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March 25, 2014

Vol. 13 No. 12

A Celebration of Fremont

SUBMITTED BY SHANNON STOWE

The exciting 50th Season continues! The October Unity Concert kicked off the themes of diversity and unity, and now the orchestra concentrates on A Celebration of Fremont, which will be presented by the Fremont Symphony Orchestra (FSO) on Sunday, March 30 at Smith Center, Ohlone College in Fremont. FSO will evoke Fremont then and now through a selection of musical vignettes representing both the community's history and the current energy of its citizens.

The performance will begin with silent film pianist extraordinaire Jon Mirsalis paying homage to the beginnings of the film industry in Niles with Son of a Gun starring Broncho Billy. Next, the Niles Canyon connection to the intercontinental railroad will be honored with Strauss's lively polka Bahn Frei ("Clear the Track").

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Textiles take over Olive Hyde

SUBMITTED BY DIANE LEYS

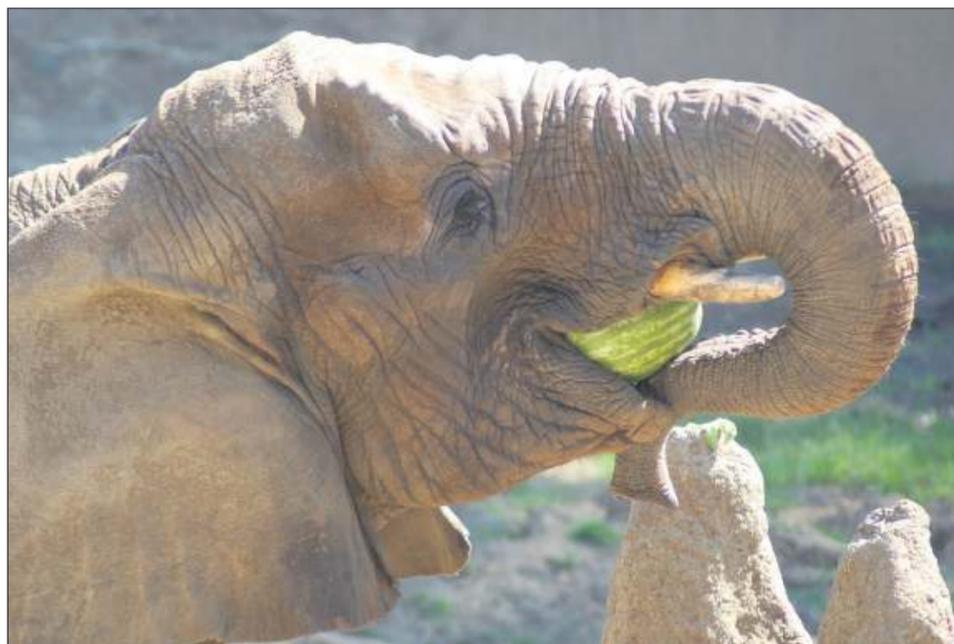
Olive Hyde Art Gallery Curator Sandra Hemsworth Petrich has selected works from seven Northern California contemporary textile artists for the "46th Annual Textile Exhibit." Opening with a reception on Friday, March 28, the show continues to honor the Fremont gallery's original benefactor and textile enthusiast, Miss Olive Hyde. This collection of work will be on exhibit through April 26.

Among exhibitors, mixed media, and fiber artist Bonnie Smith's work has been featured in many national and international juried exhibitions and publications. Her installation, "Thoughts of the Mind - Interpretations in Indigo," explores the topics of sexism, racism, and discrimination.

For multi-media artist Susan Helmer, art classes began as a child at the Palace of the Legion of Honor in San Francisco. Helmer's paintings on silk will be in the Olive Hyde exhibit. Her most recent award was from the Northern California Bead Society at the Alameda County Fair for the Best Precious Metal Piece.

Inspired by nature, Sandra Rude's medium is cloth, hand woven on a jacquard loom. Her work has been exhibited at the Smithsonian Craft Show and in the American Craft Council Exhibit, and has won many awards

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It's Feeding Time!

BY MAURICIO SEGURA
PHOTOS COURTESY OF OAKLAND ZOO

Few things compare to the fun of walking through a zoo on a nice sunny day. The sights, sounds, and smells are unlike anything you could experience anywhere else, and each visit leaves lasting impressions on both young and old alike. In a single day you can be transported to the wild African Savannah, Australian Outback, the ice-dominated Arctic, and Florida Everglades, seeing native animals and learning about their particular habitats.

The Oakland Zoo has special programs throughout the year to take those experiences up a notch, and on Saturday, March 29, they will host their bi-annual "Feasts for the Beasts." This wonderful event is a chance for the public to bring fresh produce for the animals that will be fed to them throughout the day. As the zoo's Senior Manager Nicky Mora states,

"This not only gives the public a chance to donate some food for the animals, but the food they bring is also a treat for them. In many cases, people bring food that the animals do not normally get on a daily basis, and so to them, it's like getting candy."

So what can you bring? Any type of produce and fruit like melons, carrots, bananas, grapes, kiwi, apples, cabbage, lettuce, stalks of celery, pineapple, and more. Mora continues, "The animal handlers know what each animal likes, so they will distribute whatever is brought to the animals they know will enjoy it the most." With over 660 native and exotic animals within the park, you can rest assured that none of the food will go to waste.

Feeding times will be ongoing throughout the day to allow everyone a chance to get to each exhibit and witness the animals enjoy themselves, munching away on their "candy." However, the biggest

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Advances in Stroke Treatment and Diagnosis: What You Need to Know

Learn About the Future of in Diagnosis and Management of Stroke at Upcoming Seminar

In addition to being the fourth leading cause of death, strokes also are the leading cause of serious, long-term disability in stroke survivors, according to Dr. Ash Jain, a cardiologist and medical director of the Washington Hospital Stroke Program.

Statistics like these are the reason why the Stroke Program at Washington Hospital continues to dedicate significant resources and energy to educating the community and working to help the public prevent strokes, Dr. Jain said.

On Tuesday, April 1, from 6 to 8 p.m., Dr. Jain and Doug Van Houten, R.N., assistant chief nursing director and clinical coordinator of the Washington Hospital Stroke Program, will present a free community seminar, focusing on vital information about the future in diagnosis and management of stroke, as well as common issues that people deal with following stroke. Unfortunately, strokes — the vast majority of which are caused when a blood clot travels to the brain and cuts off oxygen to the affected areas — are still one of the most common causes

of patients arriving in the emergency room, Dr. Jain said.

For stroke victims, cutting-edge care at a certified Primary Stroke Center like that at Washington Hospital, is critical to mitigating the damage from a stroke.

“Our primary goal is to treat stroke as quickly as possible once a patient reaches our Emergency Room, because time is everything when it comes to effective management of stroke,” according to Dr. Jain. “Even small delays can have heavy costs, and research has shown that outcomes are better when people can properly identify signs of stroke and they seek help immediately.”

The more community members understand about stroke, the more likely they will be to recognize it and take action, Dr. Jain said. Most often it is a family member — not the stroke victim — who recognizes stroke and calls 9-1-1. Most importantly, many of the acute management techniques for stroke are only viable for a limited time, which means a patient must reach the



After experiencing a stroke, participation in an ongoing rehabilitation program under the direction of specialized therapists offers stroke victims some measure of improvement. To learn more about stroke rehabilitation, attend the next Stroke Education Series on Tuesday, April 1 from 6 to 8 p.m. The free lecture will take place at the Conrad E. Anderson, M.D., Auditorium located at 2500 Mowry Avenue in Fremont. Visit www.whhs.com/stroke for more information.

ER as quickly as possible.

According to the American Heart Association, an estimated 6.8 million Americans over the age of 20 have had a stroke of some kind and most survivors have had to overcome some level of stroke-induced disability, Van Houten said.

After experiencing a stroke, participation in an ongoing rehabilitation program under the direction of specialized therapists offers stroke victims some measure of improvement.

“Amazingly, if one survives a stroke, the stroke victim almost always gets at least somewhat better with appropriate rehabilitation therapy,” Van Houten said. While nearly every stroke patient

can measure some improvement, stroke recovery is quite complicated because of the stroke’s impact on the whole patient, Van Houten added.

Rehabilitation activities typically focus on three main areas of disability:

Physical: Recovering motor function such as learning to walk again, becoming independent with activities of daily living, being able to swallow safely. It also means recovering from cognitive impairment: adapting to brain damage that keeps the stroke survivor from processing information and communicating normally.

Psychological: This means focusing on “recovery of the self.” Before a stroke, a person thinks of

one’s self as independent, competent — just like everyone else. Suddenly there may be a loss of independence, a loss of the “normal” self, of other similar identities. A patient’s health perception also is impaired as now the patient suffers from a chronic condition.

Social: A stroke survivor may be confronted with the loss of his/her identity as a worker, provider, head-of-family, advisor, other functions or activities. Suddenly the stroke survivor may now find him/herself in the role of a care-receiver, of being dependent on others and no longer able to work. This change can seriously affect a patient’s social environment. For example, a marriage partnership may change to a caregiver/care-receiver relationship.

Thus recovery from a stroke can be a challenge from many different vantage points, Van Houten said. “These issues are part of the reason a stroke can be so disabling.

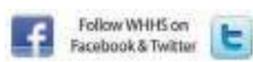
Rehabilitation is the key to stroke recovery, Van Houten emphasized. Stroke patients and their caregivers must take advantage of rehabilitation experts who include physical, occupational and speech therapists.

Rehabilitation therapy specialists are a primary reason in stroke recovery but equally important is the will of the stroke survivor to get better, he added.

Studies indicate that recovery from a stroke requires several factors in addition to good rehabilitation:

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InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	03/25/14	03/26/14	03/27/14	03/28/14	03/29/14	03/30/14	03/31/14
12:00 PM	Diabetes Matters: Vacation or Travel Plans?	Deep Venous Thrombosis	Heel Problems and Treatment Options	Hip Pain in the Young and Middle-Aged Adult	Strengthen Your Back! Learn to Improve Your Back Fitness	Community Based Senior Supportive Services	Minimally Invasive Hip Replacement
12:30 PM	Minimally Invasive Treatment for Common Gynecologic Conditions	Washington Women's Center: Cancer Genetic Counseling	Voices InHealth: Healthy Pregnancy	Women's Health Conference: Age Appropriate Screenings	Minimally Invasive Surgery for Lower Back Disorders		Women's Health Conference: Can Lifestyle Reduce the Risk of Cancer?
1:00 PM	Women's Health Conference: Aging Gracefully	Washington Township Health Care District Board Meeting March 12th, 2014	Living Well with Diabetes: Overcoming Challenges	Washington Township Health Care District Board Meeting March 12th, 2014	Don't Let Back Pain Sideline You	Your Concerns InHealth: Sun Protection	Washington Township Health Care District Board Meeting March 12th, 2014
1:30 PM	Strengthen Your Back! Learn to Improve Your Back Fitness					Varicose Veins and Chronic Venous Disease	
2:00 PM	Minimally Invasive Surgery for Lower Back Disorders	Voices InHealth: The Greatest Gift of All	Treatment Options for Knee Problems	Voices InHealth: The Greatest Gift of All	Do You Suffer From Anxiety or Depression?	Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma	Don't Let Hip Pain Run You Down
2:30 PM	Sports-Related Concussions	Raising Awareness About Stroke		Don't Let Hip Pain Run You Down	Turning 65? Get To Know Medicare		Sports-Related Concussions
3:00 PM	Important Immunizations for Healthy Adults	Vitamins and Supplements - How Useful Are They?	Diabetes Matters: Diabetes Viewpoint	Diabetes Matters: Strategies for Support	Washington Township Health Care District Board Meeting March 12th, 2014	Washington Township Health Care District Board Meeting March 12th, 2014	Diabetes Matters: Strategies for Support
3:30 PM	Arthritis: Do I Have One of 100 Types?			Deep Venous Thrombosis			Diabetes Matters: Top Foods for Heart Health
4:00 PM	Influenza and Other Contagious Respiratory Conditions	Learn About Nutrition for a Healthy Life	Washington Township Health Care District Board Meeting March 12th, 2014	Peripheral Vascular Disease: Leg Weakness, Symptoms and Treatment & Percutaneous (Under the Skin) Treatment	Cataracts and Diabetic Eye Conditions!	Skin Cancer	GERD & Your Risk of Esophageal Cancer
4:30 PM	Diabetes Matters: Strategies for Support			What Are Your Vital Signs Telling You?	The Weight to Success	The Weight to Success	Strengthen Your Back! Learn to Improve Your Back Fitness
5:00 PM	Do You Have Sinus Problems?	What You Should Know About Carbs and Food Labels	Treatment Options for Knee Problems	Treatment Options for Knee Problems	Wound Care Update	Minimally Invasive Surgery for Lower Back Disorders	Getting the Most Out of Your Insurance When You Have Diabetes
5:30 PM	Shingles	Turning 65? Get To Know Medicare	Superbugs: Are We Winning the Germ War?	Keys to Healthy Eyes	Keeping Your Heart on the Right Beat	Superbugs: Are We Winning the Germ War?	Varicose Veins and Chronic Venous Disease

Washington Center for Wound Healing and Hyperbaric Medicine Earns 'Center of Distinction' Award

Healogics, the largest network of wound care centers in the United States with more than 500 affiliated centers, announced this month that the Washington Center for Wound Healing and Hyperbaric Medicine has earned a Center of Distinction Award for 2013.

"There are numerous other wound care centers in the San Francisco Bay Area, but only one other local facility received this award," says plastic surgeon Dr. Prasad Kilaru, Medical Director of the Washington Center for Wound Healing and Hyperbaric Medicine.

"This award is a testament to the skill and devotion of our physicians and staff," he adds. "We are totally dedicated to healing difficult wounds in a timely manner, getting our patients back on their feet quickly and reducing the risks of complications."

The stringent criteria established for being designated a Center of Distinction by Healogics include several key clinical performance indicators:

- Being in operation for a minimum of 12 months.
- Earning a patient satisfaction rating of 92 percent or better, based on results from Healogics' patient satisfaction surveys.
- Documenting a wound-healing rate of 91 percent or greater.
- Having an "outlier rate" of

wounds that take longer to heal than the average rate for that particular type of wound of less than 19 percent.

- Achieving a median days to heal rate of 30 days or less.

"We met or exceeded all of the criteria established by Healogics," Dr. Kilaru notes. "Our patient satisfaction rating was 93 percent; our wound-healing rate was 95 percent; the outlier rate was 18 percent, and the median days to heal rate was 28 days."

The Washington Center for Wound Healing and Hyperbaric Medicine handles approximately 350 patient visits each month, with about 40 new patients each month. The facility's hyperbaric oxygen therapy (HBOT) program treats anywhere from two to six patients per day.

"Hyperbaric" means "increased pressure," so in HBOT, the patient is enclosed inside a pressurized clear acrylic chamber, breathing 100 percent pure oxygen. The air pressure in the chamber is twice the normal atmospheric pressure at sea level. In addition, the atmosphere normally contains only 21 percent oxygen, as opposed to the 100 percent oxygen in the hyperbaric chamber.

"The body's tissues need an adequate supply of oxygen to function, and injured body tissues need even more oxygen to heal," Dr. Kilaru explains. "Oxygen stimulates the immune sys-



The Washington Center for Wound Healing and Hyperbaric Medicine received a prestigious 'Center of Distinction' award for earning high marks for wound healing rates and patient satisfaction. Dr. Prasad Kilaru (center) medical director of the Center works closely with Chungmei Shih (left) RN, CNS and Paul Brown (right) the Center's HBO Safety Officer. To learn more about the Wound Center, visit www.whhs.com/wound.

tem to kill bacteria and releases the body's own 'growth factors' that promote healing. Oxygen also stimulates the development of new blood vessels into the wound area. The amount of oxygen the blood carries can be increased dramatically – up to 10 times as much – by using hyperbaric oxygen therapy."

Other types of treatment available at the center for difficult wounds include debridement,

skin grafts, tissue substitutes, infectious disease management, radiology, nuclear medicine and physical therapy. The Washington Center for Wound Healing and Hyperbaric Medicine also offers education in nutrition management and diabetes, since diabetes can be a major complicating factor in healing difficult wounds.

"Our treatment techniques are sometimes more aggressive than the ones used in other wound care cen-

ters," says Dr. Kilaru. "We have learned that these more aggressive treatments are more cost-effective and better for patients in the long run, with shorter healing times and fewer complications."

For more information about the Washington Center for Wound Healing and Hyperbaric Medicine, located at 39141 Civic Center Drive in Fremont, visit www.whhs.com/wound.

Washington Hospital Participates in Nationwide Program to Improve Outpatient Care

As part of a longstanding commitment to quality, Washington Hospital measures and tracks many aspects of the patient care it provides. To continually improve performance, the Hospital regularly compares the data it collects to its previous record and against the performance of other hospitals in the region, state and nation.

Washington Hospital also reports the data it collects to the Centers for Medicare and Medicaid Services (CMS), the U.S. agency that helps administer the government's Medicare, Medicaid and Children's Health Insurance programs. One goal of CMS is to assist people on Medicare in making more informed decisions about their health care. The quality of care information submitted by hospitals across the country is available to the public on CMS' Hospital Compare Web site www.medicare.gov/hospitalcompare.

"A quality measure converts medical information from patient records into a rate or time that allows facilities to assess their performance and consumers to compare how well patients are being cared for at their local hospitals," says CMS on its Web site, www.cms.gov.

The data collected by CMS is also part of its "pay for quality" Hospital Outpatient Quality Reporting Program, which provides hospitals with a financial incentive to report their quality of care measure data. CMS requires hospitals to meet certain administrative, data collection and submission, validation and publication requirements in the way it collects and reports the data. If those requirements are not met, the hospital receives a 2 percent reduction in its annual Medicare payment.

continued on page 7



To continually improve performance, Washington Hospital regularly compares the data it collects to its previous record and against the performance of other hospitals in the region, state and nation. Michael Platzbecker, RN, Nurse Manager of the Washington Hospital Emergency Department (left) works with nurses like Elaine Chuchel, RN, to make sure patients in the Emergency Department are treated in a timely manner. To learn more about Washington Hospital's quality initiatives, visit www.whhs.com/quality.

EIGHTH ANNUAL WOMEN'S HEALTH CONFERENCE



When:
Saturday, April 12
9 a.m. to 2 p.m.
(doors open at 8 a.m.)

Where:
2500 Mowry Ave.
(Washington West) in Fremont

Fee:
\$20 - lunch included

Register:
Call (510) 608-1301 to register and pay to reserve your seat. No walk-ins please. Space is limited.

Enjoy a day filled with health education. Topics include thyroid health, varicose vein rejuvenation, stroke risks for women and much more.

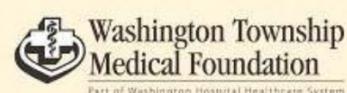
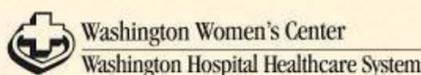
Featuring:
Dr. William Dugoni, Surgeon
Medical Director, Washington Women's Center

Dr. Victoria Leiphart, Gynecologist

Dr. Archana Bindra, Endocrinologist
Medical Co-Director, Outpatient Diabetes Center

Dr. Gabriel Herscu, Vascular Surgeon

Melissa Reyes, R.N., Stroke Care Nurse



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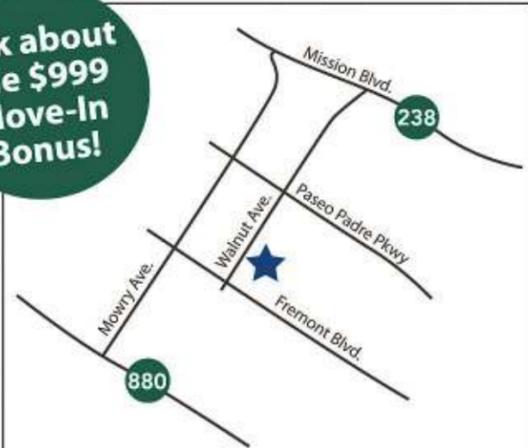
Tom MacDonald
Founder

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Carlton Plaza of Fremont is a family-owned and involved active independent living and assisted living community with a rich tradition of care from a local company that operates 11 senior living communities throughout the region. The professional and attentive staff, along with the residents (and their pets!) is considered an extended family, and that shows in the quality of care.

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CarltonSeniorLiving.com



continued from page 1

It's Feeding Time!

draw happens when the gates open, as the first 250 guests will each receive a golden ticket entitling them to actually enter the elephant enclosure (minus the elephants, of course) and spread food for them. "It's kind of like an elephant Easter egg hunt," says Sherri Tabura, who has participated in two previous "Feasts for the Beasts" events. After the guests have spread the fruit and veggies throughout the enclosure and are safely out, the elephants are led in to the treat feast. "It is the cutest thing to watch the elephants walk around discovering all these treats everywhere," continues Tabura. "They create the best photo ops as well!"

Coinciding with "Feasts for the Beasts" will be the grand opening of a new exhibit, "Animales de los Arboles," meaning animals of the trees. The new exhibit features coatis, a new species at the zoo, and cotton-top tamarins, which are one of the most endangered animals in the world. This exhibit, as well as the "Feasts for the Beasts" event is included with regular zoo admission. And, those who bring produce for the animals will receive a free ride ticket.

Spend a day at the Oakland Zoo, bring some fresh produce for the animals, and create a wonderful day full of fun and memories.

- Feast for the Beasts**
Saturday, Mar 29
9 a.m. – 3 p.m.
Oakland Zoo
9777 Golf Links Rd, Oakland
(510) 632-9525
www.oaklandzoo.org
- Tickets: \$15.75 adults, \$11.75 children (2-14) and seniors (65+)**
Children under age 2 and seniors 80+ are free
Parking: \$8 per vehicle
- Feeding Schedule for Saturday, Mar 29:**
- 9:45 a.m.: Elephant Spread
 - 10:15 a.m.: Elephant Spread
 - 10:30 a.m.: Elephant Feeding
 - 11:00 a.m.: Bat Feeding
 - 11:30 a.m.: Giraffe Feeding
 - 11:45 a.m.: Meerkat Feeding
 - 12:15 p.m.: Baboon Feeding
 - 12:45 p.m.: Tiger Feeding
 - 1:15 p.m.: Otter Feeding
 - 1:30 p.m.: Lemur Feeding
 - 2:00 p.m.: Alligator Feeding
 - 3:00 p.m.: Coati Feeding
 - 3:30 p.m.: Sun Bear Feeding

Think Fremont

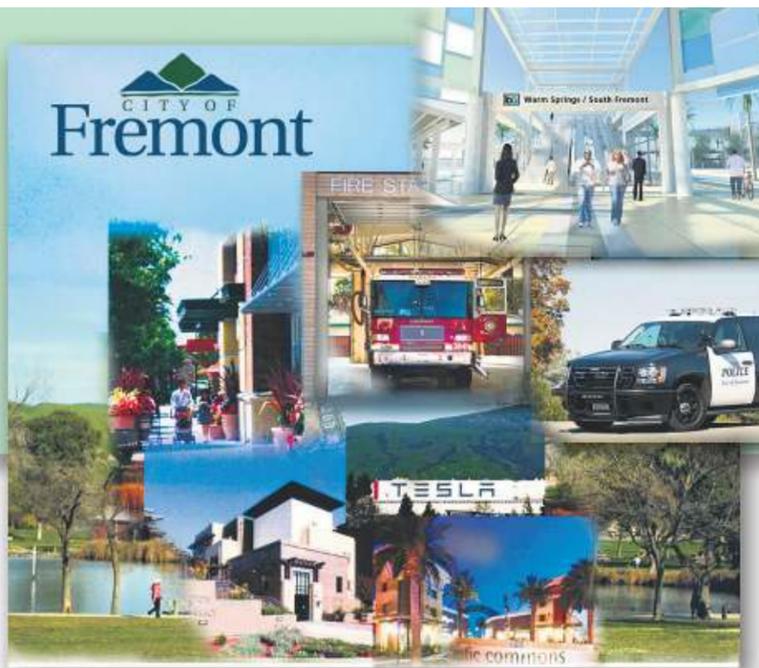
2014 STATE OF THE CITY ADDRESS

If you want to learn more about the issues and opportunities facing the City of Fremont, stay tuned! Fremont's mayor will be presenting the annual State of the City Address at a luncheon hosted by the Fremont Chamber of Commerce on Friday, March 28, noon to 2 p.m. at the Fremont Marriott Hotel.

To buy tickets, you can call the Chamber at (510) 795-2244 or go to www.Fremontbusiness.com.

And in case you can't make it, the State of the City Address will be rebroadcasted on Cable TV Channel 27, as well as posted to the City website by the end of the following week.

For more information, please call the City Manager's Office at (510) 284-4000 or visit www.Fremont.gov/StateoftheCity.



Sign up for a Free Personal Emergency Preparedness Class

The City of Fremont's Fire Department is offering a free Personal Emergency Preparedness (PEP) class, which will teach you how to take care of yourself and your family before, during and after a disaster.

In just a single three-hour class, you will become an expert in:

- Earthquake and Disaster Awareness
- Gas, Electric and Water Shut-off
- Hazardous Material Awareness
- Fire Extinguisher Types
- Smoke Detector Placement
- Sheltering In-place

Classes are held from 7 p.m. to 10 p.m. at the Fremont Fire Training Tower, 7200 Stevenson Blvd. on the following dates:

- Wednesday, May 14

- Wednesday, July 9
- Tuesday, Sept. 9
- Thursday, Nov. 13

A special Saturday class will be held from 9 a.m. to 12 p.m. (with hands-on training at 12:30 p.m.) at the Fremont Fire Training Tower, 7200 Stevenson Blvd. on Saturday, July 19.

To register for a free PEP class, choose any one date that fits your schedule and call (510) 494-4244 or send an email to FirePubEd@fremont.gov.

If you are part of a group and would like to schedule your own personal group PEP class at another location, please contact Chuck Guaraglia, Public Education with the Fremont Fire Department, at (510) 792-3473 or guaraglia@comcast.net.

Compost Giveaway Two Free Bags Full!

Fremont residents — thank you for feeding your food scraps and yardwaste to your green organics carts each week. Now, because of you, the plants in your garden will be able to enjoy quality compost that was made from your very own contributions!

Feel free to take advantage of your efforts and pick up two free bags of compost on Sunday, April 6, from 8 a.m. to noon, or while supplies last, at the Fremont Recycling and Transfer Station, located at 41149 Boyce Rd. We'll be there, rain or shine.

If you plan to stop by, we ask that you please bring your current Republic Services garbage bill as proof of your household's participation in the City's curbside organics program. You'll see signs directing you to the loading area, where we'll be helping you transfer the compost into your vehicle. And if your family member or neighbor is unable to attend, you are more than welcome to bring their Republic Services bill and pick up their compost for them.

This giveaway is brought to you by the City of Fremont, in partnership with Republic Services and the Fremont Recycling and Transfer Station. For more information, please contact Republic Services at (510) 657-3500.



Take Our Pedestrian Master Plan Update Survey

When's the last time you took a walk? The City of Fremont is looking for input on how to enhance the experience and safety of walking in the community, with a focus on improving mobility for all. After all, mobility is the key to connecting people and enabling businesses, schools, organizations and neighborhoods to thrive. Please take a moment to take our survey by visiting www.Fremont.gov/PedPlanSurvey.

For more information please contact Rene Dalton in the Public Works Department at rdalton@fremont.gov or (510) 494-4535.



Travel Training Workshops and Specialized Trainings

Travel Training provides seniors and people with disabilities the skills, knowledge and confidence needed to ride public transportation. Workshops include classroom instruction and outings on buses and BART. Small group and one-on-one specialized trainings are available. Trainings cover accessibility of transit, trip planning skills, safety information and tips, fare information, and how to use a clipper card. Travel training can increase a

person's independence and increase access to community resources.

To schedule a small group or one-on-one training please call (510) 574-2053.

Upcoming Training Dates

Travel Training
Mar. 31 and Apr. 1
9 a.m. to 12 p.m.

Fremont Senior Center
40086 Paseo Padre Pkwy.



Fremont Takes First Place at the 2014 City Cultural Diversity Awards

The City of Fremont is pleased to announce that Fremont took first prize in the population category at the 2014 City Cultural Diversity Awards for its Community Ambassador Program for Seniors (CAPS), which aims to serve seniors in their own communities, in their own language, within their own cultural norms, and does so where seniors live, worship, and socialize. CAPS was developed by the City's Human Services Department in partnership with the community.

The awards program showcases National League of Cities (NLC) member cities, honoring their community leadership in developing creative and effective programs designed to improve and promote cultural diversity through a collaborative process with City officials, community leaders, and residents.

For more information on the program, please visit www.CAPSeniors.org.



