

# Native American Disability Resources

## New Mexico

### Healthcare resources for Native Americans

Agencies that specifically serve the healthcare needs of Native Americans include Indian Health Services (IHS), First Nations Community HealthSource, and tribal hospitals and clinics. Free dental/orthodontic care is available on the Southwestern Indian Polytechnic Institute (SIPI) campus. Find local IHS service units, including where the clinic or hospital is located and services offered on the IHS website. Enter a zip code to find the nearest health care facilities.

Native Americans with Medicaid may use Exempt/Fee-for-Service, or select a Centennial Care Managed Care Organization (MCO). Either way, IHS or Tribal clinics and hospitals may be accessed. For those with complex needs, it may be beneficial to select an MCO, as a Care Coordinator is only available through an MCO. For services such as personal care, assisted living, respite, home health aide, etc., enrolling with an MCO is required.

UNMH Native American Health Services helps coordinate care for Native American patients and assists them to get assigned to a primary care provider (PCP).

### Early intervention assistance for Native American children, prenatal to age 3

- Native American Professional Parent Resources (NAPPR) provides early intervention assessment and therapies, as well as parenting education for families in Cibola, Valencia, Sandoval and Bernalillo counties with young children experiencing developmental delays.
- Growing in Beauty (GIB) serves Navajo families who have infants or toddlers with developmental delays. Services include early intervention, interim service coordination, assessment and therapies, and referrals. They have offices in Shiprock, Gallup and Crownpoint.
- Tribal Women, Infants & Children (WIC) programs, such as Navajo WIC, can also help families find resources. WIC service units and clinics are located on tribal lands, pueblos and other towns such as Farmington, Gallup and Bernalillo.

### Help for Native American students receiving special education services in school

- Education for Parents of Indian Children with Special Needs (EPICS) is a parent resource center for families who have children with disabilities and/or special healthcare needs from birth to age 26. Services provided through EPICS include: free workshops, advocacy, parent-to-parent support and referral.
- Parents Reaching Out (PRO) provides training and advocacy for all families of children with disabilities regarding healthcare, school services and parent-to-parent support.
- The Native American Disability Law Center advocates for Native Americans with disabilities. They provide individual representation to help access appropriate special education services.

### Remember:

- Eligibility requirements vary program to program. Most programs will require a Certificate of Indian Blood (CIB) number to become eligible to receive services. Other factors may include: tribal ancestry, age, county residency, income and level of need.
- The Albuquerque Indian Center provides a variety of community wrap-around services including counseling, case management, food commodities, legal services, and more.



**Indian Health Services  
(IHS), ABQ Unit**  
505-248-4000

**First Nations Community  
HealthSource**  
505-262-2481

**ABQ Indian Dental Clinic,  
SIPI campus**  
505-346-2306

**UNMH Native American  
Health Services**  
505-272-1612

**Medicaid/Centennial  
Care Tribal Liaison**  
505-827-3122

**NAPPR**  
505-345-6289

**Growing in Beauty**  
505-722-9289

**WIC**  
[www.nmwic.org](http://www.nmwic.org)

**EPICS**  
1-888-499-2070

**Parents Reaching Out**  
1-800-524-5176

### Questions?

Call the CDD  
Information Network  
**1-800-552-8195**

or visit our website at  
[www.cdd.unm.edu/infonet](http://www.cdd.unm.edu/infonet)

Informational Tip  
Sheets:

[www.cdd.unm.edu/infonet/tip-sheets.html](http://www.cdd.unm.edu/infonet/tip-sheets.html)