- ALL THE BEST IN RUNNING, JUMPING \& THROWING •


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IF YOU ASKED A WIDEVARIETY of fans what's wrong with the IAAF, I'm pretty sure that "they need to change their name" would not be very high on anybody's list. Nonetheless, the international governing body indeed has a new name. And a new logo to boot. So welcome to "World Athletics," which will be represented as WA. It will be interesting to see whether common parlance will turn that into an initialism (double-u-eh) or an acronym ("wah").

I'm a big fan of good acronyms, as I explained in my column of February ' 93 in discussing the change of the U.S. governing body's name from The Athletics Congress to USA Track \& Field:

Would you believe that I like our national governing body's old name better? Dumb as it was, "The Athletics Congress" translated into "TAC," the very model of a perfect acronym. Let's face it, in everyday usage there isn't a body around that you don't refer to by its acronym [or initialism]. The best ones are all of the 3 -letter variety (pro sports, TV networks, shady government agencies) and there are good ones with 4 (NCAA, USOC). Our new one-and what it is hasn't been decided yet-is going to be stuck with at least 5 letters and lacks a good sound, as "USA Track \& Field" converts poorly. We've been using USATF in our pages, for ease's sake. I mean, how do you pronouncean ampersand? Aneasier way may be to shorten the country to "U.S." and change the ampersand to "and," so you get a pronounceable "USTAF" (yoo-staff). But all in all, give me back my TAC.

ButisWA destined to be agreat acronym? Ithink not. Great acronyms have at least 3 letters and a nice hard consonantal component in there somewhere. WA fails on both counts. On the other hand, IAAF (which nobody ever tried to pronounce as "yaff") is a clumsy initialism and I can see why Monaco's hired guns wanted it changed. I just wish they had been able to come up with something that flows off the tongue and sticks in the mind a little bit better. As for the new logo I can see the desire for a more "modern" look. Ijust wish my mind translated all the elements the way the IAAF described them in their release. But

## From The Editor - Say Farewell To IAAF, Hello To... WA?! <br> by E. Garry Hill

I guess I'm not artsy-fartsy enough, because about all I see when I look at it is a Japanese fan.

If commentary on our Message Board was any kind of accurate gauge of general reaction, the change isn't going over well. A sampling follows.

Juicy News: "I don't understand how changing the name and logo will attract youngsters to participate in/watch track \& field."

El Toro: "Rebranding is what sad, useless \#\$\%\# do to show their 'innovative dynamism' when they have nothing even slightly useful to contribute. For those with a brain, this strongly flags the rapidly approaching death knell of the sport."

Trickstat: "As an organisation, it makes sense for the IAAF to give itself a snappier, more straightforward name. For the sport overall, it makes very little difference."
player: "Problem is WA is not in the logo and there is no suggestion it will be a self-identifier. Sure, it will be shortened to WA on the message board but that's not going to be helpful in all contexts."
lonewolf: "Maybe they hope it will be confused with World Cup soccer."

Atticus: "I'm sorry, that abbr. is already spoken for, as in the state of Washington!! I agree with the poster above, but add an H at the end - the World Athletics Hegemony, so it's just... WAH!"
tandfman: "And Down Under, everyone knows that WA is Western Australia.

Flumpy: "This is legit tragic."
Halfmiler2: "The amusing thing is that USATF used to be The Athletics Congress (TAC/USA) from 1980 until it gave up and changed its name at the end of 1992. They used to get calls at the National Office in Indy asking about basketball schedules and the like. The TAC/USA name was used for two reasons: because the rest of the world uses Athletics as the name of our sport, and to avoid some of the old AAU controversies between the Track \& Field and LDR Committees. But in the USA, it just didn't work, I recall that journalists who knew what TAC was would sometimes mistakenly say it was the 'Track Athletics Congress.'"

Merner521: "From a USA point of view, WTF would have been the obvious choice."
bambam1729: "Thatactually was the acronymfor the IF of taekwondo-the World Taekwondo Federation. They changed it last year after they found out what WTF stood for in many minds. They shortened it to simply World Taekwondo."
18.99s: "Stupid move. NBA, NHL, MLB, NFL, PGA, WTA, FIFA, WBA, UFC... every successful pro sports organization has a 3-letter or longer abbreviation. Two letters or full words just won't work."

DJG: "Don't mind the name change, but the logo is not making it for me. Looks like the ATT logo that was hacked with a knife to form a W . And if anyone can picture the A, you could easily find work interpreting abstract Art. How many millions of dollars On advertising will it take to make this change a winner? More than it was worth. Sorry, Coe, this is another Brexit folly!"

Alan Shank: "Who gives a \$^\#\$\%? I don't care what they call it or how they 'brand' it, but I wish they would leave the events themselves alone."

Vault-emort: "The new logo does look a bit like someone in a pair of lycra shorts bending over. The worst thing about a new logo and name means they will probably redo the website in a few months and make it even less functional."

Hardly a rave set of reviews. The reason there is no positive commentary in there is because there wasn't any. The closest anybody came was the already-quoted player, who said, "Acronyms are snappy. Every major sports organization I can think of offhand is known by its acronym. And acronyms lend themselves to efficient computer searches for pertinent information. WAF I wouldn't have had a problem with."

WAF (World Athletics Federation) was the first thing that came to my mind too. I'd hate to think that the reason we ended up with such a truncated name is because it was chosen to fit the artwork, rather than the other way round. Managing editor Sieg Lindstrom has suggested that TFA (Track \& Field Athletics) might work, and that addresses an important point: the fact that "athletics" means nothing to American audiences and never has. That was a problem with IAAF from the get-go. It might sound parochial to suggest that the federation's name should try to accomodate basically justa ainglenation, but when that nation provides the biggest share the professional athletes and that nation's TV revenue is indispensable... just sayin'.

Of course, years from now we'll probably look back and laugh at what a tempest in a steeplechase pit this whole subject was, and agree what a perfectly good choice the change was. Hmmm... better make that "many" years from now, given people's lag time on things like this. When TAC (which was adopted in November of ${ }^{\prime} 79$ ) was changed to USATF in December of' 92 , there were still people calling the organization by its original name of AAU. Indeed, there are those of an age who probably still do. I do know that it was several years after the TAC/USATF switch that I quit using the former, just because the acronym was so much easier.

For now, all I can say is, "Whaaaaa?!"

# MIKE A. MYERS TRACK AND SOCCER STADIOM THE UNIVERSTTY OF TEXAS AT AUSTIN 

## NHD ChemDIOTSHTSAOO

Hicestlirobomimemony

by Sieg Lindstrom

AUSTIN, TEXAS, June 05-08-Sure, there were weather delays and when the sun came out it was hot-hot-hot (and steamy) but so were the athletes at the 98th NCAA Championships. Two long-in-the-tooth Collegiate Records were smashed and close calls rolled past in abundance. On the track Divine Oduduru missed the dash CRs each by just 0.04, Daniel Roberts trailed Grant Holloway's new 110H mark by half that, 0.02. Texas A\&M's 2:59.05 long relay time struck 0.05 shy of the CR that USC set last year, and in the vault Chris Nilsen soared within 5 cm of Mondo Duplantis's CR set this season, upsetting the wunderkind in the process.

LSU froshSha'Carri Richardson, responsible for the stunning women's 100 CR , also tore down a pair of World Junior Records. Janeek Brown of team titlist Arkansas hurdled 0.01 off the CR. Oklahoma State's Sinclaire Johnson ran the No. 2 all-time collegiate 1500 in a thoroughly unexpected race to the event crown.

Tight, dramatic contests, juiced the cheers and applause from the ample and boisterous crowd in Mike A. Myers. Two falls, one heartbreaking, the other a miraculous save, in the last 150 of the men's steeple? Hollywood stuff, incredible and real. Weini Kelati's 10K win watched like a game 7 World Series save over the last lap, crowd in full throat as Carmela Cardama Baez nearly stole it with a fire alarm rush before the New Mexico soph woke up. All of 0.003 separated the lead pair in the men's 1500 . There was scantly more daylight between finishers in the men's $400,0.02$ the lap title settled at the line.

On the field? Juvaughn Harrison's high jump/ long jump double. That doesn't happen but did this time. An unexpected Razorback won the women's vault. Not the twin you expected even if you did expect that, and she needed an outdoor

PR to tie it down. Another twin won the triple jump, though on the formchart her sister looked a more likely champion-in the discus.

This NCAA will live long in the memory banks.

|  | MEN | WOMEN |  |
| :---: | :---: | :---: | :---: |
| Teams | Texas Tech | Arkansas | Teams |
| 100 | Divine Oduduru (Texas Tech) $9.86=$ WL; CL | Sha'Carri Richardson (LSU) 10.75 CR, WJR | 100 |
| 200 | Oduduru 19.73 CL | Angie Annelus (USC) 22.16 AL, CL | 200 |
| 400 | Kahmari Montgomery (Houston) 44.23 | Wadeline Jonathas (South Carolina) 50.60 AL, CL | 400 |
| 800 | Bryce Hoppel (Kansas) 1:44.41 CL | Jazmine Fray (Texas A\&M) 2:01.31 CL | 800 |
| 1500 | Yared Nuguse (Notre Dame) 3:41.39 | Sinclaire Johnson (Oklahoma State) 4:05.98 CL | 1500 |
| Steeple | Steven Fahy (Stanford) 8:38.46 | Allie Ostrander (Boise State) 9:37.73 CL | Steeple |
| 5000 | Morgan McDonald (Wisconsin) 14:06.01 | Dannie Jones (Colorado) 15:50.65 | 5000 |
| 10,000 | Clayton Young (BYU) 29:16.60 | Weini Kelati (New Mexico) 33:10.84 | 10,000 |
| 110 Hurdles | Grant Holloway (Florida) 12.98 CR, WL | Janeek Brown (Arkansas) 12.40 WL, CL | 100 Hurdles |
| 400 Hurdles | Quincy Hall (South Carolina) 48.48 CL | Anna Cockrell (USC) 55.23 CL | 400 Hurdles |
| $4 \times 100$ | Florida 37.97 CR, WL | USC 42.21 WL, AL, CL | $4 \times 100$ |
| $4 \times 400$ | Texas A\&M 2:59.05 WL | Texas A\&M 3:25.57 CL | $4 \times 400$ |
| High Jump | JuVaughn Harrison (LSU) 7-5¼ =outdoor CL | Zarriea Willis (Texas Tech) 6-11/2 | High Jump |
| Pole Vault | Chris Nilsen (South Dakota) 19-61/4 CL | Tori Hoggard (Arkansas) 14-111/2 | Pole Vault |
| Long Jump | Harrison 26-11 CL | Yanis David (Florida) 22-51/4 CL | Long Jump |
| Triple Jump | Chengetayi Mapaya' (TCU) 56-21/2 | Shardia Lawrence (Kansas State) 45-103/4 | Triple Jump |
| Shot | Tripp Piperi (Texas) 69-31/4 | Samantha Noennig (Arizona State) 59-61/4 | Shot |
| Discus | Duke Kicinski (Texas Tech) 205-2 | Laulauga Tausaga (lowa) 207-6 | Discus |
| Hammer | Daniel Haugh (Kennesaw State) 244-10 | Camryn Rogers (Cal) 234-7 | Hammer |
| Javelin | Anderson Peters (Mississippi State) 284-2 CL | Mackenzie Little (Stanford) 195-0 | Javelin |
| Decathlon | Johannes Erm (Georgia) 8352 CL | Ashtin Zamzow (Texas) 6222 CL | Heptathlon |

## NCAA Men's Teams Texas Tech Success Started Wednesday



Red Raider head Wes Kittley (c) finally got to participate in a "We're No. 1!" celebration.

by Roy Conrad

AFTER THE MEET Texas Tech head West Kittley analyzed his team's top-of-the-podium success by saying, "Once you fail once or twice, you kind of learn from it, and I think we really learned how to handle the moment better on the first day. Learning how to run on Wednesdaybecause Wednesday's really the most important day-you have to make the finals, and we filled up lanes on that Wednesday. That's something in the past that we have not done, and I really emphasized with our coaching staff and our kids that we have to be ready to go on Wednesday."

Our formchart coming in had the Red Raiders as a 10 -point favorite over LSU, 62-52, with Florida another 7 back at 45 and Houston tied for 6 th at 30 . The chart required some significant emendation before Friday's finals kicked off, as Tech took some minor hits, Florida had some minor gains and Houston really surged. When the day began the chart said Texas Tech 56 , Houston 55, Florida 40; when it ended it was Tech 60, Florida 50, Houston 40. Credit Divine Oduduru for most of the Tech gain. Projected as 3 rd in the 100 , he won, and as expected also won the 200 and played an important role on
the 3 rd-place $4 \times 1$. Houston's big hit came in the $100 / 200$ where it picked up only 8 points instead of our projected 18 .
"I'm so proud for Texas Tech," concluded Kittley after marking his 20th season as boss of
the Red Raiders. "That is just everything to me. They'd never won a national championship on the men's side, and to be able to bring that back to Lubbock, Texas, the greatest place on Earth I think, it's just great and special for me."

NCAA MEN'S TEAM RESULTS

[^0]> $=22$. Arizona 14;
> =22. Baylor 14;
> =24. North Dakota State 13;
> =24. Southern Mississippi 13;
> =26. Kansas State 12;
> =26. Michigan 12;
> =28. Iowa State 10;
> =28. Kennesaw State 10;
> =28. Notre Dame 10;
> =28. South Dakota 10;
> =28. TCU 10;
> 33. Indiana 9;
> =34. Kentucky 8;
> $=34$. Michigan State 8;
> 36. Purdue 7;
> $=37$. Middle Tennessee State 6;
> $=37$. Sam Houston State 6;
> =37. USC 6;
> =40. lowa 5
> $=40$. Liberty 5;
> =40. Minnesota 5;
> $=40$. St. Francis 5;

## =40. Utah State 5;

45. Southern Utah 4112 ;
=46. Arizona State 4;
=46. Arkansas State 4
$=46$. Coppin State 4
=46. Wichita State 4
$=50$. Air Force 3;
=50. Alabama State 3
$=50$. Harvard 3;
=50. Northern Arizona 3;
$=50$. Washington 3;
$=55$. Houston Baptist 2;
$=55$. Illinois 2;
=55. Illinois State 2;
$=55$. Long Beach State 2;
=55. Louisville 2
$=55$. Penn State 2
$=61$. Akron 1
$=61$. Cal 1;
$=61$. Tennessee 1;
$=61$. Villanova 1.


Cravon Gillespie PRed at 9.93, but 0.07 ahead of him was Divine Oduduru.

## 100: Divine Oduduru Starts His Double

FOR MUCHOF his Texas Tech career, Divine Oduduru found that his performances in the 100 never matched up to his championship pedigree in the 200. For a simple reason. "He had one of the worst starts," sprint coach Calvin Robinson explained. But that isjust half of that quote: "Now he has one of the better starts," Robinson added.

But on this 100 championship day, in an event that has always lagged for him (he didn't make the final a year ago and didn't advance from the Regional as a frosh), the Red Raider junior had the best start and in the process, filled in a big hole in his résumé. Leading from the gun, he powered his way to a world-lead-equaling 9.86 that stands as the second fastest in collegiate history, trailing only Christian Coleman's 9.82 from the '17 NCAA semis.
"I think Ihad that in me because I've run more than twice this season [this was his eighth 100], so coming in, I know I've done it several times, butIjust needed to execute because there are fast guys on the track on those runs, too," Oduduru said. "I moved away from the blocks and I knew when I got to my transition that it was going to be good, and then the race was over."

He needed all of that in a fast race that provided the fastest times in each place for a legal-wind NCAA final, with the first 5-all of whom half an hour earlier, had all run in the $4 \times 1-$ notching PRs. Oregon's Cravon Gillespie was 2nd in 9.93 and Florida's Hakim Sani Brown, 3rd in 9.97, also a Japanese Record. Lifetime bests also went to Purdue's Waseem Williams (10.04) and Florida State's Bryand Rincher (10.06). But in an early foreshadowing of a team race that was theoretically going to be a tight one between Houston and Texas Tech, Houston's Mario Burke, who raised himself to narrow favorite's status with a 9.98 PR in the prelims, ended up only 6th (10.06).

For Odudru, some 45 minutes later would come his attempt to claim a second national title on the day. /Bret Bloomquist/

## 200: Divine Oduduru Finishes His Double

IT SOUNDS SIMPLISTIC, but defending 200 champ Divine Oduduru came to Austin just to execute a race plan. And the plan was... do what you are used to. Well, he won last year's Outdoor and this year's Indoor. Plus, he had already sped to a world-class 9.86 in winning the 100 . But only 45 minutes was scheduled between the century and the half-lapper, and the weather was warm and sweaty.
"The weather is similar to Nigeria, so that wasn't a problem," the Texas Tech junior said. "And it's something we've been doing in practice, so we are just here to execute and go through what we've been doing." Simple, right? Well,
that's the appearance he gave. A quick start in lane 5 and by the apex of the curve, he had made up the stagger on Houston's Mario Burke in 6. "I wanted to drive the first 30 hard and then go hard down the stretch," said the winner. Check and check.

At the head of the stretch, he was already past those who had been closest to him in the 100, Florida soph Hakim Sani Brown (8) and Oregon senior Cravon Gillespie (9). Oduduru may not be a super-smooth runner, but he is fast. And determined. He burst across the line in 19.73, the No. 2 collegiate time ever, trailing only Walter Dix's CR 19.69. It also moved him to No. 3 on the yearly world list, which caused him to smile, "Third in world makes me feel good!"

Some other battles were being contested. Pac- 12 champ Gillespie edged past Brown with about 30 m left to take 2 nd and dip under 20 for the first time ( 19.93 to 20.08).

Gillespie was especially proud of dropping under 20 seconds. "It's all about confidence at this level," he said. "There are times in the winter when you might want to quit and give up during workouts, but then you hear this crowd and exceed your expectations-it's awesome."

The race was fast top to bottom, with the fastest marks-for-NCAA-place ever in every position. The semis had also been fast, with fastest qualifier Oduduru (19.97) joining Tyson Gay ('05) as the meet's only sub-20 prelim runners. Devin Quinn of Illinois ran 20.31 to become the equal-fastest non-qualifier in meet history. / Don Steffens/

## 400: Montgomery Does The Job For Houston

THE 400 WAS one of the key races for Houston's chances to win the team title. The Cougars had two serious senior contenders: Kahmari Montgomery, a transfer from Missouri rated No. 2 on our formchart, and Obi Igbokwe, a transfer from Arkansas rated No. 9. The field


As he had in the 100, Divine Oduduru PRed in the 200 and moved to No. 2 on the all-time collegiate list.


Taking advantage of lane 1 in the homestretch, Bryce Hoppel claimed his second national title of the year.
also included veteran Baylor senior Wil London and several frosh newcomers that included Jonathan Jones (Texas); Wayne Lawrence (Iowa), and Jacory Patterson, who made a splash indoors for Virginia Tech. Lawrence (45.33), Patterson (45.46) and Jones (45.02) had all PRed at Regionals, the last an NR for Barbados. London was a threat because of his experience, including the 2017 campaign when he finished 3rd at USATF, made the World Championships team and ran his PR of 44.47. Lawrence failed to qualify, while Patterson was a no-show.

As they lined up for the final, the favorite was in fact the junior from North Carolina A\&T, Trevor Stewart. After winning the Florida Relays with a world-leading 45.18 in March, he had peeled off six straight races in the 44 s , including a PR 44.38 to win the MEAC. He was in lane 6. To his inside in 5 was Montgomery, whose '18 race had ended poorly as he faded badly to 7th-but had been followed weeks later by a surprise 44.58 PR win in the USATF Nationals. Igbokwe was in Lane 2, London in 7, Jones in 8.

Through 200 Stewart's 21.4 had built a solid 0.3 lead over Montgomery, a gap which he maintained through the 300 (32.2 \& 32.5), at which point Montgomery began a gradual, inexorable, desperate chase to run him down. Stewart tied up slightly in the closing strides, and that was enough, as Montgomery prevailed 44.23-44.25, PRs for both, moving them to Nos. $7 \& 8$ on the all-time collegiate list. London and Jones went $3-4$ in 44.63 and 44.64, the latter bettering Jones's NR. Also PRing were Bryce Deadmon of A\&M (6th in 45.18) and Chantz Sawyers of Florida (7th in 45.24).
"I didn't panic," said Montgomery after picking up a couple of extra points for Houston in the team chase. "I knew Trevor Stewart has a lot of speed. Istayed composed, I stayed relaxed, I ran my race. It's great to be able to end my college career with a bang. This is something I planned for my entire life. It was always a dream to win
an NCAA title." The other Cougar, Igbokwe, finished well back and later was a DQ.

A\&T coach Duane Ross said of Stewart, "I'm proud of the way he competed. I thought he ran great. The young man from Houston ran a very smart race." /Jack Pfeifer/

## 800: Hoppel Had The Inside Track

THE MEN'S 800 showcased a last-lap battle between Nos. 1 \& 2 on our formchart, Kansas junior Bryce Hoppel of Kansas and Devin Dixon of Texas A\&M. Cooper Williams of Indiana had rushed to the front at the start, only to cede the lead to Dixon as they entered the homestretch for the first time. Dixon's fast-paced tactics took the field through 400 in 50.00 with Hoppel (50.20) tucked in behind at the bell. The pair of juniors created separation from the field on the backstretch and list leader Dixon enjoyed a 2 m lead over his Jayhawk rival, this year's Indoor champion, with 200 to go.

But then: a critical moment. With 140m remaining, Dixon inexplicably drifted away from the curb. His inattentiveness was just enough to allow an alert Hoppel to drive by on the inside for the lead. He sailed on for a 1:44.41 win that moved him to No. 5 on the all-time collegiate list. His previous PR was a 1:45.26 to lead the qualifying round. The stunned Dixon, unable to summon a surge of his own, crossed 2nd at

1:44.84. A valiant late-race rush lifted Iowa State junior Festus Lagat to a PR 1:45.05, the fastest 3rd in meet history.
"Of course, I'm always going for a PR," said the 21-year-old Hoppel, who anticipated a quick opening tempo. "I knew it was going to be fast." He was not flustered at Dixon's slight lead with a half lap to go. "I knew I had him within range," he explained. "That's how I planned to do the race: keep him right there in front of me and wait for the last stretch." But he wasn't expecting an inside opening as the race approached the final curve. "It actually was a present. I knew he was going to do something to try and hold me off. I saw it opening up and I thought I had a chance to get through." Asked about the ingredients needed to produce his '19 undefeated streaknow at 10 meets in the 800 -the Midland, Texas native offered, "You just have to have a little bit of confidence."

Dixon was disconsolate. "I let him get on the inside. I tried to up the tempo the way I was supposed to. I went out in 50-51. I don't know. What can you say?" asked the runner-up, who revealed that he was uncertainjust where Hoppel
(Continued on page 9)


Trevor Stewart forged a solid lead early in the race but couldn't hold off Kahmari Montgomery in the stretch.

# Divine Oduduru - Texas Tech’s Double World Leader 



Red Raider junior Divine Oduduru is atop the lists with his 9.94 and 19.76 clockings.

by Bret Bloomquist

TEXAS TECH'S Divine Oduduru has had many special days on the track, and he certainly put himself in position to have another at the late-April Michael Johnson Invitational, but he confessed what happened next he didn't see coming. That's actually not a big statement. The sprinter deliberately keeps himself in a state of mind that leads to stunned bliss. "I surprised myself," he says of one of collegiate sprinting's greatest days ever, which saw him produce a pair of yearly world leads. "I don't think something good is going to happen. That way, I'm happy when I do do it."

What he did in Waco in less than an hour certainly qualifies as "something good." First, Ejowvokoghene Divine Oduduru became the ninth Nigerian and first Red Raider to break the magic 10 -second barrier in the 100 with a 9.94 that made him No. 10 in collegiate history. Then he came back 45 minutes later in his "better" race, the 200, and ran a 19.76 , the second-fastest in collegiate history behind Walter Dix's 19.69 from '07. The wind reading on each of Oduduru's races was an almost imperceptible 0.8 .
"It was the most impressive thing I've seen as a coach," says Texas Tech coach Wes Kittley, who has been coaching for three and a half decades. "It was special," echoes event coach Calvin Robertson, who incidentally coached the previous great Nigerian sprinter, Blessing Okagbare, when she was at UTEP.
"It was great, I was very excited," Oduduru says. "I prepared for this moment, I worked for this. My coaches have always been telling me that I have to get into the moment where I can feel everything." As for his coaches, they felt the moment was coming. "I didn't know he was going to go that fast in a double, but I knew he was ready to go sub-10," Robertson says. "After he ran that sub- 10 , his confidence shot through the roof. The 200 had been his best race, and after he ran that 9.94, I knew his 200 was going to be pretty good."

The 200 usually is. Oduduru is the defending national champion both indoors and outdoors in that race, and back in '14 in Eugene he became the World Junior gold medalist. On the other hand, the junior has never scored in an NCAA 100 and he figures to change that this year. "My goal is to get to Nationals, do something good," he says. "I'm praying to go I can defend my title in the 200 and get something out of the 100 . That would be a great feeling."

Though the Collegiate Record in the 200 is obviously right in front of

## Oduduru To No. 2 On The All-Time Collegiate 200 List

With his brilliant 19.76 in Waco, Divine Oduduru of Texas Tech became only the second collegian to break the 19.8 barrier. The all-time top 10 (' = athlete not eligible for U.S. international teams):

| Mark | Athlete | Date |
| :---: | :--- | :---: |
| 19.69 | Walter Dix (Florida St) | $5 / 26 / 07$ |
| 19.76 | Divine Oduduru' (Texas Tech) | $4 / 20 / 19$ |
| 19.85 | Christian Coleman (Tennessee) | $5 / 27 / 17$ |
| 19.86 | Justin Gatlin (Tennessee) | $5 / 12 / 02$ |
| 19.87 | Lorenzo Daniel (Mississippi State) | $6 / 03 / 88$ |
| 19.87 | John Capel (Florida) | $6 / 05 / 99$ |
| 19.91 | Wallace Spearmon (Arkansas) | $6 / 11 / 05$ |
| 19.93 | Tyson Gay (Arkansas) | $6 / 09 / 05$ |
| 19.95 | Floyd Heard (Texas A\&M) | $5 / 17 / 87$ |
| 19.95 | Nethaneel Mitchell-Blake' (LSU) | $5 / 14 / 16$ |

was. "I shouldn't have let that happen. I thought he was on my outside so I was just running on the outside of lane 1." /Dave Hunter/

## 1500: Why We Have Photofinish Cameras

LOOKING AT THE yearly list before the meet or remembering the Indoor mile won with a 4:07 time, you might have guessed this would be a survival-of-the-kickingest year in the men's 1500. If you did, you were right. Indoor winner Geordie Beamish wasn't in the race-he opted for the 5000 -but Yared Nuguse was, and the Notre Dame soph had left quite an impression fast-finishing his Irish squad to the Indoor distance medley title. Nuguse, however, placed 3rd (3:38.32) in the fastest collegiate race of the season, at April's Clay Invitational. Defending NCAA champ Oliver Hoare of Wisconsin won that clash from Arizona's Carlos Villareal in 3:37.20. Villareal placed 11th in his semi here
would he get there in time? "I was definitely a little worried heading into that last 100," he said. "But I really dug down and thought about why I'm doing this... that's always been my teammates watching me. I know they're cheering me on, and I didn't want to let them down. It was definitely exciting, but I knew in the end if I just gave it all I was going to be comfortable, and I did, and I'm happy with the result."

Drawing abreast only with his last two steps, Nuguse beat


## Morgan McDonald salted away his first NCAA Outdoor title by kicking away from Grant Fisher in the last half-lap.



Yared Nuguse's margin over Justine Kiprotich was a mere 0.003.

Kiprotich by 0.003, both running 3:41.39s. It was the first NCAA outdoor championship in the event for Notre Dame in 93 years, since Charles Judge won in '26. Next across the line was not Hoare but Cameron Griffith; the Arkansas senior was in 10th at 1200 m but hauled to 3 rd with a 26.4 final 200, fastest in the field.
"It was pretty intense," Nuguse allowed. "I definitely knew that
and failed to advance.
The semis were all tactical, Hoare winning the fastest in 3:44.25 from Nuguse's 3:44.33. In the final the pair did the early leading, absent urgency: 58.1 at 400, 2:01.4 with Nuguse a step in front at 800, 3:01.5 with Hoare inches ahead at 1200. At that point 5 contenders were bunched at the front and just a second separated the full 12-man field. Just behind the lead duo were Casey Comber (Villanova), William Paulson (Arizona State) and Justine Kiprotich (Michigan State). The race was on. For a moment, the Aussie Hoare went to the front; could he really win this race from the front? In the middle of the backstretch, Kiprotich made what appeared to be the decisive move of the race, passing the others on the outside, surging ahead around the final turn. Down the straightaway, he had put 5 m on the field.

At the last possible moment, a final challenger emerged. As the others swung to the outside, a lane opened on the rail, and flying down the inside was the same young man whose dramatic finish had won the indoor DMR-Nuguse, the 20 -year-old from Louisville. The question was,
going in. You're here and you've never done any individual feat like this. It was definitely exciting, but I knew in the end, if I just gave it my all I was going to be comfortable, and I did, and I'm happy with the result." /Jack Pfeifer/

## Steeple: Fahy Survives Crash \& Burn

THEY'RE CALLED pitfalls. Something that we all face in life. It's just that steeplechasers potentially face so many in a race lasting less than 9:00. After the NCAA final Steven Fahy of Stanford could smile about his, but Indiana's Daniel Michalski could only shrug his shoulders and be philosophical.

In the final 200, each suffered a similar fate: Michalski fell in the water and Fahy caught a toe on the final barrier and rolled on the track. Fahy, however, was
able to scramble back to his feet and still edged Oklahoma State's Ryan Smeeton, 8:38.46-8:39.10 for Stanford's first-ever win in the event. "I picked up a lot of speed coming out of that last waterjump," said Fahy, whose brother Darren was the '17 runner-up for Georgetown. "I was going too fast and when I went down, I was afraid I had lost it. But when I got up, I felt really strong and the other guys were still behind me." He sprinted in and the fast-finishing Canadian Smeeton came oh-so-close.

Favored defending champ Obsa Ali of Minnesota, who had surged to the lead with just over 2 laps to go, was out- leaned by Middle Tennessee's Kigen Chemadi, 8:40.22-8:40.36. Arizona's Bailey Roth (8:40.92), planted in 3rd for the first 4 laps, finished barely a half-second behind Ali in 5th. The ill-fated Michalski (8:43.48) couldn't catch Texas' Alex Rogers (8:43.29).The Longhorn finished 6th. Given the weather, no one managed a PR, and the winning time was the slowest since the meet was here in ' 04 .

Michalski, the'17 Div. II champ at Cedarville, had been in 4th for the first 4 laps and followed Ali's surge with 2 left. Then he decided to gamble


The strongest of a strong BYU presence was Clayton Young.


Less-than-perfect hurdling left Quincy Hall behind Norman Grimes and Taylor
McLaughlin until late in the race.
with a lap remaining: "My coach and I decided to go for it early," he said, "with a lap to go. It was aggressive. Approaching the final water jump, I could feel that Fahy was coming. I freaked out a little. I was a little far out and I thought I would long-step it. I guess my trail leg hit the top of the barrier." He fell awkwardly into the water. "It happened that way-it's not the end of the world." /Don Steffens/

## 5000: Morgan McDonald Fills In The Hole

IN THE CONTEXT of his last season at Wisconsin Morgan McDonald had just one more box to check to complete a golden year: the Outdoor 5000 to go with his XC crown and Indoor 3K and 5 K titles. In the context of the entirety of his résumé, that was a huge box to check because an outdoor title was the noticeable hole in it. His best finish coming in was 5 th back in '16. With a pro career looming, this was McDonald's last chance to complete his trophy case. He took full advantage, beating his chief challenger Grant Fisher (runner-up to McDonald in cross and the indoor 3 K , and now this outdoor race) with a lethal kick in the last 100.
"It's hard to put into words," the 23-year-old Aussie said. "I've been looking forward to this one for so long, and I've been at home for the last two, and I've been watching, being like, 'I think I can win that.' It's been frustrating. This one's been on my mind for so long, and it's just amazing. There's always the goal, but I didn't know I was really going to get here. I was really nervous for this one."

As expected on a muggy night, the pace was tactical and McDonald finally took the lead at the mid-point. Fisher, who had sat on McDonald's outside shoulder for two laps, began his push with 500 to go and nudged past the Badger just in time to grab the rail with 400 left.

McDonald stalked, then caught the Stanford senior with 200 to go. With 100 left, McDonald
unleashed a definitive kick that quickly settled the race, allowing him to coast across the finish in 14:06.01. His 52.91 last lap trumped Fisher's 53.61. Fisher (14:06.63) was never challenged for 2nd and his teammate, soph Thomas Ratcliffe, made a move on the final curve to take 3rd in $14: 07.92$. His kick caught, among others, 10 K winner Clayton Young of BYU, who was 3rd with 200 left but faded to 6th.

The way the last lap played out was just another chapter in the McDonald-Fisher rivalry. McDonald said he was OK, with Fisher passing at the bell, explaining, "I've raced Grant so many times, I thought that he might fight pretty hard for the lead before the last 100, because at Millrose that's how he beat me, and then at Indoors, I had the lead and he wasn't able to pass me. So I thought in his mind it was going to be a big thing to make sure he had the lead at 400 or 300. ." /Bret Bloomquist/

## 10,000: Patience The Key For Young

A SENSE OF URGENCY actually helped Clayton Young remain patient during the longest track race. "I've been at Nationals 6 different times and I've led going into the last 400 two or three times," the 25 -year-old BYU senior explained, "and I got eaten up every time. This race was all about patience." And, of course, outsprinting the other 23 runners during the final lap despite being tagged as No. 7 on our formchart coming in. Nemesis Gerald Kigen of Alabama, like Young, was always near the lead from the start. They both sped up with 2 laps to go, but the Kenyan could never quite catch Young, who won 29:16.60-29:18.10. Young, who covered his last 800 in 1:59.43, reeled off a 55.88 final lap and 28.2 closing 200, outsprinting Kigen's 57.20.

BYU, with no fewer than a half-dozen runners in the race, added senior Connor McMillan in 3rd (29:19.85) and soph Conner Mantz in 4th (29:19.93). Oklahoma State's Hassan Abdi, never a threat to win, sped up during the final round to pass favored Tyler Day of Northern Arizona and Robert Brandt of UCLA with a 59.56 . He was bearing down on Mantz but his 29:20.73 came up 0.80 short. Day edged Brandt, 29:25.23-29:26.34.

The first 9 laps of the race were led by Coastal Carolina's Nadeel Wildschutt, with his brother Adriaan always close. With $81 / 2$ laps left, Nadeel was stepped on by another runner and lost a shoe. He knelt to retie it, and both brothers lost contact with the pack. The pace was understandably slowish throughout considering the 80 -plustemps and high humidity after a couple of rain showers during the day. The Cougars were ready for the less-than-ideal conditions, thanks to coach Ed Eyestone's personal story of passing out at the' 83 NCs, then coming back to win a $5 / 10$ double here in '85. "He prepared us for the race," said Young, whose wife Ashley and 5-month-old daughter Lucy, were watching. "We practiced our finish over and over. We spent time in a sauna to get accustomed to the heat."

Mantz, who had beaten Young at the ear-ly-season Stanford 10K, finished in 58.62 and was confident. "I knew if he ran well, he would pull all of us along. After the 5 K , we were right with him." Coincidentally, Young edged Kigen in that


LSU's JuVaughn Harrison became the first ever to score an NCAA HJ/LJ double.

Stanford race by 1.78 seconds, nearly the same margin as here (1.50). /Don Steffens/

## 110H: A Summit Race Worth Every Penny

OVER THE COURSE of the month leading into the NCAA, the men's 110 hurdles went from a presumed coronation for Grant Holloway in his likely last individual race in a Gators uniform to one of the marquee showdowns of the meet. That summit meeting was set up at the SEC when Kentucky's Daniel Roberts handed Holloway his first hurdles loss to a collegian since the ' 17 Conference final. The plot heated up some more after Roberts' 13.06 semi: 0.01 faster than Holloway has ever run and 0.10 faster than Holloway ran in his prelim. So the final would be between the second-and third-fastest in collegiate history, calling to mind the epic Renaldo Nehemiah/Greg Foster clash at the' 79 NCAA when they were the top 2 Americans (let alone collegians) of all time.

Just 13 seconds later, there were two big storylines. The race lived up to-and perhaps exceeded-all hype, and Holloway wasn't about to allow his crown to be wrestled away. The Gator junior finally chased down Nehemiah's 40 -year-old CR of 13.00 , turning in a 12.98 that just did edge out hard-closing Roberts' 13.00 that obviously rated as the best non-winning race ever.

After spending the leadup to the race and the immediate aftermath playing himself up as an underdog, and exploding in celebration at the tape, Holloway was nonchalant an hour later. "It was pretty good, I just executed start to finish," he said. "I haven't even watched the film. Just go back through it, watch it, see what happened."

What he'll see is he got the margin he needed when Roberts hit the second hurdle with his trail leg, turning an even start into a Holloway lead that grew to almost half a stride through hurdle No.6. Roberts, though, steadily narrowed the gap over the final three barriers and was in position to lunge at the line. His head poked past Hollo-way-Florida coach Mike Holloway said Grant got too excited and didn't run through the linebut Holloway's shoulders were still 0.02 ahead. Holloway didn't need a photo to parse that and immediately transitioned into his celebration.
"I knew I had it, Daniel usually makes his move around hurdle 9 or 10," said Holloway, who pegged all of that. "Once I got over 10I knew I had it. "It was really good. It was a good day just to have everybody here, have my parents here, but most of all, I finally broke the Collegiate Record, so it was really good."

To no one's surprise, the pair of juniors won't be back for their senior years. "I'll be going pro," Roberts said after the race. "[My contract isn't finalized] yet; still in the works... [With] the collegiate season over with now, I ain't got nothing to hide." Coach Mike Holloway cut short questions along that line to Grant Holloway, but later said, "I think everyone knows Grant is not going to be back next year." /Bret Bloomquist/

## 400H: Bad Race Good Enough

AFTER A come-from-behind win in PR time to claim a national title, the first words out of Quincy Hall's mouth weren't what one might expect. "It was a bad race," the South Carolina junior said. Actually, anyone who watched the


Grant Holloway avenged his SEC defeat by Daniel Roberts and claimed the
Collegiate Record to boot.

400 H final can understand why he felt sour. The favorite, he looked ragged and came into the stretch only 3rd, behind Texas Tech's Norman Grimes and Michigan's Taylor McLaughlin. The former appeared ready to pad the point total for what would eventually be a Red Raider team title. But Hall possess 44.53 flat speed and used it coming off the final hurdle, clocking 48.48 to Grimes' PR 48.71. Lifetime bests also went to the next two placers, Amere Lattin of Houston (48.72) and McLaughlin (48.85).

So if a PR national championship is what happens with poor form, what happens when he refines his technique? "The sky's the limit,
then," Hall said. "We're looking at 47... 47-low. I got out pretty alright, but down the backstretch I was running up on the hurdles. I need to learn to hurdle with my other leg because I can 12-step, but I just wanted to just stick with the pattern I've stayed with all year. I had to jump the hurdles pretty high, so there was pretty much no technique in my hurdling form today. But we're going to get better at it over the summer so we can go to USAs."

That speed makes for a nice security blanket, but Hall said he won't take it for granted. "I knew if I kept them within striking distance I could use my speed coming home, but those are really good


Ryan Clark pulled away from cross-state rival Andre Ewers as Florida won in 37.97.


He began and ended his final NCAA day with impressive relay running, but the highlight of Grant Holloway's collegiate career came with his recordsetting 12.98 in the hurdles.
all that, was that span from relay $C R$ to hurdles CR the greatest thing he's ever been part of? "I've had better half-hours in football games," he deadpanned. "But for track \& field, this was good."

There was probably some deliberate understatement there, but his coach did draw a distinction between good and great. "He can still be better," Mike Holloway said. "I told him a little while ago, he didn't really run through the line, he got a little too excited. But he's embraced what I've been saying in hurdle 6 through hurdle 10. But there's still more there. When he came to Florida he said he wanted to be the best hurdler in the world. Until he runs 12.7, there's more to do."

Grant admitted, "There are a couple of things I can fix. There are a couple of things I can fix in that race, go back, watch some film, call my Mom, call my Dad, keep everything simple."

That probably won't happen at Florida, at least in a Gator uniform. Coach Holloway cut off "What's next?" questions that were posed to Grant, but later clarified, "I think everyone knows Grant is not going to be back next year. He'll go down as one of the all-time Gator greats.

by Bret Bloomquist

EVER SINCE HE ARRIVED in Gainesvillereally ever since he laced up his first pair of spikes-Grant Holloway has been a perennial, perpetual favorite. Realistically, that didn't change heading into the NCAA, the 4 NCAA titles and the totality of his résumé didn't truly have people discounting him, but there were some dents in his aura of invincibility. Notably, he had been beaten in the 110s at the SEC by Kentucky's Daniel Roberts, and Roberts then turned in a better qualifying time in Austin. There was also a disappointing 12th in the first-day's long jump.

That didn't really make Holloway an underdog, but don't tell him that. Normally a jolly presence, Holloway carried around a notable chip on his shoulder all week. He looked and ran like someone with something more to prove. After the speedy semi, Holloway was asked if he noticed Roberts' times. "You know the answer to that, why do you ask questions you know the answer to?" he shot back.

Then on the Friday that counted, in a span of 40 minutes, Holloway was part of a CR 37.97 sprint relay and a CR 12.98 to Roberts' 13.00 in the hurdles that should have stood as his best moment on the track to date. Post-hurdles, as he was ushered through the interview zone, off to prepare for an anchor leg on the $4 \times 4$, he broke loose, went to the first camera he could find, and started emotionally shouting, "Eat your words! Eat your words! Eat your words!"

By the end of the meet, clearly with a little less energy after a 43.74 closer on the $4 \times 4$ ("Now I'm tired. A 43.7, that speaks for itself, I'm tired, I'm tired!") he reflected on a wild day. "The time
was good, something I've been training for the whole season, it finally paid off after a bitter loss at the SECs," he said of the 12.98. "You know, a lot of people were saying I wasn't going to be able to execute and finish the race. But I came out here, just be me, let the time speak for itself. We did what we had to do. We've been training since August and everything's paying off. We broke the Collegiate Record in the $4 \times 100 \mathrm{~m}$, and I came back in 30 minutes and broke the Collegiate Record in the hurdles. Then 40 minutes later I split 43.7 on the $4 \times 400 \mathrm{~m}$, so that's a great day. I can't be mad that we didn't win the team title, but at the same time, it's just one of those things where you've got to be thankful for what you've got."

Even his coach, Mike Holloway, indicated Florida came in playing the underdog card. Speaking of the relay record, he said, "We knew we were capable of it, we just put it together. I told them before the race, we've been training for this all year long, let's just go out here and put it together. There were some people out there doubting we could do it, so why not just prove them wrong?"

Grant Holloway was all about letting inanimate objects talk: "We've been training for that time, preparing to run that time, we said we were going to do what we were going to do. I just got the baton around the track, I let the baton speak for itself. It was a team effort from Coach Holloway's standpoint, from my standpoint, from a relay standpoint. Everybody contributed to this and we all had fun as we were all doing it." So after

He didn't have to run the [ $4 \times 4$ ], we would have been second (in the team race) without him, but he wanted to close it out the right way."

He then expounded on the legacy question. "There's people who think he made Florida track \& field. We were pretty good before he got here, but he helped us sustain it. Obviously Grant has taken the sport and become the face of the sport: he's happy, he's jovial, he's kind, he's caring, he's the type of person you want around."
"It was really good," Grant said of apparently his last day as a Gator. "It was a good day just to have everybody here, have my parents here, but most of all, I finally broke the Collegiate Record, so it was really good. It hasn't hit me yet, but it probably will in about 2-3 weeks." $\square$

## Holloway Takes Over The All-Time Collegiate List

Not only can Florida's Grant Holloway claim the Collegiate Record in the 110 H , he can also boast of having 5 of the fastest 10 times ever. Of the other 5,4 belong to his arch-rival, Daniel Roberts, and 1 to former CR holder Renaldo Nehemiah. "Skeets" can still claim the fastest all-conditions time, though, having won the ' 79 NCAA with a 12.91w. The Top 10 legal times:

| Time | Athlete | Date |
| :--- | :--- | :---: |
| 12.98 | Grant Holloway (Florida) | $6 / 07 / 19$ |
| 13.00 | Renaldo Nehemiah (Maryland) | $5 / 06 / 79$ |
|  | Daniel Roberts (Kentucky) | $6 / 07 / 19$ |
| 13.06 | -- Roberts | $6 / 05 / 19$ |
| 13.07 | -- Holloway | $5 / 10 / 19$ |
|  | --Roberts | $5 / 11 / 19$ |
| 13.10 | --Holloway | $5 / 25 / 19$ |
| 13.12 | --Holloway | $5 / 11 / 19$ |
| 13.13 | -- Roberts | $5 / 25 / 19$ |
| 13.15 | -- Holloway | $5 / 13 / 18$ |



Duke Kicinski helped Texas Tech's title chase by scoring the only Red Raider throws points of the meet.
runners, so you really couldn't tell what you had until you actually do it. I just have to learn to get my other leg down and I'm going to go 12, and then 13 the rest of the way."

Hall said a possible repeat next year is up in the air, explaining, "I really don't know yet. I really do want to come back to school and finish my degree, but if I can get a contract I guess, you know, it is what it is."

For the immediate future, he plans on doing the hurdles in Des Moines but the flat quarter at the Pan-Am Games. /Lee Nichols/

## 4x1: Collegiate Record For The Gators

ANTICIPATION RAN HIGH after semis that were as fast as the typical final. Florida topped Texas Tech in heat I, 38.35-38.57, the Gator time a yearly leader and $=$ No. 10 on the all-time collegiate list. In the second Florida State dominated Oregon 38.43-38.81, the Seminoles becoming the No. 7 school ever. And in the third LSU romped to a 38.37 over Arkansas (38.90), the Tigers recording the second-fastest semi ever. It took a 39.00 for North Carolina A\&T to grab the last qualifier.