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continued from page 1

A Celebration of Fremont

FSO's commitment to youth and artistic education will be represented by cellist Connor Kim, winner of FSO's 2012 Young Artist Competition, playing Antonin Dvorak's gorgeous Cello Concerto. Musical Visions, a multi-media presentation, will celebrate 40 years of FSO's Children's Concerts with the Fremont Unified School District, showcasing not only original compositions from the winners of FSO's 2013 Young Composer Competition, arranged by Emmy-Award-winning composer Jeff Beal (Monk, House of Cards, etc.) but also the corresponding film creations of Fremont 6th-graders, edited by professional videographer Jeremy Knight.

Finally, the symphony will segue into Aaron Copland's 20th century American masterpiece, Billy the Kid. Dancers from Diablo Ballet will perform the famous Sweetheart pas de deux from the ballet.

"It is extraordinary that Fremont has been home to a world-class symphony orchestra, now in its 50th season," says FSO Music Director and Conductor Gregory Van Sudmeier. "The March 30 performance is a celebration of our Golden Anniversary and is a strong testament to the heart and soul a symphony brings to this community. It is also dedicated to the people of the Tri-Cities and their history. We are in this together and for each other."

Also in March, FSO continues its long tradition of free Children's Concerts, providing an opportunity for several thousand school-age students in the community to hear live symphonic music. On Tuesday, March 25, concerts for 4th-, 5th- and 6th-grade students will be performed at Ohlone College's Epler Gymnasium. The concerts will feature compositions by local elementary school students, selected from submissions to this year's Young Composer Competition. Also featured will be a guest appearance by one of the winners of FSO's annual Young Artist Competition.

A Celebration of Fremont concert will be held at Smith Center at Ohlone College on Sunday, March 30th. Tickets are \$49 and \$45 for adults, \$15 for students. Tickets may be purchased through the box office at (510) 371-4859 or (877) 938-9240 Tuesday-Friday from 11:00 a.m. to 2:00 p.m. or online at www.fremontsymphony.org.

A Celebration of Fremont
Sunday, Mar 30
7 p.m.
Smith Center
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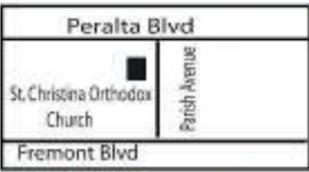


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continued from page 2

Surviving Strokes: Rehabilitation Helps Nearly Everyone

- 1) A willingness on the part of the stroke survivor to work hard with the rehabilitation therapist.
 - 2) A sense of optimism and hope that life will get better with time.
 - 3) The assistance of a home caregiver, most often a spouse, who will help, nurture and encourage the stroke survivor to get better.
- Some level of recovery from a stroke is likely with the assistance of rehabilitation therapists, personal commitment to the recov-

ery program and the help and support of family and friends, Van Houten added.

Learn More About Stroke

For a comprehensive update on stroke care and rehabilitation come to the next Stroke Education Session on Tuesday, April 1. To learn more about stroke, visit www.whhs.com/stroke.

continued from page 3

Washington Hospital Participates in Nationwide Program to Improve Outpatient Care

Updating the Board of Directors

Recently, Barbara Eusebio, R.N., Washington Hospital's Associate Administrator and Chief of Quality and Resource Management, updated the members of the Washington Township Health Care District Board of Directors on data reported to CMS about outpatient services. This includes laboratory testing, imaging services, outpatient surgery, and care in the Emergency Department. The data covered services provided during the current 2013-14 fiscal year.

"Through this data reporting program, CMS is working to help hospitals improve the process, structure, outcomes and efficiency of providing outpatient care," explained Eusebio. "One of the main priorities is making sure hospitals aren't providing unnecessary care."

Washington Hospital reports on 23 measures related to outpatient care. The data, which keeps patient names confidential, is abstracted from patient medical records.

The CMS program also tracks a number of Web-based indicators designed to measure the use of communications technology to improve care. For example, one measure assesses the ability of physicians to receive the results of lab tests electronically and clearly through their electronic health record system.

"With EPIC, Washington Hospital Healthcare System's electronic medical record, physicians who have the system in their offices are able to get test results quickly," stated Eusebio.

Last year, CMS added several new outpatient indicators to its outpatient program, and Washington Hospital is now reporting on these:

- Are outpatient surgery patients being given antibiotics within one hour after surgery?
- Are outpatient surgery patients being given the right antibiotic after surgery?
- Are patients being treated in the Emergency Department, from arrival to discharge, in a timely manner?

Performance results

In her report to the Board, Eusebio covered some examples of Washington Hospital's outpa-

tient data from the current 2013-14 fiscal year:

In the last four years, the Hospital has further improved its administration of antibiotics to patients having outpatient surgery:

- The percentage of patients receiving an antibiotic at the right time has improved from 93 percent to 96 percent.
- The percentage of patients receiving the right type of antibiotic has increased from 93 percent to 99 percent.

Compared to other California hospitals, Washington Hospital is the same or better in the way it provides certain diagnostic imaging procedures:

- Follow-up with outpatients receiving mammography, ultrasound and MRI is 100 percent.
- The percentage of outpatients receiving CT scans of the abdomen or chest with and without contrast—referred to as "double scanning"—is in line with other California hospitals.

• The percentage of outpatient receiving a stress test before having low risk surgery is well below the California average. CMS considers administering this test prior to low risk surgery to be unnecessary.

• The percentage of Emergency Department patients receiving CT scans of the brain and the sinuses is in line with other California hospitals. Administering both scans is considered unnecessary.

Eusebio reported that Washington Hospital will continue monitoring its performance on these and other measures tracked by CMS.

"We continue to evaluate the necessity of tests and follow-up procedures, according to CMS recommendations," explained Eusebio. "We also educate our providers about the appropriateness of tests and the risks and benefits involved."

Learn More About Our Quality Initiatives

To learn more about Washington Hospital's quality initiatives, visit www.whhs.com/quality. To review the latest outpatient data collected by the Center for Medicare and Medicaid Services (CMS), go to www.medicare.gov/hospitalcompare.

March is Colon Cancer Awareness Month

SUBMITTED BY CHARAIGN SESOCK

While a combination of earlier detection and better treatments have yielded a steady decline in the colorectal cancer death rate over the past 20 years, colorectal cancer will kill an estimated 50,310 people in the U.S. in 2014, and 5,150 in California, according to the American Cancer Society.

Colorectal cancer is one of only a handful of cancers for which screening is proven to save lives, both by finding and removing polyps before they turn cancerous and by finding cancers early, when treatment is most likely to be successful.

During March, National Colon Cancer Awareness Month, the American Cancer Society is highlighting the need to do more to save lives from the nation's third leading cause of cancer death in both men and women by urging patients and their doctors to talk about the importance of colorectal cancer screening, which is recommended for people at average risk beginning at age 50.

For more information and guidance on colorectal cancer, visit cancer.org/fightcoloncancer or call the American Cancer Society 24 hours a day, seven days a week at (800) 227-2345.

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 Oral Argument in the California Supreme Court
 Instructor at Stanford University Law School in
 Advanced Trial Advocacy 1995 to present
 Faculty, Santa Clara University School of Law 1987
 Editor, University of Illinois Law Review

LEILA N. SOCKOLOV, ATTORNEY AT LAW

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Fremont Police Log

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

Friday, March 14

The victim was starting up his work van in the parking lot of a flooring business located in the 44000 block of Fremont Blvd when a suspect armed with a handgun approached him from behind and stole the van. The suspect was described as a Hispanic male adult, tall with a thin build, 25-26 years old and wearing a blue shirt. Case investigated by Officer J. Harvey.

Officers responded to a report of a naked female on Niles Blvd. Officer Dooley located the 41 year old adult female and during the contact she spit on Officer Dooley. The female was arrested for battery on a peace officer.

Officer Piol was flagged down at the Walmart on Albrae St. by a store employee reporting a theft from the store. Officer Piol located and stopped a vehicle associated to the suspects. He ended up citing the driver for a suspended license and citing the passenger, a 23 year old adult female, Newark resident, for theft.

Officers responded to the Safeway at the Hub for a report of an adult male stealing alcoholic beverages. The adult male was located by Officer Madsen, but would not stop for him. Other officers arrived and after a brief struggle detained the man. Officer Meredith arrested the 39 year old adult male, Fremont resident, for theft and resisting arrest.

Saturday, March 15

While patrolling Bill Ball Plaza/ACE train depot lot in Centerville, Officer Fuellenbach towed one vehicle for excessive expired registration.

A 28 year old adult male, Fremont resident, was detained by security at Fry's Electronics. Officer Harvey received him into custody and he was booked into our jail.

Sunday, March 16

Dispatch received multiple calls of loud music and excessive vehicle traffic at the Hindu Temple on Delaware Dr. in Irvington. Sgt. O'Connell responded and found that the temple was having an un-permitted event with an attendance of 1,500-2,000 people. It was estimated that over 1,000 vehicles were parked throughout the residential area with some blocking residential driveways and utilizing the school without permission. The event organizer agreed (after multiple warnings) to lower the music and requested that attendees move vehicles that were illegally parked. The event ended at 3:00 p.m. and we had to provide nine officers to assist with traffic control. Sergeants O'Connell and Snelson managed the incident. Due to lack of appropriate space and parking, events of this magnitude have been denied at this location in the past.

A female victim called to claim that she had been accosted and beaten by two females who then took her dog from her purse and went into the Florence bar. The suspects had already fled the area by the time we arrived. We determined that the victim had been in an argument with the "suspects" prior to the incident. The victim soon became uncooperative and walked away from us as we attempted to complete the report.

Monday, March 17

Officer Little investigated a robbery where a very shaken victim reported she was attacked near Haller's Pharmacy at Fremont Blvd./Peralta Blvd. She told

officers that two females and one black male adult battered her and then stole her bike. The description of the suspects was very vague. The man was described as wearing a red shirt and one of the women had brown hair. Officer searched the area, but were unable to locate the suspects.

At approximately 12:15 p.m. a resident reported that their home had been burglarized on the 800 block of Glenhill Drive. During the investigation officers learned that a neighbor saw a suspicious person walking away from the victim's house carrying a black backpack around noon. The possible suspect was described as a black adult male, in his late 20's, approximately 6' tall and 250 lbs. He was wearing a red/white jacket and unknown color pants carrying a black backpack. The unknown suspect made entry by prying the side garage pedestrian door. Several items were taken and were primarily small electronics.

CSO Aguirre responded to the 4000 block of Alder Ave at approximately 10:20 a.m., to investigate a burglary that had occurred sometime during the night, possibly from about 5:00 p.m. on 3/16 to 8:00 a.m. on 3/17. The loss included tools and laminate flooring.

Tuesday, March 18

Officers were dispatched to Matthew Terrace for a report of two male suspects tampering with a vehicle. The reporting party heard his vehicle alarm sounding and looked out to see the suspects quickly walking away from his car. The reporting party believed the suspects entered a dark vehicle and drove away. Officer Luevano located a vehicle driving "blacked out" away from the scene. Officer Luevano attempted a traffic stop; however, the vehicle fled at a high rate of speed. Officer Luevano did not pursue the vehicle and lost sight of it near Ardenwood Blvd and W/B 84. Officer Taylor was traveling W/B 84 and believed he saw the vehicle far ahead, still "blacked out." Officer Taylor lost sight of the vehicle and traveled across the Dumbarton to see if the vehicle stopped or slowed down; however, the vehicle was not located. CHP and Menlo Park PD were notified. Incident documented by Officer Luevano.

Wednesday, March 19

An adult reporting party called stating that he had just been confronted and challenged to a fight by a juvenile male riding a bike and claiming to be in possession of a firearm. The incident occurred at a bus stop across the street from Centerville Jr. High. Officers arrived on scene and immediately put Centerville Jr. High on lock-down. A short time later both Washington High School and Holy Spirit School were also placed on lock-down as a precautionary measure. School Resource Officers (SRO's) as well as patrol officers were deployed to each of the schools where they met with campus supervisors. The suspect was spotted on Fremont Blvd by Sergeants Miller and Hummel, but he fled. Officer Richards located him a short distance away on Kimbro Street near Eggers Drive. An in-field ID was positive and the juvenile was arrested for making threats to commit a violent crime and taken to Juvenile Hall.

At 2:40 p.m. CSO Codey investigated a residential burglary that had occurred sometime earlier in the day during the day on the 33400 block of Caliban Drive. The unknown suspects

burglarized the home by entering the side yard through an unlocked side gate and forced opened the side garage door. Loss included jewelry, cash and small electronics.

At approximately 7:15 p.m. officers responded to the 4300 block of Gibraltar Drive to investigate a residential burglary that had occurred sometime during the day. The resident returned home and found his front door open. Officers determined that entry was likely made via the back door. A floor safe, personal identification, cash, jewelry and electronics were taken during the burglary.

Officers responded to the 4500 block of LaSalle Ave to investigate an attempt residential burglary. At approximately 7:10 p.m. a suspect, described as a white male adult, approximately 5'8" - 5'9" with a thin build, bald head, blonde mustache, wearing a button up plaid shirt, khaki shorts and wearing blue rubber gloves attempted to gain entry into the residence. When the suspect was unsuccessful with the front door, he went to the backyard via the side gate and attempted to open the back patio door without success. The suspect fled east on LaSalle in a red 2-door, unknown model truck with a camper shell. The truck was described as having a dent on the passenger side door.

At approximately 8:30 p.m. Officer R. Samayoa was dispatched to the 4300 block of Gibraltar Drive to investigate a residential burglary. The burglary occurred when the residents weren't home during the day. Entry was made by removing a window screen and breaking the sliding glass kitchen window. The house was ransacked and the victim was unable to provide officers with an inventory of the loss due to the significant amount of clothing and personal property scattered throughout the home. During an area check, officers learned that a neighbor saw a suspicious 4-door dark colored compact vehicle parked on Gibraltar Court at approximately 7:00 a.m. The vehicle appeared to be occupied by a male and left within approximately 15 minutes.

Thursday, March 20

At approximately 5:03 pm, Fremont Police Officers were dispatched to a suspicious item in front of the Hindu Temple, located at 3676 Delaware Dr. Upon arrival, officers located what appeared to be a piece of luggage on the sidewalk near the front of the temple. For precautionary measures, officers restricted both vehicle and pedestrian traffic in the area while investigating the contents of the luggage. It was determined that the luggage contained nothing hazardous and the scene was secured. Ofc. Hanrahan documented the incident.

A security guard called in after seeing two subjects cut the roll-up door of a business in the 41000 block of Christy Street. Moments later, the reporting party advised that the suspects fled in an older white passenger van. Units flooded the area and found the door was cut but entry was not made into the structure. Ofc. Chahouati contacted a 32 year old adult male walking in the area who matched the description of one of the suspects. The witness could not positively ID. The 32 year old adult male was arrested for public intoxication. Ofc. Austin investigated and will be following up with neighboring businesses to obtain video surveillance.

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Alvarado walking tour

SUBMITTED BY
TIMOTHY SWENSON

On Saturday, March 29, local historian Timothy Swenson will host a historical walking tour of Alvarado, sponsored by the Museum of Local History. The 1.5 mile, 1.5 hour tour will walk through old Alvarado and provide information on 43 buildings, some of them long gone.

A walking tour booklet is available from the Museum of Local History website (www.museumoflocalhistory.org), under the "Published Documents" section. Hard copies of the tour guide will be available at the tour

for \$3. The walking tour itself is free. The tour will start at the parking lot of Alvarado Elementary School.

Remember, Saturday is also the Old Alvarado Farmer's Market, so buy your fruits and veggies, and join the historical tour.

Alvarado walking tour
Saturday, Mar 29
11 a.m.

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City of Fremont Briefs

SUBMITTED BY CHERYL GOLDEN

Should electronic cigarette retailers, lounges, and vapor bars be permanently banned within city limits?

The City of Fremont is seeking feedback from its residents on permanently banning electronic cigarette (e-cigarette) retailers, lounges, and vapor bars within city limits. Weigh in on Fremont Open City Hall, our online forum. On Feb. 11, the Fremont City Council established a temporary ban on e-cigarette retailers, lounges, and vapor bars. The City would like input as to whether this temporary ban should be permanent.

E-cigarettes are battery-powered devices that may resemble smoking a cigarette. It is only minimally regulated by state law and the health risks of inhaling the vapors are unknown. The City of Fremont currently has eight retail establishments that sell e-cigarettes and include e-cigarette lounges and vapor bars. Please feel free to submit your feedback at www.fremont.gov/OpenCityHalleCigarette.

Tennis Anyone? Lessons begin April 1 through April 9, all ages and ability levels, so register now and become a student of the all new Fremont Tennis Academy. Classes begin the first week of April, with additional sessions starting in May and June. All City of Fremont instructors have undergone extensive training based on the USTA National Player Development Coaching philosophy and methodology. Lead instructors are PTR certified and create a positive learning environment. Be sure to check out all our classes at the Fremont Tennis Center and our new locations including: Niles Community Park, Sylvester P. Harvey Park in Ardenwood, and Warm Springs Community Park. Players will learn to rally on age appropriate balls and courts. Check our Spring Recreation Guide for more lessons and details at www.fremont.gov/RecGuide or to register visit us online at www.RegeRec.com. For more information, contact Nigel Pugh at npugh@fremont.gov or (510) 790-5510.

Taught by the award-winning dance instructor, Ms. Dana Roy, our **Dance Hip Hop with Style** (Ages 8 to 14, Course #205390) begins April 1. This class is perfect for kids who want to bring their groove to class and have fun with some funky Hip-Hop beats! Filled with high energy movements, this class guides students through learning the basic fundamentals of Hip Hop. Students will learn and review simple sequences of Hip-Hop choreography, as well as the fundamentals of Locking, Waacking, and Groovin'! Soon, your kids will be dancing with rhythm, confidence and style! Wear comfortable sneakers and bring a water bottle and your fun and fresh attitude for Hip Hop! Check our Spring Recreation Guide for more dance classes and details or to register, visit us online at www.RegeRec.com. For more information, contact Debra Crenshaw at dcrenshaw@fremont.gov or (510) 790-4351.



Dance Hip Hop with Style

contributions! Feel free to take advantage of your efforts and pick up two free bags of compost on Sunday, April 6, from 8 a.m. to noon, or while supplies last, at the Fremont Recycling and Transfer Station, located at 41149 Boyce Rd. We'll be there, rain or shine.

If you plan to stop by, we ask that you please bring your current Republic Services garbage bill as proof of your household's participation in the City's curbside organics program. You'll see signs directing you to the loading area, where we'll be helping you transfer the compost into your vehicle. And if your family member or neighbor is unable to attend, you are more than welcome to bring their Republic Services bill and pick up their compost for them. This giveaway is brought to you by the City of Fremont, in partnership with Republic Services and the Fremont Recycling and Transfer Station. For more information, please contact Republic Services at (510) 657-3500.

Free Zero Waste Workshop Want to know what you can do to become a more sustainable citizen? Join us for a free informational workshop led by "Waste Sleuth" Todd Sutton. You'll receive an individualized "Pledge Card" as well as a number of free resources to assist you in achieving your sustainability goals. Workshop will be held Tuesday, April 1, from 6:30 p.m. to 8:30 p.m. at City of Fremont Development Services Center, 39550 Liberty St. in the Niles Conference Room. For more information and registration, contact Sustainability Coordinator Rachel DiFranco at rdifranco@fremont.gov or (510) 494-4451. This workshop is available thanks to grant funding from the Altamont Education Advisory Board.



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MAINTENANCE TIPS FOR YOUNG DRIVERS

Young drivers responsible for taking care of automobiles for the first time in their lives should understand that oil is the lifeblood of their vehicle's engine; therefore, it is vitally important to check oil levels regularly and change the oil as recommended. Dirty oil and/or low oil levels increase wear on internal engine components, leading to the potential for premature engine failure. Another very important maintenance step involves changing the air filter according to the owner's manual schedule. A dirty air filter reduces engine performance and can cause the engine to overheat. Brake pads should be inspected for wear, and an appointment scheduled for service at the first sign of brake squealing. Waiting compromises

safety and adds to repair costs. Regular maintenance is clearly vital to the longevity of your car, no matter how long you've been driving. Make an appointment for a tune up at **BAY STAR AUTO CARE**. Our friendly technicians will take care of the small tasks that can make such a big difference in the reliability and safety of your automobile over its lifetime. Remember that an appointment today can save you from big repair bills in the future. Call today for an appointment. And remember, we do smog inspections!

HINT: If a vehicle's worn shock absorbers are not replaced, extra stress is placed on all the car's suspension elements, causing them to wear faster.

Gary Singh is the owner of Bay Star Auto Care at 1275 Atlantic St. near Western Ave., here in Union City. Phone: 489-3331

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Auto Review

Jeep Cherokee: A New Angle without Edges

By STEVE SCHAEFER

The Jeep Cherokee name goes back to 1974, but it became a pioneer in the SUV market in 1984, when the second generation offered rugged

practically forever.

Two engines are offered. The Tigershark MultiAir2 2.4-liter four-cylinder is from the Italian side of the family. It puts out 184 horsepower and 171 lb.-ft. of torque. The larger engine, the



Over the past 21 years, Steve Schaefer has tested more than 1,000 cars and published a weekly story on every one. As a teenager, he visited car dealers' back lots to catch a glimpse of the new models as they first rolled off the transporter. He is a founding member of the Western Automotive Journalists. Contact Steve at sdsauto@sbcglobal.net.



Jeep characteristics in a more comfortable package. It could be the main reason that Chrysler bought Jeep back in 1987.

The Cherokee was always styled after its esteemed forbear – the WWII basic Jeep. That meant a no-nonsense, squared-off profile. When the powers-that-be opted for a softer new design years ago, they renamed it the Liberty. Now, the Cherokee is back. But what is it?

Well, there are still seven slats in the grille, but it's a much softer, rounder nose than you might be accustomed to. And look at those slim "eyes" at the top. They are not the headlamps, although they could accommodate today's tiny, powerful bulbs. They are the parking lamps; real headlamps are below. There are squared off wheel wells, but otherwise it's a new world.



new Pentastar 3.2-liter V6, is a smaller version of the popular and well regarded 3.6-liter V6 from the American side. Its 271 horsepower and 239 lb.-ft. of torque made my tester feel strong out on the road.

This car introduces a nine speed automatic transmission! You can't hear much, but if you listen care-

road wheel flares, tow hooks, skid plates, an off-road suspension, heavy-duty engine cooling, and auxiliary transmission oil cooler. In addition to riding an inch higher (to 8.7 inches of ground clearance), it uses the Jeep Active Drive Lock 4/4 system with low range and locking rear axle, and Selec-Speed Control with Hill-as-



Inside is a clean, organic-looking layout. Jeep has moved far beyond its original flat metal panel with circular gauges. Now, in Vesuvio – Jeep Brown/Indigo Blue, it's a fashion statement. Note: The other two interior color schemes are Morocco (black) and Iceland (black and light gray). The panels meet in interesting and designer-approved ways, and the door panels feature a rising hill design that looks just like the kind you'd love to climb.

My Billet Silver Metallic Clear Coat test car was a Limited, so it was fully stocked: leather seats and shift knob, heated steering wheel, and much more make this car anything but a rough rider. Loads of options, divided into Technology and Luxury packages, and other single items make this Cherokee more of downsized Grand Cherokee rather than an upsized Wrangler.

This all-new Cherokee is based on the Italian chassis that also underpins the new Dodge Dart, but it's still built in Toledo, Ohio, just as Jeeps have been for

fully and watch the tachometer you will notice lots of gear changes. This is meant to improve efficiency. Thankfully, it's not a continuously-variable type, so you can sense up- and down-shifts.

Fuel economy is improved by as much as 45 percent versus the old Liberty four-cylinder it replaced. The EPA gives it 21 City, 28 Highway and 24 overall. The V6, with its extra power, earns 19 City, 27 Highway and 22 overall. I averaged 22.5 mpg during my enjoyable test week.

You can get the three on-road levels of Cherokee (Sport, Latitude and Limited) in a four- or two-wheel-drive configuration. My tester had the kind of 4x4 capability that you need for casual off-road driving, and you control it by dialing it in on the center console. The Selec-Terrain system offers Snow, Sand/Mud, Sport or Auto settings. I left it in Auto, where you'd want it in normal driving.

For more adventurous motor-ing, Jeep offers the Trail-Rated Trailhawk model, based on the midlevel Latitude. You get off-

cent and Hill-descent control.

The Trailhawk features plenty of special badging and appliques. The interior gets its share of exclusive elements, predominantly in red. And, the Trailhawk wears different front and rear fascias, for a more aggressive approach angle of 29.8 degrees while climbing rocks.

A 4x2 Sport with nothing extra starts at \$23,990, including a disconcerting \$995 destination charge. The Limited picks up at \$30,990; mine came to \$37,030 with its long list of upgrades. The Trailhawk starts \$500 below the Limited, with the volume-selling Latitude in the middle starting at \$27,490.

Jeep knows it has a special reputation and history. The steering wheel wears "Since 1941" pressed into its lower rim. This new Cherokee strays far from the traditional look, but Jeep wants increased international sales, and to bring the brand into the future. The ride is a little firm, but my loaded-up tester was pleasant to drive and exuded capability. Nobody seemed to notice the all-new look, but that may be a good thing.

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Market vs. Marketing workshop

SUBMITTED BY LAURENCE HANSEN

Having the best marketing materials, such as a website, brochures, social media, copy writing and visual messaging, only matters if you are speaking to the right audience.

For a business that is just getting started — ideally, in the planning stage — it is even more important to know that a market exists for your product or service.

This workshop provides you with a solid grounding in how to clearly identify your market, be consistent in your branding and begin to align your marketing material with your ideal market.

Friend and Champion has partnered with Fremont Chamber of Commerce to produce this series of monthly seminars and workshops designed to

help you successfully build and grow your business. It is part of the Chamber's and Friend and Champion's commitment to growing a strong businesses community in and near Fremont.

These workshops are free of charge and open to all business owners, senior management and professionals whether or not a member of the Chamber.

Market vs. Marketing workshop
Thursday, Apr 3
Fremont Chamber of Commerce
39488 Stevenson Pl. #100, Fremont
(510) 794-0919
laurence@lbhansen.com
RSVP requested
Free

Arc tees up for Golf Tournament

SUBMITTED BY RICHARD FITZMAURICE

Keep your head down. Keep your left arm straight. Take the club back on the target line.

There's a lot to remember when learning to play golf, but clients from The Arc of Alameda County's San Leandro campus are getting the hang of it and will demonstrate their shot-making ability at a scramble tournament on March 26.

The Arc of Alameda County provides life skills education to over 500 people with intellectual and developmental disabilities who reside in the area. The nonprofit organization's newest program, called LifeLinks, offers golf instruction to 18 clients at its San Leandro facility.

With the help of volunteer coaches, the new golfers spend Wednesdays on the driving range, the chipping area and the putting green, learning and practicing all facets of the game.

Fremont Bank is the presenting sponsor of this "Community Challenge" golf event which pairs a client with a non-disabled golfer in a 9-hole scramble tournament. KPIX television anchor, Ken Bastida will be one of the players and help present awards at a

green-side ceremony following the round.

Ron Luter, President and CEO of The Arc of Alameda County, says the goals of his organization include helping clients improve their motor and social skills. "There is no better way to do both than learning to play golf," he says adding, "we also focus on teaching the values of the game; honesty, courtesy and persistence — skills that transfer to everyday life."

Come and show your support!

Community Challenge
Golf Tournament
Wednesday, Mar 26
10 a.m.
Monarch Bay Golf Complex,
Marina Course
13800 Monarch Bay Dr,
San Leandro
(510) 357-3569 x 2107
www.arcalameda.org
Free

BART Silicon Valley construction update

SUBMITTED BY BRANDI CHILDRESS

The Santa Clara Valley Transportation Authority (VTA) will provide program and construction updates about VTA's BART Silicon Valley Berryessa Extension Project, featuring important information about Dixon Landing Road construction, auto detours, construction within the BART corridor, project schedule and other work happening in Milpitas. The meeting on Tuesday, March 25 at the Barbara Lee Senior Center will include a presentation and informational open house.

Construction on the 10-mile, two-station extension is well underway and residents living near and commuters traveling through the project corridor area will see significant work activities this Spring and Summer that may impact their daily commutes. Major construction work is expected to begin at Dixon Landing Road in April.

Construction activities include relocation of utilities under Dixon Landing Road to clear the corridor for construction and excavation of the trench for BART trains to run below the street. These activities

will require intermittent traffic lane closures, traffic shifts, and at certain times, lane reductions to one lane in each direction and the possibility of a complete Dixon Landing Road closure for a period of up to eight months. The meeting presentation will focus on auto detours during partial and full road closures scenarios.

Following the presentation, participants will have the opportunity to visit display stations and meet with project staff, including representatives from VTA's Design Builder, Skanska Shimmick Herzog, a Joint Venture.

The Berryessa Extension will serve 23,000 average daily passengers opening year, providing a transit alternative to the highly congested Interstate 680 and Interstate 880 corridors. Passenger train service is planned for 2017.

