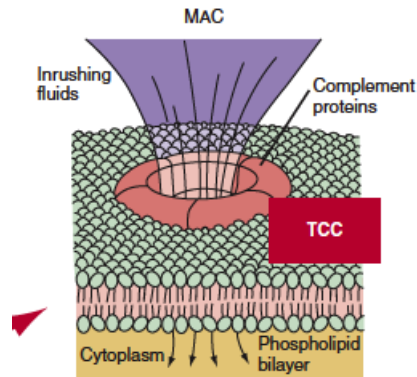
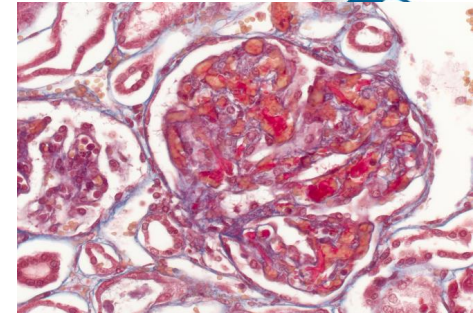
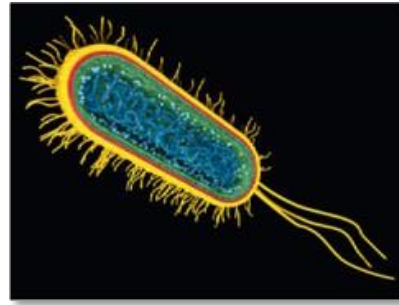


Hemolytic Uremic Syndrome

Diagnosis and Treatment

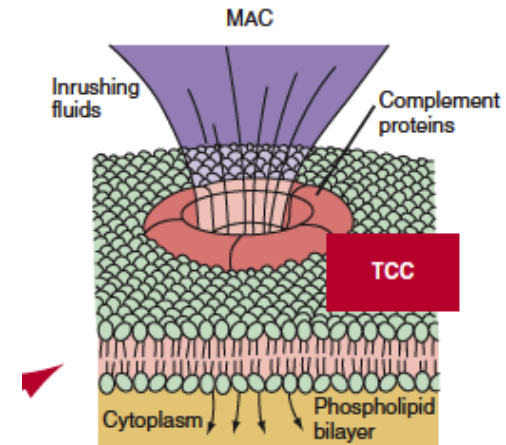




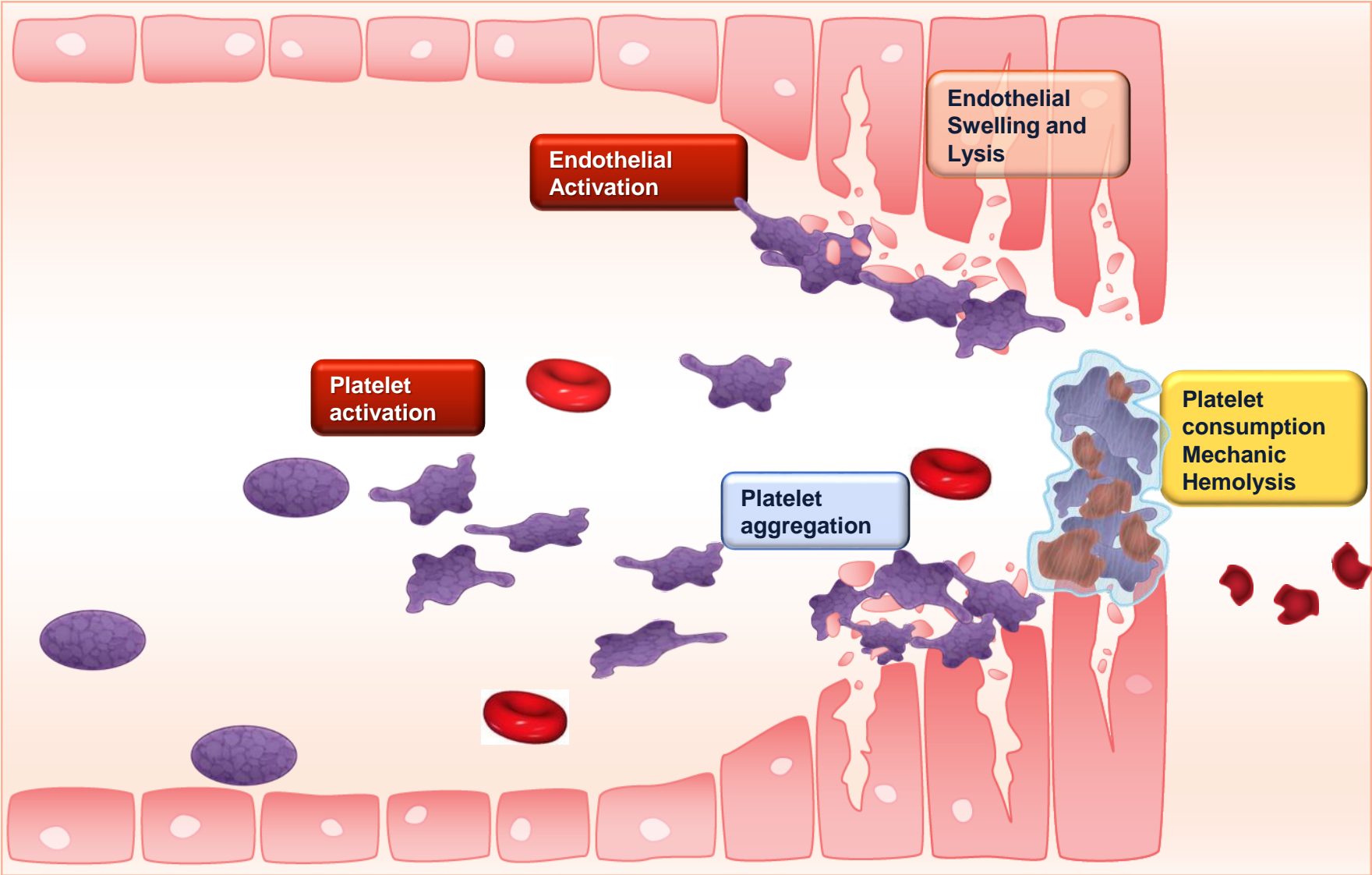
Síndrome Hemolítico Urémico Diagnóstico y Manejo

Franz Schaefer

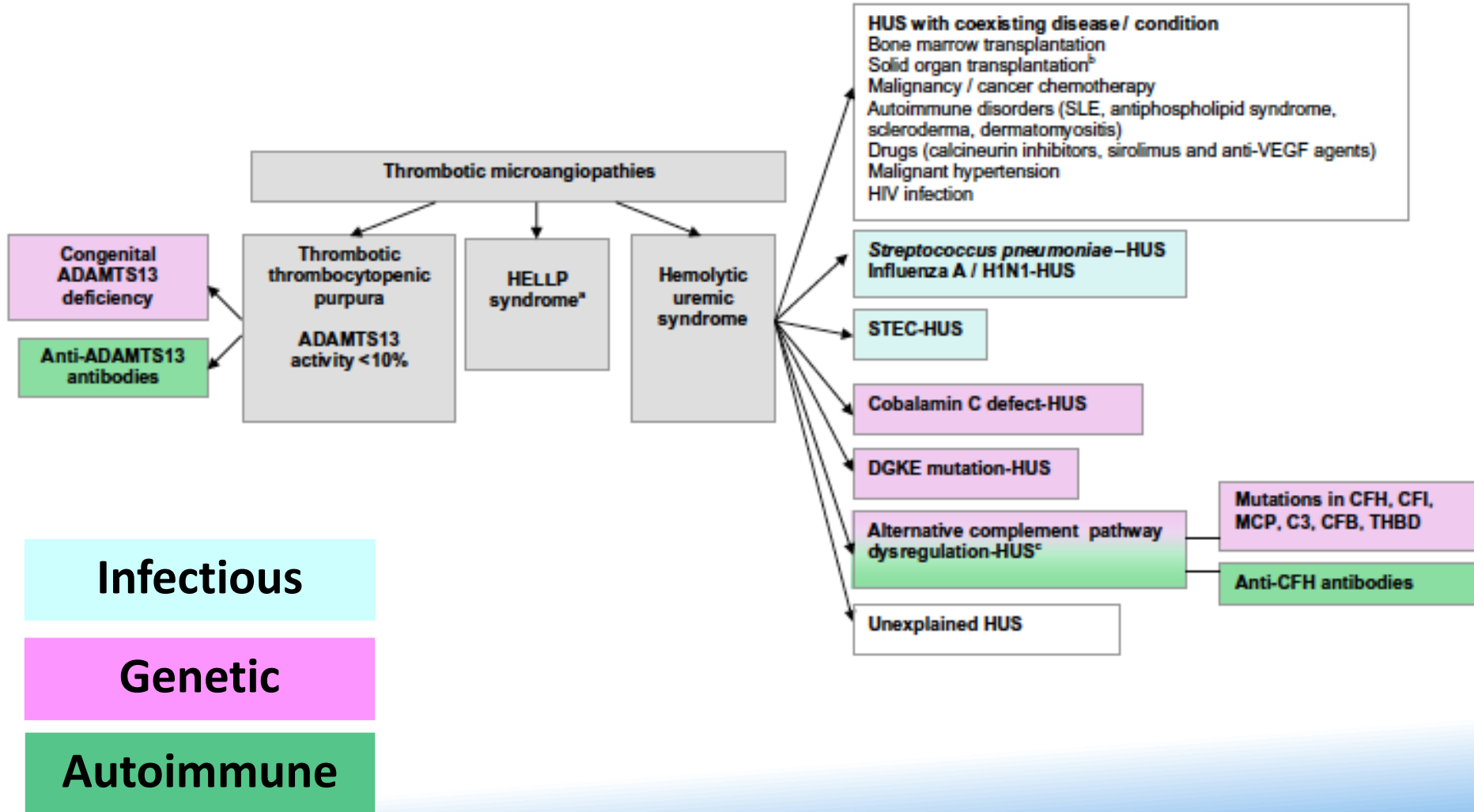
Division of Pediatric Nephrology
Center for Pediatric and Adolescent Medicine
Heidelberg, Germany