For the final, Florida State drew lane 4, Florida 5, LSU 6 and Tech 7. Temps were in the low 90s when the crack of the starter's pistol sounded. Gator leadoff Raymond Ekevwo got out well, but LSU's Kary Vincent was faster. The Bengals led at the first exchange but created the biggest crowd gasp of the race when Vincent failed to connect with Akanni Hislop, LSU's race ending with the baton bouncing off the track. Divine Oduduru lit up the backstretch for Texas Tech, making up half of the stagger with Arkansas in lane 8 and getting ahead of Florida's Hakim Sani Brown. Florida State, after a lightning opener from Bryand Rincher, ran even with the Gators down the backstretch.

The third leg transformed the race. Florida do-it-all Grant Holloway took the baton from Brown and attacked the turn with everything he
had, making up the stagger on Tech and bringing the Gators to the lead just in time for a perfect handoff to Ryan Clark. With a stride advantage over Florida State anchor Andre Ewers, Clark padded that lead ever-so-slightly as the crossstate rivals built a 5 m margin over Texas Tech. Clark crossed the line with his arms thrown back, immediately looking at the clock. It read 37.98 initially, creating another audible gasp from the crowd. It was soon corrected to a stunning 37.97, fully two-tenths faster than the Collegiate Record, and a yearly world leader to boot.

Florida State also dipped under the old best with its 38.08 , as Texas Tech finished in 38.45,

## The 10 Fastest Schools Ever

When the dust had settled in Austin, speed merchants Florida, Florida State \& Texas Tech claimed the Nos. 1, $2 \&=8$ positions on the $4 \times 1$ 's all-time fastest schools list. The Top 10 (\# = team contained non-Americans):

| Time |  | School | Date |
| :---: | :--- | :--- | :---: |
| 1. | 37.97 | Florida \# | $\mathbf{6 / 0 7 / 1 9}$ |
| 2. | 38.08 | Florida State \# | $6 / 07 / 19$ |
| 3. | 38.17 | Houston \# | $6 / 08 / 18$ |
| 4. | $38.23(A)$ | TCU \# | $6 / 02 / 89$ |
| 5. | 38.24 | LSU \# | $6 / 05 / 98$ |
| 6. | 38.30 | Auburn | $3 / 31 / 12$ |
|  |  | Texas A\&M \# | $3 / 29 / 14$ |
| 8. | 38.45 | South Carolina | $6 / 02 / 00$ |
|  |  | Texas A\&M \# | $\mathbf{6 / 0 7 / 1 9}$ |
| 10. | 38.47 | Arkansas | $6 / 12 / 15$ |

the meet's best 3rd-place time ever. Notably, 7th went to Purdue in 38.92, a time that would have won as recently as the '10 edition.

Said Gator leadoff Ekevwo, "We've been working for this moment from the very start. We got the work done-the baton exchanges were smooth, everything was smooth. We got it done." Clark chimed in, adding, "It means everything to me. I didn't get to have the season I wanted to, but I ended it the way I wanted to. That's what we talked about since August. We've trained for this moment and it happened. We knew it was going to be a close race, and we never slept on anybody during it. We just focused, got the exchanges right and that's all we could pray on. We didn't try to block out anybody. It was just to focus on our own lane and focus on our own sticks and that's all we needed." /Jeff Hollobaugh/


Devin Dixon's brilliant 44.11 anchor left Texas A\&M just 0.05 shy of the Collegiate Record; meanwhile, the fastest anchor went to Grant Holloway at a scorching 43.74.


## 4x4: Aggies Fall Just Short Of The CR

TEXAS A\&M ran 2:59.05, the second-fastest collegiate time ever, and a record for an all-American college team. The Aggies led the entire way, but the next three teams-Florida, Houston and Iowa-traded positions with each leg, never letting A\&M get out to a comfortable lead. As the 8 teams came to their blocks for the final, the team title had already been decided. Among the $4 \times 4$ finalists, only Florida and Houston were in the running for one of the four team trophies. This race would decide which team would finish 2nd and which would be 3rd.

## Opening Leg: Starting On Record Pace

Texas A\&M leadoff Bryce Deadmon was out best, running 45.3 and holding a slight lead down the backstretch with Florida's Benjamin Lobo Vedel running well and staying close until the homestretch, where he faded, running 46.2. Deadmon's carry put the Aggies 0.6 up on the pace set by USC in its CR 2:59.00 at last year's meet. Iowa's Wayne Lawrence had run well throughout and passed Vedel in the homestretch, his 45.5 bringing Iowa up to 2 nd at the exchange. Houston had lagged down the backstretch, but only because of leading off with 400 H 3 rd-placer Amere Lattin, who ran with the well-paced rhythm of a 1-lap hurdler. He had the best homestretch of anyone, pulling the Cougars up to 3rd with his 45.7.

Standings: 1. Texas A\&M 45.3; 2. Iowa 45.5; 3. Houston 45.7; 4. Florida 46.2; 5. South Carolina 46.3; 6. tie, Baylor \& North Carolina A\&T 46.4; 7. Arkansas 47.0

## Second Leg: A\&M's Margin Grows, Record Pace Slows

Robert Grant, a long hurdles finalist, took the stick for A\&M with a 2m lead over Iowa's Antonio Woodard. He stretched that slightly through the first turn, and when the teams broke from their lanes It was A\&M holding 3m, with Houston almost another 10m back. But over the course of the next half lap, 400 champ Kahmari Montgomery had pulled Houston even with Iowa, with A\&M
still leading by 6 m . Florida's Chantz Sawyers had tailed Montgomery and was a close 4th at the top of the final straight. Montgomery, having run 44.7, led Sawyers (44.4) down the straight as they ran nearly stride for stride, closing well on Grant (44.4) and pulling away from Woodard (45.7). Overall, A\&M now had an 0.71 lead but at the same time was now 0.17 behind record pace.

Standings: 1. Texas A\&M 1:29.70; 2. Houston 1:30.41; 3. Florida 1:30.60; 4. Iowa 1:31.17; 5. Baylor 1:31.68; 6. Arkansas 1:31.97; 7. North Carolina A\&T 1:32.15; 8. South Carolina 1:32.20

## Third Leg: Record Chase Back On

A\&M's Kyree Johnson started with a margin of almost 5m over Houston's Jermain Holt with Denzel Villaman of Florida little more than another meter back. Johnson tore around the first curve, quickly extending the lead to almost 10 m over Holt as Iowa's Karayme Bartley closed on Villaman. Going into the second curve Johnson was just beginning to relinquish his big margin, which Holt cut to 7 m by the top of the homestretch. Bartley passed Villaman some 30 m before the stretch, and ran past Holt with 40 left. Johnson had held A\&M's lead with a 45.24 , but now Iowa was back in the hunt, Bartley's 44.22 bringing the Hawkeyes in 2 nd , some 3 m in arrears. Running 3rd was Houston, 2 m back after Holt's 45.26, with Florida slightly another meter behind after Villaman's 45.26 . A\&M was once again ahead of USC's record pace, now by 0.44 .

Standings: 1. Texas A\&M 2:14.94; 2. Iowa 2:15.39; 3. Houston 2:15.67; 4. Florida 2:15.86; 5. North Carolina A\&T 2:16.28; 6. South Carolina2:17.00; 7. Arkansas 2:17.32; 8. Baylor 2:18.89

## Anchor Leg: Dixon Comes Up Just Short

A\&M anchor Devin Dixon, the 800 runner-up, might be a halfmiler by trade, but remember that this past indoor season he turned in the fastest undercover split
ever, 44.24. Here he strode around the first turn with the field in pursuit and trying to close the gap. At the top of the backstretch, he held 2 m over Iowa's Mar'yea Harris, with Houston's Obi Igbokwe 4 m back and holding another 4 over Florida's do-everything, Grant Holloway. Entering the final curve, Dixon's lead was down to little more than a meter over Igbokwe, with another meter to Harris.

Holloway had tightened the race and was less than two strides back of Harris and closing, but midway through the bend it appeared Holloway had run himself out and he closed no further. Igbokwe passed Harris at the top of the final homestretch, now less than 2 m from the lead. But at that point Dixon began drawing away, the margin over the chasers gradually widening. But Holloway, who had entered the homestretch almost 6 m back of Igbokwe and Harris, began an impassioned charge along the curb, passing Harris and then Igbokwe within 40 m of the finish. Dixon's 44.11 clinched Texas A\&M's 2:59.05, just 0.05 off the CR , with Holloway running the night's fastest lap, a 43.74 which brought Florida home in 2:59.60, making the Gators the fourth-fastest school ever and giving the school the 2nd-place team trophy. Igbokwe's 44.40 closed out Houston's 3:00.07, with Iowa 4th in 3:00.14 following Harris's 44.75.

Aggie head PatHenry summed uphis squad's race simply, noting, "Bryce had his fastest leadoff leg ever on the $4 \times 400$, and the rest of the guys ran fast to get a $2: 59.05$. Devin knows how to run the anchor leg, and in the last 110 m you're not going to catch him. The guy is phenomenal and he knows how to win." /Dave Johnson/

## HJ: Harrison Completes Unique Double

With dusk temperatures still in the 90 s, 24 of the best collegiate high jumpers squared off on the griddle-hot jump apron. Among them was JuVaughn Harrison who two days earlier had prevailed in a tight long jump battle. Even before this competition got underway, the LSU

## Collegiate History's 12 Sub-3:00 Times

The Austintimes of Texas A\&M and Florida at the NCAA raised the all-time total of collegiate sub-3:00s to a dozen. All but one of them (Florida '14 at the Florida Relays) were set at the Nationals. Texas A\&M is the big hitter, with 5 of the 12 times. The list (with anchor legs):

| Time | School | Date |
| ---: | :--- | :---: |
| $2: 59.00$ | USC (Michael Norman 43.62) | $6 / 08 / 18$ |
| $2: 59.05$ | Texas A\&M (Devin Dixon 44.11) | $6 / 07 / 19$ |
| $2: 59.59$ | LSU (Xavier Carter 44.0) | $6 / 11 / 05$ |
| $2: 59.60$ | Texas A\&M (Deon Lendore 44.10) | $6 / 14 / 14$ |
|  | Florida (Grant Holloway 43.74) | $6 / 07 / 19$ |
| $2: 59.73$ | Florida (Geno Hall 44.73) | $4 / 05 / 14$ |
| $2: 59.91$ | UCLA (Henry Thomas 45.2) | $6 / 04 / 88$ |
|  | Texas A\&M (Devin Dixon 43.92) | $6 / 08 / 18$ |
| $2: 59.95$ | Georgia Tech (Derek Mills 43.9) | $6 / 06 / 92$ |
|  | Texas A\&M (Fred Kerley 43.96) (sf) | $6 / 07 / 17$ |
| 2:59.98 | Texas A\&M (Fred Kerley 43.99) | $6 / 09 / 17$ |
| $2: 59.99$ | Florida State (Jonathan Borlée 43.78) | $6 / 13 / 09$ |



## A successful title defense by Anderson Peters led the Bulldogs to a rare medal sweep.

Peters Filling Up The All-Time Collegiate List
The Collegiate Record is creeping ever closer for Anderson Peters. Meanwhile, as the No. 3 performer ever he can now claim the Nos. 3, $4,5,6,7,10 \& 11$ performances ever, 3 of those marks having come at this year's NCAA. The performances (' = athlete not ineligible for U.S. international teams):

| Mark | Athlete | Date |
| :--- | :--- | :---: |
| $89.10 \mid 292-4$ | Patrik Bodén' (Texas) | $3 / 24 / 90$ |
| $88.01 \mid 288-9$ | loánnis Kyriazís' (Texas A\&M) | $3 / 31 / 17$ |
| $86.62 \mid 284-2$ | Anderson Peters' (Mississippi State) | $6 / 05 / 19$ |
| $86.48 \mid 283-9$ | ----Peters' ! | $6 / 05 / 19$ |
| $86.07 \mid 282-4$ | ----Peters' | $3 / 29 / 19$ |
| $84.73 \mid 278-0$ | ----Peters' ! | $3 / 29 / 19$ |
| $84.80 \mid 277-11$ | ----Peters' ! | $6 / 05 / 19$ |
| $83.56 \mid 274-2$ | ---- Bodén' | $4 / 07 / 90$ |
| $83.54 \mid 274-1$ | ---- Bodén' ! | $3 / 24 / 90$ |
| $83.46 \mid 273-10$ | ---- Peters' ! | $3 / 29 / 19$ |
| $83.35 \mid 273-5$ | ---- Peters' | $5 / 09 / 19$ |

soph sensed this could be a special day. "I knew early on during the warmups that it was going to be a very good meet," said the SEC champ.

16 remained alive as the bar went up to 7-3 (2.21), led by clean-card performers Harrison and Keenon Laine of Georgia. When it was raised to $7-4 \frac{1}{4}$ (2.24) Harrison and Laine-still jumping without a miss-were joined only by defending champ Tejaswin Shankar of Kansas State, Alabama's Shelby McEwen and Southern Mississippi's Eric Richards. All 5 were still in play at $7-5 \frac{1}{4}(2.27)$, but the only clearances made were by Harrison-with his sixth consecutive first-attempt clearance-and the favored Shankar on his second attempt. When neither could clear $7-6^{1 / 2}(2.30)$, Harrison had a unique jump double, with Shankar 2nd and McEwen 3rd.
"It was a great competition. I was able to go out and clear all the bars," declared the composed victor afterwards. "I was upset that I was unable to clear the final bar because that was my goal. But I am very happy that I was able to come out a winner."

For the new champion, the jump double took on special meaning in light of his performance at last year's meet. He explained, "It was very significant to me because last year I went out early in both events and then to finish 2nd indoors [in the HJ] and to not make it to finals indoors in the long jump was a great disappointment."

Those earlier field event experiences inspired Harrison to reshape his competitive approach. "Go out there and just have fun and just jump the way I'm supposed to jump and don't worry about anybody else," explained the winner with a smile. "And that's what I wanted to go out there and do today. And I am very happy they let me do that."

He readily admits he likes the high jump more but believes he currently is better in the long jump, so competing in both has long been in his plans. "I've always said I was going to do high and long jumps when I came to college," he said. "And my school was able to let me do that." He knows he will face stiffer competition in the years ahead and one day may have to choose between the two events he loves. "I've thought about it," he admitted. "But my goal is to be
great in both and to not have to choose." In this championship, JuVaughn Harrison undoubtedly was. /Dave Hunter/

## PV: Nilsen Wins A Duel For The Ages

DAVID BEAT GOLIATH. The only thing wrong with using that metaphor for the NCAA vault is that "David" was the big, herking collegiate vet (Chris Nilsen) and "Goliath" was the wispy frosh (Mondo Duplantis). It might seem strange for Nilsen to have found himself in the underdog role, given his status as the defending champion and owner of four 19-foot meets already this year. But nobody was begrudging Mondo's status as the favorite, given his transcendent body of work over the last year. He came in with a half-dozen 19 -footers, including the world's only 6 -meter $\left(19-8 \frac{1}{4}\right)$ clearance on the year so far.

Theextended competition, despite (orbecause of?) a more aggressive progression than usual, would carry on for no fewer than 11 heights, with a record dozen vaulters breaking the 18 -foot barrier (previous high 9 in '91). Rain earlier in the day delayed the planned start by 2 hours, but things ended up perfect for vaulting in a venue known to be generous in giving up high heights.

The two biggies both passed 17-3/4 (5.20), then Nilsen opened at $17-6^{1 / 2}$ (5.35) with a make. At 18-1/2 (5.50) each needed a pair, surprisingly, as a dozen moved on to $18-4^{1 / 2}(5.60)$, where only 3 were eliminated. Nilsen cleared on first, but was still only in $=3$ rd as surprising PR-setters Michael Carr (Arkansas State) and Drew McMichael (Texas Tech) led with perfect records. Mondo passed again.

On to $18-81 / 4$ (5.70) with an unprecedented 9 still involved, with only 1 being knocked out. Nilsen and Duplantis werejoined by KC Lightfoot as first-time clearers, all three now sharing the lead as the crosspiece was raised to $18-10^{1 / 4}(5.75)$. The two heavyweights passed, with the lead being handed off to the only successful performer, Stephen F. Austin's Clayton Fritsch, with a PR.

The first to jump at $19-1 / 4$ (5.80), Mondo began to assert himself with one of the monster
clearances that have come to typify his career. Fritsch would miss all three of his shots and Nilsen was over on his second. So David \& Goliath (or was it Goliath \& David?) were set to go head-to-head at $19-2^{1 / 4}(5.85)$, but even though it was a meet record setting, both passed, again taking up arms at $19-4 \frac{1}{4}$ (5.90), PR territory for the defending champ. After a Mondo miss, Nilsen slithered over, garnering a pat on the back from his friendly rival, who then passed, choosing to save 2 tries for $19-61 / 4$ (5.95). He missed his first and then Nilsen made solid contact with the bar, but it stayed, giving him another PR. Replays from the standard-cam showed the crosspiece sliding across most of the width of the pegs before coming to a halt. Mondo's final try wasn't close and Nilsen's attempts at a CR 19-8½ (6.01) were anticlimactic, but the winner had moved to No. 3 on the all-time collegiate list.

Said Nilsen, after a marvelous all-around day of vaulting, "I had a Texas tailwind, and it's a really good spot to jump. I'm not really coming out of this thinking, 'Oh I beat Mondo,' because he still jumped higher than me way more times. He's jumped 6.05 before. I'm happy to be taking shots at the Collegiate Record."

Said Duplantis, who was working his way through some larger poles, "I have to tip my hat to Chris. That was an outstanding day by him. It was a remarkable day. He was just better than me and I didn't adjust." /E. Garry Hill/

## LJ: This Time Harrison Scores

JuVAUGHN HARRISON came to Austin looking for redemption. The LSU soph, who finished just 19th at last year's NCAA-and then only 10th in the Indoor 3 months ago-staked his claim to the lead with a first-round leap of 25-103/4 (7.89). In round 2, however, Texas Tech's Justin Hall reached 26-0w (7.92) to take the lead, then Houston senior Trumaine Jefferson, the Indoor runner-up, popped a big PR 26-10 (8.18). in his first-ever NCAA Outdoor jump appearance. PRing continued on the next jump, as South Carolina senior Yann Randrianasolo leaped 26-61/4 (8.08) to move into 2nd.
(Continued on page 17)

# "This Competition Was Nuts," Says Chris Nilsen 



by Bret Bloomquist

WHATSTRUCK Chris Nilsen on the greatest pole vaulting day of his life wasn't the stunning upset that was his successful defense of his national title. And it wasn't his takedown of heavily favored Mondo Duplantis. And it also wasn't getting back-to-back PRs at 19-41/4 (5.90) and $19-6^{1 / 4}(5.95)$ after so many near misses.

What sent his spirits soaring as high as his body was how much fun he was having on his afternoon romp in Austin. "I was just thinking, 'This competition was nuts,'" says the South Dakota junior, who at this point is completely committed to returning to the Coyotes for his senior season. "I love that I get to come out here and compete against all of my friends. It makes it even better that I'm friends with all the guys. If I had been overseas at a meet in Europe and I had jumped high, it would have been, 'OK, that's kind of cool.' But I get to share this with a bunch of college guys. It might be the best NCAA comp in the world, the best pole vault in the world in a very long time."

Of everyone in Austin for national championship weekend, the 21-year-old Nilsen may have the best appreciation of spending a day with his college buddies because he's such an atypical collegian. He has been married to Kelly Vogel for 2 years, he has a 1-year-old son (Roman), he scrapes together a living by working with his wife as a barista at Café Brulé on Vermillion's Main Street. After taking down track's Boy Wonder, the only piece of smack Nilsen talked was to point out, "I make a pretty good latte." As for everything else, "My boss
has an idea I'm pretty good at track, but I don't know if he knows to what extent."

To quite an extent, actually. In the way these matters often work, Nilsen had been laying siege to that 5.90 setting for quite a while before championship day, and his clearance there easily could have been a near miss, as he did make contact with the bar. Get enough moments like that, though, and sooner or later the bar doesn't fall. That happened at the right time for Nilsen, who with that jump suddenly grabbed the lead over Mondo.
"Surprised," Nilsen admits. "I think some people take for granted how high those bars are: 5.90 is not an easy bar to jump, and neither are $5.95,6.00,6.05$ [19-6¹/4, 19-8 $\left.{ }^{1 / 4}, 19-10^{1 / 4}\right]$. They're ridiculously hard to jump. I knew I was ready to because I've been jumping at it every meet for the past 5-6 meets, taking shots at it. I knew eventually it would stay up, whether luck or a good jump. It turned out it was a little bit of both. It was a good jump, I tapped it, I looked up and it was there. 'Whoa! OK, it stayed!' Surprise, happiness, joy, then motivation because there was no way I could win this at $5.90\left[19-4 \frac{1}{4}\right]$. I had
to go higher if I wanted to win."
So he nailed $5.95\left(19-6^{1 / 4}\right)$ on his first attempt to close out his title before taking three shots at a Collegiate Record 6.01 (19-81/2). The key to his day, Nilsen felt, was narrowing his attention to himself, the runway and the bar rather than the enormity of taking on Duplantis. "Coming in I wasn't, 'I have to beat Mondo.' I was more focused on, I wanted to jump high, I wanted to jump 5.90 or higher and I completed my goal," Nilsen says. "I didn't think about it as coming in and wanting to beat Mondo. Competing against him is just fun."

He hopes to have more fun competing against Duplantis, who represents Sweden internationally, in Doha later this summer, though first there is the always-competitive USATF meet to contend with. Between now and then, Nilsen will get back to his busy routine that juggles so many roles, explaining, "It's all about priorities. When I started, it was pole vault and school. Then Roman was born and in 5 seconds all your priorities change. Then it was Kelly and Roman, then school, then pole vault. Balancing all those things one at a time, that's the key. I'm 21, I'm still learning to be a dad."

In his post-competition interviews, Nilsen was asked what he was going to do with his latest national championship trophy. "I'll drop it off with my parents," he said. "It'll give us a little more room for things like books for the kiddo, toys." Such is the life of the man who on this spectacular day, against all expectations, was again the best college vaulter in America.

## Nilsen Is Now The No. 3 Collegian Ever

Coming into the NCAA, Chris Nilsen had a PR of 19-23/4 (5.86) and a share of No. 5 on the all-time collegiate list. He raised that to 19-41/4 (5.90) for a share of No. 4 in Austin, then climbed to No. 3 with his winning leap of 19-6 $1 / 4$ (5.95). The all-time collegiate list, which doesn't include any summer marks made after the NCAA:

| Mark |  | Athlete | Date |
| :---: | :---: | :--- | :---: |
| 1. | $6.00 \mid 19-81 / 4$ | Mondo Duplantis (LSU) | $5 / 11 / 19$ |
| 2. | $5.98 \mid 19-71 / 2$ | Lawrence Johnson (Tennessee) | $5 / 25 / 96$ |
| 3. | $5.95 \mid 19-61 / 4$ | Chris Nilsen (South Dakota) | $6 / 05 / 19$ |
| 4. | $5.91 \mid 19-43 / 4 i$ | Shawn Barber' (Akron) | $3 / 13 / 15$ |
| 5. | $5.90 \mid 19-41 / 4$ | Jacob Davis (Texas) | $4 / 04 / 98$ |
| 6. | $5.86 \mid 19-23 / 4$ | Bill Payne (Baylor) | $5 / 19 / 91$ |
| 7. | $5.85 \mid 19-21 / 4$ | Joe Dial (Oklahoma State) | $5 / 19 / 85$ |
| 8. | $5.83 \mid 19-11 / 2 i$ | Matt Ludwig (Akron) | $1 / 25 / 19$ |
| 9. | $5.82 \mid 19-1 \mathrm{i}$ | István Bagyula' (George Mason) | $2 / 07 / 92$ |
| 10. | $5.81 \mid 19-3 / 4$ | Sam Kendricks (Mississippi) | $3 / 29 / 13$ |



None too happy about being relegated to 4th, the favored Harrison gathered himself, then sprinted down the runway, launching himself into the air and landing a lifetime best 26-11 (8.20) from the board.

Jefferson, who had entered the meet with a best (indoors) of just $26-1 \frac{1}{2}(7.96)$, sailed to $26-7^{1 / 4}$ (8.11) in round 3 . Two other jumpers produced significant PRs in that round: Justin Hall of Texas went 26-5 (8.05) and Oklahoma State's Jacob Fincham-Dukes hit 26-3 (8.00), which would end up garnering them 4th and 5th.

The shocker of the preliminary jumps was that in three fair attempts, Florida's highly rated Grant Holloway-who started jumping about an hour after hishurdle heat-could only reach a best of 25-4 (7.72), a mark that left the '17 runner-up $2^{1 / 4}$ inches ( 6 cm ) and three places from making the final. LSU took a big hit in the team-title chase when Rayvon Grey, projected for 2nd, could reach only $24-2^{1 / 2}$ (7.38) and ended up 21st.

With Jefferson-clearly having the day of his life-positioned just an inch behind, Harrison worked hard to try to extend his lead. A round 4 leap of $26-2^{3 / 4}(7.99)$ didn't cut it. Round 5 didn't
either at $25-91 / 4$ (7.85). Randrianasoloimproved his best with a windy $26-73 / 4$ (8.12) in round 5 but that merely strengthened the Frenchman's hold on 3rd.

On his final attempt, knowing that he had the win, Harrison went for broke but ended up with a foul. No matter: he had the victory, the sixth-ever by an LSU long jumper (the first, trivia fans, was Billy Brown in '41). In all, the top 6 all scored lifetime bests, taking advantage of prime heat and humidity and ajust-about-right tailwind.

Said Harrison, 20, "I definitely thought I was going to have to go better with the way the competition was going, but then it started slowing down... I guess it worked out in my favor. "I'm proud of the achievement. It was a goal of mine coming into the season. I'm just happy. I feel really good about it." Now Harrison is primed to enter Friday's high jump competition-where the formchart has him at No. 3-with 10 points already under his belt. /Jeff Hollobaugh/

## TJ: Coming Through In The Clutch

FOR TCU's Chengetayi Mapaya, ending up last in the order for the final three jumps turned out to be fortuitous, as he was able to pull out all


Chengetayi Mapaya came through with a PR to win on the competition's last attempt.
the stops for a round 6 leap of $56-2^{1 ⁄ 2}(17.13)$ that brought him the victory over favored Jordan Scott of Virginia.

The evening hadn't started so well for Mapaya, who placed 5th last year and was 3 rd in this year's Indoor. In round 1 , he went $54-2^{1 ⁄ 2}$ w (16.52), a mark that put him into 2nd. However, the nextstanza is when the jumping heated up, with 10 of the competitors reaching their best marks of the day. Three of them passed Mapaya, who found himself
in 5 th as round 3 began. Leading was O'Brien Wasome of Texas, who had gone 54-10w (16.71), a mark he would not better. Mapaya bounded a PR 55-214 (16.82) to take over the lead. Scott, meanwhile, struggled to find his steps, barely making it into the final rounds with his $53-10^{1 / 2}$ (16.42) that positioned him in 8th.

In round 4, both Scott and Mapaya fouled, but Florida State senior Armani Wallace moved up from 6th to take the lead with his PR 55-9 (16.99). In round 5, firstScott responded with a 55-1 (16.79) to take over 3rd, then Mapaya strengthened his hold on 2nd with another PR, 55-7 (16.94). Scott made his best effort in the final round, reaching $55-93 / 4$ (17.01) for a slim lead over Wallace. The Seminole senior, who had fouled his fifth attempt, finished off with another foul. Then Southern Mississippi's John Warren hit $55-3 / 4$ (16.78) for 4th with his second outdoor PR of the day.

Meanwhile, Mapaya waited. The 20-year-old Zimbabwean would be the final performer of the day. He knew exactly what he would have to do to win. "I had the advantage in that I was the last jumper, so I actually knew what I had to jump," he said. He put together a clutch effort, hitting the sand at $56-2^{1 / 2}(17.13)$ to capture TCU's first-ever title in the event. "It was amazing," he said. I've always wanted to jump 17 m and 56 ft . I believed and I did it." As an added bonus, the leap made WC standard and gave Mapaya a berth on his nation's team for Doha.

He revealed later that his grandfather had died 3 days previously: "I just wanted to win it for him. I think it gave me some power. Every time I jumped, I wanted to do it for him." /Jeff Hollobaugh/

## SP: A Lifetime Best At The Best Time

ONE OF THE BEST techniques for winning a big meet is to put up a PR when all those around you are not. And that's just what Tripp Piperi did, although truth be told, he could have had only the fourth-best meet of his life and still won. The Texas soph fouled on 4 of his 6 attempts but at his best hit 69-31/4 (21.11) to win by more than a foot over defending champ Denzel Comenentia of Georgia ( $68-1 \frac{1}{3} / 20.77$ ).

Piperi, the No. 2 choice on the formchart coming in, fouled his first put, so Jordan Geist of Arizona led after the initial round at 66-31/4 (20.20), followed by Comenentia (65-6/19.96) and favored Payton Otterdahl of North Dakota State ( $65-3^{1 / 4} / 19.89$ ). Otterdahl had raised the indoor CR to 71-63/4 (21.81) but hadn't had a 70 -footer since April 20. He wouldn't improve here and ended up 4th.

Piperi banged out his biggie in round 2, and while the rest of his series was a less-than-write-home-about $67-3^{11 / 4}$ (20.50), foul, foul, foul, he was still able to win by more than a foot. Comenentia threw progressively farther in rounds 2-3-4 (66$53 / 4 / 20.26,67-2^{1 / 4} / 20.48,68-1^{3} / 4 / 20.77$ ) but despite improving by half a foot over last year couldn't successfully defend. Geist improved to $66-73 / 4$ (20.31) in round 3 but didn't change places. Nor did Otterdahl, who ended up 4th.

Said the homestanding Piperi, "I don't think people are used to thisheat and humidity, so that's always a plus, and I've got a lot of my family and friends here to support me. I wouldn't say those


Throwing at home, Tripp Piperi joined the 69 -foot club with his $69-31 / 4$ winner.
are the biggest factors, but it was nice having them here and being able to show out for the fans and being at home, it's great. A lot of [the key to success] is just being in the right mindset. I listen to a lot of music and I get really fired up, which is one way to put it. Coming into big meets like this, I've just got to trust my form. I've been doing it all year, I've been practicing non-stop, just working at it, and this is not the meet to really think about it, it's just 'go.'
"Winning was great. I can't really explain that much, I was just ecstatic. I've been thinking about that for weeks-just being able to look up to the stands and be like, 'I did it here at home. I did it for y'all.' That type of feeling is unbeatable, especially now." /E. Garry Hill/

## DT: Kicinski Does His Part

"IWASREALLY ANXIOUS in that hotel room, ready to get going," said Duke Kicinski, who couldn't wait to do his part to help Texas Tech get the points it would need to capture the team title.

The Red Raider senior's excitement showed on his opener, a 199-3 (60.63) that put him in the lead after the first round. Payton Otterdahl of North Dakota State indicated that he too would be in contention with his 196-10 (60.00) opener. Favored Greg Thompson of Maryland got a rough start with his 177-4 (54.95); he would reach a best of only 188-2 (57.37) and ended up 12th. Kicinski's next effort flew out to 203-3 (61.96), giving him an even bigger cushion, but in the next round that cushion fell to pieces. Kicinski went 190-9 (58.15) and watched as Alabama's Kord Ferguson put himself at the top of the results with a 203-7 (62.07). Then Otterdahl one-upped them both, reaching 205-0 (62.48) to lead going into the final three rounds.

Kicinski knew that he was in the points safely, but he also knew that 10 would do a lot more for the Red Raiders than 6 . On his fourth attempt, he whirled the platter out to 205-2 (62.53) to regain the lead, by a mere 2 inches. Ferguson responded with a 199-5 (60.79) and Otterdahl would hit 203-10 (62.12). After a foul in round 5, Kicinski reached a solid 204-1 (62.22) for his closer. He had to wait to see what his competitors would do. Ferguson fouled his second in a row; he would stay in 3rd. The day's final effort would see Otterdahl hit
included titles at the Big 12 and West Regional

## 200-4 (61.07) to remain in 2 nd .

Said the 23-year-old Kicinski, who won the Div. II title for West Texas A\&M in '16, "I felt really good coming into the day, I felt like I was ready to throw well. I felt confident." He added, "I started off pretty well. I got a few good throws in to get me into the finals. Ireally wasn't throwing well. I thought I could have thrown further but I put a good throw together and it was far enough." /Jeff Hollobaugh/

## HT: First First For Haugh

DANIEL HAUGH took the road less traveled to his-and Kennesaw State's-first NCAA title. In his first season throwing for the Owls, Haugh, a senior transfer from Alabama, won a highly competitive hammer with his fifth-round 244-10 (74.63). Kansas's Gleb Dudarev had come into the meet riding a 4-meet win streak which
meets. Hilmar Örn Jónsson of Virginia rode a 3-meet streak of his own, including the ACC and East Regional crowns. Haugh and defending champion Denzel Comenentia of Georgia had lost to Jónsson at the Regional.

Comenentia, the yearly leader at 252-0 (76.80), showed cracks in his armor with that loss as well as a runner-up finish in the SEC Championships. Nonetheless, he remained favored, and took the lead briefly in an eventful third round with his 239-3 (72.93), in what would prove to be his only fair throw of the meet. Dudarev answered with a 242-5 (73.88) heave to make the massive Dutchman's lead shortlived. Meanwhile, Jónsson put himself into the medal mix to stay with his 240-1 (73.19), good for 2nd at the time.

The fourth round was quiet, but the fireworks exploded in the fifth. With three throwers over 73 m (239-6), the podium positions, as it turned out, were determined, with Thomas Mardal of Florida (239-10/73.10 PR) and Comenentia ending up 4 th and 5 th with the best marks for their positions in meet history.

Haugh took the lead for good with his PR and pushed Dudarev to 2nd, while Jónsson solidified his claim on 3rd with his 240-6(73.31). Both Haugh and Dudarev had their second-farthest throws in the last round as Dudarev kept the pressure on Haugh until the very end, but among the top 9 , there were no position changes in the final stanza.
"The only thought that comes to mind is thankful," said Haugh. "Thankful for the Lord who makes this possible, thankful for my parents, my coaching staff, my friends and family who believe in me and push me day in and day out. None of this would be possible without the community that I am surrounded with on a daily basis." He concluded, "It was just my training. "You know in these types of conditions and this environment you always fall back to the level of your training. I think that showed today." /Mark Cullen/


Fifth last year, Daniel Haugh became Kennesaw State's first champion ever.


Leading after 9 events, Johannes Erm left no doubt about the win by crossing the line first in the 1500.

## JT: 1-2-3 For Mississippi State

TAKE A BOW, April Thomas: your javelin dynasty is complete. With 5 straight years of putting men on the podium, including the ' 16 winner and a 1-2 last year, the Mississippi State assistant now has a medal sweep on her coaching résumé-only the second in meethistory (Oregon did it in '64).

Defending champion Anderson Peters led the way and the Bulldog soph's dominance was unchallenged, as he was the only thrower to score a PR on the day. The favorite's opening 277-11 (84.70) would have won it-indeed, as a meet record it would have won all previous editions of the meet-but he wasn't done, spearing a Grenadan Record 284-2 (86.62) in the third found and for good measure a 283-9 (86.48) in the fourth. "It feels good being part of a team that was able to go $1-2-3$, " he said, "and it feels good being able to throw 86 m again" - a feat he accomplished here earlier this season at the Texas Relays. "This is a special stadium for javelin throwing. I think most javelin throwers look forward to competing here."

Behind him, history was happening as teammates Curtis Thompson and Tyriq Horsford were next in the queue. Thompson's first-round 257-3 (78.43) would hold up for a set-filling silver to go with his ' 15 bronze and ' 16 gold. In the third round, frosh Horsford slipped into bronze with 248-0 (75.59). He wouldn't come close to that for the nail-biting final three rounds, but when Sindri Gudmunsson's final throw fell more than6ft short, the sweep was sealed. "It was quite nerve-wracking," Horsford said about the 3-round wait. "It was just being able to stay focused and do what I do."

It was the second championship sweep of the season for the Bulldogs, a repeat of their SEC results. "To be able to do it again on a national level is really special," Thompson said. "You can't take things like this for granted. I'm just proud of these two, training with them. It was my last collegiate meet, so it was good to go out on a high note."
"It was a good day," Thomas said. "I'm very happy, I'm proud of those guys. This is the moment
we live for. That's why they train hard all year is to get to this moment." /Lee Nichols/

## Dec: A Big PR For Johannes Erm

WHEN THE DECATHLON 100 was held in a downpour, it seemed an ominous beginning to these championships. But while there were multiple weather delays over the next several days, these were the only races held in a rainstorm. Given those conditions, the USC frosh Ayden Owens' 10.55 seemed excellent, as it was not far from his big 10.43 PR, set at Azusa in April when he upset Harrison Williams and scored a list-leading 8130. Alas, it would be the highlight of a short-lived NCAA outdoor debut for him.

Meantime, Georgia soph Johannes Erm (10.88) and favored Stanford senior Williams (10.85), got off to solid starts. Williams had entered the meet with the No. 2 seasonal mark, a PR 8112 in losing to Owens, while Erm had scored 7913 in early April in his lone multi of the spring. Erm's PR 8046 came in finishing 3rd at the ' 18 NCAA as a frosh. Williams won the Indoor heptathlon
this year, scored twice outdoors but never won. A fifth-year senior, this was his last chance.

Erm, an excellent jumper, immediately applied pressure with a big 25-4 (7.72) in the LJ, 15 inches up on Williams, to assume the points lead, while Owens fell back with a subpar 23-31/4 (7.09). Erm followed that with a PR in the shot (48$\left.2^{1 / 2} / 14.69\right)$, increasing his advantage to 145 . In the highjump, Erm mysteriously stopped after clearing 6-43/4 (1.95), while Owens, a so-so performer in the event, opened at an aggressive 6-114 (1.86) and no-heighted. He nonetheless continued all the way through the vault before withdrawing.

Erm PRed again in the 400 at 47.40 , ending the day at 4345 and a 79 -point lead. "I'm good on the first day, so I've got to lean on the first day," he said. "I might have a big lead over someone who's really good on the second day, and they might beat me."

Not this day. Williams's chances effectively ended in the DT when he fouled twice, followed by a conservative 128-11 (3930). Erm, meanwhile, kept pouring it on, including a PR 184-7 (56.27) jav for an 8352 total, surpassing the Olympic standard and scoring a 206 -point PR. "I'm proud of winning and getting the Olympic standard," Erm said, "but I think there's a lot more to come, so I can't just lay back and enjoy that."

Williams finished at 8010, just his fourth 8000-plus score. "I'm a little disappointed," he said. "I wanted to come out with a win. The main thing I've learned isjust to stay consistent and put together a mark in every event, which is what I did, and I was fortunate to come out in 2nd place."

Erm, 21, said that one of his ambitions in college is to get the Collegiate Record of 8539 by A\&M's Lindon Victor. "I have two more years," he said. His total put him No. 6 all-time college and perhaps more impressively, No. 7 all-time Estonia. He missed Maicel Uibo's school record-and the collegiate Estonian record-by a mere 4 points.

Gabe Moore of Arkansas won a spirited battle for 3 rd with 7780, 42 points up on the PR of Michigan's Jack Lint. Axel Hubert of Texas Tech inexplicably withdrew after seven events, while T.J. Lawson of Kent State, 3rd after the first day at 4216 , fell in the highs and was carted off with a broken collarbone. /Jack Pfeifer/

## DECATHLON LEADERS BY EVENT

100: 1. Owens 963; 2. Rogers 908; 3. Lawson 899; 4. Williams 894; 5. Erm 888; 6. Vollmer 878; 7. tie, Moore, Hite, Johnson \& Nelson 863
Long Jump: 1. Erm 1878; 2. Lawson 1812; 3. Owens 1798; 4. Williams 1785; 5. Haasbroek 1751; 6. Rogers 1746; 7. Booth 1700; 8. Martin 1686; 9. Moore 1679; 10. Lint 1678
Shot: 1. Erm 2649; 2. Lawson 2596; 3. Williams 2504; 4. Owens 2495; 5. Moore 2452; 6. Vollmer 2427; 7. Hubert 2417; 8. Johnson 2407; 9. Lint 2386; 10. Haasbroek 2381

High Jump: 1. Erm 3407; 2. Lawson 3381; 3. Williams 3317; 4. Rogers 3189; 5. Moore 3183; 6. Nytes 3168; 7. Hubert 3148; 8. Haasbroek 3139; 9. Johnson 3138; 10. Booth 3125
400: 1. Erm 4345; 2. Williams 4266; 3. Lawson 4216; 4. Rogers 4071; 5. Moore 4023; 6. Haasbroek 3998; 7. Lint 3997; 8. Nytes 3990; 9. Vollmer 3964; 10. Booth 3952
110 Hurdles: 1. Erm 5279; 2. Williams 5171; 3. Rogers 4981; 4. Lint 4909; 5. Haasbroek 4871; 6. Moore 4870; 7. Nytes 4838; 8. Hubert 4834; 9. Vollmer 4822; 10. Johnson 4807
Discus: 1. Erm 6034; 2. Williams 5821; 3. Moore 5662; 4. Lint 5575; 5. Rogers 5546; 6. Haasbroek 5492; 7. Vollmer 5467; 8. Nytes 5466; 9. Johnson 5465; 10. Booth 5459
Pole Vault: 1. Erm 6947; 2. Williams 6765; 3. Lint 6397; 4. Moore 6396; 5. Rogers 6368; 6. Booth 6281; 7. Vollmer 6230; 8. Nytes 6229; 9. Johnson 6199; 10. Hite 6103

Javelin: 1. Erm 7629; 2. Williams 7323; 3. Moore 7127; 4. Lint 7027; 5. Vollmer 7003; 6. Booth 6969; 7. Rogers 6953; 8. Nytes 6887; 9. Card-Childers 6774; 10. Matthews 6756

## - Sprints -

100 METERS (wind +0.8 )

1. *Divine Oduduru' (TxT) 9.86 PR (CL, =WL) (=16, x W; 2, 2 C, NCAA); 2. Cravon Gillespie (Or) 9.93 PR ( $=6,=6 \mathrm{C} ;=3,=3 \mathrm{AmC} ;=6$, $=6 \mathrm{NCAA}$ ); 3. **Hakim Sani Brown' (FI-Jpn) 9.97 NR (=12, =12 NCAA); 4. *Waseem Williams' (Pur) 10.04 PR; 5. ***Bryand Rincher (FISt) 10.06 PR (10.054); 6. Mario Burke' (Hous) 10.06 (10.060); 7. Devin Quinn (II) 10.12; 8. *Joseph Amoah' (Copp) 10.22. (best-ever mark-for-NCAA-place: 2-8)

200 METERS (wind +0.8 )

1. *Divine Oduduru' (TxT-Ngr) 19.73 NR (CL) (2, 2 C ) (MR) (10.2/9.5); 2. Cravon Gillespie (Or) 19.93 PR ( $=8$, =9 C; =7, =7 AmC) (10.3/9.6) 3. **Hakim Sani Brown' (FI) 20.08 PR (10.3/9.8); 4. Mario Burke' (Hous) 20.11 (10.4/9.7); 5. ${ }^{* *}$ Micaiah Harris (Tx) 20.13 (10.4/9.7); 6. *Joseph Amoah' (Copp) 20.19 (10.4/9.8); 7. Andrew Hudson (TxT) 20.25 (10.5/9.8); 8. Mustaqeem Williams ( Tn ) 20.56 (10.4/10.2). (best-ever mark-for-NCAAplace: 1-8)

## 400 METERS

1. Kahmari Montgomery (Hous) 44.23 PR (CL) (7, 10 C ; 5, 8 AmC; 7, 7 NCAA) (21.7, 10.8 [32.5], 11.7) (21.7/22.5); 2. *Trevor Stewart (NCAT) 44.25 PR (8, 11 C; 6, 9 AmC; 8, 8 NCAA) (21.4, 10.8 [32.2], 12.0) (21.4/22.9); 3. Wil London (Bay) 44.63 (21.8, 10.9 [32.7], 11.9) (21.8/22.8); 4. ***Jonathan Jones' (Tx) 44.64 PR (21.6, 10.8 [32.4], 12.2) (21.6/23.0); 5. Alejandro Zapata' (Lib) 45.02 (21.6, 11.2 [32.8], 12.2) (21.6/23.4); 6. *Bryce Deadmon (TxAM) 45.18 PR (21.6, 11.3 [32.9], 12.3) (21.6/23.6); 7. **Chantz Sawyers' (FI) 45.24 PR (21.6, 11.2 [32.8], 12.4) $(21.6 / 23.6)$; ... dq[lane]-[8]Obi Igbokwe (Hous) [46.05] (21.9, 11.1 [33.0], 13.1) (21.9/24.2). (best-ever mark-for-NCAA-place: 4-5, 7)

## - Mid Distances -

800 METERS

1. *Bryce Hoppel (Ks) 1:44.41 PR (CL) (5, 5 C; 3, 3 AmC; 2, 2 NCAA) (50.20/54.21); 2. *Devin Dixon (TxAM) 1:44.84 (9, 9 NCAA) (50.00/54.84); 3. *Festus Lagat' (laSt) 1:45.05 PR (50.96/54.09); 4. *Carlton Orange (TxAM) 1:46.40 PR (50.28/56.12); 5. *Cooper Williams (In) 1:46.45 (50.74/55.71); 6. *Michael Rhoads (AF) 1:46.58 PR (51.01/55.57); 7. Jonah Koech' (TxT) 1:47.28 (50.43/56.85); 8. Vincent Crisp (TxT) 1:47.48 (50.83/56.65). (best-ever mark-for-NCAA-place: 3)

## 1500 METERS

1. **Yared Nuguse (NDm) 3:41.39 (3:41.381) (pace-58.1, 63.3 [2:01.4], 60.2 [3:01.6], 39.8) (finish-26.9, 54.22, 1:55.65, 2:58.41); 2. Justine Kiprotich (MiSt) 3:41.39 PR (3:41.384) (26.7, 54.06, 1:55.46, 2:57.93); 3. Cameron Griffith' (Ar) 3:42.14 (26.4, 54.42, 1:55.27, 2:58.22); 4. *Oliver Hoare' (Wi) $3: 42.29$ (58.1, 63.4 [2:01.5], 60.0 [3:01.5], 40.8) (27.5, 55.08, 1:56.44, 2:59.37); 5. William Paulson' (AzSt) 3:42.32 (27.4, 55.02, 1:56.35, 2:59.22); 6. *Kasey Knevelbaard (SnUt) 3:42.43 (27.1, 54.56, 1:55.66, 2:58.41); 7. *Jack Anstey' (IISt) 3:42.73; 8. *Casey Comber (Vill) 3:42.77; 9. **Sam Worley (Tx) 3:42.81; 10. *Mick Stanovsek' (Wa) 3:45.64; 11. *Talem Franco (BYU) 3:46.20; 12. **Eduardo Herrera (Co) 3:46.27.