BART/Dixon Landing construction update
Tuesday, Mar 25 6:30 p.m.
Barbara Lee Senior Center
40 N. Milpitas Blvd., Milpitas
www.vta.org/bart/dixonlanding

Water shortage emergency declared

Mandatory water-use restrictions in effect until further notice

SUBMITTED BY FRANK JAHN,

On March 13, 2014, the Alameda County Water District Board of Directors declared a water shortage emergency within Fremont, Newark, and Union City and adopted an ordinance that includes mandatory water-use restrictions.

"The exceptionally dry conditions forced our hand," noted ACWD Board president Paul Sethy. "Without mandatory conservation, we won't be able to meet ordinary water demands without depleting our supply or reducing its quality."

The bulk of the restrictions relate to landscape irrigation. Lawns and other landscaping may be watered no more than one day per week during the fall, spring, and winter; and no more than two days per week during the summer. Public parks, school grounds, golf courses, and day care centers are allowed one extra

day of irrigation per week, as is new drought-tolerant landscaping that replaces irrigated turf. Irrigation while it is raining is prohibited, as is irrigation that results in ponding or excessive runoff.

Other water use restrictions include prohibitions against hosing off sidewalks and driveways, using hoses without shut-off nozzles, and draining and refilling of swimming pools.

Enforcement of the restrictions will involve a three-step process. Violators will first be sent a written warning via U.S. mail. A second warning will be issued during an on-site visit if violations persist. Continued violations may result in termination of water service.

Exceptions to the water-use restrictions will be considered on a case-by-case basis.

"Our customers have always risen to the task of conserving water during previous droughts," said ACWD General Manager Walt Wadlow. "It's our sincere hope that they'll respond again as

we cope with the worst water supply emergency in the District's 100 year history."

Violations of the mandatory restrictions can be reported to ACWD by calling (510) 668-4299 or visiting www.acwd.org/reportwaste.

California is currently experiencing the driest conditions in its recorded history. The Sierra snowpack, which accounts for the bulk of the state's drinking water, is currently at 28% of normal. The Department of Water Resources has informed ACWD that it will receive 0% of its annual allocation from the State Water Project which typically accounts for 40% of the District's supply. Additionally, local runoff, which accounts for another 40% of the District's supply, is currently at only about 33% of normal.

For information on how to conserve water, visit the Drought Resource Center at www.acwd.org or call the Drought Hotline at (510) 668-4470.



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BUSINESS

California tax landscape

SUBMITTED BY LIANA ARNOLD

Personal finance social network WalletHub released its 2014 report on the Best & Worst States to be a Taxpayer, which analyzed how the 50 states as well as the District of Columbia compare to the national median in terms of 10 different categories of taxation, ranging from state and local income taxes to alcohol and telecom taxes.

The California Taxpayer at a Glance

- * 1st – Highest State Income Tax (9.3%)
- * 1st – Highest Gas Taxes (70.87 Cents/Gallon)
- * 2nd – Highest Auto Sales Tax (\$257.08)
- * 9th – Highest State Sales Tax Rates (8.38%)

For a more detailed look at the rankings, please visit: <http://wallethub.com/edu/states-with-highest-lowest-taxes/2416/>

Nearly all major US banks pass Fed 'stress tests'

BY MARCY GORDON AND ALEX VEIGA
AP BUSINESS WRITERS

WASHINGTON (AP) — More than five years after the financial crisis struck, the biggest U.S. banks are better able to withstand a severe recession than at any time since the meltdown, the Federal Reserve has determined.

Results of the Fed's annual "stress tests" showed Thursday that all but one of 30 top banks passed muster with sufficient capital buffers to keep them lending through an economic crisis. Only Zions Bancorp fell short. The results showed continued improvement in banks' financial positions since the 2008 crisis, the Fed said. That built on positive results from last year's tests.

"The industry is stronger and more profitable than a year ago," said RBC Capital Markets banking analyst Gerard Cassidy.

The banks' stronger positions should enable them to pursue business plans, pay dividends to shareholders, raise capital from investors and expand services to customers, said Frank Keating, president of the American Bankers Association.

The 30 banks tested included Bank of America Corp., Citigroup Inc., JPMorgan Chase & Co. and Wells Fargo and Co.

The Fed has conducted stress tests of the largest U.S. banks every year since 2009, when the financial crisis plunged the country into the worst economic downturn since the Great Depression of the 1930s. The annual checkup is designed to measure how well the industry would fare in another severe recession. It aims to ensure that banks could keep lending during such a punishing stretch.

Under the Fed's stress tests' "severely adverse" scenario, the U.S. would undergo a recession in which unemployment — now at 6.7 percent — would reach 11.25 percent, stocks would lose nearly half their value and home prices would plunge 25 percent.

Under the test, the losses projected for each bank are compared with the capital each holds as a buffer.

The Fed said that under the crisis scenario, the 30 banks would suffer combined losses on loans of \$366 billion through the fourth quarter of 2015. That's down from projected losses of \$462 billion in last year's tests — even with a much larger number of banks. Fed officials said the change reflected the banks' progress in shedding delinquent and defaulted loans from their balance sheets.

The 30 banks were also tested on how well they would withstand severe downturns in Europe and in Asian countries like China and Japan.

The Fed will announce next week whether it will approve plans by some of the banks to increase dividends or buy their own stock.

Nearly all U.S. banks with \$50 bil-

lion or more in assets were in the group of 30 that were tested. Together they account for some \$13.5 trillion in assets — about 80 percent of U.S. banks' total amount. Twelve of the 30 banks were added to the testing roster for the first time this year.

Most of the 30 banks tested, along with hundreds of others, received federal bailouts during the financial crisis. The banking industry has been recovering steadily since then, with overall profits rising and banks starting to lend more freely. The banks have mostly repaid the taxpayer bailouts.

Zions, the only bank to fall short this year, is based in Salt Lake City. It slid to a loss in the fourth quarter as it booked hefty charges related to losses on investment securities and other one-time items. Representatives of Zions had no immediate comment Thursday.

Last year, government-owned Ally Financial Inc. was the only bank that failed. In this round, Ally passed.

Ally said it was pleased that the test results "recognized the substantial transformation that the company has undergone since last year."

The Fed concluded last March that Wall Street powerhouses JPMorgan Chase & Co. and Goldman Sachs Group Inc. needed better plans for coping with a severe downturn and gave the banks until September to revise them. The two banks were allowed to increase their dividends and buy back their stock on condition they submitted revised capital plans that satisfied the Fed.

At the same time, the Fed approved requests outright from 14 of the 18 banks tested, including Bank of America, Citigroup, Morgan Stanley and Wells Fargo.

But the Fed forbade Ally and BB&T Corp. from making any dividend increases and share buybacks they may have been seeking.

Next Wednesday, the Fed will announce whether it has approved each bank's request, if one has been made, to raise dividends for shareholders. Its decisions will be based on how each bank would fare in a severe recession if it increased its payout.

Raising dividends costs money. The government doesn't want banks to deplete their capital reserves, making them vulnerable in another recession.

The other banks tested were: American Express Co., Bank of New York Mellon Corp., BBVA Compass Bancshares Inc., BMO Financial Corp., Capital One Financial Corp., Comerica Inc., Discover Financial Services, Fifth Third Bancorp, HSBC North America Holdings Inc., Huntington Bancshares Inc., KeyCorp, M&T Bank Corp., Northern Trust Corp., PNC Financial Services Group Inc., RBS Citizens Financial Group Inc., Regions Financial Corp., Santander Holdings USA Inc., State Street Corp., U.S. Bancorp and UnionBanCal Corp.

California utility in talks over closed-nuke costs

BY MICHAEL R. BLOOD
ASSOCIATED PRESS

LOS ANGELES (AP) — Settlement talks are underway to decide who pays the huge bill tied to the shuttered San Onofre nuclear power plant on the Southern California coast.

The costs at issue could exceed \$3 billion.

Edison International — the parent of operator Southern California Edison — disclosed in a government filing Friday that a meeting would be held next week to discuss a possible deal.

The question has been who pays for costs from replacement power to investment in the now-closed reactors — ratepayers or company shareholders.

The twin-domed plant was closed permanently last year after a long fight over whether it was safe to restart.

San Onofre hadn't produced power since January 2012, after a small radiation leak led to the discovery of extensive damage to tubing that carried radioactive water.

Arizona bill would allow Tesla to skip dealers

BY BOB CHRISTIE
ASSOCIATED PRESS

PHOENIX (AP) — Electric car manufacturer Tesla Motors would be allowed to sell cars in Arizona without establishing a dealer network under a bill approved by a state Senate committee Wednesday.

House Bill 2123 is strongly opposed by traditional auto manufacturers and dealers, who argue that Tesla wants to operate outside the normal rules that require manufacturers to sell cars through dealers. They say allowing sales directly from an automaker could leave consumers in the lurch if the company goes belly-up.

"Tesla is asking for a special exemption for them to have a separate set of rules for their electric cars," Mike Gardner, a lobby-

continued on page 13

E-Trade's talking baby goes bye-bye

BY MAE ANDERSON
AP BUSINESS WRITER

NEW YORK (AP) — The E-Trade baby will finally stop talking.

In the investor site's new ad, the baby — who looks like a harmless, adorable tot but talks like a character out of "The Wolf of Wall Street" — is upstaged by a cat named Beanie that sings. The tot quits in disgust at the end of the ad.

"That's it, I'm done. I'm out of here. Amateurs," the baby says in the ad. E-Trade confirmed it is "retiring" the baby and will go in a different direction with its next ads.

E-Trade began its "talking baby" campaign in 2008 during

the Super Bowl, at a time when online investing was not as common. Having a talking baby trade stocks was a way to show people that E-Trade's investing services were so simple even a baby could make money trading stock on the site. E-Trade had created new talking baby spots for each Super Bowl since, but sat out the big game this year.

"It served its purpose when it first launched, to make it seem like anyone could trade online," said branding expert Allen Adamson, managing director of the New York office of branding firm Landor Associates. "But now online trading is so common the

baby has lost its mission."

E-Trade's management has also changed. The company named banking industry veteran Paul Idzik as CEO in January 2013, and he has signaled a need for a new direction in marketing, replacing the company's chief marketing officer last summer. The company also switched ad agencies from Grey to Ogilvy & Mather.

There's no word on what E-Trade's next marketing campaign will be, but Landor's Adamson said the talking baby will be a tough act to follow.

"It's an advertising icon so it will be hard to follow that with something as memorable," he said.

continued from page 12

Arizona bill would allow Tesla to skip dealers

ist for the Alliance of Automobile Manufacturers, told the Senate Commerce, Energy and Military Committee. "What we're opposed to is allowing one of our competitors to go around the dealer network and sell directly to consumers. We think we should all be treated the same."

But Rep. Warren Petersen, the bill's sponsor, said dealers and manufacturers are trying to stifle innovation.

"This is a great opportunity for us to send a message that we welcome business and we welcome Tesla here to Arizona," said Petersen, R-Gilbert. "We shouldn't deny our consumers from being able to purchase a product if they want."

Tesla Motors Inc. has a showroom in Scottsdale but can't sell cars there under a 2000 law. Instead, it takes orders online.

Arizona is also one of four states vying for a new lithium-ion battery factory that would supply the company's Fremont, Calif., assembly plant. Others are New Mexico, Nevada and Texas. Tesla says it will invest \$2 billion in the 10-million-square-foot factory, which will cost between \$4 billion and \$5 billion.

Despite Arizona being in the running for the plant, lawmakers said the bill was unrelated.

"I don't want to send a message, even though this is not a quid pro quo," said Sen. Bob Worsley, R-Mesa. "I want the message from our state to be that we welcome the opportunity to work with large successful companies with this size market cap."

A second bill approved by the committee expands a \$3,000-per-worker tax credit program for companies that add jobs by removing a requirement that the employees be continuously employed to get the credit for three years. House Bill 2272 would allow the company to continue claiming the credit for all three years if the worker is replaced.

The Tesla sales bill was originally about an unrelated subject, but it was amended Wednesday by Republican Sen. John McComish, the Senate majority leader, to take up the Tesla language. It would allow a company to sell vehicles directly to consumers if it only makes electric vehicles and has a service center in the state to handle repairs and warranty issues.

McComish calls it a "pre-emptive strike" against future laws that could outlaw Tesla's operations completely.

"What has happened ... is that in some states, they are moving to outlaw that kind of operation," McComish said. "But I think we should be about opportunities for innovation rather than stifling innovation."

New Jersey, for one, recently adopted rules requiring new car dealers to obtain franchise agreements to receive state licenses, effectively prohibiting companies from using a direct-sales model like Tesla's.

The committee approved the bill on a 3-2 vote and it now goes to the full Senate after a routine review in another committee.

California unemployment rate falls to 8 percent

AP WIRE SERVICE

SACRAMENTO, Calif. (AP) — California's unemployment rate dropped to 8 percent in February, as a net gain of 58,000 positions prolonged steady improvement in the job market, state officials reported Friday.

The jobless figure was down slightly from January but remains well above the national average of 6.7 percent. California's 7.9 percent unemployment rate in September 2008 was the last time it fell below 8 percent.

The latest numbers came from separate surveys of employers and 5,500 households.

The state Employment Development Department reported that California businesses added 61,600 nonfarm jobs in February, with a quarter of those positions in health care and education.

The increase followed a bleak January report showing there were 32,000 fewer jobs in the state, even though unemployment ticked down to 8.1 percent.

The unemployment rate in California was 9.4 percent in February 2013.

Since then, the fastest growing sectors have included professional and business services, with 92,800 new jobs, and construction, adding 38,800 jobs.

Other sectors that added jobs included trade, transportation and utilities, information, pleasure and hospitality, government, and other services.

Manufacturing posted the largest decrease last month, losing 2,600 jobs in a month. The sector's year-over-year net job loss is 1,900.

The recent figures account for sea-

sonal swings in employment expected after the holidays.

California now has 1.5 million unemployed residents, or 245,000 less than a year ago. The labor force, which does not include people who have stopped looking for work, has stayed about 18.6 million in that period.

The employment department reported that 1.2 million new jobs have been created in California since the economic recovery began in February 2010. The unemployment rate was then 12.4 percent.

San Francisco, San Mateo and Marin counties posted the state's lowest unemployment rates last month, hovering around 5 percent. Rural Imperial and Colusa counties have jobless rates above 20 percent.

New Mexico seeks to lure Tesla battery factory

AP WIRE SERVICE

SANTA FE, N.M. (AP) — Excited by economic prospects, New Mexico officials are hoping to avoid what happened six years ago when Tesla Motors opted against establishing an auto manufacturing plant in the state.

They're discussing a variety of options in an effort to convince Tesla to build a lithium-ion battery factory here, the Santa Fe New Mexican reports (<http://bit.ly/1gGyC2U>).

New Mexico is one of four states identified as finalists for a lithium-ion battery factory that would supply the company's Fremont, Calif., assembly plant. Others are Arizona, Nevada and Texas.

That possibility has generated excitement among business leaders and elected officials.

But it isn't the first time the state has been excited by prospects involving Tesla.

In February 2007, Tesla announced that it would build a \$35 million auto manufacturing plant in New Mexico. At a news conference with then-Gov. Bill Richardson, Tesla CEO Elon Musk said the company would build the plant on Albuquerque's west side. Construction on that 150,000-square-foot plant was scheduled to begin that spring.

Musk said his company would produce at least 10,000 cars a year at the Albuquerque plant and that the first cars would roll out in the fall of 2009.

But the plant never opened after California gave the company a sweeter tax-incentive deal.

Richardson's Economic Development Secretary Fred Mondragon, who announced Tesla's decision in 2008, expressed some bitterness at the time in his statement: "This decision by Tesla is not surprising given the recent instability of its management," he said. "Still, it is unfortunate that Tesla backed away from its commitment to the state."

Gov. Susana Martinez said this time she would call a special legislative session if needed to secure a deal.

Asked about the state's prior experience with Tesla, Martinez's spokesman Enrique Knell did not answer directly Tuesday.

"Tesla is a fantastic company, and we would certainly be thrilled and excited to have them come to New Mexico," he said in an email. "We continue to have regular conversations and are competing hard to bring these new jobs and this forward-looking company to the state."



Sister Gloria Marie Jones, Prioress and Mayor of Fremont, Bill Harrison

Dominican Sisters break ground

SUBMITTED BY TERESA SCHMIDT

The Dominican Sisters of Mission San Jose selected March 19, the Feast of St. Joseph, patron of workers, for a groundbreaking celebration at their Fremont Motherhouse headquarters. The \$20 million project includes construction of a 36-unit Sisters residence and a Community & Wellness Center. Renovations to their Siena building will prepare space for daytime memory care, operated by ASEB (Alzheimer's Services of the East Bay). This first dementia-specific program in Fremont will open its doors after renovations are complete in September 2014. Adult memory care services respond to a growing need — one City of Fremont officials affirmed with a Community Development Block Grant (\$310,000) toward Siena renovation costs. The Dominican ASEB program will serve diverse adults, veterans and low income families living in the Tri-City area.

Groundbreaking guests included elected officials, City of Fremont Mayor Bill Harrison and Council members along with donors, friends,

community and non-profit leaders. Attendees joined the Sisters in a blessing, asking St. Joseph to protect skilled trades and construction workers building and renovating facilities on the 26-acre campus, which the Sisters purchased in 1891. The dormitory-style St. Joseph Priory was demolished in February, with 99.4 percent of the building's materials recycled.

The project will be LEED certified, honoring the Sisters' commitment to "care of creation" and environmental sustainability. Hillhouse Construction of San Jose is the contractor on the 15-month project. Congregational Prioress S. Gloria Marie Jones, OP acknowledged the Sisters' focus on the future. "Today we celebrate the beginning of a new chapter in our story, an expanding Motherhouse vision that creates space to meet wider community needs."

The congregation has raised approximately 75 percent of capital costs and welcomes contributions and inquiries about project plans and community impact. For more information please contact: Margaret McCarthy, Development Director at (510) 933-6309; mmccarthy@msjdominicans.org.

For more information, visit: www.msjdominicans.org.

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CLUB Z! LAUNCHES ANNUAL ACHIEVEMENT AWARD

SUBMITTED BY
LISA BRUNER

It's that time of year again! Time for pencils and textbooks, classrooms and teachers, and of course the Club Z! Annual Achievement Award. Designed for students in grades 5 - 12, the Club Z! award allows students to showcase their talents and abilities for a chance to win cash for education! Open to students with all levels of talents and abilities, from all schools, this is an opportunity to compete for awards totaling more than \$25,000. So whether they've shown

strong character in the classroom, overcome obstacles at school, shown leadership among their peers, or simply improved since the beginning of the year, the Club Z! Achievement Award has something for everyone! Last year alone, hundreds of students across the nation were awarded with money for school, textbooks, tutoring and much, much more thanks to Club Z! Four deserving local Fremont students were awarded cash prizes last spring. And this year's program promises to surpass last year's feat. Winning entries will be judged based on performance, service, merit or achievement.

Cash awards totaling \$25,000 and many local awards will be presented to the winning applicants during a special presentation held at the school. Students may only apply one time during each award period, so get your hands on an application and be sure to get it in to your local guidance counselor or Club Z! area director before the April 11 deadline. Teachers, nominate your students or encourage them to apply online today! Visit <http://clubzaward.com/index.htm> to apply online or call (510) 651-3858 for an application.

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Gomes alumni bring chamber music to alma mater

SUBMITTED BY QUEENIE CHONG
PHOTOS BY SALENA YUNG

The last time some junior high school string musicians set foot on the grounds of John Gomes Elementary School in Fremont, they were visiting their alma mater to conclude this year's elementary school tour, organized by the Music Department of Hopkins Junior High School. During that tour, on January 28th, various selected members of Hopkins' Advanced Orchestra, who had graduated from different elementary schools in the Mission area, accompanied these excited musicians.

On February 18th, a chamber concert featured a group of Gomes alumni joined by a violinist (also an alumna) and a guest conductor, both freshmen at Mission San Jose High School. Resembling a family reunion, the visit inevitably brought back fond memories of elementary school days as they entertained 6th grade students parents who were on campus to plan a science camp outing. The concert included "Johnny Applesseed Suite" by Robert Kerr and "A Whole New World" by Alan Menken.

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It takes a community!

SUBMITTED BY
PATRICK GANNON

Over 1,500 middle and high school students got a feel for the college experience at the "It Takes a Community! Education Summit" on March 8. The summit connected first-generation, African American, Latino, Asian American, Native American, and Pacific Islander middle and high school students and their families, with resources to improve access to and success in higher education.

Held on the California State University East Bay Campus, the summit featured workshops ranging from "How to Pay for College" to "Life in College." The summit's college and resource fair included over twelve universities and community colleges such as UC Berkeley and College of San Mateo as well as community vendors and assistance programs.

"Our high school college counselors have heavy caseloads.

The summit provides additional support and information," said Sheila Jordan, Alameda County Superintendent of Schools. "Learning to navigate and understanding what is available is critical to the success of our first generation students. This summit is about bringing the community together and building partnerships to help connect the dots and leading to the pathway to higher education for these students."

The 2014 Education Summit was sponsored by the Alameda County Office of Education, Chabot College, Hayward Chamber of Commerce, Fremont Bank Foundation, California State University East Bay, Contra Costa County Office of Education, the US Dept. of Education AANAPISI Grant - Student Service Operation for Success Program at CSUEB, and Laney College. For more information, visit www.acoe.org.

Student club means business

SUBMITTED BY **MOKSH JAWA**

DECA (Distributive Education Clubs of America) is an association of over 180,000 high school and college students from around the world that focuses on manifesting and improving skills in marketing, management, and entrepreneurship. Throughout the year, DECA hosts several competitive events, and members perform many hours of community service, always seeking to develop and strengthen their leadership skills.



Moksh Jawa, a freshman from Washington High School was awarded first prize

DECA held the Northern California CDC (NorCal) competition at the San Ramon Marriott, where 1,500 students from dozens of schools came to compete over a period of three days. This experience, in addition to strengthening their skills and testing their knowledge of business-related topics, encouraged students to be independent and provided the perfect platform for them to learn and have fun simultaneously.

DECA competitions consist of three parts: role-plays, a multiple-choice exam, and a written event. Role-plays are one-on-one situations where the competitor is presented with a prompt based on a selected topic. Students are judged based on confidence, knowledge of material, and skill in relaying information. The multiple-choice exam consists of one hundred questions and tests the student's knowledge of a selected topic. Finally, in the written event, competitors create and demonstrate a presentation as if they are representatives of a business who have developed a business plan.

Moksh Jawa, a freshman from Washington High School in Fremont, was awarded first prize for his 'No Stoppin' business plan and presentation in the "Entrepreneurship - Growing Your Own Business" category.

Arnav Mathur, another DECA participant from Washington High School said, "DECA was an amazing experience that taught me a lot about how the real business world works and I am sure that it will help me a lot in the future."

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Onus Dental Health Plan

MARCH FOR MEALS!

Meals on Wheels

'Volunteer is more than a three-syllable word'
— Newark Mayor Al Nagy

In the Greater Tri-City area, many organizations, busy creating a welcoming and support-

gathered behind Fremont City Hall, sampled food donated by Whole Foods and recognized the accomplishments of the Meals on Wheels program. The group acknowledged the donation of a storage shed by Rakesh Sharma and



ciates the time and energy of the Better Homes and Gardens Real Estate employees. "I am so impressed with Better Homes and Gardens. Pilar was speechless when she saw her clean home. I was speechless when Hilda told me how much money they had raised for our new truck."

Donations for the new truck can be made online at <http://goto.gg/16263> or mailed



ive environment for everyone are busy. Most rely heavily on volunteers who recognize immeasurable benefits to others and themselves when helping within their own community. One such organization is LIFE ElderCare, working to include all citizens, especially frail, elderly citizens who may need a bit of assistance to maintain health and social contact.

The Tri-City community has answered the call for volunteers, but there is always room for more. On March 21, 2014, a group of volunteers and elected officials

IndoAmericans for Better Community and publicized the need for additional contributions for a new truck (the old one has expired!) as well as volunteer drivers to deliver them. A few days each month is all that is required and all ages are welcome. Local businesses can help by volunteering a few employee hours for their community. Every day over 300 meals are delivered to those faced with the threat of hunger.

In a recent example of community participation, LIFE ElderCare Volunteer Sherri Plaza reports

that Realtors from Better Homes and Gardens / Mason-McDuffie Real Estate – Fremont spent March 8, their annual Giving Day, volunteering for LIFE Elder Care. Their time was divided between cleaning up a senior's home and raising funds for the Wheels for a Million Meals campaign to purchase a new truck.

The group got busy scrubbing a local senior's entire bathroom and kitchen, and folding clothes. The carpet was steam-cleaned and her front yard also got a face-lift as bushes and a tree were cleared away. Noticing that this senior has a difficult time using her walker as her left arm is weak, Better Homes and Gardens Real Estate purchased a new walker for her; she will also soon have a yellow quilt – her favorite color - to brighten her room, handmade by one of the realtors.

Another group of realtors focused on raising funds for LIFE ElderCare's Wheels for a Million Meals campaign. LIFE's 20-year-old truck for its Meals on Wheels program is breaking down and needs to be replaced. The truck is critical to the process of delivering hot, nutritious meals to sen-



iors in our community. LIFE is reaching out to the community to raise \$35,000 for the new truck; in turn, Better Homes and Gardens reached out to their friends and colleagues with an initial goal of raising \$3,000.

"By the end of the weekend we had surpassed our goal and raised over \$5,000 for LIFE ElderCare's new truck. We are getting a terrific response to our requests for donations, and will continue our fundraising efforts throughout March," explains Hilda Furtado, Manager of Better Homes and Gardens Real Estate, Fremont office.

Patricia Osage, Executive Director at LIFE ElderCare, appre-

to LIFE ElderCare, 3300 Capitol Avenue, Fremont, CA 94538. Everyone who donates will get his or her name written inside the new truck!

LIFE ElderCare helps older adults improve the quality of their life so that they can age in the place they call home. Serving the community since 1975, LIFE's programs are Friendly Visitors, Meals on Wheels, VIP Rides, and Fall Prevention. All programs are available to residents of Fremont, Newark, and Union City, CA who are 60+ years of age or disabled. To learn more about LIFE ElderCare or to volunteer, visit www.lifeelder-care.org or call (510) 574-2090.



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Anything Goes

SUBMITTED BY PAMELA ROSEN

Get your tickets and come aboard! Join Irvington Conservatory Theatre for a rollicking adventure on the high seas, in Cole Porter's tap-happy musical, "Anything Goes."

This 1934 musical features some of Cole Porter's best-loved songs, including "You're the Top," "Friendship," "Blow, Gabriel, Blow," and, of course, the title tune, "Anything Goes." Directed by Scott Di Lorenzo, "Anything Goes" is set aboard an ocean liner bound from New York to London, and it follows the story of Billy Crocker, a stowaway on the ship following his love, Hope Harcourt, a socialite engaged to marry the stuffy Lord Evelyn Oakleigh. Nightclub singer Reno Sweeney, and Public Enemy No.13 Moonface Martin help Billy win over Hope after a number of mistaken identities and mishaps.

Directed by Scott Di Lorenzo, almost 100 talented high school performers, musicians, designers, and technicians make it easy to forget this is a high school musical. With 35 singers, actors, and tap dancers on stage, and an onstage 30-piece orchestra, "Anything Goes" provides a night at the theatre, full of good fun and solid entertainment. Don't miss it! For a quick preview, see <http://bit.ly/1ehdTSk>.

"Anything Goes" runs on Thursdays, Fridays and Saturdays from March 20 - April 5 with additional Saturday matinees on March 29 and April 5.

Tickets are available online from www.ihsdrama.com. Tickets are \$14/students and seniors, \$16 general admission, \$20 VIP seats, with special \$10 Thursday night performances.

Anything Goes

Irvington Conservatory Theatre
Irvington High School
41800 Blacow Rd, Fremont

Thursdays, Friday, Saturdays: Mar 20 - Apr 5
7 p.m.

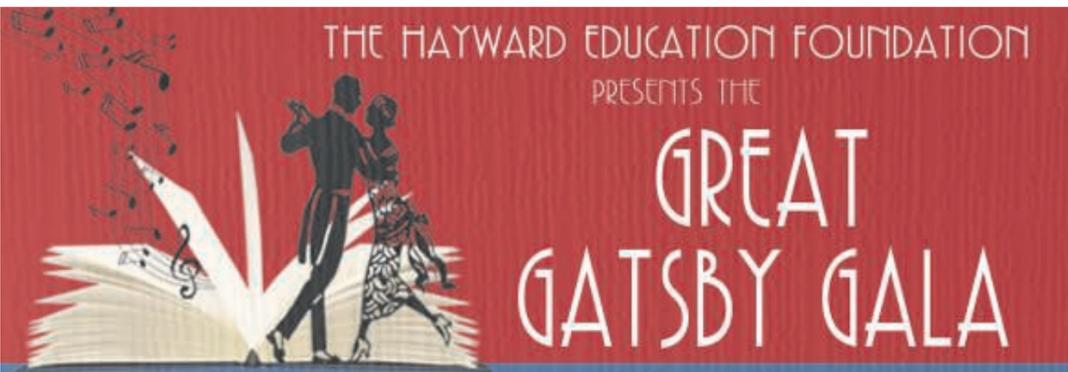
Matinees: Saturday, Mar 29 & Apr 5 2:30 p.m.
www.ihsdrama.com \$10 - \$20

Cub Scouts visit Tri-City Voice



A tenet of scouting is to learn about and participate in community activities. Members of Cub Scout Pack 447, Den 15 (Fremont) visited the Tri-City Voice office on March 19 to learn about communication through news organizations.