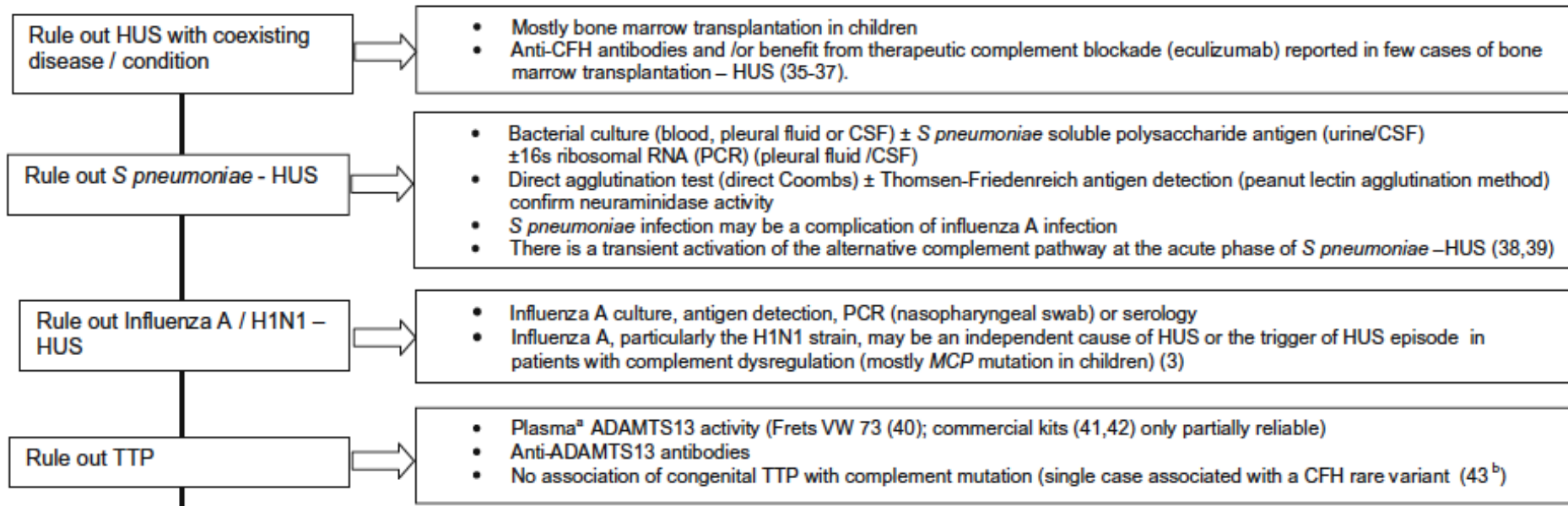
HUS: Thrombotic Microangiopathy



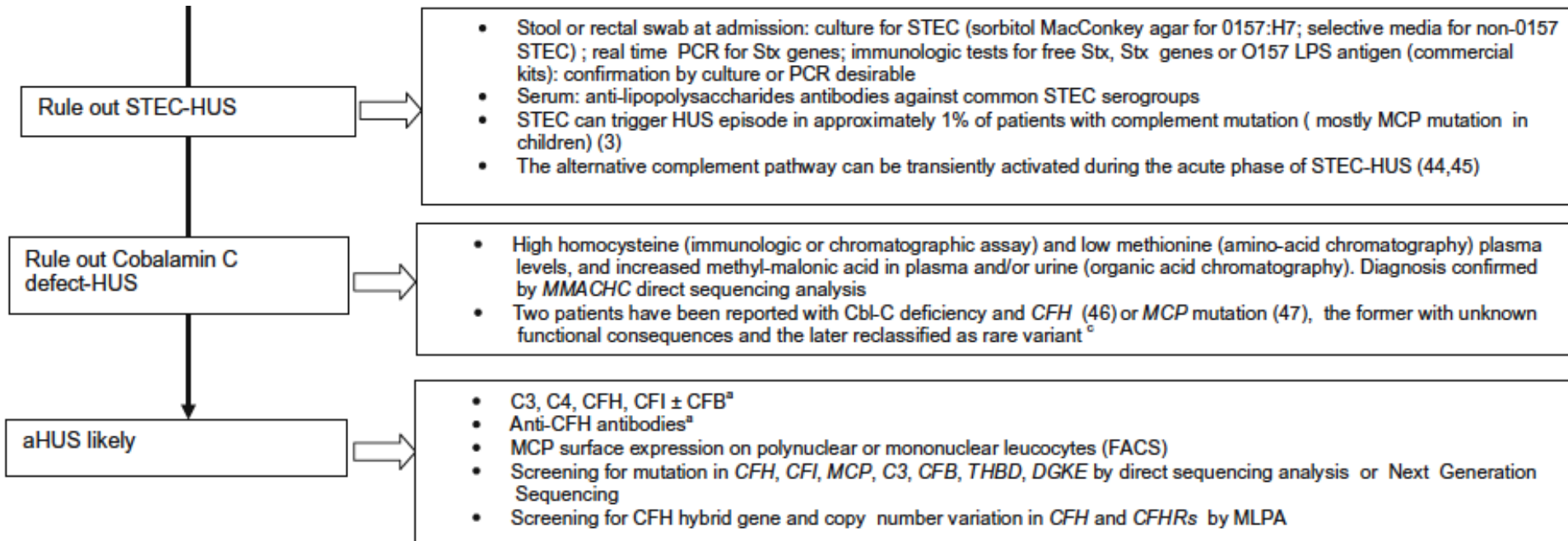
Spectrum of Etiologies in TMA/HUS



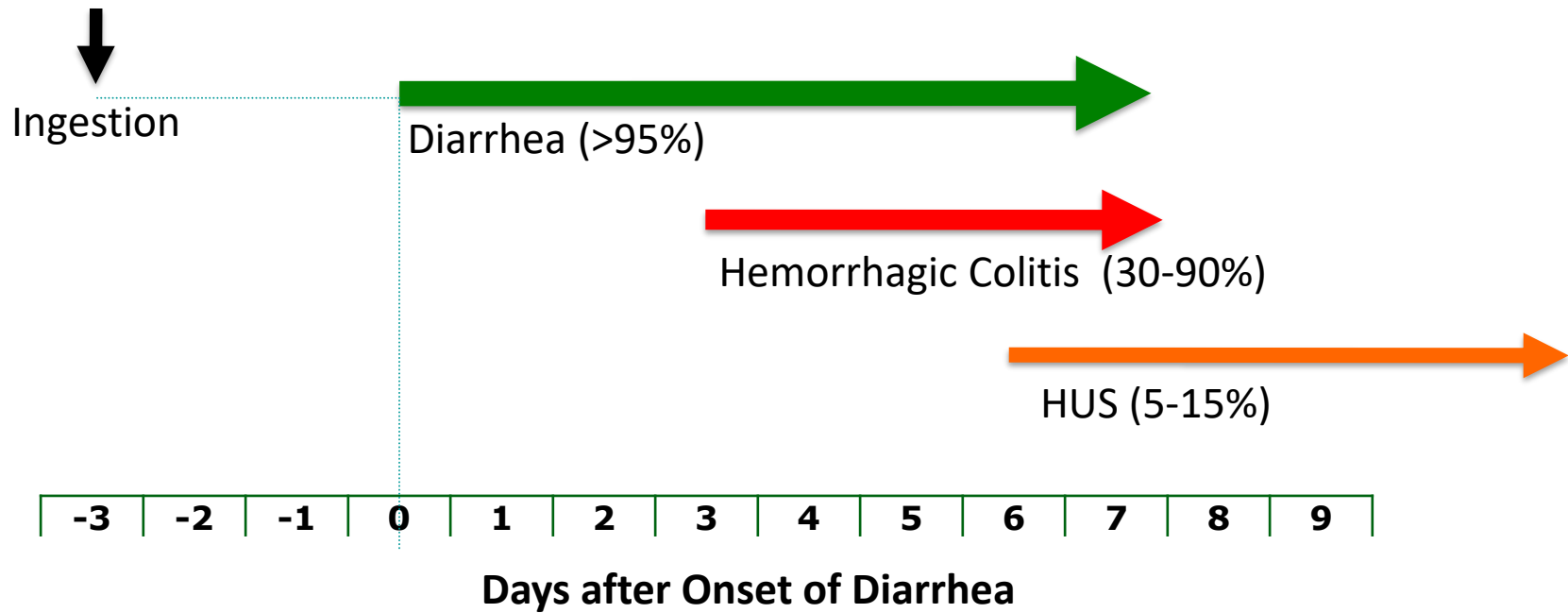
Diagnostic Workup of HUS



Diagnostic Workup of HUS



STEC Disease Course



Wong et al. Clin Infect Dis 2012; 55:33

Prospective study in 259 children with STEC O157:H7

Bloody diarrhea: 90%

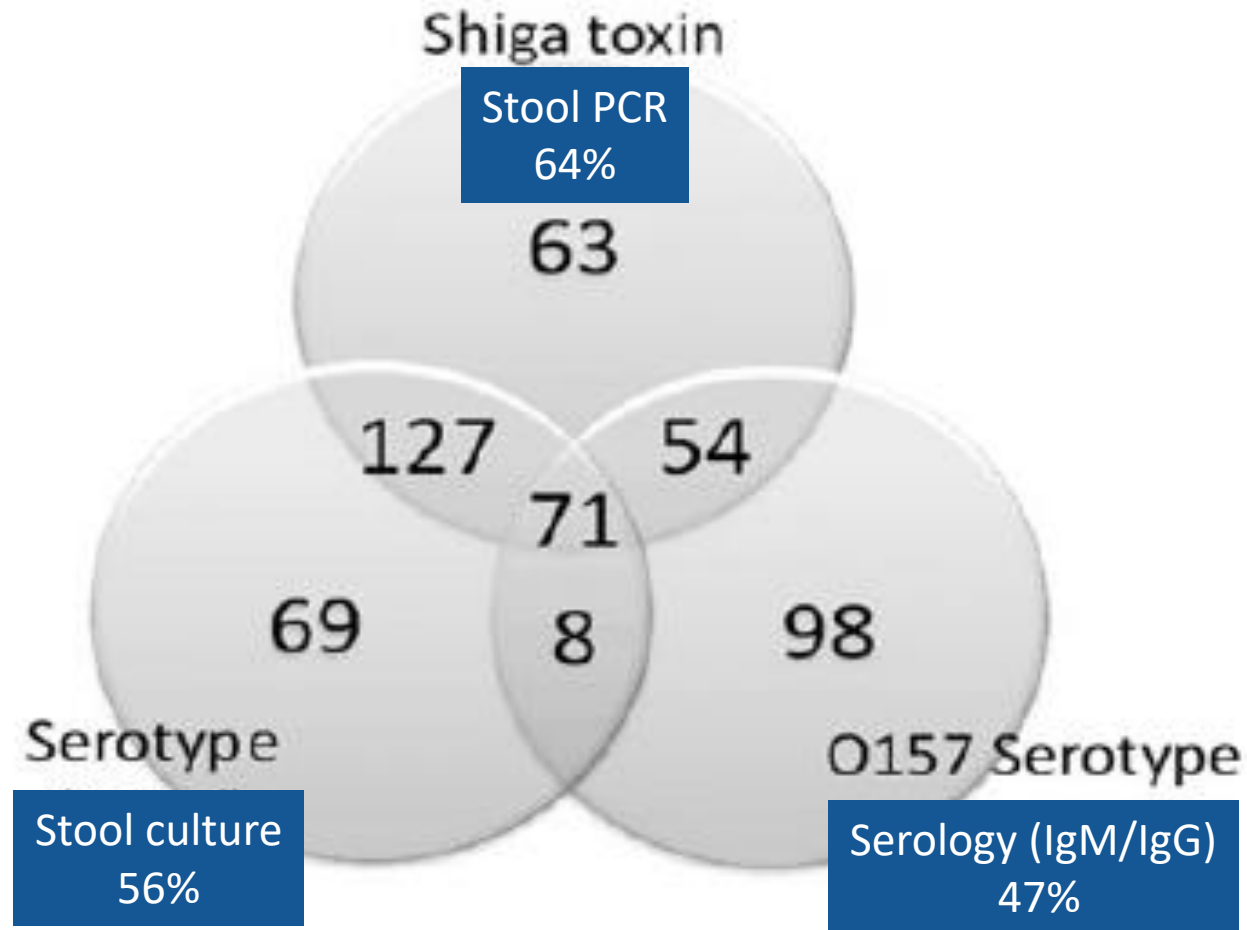
HUS: 14%

Oligoanuric HUS/Dialysis: 4%

Age	n	% HUS
0-1	64	12
2-3	73	22
4-6	49	14
7-10	73	7

Diagnostic Assessment of STEC-HUS

German-Austrian Registry (n=490)

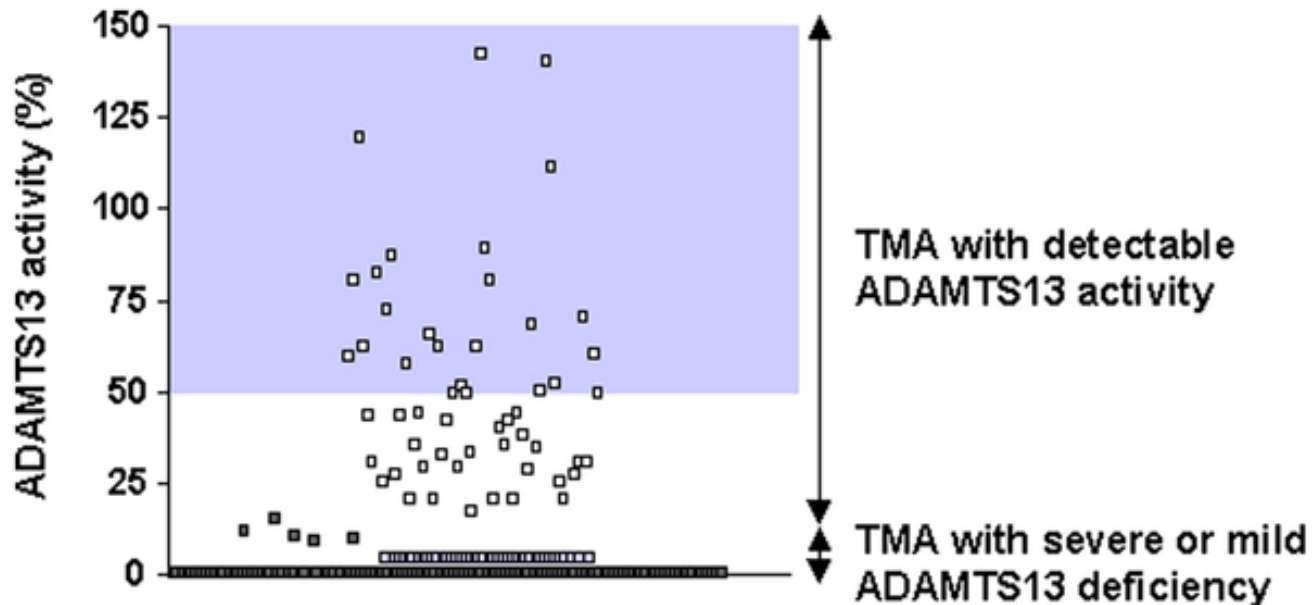


ADAMTS13 vWF Cleavage Protease Deficiency

Adults: Autoantibodies against ADAMTS13

Children: Autosomal recessive mutations in ADAMTS13 gene

Diagnosis: ADAMTS13 activity > 5 % of normal



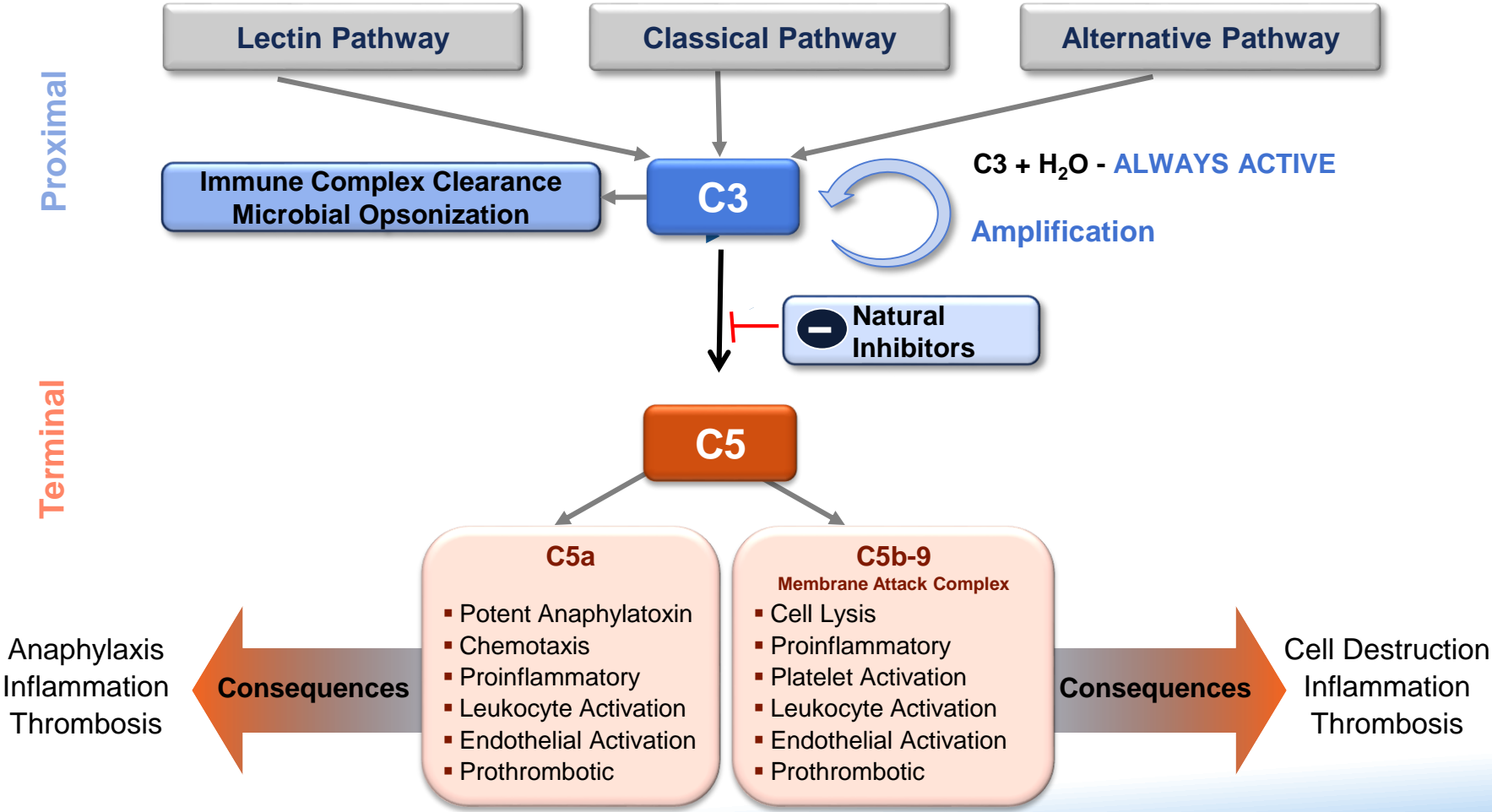
Platelet count $>30,000 \text{ mm}^3$ or serum creatinine $>150\text{--}200 \mu\text{mol/L}$ almost eliminates a diagnosis of severe ADAMTS13 deficiency (TTP)

Patient characteristics	ADAMTS13 deficiency group (n=160)	ADAMTS13 detectable group (n=54)	P value
Platelet count, $\times 10^9/\text{L}$	17.4 (14.2)	66.6 (49.3)	<0.0001
Serum creatinine, $\mu\text{mol/L}$	114 (68.4)	454 (326)	<0.0001
mg/dL	1.29 (0.77)	5.13 (3.68)	

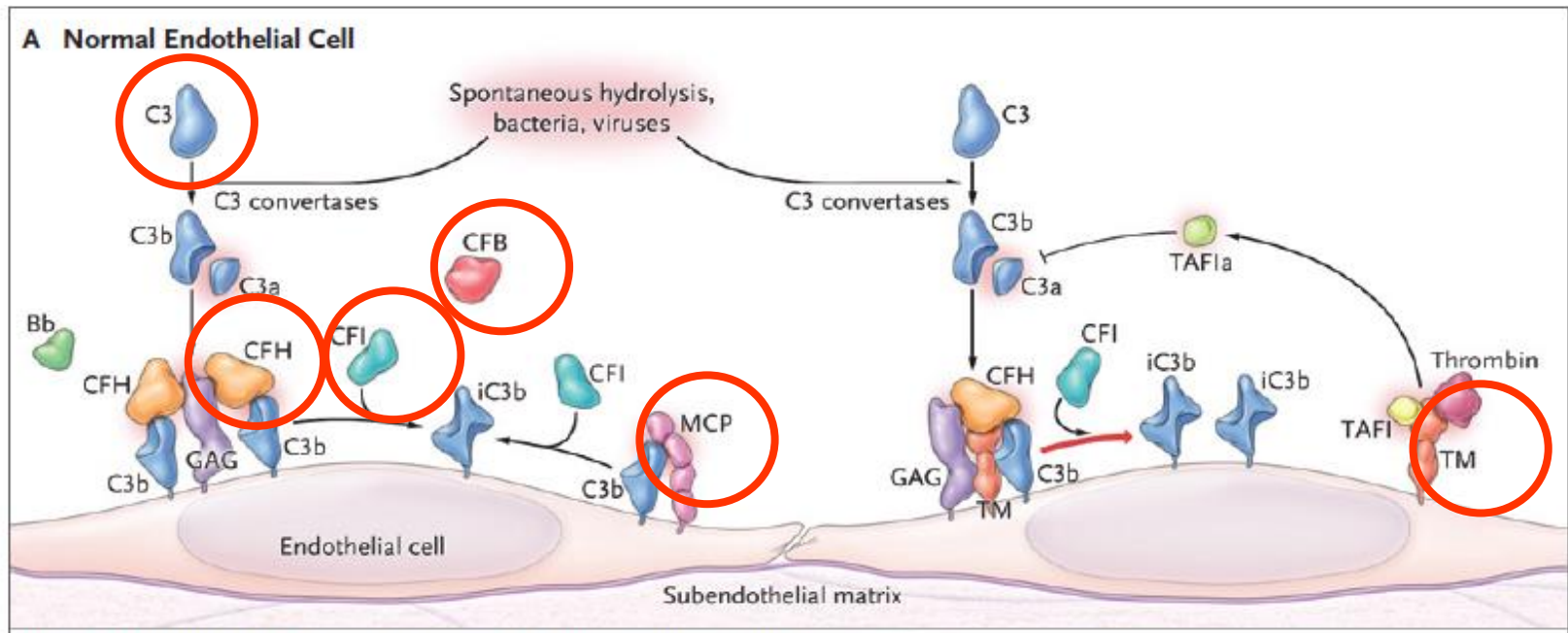


Patient characteristics	Adjusted odds ratio	95% CI	P value
Platelet count $\leq 30 \times 10^9/\text{L}$	23.4	3.4–24.2	<0.001
Serum creatinine $\leq 200 \mu\text{mol/L}$ (2.26 mg/dL)	9.1	8.8–62.5	<0.001

