

Seats

ELECTRIC SEATS



WARNING:

- Do not adjust the driver's seat while the vehicle is moving. Failure to follow this instruction could potentially cause personal injury or loss of vehicle control.
- Before making rearward, height or reclining seat adjustments, check that the rear passenger has adequate leg room.
- The driver and front passenger must not ride with the seat fully reclined.

The front seats are adjusted by switches on the door.

The number of seat adjustments varies with the vehicle specification but all options are described in this section. If a seat movement is not specified for your vehicle, the control switch will either not be fitted or will not include that seat function (switch movement will be inhibited).

Seat adjustments for three people may be stored and recalled by the driver position memory system. Refer to Memory Setting on page 126.

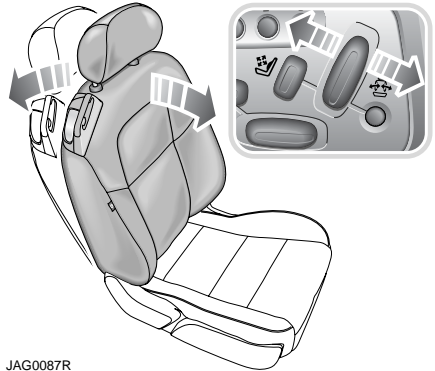
The full range of seat adjustments are:

Seatback angle (recline)



WARNING:

DO NOT travel with the seatbacks reclined steeply rearwards. Optimum benefit is obtained from the seat belt with the seatback angle set to no more than 30 degrees from the upright (vertical).

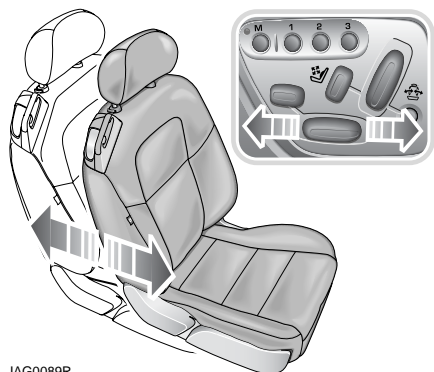


JAG0087R

Push the top of the switch forwards or rearwards until the desired seatback angle is achieved.

Seats

Seat forwards and rearwards position



JAG0089R

Push and hold the switch forward or rearward to change the seat to the desired position.

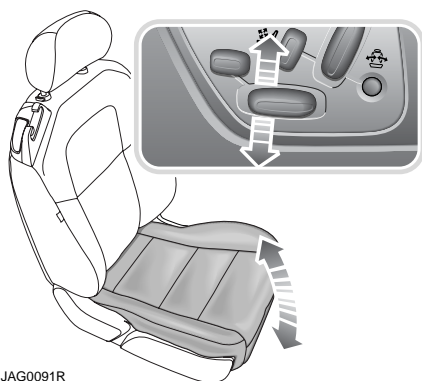
Cushion height



JAG0093R

Push the rear of the switch up or down to adjust cushion height.

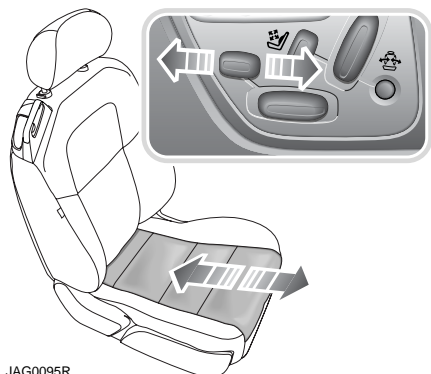
Front tilt



JAG0091R

Push the front of the switch up or down to tilt the front edge of the cushion.

Cushion length

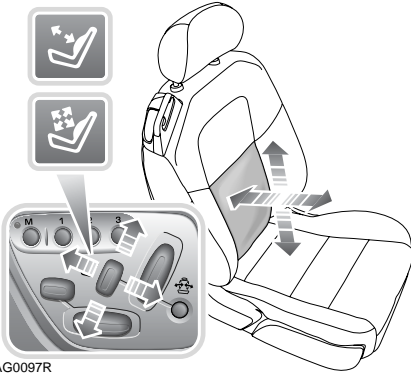


JAG0095R

Push the switch forwards or rearwards to change the distance between the front of the cushion and the backrest.

Seats

Lumbar

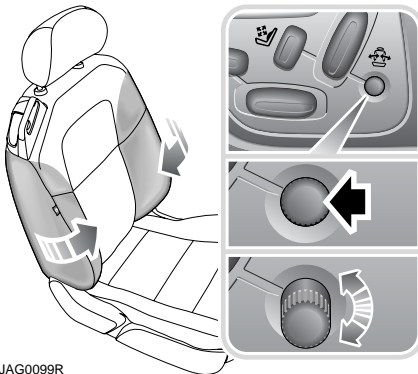


JAG0097R

Provides adjustable lumbar support in the lower backrest.

- Push the top or bottom of the switch to adjust lumbar support upwards or downwards.
- Push the front or back of the switch to increase or decrease lumbar support.