Pictured from left to right: Kapil Kommineni, Jason Zhang, Saideep Reddy, James Gao, Amogh Upadhyaya, Shubh Arora and Michael Liu. Submitted by Mei Mei, Co-Den Leader



SUBMITTED BY PENNY HODGES

The Hayward Education Foundation invites you to dust off your top hats and fringe, put on your dancing shoes, and get ready for a night of dancing, entertainment, and socializing. Inspired by F. Scott Fitzgerald's fictional Jay Gatsby and his roaring parties, this gala is sure to impress with live music from a variety of Hayward bands, a Photo Booth, no-host cocktails, hors d'oeuvres, a candy bar, silent auction, and a dance floor! Party goers dressed in theme will receive a free cocktail ticket.

In 1983, a Hayward school teacher, Elaine Adams, was inspired to help teachers improve and expand academic opportunities for Hayward's students. Over thirty years later, nearly 920 grants totaling over \$830,000 have been awarded, benefiting thousands and thousands of our hopeful youth. Projects are diverse as the imaginations of our teachers and students. Whether it is math, language skills, science, or the arts, projects expand the learning ability of students in ways that are not affordable by the budget.

"Last year, the Hayward Education Foundation was able to fund over 76 percent of the grant requests we received, and that felt good," says President of the Hayward Education Foundation Dianne McDermott. "We were able to bridge a gap with some of the funding losses from the State of California. We would like to do more, and we can

with the support of all the components in our community," she adds.

McDermott explains, "This year's [gala] theme is 'Dream Big.' We want to send a message that big dreams and bright futures are possible for all Hayward students and teachers and that the job of educating the students in our community is not the single responsibility of the schools; it's a combined effort. If you're a business, you want to be able to hire from within the community, but you have to have a pool of qualified people."

Support Hayward students, education, and the community while having a lot of fun. Attend the Great Gatsby Gala and dare to 'Dream Big!' Join the fun on Friday, April 4 at CSU East Bay. Tickets are \$60 each. Visit <http://haywarded-gala.eventbrite.com> or e-mail penny@haywarded.org for tickets and sponsorship options.

Great Gatsby Gala

Friday, Apr 4

5:30 p.m. - 8:30 p.m.

Student Union at Cal State University, East Bay
25800 Carlos Bee Blvd, Hayward

(510) 881-0890

www.HaywardEd.org

<http://haywarded-gala.eventbrite.com>

Tickets: \$60

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NSW Newark Symphonic Winds



Newark Symphonic Winds

Spring Concert

- Newark Memorial High School Theatre 39375 Cedar Blvd.
- March 29, 2014 7:00 - 9:00 PM

FREE ADMISSION!
Donations welcomed



Director *Richard Wong*

Free Spring Concert
presented by the
FREMONT BANK FOUNDATION
Sharing with the Community

Newark Memorial High School Theatre
Saturday, March 29, 2014
7:00 - 9:00 PM

Enjoy an evening of absolutely wonderful symphonic music provided by the Tri-City's own 50 musician symphony - the Newark Symphonic Winds - directed by Richard Wong.

Come listen to 'Jesus Christ Super Star' by Andrew Lloyd Webber, the remarkable blockbuster music of James Horner ('Some Where Out There'), the great jazz arrangements by Sammy Nestico ('It Don't Mean a Thing') and many, many more.

There also will be a special performce by your own - Newark Saxophone Quartet.

Cost of admission is "FREE", no tickets are necessary.

For information, call 510-552-7186 or visit us on the web at newarksymphonic.org



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Apr 11/12 - NO LIMITS BAND "Pop/Dance Favorites"
Apr 18/19 - ATOMIC GROOVE "Modern Disco"

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newarkfremont.hilton.com
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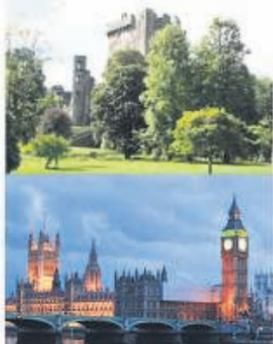
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Join Us For Ching Ming 2014

Saturday, March 29 and Sunday, March 30



All Are Welcome



Ching Ming Traditions

Ching Ming is traditionally held on the 106th day after winter solstice and usually occurs on April 4th or 5th. In today's world of working families, the trip to the cemetery typically occurs between March 15th and April 5th.

For Chinese Immigrant communities, Ching Ming is observed as a traditional cultural ritual rather than a religious practice. Visiting the cemetery is referred to as "hang san" (walking the mountain). A series of activities such as clearing the gravesite of dirt and debris, weeding around the site and placing flowers are together referred to as "sweeping the grave".

A variety of foods may be placed around the gravesite as offerings to the spirit of the deceased. (Eating the food that was offered to the deceased is considered good luck.) Paper money (not real cash) is burned for use in the afterlife, candles are lit, and family members bow and kneel in respect. Families may also set off firecrackers to drive evil spirits away from the gravesite.

While some of the traditions can be quite elaborate, many of today's Asian families make simple offerings consisting of incense, paper money and flowers.

Event Schedule

Saturday, March 29, 2014

- 10:00 a.m. - Chanting & Blessing by Purple Lotus Temple
- 10:30 a.m. - 12:30 p.m. - Free Lunch
- 12:00 p.m. - Lion Dancers

Sunday, March 30, 2014

- 10:00 a.m. - Chanting & Blessing by Chi Sin Buddhist & Taoist Association
- 10:30 a.m. - 12:30 p.m. - Free Lunch
- 12:00 p.m. - Lion Dancers

Free bus pickup available from Oakland.

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Tony Award-Winning Comedy
"Rosencrantz & Guildenstern Are Dead"
 by Tom Stoppard, directed by Ross Arden Harkness
March 21 – April 19



A fabulously inventive tale of Hamlet as told from the worm's-eye view of the bewildered Rosencrantz and Guildenstern, college chums of Hamlet and minor characters in Shakespeare's play. Here, this Shakespearean Laurel and Hardy get a chance to take the lead role, but doing so in a world where reality and illusion intermix and where fate leads our two heroes on an unexpected path.

Broadway West Theatre Company
 4000-B Bay Street in Fremont

For reservations & information, call 510-683-9218, or purchase tickets at www.broadwaywest.org

Performance times are 8 pm on Thursdays, Fridays and Saturdays. There are three Sunday matinees: March 30 and April 6 matinee performances begin with a continental brunch (included in price of ticket) at 12:15 pm, and the show begins at 1 pm. The April 13 performance starts at 1 pm with refreshments during intermission (included in price of ticket).
 Regular ticket prices are \$25 general and \$20 for Students, Seniors and TBA members. Thursday, March 27, April 10 and 17 performances are \$17 for everyone, with a bargain Thursday (no reservations – first come, first seat) held on April 3 - all tickets \$10. Brunch Sunday performances and Opening night are \$25 for everyone. All ticket prices include refreshments.

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This is a juried show for fine art and crafts. The booth fee is \$60.00.

Event held at Regan's Nursery on Decoto Rd., Fremont June 21 and June 22 11:00 am ~ 4:00 pm



Fremont Art Association Gallery
 37697 Niles Blvd. Fremont, CA 94536
www.FremontArtAssociation.org
 510.792.0905
 Open Wednesday
 Sunday, 11:00 a.m. – 5:00 p.m.

Contact Simone Archer
sarcher239@aol.com

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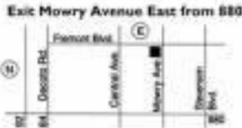
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510-797-5234

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.



Continuing Events

Mondays, Jan 20 thru Apr 7
HR Certification Prep Course
\$R
6 p.m. - 9 p.m.
Learn skills & test prep for Human Resources exam
Western Digital Corporation
44200 Osgood Rd., Fremont
(415) 291-1992 www.nchra.org

Saturday, Jan 25 - Sunday, Apr 13
55" Images of Sea Level Rise
10 a.m. - 5 p.m.
Exhibit details the impact of rising bay waters
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.incredibletravelphotos.com/55inches

Tuesday, Jan 28 - Saturday, Apr 12
Jamaica THEN & Cuba NOW
Mon: 5 p.m. - 10 p.m.
Tues & Thurs: 10 a.m. - 1 p.m.
Sat: 12 noon - 3 p.m.
Images of the Peace Corps
PhotoCentral
1099 E St., Hayward
(510) 881-6721
www.photocentral.org

Saturdays, Feb 1 thru Apr 19
Teen/Senior Computer and Gadget Help
10:30 a.m. - 12:30 p.m.
Teens teach seniors to use electronic devices
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Tuesday, Feb 4 - Thursday, Mar 27
Artist's Guild of the East Bay: Jump into Spring
9 a.m. - 5 p.m.
Local artists display a variety of art mediums
Artist reception Friday, Feb 7
5:30 p.m. - 7:30 p.m.
Hayward City Hall
777 B St., Hayward
(510) 538-2787
hacmail@haywardarts.org

Church of Christ of Fremont

4300 Hansen Ave. Fremont
510-797-3695
www.fremontchurchofchrist.org

Whoever Drinks Of The Water That I Will Give Him Shall Never Thirst; But The Water That I Will Give Him Will Become In Him
A Well Of Water Springing Up To Eternal Life
John 4:14

AA Meetings Every Tues and Thurs Evenings
7:30-9:30pm
In Spanish
In the Fellowship Hall

Services

Sunday: 10:45am and 6pm
Wednesday: 7:30pm

Friday, Feb 7 - Sunday, Apr 6
Children's Book Illustrator's Exhibit
11 a.m. - 5 p.m.
Variety of artist's works on display
Sun Gallery
1015 E St., Hayward
(510) 581-4050
www.sungallery.org

Tuesdays, Feb 25 thru Apr 15
NAMI Peer-to-Peer Education Program - R
3:30 p.m. - 5:30 p.m.
Support for adults with mental health challenges
FUDTA Offices
39350 Civic Center Dr, Fremont
(408) 422-3831
kathrynlum@comcast.net



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Mission San Jose High School
Wednesday 4:00 - 6:15pm & Sunday (Schedule on line)

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A student and educator crusade for change
March 25: "Why Do Bad Things Keep Happening?"
Finding hope...against all odds
April 1: "Friends For Life"
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www.fremontfarmersmarket.com

Kaiser Permanente Fremont Farmers' Market

Thursdays
10 a.m. - 2 p.m.
 Year-round
 39400 Paseo Padre Pkwy., Fremont
 800-949-FARM
www.pcfma.com

Irvington Farmers' Market

Sundays
9 a.m. - 2 p.m.
 Year-round
 Bay Street and Trimboli Way, Fremont
 800-949-FARM
www.pcfma.com

HAYWARD:

Hayward Farmers' Market

Saturdays
9 a.m. - 1 p.m.
 Year-round
 Hayward City Plaza
 777 B. St., Hayward
 1-800-897-FARM
www.agriculturalinstitute.org

St. Rose Hospital Farmers' Market

Tuesdays
12 noon - 4 p.m.
 Year-round
 27200 Calaroga Ave., Hayward
 (510) 264-4139
www.digdeepsca.com

Kaiser Permanente Hayward Farmers' Market

Wednesdays
10 a.m. - 2 p.m.
 Year-round
 27400 Hesperian Blvd., Hayward
 800-949-FARM
www.pcfma.com

South Hayward Glad Tidings

Saturdays
9 a.m. - 3 p.m.
 Year-round
 W. Tennyson Rd. between Tyrell Ave. and Tampa Ave., Hayward
 (510) 783-9377
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers' Market at ICC

Sundays
8 a.m. - 1 p.m.
 Year-round
 India Community Center
 525 Los Coches St.
 800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers' Market

Sundays
9 a.m. - 1 p.m.
 Year-round
 NewPark Mall
 2086 NewPark Mall, Newark
 1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall

Saturdays
9 a.m. - 1 p.m.
 Year-round
 Fairmont and East 14th St., San Leandro
 (925) 465-4690
www.cafarmersmkt.com

UNION CITY:

Kaiser Permanente Union City Farmers' Market

Tuesdays
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 Kaiser Permanente Medical Offices
 3553 Whipple Rd., Union City
 800-949-FARM
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Saturdays
9 a.m. - 1 p.m.
 Year-round
 Old Alvarado Park
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Continuing Events

Sunday, Mar 2 - Friday, Mar 28

"Shared Perceptions"
 1:30 p.m. - 4:00 p.m.
San Lorenzo Adult School art exhibit
 Alameda Historical Museum
 2324 Alameda Ave., Alameda
 (510) 521-1233
www.alamedamuseum.org

Monday, Apr 21-Friday, Apr 25

Spring Break 1-on-1 Tutoring \$R
 4 p.m. - 5 p.m.
Students grades 3 - 6 get help in core subjects
 Register by 3/1/2014
 Fremont Adult School
 4700 Calaveras Ave., Fremont
 (510) 794-2538
 Shootingstarsfoundation123@gmail.com
<http://www.fuss4schools.org>

Monday, Apr 21-Friday, Apr 25

Academic Boot Camp \$R
 5:00 p.m. - 6:00 p.m.
 6:15 p.m. - 7:15 p.m.
 Enrichment for grades 3 - 6
 Register by 3/1/2014
 Fremont Adult School
 4700 Calaveras Ave., Fremont
 (510) 794-2538
 Shootingstarsfoundation123@gmail.com
<http://www.shooting-stars-foundation.org>

Saturdays, Mar 1 - Mar 29

Bridges to Jobs
 9:30 a.m. - 11:30 a.m.
Job interview training class
 Centerville Presbyterian Church
 4360 Central Ave., Fremont
 (510) 299-2223
<http://bridgestojobs.org>

Tuesdays, Mar 4 thru Apr 29

Community Police Academy - R
 6:45 p.m. - 8:45 p.m.
Crime prevention workshop
 Hayward Police Department
 22701 Main St, Hayward
 (510) 293-7151
gale.bleth@hayward.ca.gov

Friday, Mar 8-Saturday, Mar 29

Hotel Escargot \$
 8 p.m.
Off-beat, comedic play
 Sunol Glen School
 11601 Main St., Sunol
 (925) 895-3767
www.sunol.net

Thursday, Mar 20 - Sunday, Mar 30

Much Ado About Nothing \$
 Thurs - Sat: 8 p.m.
 Sun: 2 p.m.
Shakespeare comedy bare-bones style
 Made Up Theatre
 3392 Seldon Ct., Fremont
www.madeuptheatre.com

Thursday, Mar 20 - Saturday, Apr 5

Anything Goes \$
 Thurs & Fri: 7:00 p.m.
 Sat: 2:30 p.m. & 7:00 p.m.
Comedic love triangle
 Irvington High School
 41800 Blacow Rd., Fremont
 (510) 590-7510
www.ihsdrama.com

Thursday, Mar 20 - Sunday, Apr 19

Rosencrantz & Guildenstern Are Dead \$
 Thurs - Sat: 8:00 p.m.
 Sun: 12:15 p.m.
Comedic musing of Hamlet's friends
 Broadway West Theatre Company
 400 B Bay St., Fremont
 (510) 683-9218
www.broadwaywest.org

Saturdays, Mar 22 - May 10

Chinese Folk Songs \$R
 3:30 p.m. - 5:30 p.m.
Learn about a special genre of music
 Ohlone College
 43600 Mission Blvd, Fremont
 (510) 742-2304
<http://ohlone.augusoft.net>

Monday, Mar 24 - Saturday, May 31

Spring Exhibition
 2 p.m. - 5 p.m.
Over 200 pictures from patrons & students
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www.photocentral.org

Monday, Jun 23 - Friday, Jul 31

Ohlone for Kids \$R
 8 a.m.
Summer enrichment program
 Registration begins April 1
 Ohlone College
 43600 Mission Blvd, Fremont
 (510) 742-2304
www.ohloneforkids.com

Thursday, Mar 28 - Sunday, Apr 26

Textile Exhibit
 12 noon - 5 p.m.
Mixed media and fiber art
 Olive Hyde Art Gallery
 123 Washington Blvd., Fremont
 (510) 791-4357
www.olivehydeartguild.org

Monday, Mar 31 - Thursday, May 1

There's Room at the Table for You - \$R
 11:45 a.m.
Free and low-cost lunch program for seniors
 Newark Senior Center
 7401 Enterprise Dr., Newark
 (510) 578-4840

Tuesday, Mar 25

Pinching Pennies: Couponing Workshop
 4 p.m.
Use coupons to maximize savings
 Castro Valley Library
 3600 Norbridge Ave., Castro Valley
 (510) 667-7900
www.aclibrary.org

Saturday, Mar 25

Texas Hold'em Poker Tournament \$
 5:30 p.m.
 Poker, dinner and prizes
 Benefits Athletic Department
 Moreau Catholic High School
 27170 Mission Blvd., Hayward
 (510) 582-1910
www.moreaucatholic.org

Tuesday, Mar 25

"Why Do Bad Things Keep Happening?"
 7 p.m.
Finding hope film and discussion
 Lifetree Café
 4020 Technology Pl., Fremont
 (510) 797-7910
www.Lifetreecafe.com

Wednesday, Mar 26

Contractor's Workshop - R
 10 a.m. - 12 noon
Meet city, county and BART representatives
 Marelich Mechanical
 24041 Amador St., Hayward
 (510) 537-2424
www.hayward.org

Wednesday, Mar 26

Kyoto Textiles and Arts
 10 a.m. - 12 noon
Painted fabrics, ceramics and dye making
 Olive Hyde Art Gallery
 123 Washington Blvd., Fremont
 (510) 791-4357
www.olivehydeartguild.org

Wednesday, Mar 26

The Arc of Alameda County Golf Tournament \$R
 10 a.m.
9-hole scramble for developmentally disabled adults
 Monarch Bay Golf Club
 13800 Monarch Bay Dr, San Leandro
 (510) 357-3569 x2107
www.arcalameda.org

Wednesday, Mar 26

Neighborhood Alert Community Meeting
 7 p.m.
Connect with neighbors for stronger community
 Hayward Police Department
 22701 Main St, Hayward
 (510) 293-7272
gale.bleth@hayward-ca.gov

Thursday, Mar 27

A Taste of Style \$R
 6 p.m. - 9 p.m.
Food, wine, auction and fashion show
 Benefit for St. Rose Hospital
 Castlewood Country Club
 707 Country Club Cir.
 Pleasanton
 (510) 264-4007
www.srhca.org

Thursday, Mar 27

Swingin' at the Rack \$
 7 p.m.
Swing music, dancing and food
 Saddle Rack
 42011 Boscell Rd., Fremont
 (510) 453-3933
www.swingintherack.com

Friday, Mar 28

Friday Night Hang Out!
 6 p.m. - 9 p.m.
Play pool, air hockey and video games
 Ages 12 - 17
 Union City Teen Center
 1200 J St., Union City
 (510) 675-5600
www.UnionCity.org

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Exp. 4/30/14

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The dates for this 5-part series are:

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5/21/14 from 11am - 12:30pm **FREE**

A light lunch and beverages will be served

RSVP at least one week prior to the seminar

RSVP via email to: candy.woodby@aegisliving.com or Via phone: 1-510-739-1515 and ask for Candy



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Friday, Mar 28
American Red Cross Blood Drive – R
8 a.m. - 1 p.m.
Call to schedule an appointment
Use sponsor code: BRYMAN
Bryman College
22336 Main St., Hayward
(800) 733-2767

Friday, Mar 28
Leukemia and Lymphoma Society Event \$
6 p.m.
Food, no-host bar and live Blues music
Smoking Pig BBQ
3340 Mowry Ave., Fremont
(510) 713-1854
<https://www.facebook.com/SmokingPigBBQFremont/events>

Friday, Mar 28
Science Lecture for Kids
4:30 p.m.
For elementary school age kids
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Friday, Mar 28
State of the City Luncheon \$R
11:30 a.m. - 2:00 p.m.
Mayor Bill Harrison speaks
Fremont Marriott
46100 Landing Pkwy., Fremont
(510) 413-3700
www.fremontbusiness.com

Saturday, Mar 29
Movie Night \$
7:30 p.m.
"The Star Boarder" and "The City of Stars"
Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411

Saturday, Mar 29
Holi Garba \$
7:30 p.m. - 11:30 p.m.
Music, food and folk dancing
Milpitas Sports Center
1325 E. Calaveras Blvd., Milpitas
(408) 586-0006
<http://bayvp.org>

Saturday, Mar 29
Women's Hall of Fame Luncheon \$R
12:30 p.m.
Alameda County charity benefiting women and girls
Greek Orthodox Cathedral
4700 Avenue, Oakland
(510) 272-6510
<http://www.acgov.org/cao/halloffame/>

Saturday, Mar 29
Artscape 2014: Art Stroll and Auction \$
6 p.m. - 9 p.m.
Art, music, wine and food
Hayward City Hall
777 B St., Hayward
(510) 208-0410
<https://www.eventbrite.com/e/art-scape-2014-an-arts-stroll-and-auction-tickets-10559705363>

Saturday, Mar 29 - Sunday, Mar 30
Ching Ming Festival
10 a.m. - 12 noon
Blessings, lunch and lion dancers
Chapel of the Chimes
32992 Mission Blvd., Hayward
(510) 431-2423
www.Hayward.ChapeloftheChimes.com

Saturday, Mar 29
Canine Capers - Dog Walk – R
9 a.m. - 11 a.m.
Nature walk with your dog
Ages 8+
Garin Regional Park
1320 Garin Ave., Hayward
(510) 582-2206
www.ebayparks.org

Saturday, Mar 29
Majestic Bald Eagles – R
3:00 p.m. - 4:30 p.m.
View large congregations of birds
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(888) 327-2757
www.ebparks.org

Saturday, Mar 29
Chinese Medicine Day
1 p.m. - 4 p.m.
Health evaluation and acupuncture discussions
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Saturday, Mar 29
"Tell Your Story!" Family Art Workshop
1 p.m. - 3 p.m.
Drawing and cutting techniques create artwork
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Saturday, Mar 29
Fishing in the Bay
10:30 a.m. - 1:30 p.m.
Equipment provided
Ages 6+
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Saturday, Mar 29
Let's Get Ready for Obamacare! – R
11 a.m. - 2 p.m.
Low-cost healthcare eligibility discussion
Parkmont Elementary School
2601 Parkside Dr., Fremont
(510) 303-0853
www.seiu-uhw.org/Obamacare

Saturday, Mar 29
Newark Symphonic Winds Spring Concert
7 p.m. - 9 p.m.
Enjoy contemporary family music
Newark Memorial High School
39375 Cedar Blvd., Newark
(510) 791-0287
www.newarksymphonic.org

Saturday, Mar 29
Electronic Waste Recycling
9 a.m. - 3 p.m.
Drop-off computers and small electronics
St. John the Baptist School
360 S. Abel St., Milpitas
(408) 262-8110

Saturday, Mar 29
Alvarado Walking Tour
11 a.m.
1/2 mile walk covers 43 historical buildings
Alvarado Elementary School
31100 Fredi St., Union City
(510) 471-1039

Saturday, Mar 29
Victorian Table Top Games \$
2 p.m. - 3 p.m.
Play pick-up-sticks, tops and jacks

Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Mar 29
Wax: It's the Bee's Knees! \$
11 a.m. - 12 noon
Make a candle and taste honey
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Mar 29
A Trip Back in Time
10:30 a.m. - 12 noon
Stroll the trail with a docent
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222

Sunday, Mar 30
A Celebration of Fremont \$
7 p.m.
Fremont Symphony Orchestra and Diablo Ballet
Smith Center
43600 Mission Blvd., Fremont
(510) 659-6031
www.smithcenter.com

Sunday, Mar 30
"2 Kings Show" \$
7 p.m.
Tribute to Elvis Presley and Michael Jackson
Newark Pavilion
6430 Thornton Ave., Newark
(408) 887-0691
<http://www.tbapresents.com/san-francisco-shows.htm>

Sunday, Mar 30
Snakes, Stories and Spirals
10:00 a.m. - 12 noon
1:30 p.m. - 3:30 p.m.
Discover reptiles and make a craft
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Sunday, Mar 30
Shark Feeding Frenzy
2 p.m. - 3 p.m.
Kids help feed aquarium animals
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Sunday, Mar 30
Courage \$
4 p.m.
Abhinaya Indian Dance Company performance
India Community Center
525 Los Coches Street, Milpitas
(408) 934-1130
www.abhinaya.org

Sunday, Mar 30
Yarns About Wool \$
11 a.m. - 12 noon
Sheep shearing and yarn spinning
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Monday, Mar 31 - Tuesday, Apr 1
Travel Training Workshop – R
9 a.m. - 12 noon
BART and ACT bus instruction
For seniors and people with disabilities
Fremont Senior Center
40086 Paseo Padre Parkway, Fremont



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Applicants Sought to Fill Vacant Trustee Position

Due to the resignation of one of its trustees, the Ohlone Community College District now has a vacancy on its Board of Trustees for an Area 2* representative.

Applications for appointment to this position are being sought by the Board. Completed applications must be submitted to the Office of the President in Fremont **no later than 4:00 pm on April 16, 2014.**

*Area 2 encompasses the city of Fremont and a few precincts of Union City.



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(510) 574-2053
mhackett@fremont.gov

Monday, Mar 31
American Red Cross Blood Drive – R
10 a.m. - 3 p.m.
Call to schedule an appointment
Use sponsor code: EDENMED
Eden Medical Center
20103 Lake Chabot Road, Castro Valley
(800) 733-2767

Tuesday, Mar 31
Investing in Exchange Traded Funds
7:00 p.m. - 8:30 p.m.
Low cost ways to diversify investments
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Saturday, Apr 5
Citizens for Better Community Celebration \$R
5:30 p.m.
Dinner, programs and entertainment
RSVP required
Hilton Hotel
39900 Balentine Dr., Newark
(510) 790-0740
kjang@cbscfbay.org

Ohlone Humane Society

Declawing your cat... an unkind cut

BY NANCY LYON

Your cat has taken to clawing your new carpet or drapes and you're frustrated that she doesn't seem to get it that this is not acceptable behavior. You're friends have suggested a few solutions including having her declawed by your vet. No big deal right? You been told it's just a simple removal of her claws and problem solved... but not for your cat.

It's a cat's basic nature to claw objects with their front paws. It's believed that this is a way of marking their territory, relieving stress and aiding in the removal of old and worn nail sheaths. It also is an instinctual way of exercising muscles used in hunting. While outdoor cats have an outlet for this inborn pattern using tree trunks and other natural surfaces, indoor cats tend to direct this strong natural impulse toward what is available... furniture, carpets, etc.

This can be frustrating to a guardian and consideration of deterrents that can lead not only to other bad habits, but cause physical and emotional trauma and suffering to their beloved companion and friend.

Before taking a step that will cause your feline friend excruciating pain and could well change her long-term behavior and forever end her trust in you, take time to understand what your decision means to her.

The procedure is often minimized as a "simple" process of removing her claws, while in reality the surgery involves the painful amputation of ten phalanges at the last joint of each of her toes... equivalent to cutting off all your finger tips. Removed are bones, nerve tissue, joint capsule, ligaments, and the extensor and flexor tendons. You are essentially removing part of her foot.

The aim of declawing, or onychectomy, is to remove the entire nail bed and claw by amputation; a permanent solution. Like any surgery, there are risks of anesthetization, excessive bleeding and postoperative complications, including infection, accompanied by severe pain that

may last from several days to much longer unless appropriate analgesia is provided. Post-operative care and the length of time the cat must remain in the veterinary hospital depend on how the surgical procedure is performed and the skill of the surgical team.

Complications from surgery include: excruciating pain, damage to nerves that can cause lifetime distress, hemorrhage, chronic back and joint pain as shoulder, leg, and back muscles weaken. While some people may say "my cat wasn't in pain", the truth is, cats often do not show pain because it is a sign of weakness and vulnerability.

The trauma of declawing can have behavioral and psychological consequences. Suffering can change personalities; previously friendly and social cats can become withdrawn and fearful. Without their natural means of defense, cats can become so stressed that they exhibit aggression. Without their claws, cats have no choice but to fall back on their only remaining means of defense, their teeth, biting when faced with even minor upsets. The continuing stress can also challenge their immune system and lead to health problems.

Cats that have had this natural impulse taken away may stop using their litter box because of the pain associated with scratching in the litter after a declawing procedure. This means they will find a more comfortable place to go such as a soft blanket, carpet, etc., an issue equal to or more challenging than the original scratching problem.

