## DONG QUAI ROOT

Dong Quai (Angelica Polymorpha) is an herb that has long been used to help ease issues arising from female hormonal imbalances. Dong Quai has been most commonly linked and utilized to support estrogen-related hormonal symptoms, as a uterine tonic, emmenogogue, antispasmodic, alterative, antianemic, antiplatelet, mild laxative, anti-inflammatory and antiarrhythmic.

Dong Quai contains an essential oil (0.4% to 0.7%), mainly consisting of the phthalides ligustilide and n-butylidenephthalide. It also contains phytosterols, ferulic acid, and coumarins (angelol, angelicone). These constituents have been shown to help:

Promote healthy female reproductive system function

- Ease the effects of menopause and menstruation
- Promote and support normal blood production
- Provide temporary relief of occasional, mild constipation
- Support and maintain normal fluid levels around joints
- Support the body's natural defenses against emotional and environmental stressors
- Help maintain healthy circulation

## SUPPLEMENT FACTS Serving Size: 2.5mL Serving Per Container: Approx. 71 Amount Per % Daily Value Calories 10 Organic Dong Quai Root (Angelica sinenis) 1:2 extract from 1.25 g Root \*\*\* Daily Value Not Established.

Other Ingredients: Pure Alcohol (65-75% by volume), Purified Water.

## MADE WITH ORGANIC HERBS

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

