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NEWS:

Newly elected town officials look to the future

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## Saluting veterans who served 'in the name of freedom'



Korean War veterans Eugene Datri, second from right, and Michael Albano, right, are seated with members of the Ravena VFW 9594 Auxiliary.

**By Melanie Lekocevic**  
Capital Region Independent Media  
RAVENA — Veterans put everything on the line in service to their nation, and on Friday the local community saluted them for it.

The annual Veterans Day ceremony was held at Veterans Memorial Park on Main Street in the village. After VFW Post 9594 Commander Mike Kindlon opened the ceremony, Chaplain Dan LaMora recited a prayer and Vietnam veteran Jack Covey performed patriotic songs on the guitar and read a poem he wrote in honor of his fellow veterans.

Covey served in combat in Vietnam, his son has been a Marine for 11 years and his youngest son just left the Air Force after serving for seven years.

"We are steeped in military pride," Covey said.

In his poem, Covey spoke of meeting "The Veteran Next Door," who did three tours of duty in Afghanistan. Their shared military experiences formed a deep bond between the two men, Covey said.

"We recognize each other with



Lifelong friends and Korean War veterans Eugene Datri, left, and Mike Albano, right, with Albano's grandchildren at the conclusion of the Veterans Day ceremony in Ravena.

a knowing nod — we are a family forged in fire and given the strength by God," Covey read from his poem. "We come in all sizes — some manned ships, some manned tanks, and some served in the infantry ranks. And some came home from the war and received no thanks. But we are connected as a band of brothers, we comfort and care for each

other, so today, on this 11th day, on the 11th hour, I pledge with all my power to thank all my brother vets, the ones that made it home and the ones that haven't yet."

Kindlon spoke of the importance of what was left behind when heading off to battle — family, friends and community — that help sustain troops through the difficult days ahead.

"On the worst days of combat, through the losses and the pain, I took pause and thought, can I make it just one more day?" Kindlon said. "The unique thing about that is that what gets you through that next day is wanting to come home to your family, your friends and your community. That's what drives your fire because that's what you've left behind."

Capt. Robin Riordan, an Auxiliary member who retired from the U.S. Army Reserves after serving for 25 years, explained the importance and history of Veterans Day.

"Each Nov. 11, we gather to recognize the bravest of our citizens, the many people who have served in the military in the name of our freedom. There are approximately 19 million veterans living today, according to U.S. Census Bureau data," Riordan said.

Veterans Day was originally called Armistice Day and was formed in the days following

## CodeRED coming to town

**By Melanie Lekocevic**  
Capital Region Independent Media

COEYMANS — The CodeRED emergency alert system is coming to Coeymans.

The town board first proposed purchasing the mass notification system in July as a way of alerting residents to emergencies in the town.

The board announced at its Thursday meeting that the system is going into effect and residents can begin signing up this week. Town Supervisor George McHugh and Town Councilwoman Linda Bruno were absent from the meeting. Deputy Town Supervisor Daniel Baker conducted the meeting in McHugh's absence.

"CodeRED is a town-wide emergency-type management system that if there is a flood or a road that is closed or a tree is down or if there is an accident on [Route] 144, you can sign up and get alerts to your cellphone, your landline or your computer, if you choose," Baker explained.

Residents can sign up for the service, which is free, on the town website at [www.coeymans.org](http://www.coeymans.org). For those who need assistance registering online, beginning this week residents can call the town supervisor's office and town clerk's office and they will help them out.

"You can go on our homepage at [coeymans.org](http://coeymans.org) and in the middle of the page, there is a link so you can go on and sign up manually," Town Clerk Candace McHugh said. "For people who don't want to do it that way or maybe aren't computer savvy, give us a call."

The Code Red alert

See SERVED A2

See CODE A2

# Culinary history gives peek into the past

**By Melanie Lekocevic**  
Capital Region Independent Media

RAVENA — History is alive with the stories of our past, the ways our ancestors lived and the cultures they embraced.

We all know the dates of important events and the names of enterprising explorers, but did you ever wonder how people lived day to day? What they ate and how it all came to be?

The Ravena Coeymans Historical Society pre-

sented a look at the culinary history of the region at its October meeting.

Lavada Nahon, an interpreter of African-American history for the New York State Office of Parks, Recreation and Historic Preservation and a culinary historian focused on the mid-Atlantic region in the 17th through 19th centuries, with a special emphasis on the experiences of enslaved cooks, presented the talk, "Dining Dutch in the New World."

This region was largely settled by the Dutch, and their influence on day-to-day life was substantial. Young students are frequently taught about the British settlements in the New World in colonial times, but the Dutch were particularly influential in the mid-Atlantic region and New Netherland, which encompassed what is now known as New York.

The Dutch, who were seafaring global traders, also dealt in the slave

trade, which was a prominent industry in New Netherland, a fact few people acknowledge or know now.

"In 1625, the first men of African descent were purchased as enslaved people in New Amsterdam (now New York City). Very few people know that," Nahon said.

Unlike the British-settled colonies, New Neth-



Culinary historian Lavada Nahon shows what a Dutch kitchen looked like in colonial days during the October meeting of the Ravena Coeymans Historical Society.

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**Sports**  
RCS steamrolls Lansingburgh for another postseason win  
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World War I. “Veterans Day can trace its origins back to Nov. 11, 1918, the one-year anniversary of the armistice that ended World War I,” Riordan said. “President Woodrow Wilson declared that day Armistice Day. In 1926, Congress passed a resolution to make it an annual occurrence. Veterans Day is an important day for every American and is intended to honor and appreciate all servicemen who served in the United States. Veterans Day honors all past military members who served our country regardless of the war or conflict, or if they lived or died.”

Korean War veteran Eugene Datri said the ceremony in honor of Veterans Day was a fitting tribute to those who served.

“I can’t begin to tell you how proud I am of serving our country,” Datri said after the ceremony’s conclusion. “It’s one of the best things I have ever done, and I didn’t realize it at the time.”

Datri was seated next to his lifelong friend and fellow Korean War veteran, Mike Albano. Datri served in the Army, and

Albano served in the Navy.

The two men were friends in the village in their pre-war days, and as one was getting off a military ship in Pusan (now known as Busan) in Korea, the other was getting on. They spotted each other among the other 5,000 U.S. military troops at the port. Seeing a friendly face from home was priceless, they said.

“He was getting on the ship and I was getting off the ship,” Albano said. “The only person I ever saw from here way over in Korea,” Albano said.

The two remain friends more than 70 years later.

“We grew up together and we are still friends. We still call each other on the telephone,” Albano said.

The daughter of a local veteran who served in World War I — the first, not the second, World War — was also on hand to honor those who served. Susan Meyers said her father, Gerald Schermerhorn, was 62 when she was born and had served in World War I.

“He didn’t talk about it much,” Meyers said, adding that she still has the service medal that was awarded to her father a



Melanie Lekocevic/Capital Region Independent Media  
**Capt. Robin Riordan (retired), who served in the U.S. Army Reserves for 25 years, spoke of the history of Veterans Day and what service has meant to her.**



Melanie Lekocevic/Capital Region Independent Media  
**Commander Mike Kindlon from VFW Post 9594 and members of the Auxiliary listen as Vietnam veteran Jack Covey, left, performs a patriotic song.**



Melanie Lekocevic/Capital Region Independent Media  
**Members of Ravena VFW Post 9594 during the Veterans Day ceremony at Veterans Memorial Park on Main Street in the village.**



Melanie Lekocevic/Capital Region Independent Media  
**Dozens turned out to show their support for veterans during the ceremony.**

hundred years ago. Meyers’ family has a long tradition of mili-

tary service — her father served in World War I, her stepfather served in

World War II, and her uncle, nephew and two

best friends all served in the Vietnam War.

## CODE from A1

system has been implemented in nearby communities, including the village of Coxsackie and the town of Saugerties.

The administrators of the system will be Emergency Manager Bill Bruno, Highway Superintendent Daniel Baker, Town Clerk Candace McHugh and

Town Supervisor George McHugh.

“We will have the ability to put messages out there so if there is a highway issue, if there is a tree down and the road is closed, or if there is an automobile accident, a message will come across whatever device you checked,” Baker said. “It’s a good way to get emergency messages and public messages out to the

residents.”

When registering for the service, you can select texting, emailing or landline calls to receive your alerts.

“You can do land lines so if there are people who don’t use cellphones or computers, they can still get an alert about any emergency that we have,” Candace McHugh said. “We are going to try very hard to keep it just to

emergencies so it’s not a lot of messages, but only the ones that are important for you to hear.”

Town officials will go to Senior Projects of Ravena at dinner time Thursday to help people sign up and will attend similar events to assist people with registering for the service, she said.

The Ravena-Coymans-Selkirk school district uses a similar alert system for families with children in the schools, Baker said.

“It’s very similar to what the RCS schools use when there is a snow day or if the buses are running late, we get a text message,” Baker said. “I think it works pretty good.”

Town Councilwoman Marisa Tutay asked how residents will be notified of the service’s availability.

“Bill Bruno brought that up as well,” Baker responded. “We expect it will get going slowly in the beginning until more and more people find out

by word of mouth. We will also put it on the town’s Facebook page to encourage people to sign up. We will take it slow and see how it goes.”

The cost of the system to the town is roughly \$4,000 a year, George McHugh said in July. There is no cost to residents to sign up.

For assistance with registering, call the town clerk’s office at 518-756-6006 ext. 3 or the town supervisor’s office at 518-756-6006 ext. 2.



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## PEEK from A1

erland was not started by royalty, but rather by a for-profit company — the Dutch West India Company — that sought to grow the population by offering large tracts of land to a select few individuals, who were then charged with attracting new settlers to the area.

One of the earliest documented sources of the Dutch attempting to encourage new people to move to New Netherland was the book “A Description of New Netherland” by Dutch author Adriaen van der Donck, published in 1655, that encouraged Dutch people to move to the colonies.

To explain what life was like here, van der Donck wrote about the fruits and vegetables native to this newly settled land — everything from maize to beans, grapes, blueberries, cherries, artichokes, wild onions, black walnuts, chestnuts, apples and more.

“He lists out more different varieties of fruits and vegetables than I can find in any grocery store today,” Nahon said.

The extensive colonization of lands around the world led to “one of the largest movements of food in human history,” Nahon said, with explorers sharing the new foods they discovered during their travels.

“The first is the Columbia Food Exchange, based on Columbus and all those people who came right after him,” Nahon said. “They were looking to get to India and they got sidetracked, but they couldn’t go back empty handed. They ate all the food from wherever they

started to here, then they had to restock the ships, so they’re restocking both to show that they were actually here, but they’re also proving the food is good because they had to eat it on the way back. So suddenly, New World foods are everywhere.”

Foods unique to the New World that traveled back to Europe included maize, chili peppers and even turkeys.

How did food historians learn about how food was prepared? They looked at paintings and other artwork of the era to see what their food looked like.

If you think meals in the 17th century were spartan, dull affairs, think again.

“We’re always thinking (they ate) these one-pot meals that were kind of gray and they were really roughing it. No, they weren’t,” Nahon said. “The Dutch controlled the spice trade. They went to the spice islands, killed half the population and enslaved the rest, and took over the spice trade. And they are sending spices all over the world to this day.”

As Dutch colonists became prosperous, the women decided they wanted to chuck their domestic responsibilities.

“As the Dutch were gaining wealth, one of their big trade commodities were enslaved Africans,” Nahon said. “New York was the second largest slave market in the 13 colonies by the time we get to the early part of the 18th century.”

Many of the enslaved people who were “sold” at the slave markets in New York were transported to other colonies, but some remained in New

Netherland, with some of the women being trained for cooking and other domestic duties.

But that training was far from easy.

“You’ve got an enslaved woman who’s been on a boat in the worst possible conditions for three months. You want to talk about PTSD?” Nahon said. “The enslaved were renamed the moment they got off the boat: they lose their African name so you’re disoriented, you’re looking at a land that looks nothing like what you left, you’ve got all of these people who look nothing like the people you left, the buildings are different, the trees are different, someone is yelling at you in a language you can’t understand, and then, let’s go into the kitchen.”

Enslaved women were expected to prepare meals for the family, but the kitchen is not like an African kitchen — the foods are different, the climate and kitchen tools are different, and how meals are prepared was unlike anything they had experienced in Africa.

“We don’t talk about the brutality. It’s straight-up stress,” Nahon said.

“It was a clash of cultures. The crops were different, the fish was different, the animals they’re butchering are different, religious tenets cause the feasts to be different,” Nahon said. “Europeans are used to eating whole haunches of meat. There are very few cattle in West Africa and in Central Africa.”

Nahon estimates it would take about two years of training to teach an enslaved African woman to prepare meals in the New World.