Statistics show that:

50% of cats will come out of the operation with immediate medical

or behavioral complications for 2-3 weeks, and 30% will have complications for the rest of their lives

75% of the cats with litter box aversion and turned into shelters are declawed cats

80% of declawed cats that are surrendered to shelters are euthanized because they have a behavioral problem

70% of cats turned into shelters for behavioral problems are declawed

Many declawed cats surrendered to shelters are relinquished because of behavioral problems that developed after the cats were declawed. An action that may ultimately result in a cat deemed "unadoptable" and ending in euthanasia.

Laws in most European countries explicitly prohibit the practice. In Israel, declawing a cat can result in a fine equivalent to more than \$20,000. Authorities in the U.K., Brazil, Japan, Turkey and Australia also discourage the practice.

Most animal welfare organizations, including OHS, are strongly opposed to declawing cats for the convenience of their guardians. Although banned in some progressive U.S. cities, the practice still thrives in many areas.

Bottom line is declawing is an unnecessary surgery which provides no medical benefit to the cat. Learn how you can easily work with your feline family member to use their claws in a manner that allows everyone in the household to live together happily.

Check out the following humane alternatives to declawing that protect your cat's well-being and your property:

<http://www.humanesociety.org/animals/cats/tips/declawing.html>



Fremont Symphony recognizes young composers

SUBMITTED BY LEE FOSTER

The Fremont Symphony Orchestra's (FSO) 50th Season Celebration! - A Tribute to the history and future of Fremont and the Tri-City area will be held Sunday, March 30th at Ohlone College. This concert, featuring Silent Films, Trains, our Youth, and cultural richness will be preceded on Tuesday, March 28th by continuation of a long tradition of free Children's Concerts, providing an opportunity for several thousand school-age students in the community to hear live symphonic music.

Fourth, fifth and sixth grade students will visit Ohlone College's Epler Gymnasium to hear compositions by local elementary school students, selected from submissions to this year's Young Composer Competition. Also featured will be a guest appearance by one of the winners of FSO's annual Young Artist Competition.

Winners of this year's Young Composers Competition whose compositions will be performed are: Annabelle Ancheta, Ardenwood School, Grade 5; Daniel Xie, Chadbourne School, Grade 6; Shovanne Juang, Green School, Grade 5; Shreya Krishna, Mission San Jose, Grade 6; Edison Forster, Warm Springs, Grade 6; and Lara Panda, Niles, Grade 5.

A highlight of this year's Children Concert program is Musical Visions, a project of the Creative Work Fund to create video clips by over thirty 6th graders of the Fremont Unified School system, edited by well-known videographer Jeremy Knight and arranged for orchestra by Emmy-Award winning composer Jeff Beal. This 8-minute symphonic work celebrates the FSO legacy of inspiring children to be involved in the making of art. The full sixteen-minute presentation will be featured at the full 50th Season Symphonic Celebration on Sunday, March 30 at Smith Center, Ohlone College.

For more information, visit: www.fremontsymphony.org

Newark Symphonic Winds is back with its Free Spring Concert

SUBMITTED BY JIM CARTER

Come and enjoy an evening of delightful symphonic music provided free-of-charge by the Tri-City Area's 40 musician symphony - the Newark Symphonic Winds - directed by Richard Wong.

Listen to wonderfully performed arrangements from James Horner (Theme from Apollo 13, Somewhere Out There), Salute to American Jazz (St. Louis Blues, Birdland, It Don't Mean a Thing), The Music of Disneyland, tunes from Jesus Christ Superstar and many, many more.

There will also be a special performance by the Newark Saxophone Quartet. This FREE (no tickets are necessary) performance is sponsored by the Fremont Bank Foundation. Visit our website: newarksymphonic.org for directions to the theatre.

Newark Symphonic Winds
Saturday, Mar 29
7 p.m. - 9 p.m.

Newark Memorial High School Theatre
39375 Cedar Blvd., Newark
(510) 552-7186
<http://newarksymphonic.org>

Staged reading of Dying City

SUBMITTED BY BOB MILLER

The Douglas Morrisson Theatre (DMT) is excited to announce the sixth production in the 2013-2014 Bare Bones staged reading series: "Dying City" by Christopher Shinn, a provocative, psychological drama about two people who share a tragic legacy.

A year after her husband's death while serving in Iraq, Kelly, a young therapist, is confronted by his identical twin brother, Peter, who barges into her apartment unannounced. Set in the years just after 9/11, "Dying City" deals with profound issues of sexuality and betrayal and provides an unsettling commentary on the unexpected and often unseen consequences of war in our society.

The play will have one performance on Tuesday, April 1st at the Hayward Area Senior Center.

A strong proponent of psychoanalysis, playwright Christopher Shinn follows in the footsteps of other modern soul-searching dramatists such as Ibsen, Chekhov and O'Neill. He believes that confronting the truth, no matter how brutal, is essential for his own psychic well-being; and while his plays are personal stories, they reflect much larger important social and political questions. In an interview in American Theatre magazine, Shinn explains: "My feeling is that the best way to approach the political

is through the psyche, through emotion, through the level at which people live."

"Dying City" had its world premiere in 2006 at the Royal Court Theatre, London, in a production by The English Stage Company. The play was originally produced in the United States in March 2007 by the Lincoln Center Theatre in New York.

Christopher Shinn, the playwright, received his BEA in Dramatic Writing from NYU Tisch. He is the recipient of the Robert Chesley Award in 2002 and an Obie in Playwriting in 2005, and he was a finalist for the Pulitzer Prize in 2008 (for "Dying City").

Director, Katja Rivera hails from Los Angeles and is an actor and director with local credits at Magic Theatre, Shotgun Players, Boxcar Theatre and CustomMade Theatre.

The play contains mature language and subject matter. (Appropriate for ages 16 and up).

Dying City
Tuesday, Apr 1
8 p.m.

Hayward Area Senior Center
(next to Douglas Morrisson Theatre)

22311 N. Third St, Hayward
(510) 881-6777

www.dmtonline.org
Mature language and
subject matter
\$10 open seating

On-line school accepting applications

SUBMITTED BY LEIGH SIMS

California Virtual Academies (CAVA), a full-time, tuition-free on-line public school, is now accepting applications from students in K-12 for the 2014-2015 school year. CAVA students get individualized, effective instruction both online and offline with state-certified teachers and a mastery-based curriculum.

CAVA students work with an Individualized Learning Plan and the schools offer core subjects, electives

and advanced learner programs, as well as frequent opportunities for socialization including clubs, community-based projects, and field trips.

California families are invited to learn more about online education by signing up for in-person and online information sessions being held across the state throughout spring and summer. To find out more, families are encouraged to visit k12.com/cava or contact an enrollment consultant at 866-YOUR-K12.

Friends for Life

SUBMITTED BY CRAIG CABLE

The secrets of lasting friendships will be explored at Lifetree Café on Tuesday, April 1. The program, titled, "Friends for Life: 10 buddies. 38 years. 1 week a year," features the filmed story of a group of guys who have remained friends 20 years after graduation from middle school.

"Our lives have gone lots of directions," says Rodney Stewart, one of the original groups of middle-school buddies. "Marriages, divorces, addictions, the death of family members, successes and failures—we've walked through them together. We have what many people wish they had: longstanding friendships."

Participants in the Lifetree program will have the opportunity to discuss the factors involved in making and keeping friends, as well as the benefits of longtime friendships.

Lifetree Café is a place where people gather for conversa-

tion on life and faith in a casual coffeehouse-type setting.

Friends for Life
Tuesday, Apr 1
7 p.m. - 8 p.m.

4020 Technology Pl, Fremont
(510) 797-7910
info@lifetreecafe.com
Lifetreecafe.com
Free

LIFE CORNERSTONES

For more information
510-494-1999
tricityvoice@aol.com

Birth

Marriage

Obituaries



Fremont Memorial Chapel
(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

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Alice E. Pukelis
RESIDENT FREMONT
February 21, 1922 – March 18, 2014

Donna M. Chiapetto
RESIDENT OF FREMONT
August 14, 1937 – March 20, 2014

Wahid Ali
RESIDENT OF NADI, FIJI ISLANDS
May 30, 1942 – March 20, 2014

Letitia M. Moore
RESIDENT OF NEWARK
November 4, 1935 – March 20, 2014

Ana Lauese
RESIDENT OF FREMONT
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David Chan
RESIDENT OF FREMONT
May 14, 1918 – March 22, 2014



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www.fremontchapeloftheroses.com



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RESIDENT OF FREMONT
January 27, 1932 – March 17, 2014

Sivasampath Kumar Matam
RESIDENT OF BANGALORE, INDIA
June 25, 1952 – March 17, 2014

Douglas C. Campbell
RESIDENT OF FREMONT
May 6, 1939 - March 18, 2014

Angelina S. Mendoza
RESIDENT OF RODEO
December 18, 1923 - March 16, 2014

Patricia A. Oger
RESIDENT OF FREMONT
March 21, 1930 - March 17, 2014

John E. Ellingsen
RESIDENT OF FREMONT
March 11, 1969 - March 18, 2014

Daniel B. Roberto
RESIDENT OF UNION CITY
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Life Cornerstones will acknowledge important events that occur during the cycle of life in our community. In order to give a broad and fair opportunity for all citizens to be recognized, a basic listing is offered at no cost. Such announcements may include births, deaths, marriages, anniversaries, bar/bat mitzvah, Quinceañera, etc. Many cultures celebrate different milestones in life and this list will be as inclusive as possible. Please contact TCV at (510) 494-1999 or emailtricityvoice@aol.com for submissions or further information. Free listings are limited to residents and families of the Greater Tri-City Area.

Letter to the Editor

Senior pedestrians need crossing safety education

I have had two incidents in the last two weeks of senior couples, one Indian and one Chinese, crossing the street at a signal directly in front of my car against the light. I always look both ways before proceeding and had not yet started forward in either event. They paid no attention to what the pedestrian crossing sign indicated.

In both situations, the woman was several steps ahead and did not look left or right. Both times I shouted, "Please wait for the light!" out of sheer frustration and concern for their safety. In both cases, the men stopped, smiled and waved me through. I don't think they knew what I said. The women kept going.

I don't know if the City of Fremont Senior Center presents information to those that frequent the Center on using a pedestrian crossing signal, but it would sure benefit both the pedestrians and our local drivers. We need to help seniors understand for their own safety.

If families have seniors living in their home, please help by showing them how to use the pedestrian crossing buttons and when the crossing signal is showing them it's safe to cross.

Doug Tinney
Fremont

Hayward Neighborhood Alert meeting

SUBMITTED BY GALE BLETH

Learn about Hayward Police Department's new social network, Nextdoor. Nextdoor.com allows users to connect with their neighbors and police departments to build stronger and safer neighborhoods. Come and see what it's all about. You'd be surprised how much information is at your fingertips. We will also review Nixle, Hayward PD website, Facebook and Twitter. Everyone is welcome and please bring a neighbor.

Neighborhood Alert Community Meeting
Wednesday, Mar 26
7 p.m.

Hayward Police Department
North District Office
22701 Main St, Hayward
(510) 293-7151

<http://www.hayward-ca.gov/CITY-GOVERNMENT/DEPARTMENTS/POLICE/>

Newark Police Log

SUBMITTED BY
CMDR MICHAEL CARROLL

Monday, March 10

0723 Hours: Officer Nobby arrested Louis Liu (Fremont) for an outstanding no cite / no bail warrant. Louis located a business card on his front door from a Fremont PD officer who wanted to speak to him regarding an accident investigation. Louis was confused as to which police agency was looking for him so he decided to try the Newark Police Department. Louis arrived at the lobby and learned we were not looking for him. We explained it was Fremont PD that wanted to speak to him. We did provide Louis a free ride to Fremont PD as he had an outstanding Warrant. Louis was transported to Fremont Jail.

Officer Rodgers investigated a stolen vehicle from a residence in the 36600 block of Darvon St. at 4:42 p.m. The owner of the blue 1996 Honda Civic License # 3PIU927 reported his vehicle was stolen from his residence.

Tuesday, March 11

Officer Rodgers documented a stolen vehicle from 36777 Sycamore Street at

6:35 a.m. The vehicle is a Blue 1992 Honda Accord, CA Plate # 4AFL328. The theft occurred between 8:00 p.m. – 6:35 a.m.

Officer Saunders documented a stolen vehicle from a residence in the 8100 block of Thornton Avenue. The vehicle is a Green 1995 Ford Mustang, CA Plate # 6DMP164. The theft occurred between 2200-0800.

Officer Williams investigated a residential burglary in the 36100 block of Indian Wells Drive, which occurred between 9:20 a.m. and 10:20 a.m. Entry was through an unlocked door and the loss was jewelry.

Officer Arroyo responded to the Sears Department Store at 2:46 p.m. for a shoplifter in-custody. Dajanay Jones of Newark was issued a citation for petty theft and released from the scene.

At 8:24 p.m., Officer Revay accepted a Citizen's Arrest of Veronica Aguilar-Gonzalez, (Hayward). She was arrested for petty theft and lying to police about her name. She was issued a citation.

Thursday, March 13

Sergeant Lee was driving by Marv's Liquors at 3:06 p.m. when he noticed Miguel Avila riding his bicycle against traffic. Sergeant Lee contacted Avila and discovered the bicycle was stolen out of Santa Clara. Sergeant Lee arrested Avila for possession of stolen property.

Officer Coffey took a stolen vehicle re-

port from the EZ-8 Motel at 6:47 p.m. The vehicle is described as a black 2010 Toyota Tundra, Idaho Plate # 8BET354.

Officer Lopez took a stolen vehicle report from 6034 Radcliffe Avenue at 5:03 a.m. The theft occurred between 2030-0503 Hours. The vehicle is described as a white Chevrolet Tahoe, CA Plate # 5CNJ944.

Friday, March 14

Officer Khairy handled a citizen's arrest/shoplifting case at the NewPark Mall Macy's Store at 8:08 p.m. Desa Douangmala of Hayward was cited and released for petty theft.

Set Detectives stopped Angelica Hatter of Union City at 9:30 p.m. as she was driving in Fremont. Det. Revay found that she was under the influence of drugs. A search of her purse incident to the arrest, revealed a full checkbook in a "Coach" carrier with another person's name on it. Hatter stated the checkbook belonged to her friend who had accidentally left it in her purse. Not impressed with the story, Sgt. Loth requested an outside assist by Hayward PD to contact the owner of the checkbook.

Turns out the check book was stolen in Fremont from an auto burglary a few weeks ago. Det. Revay arrested Hatter for DUI drugs, under the influence and possession of stolen property. We know from experience that Hatter likes to hide drugs on her body. Hatter repeatedly denied

having any drugs and even volunteered for a strip search. Taking her up on the offer, Sgt. Loth had her transported back and authorized a strip search. While driving to NPD, Hatter admitted to hiding ? ounce of methamphetamine in her bra. She removed it and turned it over to Det. Revay. Still not convinced she was being completely honest, Officer Bloom performed a strip search on Hatter and recovered another ? ounce of methamphetamine from Hatter. Det. Revay booked Hatter into Santa Rita for possession of drugs for sale and transportation of drugs.

0119 Hours: A traffic stop by Officer Hogan on Cedar Blvd. resulted in the arrest of Giovanni Gomez/DOB: 12-21-94 (of Fremont) for possession of metal knuckles and possession of concentrated cannabis. Gomez was booked at Fremont PD Jail.

Officer Slater investigated a domestic violence incident that occurred near the intersection of Newark Blvd./Highway 84 at 2:22 a.m. James Malanado (transient) was arrested and later booked at Santa Rita Jail.

Any person with any information concerning these incidents can contact the non-emergency line at 510-578-4237. Information can also be left anonymously on the "silent witness" hotline at 510-578-4000, extension 500.

Consumers warned of CJ Foodville cookies

SUBMITTED BY ANITA GORE

On March 20, Dr. Ron Chapman, director of the California Department of Public Health (CDPH) and state health officer, warned consumers with wheat allergies not

to eat three varieties of CJ Foodville USA, Inc. cookies: Authentic Bakery Tous les Jours Madeleine; Authentic Bakery Tous les Jours Chocolate Madeleine; Cinnamon Manjoo.

CJ Foodville USA, Inc. of Los Angeles, California, is voluntarily

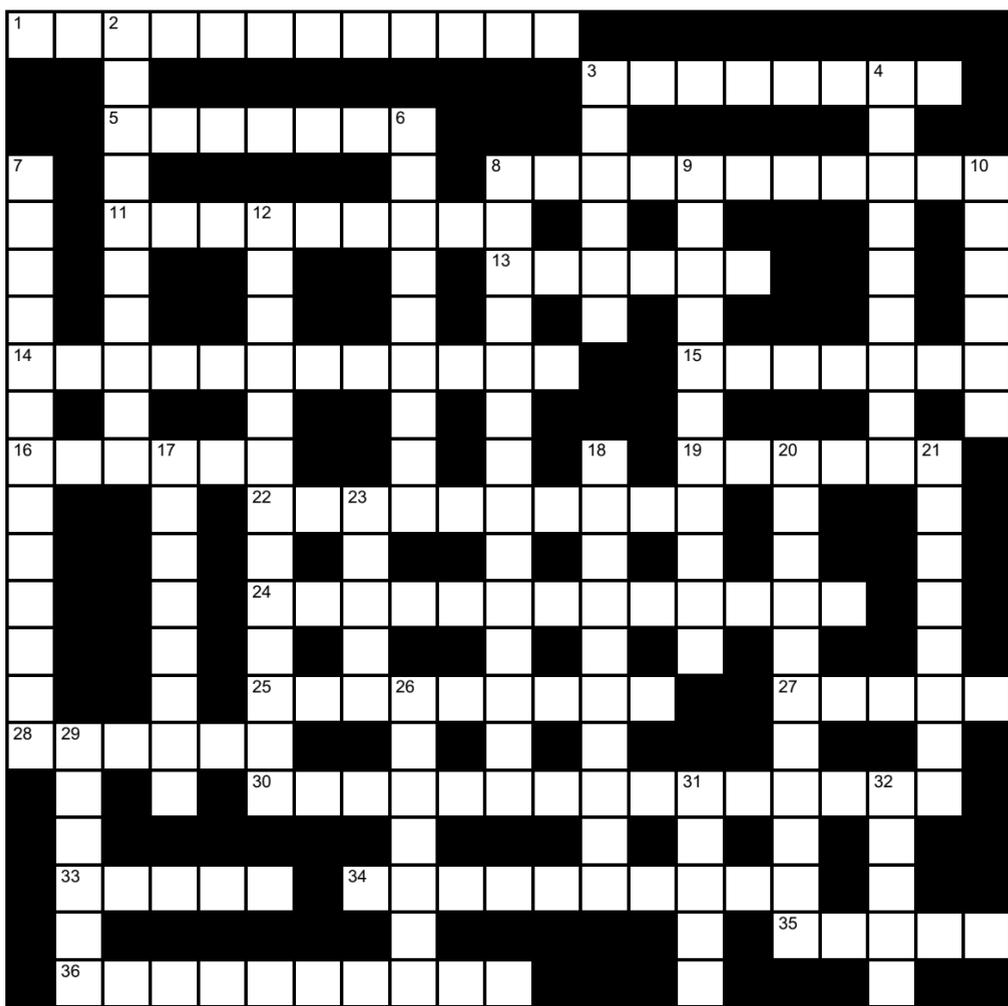
recalling all three because they contain wheat that is not declared on the product labels. The recall was initiated after CDPH identified the labeling omission during a routine inspection of the facility. No illnesses have been reported at this time.

Consumers who have experienced an allergic reaction after consuming any of these products should contact their health care provider. Anyone observing the products being offered for sale is encouraged to call CDPH's toll free complaint line at (800) 495-3232.



Mind Twisters

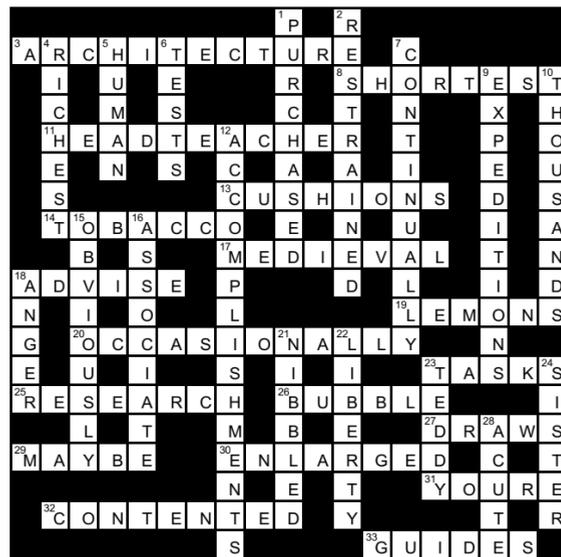
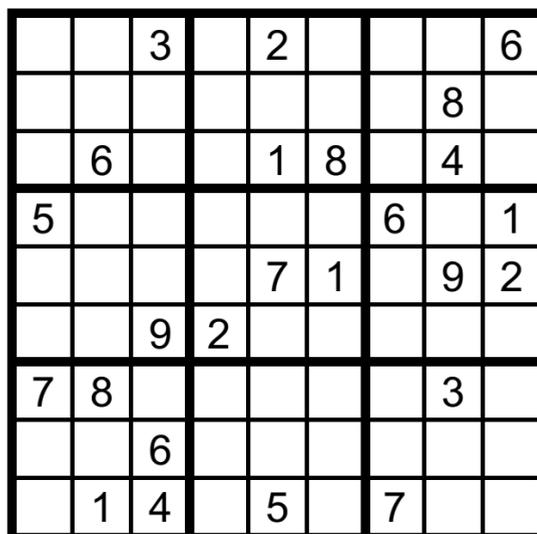
Crossword Puzzle B 258



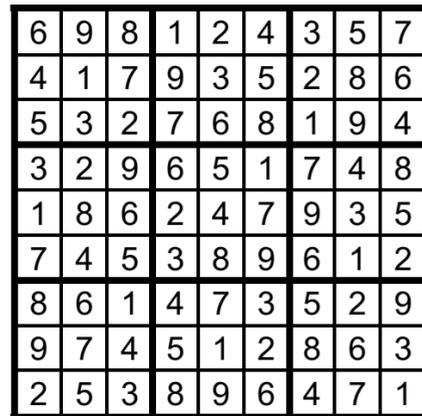
- Across
- 1 Process of giving birth to young ones (12)
 - 3 Lacking firmness or vigor (8)
 - 5 Stretches out, increases in length (7)
 - 8 In the company of (11)
 - 11 Withstood the weight of (9)
 - 13 Length times width times height (6)
 - 14 Insects before transforming to butterflies (12)
 - 15 Bank _____ (7)
 - 16 Gas needed for our respiration (6)
 - 19 High marks (6)
 - 22 Measurement of an object (10)
 - 24 Situations at a particular time (13)
 - 25 People who hear (9)
 - 27 Issue (5)
 - 28 Paragraph of a song (6)
 - 30 Nominated or chosen people who speak for others (15)
 - 33 Candidate's concern (5)
 - 34 One after another (10)
 - 35 Abandon (5)
 - 36 Reinforce, make strong (10)
- Down
- 2 Delightfully, friendly (10)
 - 3 Cleverly (6)
 - 4 Religious minded (9)
 - 6 Object launched into space for learning about planets (9)
 - 7 Reference books with information on events, things (13)
 - 8 Publicity for places, food, events (14)
 - 9 Considering two things with regard to some characteristics (11)
 - 10 Time of day after sun set (6)
 - 12 At right angle (13)
 - 17 Hello, Hi! (8)
 - 18 Marks left by foot (10)
 - 20 Amused someone, exercised hospitality (11)
 - 21 Provisions, raw materials (8)
 - 23 Pre-euro German money (5)
 - 26 Walking from one side to another (7)
 - 29 Is behind (6)
 - 31 "All kidding _____" (5)
 - 32 Our "mother" (5)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



B 257



Tri-City Stargazer MARCH 26 – APRIL 1 2014 BY VIVIAN CAROL

For All Signs: Between March 30th and April 3rd, we will experience one of the challenging windows of this time of squares among the outer planets. The squared arrangement of the outer planets has been occurring periodically since 2011 and will continue into 2015. As the planets closer to the sun cross the already squared territory, there is a strong possibility of a lighted match that will set off problems already lurking around. I want to remind you that Mars is retrograding, so whoever sets things in motion is

doomed to lose, no matter how big they are. Do not attack another at this time. If you are the target, you have the right to defend yourself and likely will win. Goading someone into a confrontation is the same as attacking. You can't trick Mars.

Aries the Ram (March 21-April 20): Watch your temper. The explosion could be in your home territory. Are you seeking independence? Think carefully about the consequences of making demands. It is possible that you are in the center while others all around are readying for a match. If you contain yourself, others will probably misbehave.

Taurus the Bull (April 21-May 20): Love life appears interesting. You have two options. One is someone you would rather avoid. Be honest and as tactful as you can. There is no way to avoid hurting this person's feelings. It isn't your fault, unless you encouraged that one. The other is someone who has returned from the past and that is whom you favor at present.

Gemini the Twins (May 21-June 20): You have a desire to celebrate. The temptation to overspend is strong. Consider what would be fun and interesting that doesn't require a big expenditure. Activities concerning education, publishing, the law, and travel have positive aspects. You are talkative and in an exploring frame of mind.

Cancer the Crab (June 21-July 21): You and your product(s) are on display during this period. Maybe you didn't even intend it, but it is time to be noticed and respected. Any activities that involve the law, publishing, education or travel are favored. You have one issue that is brooding in the back of your mind. Just let it simmer. It will work out.

Leo the Lion (July 22-Aug 22): You may be the pivoting party in a conflict among others. Your position is searching for a fair and just solution for everyone concerned. If you can manage to be even-handed rather than throwing lightning bolts around, you stand a good chance of accomplishing your aim. It is your role to stand for peace.

Virgo the Virgin (August 23-September 22): Love, romance, social and group life is favorable and brings you pleasure. You and a Significant Other may find healing to an old problem that has been unconsciously sabotaging the relationship. Leave blame outside the door. Focus on understanding each other and getting to the bottom of it.

Libra the Scales (September 23-October 22): You have concerns about financial matters. Probably you are stifling your expenditures as much as possible. Meanwhile your love life has turned around and is going smoothly. Another green light is related to your creative work. Just let it fly. Leave the critic in the basement. You can clean up any errors later.

Scorpio the Scorpion (October 23-November 21): This is a week of "nose to the grindstone." You are in a serious frame of mind and feel a need to get things accomplished that began earlier in the year. At this point, if you are to accomplish the task, you must pour on considerable energy and resources. You have a cheerleader in the background. Take heart.

Sagittarius the Archer (November 22-December 21): This is a time in which your exuberance and enthusiasm may carry you farther than you really intended to go. Take care that you don't promise way more than you can deliver. There will be consequences for that. You are talkative and in an exploring

frame of mind. Curb your tendency to be opinionated.

Capricorn the Goat (December 22-January 19): You may be feeling challenged in the pocketbook at this time. You know how to tighten your belt. Do so without a lot of whiney thought and you'll feel better. Meanwhile you have favorable aspects related to education, short distance travel, and improved communications.

Aquarius the Water Bearer (January 20-February 18): Don't allow fear and pessimism to interfere with your pleasure in life. If something is nagging at you, take a clear and direct look at it. Is there really anything there, or have you in-

vented your own worry? The blues may be your companion for a couple of days this week but the cloudy time is short.

Pisces the Fish (February 19-March 20): You are continuing in a very creative mode. Whatever medium you use, it becomes art and is in touch with the Greater Unconscious. It will turn out well. Borrow time from the practical routine in order to accomplish your Opus now, while the Muse is with you. Complete this work by July for best results.

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OPINION



WILLIAM MARSHAK

Spring – flowers and politics

wants to plead a case before a vindictive election winner who can rule any way he or she decides, whether in their right mind or not. Similar in some ways to some other professions that fiercely protect poor behavior, the political shenanigans of those who adjudicate the law are safely ensconced within a closed club that can defy logic whenever they so choose.

Many incumbents, unless pried from safe seats by term limits, simply continue with little scrutiny or challenge. For those who cannot retain their position, the game of musical chairs begins. Public service that began on a limited scale, morphs into a career that relies heavily on perks of office. Political aspirations can overcome constituent considerations; a larger voter base dilutes citizen interest. The only check on this evolution is oppositional scrutiny.

There is an argument to be made for continuity and it cannot be taken lightly. However, longevity and name recognition alone does not guarantee performance. Incumbents are often separated by a widening gulf between their lives and constituent realities. Traveling from event to event, shaking the proper hands under the correct political circumstances may be tedious and tiring, but that “work” is not the best measurement of an effective representative. The result may be a polished image, yet tarnished psyche. How can voters distinguish between candidates? And, if no challengers arise, how can voters

register disapproval if scrutiny reveals unsatisfactory actions?

During the next several months prior to the June Primary election, Tri-City Voice will allow politicians, incumbent and challengers, to express their views and answer questions about their plans, focus and vision. Some candidates enjoy high name recognition and may deserve continued public service, but others who are relatively unknown may have interesting and applicable talents to offer the public sector. A number of propositions and measures are being readied for the ballot as well and we will ask politicians for their thoughts on those too.