Loss of Endogenous Inhibitors Leads to Uncontrolled Complement Activation



Complement Dysregulation in aHUS

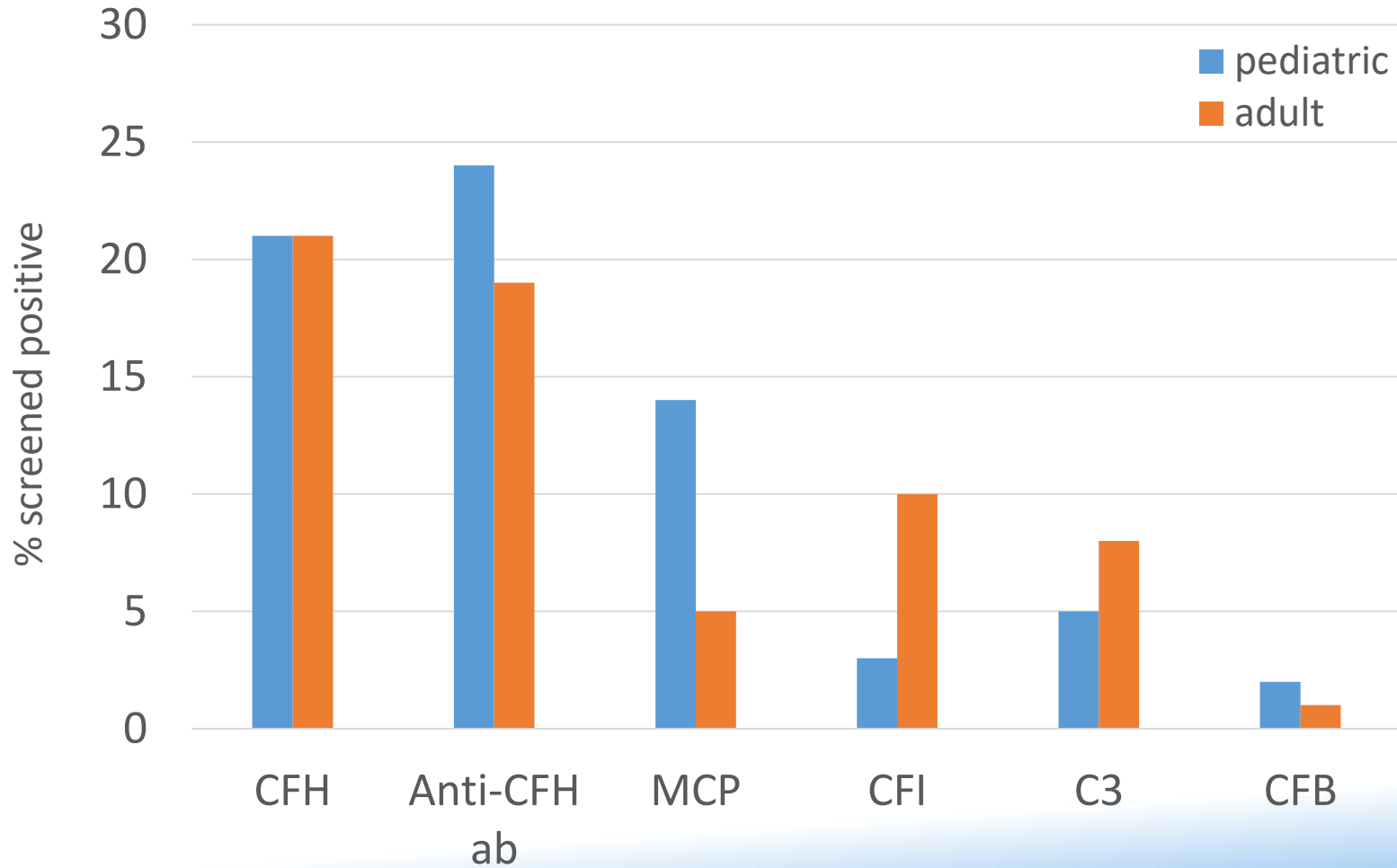


Noris and Remuzzi, New Engl J Med 2009; 361:1676-87

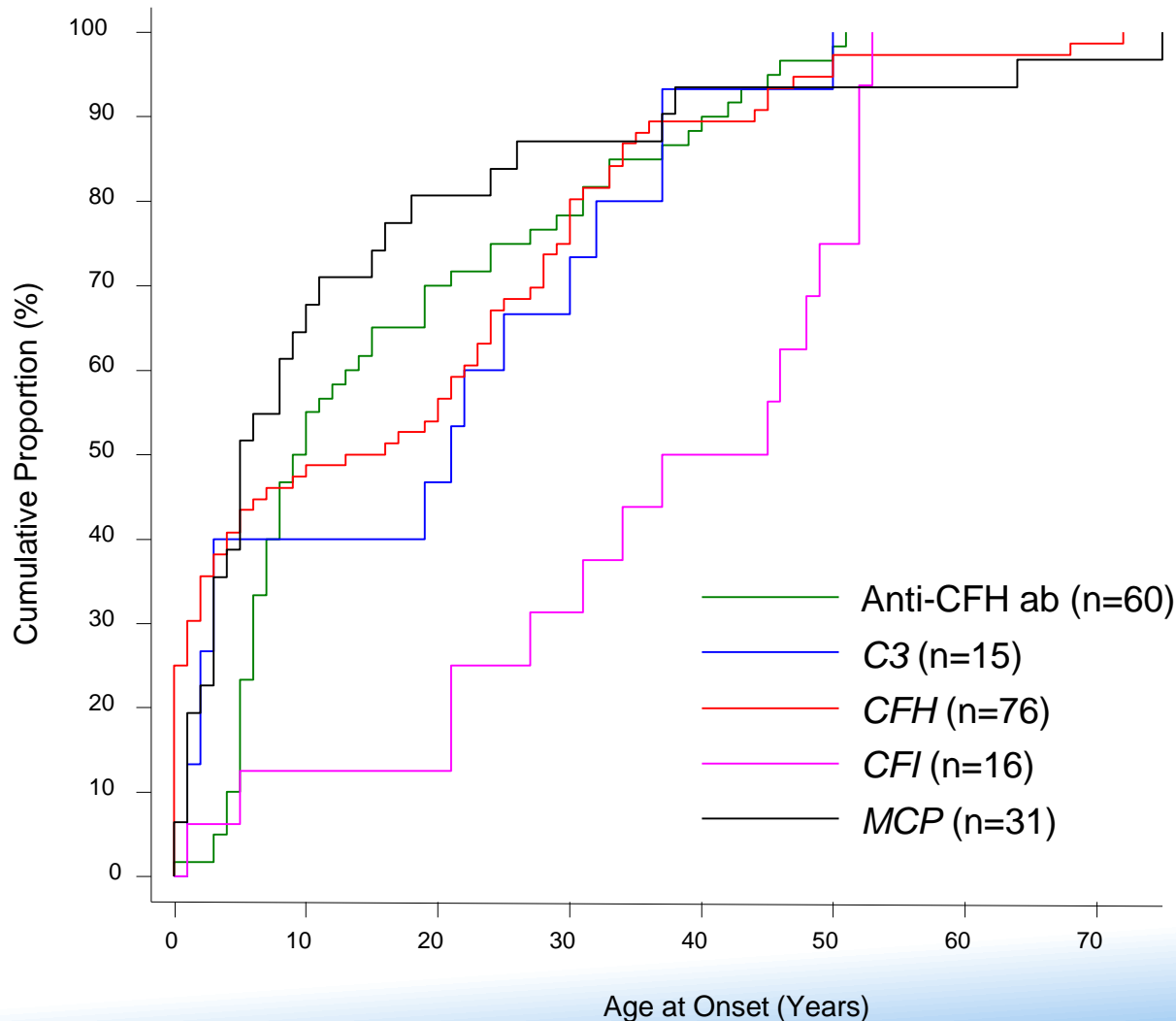
50-60 % explained by mutations in CFH, CFI, MCP, C3, CFB, TMBD
-> autosomal dominant transmission with incomplete penetrance

15-25% explained by factor H autoantibodies

Most Common Causes of aHUS

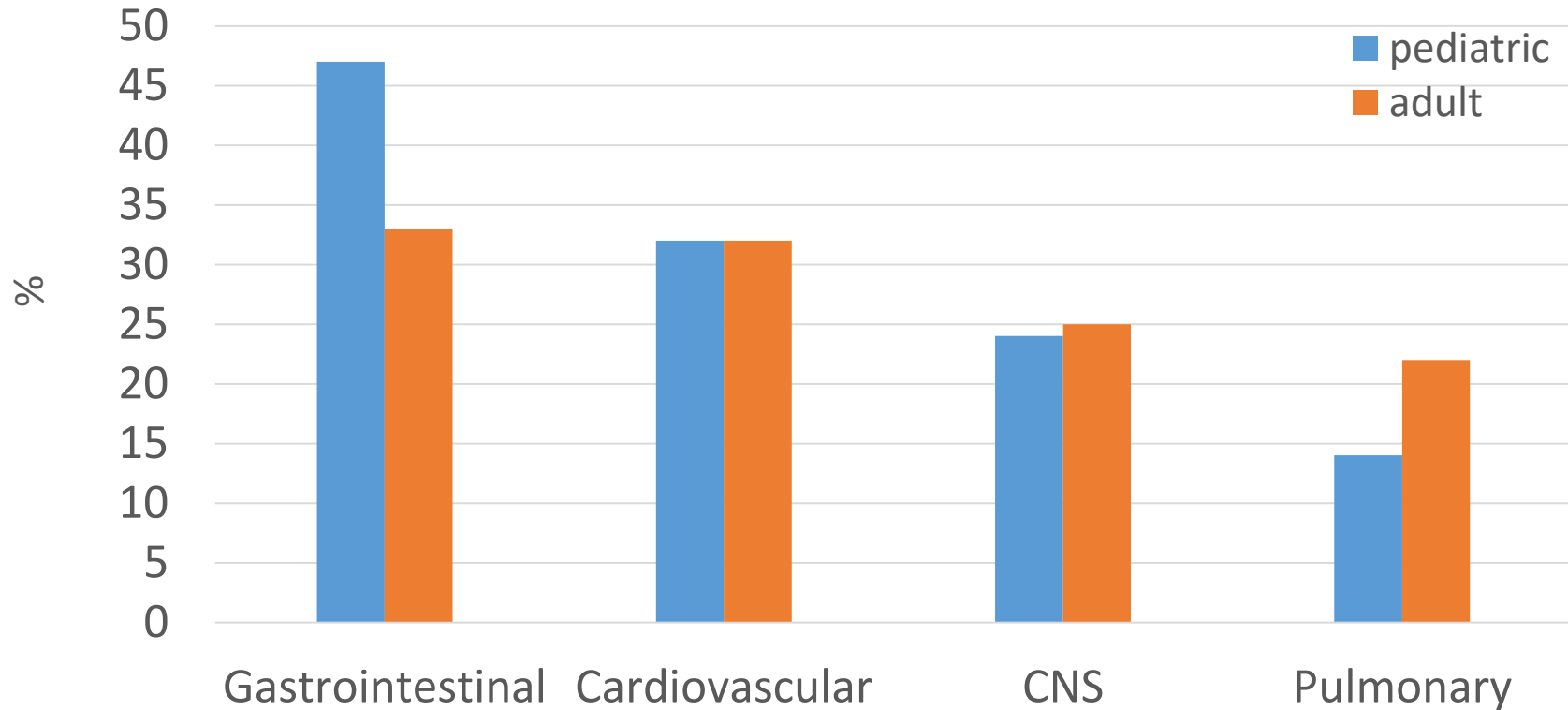


Age at Onset by Complement Disorder

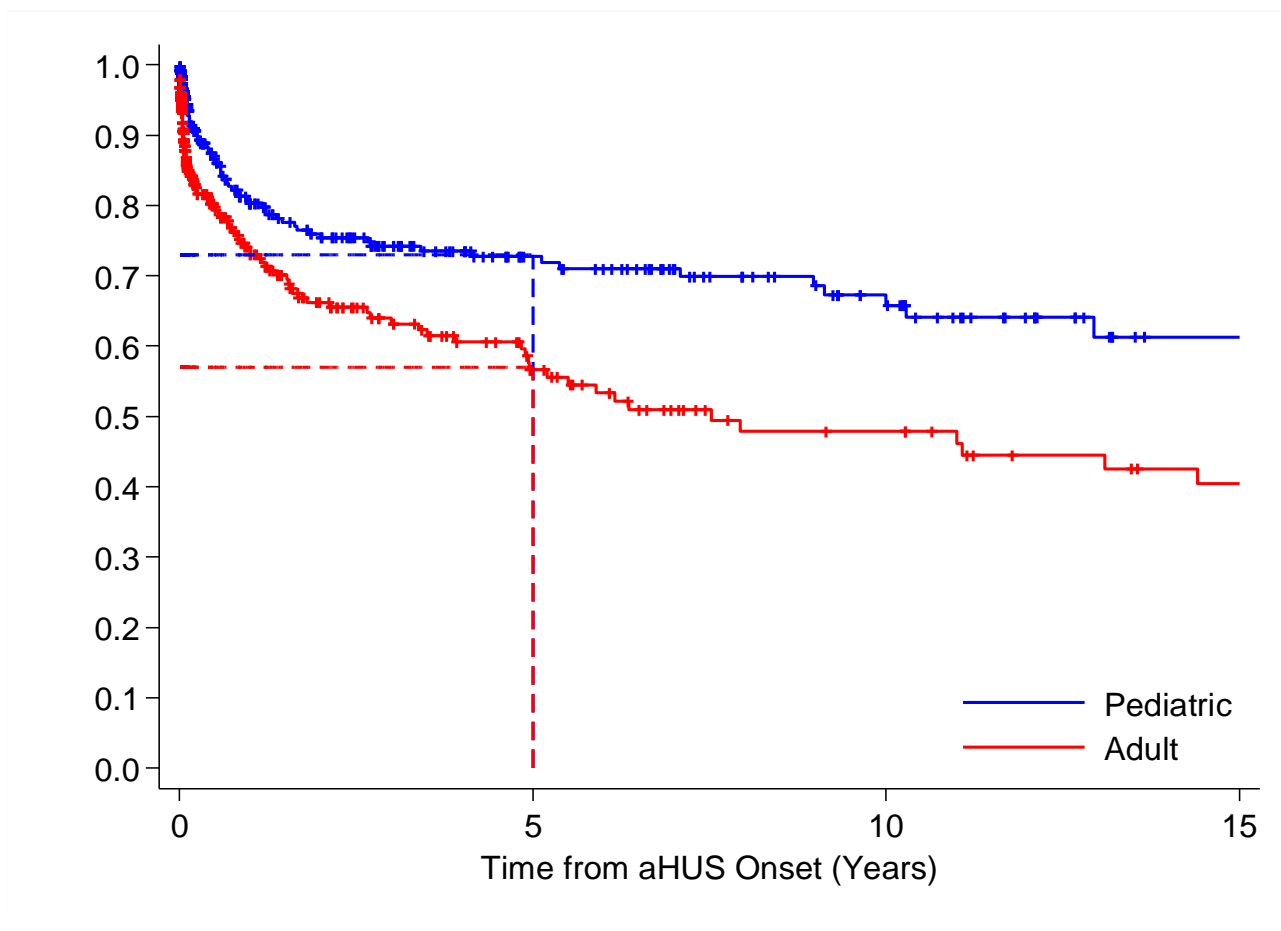


Mutation	Median Age at Onset (Years)
MCP	7.2
C3	7.7
Anti-CFH abs	8.4
CFH	18.5
CFI	34.3

