College Coastal Field Station at 11:00am and 1:00pm. Tom recently authored the book *Shaping the Sonoma-Mendocino Coast*.

Ghosts of the Past Docent and local historian, author, musician and cartoonist Steve Oliff steps visitors back in time to see historic Arena Cove by sharing stories, pictures and information about Arena Cove's colorful past. He is joined by BLM Archeologist Chris

Lloyd.

Botany Walks with Docents Jon Thompson and Julia Larke will start at Bend-in-the-Road at 10:00am (meeting with the 11am Geology Walk) and City Hall at 11:00am (meeting with the 1:00pm Geology Walk). Jon is a professional botanist with over twenty years of experience. Julia is a retired rare plant botanist and currently is the Mendocino County Librarian at Coast Community Library.

The Mendocino College Coastal Field Station Open House will offer information on the use of the Station today and the projects and research currently underway there. Spot and learn more about whales, seals, and sur-

vey techniques with Mendocino Whale and Seal Study and also view plankton and other marine organisms through the microscope. Speak with college faculty to learn more about some of the research being conducted at the field station as well as programs and courses at Mendocino College. A food booth offering lemonade and homemade snacks will also be at the Field Station.

The Discovery Trail is 3.5 miles of coastal trail between City Hall and Lighthouse Road and will be connected by a free Shuttle Service that will run from 9:30am to 4:00pm and will include stops at City Hall, the driveway to the Field Station at the intersection of Lighthouse Road and Highway 1, the "Bend in the Road" on Lighthouse Road and the Point Arena Lighthouse. Shuttle service is free, donations are gratefully accepted.

For more information call the Bureau of Land Management, Ukiah Field Office, at 707-468-4000 or the Lighthouse at 707-882-2809, ext. 1 or visit PointArenaLighthouse.com/visit/calendar-2/discover-the-coast/.

NOTE: The Lighthouse will be offering their Full Moon tours (Page 7) and a lecture with Geologist Tom Cochrane (Page 13).

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Ya, Youbetcha Notes from the Midwest. Are You Still Hip? - Part III

By: Sally Marshall

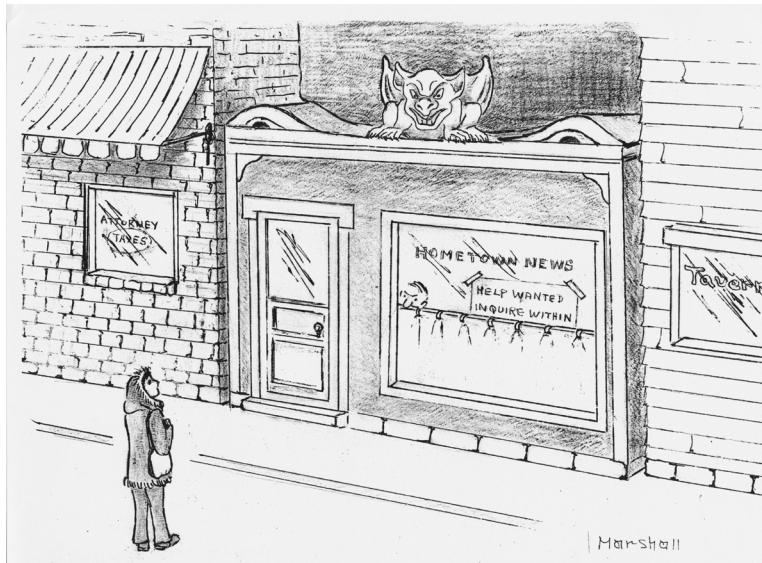
Winter can put a strain on finances and relationships. By the third winter on the farm, I made some discoveries that would alter the way I was living. First, the money I had put aside for home improvements and living expenses was running out a lot faster than I had anticipated; second, my carpenter friend was stealing money from my purse, and also making a little extra cash by pilfering and reselling some of the equipment I bought. He needed to leave, and since he couldn't present a good argument against it, he packed all his woodworking equipment into his truck and off he went.