This is what elections are all about and we will try our best to give our readers the information to make wise choices.



William Marshak
PUBLISHER

The “nomination period” for the June 3rd Statewide Direct Primary Election is over. Those who have chosen to place their names on the ballot have done so and now, behind-the-scenes maneuvering that has been in play for months will begin to surface. Rhetoric and literature aimed at voters will blossom, asking for their consideration on the ballot.

Some names will not appear; these candidates are unopposed, not subject to voter approval. In many cases, judges are in this category since unless egregious circumstances exist – and even if they do – attorneys are loath to oppose a sitting judge. After all, who

SMASH results in arrests and multiple violations

SUBMITTED BY
SGT ERIC MELENDEZ, HAYWARD PD

On the morning of March 13, 2014, Hayward Police Department initiated a Synchronized Multi-Agency Safe Housing (SMASH) operation at an apartment complex located in the 27000 block of Tyrrell Avenue, in response to numerous community complaints and police calls for service for drug activity, disturbances and blight.

The operations resulted in two arrests for drug-related crimes and a parole violation. Several fire, health and safety code violations were also noted at the location.

The overall mission of this SMASH operation was to foster a safe and secure environment and improve the quality of life for the citizens residing in the area.

The Hayward Police Department District Command Unit and Special Response Unit would like thank the following city and law enforcement partners for their participation in this successful action: Assistant City Attorney Office, Hayward Fire Department, City of Hayward Code Enforcement, Youth & Family Service Bureau, State Parole and Alameda County Probation.

Suspicious activity near Bancroft Middle School

SUBMITTED BY LT RICHARD DeCOSTA, SAN LEANDRO PD

On March 19, at approximately 8:20 a.m., several Bancroft Middle School students were congregating at the Shell Gas Station located at 1285 Bancroft Avenue. About that time, a male adult (suspect) described as a dark skinned male, 50's-60's, wearing a black sweat suit and sunglasses, drove into the gas station and parked his pick-up truck, described as green, possibly a Ford Ranger, at one of the pumps. The suspect got out of his truck and walked into the cashier/convenience store area.

After the suspect exited the store moments later, he walked up to a male student, reached over and grabbed this student by his shoulders. The suspect then pulled the male student towards him, leaned over and attempted to kiss him. The student was able to forcibly push himself away from the suspect at which time the suspect walked back to his truck. The suspect continued to use vulgar language and make lewd comments to all of the students in the general vicinity.

With the help of the gas station attendant and Bancroft Middle School staff, San Leandro Police Department personnel have generated several strong leads in this investigation.

Lieutenant DeCosta said, “This is a great example of the partnership our Department has with citizens who work in the City as well as the School District personnel who wasted no time in reporting this crime. With their assistance, we hope to identify the suspect in this case and maintain the safest possible atmosphere at our schools.”

Please contact the San Leandro Police Department's Criminal Investigations Division with any information regarding this case at 510-577-3230 or contact the Anonymous Tip Line at 510-577-3278.

Citizens can also send an anonymous tip to San Leandro Police Department by texting the word SLPD and their tip to 847411. Anonymous web tips can be submitted from the Police Department's website at <http://www.sanleandro.org/depts/pd/at.asp>

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Results from Bay Area Regional Science Olympiad

SUBMITTED BY BARBARA LITTLE

Green Team

Sponsored by the Bay Area Science League and the California Science League, the Bay Area Science Olympiad held its Regional competition on March 15 at CSU East Bay, Hayward.

Winners for Division B (Middle School) and Division C (High School) from the Bay Area Region will advance to the Northern California (NorCal) Science Olympiad, scheduled for Saturday, April 12 at California State University, Stanislaus, in Turlock.

Rules state just one team from a school site can advance to the NorCal Science Olympiad State Finals. Therefore, Division B teams from Challenger Berryessa (5th place) and Miller Middle School (6th place) will also advance to the State Finals:

Division B - 1st Place: Hopkins Junior High School (Fremont), Green Team
 Division C - 1st Place: Palo Alto High School,

Division B - 2nd Place: Kennedy Middle School (Redwood City), Red Team
 Division C - 2nd Place: Homestead High School (Cupertino), Green Team

Division B - 3rd Place: Hopkins Junior High School (Fremont), Red Team
 Division C - 3rd Place: Mission San Jose High School (Fremont), Green Team

Division B - 4th Place: Kennedy Middle School (Redwood City), Gold Team
 Division C - 4th Place: Amador Valley High School (Pleasanton), Purple Team

Division B - 5th Place: Challenger Berryessa (San Jose), White Team
 Division B - 6th Place: Miller Middle School

Home invasion robbery

SUBMITTED BY LT. HENRY KWONG, MILPITAS PD

On March 17 at 9:25 a.m., Milpitas Police officers responded to a report of a home invasion robbery which had just occurred on the 800 block of Canada Drive. Two officers arrived on scene within three minutes of the call for service and determined the suspects had already fled the area.

Milpitas Police officers contacted the victim and determined she had not been injured. Further investigation revealed four or five unknown race male suspects, one armed with a handgun, entered the residence and stole an undisclosed amount of property from the victim.

Detectives are currently investigating this case. Anyone with any information regarding this case is encouraged to call the Milpitas Police Department at (408) 586-2400. Information can be given anonymously by calling the Crime Tip Hotline at (408) 586-2500 or via the Milpitas Police Department website at: http://www.ci.milpitas.ca.gov/government/police/crime_tip.asp

HOME SALES REPORT

CASTRO VALLEY | TOTAL SALES: 10

Highest \$: 810,000 Median \$: 500,000
 Lowest \$: 403,000 Average \$: 527,800

ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED
18584 Carlton Avenue	94546	610,000	3	1591	1966	02-20-14
20071 Catalina Drive	94546	528,000	3	1306	1950	02-19-14
21600 Knoll Way	94546	444,000	2	1764	1963	02-18-14
4557 Lawrence Drive	94546	595,000	3	1853	1956	02-13-14
4182 Somerset Avenue	94546	403,000	2	1224	1949	02-14-14
2278 Vestal Avenue	94546	430,000	2	1409	1948	02-20-14
22938 Canyon Terrace Drive #494552	94552	438,000	2	1213	1997	02-14-14
6876 Lariat Lane	94552	500,000	4	1875	1986	02-19-14
6889 Lariat Lane	94552	520,000	2	1571	1986	02-20-14
6014 Mt. Olympus Drive	94552	810,000	4	2325	1991	02-20-14

FREMONT | TOTAL SALES: 24

Highest \$: 1,760,000 Median \$: 671,000
 Lowest \$: 139,000 Average \$: 745,667

ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED
37967 2nd Street	94536	435,000	2	1043	1947	02-14-14
1014 Barry Way	94536	895,000	4	2170	1964	02-20-14
3575 Buttonwood Terrace #20694536	94536	412,000	2	981	1985	02-20-14
39 Duarte Avenue	94536	367,500	1	773	1919	02-13-14
606 El Portal Avenue	94536	678,000	3	1407	1955	02-14-14
4045 Marshall Terrace	94536	495,000	2	1228	1986	02-14-14
4831 Mildred Drive	94536	768,500	3	1708	1960	02-13-14
3395 Pinewood Terrace #204	94536	330,000	1	936	1987	02-13-14
54 Viento Drive	94536	850,000	4	2186	1976	02-14-14
4221 Vincente Street	94536	632,500	4	1387	1967	02-13-14
3876 Almond Avenue	94538	139,000	2	703	1953	02-20-14
43303 Castle Park Court	94538	660,000	4	1575	1961	02-18-14
42938 Charleston Way	94538	550,000	4	1151	1958	02-19-14
42914 Everglades Park Drive	94538	689,000	4	1736	1962	02-14-14
4736 Selkirk Street	94538	609,500	4	1302	1959	02-13-14
532 Ficus Terrace	94539	870,000	3	1835	2008	02-14-14
40894 Gaucho Way	94539	1,760,000	5	3456	1990	02-14-14
217 McDuff Avenue	94539	1,060,000	4	1628	1965	02-13-14
169 Merrill Avenue	94539	735,000	3	1234	1962	02-14-14
129 Mission Road	94539	1,700,000	4	3045	2010	02-14-14
40743 Slayton Street	94539	1,348,000	4	2552	1975	02-19-14
48984 Woodgrove Common	94539	671,000	3	1670	2004	02-13-14
4351 Darwin Drive	94555	676,000	4	1476	1972	02-19-14
34320 Gadwall Common	94555	565,000	3	1637	1981	02-18-14

HAYWARD | TOTAL SALES: 24

Highest \$: 700,000 Median \$: 390,000
 Lowest \$: 168,000 Average \$: 415,688

ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED
24696 2nd Street	94541	429,000	2	1232	1931	02-14-14
2330 D Street	94541	260,000	2	1092	1975	02-14-14
553 Lebanon Street	94541	415,000	3	1150	1957	02-20-14
17174 Los Banos Street	94541	320,000	2	802	1949	02-13-14
2326 Morrow Street	94541	582,500	-	-	-	02-18-14
2003 Nina Court	94541	525,500	3	2222	1965	02-14-14
22728 Olive Place	94541	550,000	4	2020	1996	02-13-14
23090 Palazzo Del Kayla	94541	629,500	4	2064	2007	02-14-14
22566 Woodroe Avenue	94541	523,000	3	1552	1954	02-13-14
1243 Highland Boulevard	94542	390,000	-	-	-	02-11-14
382 Berry Avenue	94544	360,000	3	1130	1943	02-14-14
29628 Desert Oak Court #33	94544	168,000	1	531	1985	02-13-14
935 Folsom Avenue	94544	700,000	5	2936	1985	02-19-14
1374 Henderson Lane	94544	283,000	3	1081	1954	02-13-14
1034 Inglewood Street	94544	375,000	3	1217	1952	02-20-14
1316 McBride Lane	94544	405,000	3	1156	1954	02-20-14
31774 Medinah Street	94544	375,000	3	1175	1956	02-19-14
24098 Peking Court	94544	449,000	4	1731	2001	02-19-14
801 St. Bede Lane	94544	211,000	3	1148	1958	02-14-14
29111 Vagabond Lane	94544	390,000	4	1624	1924	02-20-14
26261 Ventura Avenue	94544	350,000	3	1130	1953	02-13-14
29197 Eden Shores Drive	94545	660,000	3	1822	2004	02-20-14
1366 Sangamore Street	94545	450,000	3	1172	1955	02-14-14
21411 Gary Drive #8	94546	176,000	1	624	1961	02-19-14

MILPITAS | TOTAL SALES: 18

Highest \$: 736,000 Median \$: 602,000
 Lowest \$: 286,500 Average \$: 560,944

ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED
445 Alegra Terrace	95035	580,000	3	1547	1992	02-26-14
1257 Glacier Drive	95035	675,000	7	2149	1969	02-26-14
1652 Lee Way	95035	630,500	-	-	-	02-28-14
1656 Lee Way	95035	560,000	-	-	-	02-27-14
1668 Lee Way	95035	605,000	-	-	-	02-28-14
1680 Lee Way	95035	587,500	-	-	-	02-28-14
1684 Lee Way	95035	602,000	-	-	-	02-27-14
1688 Lee Way	95035	629,500	-	-	-	02-28-14
420 Mars Court	95035	286,500	3	995	1956	02-25-14
186 Marylinn Drive	95035	370,000	2	1378	1983	02-28-14
218 Parc Place Drive	95035	457,000	2	1038	2005	02-28-14
1834 Petaluma Court	95035	335,000	3	1150	1971	02-28-14
598 Printy Avenue	95035	697,000	4	1610	1971	02-28-14
646 Printy Avenue	95035	690,000	3	1816	1971	02-27-14
1824 Snell Place	95035	618,000	3	1450	2010	02-28-14
1843 Strawberry Lane	95035	330,000	2	980	1971	02-27-14
88 Sudbury Drive	95035	736,000	3	1484	1978	02-28-14
282 Woodruff Way	95035	708,000	3	1422	1990	02-28-14

NEWARK | TOTAL SALES: 04

Highest \$: 570,000 Median \$: 379,000
 Lowest \$: 367,000 Average \$: 470,250

ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED
6412 Buena Vista Drive #C	94560	367,000	2	1031	1985	02-14-14
6466 Buena Vista Drive #C	94560	379,000	2	1191	1985	02-14-14
39620 Potrero Drive	94560	570,000	3	1388	1993	02-14-14
6335 Smith Avenue	94560	565,000	4	1522	1964	02-19-14

SAN LEANDRO | TOTAL SALES: 09

Highest \$: 577,000 Median \$: 409,000
 Lowest \$: 305,000 Average \$: 404,333

ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED
607 Broadmoor Boulevard	94577	400,000	4	1734	1925	02-19-14
311 Stoakes Avenue	94577	450,000	3	1949	1931	02-13-14
460 West Broadmoor Boulevard	94577	330,000	2	811	1943	02-14-14
606 White Fir Drive	94577	415,000	3	1111	1989	02-20-14
707 Woodland Avenue	94577	577,000	3	1683	1938	02-14-14
2001 166th Avenue	94578	325,000	2	1080	1938	02-14-14
15911 Gramercy Drive	94578	305,000	3	1310	1952	02-19-14
1119 Louise Street	94578	409,000	3	1330	1948	02-20-14
1419 Trojan Avenue	94579	428,000	3	1581	1952	02-20-14

SAN LORENZO | TOTAL SALES: 05

Highest \$: 486,000 Median \$: 455,000
 Lowest \$: 300,000 Average \$: 409,000

ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED
17293 Via Alamitos	94580	460,000	3	1299	1948	02-18-14
1745 Via Lacqua	94580	455,000	3	1352	1955	02-13-14
1631 Via Ventana	94580	486,000	3	1500	1954	02-18-14
191 Via Viento	94580	344,000	3	1077	1951	02-20-14
16066 Via Walter	94580	300,000	3	1238	1955	02-14-14

UNION CITY | TOTAL SALES: 11

Highest \$: 765,000 Median \$: 535,000
 Lowest \$: 169,500 Average \$: 470,864

ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED
34244 Arizona Street #19	94587	535,000	3	1684	1982	02-19-14
2491 Ascot Way	94587	680,000	5	1961	1968	02-19-14
2549 Copa Del Oro Drive	94587	320,000	2	966	1984	02-19-14
4624 Delores Drive	94587	295,000	4	1593	1973	02-13-14
4375 Fellows Street	94587	621,000	3	1385	1986	02-20-14
33031 Garfinkle Street	94587	169,500	3	1420	2004	02-19-14
2676 Great Arbor Way #45	94587	328,000	2	950	1985	02-13-14
4701 Michelle Way	94587	621,000	4	1659	1973	02-20-14
2645 Royal Ann Drive	94587	620,000	4	1550	1973	02-14-14
32781 South Artistry Loop	94587	765,000	3	2104	1998	02-14-14
34843 Starling Drive #4	94587	225,000	2	798	1972	02-19-14

Hayward Police Log

SUBMITTED BY SGT ERIC MELENDEZ, HAYWARD PD

Tuesday, March 11

A robbery occurred at the Starbucks at Mission Blvd and A St. at 11:30 p.m. The victim picked up a stranger in Union City and drove them to the Downtown Hayward BART Station. When they arrived the suspect battered the victim and attempted to take the victim's laptop computer. The suspect fled without taking property. The incident is still under investigation.

Thursday, March 13

Police dispatch received a call at 3:39 a.m. regarding a broken water main and sinkhole in the area of Freitas Dr and Raymond Drive. Officer arrived to find the roadway flooding. The City Water department was called out and shut off the water to the area. Areas of the sidewalk and roadway started to collapse.

An attempted burglary occurred on Janice Ave. at 9:26 a.m. A neighbor called the police when they saw two suspicious males knocking on their neighbor's door and then go into the backyard. Officers responded to the location and chased the suspects as they fled over fences. The suspects were caught and detained on Fairway St near Mission Blvd. The suspects were identified by witnesses and arrested. The homeowner returned and discovered the kitchen window screen had been removed and a hole punched through the window.

A stabbing occurred at a residence in the 600 block of Harris Road at 7:03 p.m. Two family members got into an altercation which led to one person spitting on the other leading the other family member to stab the other in the leg. The victim was transported to a local hospital and the other family member was arrested by the police.

Union City Police Log

SUBMITTED BY UNION CITY PD

Wednesday, March 12

At 11:20 p.m., Officer Persinger recognized a wanted vehicle near T.G.I. Fridays at Union Landing. The vehicle was identified as being involved in an automobile burglary in the City of Fremont. Officer Persinger contacted Mohammed Shahim (Hayward resident) and Ahmad Samadi (Fremont resident) inside the suspect vehicle. Stolen property from several automobile burglaries was recovered during a vehicle search. During questioning Mr. Shahim and Mr. Samadi confessed to committing multiple burglaries in Fremont, Union City, and Hayward. This case is a great example of a good arrest and follow up investigation by all the involved Officers.

Saturday, March 15

Officers Blanchard and Fonseca contacted Cesar Guerrero (Newark resident) at 3:43 a.m. sitting in a stolen vehicle at Walmart. Officers located some illegal oxyodone pills during a search of the stolen vehicle. Mark Shenouda (San Jose resident) was also arrested as he exited the store and returned to the stolen vehicle.

Sunday, March 16

At 8:54 a.m., Officer Figueiredo contacted some subjects sleeping inside of a vehicle at Walmart. Sean Robello (Newark resident) decided to flee on foot shortly after Officer Figueiredo made contact at the vehicle. Mr. Robello began jumping residential fences and attempting to get into residential homes to get away from Officers. A resident on Cortina Way notified Officers when she found Mr. Robello hiding inside her garage. Mr. Robello jumped a few more fences prior to being caught by Officers on Meridian Circle. The good news is that Mr. Robello was polite and he apologized to Officers as they placed him under arrest. Mr. Robello also requested a glass of water shortly after the incident. Apparently all the running and jumping made Mr. Robello thirsty.

At 4:07 p.m., Officers responded to Andersen's bakery to investigate a strong-arm robbery. Suspect Shane Dosange (Union City resident) took an iPad from the victim and ran away from her. The victim chased after and caught up with the suspect. The victim was able to pull her iPad

Friday, March 14

A robbery occurred to a business on the 26000 block of Mission Blvd. at 8:23 p.m. Several subjects who were shoplifting were stopped by loss prevention agents while leaving the store. One suspect threatened the agents with a knife and was able to flee the scene prior to police arrival.

An armed suspect with handgun robbed a victim at the intersection of Jackson St and Silva Ave. at 9 p.m. The suspect took the victim's property and then battered him prior to fleeing in the direction of the rail road tracks.

Sunday, March 16

While patrolling the area of Thunderbird Place an officer observes a suspect cutting through a cyclone fence with bolt cutters at 10:47 a.m. The subject is detained and arrested. The suspect later admits to trying to enter the work yard of the business to try and steal metal for recycling.

A strong arm robbery occurred to a business on the 19000 block of Hesperian Blvd. at 2:58 p.m. Several suspects attempted to steal merchandise and were stopped by loss prevention agents and uniformed security personnel. One suspect punches an employee in the face while another escapes in a vehicle. The suspect flees on foot to an apartment complex which is surrounded. The suspect surrenders and is arrested.

If you have information to report that could help lead to an arrest in this crime/crime activity, please contact police.

out of the suspect's hands. Responding Officers located and arrested suspect Shane Dosange a short distance from the scene of the original incident.

Monday, March 17

At 10:12 p.m., Officer Quintero attempted to stop a vehicle for a minor vehicle code violation. The driver, Elvin Ferrer (Hayward resident), decided to throw four (4) bags of suspected methamphetamine out the window of the vehicle. Mr. Ferrer ultimately pulled over and stopped on Pulaski Drive. Over twenty (20) grams of suspected methamphetamine was thrown out of the vehicle and recovered by Officers. Officers decided to give Mr. Ferrer a break and not issue him a littering citation. Mr. Ferrer was not so lucky on the felony drug charges, and he was taken to a local jail.

Anyone with information on local crime or any of the listed incidents should contact the Investigations Division at 510-675-5247. Those wishing to remain anonymous can contact the tips line by calling 510-675-5207 or email tips@unioncity.org.

Tom Cain Photography Contest Exhibit

SUBMITTED BY CHRIS VALUCKAS

On Thursday, February 13, Union City Leisure Services held a special reception at City Hall hosted by Mayor Carol Dutra Vernaci. This reception honored the winners of the Second Annual Tom Cain Memorial Photo Contest. Tom Cain lived in Union City for most of his life and loved to take pictures; the contest and exhibit was named in his honor.

Environment:
 Night at Lombard by Francis Lee
 Find your Trail by Paul Salemme
 Cliff House by Robert Bowen
 Gateway to Heaven by Sharan Kaur

Animals:
 Thirsty by Amrinder Singh
 My Cat by Danielle Israde
 Pelican in Flight by Dave Howard
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SPORTS

Vikings show strength in tennis

Men's Tennis

SUBMITTED AND PHOTOS BY
MIKE HEIGHTCHEW

The Irvington Vikings tennis team opened its Mission Valley Athletic League (MVAL) season with a great start, beating the Mission San Jose Warriors, one of the strongest teams in the league, 4-0, March 11. They followed the win with another convincing court appearance over a powerful Moreau Catholic team on March 20.

Viking Coach Dan Leon says that the team has a long way to go in this season, but noted, "This is the way we like to start." No one in the league will disagree with that assessment!



Pioneers on a roll

Women's Water Polo

SUBMITTED BY
SCOTT CHISHOLM

March 17, 2014

Cal State East Bay women's water polo extended its season-long win streak to five games following a 15-4 win over Macalester on March 17th at Pioneer Pool. East Bay senior Julia Charlesworth scored three goals in a sibling rivalry game as she paced the Pioneer offense past her older sister and Head Coach of the Scots, Jennie Charlesworth.

"I definitely wanted to go out there and show her that I was just as good as she was (when she played)," said Charlesworth. Older sister Jennie was a Division I player at San Jose State who scored 17 goals during the 1998 season and played Cal State East Bay (formerly CSU Hayward) in her first collegiate contest. "Jennie) was probably the better water polo player, but if we were to play now I think I would give her a tough time."

The younger Charlesworth and company gave Macalester (2-4) a tough time throughout Monday's game as the Pioneers built a 10-1 halftime lead. Taylor Cross scored the opening two

goals of the game and was one of six different Pioneers to score in the opening quarter.

Cal State East Bay has scored 15 or more goals in three straight games and at least 14 goals in four of the team's past five contests. Cross, Charlesworth, Casey Rushforth, Sara Hudyn, and Ka'iliponi McGee each scored multiple times in the victory.

East Bay goalkeeper Marrina Nation made seven saves and shut out Macalester (2-4) during the second quarter as her team built a 10-1 halftime lead. Sarah Shoemaker scored twice in the second half to lead the Scots in the defeat.

March 22, 2014

Cal State East Bay women's water polo won the final two games of its March 22nd triple-header at Chapman University. The Pioneers held host Chapman and Connecticut College to just five goals each in the final two games of the day.

#20 San Diego State 13, Cal State East Bay 4

San Diego State outscored Cal State East Bay 3-1 over each of the first quarters en route to the victory. Ioli Benekou scored two first quarter goals on her way to a game-high five scores. Allison Zell scored the Pioneers opening goal and Casey Rushforth completed a counterattack early in the second quarter pull Cal State

East Bay to within a 3-2 margin. Sara Hudyn scored a pair of second half goals on skip shots from long range to lead the East Bay offense. Cal State East Bay goalkeeper Marrina Nation made seven saves in the loss.

Cal State East Bay 6, Chapman 5

The host Panthers took a 3-0 lead less than four minutes into the game forcing a timeout from East Bay Head Coach Lisa Cooper.

From that point on the Pioneer defense held Chapman to just two goals, one on a 6-on-5 and the other a penalty shot over the final 28 minutes of regulation. Taylor Cross led Cal State East Bay with three goals including the fourth quarter game-winner with 5:01 left in regulation. It was the lone goal of the final frame as teammate Julia Charlesworth found the driving Cross to give the Pioneers their first and only lead of the game. Hudyn scored twice and Michelle Thornbury netted a second quarter goal to round out the Pioneers offense.

Chapman's Emily Holmquist, Kate Avery, and Emily Fong each scored first quarter goals to build an early three-goal lead for the home side.

Cal State East Bay 11, Connecticut College 5

Sara Hudyn and Taylor Cross combined for seven of the team's 11 goals in the win. Goalkeeper Marrina Nation made 12 saves.

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CSUEB splits series following loss

Baseball

SUBMITTED BY
STEVE CONNOLLY

NCAA DII Baseball Final: #1 Cal Poly Pomona 7, Cal State East Bay 2 March 16, 2014

The Cal State East Bay baseball team was defeated 7-2 by visiting Cal Poly Pomona to split the four-game California Collegiate Athletic Association (CCAA) series between the two teams for the second straight year. The Pioneers (14-10) even their conference record at 8-8, while the 11th-ranked Broncos (19-6) improve to 13-6 in CCAA play.

"I thought [Michael] Pope pitched well for us," said head coach Bob Ralston, "but we didn't get any two-out hits with guys on base, and Pomona did. We didn't play our best game offensively or defensively today."

East Bay managed just five hits in the game, as Miravalles and Starnes each finished 2-for-4, and Daniel Carney went 1-for-4. Miravalles ended up going 7-for-17 (.412 avg) in the series. Starnes went 8-for-12 (.667 avg.) with two homers, four RBI, and 15 total bases.

Men's Tennis

Court win for Colts
 SUBMITTED BY LORA OCO

James Logan Colts vs. Newark Memorial Cougars
 Logan wins: 7-0
 March 18, 2014

Singles:
 Rashab Sardana vs. Ishmael Legaspi: 6-0, 6-0
 Bryce Chao vs. Thanh Tran: 6-0, 6-0
 Calvin Kwok vs. Ashuin Pragad: 6-

0, 6-0
 Alvin Gao vs. Josh Miguel: 6-0, 6-0
 Doubles:
 Jefferson Jiang & JC Salamida vs. Juan Carlo Leyua & Paul Whitebord: 6-0, 6-0
 AJ Jiro & Sahil Markanday vs. Dominic Eitzgarald & Juan Juaregui: 6-0, 6-0
 Caleb Kang & Jashan Kahyap vs. Joey Farid & AJ Llamado: 6-0, 6-0

Junior Varsity
 Logan: 6-1

Softball

San Leandro v James Logan

Logan 10, San Leandro 3
 March 18, 2014

San Leandro
 Lopez (L) - P (0+ IP, 2 H, 3 BB, 6 RA, 5 ER, 29 Total Pitches, 11 Strikes, 18Balls)
 Dye - P (6 IP, 10 H, 4 R, 4 ER, K, WP, 55 Total Pitches, 37 Strikes, 18 Balls)

Juarez - C (6 IC, 2 SBA, 1 CS)
 Asabi - 4, R
 C Flores - 0-3, R, BB, ROE, K
 Sligh - 2-4, R, 2 RBI, K
 Dye - 0-3, BB, 2 K
 M Flores 0-2, RBI, SB
 Lopez - 0-1
 Scheider - 0-2, K
 Stange - 0-1, BB, K
 Valenzuela - Gonzalez -? 0-?1, K
 Le - 0-2, BB
 Sanchez - 0-3, K
 RBI: Sligh (2), M Flores

Men's Volleyball

Moreau Catholic vs Mission San Jose

SUBMITTED BY
LEAH MANALO

Moreau wins 3-1
 (25-21, 14-25, 25-16, 25-23)

March 20, 2014
 Moreau Stats:
 D. Legaspi: 11 Kills, 1 Block
 G. Scully: 7 Kills, 2 Aces, 6 Blocks
 K. Rameshabu: 8 Kills, 2 Blocks
 R. Aquino: 3 Kills, 2 Aces, 28 Assists

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Ohlone College Basketball Coach leaves for Loyola Marymount

SUBMITTED BY OHLONE COLLEGE

After 14 years as the full time head men's basketball coach at Ohlone College, John Peterson has resigned and will accept a position as an assistant coach at Loyola Marymount University in Los Angeles, CA. This marks the second time in his career that he has worked as an assistant for new LMU Head Coach Mike Dunlap. Peterson leaves as the second-longest tenured basketball coach in Ohlone history, and as

the longest tenured coach in the Coast Conference North.

"While I am excited about the new challenges that lie ahead, Ohlone is one of the top three jobs in Northern California and that makes it tough to leave. I have been fortunate to work in a great department with tremendous coaches and administrators," says Peterson. "Thanks to former AD Paul Moore and former Ohlone President Floyd Hogue, who took a chance on a guy with no head coaching

experience when they hired me back in 2000, Ohlone has been a phenomenal place for me to grow, as a coach and as a person, and I will miss it dearly."