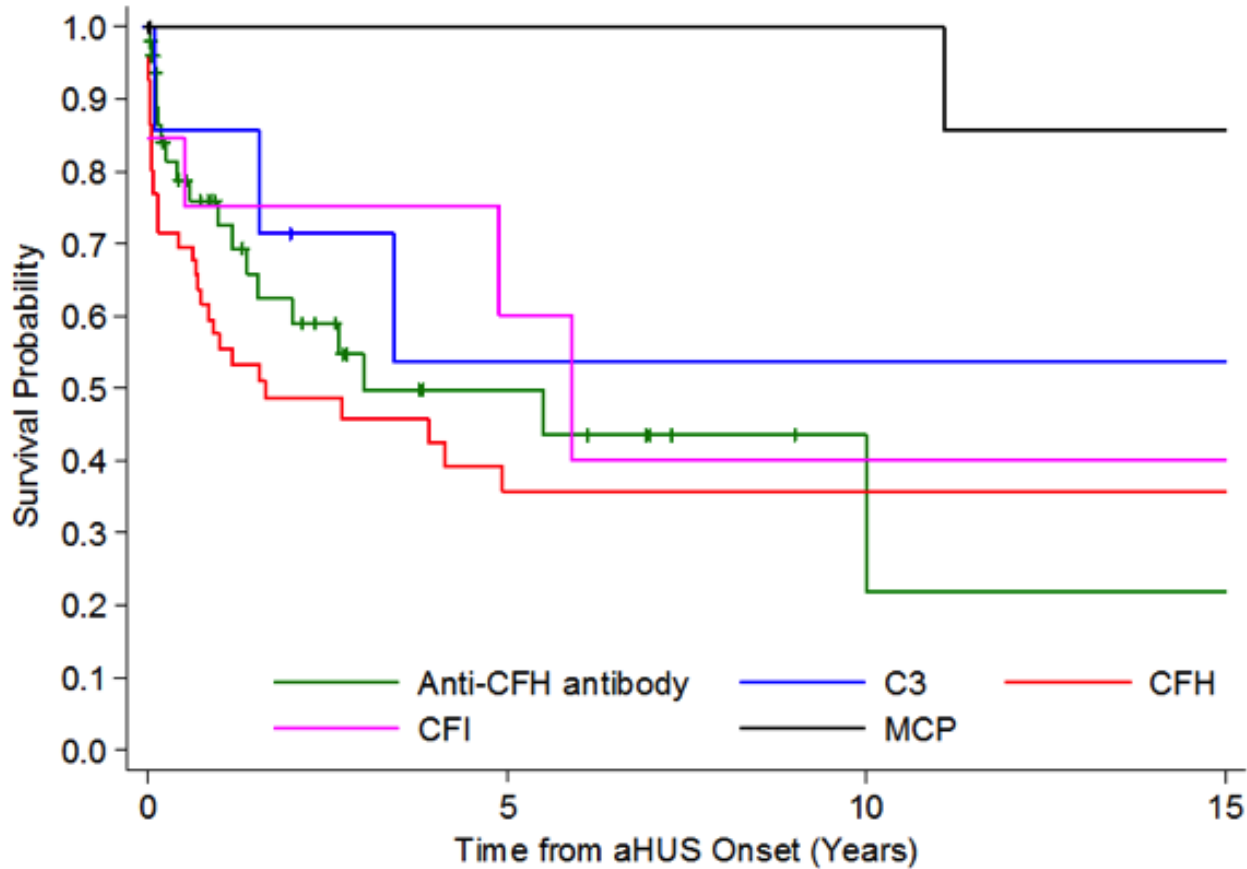
Extrarenal Manifestations of aHUS



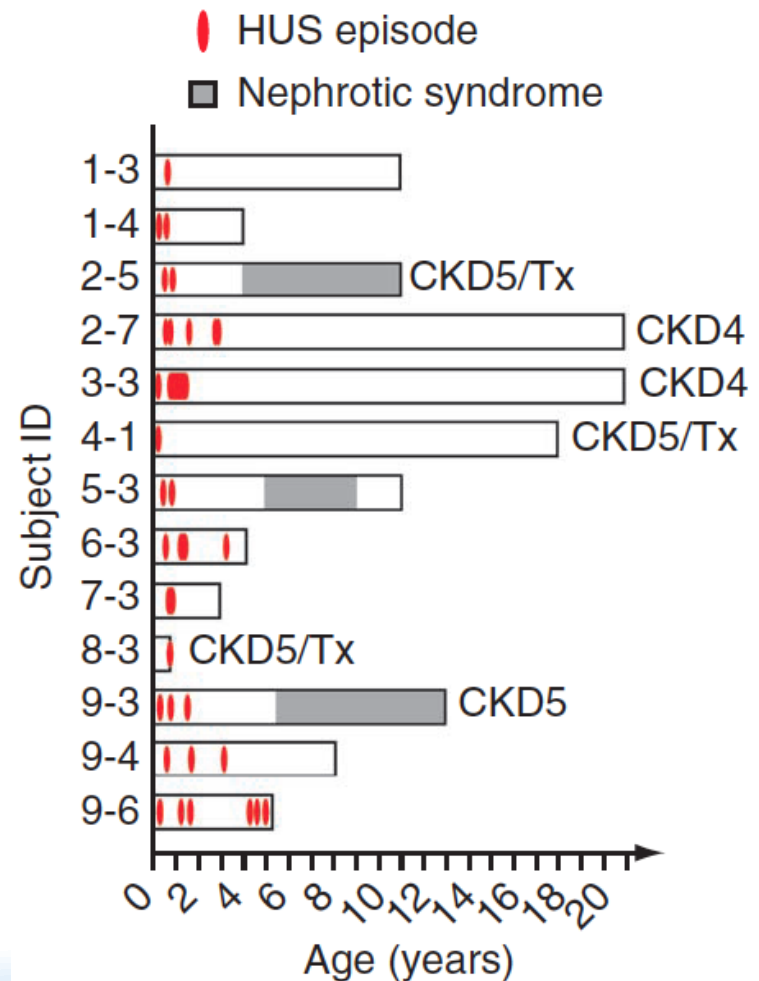
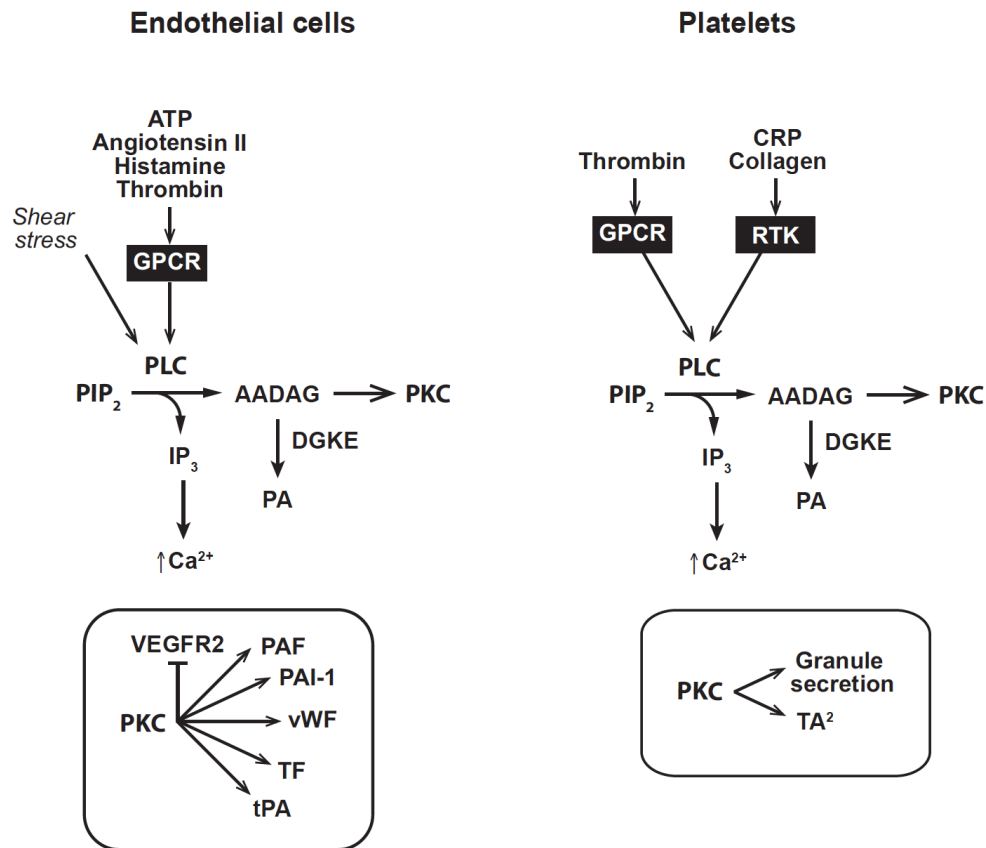
Better Renal Outcome in Pediatric Onset aHUS



Renal Survival by Causative Anomaly

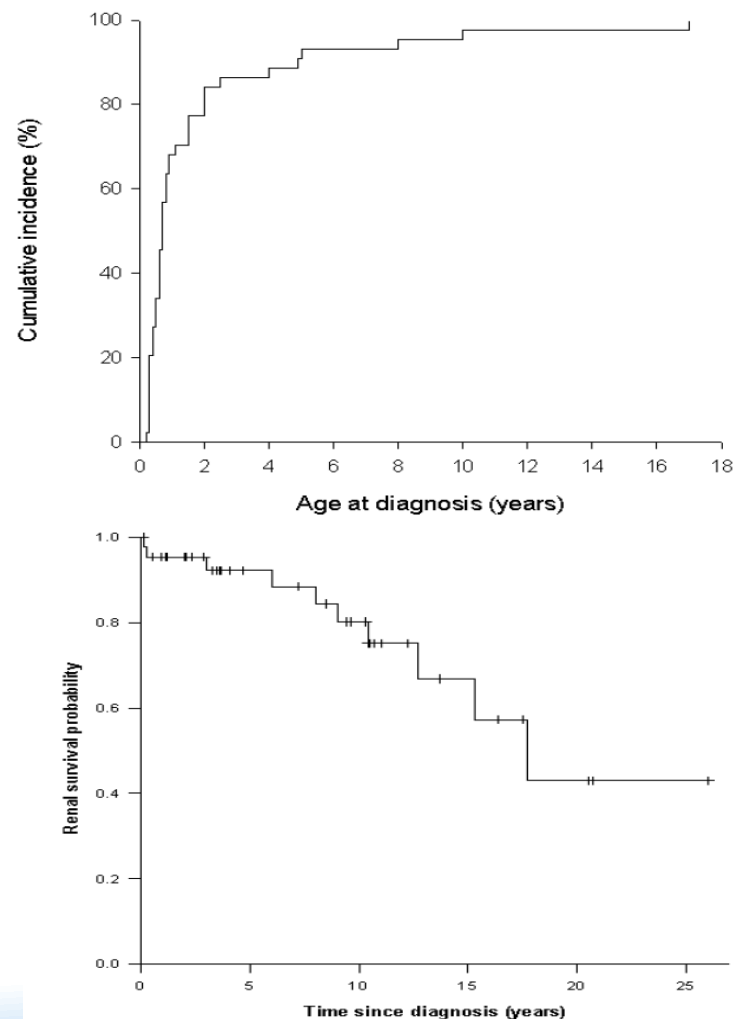


DGKE Nephropathy: Complement-Unrelated Form of aHUS

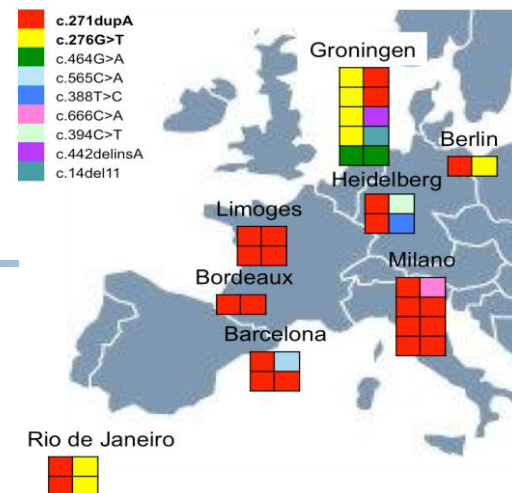


DGKE Nephropathy: Complement-Unrelated Form of aHUS

- Autosomal recessive disease
- HUS typically accompanied by heavy proteinuria
- Sometimes MPGN without TMA
- 1st manifestation in first 3-4 years of life
- Slowly progressive proteinuric nephropathy, 80% 10-year ESKD-free survival
- HUS remits without specific treatment
- Recurrences on complement inhibition observed
- No post-transplant recurrence



'Metabolic' aHUS: Cobalamin C Deficiency



19 cases identified in ESCAPE Network:

- Age at onset: 7 days to 14 years (median 0.9 y)
- Phenotype: 10 isolated aHUS, 9 associated pulmonary hypertension
- Plasma homocysteine: 145 (53-207) uM (nl <12)
- Diagnosis: n=4 post mortem, n=3 6-19 y after 1st manifestation !
- Treatment: 14/19 Vit B12, folate supplementation
1/19 Eculizumab, ineffective
- Outcome: 7 dead (5 without substitution therapy)
4 CKD2-5, 2 post-transplant
6 normal kidney function (all diagnosed and treated early)
7/12 survivors with cognitive deficits

Indications for Genetic Screening

NGS Screening

for CFH, CFI, CFB, C3, MCP, TM, DGKE recommended in:

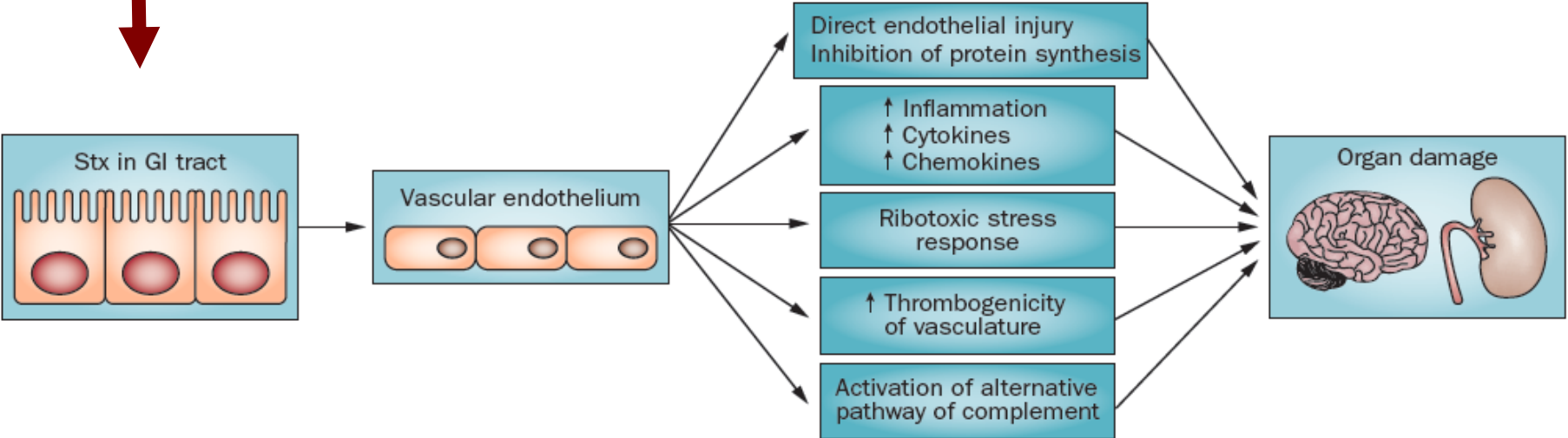
- First aHUS episodes after ruling out STEC infection, ADAMTS13 deficiency, CbC deficiency and CFH antibodies
- HUS relapse
Family history of non synchronous HUS
Pregnancy/post-partum HUS
de novo post-transplant HUS
- STEC-negative cases with ESRD as part of pre-transplant workup

Relevance of Genetic Screening

- Establishing prognosis (risk of relapses, CKD progression)
- Genetic counselling to parents and family
- Decisions concerning kidney transplantation:
 - choice of donor
 - planning of post-transplant management
 - decision of combined kidney-liver transplantation
- Assessment of risks of treatment discontinuation

Potential Therapeutic Strategies for STEC HUS

Antibiotics?