## - Distances -

## STEEPLE

1. Steven Fahy (Stan) $8: 38.46$ ( $66.94,2: 16.25,3: 31.93$, 4:47.36); 2. **Ryan Smeeton' (OkSt) 8:39.10 (66.88, 2:17.51, 3:33.05, 4:48.46); 3. *Kigen Chemadi' (MTn) 8:40.22 (68.40, 2:17.60, 3:33.72, 4:49.20); 4. Obsa Ali (Mn) 8:40.36 (68.25, 2:18.70, 3:34.00, 4:49.43); 5. Bailey Roth (Az) 8:40.92 (68.60, 2:18.94, 3:34.93, 4:50.34); 6 Alex Rogers (Tx) 8:43.29; 7. Daniel Michalski (In) 8:43.48; 8. **Matt Owens (BYU) 8:45.40; 9. *Nathan Mylenek (la) 8:49.40; 10. *Clayson Shumway (BYU) 8:53.45; 11. ${ }^{* * *}$ Kenneth Rooks (BYU) 9:00.53; 12. *Jacob Heslington (BYU) 9:02.03

## 5000 METERS

1. Morgan McDonald' (Wi) 14:06.01 [1:47.81, 2:57.01, 69.22 4:06.23, [5:16.06], [6:27.28], [7:38.11], [8:45.89], [9:53.37], [11:01.70], [12:09.79], [13:13.10]
(finish-52.91, 1:56.22, 3:04.31, 4:12.64); 2. Grant Fishe (Stan) 14:06.63 (53.61, 1:56.74, 3:04.78, 4:12.98); 3. ${ }^{* *}$ Thomas Ratcliffe (Stan) 14:07.92 (54.25, 1:57.75, 3:05.15, 4:13.47); 4. Gilbert Kigen' (Al) 14:08.12 (54.32, 1:57.63, 3:05.56, 4:13.72); 5. *Edwin Kurgat' (laSt) 14:08.26 (54.97, 1:58.18, 3:06.21, 4:14.47); 6. Clayton Young (BYU) 14:09.00 (55.80, 1:58.86, 3:06.58, 4:14.21); 7. **Conner Mantz (BYU) 14:09.20; 8. *Kyle Mau (In) 14:09.62; 9. *Robert Brandt (UCLA) 14:10.19; 10. *Geordie Beamish' (NnAz) 14:13.18; 11. ***Ian Shanklin (NCSt) 14:13.57; 12. *Peter Seufer (VaT) 14:13.91; 13. **Morgan Beadlescomb (MiSt) 14:17.59; 14 . *John Dressel (Co) 14:18.03; 15. **Luis Grijalva' (NnAz) 14:20.86; 16. *Kigen Chemadi' (MTn) 14:22.92; 17. Aaron Templeton (Furm) 14:24.41; 18. ***Brodey Hasty (NnAz) 14:25.54; 19. Azaria Kirwa' (Lib) 14:27.38; 20. Brian Zabilsk (Col) 14:29.13; 21. Zach Long (Tn) 14:52.83; 22. **Cooper Teare (Or) 15:04.51; 23. *Luke Landis (OhSt) 15:16.00; dnc-*Noah Perkins (NFI).

## 10,000 METERS

1. Clayton Young (BYU) 29:16.60; 2. Gilbert Kigen' (AI) 29:18.10 (57.20, 2:00.68, 3:09.67, 4:19.88); 3. Connor McMillan (BYU) 29:19.85 (58.85, 2:02.41, 3:11.79, 4:22.07); 4. **Conner Mantz (BYU) 29:19.93 (58.62, 2:02.27, 3:11.65, 4:21.18); 5. Hassan Abdi' (OkSt) 29:20.73 (59.56, 2:03.44, 3:12.58, 4:22.75); 6. *Tyler Day (NnAz) 29:25.35 (63.98, 2:07.72, 3:16.73, 4:26.90); 7. *Robert Brandt (UCLA) 29:26.34; 8. Azaria Kirwa' (Lib) 29:30.88; 9. *Gilbert Boit' (Ar) 29:32.03 (66.56); 10. *John Dressel (Co) 29:32.38; 11. Paul Hogan (MaL) 29:42.60; 12. Ryan Forsyth' (Co) 29:47.90; 13. **Nadeel Wildschutt' (CCar) 29:54.12; 14. Brent Demarest (Va) 29:54.20; 15. Rory Linkletter' (BYU) 29:55.21; 16. *Sean Burke (BC) 30:01.13; 17. Frank Lara (Furm) 30:09.94 18. **Ben Veatch (In) 30:14.93; 19. **Adriaan Wildschutt' (CCar) 30:52.04; 20. *lliass Aouani' (Syr) 30:54.96; 21. *Dallin Farnsworth (BYU) 30:58.64; 22. Aaron Templeton (Furm) 31:00.58; 23. **Connor Weaver (BYU) 31:11.05; 24. Lawrence Kipkoech' (Campb) 31:20.16.

## - Hurdles -

110 HURDLES (wind +0.8

1. *Grant Holloway (FI) 12.98 CR (old CR 13.00 Renaldo Nehemiah [Md] '79) (WL, AL) ( $=18, \mathrm{x} \mathbf{W} ;=9, \mathrm{x} \mathrm{A})(\mathrm{MR})$; 2. *Daniel Roberts (Ky) 13.00 PR (13, x A; =2, =2 C; 2, 2 NCAA); 3. Isaiah Moore (SC) 13.37 PR; 4. Dashaun Jackson (StF) 13.38; 5. *Caleb Parker (SnMs) 13.55; 6. Michael Dickson (NCAT) 13.71; 7. Amere Lattin (Hous) 13.77; dq[around hurdle] -***Eric Edwards (Or) [13.90]. (best-ever mark-for-NCAA-place: 1-4)
SEMIS: I(0.9)-1. Roberts 13.06 PR (WL, AL, CL) (2, 2 C; 1, 1 NCAA) (MR); Il(1.8)-1. Holloway 13.16 ( $x,=9 \mathrm{C} ;=2,=2$ NCAA); II(2.0)-1. 3. Edwards 13.49 PR ( $=3$, x AJ).

## 400 HURDLES

1. *Quincy Hall (SC) 48.48 PR (CL); 2. **Norman Grimes (TxT) 48.71 PR; 3. Amere Lattin (Hous) 48.72 PR; 4. Taylor McLaughlin (Mi) 48.85 PR; 5. ***James Smith (Az) 49.72; 6. **Cameron Samuel (USC) 49.83; 7. Martice Moore (Louis) 50.14; ...dq[trail leg] - [4]Robert Grant (TxAM) [48.82 "PR"].

## - Relays -

## 4X100 RELAY

1. Florida 37.97 CR (old CR 38.17 Houston '18) (Raymond Ekevwo', Hakim Sani Brown', Grant Holloway, Ryan Clark); 2. Florida State 38.08 (2 C, NCAA; \#2 school) (Bryand Rincher, Jhevaughn Matherson', Michael Timpson, Andre Ewers'); 3. Texas Tech 38.45 (=\#8 school) (Keion Sutton, Divine Oduduru', Andrew Hudson, Jacolby Shelton); 4. Arkansas 38.58 (Josh Oglesby, Kristoffer Hari', Tre'Bien Gilbert, Roy Ejiakuekwu'); 5. North Carolina A\&T 38.59 (Malcolm Croom-McFadden, Akeem Sirleaf', Michael Dickson, Rodney Rowe); 6. Oregon 38.76 (Spenser Schmidt, Cravon Gillespie, Julius Shellmire, Oraine Palmer'); 7 Purdue 38.92 (Tamar Greene', Samson Colebrooke', Justin Becker, Waseem Williams'); ... dnf-LSU (Kary Vincent, Akanni Hislop', Correion Mosby, Dorian Camel). (best-ever mark-for-NCAA place: 1-3, 5, 7)
SEMIS: I-1. Florida 38.35 (CL) ( $=10 \mathrm{C}$; $=6 \mathrm{NCAA}$ ); II-1. Florida State 38.43 (\#7 school); III-1. LSU 38.37 (7 NCAA).

## 4X400 RELAY

1. Texas A\&M 2:59.05 AmCR (old AmCR 2:59.59 LSU '05) (WL, AL, CL) (2 C, NCAA; \#2 school (Bryce Deadmon
45.3, Robert Grant 44.4, DeWitt Thomas 45.24, Devin Dixon 44.11); 2. Florida 2:59.60 (=4 C, NCAA; \#4 school, NCAA school) (Benjamin Lobo Vedel' 46.2, Chantz Sawyers' 44.4, Denzel Villaman' 45.26, Grant Holloway 43.74 [NCAA split \#9]); 3. Houston 3:00.07 (\#9 school, NCAA school); (Amere Lattin 45.7, Kahmari Montgomery 44.7, Jermaine Holt 45.26, Obi Igbokwe 44.40); 4. Iowa 3:00.14 (\#10 school, NCAA school) (Wayne Lawrence 45.5, Antonio Woodard 45.7, Karayme Bartley' 44.22, Mar'yea Harris 44.75); 5. North Carolina A\&T 3:01.50 (Akeem Lindo 46.4, Akeem Sirleaf' 44.8, Trevor Stewart 44.13, Kemarni Mighty 45.22); 6. Baylor 3:03.32 (Matthew Moorer 46.4, Chris Platt 45.3, Caleb Dickson 47.21, Wil London 44.43); 7. Arkansas 3:03.40 (John Winn 47.0, Hunter Woodhall 45.0, Jalen Brown 45.35, Rhayko Schwartz 46.08); 8. South Carolina 3:03.97 (Arinze Chance' 46.3, Ty Jaye Robbins 45.9, Quincy Hall 44.80, Otis Jones 46.97). (best-ever mark-for-NCAA place: 2-5, 8)

## - Jumps Results -

## HIGH JUMP

1. **JuVaughn Harrison (LSU) 7-51/4 (2.27); 2. **Tejaswin Shankar' (KsSt) 7-5¼; 3. *Shelby McEwen (Al) 7-4¼ (2.24); 4. Keenon Laine (Ga) 7-41/4; 5. *Eric Richards (SnMs) $7-4 \frac{1}{4}$; 6. ${ }^{* * *}$ Sean Lee (UCLA) 7-3 (2.21); =7. ${ }^{*}$ Darius Carbin (Ga) 7-3; =7. **Frank Harris (SnUt) 7-3; =9. *Cody Stine (OhSt) 7-13/4 (2.18); =9. Jhonny Victor (FI) 7-13/4; =9. ***Roberto Vilches' (Mo) 7-13/4; =12. ***Mayson Conner (Nb) 7-13/4; =12. **Earnie Sears (USC) 7-133; = 12 . *Justice Summerset (Az) 7-13/4; 15. **Rahman Minor (Ky) 7-13/4; 16. *Brenton Foster' (Va) 7-134; =17. *Zack Anderson (SD) $7-1 / 2(2.15) ;=17$. Jyles Etienne' (In) $7-1 / 2 ;$ 19. **Mitch Jacobson (WaSt) 7-1/2; =20. **Jake Benninghoff (TxT) $6-103 / 4$ (2.10); $=20$. **Jay Hunt (la) 6-103/4; =20. Curtis Richardson (Akr) 6-1034; 23. Peyton Fredrickson (WaSt) 6-103/4; 24. Jacob Patten (MTn) 6-103/4.

## POLE VAULT

1. *Chris Nilsen (SD) 19-61/4 (5.95) PR (AL, AmCL) (9, x A; 3, 3 C; 2, 2 AmC; 1, 1 NCAA) (MR) (also 19$41 / 4 \mathrm{MR}$ [AmCL, out AL] $[=4,=7 \mathrm{C} ;=2,=2 \mathrm{AmC}]) ; 2$. ***Mondo Duplantis' (LSU) 19-1/4 (5.80) ( $=3$, =5 NCAA); 3. **Clayton Fritsch (SHous) 18-10 $1 / 4$ (5.75) PR (5, 9 NCAA); 4. ***KC Lightfoot (Bay) 18-81/4 (5.70) (=6, x NCAA); 5. Michael Carr (ArSt) 18-8 $1 / 4$ PR ( $=6$, $x$ NCAA); 6. ***Zach Bradford (Ks) 18-81/4 ( $=6$, x NCAA); 7. *Brandon Bray (TxT) 18-8 $1 / 4$ PR ( $=6$, x NCAA); 8. Drew McMichael (TxT) 18-41/2 (5.60) PR; 9. ***Sondre Guttormsen' (UCLA) 18-41⁄2; 10. *Adam Coulon (In) 18-1/2 (5.50); =11. ***Branson Ellis (SFA) $18-1 / 2 ;=11$. Deakin Volz (VaT) 18-1⁄2; =13. *Sean Clarke (Penn) 17-61⁄2 (5.35); $=13$. Matt Ludwig (Akr) 17-612; $=15$. *Christian Champen (Kent) 17-6½ PR; =15. *Chase Smith (Wa) 17-612; =15. Jacob Wooten (TxAM) 17-612; 18. **Cole Courtois (LaT) 17-6 122 ; =19. **Erick Duffy (Harv) 17-3/4 (5.20); =19. Carl Johansson (TxAM) 17-3/4; =21. **Brock Mammoser (In) $17-3 / 4 ;=21$. **Matthew Peare (Ky) 17-3/4; ... nh-*Matthew Keim (Akr), Sean Collins (SAI). (best-ever mark-for-NCAA-place: 1-11)

LONG JUMP (winds varied from +0.1 to +3.7 ) 1. **JuVaughn Harrison (LSU) 26-11 (8.20) PR (CL; lo-alt AL) $(25-103 / 4,26-11$, f, $26-23 / 4,25-91 / 4$, f) $(7.89,8.20, f$, 7.99, 7.85, f); 2. Trumaine Jefferson (Hous) 26-10 (8.18) PR ( $25-1 / 2,26-10$ [CL; lo-alt AL), 26-7 $1 / 4,26-0$, f, 25-4 $1 / 2$ ) (7.63, 8.18, 8.11, 7.92, f, 7.73); 3. Yann Randrianasolo' (SC) $26-73 / 4 \mathrm{w}$ (8.12) $\left(25-9 \frac{1}{2} \mathrm{w}, 26-61 / 4 / \mathrm{PR}, 22-33 / 4,26-3 / 4 \mathrm{w}\right.$, $26-73 / 4 \mathrm{w}, 25-91 / 4)(7.86 \mathrm{w}, 8.08,6.80,7.94 \mathrm{w}, 8.12 \mathrm{w}, 7.85)$; 4. *Justin Hall (TxT) 26-5 (8.05) PR; 5. Jacob FinchamDukes' (OkSt) 26-3 (8.00) PR; 6. Jamie Brown (AISt) $25-101 / 4$ (7.88) PR; 7. Kemonie Briggs (LBSt) 25-10w (7.87); 8. Jordan Latimer (Akr) 25-81/4w (7.83); 9. Odaine Lewis' (TxT) 25-61/4w (7.78); 10. *Steffin McCarter (Tx) 25-5122 (7.76); 11. Chris McBride (Clem) 25-4½ (7.73); 12. *Grant Holloway (FI) 25-4 (7.72); 13. Charles Brown (TxT) 25-31/4w (7.70); 14. **Carter Shell (ArSt) 25-2w (7.67); 15. Samory Fraga' (Kent) 25-11/4W (7.65); 16. **R'Lazon Brumfield (TnSt) 25-0 (7.62); 17. **Allen Gordon (Ms) 24-113/4 (7.61); 18. ***Kenan Jones (LSU) 24-9 (7.54); 19. *Jullane Walker' (KsSt) 24-5 (7.44); 20. DaJuan Seward (OhSt) $24-2 \frac{1}{2}$ w (7.38); 21. *Rayvon Grey (LSU) 24-2 ${ }^{1 / 2}$ (7.38); ... 3f-*Keshun McGee (EnWa); ... dnc-**Jalen Seals (Bay), Derrick Monroe (AzSt).

TRIPLE JUMP (winds ranged from +0.6 to +3.4 )

1. **Chengetayi Mapaya' (TCU) $56-21 / 2$ (17.13) PR (CL) ( $54-21 \frac{1}{2} w, 53-3 / 4,55-21 / 4$ out PR, f, 55-7 PR, 56-2 $1 / 2$ ) (16.52w, 16.17, 16.82, f, 16.94, 17.13); 2. *Jordan Scott' (Va) $55-93 / 4$ (17.01) $(53-5 w, 53-101 / 2,53-5$, f, $55-1,55-$ 9334) (16.28w, 16.42, 16.28, f, 16.79, 17.01); 3. Armani Wallace (FISt) 55-9 (16.99) PR (f, 52-13/4w, 54-71/2, 55-9, f, f) (f, $15.89 \mathrm{w}, 16.65,16.99, \mathrm{f}, \mathrm{f}) ; 4$. John Warren (SnMs) $55-3 / 4$ (16.78) out PR; 5. *O'Brien Wasome (Tx) 54-10w (16.71); 6. Odaine Lewis' (TxT) 54-91/2 (16.70); 7. Eric Bethea (In) 54-7½ (16.65) PR; 8. *Tuomas Kaukolahti' (Cal) 54-13/4 (16.50) =PR; 9. *Ade' Mason (Ok) 53-9 (16.38); 10. ***Treyvon Ferguson (Ks) 53-1 (16.18) PR; 11. **R'Lazon Brumfield (TnSt) 52-111/2 (16.14); 12. *Jah Strange (Pur) 52-71/4 (16.03) PR; 13. *Clayton Brown' (FI) 52-5½ (15.99); 14. **Papay Glaywulu (Ok) 52-3 $3 / 4$ (15.94); 15. *Christian Miller (LSU) 52-334; 16. Charles Brown (TxT) 52-3/4 (15.87); 17. Devon Willis (Alb) 51-111/4 (15.83); 18. *Keshun Mcgee (EnWa) 51-9 (15.77); 19. ${ }^{* *}$ Tamar Greene' (Pur) 51-33/4 (15.64); 20. Jaden Purnell (OR) 51-3½ (15.63); 21. *Rickey Fantroy (BYU) 50-10 (15.49); 22. ***Georgi Nachev’ (Mo) 50-51/4 (15.37); 23. ${ }^{* * * J a m a r ~ D a v i s ~(N C S t) ~ 50-13 / 4 ~(15.28) ; ~ 24 . ~ * D a n i e l ~}$ Igbokwe' (Col) 49-81/4 (15.14).

## - Throws Results -

## SHOT

1. **Tripp Piperi (Tx) 69-3¼ (21.11) PR (f, 69-3¼, 67-3¼, f, f, f) (f, 21.11, 20.50, f, f, f); 2. Denzel Comenentia' (Ga) 68-13/4 (20.77) (65-6, 66-53/4, 67-21/4, 68-13/4, 67-11/2, 6673/4) (19.96, 20.26, 20.48, 20.77, 20.46, 20.31); 3. **Jordan Geist (Az) 66-73/4 (20.31) (66-31/4, 65-6, 66-73/4, f, 66-1/2, f) $(20.20,19.96,20.31$, f, 20.13, f); 4. Payton Otterdahl (NDSt) 65-31/4 (19.89) (65-31/4, f, f, f, 62-83/4, f) (19.89, f, f, f, 19.12, f); 5. Dotun Ogundeji (UCLA) 64-83/4 (19.73); 6. Matt Katnik (USC) 64-53/4 (19.65); 7. **Nate Esparza (UCLA) 64-53/4 (19.65); 8. *Andrew Liskowitz (Mi) 64-1/2 (19.52); 9. **Joseph Maxwell' (Tn) 63-113/4 (19.50) PR; 10. ***Otito Ogbonnia (UCLA) 63-9½ (19.44); 11. **Connor Bandel (FI) 63-4 (19.30) PR; 12. Oghenakpobo Efekoro' (Va) 62-10½ (19.16); 13. Corey Murphy (Monm) 62-91/2 (19.14); 14. **Burger Lambrechts' (Nb) 62-1/2 (18.91); 15. ***Kristoffer Thomsen' (NDSt) 62-1⁄4 (18.90); 16. **Jonah Wilson (Wa) 61-9 (18.82); 17. Kord Ferguson (AI) 61-81/2 (18.81); 18. *Eric Favors (SC) 60-111/4 (18.57); 19. **Alex Talley (NDSt) 60-8 (18.49); 20. *Isaiah Rogers (VaT) 59113/4 (18.28); 21. ***Santiago Basso (Al) 59-5 (18.11); 22.
**Chance Ehrnsberger (OhSt) 59-0 (17.98); 23. *Darius King (Nnla) 55-51⁄2 (16.90); ... 3f-Noah Castle (Ky).

## DISCUS

1. Duke Kicinski (TxT) 205-2 (62.53) (199-3, 203-3, 190-9, 205-2, f, 204-1) (60.73, 61.96, 58.15, 62.53, f, 62.22); 2. Payton Otterdahl (NDSt) 205-0 (62.48) (196-10, 192-4 205-0, 203-10, 198-7, 200-4) (60.00, 58.63, 62.48, 62.12, 60.53, 61.07); 3. Kord Ferguson (Al) 203-7 (62.07) (191-6, f, 203-7, 199-5, f, f) (58.37, f, 62.07, 60.79, f, f); 4. Dotun Ogundeji (UCLA) 198-0 (60.35); 5. Denzel Comenentia' (Ga) 196-9 (59.97); 6. ***Samuel Welsh (Harv) 195-4 (59.54); 7. ${ }^{* * * E l i j a h ~ M a s o n ~(W a) ~ 191-3 ~(58.29) ; ~ 8 . ~ B r e t t ~ N e e l l y ' ~(K s S t) ~}$ 191-0 (58.23); 9. **Jerimiah Evans (MiSt) 189-9 (57.85); 10. Nathan Dunivan (Web) 189-5 (57.75); 11. Ben Hammer (SD) 189-2 (57.66); 12. Greg Thompson' (Md) 188-2 (57.37); 13. ***Roje Stona' (Clem) 187-11 (57.29); 14. *Michael Renard (Army) 187-11 (57.28); 15. *Charles Lenford (Ky) 186-6 (56.86); 16. Carlos Davis (Nb) 185-4 (56.51); 17. ***Adam Dawson (CoSt) 181-0 (55.16); 18. *夫|ffy Joyner (Cal) 181-0 (55.16); 19. Noah Castle (Ky) 179-2 (54.63); 20. **Jonah Wilson (Wa) 178-10 (54.50); 21. *Grant Voeks (Clem) 178-0 (54.25); 22. ***Adar Sheere' (Mem) 174-10 (53.30); 23. Khalil Davis (Nb) 168-7 (51.39); 24. Kelly Cook (WM) 168-4 (51.30).

## HAMMER

1. Daniel Haugh (KennSt) 244-10 (74.63) (10, x NCAA) (236-11, 238-0, f, 240-8, 244-10, 243-1) (72.23, 72.55, f, 73.36, 74.63, 74.11); 2. *Gleb Dudarev' (Ks) 242-5 (73.88) (219-3, 234-4, 242-5, 229-5, 237-3, 240-3) (66.84, 71.42, 73.88, 69.94, 72.31, 73.24); 3. Hilmar Örn Jónsson' (Va) 240-6 (73.31) (f, 232-6, 240-1, f, 240-6, 234-7) (f, 70.87 73.19, f, 73.31, 71.50); 4. **Thomas Mardal' (FI) 239-10 (73.10) PR; 5. Denzel Comenentia' (Ga) 239-3 (72.93); 6. AJ McFarland (FI) 235-2 (71.68) PR; 7. Morgan Shigo (PennSt) 232-1 (70.75); 8. Joe Ellis' (Mi) 227-3 (69.26); 9. Silviu Bocancea (Cal) 224-9 (68.50); 10. *Kevin Arreaga' (Mia) 224-2 (68.32); 11. Anders Eriksson' (FI) 223-7 (68.14); 12. Brock Eager (WaSt) 222-1 (67.69); 13. **Geórgios Korakídis' ( Tn ) 221-11 (67.65); 14. **Kieran McKeag (Mn) 221-9 (67.60); 15. Justin Stafford (UCLA) 219-11 (67.05); 16. ***Bobby Colantonio (Al) 218-1 (66.47); 17. Vlad Pavlenko' (laSt) 217-9 (66.39); 18. Nathan Bultman (USC) 215-10 (65.80); 19. *Alexios Prodanas' (UMBC) 215-5 (65.66); 20. Erick Loomis (CSN) 215-1 (65.57); 21. Erich Sullins (Ar) 214-9 (65.47); 22. **Alex Talley (NDSt) 214-9 (65.47); 23. *Max Lydum (Or) 201-0 (61.26); 24. *Logan Blomquist (SEMo) 198-4 (60.45). (best-ever mark-for-NCAA-place: 4-5)

## JAVELIN

1. **Anderson Peters' (MsSt-Grn) 284-2 (86.62) NR (CL) (3, 3 C) (MR) (277-11 MR [x, 5 C], f, 284-2, 283-9 [x, 4 C; x, 2 NCAA], f, f) (84.70, f, 86.62, 86.48, f, f); 2. Curtis Thompson (MsSt) 257-3 (78.43) (257-3, 238-8, f, 235-7, f, 236-6) (78.43, 72.75, f, 71.80, f, 72.09); 3. ${ }^{* * *}$ Tyriq Horsford' (MsSt) 248-0 (75.59) (f, 232-10, 248-$0,211-9, p, f)(f, 70.97,75.59,64.54, p, f) ; 4$. *Sindri Gudmundsson' (UtSt) 242-6 (73.92); 5. Aaron True (Wich) 239-10 (73.11); 6. Sam Hardin (TxAM) 239-8 (73.05); 7. ${ }^{* * *}$ Ethan Dabbs (Va) 236-11 (72.23); 8. Denham Patricelli (Wa) 232-10 (70.98); 10. John Nizich (Or) 227-9 (69.43); 11. *William Petersson (TxAM) 227-0 (69.20); 12. *Werner Bouwer' (TxT) 227-0 (69.19); 13. **Mark Porter (PennSt) 224-1 (68.31); 14. Denzel Pratt' (Lib) 221-1 (67.40); 15. Trevor Danielson (Tx) 219-3 (66.84); 16. Skyler Porcaro (SnUt) 218-9 (66.68); 17. ***Marc Minichello (Penn) 218-8 (66.67); 18. *Jackson Van Vuren (Or) 216-6 (66.00); 19. **August Cook (Army) 215-11 (65.82); 20. ***Hayden Fox (Navy) 211-11 (64.60); 21. **Cade Antonucci (Aub) 209-7 (63.89); 22. *Simon Litzell' (UCLA) 208-0 (63.41); 23. Elijah Marta (Ky) 201-5 (61.40); 24. ***Brendan Artley' (NDSt) 195-5 (59.57).

## - Decathlon Results -

## DECATHLON

1. **Johannes Erm' (Ga) 8352 PR (CL) (6, $10 \mathrm{C} ; 4,5$ NCAA) (10.88, 25-4/7.72, 48-2 $1 / 2 / 14.69$ PR, 6-43/4/1.95, 47.40 PR [4345-1], 14.32, 145-9/44.42, 16-51/4/5.01, 184-7/56.27 PR, 4:33.38 [4007]); 2. Harrison Williams (Stan) 8010 (10.85, 24-1/4/7.32, 45-5/13.84, 6-7/2.01, 47.19 [4266-2], 14.55, 128-11/39.30, 16-91/4/5.11, 1572/47.91, 4:39.01 [3744]); 3. Gabe Moore (Ar) 7780 (10.99, $23-0 / 7.01,48-4 / 14.73,6-31 / 2 / 1.92,49.45$ [4023-5], 15.02, 151-7/46.21, 14-51/2/4.41, 195-3/59.53, 4:44.34 [3757]); 4. Jack Lint (Mi) 7738 PR; 5. ${ }^{* * \star M a x ~ V o l l m e r ' ~}$ (Or) 7703; 6. *Aaron Booth' (KsSt) 7680 PR; 7. **Denim Rogers (HousB) 7596 PR; 8. Trent Nytes (Wi) 7516; 9. Benjamin Ose (Dart) 7445; 10. ${ }^{* * * I}$ Isaiah Martin (Pur) 7398; 11. *Brian Matthews (BYU) 7394 PR; 12. Charlie Card-Childers (Rice) 7365; 13. Nathan Hite (TxAM) 7348; 14. Ben Johnson (Wich) 7329; 15. *Wade Walder (Butler) 7090; ... dnfs -***Ayden Owens' (USC) 5853; ***Gary Haasbroek' (UTSA) 549; ***Axel Hubert' (TxT) 5398; *TJ Lawson (Kent) 4216; Tyler Nelson (UCSB) 3791; *Paris Williams (KennSt) 3703; ***Noah Swaby (PennSt) 3014; *Simone Fassina' (KsSt) 2949; Hunter Powell (CoSt) 508.

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## NCAA Women's Teams Arkansas Wins In Thrilling Fashion



While his squad celebrates a comethrough win, Hog coach Lance Harter gets hugs, stage right.

by Roy Conrad

THERE WAS NO FAIRY-TALE ENDING for USC this time around. Last year the Trojans had come from behind in improbable fashion in the climactic $4 \times 4$ to win the team title. The crown indeed came down to the $4 \times 4$ once more, but the big trophy moved from SoCal to Arkansas. The Razorbacks had a chart-busting final day while the Trojans suffered a major hit.

Our premeet formchart had projected the closest of battles, with USC favored by a point 65-64. But when Saturday rolled around, our recast compilation showed the defending champs as overwhelming favorites, 72-52. It just didn't work out that way. The changes were small and subtle as USC started losing points and Arkansas started gaining them. And when Razorback Taylor Werner got an unlooked-for 2nd in the 5000 the two squads were tied at 56 apiece going into the relay. One race for all the marbles. It didn't matter where either team finished, just so long as it beat the other, even if in 7 th and 8 th. USC appeared to hold all the cards, being tabbed as No. 1 and with Arkansas
back in 5th. But disaster struck the favorites on the third leg and they would end up last, with Arkansas 2nd, ending up 64-57 team winners.

Said Arkansas head Lance Harter, "This was $100 \%$ a team effort that came right down to the mile relay. 'We have to do the challenge by USC, they were on a roll,' we just told the mile relay, 'You've just got to get the stick around.' For-
athletes we're able to have, they're so special, and they were so united in what they wanted to do and this weekend, and the national title was always the challenge at hand. We brought the largest squad here, and they rose to the challenge. Some people had an off day, but we had others fill the void.
"Cumulatively, that was a total team effort." tunately, we were able to do that. Anytime you can win a national title, that's a very special moment, no matter how many you accumulate. But I have a fantastic staff with Chris Johnson and Bryan Compton, and with the

## NCAA WOMEN'S TEAM RESULTS

(8 places scored 10-8-6-5-4-3-2-1)

1. Arkansas 64;
2. USC 57;
3. LSU 43;
4. Texas A\&M 38;
5. Oregon 34;
6. Florida 32;
7. Alabama 29;
8. New Mexico 27;
9. Colorado 24;
=10. Florida State, South Carolina, Stanford \& Texas 20;
10. Kentucky $191 / 2$;
11. North Carolina A\&T 19;
12. Kansas State 16;
$=17$. North Carolina, Penn \& Washington 14; =20. Boise State \& Miami 13;
$=22$. Arizona State \& Oklahoma State 12; 24. Ohio State 11;
=25. BYU, Cal, Iowa, Texas Tech \& UCLA 10; =30. Notre Dame \& Virginia 9;
=32. Auburn, Indiana State, Northwestern Louisiana \& San Diego State 8; $=36$. Missouri \& Wofford 7; 38. Villanova 6½;
$=39$. Colorado State \& UNLV 6; =41. Georgetown, Georgia Tech, Kansas, Rhode Island, Rutgers, TCU \& UCSB 5; $=48$. Akron, Arizona, Indiana, Michigan State, Monmouth, Minnesota, Nebraska, North Dakota State \& UC Davis 4; =57. Albany, Incarnate Word, Norfolk State, North Dakota, Oklahoma 3;
=62. Baylor, Kennesaw State, Syracuse \& South Dakota 2;
=66. Georgia, Mississippi State, Tennessee, Vanderbilt, Wichita State \& Wisconsin 1.


Sha'Carri Richardson's 10.75 found her laying claim to the Collegiate, World Junior \& American Junior Records.

## 100: Recordsetting Run By A New Star

PERHAPS WE SHOULD have seen it coming. After all, 2 days before the final Sha'Carri Richardson laid down a PR-equaling 10.99 for the fastest 100 semi, then 50 minutes prior to this final ran a blazing $4 \times 1$ leg. But c'mon-does anyone ever really foresee a 19-year-old college frosh PRing by 0.24 and jumping to $=$ No. 9 on the all-time world list?

That's just one of the noteworthy things Richardson accomplished in just 10.75 seconds. More importantly, she also notched the Collegiate and World Junior Records (the latter being just her first of the day - she'd do it again 45 minutes later in the 200). That removed a pair of longstanding marks from the recordbooks: the altitude-aided 10.78 of her fellow Tiger Dawn Sowell ('89) from the college books and the 10.88 of East Germany's Marlies Göhr ('77).

About 65 m in, any of 5 different runners seemed to be possible threats to Richardson, but then she lifted onto another plane. Suddenly, her platinum blonde tresses emerged from the pack and an even race quickly became nearly a 2 m lead over the 10.95 of North Carolina A\&T's Kayla White and 10.98 of USC's '18 USATF Junior champ, Twanisha Terry, who had been favored coming into the meet. Her lead was comfortable enough that she was already celebrating, hands fully raised, with some 5 m to go.

The 8-time Texas HS state champ may have entered the race thinking title, but not necessarily record. "Not at all," she said. "I never give myself a time, because I say if you give yourself a goal, you limit yourself. As long as you expect greatness out of yourself, you'll deliver greatness. I was just coming in thinking about what me and my team did in the $4 \times 100 \mathrm{~m}$, it was really motivation to just come in and execute the race for everyone who supports me, everyone who's against me, it was all just motivation to execute my best in the 100 m . I just wanted to continue
the [LSU] legacy, so I'm happy I was able to do something for my team." /Lee Nichols/

## 200: Annelus Holds Off Richardson

CAPPING OFF a memorable day of sprinting by young collegiate women, the 200 finalists continued the clinic they had begun in the semis 2 days earlier, when 5 of them set PRs. LSU super-frosh Sha'Carri Richardson showed she was ready as she roared around the curve and crossed the line first in a PR 22.37 to move to $=$ No. 3 on the all-time world Junior list. In the next heat, USC junior Angie Annelus delivered her own special message as the defending champion threw down a U.S./collegiate-leading 22.35 PR of her own.

After the early-round fireworks, everyone
knew the final would be scintillating. Fueled with the excitement generated by the jaw-dropping 10.75 posted by Richardson to claim the 100 crown some 45 minutes earlier, the crowd's anticipation was palpable. At the crack of the gun, the sprinters tore around the curve with Annelus (lane5) and Richardson (6) separating themselves from the field as they entered the straightaway. A tense homestretch battle ensued. In the final meters, Richardson pressed for the lead, but her rival continued to fight on with the Trojan's perfectly-timed lean making the difference. Her PR 22.16 made her the No. 4 collegian ever and claimed the yearly world lead.

Richardson's PR 22.17, the fastest non-winning mark in meet history, claimed the World Junior Record, bettering the nearly 15-year-old 22.18 set by Allyson Felix in winning the silver medal at the ' 04 Athens Olympics. The 22.17 will not be, however, an American Junior Record, as USATF ratified Felix's altitude-aided 22.11 the year before, but the IAAF didn't accept it as the WJR. Of breaking a Felix record, Richardson said, "That was amazing. I did not think I was going to do that."

Annelus offered a poised summary of her performance, saying, "I just prayed to God before the race to just have a smooth race, and whatever the results are, I'm going to be happy with them. I'm just overjoyed right now. I was giving it my all. I'm so happy I was able to get a PR and come out here and defend the title." In response to an inquiry about the blanket finish, Annelus, who had finished 7th in the 100, said "It was a tossup. I know we were both leaning at the line, so I was just happy to see my name pop up first." /Dave Hunter/

## 400: New Division, New PR For Jonathas

FOR AN ATHLETE moving up a level-or two-finding one's personal sweet spot can take time. There's no better time to lock into it than at a championships. That's exactly what Wadeline


Angie Annelus just held off Sha'Carri Richardson in a thrilling homestretch battle.

Jonathas did, with a stretch run no competitor could match. A transfer from UMass Boston who won 9 NCAA III titles before her move up this year, Jonathas became South Carolina's first winner in the event since Natasha Hastings in' 07.

Having come into the year with a 52.81 PR that earned her the '17 Div. III win, Jonathas progressed steadily from 52.86 indoors in February to 51.19 at the SEC in May. That put the 21-year-old junior, who emigrated from Haiti to New England in ' 09 , as the No. 4 collegiateand SEC-quartermiler on the year list, behind Florida's Sharrika Barnett, Kethlin Campbell of Arkansas and Syaira Richardson of Texas A\&M.

The semis winners were Jonathas (51.63 looking relaxed), Gamecock teammate Aliyah Abrams (51.51) and Barnett (51.62), top returner from the ' 18 final, as Pac-12ers Kyra Constantine of USC and Hannah Waller of Oregon advanced to what but for them would have been an all-SEC final. Waller teammate Briyahna Desrosiers ran 52.00 to earn the distinction of being the meet's fastest non-qualifier ever. In the reshuffle of our formchart after the semis, Barnett and Jonathas jumped ahead of premeet favorite Campbell, albeit with zero sense of inevitability about the outcome.

For the $6: 32 \mathrm{pm}$ final no shadow from the backstretch stands as yet blocked a sun that had baked the oval in mid-90s heat for hours. Waller (23.9 in lane 9) and Barnett (24.0 in 6) were first to strike with heat of their own. As Waller lost ground in the curve, Barnett, the only runner with a sub-51 on the year (50.96), powered on, yet by 300 m ( 36.6 for the Gator senior) the field was closing in. Jonathas (lane 4), Abrams (5) and Abbott (7), the SEC 3rd-, 4th- and 5th-placers, reached the mark next, all 0.4 or more behind.

That's when Jonathas found her gear. 90 m out she moved to solo 2 nd . With 75 m left she led. The rest of the homestretch belonged to the tall-striding Gamecock with close-cropped, gold-dyed hair. She ran home in $50.60,2^{1 / 2}$ meters in front. A step out from the line, Abbott caught Barnett and as the pair leaned in unison


Wadeline Jonathas burned the homestraight in 13.6 in lowering her PR to 50.60.
the Kentucky junior grabbed 2nd, 50.98-51.00. Campbell in lane 8 leaned too, snatching 4th from Abrams, 51.09-51.13.

Said the winner, "I asked God [for a boost in the straight], and I was looking at my mom [who led Jonathas and her 5 siblings to the U.S. for a better life], the training, everything that had to be put together for me to be here. I mean, they brought me here for a reason, so I just did His will, and I'm thankful. This is a dream come true. I really wanted to win. I wasn't able to sleep last night thinking about how I'm going to be able to win this. I've played this out a million times in my head, but I wasn't expecting it to happen like that. I don't know. I'm just thankful to my coach, and Ilove everyone who supported me, especially my coaches and family. I don't know, I just knew


I had it in me, and if you want something bad, you have to go out and get it." /Sieg Lindstrom/

## 800: Negative Split A Positive For Fray

IT WAS NO SHOCK when the first lap ended with Jazmine Fray in the lead, just as she had been in her four previous NCAA finals, although none of them had led to victory. This one was different, as she ran a controlled 60.87 (compared with, say, her 58.21 at the ' 18 Indoor). The Texas A\&M senior, who had turned 22 the day of the semis, followed her game plan and finished in 2:01.31 for the win and a yearly list leader. Her negative-split second 400 was 60.44 .

But the victory didn't come easily. "I've run so many races and learned that mistakes can happen," she said, "so I wanted to be in control here." And she was. She went out quickly, but not overly fast. On the first lap, Boise State's Kristie Schoffield and UNLV's Avi' Tal Wilson-Perteete were on her heels. At the bell, Penn's Nia Akins, whose PR 2:02.88 semi was the fastest qualifier, had moved into Fray's wake. UNLV's W-P was still close and 7-time national JC champ Susan Ejore of Oregon was also lurking.

The order didn't change a lot during the second backstretch. But off the curve, it was clear that some challenges were looming. After that relatively slow opening, Fray was ready. She upped the ante with a burst. Then Akins tried a couple of forays in lane 3-to no avail. W-P moved to the inside but couldn't gain any ground. Fray prevailed: 2:01.31 to Akins' 2:01.67. "I could feel Akins come up on me," said Fray, "but I didn't panic. I didn't let it be stressful." Wilson-Perteete (2:02.20) narrowly held 3rd, leaning to the outside and into Ejore (2:02.26). Monmouth's Allie Wilson (2:02.56 PR) finished faster than Schoffield (2:03.86).

Akins, Penn's first scorer ever, was happy: "My strategy was OK. Last 200 in 29. Feels pretty good to get two PRs. My confidence is growingto fight with someone the entire race." Indoor
(Continued on page 26)

by Lee Nichols



IN THE SPRINTS, just a few seconds can change a life. Sha'Carri Richardson's life changed in 32.92 of them. That's her combined time from the 100 (10.75) and 200 (22.17) she ran at the NCAA-both World Junior Records and the former also a Collegiate Record. And oh yeah: the 10.75 made her $=$ No. 9 on the world list. A list where everybody else is a pro.

The two moments were weighted with histo-ry-for the runner, the location, and her school. Austin could not have been a more appropriate location for Richardson's day of days. The Dallas native is intimately familiar with the Mike A. Myers Stadium track-it was the site of her 8 Texas HS State titles.

A good 5 m before the 100 finish, she was already celebrating, arms raised high. "When I did that, I kind of reminded myself of being back home, a recap of the Texas Relays, it was kind of just a homey feeling to me," she says. "I do feel at home. I ran here multiple times during high school, so coming back, especially now that I go to school in Louisiana, coming back to Texas is just amazing. It gives me this other next level of confidence."

But while the CR was set in Austin, it stayed in Baton Rouge. The baton was passed, so to speak, from her LSU predecessor Dawn Sowell, who clocked an altitude-aided 10.78 three decades ago at the ' 89 NCAA in Provo. Says Richardson, "Knowing that she set the record... it made me feel like Ihad obligation to keep carrying that legacy."

The World Junior marks knocked off even bigger names: East Germany's Marlies Göhr and Allyson Felix. Of the latter, she says, "That is amazing, I did not think I was going to do that, so hearing [the announcer] say it afterward, it was like, ‘Did I really do it?' It was really exciting to know that."

It's hard to believe we've almost reached the age where youngsters might not have heard of Felix, but we're not quite there yet, as Richardson says, "I have seen her when I went to Nike elite camp and ran the 200. I saw and took pictures
with her."
Richardson says the NCAA times were not drawn up beforehand, telling reporters that she never sets a time goal because, "if you give yourself a goal, you limit yourself." Tiger head Dennis Shaver admits he was also surprised, saying, "She's just a great competitor. I felt like she could win, but I'm not one that predicts times. But she's been feeling good and looking good. At the end of the day she's just a great competitor. She just believes she can win every time she lines up."

Butcomeon, coach-a great competitor is one thing, but those times? Surely there was some hint at practice of what was to come? "She's had great practices all year and every meet she's gotten a little bit better, but I felt like if we were to rest her up like we do for championship meets that she'd be able to do some things. I'm not shocked. I'm surprised though that she broke the 100 m Collegiate Record because that record has stood for so long and it belonged to one of our former athletes. Dawn Sowell held it for so many years."

Let the historical record show that while Richardson's 3 -event day was amazing, it was not perfect: Only the 100 produced a gold. She kicked things off with silver in the $4 \times 1$. While she ran a brilliant anchor, gaining ground on USC's Twanisha Terry, she ultimately ran out of real estate. LSU's consolation prize was the No. 8 collegiate time ever. In the 200, she was a hair behind USC's Angie Annelus. The loss in the $4 \times 1$ "was definitely extra motivation," Richardson says. "I used that in the next two races. Going into the 100, basically my mindset was to just execute my race the way I've been taught, the way I know I can."

Afterward, she could have gotten lost mentally in the heady exuberance of the moment, but clearly she did not.
"Running those two races together, my mindset was to refocus," Richardson says. "My mindset was this was my last race of the day, of my first season college-wise, so I was just giving my all and executing the best I can."

Last race of her college season... but what about her down-the-road college career? She avoids that speculation, at the moment, saying she's not even sure what she's going to do at the USATF Championships.

Shaver, for his part, seemed optimistic he could hang on to his precocious talent and delay her entry into the pro ranks. Asked about Richardson's future, the coach says, "Well, obviously it's going to be good. We just don't know where it's going to be. You know how that goes. But she has a good head on her shoulders. She chose LSU because she knows she can get better there and she wants to be in the Olympic Games. And the Olympic Games are not this year, so I would anticipate she's going to come back and prepare and get ready for the Olympic Games next year. And the NCAA next year - she didn't win the 200 and she still has goals she wants to accomplish."
"This whole year has been incredible and unexplainable," Richardson says. "I myself knew I was going to come into college knowing I was going to compete among the best, but to execute the way I have even shocked myself. I just give it all to God because I know He was the one who blessed me with this skill."
[NOTE: on the Wednesday after the NCAA Richardson announced that she had turned pro.]