# Newly elected town officials look to the future



Contributed photos

The three Republican candidates running in contested races won in Tuesday's election. Pictured, left to right, are Town Councilman Stephen Schmitt, Town Councilwoman Marisa Tutay and Highway Superintendent Daniel Baker. Town clerk candidate Candace McHugh and town justice candidate Tammy Eissing, not pictured, ran unopposed.

# Incumbents returned to office at state, local levels



U.S. Rep. Paul Tonko, D-20

State Sen. Neil Breslin, D-46

Assemblyman Chris Tague, R-102

Contributed photos

Three incumbents representing Coeymans and Ravena were returned to office at the state level on Election Day. Pictured, left to right, are U.S. Rep. Paul Tonko, D-20; State Sen. Neil Breslin, D-46; and Assemblyman Chris Tague, R-102.

## GOP candidates sweep, referendums rejected

By Melanie Lekocevic  
Capital Region Independent Media

COEYMANS — The five Republican candidates on the ballot swept in last Tuesday night's election and both town propositions were rejected by the voters.

All five positions on the ballot were open due to resignations. Because the election was not an at-large race for the two seats on the town council, candidates ran against each other for a specific seat and the seats did not go to the two candidates with the highest number of votes.

Republican incumbent Town Councilman Stephen Schmitt defeated Democratic challenger Cindy Rowzee with 1,605 votes to Rowzee's 1,302. "I would like to thank my wife Lisa, my sons Matthew and Lukas, my daughter-in-law Angie, and my granddaughters, Keele and Delilah," Schmitt said. "I'd also like to thank my family and friends, who showed their unwavering support throughout this campaign. Without their support, none of this would have been possible."

"I would also like to thank the residents of the Town of Coeymans for supporting me through my campaign," he added. "I am honored and humbled to see the number of votes in my favor and to know that the residents have faith in me to be their voice on the Town Board. I promise to serve our great town to the absolute best of my ability and to be honest and transparent with everyone."

Republican incumbent Town Councilwoman Marisa Tutay was elected with 1,621 votes to Democratic candidate Ron Hotaling's 1,284 votes.

"I am thrilled with the election results," Tutay said. "I am humbled, and very honored, that the residents of the town have placed their trust in me to be a member of the board. I look forward to working with everyone to keep our town a place we are all proud to call home."

Highway Superintendent Daniel Baker, a Republican who was appointed to the position after former super-

intendent Scott Searles retired earlier this year, was elected with 1,780 votes to Democrat Peter DeLuke's 1,149 votes.

"The Coeymans residents came out in numbers we haven't seen in the last few elections and it is an honor to be elected to highway superintendent," Baker said. "I will continue to be responsive, honest and transparent to this great community that afforded me this wonderful opportunity and continue to move Coeymans forward for everyone."

Republican Town Clerk Candace McHugh, who was appointed to the post after Republican Laura Barry stepped down from the job after a few days due to health reasons, ran unopposed and received 2,096 votes.

Republican Tammy Eissing was elected town justice in an uncontested race and received 2,166 votes.

Town Supervisor George McHugh said he was pleased with the election results.

"The Coeymans Comeback Team ran a very clean and issues-focused campaign this season," McHugh said. "In my opinion, the incumbents prevailed on Election Day because the voters recognize the progress that has been made in Coeymans over the last three years and appreciate the efforts made by the Comeback Team. I look forward to working with the town board and the village as we tackle the current projects such as sidewalks along Route 9W, an alternate truck route through the lands of Lafarge Holcim, and permanent bathroom facilities in both of our town parks. The future is certainly bright for Coeymans."

The two referendums on the ballot were defeated by a substantial margin. Both were supported unanimously by the town council when votes were held a couple of months ago.

The proposition to construct a new town hall for up to \$7 million to replace the existing building, which would have been demolished under the plan, was defeated with 2,045 "no" votes to 875 "yes" votes.

The town council unanimously approved a resolution over the summer to build the new town hall, but a petition signed by an adequate number of residents forced the issue to a vote.

With the proposal rejected by the voters,

town officials have not yet said what the next steps will be for the current town hall.

The second referendum would have extended the town supervisor's term from two years to four years, effective in the 2023 election, and was defeated at the polls with 1,925 "no" votes to 1,003 "yes" votes. The proposal to extend the supervisor's term had a mandatory referendum, meaning final say was up to the voters.

Former town clerk Cindy Rowzee was one of the organizers of the petition effort for the town hall project and said that while she was disappointed not to be elected to the town council, she was gratified that the voters had their say on the referendum.

"I am glad they were voted down," Rowzee said. "I think that shows that the people are looking into things and that they realize that some things were being pushed for that maybe weren't right for the community. Hopefully now the town board, especially with the town hall proposition, will look into some other options and find a better option for the town hall rather than spending \$7 million."

By Melanie Lekocevic  
Capital Region Independent Media

COEYMANS — Election 2022 was a good night for local incumbents in the town and at the state level.

In Coeymans, the two town council members, highway superintendent and town clerk incumbents — all Republicans, were returned to office, along with the GOP town justice candidate, Tammy Eissing (see accompanying article).

At the state level, incumbents from both political parties fared just as well.

U.S. Rep. Paul Tonko, D-20, who represents Coeymans and Ravena, easily won re-election by a 54% to 45% margin over Republican Liz Joy. Tonko had a strong showing in Albany County, receiving 61% of the vote to Joy's 38%.

Tonko won a majority of votes in each of the four counties he represents with the exception of Saratoga County, where Joy picked up 52% of the vote to Tonko's 47%.

"Our campaign has always been about delivering results for the Capital Region, fighting for working families, defending voting and abortion rights, and strengthening our democracy — and that campaign doesn't end tonight just because

New Yorkers sent me back to work," Tonko said. "There is plenty to do and I'm rolling up my sleeves first thing tomorrow morning."

Assemblyman Chris Tague, R-102, won re-election by a wide margin with 64% of the vote to Democratic challenger Nicholas Chase's 34%. Tague easily won five of the six counties, or portions of counties, that he represents, with the exception of Ulster County, where Chase picked up 60% of the vote to Tague's 35%.

"To the people of the 102nd Assembly District, I will never stop fighting for you," Tague said. "We will continue to work hard to make this state more affordable by bringing down inflation, cutting costs at the fuel pump, at the grocery stores, and in your energy bills. I will work against radicals in the majority to protect our constitutional rights and to make our streets safe by locking up dangerous criminals and overturning the cashless bail policy."

"I will also continue my work to protect the farmers in our great state," Tague continued. "Farmers are the lifeblood of our country and reducing the overtime threshold for farm workers is everything wrong with ag policy the Democratic majority has pushed through."

Coeymans and Ravena are currently represented by Democratic state Sen. Michelle Hinchey in the old configuration of the 46th State Senate District, but with the district lines redrawn by the state this year, Hinchey won re-election in the new 41st State Senate District.

State Sen. Neil Breslin, a longtime Democratic incumbent, won re-election to the new 46th State Senate District, which encompasses Coeymans and Ravena.

Breslin, who has been in office 25 years, defeated Republican challenger Richard Amedure, with 53% of the vote to Amedure's 44%. Breslin had a particularly strong showing in Albany County, where he received 64% of the vote to Amedure's 34%, but the Republican won big in Montgomery County, where he got 66% of the vote to Breslin's 30%.

"I'm so grateful to all the volunteers, union, organizations and especially Team Breslin for all their help and hard work during this campaign. None of this would have been possible without [them]," Breslin said. "Thank you to the voters of [Senate District] 46 for your confidence in me to be your representative in the State Senate for the next two years."

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## RCS SCHOOL MENUS

**REMINDER:** Meals will not be free this year for all students. Don't forget to fill out and return your free and reduced price meal applications. If you have any questions, please reach out to Food Service Director Douglas Porter at ext. 2437. More information can be found on the website at [www.rcscsd.org/page/food-services](http://www.rcscsd.org/page/food-services)

### RCS Elementary School Menu

Nov. 21 to Nov. 25

#### Breakfast Menu

**MONDAY:** Doughnuts, berries, bananas, skim or 1% milk.

**TUESDAY:** Cheese and egg, English muffin, mixed fruit, apples, skim or 1% milk.

**WEDNESDAY:** Thanksgiving recess. No school.

**THURSDAY:** Thanksgiving recess. No school.

**FRIDAY:** Thanksgiving recess. No school.

#### Lunch Menu

**MONDAY:** Peanut butter and jelly sandwich or chicken patty, cheese, whole-grain roll, pears, spinach, skim or 1% milk.

**TUESDAY:** Turkey sandwich or macaroni and cheese, whole-wheat roll, carrots, apples, bananas, skim or 1% milk.

**WEDNESDAY:** Thanksgiving recess. No school.

**THURSDAY:** Thanksgiving recess. No school.

**FRIDAY:** Thanksgiving recess. No school.

### RCS Middle & High School Menu

Nov. 21 to Nov. 25

#### Breakfast Menu

**MONDAY:** Doughnuts, berries, bananas, skim or 1% milk.

**TUESDAY:** Cheese and egg, English muffin, mixed fruit, apples, skim or 1% milk.

**WEDNESDAY:** Thanksgiving recess. No school.

**THURSDAY:** Thanksgiving recess. No school.

**FRIDAY:** Thanksgiving recess. No school.

1% milk.

**TUESDAY:** Cheese, egg, English muffin, mixed fruit, apples, skim or 1% milk.

**WEDNESDAY:** Thanksgiving recess. No school.

**THURSDAY:** Thanksgiving recess. No school.

**FRIDAY:** Thanksgiving recess. No school.

#### Lunch Menu

**MONDAY:** Chicken patty, cheese, whole-grain roll, pears, spinach, skim or 1% milk.

**TUESDAY:** Macaroni and cheese, whole-wheat roll, carrots, pears, bananas, skim or 1% milk.

**WEDNESDAY:** Thanksgiving recess. No school.

**THURSDAY:** Thanksgiving recess. No school.

**FRIDAY:** Thanksgiving recess. No school.

## SENIOR PROJECTS

RAVENA — Senior Projects of Ravena offers dinner every weekday at 4 p.m. Call 518-756-8593 for information and the menu.

Exercise classes are

also being offered.

The Meals on Wheels program and the transportation program are still available, according to the organization's Facebook page.

Bingo has been cancelled until further notice.

If there is a senior who needs assistance or you are concerned about a senior, please call Senior Projects at 518-756-8593.



## RCS COMMUNITY LIBRARY

"Appreciation can change a day, even change a life. Your willingness to put it into words is all that is necessary." ~ Margaret Cousins

### TAKE AND MAKE TUESDAY!

Families are invited to make an adorable no-sew felt ornament. The library will provide the felt, you'll assemble the ornament and glue it together. The end result: woodland creature cuteness! Pickup begins at 9 a.m. on Tuesday, Nov. 22.

### LAST TUESDAY BOOK GROUP

Tuesday, Nov. 29 at 6:30 p.m.

"I Am Behind You" by John Ajvide Lindqvist

Four families wake up one morning in their caravans, next to their cars, on an ordinary campsite in southern Sweden.

However, during the night something strange happened.

Everything else has disappeared, and the world has been transformed into an endless expanse of grass.

The sky is blue, but there is no sign of the sun; there are no trees, no flowers, no birds. And every radio plays nothing but the songs of '60s pop icon Peter Himmelstrand.

"At the top of his game, Lindqvist gives Stephen King and John Saul at their best a run for the money." —Library Journal

Books are available at the library and new members are always welcome.

### THANKSGIVING HOLIDAY HOURS

The library will be

closed for the Thanksgiving holiday beginning at 5 p.m. on Wednesday, Nov. 23 through Friday, Nov. 25. Come visit on Saturday between 10 a.m. and 5 p.m. to stock up on books and DVDs! As always, the digital library is open 24/7.

### SPICY ADVENTURES: FOLKLORE, LEGEND, HISTORY & RECIPES OF EVERYDAY SPICES

Thursday, Dec. 8 at 6:30 p.m.

The folklore, legends and history of four everyday spices will be presented in a one-hour talk. Sample cinnamon tea and take home some recipes to try.

Presenter Bonnie Mion promises a fun, entertaining and informational presentation. Registration appreciated.

## Five Rivers programs in November

DELMAR — Come and explore Five Rivers Environmental Education Center's November programs at 56 Game Farm Road in Delmar. Take part in a guided program, or explore the trails on your own. The grounds are open daily from sunrise to sunset. The visitor center is open to the public Monday through Saturday from 9 a.m. to 4:30 p.m. except for state holidays.

Please dress for the weather. Call the visitor center at 518-475-0291 if you have questions.

• **Photo Presentation:** Seasons of Five Rivers

Saturday, Nov. 19, at 2 p.m.

Join photographers Scott Stoner and Denise Hackert-Stoner as they share stunning images of Five Rivers through the camera lens. Wildlife (large and small), landscapes and more make up their collection of photos, along with the stories behind the images.