Antibiotic Use Increases HUS Risk in Children with STEC 0157:H7 Infections

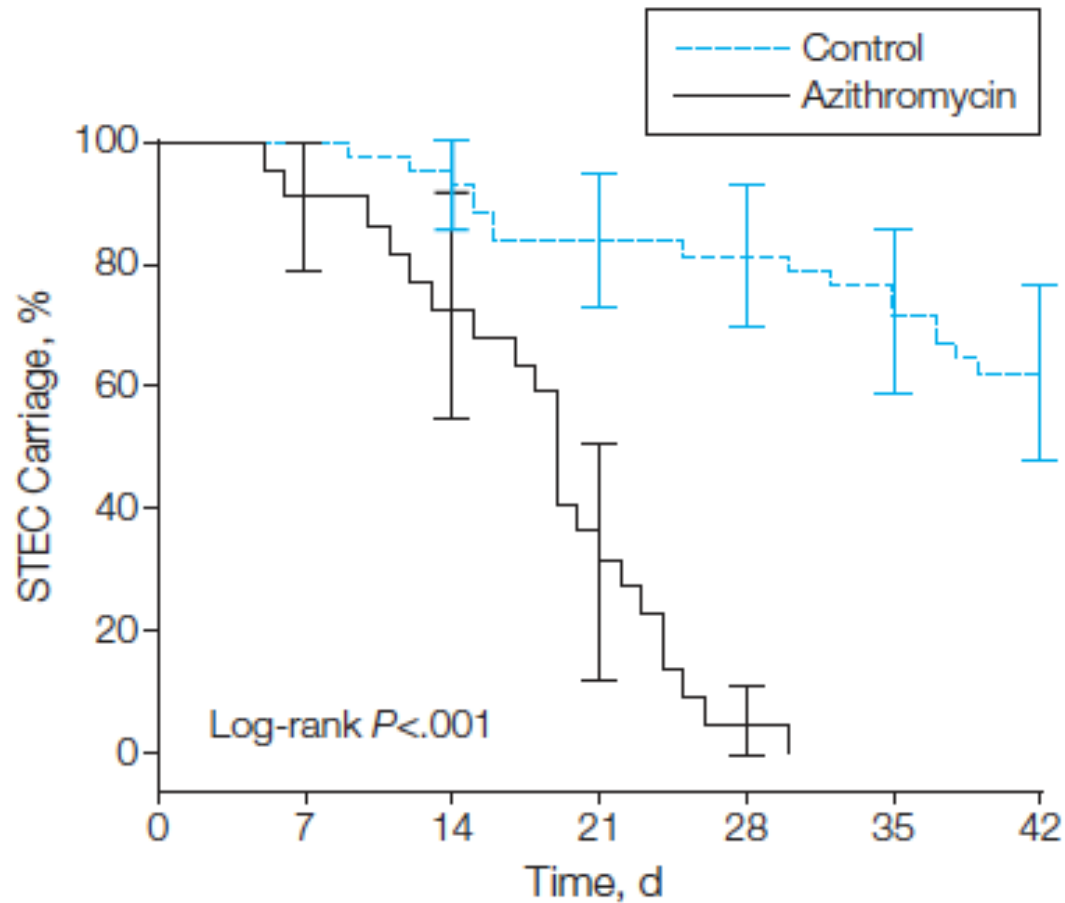
Table 4. Multivariable Analysis for Risk Factors Associated With Hemolytic Uremic Syndrome

Risk Factor ^a	Multivariable OR (95% CI) ^b	<i>P</i> Value
Age ^c	0.89 (0.77–1.04)	.15
Vomiting before enrollment	3.05 (1.23–7.56)	.02
Initial leukocyte count ^c	1.10 (1.03–1.19)	.008
Days from onset of diarrhea to first leukocyte count determination	0.87 (0.63–1.20)	.40
Days from onset of diarrhea to stool culture	0.98 (0.65–1.48)	.94
Acetaminophen	1.39 (0.58–3.34)	.46
Antibiotics	3.62 (1.23–10.6)	.02

Table 6. Probabilities of Hemolytic Uremic Syndrome (HUS) by no HUS → Nonoligoanuric HUS → Oligoanuric HUS

Grouping	No HUS ^a (%)	Nonoligoanuric HUS ^a (%)	Oligoanuric HUS ^a (%)
No antibiotics + low leukocyte count	92.3	5.6	2.1
No antibiotics + high leukocyte count	84.0	11.3	4.7
Antibiotics + low leukocyte count	77.4	15.5	7.0
Antibiotics + high leukocyte count	60.0	25.3	14.7

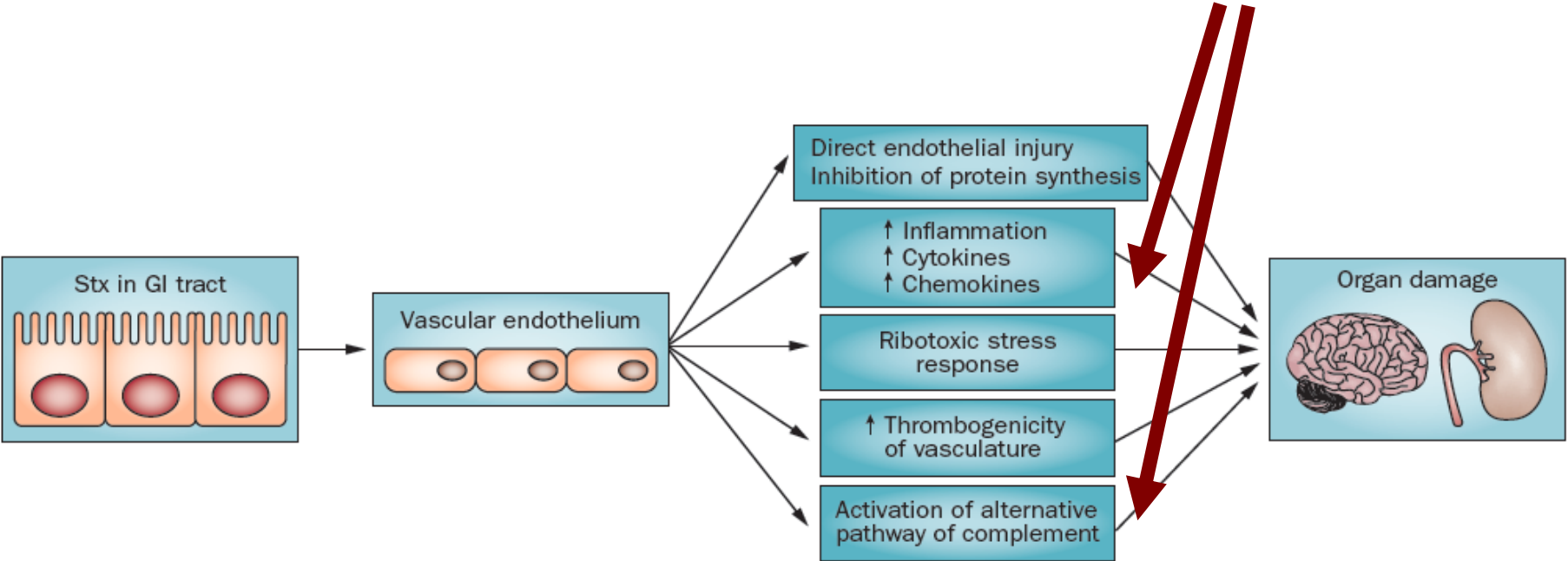
Azithromycin Efficiently Eradicates STEC 0104:H4



No. at risk	0	7	14	21	28	35	42
Control	43	43	41	36	35	32	25
Azithromycin	22	20	16	8	1	0	0

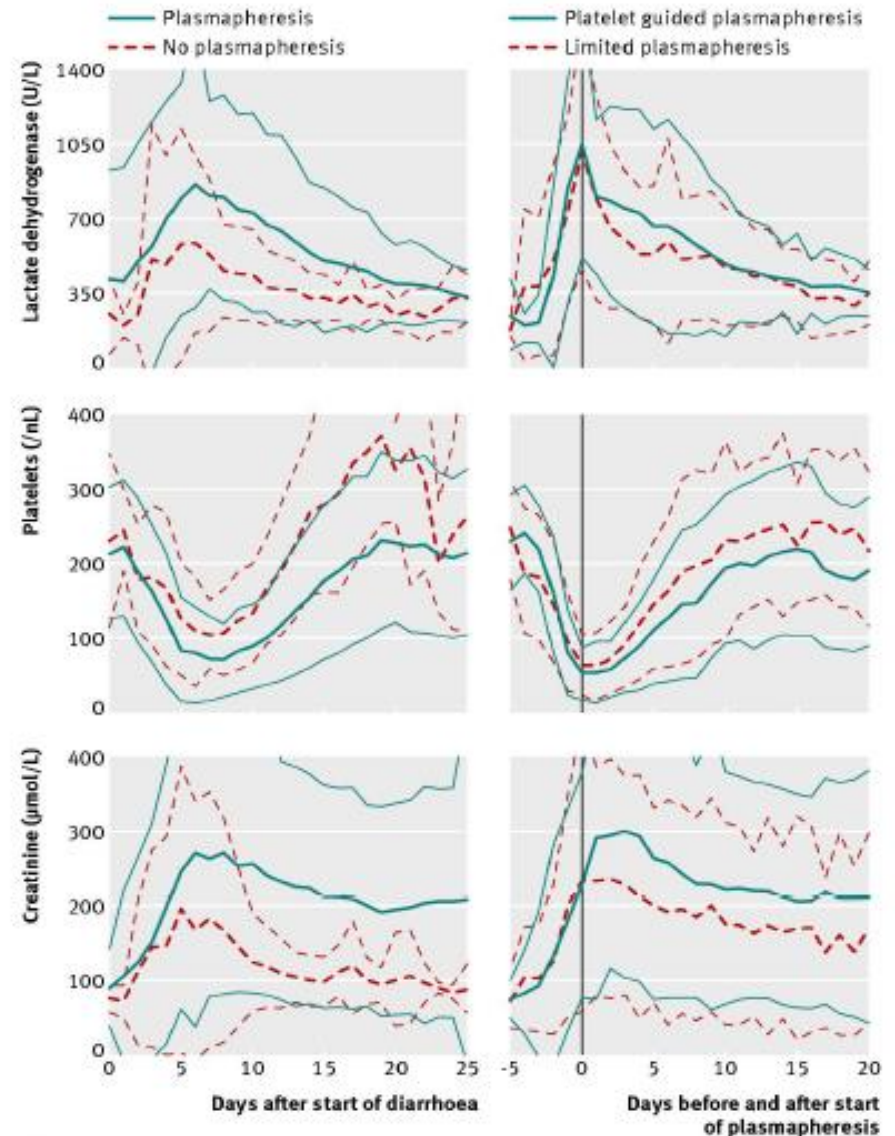
Potential Therapeutic Strategies for STEC HUS

Plasma Exchange ?



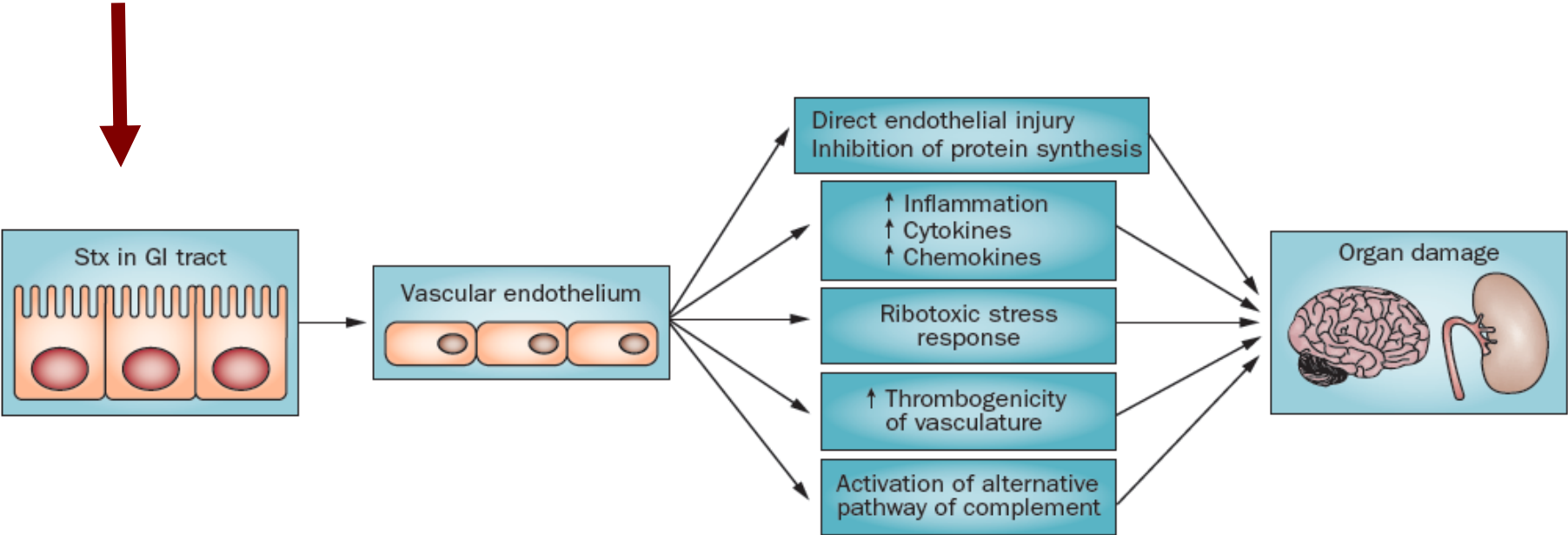
Case-Control Analysis of Applied Therapies in 298 Adult Patients with HUS due to STEC 0104:H4

No clear benefit
from plasmapheresis



Potential Therapeutic Strategies for STEC HUS

Prevention?



Potential Therapeutic Strategies for STEC HUS

Argentinos, cerca de lanzar el primer medicamento del mundo contra el síndrome urémico hemolítico

11 Abril 2019

Se trata de un suero que actúa neutralizando la toxina que causa el síndrome urémico hemolítico. La terapia fue comprobada y ahora se espera corroborar una terapia específica contra este cuadro, que es especialmente en niños.



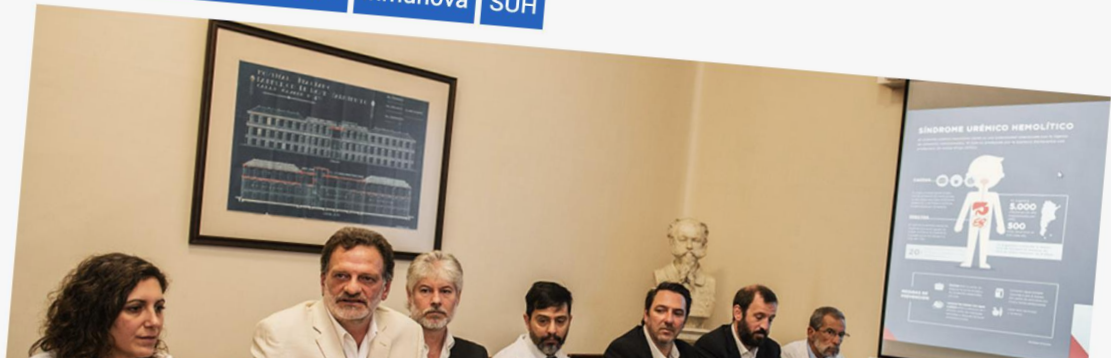
CIENCIAS BIOLÓGICAS Y DE LA SALUD

Avanzan en la aprobación de un suero para prevenir el Síndrome Urémico Hemolítico

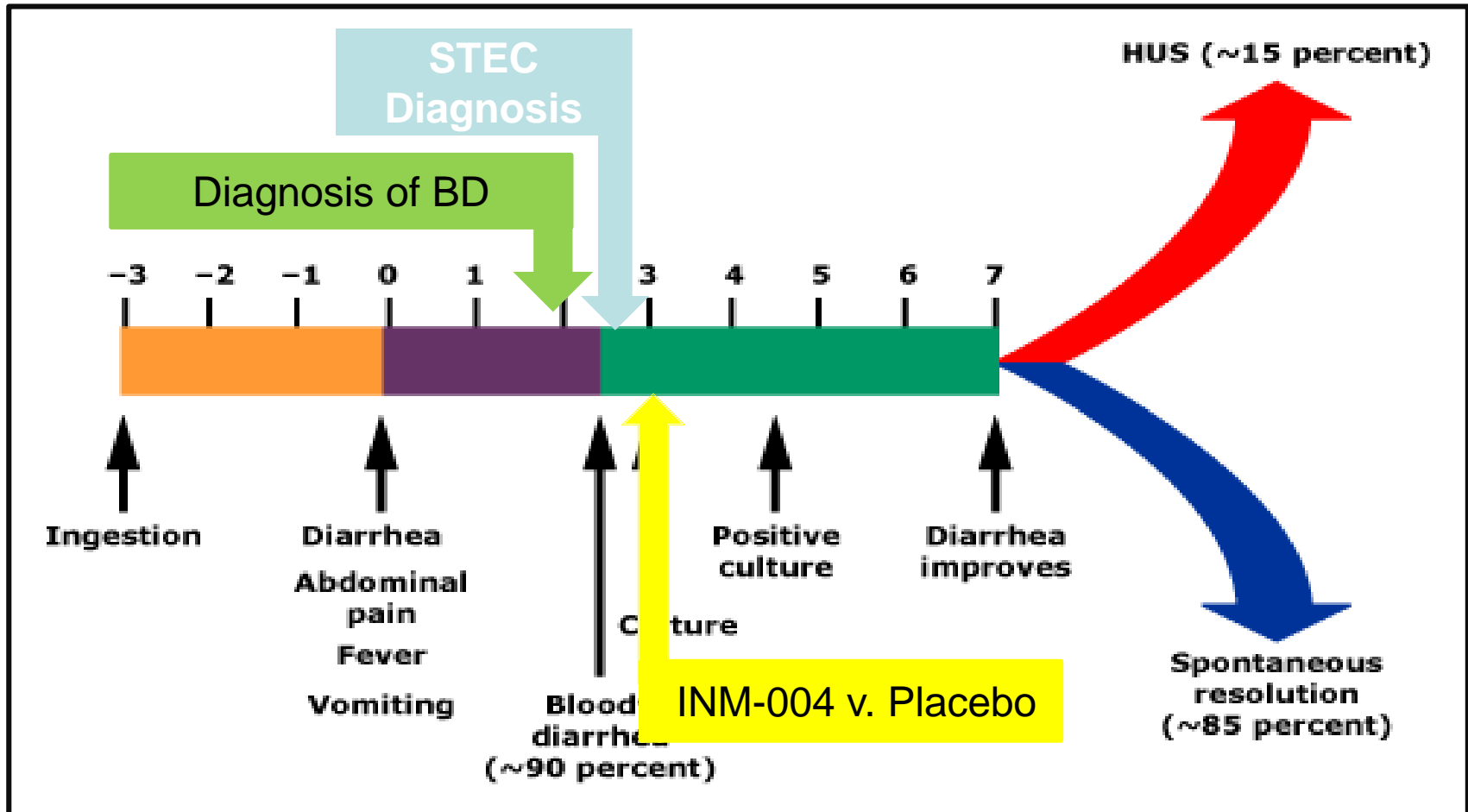
El investigador del CONICET, Fernando Goldbaum, es una de las cabezas del desarrollo del medicamento que ahora pasará a la etapa clínica en pacientes.