## Richardson Impacting World Junior Lists

With perhaps many months to go in her final U2O year, Sha'Carri Richardson is already all over the all-time lists. The Texas teen can claim 100 performances Nos. 1, $=5,=5$ and 200 performances 2, $=9$. The dozen fastest Junior times ever in each sprint:

| 100 Times |  |  |  |
| :---: | :---: | :---: | :---: |
| 1. | 10.75 | Sha'Carri Richardson (US) | 6/08/19 |
| 2. | 10.88 | Marlies Göhr (East Germany) | 7/01/77 |
| 3. | 10.89 | Katrin Krabbe (East Germany) | 7/20/88 |
| 4. | 10.98 | Candace Hill (US) | 6/20/15 |
| 5. | 10.99 | Angela Tenorio (Ecuador) | 7/22/15 |
|  |  | Twanisha Terry (US) |  |
|  |  | --Richardson | 5/24/19 |
|  |  | --Richardson | 5/24/19 |
| 9. | 11.02 | Tamara Clark (US) | 5/13/18 |
| 10. | 11.03 | Silke Möller (East Germany) | 6/08/83 |
| 11. | 11.03 | English Gardner (US) | 5/14/11 |
|  |  | ---Terry |  |
| 200 Times |  |  |  |
| 1. | 22.11(A) | Allyson Felix (US) | 5/03/03 |
| 2. | 22.17 | Sha'Carri Richardson (US) | 6/08/19 |
| 3. | 22.18 | ---Felix | 8/25/04 |
| 4. | 22.19 | Natalya Bochina (Soviet Union) | 7/30/80 |
| 5. | 22.26 | ---Bochina | 7/28/80 |
|  |  | ---Bochina | 8/17/80 |
| 7. | 22.28 | ---Felix | 7/18/04 |
| 8. | 22.36 | ---Felix | 8/24/04 |
| 9. | 22.37 | Sabine Rieger (East Germany) | 6/26/82 |
|  |  | ---Richardson | 6/06/19 |
| 11. | 22.39 | ---Felix | 8/23/04 |
|  |  | Sydney McLaughlin (US) | 3/29/18 |

champ Danae Rivers of Penn State, the favorite, didn't make it out of the semis. /Don Steffens/

## 1500: Hot Weather No Problem For Hot Milers

UNFAZED BY THE WEATHER, the women's 1500 finalists eschewed cat-and-mouse racing tactics, drilled down to a challenging early pace, and authored a championship race that produced some truly sparkling times. BYU's Whittni Orton rushed to the front and set a quick 67.0, 66.9 tone. With 2 laps remaining Notre Dame senior Jessica Harris went to the front and was followed closely by the packed finalists' led by Jessica Hull of Oregon and Sinclaire Johnson of Oklahoma State. After a spirited circuit, Harris reached the bell in 3:02.99.

With 300 remaining, defending champion Hull spurted into the lead, a move that was quickly covered by Johnson. Pulling away, the duo flew down the backstretch and they were side-by-side coming onto the homestretch for the battle to the wire. As they raced to the line, one quick final surge gave Johnson just enough lead to allow her to hold off the Aussie star as they hit the finish. Johnson's 30.7/62.68 close gave her a winning time of 4:05.98, while Hull crossed in 4:06.27. Harris was left far behind at 4:11.96. Johnson and Hull scored PRs as they moved to Nos. 2 \& 4 on the all-time collegiate list, with Johnson taking down the meet record of 4:06.19 set by Hannah England of Florida State in '08.


The ebullient Johnson, whose time met the World Champs Q-standard-but who will pass on Doha - was unrestrained in the mixed zone in describing her win over Hull: "I know she likes to sit a lot because I've watched her race before. I knew that if I was going to pass her, that was going to be the only time. So I really wanted to wait until the last possible moment. I knew I have a pretty strong kick, so when I passed her, I was like, 'OK, this is it. I can't let her come back.' I just went for the home run. I knew I could [perform this way], but in the fashion I did it, I mean Jessica Hull is an awesome competitor. She hasn't lost a race; she has two or three national titles to her
name. To beat her and to run what I did today, honestly, I'm at a loss for words. I really can't believe it."

Hull, far from depressed at losing, was exhilarated with her time. "I knew it was going to be a fast pace. I wanted to run fast," she explained. "I think it brings out the bestineveryone. And when you bring out the best in everyone you get a race to the line like we had today. I wanted to take it with 300 to go and give it everything I had." /Dave Hunter/

## Steeple: A 3-Peat For Allie Ostrander

SHE HAS SIMPLY "felt $i t^{\prime \prime}$ dozens of times during her 3-year career at Boise State. The "it" for Allie Ostrander is when to move; when to step up the pace; when to go for the win. Everyone knows it's coming. Her opponents all expect it; they just don't know when. And neither does she.

In Austin, "it" happened with just over 2 laps remaining. The Boise State junior had been biding her time in the middle of the pack, then, quickly, efficiently, she just sped into the lead and had opened a 5-meter gap by the next backstretch over New Mexico junior Charlotte Prouse. Prouse, the '18 runner-up behind Ostrander, saw the inevitable happening again as the favorite went on to win easily, 9:37.73-9:44.50, PRs for both.

It was a significant win for the Alaska native as she became the first to capture 3 straight steeple titles. Jenny Barringer (now Simpson) of Colorado won a trio, but not consecutively. "I've been working on my kick," said Ostrander. "The West Regional was really strong, and I wanted to be ready. The heat wasn't really a factor for me in Austin-I just focus on the barriers, and that keeps my mind off the weather."

Said Prouse, "I tried to stay close, just so I would have a chance to do something. Allie ran a great race. When she sped up, it shook everyone." After Ostrander's breakaway and Prouse's step-up, the rest of the field did some basic reshuffling for a lap or so. On the final lap, Hannah Steelman of Wofford went to her knees in the water jump. As a result, BYU's Erica Birk and New Mexico's Adva Cohen sped past. Gathering herself, Steelman gave chase and caught both with about 15 m left to take 3 rd in a


## Despite the thermometer reading 98, Sinclaire Johnson was able to take down the meet record as she beat defending champ Jessica Hull.

PR 9:46.08. Cohen surged in the final meters to nip Birk 9:46.36-9:46.47.

Ostrander's last lap of 77.38-on an exterior waterjump course-ran away from the rest of the contenders, but it wasn't the fastest finishing circuit. Rather it was Wichita State's Rebekah Topham who was in last for the first 4 laps and finished in 76.18. That propelled her to 8 th. /Don Steffens/

## 5000: Jones Lives Up To Her Pedigree

FOR SOME in the tea-leaves-reading crowd who seek to ID winners ahead of time, the 5000 presented an obvious analysis. Colorado's fourthyear junior Dani Jones had already won 3 NCAA titles: '17 Indoor 3000 \& distance medley anchor and last fall's XC (leading another team win). No one else had a résumé like that. Jones lived up to hers, notching trophy No. 4, though not without threading some real-world needles. In the Darjeeling cup, the most obvious challenger, New Mexico's Weini Kelati, would be doubling back from a 10 K win two nights before. Hard-finishing Jones had bested XC runner-up Kelati with a kick in the harrier nationals, and temperatures still above $90^{\circ}$ (32C) for this meeting virtually ensured a tactical contest would ensue.

That was the tea leaves picture. The re-al-world twist was that after triumphing on the packed snow in cross country, Jones shortly thereafter developed a fibular stress reaction that hampered her preparation for $31 / 2$ months early in the year. She only returned to running on the ground-after a long stint of AlterG only-in April.

Hence the decision to race over 5000 and not tilt at her preferred distance, the 1500 (to which she plans on returning at USATF). Prior to the big dance this year Jones only raced the Pac-12's 5 K -taking the loop title in 15:54.86-and at the Regional. In her Conference victory, she had kicked to the finish with a 68.3 last lap; quick but not the kind of speed with which tactical NCAA

# Sinclaire Johnson '19 An Upgrade Over The '18 Model 


training, Johnson focused this season on showing up big in Austin. A brief indoor season saw her anchor the Cowgirls to 3rd in the NCAA distance medley with a 4:30.22 for 1600. Outdoors, she won the 1500 at the Cardinal Classic in 4:13.35. At the Big 12, she took the 800 in 2:04.79. Once again she led the West Regional, this time in a PR 4:09.50.
"Ithink after Regionals,I knew I could run a lot faster, but I didn't know exactly how much faster," she says. She came to Austin knowing that she could go with any pace and that she would probably still have a stinging kick. "I've always known that I would be better suited for races that were sit-and-kick," she explains. "It's not necessarily something that we practice. It'sjust something that has comenaturally. I've found a way, whether I'm feeling good or feeling terrible, to find another gear. I try to push my kick as far as I can."

Smith notes, "I tell them the most important part of the race is the last 50 m . We talk about that and

## by Jeff Hollobaugh

A HECKUVA DIFFERENCE a year can make: Sinclaire Johnson, whose stunning kick won the NCAA 1500 in the No. 2 collegiate time ever is the same Oklahoma Stater who finished last in her heat a year before. "That was pretty heartbreaking," she says of her '18 experience in Eugene. "Going in I thought I was going to do really well and definitely make first-team All-American."

However, she was slammed by a severe allergy to cottonwood once she got to a town that is infamous for its pollen challenges. "It inhibited me from being able to breathe properly," she says. "My face was just swollen and I was very, very miserable. By the time I got to the race on Thursday, I was just exhausted and I think that took a toll on me." She finished 12th in her semi-dead last-in 4:27.72 after a season that had seen her lead the West Regionals in 4:11.57.
"After that I was definitely ready to get back out there and redeem myself because that was such a huge letdown to what was probably considered my breakout season," she says. "I definitely wanted to come back and show everyone-and even myself too-that that race was not who I was as an athlete. I strive to be a lot better than that."

Ironically, the commentators in Austin who talked about Jessica Hull's unbeaten streak in the 1500 failed to note that the last collegian to beat Hull-at that ' 18 West Regional-was Johnson. "She had some credibility going into this," says Cowboy coach Dave Smith. "She's pretty good." Johnson came a long way. She started running in 9th grade, when her mom came home from an athletic open house at Lake Brantley High School in Longwood, Florida, and suggested that running cross country might be a good conditioning plan for the then-lacrosse player.

It wasn't pretty at first, she admits: "I kid you not, I was probably running 10 -minute miles. I could barely run 3 M without stopping." But she improved fast enough to qualify for the state finals that season: "The lightbulbs started going off in my parents' heads. They said, 'Maybe you should put down the lacrosse stick and pursue track.'" By the time she graduated, Johnson had clocked 2:08.71 and 4:59.00+. A 55.48 in the 400 offered evidence of her speed. She had won three State titles at 800 and two at 1600 .

At Oklahoma State, under Smith's coaching, she focused on the 2-lapper her first year, hitting just 2:10.95 and placing 7th in the Big 12. "Like a lot of kids," explains Smith, "she had a tough transition. Her freshman year it was a little rough and her sophomore year, she missed indoors. I think she felt like, 'I'm going to get serious and get this done and figure this out.'"

Johnson says, "I really lacked an aerobicbase in high school. How I got recruited was my 800 and 400 times. ButIknew going inthat I was going to move up because most of the women who are in the same range I was in in high school have moved up to the mile and 1500 . That was basically the plan. It was just a matter of when I would make that move. I think for the first year, Coach Dave just really wanted me to do something that I was comfortable with."

In Stillwater, Johnson, an Econ \& Finance major, started putting in the miles and developing an aerobic background. In'17, she finished 28th in the Big 12 cross country. A year later she was the runner-up, and was the team's top finisher at the NCAA.

Having put in a solid winter of
how a lot of people get excited and start going too hard too early and they get to the last 50 and they're decelerating rapidly. Timing the kick is what's important."

The numbers on the board stunned the 21-year-old. "When I crossed the line and saw it, it really, really shocked me. More so to being able to do that in the conditions we were in-it was like 98 -degrees [36.5C] on the starting line."

Despite making the Doha standard, Johnson and Smith agree that shutting down the season is the right move. "The end goal for us was the NCAAs," she explains. "After my race on Saturday, I think my mind was set on being done and I didn't want to get too greedy and try to chase more and more times and possibly undo the magic of what happened this past weekend. I just want to end on a high note and take a little break and get ready for cross country season."

## Johnson To No. 2 On The All-Time Collegiate List

Jenny Simpson (now Barringer) can claim the fastest collegiate mile ever run, a sub-4:00 against pros in the Prefontaine Classic, but when it comes to pure college competition, nobody can match Sinclaire Johnson. The top 10 collegians ever (' $=$ not eligible for U.S. international teams):

| Time |  | Athlete | Date |
| :---: | :--- | :--- | :---: |
| 1. | $3: 59.90$ | Jenny Simpson (Colorado) | $6 / 07 / 09$ |
| 2. | $4: 05.98$ | Sinclaire Johnson (Oklahoma State) | $6 / 08 / 19$ |
| 3. | $4: 06.19$ | Hannah England' (Florida State) | $6 / 14 / 08$ |
| 4. | $4: 06.27$ | Jessica Hull' (Oregon) | $6 / 08 / 19$ |
| 5. | $4: 06.67$ | Sally Kipyego' (Texas Tech) | $6 / 14 / 08$ |
| 6. | $4: 06.75$ | Tiffany McWilliams (Mississippi State) | $6 / 14 / 03$ |
| 7. | $4: 06.87$ | Emma Coburn (Colorado) | $5 / 17 / 13$ |
| 8. | $4: 07.50$ | Sarah Brown (Tennessee) | $6 / 14 / 08$ |
| 9. | $4: 07.69$ | Lena Nilsson' (UCLA) | $5 / 24 / 03$ |
| 10. | $4: 08.26$ | Suzy Hamilton (Wisconsin) | $6 / 02 / 90$ |



Already a national titlist in 3 other events, Dani Jones was successful
in her switch to the 5.
wins are sewed up with assurance. Arkansas soph Taylor Werner, the SEC champ, had zipped to 2 nd in the Indoor 3000 with a 64.47 last 400 so constituted a threat.

As the race played out here, Jones had more to give 4 weekends down the road from Conference and drew on memories of her harrier win. "Cross is really just all about confidence," she said. "It really boosted me, especially with the injury I had. I was just keeping that race in mind, so it was super helpful."

Here, with no one overly eager to lead, Air Force's Jaci Smith inherited the job for 3000 m (9:37.05, averaging just under 77.0 per lap). Kelati led next with no real change of pace until Werner-hunting for important team-score points-brought one over the penultimate lap. She covered it in 75.26 . With a lap left 5 rolled in contention arrayed single-file: Werner, Jones, Penn State senior Josette Norris, Kelati and Alabama's Esther Gitahi. On the backstraight Gitahi drove up into 3rd before 200 to go. There would be one more change in the order. Werner ran into the homestretch ahead until Jones, upright in posture and efficient, drew even on the outside some 90 m out and rushed to victory 4 m in front. To gain her 15:50.65-15:51.24 margin, the Colorado star covered her final 200 in 31.3 (64.60 last lap), as Gitahi, Norris and Kelati held their order.
"I knew I just had to stay calm," Jones said. "There were so many impressive girls out there. Taylor put up a really good fight. I just really tried to enjoy it like I did in cross. It was a really similar finish, really last minute, but I looked up at the screen and got to celebrate at the end. You've got to enjoy those moments because they don't happen very often." /Sieg Lindstrom/

## 10,000: The Manager Is In

MANAGING THE RACE is an important ingredient in Weini Kelati's running package. That and turning on a sprint at 9900 m . The New

Mexico soph did exactly that to win a slowish 25-lapper under muggy conditions, edging Oregon's Carmela Cardama Baez 33:10.84-33:11.56. "I try to control the race, whether it's the pace or the speed," said the favorite. "I always keep something back for the finish, because you never know what someone else might have." That after she had led during the first 2000 and again from 4 K through 6.

On this still night the 22-year-old Eritrean native, who led by as much as 30 m during the final two laps, deployed an elbow-pumping, hard-charging sprint to claim her victory. At the top of the homestraight, she moved slightly ahead of the challenging Duck. Baez finished the race with a 68.72 to nearly catch the Lobo, who managed only 72.96. "I wasjust going, going," said Baez. "I didn't really see her, I was just looking straight ahead at the finish."

The Spaniard, also 22, actually started stalking the lead just past the halfway mark as Kelati was leading at $15: 56$. Teammate Edna Kurgat was a step behind, running with early leader Anna Rohrer of Notre Dame, Michigan's Erin Finn and Washington's Isobel Batt-Doyle. Baez and teammate Weronika Pyzik moved among the top 10. As the race clicked along, Kelati and Rohrer traded the
lead until Kelati took it for good with 6 laps to go. Kurgat faded, but Baez moved into 4th. Kelati's lead expanded.

On the final backstretch, always running near the rail, Baez was clearly reducing Kelati's advantage. On top of the final curve, the crowd-sensing a super comeback-came alive. But Kelati The Manager kept some reserves and sprinted away down the stretch. Batt-Doyle, always in a scoring position, finished 3rd in 33:17.81 with her fastest lap in the race (74.61), staying just ahead of Arkansas soph Taylor Werner (33:20.68/75.11). /Don Steffens/

## 110H: Janeek Brown Wins An Epic Matchup

THE STRAIGHTAWAY HURDLES was one of the most anticipated head-to-head matchups of the meet: two talented sophs, both Conference champions, the leading two marks in a powerhouse field. And the team title in play.

USC's Chanel Brissett, a Pennsylvania native, had won the indoor 60 H by a whisker over Kayla White of North Carolina A\&T, butWhite was focusing on the flat sprints here. Brissett won the Pac-12 in a PR 12.70 by 0.22 . Her rival, Janeek Brown, a Jamaican at Arkansas, was only 5th at the NCAA Indoor, but won the tough SEC in a world-leading 12.55. By luck of the draw, they met at Regionals, Brissett prevailing by 0.02 , thus becoming, by the smallest of margins, the premeet favorite.

Teamwise, no other event brought together so many competitors for the two contending schools, as SC also had Anna Cockrell and the Razorbacks countered with Payton Chadwick, a national champion in her own right from winning the Indoor in '18. The semis brought immediate fireworks with lifetime bests for heat winners Brown ( 12.53 to improve her yearly list lead), Tonea Marshall (12.67) of LSU and Cockrell (12.69). Brissett matched her best of 12.70 behind Cockrell. With Chadwick advancing as well, half the field were Trojans or Sooie Hogs.
(Continued on page 30)


Weini Kelati arranged her typical race plan to perfection.

## From 12.80 All The Way To 12.40 In One Year



Janeek Brown of Arkansas came within 0.01 of the Collegiate Record.

by Bret Bloomquist

ULTIMATELY, Janeek Brown's breakthrough was due. She was the best hurdler throughout much of the regular season, her 12.55 at the SEC moving her to No. 5 on the alltime collegiate list. All that was lacking for the Arkansas soph was to do it at Nationals, a stage where Brown had shown lots of promise but, not surprisingly for someone so young and so new to the collegiate level, no medalist finishes. (As a frosh she was 8th indoors, 5 th indoors and at this year's Indoor was 5th again.)

To get that breakthrough, all the 21-yearold Jamaican needed to do was keep doing what she has done from April, where she was unbeaten in finals after an early loss to LSU's Tonea Marshall at the Texas Relays, a loss she avenged at Conference.
"Honestly, my coach tells me when you're consistent better times come in," Brown said. "I knew I could do it. If it didn't come out it would be OK with me, but it did come out and

I'm happy about it." What came out was a wire-to-wire 12.40 win just 0.01 off the CR. "I had a good start and I just tried to execute through the race," the Kingston native said. That hurdle final was part of a strong meet that included a then-PR 12.53 in the semis and a PR 22.40 in the 200 that got her 4th and added to Arkansas' ultimately successful run to the team national championship. This may have slipped under some radars, but she took 0.01 off the 200 school record, held by one Veronica Campbell-Brown.

Her day, which also included a leg on the bronze medal $4 \times 1$, was exactly what her team needed. "It felt really good, it felt awesome," Brown said. "Today I told myself in the hotel room, 'You've got to rise to the occasion.' I'm going to come out and give it my best for the team." This, though, was a different day than any she's experienced before. For the first time on a stage this big, Brown wore the burden of expectations and her team depended on her. Brown, though, has a mantra, albeit one that sounds like she was formulating it on the spot.
"I just have one word, no, two words: Faith
and hard work," she said. "They did it for me today." She expounded on that a bit: "I was a little nervous coming in, because you know, much was expected from me, but before I get into it, I just want to say Psalm 43, Verse 5, 'God is within me. I will not fail.' Last time I was here for the Texas Relays, it didn't end well, but God decided it was time. I was going through a little breakdown in the time of the transition between the indoor and outdoor, and I was just like, 'God, don't give up on me.' He showed me today that he didn't."

That indoor-outdoor transition didn't take long, as she hit a new level at the home National Relays where she lowered her PR all the way from 12.80 to 12.57 . "It's so surreal, I can't believe I actually ran that time," she said afterward, then she followed that up with the 12.55 at Conference. "That opened the door for me," Brown said. "I knew if I had faith good things could come." They came very quickly for the young Jamaican, who on the biggest stage in college sports, finally turned potential into a golden reality. $\square$

Marshall's 12.67 was historic, as she set an LSU school record by leapfrogging a remarkable quartet of Tiger hurdlers: Tananjalyn Stanley (12.70), Jasmin Stowers (12.71), Kim Carson (12.72) \& Lolo Jones (12.77).

The stage was set for one of the greatest college hurdle fields ever assembled, with the team title also at stake. "I was a little nervous coming in," Brown said, "because, you know, much was expected from me." The outcome was decisive. By the second hurdle, Brown had put distance on the rest of the field, and she ran away with it, defeating Brissett by 0.12 and Marshall by 0.26 . All three PRed again. Brown's Jamaican Record 12.40 missed Brianna Rollins' 6-year-old CR by just 0.01 , while Brissett improved by 0.18 to 12.52 for No. 6 on the all-time collegiate list and Marshall snipped 0.01 from her best.

Teamwise, it was a tossup. SC took places 2 $\& 5$ for 12 points, Arkansas $1 / 8$ for 11. That competition would have to wait until the final two races of the day. /Jack Pfeifer/

## 400H: Cockrell Establishes Her Status Early

AFTER HER DOMINATING 56.05 in the semis-a time better than the PR of any other finalist-Anna Cockrell had all eyes focused on her for the final. Still, several others appeared to be primed to run well. LSU soph Jurnee Woodward had run 56.81 in the same heat as Cockrell, just ahead of Rutgers frosh Reanda Richards (56.87). LSU's Brittley Humphrey won the first heat in 56.94 .

However, Cockrell, the former World Junior (U20) champion, was perhaps in the best shape of her life-as evidenced by her 12.69 prelim in the 100 H . On Saturday she had run the final of those hurdles just 45 minutes before she lined up for the 400 s , clocking 12.80 in 5 th. In this final, the USC junior ran without doubt, bursting out to an imposing lead by hurdle 1 . On the backstretch she continued to pour it on, leading with her left
legasHumphrey ran a distant 2 nd and Richards battling with Colorado's Gabby Scott for 3rd.

By the second turn, Richards had caught Humphrey, but no one looked like they could catch Cockrell, who started alternating her lead led at hurdle 8. By the final barrier, the 21-year-old favorite had 6 m on the field. Humphrey and Scott came off hurdle 10 at the same time, with Richards a smidgen behind them. As they sorted out their places Cockrell ran through the finish in 55.23, a yearly leader and just 0.09 off her '17 PR. After 2 straight years as the runner-up (last year behind Sydney McLaughlin, who then turned pro), Cockrell had a win.

Scott won the run-in for 2 nd, clocking a PR of 56.04-a notable improvement from her 58.27 best at the start of the season. This was her first NCAA Outdoor. "It's amazing," she said. "I fell at Regional prelims last year and that was in my head even this year, but I came back stronger."

Humphrey in 3rd (56.11) also scored a PR, another big improvement, as she had run 58.42 as a Tiger frosh. Richards claimed 4th in 56.42 . Woodward, who had been pegged on the formchart for 2nd, never found her rhythm and ended up 6th in 57.48.

In Cockrell's eyes, the win was all about the team battle: "I had to do this for my team. I had


With Twanisha Terry holding off Sha'Carri Richardson, USC started the final day with a win.


Anna Cockrell put up a collegiate-leading mark in the semis and improved that in the final.
to do this for the shield. I just went after it and came around the turn and just thought, 'Go, go, go, go' and I went. We knew we needed to execute. We knew we needed to put forth our best effort. That's what we did, and that's what we're doing. We're going to keep doing it, and we're going to keep fighting." /Jeff Hollobaugh/

## 4x1: A Perfect Start For The Trojans

ULTIMATELY, A RELAY would cost USC the team title, but it wasn't the $4 \times 1$. The maximum 10 points got the favored Trojans off to a perfect start, and perfect passing netted a 42.21 for the No. 6 collegiate performance ever, trailing 4 times by LSU and 1 by Oregon.

Chanel Brissett, Angie Annelus and La-nae-Tava Thomas executed the first two handoffs perfectly to stay in lock-step with LSU, and then Thomas's third leg made the difference-she gave anchor Twanisha Terry a 2 m lead with 100 to go, despite actually completing her handoff later than the Tigers.

Previewing the recordsetting day she was about to have, LSU anchor Sha'Carri Richardson erased half of that deficit, but ultimately she, Tonea Marshall, Kortnei Johnson and Rachel Misher had to settle for the fastest non-winner in meet history, 42.29. Behind them, Arkansas (42.79) picked up 6 points that would prove crucial.

Said Terry, "I ran the last leg, so I tried not to focus too much on the [first three]. I watched them pop off, and then I just turned my head. Then once the second leg gets running, I get in position and wait for third leg to come around. We said, 'As long as we get the baton around the track and execute, we can win this race.' We knew coming in it would be more of a challenge because we were running by ourselves all year."

Brissett said, "I'm grateful, but I'm never satisfied. There's always more that you want, so I'm happy that I got the PR and that we won the race. We're just glad that we had clean handoffs all year. Our chemistry is great, so no matter who leads off, it's always great. I'm just glad I got to be a part of the relay this year. It was just great to have a chance to run with those girls."


Chanel Brissett ran faster than ever, but it wasn't fast enough to
catch Janeek Brown.

Added Terry, "We talked about [setting the tone for a team championship] a lot." They did indeed set the tone, but couldn't have known it would be doomed $2 \frac{1}{2}$ hours later. /Lee Nichols/

## 4x4: 1st Important, But So Was 2nd

Texas A\&M won the race with a $3: 25.57$, the fastest time in the world, but despite the Aggies' terrific run to the finish, it was the third leg that became the story when USC found itself in all sorts of trouble and lost a chance to win the team title. Entering the meet's final event, USC and Arkansas were tied for the team lead and their $4 \times 4$ squads were fairly evenly matched. Arkansas stood 5 th among college teams for the season at $3: 29.22$; USC was 6 th at $3: 29.23$. Their order here, in no matter what places, could decide things.

## Opening Leg: No Clear Advantage

Fairly even opening legs didn't tell much until the start of the homestretch where South Carolina's Stephanie Davis appeared to have a slight lead. Arkansas's Paris Peoples drew even in the stretch, both runners splitting 52-flat. USC's Bailey Lear (52.3) passed off ahead of Florida's Doneisha Anderson (52.1), but it was Florida which got to the midway point of the zone ahead as second runner Taylor Manson took off quickest. A\&M's Tierra Robinson-Jones put her team in solid position with a 52.3.

Standings: 1. tie, Arkansas \& South Carolina 52.0; 3. Florida 52.1; 4. tie, Texas A\&M \& USC 52.3; 6. Alabama 52.6; 7. Kentucky 53.4; 8. Baylor 54.0

## Second Leg: South Carolina To The Fore

South Carolina and Florida were even at the backstretch break point, but the Gamecocks-running a lane to the inside of the Gators-held the position as they cut for the curb. At the end of the straight, South Carolina's Aliyah Abrams, 5th in the 400 , had built a 1 m advantage over Manson, with another meter back to A\&M's Jaevin Reed
and 2 more to USC's Kyra Constantine with another 3 to Arkansas's Kiara Parker. Around the turn Abrams had added another meter over Reed, but Manson had slipped backward, and Constantine had moved into 3rd. Abrams was first to touch off, her 50.0 giving South Carolina a 5 m lead on USC as Constantine ran 50.5. Reed ran 51.1 to hold 3rd, while Arkansas was back in 6th place, more than 10 meters behind USC.

Standings: 1. South Carolina 1:42.04; 2. USC 1:42.78; 3. Texas A\&M 1:43.36; 4. Alabama 1:43.73; 5. Florida 1:44.00; 6. Arkansas 1:44.48; 7. Baylor 1:45.09; 8. Kentucky 1:45.78

## Third Leg: The Trojan Stick Goes Astray

Tatyana Mills took off around the turn for South Carolina, extending the lead to 5 m ahead of USC hurdle champion Anna Cockrell. But Mills's pace wore on her, and nearing the end of the second turn she drifted wide in lane 1 as A\&M's 800 victor Jazmine Fray swung outside to pass. Cockrell, running tight to the rail, led a pack of runners moving up on Mills, and the USC runner boxed herself with insufficient space to pass Mills on the inside. As Mills continued to falter, Cockrell clipped her heel, sending the USC runner lurching forward and bouncing into Alabama's Mauricia Prieto, now on Cockrell's outside and about to pass. Prieto was knocked wide, bumping Arkansas's fast-moving Payton Chadwick, the anchor hero of their indoor $4 \times 4$ which clinched the undercover team title.

Fray, out in front and never affected by the mess, suddenly found herself with a quickly expanding lead, with only Chadwick able to give serious chase. At the exchange, A\&M had a good 10 m margin over Arkansas. Cockrell, having lost perhaps 9 seconds while backtracking to retrieve the baton, was now a deep last, at least 40 m behind Arkansas.

Standings: 1. Texas A\&M 2:34.74;2. Arkansas 2:36.11; 3. Florida 2:36.62; 4. South Carolina 2:36.69; 5. Alabama 2:36.96; 6. Kentucky 2:38.66; 7. Baylor 2:38.88; 8. USC 2:43.73

## Anchor Leg: A\&M Moves Away

With the tension of a close race shattered, Syaira Richardson, 7 th in the 400 , immediately began padding the A\&M lead, ripping around the first turn, up by almost 20 m at the top of the backstretch. Behind her came Arkansas's Kethlin Campbell, 4th in the 400. Campbell and 1-lap 3rd-placer Sharrika Barnett of Florida began


While Syaira Richardson was bringing A\&M home the $4 \times 4$ title, Kethlin Campbell was sealing the team win for Arkansas
to whittle away the lead around the final turn, Campbell within 10m at the top of the final straight with Barnett another 2 m back. Richardson's 50.83 was enough to hold off Campbell, whose storming 49.78, the No. 8 carry in meet history, brought Arkansas home in 3:25.89 and made up all but 2 m of the deficit. Barnett was unable to hold Campbell's tempo, and clocked 50.40, allowing 400 champ Wadeline Jonathas to bring South Carolina home for 3rd in 3:26.90, only a half-meter ahead of Florida's 3:27.02. /Dave Johnson/

## HJ: This One Went To Extra Innings

IT HELPS TO BE PERFECT in the high jump, but Zarriea Willis felt that she was anything but this year. The favored Texas Tech senior, winner of the Indoor title, admitted, "I've been going through a lot of things this year. I feel like I struggled during the outdoor season a lot." Yet there she was on the meet's final day, reeling off perfect clearance after perfect clearance. If there was any complication, it was that North Carolina junior Nicole Greene, No. 2 on the formchart, was doing the exact same thing.

Through the early heights the pair had sailed. When they cleared $5-11^{1 / 4}(1.81)$ along with 6 others, they assured they would be among the scorers. The next height, 6-1/2 (1.87), assured them of podium spots, along with Penn's Anna Peyton Malizia, who had a missed once at a lower height. The bar raised to $6-11 / 2$ (1.87): first Greene and then Willis cleared with ease, while Malizia went out. At the next stop, 6-23/4 (1.90), Greene missed. Fans thought the drama would be resolved in short order. But then Willis knocked the bar off as well. And so it played on to the next attempt. And the next.

The two, deadlocked with identical charts after three straight misses, faced a jumpoff, the first in meet history. Greene missed. And Willis


Zarreia Willis won the first jumpoff in NCAA women's high jump history.
missed as well. The fatigue and frustration on the toasty apron was beginning to show for both. Officials took the bar down to 6-2 (1.88). Greene missed, brushing the bar with her backside. Willis, to a huge response from the crowd, cleanly sailed over. She stood up and let out a brief scream of joy after setting a new outdoor PR.
"I've never done a jumpoff," said the winner. "Either I just lose or win. There's no such thing as a perfect competition, but today was one of those where the better jumper was going to get it or someone with the strongest mentality today was going to get it." She added, "My coach can


Now both of the former Weeks sisters can claim to be an NCAA champion, as Tori Hoggard (I) claimed her first, while sister Lexi Jacobus has 4.
tell you that I'm the least emotional athlete he's ever had. The most emotion I've shown was today." Coach James Thomas agreed, saying, "She's always battling to get better. When she's on and competing, she's a monster out there."

Said Greene, "The competition was amazing. It just came down to who wanted it more and I fell short, but after coming off a full redshirt season, I couldn't be more proud of myself and what I did today." /Jeff Hollobaugh/

## PV: Time For The Other Twin To Soar

IT WAS HER TURN. Tori Hoggard had watched twin sister Lexi Jacobus win 4 NCAA titles over the years. Hoggard, however, had never finished higher than her 2nd at the '18 Indoor. "I just came in today wanting to have fun," she said. That she did, with first-attempt clearances at 13-91/4 (4.20), 14-31/4 (4.35) and 14-71/4 (4.45). After that last height, she found herself in a tie with favored 2-time defender Olivia Gruver of Washington, while Indoor runner-up Bonnie Draxler of San DiegoState also cleared, along with Virginia's Bridget Guy. Former winner Jacobus, however, only made $13-91 / 4$ (4.20) before going out at the next height.

The bar moved to $14-91 / 2$ (4.51) and Draxler applied the pressure with a perfect first-attempt make, equaling her outdoor PR. Gruver, Hoggard and Guy all followed with misses. On the second runthrough, Hoggard bumped the bar on the way down but it stayed on, allowing her to stake a claim to 2nd. Both Gruver and Guy would tally three misses.

Then the bar went to $14-111 / 2$ (4.56). Hoggard had jumped higher than that three times in her career, all indoors. Draxler had cleared the setting only once, at the NCAA Indoor 3 months ago. For both it would be an outdoor PR. Both missed their first attempts; then Draxler missed her second. Hoggard cleared, but was not assured of victory until Draxler tried one more time. When she failed to clear, Hoggard knew she had finally done it.

Finishing up just before midnight, the first-

time champion took two tries at 15-3 (4.65) - one a bailout, the other promising-and then celebrated. "It's my last NCAA Championships and I'm a senior," said the 22-year-old former Miss Weeks. "I told myself just go have fun and whatever happens, happens and I think that played to my advantage. I went in with calm nerves, and when I found out I won, it was a flow of emotions. I've been waiting for this day for a long time. Obviously, I've seen Lexi do it 4 times [indoor '16, '18, '19; outdoors '16], and I was just really excited to have my chance. I'm really emotional right now." Of their relationship, she said, "We're twin sisters, and I expect myself to be right there with her, but she's always been a little bit ahead of me, but that's honestly just encouraged me. She's always set the bar so high for me to strive for since we started pole vaulting. To always have her there next to me, especially tonight, having her there to cheer me on was a really special moment." /Jeff Hollobaugh/

## LJ: David Starts Double Right

YANIS DAVID didn't start the first day in the best frame of mind. The favorite in both horizontal jumps, the Florida senior let herself get rattled by the weather-related schedule changes. "I was pretty upset about the time change and all that. I don't like last-minute changes. They upset me a lot, but my coach tried to keep me in the right mindset."

David opened up with a modest first round $20-113 / 4$ (6.39). TCU's Destiny Longmire took the lead on the next jump with a $21-4 \frac{1}{4}$ (6.51), and that helped David find her focus. "I thought, 'I can do this, I've got this. I just need to trust what coach [Nic] Petersen says,'" said the 21-year-old French native. "I was just running through the board and doing what I had to do."

In 4th at that point, the favored David flew into the lead with her second-round 21-113/4 (6.70). A few jumps later, Indoor champion JasmynSteels
of Northwestern Louisiana came close, her 21-111/2 (6.69) - a PR by $81 / 2$ inches ( 21 cm ) - showing David that relaxing wasn't an option.

Said David, "I didn't have a distance in mind, but I was like, 'I'm going to go out there and execute and the distance will just come.'" She reeled off a $21-7 \frac{1}{2} 2(6.59)$ in round 3 , but then watched as Steels grabbed the lead I round 4 with another PR, 22-1/4 (6.71). David responded with a $21-11$ (6.68) - not quite enough. However, in round 5, her persistence paid off with yet another personal record. "I was focused and determined to be the 2019 national champion," she said of her big 22-51/4 (6.84). When she saw the measure - which put her in a tie for the No. 9 collegian ever-she sunk to the ground in relief.

That held up for the win, as Deborah Acquah moved to 3rd with a PR 21-9 (6.63) in round

5 and Steels could only muster a $21-31 / 2$ (6.49) on her final attempt. Altogether, 5 of the top 7 scored lifetime bests on a day where the biggest tailwind was just 1.7, but at the other end of the scale the lightest reading was 1.0, so there were no step-breaking gusts.
"It feels great," said David, the Gators' first-ever champion in the event. "It's my senior year and I'm planning on going pro after that, so it's really special to have my name there saying 'long jump champ.'" /Jeff Hollobaugh/

## TJ: Lawrence's Last-Round Surprise

Shardia Lawrence recalled her feelings as she stood on the runway before the final triple jump of the day: "I didn't know for sure, but I knew I had something."

The Kansas State senior had started out in round 1 with a leap of $43-73 / 4$ (13.30). That put her in 4 th place. The best opening jump came from Oregon's Chaquinn Cook, who led at 45-1/4 (13.72).

Virginia's Kelly McNee held 2nd at 43-101/2 (13.37) and Texas A\&M's Ciynamon Stevenson was 3rd with a PR 43-10 (13.36). Favored Yanis David of Florida lurked in 5th after jumping 43-51/4 (13.24).

Lawrence, competing at the same time as her twin sister Shadae in the discus, improved to $44-4 \frac{1}{4}$ (13.52) in the second go-round, a mark that took her to 2 nd, displacing McKee, who herself had improved to 44-4 (13.51).

On her third attempt, Lawrence bounced to the lead with a PR 45-33/4 (13.81). David followed with an improvement to 44-81/4 (13.62). Kentucky senior Marie-Josee Ebwea-Bile finally hit her step and produced a 44-8 (13.61) that took her from 20th to 4 th.

No one improved in round 4 ; Lawrence fouled, but it's unlikely she felt safe. Sure enough, in the next stanza the bigjumps started dropping.

First Ebwea-Bile leaped $45-61 / 4$ (13.87) to take over the lead. Then two jumps later, David produced a $45-6^{1 / 4}$ of her own, moving ahead in the standings on the basis of her next best jump. Lawrence, jumping last in the order, put


Shardia Lawrence was rather pleased to have won the TJ in such dramatic fashion.


4th last year and 7th as a frosh, Laulauga Tausaga became lowa's first winner in any event since Nan Doak back in '85.
together a $45-2^{1 / 4}(13.77)$, the second-best jump of her life. And it kept her in 3rd.

In the final four jumps, first Ebwea-Bile closed her day with a $40-11 \frac{1}{2}$ (12.48). Cook fouled. David, the winner of the long jump two days before, produced a brilliant $45-81 / 2$ (13.93) and only had to wait out one jump to celebrate a double victory.

Lawrence, though, had other ideas: "I know that they are great athletes. I've been training a long time for this. I've been training so hard and I was telling myself that I wasn't going to let that go to waste."

She ran with an 0.2 wind at her back, hitting the board with two inches to spare. On landing, she immediately bounced out of the pit and ran to see the measure: $45-10^{3 / 4}(13.99)$. She started crying and collapsed to the ground.
"I knew I had something big," she said. "It was amazing and my sister, she told me I could win, and I believed. And my family back home in Jamaica told me I could win. I knew that my future depended on this day... I knew I had that one surprise for everybody." /Jeff Hollobaugh/

## SP: Noennig Tops Indoors \& Out

SHE HAD WON the Indoor title with a PR so Samantha Noennig figured to be strongly in the running for this crown after a season that began with three straight outdoor-PR meets. Yet after 4 rounds it didn't look anything like a good day for the Sun Devil soph.

Ohio State's Sade Olatoye took the lead in round 1 with her =PR 58-8 (17.88); Noennig languished in 3 rd at $55-9 \frac{114}{4}$ (17.00). Then formchart favorite Portious Warren launched a 59-23/4 (18.05) to take over in round 2 . Noennig only hit $54-3^{3} / 4$
(16.54), slipping to 7th. Alabama's Warren kept the pressure on with a third-round 59-2 (18.03) and an improvement to 59-5 (18.11) in round 4.

By that time, Noennig had gotten out to 56-8 (17.27), good for just 5th. She said, "My first few throws were not so good, and I've been kind of struggling in practice to make sure I hit it right, and that showed in my first few. Then I just kind of got mad and was like, 'I need to hit one."' She
entered the ring determined and launched the ball out to a PR, joining the 59 -foot club at 59$61 / 4$ (18.14) to take the lead by a mere 3 cm . "I was able to pull through," she said. "I wasn't happy with where I was and I knew I needed to throw farther. I wasn't going to go down easy, so I didn't let it happen."

In the final round Noennig ended her day with a 58-1 (17.70). Kansas State's Taylor Latimer lofted the ball to $57-113 / 4$ (17.67) for a move to 4th behind Olatoye. Warren, on her final throw, hit just 56-8 (17.27).

Said the winner, who was 7th last year, "It's incredible. I train with some great people, and they prepared me for this day and what I needed to do. Last year, I was just excited to get on the podium, and this year I was not going to be happy unless I won, so I'm glad I was able to pull through in the end." /Jeff Hollobaug/

## DT: A Battle Of PRs At The Top

EXPECTED SHOWDOWN: Colorado State's Shadae Lawrence vs. Iowa's Laulauga Tausaga. Lawrence had won the Mountain West with a 2135 (65.05) listleader, and 2 weeks later Tausaga beat her in leading the West Regional with a PR (62.69). However, in the first round of the big matchup, Florida State's Shanice Love threw before them, and showed she would not be counted out with a PR 202-7 (61.74). That was a distance that would have won 9 of the last 10 NCAA titles (heck, 33 of the 37 ever). Tausaga followed with a 187-0 (57.01) and Lawrence 192-5 (58.65). At the end of the round they held the top three positions.

In round 2, Love, a junior from Jamaica, showed she really wasn't kidding, as she lofted the platter even farther, a PR 205-8 (62.69). Tausaga responded with a PR bomb of her own, 207-6 (63.26), to take the lead. Nobody knew it, but the competition for the top spots had basically finished. In round 3, Alexandra Emilianov of Kansas moved into 3rd with her 193-3 (58.90),


Samantha Noennig joined the 59-foot club with her PR 59-6¼.


## Without her big opening throw, Mackenzie Little's title defense wouldn't have happened.

but Lawrence passed her back in stanza 5 with a 197-11 (60.32). She would stay in 3rd, missing a chance at an historic same-night double with her twin, triple jump winner Shardae.

Love finished out with a consistent series but only one more throw over 200, her 200-5 (61.08) in round 5. Three of Tausauga's last four throws went foul, though she hit a 200-3 (61.04) in round 4. It didn't matter. Her second round mark held up. The winning distance was the fourth-longest in meet history and Love's mark the best runner-up toss ever.

Tausaga, who recently turned 21, was surprised to see her second lifetime best in a row. "When it comes to me throwing a PR and then
trying to do something in the next 2 weeks, I usually struggle," she admitted. "So with that throw, I felt it come off my fingers and I was like, 'That's the one.' It was, and it was amazing. /Jeff Hollobaugh/

## HT: Happy BD To Rogers

THUNDER, LIGHTNING, drenching rain: the hammer had it all. In a weather-delayed event that began almost 2 hours late, Cal super-soph Camryn Rogers-throwing on the eve of her 20th birthday-led from first round til last to clinch the title. The Pac-12 and West Regional champ, the favorite sealed the deal in a highly competitive field with a fourth-round PR 234-7
(71.50) that moved her to No. 7 on the all-time collegiate list, but not before several others had their say.

Canada's World Junior champion seemed to be on her way to a dominating win until Indiana State's Erin Reese uncorked a PR of her own, a fifth-round 231-2 (70.46) that capped her progression from 19th to 4th to 3rd to 2nd after an opening foul. Not done, Reese gave Rogers another scare with her final-toss 233-2 (71.06). She ended up as the only thrower with two marks over 70m (229-8).
"It's kind of surreal," said Rogers. "It still hasn't hit me, and I don't think it will hit me for a little bit. It's a crazy feeling to walk out of the cage after your last throw and go hug your coach, and for me, to go hug my mum, and just see all my teammates so happy. It feels really good... Anything I can do for this awesome team is amazing."

Alyssa Wilson was never off the podium, being 2 nd or 3 rd the entire competition. The UCLA soph's 228-10 (69.75) fourth round toss moved her back into 2nd at the time, only to be surpassed by Reese's late-meet thunder. Ohio State's junior Sade Olatoye joined the party late as it took her several rounds to find her rhythm; her fifth-round 227-7 (69.37) left her only 15 inches shy of a place on the podium.

A surprise in only 8th was Tennessee's Stamatia Scarvélis, the SEC and East Regional titlist, who came in undefeated with 5 wins in a row. She never improved on her second-round best of 221-9 (67.59). /Mark Cullen/

## JT: First Time Was The Charm

IT'S A FIELD EVENT truism: It only takes one. Mackenzie Little was grateful for that. The Stanford senior mostly had a subpar day, but the 22 -year-old Australian's first toss made all the rest moot, both for herself and her competitors. The defending champion threw down the gauntlet early with a 195-0 (59.44) and no one came even close to picking it up. Auburnjunior Kylee Carter got closest, buther final-round 185-0 (56.40) was not a real threat. Bronze went to North Carolina frosh Madison Wiltrout at 181-1 (55.21).
"It feels great," Little said of her successful defense. "It's awesome. I'm really lucky and I have a great team. I'm glad I could be here again another year healthy and competing and it was the best way to finish my Stanford career. I couldn't be happier."

Little came into the meet as the only competitor owning a best over 60 m (196-10), but said retaining her throne was not without pressure. "You know, I've had probably the best season consistency-wise in my life but there's been a couple of shaky meets, and there's a lot of things I want to do and a lot of people that I want to impress that have given me so much, and I want to give back to them. So there's a lot of emotions and I was nervous."