Peterson leaves Ohlone College as the all-time leader in wins (300), win percentage (300 - 126, 71%), Conference titles (5), winning seasons (14), most wins in a season (28), and 20-win seasons (11). In addition, his teams participated in the playoffs in 13 of his 14 years, including two appearances in the Elite 8, and finished ranked in the top 20 in 13 of his 14 seasons. Most importantly, 93 of his players in the 14 years have moved on to the four-year level.

Chris Warden, Dean of Athletics and Kinesiology, says that Peterson will be difficult to replace. "JP is an exceptional coach, one of the finest. We knew this day would come because it's hard to hang on to this kind of talent. We wish him all the best in his future."



Curling, not just for your hair

SUBMITTED BY SF BAY AREA CURLING CLUB

You have seen it on Olympics coverage and wanted to get in on the action, especially the crazy clothes! Now, you have your chance to join the world of Curling at Sharks Ice in Fremont. This is a group of folks that are serious about a sport but a lot of fun on and off the ice. See what it's all about at family-friendly Learn-to-Curl events to introduce you to the sport of curling in a fun and informative 2-hour session by the SF Bay Area Curling Club.

Fremont: Thursday, April 3 - 7:30-9:45 p.m.

Fremont: Thursday, April 10 - 7:30-9:45 p.m.

Adults: \$20, Juniors (21 and under): \$15

Registration is now open. Visit www.bayareacurling.com for more information



Holy Spirit Spartans bring home first-ever championship

Men's Basketball

SUBMITTED AND PHOTOS BY DEBBIE JOHNSTONE

On March 8, 2014, the Holy Spirit 5N-1 Spartans, affectionately known as the "Mighty Eight", became the first MVAL (Mission Valley Athletic League) National basketball team to ever win the coveted CYO - National Invitational Tournament of Champions for the 5th grade, held in Brentwood, CA.

The Mighty Eight faced fierce and superb competition from SAC League (St. Leander) and East Diablo League (St. Perpetua & St. Monica) teams to win the Championship.

Final score - Holy Spirit Spartans 32 & St. Monica 25!

The 5N-1 Spartans - Timothy Ochoa, Joseph LaFontaine, Adam Kostecka, Cole Dixon, Louis Bennett, Logan Greer, Tarun Parappagoudar and Jake Johnstone - have been playing

together in the Holy Spirit CYO basketball program from the third grade.

Holy Spirit Coaches Rob Paglieri (Head Coach), Tom Greer (Lead Assistant Coach), Louis Bennett (Assistant Coach), Ken Dixon (Assistant Coach) and Athletic Director Alex Radich are extremely proud of this group's accomplishment.

Congratulations to the Holy Spirit "Mighty Eight" on a job well done!



A new beginning for Historic Alvarado



BY FRANK ADDIEGO

The grand opening of Ola's Exotic Coffee and Tea on the corner of Smith and Watkins ushered in a new beginning for Union City's Alvarado District, now known as Historic Alvarado. The new coffee shop—part of a small chain which specializes in imports from Nigeria, Ethiopia and other parts of Africa—will take the place of Paddy's coffee shop a popular gathering place in the Loyola Building.

Lending itself to the historic aspect of Alvarado, on the other side of Smith Street, is the Union City Historical Museum, open Thursdays, Fridays and Saturdays, the post office and Old Alvarado Park. "It's kind of a place where you go when you want to find something more unique," said Union City Economic Development Coordinator Gloria Ortega, "It's a place for people to come, eat, play, take yoga classes... good stuff."

Plans to transform the Old Alvarado District into a historic destination, similar to Niles in Fremont, became official during a February 11, 2014 city council meeting when the council voted to rename the district "Historic Alvarado" and adopt a new logo and signage for the area. Director of Economic and Community Development Joan Malloy says that improvements to the area are likely to begin near the end of the year.

"We kind of fit perfectly into the plan," said Ola Robert Hassan, President and CEO of the franchise. "Our coffee is going to put the city on the map." Hassan, along with store manager Annette Ludtke, plan to use upstairs space to house the corporate office of the chain and add a brewery on the premises. There are also plans for live jazz music and poetry readings.

"We enjoyed Union City coming by and saying hello to us," said Ola's staff member Hector Esquivel. He added that business has been strong.

"It's about time," said Juan Lecaros, owner of Comics and Figure Addicts, located next door to the coffee shop, "This area's needed that foot traffic." Ola's has been met with enthusiasm from local businesses, especially those in the same shopping center, such as Chloe Urban Chic Boutique, where a member of the staff said, "Hopefully they can extend themselves to the community as Paddy's did."

Union City Vice Mayor Lorrin Ellis said, "I think it's great that we're able to bring back to our district a place where people can have coffee and gather after Paddy's." During the March 11 council meeting, Ellis and Councilmember Emily Duncan shared thoughts on the kinds of businesses they wanted to see in the area including antique stores and an ice cream shop.

Spring is here track & field competition begins

Track & Field

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The Irvington Vikings track team and its coaching staff are preparing for a successful season. Distance Coach David Thompson says his team has added a lot of "fresh talent" to their arsenal of athletes, now with 170 students. They plan to give perennial Mission Valley Athletic League (MVAL) powerhouse Newark Memorial

Cougars and James Logan Colts a "run for their money."

An early indicator of this new era was evident as the Vikings and American High School Eagles met for their first match of the year. Viking runners dominated in men's races, both varsity and freshman/sophomore divisions; the Lady Eagles showed they were poised for power as they bested the Lady Vikings.

It will be an interesting and competitive season throughout the MVAL this year!



COMMUNITY BULLETIN BOARD

**10 lines/\$10/ 10 Weeks
\$50/Year**

510-494-1999 tricityvoice@aol.com

Shout out to your community

Our readers can post information including:

- Activities**
- Announcements**
- For sale**
- Garage sales**
- Group meetings**
- Lost and found**

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online.

TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

Payment is for one posting only. Any change will be considered a new posting and incur a new fee.

The "NO" List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

Fremont Area Writers

Want to write?
Meet other writers?
Join us from 2-4 p.m. every fourth Saturday except July and December.
Rm. 223 at DeVry University, 6600 Dumbarton Circle, Fremont
Call Carol at (510) 565-0619
www.cwc-fremontareawriters.org

Help with Math & Reading

You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child.
Contact 510-797-2703
dia_aarp_4486@yahoo.com

Rotary Club of Niles
We meet Thursdays at 12:15 p.m.
Washington Hospital West
2500 Mowry Ave.
Conrad Anderson Auditorium, Fremont
www.nilesrotary.org
(510) 739-1000

Daughters of the American Revolution Ohlone Chapter
Visit our meetings. We have activities promoting historic preservation, education & patriotism 1st Sat of each mo.
Sept - May - 10 am-12 p
Centerville Presbyterian Church
4360 Central Ave, Fremont

Rotary Club of Fremont
We meet Wednesday at 12:15 p.m.
at Spin-a-Yarn Restuaruant
45915 Warm Springs Blvd.
Fremont, 510-656-9141
Service through Fun
<http://the/fremontrotaryclub.org>
Please come visit our club
We wlcome new members

Friendship Force of San Francisco Bay Area
Experience a country and its culture with local hosts and promote global goodwill. Clubs in 56 countries. Visit Australia in Feb. Host French in Sept.
Monthly programs & socials.
www.ffsfa.org
www.thefriendshipforce.org
Call 510-794-6844 or 793-0857

KIWANIS CLUB OF FREMONT
We meet Tuesdays at 7:00 a.m.
Fremont/Newark Hilton
39900 Balentine Drive, Newark
www.kiwanisfremont.org
Contact Elise Balgley at (510) 693-4524

Dawn Breakers Lions Club
Our Motto is: WE SERVE
Meetings -1st & 3rd Thursdays
6:45am-8am
El Patio Restaurant
37311 Fremont, Blvd., Fremont
We welcome Men & Women with desire to serve our community
510-371-4065 for Free Brochure

Afro-American Cultural & Historical Society, Inc.
Meetings: Third Saturday 5:30pm in member homes
Call: 510-793-8181 for location
Email: contact@aachisi.com
See web for Speical Events
www.aachis.com
We welcome all new members
Celebrating 40th anniversary

Docents Needed Museum of Local History
190 Anza Street, Fremont
Learn about Fremont's local history Docent training first Sat. each month Beginning March - 10 am -12noon
Call Patricia Schaffarczyk 510-677-8461
pathikes@yahoo.com

The League of Women Voters invites you to visit our website at www.lwvfnuc.org
You'll find valuable information about your community and voter issues. Keep up to date & learn about our Tri-City area monthly programs. Our programs are non-partisan and free to the public.

NARFE National Assoc of Active and Retired Federal Employees
Meet 4th Friday of Month
Fremont Senior Center
Central Park @ Noon
All current or retired Federal Employees are welcome.
Call Ellen 510-656-7973

Interested in Portuguese Culture and Traditions?
PFSA (Portuguese Fraternal Society of America)
Promotes youth scholarships, community charities, and cultural events. All are welcome.
Contact 510-483-7676
www.mypfsa.org

Mission Trails Mustangs
Mustang & Ford Enthusiast
Meets 1st Fri of the Month 7pm at Suju's
3602 Thornton, Fremont
missiontrailsmustang.org
or call 510-493-1559
We do Car Shows and other social activities monthly

AARP Newark Meetings
Newark Senior Center
7401 Enterprise Drive., Newark
last Monday of each month at 10:00 am. All seniors (50+) are welcome to attend
Contact 510-402-8318
<http://aarp-newark-california-webs.com/>

The Union City Historical Museum
3841 Smith St. Union City
Open Thurs.-Sat 10am-4pm
Visit our Museum. You'll find valuable information about our community, past history and current happenings.
www.unioncitymuseum.com
Call Myrlla 510-378-6376

Unity of Fremont
A Positive Path for Spiritual Living
12:30 pm Sunday Service
1351 Driscoll Rd
(at Christian Science Church), Fremont
510-797-5234
www.unityoffremont.org
"The Church of the Daily Word"

Holy Trinity Lutheran Church
Caring, Sharing, Serving God
38801 Blacow Rd., Fremont
Sun Worship:8:45am 11:00am
Child-care provided.Education for all ages: 10:00am.
Nacho Sunday: First Sunday of every month. (510)793-6285
www.holytrinityfremont.org

Bring Your Heart to Hospice Hold a hand, lend an ear, be a hospice volunteer.
Vitas Innovative Hospice Care
Call Alicia Schwemer at 408/964/6800 or
Visit Vitas.com/Volunteers

Tri-City Volunteers Food Bank
Invigorate your spirit & volunteer. Drop ins welcome
Mon - Fri. Work off your Traffic violation by giving back to the community in need.
Students 14 years & older welcome.
Email Erin: ewright@tri-Cityvolunteer.org

Become the speaker & leader you want to be Citizens for Better Communicators (CBC) Toastmasters
Guests and Visitors welcome
Saturdays 10:15am
Unitek College Room 141
4580 Auto Mall Pkwy., Fremont
510-862-0893

Help with Home Repairs from Alameda County
No cost or favorable, low interest loans are available for home remodeling for qualified homeowners in Fremont, Union City, Sunol and Newark. Call (510)670-5399 for an application and more information.
<http://www.acgov.org/cda/nps/>

Messiah Lutheran Church
Church Service - Sunday 10 a.m.
Bible Study - Sunday 9 a.m.
Sunday School 2nd & 4th Sunday each month @ 11:15am and community events
25400 Hesperian Blvd., Hayward
Phone: (510) 782-6727
www.MessiahHayward.org

SAVE (Safe Alternatives to Violent Environments) Domestic Violence Support Group (Drop In & FREE)
Tuesday & Thursday at 1900 Mowry (4th floor in the conference room) 6:45-8:45 pm & Friday 9:15-11:00 am.
510574-2262
Hotline 510-794-6055

SparkPoint Financial Services
FREE financial services and coaching for low-income people who want to improve their finances.
SparkPoint Info Session
3rd Thursday, 6-7pm
City of Fremont
Family Resource Center
To reserve a seat: 574-2020
Fremont.gov/SparkPointFRC

Troubled by someone's drinking? Help is Here!
Al-Anon/Alateen Family Groups
A no cost program of support for people suffering from effects of alcoholism in a friend or loved one. Call 276-2270 for meeting information
email: Easyduz@gmail.com
www.ncwsa.org
You are not alone.

FREE AIRPLANE RIDES FOR KIDS AGES 8-17
Young Eagles
Hayward Airport
various Saturdays
www.vaa29.org
Please call with questions (510) 703-1466
youngeagles29@aol.com

SAVE (Safe Alternatives to Violent Environments) FREE Restraining Order Clinic (Domestic Violence)
Tues. Hayward Police 1-4 pm
Wed. Fremont Police 9 am - 1 pm
Thurs. San Leandro Police 9 am - noon
Office (510) 574-2250
24/7 Hotline (510) 794-6055
www.save-dv.org

Maitri Immigration Program
Free Assistance and Referrals for Domestic Violence Survivors.
Provide Services in Hindi, Punjabi, Bangla, Tamil and many other South Asian languages.
Crisis line: 888-8-Maitri
Please call for screening.

Tri-City Ecology Center
Your local environmental leader!
Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects.
www.tricityecology.org
Office open Thursdays, 11am-2pm
3375 Country Dr., Fremont
510-783-6222

Candidate's Forum Congressional District 17 Senate District 10
February 1st at Berryess Branch of SJ Public Library
6pm-8pm
Sponsored by the Berryessa North San Jose Democratic Club. For more info
BNSJDemocrats@yahoo.com

Hayward Demos Democratic Club
Monthly meetings-learn about current issues from experts, speak with officials.
Annual special events such as Fall Festival, Pot-lucks and more
Meetings open to all registered Democrats. For information
www.haywarddemos.org

New DimensionChorus Men's 4 Part Vocal Harmony In the "Barbershop" style
Thursdays at 7pm
Calvary Luther Church
12500 Via Magdalena
SanLorenzo
Contact: ncchorus@yahoo.com
510-332-2489

50th Year Class Reunion Washington High School Class of 64' & Friends
September 26 & 27, 2014
Spin A Yarn Steakhouse,Fremont
Contact Joan Martin Graham
billjoan3@pacbell.net

FREE QUALITY TAX PREPARATION
\$52,000 or less household income
Other restrictions may apply
Fremont Family Resource Center
39155 Liberty St, Fremont, CA
Open: Jan 22 - Apr 14, 2014
Mon & Wed: 4 pm - 8 pm
Friday: 10 am - 1 pm
Closed 2/17/14 - President's Day
Call 510-574-2020 for more info

FREE QUALITY TAX PREPARATION
By IRS-Certified Tax Preparers
\$52,000 or less household income
Other restrictions may apply
Saturdays: Feb 1 to Mar 15, 2014
10 am - 2 pm (Closed Mar 8th)
At Newark Library
6300 Civic Terrace Avenue
Newark, CA 94560
Call 510-574-2020 for more info

FREE QUALITY TAX PREPARATION
Certified Volunteer Tax Preparers
\$52,000 or less household income
Other restrictions may apply
Saturdays: Feb 1 to Apr 5, 2014
10 am - 2 pm (Closed Mar 8th)
At Union City Library
34007 Alvarado-Niles Road
Union City, CA 94587
Call 510-574-2020 for more info

FREE QUALITY TAX PREPARATION
By IRS-Certified Tax Preparers
\$52,000 or less household income
Other restrictions may apply
Saturdays: Feb 1 to Apr 5, 2014
10 am - 2 pm (Closed Mar 8th)
At Holly Community Center
31600 Alvarado-Niles Road
Union City, CA 94587
Call 510-574-2020 for more info

COMMUNITY BULLETIN BOARD

510-494-1999 tricityvoice@aol.com

<p>Holy Week & Easter Holy Trinity Lutheran Church 38801 Blacow Rd., Fremont Easter Breakfast between services 10:30am FREE Easter Egg Hunt Please Join us! All are Welcomed! For info on Palm Sunday and Holy Week services: www.holytrinityfremont.org or 510-793-6285</p>		<p>American Cancer Society Relay for Life of Fremont www.relayforlife.org/fremontca Honoring cancer survivors, promoting healthy living & raising money to help end cancer. Meetings 6:30pm 3rd Tuesday at Anderson Auditorium Washington West, 2500 Mowry ashley.clemens@cancer.org</p>	<p>Fair Trade Festival South Hayward Parish Sat. May 10 -10am-3pm Proceeds to directly to SHP FOOD PANTRY. Enjoy FT coffees, teas, chocolates. Support Fair Trade. Help farmers, workers and artisans. W-Hills Outreach Center 27287 Patrick Ave., Hayward (Across from Weekes Library)</p>	<p>FAA ~ EVENTS Art in the Garden, Artists Call 4/13 - G. Rankin Art Showcase 6/28, 29-Art in the Garden 9/22 Fine Art Show, Receiving Check on-line for ongoing classes, art shows & events www.fremontartassociation.org 37697 Niles Blvd. 510.792.0905</p>
<p>Walk to Cure Arthritis Saturday, May 10th at LifeStyle RX 1119 E. Stanley Blvd., Livermore Registration 8:00 a.m. Walk 10:00 a.m. 1 or 3 mile options, Tailgate Extravaganza, Raffle Prizes, Refreshments, Kids Activities, www.TriValleyArthritisWalk.org or Call (800) 464-6240</p>	<p>Sport's Card Show Saturday, April 12 10am-4pm Hayward Veterans Bldg. 22737 Main St., Hayward The American Legion If you want to take part call Edward Castillo 510-348-7771 email: ercastillo@yahoo.com</p>	<p>Besaro's Spring Boutique Saturday, April 26 9am-3pm 4141 Deep Creek Rd., Fremont Besaro Mobile Home Park Besaro Social Hall Snack Bar will be open Come join the fun! Spread the Word! 510-894-2150</p>	<p>Mission San Jose High Booster Club Annual Crab & Pasta Feed-All you can Eat - Public Invited Sat. March 8 6pm-10pm Mission SJ High Main Gym 41717 Palm Ave., Fremont Tickets \$45 msjhsrabfeed@hotmail.com Proceeds: Athletics, & Arts</p>	<p>City of Newark 50+ Senior Softball League Players Needed Open Games Mondays & Wednesday Nights Practice starts 3/10/14 @ 5p.m. Season runs 4/7/14 - 6/3/14 Sign-up @ Newark Silliman Center 6800 Mowry Ave., Newark (510) 578-4668</p>

Enroll now for San Leandro Unified First 5 Summer Pre-K Program

SUBMITTED BY
ROBIN MICHEL

San Leandro Unified School District announced today that registration for the District's popular Summer Pre-Kindergarten (Pre-K) Program is now underway. This high quality five week developmentally appropriate program is offered to families at no cost and is a wonderful opportunity to help prepare your child for school.

Sponsored by First 5 Alameda County, the summer Pre-K programs are designed to provide transitional early childhood experiences for children who have not attended preschool and who will enter kindergarten in the fall. Class size is limited to 18 students, taught by two teachers, one a credentialed kindergarten teacher and the second teacher, at minimum, a preschool teacher with 24 early childhood education units. At least one of the two teachers must be bilingual.

The curriculum is developmentally appropriate, with attention paid to the basic building blocks of school readiness: self-care and motor skills, self-regulation, and self-expression. Classrooms are arranged for children to learn through play—with plenty of opportunities to interact with their peers or engage in rich learning activities, “read” a book, or spend time in relaxing centers alone with their imaginations. Fine and gross motor skills activities. All students receive a daily snack.

“This five week program gives an important boost to the language development of our incoming kindergarteners,” said Dr. Rosanna Mucetti, Assistant Superintendent, Educational Services. “And the bilingual component is critical for our English learners and their families.”

The program also includes weekly parent education workshops on a variety of topics, such as school readiness, health and nutrition, and literacy. Parents also get an opportunity to join

their children on field trips and celebrate the transition from pre-kindergarten at the end of the 5 week program.

“This school readiness program is a proven winner,” said Sonal Patel, Director of Teaching, Learning and Educational Equity. “By having such a high quality and positive first school experience, children enter the classroom ready to learn. We are grateful for our strong partnership with First 5 Alameda County, and its commitment to early education and smooth transitions into the kindergarten classroom.”

The SLUSD First 5 Summer Pre-K Program is open to all incoming kindergarteners in the District and will run June 23 through July 24 9 a.m. to 12 p.m., Monday through Friday, at Jefferson Elementary School, located at 14300 Bancroft Avenue, San Leandro.

For more information, please call program coordinator Robin Michel at (510) 667-6208.

TAKES FROM SILICON VALLEY EAST



About Takes From Silicon Valley East
TheDailyBeast called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancing business here.
To subscribe to all blog posts scan this QR Code or visit ThinkSiliconValley.com/silicon-valley-east

The Latest from the Retail Runway – Five Trends Shaping How We Shop

BY KELLY KLINE, ECONOMIC DEVELOPMENT DIRECTOR

When the retail industry convenes, we're there. Last week, the International Council of Shopping Centers (ICSC) held its Northern California "Idea Exchange" in Monterey. Retailers, developers, and real estate brokers came together to discuss trends, and more importantly, to do deals in real time. We'd like to share five important trends that will shape our future retail environment.

1. The Bay Area market is hot, and "Class A" space is at a premium. In fact, some industry watchers say quality space is dwindling faster than our water supply! Fremont is no exception – all of our Class A space is basically full, which provides a great launch pad to talk about our retail pipeline, including the active Downtown Project on Capitol Avenue. There is also great buzz about the new ownership of Pacific Commons and the plans that property manager, Vestar, has in store for the center.

2. Online shopping and showrooms are here to stay. – Retailers such as Best Buy are transforming retail stores into a customer experience instead of a point-of-sale transaction. This allows for the downsizing of existing retail stores to more of a "showroom" format. Customers can "click" to find items online and validate the item at a brick-and-mortar store before purchasing - taking a more hands-on approach. This reflects an omni-channel (multi-point contact) approach to retail. At the same time, products like the Tesla Model S are now considered to be a lifestyle product and are being sold in retail stores so customers can interact with the cars in a showroom setting.

3. Restaurants perform better when located near public transportation. How much better? Try 30-50 percent better, according to Craig Semmelmeier from Main Street Properties. The reason why might be different from what you'd expect. It's attributable to the ability of restaurant staff to get to their jobs. And, as an added bonus, the "village environment" often found near transit stations allows for longer hours of operation. We're sure this is heartening to Stegner Development, which is building a new retail project on Osgood Road, just blocks away from the new Warm Springs BART station.

4. Eating habits have changed, and restaurants are picking up the slack. Thank the Food Network for creating a cottage industry of food critics, ready to unleash themselves on their local diner! There is greater desire to eat out at every social strata, and increasingly, food choices reflect different lifestyles. Take, for example, Farm Burger which combines grass-fed beef with a game of bocce ball. It was also noted that noodles and pizza are starting to out-pace burgers in the quick-casual dining segment. (We can't wait for "Pieology" to open in Fremont!)

5. Independents will survive, especially in categories that allow for service and curation. We all know that the drones are coming with our latest purchase from Amazon. However, don't write off your local bookstore just yet. There is that pesky little problem of deciding what to read, and that's where local purveyors can help. Whether it's a toy store that wraps your gift the same day as the party, the shoe store that can actually fit your foot, or the bike shop that houses a brew pub, independents are more creative than ever.

The next stop for ICSC will be at the Fremont Marriott on April 10th for the "Alliance" program, which will feature an overview of approved Retail Projects throughout the Bay Area. Registration is now open!

Contest celebrates creative and critical thinking

SUBMITTED BY LAUREN LOWERY

To celebrate creative and critical thinking in classrooms across the country, Mentoring Minds announced today the launch of the 2014 "Real Classrooms. Real Results" contest. The competition, to be held on Facebook, will offer more than \$15,000 in prizes and is open to K-12 principals, administrators and educators in the United States.

"Helping teachers help students build critical thinking skills is at the core of everything we do at Mentoring Minds," said CEO Robert Bush. "We created 'Real Classrooms. Real Results™' to celebrate and learn more about the ways that schools and districts are integrating this 21st-century skill into teaching and learning. In addition, the social media aspect allows them to share their successes with their school communities as

they strive to earn the most votes for their submissions."

Educators should visit RealClassroomsRealResults.com to get contest information. The contest opens on March 17 and first-round entries (essays) must be submitted via Facebook.com/mentoringminds between March 17 and April 17. Video submissions from the notified finalists will be accepted from April 21 until May 9. Voting is open to anyone on Facebook.

Mentoring Minds will announce the grand prize winner on May 12. In addition to the \$10,000 grand prize, the entrant with the second highest number of votes will win \$3,000 and the entrant with the third highest number of votes will win \$1,500. Each of the remaining finalists will receive a \$250 gift card. For more information and to enter, visit RealClassroomsRealResults.com.

Veteran Resource Fair

SUBMITTED BY
MICHAEL L. EMERSON

State Senator Ellen Corbett and AMVETS were present at a Veterans Resource Fair held in Hayward at the Veterans Memorial Building on March 22 to help answer questions about medical, pension, education, and other veteran related needs and services. AMVETS Hayward Post 911 is open to any honorably discharged veteran from any era and any time of service.

SAVE appoints Executive Director

SUBMITTED BY SAFE ALTERNATIVES TO
VIOLENT ENVIRONMENTS

Nina Clymer has been appointed as Executive Director of Safe Alternatives to Violent Environments effective March 18, 2014. She has over 20 years of experience in both the non-profit and for-profit sectors in the field of healthcare, including development and executive oversight of domestic violence and human sex trafficking programs, and women's health consulting. Nina's education includes an MBA from Santa Clara University, a BS in Nursing from Northeastern University, and a Coaching Certificate from the Fielding Institute.

Susan Schiller has served as Interim Executive Director since last fall.



Kid Scoop .com THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE

Find us on Facebook

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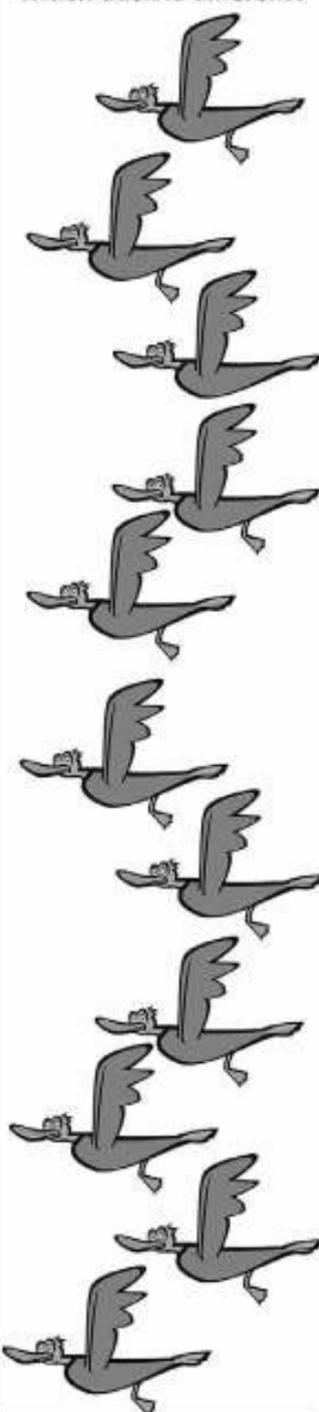
Kid Scoop Together
Flight Basics

Have you ever noticed that the wings of birds and planes are curved?



Because of the curve, air rushing over the top of the wing has farther to go than the air under the wing, so it moves faster. Faster-moving air has a lower pressure, so the wing is lifted by the higher air pressure below.

Which duck is different?



Standards Link: Visual Discrimination: Find similarities and differences in common objects.

THE ADVENTURE OF FLIGHT

Long before there were airplanes, people dreamed of flying. Courageous dreamers like the Wright Brothers made the dream a reality.



The first pilots were always testing the limits of speed, distance and altitude.

One pilot also challenged the role of women. Her name was Amelia Earhart.

When Amelia was a young woman, it was not considered "ladylike" to become a pilot. Very few women had ever learned to fly. But Amelia was raised to be her own person and to follow her heart.

In 1920, she paid \$1 for a 10-minute ride in an airplane. "As soon as I left the ground," she wrote later, "I knew I myself had to fly." Little did she know that she would become one of the world's most famous pilots.

Standards Link: Reading Comprehension: Textual reading: Genre: Biography.



Transatlantic Trip

Amelia Earhart set many flying records. As a crew member of the Friendship Flight in 1928, she was the first woman ever to fly across the Atlantic.

Four years later, Amelia flew her own plane across the vast Atlantic Ocean alone.

Where did she land? Follow these instructions and use the map to find out.

Take off from Newfoundland. Travel 2 spaces east. Move 1 space north. Fly east 2 spaces and land safely on the island in the lower left side of that space. Where are you?

ANSWER: Ireland

Standards Link: History/Social Science: Students use map skills to determine location.



Help this plane find its way through the stormy sky.

A Capitol Idea

Amelia Earhart and First Lady Eleanor Roosevelt once left a dinner party and took a night flight above Washington, D.C. — in their evening gowns!