Publicado el 12 de abril de 2019

Tags: Fernando Goldbaum Inmunova SUH



Potential Therapeutic Strategies for STEC HUS



Rep.: Tarr, PI, Gordon, CA, Chandler, WL. Shiga-toxin-producing *Escherichia coli* and haemolytic uraemic syndrome. *Lancet* 2005; 365:1073. Copyright ©2005 Elsevier.

Therapeutic Options in Atypical HUS

- **Plasma Therapy**

Plasma infusions (-30 ml/kg)

Plasma exchange (150% of plasma volume q. 2d)

- Substitution of lacking or dysfunctional proteins

- Removal of autoantibodies or activating factors

→ Maintenance therapy required

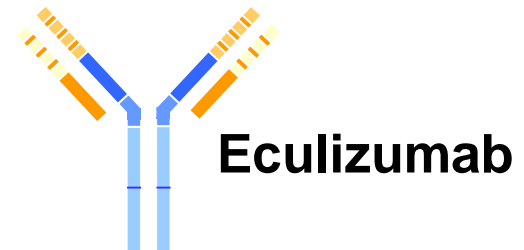
- **Immunosuppression**

Anti B-lymphocyte therapy for autoantibody-mediated disease

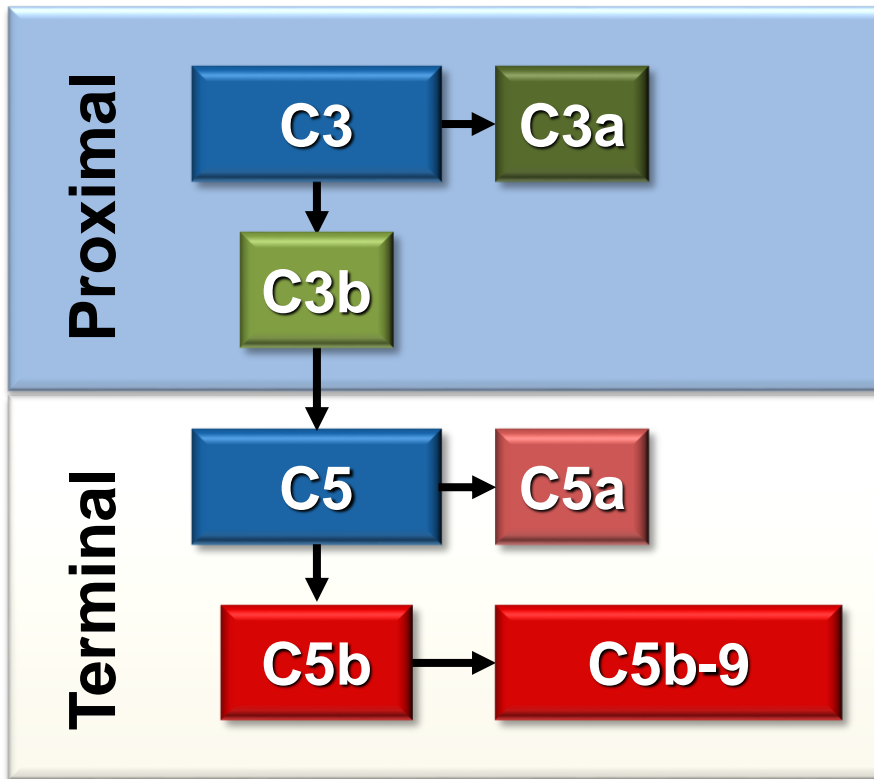
- **Combined liver-kidney transplantation**

- **Monoclonal anti-complement antibody Eculizumab**

Eculizumab Blocks Terminal Complement



Complement Cascade



- Eculizumab binds with high affinity to C5
- Terminal complement - C5a and C5b-9 activity blocked
- Proximal functions of complement remain intact
 - Weak anaphylatoxin
 - Immune complex clearance
 - Microbial opsonization

Eculizumab Multinational, Multicenter Clinical Program in aHUS

Clinical Diagnosis of aHUS with

- TMA (measured by platelet count, hemolysis)
- Organ damage (serum creatinine \geq ULN)
- ADAMTS13 $>5\%$; no positive STEC test
- No requirement for identified genetic mutation

Prospective (26 weeks)

Acute, progressing TMA
Study C08-002 (N=17)
Adult/adolescent

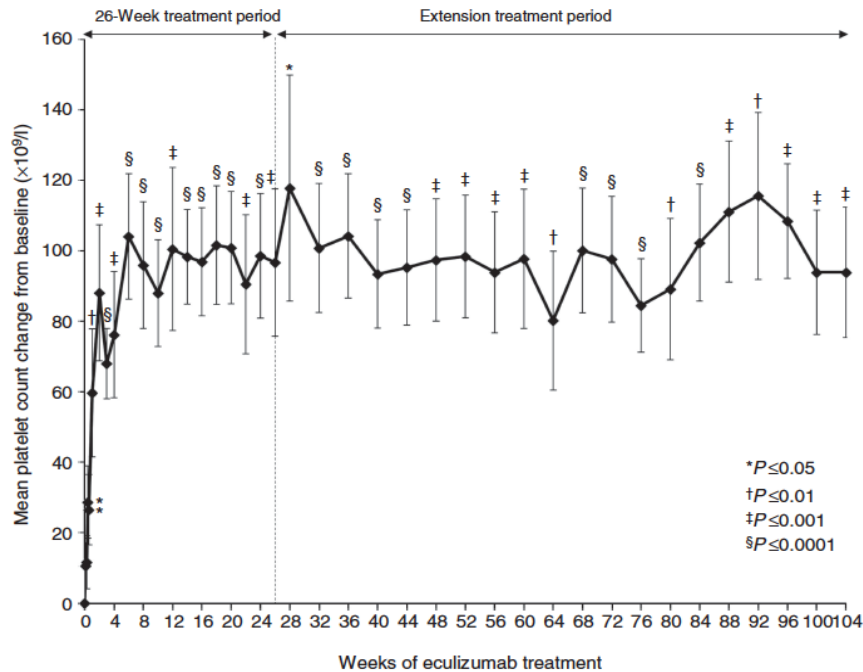
Long-standing aHUS
Study C08-003 (N=20)
Adult/adolescent

Long-Term Extension Studies

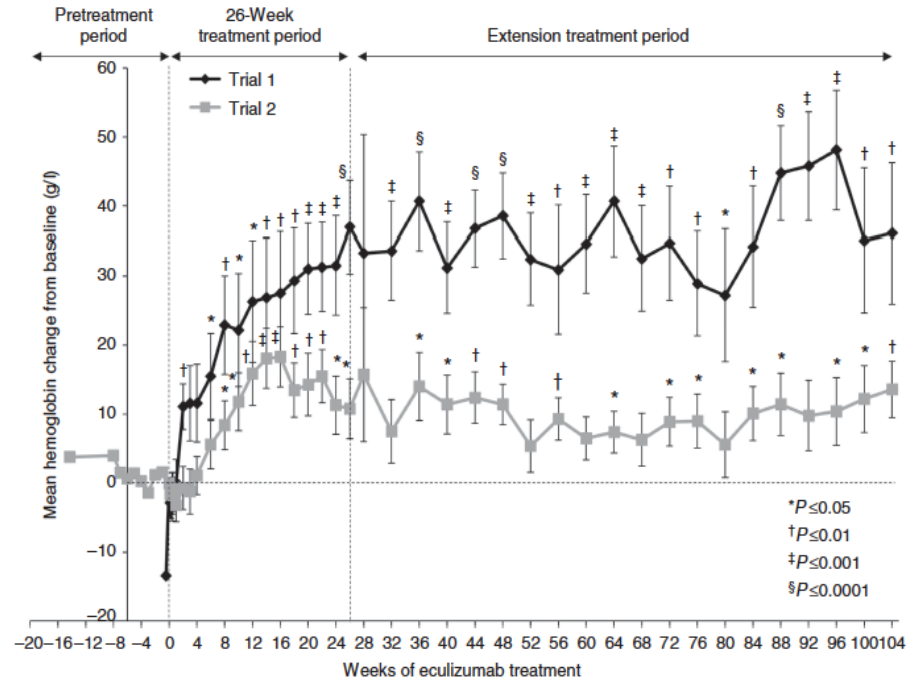
32 of 37 patients (86%) continued chronic eculizumab treatment in extension studies