Her season may have been con-


Javelin-strong Ashtin Zamzow provided the hosts with their only winner on the women's side.
sistent, but not on this day. If not for that first toss, she would have finished just 5th. Her next-best heave was 176-0 (53.64), and at one point went as low as 163-9 (49.91). "I would have preferred to be more consistent today," she admitted. "It was just something else. No one actually changed positions at all after we started the finals. It was an interesting day. I don't know what to say about that. It's hard to be really mentally focused all the time and I didn't do it today. I have goals that I want to throw further and do better and keep improving, and so I'll take away what I can from today." For the rest of the summer, Little said she's heading back Down Under to compete in the Oceania Championships and hopefully the World University Games - and to chase a World Championships qualifier. /Lee Nichols/

## Hept: Winning One For The Home Team

IT DIDN'T TAKE LONG for the favorite, Ashtin Zamzow of the Longhorns, to face her moment of truth. In the second of the seven events, fresh from a big PR 13.33 in the hurdles, she missed twice on her opening height $(5-51 / 4 / 1.66)$ in the high jump. Tyra Gittens of Texas A\&M, her chief rival, was already on her way to a PR 6-1½ (1.87), while Michelle Atherley of Miami, the Indoor pentathlon champ, had opened with the first sub-13 hurdles of her life, 12.97. The pressure was on to stay in the running.

A fifth-year senior who began the year with a PR of 5853, the 22-year-old Zamzow was in her final college meet ("Ending my last season here," she said, "I just can't explain it") so over she went on her third try, and she kept going,
equaling her PR by clearing 5-10 (1.78). She also PRed in the 200 by 0.43 at 24.23, yet remained 161 points down to Gittens, who PRed at 23.86 as they ended the day $1-2$.

Despite a lifetime-best 19-83/4 (6.01) Zamzow fell 30 more points behind in the long jump, as Gittens got out to 20-8½ (6.31) on her final try. "My long jump... was huge ... and that's what I needed going into the javelin," Zamzow said, "because Tyra had such a great Day 1 and an amazing long jump again. I kept fighting to be up with her."

The sixth event, the javelin, is, however, Zamzow's ace in the hole. She has thrown 173, Gittens 40 feet less. On this day, the differential was some 53ft, Zamzow 162-7 (49.56) to 109-0 (33.22) for Gittens. Zamzow went from a differential of 254 points down to 60 ahead. She closed it out in the 800, a weak event for Gittens, to prevail with a lifetime-best 6222, 173 up on Gittens.
"It was a dream come true," said Zamzow,
who moved to No. 8 on the all-time collegiate list in becoming the first Texas scorer in the event. "Incredible... I'm so thankful to finish my last year on this track."

To further some linkages, note that Zamzow began her college career at Gittens' school, arch-rival Texas A\&M (transferring from A\&M to UT after one season). As had both her parents. And her uncle.

There was plenty of action below the top two, as the next seven finishers had PR scores. Atherley got her first total over 6000, taking 3rd with 6014, while two senior Californians, Hope Bender (UCSB) and Erinn Beattie (UC Davis), battled for 4th. When Bender prevailed in the 800 with 2:10.10, that was the difference. For Beattie, it was the conclusion of a fine two days in which she PRed in the hurdles (13.80), outdoor shot (36$11 / 4 / 11.00), 200$ (24.93) and javelin (119-3/36.35) to record a 253-point overall PR. /Jack Pfeifer/

## HEPTATHLON LEADERS BY EVENT

[^1]100 METERS (wind +1.6 )

1. ***Sha'Carri Richardson (LSU) 10.75 CR, WJR, AJR (old CR 10.78[A] Dawn Sowell [LSU] '89; old-lowaltitude CR 10.85 Aleia Hobbs [LSU] '17; old WJR 10.88 Marlies Göhr [EG] '77; old AJR 10.98 Candace Hill [GaHS] '15), (WL, AL) (=9, x W; 5, x A) (MR); 2. Kayla White (NCAT) 10.95 PR ( $=\mathbf{5}=10$ C; 5, 10 AmC; 4, 4 NCAA); 3. **Twanisha Terry (USC) 10.98 PR ( $=10$, x AmC; =8, x NCAA); 4. Teahna Daniels (Tx) 11.00; 5. Kiara Parker (Ar) 11.02 PR; 6. **Kiara Grant' (Norf) 11.04 PR ( $=10$, x WJ); 7. *Angie Annelus (USC) 11.12; 8. **Ka'Tia Seymour (FISt) 11.65. (best-ever mark-for-NCAA-place: 1-7)
SEMIS: II(0.6)-1. Richardson $10.99=P R(=4,=4 \mathrm{WJ}$; =2, =2 AJ; 8,8 NCAA); 2. White 11.01 ( $=10, x$ NCAA);

## 200 METERS (wind +1.38 )

1. *Angie Annelus (USC) 22.16 PR (WL, AL, CL) (4, 4 C; 3, 3 NCAA); 2. ***Sha'Carri Richardson (LSU) 22.17 WJR, low-altitude AJR (old records 20.18 Allyson Felix [adidas] '04) (inferior to AJR/unratified WJR 22.11[A] Felix [CaHS] '03); (2, 2 WJ ; 5, 5 C; 4, 4 NCAA); 3. ***Cambrea Sturgis (NCAT) 22.40 PR (22.394); 4. **Janeek Brown' (Ar) 22.40 PR (22.396); 5. Teahna Daniels (Tx) 22.62; 6. ***Lanae-Tava Thomas (USC) 22.74 PR; 7. Kayla White (NCAT) 22.81; ... dnc-**Ka'Tia Seymour (FISt). (best-ever mark-for-NCAA-place: 2)
SEMIS: II(1.3)-1. Richardson 22.37 PR (=3, =8 WJ; 2, 5 AJ); III(1.3)-1. Annelus 22.35 PR (AL, CL).

## 400 METERS

1. *Wadeline Jonathas (SC) 50.60 PR (13.6); 2. *Chloe Abbott (Ky) 50.98 PR (13.9); 3. Sharrika Barnett (FI) 51.00 (14.4); 4. **Kethlin Campbell (Ar) 51.09 (13.9); 5. *Aliyah Abrams' (SC) 51.13 PR (14.1); 6. *Kyra Constantine' (USC) 51.47 (13.9); 7. **Syaira Richardson (TxAM) 51.98 (14.4); 8. *Hannah Waller (Or) 52.47 (15.4). (best-ever mark-for-NCAA-place: 5)

## - Mid Distances -

## 800 METERS

1. Jazmine Fray' (TxAM) 2:01.31 (CL) (60.89/60.42) (finish 29.6); 2. *Nia Akins (Penn) 2:01.67 PR (AmCL) (61.11/60.56) (29.8); 3. **Avi' Tal Wilson-Perteete (UNLV) 2:02.20 (61.23/60.97) (30.3); 4. Susan Ejore' (Or) 2:02.26 PR (60.95/61.31) (30.3); 5. Allie Wilson (Monm) 2:02.56 PR (61.16/61.40); 6. **Kristie Schoffield (Boise) 2:03.86 (61.05//62.81); 7. Ersula Farrow (LSU) 2:04.80 (61.44/63.36); 8. *AnnaCamp (BYU) 2:05.93(61.30/64.63).

## 1500 METERS

1. *Sinclaire Johnson (OkSt) 4:05.98 PR (CL) (2, 2 C; 1, 1 NCAA) (MR) (pace-67.3, 66.8 [2:14.1], 65.6 [3:19.7], 46.3) (finish-30.7, 62.68, 2:08.50, 3:15.46); 2. *Jessica Hull' (Or) 4:06.27 PR (4, 4 C; 3, 3 NCAA) (67.2, 66.6 [2:13.8], 65.7 [3:19.5], 46.8) (31.0, 63.15, 2:08.86, 3:15.82); 3. Jessica Harris (NDm) 4:11.96 (67.4, 66.3 [2:13.7], 65.8 [3:19.5], 52.5) (36.1, 68.97, 2:14.71, 3:21.26); 4. **Lotte Black (RI) 4:13.02 PR (65.50, 2:14.43, 3:21.94); 5. *Dillon McClintock (MiSt) 4:13.57 (67.12, 2:15.57, 3:22.67); 6. **Ella Donaghu (Stan) 4:13.62 (66.37, 2:15.25, 3:22.34); 7. Jenny Celis (OkSt) 4:14.30; 8. *Whittni Orton (BYU) 4:14.73; 9. Taryn Rawlings (Port) 4:15.03; 10. **Jessica Lawson (Stan) 4:16.04; 11. Molly Sughroue (OkSt) 4:18.06; 12. Julia Rizk (OhSt) 4:19.31. (best-ever mark-for-NCAA-place: 1-2)

## - Distances -

STEEPLE (exterior waterjump)

1. *Allie Ostrander (Boise) 9:37.73 PR (6, 9 NCAA) (pace-87.13 [1:27.13], 83.84 [2:50.97], 82.58 [4:13.55], 83.51 [5:37.06], 82.94 [7:00.00], 80.36 [8:20.36], 77.37) (finish-77.37, 2:37.73, 4:00.67, 5:24.18); 2. *Charlotte Prouse' (NM) 9:44.50 PR (79.43, 2:43.88, 4:07.64, 5:31.16); 3. **Hannah Steelman (Woff) 9:46.08 PR; 4. **Adva Cohen' (NM) 9:46.36; 5. *Erica Birk (BYU) 9:46.47; 6. Val Constien (Co) 9:51.22; 7. *Devin Clark (Ar) 9:55.22; 8. *Rebekah Topham (Wich) 9:57.80; 9. *Gabrielle Jennings (Furm) 9:58.83; 10. Bri llarda' (Prov) 10:11.63; 11. **Alissa Niggemann (Wi) 10:25.60; 12. Nell Crosby (NCSt) 10:35.47.

SEMIS: II-1. Ostrander 9:44.32 (fastest $Q$ ever).

## 5000 METERS

1. *Dani Jones (Co) 15:50.65 (76.04, 3:09.43, 4:27.52); 2. **Taylor Werner (Ar) 15:51.24 (2:20.30, 4:56.20); 3. *Esther Gitahi' (Al) 15:51.85 PR (65.28, 2:21.00); 4. Josette Norris (Gtn) 15:52.05; 5. **Weini Kelati' (NM) 15:54.46; 6. *Makena Morley (Co) 16:02.89; 7. *Fiona O'Keeffe (Stan) 16:07.84 (fell); 8. **Hannah Steelman (Woff) 16:14.58; 9. *Jessica Pascoe' (FI) 16:17.82; 10. **Bethany Hasz (Mn) 16:18.13; 11. Caroline Alcorta (Vill) 16:18.66; 12. **Alexandra Hays (Col) 16:19.45; 13. Jaci Smith (AF) 16:22.42; 14. *Abbey Wheeler (Prov) 16:23.42; 15. *Charlotte Prouse' (NM) 16:26.57; 16. *Allie Ostrander (Boise) 16:28.19; 17. **Abby Nichols (OhSt) 16:37.45; 18. Angie Nickerson (SnUt) 16:38.08; 19. *Jessica Drop (Ga) 16:40.84; 20. *Rachel DaDamio (NDm) 16:43.69; 21. **Joyce Kimeli' (Aub) 17:02.91; 22. ***Julia Paternain' (PennSt) 17:13.82; ...dnf-*Devin Clark (Ar), Adva Cohen' (NM).

## 10,000 METERS

1. **Weini Kelati' (NM) 33:10.84 (4:18.55, 8:18.41, 12:15.65, 16:16.87, 20:20.47, 24:16.40, 28:06.38); 2. *Carmela Cardama Baez' (Or) 33:11.56 (68.72); 3. Isobel Batt-Doyle' (Wa) 33:17.81 (74.61); 4. **Taylor Werner (Ar) 33:20.68; 5. Caroline Alcorta (Vill) 33:20.70; 6. Anna Rohrer (NDm) 33:25.91; 7. Paige Stoner (Syr) 33:32.80; 8. *Amy Davis (Wi) 33:34.20; 9. Ednah Kurgat' (NM) 33:34.67; 10. Abbie McNulty (Stan) 33:38.55; 11. *Makena Morley (Co) 33:39.27; 12. Erin Finn (Mi) 33:40.88; 13. Weronika Pyzik' (Or) 34:00.66; 14. **Amanda Vestri (laSt) 34:02.78; 15. **Laura Dickinson' (Syr) 34:03.76; 16. Kaitlyn Benner (Co) 34:06.39; 17. Margaret Allen (In) 34:16.09; 18. Militsa Mircheva' (FISt) 34:29.41; 19. ${ }^{* * *}$ Maddy Denner (NDm) 34:58.38; 20. **Megan Hasz (Mn) 35:03.50; 21. ***Monica Hebner (Duke) 35:28.28; 22. **Ivine Chemutai' (Louis) 35:35.93; ... dnf-***Jackie Gaughan (NDm), **Samantha Halvorsen (WF).

## - Hurdles -

110 HURDLES (wind +0.6 )

1. **Janeek Brown' (Ar) 12.40 PR (WL, CL) (=15, x W; =2, $=2$ C, NCAA); 2. **Chanel Brissett (USC) 12.52 PR (AmCL) ( $6,7 \mathrm{C} ; 4,5$ AmC, NCAA); 3. *Tonea Marshall (LSU) $\mathbf{1 2 . 6 6}$ PR (8, x AmC); 4. Jeanine Williams' (GaT) 12.74; 5. *Anna Cockrell (USC) 12.80; 6. *Cortney Jones (FISt) 12.81; 7. ${ }^{* *}$ Tiara McMinn (Mia) 12.97; 8. Payton Chadwick (Ar) 13.05. (best-ever mark-for-NCAA-place: 2, =6)
SEMIS: I(2.0)-1. Cockrell 12.69 PR (AmCL) (=9, x AmC); II(1.1)-1. Brown' 12.53 PR (CL) (5, $6 \mathrm{C} ; 3,4 \mathrm{NCAA})$; II(0.8)-1. Marshall 12.67 PR (AmCL) (7, x AmC).

## 400 HURDLES

1. *Anna Cockrell (USC) 55.23 (CL); 2. Gabby Scott' (Co) 56.04 PR; 3. *Brittley Humphrey (LSU) 56.11 PR; 4. ***Reanda Richards' (Rut) 56.42; 5. Brenna Porter (BYU) 57.26; 6. **Jurnee Woodward (LSU) 57.48; 7. *Darhian Mills (Wa) 57.76; 8. Samantha Gonzalez (Mia) 58.43.
SEMIS: II-1. Cockrell 56.05 (CL).

## - Relays -

## 4X100 RELAY

1. USC 42.21 (WL, AL, CL) (6 C; 2 NCAA) (\#3 school; \#2

NCAA school) (Chanel Brissett, Angie Annelus, Lanae-Tava Thomas, Twanisha Terry); 2. LSU 42.29 ( 8 C; 4 NCAA) (Tonea Marshall, Kortnei Johnson, Rachel Misher, Sha'Carri Richardson); 3. Arkansas 42.79 (Tamara Kuykendall, Payton Chadwick, Janeek Brown', Kiara Parker); 4. Oregon 42.99 (Kerissa D'Arpino, Venessa D'Arpino, Briyahna DesRosiers, Brianna Duncan); 5. Alabama 43.00 (Daija Lampkin, Mauricia Prieto', Symone Darius, Tamara Clark); 6. North Carolina A\&T 43.09 (Cambrea Sturgis, Kayla White, Tori Ray, Kamaya Debose-Epps); 7. Florida State 43.13 (Karimah Davis, Jayla Kirkland, Shauna Helps', Ka'Tia Seymour); 8. Texas 43.69 (Kennedy Simon, Teahna Daniels, Zola Golden, Serenity Douglas). (best-ever mark-for-NCAA-place: 2, 6-8)
SEMIS: I-1. Arkansas 42.65 (\#7 school); II-1. LSU 42.56 (=8 NCAA); III-1. USC 42.53 (6 NCAA) (Brissett, Annelus, Thomas, Terry).

## 4X400 RELAY

1. Texas A\&M 3:25.57 (WL, CL) (\#6 school, \#5 NCAA school) (Tierra Robinson-Jones 52.3, Jaevin Reed 51.1, Jazmine Fray' 51.38, Syaira Richardson 50.83); 2. Arkansas 3:25.89 (Paris Peoples 52.0, Kiara Parker 52.5, Payton

Chadwick 51.63, Kethlin Campbell 49.78 [\#8 NCAA split]); 3. South Carolina 3:26.90 (Stephanie Davis 52.0, Aliyah Abrams' 50.0, Tatyana Mills 54.65, Wadeline Jonathas 50.21); 4. Florida 3:27.02 (Doneisha Anderson' 52.1, Taylor Manson 51.9, Nikki Stephens 52.62, Sharrika Barnett 50.40); 5. Alabama 3:27.12 (Takyera Roberson 52.6, Katie Funcheon 51.1, Mauricia Prieto' 53.23, Natassha McDonald' 50.16); 6. Kentucky 3:29.13 (Faith Ross 53.4, Abby Steiner 52.4, Masai Russell 52.88, Chloe Abbott 50.47); 7. Baylor 3:32.37 (Aaliyah Miller 54.0, Kiana Horton 51.1, Sydney Washington 53.79, Leticia De Souza' 53.49); 8. USC 3:35.55 (Bailey Lear 52.3, Kyra Constantine' 50.5, Anna Cockrell 60.95, Kaelin Roberts 51.82).

## - Vertical Jumps -

## HIGH JUMP

1. Zarriea Willis (TxT) 6-2 (1.88) outdoor PR (jumpoff); 2. *Nicole Greene (NC) 6-1 $1 / 2$ (1.87); 3. Anna Peyton Malizia (Penn) 6-1⁄2 (1.84) PR; 4. *Abigail Kwarteng' (Al) 5-111/4 (1.81); 5. *Karla Teran' (Az) 5-111/4; =6. ***Sanaa Barnes (Vill) 5-111/4; =6. *Ellen Ekholm' (Ky) 5-111/4; 8. Stacey Destin (Al) 5-111/4; 9. Andrea Stapleton-Johnson (BYU) 5-10 (1.78); 10. *Ann Wingeleth (OrSt) 5-10 PR; 11. **lesha Hamm (CSF) 5-10; =12. Logan Boss (MsSt) 5-10; =12. Alexus Henry (UTA) 5-10; =12. Rachel Reichenbach (Stan) 5-10; =12. **Kameesha Smith (IISt) 5-10; =16. **Nicola Ader' (Nv) 5-833/; =16. **Tyra Gittens' (TxAM) $5-83 / 4 ;=16$. Sashane Hanson' (AMCC) 5-83/4; = 19. Skyler Daniel (Aub) 5-83/4; =19. Bria Palmer (LBSt) 5-83/4; =21. Clarissa Cutliff (FIInt) 5-7 (1.70); =21. ***Sakari Famous' (Ga) 5-7; =21. *Jada Harris (MaA) 5-7; 24. *Mikella Lefebvre-Oatis' (Md) 5-7.

## POLE VAULT

1. Tori Hoggard (Ar) 14-11 $1 / 2$ (4.56) outdoor PR (3, 6 NCAA) (also $14-91 / 2 / 4.51-x,=10$ NCAA); 2. Bonnie Draxler (SDi) 14-9 $1 / 2(4.51$ ) =outdoor PR ( $5,=10$ NCAA); 3. Olivia Gruver (Wa) 14-711/4 (4.45); 4. Bridget Guy (Va) 14-71⁄4 (4.45) (=7, x NCAA); 5. Lucy Bryan' (Akr) 14-31/4 (4.35); 6. Meagan Gray (Ok) 14-31/4 PR; 7. *Helen Falda' (SD) 14-314; 8. *Kristen Denk (Vand) $14-3114 ;=9$. Desiree Freier (Ar) 13-91⁄4 (4.20); =9. Maddie Gardner (WV) 13-9114; =9. Elleyse Garrett (UCLA) 13-91⁄4; =9. Lexi Jacobus (Ar) 13-91⁄4; =9. Madison Pecot (SFA) 13-91/4; =14. **Reagan Darbonne (NWnLa) 13-91/4 PR; =14. Rebekah Markel (Tul) 13-91/4; =16. ${ }^{* * * N a s t a s s j a ~ C a m p b e l l ~(S F A) ~ 13-91 / 4 ; ~=16 . ~}$ Lindsey Murray (Ms) 13-914; =16. *Chinne Okoronkwo (TxT) 13-914; = 19. **Gabriela Leon (Louis) 13-3½ (4.05); =19. Nati Sheppard (Duke) 13-3½; =19. *Kayla Smith (Ga) $13-31 / 2$; 22. **Hannah Jefcoat (Tn) 13-3 $1 / 2$; 23. *Kaitlyn Merritt (Stan) $13-31 / 2 ;$... nh-Sara McKeeman (OhSt). (best-ever mark-for-NCAA-place: $=3,4,7-8$ )

## - Horizontal Jumps -

LONG JUMP (winds varied from +1.0 to +1.7 )

1. Yanis David' (FI) 22-51/4 (6.84) PR (CL) ( $=9, \mathrm{x} \mathrm{C} ; 3$, 3 NCAA) (20-113/4, 21-113/4, 21-71/2, 21-11, 22-51/4, f) (6.39, 6.70, 6.59, 6.68, 6.84, f); 2. *Jasmyn Steels (NWnLa) 22-1/4 (6.71) PR (21-1114, 21-111⁄2 PR, f, 22-1⁄4, f, 21-312) (6.43, 6.69, f, 6.71, f, 6.49); 3. **Deborah Acquah' (TxAM) 21-9 (6.63) PR ( $20-33 / 4,20-113 / 4,20-1 / 4,20-91 / 4,21-9$, f) (6.19, 6.39, 6.10, 6.33, 6.63, f); 4. *Destiny Longmire (TCU) 21-6 (6.55) PR; 5. Rougui Sow' (FISt) 21-3½ (6.49); 6. Sarea Alexander (IncW) 21-11/2 (6.44); 7. *Rhesa Foster (Or) 21-11/4 (6.43) PR; 8. **Aliyah Whisby (Ga) 21-0 (6.40); 9. Jogailè Petrokaité' (FISt) 20-113/4 (6.39); 10. Kiara Williams (Al) 20-51/4 (6.23); 11. *Samiyah Samuels (Hous) 20-4 $1 / 2$ (6.21); 12. **Nicola Ader' (Nv) 20-41/2; 13. Jewel Smith (Md) $20-41 / 2=$ PR; 14 . *Nadia Williams' (CMi) 20-3 $3 / 4$ (6.19); 15. **G'Auna Edwards (Ar) 20-31⁄2 (6.18); 16. ***Tanalaya Gordon (Mem) 19-1112 (6.08); 17. *Eszter Bajnok' (VaT) 19-91/2 (6.03); 18. **Monae' Nichols (B-C) 19-91/2; 19. **Sophia Falco (Tx) 19-9 (6.02); 20. *Annastacia Forrester' (WnKy) 19-7½ (5.98); 21. Shylia Riley (Nb) 19-7 (5.97); 22. Margaux Jones (USC) 19-7; 23. Jerayah Davis (Wy) $19-61 / 4$ (5.95); 24. Hope Bender (UCSB) 18-93/4 (5.73). (best-ever mark-for-NCAA-place: 7, 9)

TRIPLE JUMP (winds ranged from -2.8 to +1.4 )

1. Shardia Lawrence' (KsSt) 45-103/4 (13.99) PR (7, $x$ NCAA) $\left(43-73 / 4,44-41 / 4,45-33 / 4\right.$, f, $45-21 / 4,45-10^{3 / 4}$ ) (13.30, 13.52, 13.81, f, 13.77, 13.99); 2. Yanis David' (FI) 45-8½ (13.93) (43-51/4, 43-7, 44-81/4, 44-93/4, 45-
$61 / 4,45-81 / 2)(13.24,13.28,13.62,13.66,13.87,13.93)$; 3. Marie-Josee Ebwea-Bile' (Ky) 45-61/4 (13.87) (f, 40-113/4, 44-8, f, 45-61/4, 40-111/2) (f, 12.49, 13.61, f, 13.87, 12.48); 4. Chaquinn Cook (Or) 45-1/4 (13.72); 5. Kelly McKee (Va) 44-4 (13.51); 6. ${ }^{* * *}$ Mirieli Santos' (Mo) 44-2 (13.46) PR; 7. *Ciynamon Stevenson (TxAM) 43-10 (13.36) PR (13.36, f, f, 12.97, f, 12.79); 8. Tiffany Flynn (MsSt) 43-81/2 (13.32); 9. ${ }^{* * * A l o n i e ~ S u t t o n ~(T n) ~}$ 43-71/4 (13.29) PR; 10. LaChyna Roe (Tn) 43-33/4 (13.20); 11. Ja'la Henderson (Wy) 43-33/4; 12. *Kala Penn' (FI) 43-2 $1 / 22$ (13.17); 13. *Leah Moran (In) 43-13/4 (13.15) PR; 14. *Michelle Fokam (Rice) 43-1 (13.13); 15. ***Titiana Marsh (Ga) 43-1/2 (13.12); 16. **Essence Thomas (Ok) 42-7½ (12.99); 17. Nicole Iloanya (SMU) 42-63/4 (12.97); 18. *Bria Matthews (GaT) 42-43/4 (12.92); 19. *LaJarvia Brown (TxAM) 42-4 (12.90); 20. Jehvania Whyte' (NnII) 42-1½ (12.84); 21. Georgia Wahl (Tx) 42-11/2; 22. Domonique Panton (Duke) 41-1012 (12.76); 23. ***Lexi Ellis (Or) 41-10 (12.75); ... 3f-*Eszter Bajnok' (VaT). (best-ever mark-for-NCAA-place: 2-4, 9)

## - Throws Results -

## SHOT

1. **Samantha Noennig (AzSt) 59-61/4 (18.14) PR (AmCL) (10, x NCAA) (55-91/4, 54-33/4, 56-1, 56-8, 59-$6114,58-1)(17.00,16.55,17.09,17.27,18.14,17.70)$; 2. Portious Warren' (AI) 59-5 (18.11) (54-10, 59-23/4, $59-2,59-5,59-0,56-8)(16.71,18.05,18.03,18.11$, 17.98, 17.27); 3. *Sade Olatoye (OhSt) 58-8 (17.88) $=$ PR; outdoor PR (58-8, 58-412, 55-0, 55-101/4, 55-614/, $56-6)(17.88,17.79,16.76,17.02,16.92,17.22) ; 4$. ${ }^{* *}$ Taylor Latimer (KsSt) 57-113/4 (17.67); 5. ${ }^{* * *}$ Akealy Moton (NDSt) 57-3½ (17.46) PR (f); 6. *Khayla Dawson (In) 56-63/4 (17.24); 7. **Alyssa Wilson (UCLA) 56-21/2 (17.13); 8. ${ }^{* * * M a d i s o n ~ P o l l a r d ~(I n) ~ 55-7 ~(16.94) ~ P R ; ~} 9$. Annette Echikunwoke (Cinc) $55-3 / 4$ (16.78); 10. Aliyah Gustafson (BG) 54-63/4 (16.63); 11. Haley Teel (AI) 54-61/2 (16.62) PR; 12. ${ }^{* * *}$ Adelaide Aquilla (OhSt) 54-51/4 (16.59); 13. Banke Oginni (Wi) 53-93/4 (16.40); 14. *Meia Gordon (Ok) 53-41/2 (16.27); 15. ***Tess Keyzers (Mn) 53-23/4 (16.22); 16. Cassaundra Roper (InSt) 53-3/4 (16.17); 17. ${ }^{*} N i a \operatorname{Britt}$ (la) 53-0 (16.15); 18. ***Gabrielle Bailey (Kent) 51-111/4 (15.83); 19. **Erin Howard (CMi) 51-73/4 (15.74); 20. ***Faith Ette (Ok) 51-53/4 (15.69); 21. Ashlie Blake (UCLA) 51-51/2 (15.68); 22. Kayla Melgar (ACU) 50-3/4 (15.26); 23. **Nickolette Dunbar (AI) 49-33/4 (15.03); 24. ${ }^{* * *}$ Tarynn Sieg (CoSt) 48-10 (14.88). (best-ever mark-for-NCAA-place: $=3,4$ )

## DISCUS

1. *Laulauga Tausaga (la) 207-6 (63.26) PR (AmCL) (10, x C; 8, x AmC; 4, 9 NCAA) (187-0, 207-6, f, 200-3, f, f) (57.01, 63.26, f, 61.04, f, f); 2. *Shanice Love' (FISt) 205-8 (62.69) PR (6, x NCAA) (202-7, 205-8, 199-1, 199-7, $200-5,197-1)(61.74,62.69,60.69,60.83,61.08,60.09)$; 3. Shadae Lawrence' (CoSt) 197-11 (60.32) (192-5, 181-5, 177-10, 191-9, 197-11, 196-9) ( $58.65,55.31,54.20,58.44$, 60.32, 59.98); 4. **Alexandra Emilianov' (Ks) 193-3 (58.90); 5. **Debbie Ajagbe (Mia) 186-9 (56.92) PR; 6. Venique Harris' (Alb) 186-7 (56.89); 7. **Alyssa Wilson (UCLA) 186-0 (56.70); 8. Gabi Jacobs (Mo) 185-11 (56.68); 9. **Seasons Usual (TxT) 184-2 (56.14); 10. *Zakiya Rashid (Mia) 1805 (55.01); 11. Kelcey Bedard (CoSt) 179-10 (54.83); 12. Abigale Wilson (Akr) 179-0 (54.56); 13. *Gabrielle Rains' (FIInt) 178-7 (54.43); 14. *Sydney Laufenberg (IISt) 177-11 (54.24); 15. **Annina Brandenburg' (ACU) 176-5 (53.79); 16. Erin Reese (InSt) 175-6 (53.51); 17. Stamatia Scarvélis' (Tn) 173-2 (52.78); 18. *Kiana Phelps (Or) 171-9 (52.36); 19. *Ashley Petr (KsSt) 169-11 (51.80); 20. **Chelsea Igberaese (Lib) 163-5 (49.80); 21. **Ashley Anumba (Penn) 162-9 (49.60); 22. **Makenli Forrest (Louis) 162-3 (49.47); 23. *Jaimi Salone (Stan) 153-5 (46.77); ... 3f-**Obi Amaechi (Prin). (best-ever mark-for-NCAA-place: 2, 8-10)

## HAMMER

1. **Camryn Rogers' (Cal) 234-7 (71.50) PR (CL) (7, x C; 5, 6 NCAA) (229-7, 216-9, f, 234-7, f, 226-0) (69.99, 66.08, f, 71.50, f, 68.89); 2. Erin Reese (InSt) 233-2 (71.06) PR (AmCL) (9, x C; 6, x AmC; 6, 10 NCAA) (f, 195-8, 224-3, 228-6, 231-2 PR [9, x AmC], 233-2) (f, 59.64, 68.36, 69.65, 70.46, 71.06); 3. **Alyssa Wilson (UCLA) 228-10 (69.75) (9, x NCAA) (223-0, 224-8, 221-10, 228-10, 222-0, 228-0) (67.97, 68.49, 67.63, 69.75, 67.68, 69.51); 4. *Sade Olatoye (OhSt) 227-7 (69.37) PR (10, x NCAA); 5. Temi Ogunrinde' (MnNgr) 225-10 (68.85) NR; 6. Molli Detloff (ND) 222-11 (67.94) PR; 7. **Beatrice Llano' (AzSt) 222-3 (67.74); 8. Stamatia Scarvélis' (Tn) 221-9 (67.59); 9. *Veronika Kaňuchová’ (FISt) 221-0 (67.37); 10. Pavla Kuklová' (VaT) 216-6 (65.99); 11. ${ }^{* * *}$ Madi Malone (Aub) 214-10 (65.49) PR; 12. **Kaila Butler' (BG) 212-1 (64.64); 13. **Shauniece O'Neal (Snll) 211-11 (64.59); 14. *Bailey Retzlaff (NDSt) 209-7 (63.89) PR; 15. ${ }^{* *}$ Makenli Forrest (Louis) 205-1 (62.50); 16. Onyie Chibuogwu (Wa) 204-6 (62.33); 17. Hana Feilzer (Mt) 203-6 (62.02); 18. Stefani Vukajlović' (Duke) 202-8 (61.79); 19. Lara Boman (SD) 202-8 (61.78); 20. Nycia Ford (In) 199-8 (60.87); 21. *Helene Ingvaldsen' (KsSt) 199-1 (60.69); 22. Rebecca Keating' (Mo) 193-2 (58.89); 23. Annette Echikunwoke (Cinc) 192-2 (58.57); 24. ***Mayyi Mahama (Penn) 182-6 (55.63). (best-ever mark-for-NCAA place: 3-at least 14)

JAVELIN

1. Mackenzie Little' (Stan) 195-0 (59.44) (195-0, 175-9, 173-3, 163-9, 164-7, 176-0) (59.44, 53.57, 52.80, 49.91 50.17, 53.64); 2. *Kylee Carter (Aub) 185-0 (56.40) (1754, 183-0, 170-8, 174-5, 182-6, 185-0) (53.45, 55.78, 52.03, 53.17, 55.64, 56.40); 3. ***Madison Wiltrout (NC) 181-1 (55.21) (162-8, 181-1, 160-0, 157-7, 169-0, 1735) $(49.58,55.21,48.76,48.05,51.52,52.86)$; 4. *Jenna Gray (Stan) 179-9 (54.79); 5. Chase Wolinski (Nb) 176-4 (53.75); 6. *Sophia Rivera (Mo) 175-0 (53.34); 7. **Laura Paredes' (FISt) 174-3 (53.13); 8. **Samantha Zelden (AI) 173-7 (52.91) PR; 9. **Maura Fiamoncini (Buck) 172-9 (52.66); 10. *Danielle Collier (M/O) 168-0 (51.21); 11. *Sarah Blake (MsSt) 167-4 (51.00); 12. *Mona Jaidi' (Mem) 167-2 (50.95); 13. Ashley Pryke' (Mem) 162-0 (49.39); 14. Brittni Wolczyk' (Nb) 161-9 (49.30); 15. **Sydney Otto (Nb) 160-11 (49.05); 16. *Seri Geisler (AzSt) 160-4 (48.87); 17. **Keira McCarrell' (Or) 160-2 (48.82); 18. Madalaine Stulce (TxAM) 149-6 (45.56); 19. Danielle Konopelski (WF) 148-4 (45.21); 20. ***Akealy Moton (NDSt) 144-5 (44.02); 21. *Sara Phelan (StF) 1406 (42.82); 22. **Virginia Miller (Stan) 128-9 (39.24); 23. **Danielle Steff (Monm) 126-0 (38.41);... dnc-***Stella Weinberg (CSN).

## - Heptathlon Results -

## HEPTATHLON

1. Ashtin Zamzow (Tx) 6222 PR (CL) (8, x C; 5, x AmC; 6, 8 NCAA) ( 13.33 PR, 5-10/1.78 =PR, 42-6/12.95, 24.23 PR [3711-2], 19-83/4/6.01 PR, 162-7/49.56, 2:21.31 [2511]); 2. **Tyra Gittens' (TxAM) 6049 (13.49, $6-1 \frac{1}{2} / 1.87,44-21 / 2 / 13.47,23.86$ [3872-1], 20-81⁄2/6.31, 109-0/33.22, 2:29.99 [2177]); 3. *Michelle Atherley (Mia) 6014 PR (12.97, 5-6½/1.69, 42-21/4/12.86, 23.99 [3671-3], 19-103/4/6.06w, 105-7/32.18, 2:10.50 [2343]); 4. Hope Bender (UCSB) 5955 PR; 5. Erinn Beattie (UCD) 5924 PR ([2400]); 6. **Amanda Frøynes' (FI) 5891 PR; 7. Jordan Gray (KennSt) 5846 PR; 8. *Lauren Taubert (KsSt) 5793 PR; 9. **Hannah Rusnak (Wa) 5779 PR; 10. **Erin Marsh (Duke) 5707; 11. ***Sterling Lester (Ga) 5694 PR (4, 6 AJ); 12. Jestena Mattson (Fres) 5576; 13. **Nicola Ader' (Nv) 5571; 14. Carly Paul (Brown) 5535; 15. *Emilie Berge' (SAI) 5493; 16. *Asya Reynolds (MiSt) 5487; 17. Tria Simmons (la) 5479; 18. *Ariel Okorie (KsSt) 5439); 19. ***Beatričé Juškevičiūtè’ (Corn) 5438; 20. *Christina Chenault (UCLA) 5386; 21. Amanda Levin (NDSt) 5332; 22. Michaela Wenning (Co) 5274; 23. *Jenny Kimbro (Ia) 5023; 24. Maja Wichhart-Donzo (Co) 4554.


## Stockholm DL - Stars Beat Back The Weather



Daniel Ståhl unleashed a mighty discus foul measured in World Record territory.

by Cathal Dennehy

STOCKHOLM, SWEDEN, May 30 -On a cold, windy night at the Stockholm DL, 4 athletes (Rhonex Kipruto, Dina Asher-Smith, Karsten Warholm \& Daniel Ståhl) were able to defy conditions and deliver performances of scintillating quality. For many others, the weather meant that times were mired in relative mediocrity, even if at this level there is really no such thing.
U.S. long-sprint star Michael Norman came to the Swedish capital ready to make a major impact in his DL 400 debut, and the 20-year-old Californian duly dispatched his rivals with the minimum of fuss. Running in lane 5, he tracked training partner Rai Benjamin, running a lane outside him, then unleashed his trademark flying finish, powering clear to hit the line in
44.53. Benjamin held on for 2 nd in 45.13. "Today was challenging, both mentally and physically, and there's a lot of things I need to work on," admitted Norman. "I'm not particularly satisfied. But it's a long way to Worlds just yet. I'll continue working hard with my coach and we'll see where that gets me."

Warholm predicted before the 400 H that he would go like a "skyrocket" from the gun and that he would "probably die." While the Norwegian standout was good to his word on the former statement, the latter fear was unfounded. He powered to the line a runaway winner in 47.85, well ahead of TJ Holmes (49.25). "I felt like I went out hard and managed to take 13 steps until hurdle 9 which is really good in these conditions-maybe this is the year I will go 13 all the way," said Warholm. "I had no problems with the cold or wind. It's an outdoor
sport so whether it's cold or warm I have to run."

Asher-Smith confirmed her status as a challenger to the title of world's best woman sprinter with another dominant display to win the 200, the European champion beating Olympic champion Elaine Thompson and world champion Dafne Schippers to come home well clear in 22.18 (wind 1.3). "My aim was to come, win and run my own race which is very important in a race of that caliber," said the 23-year-old Briton. "I didn't expect to run that kind of time as it's quite cold."

Perhaps the most striking performance of the night came in the men's 10,000 , where the track world was fully introduced to the astonishing talent of Kipruto, a 19 -year-old Kenyan who twice last year broke the World Junior road 10 K record, peaking at 26:46. Here he clocked 26:50.16, the world's fastest since '17. He was content to sit behind the leaders for the first half, with Hagos Gebrhiwet taking the field through halfway in 13:28.65, but then he surged to the front. By 9 K he had just the Ethiopian for company, but soon Gebrhiwet couldn't live with his speed and Kipruto stormed to the finish with a 2:34 final kilometer. "I'm really happy," the winner said. "Later in the year I'll run the $10,000 \mathrm{~m}$ at the Worlds."

In the men's discus, Ståhl wowed the partisan crowd with his fifth-round effort, which came down $3-4 \mathrm{~m}$ (c10ft) beyond the 70 m line. However, the cheers soon turned to groans when the red flag was raised on an obvious foul, a furiousStåhl exiting the circle and left to wonder what might have been. Nonetheless his second-round effort of 228-3 (69.57) proved enough to take victory, with Jamaica's Fedrick Dacres 2nd with 226-3 (68.96). "I threw a little bit too high today-that's why I didn't throw even longer," said Ståhl. "But it's there, it'll come."

There were a number of upsets. World XC champion Hellen Obiri was an unlucky victim of a collision with a little over a kilo to run in the women's 5000 and could only finish 12th in a race won by Agnes Tirop in a year-leading 14:50.82. World 1500 champion Elijah Manangoi had an off night and trailed home 10th, with compatriot Timothy Cheruiyot winning in 3:35.79 and Djibouti's Ayanleh Souleiman holding off the flying finish of Norwegian wunderkind Jakob Ingebrigtsen to take 2nd, both running 3:37.30.

Two-time Olympic championSandra Perković was way off her best in the women's discus, the Croatian finishing only 5th with 209-0

## STOCKHOLM DL MEN'S RESULTS

Bauhaus Galan; Stockholm, Sweden, May 30 (rainy, windy \& cold) -
Non-DL 100: I(0.4)-1. Churandy Martina (Neth) 10.37. 200(1.0): 1. Aaron Brown (Can) 20.06; 2. Ramil Guliyev (Tur) 20.40; 3. Jereem Richards (Tri) 20.45; 4. Alex Quiñónez (Ecu) 20.56; 5. Bernardo Baloyes (Col) 20.74; 6. Henrik Larsson (Swe) 20.81 PR; 7. Kyle Greaux (Tri) 20.87; 8. Alonso Edward (Pan) 20.88.

400: 1. Michael Norman (US) 44.53; 2. Rai Benjamin (US) 45.13; 3. Michael Cherry (US) 46.30; 4. Vernon Norwood (US) 46.39; 5. Luka Janežic (SIo) 46.60; 6. Nathan Strother (US) 46.64; 7. Bralon Taplin (Grn) 46.87; 8. Baboloki Thebe (Bot) 48.85 .

Non-DL 800: 1. Amel Tuka (Bos) 1:46.68; 2. Ryan Sánchez (PR) 1:46.77; 3. Marcin Lewandowski (Pol) 1:46.79; 4. Andreas Kramer (Swe) 1:47.20; 5. Erik Sowinski (US) $1: 47.24 ; \ldots$ rabbit-Harun Abda (US) (50.42).
1500: 1. Timothy Cheruiyot (Ken) 3:35.79; 2. Ayanleh Souleiman (Dji) 3:37.30; 3. Jakob Ingebrigtsen (Nor) 3:37.30; 4. Bethwell Birgen (Ken) 3:39.18; 5. Samuel Tefera (Eth) 3:40.19; 6. Charles Simotwo (Ken) 3:40.65; 7. Aman Wote (Eth) 3:42.68; 8. George Manangoi (Ken) 3:43.83; 9. Henrik Ingebrigtsen (Nor) 3:45.46; 10. Elijah Manangoi (Ken) 3:48.83;... rabbit-Timothy Sein (Ken) (54.56, 59.43 [1:53.99]).

Non-DL 10,000: 1. Rhonex Kipruto (Ken) 26:50.16 PR (WL);
2. Hagos Gebrhiwet (Eth) 27:01.02 (13:28.65); 3. Aron Kifle (Eri) 27:27.68 PR; 4. Mogos Tuemay (Eth) 27:34.36 PR;
5. Paul Chelimo (US) 27:43.89 PR (AL);
6. Julien Wanders (Swi) 27:44.36 NR; 7. Amos Kurgat (Ken) 27:48.15; 8. Kirubel Erassa (US) 27:52.75; 9. Ali Kaya (Tur) 27:53.39; 10. Timothy Toroitich (Uga) 28:06.87; 11. Awet Habte (Eri) 28:11.12; 12. Charles Muneria (Ken) 28:13.91; 13. Soufiane Bouchikhi (Bel) 28:20.97; 14. Shadrack Kipchirchir (US) 28:21.26; 15. Leonard Korir (US) 28:23.00.
400H: 1. Karsten Warholm (Nor) 47.85; 2. TJ Holmes
(63.71). Cuba's Denia Caballero took the victory at 213-7 (65.10). Caballero's young countryman Juan Miguel Echevarría was also unable to take a long jump victory, managing a best of 26-73/4 (8.12) in the long jump, beaten on a night when PRs were rare by Sweden's Thobias Montler's lifetime best of $26-113 / 4$ (8.22).

In the wake of the CAS decision to apply the IAAF testosterone rules, the women's 800 was a very different race to those at recent DLs. Ajee' Wilson was an impressive winner in 2:00.87, the US athlete taking command at the front after the pacer stepped aside. She hit the 600 in 1:30.09 and kept the pedal to the floor, holding off the challenge of Ethiopia's Habitam Alemu to take the win. "I did what my coach told me to do and it worked out," Wilson said. "The majority of my training right now is really distance oriented so I'm looking forward to coming down and doing more specific workouts and speed training."

Sam Kendricks continued his fine start to the season with his second Diamond League victory in the pole vault, the American the only athlete able to clear $18-91 / 4$ (5.72) in the breezy conditions, which he did at the first attempt. Mariya Lasitskene had a few nervous moments in the women's high jump, but the reigning world champion opened her season with a win and a best clearance of $6-3^{1 / 2}$ (1.92). Keni Harrison stamped her authority on the 100 H with a commanding victory, the WR holder putting together a clean, crisp display to take victory with ease in 12.52. Canada's Aaron Brown continued racked up with his second straight victory in the IAAF
(US) 49.25; 3. Thomas Barr (Ire) 50.28; 4. Sebastian Rodger (GB) 50.50; 5. Kenneth Selmon (US) 51.15; 6. Jacob Paul (GB) 51.29; 7. Carl Bengtström (Swe) 51.35; 8. Abdelmalik Lahoulou (Alg) 51.82.

## Field Events

PV: 1. Sam Kendricks (US) 18-91⁄4 (5.72); 2. Piotr Lisek (Pol) 18-4½ (5.60); 3. Seito Yamamoto (Jpn) 17-113/4 (5.48); 4. Emmanouil Karalis (Gre) 17-7 (5.36); 5. tie, Raphael Holzdeppe (Ger) \& Pawel Wojciechowski (Pol) 17-7 (5.36);... nh-Thiago Braz (Bra), Konstantinos Filippidis (Gre).
LJ: 1. Thobias Montler (Swe) 26-113/4 (8.22) PR; 2. Juan Miguel Echevarría (Cub) 26-73/4 (8.12); 3. Jeff Henderson (US) 26-6½ (8.09); 4. Luvo Manyonga (SA) 26-53/4 (8.07); 5. Tajay Gayle (Jam) 26-5 (8.05); 6. Miltiadis Tentoglou (Gre) 26-23/4 (7.99); 7. Serhiy Nykyforov (Ukr) 26-133/4 (7.97); 8. Zarck Visser (SA) 25-6 (7.77).
Non-DL SP: 1. Wictor Petersson (Swe) 65-113/4 (20.11); 2. Maksim Afonin (Rus) 64-103/4 (19.78); 3. Joe Kovacs (US) 64-10½ (19.77); 4. Franck Elemba (Con) 62-33/4 (18.99).
DT: 1. Daniel Ståhl (Swe) 228-3 (69.57) (f, 228-3, f, 227-5, f [measured at 238-2/72.60], f) (f, 69.57, f, 69.33, f, f); 2. Fedrick Dacres (Jam) 226-3 (68.96); 3. Lukas Weißhaidinger (Aut) 219-8 (66.97); 4. Ola Stunes Isene (Nor) 218-8 (66.65); Ehsan Hadadi (lrn) 214-4 (65.34); 6. Christoph Harting (Ger) 206-3 (62.88); 7. Mason Finley (US) 203-11 (62.16).