The Earhart Mystery

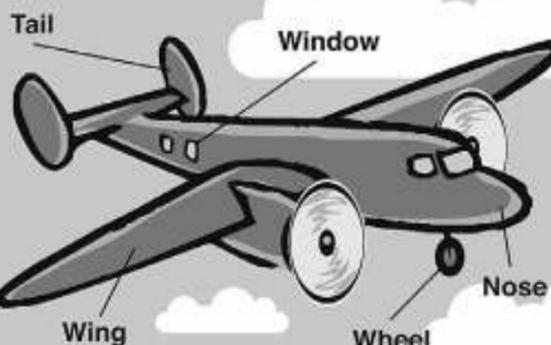
Amelia wanted to be the first person to fly around the world. In 1937, she took off from Oakland, California.

Near the end of her journey, all contact was lost and Amelia Earhart was never heard from again. Some say she crashed. Others think she landed on a South Pacific island and stayed there the rest of her life.

The story of her disappearance remains a mystery. But it is the story of her life that inspires others to great courage. She blazed new trails in flying, shaping advancements in flight that we enjoy today.

Standards Link: History/Social Science: Students understand the contributions of famous Americans.

Find something in today's newspaper that rhymes with each of these airplane parts:



Standards Link: Phonemic Awareness; Recognize and produce rhyming words.

Crazy Cockpit

Find eight silly things that don't belong in this airplane's cockpit.



Standards Link: Visual discrimination; Classifying objects by common characteristics.

Extra! Extra!

Read the three biggest news stories on Page One of the newspaper. Is each story a new news event or a continuing one? What do you think will happen next? Do you think any will be in the history books years from now?

Standards Link: Reading Comprehension.

Double Double Word Search

- ATLANTIC
- CREW
- PILOT
- EARHART
- BLAZED
- PLANE
- ISLAND
- SPEED
- TAIL
- LAND
- FLYING
- ALONE
- FLIGHT
- YEARS

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.



Standards Link: Letter sequencing; Recognized identical words; Skim and scan reading; Recall spelling patterns.

Kid Scoop VOCABULARY BUILDERS

COURAGEOUS

The adjective **courageous** means brave and spirited.

Flying alone is a very **courageous** action.

Try to use the word **courageous** in a sentence today when talking with your friends and family members.

FROM THE Kid Scoop LESSON LIBRARY

A Tribute to Courage

Amelia Earhart said, "Honor is the foundation of courage." Look through the newspaper for someone you think is both honorable and courageous. Write a letter to the editor recognizing the person for these traits.

Standards Link: Writing Applications: Students write formal letters and descriptive narratives.



What eight-letter word starts with g-a-s?

ANSWER: GASP

Write On!

A Woman I Admire

Who is the woman you most admire? Explain why.

Are you a writer?

Do you like to write about interesting topics? Are you a whiz with words and like to share your thoughts with others? Can you find something fascinating about lots of things around you?

If so, maybe writing for the Tri-City Voice is in your future. We are looking for disciplined writers and reporters who will accept an assignment and weave an interesting and accurate story that readers will enjoy.

Applicants must be proficient in the English language (spelling and grammar) and possess the ability to work within deadlines.

If you are interested, submit a writing sample of at least 500 words along with a resume to tricityvoice@aol.com or fax to (510) 796-2462.

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Fremont City Council

March 18, 2014

Consent:

Appropriate WW funds for purchase and installation of synthetic turf at Karl Nordvik Community Park. Approve plans, specifications and contract for \$2,261,347.88 with McGuire and Hester, Inc; \$424,515 to FieldTurf USA and \$435,543 to PWC8577.

Approve summary vacation of portions of Cedar Street and Bryant Street and public easement at 295 Cedar Street.

Approve extension of moratorium on E-Cigarette retail stores and lounges, vapor bars for an additional 22 months, 15 days (maximum total duration of 2 years).

Ceremonial:

Honor California District 14 Big League All-Star team that reached the final competition in the Western Regional All-Star Big League Tournament.

Other Business:

Presentation by Assemblymember Bob Wieckowski on previous and new session of State Legislature. Budget process has



Honor California District 14 Big League All-Star team that reached the final competition in the Western Regional All-Star Big League Tournament.



Presentation by Assemblymember Bob Wieckowski on previous and new session of State Legislature.

begun. State working on drought relief, Infrastructure Financing District (IFD) proposal to replace

Redevelopment, funding for affordable housing through refinancing document fee.

Public Communications:

John Smith for League of Women Voters: Sunshine Week (March 16-22) to promote transparency in government, Y vote contest for high school students at www.lwvfnuc.org

Scheduled Items:

Housing Element annual review: Public Comment of forming a commission to investigate why the City, although ahead of many others, has not produced a high percentage of low and very

low income housing (In 7 years, only 14% of its goal).

Council Referrals:

Appoint Lila Bringham to East Bay Regional Park District Liaison Committee; Laura Winter to George W. Patterson House Advisory Board; Joseph Smith and Felix Lechner to Library Advisory Commission

Mayor Bill Harrison	Aye
Vice Mayor Vinnie Bacon	Aye
Anu Natarajan	Aye
Suzanne Lee Chan	Aye
Raj Salwan	Aye

Milpitas City Council Meeting

March 18, 2014

Presentation:

Recognize corporate sponsors of the 60th anniversary gala and events.

Public Hearing:

Introduce ordinance to define electronic smoking devices and head/smoke/tobacco shops. Introduce ordinance to regulate electronic smoking devices.

New Business:

Receive staff report regarding utility rate increases and impacts from regional wastewater plant program and regional water supply shortage with a recommendation to raise sewer rates by 14.5% during fiscal year 2014-15.

Consent:

Approve mayor's appointment to the veteran's commission

Receive report of fiscal year 2013-14 public art projects

Adopt ordinance updating the development impact fee

Adopt a resolution annexing certain real property into community facilities, approve a subdivision improvement agreement for Tri-Pointe Homes, Inc

Adopt a resolution authorizing city manager to award and execute a construction contract with Suarez & Munoz Construction, Inc. for Pinewood Park Improve-

ments and authorize Director of Public Works to negotiate and execute orders to change contact

Adopt a resolution authorizing purchase of fire equipment through contract with Municipal Emergency Services, Inc. in an amount not to exceed \$96,000 for the first year and subject to appropriation in subsequent years

Adopt a resolution awarding and approving contract with Alpha Analytical Labs, Inc. for bacteriological laboratory analysis services and authorize the purchasing agent to execute up to four annual renewal options for a total amount not to exceed \$111,900.

Adopt a resolution awarding and approving a contract with Eurofins Eaton Analytical, Inc. for unregulated contaminant monitoring Rule 3 and other laboratory analysis services and authorizing the purchasing agent to exercise up to four annual renewal options for a total five year amount not-to-exceed \$59,000.

Approve the Consultant Agreement with Bartle Wells Associates for the Financial Utility Master Plan update in an amount not to exceed \$41,040

Mayor José Esteves:	Aye
Vice Mayor Althea Polanski:	Aye
Debbie Indihar Giordano:	Aye
Armando Gomez:	Aye
Carmen Montano:	Aye

UNION CITY MAYOR CALLS FOR massage therapy LEGISLATION

SUBMITTED BY RHEA SERRAN

In Sacramento on March 10, the Legislature's joint hearing of the Assembly Business, Professions and Consumer Protection Committee and Senate Business, Professions and Economic Development Committee examined SB 731 (Oropeza), legislation enacted in 2008 that created a voluntary certification process through a nonprofit organization for massage professionals. This legislation sunsets on January 1, 2015 and the City of Union City is advocating that the law is replaced with new legislation that enables cities throughout California to apply reasonable land use regulations and public safety enforcement to all of our businesses, including massage establishments.

SB 731 has an unintended consequence that has resulted in proliferation of establishments offering illicit services, many of which are also fronts for human trafficking. In Union City, the number of massage establishments has grown significantly since SB 731 took effect.

Union City Mayor Dutra-Vernaci issued the following statement: "We stand with the League of California Cities and the California Police Chiefs Association to strongly support the sunset of the failed experiment of SB 731. We need the nonprofit organization, the California Massage Therapy Council, to be replaced with a state agency that is responsible for certifying massage therapy businesses and their employees so that these business owners become liable when illicit activity occurs in their establishments. It's time to restore the authority cities lost under SB 731 so that we can apply reasonable land use regulations and public safety enforcement to all of our businesses."

VACANCY NOTICE: Senior Citizen Standing Advisory Committee

Pursuant to California Government Code, Section 54974, notice is hereby given that vacancies have occurred on the Senior Citizen Standing Advisory Committee of the City of Newark.

The Senior Citizen Standing Advisory Committee researches senior citizen needs in the City of Newark and identifies those needs which require assistance. The Committee makes recommendations to the City Council and provides information which they feel is pertinent to the well being of Newark's senior citizens. The Committee meets at 9:15 a.m. on the last Monday of most months at the Newark Senior Center located at 7401 Enterprise Drive, Newark.

Persons interested in serving on the Senior Citizen Standing Advisory Committee are invited to apply. Applicants are required to be a senior citizen (55 or older), a Newark resident, and a registered voter of the City of Newark.

Application forms are available in the Office of the City Clerk, 37101 Newark Boulevard, 5th Floor, at the Senior Center, 7401 Enterprise Drive, on the city website www.newark.org or by calling (510) 578-4266. Committee members are appointed by the Mayor, with confirmation by the City Council.

Applications must be received in the City Clerk's office before 5 p.m. on Wednesday, April 2, 2014.

Sheila Harrington, City Clerk
Dated: March 17, 2014

Remembering Sierra LaMar

By JOE GOLD

Sierra LaMar was a vivacious and popular cheerleader at Fremont's Washington High. On a warm Sunday morning, the day marking two years after she went missing from Morgan Hill, over 100 friends, families of those who knew her, teachers and school staff gathered to remember.

They gathered near a tree where cheerleaders—like their friend Sierra—practiced and synchronized moves. Here, at her favorite spot, the school dedicated a custom-built octagonal bench surrounding the tree. It was a sober event. Teens were subdued, voices mostly hushed as they remembered and shed a few tears.

"When Sierra left Washington High School, she left bonds," said Helen Paris, Washington High director of student affairs at a brief ceremony. "We couldn't find a better spot than under the cheerleading tree."

Tom Malpede, a Fremont construction company owner who also knew Sierra, personally crafted the bench from Golden State Lumber's donated materials. During a moment of silence for the missing student and all missing children, ceremonial balloons in Washington High's orange and black lifted a veil from the dedication plaque inscribed:

In Loving Memory of Sierra

Sit with me here quietly, you'll never be alone. We wait to see you smile again, and have our Husky Home.

Dedicated to Sierra LaMar and the memory of all missing children.

3-16-2014

What happened to Sierra LaMar on March 16, 2012, is still unclear. She left her mother's house in Morgan Hill that Friday about 7:15 a.m. to catch a school bus. The driver never saw her that day and Sierra never made it to Sobrato High School, where she had transferred five months before from Washington.

In the first days, Santa Clara deputies found her cell phone at the side of the road, and a few blocks from that was her backpack with neatly packed clothing. The FBI joined the case within the week.

Sierra's parents, Steve W. LaMar of Fremont and Marline LaMar of Morgan Hill, chose to go public about their missing daughter in the hope it might bring forth a clue. They appeared on NBC's Today Show a week after Sierra disappeared, and made themselves available for comment to Bay Area television outlets. Family, friends



Photo courtesy of Nitra Foreman



Red converse: Photo by Joe Gold

At the bench dedication at Washington High, many wore red canvas Converse sneakers, which were Sierra's favorite, and are now an icon for the continuing search for the missing teen who, if she is still alive, would be 17 and a high school senior.

Cheerleaders tree: Photo by Joe Gold

2009 and for the kidnap and murder of Sierra LaMar in 2012. The prosecutor reported finding the girl's DNA in Torres' car and on his clothing.

Only last month on February 13, some 21 months after his arrest, Garcia-Torres entered his plea: Not guilty. Santa Clara County Superior Court Judge Thang Nguyen Barrett is due to set a trial date on April 18.

At the bench dedication at Washington High, many wore red canvas Converse sneakers, which were Sierra's favorite, and are now an icon for the continuing search for the missing teen who, if she is still alive, would be 17 and a high school senior.

and supporters maintained Sierra could still be alive, and some 500 teams of volunteers have literally beat the bushes every weekend in Santa Clara County parks and streams, searching for any new sign of the missing girl.

Supporters set up a reward for information, created findsierralamar.com and a Find Sierra LaMar page on Facebook. Posters went up on telephone poles, light standards, around the South Bay, and were even approved on BART trains. The Klaas Foundation, set up in Petaluma after the notorious 1993 abduction and murder of Polly Klass to help find missing children,

contributes funds and organization to the effort to find Sierra.

On May 21, 2012, exactly 66 days after Sierra disappeared, Santa Clara Sheriff's Deputies arrested Antolin Garcia-Torres, then 20 years old and a former supermarket worker. He was charged with kidnapping and murder. With neither a body nor a crime scene to prove there even was a murder, Torres' attorney refused to enter a plea at repeated hearings.

Then, in February, nearly two years after his arrest, a Santa Clara County grand jury indicted Garcia-Torres for three counts of carjacking attacks on women in

THEATRE REVIEW

By JULIE GRABOWSKI
PHOTOS BY
CHRISTIAN PIZZIRANI

"Uncertainty is the normal state. You're nobody special," The Player assures the bewildered title characters in Tom Stoppard's Tony Award-winning comedy "Rosencrantz & Guildenstern Are Dead." Called "equal parts Hope and Crosby and Abbot and Costello, Marx Brothers and Monty Python" by Broadway West director Ross Arden Harkness, the play is a backdoor look at "Hamlet" coupled with the existential anxieties, confusion of memory and duty, choice versus fate, and the meaning of death that plagues the leading characters.

Pulled from their minor roles in Shakespeare's famous tragedy, spun into leading men, and thrust into the spotlight of comedy, Rosencrantz and Guildenstern have been summoned by the king and queen to discover the cause of their old friend Hamlet's madness. Along the way they meet a down-on-their-luck troupe of traveling players desperate for an audience. While not the choicest of entertainment, they are later retained by Hamlet to perform a too-close-for-comfort story that mirrors the horrifying chain of events that has led the royal family to where they are. After the play's disastrous results, Rosencrantz and Guildenstern find themselves aboard a boat escorting Hamlet to Eng-

'Rosencrantz & Guildenstern' delivers a date with fate

land, which also carries the stow-away players. Caught between other's plans and still plagued by uncertainty as to their roles, the two find themselves facing an unexpected, but inevitable end.



The play has been updated from its roots; Rosencrantz and Guildenstern exchange traditional Elizabethan garb for saddle shoes, vests, and pork pie hats (then fezzes and captain's hats and back to the pork pies). So what exactly is the setting and time period you ask? "None of Your Damn Business!" declares the program notes. The set is a vague chamber decorated in earth-tone panels covered with text from "Hamlet," and undergoes no alterations until the end of the play when it gets a ship's helm and some cargo barrels.

Other modern touches come in musical form: the '70s ballad "Sometimes When We Touch"

plays during an embrace between Hamlet and Ophelia, and a brief pirate encounter spurs the "Pirates of the Caribbean" theme music. Hamlet attempts to placate the pirates with the offer of a credit card,

and a little gold statue emerges after The Players' unexpected death scene. While the updating doesn't harm the tenor of the play, the choices feel disjointed and too airy, leaving the audience as lost and rootless as Rosencrantz and Guildenstern themselves.

Despite wonderful language and wordplay, unevenly matched title characters and a pale supporting cast make this clever and fantastically fun play more of a drag than a delight. In what is perhaps a nod to the gender swapping performers of Shakespeare's day, two women take on the main roles. The quick talking Doll Piccotto carries most of the language luggage as Guildenstern

As The Player, leader of the traveling Tragedians, Lucas is dynamic and commanding with every turn on the stage. He handles Stoppard's language with a deliciously engaging delivery and is a hilarious bolt of electric energy.

and does a fine job, authoritative and settled in her character's questions and confusion. But counterpart Angie Higgins' insistent buffoonery as Rosencrantz comes off as trying too hard and feels unnatural and uncomfortable, wearing thin very quickly.

Then enter Mr. James Lucas, unarguably the powerhouse and lifeblood of the play. As The Player, leader of the traveling Tragedians, Lucas is dynamic and commanding with every turn on the stage. He handles Stoppard's language with a deliciously engaging delivery and is a hilarious bolt of electric energy.

"What was it all for?" laments Rosencrantz as the story reaches its end. You might find yourself asking the same thing when experiencing this unique play, but it's

best to just let it wash over you and take the peaks and valleys of the comedy as they come. As The Player says, "Relax. Respond. That's what people do. You can't go through life questioning your situation at every turn."

"Rosencrantz & Guildenstern Are Dead" runs through April 19 and includes three Sunday matinees. March 30 and April 6 performances begin with a continental brunch at 12:15 p.m. and the show begins at 1 p.m.; the April 13 performance starts at 1 p.m. with refreshments during intermission (all refreshments are included in ticket price).

Tickets are \$25 general and \$20 for students, seniors and TBA members. Thursday, March 27, April 10, and 17 performances are \$17 for everyone, with a bargain Thursday on April 3 with all tickets \$10 (no reservations – first come, first seat). Brunch Sunday performances are \$25 for everyone. For reservations and information, call (510) 683-9218, or purchase tickets at www.broadwaywest.org.

Rosencrantz & Guildenstern Are Dead
Friday, Mar 21 -
Saturday, Apr 19
8 p.m., Sunday
matinees at 1 p.m.
Broadway West Theatre
Company
4000-B Bay St, Fremont
(510) 683-9218
www.broadwaywest.org
Tickets \$10 - \$25

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A fantasy adventure for children

PHOTO BY
TERRY SULLIVAN

Young James escapes from his dreary life with Aunts Spiker and Sponge, meets a magical stranger with a bag filled with mysterious crocodile tongues, has an unexpected accident, grows the largest peach in the world, climbs into a hole in the side of the giant fruit and is greeted by Centipede, Spider, Earthworm, Grasshopper, Glowworm and Ladybug. Join James and his insect friends as they embark on a wildly enchanting and magical journey – an epic adventure on a flying giant peach they'll never forget.

The Douglas Morrison Theatre (DMT) continues its 2013-2014 season with "James & the Giant Peach," Roald Dahl's fantasy adventure for children dramatized by Richard R. George. Directed by Dawn Monique Williams, the play features an ensemble of local performers:

Janelle Aguirre, Jordan Battle, Rebecca Fox, Don Hardwick, Amir Hasan, Travis Himebaugh, Carlos Joachin, Danny Martin, Joe Metheny, and Belgica Rodriguez.

DMT is excited to launch its pilot children's theatre program with this production. Following extensive outreach to the Hayward-Castro Valley-San Lorenzo school districts, response from local educators has been tremendous. On April 1-3, "James & the Giant Peach" will play to over 800 third and fourth graders for special school performances. April 4-6, performances will be open to the general public.

"James & the Giant Peach" is based on the much-loved 1961 classic children's novel by master storyteller Roald Dahl, author of "Charlie and the Chocolate Factory." In 1996, following the book's great success, Disney made the story into an animated film. DMT's production features Richard George's dramatic adap-

tation, which preserves the wonderfully rich characterizations of Dahl's original story.

Meet some of James' live friends from Sulphur Creek Nature Center in our lobby before the 2 p.m. matinee on Saturday, April 5.

Reservations are required for all school performances. For information, please contact cplo@dmtonline.org.

Tickets are \$10 - \$15 with discounts available for seniors, students, TBA, KQED members, and groups (10+). Visit www.dmtonline.org and enter promo code "peaches" for a 2-for-1 discount.

James & the Giant Peach (School Performances)

Tuesday, Apr 1 –
Thursday, Apr 3
9 a.m. and 11 a.m.
University Theatre
Cal State East Bay
25800 Carlos Bee Blvd,
Hayward
(510) 881-6777



cplo@dmtonline.org
Reservations required

James & the Giant Peach
(Public Performances)
Friday, Apr 4 – Sunday, Apr 6
Apr 4: 8 p.m.
Apr 5: 2 p.m. and 8 p.m.

Apr 6: 2 p.m.
University Theatre
Cal State East Bay
25800 Carlos Bee Blvd,
Hayward
(510) 881-6777
www.dmtonline.org
Tickets: \$10 - \$15

Watercolor painting demonstration

SUBMITTED BY
AVANTHI KANMATAREDDY

Join the Fremont Art Association at its gallery during the monthly general meeting on Wednesday, April 2 for a free watercolor painting demonstration by artist Mike Bailey. His works are held in private

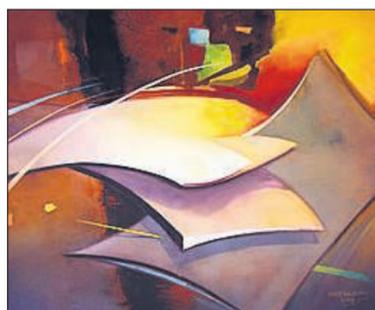


and corporate collections in the US, Europe, and Australia.

Mike Bailey grew up in California and currently lives in Santa Cruz. He graduated in Engineering and had many different assignments in engineering and hi-tech, none of which included art. At the age of 46, he had a strong desire to pursue art so he took some lessons, read a few books and took an occasional workshop. What paid off the most, he says, was the compulsive, daily and late night sessions at his easel.

He is adventurous and bold in the way he applies his painting skills. Bailey is always challenging himself, never wanting to be satisfied with the superficial. He encourages his students to go beyond the obvious. Bailey's enthusiastic, positive and often hilarious approach is infectious and for him, the painting process is fun and exciting, yet challenging. You can learn more about Mike Bailey by visiting his website www.mebaileyart.com.

Watercolor painting demonstration
Fremont Art Association Centre/Gallery
Wednesday, Apr 2
7 p.m. – 9 p.m.
37697 Niles Boulevard, Fremont
(510) 489-5818
CarolRudy2@comcast.net
Free



Through Artist's Eyes Kyoto Textiles and Arts

SUBMITTED BY DIANE LEYS

Fremont artists Denise Oyama Miller and P. Kay Hille-Hatten, will present a program entitled "Through Artist's Eyes - Kyoto Textiles and Arts," at Olive Hyde Art Center on March 26.

Featuring, primarily, the art and techniques of textile artists, the discussion will also include works of printers, gold leaf artists, calligraphers and ceramists. With both slides and art samples, Denise and Kay plan to share with their Fremont audience the experience of visiting many private studios of Kyoto artists. From the creation of hand painted kimonos, to the art of calligraphy, to exquisite contemporary ceramics, to valuable silk tassels, to the intricate process of ancient dye making, Miller and Hille-Hatten will offer their artist interpretations of the art they saw and collected.

As an award winning watercolor and fiber artist Denise Oyama Miller's work is in many public and private collections. She exhibits frequently in various Bay Area galleries. In April, her art quilts will be included in the 46th Annual Olive Hyde Art Gallery Textile Exhibit. Denise is also known for her demonstrations and workshops, where she shares her expertise and techniques with other artists in the community.

P. Kay Hille-Hatten, whose photography frequently wins exhibition awards, currently focuses on the art of photography, printmaking and books. Like Miller, Hille-Hatten has exhibited extensively throughout the Bay Area. Her work has also been included in the Statewide Photography Competition & Exhibition at the Triton Museum of Art, in Santa Clara in 2012 & 2013.

The exhibit is sponsored by the Olive Hyde Art Guild, and refreshments will be provided.

Through Artist's Eyes - Kyoto Textiles
and Arts
Wednesday, Mar 26
10 a.m. – 12 noon
Olive Hyde Art Center
123 Washington Blvd., Fremont
(510) 791-4357
Free



Large Banquet Room, 150 Occupancy
 Private Dining Room for up to 30 people
 Catering - Your Location or Ours
 Free Happy Hour Appetizers
 Outdoor Patio Seating
 Live Music Friday & Saturday
 Thursday Night D J
 Martini Mondays

Capacity: 180
 Includes:
 Dance floor
 Private bar
 Sound system
 120in. projection HDTV



Our mouth watering Prime Rib is made from the highest quality Black Angus beef. Carved table side according to your specifications

We offer fine, rare and collectible wines, beer, liquors and champagne including many from our local wineries.

Lunch - Dinner



Steak House - Seafood and more

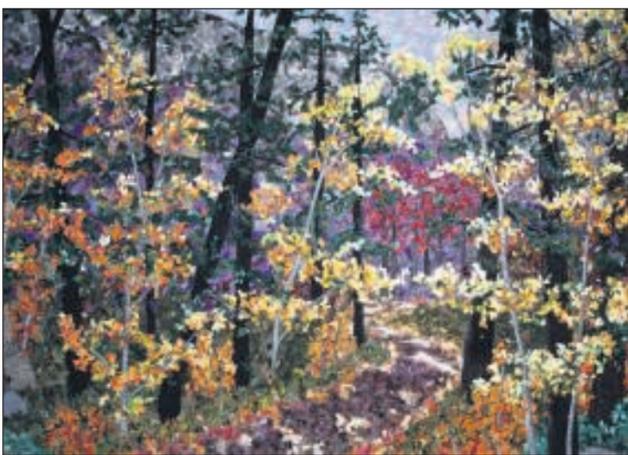
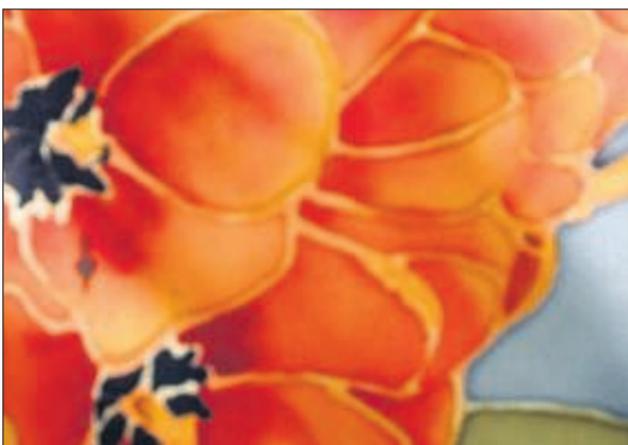
510-656-9141

www.spinayarnsteakhouse.com

45915 Warm Springs Blvd., Fremont

continued frompage 1

Textiles take over Olive Hyde



from the Hand Weavers Guild of America.

Franki Kohler's art has been featured at the San Jose Museum of Quilts and Textiles, in four episodes of "Creative Living" during the 2011-12 season, and in numerous quilting magazines.

Marjorie DeQuincy has taught mask-making and altered book workshops. Her abstract quilt work will be on exhibit during the Olive Hyde show. DeQuincy's art is inspired by nature, family memories, and social issues.

Fiber artist Nancy Bardach is exhibiting work which will be published in a LARK book entitled "500 Traditional Quilts" in September of 2014. Bardach finds pleasure in designing art quilts which reflect her years of art observation, architectural school and practice, and her constant enjoyment of her visual surroundings.

Fremont's Denise Oyama Miller works in watercolor, acrylics, and

textiles. Inspired by the natural world, Miller's textile work often focuses on intimate landscape scenes. In 2013 she was an artist in residence at Empty Spools Seminar at Asilomar Conference Center in Pacific Grove. Miller is frequently invited to present workshops at art centers throughout the Bay Area.

Textile Exhibit
Friday, Mar 28 – Saturday, Apr 26
Thursday - Sunday, noon - 5 p.m.

Opening reception
Friday, Mar 28
7 p.m. - 9 p.m.

Olive Hyde Art Gallery
 123 Washington Blvd, Fremont
 (510) 791-4357
 www.fremont.gov

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*Ohlone Community College District covers all of Fremont, Newark and parts of Union City.

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ohlonepromise.org

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Safe and Secure Access to information is controlled through secure activation codes, personal ID's, and a password-protected account. MyChart also uses the latest 128-bit SSL encryption technology with no caching to automatically encrypt your MyChart session.

Washington Hospital Healthcare System

To get started, ask your WTMF physician or participating provider for an activation letter or go to whhs.com/mychart today.

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- ✓ Schedule Pap test
- ✓ Schedule bone density test



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At Washington Township Medical Foundation, we believe there's no better time to see your doctor than when you're feeling healthy. That's the best time for a routine checkup, and to take stock of your overall health picture to help prevent potential problems. Starting at the age of 20, you should have your cholesterol and blood sugars checked regularly to help ward off cardiovascular problems. Prostate checks for men are recommended once you're in your 40s, as are mammograms for women. And at 50, a colonoscopy is a highly effective procedure to catch conditions that could

possibly lead to cancer. These are just a few of the tests your care team can help you schedule if needed. We will help you stay on top of and prevent cardiovascular disease, cancer, diabetes and other potentially significant health issues. If you need follow-up visits with a specialist, WTMF has a wide range of Board Certified physicians who work as a team with your primary care physician. If hospital treatment is required, we're affiliated with award-winning Washington Hospital, located right here in our community. So, if you want to stay healthy, a WTMF doctor is a choice you can feel really good about.



To find out more, visit our website at www.mywtmf.com or call (866) 710-9864.