Hematological Normalization

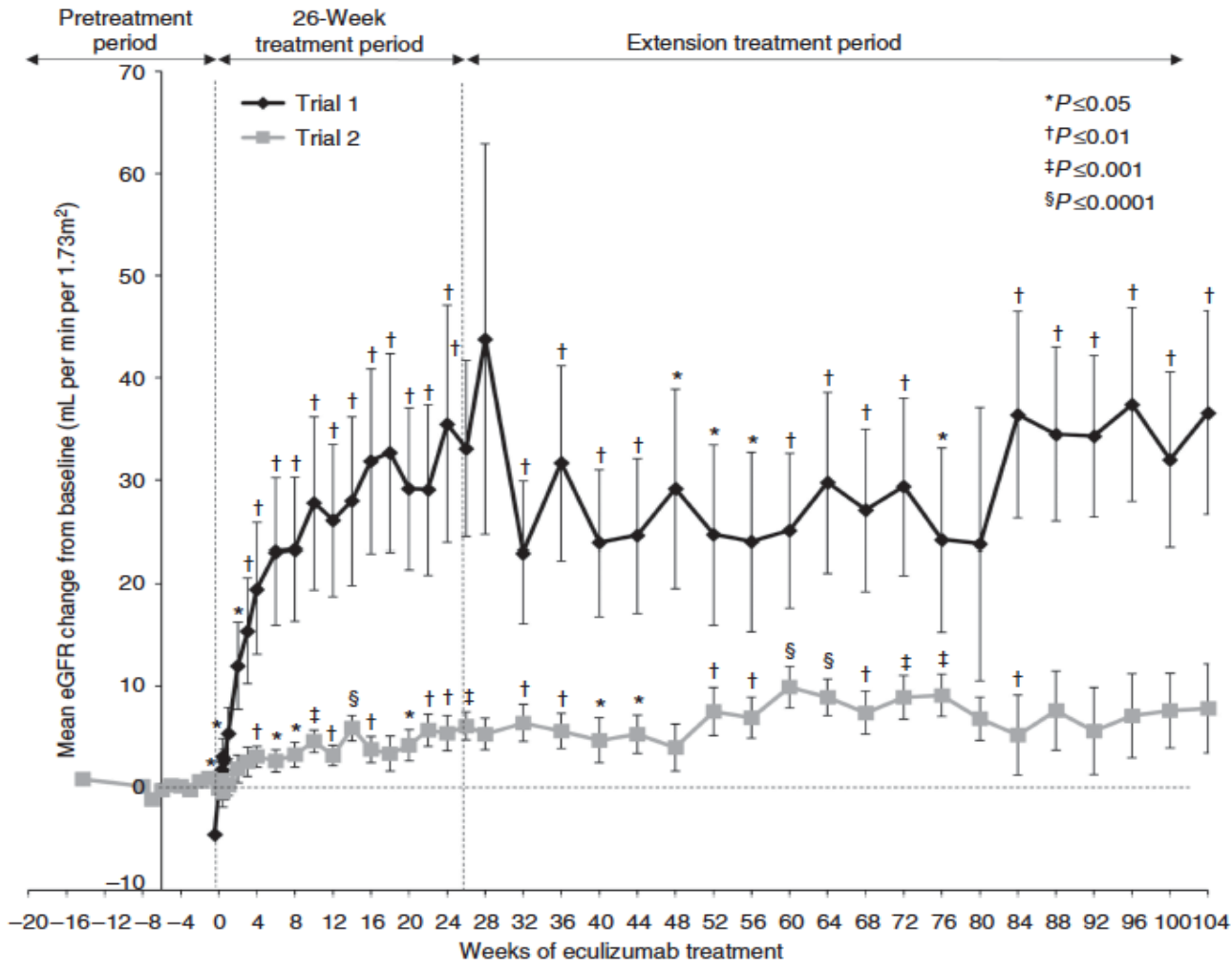
Change in Hemoglobin



Change in Platelets



Improvement of eGFR

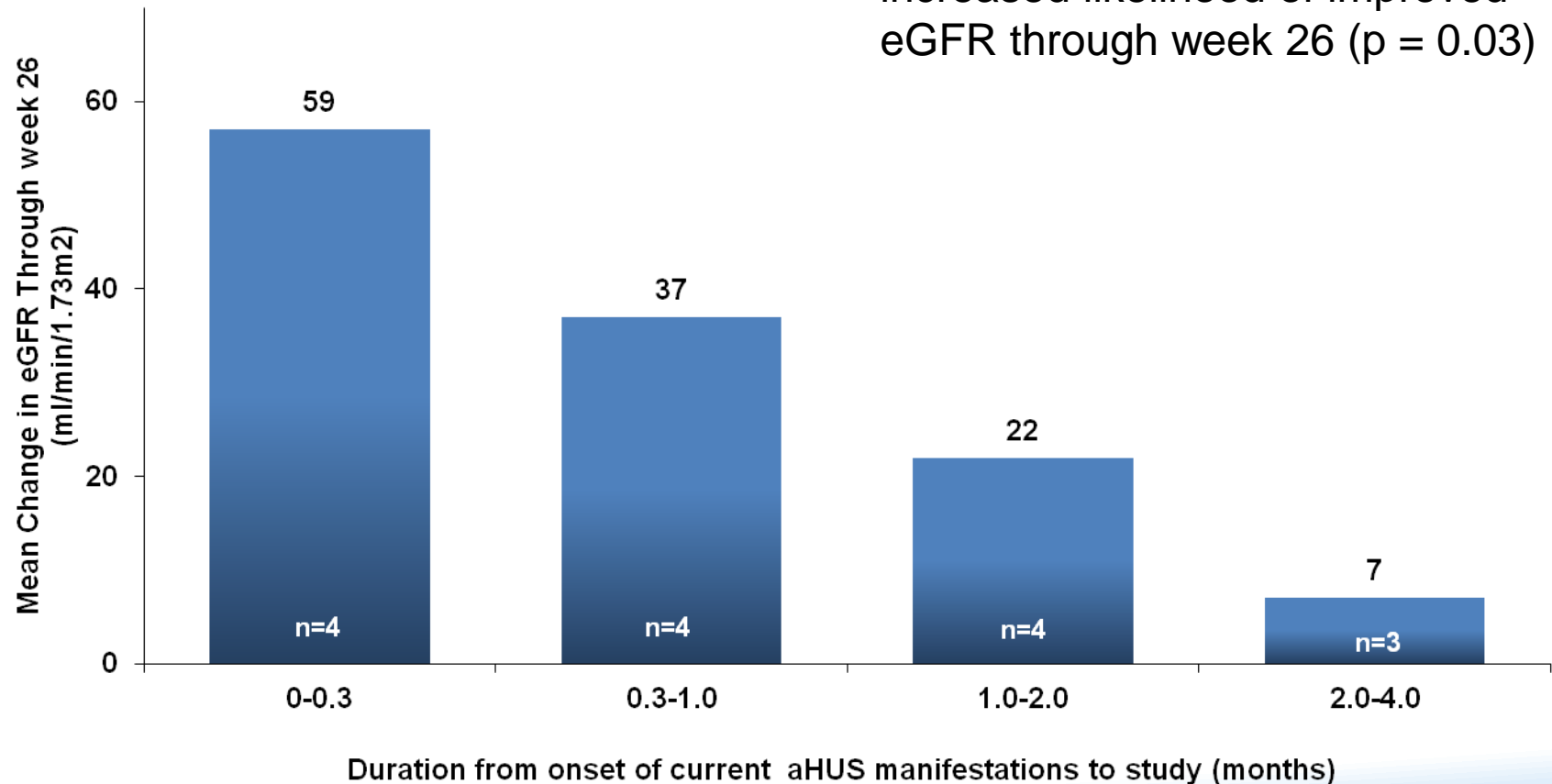


,Acute' HUS Trial

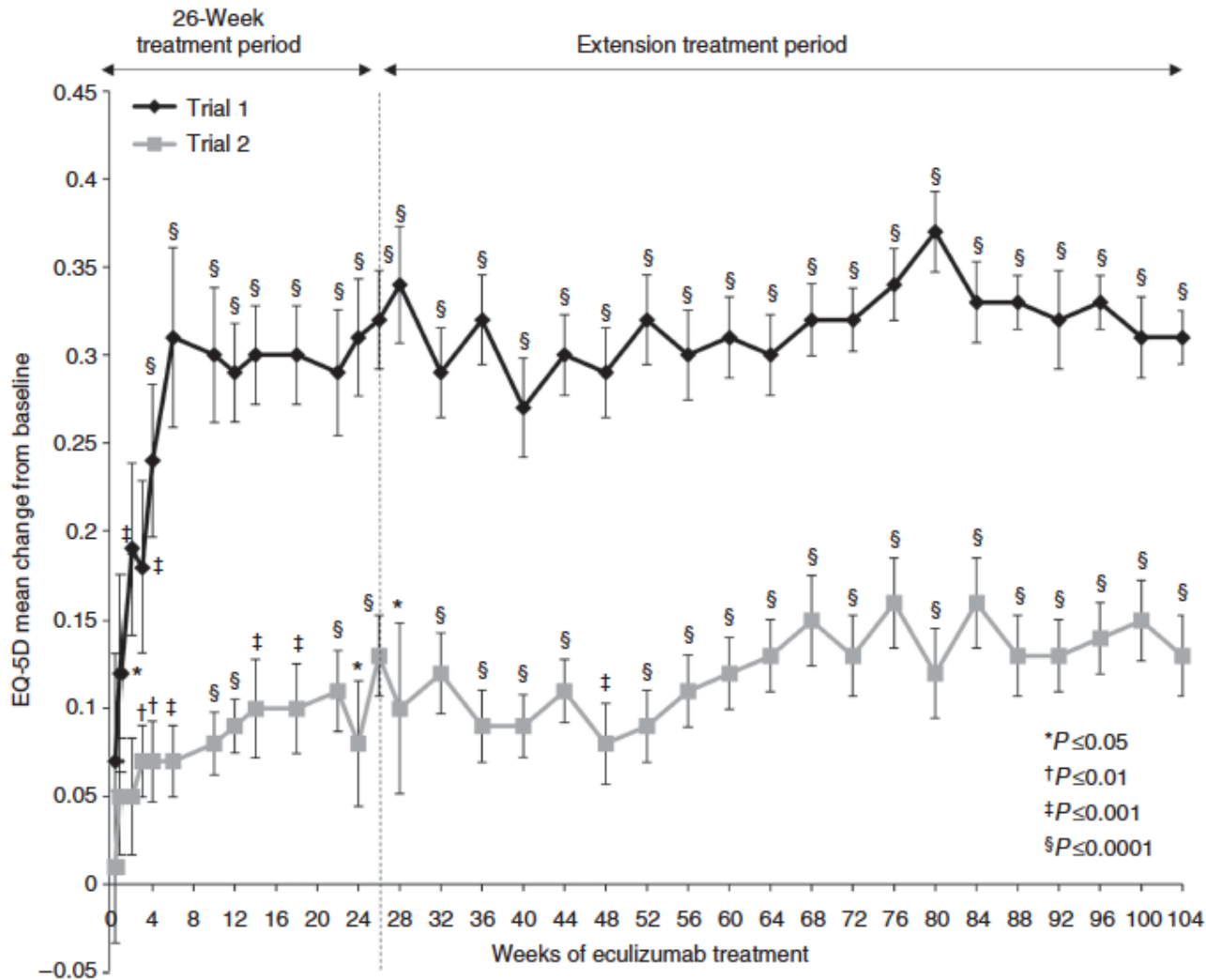
,Chronic' HUS Trial

Earlier Treatment With Eculizumab Leads to Greater Improvement in Renal Function

Earlier intervention with eculizumab: increased likelihood of improved eGFR through week 26 ($p = 0.03$)



Improved Quality of Life



,Acute' HUS Trial

,Chronic' HUS Trial

Prevention of Meningococcal Infections on Eculizumab Therapy

Meningococcal vaccination

Meningococcal vaccination is mandatory, before eculizumab initiation or as soon as possible if urgent eculizumab therapy is indicated
Quadrivalent conjugate vaccines (anti-A, C, Y, W) (Menactra™ (USA) (age > 9 months), Menveo® (age ≥ 2 years) or Nimenrix® (age ≥ 1 year))
Recent studies showed that Menveo® was well tolerated and highly immunogenic in healthy infants aged 2 to 12 months (103,104)^a
+ **Anti-B vaccine** (Bexsero® (age ≥ 2 months), where available

Efficacy of anti-meningococcal (vaccine) antibodies is uncertain in patients with complement deficiency, complement blockade or immunosuppressive therapy. We therefore recommend additional antibiotic prophylaxis, allowing prompt initiation of eculizumab.
Patients with ESRD due to aHUS should be vaccinated prior to registration on the waiting list (105,106). Also consider vaccination of household close contacts (at least siblings and parents)^b.

Antibioprophylaxis

Which antibiotics?

Methylpenicillin (twice daily, full dose adapted to weight). Despite the reduced sensitivity of approximately 20% of meningococci towards penicillin, methylpenicillin retains its overall efficacy to prevent meningococcal infection.

Macrolides in case of allergy to penicillin (however macrolides interfere with calcineurin inhibitors metabolism in transplanted patients)

Avoid rifampicine or fluoroquinolone for long term prophylaxis, to limit the risk of inducing bacterial resistance (except in case of contact with a patient with invasive meningococcal infection)

Other antibiotics may be recommended by local experts

Which duration?

Obligatory during 2 weeks after vaccination in patients receiving eculizumab

Obligatory in some countries (France, UK) as long as the patient receives eculizumab (+ 60 days after eculizumab discontinuation)

Discrepant current practice in other countries

Continuous antibioprophylaxis is recommended by the majority of authors of this review

Education information card

Education on signs of meningococcal infection to ensure early recognition and treatment

Consider prescription of ceftriaxone for immediate access at home in remote areas

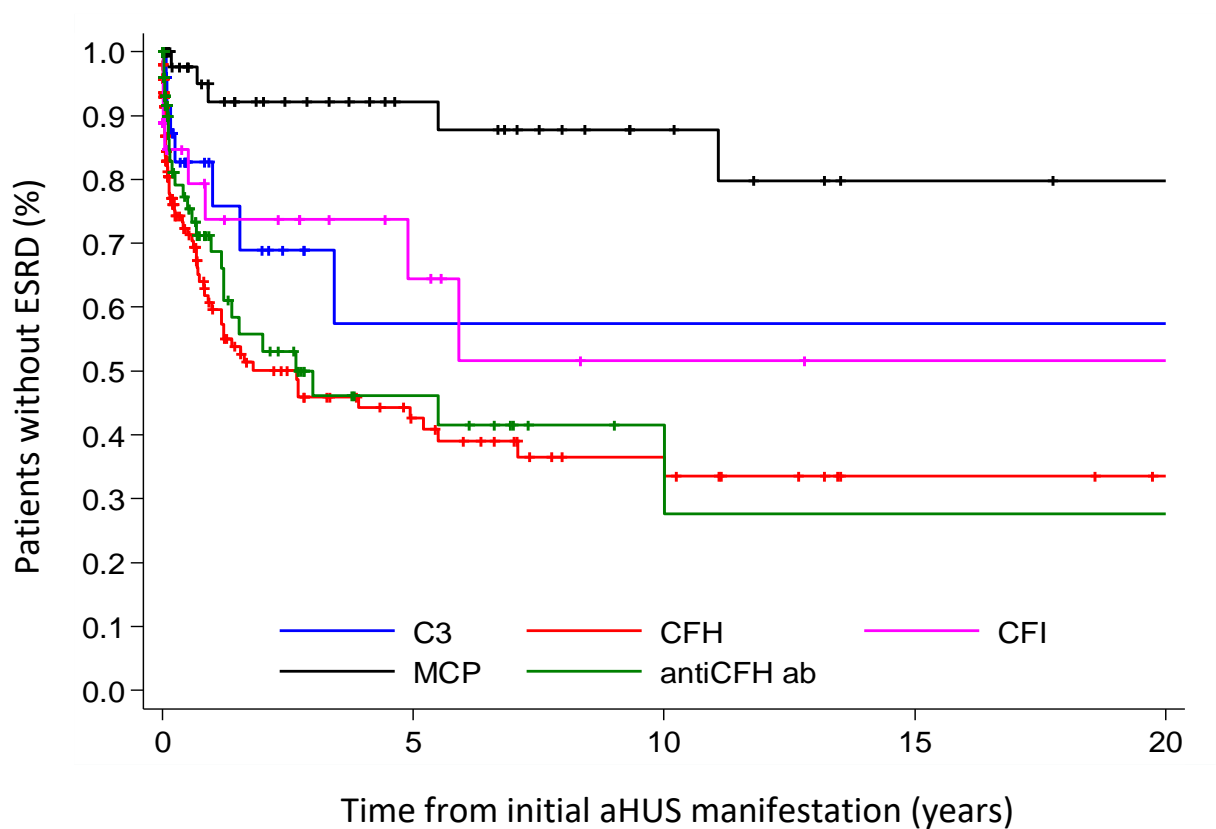
Travel/holidays should be carefully prepared (information on meningococcal epidemiology in the visited country, prior written contact with local teams, information to the patient of where to go, which doctor/department/phone numbers...)

Information card to be carried by the patient or his/her care giver, to be shown to medical staff in case of symptoms suggesting infection

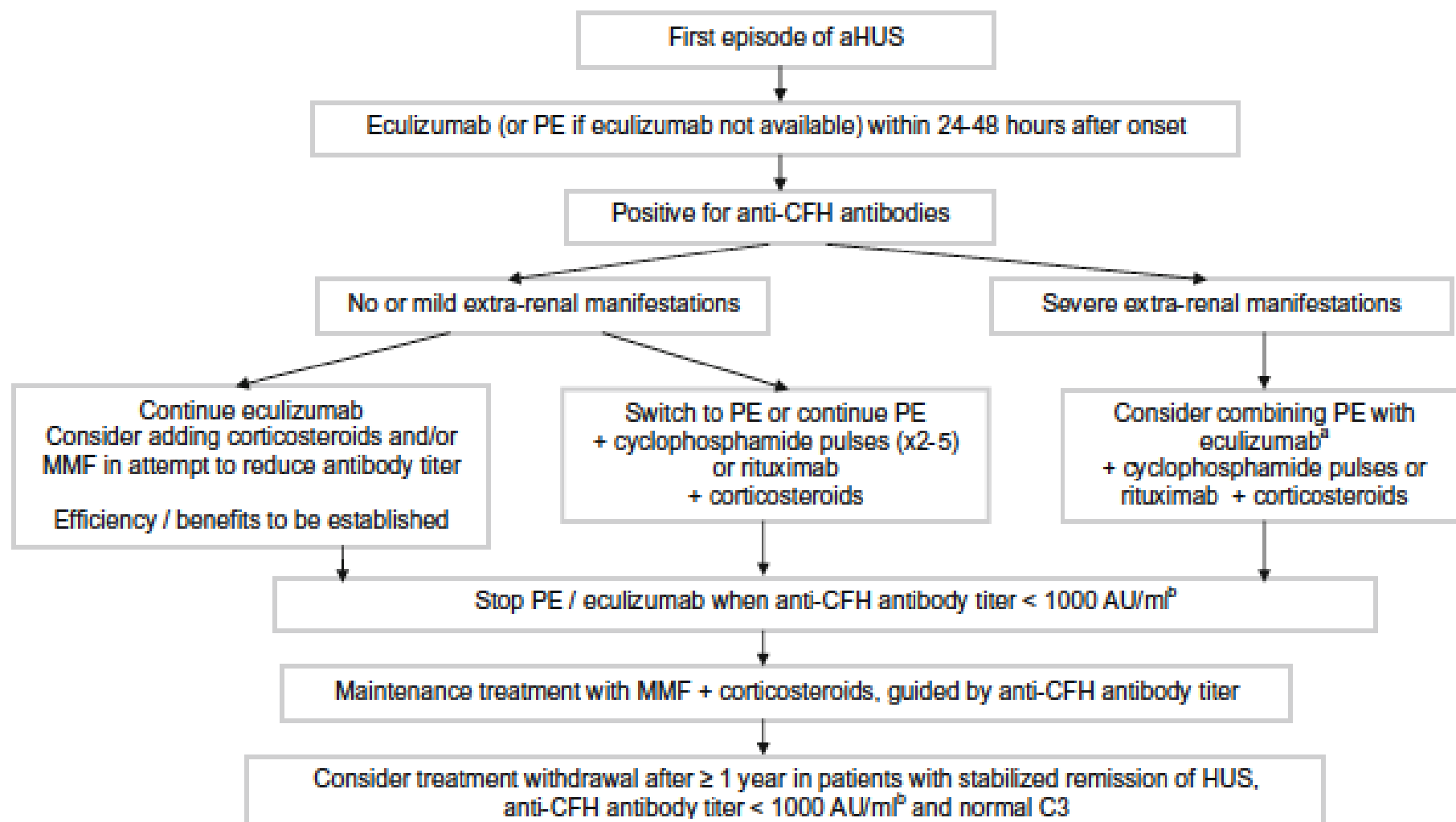
CFH Autoantibody Associated aHUS

- Indian experience: 138 children (56% of all HUS!)
- Homozygous CFHR1 gene deletion in 60/68
- **Therapy:** 119 dialysis, 105 PE, 26 IVIG,
87 induction immunosuppression (pred ± iv CPH or rituximab)
- **Adverse outcome (CKD 4-5 or death):** 41/122 by last follow up
- **Risk factors:** Anti-CFH >8000 AU/ml, low C3, delayed PE
- **Maintenance IS** (oral pred + MMF/AZA) reduced relapse risk

Poor Long-Term Renal Prognosis in CFH Auto-Antibody Mediated aHUS



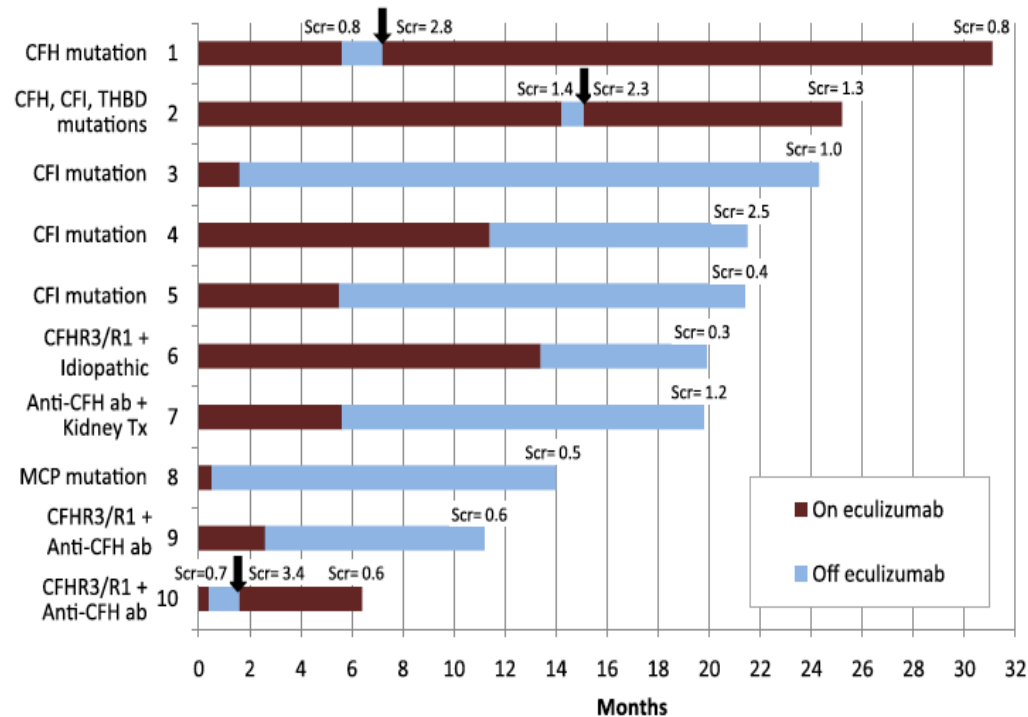
International Consensus Paper 2015: Initial Therapy of aHUS in Children