For a sampling of Scott and Denise's work, look no further than the exhibits in the visitor center at Five Rivers, and the pages of DEC's Conservationist magazine. (See pages 18 and 19 of the April/May 2022 issue for a Five Rivers photo-spread.)

• **Family Fun:** Wild About Turkeys

Friday, Nov. 25 and Saturday, Nov. 26, at 10 a.m.

Thanksgiving is a time when many people are reminded of turkeys. What makes them so interesting that Benjamin Franklin would propose them instead of the Bald Eagle as the national symbol? This is a hands-on program with a short walk, weather permitting.

• **Animal Signs Guided Walk:** Where Are Our Wild Friends?

Saturday, Nov. 26, at 2 p.m.

Participants will go out and look around the fields and woods, exploring to discover what's been happening in the late fall at Five Rivers.

## Program: Baseball, Babe Ruth and politics

ALBANY — Senior lecturer and historian Dr. Robert Chile and Curator of Sports Stephen Loughman will hold a special lecture, "Babe Ruth Gets Political: Sports and Identity Politics in the Roaring Twenties," on Thursday, Nov. 17, at the New York State Museum.

Chiles' lecture will take an in-depth look at how the Roaring Twenties had an impact on sports celebrities in American culture, and the role of identity in American politics with an emphasis on Babe Ruth and his support for New York State Governor Al Smith's 1928 run for president.

The event will also include a short presentation about the history of Babe Ruth and the "House That Ruth Built" from Stephen Loughman, the curator of sports at the

New York State Museum. He will discuss New York Yankees-related artifacts in the museum's collection, including a recently donated Babe Ruth signed baseball.

This in-person event is free and open to the public.

As a senior lecturer at the University of Maryland, Dr. Robert Chiles teaches an array of courses. Chiles became a Research Associate in History with the New York State Museum in 2021. He is co-editor of "New York History," a member of the editorial board of The Hudson River Valley Review, and the host of "Empire State Engagements."

Chiles has written numerous pieces on New York state history, including in his first book, "The Revolution of '28: Al

Smith, American Progressivism, and the Coming of the New Deal," which was published in 2018 by Cornell University Press, as well as in articles for Environmental History, the Journal of the Gilded Age and Progressive Era, New York History, and op-eds for Newsday, the New York Daily News and the Albany Times Union.

Stephen Loughman is the curator of sports at the New York State Museum. He has presented several times on New York state sports history and is working to build the museum's sports collections.

The lecture will be held Nov. 17 at 7 p.m. in the Huxley Theatre of the New York State Museum Cultural Education Center, 222 Madison Ave., Albany.

## Holiday Craft Fair, Dec. 10

SOUTH BETHLEHEM — A Holiday Craft Fair will be held on Dec. 10, from 9 a.m. to 3 p.m. at South Bethlehem United Methodist Church.

Breakfast sandwiches and lunch will be available, as well as a bake sale to support the church's United Women in Faith. The Thrift Shop "Boutique" will be open as well.

Please come out to support small business, do your Christmas shopping and grab a bite to eat.

South Bethlehem United Methodist Church is located at 65 Willowbrook Ave. in South Beth-

lehem. For more information, call Emily Shutter at 518-813-0661.

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# Doctors

WHITTLING AWAY



DICK BROOKS

I do not like going to the doctor's.

I believe that for once, I am part of a vast majority of the human race. In all the decades that I've survived, I have yet to hear anyone say, "There's nothing good on TV. I don't feel like shopping so I think I'll go to the doctor and get an exam."

Let me state right up front, I have nothing against doctor-type people. As a rule they are intelligent, caring and clean sorts who are hard-working and useful to have around if you're sick. My problem is deciding when I'm sick enough to need a doctor's services.

I am basically of the feeling that if I can walk, communicate with others of my species and am not actively bleeding or have any bodily parts detached, I am not in need of medical assistance.

The Queen and all the proper medical journals suggest an annual physical. I am of the opinion that if one goes looking for trouble or problems, one will find them in abundance.

The last physical I had reminded me all too graphically why I do not like going to the doctor. I had an appointment to be examined at 2 p.m. I checked in with the cute little receptionist who looked like she had just come from cheerleading practice. I was instructed to take a seat in the waiting room and they would be right with me.

After a pleasant 45 minutes of reading magazines with no covers so I wouldn't know how far out of date they were — although I did find an interesting article on our recent losses at Gettysburg — I started to focus on my fellow waiters.

The whole room was full of sick people. There were sneezers, coughers and folks with bandages in the most interesting places. These guys had things that I didn't want so I sat there trying not to breathe until I heard my name being called.

I was ushered to a small cubicle where I was weighed — not a pleasant experience, especially for the scale. My blood pressure was taken and a thermometer stuck into my mouth, at which time I was asked a series of questions. I guess my mumbled answers were satisfactory because the nurse handed me a gown and told me to strip, put on the gown and wait for the doctor.

As fascinating as some forms of nudity are, people my age don't enjoy being naked. As I peeled off the layers, I noticed for the first time how cold the

voluntarily.

He said there were some tests he'd like to run. I was feeling testy by this time so I thanked him and left.

I went home and checked my medical kit. Aspirin for aches and pains, Ace bandages, which are good for all sorts of things and can even substitute for bungee cords in a pinch; a flannel bag of corn kernels that when heated in the microwave are good for joints that hurt; duct tape for re-attaching any appendage that needs re-attaching; Bag Balm, a left over from my farming days that helps me keep my youthful-looking complexion; a big bottle of Sloan's Liniment; a bottle of castor oil; and in honor of my hero, Bob Beyfuss, a bottle of ginseng.

All was in order. I don't think I'll be seeing the doctor again for a while.

Thought for the week — If Jimmy cracks corn and nobody cares, why is there a song about him?

Until next week, may you and yours be happy and well.

Reach columnist Dick Brooks at [whittlingaway@yahoo.com](mailto:whittlingaway@yahoo.com).

cubicle was; they probably used it as a meat locker during slack times. The gown didn't help warm me since a very large portion of my anatomy was hanging out the gap in the back.

I sat on the examination table — why don't they have a flannel cover on those things instead of slick paper over the refrigerated faux leather upholstery?

I sat there for another 15 or so minutes before the doctor appeared. He had a good time for five minutes or so, whacking, thumping, poking and looking into places I wouldn't have offered viewing opportunities to

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# The good news!

GARDENING TIPS



BOB BEYFUSS

Last week I wrote about some of the disasters I had with my 2022 vegetable garden, mostly due to my own fault, but some also due to the unprecedented hot and dry weather parts of our region experienced.

I forgot to mention another blunder, which was hooking up a soaker hose to my 250-gallon rainwater storage tank and then forgetting to close the valve overnight. Soaker hoses are great tools to apply water slowly over a period of hours, but leaving them on for 24 hours or so is not a good idea. In my case I lost most of my stored rainwater before I realized I had left it running!

On the plus side, my 20-year-old asparagus patch of "Jersey Knight" once again performed beautifully and I feasted on fresh asparagus from early May until the Fourth of July. The flavor is excellent, and this variety is resistant to rust, crown rot and fusarium. It also performs well in my heavy, clay soil.

This is an all-male variety that does not produce any female spears, which can be distinguished from the male shoots by the round, red berries the females produce. The advantage of this trait is that the plant does not expend any stored energy trying to ripen seed. The downside is that no new seedlings are produced, so no replacement plants can be established.

I use table salt to reduce weeds, which may also help prevent crown rot, since asparagus is remarkably tolerant of salt while many annual weeds are not! Only well-established beds, at least three years old, should be "salted" at a rate of about 2 pounds of rock salt per 100 square feet. I apply it in late spring, as many annual weeds are germinating.

Backyard asparagus is pretty much pest-free, except for occasionally being damaged by Japanese beetles and asparagus beetles, which are easily controlled by spraying an insecticide after the harvest season, or hand picking them as you are harvesting early in the season. My local deer seem to ignore them and even chipmunks, rabbits and woodchucks usually avoid them.

Here are some tips for growing asparagus.

First, allow no weeds to compete. This is accomplished by diligent hand weeding early in the season, salting and applying a heavy mulch over the winter. My preferred winter mulch is sugar maple leaves, which are often available free at curbsides where many people bag them up for pick up by the town or village. I hope to go leaf stealing this weekend if I get the chance.

Avoid using oak or beech leaves, as they tend to mat and do not break down as sugar maple leaves do. I will use as much as a 10-inch layer of sugar maple leaves now, which breaks down to 3 inches or so by next summer. Asparagus is also a pretty heavy feeder, so I added a 50-pound bag of rabbit manure to the bed last week.

I tried a new onion variety this year called "Candy," which also suffered from the drought, as well very uneven growth. I got some really large onions, but most were stunted and small. Next year I will go back to "Sweet Sandwich." My leeks did well and they are the only remaining crop left to harvest,

as I finish cleaning up my garden.

On June 3, I planted seven seeds each, of four different bush-bean varieties: Roma (a flat podded, Italian variety), Golden Butterwax (yellow pods), Royal Burgundy (purple pods) and Earli-Blue (green pods). All performed very well and matured within a few days of each other, with the best-tasting, in my opinion, being Golden Butterwax. This yellow variety is also the earliest and most prolific, followed by Royal Burgundy. I did not care as much for Roma or the green variety.

One 10-foot row of beans produces far more than I can eat! My "Detroit Dark Red" beets and multicolored (rainbow) carrots, also planted on June 3, also did pretty well, despite the drought.

Finally, I must thank my friends and especially my neighbor, Sally, who gave me some very late transplants of winter squash that did reasonably well. I will be bringing some butternut and spaghetti squash with me to Florida!

Sally gave me an "heirloom" (unnamed) paste-type tomato that, despite being transplanted in late July, produced an excellent crop of the largest, meatiest canning-type tomatoes I have ever seen! I harvested more than a dozen hard, very green fruit in early October. I put them in a paper bag with an apple and within three days, these green tomatoes turned red and they tasted wonderful!

I will save seed from one of these fruit for next year's garden!

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# Irrational fear

If I were to walk down the street and ask each person what they were afraid of, they would most likely say, "nothing."

What is fear? One definition is to be afraid of someone or something likely to be dangerous, painful, or threatening.

When we think of fearful situations, we may think of something dangerous like a war, painful like losing a loved one, or threatening like being face-to-face with a serial killer.

How many people would consider following your dreams dangerous, painful, or threatening?

Some dreams are dangerous and can result in death; think of Martin Luther King or Amelia Earhart. Other dreams are not so dangerous but may instill similar amounts of fear.

Is fear a bad thing?

## Positively Speaking



Toby Moore

Fear is an emotion that can help protect us. It's like a warning that cautions us to be careful. It makes you alert to danger and prepares you to deal with it. Imagine if you weren't afraid of touching a hot flame, falling down the stairs, or walking off the edge of a cliff.

Fear can cause indecision, which in turn causes doubt, and when all three begin to mix, a person can become paralyzed. When overcome by fear, it can cause a

person to stop moving forward, overcome with worry. Worry is a subtle sustained fear that little by little, destroys your reasoning, self-confidence and initiative.

What are the different types of fear? What symptoms do they cause? What, if anything, is the remedy?

There are many types of fear. Some fears are rational, others are instinctual, and others are irrational; they tend not to make logical sense and vary significantly from person to person.

Rational and primal fears serve a useful purpose. What about irrational fear? They might also be helpful, but irrational fear is the type of fear that could also be holding you back from your dreams and doing what you want to do with your life. Irrational fear can cause one to live in a

false reality, not be present, and influence one to make unhealthy decisions.

On the face of it, none of these fears sound irrational, but how they can make you behave can be irrational and detrimental.

**Fear of Poverty:** It can be good if it makes you work hard or not waste money. Often this can cause someone to behave irrationally, like being dishonest in business and taking advantage of others.

**Fear of Criticism:** If you're afraid of criticism, you may be more self-conscious, unable to

express your true personality, and generally feel inferior to those around you. This fear is a significant impediment to following your dreams. What's more rational — living your life's pur-

pose or being so afraid of what others think that you never try.

**The Fear of Ill Health:** When studying the placebo effect, it's been suggested that those who fear a disease the most can sometimes have symptoms of that disease even though they don't have it. To be in constant worry about ill health isn't healthy! After taking proper precautions, will you still let the fear of ill health keep you from living life to its fullest?

**The Fear of Death or Old Age:** We are all growing old; embrace it. Don't let the fear of old age cause you to live a lesser life. I've heard of 30-year-olds say they are too old and 60-year-olds say they are too young. Do you have an old or youthful state of mind?

**The Fear of Loss of Love:** Most of us lose

love at least once. Don't let this fear cause you to be jealous, find fault or overcompensate, and block you from finding new and lasting love.