Then, I sat down to figure out my budget for the coming season. I needed to be able to pay my bills, set aside money for planting supplies for the vegetable garden, and keep up the payments on my land contract, which was a priority over everything else. It was time for me to find a job.

When I was working in Milwaukee, I had lots of experience as a secretary and bookkeeper. So, when I typed up my resume, I was satisfied that I had enough qualifications to be an excellent candidate for an office position. There were two things I had not foreseen: first, the 1980's recession affected rural areas adversely (the Farm Crisis of the 1980's); second, I was not a "local". When there's a recession going on, people tend to hang on to their jobs, so there weren't a lot of options listed in the paper. However, there were always a few office positions in the county administrative buildings, the hospital or the schools, and I diligently mailed resumes and cover letters and remained optimistic. I usually got an interview followed by a rejection letter a week or so later. I couldn't figure it out, until I had an interview at the same county office with the same administrator for the third time who was kind enough to tell me the facts. She said I had excellent qualifications, and if she could, she would hire me, but the job had already been promised to someone. Then, the reality of the situation dawned on me. I was not a "local". Jobs in rural areas are given to people that are well known: the neighbors' daughter, the girl who worked at the checkout counter during high school, the girl who babysat the business owner's kids. In other words, people who have lived in the township all their lives, not some hippie who just moved here from the city.

I finally got a job at a dismal newspaper office typing up articles and announcements. I thought it was a bit unusual that I was hired on the spot, but I was glad to be employed, even though it was only two days a week. The newspaper was owned by a family, and after

the first day, I noticed this family appeared to be demonically possessed. None of the family members who worked there acknowledged my presence or said good morning as they went sulking around the office. The only one who communicated with me was the daughter, who would stand behind me while I typed on this odd-looking monstrosity that looked like those old teletype machines. I



could type 60 wpm, but the daughter would stand behind me and say, "you have to type faster". Not only was this creepy and unnerving, but I would make mistakes during these irrational moments which only made her mad. I gathered the idea was to get as much typing out of me as possible for my wages, but it was an inhuman way to treat someone. It was then I realized that I could find employment only in those jobs that none of the local people would ever consider!

After about eight months I found a full-time job at a center for disabled adults. I was hired as an activity assistant, which is a minimum wage position that includes all the assigned tasks the supervisors wouldn't do (just use your imagination here). But, I finally made enough income to save a little money, build up my bank account and get storm windows installed on my farm house. Yes!

So, things were looking up for a while, and then life threw me another punch. First, the LP space heater in the living room stopped working; then the LP space heater in the kitchen started acting up in a dangerous way. So, I decided that it was time to get a real furnace and duct work for my home. I got a used furnace really cheap from a friend; and then I called the Co-op where my LP gas came from and arranged for them to do the duct work and furnace installation. Although finishing another job, they assured me they could do the work by mid-October (sure). Happily the weather was still mild enough that I could use my little electric space heaters to

warm up the house in the morning and let the sun do the rest. By mid-October the installers said they were still working on a project, but would be here in a few weeks. OK. October came and went, and hearing nothing in November, I called them again. They "ran into a few problems" but assured me they would be done by December. December?!

By now my space heaters were barely keeping the house comfortable enough, my cat was growing outdoor fur; I had to take some action to keep warm. I got a big plastic tarp, covered the doorway from the kitchen to the rest of the house, and dragged my mattress and all the warm clothing, blankets and pillows I had into the kitchen. The kitchen (and bathroom) was to be my living space until my furnace was installed. Meanwhile, I was freezing and so were my pipes. When I lay down at night I would hear a "boing" sound, which was a pipe bursting. This went on until I finally heard a "bong" sound, which was my shallow well pump cracking in half. I went into the basement once to check on things and found icicles hanging from the pipes. Nice.

With January came the good news that I finally got my furnace and ductwork installed and the house warmed up. I took down the plastic tarp, threw out all my frozen houseplants, and got back to a somewhat normal life. I didn't have plumbing in the house anymore from all the damage; so, I brought water into the house in buckets and gallon jugs from my well, which was operated by an old-fashioned Monitor pump that brought the water up to an access spout (just like in the good old days). I really didn't mind doing this at all; it was just another adventure in living the way people used to before indoor plumbing. I learned to conserve water and take a bath in a bucket, and utilized the "save-a-flush" method by using the bath water to flush—see how this can work? I kept myself and my house clean and was a bit proud of my innovations.