Eculizumab Treatment Discontinuation

Milano Experience

- Ecu discontinued in 10 of 22 aHUS patients
- “Watchful waiting” policy: Thrice weekly home dipstick monitoring
- 3 out of 10 patients experienced TMA episodes within 3-6 weeks after discontinuation



Eculizumab Treatment Discontinuation

Clinical Trial Results:

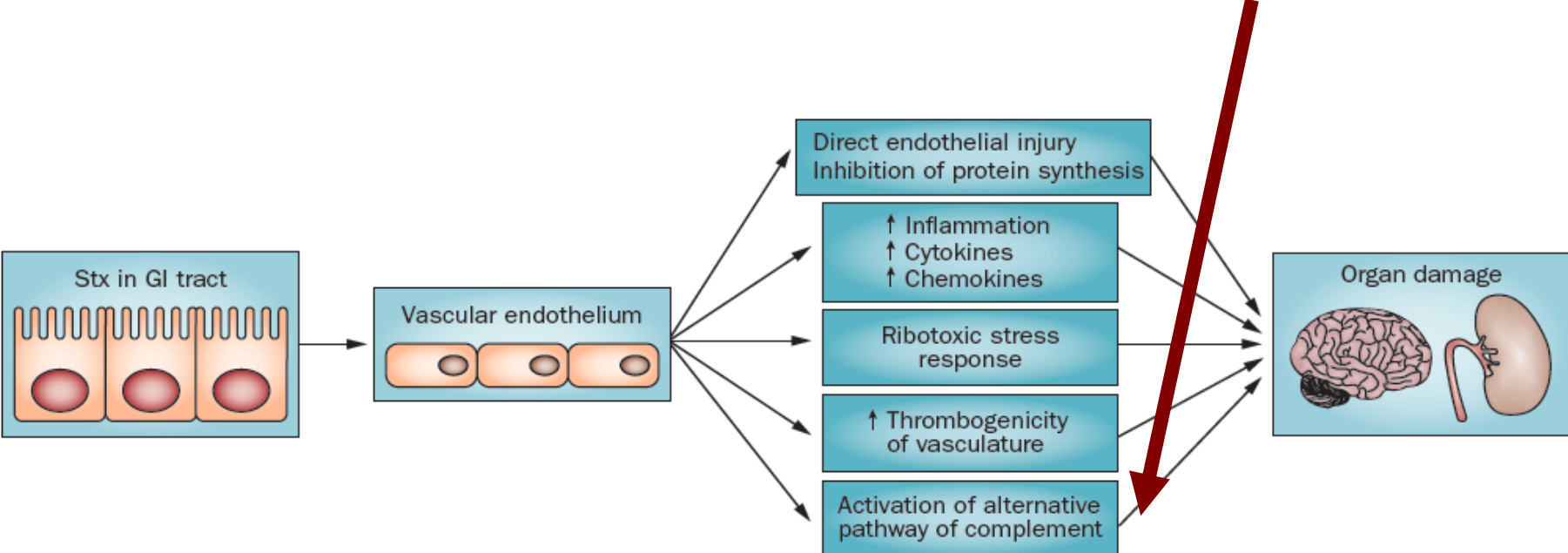
- 5 out of 18 patients experienced TMA episodes following a missed dose
- 1 patient rapidly deteriorated to ESRD
- Eculizumab was reinitiated in 4 of 5 patients

Conditions Justifying Discontinuation (or Withholding) of Eculizumab

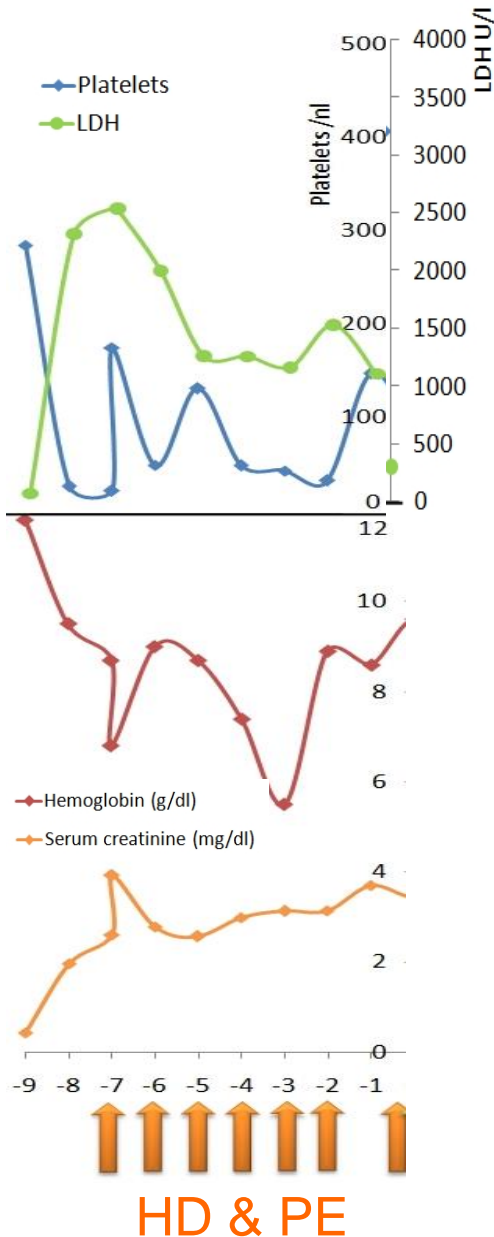
- CbC Deficiency
- DGKE mutation
- MCP mutation
- CFH auto-antibody mediated disease with low autoantibody titres on immunosuppressive treatment
- Absence of genetic abnormalities in gene panel screening (?)

Potential Therapeutic Strategies for STEC HUS

Complement Inhibition ?



A Case of Complicated STEC HUS

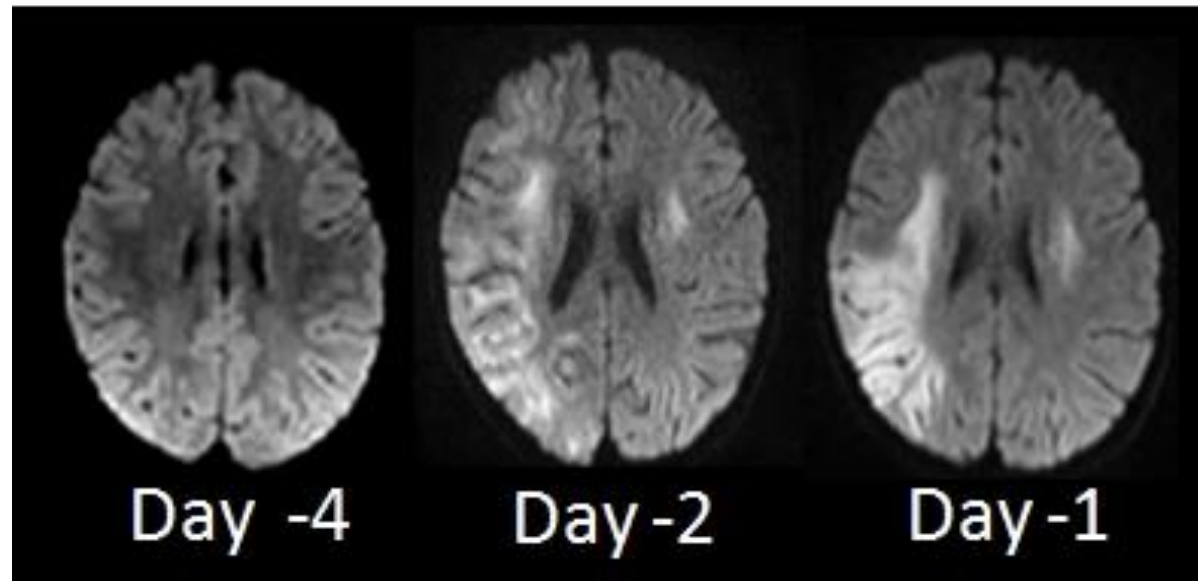


4yo girl, D+ HUS, STX2 positive

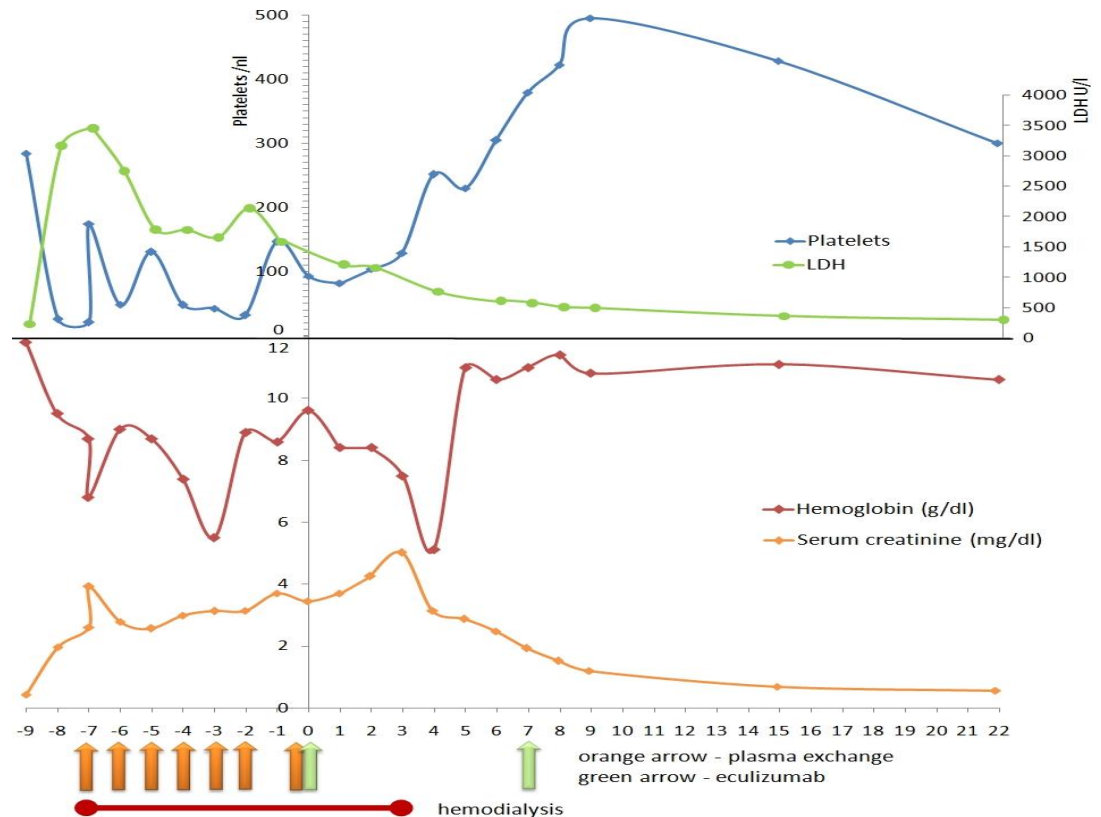
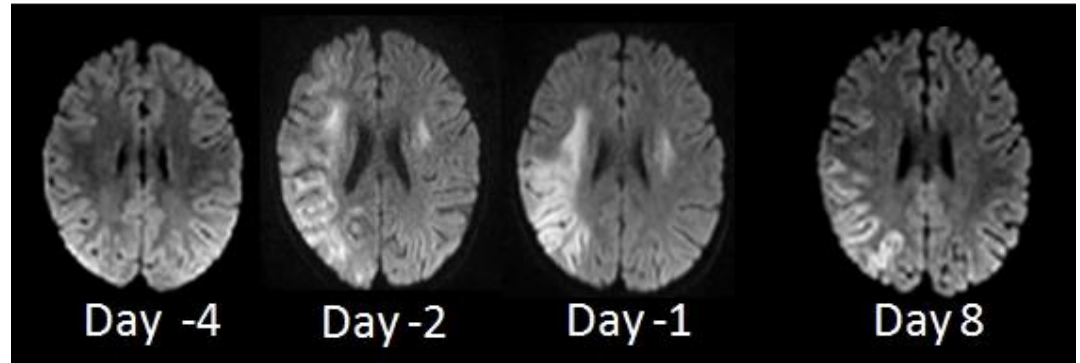
Anuric renal failure

Signs of complement activation
PE with each HD session

Progressive neurological symptoms:
Focal seizures -> hemiplegia -> coma



- **Eculizumab infused**
- Improved vigilance, motor responses within few hours after infusion
- Urine output starting within 24h
- Dialysis stopped after 3d
- Fully regained speech, motor control within 7d
- Discharged after 9 days with completely normalized neurological status, normal GFR
- Complement status normalized
- No gene abnormalities found

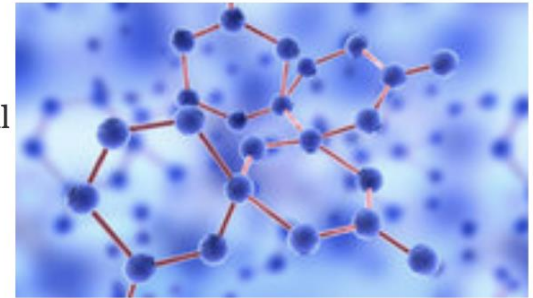


Therapeutic Complement Inhibition beyond Eculizumab

Russian approval for non-originator eculizumab

Posted 24/05/2019

Russian biotechnology company Generium and Swiss-based cell-line producer Selexis announced on 9 April 2019 that the Russian Ministry of Health had approved their eculizumab non-originator biological drug, Elizaria. The drug is a non-originator biological of Soliris (eculizumab), which is made by Alexion Pharmaceuticals.



Eculizumab is a humanized monoclonal antibody that is a terminal complement inhibitor. It is used to treat people with paroxysmal nocturnal haemoglobinuria (PNH), for whom it improves quality of life but does not appear to affect the risk of death. It is also indicated for the treatment of patients with atypical haemolytic uremic syndrome (aHUS) – a disease that primarily affects kidney function – to inhibit complement-mediated thrombotic microangiopathy.

Elizaria is generated using the SUREtechnology Platform developed by Selexis, and is the fifth biological product to be marketed using this technology. According to Igor Fisch, President of Selexis, this validates the company's 'ongoing scientific innovation' and its commitment to helping their 'partners address complicated and intractable diseases by developing complex protein therapeutics faster, safer and more cost efficiently'.

No information was given by the companies as to what data the approval was based on. It was also not clear if the design of the clinical trials was developed in accordance with European Medicine Agency or US Food and Drug Administration guidelines.

Therapeutic Complement Inhibition beyond Eculizumab



ULTOMIRIS™
(ravulizumab-cwvz)
injection for intravenous use

Built on a foundation of innovation, ULTOMIRIS is the latest example of Alexion's commitment to treating PNH.

ULTOMIRIS is the first and only long-acting medication approved by the FDA, dosed every 8 weeks after the loading dose, to treat adults with paroxysmal nocturnal hemoglobinuria (PNH).

Therapeutic Complement Inhibition beyond Eculizumab



Therapeutic Complement Inhibition beyond Eculizumab

Novartis	LFG316	C5 antibody	Phase 2 - PNH
Regeneron	REGN3918	C5 antibody	Phase 2 - PNH
Roche	Crovalimab	C5 antibody, long-acting	Phase 1/2 - PNH
Ra Pharma	Zilocuplan	C5 inhibitor, cyclic peptide	Phase 2 – PNH, MG
ChemoCentryx	Avacopan	C5a receptor blocker, oral	Phase 2 – aHUS, C3G, IgAN
Akari	Coversin	C5 / TLP4 inhibitor, s.c.	Phase 2 – PNH, aHUS
Alnylam	Cemdisiran	C5 RNAi, 3-monthly s.c.	Phase 2 aHUS, IgAN
Apellis	APL-2	C3 inhibitor, daily s.c.	Phase 2/3 – Glomerulopathies/PNH
Amyndas	AMY-101	C3 inhibitor, daily s.c.	PNH, C3G
Achillion	Danicopan	Factor D inhibitor, oral	Phase 1 - PNH, C3G
Omeros	Narsoplimab	MASP-2 antibody	Phase 3 - TMAs, IgAN