Fear is a double-edged sword. Sometimes it's healthy; sometimes it's unhealthy. Just like anything, fear might be best in moderation.

If you suspect your fears are irrational and causing you to make harmful decisions, you may need the help of a mental health professional. Don't be afraid to find help if you need it.

Are you letting fear control your life? I encourage you to let go of the fears that are holding you back and start living the life you always wanted.

*Toby Moore is a columnist, the star of Emmy-nominated "A Separate Peace," and the CEO of Cubestream Inc.*

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# IN OUR BACKYARD

GET TO KNOW:



## Catskill Mountain Tea Company



**Tricia:** Tell us about yourself and your business...

**Ashley Carr:** Okay! I am a native to the Catskill and Mid Hudson Valley area. I have been an avid tea drinker my entire life. I love the array of flavors, styles, natural remedies, traditions, and history behind every cup! Living in an area deep in history, folklore, and romance, you just can't help but feel like you have become part of the legend yourself- and Catskill Mountain Tea company was born from that vision! Our hope is that each cup of our carefully selected tea warms you with the romance of the Catskill Mountains.

**Tricia:** What makes for a good cup of tea?

**Ashley:** I have curated a wide selection of teas to enhance an experience. The objective is to brew for the senses.

Smell and taste can call up memories and powerful responses almost instantaneously. My Strawberry Falls tea may remind you of picking strawberries at one of the Catskills many farms. Fireside Memories tea could conjure memories of bonfires and story telling with friends. Hay Ride tea may bring you right back to the apple orchard, apple picking.

A good cup of tea is comforting, like home.

**Tricia:** When and why did you decide to start this business venture?

**Ashley:** 5-6 years ago I became part of an affiliate program with another woman run tea company. She didn't have all the kinks ironed out and

it ended very quickly. Once I was told the program was ending (was only after a few months) I thought to myself, "Self...start your own thing and carry teas you want and market it the way you'd like."

**Tricia:** What is your favorite tea to create and brew?

**Ashley:** My two personal favorites are Sweet Romance (Cherry Rose green tea) and Fireside Memories (Smokey maple black tea). Two totally different flavors! The Sweet Romance is floral and little sweet/tart from the cherry. It reminds me of the end of Spring / beginning of Summer. Fireside Memories is a tribute to my best friend who passed very suddenly 2 days after my baby shower. We spent decades of fall evenings around a fire. It's also very tasty, in my opinion, and is a perfect latte tea.



**Tricia:** How can we purchase tea from you?

**Ashley:** Since it's just little ol me, contacting me directly via Facebook, Instagram, or email works best! I sell loose tea and brewed tea, upon request.

**You can find Catskill Mountain Tea Company by visiting:**

Facebook and Instagram @ catskillmountainteacompany or Linktr.ee/ Catskillmountainteacompany catskillmountainteacompany@gmail.com

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# 8.7% hike in Social Security benefits in 2023

Social Security and Supplemental Security Income (SSI) benefits for approximately 70 million Americans will increase 8.7% in 2023, the Social Security Administration announced last week.

On average, Social Security benefits will increase by more than \$140 per month starting in January.

The 8.7% cost-of-living adjustment (COLA) will begin with benefits payable to more than 65 million Social Security bene-

ficiaries in January 2023. Increased payments to more than 7 million SSI beneficiaries will begin on Dec. 30, 2022. (Note: Some people receive both Social Security and SSI benefits).

The Social Security Act ties the annual COLA to the increase in the Consumer Price Index as determined by the Department of Labor's Bureau of Labor Statistics.

"Medicare premiums are going down and

Social Security benefits are going up in 2023, which will give seniors more peace of mind and breathing room," Acting Commissioner Kijakazi said. "This year's substantial Social Security cost-of-living adjustment is the first time in over a decade that Medicare premiums are not rising and shows that we can provide more support to older Americans who count on the benefits they have earned."

Some other adjustments


that take effect in January of each year are based on the increase in average wages. Based on that increase, the maximum amount of earnings subject to the Social Security tax (taxable maximum) will increase to \$160,200 from \$147,000.

Social Security and SSI beneficiaries are normally notified by mail starting in early December about their new benefit amount. The fastest way to find out their new benefit amount is to access

their personal my Social Security account to view the COLA notice online. It's secure, easy, and people find out before the mail arrives. People can also opt to receive a text or email alert when there is a new message from Social Security — such as their COLA notice — waiting for them, rather than receiving a letter in the mail. People may create or access their my Social Security account online at [www.ssa.gov/myaccount](http://www.ssa.gov/myaccount).


Information about Medicare changes for 2023 is available at [www.medicare.gov](http://www.medicare.gov). For Social Security beneficiaries enrolled in Medicare, their new higher 2023 benefit amount will be available in December through the mailed COLA notice and my Social Security's Message Center.

The Social Security Act provides for how the COLA is calculated. To read more, please visit [www.ssa.gov/cola](http://www.ssa.gov/cola).



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# Community Calendar

## RAVENA Community Bulletin Board

### November 2022

- 17 - RCS Community Business Association meeting, 5-7 p.m., at Abounding Love Christian Fellowship, 2480 Route 9W, Faith Plaza, Ravenna.
- 18-19 - RCS Middle School Drama Club presents "Frozen Junior," 7 p.m., at RCS Middle School, Route 9W, Ravenna.
- 20 - RCS Middle School Drama Club presents "Frozen Junior," 2 p.m., at RCS Middle School, Route 9W, Ravenna.
- 21 - Coeymans Town Board meeting, 6 p.m., at Town Hall, 18 Russell Avenue, Ravenna.
- 22 - Ravenna Village Board workshop, 6 p.m., at Village Hall, 15 Mountain Road, Ravenna.
- 23-25 - Thanksgiving - Coeymans town offices closed.
- 30 - Coeymans Planning/Zoning Board of Appeals meeting,

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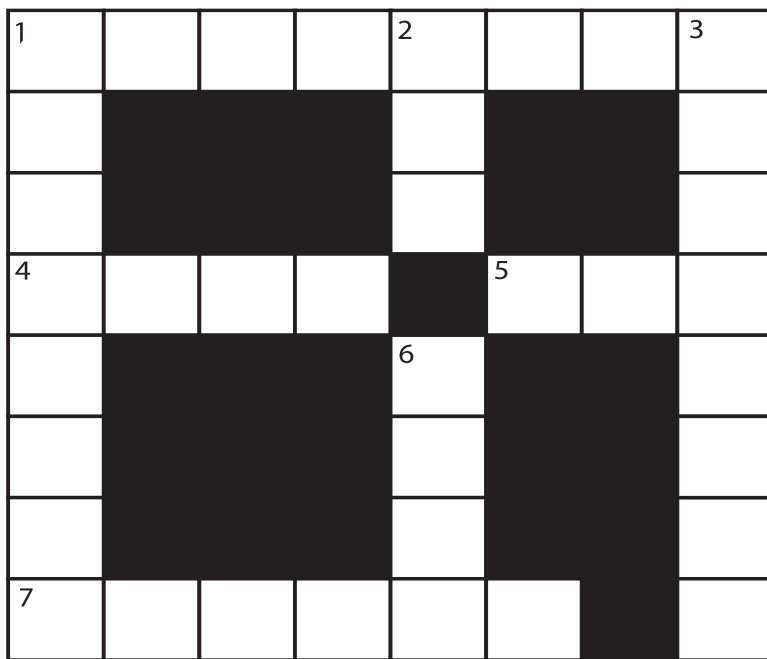


## FOOD FACT!

THIS FOOD TYPICALLY IS THE MAIN COURSE DURING THANKSGIVING DINNER.

ANSWER: TURKEY

### Crossword Puzzle



**ACROSS**

- 1. Least perceptible
- 4. Notion
- 5. Metal container
- 7. Seasoned and tasty

**DOWN**

- 1. Relatives
- 2. Brewed drink
- 3. Gratified
- 6. Structure that closes an entrance

Answers:  
 ACROSS  
 1. Faintest 4. Idea 5. Can 7. Savory  
 DOWN  
 1. Families 2. Tea 3. Thankful 6. Door

**THIS DAY IN...**



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- **1920:** THE FIRST ASSEMBLY OF THE LEAGUE OF NATIONS IS HELD IN GENEVA, SWITZERLAND.
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**SPANISH:** Tarta  
**ITALIAN:** Torta salata  
**FRENCH:** Tarte  
**GERMAN:** Pastete

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ANSWER: STUFFED TURKEY



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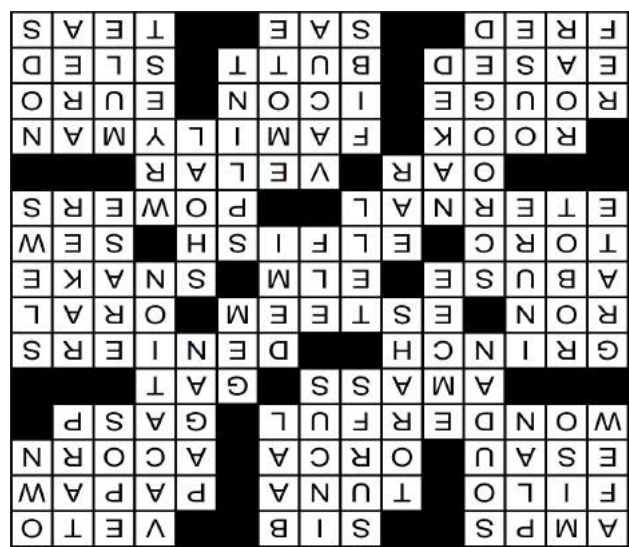
**ACROSS**

- 1. Concert units
- 5. \*Kevin to Buzz in "Home Alone"
- 8. Emphatic no
- 12. Phyllo, alt. sp.
- 13. Chicken of the sea?
- 14. a.k.a. papaya
- 15. Biblical firstborn
- 16. Aquarium show star
- 17. Type of squash
- 18. \*Like George Bailey's life
- 20. Struggle for air
- 21. Aggregate
- 22. Gangster's gun
- 23. \*Mount Crumpit's misanthrope
- 26. They refuse to believe
- 30. \*\_\_\_\_\_ Howard, directed a movie about #23 Across
- 31. High regard
- 34. Like dental exam
- 35. Bullying, e.g.
- 37. Popular deciduous tree
- 38. Kaa of "The Jungle Book"
- 39. Cleopatra's necklace
- 40. \*Like characters in Will Ferrell's famous Christmas movie
- 42. Use a Singer
- 43. Continuing forever
- 45. Wonder Woman's ability to fly, e.g.
- 47. Galley propeller
- 48. Type of consonant
- 50. Corner chess piece
- 52. \*Nicolas Cage's character gets a glimpse of a different life (2 words)
- 56. Like famous Moulin
- 57. Computer image
- 58. French money
- 59. Alleviated
- 60. Target of a joke

- 61. Iditarod ride
- 62. \*Nick Claus' brother, a re-possession agent
- 63. Famous frat house
- 64. Black and green brews

**DOWN**

- 1. Not many (2 words)
- 2. Japanese soup
- 3. Architectural drawing
- 4. Sudan, in French
- 5. Rides the wave
- 6. Ear bone, a.k.a. anvil
- 7. Jezebel's idol
- 8. \*Griswold family's pastime
- 9. Epic poem
- 10. Waterproof canvas
- 11. Part of B.Y.O.
- 13. Synagogue scrolls
- 14. Like a Druid
- 19. Master of ceremonies
- 22. Engagement symbol
- 23. Prepare carrots, sometimes
- 24. R2-D2, e.g.
- 25. Accustom
- 26. Bruce Willis' ex
- 27. Use the blunt pencil tip
- 28. Autumn laborer
- 29. Lots and lots
- 32. Regale with a tale, e.g.
- 33. \*Human from North Pole comes to NYC
- 36. \*Bill Murray movie, inspired by Charles Dickens
- 38. Water-covered sandbank
- 40. Corncob
- 41. Orthopedic device
- 44. In the buff
- 46. Dryest, as in humor
- 48. Vacuum, pl.
- 49. Be theatrical
- 50. Katy Perry's 2013 hit
- 51. Yorkshire river
- 52. Trivial lies
- 53. Drug smuggler
- 54. Pi times square of radius
- 55. Show of agreement, pl.
- 56. Game official, for short



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# SPORTS

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RAVENA NEWS-HERALD CAPITAL REGION INDEPENDENT MEDIA Thursday, November 17, 2022 B1

## RCS steamrolls Lansingburgh for sectional title

By **Melanie Lekocevic**  
*Capital Region Independent Media*

**RAVENA-COEYMANS-SELKIRK RCS** — The Indians steamrolled through the Lansingburgh Knights in an away game Saturday afternoon in the Section 2 Class B football championship by a score of 44-6.