## STOCKHOLM WOMEN'S RESULTS

Non-DL 100(2.8): 1. Crystal Emmanuel (Can) 11.37w.
200(1.3): 1. Dina Asher-Smith (GB) 22.18 (WL);
2. Elaine Thompson (Jam) 22.66; 3. Dafne Schippers (Hol) 22.78; 4. Ivet Lalova-Collio (Bul) 22.99; 5. Jenna Prandini (US) 23.09; 6. Crystal Emmanuel (Can) 23.14; 7. Jamile Samuel (Hol) 23.25.
800: 1. Ajee' Wilson (US) 2:00.87; 2. Habitam Alemu (Eth) 2:01.26; 3. Nelly Jepkosgei (Ken) 2:01.98; 4. Raevyn Rogers (US) 2:02.35; 5. Lovisa Lindh (Swe) 2:02.95; 6. Renée Eykens (Bel) 2:03.34; 7. Lynsey Sharp (GB) 2:03.52; 8. Hanna Hermansson (Swe) 2:03.70; 9. Natoya Goule (Jam) 2:03.89;... rabbit-Noélie Yarigo (Ben) (58.83).
Non-DL 1500: 1. Laura Muir (GB) 4:05.37; 2. Malika Akkaoui
(Mor) 4:09.70; 3. Yolanda Ngarambe (Swe) 4:10.05; 4 Jemma Reekie (GB) 4:10.16; 5. Sarah McDonald (GB) 4:11.01; 6. Caterina Granz (Ger) 4:11.22; 7. Esther Guerrero (Spa) 4:12.50; 8. Amy Griffiths (GB) 4:13.80; 9. Katie Mackey (US) 4:14.19.

5000: 1. Agnes Tirop (Ken) 14:50.82 (WL);
2. Fantu Worku (Eth) 14:51.31 PR; 3. Lilian Rengeruk (Ken) 14:51.34; 4. Gabriela DeBues-Stafford (Can) 14:51.59 NR; 5. Caroline Kipkirui (Ken) 14:52.05; 6. Margaret Kipkemboi (Ken) 14:52.11; 7. Eilish McColgan (GB) 14:52.40; 8. Melissa Courtney (GB) 14:53.82 PR; 9. Yasemin Can (Tur) 14:53.92; 10. Gloriah Kite (Ken) 14:56.50 PR; 11. Alina Reh (Ger) 15:04.10 PR; 12. Hellen Obiri (Ken) 15:07.70 (fell); 13. Anna Emilie Møller (Den) 15:22.69 PR.

100H(1.3): 1. Keni Harrison (US) 12.52; 2. Sharika Nelvis (US) 12.69; 3. Tobi Amusan (Ngr) 12.85; 4. Cindy Roleder (Ger) 12.94; 5. Elvira Herman (BIr) 12.94; 6. Pedrya Seymour (Bah) 12.97; 7. Eefje Boons (Hol) 13.32; 8. Nadine Visser (Hol) 13.39.
Non-DL 400H: 1. Amalie luel (Nor) 57.02.

## Field Events

HJ: 1. Mariya Lasitskene (Rus) 6-3½ (1.92); 2. Yuliya Levchenko (Ukr) 6-23/4 (1.90); 3. Erika Kinsey (Swe) 6-23/4; 4. Yaroslava Mahuchikh (Ukr) 6-0 (1.83); 5. tie, Mirela Demireva (Bul) \& Sofie Skoog (Swe) 6-0; 7. tie, Marie-Laurence Jungfleisch (Ger) \& Elena Vallortigara (Ita) 5-10 (1.78); 9. Levern Spencer (StL) 5-10.
Non-DL PV: 1. Angelica Bengtsson (Swe) 15-0 (4.57); 2. Michaela Meijer (Swe) 14-8 (4.47); 3. tie, Olga Mullina (Rus) \& Iryna Zhuk (BIr) 14-31/4 (4.35).
Non-DL SP: 1. Aliona Dubitskaya (Blr) 60-8 (18.49); 2. Fanny Roos (Swe) 60-3 (18.36); 3. Brittany Crew (Can) 59-113/4 (18.28); 4. Sara Gambetta (Ger) 59-5 (18.11). DT: 1. Denia Caballero (Cub) 213-7 (65.10); 2. Yaimé Pérez (Cub) 213-6 (65.09); 3. Yang Chen (Chn) 210-9 (64.25); 4. Bin Feng (Chn) 209-6 (63.87); 5. Sandra Perković (Cro) 209-0 (63.71); 6. Valarie Allman (US) 208-2 (63.45); 7. Andressa de Morais (Bra) 202-11 (61.86); 8. Mélina Robert-Michon (Fra) 195-7 (59.63). $\square$

Diamond League, backing up his win in Doha with victory in the 200 over Ramil Guliyev in
20.06 (wind 1.0).


Karsten Warholm's 47.85 was most impressive under the unfriendly conditions.

## Rome Diamond League - 19.70 For Stormin' Norman



A fabulous homestretch battle found Michael Norman holding off Noah Lyles by 0.02 in the 200.

by Jon Mulkeen

ROME, ITALY, June 06-It was the most hyped clash of the Rome Diamond League and it didn't disappoint. Noah Lyles, the yearly world 100 leader, was up against Michael Norman, the 400 leader, and they were meeting in the middle at 200 m . Coming into Rome, Lyles led their career head-to-head record 3-0, with 200 wins over Norman at the ' 15 USATF Juniors, the ' 16 Olympic Trials and the '18 Lausanne DL.

Norman started well and was up on Lyleswho ran 9.86 in Shanghai just a few weeks prior-before they came off the bend. Norman transitioned well into the straight, while Lyles kept his cool and trusted in his own finishing abilities. Sure enough, Lyles gradually made up ground on his fellow 21 -year-old and for a brief moment it looked as though his momentum would get him to the finish first, but a well-timed dip from Norman gave him the advantage on the line, winning in a world-leading 19.70 with Lyles just 0.02 behind.

Norman, who took 0.14 off his previous best, moved up to No. 12 on the world all-time list and No. 7 among Americans. "I changed a few things with my race pattern," he said. "I was a lot stronger today and I tried to hold the composure. I'm really happy with the time, there was a good flow."

Hisperformance was one ofseven world-leading marks set in the Italian capital. Genzebe Dibaba ran her fastest 1500 since breaking the

WR in the event four years ago to hold off Laura Muir 3:56.28-3:56.73. After a swift opening lap ( 62.43 by rabbit Noelie Yarigo), the pace dipped a bit on the second (66.81) but Dibaba made her way to the front to ensure she had the advantage going into the final lap. Fellow Ethiopian Gudaf Tsegay tracked Dibaba with Muir close behind in 3rd. Muir moved up to 2nd with 200 to go, but Dibaba dug in deep and managed to hold off the Briton's challenge. Muir's time was the second-fastest of her career.

Telahun Haile Bekele (T\&FN doesn't use the Bekele part) pulled off a shock win in the men's 5000-although, with a name like 'Haile Bekele' it's no surprise that he's good. The opening pace (7:45.50 for 3000) suggested that the finishing time would be well inside 13:00. Diamond League champion Selemon Barega, still just 19, took up the running once the pacemakers had dropped out, but he couldn't shake off the challenge of his rivals. Compatriots Hagos Gebrhiwet and Haile were ahead of Barega as they embarked on the final lap, but Barega moved into the lead with 200 to go and looked to be on his way to winning. Haile, however, wasn't done and came back with just 30 m remaining. Haile just got the advantage on the line, winning in a world-leading 12:52.98 to Barega's 12:53.04. A half-dozen finished inside 13:00, including Canada's Mo Ahmed, who set a national record 12:58.16. Back in 11th, Ben True put up the fastest U.S. time of the year, 13:09.81.

American Donavan Brazier was another runner who timed his finish to perfection. The men's

800 had started with a speedy 49.96 opening lap, after which Nijel Amos and Wycliffe Kinyamal fought for the lead. Kinyamal edged ahead as they entered the home straight but clipped Amos in doing so, throwing them both off balance. Brazier initially ran himself into a box, but managed to stay out of trouble and closed well to take the win in a world-leading 1:43.63. Amos was just 0.02 behind with Canada's Brandon McBride finishing 3rd in 1:43.90.

After a few early-season defeats, double Olympic champion Elaine Thompson looked to be back to her best when winning the women's 100 in a world-leading 10.89. European champion Dina Asher-Smith, who led for most of the race, finished 2nd in 10.94.

Rai Benjamin notched up his first victory of the year, winning the 400 H in a season's best of 47.58 . He clipped the eighth barrier and was unhappy with his final two hurdles, but looked utterly dominant in putting up the second-fastest time of his career.

Dalilah Muhammad was also a clear winner in the women's long-hurdle event. The Olympic champion won in 53.67 from Shamier Little (54.40).

The triple jump was missing Christian Taylor and Will Claye, but fellow American Omar Craddock got one of the biggest wins of his career, defeating a field that included 18 m performer Pedro Pablo Pichardo and '08 Olympic champion Nelson Évora. Craddock's second-round 57-5 (17.50) was 3 cm farther than Pichardo's best.

## ROME DIAMOND LEAGUE MEN'S RESULTS

Golden Gala; Rome, Italy, June 06
200(0.7): 1. Michael Norman (US) 19.70 PR (WL, AL) (12, x W; 7, x A);
2. Noah Lyles (US) 19.72; 3. Alex Quiñónez (Ecu) 20.17; 4. Ramil Guliyev (Tur) 20.35; 5. Filippo Tortu (Ita) 20.36; 6. Jereem Richards (Tri) 20.52; 7. Bernardo Baloyes (Col) 20.59; 8. Nethaneel Mitchell-Blake (GB) 20.68; 9. Leon Reid (Ire) 20.83.
800: 1. Donavan Brazier (US) 1:43.63 (WL, AL);
2. Nijel Amos (Bot) 1:43.65; 3. Brandon McBride (Can) 1:43.90; 4. Ferguson Cheruiyot (Ken) 1:44.11; 5. Clayton Murphy (US) 1:44.59; 6. Wyclife Kinyamal (Ken) 1:44.65 (1:16.87); 7. Adam Kszczot (Pol) 1:44.74; 8. Marcin Lewandowski (Pol) 1:45.32; 9. Andreas Kramer (Swe) 1:45.33; 10. Haydar Abdalla (Qat) 1:45.53;... rabbitHarun Abda (US) (49.96).
Non-DL St: 1. Benjamin Kigen (Ken) 8:06.13 PR (WL); 2. Getnet Wale (Eth) 8:06.83 PR; 3. Chala Beyo (Eth) 8:09.95; 4. Lawrence Kemboi (Ken) 8:15.68 (5:29.08); 5. Fernando Carro (Spa) 8:15.73 PR; 6. Andy Bayer (US) 8:16.52; 7. Albert Chemutai (Uga) 8:16.66 PR; 8. Abdelkarim Ben Zahra (Mor) 8:18.12 PR; 9. Barnabas Kipyego (Ken) 8:20.12; 10. Daniel Arce (Spa) 8:20.16 PR; ... rabbit-Bernard Nganga (Ken) (2:42.03).
5000: 1. Telahun Haile (Eth) 12:52.98 PR (WL);
2. Selemon Barega (Eth) 12:53.04 (x, 6 WJ) (2:32.90, 5:08.57, 7:45.50 [outdoor WL]);
3. Hagos Gebrhiwet (Eth) 12:54.92; 4. Birhanu Yemataw (Brn) 12:56.26 PR; 5. Abadi Hadis (Eth) 12:56.48 (10:25.27); 6. Mo Ahmed (Can) 12:58.16 NR; 7. Edward Zakayo (Ken) 13:03.19 PR; 8. Andrew Butchart (GB) 13:09.33; 9. Yemaneberhan Crippa (Ita) 13:09.52 PR; 10. Justyn Knight (Can) 13:09.76 PR;

## 11. Ben True (US) 13:09.81 (AL);

12. Bethwel Birgen (Ken) 13:10.21; 13. Davis Kiplangat (Ken) 13:11.65 PR; 14. Filip Ingebrigtsen (Nor) 13:11.75 PR; 15. Aron Kifle (Eri) 13:13.85; 16. Oscar Chelimo (Uga) 13:20.10 PR; 17. Paul Tanui (Ken) 13:23.13; 18. Milkesa Mengesha (Eth) 13:25.74 PR; 19. Nick Willis (NZ) 13:56.94. 110H(0.4): 1. Sergey Shubenkov (Rus) 13.26; 2. Andrew Pozzi (GB) 13.29; 3. Antonio Alkana (SA) 13.30; 4. Gabriel Constantino (Bra) 13.50; 4. Milan Trajkovic (Cyp) 13.50; 6. Aurel Manga (Fra) 13.51; 7. Lorenzo Perini (Ita) 13.58; 8. Johnathan Cabral (Can) 13.61; 9. Orlando Ortega (Spa) 14.00 .
Non-DL 400H: 1. Rai Benjamin (US) 47.58 (AL) (10, x A); 2. David Kendziera (US) 48.99; 3. Takatoshi Abe (Jpn)
49.57; 4. Thomas Barr (Ire) 49.65; 5. Kenny Selmon (US) 49.83; 6. Mamadou Kasse Hann (Fra) 50.00; 7. José Reynaldo Bencosme (Ita) 50.36; 8. Patryk Dobek (Pol) 50.38; 9. Rasmus Mägi (Est) 50.52.

## Field Events

HJ: 1. Bohdan Bondarenko (Ukr) 7-7 (2.31) (=out WL); 2. Majd Eddin Ghazal (Syr) 7-53/4 (2.28); 3. Maksim Nedasekau (BIr) 7-53/4; 4. Gianmarco Tamberi (Ita) 7-53/4; 5. Ilya Ivanyuk (Rus) 7-53/4; 6. Brandon Starc (Aus) $7-31 / 4$ (2.22); 7. Andriy Protsenko (Ukr) 7-314; 8. Mateusz Przybylko (Ger) 7-2 $1 / 4$ (2.19); 9. tie, Takashi Eto (Jpn) \& Django Lovett (Can) 7-21/4); 11. Naoto Tobe (Jpn) 7-1/2 (2.15);... nh—Bryan McBride (US).
TJ: 1. Omar Craddock (US) 57-5 (17.50) (55-91/4, 57-5, $56-91 / 4,54-1 \frac{114, ~ 56-1011 / 4, ~ 56-4) ~(17.00, ~ 17.50, ~ 17.30, ~ 16.49, ~}{\text {, }}$ 17.33, 17.17); 2. Pedro Pablo Pichardo (Por) 57-33/4 (17.47) ( $57-33 / 4,56-111 / 4,54-103 / 4$, p, $55-31 / 2,56-71 / 2)(17.47,17.35$, 16.73, p, 16.85, 17.26); 3. Donald Scott (US) 57-21/4 (17.43) PR (55-1, 57-21⁄4, 55-3³/4, 53-53/4, f, 54-23/4) (16.79, 17.43, 16.86, 16.30, f, 16.53);
4. Fabrice Zango Hugues (Bur) 56-9¼ (17.30) PR; 5. Nazim Babayev (Aze) 55-113/4 (17.06); 6. Andy Díaz (Cub) 55-91/4 (17.00); 7. Chris Benard (US) 55-43/4 (16.88); 8. Alexis Copello (Aze) 54-111/4 (16.74); 9. Yaming Zhu (Chn) 54-103/4 (16.73); 10. Nelson Évora (Por) 54-91⁄4 (16.69); 11. Pablo Torrijos (Spa) 53-33/4 (16.25).
SP: 1. Konrad Bukowiecki (Pol) 72-1 (21.97) PR (67-63/4, 65-91/2, 65-9, 69-5114, 72-1, 70-9114) (20.59, 20.05, 20.04, 21.16, 21.97, 21.57); 2. Darrell Hill (US) 71-23/4 (21.71) (67-8, f, f, f, 68-91/4, 71-23/4) (20.62, f, f, f, 20.96, 21.71); 3. Darlan Romani (Bra) 71-11/2 (21.68) (67-11, 71-11/2, f, 69-9, 69-81/4, 69-81/4) (20.70, 21.68, f, 21.26, 21.24, 21.24);
4. Joe Kovacs (US) 70-5 (21.46); 5. Michal Haratyk (Pol) 69-9 (21.26); 6. O'Dayne Richards (Jam) 68-8 (20.93); 7. Tim Nedow (Can) 67-6 (20.57); 8. Chuk Enekwechi (Ngr) 67-43/4 (20.54); 9. Curtis Jensen (US) 65-11/4 (19.84); 10. Tomáš Stanek (CzR) 64-6 (19.66); 11. Leonardo Fabbri (Ita) 63-61/4 (19.36).

## ROME DL WOMEN'S RESULTS

100(0.6): 1. Elaine Thompson (Jam) 10.89 (WL);
2. Dina Asher-Smith (GB) 10.94; 3. Aleia Hobbs (US) 11.12; 4. Marie-Josée Ta Lou (CI) 11.14; 5. Jenna Prandini (US) 11.17; 6. Vitoria Cristina Rosa (Bra) 11.22; 7. Shania Collins (US) 11.34; 8. Ángela Tenorio (Ecu) 11.38; 9. English Gardner (US) 11.42.
400: 1. Salwa Eid Naser (Brn) 50.26; 2. Shericka Jackson (Jam) 51.05; 3. Stephenie-Ann McPherson (Jam) 51.39; 4. Jessica Beard (US) 51.55; 5. Justyna Swiety-Ersetic (Pol) 52.04; 6. Kendall Ellis (US) 52.09; 7. Lisanne de Witte (Neth) 52.17; 8. Courtney Okolo (US) 52.17.

1500: 1. Genzebe Dibaba (Eth) 3:56.28 (WL) (3:11.14); 2. Laura Muir (GB) 3:56.73; 3. Gudaf Tsegay (Eth) 3:59.96;

## 4. Jenny Simpson (US) 4:01.18 (AL);

5. Gabriela DeBues-Stafford (Can) 4:01.28 PR; 6. Eilish McColgan (GB) 4:02.29; 7. Elinor Purrier (US) 4:02.34 PR; 8. Axumawit Embaye (Eth) 4:02.65; 9. Rababe Arafi (Mor) 4:03.25; 10. Winny Chebet (Ken) 4:03.86; 11. Alemaz Teshale (Eth) 4:04.43; 12. Lemlem Hailu (Eth) 4:04.78; 13. Marta Pérez (Spa) 4:07.14; 14. Claudia Bobocea (Rom) 4:07.61; 15. Dawit Seyaum (Eth) 4:18.78;... rabbit-Noelie Yarigo (Ben) (62.43, 66.81 [2:09.24]).
400H: 1. Dalilah Muhammad (US) 53.67; 2. Shamier Little (US) 54.40; 3. Zuzana Hejnová (CzR) 54.82; 4. Kori Carter (US) 55.09; 5. Janieve Russell (Jam) 55.42; 6. Anna Ryzhykova (Ukr) 55.64; 7. Sage Watson (Can) 55.71; 8. Ayomide Folorunso (Ita) 55.99; 9. Léa Sprunger (Swi) 56.36.

## Field Events

PV: 1. Angelica Bengtsson (Swe) 15-71/4 (4.76) NR (14$111 / 2[2], 15-31 / 2[3], 15-71 / 4[3], 15-91 / 4$ [ $x x x]$ ) (4.46[2], 4.56 [2], 4.66 [3], 4.76 [3], 4.81 [ xxx$]$ ); 2. tie, Sandi Morris (US) \& Robeilys Peinado (Ven) 15-3½ (4.66); 4. Yarisley Silva (Cub) 15-3½; 5. tie, Katie Nageotte (US) \& Katerína Stefanídi (Gre) 15-3½ (4.66); 7. tie, Ninon Guillon-Romarin (Fra) \& Anzhelika Sidorova (Rus) 14-111⁄2 (4.56); 9. Ling Li (Chn) 14-1112; 10. Nikoleta Kiriakopoulou (Gre) 14-11½;... nh-Angelica Moser (Swi), Jenn Suhr (US).
LJ: 1. Malaika Mihambo (Ger) 23-21⁄2 (7.07) PR (WL) (22-1, 21-111/2, 22-73/4 [WL], 23-2 $1 / 2$, f, 22-711/4) (6.73, 6.69, 6.90, 7.07, f, 6.89);
2. Caterine Ibargüen (Col) 22-612 (6.87); 3. Brittney Reese (US) 22-2 $1 / 4 / 4.76$ ); 4. Yelena Sokolova (Rus) 21-11 (6.68); 5. Maryna Bekh-Romanchuk (Ukr) 21-91⁄2 (6.64); 6. Ivana Španović (Srb) 21-83/4 (6.62); 7. Nastassia MironchykIvanova (BIr) 21-71⁄2 (6.59); 8. Éloyse Lesueur-Aymonin (Fra) 20-113/4 (6.39); 9. Shara Proctor (GB) 20-8 (6.30); 10. Laura Strati (Ita) 20-7 (6.27); 11. Chantel Malone (BVI) 20-7 (6.27); 12. Lorraine Ugen (GB) 20-5 $1 / 4$ (6.23). JT: 1. Huihui Lu (Chn) 218-1 (66.47) (208-5, 206-6, 205-2, 207-9, 218-1, 215-8) (63.52, 62.95, 62.54, 63.32, 66.47, 65.75); 2. Eda Tugsuz (Tur) 211-7 (64.51); 3. Lina Muze (Lat) 209-1 (63.72);
4. Kara Winger (US) 207-0 (63.11) (AL) (207-0, f, 204-8, 195-9, 198-1, 206-1) (63.11, f, 62.39, 59.66, 60.39, 62.83);
5. Christin Hussong (Ger) 206-9 (63.02); 6. Nikola Ogrodníková (CzR) 203-6 (62.02); 7. Barbora Špotáková (CzR) 201-9 (61.51); 8. Tatsiana Khaladovich (BIr) 201-2 (61.32); 9. Martina Ratej (SIo) 190-2 (57.96); 10. Shiying Liu (Chn) 188-2 (57.37); 11. Zahra Bani (Ita) 186-10 (56.95). $\square$ (PDF) file. This is the definitive statistical work for United States track and field. panded all-time lists (including Junior/U20 and Collegiate lists), deep 2018 performance 2019 lists, and detailed indexes of men's and women's athletes. The book is the result of a team effort by a group of dedicated compilers and international experts.

# Oslo Diamond League - Year's Fastest 100 For Coleman 



Rounding into form, Christian Coleman won the 100 in 9.85 , his third-fastest time ever.

by Bob Ramsak

OSLO, NORWAY, June 13-Christian Coleman sped to a dominant 9.85 win at the Bislett Games in Oslo as the Diamond League resumed with the meet's 54th edition in the Norwegian capital. Quickest out of the blocks, the reigning DL champion pulled away midrace and was never threatened as he chipped 0.01 from the previous world lead he shared with Noah Lyles and Divine Oduduru. Given the evening chill that descended upon the sold-out stadium, he was pleased.
"I'm pretty excited about it-it was a good run and pretty good time," said the 23-year-old American, who used a mild "pretty good" as a descriptor for the third-fastest time of his career. "It wasn't ideal conditions, but the crowd made it exciting and I came out for the victory. I executed better than in my last race." Xie Zhenye of China was 2 nd in 10.01 , a season's best, with Mike Rodgers 3rd in 10.04.

The boisterous crowd showed its appreciation for Coleman's world lead, one of six on the night, but exploded after the conclusion of the men's 400 hurdles, one of the meet's key attractions. A bout of bursitis sidelined world leader Abderrahmane Samba from a faceoff against world champion and co-meet poster boy

Karsten Warholm, so the Norwegian star simply star put on a show by himself, one that fulfilled all expectations.

From the gun, the local hero was on fire, off to his typically strong start. This time he had reigning DL champion Kyron McMaster, who was running to his inside in lane 6 , for company. The pair were nearly even after the first six barriers, when the British Virgin Islander began to drift. But Warholm didn't, forging on as he entered the homestretch, a solitary figure lifted by the massive roar of the crowd. His 47.33 ended Stéphane Diagana's 19-year reign as European Record holder by 0.04 .
"It's crazy to run a European record and it's amazing to do it here at Bislett," said Warholm, who chopped a solid 0.31 from his previous best in moving to No. 12 on the all-time world list. He had opened his season with a 47.85 win in Stockholm. "My coach thought I would run 47.30 so he was nearly right," he said. "I've worked so hard during the winter with the pressure coming at me, so this is a very special feeling." Underscoring Warholm's dominance tonight, the runner-up, Thomas Barr, who passed a badly fading McMaster in the waning stages, was nearly 2 seconds back in 49.11, 0.01 ahead of McMaster.

In the women's event, the first super-showdown of the night, Sydney McLaughlin pulled off a dramatic come-from-behind victory to makeher

DL debut in her specialty a memorable one. But it wasn't pretty. As Olympic champion Dalilah Muhammad blasted from the blocks to her outside, the World Junior Record holder crashed knee-first through the first hurdle, throwing her off balance, seemingly out of contention and into chase mode for the next three-quarters of the race. In front of her, Muhammad and world champion Kori Carter were battling for the lead, pulling away steadily as they reached the final bend. With Carter beginning to drift back, Muhammad brought a sizable lead into the final stretch, but it was there that McLaughlin began her rebound.

Passing Carter as she approached hurdle 9, she began chipping into Muhammad's lead as the latter began to wilt from her flying start. McLaughlin caught and then passed her about 3 m before the line, clocking 54.16. "It wasn't the cleanest race for me, but I came back strong and shows me where I am fitness-wise," said the winner, still only 19. "It was sloppy but I pulled through." Muhammad clocked 54.35 with Shamier Little 3rd in 54.92.

Mariya Lasitskene topped 6-7 (2.01) on her third attempt to take her second DL win of the season and claim the yearly outdoor list lead. She ended the night with a near-miss at 6-8 (2.03). Meanwhile, jumping almost at the same time at the same end of the track, Sam Kendricks topped

## OSLO DIAMOND LEAGUE MEN'S RESULTS

Bislett Games; Oslo, Norway, June 13-
100(0.9): 1. Christian Coleman (US) 9.85 (WL, AL);
2. Zhenye Xie (Chn) 10.01; 3. Mike Rodgers (US) 10.04;
4. Filippo Tortu (Ita) 10.10; 5. Yuki Koike (Jpn) 10.15; 6. CJ Ujah (GB) 10.18; 7. Tommy Ramdhan (GB) 10.28; 8. Reece Prescod (GB) 10.76.
Non-DL 800: 1. Ryan Sánchez (PR) 1:46.34; 2. Cornelius Tuwei (Ken) 1:46.52 (50.72, 1:18.45); 3. Michal Rozmys (Pol) 1:46.71; 4. Andreas Kramer (Swe) 1:46.77.
Mile: 1. Marcin Lewandowski (Pol) 3:52.34 NR (WL);
2. Vincent Kibet (Ken) 3:52.38; 3. Ayanleh Souleiman (Dji) 3:52.66 (2:54.49);
4. Johnny Gregorek (US) 3:52.94 (out AL);
5. Clayton Murphy (US) 3:52.97; 6. Jakob Ingebrigtsen (Nor) 3:53.04; 7. Ryan Gregson (Aus) 3:53.51; 8. Kalle Berglund (Swe) 3:53.83; 9. Filip Ingebrigtsen (Nor) 3:54.41; 10. Bethwel Birgen (Ken) 3:54.92; 11. Ismael Debjani (Bel) 3:57.37; 12. Justus Soget (Ken) 3:57.90; 13. Aman Wote (Eth) $3: 59.37 ; \ldots$ rabbit-Harun Abda (US) $(54.75,58.29$ [1:53.04]).
3000: 1. Selemon Barega (Eth) 7:32.17 PR (WL) (8, 9 WJ);
2. Joshua Cheptegei (Uga) 7:33.26 PR (5:07.00); 3. Nicholas Kimeli (Ken) 7:34.85 PR; 4. Henrik Ingebrigtsen (Nor) 7:36.85 NR; 5. Birhanu Yemataw (Bhr) 7:37.37; 6. Stewart McSweyn (Aus) 7:38.22;

## 7. Drew Hunter (US) 7:39.85 PR (AL);

8. Ben True (US) 7:40.49; 9. Davis Kiplangat (Ken) 7:42.20; 10. Andrew Butchart (GB) 7:43.57; 11. Muktar Edris (Eth) 7:45.35; 12. Matthew Ramsden (Aus) 7:45.68 PR; 13. Milkesa Mengesha (Eth) 7:49.23 PR; 14. Paul Tanui (Ken) $7: 55.77 ; \ldots$ rabbit-Paul Robinson (Ire) ( $2: 33.84$ ). 400H: 1. Karsten Warholm (Nor) 47.33 NR (12, x W); 2. Thomas Barr (Ire) 49.11; 3. Kyron McMaster (BVI) 49.12; 4. David Kendziera (US) 49.27; 5. Takatoshi Abe (Jpn) 49.78; 6. Patryk Dobek (Pol) 49.80; 7. TJ Holmes (US) 50.60.

## Field Events

PV: 1. Sam Kendricks (US) 19-43/4 (5.91) (17-5, 18-1, 18 $43 / 4,18-83 / 4,19-3 / 4,19-43 / 4[3], 19-81 / 2[x x x])(5.31,5.51,5.61$, 5.71, 5.81, 5.91 [3], 6.01 [xxx]); 2. Piotr Lisek (Pol) 19-3/4 (5.81); 3. Cole Walsh (US) $19-3 / 4$ PR; 4. Mondo Duplantis (Swe) 19-3/4; 5. Pawel Wojciechowski (Pol) 18-83/4 (5.71); 6. Seito Yamamoto (Jpn) 18-43/4 (5.61); 7. Sondre Guttormsen (Nor) 18-43/4; 8. Alioune Sene (Fra) 18-1 (5.51).
JT: 1. Johannes Vetter (Ger) 279-9 (85.27); 2. Magnus Kirt (Est) 278-0 (84.74); 3. Chao-Tsun Cheng (Tpe) 276-7 (84.30); 4. Andreas Hofmann (Ger) 272-0 (82.92); 5. Jakub Vadlejch (CzR) 271-5 (82.73); 6. Thomas Röhler (Ger) 271-1 (82.63); 7. Bernhard Seifert (Ger) 270-1 (82.33); 8. Shivpal Singh (Ind) 265-4 (80.87); 9. Marcin Krukowski (Pol) 256-6 (78.19).

## OSLO DL WOMEN'S RESULTS

200(-0.7): 1. Dafne Schippers (Neth) 22.56; 2. Crystal Emmanuel (Can) 22.89; 3. Jenna Prandini (US) 23.10; 4. Gabrielle Thomas (US) 23.11; 5. Jamile Samuel (Neth) 23.21; 6. Kyra Jefferson (US) 23.23; 7. Vitoria Cristina Rosa (Bra) 23.26.
Non-DL 800: 1. Halimah Nakaayi (Uga) 2:01.93 (1:31.10); 2. Selina Büchel (Swi) 2:02.32; 3. Diribe Welteji (Eth) 2:02.85; 4. Hanna Hermansson (Swe) 2:02.90; 5. Lovisa Lindh (Swe) 2:03.08; 6. Renée Eykens (Bel) 2:03.40; 7. Shelayna Oskan-Clarke (GB) 2:03.45; 8. Noélie Yarigo (Ben) 2:04.88; 9. Carley Thomas (Aus) 2:05.78.

## St: 1. Norah Tanui (Ken) 9:03.71 (WL);

2. Beatrice Chepkoech (Ken) 9:04.30 (6:03.51); 3. Hyvin Jepkemoi (Ken) 9:07.56;
3. Emma Coburn (US) 9:08.42 (AL) (x, 10 A);
4. Daisy Jepkemei (Ken) 9:10.54 PR; 6. Celliphine Chespol (Ken) 9:15.04; 7. Peruth Chemutai (Uga) 9:16.72; 8. GesaFelicitas Krause (Ger) 9:20.31; 9. Maruša Mišmaš (Slo) 9:20.97 NR; 10. Winfred Yavi (Bhr) 9:21.36; 11. Anna Emilie Møller (Den) 9:24.21 NR; 12. Karoline Bjerkeli Grøvdal (Nor) 9:28.99; 13. Mel Lawrence (US) 9:29.81 PR;... rabbitCaroline Tuigong (Ken) (2:59.99).
100H(1.1): 1. Christina Clemons (US) 12.69; 2. Sharika Nelvis (US) 12.74; 3. Elvira Herman (Blr) 12.84; 4. Cindy

Roleder (Ger) 12.93; 5. Nadine Visser (Neth) 13.00; 6. Isabelle Pedersen (Nor) 13.08; 7. Nooralotta Neziri (Fin) 13.18;... fs-Brianna McNeal (US).

400H: 1. Sydney McLaughlin (US) 54.16; 2. Dalilah Muhammad (US) 54.35; 3. Shamier Little (US) 54.92; 4. Kori Carter (US) 55.67; 5. Amalie luel (Nor) 55.80; 6. Anna Ryzhykova (Ukr) 56.26; 7. Léa Sprunger (Swi) 56.46; 8. Meghan Beesley (GB) 57.13.

## Field Events

HJ: 1. Mariya Lasitskene (Rus) 6-7 (2.01) (out WL) (5-103/4, 6-3/4, 6-2, 6-3114, 6-41/4 [2], 6-5, 6-6, 6-7 [3], 6-8 [xxx]) (1.80, 1.85, 1.88, 1.91, 1.94 [2], 1.96, 1.98, 2.01 [3], 2.03 [ $x x x]$ ];
2. Erika Kinsey (Swe) 6-5 (1.96); 3. Mirela Demireva (Bul) 6-411/4 (1.94); 4. Karyna Taranda (Blr) 6-4114; 5. Iryna Gerashchenko (Ukr) 6-4¼; 6. Yuliya Levchenko (Ukr) 6-414; 7. Tonje Angelsen (Nor) 6-2 (1.88); 8. Morgan Lake (GB) 6-3/4 (1.85); 9. Yaroslava Mahuchikh (Ukr) 6-3/4.
TJ: 1. Caterine Ibargüen (Col) 48-6 $1 / 4$ (14.79) (out WL) (46-3/4, 47-3, 46-51/4, 47-5, 48-61/4, 46-711/4) (14.04, 14.40, 14.15, 14.45, 14.79, 14.20);
2. Keturah Orji (US) 47-8 (14.53) (46-63/4, 47-8, 46-83/4, $47-2^{112}, 46-1011 / 4$, f) ( $14.19,14.53,14.24,14.39,14.28$, f); 3. Shanieka Ricketts (Jam) 47-31⁄2 (14.41); 4. Kim Williams (Jam) 47-11/2 (14.36); 5. Paraskevi Papachristou (Gre) 47-3/4 (14.34); 6. Olga Saladukha (Ukr) 46-11 (14.30); 7. Patrícia Mamona (Por) 46-23/4 (14.09); 8. Kristin Gierisch (Ger) 44-113/4 (13.71); 9. Tori Franklin (US) 44-103/4 (13.68); 10. Rouguy Diallo (Fra) 38-101⁄2 (11.85).

SP: 1. Lijiao Gong (Chn) 64-1/4 (19.51) (61-101/4, 63-43/4, 62-91/4, f, 64-1/4, 62-2 ${ }^{1 / 2}$ ) ( $18.85,19.32,19.13$, f, 19.51 18.96); 2. Chase Ealey (US) 63-0 (19.20) (57-1134, 63-$0,60-1$, f, 58-111/2, f) ( $17.67,19.20,18.31, f, 17.97$, f);
3. Fanny Roos (Swe) 61-61/4 (18.75); 4. Danniel ThomasDodd (Jam) 61-3 (18.67); 5. Christina Schwanitz (Ger) 60-73/4 (18.48); 6. Aliona Dubitskaya (BIr) 60-43/4 (18.41); 7. Jessica Ramsey (US) 60-4 (18.39); 8. Michelle Carte (US) 59-113/4 (18.28); 9. Paulina Guba (Pol) 58-4½ (17.79); 10. Maggie Ewen (US) 56-91/4 (17.30). $\square$


Karsten Warholm thrilled a sellout crowd-and, obviously, himselfwith a Norwegian Record in the 400H.

19-43/4 (5.91) with his final attempt to seal his third DL win in as many meets. Piotr Lisek, Cole Walsh and Swede Mondo Duplantis-who was making his first pro appearance-finished 2-3-4 at 19-3/4 (5.81). For Oregon alum Walsh, it was the first 19-footer of his career.

Colombia's Caterine Ibargüen won her fourth Bislett title in the triple jump after a $48-6^{1 / 4}$ (14.79) leap in the fifth round to wrestle the lead from American Keturah Orji, who reached 47-8 (14.53). The evening-capping Dream Mile ended with Marcin Lewandowski prevailing in a blanket finish in 3:52.34, a Polish Record in his first race over the imperial distance.

Norah Tanui produced the biggest upset of the evening, taking the women's steeple in a list-leading 9:03.71 to end WR holder Beatrice Chepkoech's unbeaten streak at 7. Running in her yearly debut in the event, world champion Emma Coburn took 4th in a U.S.-leading 9:08.42.

## Rabat Diamond League - Dibaba Leads A Fast 1500



Sifan Hassan's futile chase of Genzebe Dibaba produced the fastest non-winning 1500 time ever.

by Mike Rowbottom

RABAT, MOROCCO, June 16-On a night of drama at the Mohammed VI Diamond League meet, with Jamaica's discus thrower Fedrick Dacres appealing a foul into a Diamond League record 232-3 (70.78), Sergey Shubenkov winning the 110 H on his right shoulder and South Africa's world long jump champion Luvo Manyonga being carried off on a stretcher, the centerpiece was a women's 1500 of unparalleled quality. No fewer than 7 finished under 4:00 and 9 under 4.01-the latter a record in international racing. And at the head of them was Genzebe Dibaba. The Ethiopian WR holder produced a 2019-leading time of 3:55.47, but she was pushed all the way round the final lap of a phenomenally competitive race by Sifan Hassan of The Netherlands, who was rewarded with a national record of $3: 55.93$, the fastest non-winning time ever.

It was a classic battle in cooling and blustery conditions, and both finished with teeth conspicuously gritted. Around the final bend Hassan came up to Dibaba's shoulder but could never get past it as the Ethiopian moved clear for a narrow lead she held to the line. "I am very happy with my performance tonight," said Dibaba after producing history's No. 11 performance. "It feels great running in Africa. Based on my level and performance I feel
ready for the World Championships." Dibaba's compatriot Gudaf Tsegay finished 3rd in a PR 3:57.40, with home runner Rababe Arrafi, winner of the Shanghai DL, setting a national record of 3:58.84 that prompted a joyous lap of honor. Jenny Simpson was the last woman under 4:00, with a U.S.-leading 3:59.83.

Simpson's compatriot Sandi Morris produced a dominant victory in the vault as she finished the night with a meet record and season's best of $15-93 / 4$ (4.82) despite difficult conditions which meant she needed two attempts at her opening height of $14-8$ (4.47) and three at $15-73 / 4$ (4.77). Second went to Russian Anzhelika Sidorova, who had taken the lead with a second-try make at 15-73/4. "I am very satisfied with the result and the victory, but I had a terrible warm-up and I did not feel at $100 \%$," said Morris. "I also had a problem with the wind. We had a lot of headwind during the competition. It was tough. "But I was able to make some adjustments and to make some very good jumps. My priority this year is to be at my peak at the World Championships in Doha. But first I need to be selected in the U.S. team. So now I am focused on the Trials at the end of July."

Dacres ended the night as a belated recordbreaker after successfully appealing against the disqualification of his third throw. Before that late call, Sweden's Daniel Ståhl, who had headed
this year's rankings with 231-6 (70.56), appeared to have earned victory in a meet record 229-5 (69.94), just 44 cm clear of what was a season's best 228-0 (69.50) by the Jamaican.

Shubenkov, narrowly beaten by world and Olympic champion Omar McLeod in Shanghai, reversed that result here as he clocked 13.12. But the Siberian was left with a skinned right shoulder and scrapes to both knees and hands after being clipped by his falling Jamaican rival having overtaken him in the final couple of meters, with McLeod finishing a disappointed 5th. Said Shubenkov, last year's No. 1, "It was a dramatic race, but a really great race. And I was able to win. That's very important. I am feeling stronger than before. Having Omar in the field gave me an extra motivation."

Manyonga was carried from the arena on a stretcher after appearing to injure his left ankle while landing his fourth effort. In his absence, Cuba's 20-year-old rising talent Juan Miguel Echevarría stretched out to eclipse Manyonga's first-round lead of $26-11 \frac{1}{4}$ (8.21) to secure victory with a season's best of $27-4 \frac{1}{2}(8.34)$.

A women's 800 notably lacking Caster Semenya-for whom an invitation to compete here came too late to be practicable after she was granted the right to continue her appeal against effective suspension from the sport by a Swiss court on Friday-was won by Kenya's

Nelly Jepkosgei in 1:59.50. Bahrain's 21-year-old Salwa Eid Naser won the women's 400 in 50.13, holding off a late challenge from Aminatou Seyni, who clocked a Nigerian Record 50.24. World champion Phyllis Francis of the U.S. was never quite in touch with the leaders, and
finished 4th in 50.76.
Meanwhile, Olympic medalist Andre de Grasse took another step back up after two years of hamstring injuries as he beat Turkey's 200m world champ Ramil Guliyev in 20.19. "It's a season best and I am very grateful with the victory
but not happy with the time," the Canadian star said. "I want to achieve sub 20 seconds. But it is a long process. I am not fully healthy, I still have a lot of work to do to be really back in shape. I want to be back where I was two years ago. But I have time before the World Championships."

## RABAT DL MEN'S RESULTS

Meeting International Mohammed VI; Rabat, Morocco, June 16-

200(-0.5): 1. Andre De Grasse (Can) 20.19; 2. Ramil Guliyev (Tur) 20.28; 3. Alex Quiñónez (Ecu) 20.30; 4. Kenny Bednarek (US) 20.51; 5. Clarence Munyai (SA) 20.63; 6. Leon Reid (lre) 20.88; 7. Bernardo Baloyes (Col) 20.91 .
800: 1. Nijel Amos (Bot) 1:45.57; 2. Emmanuel Korir (Ken) 1:45.60; 3. Clayton Murphy (US) 1:45.99; 4. Ferguson Cheruiyot (Ken) 1:46.38; 5. Alvaro De Arriba (Spa) 1:46.64; 6. Andreas Kramer (Swe) 1:46.75; 7. Jonathan Kitilit (Ken) 1:46.78 (1:19.33); 8. Mostafa Smaili (Mor) 1:47.47;... rabbit—Saúl Martinez (Spa) (49.96).

Non-DL 1500: 1. Vincent Kibet (Ken) 3:35.80; 2. Hicham Akankam (Mor) 3:35.85 PR; 3. Alexis Miellet (Fra) 3:35.98 PR (2:54.09); 4. Adel Mechaal (Spa) 3:36.21; 5. Stewart McSweyn (Aus) 3:36.30; 6. Brahim Kaazouzi (Mor) 3:36.67; 7. Michael Kibet (Ken) 3:36.71; 8. Hicham Ouladha (Mor) 3:37.05; 9. Brimin Kiprono (Ken) 3:37.20; 10. Teddese Lemi (Eth) 3:37.40 PR; 11. Yemaneberhan Crippa (Ita) 3:37.81 PR; 12. Fouad EI Kaam (Mor) 3:38.13;... rabbit - Mounir Akbache (Fra) (56.81, 1:54.86).

St: 1. Getnet Wale (Eth) 8:06.01 PR (WL) (10, x non-Kenyan);
2. Chala Beyo (Eth) 8:06.48 PR; 3. Benjamin Kigen (Ken) 8:07.25; 4. Leonard Bett (Ken) 8:09.27; 5. Hillary Bor (US) 8:12.08; 6. Mohamed Tindouft (Mor) 8:12.89 PR; 7. Abraham Kibiwot (Ken) 8:17.25; 8. Djilali Bedrani (Fra) 8:18.44 PR; 9. Stanley Kebenei (US) 8:21.25; 10. Nicholas Bett (Ken) 8:24.69; 11. Soufiane El Bakkali (Mor) 8:27.56;... dnf-Andy Bayer (US); ... rabbits-Daniel Arce (Spa) (2:43.68), Lawrence Kipsang (Ken) (5:26.14).
Non-DL 5000: 1. Edward Zakayo (Ken) 13:11.49; 2. Solomon Berihu (Eth) 13:16.08 (7:54.18, 10:35.52); 3. Soufiyan Bouqantar (Mor) 13:17.26; 4. Bouh Ibrahim (Dji) 13:17.54 PR; 5. Abdelaati Iguider (Mor) 13:17.74; 6. Said El Otmani (Ita) 13:19.30 PR; 7. Tariq Ahmed Al Amri (Sau) 13:19.70 PR; 8. Yohans Kifle (Eri) 13:27.06; 9. Abe Gashahun (Eth) 13:29.49;;... rabbits-Ayad Lamdassem (Spa) (2:36.90), Nassim Hassaus (Spa) (5:16.78).

110H(0.3): 1. Sergey Shubenkov (Rus) 13.12; 2. Andrew Pozzi (GB) 13.30; 3. Gabriel Constantino (Bra) 13.41; 4. Wilhem Belocian (Fra) 13.43; 5. Omar McLeod (Jam) 13.48 (fell on runin); 6. Antonio Alkana (SA) 13.51; 7. Milan Trajkovic (Cyp) 13.53; 8. Eduardo Santos (Bra) 13.58; 9. Aurel Manga (Fra) 13.88.

