



Healthy Workplaces Manage Stress.

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EUROPEAN NETWORK FOR WORKPLACE HEALTH PROMOTION (ENWHP)

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Type of organisation: Other

Business sector: Health promotion

Mission statement: The members of the European Network for Workplace Health Promotion (ENWHP) work together towards the vision "healthy employees in healthy organisations". They are committed to the mission of developing and promoting good workplace health practice, which contributes to a high level of health protection and sustainable economic and social development in Europe.

URL: <http://www.enwhp.org>

Our Campaign Pledge: The European Network for Workplace Health Promotion (ENWHP) will promote the Healthy Workplaces Campaign 2014-15 on "Healthy workplaces manage stress" among its members, partners and the wider community via the ENWHP Newsletter, website (www.enwhp.org) and Twitter

Prof. Dr. Karl Kuhn
Co-chairperson

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"In many companies the connection between psychosocial working conditions and illness remains largely unknown or is often regarded as something that is difficult to change. A large number of companies and organisations still need to be convinced that mental health promotion at the workplace is a worthwhile investment. Mental health promotion and workplace health promotion in general contribute to a wide range of work factors, which improve employees' health. These include: management principles and methods which recognise that employees are a necessary success factor for the organisation instead of a mere cost factor, a culture and corresponding leadership principles which include participation of the employees and encourage motivation and responsibility of all employees, work organisation principles which provide the employees with an appropriate balance between job demands, control over their own work, level of skills and social support, a personnel policy which actively incorporates health promotion issues, and an integrated occupational health and safety service. "

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