Both teams remained scoreless in the first quarter, but the Indians' offense exploded mid-game, scoring 24 points in the second quarter and another 20 in the third quarter.

The Knights did not get onto the scoreboard until the fourth quarter, when they scored 6 points.

Indians senior Aidan Lochner scored three touchdowns, including a 49-yard run into the endzone in the second quarter.

Jack McFerran also scored a touchdown on a 49-yard pass that was thrown by Lochner.

Yet another touchdown came on a 13-yard pass by quarterback Luke Misetich to tight end Jack Reif.

The win comes a week after the Indians defeated Gloversville in a shutout game, 36-0.

The Indians' offense has been almost unstoppable in late season play and the defense has kept opponents at bay, keeping several teams scoreless.

Before shutting out the Huskies in their first postseason game, the Indians defeated Green Tech by a whopping 53-16 on Oct. 29. The week before the team came out on top over Gloversville in yet another shutout game, 48-0, and before that they defeated Cohoes 49-0 in an away game. On Oct. 8, the team beat Hudson Falls 55-28.

The Indians' only losses on the season came against O'Neill by a score of 36-13 in an away game back on Sept. 30 and against Glens Falls on Sept. 16 by a score of 21-13.

With Saturday's win, the Indians are on a six-game winning streak and stand at 9-2 on the season. The team is ranked 14th in the state.

Prior to the 2021 season, the Indians hadn't won a sectional title since 2004; this season marks the team's second consecutive sectional crown.

The Indians will next face Peru, who is undefeated this season, in the first round of the state playoffs next weekend at Beekmantown, near Plattsburgh.



The Indians steamrolled past Lansingburgh in Saturday's sectional title game.

Photos courtesy of Jennifer Kennedy



Above, the Indians' Jack Reif goes head-to-head with Lansingburgh's Michael Cusack. Below, the Indians defeated the Lansingburgh Knights 44-6 on Saturday.



Above, quarterback Luke Misetich tosses a pass in Saturday's title game. Below, the Indians' J.T. Lyle takes down his opponent.



Above, Frankie Broadhurst tries to evade a tackle by Lansingburgh's Eric Loya. Below, Brendin Winfield goes for the tackle.



## DEC: Firearms season for bear, deer hunting begins Nov. 19

New York State Department of Environmental Conservation (DEC) Commissioner Basil Seggos recently announced deer and bear hunting seasons in New York's Southern Zone begin Saturday, Nov. 19.

Hunters can continue to enjoy the longer hours, youth hunts, and other changes enacted last year, including requirements for blaze orange and pink to help maintain New York's record of safe hunting.

"The regular firearms season for deer and bear in New York's Southern Zone is the state's most popular big game hunting season, drawing hundreds of thousands of hunters afield each year," Seggos said. "As a cherished annual tradition in New York state, these hunting seasons are managed to maximize conservation value and balance deer and bear populations, while providing more than 11 million pounds of quality, locally grown organic meat to families statewide. I wish all hunt-

ers a safe and successful season."

The 2022-23 regular deer and bear hunting seasons in New York's Southern Zone begins Nov. 19, and runs through Sunday, Dec. 11, and includes participation from approximately 85% of New York's 550,000 licensed hunters. Harvest during this season accounts for nearly 60% of the total statewide deer harvest and a substantial part of the statewide bear harvest.

Following the regular deer and bear seasons in the Southern Zone, late bowhunting and muzzleloading seasons will run from Dec. 12 through Dec. 20, and again from Dec. 26 through Jan. 1. Hunters taking part in these special seasons must possess a hunting license and either bowhunting or muzzleloading privileges.

In the Northern Zone, the regular deer and bear hunting season opened Oct. 22, and will close on Dec. 4. The Northern Zone includes the Adirondacks, Tug Hill Plateau, Eastern Lake Ontario



Contributed photo

The DEC encourages hunters to let young bucks go so they can grow to maturity.

Plain, and the Champlain and St. Lawrence valleys. A late bowhunting and muzzleloading season for deer will be open in portions of the Northern Zone from Dec. 5 through Dec. 11.

hunt deer with a firearm when accompanied by a licensed, experienced adult. This pilot program, established by the New York State Legislature through 2023, applies to counties that choose to participate.

The program does not apply to Westchester or Suffolk counties. Of the eligible upstate counties, only Erie and Rockland counties have not opted into the program.

Hunters are reminded that the daily hunting hours for deer and bear now include the full daylight period, beginning 30 minutes before sunrise and continuing until 30 minutes after sunset. Hunters should check the sunrise and sunset times before hunting each day.

Hunters should also remember that anytime they are pursuing deer or bear with a firearm, they must now wear fluorescent orange or fluorescent pink clothing — either a hat, vest or jacket — visible in all directions. New York hunters have an excellent safety record,

but this change will make hunters even safer.

Hunters are also reminded to follow the basic rules of firearm safety:

- Point your gun in a safe direction.
- Treat every gun as if it were loaded.
- Be sure of your target and beyond.
- Keep your finger off the trigger until ready to shoot.

When hunting in tree stands, use a safety harness and a climbing belt, as most tree stand accidents occur when hunters are climbing in and out of the stand.

Also, hunters should never climb in or out of a tree stand with a loaded firearm.

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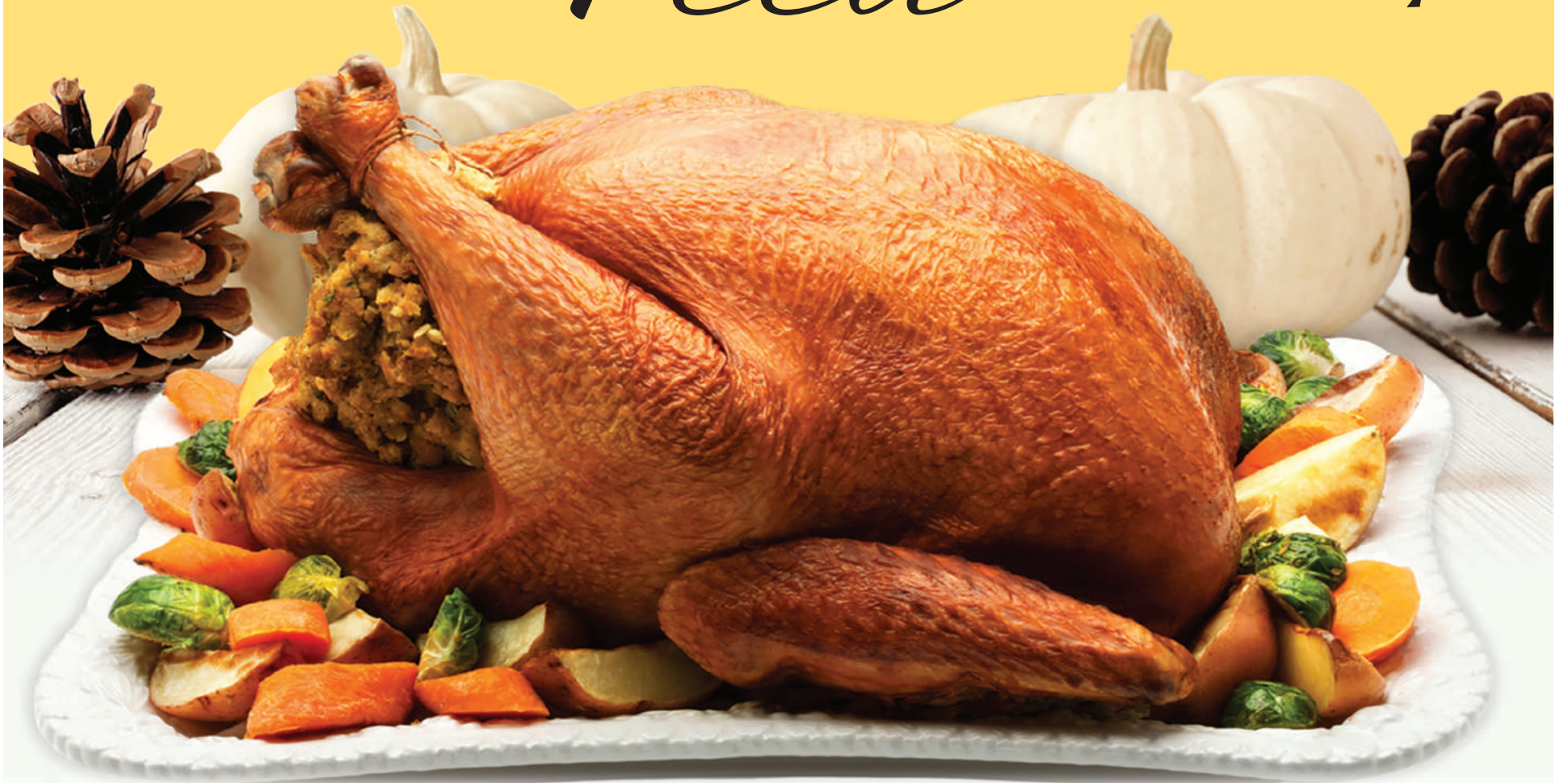
### YOUNG BUCKS

Hunters are proving that voluntary choice works to yield more older bucks. By choosing to "Let Young Bucks Go and Watch Them Grow," New York hunters are now seeing and taking more older bucks than ever before. Older deer yield more meat and have larger antlers.



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The Ravena News-Herald will provide turkey dinners to families in need and you can help. From now until December 17th, we'll donate one meal to families in need for every item purchased on the menu below.\*

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# State launches grant program to fund community gardens

ALBANY — State Agriculture Commissioner Richard A. Ball recently announced the launch of the \$800,000 New York State Urban Farms and Community Gardens Grant Program. The program, which is designed to support community growing spaces and recognize their impact on local food resiliency and food security for New Yorkers, is now open for applications. Successful projects

will be geared toward the development and enhancement of urban farms, school gardens, and community gardens across the state.

“From neighborhood gardens to rooftop farming, community growers help educate residents about agriculture and make locally grown food more accessible, especially to those in food deserts and underserved areas,” Ball said. “As

we continue to reflect on the COVID-19 pandemic, we are constantly reminded that developing and strengthening a strong, local food supply chain is paramount to ensuring all New Yorkers can put food on the table, even during difficult times. These spaces also respond to the unique needs and aspirations of the communities where they exist to contribute social and economic benefits beyond food production. The Urban Farms and Community Gardens Grant Program expands on that effort by supporting the community growing organizations

that fill an essential gap in the supply chain.” Funding through the Urban Farms and Community Gardens Grant Program will help offset costs associated with projects that focus on food production, food safety and food distribution, while creating a lasting impact on local food resiliency, and can be used to fund worker wages, contractual expenses, equipment, and other operating expenses. Eligible applicants include not-for-profit organizations, not-for-profit educational institutions, municipal government entities, and Indian

tribal organizations. For more information on the program and how to apply, visit [agriculture.ny.gov/rfp-0280-urban-farms-and-community-gardens-grant-program](http://agriculture.ny.gov/rfp-0280-urban-farms-and-community-gardens-grant-program). A virtual webinar with information about the program, how to apply, and eligibility requirements will be held on Nov. 18.

For questions or to RSVP, please contact [communitygardens.taskforce@agriculture.ny.gov](mailto:communitygardens.taskforce@agriculture.ny.gov).

Funding for the Urban Farms and Community Gardens Grant Program was announced in Gov. Kathy Hochul’s 2022 State of the State Address as part of the governor’s commitment to making local food more accessible to all New Yorkers and to encourage more urban farming. Earlier this year, the Department announced it would be taking a statewide study of urban agriculture to better understand the industry and put forth policy recommendations to further support it.

This grant program complements the department’s ongoing efforts to provide technical assistance to community growing organizations statewide and promote urban agriculture.

New York is home to more than 1,000 registered or permitted urban and community gardens.

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# God has a wonderful plan for you

By Dr. Billy Holland  
For Capital Region Independent Media

God loves you. This deserves repeating...God loves you!

Sometimes people feel that no one cares, but this is not true. Jesus proved how much He loved you when He gave His life for you. How much more can He do than to die and come back from the dead so that you can enjoy a relationship with Him and have eternal life? This is not only good news, it's the best news the world has ever known.

I recently spoke to a small group of amazing people who are seeking God for direction. Sometimes life does not turn out as we had intended and within the disappointments, many find themselves standing at a crossroad where they will either choose to examine their conscience and allow God to help them make a new start, or they will continue trying to live according to their own ideas.

It's true we all have a free will to make decisions, but in every circumstance and situation, God's way is the best way. Since He can see the future, He knows how everything is going to turn out. He also knows what you are going through today, and we know that He has a wonderful plan for your life. How do we know this? God promises in Jeremiah 29:11: "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."