One day, as I was reading the paper, I spotted a help-wanted ad for employment at a new business in town called Coulee Region Organic Produce Pool (C.R.O.P.P.). The word "Organic" flew off the page and hit me in the head. I put the paper down and headed out to see what this was all about. The business was located in an aging building on the edge of town which had once been a cheese factory and, as I entered the upstairs offices, I was greeted by the smell of Patchouli, incense and strong coffee. I had found my tribe!

And, that is another story.

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Crossword

by Margie E. Burke

ACROSS

- 1 It's a piece of cake
- 6 Checked item
- 10 Little bouquet
- 14 Kind of paint
- 15 Cathedral recess
- 16 Not deceived by
- 17 Concerning
- 18 Garden tool
- 19 Techie, stereotypically
- 20 Statue, perhaps
- 22 Predicament
- 24 Target of a joke
- 25 Photo session
- 26 Current location?
- 29 Fellow crew member
- 32 Speak from a soapbox
- 33 Tinkerbell, e.g.
- 34 Stroller rider
- 35 Grimm villain
- 36 Boast about
- 37 ___ and kin
- 38 Grafton of mystery
- 39 "Goodness gracious!"
- 40 Small part
- 41 Inclination
- 43 Solitary sorts
- 44 Baseball deal
- 45 Chinese mafia
- 46 How long one might stay
- 48 Captains of industry
- 52 Cage on a farm
- 53 Big fat mouth
- 55 Grind down
- 56 Basketball goal

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59						60					61				

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- 57 Scrabble draw
- 58 Infant's woe
- 59 Circular current
- 60 Awfully long time
- 61 Sings the praises of
- 10 Organized massacre
- 11 In an orderly way
- 12 Dance instructor's call
- 13 Oxen's harness
- 21 "___ now or never"
- 23 Kind of cat?
- 25 Like a new penny
- 26 Fowl place
- 27 Lock horns
- 28 1989 Steve Martin film
- 29 Impertinent
- 30 Bag carrier
- 31 Cultural values
- 33 Ludicrous situation
- 36 Blood feud
- 37 Aussie hopper
- 39 Diner offering
- 40 Get in touch
- 42 Overly sentimental
- 43 Nautical journal
- 45 Cassettes
- 46 Persistent pain
- 47 Carpenter's supply
- 48 Drone, e.g.
- 49 Fragrant resin
- 50 Cut, maybe
- 51 Parts of a min.
- 54 Fix, in a way


DOWN

- 1 Insult, slangily
- 2 Country road
- 3 Agenda listing
- 4 Monk
- 5 Squeeze out
- 6 Diamond measure
- 7 Translucent gem
- 8 "Fire away!"
- 9 Travel souvenir



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Humpback Whales Celebrate World Ocean Day 2018

by Mary Jane Schramm

From the flying bridge of the 67-foot NOAA research vessel Fulmar, the marine sanctuary researcher peered through powerful binoculars and called out, "Humpback whales . . . four . . . milling . . ." as another scientist entered the data into the laptop. Sea conditions were decent, especially for a springtime survey, when brisk winds and rough seas can result in "blow-out" days. Underway at 0630 from Sausalito, they'd made their way offshore, encountering several whales just outside the Golden Gate. Later that week the team would survey the Mendonoma coast,



"running transects" – straight, pre-set lines – to gather information on how much food the ocean was producing – as evidenced through plankton tows, but also by the presence of feeding whales, seabirds and other marine life. Humpbacks tend to be the most often-seen whales, along with blues and sometime fin whales. Today was shaping up to be a busy one. This information will be shared and used to help marine conservation, to restore ecosystem health. "News you can use."