## Field Events

HJ: 1. Bohdan Bondarenko (Ukr) 7-53/4 (2.28); 2. Naoto Tobe (Jpn) 7-53/4; 3. Ilya Ivanyuk (Rus) 7-53/4; 4. Mathew Sawe (Ken) 7-53/4; 5. Brandon Starc (Aus) 7-41/2 (2.25); 6. Andriy Protsenko (Ukr) 7-3¼ (2.22); 7. Chris Baker (GB) $7-2 \frac{1}{4}$ (2.19); 8. Gianmarco Tamberi (Ita) 7-21/4; 9. Sylwester Bednarek (Pol) 7-1/2 (2.15); 10. Donald Thomas (Bah) 7-1/2.
LJ: 1. Juan Miguel Echevarría (Cub) 27-4½ (8.34) (25$43 / 4$, f, f, 25-11½, 27-41⁄2, 26-113/4) (7.74, f, f, 7.91, 8.34, 8.22); 2. Luvo Manyonga (SA) 26-111/4 (8.21); 3. Ruswahl Samaai (SA) 26-914 (8.16); 4. Eusebio Cáceres (Spa) 25-71/4 (7.80); 5. Yahya Berrabah (Mor) 25-5½ (7.76); 6. Mouhcine Khoua (Mor) 25-3/4 (7.64); 7. Fabian Heinle (Ger) 24-93/4 (7.56); 8. Zarck Visser (SA) 24-81/4 (7.52); 9. Tyrone Smith (Ber) 24-7 (7.49); 10. Jeff Henderson (US) 20-1/4 (6.10).
DT: 1. Fedrick Dacres (Jam) 232-3 (70.78) NR (WL) (19, x W) (originally called a foul) (220-1, 225-5, 232-3, $\mathbf{2 2 8 - 0}, \mathbf{2 2 5 - 1 0}, \mathrm{f})(67.09,68.71,70.78,69.50,68.83$, f);
2. Daniel Ståhl (Swe) 229-5 (69.94) (f, 222-7, f, 229-5, f, f) (f, 67.84, f, 69.94, f, f); 3. Lukas Weißhaidinger (Aut) 223-7 (68.14); 4. Piotr Małachowski (Pol) 218-5 (66.58); 5. Martin Wierig (Ger) 212-1 (64.65); 6. Reggie Jagers (US) 211-11 (64.59); 7. Andrius Gudžius (Lit) 211-2 (64.37); 8. Victor Hogan (SA) 206-7 (62.98); 9. Ola Isene Stunes (Nor) 201-6 (61.43); 10. Christoph Harting (Ger) 200-2 (61.02).

## RABAT DL WOMEN'S RESULTS

100(-0.6): 1. Blessing Okagbare (Ngr) 11.05; 2. Ma-rie-Josée Ta Lou (CI) 11.09; 3. Crystal Emmanuel (Can) 11.30; 4. Orlann Ombissa-Dzangue (Fra) 11.32; 5. Dafne Schippers (Neth) 11.32; 6. Gina Lückenkemper (Ger) 11.36; 7. Vitoria Cristina Rosa (Bra) 11.38; 8. Jamile Samuel (Neth) 11.40; 9. Mikiah Brisco (US) 11.47.
400: 1. Salwa Eid Naser (Bhr) 50.13; 2. Aminatou Seyni (Nig) 50.24 NR; 3. Christine Botlogetswe (Bot) 50.48 PR; 4. Phyllis Francis (US) 50.76; 5. Jaide Stepter (US) 51.44; 6. Lisanne de Witte (Neth) 51.53; 7. Kendall Ellis
(US) 51.82 .
800: 1. Nelly Jepkosgei (Ken) 1:59.50 (1:28.41); 2. Habitam Alemu (Eth) 1:59.90; 3. Olha Lyakhova (Ukr) 2:00.35; 4. Lynsey Sharp (GB) 2:00.61; 5. Halimah Nakaayi (Uga) 2:00.91; 6. Ce'Aira Brown (US) 2:01.19; 7. Emily Jerotich (Ken) 2:01.67; 8. Malika Akkaoui (Mor) 2:01.87; 9. Selina Büchel (Swi) 2:02.20;... rabbit-Noélie Yarigo (Ben) (57.20).
1500: 1. Genzebe Dibaba (Eth) 3:55.47 (WL) (x, 11 W) (3:07.75); 2. Sifan Hassan (Neth) 3:55.93 NR (9, 14 W );
3. Gudaf Tsegay (Eth) 3:57.40 PR; 4. Rababe Arafi (Mor) 3:58.84 NR; 5. Axumawit Embaye (Eth) 3:59.02 PR; 6. Winnie Nanyondo (Uga) 3:59.56 NR;
7. Jenny Simpson (US) 3:59.83 (AL);
8. Gabriela DeBues-Stafford (Can) 4:00.46 PR; 9. Eilish McColgan (GB) 4:00.97 PR; 10. Sarah McDonald (GB) 4:01.50 PR;

## 11. Lemlem Hailu (Eth) 4:02.97 PR (8, x WJ);

12. Siham Hilali (Mor) 4:05.80; 13. Winny Chebet (Ken) 4:13.31; 14. Josephine Chelangat (Ken) 4:16.17;... rabbits-Ilona Ivanova (Bul) (61.98), Esther Guerrero (Spa) (2:05.04).
(best-ever mark-for-place; 2, 9-10.)
Field Events
PV: 1. Sandi Morris (US) 15-93/4 (4.82) (14-8 [2], 15-0, $15-33 / 4,15-73 / 4[3], 15-93 / 4,16-13 / 4$ [xxx]) (4.47 [2], 4.57, 4.67, 4.77 [3], 4.82, 4.92 [xxx]); 2. Anzhelika Sidorova (Rus) 15-73/4 (4.77); 3. Katie Nageotte (US) 15-33/4 (4.67); 4. Katerína Stefanídi (Gre) 15-33/4; 5. Robeilys Peinado (Ven) 15-33/4;
13. Yarisley Silva (Cub) 15-33/4; 7. Alysha Newman (Can) 15-33/4; 8. Huiqin Xu (Chn) 15-0 (4.57) PR; 9. Holly Bradshaw (GB) 15-0.
DT: 1. Yaimé Pérez (Cub) 224-0 (68.28) (212-8, 215-7, 219-2, f, 219-1, 224-0) (64.82, 65.72, 66.80, f, 66.78, 68.28); 2. Denia Caballero (Cub) 216-4 (65.94); 3. Sandra Perković (Cro) 212-6 (64.77) (5 fouls); 4. Valarie Allman (US) 211-10 (64.58); 5. Nadine Müller (Ger) 210-0 (64.01); 6. Andressa de Morais (Bra) 207-1 (63.12); 7. Kristin Pudenz (Ger) 206-1 (62.82); 8. Fernanda Martins (Bra) 205-1 (62.51); 9. Claudine Vita (Ger) 198-9 (60.59); 10. Mélina Robert-Michon (Fra) 194-4 (59.24). $\square$

## HIGH SCHOOL TRACK 2019

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## adidas Boost Boston Games - Splashing In The Streets



Puerto Rico's Wesley Vazquez won the road/track 600 in 1:15.6.

by Roy Conrad

BOSTON, MASSACHUSETTS, June 16-The setting for the adidas Boost Boston Games was unusual: the streets of the Back Bay neighborhood, with the action centering around a 200 m straight track laid over top of Boylston Street. Throw in some of the world's best athletes, and you've got a fun track meet. Throw in some rain and the crowd of fans was smaller than last year, with most of them wearing rain gear and carrying umbrellas.

Noah Lyles grabbed the headlines, producing a meet record 14.69 in the 150 -the day's finale-to top the 15.10 of Britain's Nethaneel Mitchell-Blake and a 15.17 by Trinidad's Jereem Richards. That came after an apparent false start which officials let have him a redo on, setting off an online furor. For his part, Lyles asked, "What did the guy at the start say? Green card. Then it was a green card."

The events started off with the women's mile, a road event that went up a ramp to finish on the 200 straight. Nikki Hiltz grabbed the lead after halfway and topped Kenyan Viola Lagat, 4:31.6-4:32.6, on the strength of a furious final 100. "Oh man, that uphill!" said Hiltz. "It was fun though." In the men's race, Pole Marcin Lewandowski, running
just 3 days after winning the Oslo DL mile in 3:52.34, mustered the best kick to win a close one in 3:57.4 as four others broke 3:58, led by Drew Hunter (3:57.6).

Ajee' Wilson looked sharp in taking the 600 in 1:26.3 ( 400 on the road, 200 on the track). Shamier Little gave the rarely-run 200 hurdles a go in a U.S. best 25.88 , alternating lead legs to top Jamaica's Ronda Whyte (26.05). At half the distance, Sharika Nelvis hurdled 12.65 to get to the line just ahead of Christina Clemons (12.69).

Murielle Ahouré of Côte-d'Ivoire beat reign-
ing U.S. 100 champ Aleia Hobbs 11.09-11.11, with comebacking Tori Bowie in 3rd at 11.22. The men's dash saw a 9.92 by South African Akani Simbine top a 10.03 by Kendal Williams.

A third-straight win in the 150 went to Shaunae Miller-Uibo (now with bright red hair) as she sprinted down the wet surface in 16.37 , just 0.16 off the world best she set last year. The lone field event saw Kate Hall jump 22-3 (6.78) to finish atop a solid field that included Shara Proctor of Britain ( $21-8^{1} / 4 / 6.61$ ) and Tara Davis (21-7¹/4/6.58).

## ADIDAS BOOST MEN'S RESULTS

Boston, Massachusetts, June 16 (street \& road courses) -
100(1.1): 1. Akani Simbine' (SA) 9.92; 2. Kendal Williams (adi) 10.03; 3 . Isiah Young (adi) 10.10; 4. Brandon Carnes (adi) 10.12; 5. Kenzo Cotton (adi) 10.13.
150St(-0.2): 1. Noah Lyles (adi) 14.69; 2. Nethaneel Mitchell-Blake' (GB) 15.10; 3. Jereem Richards' (Tri) 15.17; 4. Marqueze Washington (unat) 15.25; 5. Warren Weir' (Jam) 15.44.
200St(-0.2): 1. Zharnel Hughes' (GB) 20.00; 2. Kyle Greaux' (Tri) 20.09; 3. Steven Gardiner' (Bah) 20.49; 4. Tony McQuay (adi) 20.64.
600: 1. Wesley Vazquez' (PR) 1:15.6; 2. Brandon McBride' (Can) 1:16.3; 3. Sam Ellison (BAA) 1:16.5; 4. Erik Sowinski (Nik) 1:16.9; 5. Michael Saruni' (Ken) 1:16.9; 6. Peter Bol' (Aus) 1:17.0.
Mile: 1. Marcin Lewandowski' (Pol) 3:57.4; 2. Drew Hunter (adi) 3:57.6; 3. Chris O'Hare' (GB) 3:57.6; 4. Eric Avila (unat) 3:57.8; 5. Nick Willis' (NZ) 3:57.9; 6. Sam Prakel (adi) 3:58.1; 7. Sam Parsons' (Ger) 3:58.7; 8. Daniel Herrera' (Mex) 3:58.8; 9. Jordan Gusman' (Aus) 3:59.6. $110 \mathrm{H}(-0.2)$ : 1. Orlando Ortega' (Spa) 13.32; 2. Shane Brathwaite' (Bar) 13.33; 3. Aaron Mallett (unat) 13.55; 4. Greggmar Swift' (Bar) 13.56; 5. Aleec Harris (adi) 13.62.

## ADIDAS BOOST WOMEN'S RESULTS

100: I(0.7)-1. Murielle Ahouré’ (CI) 11.09; 2. Aleia Hobbs (adi) 11.11; 3. Tori Bowie (adi) 11.22; 4. Kelly-Ann Baptiste' (Tri) 11.35; 5. Ashley Henderson (adi) 11.55. II(-0.2)-1. Destiny Smith-Barnett (unat) 11.39.
150St(0.6): 1. Shaunae Miller-Uibo' (Bah) 16.37; 2. Michelle-Lee Ahye' (Tri) 16.60; 3. Shania Collins (adi) 16.83; 4. Tynia Gaither' (Bah) 16.84; 5. Angela Tenorio' (Ecu) 17.01.
200St(0.1): 1. Anastasia Le-Roy' (Jam) 23.12; 2. Lynna Irby (adi) 23.24; 3. Felicia Brown (adi) 23.31; 4. Shakima Wimbley (adi) 23.40; 5. Jessica Beard (adi) 23.46.
600: 1. Ajee' Wilson (adi) 1:26.3; 2. Deborah Rodriguez' (Uru) 1:26.9; 3. Olivia Baker (unat) 1:27.9; 4. Sammy Watson (adi) 1:28.3; 5. Rachael Walters (unat) 1:28.8; 6. Hannah Segrave' (GB) 1:30.1.
Mile: 1. Nikki Hiltz (adi) 4:31.6; 2. Violah Lagat' (Ken) 4:32.6; 3. Dominique Scott-Efurd' (SA) 4:32.8; 4. Helen Schlachtenhaufen (unat) 4:35.4; 5. Heidi See' (Aus) 4:37.3; 6. Natoya Goule' (Jam) 4:38.3.
$100 \mathrm{H}(0.4)$ : 1. Sharika Nelvis (adi) 12.65; 2. Christina Clemons (adi) 12.69; 3. Danielle Williams' (Jam) 12.74; 4. Tobi Amusan' (Ngr) 12.83; 5. Tia Jones (adi) 12.96.
200H(0.3): 1. Shamier Little (adi) 25.88; 2. Ronda Whyte' (Jam) 26.05; 3 Cassandra Tate (adi) 26.12; 4. Zeney van der Walt' (SA) 26.16.
LJ: 1. Kate Hall (adi) 22-3 (6.78) (f, 21-63/4, 21-11, f, 22-3, 22-21/4) (f, 6.57, 6.68, f, 6.78, 6.76); 2. Shara Proctor' (GB) 21-8 $1 / 4$ (6.61); 3. Tara Davis (unat) 21-71/4 (6.58); 4. Quanesha Burks (unat) 21-71/4 (6.58); 5. Sha'Keela Saunders (adi) 20-111/4 (6.38); 6. Jazmin Sawyers' (GB) 20-8 (6.30).

## Götzis Multis: World Leaders For Warner \& KJT



by Roy Conrad

GÖTZIS, AUSTRIA, May 25-26-Damian Warner made history by becoming only the third athlete to win 5 times at Götzis, while Katarina Johnson-Thompson put together the best heptathlon of her life to win at the 45th Hypomeeting.

Warner's trek at one of the prime fixtures on the IAAF Multis Challenge started auspiciously with a world decathlon record in the $100,10.12$, chopping 0.03 off the best he had set here in ' 16 . He followed up with 25-2 (7.67) in the long jump, a PR of 50-4 (15.34) in the shot, 6-63/4 (2.00) in the high jump, and capped Day 1 with a 47.38 to lead halfway by 31 with his 4596 -ahead of his national record pace.

On Day 2, the 29-year-old Canadian fell off a tad, producing a 13.64 in the hurdles, then hitting 154-11 (47.23) in the disc, 15-1 (4.60) PV, 208-10 (63.67) javelin, and a 1500 of 4:37.39. That put him at 8711 , a world leader 84 points short of his best. He easily topped Lindon Victor (8473) and Maicel Uibo (8353) and joined Roman Šebrle and Carolina Klüft as a 5 -time winner in the Austrian city. "I'm happy with my score so early in the season," he said. "I haven't competed in a year so I wasn't sure how it would go."

For KJT, a 54 -point PR made her weekend. On Day 1, the 26-year-old Briton produced marks of $13.29(=\mathrm{PR}), 6-43 / 4(1.95), 42-6(12.95)$ and 23.21 to lead at 4034. Kendall Williams, who hurdled 12.84 , was in 2 nd at 3857 . On the second day, KJT leaped 21-11 (6.68), threw a PR 140-10 (42.92) and came close to an 800 PR with her 2:08.28. The final result, 6813, topped the 6759 she scored in
winning Euro silver last year. Johnson-Thompson indicated she would be taking a break after this, saying, "I'm going to take a slow approach and work toward Doha."

## GÖTZIS DECATHLON RESULTS

IAAF Multis Challenge; Götzis, Austria, May 25-26-
Dec: 1. Damian Warner (Can) 8711 (WL) (10.12 WDR, 25-2/7.67, 50-4/15.34 PR, 6-63/4/2.00, 47.38 [4596], 13.64, 154-11/47.23, 15-1/4.60, 208-10/63.67, 4:37.39 [4115]); 2. Lindon Victor (Grn) 8473 ( $10.56,24-41 / 2 / 7.43$, 52$63 / 4 / 16.02,6-63 / 4 / 2.00,49.22,14.86,177-3 / 54.03,15-$ 9/4.80, 218-1/66.48, 4:56.37);
3. Maicel Uibo (Est) 8353 (11.22, 23-103/4/7.28, 49-3/4/14.95, $7-1 / 2 / 2.15,50.93,14.68,152-2 / 46.38,17-41 / 2 / 5.30$, 2051/62.50, 4:37.95);
4. Niklas Kaul (Ger) 8336 PR ( $11.25,23-31 / 2 / 7.10,49-$ $61 / 2 / 15.10,6-51 / 2 / 1.97,49.05,14.70,153-10 / 46.90$, $15-$ 9/4.80, 234-6/71.49, 4:20.52);
5. Pieter Braun (Neth) 8306 (11.10, 24-10/7.57, 49$6114 / 15.09,6-51 / 2 / 1.97,49.26,14.42,145-4 / 44.31,16-$ 3/4/4.90, 210-7/64.19, 4:30.60);
6. Kai Kazmirek (Ger) 8224 (10.84, 24-11/7.59, 49-1/4/14.94 $6-63 / 4 / 2.00,47.33,14.39,135-8 / 41.37,15-9 / 4.80$, 19310/59.09, 4:45.02);
7. Tim Nowak (Ger) 8209 (11.12, 23-103/4/7.28, 48-9/14.86 $6-63 / 4 / 2.00,50.16,14.64,155-1 / 47.27,15-9 / 4.80$, 1972/60.11, 4:20.66);
8. Cedric Dubler (Aus) 8185; 9. Manuel Eitel (Ger) 8128 PR; 10. Jorge Ureña (Spa) 8123; 11. Mathias Brugger (Ger) 8060; 12. Janek Õiglane (Est) 8050 (11.28, 23-10/7.26 49-5/15.06, 6-3¼/1.91, 50.82, 14.81, 143-6/43.75, 16 3/4/4.90, 226-4/69.00, 4:34.64);
13. Ashley Moloney (Aus) 8038 NJR ( 8,11 WJ) (10.41, 2481⁄4/7.52, 44-11/13.69, /2.03, 46.97, 14.24, 137-9/41.98, 14-51⁄4/4.40, 184-4/56.19, 5:03.20);
14. Martin Roe (Nor) 8023; 15. Fredrik Samuelsson (Swe) 8022; 16. Ilya Shkurenyov (Rus) 7982; 17. Tim Duckworth (GB) 7981; 18. Paweł Wiesiołek (Pol) 7971; 19. Devon Williams (US) 7924; 20. Marcus Nilsson (Swe) 7883; 21. Oleksiy Kasyanov (Ukr) 7874; 22. Niels Pittomvils (Bel) 7510; 23. Andri Oberholzer (Swi) 7449; 24. Romain Martin

The runner-up spot went to Latvia's Laura Ikauniece (6476), while Williams ended up 5th with a U.S.-leading 6412, just ahead of fellow American Erica Bougard (6374).
(Fra) 7073; 25. Tim Ehrhardt (US) 6856 (dnf 1500);.. dnf—Dominik Distelberger (Aut), Artem Makarenko (Rus), Vitali Zhuk (Blr), Simone Cairoli (Ita), Karl Robert Saluri (Est), Luca Bernaschina (Swi), Keisuke Ushiro (Jpn), Eelco Sintnicolaas (Neth), Rico Freimuth (Ger).

## GÖTZIS HEPTATHLON RESULTS

1. Katarina Johnson-Thompson (GB) 6813 PR (WL) (13.29, 6-43/4/1.95, 42-6/12.95, 23.21 [4034], 21-11/6.68, 14010/42.92, 2:08.28 [2779]);
2. Laura Ikauniece (Lat) 6476 (13.46, 5-93/4/1.77, 4391⁄4/13.34, 24.19, 20-41/4/6.20, 177-7/54.13, 2:13.51);
3. Xénia Krizsán (Hun) 6469 PR (13.43, 5-93/4/1.77, 46414/14.13, 24.46, 20-53/4/6.24, 161-8/49.28, 2:10.48);
4. Carolin Schäfer (Ger) 6426 (13.24, 5-93/4/1.77, 4411⁄2/13.45, 24.03, 19-113/4/6.09, 167-6/51.07, 2:14.25);
5. Kendell Williams (US) 6412 (AL) (12.84, 5-103/4/1.80, 42-23/4/12.87, 23.69, 20-101/2/6.36, 140-10/42.92, 2:16.65);
6. Erica Bougard (US) 6374 ( $13.00,6-0 / 1.83,39-1 / 2 / 11.90$, $23.65,20-2^{1 / 4} / 6.15,133-0 / 40.55,2: 08.24$ );
7. Nadine Broersen (Neth) 6297; 8. Sophie Weißenberg (Ger) 6293 PR; 9. Emma Oosterwegel (Neth) 6247 PR; 10. Géraldine Ruckstuhl (Swi) 6197; 11. Adrianna Sułek (Pol) 6104 PR; 12. Annie Kunz (US) 6098 PR (13.56, 5-81/2/1.74, $47-4 \frac{1}{2} / 14.44,24.27,19-113 / 4 / 6.09,124-8 / 38.00,2: 16.63$ ); 13. Daryna Sloboda (Ukr) 6094; 14. Hanne Maudens (Bel) 6082; 15. Sarah Lagger (Aut) 6042; 16. Georgia Ellenwood (Can) 6026; 17. Adriana Rodríguez (Cub) 6004; 18. Chari Hawkins (US) 5972; 19. Yekaterina Voronina (Uzb) 5933; 20. Annik Kälin (Swi) 5918;21. Allison Halverson (US) 5902; 22. María Vicente (Spa) 5900 PR; 23. Caroline Agnou (Swi) 5852; 24. Grit Šadeiko (Est) 5203; 25. Carmen Ramos (Spa) 5196; 26. Esther Turpin (Fra) 5098; 27. Marthe Yasmine Koala (Bur) 5095; 28. Lindsay Schwartz (US) 4947 (nh HJ);
. dnf-Celeste Mucci (Aus), Mareike Arndt (Ger), Kateřina Cachová (CzR), Anna Maiwald (Ger), Niki Oudenaarden (Can), Niamh Emerson (GB).

# Collegiate Outdoor Athletes Of The Year Grant Holloway \& Sha'Carri Richardson 

- ALL THE BEST IN RUNNING, JUMPING \& THROWING
- ALL THE BEST IN RUNNING, JUMPING \& THROWING •


The all-time winners, since we began this award in '95 (women are listed with the last name they were using at the time):

| Year | Men's AOY | Women's AOY |
| :---: | :---: | :---: |
| 2019 | Grant Holloway (Florida) | Sha'Carri Richardson (LSU) |
| 2018 | Michael Norman (USC) | Maggie Ewen (Arizona State) |
| 2017 | Fred Kerley (Texas A\&M) | Raevyn Rogers (Oregon) |
| 2016 | Jarrion Lawson (Arkansas) | Courtney Okolo (Texas) |
| 2015 | Shawn Barber (Akron) | Jenna Prandini (Oregon) |
| 2014 | Trayvon Bromell (Baylor) | Courtney Okolo (Texas) |
| 2013 | Derek Drouin (Indiana) | Brianna Rollins (Clemson) |
| 2012 | Cam Levins (Southern Utah) | Brianne Theisen (Oregon) |
| 2011 | Ngoni Makusha (Florida State) | Sheila Reid (Villanova) |
| 2010 | Ryan Whiting (Arizona State) | Queen Harrison (Virginia Tech) |
| 2009 | Galen Rupp (Oregon) | Jenny Barringer (Colorado) |
| 2008 | Richard Thompson (LSU) | Sally Kipyego (Texas Tech) |
| 2007 | Walter Dix (Florida State) | Natasha Hastings (South Carolina) |
| 2006 | Xavier Carter (LSU) | Ginnie Powell (USC) |
| 2005 | Kerron Clement (Florida) | Monique Henderson (UCLA) |
| 2004 | Alistair Cragg (Arkansas) | Sheena Johnson (UCLA) |
| 2003 | Daniel Lincoln (Arkansas) | Sanya Richards (Texas) |
| 2002 | Justin Gatlin (Tennessee) | Lashinda Demus (South Carolina) |
| 2001 | Janus Robberts (SMU) | Brianna Glenn (Arizona) |
| 2000 | Gábor Máté (Auburn) | Seilala Sua (UCLA) |
| 1999 | Terrence Trammell (South Carolina) | Suziann Reid (Texas) |
| 1998 | Angelo Taylor (Georgia Tech) | Amy Skieresz (Arizona) |
| 1997 | Robert Howard (Arkansas) | Tiffany Lott-Hogan (BYU) |
| 1996 | Ato Boldon (UCLA) | Tonya Williams (Illinois) |
| 1995 | John Godina (UCLA) | Diane Guthrie-Gresham (George Mason) |

THE CRACKING OF ANCIENT Collegiate Records proved to be the key to this year's choices as Collegiate Outdoor Athletes Of The Year. Grant Holloway of Florida and Sha'Carri Richardson of LSU did the honors. Holloway's 12.98 in the 110H finally took down Renaldo Nehemiah's legendary 13.00 from ' 79 , while Richardson's 10.75 century erased both Dawn Sowell's 10.78(A) from '89. It took more than just that one performance for them to come out on top, however.

Holloway buttressed his case for the top spot by also producing the Nos. $=5,7,8 \& 10$ performances on the all-time collegiate list. And while our protocol doesn't give any credit for running on high-performing relay teams-these are individual honors, after all-the Gatorjunior did get some credit for the value of the fastest $4 \times 4$ leg in Austin, his 43.74. Holloway narrowly edged Texas Tech junior, Divine Oduduru, the winner of a 100/200 double at Nationals, who moved to No. 2 on the all-time collegiate list in each dash. Oduduru was also undefeated all season, whereas Holloway did lose once, but that to Daniel Roberts, who also tied the old CR. Honorable mention status also to vaulter Chris Nilsen (South Dakota) and HJ/LJ doubler JuVaughn Richardson (LSU).

As for Richardson, she was undefeated in the 100 by collegians and lost only the NCAA final in the 200, moving to No. 5 collegian ever in that event. Honorable mention to Janeek Brown, whose 12.40 hurdle win missed the CR by just 0.01 . The Arkansas soph then came back to take 4th in the 200.

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# Next Year’s NCAA: No Duplantis, Richardson, Oduduru, Holloway Or Roberts 



IN RECENTYEARS the sport has seen plenty of top NCAA talents leave school early for the allure of the professional scene, but never a migration as notable as this year's post-Austin Big 5. Early-year announcements by Texas A\&M halfmiler Sammy Watson (February) and Georgia sprinter Lynna Irby (April) stood out because they didn't come on the typical timeline: an athlete at their peak at the end of a season. The latest batch did, reinforcing the principle that negotiations go best from a position of strength. The 5 big post-NCAA moves:

## Mondo Duplantis

It was no surprise, that vault prodigy Mondo Duplantis made the move, as talk on the street always had him pegged for a one-and-done career at LSU. Certainly, a European title and a $19-10^{1 / 4}(6.05)$-all before he wore a Tiger uniform-made it perfectly clear that that Duplantis, now 19, has been ready for prime time all along.

In a letter to the school's fans, Duplantis said, "I always dreamed of winning at LSUand we did, winning an SEC Championship we worked so hard for. I always dreamed of setting records-and I did, getting to compete in front of my family, friends, and the best fans in the country. Now, it's time to pursue another dream. In the next 16 months, the best athletes
in the world will compete for World Championships and Olympic medals. I plan to be among them. The best step for me next is to pursue a professional sponsorship, which is why I will be foregoing my remaining eligibility to turn pro." He signed with Puma and says he plans to continue taking classes at LSU.

## Sha'Carri Richardson

In a double hit for the folks in Baton Rouge, Sha'Carri Richardson is also leaving LSU. Her world-leading 10.75 in the NCAA 100 put her in perfect "strike-while-the-iron-is-hot" mode. On Instagram she announced, "After talking to family and praying for guidance with this decision, I would like to announce that I have decided to pursue my lifelong dream and become a professional athlete."

## Divine Oduduru

After his dazzling 9.86/19.73 NCAA double, Divine Oduduru's decision to leave Texas Tech with a year of eligibility left wasn't easy. "It's a tough one. This is my family. This has been my home," he said. "We had a discussion with the coaches and they were like, 'It's time for you to go.' Leaving the program is really tough, and school." The Nigerian speedster plans to remain in Lubbock training with Red Raider sprint coach Calvin Robinson, saying, "I feel
more comfortable here than when I'm back home in my country because they've given me a home here. They've accepted me, they've given me love. Everything I need, they've given it to me here."

## Grant Holloway

Florida all-arounder Grant Holloway surprised many by not turning pro last year, but now he's with adidas. He said he had unfinished business for the Gators, and he came through with a magic day in Austin: a key leg on the first collegiate sub-38 relay, a 12.98 to break Renaldo Nehemiah's hallowed CR in the hurdles, and a 43.74 leg on Florida's $4 \times 4$. The world-leading hurdler let his coach, Florida head Mike Holloway, break the news. "It's time for him to move on," said Holloway. "He's done enough for Florida track \& field. Grant's gotta take care of Grant now. He will be one of the all-time Gator greats."

## Daniel Roberts

Having pushed Holloway to the line with his own amazing 13.00 hurdle run, Daniel Roberts signed with Nike and decided to bypass his final year at Kentucky. He made his initial announcement of his pro decision immediately after the hurdle final. He later tweeted, "Blessed is an understatement. This year has brought me everything that I could ask for and more." $\square$

## Eldred Henry The Div. II Big Shot



Findlay junior Eldred Henry won his Nationals with the first Div. II 70-footer ever.

## by Jeff Hollobaugh

THE BIGGEST SURPRISE at the NCAA Div. II Championships came when shot putter Eldred Henry let loose a mighty 70-51/4 (21.47). Any one of the Findlay junior's four fair throws would have held up for the win, but on his third attempt he launched the big one, adding more than 2 ft to his best.
"I knew it was big," says Henry, "but I didn't know it was that big." Still, he says he's not completely surprised, given his recent practice sessions. "We did a lot of preparation work going into this meet, trying to get ready to get the big one off," he explains, adding, the Division II Championships, to me, was just a test to see where I'm at currently in training. And of course, I've gotta represent for the school, make them look good, you know? Get a few records."

Now 24, Henry represents the British Virgin Islands' best hope for a high international placing. He has been breaking the national
record in the event since he started out as a high school senior. The journey began when he was hitchhiking his way home from school, and the man who picked him up started asking him if he was involved in any sports like basketball, given his 6-5 (1.96) frame (a frame that now packs a whopping $397 \mathrm{lb} / 180 \mathrm{~kg}$ ).
"I told him, 'No, I don't do any type of sport.' He told me that I should look into track \& field. With my build and size, if I worked hard to train, I could travel the world. "So I thought about it a little bit and gave it a shot and ended up loving it along the way."

Henry's path first took him to Central Arizona JC, where he won the ' 15 national title with his $61-1^{1 / 2}(18.63)$. He hit a best of $65-7^{1 / 2}$ (20.00) in his third year of throwing. He made it to the Rio Olympics, where didn't advance out of the qualifying round. Then injury struck his throwing hand in '17: hyperextended middle and index fingers. His progress slowed. "Before I got to Findlay," he says, "that kind of set me back. Since I came here, I've been able to stay healthy and get stronger in the weightroom.

I'm a lot stronger now than I was when I first arrived. To be honest, we really haven't made a lot of technical changes. It was just trying to be more consistent because I had a good comeback year last year." The progress has come fast, with national titles indoors and out: "My strength, combined with good technique, has resulted in some good throws."

Next, he's focused on carrying his momentum to Doha for the World Championships, now that he's made the standard. "I'm the only one throwing the senior implement now in my country, so I'm guaranteed to make the team."

Post-nationals Henry headed to New Mexico to train. With a big summer ahead of him, he's waiting to decide whether he will return to Findlay for his senior year. He says, "I'll try to focus on one task at a time and go from there." For now, though, he is just having fun. "I know nothing comes overnight, it's all a process that you have to go through. Basically I'm just getting started. I get to travel the world and meet a lot of different people. And then plus, who doesn't like seeing heavy balls go flying?"

# Kenny Bednarek Planning On 200/400 Double At USATF 



Bednarek enjoys unique status as the only American ever to break 20 and 45 on the same day.
weak and there are a lot of other things I need to work on and I just haven't been able to really work on it. I mean, I still ended up doing what I needed to do, but coming in, yeah, I had a little doubt. I'm not going to lie about that."

So becoming the first American to break 20 and 45 on the same day that caught Bednarek off-guard. "It's kind of hard to figure, for how long track \& field has been around, I figured other people would have been doing that. Because, I don't know, I'm not that special. When my coach told me, I was like, 'Are you serious??' So it kinda has hit me, and it kinda hasn't."

Before Nationals, Bednarek had his doubts about the longer sprint. "Literally, right before I ran that 44 , I was telling my friend, 'I feel like I should just do the 200 and the 100 because that 400 ain't cutting it right now.' I was running in the 45 s , due to training and stuff like that. I've been hot in the 2 , been pretty decent in the 1 , so why not just go for that? Then I ran that 44.73 and kind of changed my

by Jeff Hollobaugh

"I'M STILL IN THE WHIRLWIND," says Kenny Bednarek.

Ever since the Indian Hills frosh led off his mind-boggling 19.82/44.73 double at the JUCO Championships with a stunning windy 19.49 heat, his phone has been ringing off the hook. "People saying congrats," he explains. He's appreciative but exhausted by it all. Calls from agents have been coming in too. This all started happening during Bednarek's final week of school. He says he's been putting everybody off for now. He wants to get back home to Wisconsin to sort things out.

To hear people who watched him as a prep at Rice Lake High talk about him, you'd think Bednarek was stamped for greatness the moment he stepped on a track. Perhaps he was. Born in Oklahoma, he and his fraternal twin Ian were adopted young, and grew up in Rice Lake, a town of $8000+$ about 100 M northeast of Minneapolis. The winters are cold there-average January highs range around 21 (-6 C). So not really sprinter country; hockey though, yes.

But Kenny and Ian's parents had them give track a try. Says Kenny, "When I was a kid, I just liked running, and my mom put us in track." From second grade on he participated in a local youth club. "We started a lot earlier than most people have," he says. Ian took to the distances-he ran a 4:54 for 1600. Kenny found
his home in the sprints.
As a 9th-grader he did all three events at Wisconsin's Div. 2 State Meet: 11.47, 22.08 and 47.95. He finished 2nd in the 200/400. That summer he improved to $21.75 / 47.69$. As a soph he won the State 200 and 400 and improved to 21.24/46.78. Junior year he hit a 46.19. The State titles kept coming. In his senior year he worked on the shorter sprints and pulled off a State triple, hitting 10.42/20.43 in the heats, with a 10.66/20.98/46.73 final day. Seven state titles in all, plus one on the $4 \times 4$, will make a sprinter legendary in Wisconsin.

Bednarek felt he had the talent to make his mark in the sprints beyond high school. "Just that fact that I was from Wisconsin and I was running those fast times." His 20.43 led the nation's preps last year. "I knew I had the potential to get here, but I had never expected that to be right out of senior year."

He ended up at Indian Hills JC in Ottumwa, Iowa, and many were surprised when he blasted a 20.30 world indoor leader. At the JC Indoor he ran an oversized-track 45.97 to win the 400 by almost 2 seconds. The outdoor season brought a 20.29 PR to win the Drake Relays and a PR 45.62 to win his Regional.

Then came his big weekend at Nationals. Even Bednarek says he was surprised. He didn't expect that big things were coming: "To be honest, no. At Indian Hills it's been an up-and-down year. We've had several coaching changes. I was definitely in doubt because my hamstrings are
mind. I guess I'm still good at the 400 , so I guess $I^{\prime} 11$ start doing the 4 and the 2 again."

Now the phone keeps ringing. Bednarek knows that these calls are going to lead to some difficult choices. Does he go back to school in the fall? "I would probably have to go back to another JUCO because I came out as a [academic] non-qualifier."

Does he go pro? "Depending on the contract, I might be. But whatever happens in the summer..."

For now, he's got to clear his head and focus on the task at hand. "I've been telling them all to kind of wait. I'm still at school and I'm trying to get all my stuff packed up and bla-bla-bla. I'm trying to give myself some actual break time, at least a week, before I open my ears to anything right now."

When he gets home to Rice Lake, he's going to do some light training for a few weeks. And then he'll start working again with LeRon Williams, who coached him during the indoor season.

Bednarek, at 20, is the new name at the top of the lists as he prepares to run both the 200 and 400 at USATF. "Talent-wise, I think I'm up there," he says. "Hopefully being able to compete in the finals and be able to compete with Noah Lyles, just seeing what I can do, to prove that I'm one of the elite sprinters. I want to make a big statement."
"I'm just a dude from Wisconsin that's doing crazy things right now and I've really got nothing to lose. I think that's to my advantage."

# NAIA Champs - 2 Team Titles To Canadian Team 



GULF SHORES, Alabama, May 23-25-The University of British Columbia (UBC) only won 3 events-the 5000, walk and ham-mer-on the men's side, but had enough depth elsewhere to roll up 80 points and win the NAIA men's title over William Carey (53) and Wayland Baptist (43). Quintaveon Poole of Wayland won the 400 in 45.90 and came back with a 44.88 to anchor his squad to a $3: 07.20$ relay win.

It was a similar story on the women's side of team scoring, with UBC scoring 91 to edge defending champion Southern-New Orleans (88). UBC's only win came in the $4 \times 8$ ( $8: 51.37$ ) while Southern captured the shorter relays ( 45.46 \& 3:38.22) and the 400 s with and without hurdles. Anna Shields of Point Park won the middle-distance double at 2:05.60/4:18.26, both by big margins. That capped her 3 -year NAIA career at 10 titles.
The blue \& gold of the University Of British Columbia was much in evidence at the NAIA.

## NAIA MEN'S RESULTS

Teams: 1. UBC (Canada) 80; 2. William Carey 53; 3. Wayland Baptist 43; 4. Indiana Tech 40; 5. Oklahoma City 35.
100(1.6): 1. **Demarius Smith (Cumb) 10.26; 2. Kevin Hallmon (LWils) 10.30; 3. **Delano Dunkley (SnNO) 10.35. 200(0.4): 1. Hallmon 20.55; 2. **Brandon Smiley (InT) 20.67; 3. Smith 20.97.

400: 1. Quintaveon Poole (WayB) 45.90; 2. *Demetrius Turner (WayB) 46.32; 3. **Twayne Crooks' (SnNO) 46.73. 800: 1. **Matthew Van Eps (Dordt) 1:50.86; 2. **KKeenan Lawrence (Union) 1:51.25; 3. Charles Shimukowa (Cumb) 1:51.54.
1500: 1. **Rhys Kramer' (UBC) 3:54.13; 2. *Wesley Meyer (OIN) 3:54.48; 3. *Kieran Lumb' (UBC) 3:54.52.
St: 1. Oscar KipKoros' (OkC) 9:14.11; 2. **Bryce Grahn (SWnKs) 9:17.89; 3. **Cole Dinsdale' (UBC) 9:19.72.
5000: 1. *Kieran Lumb' (UBC) 14:29.94; 2. Philip Lagemann (StMKs) 14:39.88; 3. *Jesse Saxton (InWes) 14:43.26.
10,000: 1. *Mark Shaw (OkC) 30:54.13; 2. *Colin De Young (Corner) 31:17.15; 3. *Tony Floyd (Madonna) 31:22.41. 110H(0.6): 1. ***Rasheem Brown' (Mill) 13.95; 2. *Chris Grinley (Keiser) 14.05; 3. ***Darian Clyburn (Keiser) 14.27. Heats: IV(2.8)-1. Brown' 13.90w.
400H: 1. *Joshua Haskin (MAN) 51.43; 2. **Jamar McNaughton' (SnNO) 51.53; 3. Tre Hinds' (WayB) 51.73. Mar: 1. Jordan Bramblett (ERAz) 2:33:44; 2. *Greg Flores (Baker) 2:38:52; 3. Jonny Handel (LC) 2:41:58.
5000W: 1. *Alger Liang' (UBC) 21:54.35; 2. **Steven Smith (WVT) 22:55.02; 3. *Moses Watson (Baker) 23:16.61. $4 \times 100$ : 1. Tennessee Wesleyan 40.22 (Benton, Elkins, Cobb, Fletcher); 2. Indiana Tech 40.31; 3. Lindsey Wilson 40.38 .
$4 \times 400$ : 1. Wayland Baptist 3:07.20 (Turner, Hinds, Williams, Poole); 2. Indiana Tech 3:08.53; 3. William Carey 3:11.48.
$4 \times 800$ : 1. Dordt 7:31.34 (Merkle, Temte, Ghiorso, Van Eps); 2. Columbia/Missouri 7:31.63; 3. Wayland Baptist 7:34.26.

## Field Events

HJ: 1. ${ }^{* * *}$ Malik Crandle (WmC) 6-11 (2.11); 2. ***Tito Turner (WmC) 6-93/4 (2.08); 3. *Jared Rabenberg (DakWes) 6-93/4.

PV: 1. **Corey Sledge (EnOr) 16-83/4 (5.10); 2. Jordan Downs (Bethel) 16-63/4 (5.05); 3. ***Scott Rathbun (InWes) 16-43/4 (5.00).
LJ: 1. Zach Beltz (SnOr) 25-71/2w (7.81) (25-1/2/7.63); 2. Jordan Downs (Bethel) 25-71/4w (7.80) (25-61/4/7.78); 3. **Thomas Jackson (Bethel) 24-113/4w (7.61).
TJ: 1. ***Malik Crandle (WmC) 51-61/4w (15.70) (51-0/15.54); 2. ***Kelvin Campbell (CinChr) 50-0 (15.24); 3. **Pierre Ezanno (LWils) 48-10 (14.88).
SP: 1. Mitchell Soviak (MtVNaz) 60-1 (18.31); 2. Brennan Coil (InWes) 57-2144 (17.43); 3. *Bryce Vollrath (OIN) 56111/2 (17.36).
DT: 1. James Plummer (GV) 172-0 (52.44); 2. **Justin Villars (Hast) 169-10 (51.77); 3. Brennan Coil (InWes) 168-0 (51.20). HT: 1. ***Rowan Hamilton' (UBC) 208-4 (63.50); 2. Nathan Houser (Midl) 204-10 (62.43); 3. Grant Wickham (Hast) 203-10 (62.13).
JT: 1. *Jalon Simpson (OIN) 232-11 (70.99); 2. *Roan Allen' (UBC) 232-1 (70.74); 3. **Jacob Opdahl (LindB) 211-4 (64.42).
Dec: 1. *Pieter Top (Westm) 7080; 2. *Michael Schmidt (Corban) 6955; 3. **Cleet Wrzesinski (DickSt) 6888.

## NAIA WOMEN'S RESULTS

Teams: 1. UBC (Canada) 91; 2. Southern-New Orleans 88; 3. Indiana Tech 51; 4. Wayland Baptist 50; 5. Concordia/ Nebraska 44.
100(1.1): 1. *Aniekeme Etim' (WmC) 11.36; 2. **Kimone Hinds' (SnNO) 11.54; 3. *Safia Bright' (LWils) 11.74.
200(0.9): 1. Etim' 23.59; 2. Hinds' 23.80; 3. Bright' 23.95. 400: 1. ***Stacey Ann Williams' (SnNO) 52.60; 2. Ayanna Moody (InT) 54.48; 3. ***Jezelle Shaw' (SnNO) 54.59.
800: 1. Anna Shields (PtP) 2:05.60; 2. Nicola Symonds' (UBC) 2:11.24; 3. *Mikayla Tinkham' (UBC) 2:12.57.
1500: 1. Shields 4:18.26; 2 . Symonds' 4:29.81; 3. *Danielle De Castro (OrT) 4:30.24.
St: 1. *Anika Rasubala (NWChristian) 10:44.89; 2. Madelyn Brunt' (UBC) 10:53.12; 3. ***Larissa Mauer (Cld) 11:03.16. 5000: 1. Aminat Olowora' (OkC) 17:14.93; 2. Enid Au' (UBC) 17:28.88; 3. *Mindy Kaufman (MtWn) 17:32.88.
10,000: 1. Olowora' 34:14.39; 2. *Emily Kearney (SCADA) 36:40.72; 3. *Cindy Reed (OrT) 37:03.82.
100H(1.4): 1. Tiona Owens (WayB) 13.96; 2. Amore Brown (Aqui) 13.97; 3. ${ }^{* * * K i e r r a ~ R i c e ~(S i e n a) ~ 14.02 . ~}$

400H: 1. Kimona Smikle' (SnNO) 59.27; 2. ${ }^{* * * N a m i a h ~}$ Simpson (SEnU) 1:00.27; 3. Sasha Newman (SnNO) 1:00.30.
Mar: 1. *Bailey Cossentine (WmJ) 3:07:51; 2. Kalie Demerjian (SCADA) 3:08:45; 3. *Vanessa Cortes (MtMer) 3:10:52.
5000W: 1. *Anali Cisneros (Judson) 25:06.98; 2. ***Joean Lu' (UBC) 26:01.90; 3. ***Maria Alarcon (Judson) 26:29.95.
$4 \times 100$ : 1 . Southern-New Orleans 45.46 (Scott, Williams, Hinds, Bolton); 2. William Carey 45.97; 3. Indiana Tech 46.05 .
$4 \times$ 400: 1. Southern-New Orleans 3:38.22 (Bolton, Smikle, Peart, Williams); 2. Indiana Tech 3:47.00; 3. Southeastern U 3:47.97.
$4 \times 800$ : 1. UBC' 8:51.37 (Hennessey, Huston, Tinkham, Symonds); 2. Wayland Baptist 8:57.84; 3. St. Francis 9:08.42.