I consider it an honor when the Lord arranges divine appointments for me to minister as His messenger. I enjoy talking with people about God and the Christian life and sometimes He will open a door for me to listen to someone's problems and I ask for His wisdom and guidance when I respond.

I'm always reminded of the passage in Proverbs 11:14 that says: "Where there is no counsel, the people fall: but in the multitude of counselors there is safety."

In my years of being a minister and chaplain, the most common challenge that people have is trusting God. I agree it is not easy to manifest faith, in fact, it might be one of the most difficult things within the Christian life. We love the idea of a quick fix, but most of the time God is just as concerned with teaching and developing us as He is with giving us a miracle. Why? Because He is trying to reveal to us that His love for us and our love for Him is more important than anything else we are seeking.

We never need to be stressed or wonder if God is strong enough or wise enough to figure out how to help us. He has all authority and power, He is the Alpha and Omega, He knows everything, can do any-

## LIVING ON PURPOSE

thing, and when we need a miracle, He is the only one who can make it happen.

What we really need to be concerned about is making sure we are in position to receive from Him. What do I mean? We do not hand a child a chainsaw and the reason is obvious. They are not old enough or strong enough to handle something that could injure them. It's not that they can never use one, but they need to wait until the time is right. Likewise, if we devote our lives to Him and wait for His timing, this will allow our spiritual maturity to advance us into His perfect will.

If we are not in position to receive or we give up and throw in the towel, our doubt cancels what He was preparing to do. This is why we must hold on like a bulldog to His promises and allow patience to have her per-

fect work.

We can assure people that God will always do what He promised as His word cannot fail, yet they will still ask, "So how much longer must I wait for Him to help me?" Have you ever considered that maybe He is waiting on you? I can say this with confidence because it's happening with me. He's waiting for us to pray and build mountain-moving faith, and not just trust Him with our words but with our hearts. He's waiting for us to surrender our will to Him, to build determination and perseverance, and to stand strong on His truth as we declare that "I can do all things through Christ who strengthens me!"

He desires to train His soldiers for battle, but how many want to enlist and follow His orders?

Read more about the Christian life at [billyholandministries.com](http://billyholandministries.com).

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## Workforce Development is Economic Development

Partnerships key to TCI's recruitment efforts



TCI's president Brian Hemlock and Operations Manager John Barr (on the left) discuss career opportunities with the City of Albany, and Department of Youth & Workforce Services members.

We've all seen the "Help Wanted" signs for every conceivable business from restaurants to hardware stores to manufacturers. TCI is not immune from this reality. In response, the company has had to get creative to find employees. It's not enough to just place an ad or attend an occasional job fair.

"Today, we have expanded our recruitment efforts to include partnerships with several organizations in the Capital Region including the Workforce Development Board and the City of Albany," said Brian Hemlock, President of TCI.

Raphael Tucker, Albany's Deputy Commissioner, says "We work with companies like TCI to make sure the job seeker's skill set is a good match for the position. We help people focus on their strengths to find the right job."

Albany's On the Job Training (OJT) program and Summer Youth Employment Program (SYEP) place young adults and teens who are looking to work at companies like TCI. If you're interested in these programs, please go to <https://www.albanyny.gov/739/Youth-Workforce-Services> for more information.

To find out more about working at TCI, call John Barr at (518) 756-9997 or go to [www.tci-ny.com](http://www.tci-ny.com) for more information.

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# Coeymans Hollow Volunteer Fire Corporation news

## LUNCH WITH SANTA RETURNS TO COEYMANS HOLLOW:

Coeymans Hollow Ladies Auxiliary President Mary Ann Dennis has announced that Lunch with Santa is returning and has been scheduled for Saturday, Dec. 3, beginning at noon at the Coeymans Hollow firehouse in the Community Room. Lunch will include chicken nuggets, macaroni and cheese, and by special request, the Coeymans Hollow Ladies Auxiliary will be making plenty of cookies for Santa and for everyone to enjoy. Kids will also be doing arts and crafts. In addition to Santa, a special guest will be attending the party to get everyone in a festive mood. The party is for children 10 and under who reside in the Coeymans Hollow fire district. All children must be accompanied by an adult. Drop-offs will not be allowed.

## CHRISTMAS TREE LIGHTING AND PARADE SCHEDULED FOR DEC. 3:

The village of Ravena will be hosting its annual Christmas tree lighting on Saturday, Dec. 3, beginning at 5:30 p.m. After the lighting of the Coeymans Landing Christmas tree in the gazebo, there will be a parade of community groups and local fire departments that will march to Ravena's Memorial Park on Main Street for the lighting of the village's Christmas tree. Following the lighting of the tree and caroling, everyone is invited to come over to the Ravena firehouse to see Santa and enjoy some refreshments. It looks like Santa is going to have a very busy evening in Ravena.

## APPRECIATION EXTENDED:

Jack Dennis and Michelle Kapusta would like to express

their appreciation to Mike Beachler, Karen Beachler, Pam Rafferty, Sherle Slingerland, Shawn Slingerland, Tony Kapusta, Eileen Newton, Sue Stratta, Jack Stratta, Mary Ann Dennis, Dan Hotaling and Jordan Flach for assisting with collecting donation envelopes and selling raffle tickets on Election Day. Your assistance is appreciated.

## HALLOWEEN HAYRIDE/ELECTION DAY RAFFLE WINNERS ANNOUNCED:

The winners of the Halloween Hayride/Election Day raffle are: The Hunters Dream Basket - Kathy Kelly; Brezzy Hill - Fallon Dwyer; Radley Enterprises LLC - Allan DeFazio; Thiele Carting LLC - Calvin Skiff; and Eck's Farm Stand Basket - Karie Acosta. Everyone's support of the Coeymans Hollow Volunteer Fire Corporation is appreciated.

## DRILL SCHEDULED:

Coeymans Hollow Training Officer Dan Haight has announced that the drill scheduled for Nov. 22, will be on chimney fires. The drill will begin promptly at 7 p.m. and all Coeymans Hollow firefighters and EMS personnel are encouraged to attend.

## MEMBERS CHRISTMAS PARTY SCHEDULED:

The Coeymans Hollow Volunteer Fire Corporation will hold its annual Christmas party for its members on Saturday, Dec. 10, beginning at 6 p.m. All members wishing to attend this year's party are encouraged to sign up on the sheet posted in the downstairs kitchen no later than Tuesday, Dec. 7.

## RECRUITMENT AND RETENTION:

Help the fire corporation help you! If you want to take an active part in your community,

please consider joining your local volunteer fire company. Their numbers are critically low, especially in EMS. Besides needing EMTs, they also need firefighters, fire police, auxiliary members and associate members. Training is free and you will learn all the skills to become a certified EMT or firefighter. For more information or to obtain an application, please call 518-756-6310 or stop by any Tuesday night to see what it is all about. Just by making this phone call, you can be responsible for saving property or even a life. Be an active member of your community, please volunteer!

## COEYMANS HOLLOW TO OFFER THE FIRE OFFICER TRAINING COURSE:

The Coeymans Hollow Volunteer Fire Corporation will be hosting the Fire Officer Training Course on Wednesday, Jan. 25; Thursday, Jan.

26; Wednesday, Feb. 1; and Thursday, Feb. 2. For more information or to register for the course, please contact Albany County Fire Coordinator Jerry Paris. This course is open to all local fire companies. Pre-requisite is Firefighter 1.

## SAFETY TIPS:

- Decrease contracting potential colds, flu and COVID by washing your hands frequently and wearing a mask in crowded situations.

- Thanksgiving is this Thursday, Nov. 24. Enjoy your time with family and friends, football and your Thanksgiving feast. Stay safe with your loved ones — please don't drink and drive, use a designated driver.

## FIRE AND EMS REPORT:

The Coeymans Hollow Volunteer Fire Corporation responded to three fire and four EMS calls in the past week.

# An underestimated powerhouse

I love nuts! And one of my favorites is macadamia nuts.

But like eggs, nuts have gotten a bad rap because of their high fat content. However, studies show that among the many kinds of nuts, macadamia nuts have many health benefits and are more nutritious than you could possibly imagine.

Grown in tropical climates as well as Australia, California and Hawaii, these small, buttery flavored nuts are some of the most sought after and expensive nuts in the world.

Australia is the largest producer of macadamia nuts, but those cultivated in Hawaii are known for their delicious taste, crunchy texture, delicate flavor and unique nutri-



tional profile. Makes me hungry just thinking about that!

Unlike most nuts that are high in inflammatory omega-6 fatty acids, macadamia nuts are chock full of healthy monounsaturated fats like the kind found in avocados and olive oil.

And because they're rich in monounsaturated fatty acids, they help

reduce cholesterol and triglyceride levels, lowering your risk for developing cardiovascular disease. A 2008 study published in the Journal of Nutrition concluded people with high LDL (bad) cholesterol levels should incorporate this super nut into their diets because of their cholesterol lowering properties.

And there's more good news — macadamia nuts are also packed full of the plant compounds flavonoids and tocotrienols. According to recent studies, these compounds may help fight or kill cancer cells by destroying damaging free radicals in the body.

Aside from their potential ability to fight cancer, tocotrienols also have

brain-protecting effects. One study found that supplementing with tocotrienol may help protect brain cells from free radical damage.

Macadamia nuts are also rich in palmitoleic acid, which could help you drop a few pounds. According to a 2010 study published in the American Society for Nutrition, "Palmitoleic acid increases fat metabolism, which in turn reduces fat storage" and "may have positive effects on preventing metabolic syndrome."

Macadamia nuts are a whole food with plenty of good fats, vitamins and minerals. However, they are not a magic bullet for treating health conditions without making other complimentary lifestyle

changes.

In moderation, macadamia nuts are, no doubt, a delicious and healthy choice in a well-rounded diet. However, despite the many benefits of macadamia nuts, it's important to be mindful of your serving size. Just one cup of macadamia nuts contains 950 calories, which might be half of your daily calorie requirement.

And not all macadamia nuts are healthy choices, as some contain added sugar, salt and oil. So be sure to read the label first.

Finally, if you have a tree nut allergy, or live with someone who has nut allergies, well, you must steer clear of them. Even inhaling tiny particles of nuts can be enough to trigger an allergic reaction in some people.



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# Hinchey bill requiring Narcan in college housing signed by governor

KINGSTON — State Sen. Michelle Hinchey, D-46, recently announced the signing of her bill to increase access to life-saving opioid overdose reversal medications on state college campuses in New York. The new law (S3448A) requires SUNY and CUNY schools to maintain a supply of opioid antagonists, like naloxone (known commonly as Narcan), in all college-owned student housing as well as train resident assistants (RAs),

who live in student residence halls, on how to administer the overdose antidote. "Every second counts during an opioid overdose, and I'm incredibly proud to sponsor this legislation to fight the opioid crisis on college campuses," Hinchey said. "Requiring Narcan in all SUNY and CUNY housing, with trained student RAs who live with their peers and are often in the best position to administer this life-saving medication, will save

countless young lives and transform on-campus safety, and I thank Gov. Hochul for signing it into law." With more New Yorkers dying of drug overdoses in a 12-month period than car accidents, suicides and homicides combined, Hinchey, who represents Hudson Valley communities with some of the highest rates of opioid overdose deaths in New York state, has been advocating alongside college students for

her bill to be signed into law following its unanimous Senate passage back in March. "Senator Michelle Hinchey's bill is essential in keeping safety within residential life," said Janelle Moe, residential assistant at University at Albany. "As an RA myself, now that I can be trained in the administration of opioid antagonists, I feel more equipped to handle drug-related issues on campus. I will also

be more observant of the signs of opioid abuse, and possibly get a resident help before they get to the point of overdose. This bill will change the way RA's and Residential Life staff respond to this crisis, and result in benevolent change across SUNY campuses." Yesim Cinar, a residential assistant at University at Albany, said training residential assistants in the administration of Narcan can save lives. "Working with the

Office of Residential Life allows resident assistants to see students at their highest and lowest. This can, unfortunately, be associated with drug abuse," Cinar said. "So, ensuring that there are trained resident assistants with access to Narcan can save a number of unprecedented lives. I thank Sen. Hinchey for sponsoring this important bill, which helps guarantee the safety of residents and students all over New York."