Humpbacks are denizens of the world's oceans, from the Arctic to the Antarctic and nearly everywhere in between. Those who have seen humpbacks can understand why they make such outstanding "ambassadors of the sea" –



with their size, and elegantly long pectoral fins – their name, Megaptera novaeangliae, actually means "Long-winged of New England." Also, their sheer exuberance and awe-inspiring acrobatics: breaching, fin-slapping,

tail-lobbing; and their elaborate and sophisticated songs. Herman Melville termed humpbacks "the most gamesome of whales." (And who's going to argue with Melville?!)

Their recovery from the carnage of whaling, which international legal protections ended in 1966, is at the rate 7-8% per year. Our California-Oregon-Washington "Distinct Population Segment" – i.e., the humpbacks in the hood – numbers approximately 1,918 animals. In 1986, Greater Farallones National Marine Sanctuary provided the seed funding for humpback whale research in the region to Cascadia Research Collective. Cascadia has built upon these first three critical years of research to create one of the best studies of whale populations in the world.

A curious outcome of their increase is that when humpbacks reached their historic numbers regionally in 2012, they began to re-populate nearshore and estuarine feeding grounds. They're now visible from land along the coast, and in San Francisco Bay and Puget Sound. This has brought them into greater conflict with shipping, recreational boaters, fishing operations, and higher noise levels. Shipstrike and entanglement are taking a toll,

but agencies such as the National Oceanic and Atmospheric Administration and its marine sanctuaries, the shipping industry, fisheries and scientific groups are working together to reduce these threats. Still, most humpbacks in our waters remain on the Endangered Species List, despite their growing numbers; mostly due to threats that still face them.

Shipstrike and entanglement are taking a toll,

scientific groups are working together to reduce these threats. Still, most humpbacks in our waters remain on the Endangered Species List, despite their growing numbers; mostly due to threats that still face them.

On June 8 we celebrate World Oceans Day, and the humpbacks' recovery is a beautiful reason to celebrate. The oceans are the lungs of our planet, providing most of the oxygen we breathe. They are a major source of food

and medicines and a critical part of the biosphere. It is a day to celebrate, together, the beauty, wealth and promise of the ocean, and to work toward making ours a sustainably managed planet.

This year's theme is preventing marine debris through reducing plastic use. Think about it: one material, one world ocean. Admittedly, plastic is a part of our lives, from packaging, to household goods, to computers and pacemakers. The trick is to live with it responsibly. Reduce its use when alternations



tives are available. Dispose of it responsibly by recycling, or get creative and "re-purpose" it. Through these simple actions, and a deepened understanding of how we are part of this blue planet, each of us can honor the ocean and its creatures every day.

Look for the author at Discover the Coast in Point Arena Saturday, June 9th, and meet research staff at the Farallones' Beach Watch station on the Lighthouse trail.



<http://awisc.nmfs.noaa.gov/PRD/>

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Photo Credits (all): Top Left: Humpback Breaching. Credit: NOAA; Lower Left: R/V Fulmar. Credit: CBNMS/NOAA; Top Right: Echelon-feeding humpbacks. Credit: CSCAPE/NOAA; Lower Right: Upward-lunging humpbacks Credit: Bill Keener/Golden Gate Cetacean Research.

Greater Farallones sanctuary protects seabirds and their habitats through oil drilling prohibition, NOAA's Marine Debris program, at-sea research, and the Seabird Protection Network: <http://farallones.noaa.gov>

The Loft

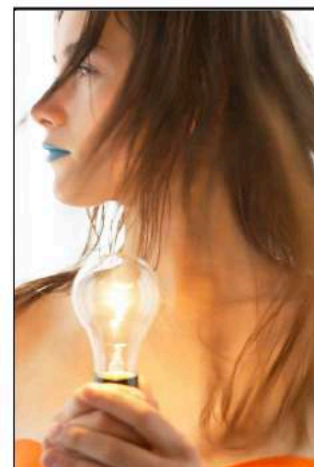
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Get Out! June's Music, Poetry, Theater, Films, Art & Events