## Field Events

HJ: 1. ${ }^{* * * K y a r a ~ B l a c k ~(S p A r) ~ 5-91 / 4 ~(1.76) ; ~ 2 . ~ * * * T r i n i t y ~}$ Hansma' (UBC) 5-8 (1.73); 3. *Ardeen Walker (MAN) 5-7 (1.70).
PV: 1. Dana Nemitz (Westm) 12-5½ (3.80); 2. ${ }^{* * * V i c t o r i a ~}$ Faber (Aqui) 12-3½ (3.75); 3. *Courtney Schindler (Doane) 12-11/2 (3.70).
LJ: 1. ${ }^{* * *}$ Destiny Copeland (InT) 20-4½ (6.21); 2. **Brittany Jones (WmC) 20-3 (6.17); 3. *Julia Forbes (Siena) 19-43/4 (5.91).
TJ: 1. Tiona Owens (WayB) 40-81/4 (12.40); 2. *Michaela Schaeffer (Vang) 39-91/4 (12.12); 3. Jones 39-81/2 (12.10). SP: 1. Samantha Liermann (ConcNb) 50-51⁄4 (15.37); 2. Haley Hudson (Siena) 49-81/4 (15.14); 3. Kylie Davis (OIN) 48-71⁄2 (14.82).
DT: 1. *Adrianna Shaw (ConcNb) 154-9 (47.16); 2. Keely Parish (Hast) 148-5 (45.25); 3. *Kate Grint (Doane) 144-9 (44.13).
HT: 1. *Michelle Carrillo (GV) 184-9 (56.31); 2. *Brittany Bodnar (StFII) 183-4 (55.88); 3. **Sydney Marr (Westm) 181-3 (55.25).
JT: 1. Kati Kneifl (Morn) 157-0 (47.86); 2. **夫Alex Conley (OrT) 156-6 (47.70); 3. **Alyssa Wisher (DickSt) 147-7 (44.98).

Hept: 1. *Kamberlyn Lamer (DakWes) 5065; 2. Aurora Arevalo (Morn) 4799; 3. *Megan Van Harn (WWoods) 4797. $\square$


## by Roy Conrad

ALBUQUERQUE,NEWMEXICO-Matthew Boling (Strake, Houston) found himself behind after the start of the 100 at the Great Southwest Invitational. After a frantic mid-race drive, he crossed the line in 10.15 , tying the No. 10 prep performance ever, albeit with 1561 m ( 5121 ft ) of friendly altitude. Kennedy Lightner (North Little Rock, Ar) was a distant 2 nd at 10.34 , but did come back to win a Boling-less 200 in a list-leading 20.48.
"My start needs work. I really have closing speed," Boling told the Albuquerque Journal. "Every race you see, I'm even until the 50 and then my last 40 is the best part of my race. "I haven't run the 100 in like a month so I'm happy with it." The Texas phenom also competed in the long jump, where his $25-1 / 2$ gave him another win. He closed the day by anchoring an all-star relay that went 39.05. "We didn't have a lot of time to train together," he said.

Despite the cameras following viral sensation Boling around, the highlight of the meet came in another event entirely. Justin Robinson (West, Hazelwood, Missouri) stunned observers by destroying the national age-17 and junior-class 400 bests of 44.99 with a 44.84 winner that moved him to No. 2 all-time. The mark is also huge on a global scale, ranking as a new World Youth (U18) record, breaking the legendary 45.14 set by California Obea Moore in '95. Robinson told the St. Louis Post-Dispatch, "I felt like I was going too slow. It's a little scary, honestly."

On the girls side, the sprint performances were just as scintillating. Jamaican Briana Williams (Northeast, Oakland Park, Florida) moved to No. 2 all-time in the 100 with her 11.02. Then
she blistered 200 in 22.88. Teammate Jan'Taijah Ford ran a list-leading 51.57 in the 400 . Another yearly leader fell to Alexis Brown (Kennedale, Texas) in the long jump at 20-93/4.

## GREAT SOUTHWEST BOYS RESULTS

Albuquerque, New Mexico, June 8 (altitude 1561m)
100(0.7): 1. Matthew Boling (Strake, Houston, Tx) 10.15 ( $=x, 10 \mathrm{HS}$ );
2. Kennedy Lightner (North Little Rock, Ar) 10.34; 3. Ryan Martin (Stafford, Tx) 10.38.

## 200(-0.4): 1. Lightner 20.48 (HSL);

2. Cameron Miller (Dunne, Dallas) 20.55; 3. Lance Broome (Seven Lakes, Katy, Tx) 20.69; 4. Caleb Boger (Mesquite, Tx) 20.82; 5. *Devon Achane (Marshall, Missouri City, Tx) 21.02. 400: 1. *Justin Robinson (West, Hazelwood, Mo) 44.84 (HSL) ( 2,2 HS) (junior-class and age-17 records) WYR, AYR (old records 45.14 Obea Moore [Muir, Pasadena, Ca] '95); 2. Jonah Vigil (Taos, NM) 46.43; 3. *Chris Dupree (Park Hill South, Riverside, Mo) 46.57.
110H(1.1): 1. Zion Gordon (Regis, Aurora, Co) 13.62; 2. Grant Conway (St James, Mo) 13.68;
3. Terry Smith (Independence, Frisco, Tx) 13.70; 4. Cortney Watkins (Hickman, Columbia, Mo) 13.71; 5. Cameron Harris (Brighton, Co) 13.77.
300H: 1. Watkins 36.83; 2. James Rivera (Lakewood Ranch, Bradenton, FI) 37.11.
HJ: 1. **Tyus Wilson (Sterling, Ks) 6-113/4.
LJ: 1. Boling 25-1⁄2; 2. Donald Hatfield Jackson (Fox, Arnold, Mo) 24-53/4.
JT: 1. *Sam Hankins (Manhattan, Ks) 201-8.
Dec(6/06-07): 1. Miles Wilcox (Lehi, Ut) 5943; 2. Jacob Pauly (Festus, Mo) 5937.

## GREAT SOUTHWEST GIRLS RESULTS

100(0.7): 1. Briana Williams' (Northeast, Oakland Park, FI) $\mathbf{1 1 . 0 2}$ (HSL) (2, 2 HS);
2. Alexis Brown (Kennedale, Tx) 11.54; 3. Jadyn Mays (North Canyon, Phoenix) 11.56; 4. **Adriana Tatum (Sandia, Albuquerque) 11.58; 5. Sydney Holiday (Broomfield, Co) 11.69; 6. JaEra Griffin (DeSoto) 11.76. 200(-0.4): 1. Williams 22.88; 2. Dynasty McClennon (Summer Creek, Houston) 23.28; 3. Jayla Hollis (DeSoto, Tx) 23.85.
400: 1. Jan'Taijah Ford (Northeast, Oakland Park, FI) 51.57 (HSL);
2. Meghan Hunter (Provo) 53.35; 3. Dominique Mustin (North Canyon) 54.46.
100H(0.1): 1.** Tyra Wilson (Rock Bridge, Columbia, Mo) 13.52.
300H: 1. Tyra Wilson 40.79; 2. Kyla Robinson-Hubbard (Calabasas, CA) 42.55; 3. **Paige Magee (Battle, Columbia, Mo) 42.67.
PV: 1. ***Allison Neiders (Holy Names, Seattle) 12-5 $1 / 2$.
LJ: 1. Alexis Brown (Kennedale, Tx) 20-93/4 (HSL);
2. Ameia Wilson (Danville, II) 20-5; 3. **LaQwasia Stepney (West, Bellville, II) 20-1.
TJ: 1. **Riley Ammenhauser (Neuqua Valley, Naperville, II) 40-2.

Hept(6/06-07): 1. Jordan Lanning (Bayfield, Co) 4870 (5-101/2); 2.Madelyn McCabe (Cashon, Ok) 4617.

# The IAAF To Change Name And Logo 

by Roy Conrad

AND THEN THERE WERE 3. That would be 3 different logos and 3 different names used by the IAAF since it was founded in Stockholm at the 1912 Olympics as the International Amateur Athletic Federation. The original logo, which lasted almost 90 years, was a monochromatic representation of the winged goddess of victory. In the fall of 2000, a modernized logo "the celebrating athlete" was adopted. At the time, IAAF President Lamine Diack commented, "The athlete symbolizes the core values we all look for in today's world of athletics: excitement, honesty, authenticity, credibility and global aspiration. This new branding will guide us through the years ahead when we aspire to extend the reach of athletics further, both in number of participants as well as fans." When we noted the update in the magazine we suggested that perhaps a name change was in order, to something more realistic, like "International Association Of Athletics Federations." In the summer of ' 01 , just such a change was effected.

Fast-forward almost two decades and current President Seb Coe said after early-June's Council Meeting, "The hope is that our new brand will help attract and engage a new generation of young people to athletics. We have now created a brand that can come to life in the digital world while reflecting the changing nature of the sport. And at the same time bring into focus the athletes, the heroes of our sport."



The 1912 original


The 2000 upgrade, which came in multiple variants


The future

So, pending the approval of the IAAF Congress in September, the sport is poised to change both elements again. Are you ready for "World Athletics," aka WA? The IAAF release announcing the changes said, "The new name, 'World Athletics,' builds upon the organization's restructuring and governance reform agenda of the past 4 years to represent a modern, more creative and positive face for the sport. The new brand, Council agreed, makes the sport more accessible to a wider audience while giving the global governing body the opportunity to more
clearly communicate its mission as the leader of the world's most participatory sport." Says new CEO Jon Ridgeon, "The IAAF name has been in existence for over 100 years, but it has little understanding or relevance to those outside of athletics. The new identity creates a symbol that can stand alone and work with partners and events."

In explaining the look of the new logo, the IAAF release said,"The logo design is comprised of three main elements: the ' $W$ ' of World, which is also a symbol of an athlete's arms raised in victory; the 'A' of Athletics, which also represents
an athlete's focus as they prepare for the road ahead; and an arc over both to represent the entire athletics community coming together. The logo also includes the sweep of a running track which appears in an upward trajectory, symbolizing the desire to continually push beyond limits. The patterns capture the energy present in all four of athletics' group disciplines: running, jumping, throwing and walking."

Editor E. Garry Hill has a few thoughts about the changes which will appear in our compiled June issue, coming this week.

## TRACK SHORTS



# Razorback soph Taylor Werner didn't win an event, but her 2nd in the 5000 and 4th in the 10,000 were crucial to Arkansas's team win. 

## AN NCAA notebook from an incredible 4 days of track \& field in Austin:

Both winning teams were led by coaches who cut their teeth at the Div. II level: Texas Tech's Wes Kittley at Abilene Christian, Arkansas's Lance Harter at Cal Poly/SLO. In guiding the Tech men to the team title, Kittley fulfilled a lifelong ambition, explaining, "I've always wanted to be a coach. I can't remember a time when I didn't. I got lucky there, because a lot of people don't know what they want to do at 50 , and I always knew what I wanted to do since I was young."

Texas A\&M swept the men's and women's $4 \times 400$ relays, only the sixth time this has occurred in the 38 years since the women joined the meet. A\&M is the first team to accomplish the feat twice, having earlier succeeded in '11.

Steeple champion Allie Ostrander spoke out against what she said were statements by
the ESPN commentators: "I was disappointed with the commentary that has occurred during my races for the past two years. Both times, the comments have brought attention to my appearance more than my ability. In 2018, I was called "the baby-faced assassin" and told that I looked like I still played with Barbies. This year, the commentators found it necessary to state (incorrectly I might add) my height and weight multiple times. Not only were these comments objectifying and unnecessary, they drew attention away from the real focus of the event. People attend this event and listen to the commentary because they want to see what we are capable of, not what we look like we're capable of. So why do the commentators insist on providing information that has nothing to do with performance in the sport? In a sport where eating disorders and body dysmorphia are so common, the media has an opportunity to help women (and men!) feel capable, powerful, and worthy, but by focusing on appearance and body proportions, this opportunity is missed." ESPN clarified that the statements in question, at least
this year, were made by a stadium announcer.
The men's 1500, with Yared Nuguse and Justine Kiprotich given the same times in 1st and 2 nd, was the first same-time finish since ' 44 , when Michigan's Hume twins, Ross and Robert, intentionally tied in a $4: 16.6$ mile. A modern photofinish camera would probably have given the Humes different 100ths, of course.

Memphis State's Davon Demoss PRed at 10.05 in his semi but that only earned him the honor of being the fastest non-qualifier in meet history.

Prior to the jump double by LSU's JuVaughn Harrison, the last notable HJ/LJ attempt came from Richard Duncan of Texas in '96. He won the long jump and placed 6th in the high jump.

Bryce Hoppel was not finished after winning his second NCAA 800 title for the year. Said the Kansas junior, "Getting ready for USA's and hopefully making the World team. That's definitely the next goal."

Florida throws coach Steve Lemke deserves props. Only two hammer throwers PRed in the men's hammer, and both were his: Thomas

Mardal (4th) and AJ McFarland (6th).
It took a while for her 100 hurdle win to hit Arkansas's Janeek Brown. "It took me probably 48 hours to say, 'Wow. I'm the national recordholder. I'm the fastest person in Jamaica to do hurdles probably ever.'"

Virginia's Jordan Scott had been favored to win the triple jump, but ended up with a loss on the final attempt. He said, "I think it was a good showing," adding, "Overall it was a really bad technical day. I had a lot of jumps behind the board. I had to do a lot of adjusting so it's just back to the drawing board."

Derek Miles, coach of men's vault champion Chris Nilsen, said the focus now is on making the team for Doha. "To peak almost two times at a very high level is very difficult to do. I think we'll play with the schedule a little bit, we'll work at some training things to see if we can get his body to continue to fire here. Maybe the next thing is $6 \mathrm{~m}[19-81 / 4]$ or the American Record at 6.06 [19-101/2]."

Watching the video of his fall on the final barrier in his steeple win, Stanford's Steven Fahy said, "It kind of makes me cringe. I've watched the video a bunch of times. I think that the adrenaline really took over and I didn't really feel the pain of falling and then hitting the rail right away.
"When you're in a situation like that, I think in your mind you perceive it as you hit the ground and immediately bounce back up and run. And it wasn't until I watched the video later that I saw just how long it took me to really get up and reorient myself and get back
up to speed."
It had been a long climb back for North Carolina's Madison Wiltrout, who finished 3rd in the women's javelin. Her career-which featured her setting the national HS record as a soph in '15, went off the tracks 4 years ago with a bad injury followed by surgery. "I think this was my breakthrough season, I had a few years of trouble with the injuries and I wasn't able to be what I wanted to be. I let go of the past and showed that I'm on a new journey."

Curtis Frye said he wasn't in a hurry to recruit his NCAA 400 champ, Wadeline Jonathas, from Div. III UMass Boston. "Wadeline kind of fell into our hands. She called twice and I didn't take the call the first few times because I'm not interested in raiding kids getting opportunities to get an education. So I didn't accept the call, I didn't try to recruit her away from her DIII school, but when it kept happening, to me, it was meant to be."

UCLA's Alyssa Wilson scored in all three of her throws. The Bruin soph said, "That's been one of my goals ever since coming to UCLA. I've always wanted to prove to myself and others that I can excel in all events that I compete in."

After his double runner-up finish in the sprints, Oregon's Cravon Gillespie signed with Nike. "All the hard work is paying off," he said. "A lot of times you want to quit and give up, but when you get in shape and have a meet like this, having fun in front of the crowd, you know it's all worth it."

Houston head Leroy Burrell said that balance will be the key to the Cougars becoming
a perennial contender: "We've got some more things that we need to do in this program. I think right now we're too reliant in the sprints. We've got to spread it out and get a few more events covered in the distances and the field. We have younger athletes who can help us get there in the field. We need that to happen."

BYU distance runners did well in Austin. Said coach Ed Eyestone about preparing for nationals, "We've not been blessed with many warm days this spring. Our guys have been wearing multiple layers and long-sleeve shirts during workouts. Guys have spent some quality time in the sauna as well. The bottom line is to get as fit as you can. The fitter guys are generally going to do better in the tough conditions."

Texas Tech's Duke Kicinski captured the NCAA discus, but realized he will have to step it up to contend for a spot on the Olympic team, saying, "I've got to get a lot better. I'll spend the next year getting better, improving my technique and getting stronger. Every year, I get better."

Alabama head Dan Waters was thrilled with Portious Warren getting 2nd in the shot. "Portious has had just a tremendous senior year," he said. "She just kept working at it and getting better and better each meet. To have her go out with a huge series of throws like that was great to see. To get edged by such a small margin on one of the last throws of the meet. It's tough, but I couldn't be prouder of her and the way she handled it and the way she attacked her final event as a collegian."


The 2020 Olympic Trials will be in Eugene, Oregon, at the new Hayward Field stadium. T\&FN will be there with another great Trials tour. Trials dates are June 19-28. Sign up now for one of the major meets of the quadrennium. The tour price for the 2016 Trials (in Eugene) was $\$ 2450$ per person, double occupancy, 11 nights. We expect the 2020 price to be a bit more. Current deposit requirement is still $\$ 750$ per person. Don't delay, not too much space left.
Tour Dates: June 18-29, 2020

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Here's this month's collection of generally off-track activities that have gone a long way towards shaping the way the sport is headed


The Rome DL's triple jump was conspicuously absent U.S. superstars Christian Taylor (r) \& Will Claye.

## Triple Jumpers An Endangered Species?

Conspicuously absent from the Rome DL were American TJ aces Christian Taylor and Will Claye. Both took to social media to express their displeasure at the circumstances. Said reigning world/Olympic champ Taylor, "It's a real shame to have to miss out on competing at @goldengala_roma due to budgetary reasons. Ihope the @Diamond_League and triplejump can find a way to work together to produce a worldclass show. I seriously fear my event being removed from the circuit altogether." Said Claye, "This meeting promoter said he wouldn't negotiate me coming to his meet until I'showed fitness' so by the time I opened up on May 18th the ticket prices rose. That's not my fault." Claye also said, "It is unfortunate that we can't
make it but I respect [meet director GigiD'Onofrio] for putting on a great meeting in Rome. I just don't agree with how us athletes are being unfairly treated." With the ' 20 Diamond League scheduled for a "new look," many athletes - particularly field eventers-may have good reason to fear for the future of their discipline as part of the program.

## Meanwhile, In TrackTown...

With the ' 21 World Championships approaching fast for Eugene-and the new Hayward Field reportedly on track to be ready for the ' 20 Pac- 12 meet-some in Oregon are questioning where things are going.

Eugene Register-Guard columnist Austin Meek, in the wake of a closed-door briefing to Seb Coe by representatives of Oregon21, wrote,

## USATF Names World Champs Marathon Squad

The first 6 members of Team USA for Doha have been announced. There was no specific qualifying race for the marathon squad. Rather, athletes (who wished to go, which means skipping fall big-city 26 -milers) were selected from a list of performances made between March 7, 2018 and May 5, 2019. The men had to have run at least 2:16:00, the women 2:37:00. The athletes, with their PRs: Men-Elkanah Kibet 2:11:31, Shadrack Biwott 2:12:01, Andrew Epperson 2:13:11; Women-Roberta Groner 2:29:09, Carrie Dimoff 2:30:53, Kelsey Bruce 2:31:53.
"Finding someone to talk about the World Championships is a surprisingly difficult task. TrackTown USA, the local organization that led the charge to secure the world championships, now defers all questions about the event to Oregon21, an LLC formed to represent the various world championship stakeholders. Planning for the event is being handled by Niels de Vos, the executive director of Oregon21. De Vos, the former head of UK Athletics, was hired 7 months ago to lead Oregon 21 . Since then Oregon 21 has cut ties with a public affairs agency working on its behalf, and attempts to interview de Vos have been unsuccessful."

Ken Goe of the Portland Oregonian wrote that many local fans are fearful that with years of no regular-season meets at Hayward, the legendary TrackTown magic may wane: "Fans might become reinvigorated when the new Hayward Field opens, when the 2020 Olympic Trials are contested, when the World Championships come to town. But the real test will come later, when the big events have come and gone, when the gates open for a UO home meet on a soggy, 45-degree spring day."

## The IAAF \& Nigeria:

## A Rapprochement?

The money kerfuffle between the IAAF and Nigeria appears to be on its way to being settled, though neither side is sharing much in the way of details. It all started when the international federation accidentally added a zero to its annual auto-deposit grant of $\$ 15,000$ to the Nigerian federation, depositing $\$ 150,000$. For more than a year the two sides quibbled over repayment. There are indications the Nigerians have already repaid a small portion. The board of the Nigerian federation also impeached its president when he denied knowing anything about the money's whereabouts.

The Nigerians reacted badly to Seb Coe's threat of sanctions if the amount was not immediately repaid, with the nation's sports minister calling it a "calculated attempt to demean and destroy Nigerian athletics." The IAAF clarified that by "sanctions" it did not mean it would ban Nigeria from international competition. Now,

## What Do YOU Think When You See 3 Stripes?

In a business where trademarks are defended ferociously, adidas lost a major round when the European Union General Court ruled that the German company's iconic 3-stripe logo is not worthy of protection. The case stemmed from an adidas trademark application in '14 that was rejected in '16 by the Union's Intellectual Property Office, which determined that the logo was "devoid of any distinctive character." The General Union Court ruling indicated that adidas had failed to prove that the stripes were distinctive. No word yet on whether adidas will take on a major redesign or perhaps keep fighting a legal battle. Apparently, the ruling does not affect the company's rights outside of Europe.
following a phone call between Coe and the sports minister, the IAAF says an "amicable resolution has been reached and the matter will be settled very soon." The IAAF says it is confident the full amount will be returned.

## 4-Year Ban For Jarrion Lawson; Off To CAS

A positive test has earned World Champs sprinter/long jumper Jarrion Lawson a 4 -year ban. The World Champs silver medalist gave a sample in the summer of last year which showed traces of Epitrenbolone, which is a metabolite of Trenbolone, an approved steroid used in beef production. An AIU panel has ruled that Lawson failed to prove that the substance entered is body through tainted beef consumption. Lawson's agent, Paul Doyle, told Reuters, "It is absurd that the WADA code places such an impossible burden on athletes to prove the source. How can you go back and test meat that was eaten months ago?" Said Lawson, who will appeal the verdict to CAS, "I am innocent and I maintain confidence that eventually things will be righted."

## Semenya Cleared To Run... For Now

In the wake of the CAS decision to uphold the IAAF's testosterone protocols, embattled South African star Caster Semenya filed an appeal with the Swiss Federal Tribunal, which issued a "superprovisional order" instructing the IAAF to suspend the application of its DSD Regulations as they apply to Semenya. The IAAF said in a release, "No other athlete is covered by the order. As of this date, the order is scheduled to remain in force only until 25 June 2019, the time the SFT has given the IAAF to respond to the appellant's case."

Under the IAAF protocol, Semenya was prohibited from competing in events from the 400 through the mile, but free to run shorter or longer than that window. Since the ban her only competition was a 2000 in France. Subsequently, there was a messy back-and-forth between Semenya's representatives and the Rabat DL over whether or not she had received an invitation and whether or not it had been in time. In midJune the Pre Classic-which comes 5 days after the court deadline-said it would accept her entry for its 800 .

In another mid-June development, CAS released the full 163-page judgment that led to its supporting the IAAF position. That led to the revelation that the federation had sought to have Semenya declared a "biological male," which didn't sit well in the South African's camp. Said Semenya, "The IAAF used me in the past
as a human guinea pig to experiment with how the medication they required me to take would affect my testosterone levels. "Even though the hormonal drugs made me feel constantly sick, the IAAF now wants to enforce even stricter thresholds with unknown health consequences. I will not allow the IAAF to use me and my body again."

## RIP: Gabe Grunewald

One of America's top milers, 32-year-old Gabriele Grunewald (née Anderson), passed away in June after a 10-year battle with a rare cancer. First diagnosed with adenoid cystic carcinoma as a Minnesota senior in ' 09 , Grunewald went on to finish 2nd in the NCAA 1500 the following spring. In the years since, she put together an impressive record as an athlete while undergoing major surgeries and fighting back several recurrences of the disease. In '12, Grunewald finished an agonizing 4th in the Olympic Trials. The following season, she ran her PR 4:01.38 in Monaco, along with an 8:42.64 for 3000. In 2014 she won the USATF Indoor 3000 and finished 9th at the World Indoor.

In 2016, she ran in the Olympic Trials 1500 and 5000 , making the finals in the shorter race. Shortly afterward she shared the news that the cancer had returned and that a tumor and part of her liver had to be removed. Her final race came in Sacramento at the '17 USATF. In 100-degree temperatures, in between chemotherapy sessions and with a fever several days before, she still managed to run 4:31.18 in her heat.

Along the way she worked hard to publicize the need for more funding and research into rare cancers. The slogan "Brave like Gabe" became a rallying cry for thousands of runners, as well as the name of her foundation. All told her efforts raised several million dollars for the fight.

## A Transgender National Champ

CeCe Telfer captured the NCAA Div. II 400 H title for Franklin Pierce University in 57.53, winning overwhelmingly by 1.68 seconds. What makes the performance notable, if not problematic, is that for 3 years Telfer competed on the men's team as Craig Telfer, with a PR of 57.34 over higher hurdles. Telfer identifies as female now and was competing under the guidelines of the NCAA's transgender policy, which stipulates that athletes in this category have to undergo "one calendar year of testosterone suppression treatment." Reportedly, the NCAA has not set a limit for maximum testosterone levels for male-to-female athletes and has no mechanism for testing.

Understandably, Telfer's performance has raised a ruckus in some quarters, but the hurdler was interviewed on ESPN's Outside The Lines and said, "If anything, me competing against cis gender females is a disadvantage, because my body is going through so many medical implications... Being on hormone replacement therapy... your muscle is deteriorating, you lose a lot of strength."

## A Fairer Shake For Pregnant Athletes?

In the wake of female athletes calling out Nike for its lack of support to contract athletes when they are pregnant-and Nike's vow to reverse that situation-the USOC says it is working on reforms to make sure athletes don't lose insurance during maternity. Three Democratic U.S. senators wrote to the USOC to provide details on this aspect of the athlete insurance policy, saying the discontinuation of insurance for pregnant athletes is "unconscionable and may put at risk her health and that of her child." The USOC responded with a statement saying, "Pregnancy or needing a break from competition for other important reasons can't unfairly impact eligibility, and we are working to ensure that policy is uniform across each NGB's eligibility standards."

## Russia Continues To Struggle

Russia isn't doing itself any favors in its attempts to get the IAAF ban lifted prior to the 19 Worlds. The latest bombshell is a report that Russian officials forged paperwork to help Danil Lysenko, the'17 World silver medalist in the high jump, avoid a doping ban over a missed test. Lysenko, busted for a whereabouts violation, came up with papers from doctors at a bogus Moscow clinic alleging that he was too ill to share his location with drug testers. Russian officials have promised to cooperate with the investigation.

High jump star Mariya Lasitskene says that she's fed up with the entire situation: "I hope that the people involved in this never-ending disgrace still have the courage to leave. By themselves. And don't think I'm only talking about the management. It's also about the current coaches who are still sure that you can't win without doping. They're long overdue for retirement. A new generation of our athletes must grow up with a different philosophy, and for any athlete, it's the coach who provides that." Lasitskene's statement falls in line with recent comments by the head of Russia's anti-doping agency.

Meanwhile, the country's top track official said on Russian TV that he had been given guarantees by the IAAF that the federation would be reinstated prior to Doha. Not true, countered the IAAF, "no promises have been made." In a related development, Russian officials will be barred from any senior positions in the IAAF at this year's Congress.

Other shoes may be dropping soon as WADA has handed over more than 100,000 computer files from the discredited Moscow laboratory to the Athletics Integrity Unit. The 500 -gig packet covers 2012-15 and perhaps will lead to another round of DQs.

## ON YOUR MARKS



Jenny Simpson ran her U.S.-leading total of sub-4:00s to 10 with her 3:59.83 in Rabat.

WITH HER 3:59.83 for 7th in Rabat, Jenny Simpson raised her U.S.-leading total of sub$4: 00$ s in the 1500 to 10 . Overall, there have been 33 such, the others belonging to Mary Slaney (8), Suzy Favor Hamilton (5), Shannon Rowbury (4), Shelby Houlihan (3), Christin Wurth-Thomas (2) \& Anna Willard (1)....

In losing to Genzebe Dibaba in that DL race, Dutch runner Sifan Hassan set a record for the most career sub-4:00s at 16 . She moved out of a tie at 15 with Maryam Jamal of Bahrain. Now Dibaba is tied with Jamal as No. 2...

Sydney McLaughlin has confirmed that she will attempt to qualify for Doha only in the 400 hurdles...

Tori Bowie is planning a longjump/ 100 double for Des Moines and, she hopes, Doha...

NFLer Marquise Goodwin says that he will again be going after the long jump in the ' 20 Olympic Trials. In' 12 he was an Olympic finalist. In '16 he jumped his PR of $27-83 / 4$ (8.45)...

After German discus throwers Robert \& Julia Harting had twins in late May, the German federation announced that all twins and triplets would be given free admission to the German Championships in August. What about quadruplets?...

YohannDiniz, the WR holder in the 50 K walk, is now 41 and says he has only two races at his speciality left: the Worlds and the Olympics...

Flying seems to be getting tougher for pole vaulters. Russia's Anzhelika Sidorova had to cancel an appearance at Innsbruck because her airline refused her poles. And it took 2 tries for Jenn Suhr to make it to Rome, who tweeted, "DENIED So...apparently these don't fit on the biggest plane in the world (Airbus 380). First attempt to Europe this year is miss." It didn't get any better for Suhr, as a subsequent no-height in the meetled
to a tweeted death threat from an Internet wacko who perhaps had bet money on her...

More air woes: the Greek team for the European Games was on the brink of canceling after running into airline ticketing issues. The prime minister of Greece came to the rescue, promising them a government plane..

But was there a cash purse? Fans in Vienna were electrified by new world bests in handbag throwing as 17 -year-old Will Dibo threw the 2 kg purse 233-11 (71.31) and Tatjana Meklau set a women's 1 kg best with her 163-0 (49.69). ..

This year's sellout of the Bislett Games was the first in the history of the Oslo event...

Southern Mississippi's Eric Richards, who PRed in the NCAA high jump at 7-41/4 (2.24), stands 5-9 (1.75), putting him at an impressive $191 / 4$-inch $(49 \mathrm{~cm})$ differential...

A German court has ruled that national titles can only be awarded to German citizens, after the federation was sued by a citizen of Italy over the issue...

The Golden Gala Diamond League meeting will be held in Milan next year-and possibly in 2021 as well-as Rome's Stadio Olimpico is being renovated to host the European Championships in soccer...

Reports in this space in April that Geneva would be installing a 12-lane straightaway turned out to be an April Fool's joke that had someone in Switzerland chuckling at our expense....

The mile WR (holding-hands version, that is) fell hard in May when British OlympianStephanie Twell and husband Joe Morwood cranked out a 4:50 on a road course, smashing the old best by 34 seconds...

The Olympic marathon trials are a tough invite to get in Japan. Only 12 women and 31 men have been invited..

British selection for the Olympic marathon team is a two-part process, with an initial selection in December and a final selection after next spring's London Marathon...

Ethiopia has announced its marathoners for Doha: Mosinet Geremew (2:02:55 PR), Mule Waishun (2:03:16), Lelisa Desisa (2:04:45). The women: Worknesh Degefa (2:17:41), Ruta Aga (2:18:34), Roza Dereje (2:19:17)...

The IAAF has hired New York-based Burson Cohn \& Wolfe to run its global public relations campaigns...

The IAAF takes RSVPs seriously. Botswana was a no-show at the World Relays and has been fined $\$ 9000$ by the IAAF...

Another Qatari has been charged by French prosecutors in the probe of bribery related to the nation's '17 World Champs bid: Nasser Al-Khelaifi, head of a Qatari sports television channel. Al-Khelaifi is a part-owner of a firm that funneled payments to Papa Massata Diack...

Olympian Duane Solomon returned to 800 racing with a $1: 55.04$ in Nashville. He says, "Raced my first race today after more than 2 years layoff. Not going to lie, I felt like crap, but I am proud that I put myself out there for all to see whether it was a horrible performance or not."...

A Steve Ovett record has fallen in Britain. Max Burgin, 17, took down Ovett's Youth (U18) Record of 1:46.80 in the 800 with a 1:46.70.

Briton Dale Greig, 82, died in May 2. One of the pioneers of women's distance running, she ran the first marathon on a certified course with her 3:27:45 in '64...

Beware of scalping tickets at the Tokyo Olympics. A new law is in place that calls for a year in prison for offenders...

An update from Eugene indicates that the new $\$ 195$ million Hayward Field will be finished in time for the ' 20 Pac- 12 meet...

Science marches on: the medal podiums to be used in the' 20 Olympics will be made from 45 tons of recycled plastic. A new feasibility study in France suggests that flying taxis may happen in Paris just in time for the '24 Olympics...

Former UCLA mentor Bob Larsen is the subject of a new book, Running to the Edge: A Band of Misfits and the Guru Who Unlocked the Secrets of Speed by Matthew Futterman...

Colorado congresswoman Diana DeGette has introduced a bill that-if it moves forwardwould fundamentally restructure the USOC. "Our own U.S. Olympic Committee has failed," says DeGette. "No number of gold medals are worth putting the health and safety of our athletes at risk."...

Ajee' Wilson says she will move up to 1500 , perhaps before the '20 Olympics...

IOC vice president John Coates has said that the site of the ' 32 Games might be named as early as next summer. The Australian also hinted that Brisbane might be in the running...

Worried about taking a bad hit during an upcoming celebrity soccer match, Mo Farah has insured his legs for $\$ 8.8$ million.

Here's the latest in the aches, pains \& eligibility departments


Although he is restricting his number of jumps, Bogdan Bondarenko has 2 DL wins so far.

THE BIG NEWS in the eligibilty department came when 5 superstar non-seniors decided to go pro and forego remaining NCAA opportunities: Mondo Duplantis, Grant Holloway, Divine Oduduru, Sha'Carri Richardson \& Daniel Roberts.

German decathlete Arthur Abele, the European champion, will not compete this summer because of a recurring foot injury.

Miler Robby Andrews has revealed that last year he was diagnosed with Lyme disease, and in February he had surgery to remove bone spurs.

High jump world champ Mutaz Barshim has returned to light training after foot surgery last summer. He says, "Now it's really a matter of me getting back in shape and then build myself back up to the point where I can compete."

Barshim rival Bogdan Bondarenko is skipping heights whenever possible in order to protect a still-recovering foot.

Niamh Emerson of Britain, the World Junior heptathlon champ, tore her right patellar tendon at Götzis and underwent surgery.

German decathlete Rico Freimuth withdrew from Götzis with injury.

Norway's Karoline Bjerkeli Grøvdal lost 6 weeks of training this spring after being diagnosed with a stress reaction in her pelvis.

Arkansas vaulter Lexi Jacobus was hampered by a back injury this season.

Marathoner/Olympic triathlon champ Gwen Jorgensen had surgery in May for Haglund's Deformity, a bone enlargement at the back of the heel. She's expected to miss 3-4 months of training.

Melat Kejeta, a 68:41 half-marathoner from Ethiopia, has been granted German citizenship.

Martin Lamou, a promising French triple jumper who was recruited by Florida State, has tested well at the NFL's European combine and may be pursuing a career in football.

Long jumper Luvo Manyonga hurt his foot at the Rabat DL when he planted badly and was stretchered from the field. "I should be OK soon," he said afterwards.

Decathlon WR holder Kevin Mayer has admitted that ever since a training accident over the winter he has faced a mental block while vaulting: "Every time I see myself falling back just before jumping and suddenly my left arm refuses to send me up."

Mahiedine Mekhissi, the European Recordholder in the steeple, will skip the '19 season after having Achilles surgery.

Euro vault silver medalist Timur Morgunov will miss at least half the season after breaking his little finger in training.

Discus great Sandra Perković has been injured for 8 months: "It was really hard to come back as It was a tough injury. I am completely focused now and I am aiming to get back in shape."

Hurdle star Abderrahmane Samba withdrew from the Bislett Games with an inflamed hip.

Carolin Schäfer, the World Champs silver medalist in the heptathlon, has been forced to take a break because of health issues. She hopes to be back in time for Doha.

Ukrainian high jumper Keteryna Tabashnyk, who cleared 6-6(1.98) in December, recently had surgery on her right Achilles.

Prep distance star Katelyn Tuohy, bothered by a sinus infection at her state meet, opted to end her season before the New Balance Nationals.

Australia's Trae Williams, a 10.10 sprinter at age 22, has retired from track to play rugby.

## Doping suspensions:

4 years-Kipyegon Bett (Kenya, 800), Eunice Jepkirui (Kenya, marathon), Eunice Kirwa (Bahrein, marathon), Jarrion Lawson (US, long jump);

1 year-Yelena Mashinistova (Russia, long jump);

9 months-Felix Kirwa (Kenya, marathon).

## FOR THE RECORD

Absolute records broken since the May issue. W = World; A = American; J = Junior (U20); Y = Youth (U18); HS = High School; (A) = altitude over 1000m lo-alt = mark made at low altitude; + = event not recognized by official governing body, but is recognized by T\&FN.

| MEN TRACK |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 400 | 44.84(A) | WY, AY | Justin Robinson (West, Hazlewood, Missouri) | Albuquerque, New Mexico | June 08 |
| 110H | 12.98 | C | Grant Holloway (Florida) | Austin, Texas | June 07 |
| $4 \times 100$ | 37.97 | C | Florida | Austin, Texas | June 07 |
| (Raymond Ekevwo', Hakim Sani Brown', Grant Holloway, Ryan Clark) |  |  |  |  |  |
| $4 \times 400$ | 2:59.05 | AmC | Texas A\&M | Austin, Texas | June 07 |
| (Bryce Deadmon 45.3, Robert Grant 44.4, Kyree Johnson 45.24, Devin Dixon 44.11) |  |  |  |  |  |
| WOMEN TRACK |  |  |  |  |  |
| 100 | 10.75 | C, WJ, AJ | Sha'Carri Richardson (LSU) | Austin, Texas | June 08 |
| 200 | 22.17 | WJ, lo-alt AJ+ | Sha'Carri Richardson (LSU) | Austin, Texas | June 08 |
| WOMEN FIELD |  |  |  |  |  |
| Youth JT | 65.90\|216-2 | WY | Elína Tzénggo (Greece) | Ioánnina, Greece | May 08 |
| WOMEN WALKS |  |  |  |  |  |
| 20K Walk | 1:25:29 | WJ | Glenda Estefanía Morejón (Ecuador) | La Coruña, Spain | June 08 |

## LANDMARKS

## Rebranded: The IAAF

Come this fall, the international governing body will be sporting a new logo and begin life anew as World Athletics (WA).

Temporarily Upheld: Caster Semenya's Appeal

On June 4, the Swiss Federal Tribunal setaside the South African's falling under the IAAF's new testosterone protocol. The federation was given until June 25 to respond.

## Died: Knut Fredriksson, 89

Swedish javelin thrower World Ranked 3 times, topped by a No. 3 in '59. The following year he placed 6th in the Rome Olympics.

Died: Gabriele Grunewald, 32
On June 11, in Minneapolis; of adenoid cystic carcinoma. The '14 USATF Indoor 3000 champ,

3 times she ranked among the top 10 Americans in the 1500, with a high of No. 4 in '12, the year she placed 4th in the Olympic Trials.

## Died: Ken Matthews, 84

On June 2; in Wrexham, England. The 2-time Olympian was the gold medalist in the 20 K walk in '64. He also won the '62 European title.


## CALENDAR

Here's the link to our total collection of Calendars \& Timetables for 2019.

| Major U.S. Invitationals |  |
| :--- | :--- |
| June |  |
| 30 | Pre Classic; Stanford, California |
| Princeton Qualifier; Princeton, New Jersey |  |
| 13 | July |
| 19 | Stumptown Twilight; Portland, Oregon Championships; Washington, DC |
| August |  |
| 17 | Falmouth Mile; Falmouth, Massachusetts |


| Major 2019 Championships |  |
| :--- | :--- |
| June |  |
| $21-23$ | USATF Junior Championships; Miramar, Florida |
| $25-30$ | USATF Youth Championships; Durham, North Carolina |
| July |  |
| $11-14$ | USATF Masters Championships; Ames, lowa |
| $22-28$ | USATF Junior Olympics, Sacramento, California |
| $25-28$ | USATF Championships/World Championships Trials; Des Moines, Iowa |
| $28-8 / 03$ | AAU Junior Olympics, Greensboro, North Carolina |


| Diamond League |  |
| :---: | :---: |
| (complete) |  |
| May |  |
| 03 | Diamond League; Doha, Qatar |
| 18 | Golden GP; Shanghai, China |
| 30 | Bauhaus Games; Stockholm, Sweden |
| June |  |
| 06 | Golden Gala Mennea; Rome, Italy |
| 13 | Bislett Games; Oslo, Norway |
| 16 | Mohammed VI; Rabat, Morocco |
| 29 | Pre Classic; Stanford, California |
| July |  |
| 16 | Mohammed VI; Rabat, Morocco |
| 12 | Herculis; Fontvieille, Monaco |
| 20-21 | Anniversary Games; London, England |
| August |  |
| 18 | Müller GP; Birmingham, England |
| 24 | Meeting Areva; Paris, France |
| 29 | Weltklasse; Zürich, Switzerland |
| September |  |
| 06 | Van Damme Memorial; Brussels, Belgium |


| Other International Invitationals |  |
| :---: | :---: |
| (through the end of June) |  |
| June |  |
| 22-23 Décastar Multis; Talence, France |  |
| 23-28 European Games; Minsk, Belarus |  |
| 25 Elite; Montgeron, France |  |
| 29 BVI Twilight; Tortola, British Virgin Islands |  |
| 30 Résisprint; La Chaux-de-Fonds, Switzerland |  |
| July |  |
| 01 Jerome Classic; Burnaby, British Columbia |  |
| 02 International; Marseilles, France |  |
| 03 | Boysen Memorial, Oslo, Norway |
|  | Grand Prix; Karlstad, Sweden |
| 05-07 NACAC U23 Championships, Querétaro, Mexico |  |
| 06 Grand Prix; Brussels, Belgium |  |
| International; Madrid, Spain |  |
| 06-07 | European Cup Multis; Luts'k, Ukraine |
|  | European Cup 1st League Multis; Ribeira Brava, Portugal |
|  | European Cup 2nd League Multis; Ribeira Brava, Portugal |
| 09 | Gyulai Memorial; Székesfehérvár, Hungary |
|  | Spitzen; Luzern, Switzerland |
| 11-14 | European U23 Championships; Gävle, Sweden |
| 13-14 | Stadtwerke Mehrkampf Multis; Ratingen, Germany |
| 14 | International; Ratingen, Germany |
|  | Szewińska Memorial; Lubin, Poland |
| 16 | International; Sotteville, France |
|  | Invitational; Padua, Italy |
| 16-18 | National Championships; Den Haag, Holland |
| 17 | International; Liège, Belgium |
|  | Savo Games; Lapinlahti, Finland |
| 18-21 | European Junior (U20) Championships; Borås, Sweden |
| 19-20 | Pan-Am Junior Championships; San José, Puerto Rico |
| 20 | KBC; Heusden-Zolder, Belgium |
| 24 | Joensuu Games; Joensuu, Finland |
| 25-29 | National Championships; Montréal, Canada |
| 26-27 | National Championships; Brno, Czech Republic |
| 26-28 | National Championships; St-Étienne, France |
|  | National Championships; Port Of Spain, Trinidad |
| 27-28 | National Championships; Pamplona, Spain |

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World Record - Samvel Tefera Runs 3:31.04
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come to the Birmingham stop on... Reed ine came to the sirmingham stop on... Read More


T8FN Interview - Shelby Houlihan
Shelby Houllhan 1999-Finishes znd in the Sioux Cliy first-
grade cross country race, a winner over. Read More ar תе䒑 ноиоваиаи


Today's Top Headines
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OSA: Wleer Reather K kmpt

- IaAF Fot Hest Pidding


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[^0]:    (8 places scored 10-8-6-5-4-3-2-1)

    1. Texas Tech 60;
    2. Florida 50;
    3. Houston 40;
    4. Georgia $32 ½$;
    5. Stanford 32;
    6. Texas A\&M 29
    7. LSU 28;
    8. BYU 27;
    9. Texas 26;
    10. Alabama 25;
    11. Mississippi State 24
    =12. Oregon 23;
    =12. South Carolina 23;
    12. Kansas 21;
    =15. Arkansas 19;
    =15. North Carolina A\&T 19;
    13. Florida State 18;
    =18. Oklahoma State 16;
    =18. UCLA 16;
    =18. Virginia 16;
    =18. Wisconsin 16;
[^1]:    100 Hurdles: 1. Atherley 1129; 2. Lester 1090; 3. Zamzow 1075; 4. Marsh 1069; 5. tie, Bender \& Kimbro 1053; 7. tie, Gittens \& Simmons 1052; 9. Rusnak 1049; 10. Ader 1034
    High Jump: 1. Gittens 2119; 2. Beattie 2036; 3. Zamzow 2028; 4. Ader 1987; 5. Atherley 1971; 6. Taubert 1897; 7. Lester 1896; 8. Kimbro 1895; 9. Simmons 1894; 10. Rusnak 1891
    Shot: 1. Gittens 2878; 2. Zamzow 2752; 3. Atherley 2689; 4. Beattie 2631; 5. Ader 2621; 6. Rusnak 2602; 7. Gray 2580; 8. Lester 2574; 9. Simmons 2566; 10. Frøynes 2543
    200: 1. Gittens 3872; 2. Zamzow 3711; 3. Atherley 3671; 4. Lester 3601; 5. Beattie 3524; 6. tie, Simmons \& Bender 3507; 8. Rusnak 3503; 9. Taubert 3480; 10. Gray 3466
    Long Jump: 1. Gittens 4818; 2. Zamzow 4564; 3. Atherley 4539; 4. Beattie 4401; 5. Gray 4371; 6. tie, Lester \& Bender 4366; 8. Rusnak 4346; 9. Simmons 4281; 10. Marsh 4280
    Javein: 1. Zamzow 5416; 2. Gittens 5356; 3. Rusnak 5072; 4. Atherley 5057; 5. Gray 5035; 6. Beattie 4998; 7. Bender 4992; 8. Frøynes 4947; 9. Marsh 4914; 10. Ader 4899.