## The League of Women Voters of Albany County celebrates 100 years

ALBANY — The League of Women Voters of Albany County (LWVAC) will celebrate its 100-year history and honor 16 Life Members who have been part of the League for more than 50-years at a gala on Nov. 17 at 5 p.m. at Congregation Beth Emeth in Albany. Dr. Deborah Turner, president of the League of Women Voters of the United States, will join the Albany celebration to share her thoughts on members' important role in strengthening democracy. Melissa Hale-Spencer, editor, publisher and co-owner of the Altamont Enterprise, will act as master of ceremonies. "We give warm thanks to the generous spirit of our Life Members, for their leadership in the critical work of supporting voter education and civic engagement with all levels of our government," said MaryKate Owens, LWVAC president. "Our nonpartisan advocacy has taken many forms: ensuring fair access to the polls,

helping build a library in Colonie, ending political patronage on school boards, working for equity in climate justice, and fighting for transparency in government. We are committed to doing this work now and for many years to come." LWVAC's Life Members include Aimee Allaud, Edith Allen, Ann Brandon, Ruth Dinowitz, Rema Goldstein, Shirley Gordon, Lois Griffin, Margaret Gutman, June Hahner, Milena Leukhardt, Jan Livingston, Clair Malone, Monique Roeth, Marggie Skinner, Linda Way, and Judy Wing. The evening's program will include a silent auction, photo opportunity area, a civics quiz, history table, music by Sonny & Perley, hors d'oeuvres, and a cash bar. Attire is dressy casual or business. Gala sponsors include Congregation Beth Emeth, Price Chopper, and the Academy of Holy Names. Tickets are available at <https://LWVAC-100Years.eventbrite.com>.



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# When is my wife eligible for full survivor benefits?

**Dear Rusty:**  
I heard my spouse will get 100% of my Social Security when I pass if she is at her full retirement age (FRA), which is 66 years and eight months. But I also heard that full widow benefits for those born in 1958 are available at 66 years and eight months. Which is correct?

Then I heard that her getting 100% of my

Social Security is NOT the case because I started Social Security at 70. I heard this is because widow benefits are based on my benefit at my full retirement age. So, will my wife get 100% of my Social Security if she starts it at her FRA, or will she get my smaller FRA amount?

My wife is now getting spousal benefits and I also heard that for those

getting spousal benefits, Social Security automatically changes that to widow benefits when the other spouse passes. If I die before my wife reaches her FRA, can she tell Social Security to NOT give her widow benefits at that time? Can she wait until she is at her FRA and then start widow benefits to get 100% of mine?

**Signed: Concerned Husband**

**Dear Concerned:** I'll be happy to clear all this up for you. There are two "full retirement age" numbers that will be in effect for your wife if you pass first - 1) her "normal" full retirement age (FRA), and 2) her "widow's full retirement age."

Your wife's "normal FRA" is 66 years and eight months and that is when her personal SS retirement benefit can be claimed without reduction, and when she will no longer be subject to Social Security's earnings test if she is still work-

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ing. Your wife's "widow's FRA" is determined by subtracting two years from her birth year and the FRA number for that year becomes her "widow's FRA," which is the age at which she becomes eligible for unreduced survivor benefits. In your wife's case, her "widow's FRA" is four months earlier than her normal FRA, or 66 years and four months.

The confusion about whether your wife's survivor benefit will be based

on your FRA entitlement or your age 70 amount usually stems from the fact that a spouse's benefit while both partners are living is based on FRA amounts, whereas your wife's benefit as your surviving spouse is based on the full amount you were receiving when you died. Thus, your wife's current benefit as your spouse is based on your age 66 amount, but her benefit as your widow will be based on your age 70 amount. If you predeceased her, your wife's benefit as your survivor (if she has reached her "widow's FRA" of 66 plus four months) will be 100% of your age 70 amount (including any cost-of-living adjustments subsequently awarded), and that will replace the smaller benefit she is now receiving as your spouse.

Whether your wife's survivor benefit will be automatically awarded depends on whether her current benefit consists of her own Social Security retirement benefit from her own lifetime work record plus a spousal boost from your record. If that is the case, then her survivor benefit will not be awarded until she claims it.

If, however, your wife's current benefit is based solely on your record, when Social Security

receives notification of your death, they will automatically award your wife's benefit as your surviving widow. If she has already reached her "widow's FRA" when that happens, her new benefit amount will be the same as you were receiving when you died. But if your wife hasn't yet reached her widow's FRA, her survivor benefit will be awarded at that time but reduced by .396% for each month earlier than her FRA.

*So, if her current benefit is based solely on your Social Security earnings record, your wife will not have the option to delay her survivor benefit until her widow's FRA.*

*This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.*

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**DECEMBER 10**  
Athens Annual Victorian Stroll  
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418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of PRADHAN CAPITAL LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-09-30. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Qualification of REAL SERIOUS BUSINESS LLC. Certificate of Authority filed with Secretary of State of NY (SSNY) on 2022-09-28. Office location: Albany County. Limited Liability Company (LLC) formed in WY on 2020-10-02. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY shall mail process to REGISTERED AGENTS INC.: 418 BROADWAY STE R ALBANY NY 12207. Articles of Organization originally filed with WY Secretary of State (SOS), Herschler Building East 122 W. 25th Street Suite 101 Cheyenne WY 82002. Purpose: Any lawful purpose.

Notice of Formation of Asphodel Productions LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-07-27. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of BOOKKEEPING MATTERS, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-24. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of BREEZY CREATIONS LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-19. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 BROADWAY STE R ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of SATYA ASTROLOGY LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-13. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 BROADWAY STE R ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of Disco Capital LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-07-28. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Registered Agents Inc.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of SHOP AROUND THE CLOCK LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-06-14. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 BROADWAY STE R ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of Capitol Hill Properties, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-25. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Brian Kreis: 81 Hollywood Avenue ALBANY NY 12208. Purpose: Any lawful purpose

Notice of Formation of UNITED WE RECYCLE, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-31. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of INFINITE SOLUTIONS & INTEGRATIONS LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-06. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of POSITIONED2HEAL, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-07-15. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 BROADWAY STE R ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of QUIRKS UNIVERSE LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-12. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 BROADWAY STE R ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of LUNAR DONUTS LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-11-01. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

PUBLIC NOTICE NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY (LLC) The name of the LLC is One Call Fencing LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on October 6, 2022. New York office location: 447 Main Street, Village of Catskill, County of Greene and the State of New York. SSNY has been designated as agent of LLC upon whom process against it may be served. The post office address to which the SSNY shall mail a copy of any process against the LLC served upon him/her is: One Call Fencing LLC, 447 Main Street, Catskill, New York 12414. Purpose/Character of business: Any lawful business purpose permitted under the New York Limited Liability Company Law. This notification is made pursuant to Section 206 of the Limited Liability Company Law.

Notice of Form. of GLOBAL IT SUPPORT LLC. Arts. of Org. filed with SSNY on 11/02/2022. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY should mail process to 360 NEW DORP LANE, STATEN ISLAND, NY 10306. Any lawful purpose.

Notice of Formation of ROSELDA'S HOUSE LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-27. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Form. of PMC MEMBERS LLC. Arts. of Org. filed with SSNY on 11/08/2022. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process 600 MAMARONECK AVENUE #400, HARRISON, NY, 10528. Any lawful purpose.

Notice of Formation of FULL COVERAGE FOR INDIVIDUALS LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-12. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 BROADWAY STE R ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of FLUENTLY FORWARD, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-11-08. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 BROADWAY STE R ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of MIND GEARS LAB, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-27. Office location: Albany

County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 BROADWAY SUITE R ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of 101 Carl Road, LLC. Arts. of Org. filed with NY Dept. of State: 9/22/22. Office location: Greene County. Sec. of State designated agent of LLC upon whom process against it may be served and shall mail process to: The LLC, 225 Broadhollow Rd., Suite 405, Melville, NY 11747, principal business address. Purpose: all lawful purposes.

SECTION 206 Notice of Form. of QUEEN STRATEGIES LLC. Arts. of Org. filed with SSNY on 09/28/2022. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 1967 WEHRLE DRIVE, SUITE 1-086, BUFFALO, NY 14221. Any lawful purpose.

Notice of Formation of STUDIO RYLEY LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-08-16. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 BROADWAY STE R ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of AC-COUNTABLE BOOKKEEPING BUSINESS SOLUTIONS LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-11-07. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of GLAGOL LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-11-02. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of CHERVONA KALYNA LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-12. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of AL-EXANDRA'S LEARNING COMMUNITY LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-05. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of PULPWORKS LLC. Arts. of Organization filed with Secretary of State of NY (SSNY) on 2022-09-27. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 BROADWAY STE R ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Form. of SUCCESSFUL LOVE LLC. Arts. of Org. filed with SSNY on 10/20/2022. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 797 ROUTE 9W, GLENMONT, NY, 12077. Any lawful purpose.

Notice of Formation of Her-Trust LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-09-21. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Registered Agents Inc.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Form. of 3402 BOSTON ROAD LLC. Arts. of Org. filed with SSNY on 10/04/2022. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 90 STATE ST, STE 700 BOX 10, ALBANY, NY, 12207. Any lawful purpose.

Notice of Formation of UNTAMED PLANET LLC. Arts. of Organization filed with Secretary of State of NY (SSNY) on 2022-10-31. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of

MOOSESARK LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-17. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of SONI2 LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-09-21. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of KMOM LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-08-31. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 BROADWAY STE R ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of AC-COUNTABLE BOOKKEEPING BUSINESS SOLUTIONS LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-11-07. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of DavyDoos LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-11. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of CRYPTOZOOEEZ LLC. Arts. of Organization filed with Secretary of State of NY (SSNY) on 2022-11-07. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Registered Agents Inc.: 418 Broadway, STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of YOUR ART FRAMER, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-24. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of ICARE BEAUTY AND WELLNESS SPA LLC. Arts. of Organization filed with Secretary of State of NY (SSNY) on 2022-10-07. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Form. of R & L REFRIGERATIONS LLC. Arts. of Org. filed with SSNY on 10/06/2022. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 1967 WEHRLE DR, STE 1-086, BUFFALO, NY, 14221. Any lawful purpose.

Notice of Formation of MONARCH THERAPEUTICS LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-07. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 BROADWAY STE R ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of LYNXCO, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-09-09. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 BROADWAY STE R ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of TOPCARE THERAPY, LLC. Articles of Organization filed with Secretary

of State of NY (SSNY) on 2022-10-03. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of RED FALLS TIMBER CO. LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-25. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Form. of TATAR MHL LLC. Arts. of Org. filed with SSNY on 10/28/2022. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 90 STATE STREET, SUITE 700 BOX 10, ALBANY, NY, 12207. Any lawful purpose.

Notice of Formation of Ottera Solutions LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-20. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Registered Agents Inc.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Dewdat Homeworks LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-19. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Chandrika Dewdat: 124-08 11th ave south ozone park NY 11420. Purpose: Any lawful purpose

Notice of Formation of CADET LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-07-19. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of AMAI BAKE STUDIO LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-12. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of TACTICAL MED CONSULTANTS LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-04. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of NOUS REALITY LLC. Arts. of Organization filed with Secretary of State of NY (SSNY) on 2022-10-13. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Form. of BEAUTY ICON MED SPA LLC. Arts. of Org. filed with SSNY on 10/19/2022. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 90 STATE STREET, SUITE 700 BOX 10, ALBANY, NY, 12207. Any lawful purpose.

Notice of Formation of PROVAN SUCCESS LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-09-22. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Arts. of Org. of A Fine Day, LLC (LLC) filed with Dept. of State of NY on October 3, 2022. Office location: Greene County. Sec. of State designated agent of LLC upon whom process against it may be served and shall mail process to:

131 Maple Lawn Road, Round Top, New York 12473, principal business address. LLC does not have a specific date of dissolution. Purpose: All legal purposes. Filer: Lavelle & Finn, LLP, 29 British American Bl., Latham, NY 12110.

Notice of Formation of W56 3F LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-13. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 BROADWAY STE R ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of ALTIMATE LEVEL LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-05. Office location: Albany County. SSNY designated as agent upon whom process may be served. DOS shall mail service of process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of YAYAVISION L.L.C.. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-06-26. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent: 418 Broadway, STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of MACABRE LIFE, LLC. Arts. of Organization filed with Secretary of State of NY (SSNY) on 2022-10-14. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to MACABRE LIFE, LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Qual. of LA ROSA MOBIL LLC Auth. filed with SSNY on 11/07/2022. Office location: Albany County. SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to: 90 STATE ST SUITE 700 BOX 10, ALBANY, NY, 12207. Arts. of Org. filed with NJ SOS. PO BOX 450, TRENTON, NJ 08646. Any lawful purpose

Notice of Formation of DYSBIOTICS LLC. Arts. of Organization filed with Secretary of State of NY (SSNY) on 2022-08-17. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of EZ LIFE ESSENTIALS LLC. Arts. of Organization filed with Secretary of State of NY (SSNY) on 2022-10-06. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of Dating Dictionary LLC. Arts. of Organization filed with Secretary of State of NY (SSNY) on 2022-07-13. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Registered Agents Inc: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Qualification of LKXT LLC. Certificate of Authority filed with Secretary of State of NY (SSNY) on 2022-09-02. Office location: Albany County. Limited Liability Company (LLC) formed in NJ on 2022-04-19. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY shall mail process to REGISTERED AGENTS INC.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Form. of WANG SHI LONG PENG LLC. Arts. of Org. filed with SSNY on 10/26/2022. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 350 WEST 71 ST UNIT 2D, NEW YORK, NY, 10023. Any lawful purpose.