Side bolster support



JAG0099R

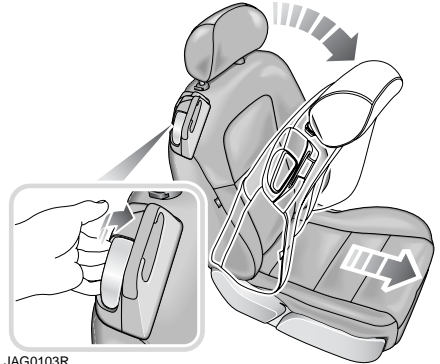
Provides additional support to the sides of the body.

Push and release the knob to extend it for ease of operation.

Rotate the knob to increase or decrease required support.

Push the knob again to place it in the stowage position.

Seatback tilt



JAG0103R

The front seats tilt forward to allow access to the rear seats.

To tilt the seat forward: Remove the seat belt from the seat belt guide. Lift the lever and push the seatback forwards to allow easy access. The seatback will latch when returned to the up-right position. Ensure that the seat belt is returned to the seat belt guide, see page 69.

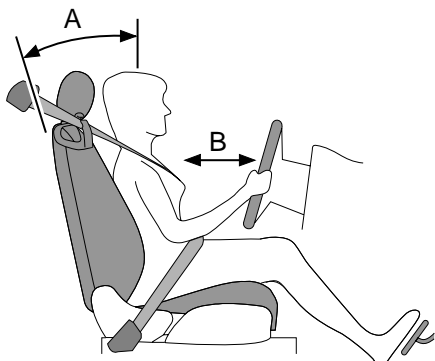
Seats

Driving position



WARNING:

- Driver and front seat passenger should always move their seats as far rearwards as is practical.
- Adjust the head restraint so that it is behind your head and never behind your neck.



JAG0101R

The seats, head restraints, seat belts and air bags all contribute to the protection of the occupants. Optimal use of these components will give you more protection. Therefore, observe the following points:

- Sit in the most upright position with the base of your spine as far back as possible and the backrest reclined not more than 30 degrees, (A).
- Adjust the head restraints so that the top of the head restraint is behind your head and never behind your neck.

- Do not move the driver's seat too close to the steering wheel. Ideally, a minimum distance of at least 254mm (10 inches), (B), between the centre of the breastbone and the cover of the steering wheel air bag is recommended. The driver should hold the steering wheel with slightly bent arms. The legs should be slightly bent so that the pedals can be pressed to the floor.
- The seat belt should rest in the center of the shoulder. The lap part should fit tightly across the hips and not the stomach.

The front seats are adjusted by switches on the door.

The driver and front passenger seats should be positioned as far rearwards as practical.

Make sure your driving position is comfortable and enables you to maintain full control of the vehicle.



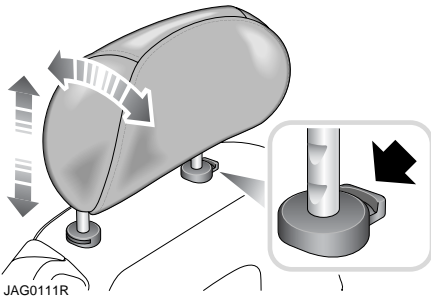
WARNING:

An inflating air bag may cause serious injury or death if the seats are positioned, or adjusted incorrectly.

Note: *Seat and steering wheel adjustments are described on pages 31 and 36.*

Seats

HEAD RESTRAINTS



WARNING:

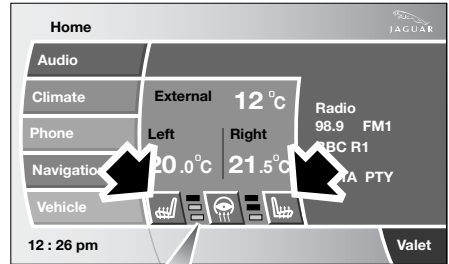
Adjust the head restraint so that it is just behind your head and never behind your neck.

Each head restraint can be adjusted to give the correct height for the seat occupant. They may also be tilted.

- **To lower:** Press the button inwards and push the head restraint into the seatback to the required height.
- **To raise:** Pull the headrest upwards.
- Swivel the head restraint forwards or backwards until it is comfortably positioned behind your head.

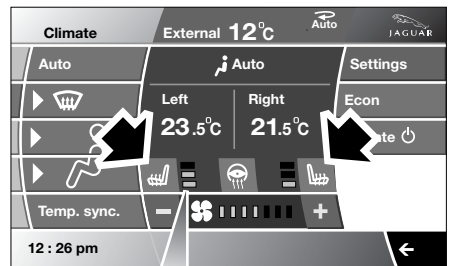
HEATED SEATS

The front seat heating is activated via the touch-screen main **Home** screen or the **Climate** main **Home** touch-screen.



JAG0105ENG

From the main **Home** screen select either left-hand or right-hand seat icon and repeatedly press to adjust for the required temperature. First press is full on.



JAG0107ENG

From the **Climate** main touch-screen select either left-hand or right-hand seat icon and repeatedly press to adjust for the required temperature. First press is full on.