- Friday 01: The Mendocino Film Festival, at venues in Ft. Bragg and Mendocino (thru 6/3).
- Friday 01: 5:00pm, Meg Oldman Opening Reception at 215 Main.
- Friday 01: 5:00pm, Opening Reception at Coast Highway Art Collective
- Friday, 01: 5:00pm, Open. Reception, D. Allen, J. Thickery, Collage, at Gualala Arts
- Saturday 02: 8:30am, Voter Registration at Pay n' Take, Gualala
- Saturday 02: 5:00pm, Peggy Sebera and Jan Maria Chiappa, Dolphin Gallery, Gualala
- Saturday 02: 8:00pm, Margo Cilker and American Forrest at 215 Main, Pt. Arena
- Monday 04: 7:00pm, Film "Monty Python & The Holy Grail" at Arena Theater
- Wednesday 06: 8:00pm, Open mic night at 215 Main in Pt. Arena (and on 13th, 20th, 27th)
- Friday 08: 6:30pm, Chris Doering and Tim Mueller, Guitar Duo at Mendocino
- Friday 08: 7:00pm, Karaoke at 215 Main in Pt. Arena
- Saturday 09: All Day. "Discover The Coast" activities (see story inside)
- Saturday 09: 4:00pm, Urban arts Expo at Gualala Arts
- Saturday 09: 8:00pm, Aaron Ford, singer/songwriter at 215 Main, Pt. Arena
- Sunday 10: 2:00pm, Bolshoi Ballet at Arena Theater
- Monday 11: 7:00pm, Film, "The Singing Revolution" at Arena Theater
- Friday 15: 6:30pm, Chris Doering, Guitar Solo at Mendocino
- Saturday 16: 4:00pm, Poet/Writer Ruth Thompson at Four-Eyed Frog Books
- Saturday 16: 1:00pm, National Theater Live, "Macbeth", at Arena Theater
- Saturday 16: 8:30pm, Joey Leone's Chop Shop at Garcia River Casino
- Saturday 16: 5:00pm, Lecture w/ Geologist Tom Cochrane at Fog Signal Building, Lighthouse
- Thursday 21: 7:30pm, North Beach Poet Ronald Sauer at 215 Main
- Friday 22: 6:30pm, H.Goldberg, D.Jordan. *Sanctuary* CD Release Party, Mendocino
- Saturday 23: 12:30pm, the film *Coco* screens at Coast Community Library in Pt. Arena
- Saturday 23: 8:00pm, Jesse James and the Mueller Brothers at 215 Main
- Saturday 23: 8:30pm, Full Moon Tour at Pt. Arena Lighthouse. (Also on 27th).
- Saturday 23: 8:30pm, Nick Schnebelen Band, blues, at Arena Theater
- Sunday 24: 11:30am, Sunday Brunch at Mendocino
- Sunday 24: 5:00pm, Franny's Farmhouse Dinner, Pt. Arena
- Monday 25: 5:00pm, "Summer Solstice & Health, a Taoist perspective" at Gualala Arts
- Monday 25: 7:00pm, Film, "A Face in The Crowd", at arena Theater
- Thursday 28: 6:30pm, International theme dinner at Mendocino
- Friday 29: 6:30pm, Jim and Sharon Lieberman, Melodies and Lyrics at Mendocino
- Saturday 30: 7:00pm, Goldberg, sax, Mueller, guitar, duo X'Plore at Mendocino
- Saturday 30: 8:30pm, Ira Walker at Garcia River Casino.
- Saturday 30: 10:00pm, Post Fireworks Concert with Thrive at Arena Theater
- Saturday 30: 10:00pm, Cosmic Family Band at 215 Main in Pt. Arena.

Point Arena Independence Weekend Celebration 2018

**June 30: Street Fair & Fireworks
Arena Cove - 4pm to 11pm**

July 1: Parade on Main Street - Noon

Join us for food, fun & fireworks at the
largest fireworks show in the region!
Then enjoy our unique small town
parade the next day!

Fireworks: \$10/adult,
\$20/family of 4. 12-17
is \$5, kids under 12
FREE! Parade is free.

More information at cityofpointarena.net or 882-2122.