Notice of Form. of CALMPLEX NYC LLC. Arts. of Org. filed with SSNY on 10/27/2022. Office loca-

tion: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 90 STATE STREET, SUITE 700 BOX 10, ALBANY, NY, 12207. Any lawful purpose.

Notice of Formation of REDSQUALL LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2021-04-05. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 BROADWAY STE R ALBANY NY 12207. Purpose: Any lawful purpose

Notice of formation of MGM BUILDS, LLC. Arts. of Organization filed with NY DOS on 07/20/2022. Office location: ALBANY County, DOS is designated as agent upon whom process may be served. DOS shall mail service of process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for Builders.

Notice of Formation of GROWING PAYNES LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-03-13. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 BROADWAY STE R ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of THICKROCK LLC. Arts. of Organization filed with Secretary of State of NY (SSNY) on 2022-08-12. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of CALISTHENICS SOLUTION LLC. Arts. of Organization filed with Secretary of State of NY (SSNY) on 2022-10-07. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of 7SIBS, LLC. Arts. of Organization filed with Secretary of State of NY (SSNY) on 2022-11-07. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of SPINKS MEDIA, LLC. Arts. of Organization filed with Secretary of State of NY (SSNY) on 2022-10-07. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Registered Agents Inc.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of EX-QUISITE TOUCH LLC. Arts. of Organization filed with Secretary of State of NY (SSNY) on 2022-02-18. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Brian Kreis: 81 Hollywood Avenue ALBANY NY 12208. Purpose: Any lawful purpose

Notice of Formation of TOTARAM VENTURES LLC. Arts. of Organization filed with Secretary of State of NY (SSNY) on 2022-10-26. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Registered Agents Inc.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of IAN SHANE PHOTOGRAPHY LLC. Arts. of Organization filed with Secretary of State of NY (SSNY) on 2022-11-07. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 BROADWAY STE R ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of MONTGOMERY HOLDINGS LLC. Arts. of Orga-

nization filed with Secretary of State of NY (SSNY) on 1998-07-29. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 BROADWAY STE R ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of AHINIME VENTURES LLC. Arts. of Organization filed with Secretary of State of NY (SSNY) on 2022-06-27. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 BROADWAY STE R ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Qual. of FRONT LINE TRACE CONSULTING LLC Auth. filed with SSNY on 09/13/2022. Office location: Albany, LLC formed in TX on 12/20/2021. SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to: 264 WEST 40TH STREET, STE 1101, NEW YORK, NY, 10018. Arts. of Org. filed with TX SOS. P.O. Box 13697 Austin, TX 78711-3697. Any lawful purpose.

Notice of Formation of AD4D, LLC. Arts. of Organization filed with Secretary of State of NY (SSNY) on 2022-11-07. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Qualification of SINDEL TRUCKING LLC. Certificate of Authority filed with Secretary of State of NY (SSNY) on 2022-09-08. Office location: Albany County. Limited Liability Company (LLC) formed in NJ on 2019-03-23. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY shall mail process to Northwest Registered Agent LLC: 418 Broadway STE N Albany NY 12207. Articles of Organization originally filed with NJ Secretary of State (SOS), 584 broadway PATERSON NJ 07514. Purpose: Any lawful purpose.

Notice of Formation of ARC INVESTCO, LLC. Arts. of Organization filed with Secretary of State of NY (SSNY) on 2022-11-08. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of SPINKS MEDIA, LLC. Arts. of Organization filed with Secretary of State of NY (SSNY) on 2022-10-07. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Registered Agents Inc.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of IN-DIGO KEY ESSENCE LLC. Arts. of Organization











Notice of Formation of AV FAB LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-18. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of Stress and Trauma Evaluative Psych Services LLC.

Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-13. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of ONE MIND ONE BODY LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on

2022-10-20. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Form. of MARC L G PAINTING LLC. Arts. of Org. filed with SSNY on 10/28/2022. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be

served. SSNY mail process to 1967 WEHRLE DRIVE, SUITE 1-086, BUFFALO, NY, 14221. Any lawful purpose.

Notice of Formation of SNIKAT HOLDINGS LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2016-10-03. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 BROADWAY

SUITE R ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of COSTEK LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-09-19. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of Binghamton 346-348 Clinton LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-11-01. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of KLD INDUSTRIES LLC. Arti-

cles of Organization filed with Secretary of State of NY (SSNY) on 2022-11-07. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of Village Park Productions LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on

2022-10-28. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose



## NOTICE OF SUBMISSION OF ENVIRONMENTAL MANAGEMENT AND CONSTRUCTION PLAN FOR CHAMPLAIN HUDSON POWER EXPRESS

Please take notice that, on or about November 11, 2022, CHPE LLC and CHPE Properties, Inc. (collectively referred to as "CHPE") intend to submit an Environmental Management & Construction Plan ("EM&CP") for Temporary Laydown Yards in the proposed Champlain Hudson Power Express ("CHPE") Project. The Temporary Laydown Yard EM&CP consists of three temporary laydown yards on previously disturbed lands in the Towns of Fort Edward (Washington County), Bethlehem (Albany County) and Athens (Greene County), which will be used for construction staging, marshalling, and storage during construction.

On April 18, 2013, the NYS Public Service Commission (Commission) issued to CHPE a certificate of environmental compatibility and public need (Certificate), pursuant to Article VII of the Public Service Law (PSL), to construct and operate the CHPE Project. The Certificate requires that, prior to construction of any portion of the Project, CHPE submit an EM&CP for review and comment.

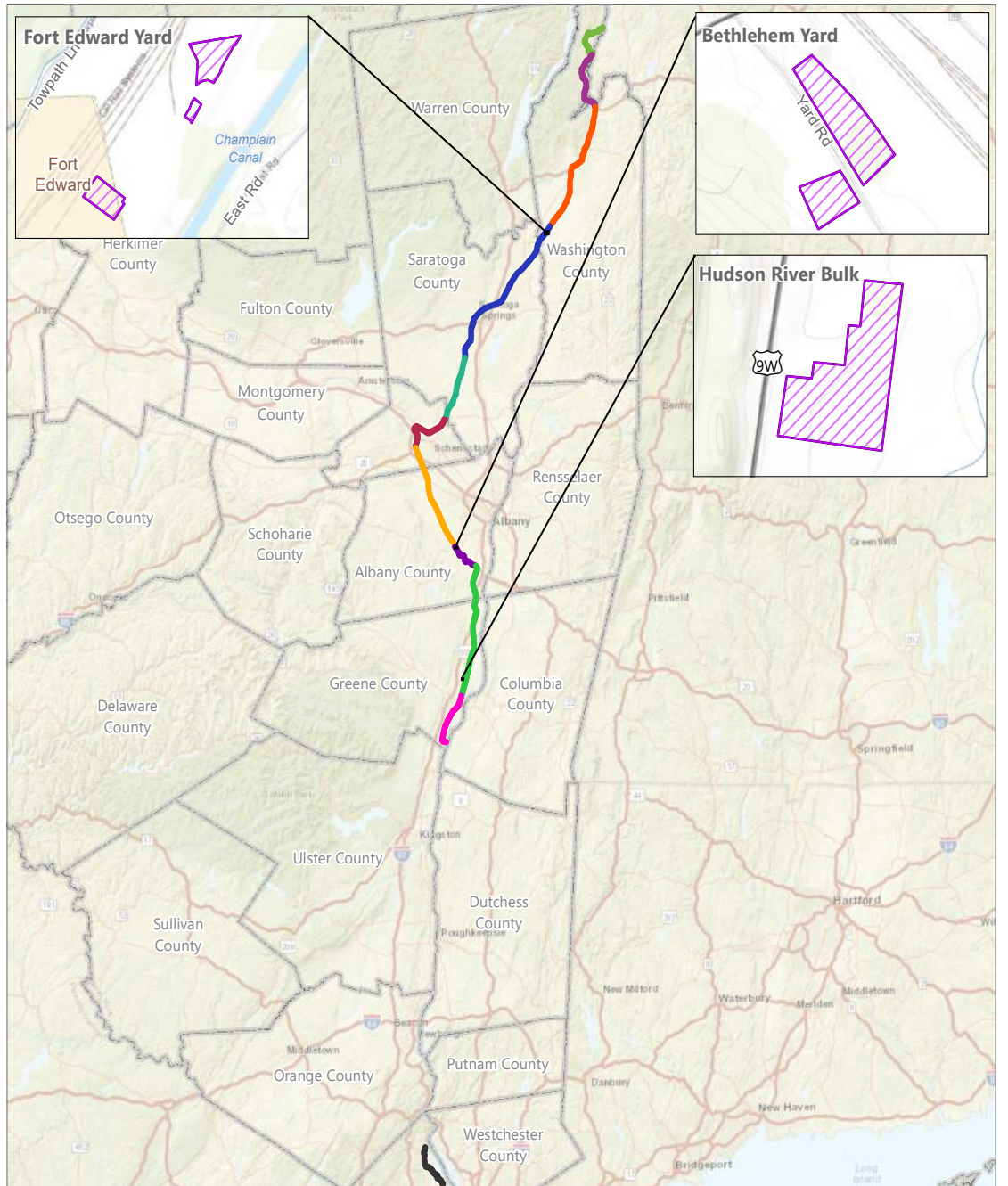
Details of the planned work locations, including an overview map of the proposed route, is available on the Project website at: <https://chpexpress.com/overview-of-public-documents/environmental-management-construction-plan/>. In general, construction activities for this Segment are anticipated to commence in the winter of 2022-23. Construction will generally occur between 7 a.m. and 7 p.m., with any high-noise construction activities occurring during daylight hours as much as possible, though some activities which require continuous operations could extend to later hours.

The EM&CP provides detailed information regarding how the Temporary Laydown Yards will be constructed. The document describes and depicts the specific location of these yards including the Construction Zone and temporary work areas, as well as descriptions of work to be performed, plan and profile drawings, and protocols to be used during construction to protect the community and the environment, and to comply with the CHPE Certificate. The EM&CP must be reviewed and approved by the PSC before construction of these Temporary Laydown Yards can begin. The full Commission docket for the Project can be accessed via the Commission's website at: <http://documents.dps.ny.gov/public/MatterManagement/CaseMaster.aspx?MatterCaseNo=10-T-0139> and electronic copies of EM&CP documents also will be available on the Project website at <https://chpexpress.com/overview-of-public-documents/environmental-management-construction-plan/>. Paper copies of the EM&CP submission will be available for viewing at the following local document repositories: Fort Edward Free Library, 23 East St, Fort Edward, NY 12828; Bethlehem Public Library, 451 Delaware Ave, Delmar, NY 12054; and D.R. Everts Library, 80 Second Street, Athens, NY 12015. Comments related to the proposed Temporary Laydown Yard EM&CP should be submitted to the Commission Secretary by email at [secretary@dps.ny.gov](mailto:secretary@dps.ny.gov) or by mail to Michelle Phillips, Secretary, NYS Public Service Commission, 3 Empire State Plaza, Albany, NY, 12223, within 30 days of the EM&CP segment's filing with the Commission. All comments should reference Case Number 10-T-0139.

CHPE has established a toll-free number for questions regarding the Project: 1-800-991-CHPE (2473). Questions or requests for further information can be directed to: [publicoutreach@chpexpress.com](mailto:publicoutreach@chpexpress.com) or by mail to Molly Hollister, WSP USA, One Pennsylvania Plaza, New York, New York 10119.



Figure 1. CHPE EM&CP Laydown Yards



**CHPE EM&CP**  
Washington, Saratoga, Schenectady, Albany, Greene and Rockland Counties, New York

CHPE EM&CP Filing Package

- Segment 1
- Segment 2
- Segment 3
- Segment 4 & 5
- Segment 6
- Segment 7
- Segment 8
- Segment 9
- Segment 10
- Segment 11
- Segment 12
- Laydown Yard

Prepared November 9, 2022  
Basemap: Esri StreetMap North America, 2008

### Legals

101 Ave Group LLC. Filed 10/4/22. Office: Albany Co. SSNY desig. as agent for process & shall mail to: Po Box 10873, Albany, NY 12201. Purpose: General.

125-08 26th Avenue, LLC. Filed 10/12/22. Office: Albany Co. SSNY desig. as agent for process & shall mail to: PO BOX 10873, Albany, NY 12201. Purpose: General.

190 S Allen LLC. Filed 10/14/22. Office: Albany Co. SSNY desig. as agent for process & shall mail to: 705 S Pearl St, Albany, NY 12202. Purpose: General.

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